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# Stability of monolayers and bilayers in a copolymer-homopolymer blend model 

Yves van Gennip*, Mark A. Peletier*

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#### Abstract

We study the stability of layered structures in a variational model for diblock copolymerhomopolymer blends. The main step consists of calculating the first and second derivative of a sharp-interface Ohta-Kawasaki energy for straight mono- and bilayers. By developing the interface perturbations in a Fourier series we fully characterise the stability of the structures in terms of the energy parameters.

In the course of our computations we also give the Green's function for the Laplacian on a periodic strip and explain the heuristic method by which we found it.


Keywords: block copolymers, copolymer-homopolymer blends, pattern formation, variational model, partial localisation, Green's function for Laplacian on a strip

Mathematics Subject Classification (2000): 49N99, 82D60

## 1 Introduction

### 1.1 Localised and partially localised patterns

Localised patterns are observed in a wide variety of systems, including experimental systems such as the Belusov-Zabotinsky reaction [50], nonlinear optics [44, 42], vertically shaken granular media [48, 46], and Bose-Einstein condensates [43], and also in idealised systems such as the SwiftHohenberg equation [10, 40, 41, 45] or networks of reacting cells [27]. More recently objects have been observed that are only partially localised: structures in two dimensions, for instance, that are 'thin' in one spatial direction and 'long' in the other. Such partially localised patterns have been observed in Nonlinear Schrödinger equations [11, 5, 1, 2, 3], Gierer-Meinhardt-type systems [12], and even in scalar nonlinear elliptic equations $[25,26,24]$. In addition, the membrane that surrounds each living cell, for instance, is such a structure [22, 6, 32].

In this paper we study an example of energy-driven partial localization, arising in the study of mixtures of diblock copolymers with homopolymers. Such mixtures feature two opposing forces: a repelling force between different polymer types favours separation into homogeneous phases, while covalent bonds between some of the repelling polymers impose an upper limit on the separation length. As a result a wide variety of patterns are observed (both in physical and in numerical experiments), ranging from spheres [21, 31, 49, 51], cylinders [20], dumbbells [30], helices [17], 'labyrinths' and 'sponges' [23, 19, 30], 'ball-of-thread' [23], layered structures [20, 21, 30, 51], and many more.

Our focus is on layered patterns, consisting of two or more parallel layers of roughly uniform thickness. In each layer the composition is dominated by one of the polymer types, and in the separation into layers one can recognise a phase separation phenomenon triggered by the repelling forces between polymer types. In addition to their interest as particular patterns in copolymerhomopolymer blends, such layered structures are examples of energy-driven partial localization.

[^0]The main goal of this article is to understand the (in)stability of such layered structures in this simple model of copolymer-homopolymer blends.

### 1.2 Diblock copolymers and blends

Diblock copolymers are polymer molecules that consist of two parts (blocks) called the U part and the V part in this paper, with corresponding volume fractions given by the functions $u$ and $v$. As described above, the interaction between the two types of polymers is the net result of two opposing influences. On the one hand the U and V parts repel each other, leading to a tendency of the U and V phases to separate; on the other hand the U and V polymers are chemically bonded together in a single diblock copolymer molecule, forcing both polymers to remain close to each other. As a result of these two types of interaction, the separation between the $U$ and $V$ phases is restricted to length scales of the order of the molecule size.

We consider systems that contain, in addition to the diblock copolymers, some type of homopolymers, that we call the 0 phase. The system therefore contains three phases, and because of an assumption of incompressibility we can use the functions $u$ and $v$ to describe the distributions of the three phases.

In [7] the following energy is derived:

$$
\mathcal{F}(u, v)= \begin{cases}c_{0} \int_{S_{L}}|\nabla(u+v)|+c_{u} \int_{S_{L}}|\nabla u|+c_{v} \int_{S_{L}}|\nabla v|+\|u-v\|_{H^{-1}}^{2} & \text { if }(u, v) \in \mathcal{K} \\ \infty & \text { otherwise }\end{cases}
$$

where the coefficients $c_{i}$ are nonnegative (and not all equal to zero), $S_{L}$ is a periodic strip $\mathbb{T}_{L} \times \mathbb{R}$ (where $\mathbb{T}_{L}$ is the one-dimensional torus of length $L$ ), and the set of admissible functions is given by

$$
\mathcal{K}:=\left\{(u, v) \in\left(\operatorname{BV}\left(S_{L}\right)\right)^{2}: u(x), v(x) \in\{0,1\} \text { a.e., } u v=0 \text { a.e., and } \int_{S_{L}} u=\int_{S_{L}} v\right\} .
$$

Since unconstrained minimisation will lead to the trivial structure $u \equiv v \equiv 0$, the natural problem to look at here is minimisation under constrained mass, i.e. with the constraint $\int_{S_{L}} u=\int_{S_{L}} v=M$ for some $M>0$.

Under the extra restriction $u+v \equiv 1$-no 0 phase-the functional $\mathcal{F}$ is a well-known sharpinterface model for diblock copolymer melts [33, 8]. The sharp-interface character of this model, known in the physics literature as the strong-segregation limit, is recognizable in the fact that the variables $u$ and $v$ are characteristic functions, implying that at each point in space only one phase is present. The underlying diffuse-interface model is well studied $[29,15,14,28,34,8,35,36,37$, $38,47,39]$ because of the interesting pattern formation phenomena it exhibits.

The first three terms of $\mathcal{F}$ can be recognised as the sharp-interface manifestation of the repelling forces between the $\mathrm{U}, \mathrm{V}$, and 0 polymers. The last term, the $H^{-1}$-norm, is a remainder of the chemical bond between the U and V polymers and penalises large-scale separation of the U and V phases.

### 1.3 From one-dimensional to two-dimensional structures

A layered structure with perfectly straight layers can be described by functions $u$ and $v$ of one spatial variable. In a companion paper [16] (see also [7]) we study this one-dimensional case and give a full characterization of global minimisers.

One of the results in that paper is that every constrained-mass global minimiser on $\mathbb{R}$ is a concatenation of equal-width monolayers. A monolayer is shown in Fig. 1: a structure, described by a pair of functions $(u, v)$, in which the supports of $u$ and $v$ are adjacent intervals of equal length - or, in the higher-dimensional context, adjacent layers of equal width (see Figs. 1a and 1c).

For small constrained mass, the global minimiser in one dimension is a monolayer. For slightly larger constrained mass, the global minimiser switches to a bilayer, a pair of monolayers joined
back to back (Figs. 1b and 1d). As the constrained mass further increases the global minimiser switches to structures of increasing numbers of monolayers (see [16]).

In the present paper we are interested in the stability properties under $\mathcal{F}$ of a particular subset of two-dimensional mono- and bilayer structures:

- For both mono- and bilayers we assume that the layer thickness is such that the energy-tomass ratio $\mathcal{F} / \int u$ is minimal among all such layers;
- For monolayers we assume that $c_{u}=c_{v}$, i.e. that the interface penalization is the same for U-0 and V-0 interfaces.

Both restrictions arise from our interest in thin, partially localised structures in $\mathbb{R}^{2}$, as is explained in detail in Appendices A and B.


Figure 1: Mono- and bilayers on a strip as trivial extensions of one-dimensional structures

### 1.4 Stability of mono- and bilayers in two dimensions

The aim of this paper is to investigate the stability of these mono- and bilayers in two dimensions. Since the functions $u$ and $v$ are forced to be characteristic functions of sets, the only admissible perturbations are changes in the supports of these functions. In this paper we only consider local stability with respect to perturbation of the position of the interfaces; other perturbations, such as those that change the topology of the structure are disregarded (see the discussion in Section 6).

Specifically, we consider perturbations of the interfaces that are periodic with period $L$ along the length of the layer, and therefore we assume a domain that is periodic in one direction $\left(x_{1}\right)$ and unbounded in the other (see Fig. 1). Because of this periodicity each perturbation of an interface is given by a periodic function $p: \mathbb{T}_{L} \rightarrow \mathbb{R}^{3}$ (for the monolayer) or $\mathbb{R}^{4}$ (for the bilayer), where each
component is the lateral displacement of one of the interfaces. By expanding the perturbations in Fourier modes, and using the usual vanishing of cross terms of different frequency, the positivity of the second derivative of the energy reduces to the positivity of the energy on each Fourier mode.

Fourier modes have a natural scale invariance: the $k^{\text {th }}$ Fourier mode on the interval of length $L$ is equivalent to the $1^{\text {st }}$ Fourier mode on an interval of length $L / k$. This allows us to establish the stability with respect to the first Fourier mode as a function of $L$, rescale for the stability properties of the $k^{\text {th }}$ mode, and aggregate the results.

Using this approach we show in Section 4 that for the monolayer of optimal width is linearly stable with respect to mode-1 perturbations iff

$$
\frac{c_{u}}{2 c_{u}+c_{0}} \geq f_{1}\left(L / \delta_{m}\right)
$$

where $f_{1}$ is an explicit function given in (27). By combining all Fourier modes we find
Theorem 1.1. Assume $c_{u}=c_{v}$. The monolayer of optimal thickness is linearly stable iff

$$
\begin{equation*}
\frac{c_{u}}{2 c_{u}+c_{0}} \geq f\left(L / \delta_{m}\right) \tag{1}
\end{equation*}
$$

where

$$
f(\ell):=\sup _{k \geq 1} f_{1}(\ell / k) .
$$

The functions $L / \delta_{m} \mapsto f_{1}\left(L /\left(k \delta_{m}\right)\right)$ are shown in Fig. 2a.


Figure 2: The graphs of the functions $L / \delta_{m} \mapsto f_{1}\left(L /\left(k \delta_{m}\right)\right)$ and $L / \delta_{b} \mapsto g_{1}\left(L /\left(k \delta_{b}\right)\right)(k=$ $1, \ldots, 20)$ portray the curves in parameter space that separate the parts where the first twenty Fourier modes of the second variation for the monolayer (Figure 2a) and bilayer (Figure 2b) are positive and negative. If $c_{u} /\left(2 c_{u}+c_{0}\right)<f_{1}\left(L /\left(k \delta_{m}\right)\right)$ the $k$ th Fourier mode is negative for the monolayer, if the reverse inequality holds the mode is positive. Similarly for the bilayer the $k$ th Fourier mode is negative if $\left(c_{u}+c_{v}\right) /\left(c_{0}+c_{u}+2 c_{v}\right)<g_{1}\left(L\left(k \delta_{b}\right)\right)$. The leftmost curve in each figure corresponds to the first order Fourier mode, the order increases towards the right. Note that the positivity of the parameters $c_{u}$ and $c_{0}$ implies that $c_{u} /\left(2 c_{u}+c_{0}\right) \leq \frac{1}{2}$ as indicated in Figure 2 a by the dashed line.

For a bilayer a similar result holds:
Theorem 1.2. The VUV-bilayer of optimal thickness is linearly stable iff

$$
\begin{equation*}
\frac{c_{u}+c_{v}}{c_{0}+c_{u}+2 c_{v}} \geq g\left(L / \delta_{b}\right) \tag{2}
\end{equation*}
$$

where

$$
g(\ell):=\sup _{k \geq 1} g_{1}(\ell / k)
$$

and $g_{1}$ is given by (21).

In Fig. 2 b the functions $L / \delta_{b} \mapsto g_{1}\left(L /\left(k \delta_{b}\right)\right)$ are shown.
From Figures 2a and 2b one might think that curves belonging to higher orders remain below curves of lower orders. The blow-ups in Figure 3 however clearly show that this is not the case.

(a) Blow-up of Fig. 2a

(b) Blow-up of Fig. 2b

Figure 3: A blow-up of the graphs in Figure 2. Curves corresponding to different Fourier modes clearly cross

Figure 4 summarises the stability properties of both the mono- and the bilayer. In Fig. 4a the vertical axis is restricted to the interval $[0,1 / 2]$ to reflect the value set of the left-hand side of (1). This implies that monolayers can only be stable if $L$ is sufficiently small, and even then only for a subset of the coefficients $c_{0}, c_{u}$, and $c_{v}$; for sufficiently large $L$ the monolayer is unstable for all choices of interface penalization.

For the bilayer the situation is different: here the condition (2) allows for both stability and instability at all values of $L$. The function $g$ is bounded from above (away from 1 ), implying that a threshold $\alpha$ exists such that

$$
\frac{c_{u}+c_{v}}{c_{0}+c_{u}+2 c_{v}} \geq \alpha \quad \Longrightarrow \quad \text { Bilayer is stable for all } L
$$

From Fig. 4 b we estimate that $\alpha \approx 0.65$.


Figure 4: The sign of the second derivative operator for the mono- and bilayer of optimal width. $+/-$ indicates indeterminate sign, due to the negativity of one or more eigenvalues. Along the horizontal axes are plotted $\nu=e^{-2 \pi \delta_{m} / L}$ and $v=e^{-2 \pi \delta_{b} / L}$. The vertical axes show $\mu=c_{u} /\left(2 c_{u}+\right.$ $\left.c_{0}\right)$ and $\zeta=\left(c_{u}+c_{v}\right) /\left(c_{0}+c_{u}+2 c_{v}\right)$. These figures are based on a calculation involving Fourier modes up to and including order 100

### 1.5 Directions of instability

For the functional $\mathcal{F}$ one may imagine a number of different evolution problems, such as gradient flows based on the $L^{2}, H^{-1}$, or Wasserstein metrics. Under such an evolution the straight monoand bilayer structures are stationary. If they are unstable, the evolution will amplify small deviations and move away from the straight configurations. While the perturbations are still small, the main contribution of the evolution will be in the directions of the eigenvectors of the second variation belonging to the (most) negative eigenvalues.

For the monolayer there is, for each Fourier mode, one eigenvalue that can become negative (for the first Fourier mode: $E_{2}$ in Lemma 4.12; other modes follow by rescaling as above) and there are two which are always positive. Each component of the corresponding eigenvectors is associated with the deformation of one of interfaces in the layer. A cartoon of the (possibly) unstable deformation direction is given in Figure 5a, the two stable directions are shown in Figures 5b and 5 c .

(a) The (possibly) unstable deformation direction

(b) One of the stable directions

(c) The other stable direction

Figure 5: One (possibly) unstable and two stable first order Fourier modes of deformation for the monolayer; see Section 4

For the bilayer two eigenvalues are always positive, and two eigenvalues may also become negative. For the first Fourier mode the dependence of the sign of the latter two on the parameters $L / \delta_{b}$ and $\zeta$ is given in Figures 6a and 6b. We recognise in the second figure the first order curve $(k=1)$ from Figure 2b; a similar curve for the first figure would always stay below the curve from the latter one, which is why its influence is not recognisable in Figure 2b.


Figure 6: The black patches in parameter space indicate where two of the eigenvalues of the first Fourier order second variation operator for the bilayer become negative

The (possibly) unstable deformation directions are shown in Figures 7a and 7b, the stable ones in Figures 7c and 7d.

(a) One of the (possibly) unstable deformation directions

(c) One of the stable directions

(b) The other (possibly) unstable deformation direction

(d) The other stable direction

Figure 7: Two (possibly) unstable and two stable first-order Fourier modes of deformation for the bilayer. For details see the discussion in Section 4

## 2 Definitions and conventions

### 2.1 Problem setting

The domain of definition is the strip $S_{L}:=\mathbb{T}_{L} \times \mathbb{R}$, where $\mathbb{T}_{L}$ is the one-dimensional torus of length $L$, i.e. the interval $[0, L]$ with the endpoints identified. For functions on $S_{L}$ the $H^{-1}$-norm is defined by convolution:

Definition 2.1. For $f \in L^{\infty}\left(S_{L}\right)$ and compact support,

$$
\begin{equation*}
\|f\|_{H^{-1}}^{2}:=\int_{0}^{L} \int_{\mathbb{R}} f\left(x_{1}, x_{2}\right) G * f\left(x_{1}, x_{2}\right) d x_{2} d x_{1} \tag{3}
\end{equation*}
$$

where $G$ is the Green's function of the operator $-\Delta$ on $S_{L}$. We define the space $H^{-1}\left(S_{L}\right)$ as the completion of

$$
\left\{f \in L^{\infty}\left(S_{L}\right): \operatorname{supp} f \text { compact }\right\}
$$

with respect to the norm in (3).
Note that $\phi_{f}:=G * f$ satisfies $-\Delta \phi_{f}=f$ on $S_{L}$. We repeat the definition of $\mathcal{F}$ and $\mathcal{K}$ for convenience.

Definition 2.2. Let $c_{0}, c_{u}$, and $c_{v}$ be real numbers. Define

$$
\mathcal{F}(u, v)= \begin{cases}c_{0} \int_{S_{L}}|\nabla(u+v)|+c_{u} \int_{S_{L}}|\nabla u|+c_{v} \int_{S_{L}}|\nabla v|+\|u-v\|_{H^{-1}}^{2} & \text { if }(u, v) \in \mathcal{K} \\ \infty & \text { otherwise }\end{cases}
$$

where the admissible set is given by

$$
\mathcal{K}:=\left\{(u, v) \in\left(B V\left(S_{L}\right)\right)^{2}: u, v \in\{0,1\} \text { and } u v=0 \text { a.e., and } \int_{S_{L}} u=\int_{S_{L}} v\right\} .
$$

We will require that all $c_{i}$ are non-negative and at least one of them is positive.
Another, equivalent, form of the functional will be useful, in which the penalisation of the three types of interface $\mathrm{U}-0, \mathrm{~V}-0$, and $\mathrm{U}-\mathrm{V}$, is given explicitly by surface tension coefficients $d_{k l}$ :

Lemma 2.3. Let the surface tension coefficients be given by

$$
\begin{aligned}
d_{u 0} & :=c_{u}+c_{0}, \\
d_{v 0} & :=c_{v}+c_{0}, \\
d_{u v} & :=c_{u}+c_{v}
\end{aligned}
$$

Then

$$
\mathcal{F}(u, v)= \begin{cases}d_{u 0} \mathcal{H}^{N-1}\left(S_{u 0}\right)+d_{v 0} \mathcal{H}^{N-1}\left(S_{v 0}\right)+d_{u v} \mathcal{H}^{N-1}\left(S_{u v}\right)+\|u-v\|_{H^{-1}}^{2} & \text { if }(u, v) \in \mathcal{K} \\ \infty & \text { otherwise }\end{cases}
$$

where $S_{k l}$ is the interface between the phases $k$ and $l$ :

$$
\begin{aligned}
S_{u 0} & =\partial^{*} \operatorname{supp} u \backslash \partial^{*} \operatorname{supp} v \\
S_{v 0} & =\partial^{*} \operatorname{supp} v \backslash \partial^{*} \operatorname{supp} u \\
S_{u v} & =\partial^{*} \operatorname{supp} u \cap \partial^{*} \operatorname{supp} v
\end{aligned}
$$

and $\partial^{*}$ is the essential boundary of a set.
The essential boundary of a set consists of all points in the set that have a density other than 0 or 1 in the set; see e.g. [4, Chapter 3.5].

Proof of Lemma 2.3. The main step in recognising the equivalence of both forms of $\mathcal{F}$ is noticing that, for characteristic functions of a set, such as $u, v$ and $u+v$, the equality

$$
\int_{\Omega}|\nabla u|=\mathcal{H}^{N-1}\left(\partial^{*} \operatorname{supp} u \cap \Omega\right)
$$

holds.
Remark 2.4. Non-negativity of the $c_{i}$ is equivalent to the condition ${ }^{1}$

$$
\begin{equation*}
0 \leq d_{k l} \leq d_{k j}+d_{j l} \quad \text { for each } k \neq l \neq j \neq k \tag{4}
\end{equation*}
$$

This condition can be understood in several ways. If, for instance, $d_{u v}>d_{u 0}+d_{v 0}$, then the U-V type interface, which is penalised with a weight of $d_{u v}$, is unstable, for the energy can be reduced by slightly separating the U and V regions and creating a thin zone of 0 inbetween. A different way of seeing the necessity of (4) is by remarking that the equivalent requirement of non-negativity of the $c_{i}$ is necessary for $\mathcal{F}$ to be lower semicontinuous in e.g. the $L^{1}$ topology. Note also that demanding that at least one $c_{i}$ is positive is equivalent to requiring at least two $d_{k l}$ to be positive.

### 2.2 Fourier transformation

To clarify the notation we use, we will explicitly define the Fourier series we are using. For future reference we will also state some results we will need.
Definition 2.5. Let $f \in L^{2}\left(\mathbb{T}_{L}\right)$, then we will denote by $\hat{f} \in L^{2}(\mathbb{Z} ; \mathbb{C})$, the Fourier transform of $f$ :

$$
\hat{f}(k):=\frac{1}{\sqrt{L}} \int_{0}^{L} f(x) e^{-2 \pi i x k / L} d x
$$

and by $a_{j}$ and $b_{j}, j \in \mathbb{N}$, the Fourier coefficients of $f$ with respect to the normalised basis of cosines and sines:

$$
\begin{aligned}
& a_{0}:=\frac{1}{\sqrt{L}} \int_{0}^{L} f(x) d x, \\
& a_{j}:=\sqrt{\frac{2}{L}} \int_{0}^{L} f(x) \cos \left(\frac{2 \pi x j}{L}\right) d x, \\
& b_{j}:=\sqrt{\frac{2}{L}} \int_{0}^{L} f(x) \sin \left(\frac{2 \pi x j}{L}\right) d x,
\end{aligned}
$$

[^1]Remark 2.6. The $\hat{f}(k)$ from Definition 2.5 give the Fourier coefficients of $f$ with respect to the normalised basis of complex exponentials. The relations between the coefficients $\hat{f}(j)$ and $a_{j}, b_{j}$ from the same definition are as follows: $\hat{f}(0)=a_{0}$ and, for $j \geq 1, \hat{f}(j)=\frac{1}{\sqrt{2}}\left(a_{j}-i b_{j}\right), \hat{f}(-j)=$ $\frac{1}{\sqrt{2}}\left(a_{j}+i b_{j}\right), a_{j}=\frac{1}{\sqrt{2}}(\hat{f}(j)+\hat{f}(-j))$ and $b_{j}=\frac{i}{\sqrt{2}}(\hat{f}(j)-\hat{f}(-j))$.

Remark 2.7. In the notation of definition 2.5 we have

$$
\begin{aligned}
& f(x)=\frac{a_{0}}{\sqrt{L}}+\sqrt{\frac{2}{L}} \sum_{j=1}^{\infty} a_{j} \cos (2 \pi x j / L)+\sqrt{\frac{2}{L}} \sum_{j=1}^{\infty} b_{j} \sin (2 \pi x j / L) \\
& f(x)=\frac{1}{\sqrt{L}} \sum_{q \in \mathbb{Z}} \hat{f}(q) e^{2 \pi i x q / L}
\end{aligned}
$$

where the convergence is in the $L^{2}$ topology.
Without proof we now state the well-known theorem of Parseval (see e.g. [18, Lemma 13.14] or [13, p. 27]). Our choice of normalization is such that the constant in Parseval's theorem is 1, i.e. such that the Fourier transform is isometric.

Theorem 2.8 (Parseval's theorem). Let $\left\{e_{q}\right\}_{q=1}^{\infty}$ be the orthonormal basis of $L^{2}\left(\mathbb{T}_{L}\right)$ given by $e_{q}(x):=\frac{1}{\sqrt{L}} e^{2 \pi i x q / L}$. For $f, g \in L^{2}\left(\mathbb{T}_{L}\right)$, we have

$$
\int_{0}^{L} f(x) \overline{g(x)} d x=\sum_{q \in \mathbb{Z}} \hat{f}(q) \overline{\hat{g}(q)}
$$

In the particular case when $f$ and $g$ are both real-valued, this gives

$$
\begin{aligned}
\int_{0}^{L} f(x) g(x) d x & =\hat{f}(0) \hat{g}(0)+2 R e \sum_{q=1}^{\infty} \hat{f}(q) \overline{\hat{g}(q)} \\
& =a_{f, 0} a_{g, 0}+\sum_{j=1}^{\infty} a_{f, j} a_{g, j}+b_{f, j} b_{g, j}
\end{aligned}
$$

Corollary 2.9. Let $p_{1}, p_{2}, p_{3} \in L^{2}\left(\left(\mathbb{T}_{L}\right)\right.$, then

$$
\int_{\mathbb{T}_{L}} \int_{\mathbb{T}_{L}} p_{1}(x) p_{2}(x-y) p_{3}(y) d x d y=L^{1 / 2} \sum_{q \in \mathbb{Z}} \hat{p}_{1}(q) \overline{\hat{p}_{2}(q) \hat{p}_{3}(q)}
$$

## 3 Geometrical derivatives of the energy

In this section we will take a look at the stability of two-dimensional periodic monolayer and bilayer configurations. First we need to determine under which conditions these structures are stationary points of the functional $\mathcal{F}$. For the bilayer this will be done in Section 3.1, after which we compute the second variation for a bilayer in Section 3.2. We will give analogous results for the monolayer in Section 3.3. In Section 4 we will use these results to derive the explicit stability criteria of Theorems 1.1 and 1.2.

Of the two possible bilayer structures-UVU and VUV—we only discuss the VUV structure. The results for the UVU structure follow from exchanging the roles of $u$ and $v$.

### 3.1 Bilayer: admissible perturbations and stationarity

The VUV bilayer of optimal width is a structure given by functions $\left(u_{0}, v_{0}\right)$ with

$$
\begin{equation*}
u_{0}:=\chi_{\mathbb{T}_{L} \times\left[-\delta_{b}, \delta_{b}\right]} \quad \text { and } \quad v_{0}:=\chi_{\mathbb{T}_{L} \times\left[-2 \delta_{b},-\delta_{b}\right] \cup\left[\delta_{b}, 2 \delta_{b}\right]} \tag{5}
\end{equation*}
$$

where $\delta_{b}:=\sqrt[3]{\frac{3}{4}\left(c_{0}+c_{u}+2 c_{v}\right)}$ [16]. The set of admissible boundary perturbations of this structure is only restricted by regularity and the equal-mass constraint:

Definition 3.1. The set of admissible perturbations is characterised by

$$
\begin{equation*}
\mathcal{P}_{b}:=\left\{p \in\left(W^{1,2}\left(\mathbb{T}_{L}\right)\right)^{4}: 2 \int\left(p_{1}+p_{3}\right)=\int\left(p_{2}+p_{4}\right)\right\} . \tag{6}
\end{equation*}
$$

For $p \in \mathcal{P}_{b}$ and $\varepsilon>0$ we define a perturbed structure $\left(u_{\varepsilon}, v_{\varepsilon}\right)$,

$$
\begin{aligned}
& u_{\varepsilon}\left(x_{1}, x_{2}\right)= \begin{cases}1 & \text { if } x_{2} \in\left(-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right), \delta_{b}+\varepsilon p_{1}\left(x_{1}\right)\right), \\
0 & \text { otherwise },\end{cases} \\
& v_{\varepsilon}\left(x_{1}, x_{2}\right)= \begin{cases}1 & \text { if } x_{2} \in\left(-2 \delta_{b}-\varepsilon p_{4}\left(x_{1}\right),-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)\right) \cup\left(\delta_{b}+\varepsilon p_{1}\left(x_{1}\right), 2 \delta_{b}+\varepsilon p_{2}\left(x_{1}\right)\right), \\
0 & \text { otherwise } .\end{cases}
\end{aligned}
$$

We also introduce the subset of perturbations that conserve mass:

$$
\begin{equation*}
\mathcal{P}_{b}^{M}:=\left\{p \in \mathcal{P}_{b}: \int\left(p_{1}+p_{3}\right)=\int\left(p_{2}+p_{4}\right)=0\right\} \tag{7}
\end{equation*}
$$

Note that since $W^{1,2}\left(\mathbb{T}_{L}\right) \subset L^{\infty}\left(\mathbb{T}_{L}\right)$, the pair $\left(u_{\varepsilon}, v_{\varepsilon}\right)$ belongs to $\mathcal{K}$ for sufficiently small $\varepsilon$.
A picture of a bilayer of optimal width with perturbations $p$ is shown in Fig. 3.1.


Figure 8: The bilayer of optimal width with perturbations

Remark 3.2. We should stress the difference between the two mass constraints (6) and (7). The constraint (6) is equivalent to the condition that $u_{\varepsilon}$ and $v_{\varepsilon}$ have the same mass. This property is a basic element of the original model of block copolymers.

The additional condition (7) expresses the requirement that $\int u_{\varepsilon}$ and $\int v_{\varepsilon}$ both equal the mass $\int u_{0}$ of the unperturbed bilayer; perturbations without this property are meaningful in a situation where the joint mass of $u_{\varepsilon}$ and $v_{\varepsilon}$ may change. The functional $\mathcal{F}$ is stationary under mass-preserving changes (see Lemma 3.4 below); but as can be inferred from equation (11), the functional is not stationary under perturbations that do change the mass.

Definition 3.3. We say that the bilayer of optimal width is stationary with respect to the admissible perturbations $\mathcal{P}_{b}$ (or $\mathcal{P}_{b}^{M}$ ) if, for all $p \in \mathcal{P}_{b}$ (or all $p \in \mathcal{P}_{b}^{M}$ ),

$$
\left.\frac{d}{d \varepsilon} \mathcal{F}\left(u_{\varepsilon}, v_{\varepsilon}\right)\right|_{\varepsilon=0}=0
$$

Stationarity for the monolayer of optimal width is defined analogously.

Lemma 3.4. The VUV bilayer of optimal width is stationary with respect to all $p \in P_{b}^{M}$.
Proof. Choksi and Sternberg calculate the first and second variations of a related functional [9], and their method can be adapted without much difficulty to the functional $\mathcal{F}$. Here we give a self-contained proof.

Since the interfaces of the bilayer are straight, the derivative of the interfacial terms with respect to the perturbation is zero for all $p \in \mathcal{P}_{b}$ :

$$
\begin{align*}
\frac{d}{d \varepsilon} & \left.\left(c_{0} \int_{S_{L}}\left|\nabla\left(u_{\varepsilon}+v_{\varepsilon}\right)\right|+c_{u} \int_{S_{L}}\left|\nabla u_{\varepsilon}\right|+c_{v} \int_{S_{L}}\left|\nabla v_{\varepsilon}\right|\right)\right|_{\varepsilon=0}= \\
& =\left.\frac{d}{d \varepsilon}\left[d_{u v} \int_{0}^{L}\left(\sqrt{1+\varepsilon^{2}{p_{1}^{\prime}}^{2}}+\sqrt{1+\varepsilon^{2}{p_{3}^{\prime}}^{2}}\right) d x+d_{v 0} \int_{0}^{L}\left(\sqrt{1+\varepsilon^{2}{p_{2}^{\prime}}^{2}}+\sqrt{1+\varepsilon^{2}{p_{4}^{\prime}}^{2}}\right) d x\right]\right|_{\varepsilon=0} \\
& =0 \tag{8}
\end{align*}
$$

For the derivative of the $H^{-1}$-norm, let $\eta \in C(\mathbb{R})$ and compute

$$
\begin{align*}
\left.\frac{d}{d \varepsilon} \int_{S_{L}} \eta\left(x_{2}\right) u_{\varepsilon}(x) d x\right|_{\varepsilon=0} & =\left.\int_{0}^{L} \frac{d}{d \varepsilon} \int_{-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)}^{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)} \eta\left(x_{2}\right) d x_{2}\right|_{\varepsilon=0} d x_{1} \\
& =\left.\int_{0}^{L}\left(p_{1}\left(x_{1}\right) \eta\left(\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)\right)+p_{3}\left(x_{1}\right) \eta\left(-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)\right)\right) d x_{1}\right|_{\varepsilon=0} \\
& =L \eta\left(\delta_{b}\right) \int p_{1}+L \eta\left(-\delta_{b}\right) \int p_{3} \tag{9}
\end{align*}
$$

Similarly,

$$
\begin{equation*}
\left.\frac{d}{d \varepsilon} \int_{S_{L}} \eta\left(x_{2}\right) v_{\varepsilon}(x) d x\right|_{\varepsilon=0}=L\left[-\eta\left(\delta_{b}\right) \int p_{1}+\eta\left(2 \delta_{b}\right) \int p_{2}-\eta\left(-\delta_{b}\right) \int p_{3}+\eta\left(-2 \delta_{b}\right) \int p_{4}\right] \tag{10}
\end{equation*}
$$

Let $G$ be the Green's function from Theorem 5.1, then

$$
\begin{aligned}
\left.\frac{d}{d \varepsilon}\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}\right|_{\varepsilon=0} & =\left.\frac{d}{d \varepsilon} \int_{S_{L}}\left|\nabla G *\left(u_{\varepsilon}-v_{\varepsilon}\right)\right|^{2} d x\right|_{\varepsilon=0} \\
& =2 \int_{S_{L}} \nabla G *\left(u_{0}-v_{0}\right)\left[\frac{d}{d \varepsilon} \nabla G *\left(u_{\varepsilon}-v_{\varepsilon}\right)\right]_{\varepsilon=0} d x \\
& =\left.2 \frac{d}{d \varepsilon} \int_{S_{L}} \nabla G *\left(u_{0}-v_{0}\right) \nabla G *\left(u_{\varepsilon}-v_{\varepsilon}\right) d x\right|_{\varepsilon=0} \\
& =\left.2 \frac{d}{d \varepsilon} \int_{S_{L}}\left[G *\left(u_{0}-v_{0}\right)\right]\left(u_{\varepsilon}-v_{\varepsilon}\right) d x\right|_{\varepsilon=0}
\end{aligned}
$$

Setting $\eta\left(x_{2}\right):=\left[G *\left(u_{0}-v_{0}\right)\right]\left(x_{1}, x_{2}\right)$ (which is independent of $x_{1}$, because $u_{0}-v_{0}$ is independent of $x_{1}$ ) we calculate by the Fourier series (29) (or by remarking that this is a one-dimensional situation) that

$$
\eta\left(x_{2}\right)=-\frac{1}{2} \int_{\mathbb{R}}\left|x_{2}-y\right|\left(u_{0}-v_{0}\right)(0, y) d y
$$

from which it follows that $\eta\left(\delta_{b}\right)=\eta\left(-\delta_{b}\right)$ and $\eta\left( \pm 2 \delta_{b}\right)=0$. Therefore $\eta \in C(\mathbb{R})$ and thus we obtain from (9) and (10) that

$$
\begin{equation*}
\left.\frac{d}{d \varepsilon}\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}\right|_{\varepsilon=0}=4 L \eta\left(\delta_{b}\right) \int\left(p_{1}+p_{3}\right) \stackrel{(7)}{=} 0 . \tag{11}
\end{equation*}
$$

### 3.2 Second variation for a bilayer

We express the components $p_{i}$ of a given perturbation $p \in \mathcal{P}_{b}$ as a Fourier series (see Section 2.2):

$$
\begin{equation*}
p_{i}(x)=\frac{a_{i, 0}}{\sqrt{L}}+\sqrt{\frac{2}{L}} \sum_{j=1}^{\infty} a_{i, j} \cos \left(\frac{2 \pi x j}{L}\right)+\sqrt{\frac{2}{L}} \sum_{j=1}^{\infty} b_{i, j} \sin \left(\frac{2 \pi x j}{L}\right) \tag{12}
\end{equation*}
$$

The equal-mass condition in (6) translates into

$$
\begin{equation*}
2\left(a_{1,0}+a_{3,0}\right)=a_{2,0}+a_{4,0} \tag{13}
\end{equation*}
$$

We also write

$$
\mathfrak{a}_{j}:=\left(a_{1, j}, a_{2, j}, a_{3, j}, a_{4, j}\right) \quad \text { and } \quad \mathfrak{b}_{j}:=\left(b_{1, j}, b_{2, j}, b_{3, j}, b_{4, j}\right) .
$$

Theorem 3.5. Using the notation introduced above, the second variation of $\mathcal{F}$ at the VUV bilayer of optimal width (5) in the direction $p \in \mathcal{P}_{b}$ is given by

$$
\left.\frac{d^{2}}{d \varepsilon^{2}} \mathcal{F}\left(u_{\varepsilon}, v_{\varepsilon}\right)\right|_{\varepsilon=0}=B_{0}\left(\mathfrak{a}_{0}, \delta_{b}\right)+\sum_{j=1}^{\infty} B_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u v}, d_{v 0}, L\right)
$$

where

$$
\begin{aligned}
& B_{0}\left(\mathfrak{a}_{0}, \delta_{b}\right):= \\
& 4 \delta_{b}\left\{-a_{1,0}^{2}-a_{3,0}^{2}+a_{1,0} a_{2,0}+a_{3,0} a_{4,0}-4 a_{1,0} a_{3,0}+3 a_{2,0} a_{3,0}+3 a_{1,0} a_{4,0}-2 a_{2,0} a_{4,0}\right\},
\end{aligned}
$$

and, for $j \in \mathbb{N}_{>0}$,

$$
\begin{aligned}
& B_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u v}, d_{v 0}, L\right):= \\
& \frac{4 \pi^{2} j^{2}}{L^{2}}\left[d_{u v}\left\{a_{1, j}^{2}+a_{3, j}^{2}+b_{1, j}^{2}+b_{3, j}^{2}\right\}+d_{v 0}\left\{a_{2, j}^{2}+a_{4, j}^{2}+b_{2, j}^{2}+b_{4, j}^{2}\right\}\right] \\
& +\frac{L}{\pi j}\left[2\left(1-\frac{2 \pi \delta_{b} j}{L}\right)\left\{a_{1, j}^{2}+a_{3, j}^{2}+b_{1, j}^{2}+b_{3, j}^{2}\right\}\right. \\
& \\
& \quad+\frac{1}{2}\left\{a_{2, j}^{2}+a_{4, j}^{2}+b_{2, j}^{2}+b_{4, j}^{2}\right\} \\
& \\
& \quad-2\left\{a_{1, j} a_{2, j}+a_{3, j} a_{4, j}+b_{1, j} b_{2, j}+b_{3, j} b_{4, j}\right\} e^{-2 \pi \delta_{b} j / L} \\
& \\
& \quad+4\left\{a_{1, j} a_{3, j}+b_{1, j} b_{3, j}\right\} e^{-4 \pi \delta_{b} j / L} \\
& \\
& \quad-2\left\{a_{1, j} a_{4, j}+a_{2, j} a_{3, j}+b_{1, j} b_{4, j}+b_{2, j} b_{3, j}\right\} e^{-6 \pi \delta_{b} j / L} \\
& \\
& \left.\quad+\left\{a_{2, j} a_{4, j}+b_{2, j} b_{4, j}\right\} e^{-8 \pi \delta_{b} j / L}\right] .
\end{aligned}
$$

The proof is given in Appendix C.

### 3.3 Variations for a monolayer

Analogous results also hold for monolayers as defined below. In the current subsection we will state them. Since the proofs are completely analogous to the proofs for bilayers, we will not redo the proofs.

The monolayer of optimal width is a structure given by functions $\left(u_{0}, v_{0}\right)$ with

$$
\begin{equation*}
u_{0}:=\chi_{\mathbb{T}_{L} \times\left[0, \delta_{m}\right]} \quad \text { and } \quad v_{0}:=\chi_{\mathbb{T}_{L} \times\left[\delta_{m}, 2 \delta_{m}\right]}, \tag{14}
\end{equation*}
$$

where $\delta_{m}:=\left(\frac{3}{2}\right)^{1 / 3}\left(c_{0}+c_{u}+c_{v}\right)^{1 / 3}[16]$. The set of admissible boundary perturbations of this structure is again restricted by regularity and the equal-mass constraint:

Definition 3.6. The set of admissible perturbations is characterised by

$$
\mathcal{P}_{m}:=\left\{p \in\left(W^{1,2}\left(\mathbb{T}_{L}\right)\right)^{3}: \int\left(p_{2}-p_{1}\right)=\int\left(p_{3}-p_{2}\right)\right\} .
$$

For $p \in \mathcal{P}_{m}$ and $\varepsilon>0$ we define a perturbed structure $\left(u_{\varepsilon}, v_{\varepsilon}\right)$,

$$
\begin{aligned}
& u_{\varepsilon}\left(x_{1}, x_{2}\right)= \begin{cases}1 & \text { if } x_{2} \in\left(\varepsilon p_{1}\left(x_{1}\right), \delta_{m}+\varepsilon p_{2}\left(x_{1}\right)\right), \\
0 & \text { otherwise }\end{cases} \\
& v_{\varepsilon}\left(x_{1}, x_{2}\right)= \begin{cases}1 & \text { if } x_{2} \in\left(\delta_{m}+\varepsilon p_{2}\left(x_{1}\right), 2 \delta_{m}+\varepsilon p_{3}\left(x_{1}\right)\right), \\
0 & \text { otherwise }\end{cases}
\end{aligned}
$$

We also define the subset of mass preserving perturbations:

$$
\begin{equation*}
\mathcal{P}_{m}^{M}:=\left\{p \in \mathcal{P}_{m}: \int\left(p_{2}-p_{1}\right)=\int\left(p_{3}-p_{2}\right)=0\right\} . \tag{15}
\end{equation*}
$$

A picture of a monolayer of optimal width with perturbations $p$ is shown in Fig. 3.3.


Figure 9: The monolayer of optimal width with perturbations

Lemma 3.7. The monolayer of optimal width is stationary with respect to all $p \in \mathcal{P}_{m}^{M}$.
Proof. Analogous to the proof of Lemma 3.4 we find that the first variation of the interfaces with respect to all $p \in \mathcal{P}_{m}$ is zero. With $G$ the Green's function from Theorem 5.1 we define $\eta\left(x_{2}\right):=G *\left(u_{0}-v_{0}\right)\left(x_{1}, x_{2}\right)$, which is independent of $x_{1}$ as before. Using $\eta\left(\delta_{m}\right)=0$ and $\eta(0)=-\eta\left(2 \delta_{m}\right)>0$, we compute, as in the above mentioned proof,

$$
\begin{equation*}
\frac{d}{d \varepsilon}\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}=2 L \eta(0) \int\left(p_{3}-p_{1}\right) \stackrel{(15)}{=} 0 . \tag{16}
\end{equation*}
$$

Note that by equation (16) the monolayer of optimal width is not stable with respect to perturbations that are allowed to change the total mass, i.e with respect to $p \in \mathcal{P}_{m} \backslash \mathcal{P}_{m}^{M}$.

Similar to (12) we express a $p \in \mathcal{P}_{m}$ in terms of its Fourier modes $a_{i, j}$ and $b_{i, j}$ and introduce the notation

$$
\mathfrak{a}_{j}:=\left(a_{1, j}, a_{2, j}, a_{3, j}\right) \quad \text { and } \quad \mathfrak{b}_{j}:=\left(b_{1, j}, b_{2, j}, b_{3, j}\right) .
$$

Theorem 3.8. Using the notation given above, the second variation of $\mathcal{F}$ at $\left(u_{0}, v_{0}\right)$ in the direction of $p \in \mathcal{P}_{m}$ is given by

$$
\left.\frac{d^{2}}{d \varepsilon^{2}} \mathcal{F}\left(u_{\varepsilon}, v_{\varepsilon}\right)\right|_{\varepsilon=0}=M_{0}\left(\mathfrak{a}_{0}, \delta_{m}\right)+\sum_{j=1}^{\infty} M_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u 0}, d_{u v}, d_{v 0}, L\right)
$$

where

$$
M_{0}\left(\mathfrak{a}_{0}, \delta_{m}\right):=\delta_{m}\left(a_{1,0}-a_{3,0}\right)^{2},
$$

and, for $j \in \mathbb{N}$,

$$
\begin{aligned}
& M_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u 0}, d_{u v}, d_{v 0}, L\right):= \\
& \begin{array}{l}
\frac{4 \pi^{2} j^{2}}{L^{2}}\left[d_{u 0}\left\{a_{1, j}^{2}+b_{1, j}^{2}\right\}+d_{u v}\left\{a_{2, j}^{2}+b_{2, j}^{2}\right\}+d_{v 0}\left\{a_{3, j}^{2}+b_{3, j}^{2}\right\}\right] \\
+\frac{L}{\pi j}\left[2\left(1-\frac{2 \pi \delta_{m} j}{L}\right)\left\{a_{2, j}^{2}+b_{2, j}^{2}\right\}\right. \\
\\
\quad+\frac{1}{2}\left\{a_{1, j}^{2}+a_{3, j}^{2}+b_{1, j}^{2}+b_{3, j}^{2}\right\} \\
\\
\quad-2\left\{a_{1, j} a_{2, j}+a_{2, j} a_{3, j}+b_{1, j} b_{2, j}+b_{2, j} b_{3, j}\right\} e^{-2 \pi \delta_{m} j / L} \\
\\
\left.\quad+\left\{a_{1, j} a_{3, j}+b_{1, j} b_{3, j}\right\} e^{-4 \pi \delta_{m} j / L}\right] .
\end{array}
\end{aligned}
$$

Proof. Analogous to the proof of Theorem 3.5.

## $4 \quad$ Stability

In this section we study stability of monolayers and bilayers with respect to the admissible perturbations. The bilayer will be treated in Section 4.2, the monolayer in Section 4.3.

### 4.1 Preliminary definitions and results

In this paper we only consider linear stability-whenever we use the words stable or unstable, this refers to the sign of the second derivative:

Definition 4.1. Using the notation of Section 3, the VUV bilayer (monolayer) of optimal width $\left(u_{0}, v_{0}\right)$ is called stable iff

$$
\left.\frac{d^{2}}{d \varepsilon^{2}} \mathcal{F}\left(u_{\varepsilon}, v_{\varepsilon}\right)\right|_{\varepsilon=0} \geq 0
$$

for every $p \in \mathcal{P}_{b}^{M}\left(\mathcal{P}_{m}^{M}\right)$, and unstable otherwise.
The following property simplifies the study of stability of the bilayers and monolayers.
Lemma 4.2. Using the notation from Theorem 3.5 we have, for any $x, y \in \mathbb{R}^{4}$ and for $j \geq 1$,

$$
\begin{aligned}
& B_{j}\left(x, y, d_{u v}, d_{v 0}, L\right)=B_{1}\left(x, y, d_{u v}, d_{v 0}, L / j\right) \\
& B_{j}\left(x, 0, d_{u v}, d_{v 0}, L\right)=B_{j}\left(0, x, d_{u v}, d_{v 0}, L\right) \\
& B_{j}\left(x, y, d_{u v}, d_{v 0}, L\right)=B_{j}\left(x, 0, d_{u v}, d_{v 0}, L\right)+B_{j}\left(0, y, d_{u v}, d_{v 0}, L\right) .
\end{aligned}
$$

Similarly, in the notation from Theorem 3.8 we have, for any $x, y \in \mathbb{R}^{3}$ and for $j \geq 1$,

$$
\begin{aligned}
& M_{j}\left(x, y, d_{u 0}, d_{u v}, d_{v 0}, L\right)=M_{1}\left(x, y, d_{u 0}, d_{u v}, d_{v 0}, L / j\right) \\
& M_{j}\left(x, 0, d_{u 0}, d_{u v}, d_{v 0}, L\right)=M_{j}\left(0, x, d_{u 0}, d_{u v}, d_{v 0}, L\right) \\
& M_{j}\left(x, y, d_{u 0}, d_{u v}, d_{v 0}, L\right)=M_{j}\left(x, 0, d_{u 0}, d_{u v}, d_{v 0}, L\right)+M_{j}\left(0, y, d_{u 0}, d_{u v}, d_{v 0}, L\right)
\end{aligned}
$$

Proof. This property follows from the definitions of $B_{j}$ in Theorem 3.5 and $M_{j}$ in Theorem 3.8.

### 4.2 Stability of the bilayer

Throughout this subsection we will use the notation as introduced in Section 3.2. Lemma 4.2 provides us with a simpler characterization of stability:

Corollary 4.3. The VUV bilayer is stable iff

1. $B_{0}\left(\mathfrak{a}_{0}, \delta_{b}\right) \geq 0$ for all $\mathfrak{a}_{0} \in \mathbb{R}^{4}$ satisfying (13), and
2. $B_{1}\left(x, 0, d_{u v}, d_{v 0}, L / j\right) \geq 0$ for all $x \in \mathbb{R}^{4}$ and all $j \geq 1$.

We therefore study $B_{0}$ and $B_{1}$ as quadratic forms on $\mathbb{R}^{4}$ subject to (13) and investigate their sign. Note that $B_{0}$ and $B_{1}$ can be identified with symmetric $4 \times 4$ matrices, and we will continuously make this identification. Among other things that means we can speak of eigenvalues of $B_{0}$ and $B_{1}$, and relate the sign of the quadratic forms to the signs of their eigenvalues.
Lemma 4.4. $B_{0}\left(\mathfrak{a}, \delta_{b}\right) \geq 0$ for all $\delta_{b}>0$ and for all $\mathfrak{a}_{0} \in \mathbb{R}^{4}$ satisfying (13).
Proof. The Lemma follows immediately from writing $B_{0}$ as

$$
\frac{1}{4 \delta_{b}} B_{0}\left(\mathfrak{a}_{0}, \delta_{b}\right)=-\frac{1}{2}\left(2 a_{1,0}-a_{2,0}+2 a_{3,0}-a_{4,0}\right)^{2}+\frac{1}{2}\left(a_{1,0}-a_{2,0}-a_{3,0}+a_{4,0}\right)^{2}+\frac{1}{2}\left(a_{1,0}+a_{3,0}\right)^{2}
$$

Lemma 4.5. Two of the four eigenvalues of $B_{1}$ are nonnegative for all $d_{u v}, d_{v 0}$, and $L$; the other two can be either positive or negative. Denote the smallest eigenvalue by $\lambda_{1}^{b}\left(d_{u v}, d_{v 0}, L\right)$. Define

$$
\begin{equation*}
v:=e^{-2 \pi \delta_{b} / L}, \quad \zeta:=\frac{d_{u v}}{d_{u v}+d_{v 0}}=\frac{c_{u}+c_{v}}{c_{0}+c_{u}+2 c_{v}} \tag{17}
\end{equation*}
$$

There exists a function $\zeta_{1} \in C([0,1])$ (see (20)) such that

$$
\lambda_{1}^{b}\left(d_{u v}, d_{v 0}, L\right) \geq 0 \Longleftrightarrow \zeta \geq \zeta_{1}(v)
$$

Proof. Note that $v \in(0,1)$ and, by conditions (4), $\zeta \in\left[\frac{1}{2}-\frac{c_{u}+c_{0}}{2\left(c_{0}+c_{u}+2 c_{v}\right)}, \frac{1}{2}+\frac{c_{u}+c_{0}}{2\left(c_{0}+c_{u}+2 c_{v}\right)}\right] \subset[0,1]$. Let $x \in \mathbb{R}^{4}$. We now write

$$
B_{1}\left(x, 0, d_{u v}, d_{v 0}, L\right)=\frac{2 L}{\pi} \tilde{B}_{1}(x, \zeta, v)
$$

where

$$
\begin{align*}
\tilde{B}_{1}(x, \zeta, v):= & -\frac{1}{3} \log ^{3} v\left(\zeta\left(x_{1}^{2}+x_{3}^{2}\right)+(1-\zeta)\left(x_{2}^{2}+x_{4}^{2}\right)\right)  \tag{18}\\
& +(1+\log v)\left(x_{1}^{2}+x_{3}^{2}\right)+\frac{1}{4}\left(x_{2}^{2}+x_{4}^{2}\right) \\
& -\left(x_{1} x_{2}+x_{3} x_{4}\right) v+2 x_{1} x_{3} v^{2}-\left(x_{1} x_{4}+x_{2} x_{3}\right) v^{3}+\frac{1}{2} x_{2} x_{4} v^{4}
\end{align*}
$$

Note that when $x_{1}=x_{3}=0$,

$$
\tilde{B}_{1}(x, \zeta, v)=(1-\zeta)\left(x_{2}^{2}+x_{4}^{2}\right)+\frac{1}{4}\left(x_{2}^{2}+x_{4}^{2}\right)+\frac{1}{2} x_{2} x_{4} v^{4} \geq 0
$$

so that by the max-min characterization of the third eigenvalue $\lambda_{3}^{b}$, for fixed $\zeta, v$, we have

$$
\lambda_{3}^{b}=\max _{\operatorname{dim} L=2} \min _{\substack{x \in \mathbb{R}^{4} / L \\|x|=1}} \tilde{B}_{1}(x, \zeta, v) \geq \min _{\substack{x_{1}=x_{3}=0 \\|x|=1}} \tilde{B}_{1}(x, \zeta, v) \geq 0,
$$

implying that the largest two eigenvalues are always non-negative.
We now turn to the question of existence of admissible $x$ such that $\tilde{B}_{1}$ is negative, and we simplify the problem by minimizing $\tilde{B}_{1}$ with respect to $x_{2}$ and $x_{4}$ under fixed $x_{1}$ and $x_{3}$. The stationarity conditions $\frac{\partial}{\partial x_{2}} \tilde{B}_{1}(x, \zeta, v)=0$ and $\frac{\partial}{\partial x_{4}} \tilde{B}_{1}(x, \zeta, v)=0$ lead to the equations

$$
\binom{x_{2}^{\mathrm{opt}}}{x_{4}^{\mathrm{opt}}}=\frac{1}{\operatorname{det} A(\zeta, v)} A(\zeta, v)\left(\begin{array}{cc}
v & v^{3} \\
v^{3} & v
\end{array}\right)\binom{x_{1}}{x_{3}}
$$

where

$$
A(\zeta, v):=\left(\begin{array}{cc}
\frac{1}{2}-\frac{2}{3}(1-\zeta) \log ^{3} v & -\frac{1}{2} v^{4} \\
-\frac{1}{2} v^{4} & \frac{1}{2}-\frac{2}{3}(1-\zeta) \log ^{3} v
\end{array}\right)
$$

Inserting these results into $\tilde{B}_{1}$ gives

$$
\tilde{B}_{1}\left(x_{1}, x_{2}^{\mathrm{opt}}, x_{3}, x_{4}^{\mathrm{opt}}, \zeta, v\right)=\left(x_{1}, x_{3}\right) \stackrel{\text { 官 }}{B}(\zeta, v)\left(x_{1}, x_{3}\right)^{T},
$$

where the matrix entries of $\stackrel{\stackrel{N}{B}}{ }$ are given by

$$
\begin{aligned}
& \stackrel{\text { 官 }}{11}(\zeta, v)=\stackrel{\text { }}{B}_{22}(\zeta, v)=\log v-\frac{1}{3} \zeta \log ^{3} v \\
& -\frac{\left(3\left(-1+v^{2}\right)-4(-1+\zeta) \log ^{3} v\right)\left(3\left(-1+v^{6}\right)-4(-1+\zeta) \log ^{3} v\right)}{9\left(-1+v^{8}\right)+8(-1+\zeta)\left(-3-2(-1+\zeta) \log ^{3} v\right) \log ^{3} v},
\end{aligned}
$$

The eigenvalues of $\stackrel{N}{B}$ are

$$
\begin{aligned}
G_{-}(\zeta, v) & :=1-v^{2}+\log v-\frac{1}{3} \zeta \log ^{3} v+\frac{3 v^{2}\left(-1+v^{2}\right)^{2}}{3\left(-1+v^{4}\right)-4(-1+\zeta) \log ^{3} v} \\
& =\left(3\left(-1+v^{4}\right)-4(-1+\zeta) \log ^{3} v\right)^{-1} h_{-}(\zeta, v) \\
G_{+}(\zeta, v) & :=1+v^{2}+\log v-\frac{1}{3} \zeta \log ^{3} v-\frac{3 v^{2}\left(1+v^{2}\right)^{2}}{3\left(1+v^{4}\right)+4(-1+\zeta) \log ^{3} v} \\
& =\left(3\left(1+v^{4}\right)+4(-1+\zeta) \log ^{3} v\right)^{-1} h_{+}(\zeta, v)
\end{aligned}
$$

with

$$
\begin{aligned}
h_{-}(\zeta, v):= & \left(\frac{4}{3} \log ^{6} v\right) \zeta^{2}+\left(-\frac{4}{3} \log ^{6} v-4 \log ^{4} v+\left(-3+4 v^{2}-v^{4}\right) \log ^{3} v\right) \zeta \\
& -3\left(1-v^{2}\right)^{2}+3\left(-1+v^{4}\right) \log v+4\left(1-v^{2}\right) \log ^{3} v+4 \log ^{4} v \\
h_{+}(\zeta, v):= & -\left(\frac{4}{3} \log ^{6} v\right) \zeta^{2}+\left(\frac{4}{3} \log ^{6} v+4 \log ^{4} v+\left(3+4 v^{2}-v^{4}\right) \log ^{3} v\right) \zeta \\
& +3\left(1-v^{4}\right)+3\left(1+v^{4}\right) \log v-4\left(1+v^{2}\right) \log ^{3} v-4 \log ^{4} v .
\end{aligned}
$$

Note that $G_{-}<G_{+}$，since for $v \in(0,1), \zeta \in[0,1]$ ，

$$
3\left(1+v^{4}\right)+4(-1+\zeta) \log ^{3} v>0, \quad 3\left(-1+v^{4}\right)-4(-1+\zeta) \log ^{3} v<0
$$

and thus

$$
G_{+}(\zeta, v)-G_{-}(\zeta, v)=\frac{-2 v^{2}\left(3\left(-1+v^{2}\right)-4(-1+\zeta) \log ^{3} v\right)^{2}}{\left(3\left(1+v^{4}\right)+4(-1+\zeta) \log ^{3} v\right)\left(3\left(-1+v^{4}\right)-4(-1+\zeta) \log ^{3} v\right)}>0
$$

We have now the following equivalences：

$$
\begin{aligned}
\forall x \in \mathbb{R}^{4}, B_{1}\left(x, 0, d_{u v}, d_{v 0}, L\right) \geq 0 & \Longleftrightarrow \forall x \in \mathbb{R}^{4}, \tilde{B}_{1}(x, \zeta, v) \geq 0 \\
& \Longleftrightarrow \text { 菅 }(\zeta, v) \geq 0 \\
& \Longleftrightarrow G_{-}(\zeta, v) \geq 0
\end{aligned}
$$

We prove the following characterization of the sign of $G_{-}$：

$$
\begin{equation*}
G_{-}(\zeta, v) \geq 0 \Longleftrightarrow \zeta \geq \zeta_{1}(v) \tag{19}
\end{equation*}
$$

where

$$
\begin{align*}
\zeta_{1}(v)=\left(8 \log ^{3} v\right)^{-1}( & 9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right) \\
+ & \left\{225-504 v^{2}+342 v^{4}-72 v^{6}+9 v^{8}+\left(360-288 v^{2}-72 v^{4}\right) \log v\right. \\
& \left.\left.+144 \log ^{2} v+\left(-120+96 v^{2}+24 v^{4}\right) \log ^{3} v-96 \log ^{4} v+16 \log ^{6} v\right\}^{\frac{1}{2}}\right) \tag{20}
\end{align*}
$$

The function $g_{1}$ mentioned in the introduction is related to $\zeta_{1}$ by

$$
\begin{equation*}
g_{1}(\ell):=\zeta_{1}\left(e^{2 \pi / \ell}\right) \tag{21}
\end{equation*}
$$

The details of this calculation can be found in Appendix D. This concludes the proof.


Figure 10: The sign in parameter space of the eigenvalues $G_{-}<G_{+}$. The boundary between the two regions in the left-hand figure is given by $\zeta=\zeta_{1}(v)$.

Remark 4.6. The four eigenvalues of $\tilde{B}_{1}$ from the proof of Lemma 4.5 are

$$
\begin{aligned}
& \frac{1}{72}\left(45-36 v^{2}-9 v^{2}+36 \log v-12 \log ^{3} v\right. \\
& \quad \pm\left\{\left(-45+36 v^{2}+9 v^{4}-36 \log v+12 \log ^{3} v\right)^{2}\right. \\
& \quad-144\left(9-18 v^{2}+9 v^{4}+9 \log v-9 v^{4} \log v-12 \log ^{3} v+12 v^{2} \log ^{3} v+9 \zeta \log ^{3} v\right. \\
& \left.\left.\left.\quad-12 v^{2} \zeta \log ^{3} v+3 v^{4} \zeta \log ^{3} v-12 \log v^{4}+12 \zeta \log ^{4} v+4 \zeta \log ^{6} v-4 \zeta^{2} \log ^{6} v\right)\right\}^{\frac{1}{2}}\right)
\end{aligned}
$$

and

$$
\begin{aligned}
& \frac{1}{72}\left(45+36 v^{2}+9 v^{2}+36 \log v-12 \log ^{3} v\right. \\
& \quad \pm\left\{\left(45+36 v^{2}+9 v^{4}+36 \log v-12 \log ^{3} v\right)^{2}\right. \\
& \quad+144\left(-9+9 v^{4}-9 \log v-9 v^{4} \log v+12 \log ^{3} v+12 v^{2} \log ^{3} v-9 \zeta \log ^{3} v\right. \\
& \left.\left.\left.\quad-12 v^{2} \zeta \log ^{3} v+3 v^{4} \zeta \log ^{3} v+12 \log v^{4}-12 \zeta \log ^{4} v-4 \zeta \log ^{6} v+4 \zeta^{2} \log ^{6} v\right)\right\}^{\frac{1}{2}}\right)
\end{aligned}
$$

Plotting the areas where these eigenvalues are negative shows that the eigenvalues with the plus sign chosen for $\pm$ are positive everywhere for $v \in(0,1)$ and $\zeta \in[0,1]$. The plots of the other two eigenvalues correspond with those in Figure 10.

Collecting Lemmas 4.4 and 4.5 we can summarise the stability properties with the use of Corollary 4.3 as follows:

Theorem 4.7. Let $\zeta$, v, and $\zeta_{1}$ be as in Lemma 4.5. Define the functions $\underline{\zeta}_{j}, j \geq 1$, and $\tilde{\zeta}$ by:

$$
\underline{\zeta}_{j}(v):=\zeta_{1}\left(v^{j}\right), \quad \tilde{\zeta}(v):=\sup _{j \geq 1} \underline{\zeta}_{j}(v)
$$

Then the VUV bilayer of optimal width (5) is stable with respect to all (mass-conserving) perturbations in $\mathcal{P}_{b}^{M}$ iff

$$
\zeta \geq \tilde{\zeta}(v)
$$

Remark 4.8. Note that the statement in Theorem 4.7 about the positivity of the second variation also holds true if we allow the perturbations to come from the larger set of perturbations $\mathcal{P}_{b}$, instead of $\mathcal{P}_{b}^{M}$. However, as stated in Remark 3.2, the bilayer of optimal width is not stationary under perturbations that do not preserve mass.

Lemma 4.9. Let $\tilde{\zeta}$ be as in Theorem 4.7, then there exists $c \in(0,1)$ such that for all $v \in(0,1)$,

$$
\tilde{\zeta}(v)<c<1
$$

Proof. First note that per definition of $\tilde{\zeta}$ it suffices to show that there exists a $\tilde{c} \in(0,1)$, such that for all $v \in(0,1)$,

$$
\zeta_{1}(v)<\tilde{c}<1
$$

Since $\zeta_{1}$ is continuous on the interval $(0,1)$ and goes to zero for $v \downarrow 0$ and to $\frac{5}{2}-\frac{1}{2} \sqrt{\frac{69}{5}}$ for $v \uparrow 1$ (see Remark D.1), this is equivalent to

$$
\left(8 \log ^{3} v\right)\left(\zeta_{1}(v)-1\right)>0
$$

By (42) we know that

$$
\begin{aligned}
0< & \left(\left(9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right)\right)-8 \log ^{3} v\right)^{2} \\
< & \left(225-504 v^{2}+342 v^{4}-72 v^{6}+9 v^{8}+\left(360-288 v^{2}-72 v^{4}\right) \log v\right. \\
& \left.+144 \log ^{2} v+\left(-120+96 v^{2}+24 v^{4}\right) \log ^{3} v-96 \log ^{4} v+16 \log ^{6} v\right)
\end{aligned}
$$

Taking square roots completes the proof.
Remark 4.10. To find out the stable and unstable first-order Fourier modes of deformation for the bilayer, we compute the eigenvectors belonging to the positive and (potentially) negative eigenvalues of $\tilde{B}_{1}$ from (18). For the stable directions we find

$$
\left.\begin{array}{l}
\mathfrak{a}_{1}^{s_{1}}(\zeta, v):=\left(\frac{1}{12 v\left(1+v^{2}\right)}\left(f_{1}(\zeta, v)-\sqrt{f_{4}(\zeta, v)}\right), 1, \frac{2}{v} \frac{f_{2}(\zeta, v)-\sqrt{f_{4}(\zeta, v)}}{f_{3}(\zeta, v)+\sqrt{f_{4}(\zeta, v)}}, 1\right) \\
\mathfrak{a}_{1}^{s_{2}}(\zeta, v)
\end{array}\right)=\left(\frac{1}{12 v\left(-1+v^{2}\right)}\left(g_{1}(\zeta, v)-\sqrt{g_{4}(\zeta, v)}\right),-1, \frac{2}{v} \frac{g_{2}(\zeta, v)+\sqrt{g_{4}(\zeta, v)}}{g_{3}(\zeta, v)-\sqrt{g_{4}(\zeta, v)}}, 1\right),
$$

where

$$
\begin{aligned}
& f_{1}(\zeta, v):=-9-12 v^{2}+3 v^{4}-12 \log v+(-4+8 \zeta) \log ^{3} v \\
& f_{2}(\zeta, v):=-9-3 v^{2}\left(6+v^{2}\right)-12 \log v+(-4+8 \zeta) \log ^{3} v \\
& f_{3}(\zeta, v):= 15+3 v^{2}\left(4+v^{2}\right)-12 \log v+(-4+8 \zeta) \log ^{3} v \\
& f_{4}(\zeta, v):=9\left(9+40 v^{2}+42 v^{4}+8 v^{6}+v^{8}\right) \\
&+8 \log v\left(-3+(-1+2 \zeta) \log ^{2} v\right)\left(3\left(-3-4 v^{2}+v^{4}\right)-6 \log v+(-2+4 \zeta) \log ^{3} v\right), \\
& g_{1}(\zeta, v):=-9+12 v^{2}-3 v^{4}-12 \log v+(-4+8 \zeta) \log ^{3} v \\
& g_{2}(\zeta, v):=9-3 v^{2}\left(2+v^{2}\right)+12 \log v+(4-8 \zeta) \log ^{3} v \\
& g_{3}(\zeta, v):=-15+3 v^{2}\left(4+v^{2}\right)+12 \log v+(4-8 \zeta) \log ^{3} v \\
& g_{4}(\zeta, v):=9\left(-1+v^{2}\right)^{2}\left(1+v^{2}\right)\left(9+v^{2}\right) \\
&+8 \log v\left(-3+(-1+2 \zeta) \log ^{2} v\right)\left(-3\left(3-4 v^{2}+v^{4}\right)-6 \log v+(-2+4 \zeta) \log ^{3} v\right)
\end{aligned}
$$

The directions belonging to the eigenvalues that can become negative, corresponding to the eigenvalues $G_{+}$and $G_{-}$of the reduced matrix $\stackrel{\stackrel{N}{B}}{\stackrel{N}{B}}$ in the proof of Lemma 4.5, are

$$
\begin{aligned}
& \mathfrak{a}_{1}^{u_{1}}(\zeta, v):=\left(\frac{1}{12 v\left(1+v^{2}\right)}\left(f_{1}(\zeta, v)+\sqrt{f_{4}(\zeta, v)}\right), 1, \frac{2}{v} \frac{f_{2}(\zeta, v)+\sqrt{f_{4}(\zeta, v)}}{f_{3}(\zeta, v)-\sqrt{f_{4}(\zeta, v)}}, 1\right), \\
& \mathfrak{a}_{1}^{u_{2}}(\zeta, v):=\left(\frac{1}{12 v\left(-1+v^{2}\right)}\left(g_{1}(\zeta, v)+\sqrt{g_{4}(\zeta, v)}\right),-1, \frac{2}{v} \frac{g_{2}(\zeta, v)+\sqrt{g_{4}(\zeta, v)}}{g_{3}(\zeta, v)+\sqrt{g_{4}(\zeta, v)}}, 1\right) .
\end{aligned}
$$

The direction of the perturbation $\mathfrak{a}_{1}^{u_{1}}$ is depicted in Figure 7a. Here we have chosen the values $d_{u v}=0.7, d_{v 0}=0.3, L=5$ and $\varepsilon=0.25$. Similarly we get Figures $7 \mathrm{~b}, 7 \mathrm{c}$, and 7 d using perturbations $\mathfrak{a}_{1}^{u_{2}}, \mathfrak{a}_{1}^{s_{1}}$, and $\mathfrak{a}_{1}^{s_{2}}$.

### 4.3 Stability of the monolayer

We now redo the arguments for the monolayer of optimal width (14). Throughout this subsection we use the notation of Section 3.3.

We can simplify $M_{1}$ a bit by writing
$\nu:=e^{-2 \pi \delta_{m} / L}, \quad \kappa:=\frac{d_{u 0}}{d_{u 0}+d_{u v}+d_{v 0}}=\frac{c_{u}+c_{0}}{2\left(c_{0}+c_{u}+c_{v}\right)}, \quad \chi:=\frac{d_{v 0}}{d_{u 0}+d_{u v}+d_{v 0}}=\frac{c_{v}+c_{0}}{2\left(c_{0}+c_{u}+c_{v}\right)}$.
Note the slightly different definition of $\nu$ than for the bilayer (17). Then, for all $x \in \mathbb{R}^{3}$,

$$
M_{1}\left(x, 0, d_{u 0}, d_{u v}, d_{v 0}, L\right)=\frac{L}{\pi} \tilde{M}_{1}(x, \kappa, \chi, \nu)
$$

where

$$
\begin{aligned}
\tilde{M}_{1}(x, \kappa, \chi, \nu):= & -\frac{2}{3} \log ^{3} \nu\left(\kappa\left(x_{1}\right)^{2}+(1-\kappa-\chi)\left(x_{2}\right)^{2}+\chi\left(x_{3}\right)^{2}\right) \\
& +2(1+\log \nu)\left(x_{2}\right)^{2}+\frac{1}{2}\left(\left(x_{1}\right)^{2}+\left(x_{3}\right)^{2}\right) \\
& -2\left(x_{1}+x_{3}+x_{2} x_{3}\right) \nu+x_{1} x_{3} \nu^{2} .
\end{aligned}
$$

We now can write

$$
\tilde{M}_{1}(x, \kappa, \chi, \nu)=x^{T} \hat{M}(\kappa, \chi, \nu) x
$$

with

$$
\hat{M}(\kappa, \chi, \nu):=\left(\begin{array}{ccc}
-\frac{2}{3} \kappa \log ^{3} \nu+\frac{1}{2} & -\nu & \frac{1}{2} \nu^{2} \\
-\nu & -\frac{2}{3}(1-\kappa-\chi) \log ^{3} \nu+2(1+\log \nu) & -\nu \\
\frac{1}{2} \nu^{2} & -\nu & -\frac{2}{3} \chi \log ^{3} \nu+\frac{1}{2}
\end{array}\right) .
$$

This matrix is well defined for all $\kappa, \chi \in \mathbb{R}, \nu>0$, but note that the positivity of the parameters $c_{i}$, or equivalently conditions (4), translate into

$$
\begin{equation*}
0 \leq \kappa \leq \frac{1}{2}, \quad 0 \leq \chi \leq \frac{1}{2}, \quad \kappa+\chi \geq \frac{1}{2} \tag{22}
\end{equation*}
$$

and furthermore $\nu \in(0,1)$ by definition.
Remark 4.11. As mentioned in the introduction, we assume throughout the paper that for the monolayer the interfaces U-0 and V-0 are penalised equally strongly, i.e. $d_{u 0}=d_{v 0}$ or equivalently $c_{u}=c_{v}$. Under this assumption $\chi=\kappa$, and the inequalities above imply that $\chi$ and $\kappa$ take values in $\left[\frac{1}{4}, \frac{1}{2}\right]$.

Lemma 4.12. Let $c_{u}=c_{v}$. Two of the three eigenvalues of $\hat{M}(\chi, \chi, \nu)$ are nonnegative for all $\nu \in(0,1)$ and $\chi \in\left[\frac{1}{4}, \frac{1}{2}\right]$. The third eigenvalue is given by

$$
E_{2}(\chi, \nu):=\frac{1}{12}\left(e_{1}(\chi, \nu)-\sqrt{e_{2}(\chi, \nu)}\right)
$$

where $\nu \in(0,1), \chi \in\left[\frac{1}{4}, \frac{1}{2}\right]$ and $e_{1}$ and $e_{2}$ are given in (24) and (25). The sign of $E_{2}$ is characterised by

$$
\begin{equation*}
E_{2}(\chi, \nu) \geq 0 \Longleftrightarrow \chi \leq \chi_{2}(\nu) \tag{23}
\end{equation*}
$$

with $\chi_{2}$ as given in (26).
Proof. Since we are interested in the case where $c_{u}=c_{v}$ we will take $\kappa=\chi$ from here on, which turns the conditions (22) into $\frac{1}{4} \leq \chi \leq \frac{1}{2}$. For the three eigenvalues of $\hat{M}_{1}(\chi, \chi, \nu)$ we compute

$$
\begin{aligned}
E_{1}(\chi, \nu) & :=\frac{1}{6}\left(3-3 \nu^{2}-4 \chi \log ^{3} \nu\right) \\
E_{2,3}(\chi, \nu) & :=\frac{1}{12}\left(e_{1}(\chi, \nu) \mp \sqrt{e_{2}(\chi, \nu)}\right)
\end{aligned}
$$

where

$$
\begin{align*}
e_{1}(\chi, \nu):= & 15+3 \nu^{2}+\left(12-4 \log ^{2} \nu+4 \chi \log ^{2} \nu\right) \log \nu  \tag{24}\\
e_{2}(\chi, \nu):= & 81+234 \nu^{2}+9 \nu^{4}+216 \log \nu-72 \nu^{2} \log \nu+144 \log ^{2} \nu \\
& -72 \log ^{3} \nu+24 \nu^{2} \log ^{3} \nu-96 \log ^{4} \nu+16 \log ^{6} \nu \\
& +\left(216 \log ^{3} \nu-72 \nu^{2} \log ^{3} \nu+288 \log ^{4} \nu-96 \log ^{6} \nu\right) \chi \\
& +\left(144 \log ^{6} \nu\right) \chi^{2} . \tag{25}
\end{align*}
$$

and we choose the minus sign for $E_{2}$ and the plus sign for $E_{3}$.
First note that $v \in(0,1)$ and $\chi \geq 0$ imply that $E_{1}$ is always positive. $E_{2,3}$ are real, since they are the eigenvalues of a symmetric matrix and thus $e_{2}(\chi, \nu) \geq 0$ for all $\chi \in \mathbb{R}$ and for all $\nu \in(0,1)$.

Since for all $x>0$ and $\chi \leq 1 / 2$ we have $(1-\chi) x^{3}-3 x \geq(1 / 2) x^{3}-3 x \geq-2 \sqrt{ } 2$,

$$
e_{1}(\chi, \nu)=15+3 \nu^{2}+4\left[(1-\chi)|\log \nu|^{3}-3|\log \nu|\right] \geq 15-8 \sqrt{2}>0 .
$$

Combining this result with $e_{2}(\chi, \nu) \geq 0$, we conclude that $E_{3}(\chi, \nu)>0$ for all admissible $\chi, \nu$. Thus, if there is a negative eigenvalue, it can only be $E_{2}$.

To prove the statements in (23) we compute

$$
\begin{aligned}
\frac{1}{16}\left(e_{1}^{2}(\chi, \nu)-e_{2}(\chi, \nu)\right)= & 9\left(1-\nu^{2}\right)+9\left(1+\nu^{2}\right) \log \nu-3\left(1+\nu^{2}\right) \log ^{3} \nu \\
& +\left(6\left(-1+\nu^{2}\right) \log ^{3} \nu+4\left(-3+\log ^{2} \nu\right) \log ^{4} \nu\right) \chi \\
& -\left(8 \log ^{6} \nu\right) \chi^{2}
\end{aligned}
$$

This expression is negative on $(0,1)$ if and only if $\chi \in\left[\frac{1}{4}, \chi_{1}(\nu)\right) \cup\left(\chi_{2}(\nu), \frac{1}{2}\right]$ and zero if and only if $\chi=\chi_{1}(\nu)$ or $\chi=\chi_{2}(\nu)$, where

$$
\begin{equation*}
\chi_{1,2}(\nu):=\frac{1}{16 \log ^{6} \nu}(f(\nu) \pm \sqrt{g(\nu)}) \tag{26}
\end{equation*}
$$

with

$$
\begin{aligned}
f(\nu):= & \left(6\left(-1+\nu^{2}\right)+4\left(-3+\log ^{2} \nu\right) \log \nu\right) \log ^{3} \nu \\
g(\nu):= & 96 \log ^{6} \nu\left(3\left(1-\nu^{2}\right)+3\left(1+\nu^{2}\right) \log \nu-\left(1+\nu^{2}\right) \log ^{3} \nu\right) \\
& +\left(6\left(-1+\nu^{2}\right) \log ^{3} \nu+4\left(\log ^{2} \nu-3\right) \log ^{4} \nu\right)^{2} .
\end{aligned}
$$

The minus sign is chosen in $\chi_{1}$ while in $\chi_{2}$ we choose the plus sign. Plots of $\chi_{1}$ and $\chi_{2}$ are shown in Figure 11.

It is left to prove now that $\chi_{1}(\nu)<1 / 4$ for all $\nu \in(0,1)$. We will actually prove the stronger statement $\chi_{1}(\nu)<0$, which follows from

|  | $g(\nu)>0$ | for $0<\nu<1$ |  |  |
| :---: | :--- | :--- | :---: | :---: |
|  | $+)^{2}-g(\nu)<0$ |  |  | for $0<\nu<1$ |
|  | $\Longleftrightarrow 3\left(1-\nu^{2}\right)+3\left(1+\nu^{2}\right) \log v-\left(1+\nu^{2}\right) \log ^{3} \nu>0$ | for $0<\nu<1$ |  |  |
|  | $\Longleftrightarrow 3 \frac{1-\nu^{2}}{1+\nu^{2}}+3 \log \nu-\log ^{3} \nu>0$ | for $0<\nu<1$ |  |  |
| $w=-\log \nu$ | $3 \tanh w-3 w+w^{3}>0$ | for $w>0$. |  |  |

To prove that this last inequality holds, we define $h(w):=\tanh w-3 w+w^{3}$ and use $\tanh ^{\prime} w=$ $1-\tanh ^{2} w$, to compute that $h^{\prime \prime \prime}(w)=6 \tanh ^{2} w\left(-3 \tanh ^{4} w+4\right)>0$. From this it follows by integration that $h(w)>0$ for all $w>0$.

(a) Plot of $\chi_{1}$ away from $\nu=1$

(b) Plot of $\chi_{2}$, with the admissible range $\chi_{2} \in\left[\frac{1}{4}, \frac{1}{2}\right]$ indicated

Figure 11

Remark 4.13. For the excluded endpoints 0 and 1 we find

$$
\begin{array}{ll}
\lim _{\nu \downarrow 0} \chi_{1}=0, & \lim _{\nu \uparrow 1} \chi_{1}=-\infty, \\
\lim _{\nu \downarrow 0} \chi_{2}=\frac{1}{2}, & \lim _{\nu \uparrow 1} \chi_{2}=\frac{1}{5} .
\end{array}
$$

The limits for $\nu \uparrow 1$ were found by calculating the first terms in the Taylor expansion of $\chi_{1,2}$.
Figure 12 shows the parts of parameter space where $E_{2}$ is positive and negative, both on the admissible domain $\left(\frac{1}{4}, \frac{1}{2}\right)$ for $\chi$ as well as extended to $(0,1)$.
Remark 4.14. Remark that the extra assumption $c_{u}=c_{v}$ in Lemma 4.12 is equivalent to assuming $d_{u 0}=d_{v 0}$, i.e. assuming equal penalisation for the U-0 and V-0 interfaces. In Section 1.3 it was explained why this choice is made.

Remark 4.15. Expanding $E_{2}$ around $\nu=1$ gives

$$
E_{2}(\chi, \nu)=\frac{4}{45}(1-5 \chi)(1-\nu)^{5}+\mathcal{O}\left((1-\nu)^{6}\right)
$$

for $\nu \uparrow 1$. Since $1-5 \chi \leq-\frac{1}{4}$ for $\chi \in\left[\frac{1}{4}, \frac{1}{2}\right]$ we can conclude that for $\nu$ close to 1 (or equivalently large $L$ ) the monolayer is unstable for all interfacial coefficients $d_{i j}$ (or $c_{i}$ ). This corresponds to what is shown in Figure 12a.

Taking into account the assumption $d_{v 0}=d_{u 0}$, the condition $1-5 \chi<0$ for negativity of $E_{2}$ is equivalent to $d_{u v}<\frac{3}{2}\left(d_{u 0}+d_{v 0}\right)$. In [16, Theorem 8] we show that for a circular two-dimensional


Figure 12
monolayer the term in $\mathcal{F} / \mathcal{M}$ (where $\left.\mathcal{M}(u, v):=\int_{S_{L}} u\right)$ that is quadratic in the curvature is given by

$$
m\left(-\frac{1}{2}\left(d_{u 0}+d_{v 0}\right)+\frac{4}{15} m^{3}\right) \kappa^{2}
$$

where $m$ is the thickness of the layers and $\kappa$ is the curvature. Taking $m=\delta_{m}$ we find that this term becomes negative exactly as $d_{u v}<\frac{3}{2}\left(d_{u 0}+d_{v 0}\right)$, showing that the (large) circular monolayer loses stability at the same point as the flat monolayer on large domains. Note that conditions (4) imply $d_{u v}<\frac{3}{2}\left(d_{u 0}+d_{v 0}\right)$.

In order to compare the monolayer to the bilayer, we introduce the relative UV-interface penalisation

$$
\mu:=1-\kappa-\chi=\frac{c_{u}+c_{v}}{2\left(c_{0}+c_{u}+c_{v}\right)},
$$

analogous to $\zeta$ for the bilayer in Lemma 4.5. Note that conditions (4) give $\mu \in\left[0, \frac{1}{2}\right]$. Figure 4 a shows the sign of $E_{2}$ as a function of $L / \delta_{m}$ and $\mu$. In terms of the surface tension coefficients,

$$
\mu=\frac{d_{u v}}{d_{u 0}+d_{u v}+d_{v 0}}
$$

$\mu$ is interpreted as the relative penalisation of the U-V interface.
Theorem 4.16. Let $d_{u 0}=d_{v 0}$ and let $\chi_{2}$ be as in Lemma 4.12. Define the functions $\underline{\chi}_{j}$ and $\tilde{\chi}$ by

$$
\underline{\chi}_{j}(\nu):=\chi_{2}\left(\nu^{j}\right), \quad \tilde{\chi}:=\inf _{j \geq 1} \underline{\chi}_{j}, \quad \tilde{\mu}:=1-2 \tilde{\chi} .
$$

The monolayer of optimal width (14) is stable with respect to perturbations in $\mathcal{P}_{m}^{M}$ if and only if $\mu \geq \tilde{\mu}(\nu)$.

Proof. First we work with $\chi$ as in Lemma 4.12 and afterwards we translate the results into conditions on $\mu$. By Definition 4.1 and Theorem 3.8 in order to prove stability, we have to prove that

$$
M_{0}\left(\mathfrak{a}_{0}, \delta_{m}\right)+\sum_{j=1}^{\infty} M_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u 0}, d_{u v}, d_{v 0}, L\right) \geq 0
$$

for all admissible perturbations. Per definition we have $M_{0}\left(\mathfrak{a}_{0}, \delta_{m}\right):=\delta_{m}\left(a_{1,0}-a_{3,0}\right)^{2} \geq 0$. By Lemma 4.12 we know that if $(\nu, \chi)$ is such that $\chi \in\left[\frac{1}{4}, \chi_{2}(\nu)\right]$ then $M_{1}\left(\mathfrak{a}_{1}, 0, d_{u 0}, d_{u v}, d_{v 0}, L\right) \geq 0$ for all $p \in \mathcal{P}_{m}$. By Lemma 4.2 now, we have for $j \geq 1$,

$$
\forall \mathfrak{a}_{j}, \mathfrak{b}_{j}, M_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u 0}, d_{u v}, d_{v 0}, L\right) \geq 0 \Longleftrightarrow \forall \mathfrak{a}_{1}, M_{1}\left(\mathfrak{a}_{1}, 0, d_{u 0}, d_{u v}, d_{v 0}, L / j\right) \geq 0
$$

thus we see that, if $\chi \in\left[\frac{1}{4}, \tilde{\chi}(\nu)\right]$ is satisfied, then, for all $j \geq 1$, for all $\mathfrak{a}_{j}$ and for all $\mathfrak{b}_{j}$, $M_{j}\left(\mathfrak{a}_{j}, \mathfrak{b}_{j}, d_{u 0}, d_{u v}, d_{v 0}, L\right) \geq 0$.

Now note that $\chi=\frac{1-\mu}{2}$ and thus

$$
\chi \in\left[\frac{1}{4}, \tilde{\chi}(\nu)\right] \Longleftrightarrow \mu \in\left[1-2 \tilde{\chi}(\nu), \frac{1}{2}\right],
$$

which proves the statement of the theorem.
To make the connection to the introduction, the function $f_{1}$ is defined by

$$
\begin{equation*}
f_{1}(\ell):=1-2 \chi_{2}\left(e^{2 \pi / \ell}\right) \tag{27}
\end{equation*}
$$

where $\chi_{2}$ is given in (26).
Remark 4.17. In Theorem 4.16 we only consider perturbations in $\mathcal{P}_{m}^{M}$, i.e. perturbations that keep the total mass fixed. The statement about the positivity of the second variation still holds if we consider the larger set of perturbations $\mathcal{P}_{m}$, however, for these perturbations the monolayer of optimal width is not a stationary point, as was noted after Lemma 3.7.

Remark 4.18. To find the stable and unstable first order Fourier modes of deformation we compute the eigenvectors belonging to the positive eigenvalues of $\tilde{M}_{1}\left(\mathfrak{a}_{1}, \chi, \chi, \nu\right)$ and to the eigenvalues that are negative for some parameter choices. For the positive, stable directions we find

$$
\begin{aligned}
& \mathfrak{a}_{1}^{s_{1}}(\chi, \nu):=(-1,0,1) \\
& \mathfrak{a}_{1}^{s_{2}}(\chi, \nu):=\left(1, \frac{1}{12 \nu}\left(h_{1}(\chi, \nu)+\sqrt{h_{2}(\chi, \nu)}\right), 1\right),
\end{aligned}
$$

where

$$
\begin{aligned}
h_{1}(\chi, \nu):= & -9+3 \nu^{2}-12 \log \nu+(4-12 \chi) \log ^{3} \nu \\
h_{2}(\chi, \nu):= & 9\left(9+26 \nu^{2}+\nu^{4}\right) \\
& +8 \log \nu\left(3+(-1+3 \chi) \log ^{2} \nu\right)\left(9-3 \nu^{2}+6 \log \nu+(-2+6 \chi) \log ^{3} \nu\right) .
\end{aligned}
$$

The direction belonging to the eigenvalues that can become negative, corresponding to the eigenvalue $E_{2}$ of in Lemma 4.12, is

$$
\mathfrak{a}_{1}^{u}(\chi, \nu):=\left(1, \frac{1}{12 \nu}\left(h_{1}(\chi, \nu)-\sqrt{h_{2}(\chi, \nu)}\right), 1\right)
$$

Figure 5 b shows the monolayer with a perturbation corresponding to $\mathfrak{a}_{1}^{s_{1}}$. Here we have chosen the values $d_{u 0}=1, d_{u v}=0.7, d_{v 0}=0.3, L=5$, and $\varepsilon=0.25$. Similarly we get Figure 5 c using perturbations $\mathfrak{a}_{1}^{s_{2}}$, and Figure 5a using $\mathfrak{a}_{1}^{u}$.

### 4.4 Discussion and comparison

In Sections 4.2 and 4.3 we found conditions for the stability of monolayers and bilayers with respect to some admissible perturbations. The main results are visualised in Figures 13 and 14 for the monolayer and Figure 15 for the bilayer.

The monolayer is stable with respect to perturbations of the interface if $\mu \geq \tilde{\mu}$, and the bilayer is stable with respect to mass-preserving perturbations of the interface if $\zeta \geq \tilde{\zeta}$.
$\tilde{\mu}$ and $\tilde{\zeta}$ display very similar overall behaviour. They both rapidly increase for small values of $L / \delta_{m}$ or $L / \delta_{b}$ until they settle down around a value for $\mu$ or $\zeta$ close to 0.6 . Around this value both $\tilde{\mu}$ and $\tilde{\zeta}$ oscillate as with increasing $L$ different Fourier modes become dominant. The similarity is broken, however, by the restriction of $\mu$ to $\left[0, \frac{1}{2}\right]$. Because of this the monolayer is unstable for all values of $L / \delta_{m}$ greater than about 6 , while the bilayer can be stable for all values of $L / \delta_{b}$.

Remark that higher relative penalisation of the UV-interfaces, i.e. higher values of $\mu$ and $\zeta$, improves stability. For the bilayer a sufficiently high value of $\zeta$ even guarantees stability in the sense discussed here.


Figure 13: For the plots of $\tilde{\mu}$ we have approximated $\tilde{\chi}$ by $\min _{1 \leq j \leq 100} \underline{\chi}_{j}$


Figure 14: Plot of $\tilde{\mu}$ showing the small-scale oscillations where different Fourier orders become the dominant contributors.

## 5 Green's function on a periodic two-dimensional strip

When computing the first and second variation of $\mathcal{F}$ for monolayers and bilayers in Section 3 we required an explicit formula for the Green's function of $-\Delta$ on $S_{L}$. We now present this Green's function as well as its heuristic derivation.

The main result of this section is the following theorem.
Theorem 5.1. Define $G: S_{L} \backslash\{(0,0)\} \rightarrow \mathbb{R}$ as follows:

$$
\begin{equation*}
G\left(x_{1}, x_{2}\right):=\frac{-1}{4 \pi} \log \left(2 \cosh \left(\frac{2 \pi x_{2}}{L}\right)-2 \cos \left(\frac{2 \pi x_{1}}{L}\right)\right) \tag{28}
\end{equation*}
$$

Then the equation $-\Delta G\left(x_{1}, x_{2}\right)=\delta\left(x_{1}, x_{2}\right)$ is satisfied with periodic boundary conditions $G\left(0, x_{2}\right)=$ $G\left(L, x_{2}\right)$ and $\frac{\partial}{\partial x_{1}} G\left(0, x_{2}\right)=\frac{\partial}{\partial x_{1}} G\left(L, x_{2}\right)$. Writing the Fourier expansion of $G$ in $x_{1}$ gives

$$
\begin{equation*}
G\left(x_{1}, x_{2}\right)=-\frac{1}{2 L}\left|x_{2}\right|+\frac{1}{2 \pi} \sum_{q=1}^{\infty} \frac{1}{q} e^{-2 \pi\left|x_{2}\right| q / L} \cos \left(\frac{2 \pi x_{1} q}{L}\right) . \tag{29}
\end{equation*}
$$

We first present the heuristic method by which we found the Green's function. The proof of Theorem 5.1 is given in Section 5.2.

### 5.1 Heuristic

In this section we give an overview of the method by which we constructed the function $G$ in (28). The calculations in this section are formal, but the method may be applicable to other computations of Green's functions. We proceed along the following steps:
A. Subtract a correction term to avoid blow-up in step D.


Figure 15: For the plots of $\tilde{\zeta}$ we have approximated $\tilde{\zeta}$ by $\max _{1 \leq j \leq 100} \underline{\zeta}_{j}$
B. Fourier transform the equation with respect to the non-periodic variable.
C. Solve the resulting equations.
D. Use contour integration to perform the inverse Fourier transform.
E. Find a closed expression for the Fourier series.

Step A: $L>0$ is assumed fixed. We are looking for a Green's function of $-\Delta$ on $S_{L}$, i.e. a function $s\left(x_{1}, x_{2}\right)$ satisfying

$$
\left\{\begin{array}{l}
-\frac{\partial^{2}}{\partial x_{1}^{2}} s\left(x_{1}, x_{2}\right)-\frac{\partial^{2}}{\partial x_{2}^{2}} s\left(x_{1}, x_{2}\right)=\delta\left(x_{1}, x_{2}\right) \quad \text { on } S_{L}, \\
s\left(0, x_{2}\right)=s\left(L, x_{2}\right), \\
\frac{\partial}{\partial x_{1}} s\left(0, x_{2}\right)=\frac{\partial}{\partial x_{1}} s\left(L, x_{2}\right) .
\end{array}\right.
$$

As it turns out, the singularity in $(0,0)$ is strong enough to cause divergences when we calculate contour integrals later on. In order to perform this integration we renormalise by subtracting a correction term. The function $w\left(x_{1}, x_{2}\right):=s\left(x_{1}, x_{2}\right)-\frac{1}{2 L}\left|x_{2}\right|$ satisfies

$$
\left\{\begin{array}{l}
-\frac{\partial^{2}}{\partial x_{1}^{2}} w\left(x_{1}, x_{2}\right)-\frac{\partial^{2}}{\partial x_{2}^{2}} w\left(x_{1}, x_{2}\right)=\delta\left(x_{1}, x_{2}\right)-\frac{1}{L} \delta\left(x_{2}\right) \quad \text { on } S_{L}, \\
w\left(0, x_{2}\right)=w\left(L, x_{2}\right), \\
\frac{\partial}{\partial x_{1}} w\left(0, x_{2}\right)=\frac{\partial}{\partial x_{1}} w\left(L, x_{2}\right) .
\end{array}\right.
$$

Step B: In what follows we will use the notation from Definition 2.5. $\delta\left(x_{1}, x_{2}\right)-\frac{1}{L} \delta\left(x_{2}\right)$ is a tempered distribution and thus so is $-\frac{\partial^{2}}{\partial x_{1}^{2}} w\left(x_{1}, x_{2}\right)-\frac{\partial^{2}}{\partial x_{2}^{2}} w\left(x_{1}, x_{2}\right)$. We thus can apply the $x_{2}$-Fourier transform

$$
\hat{f}(\alpha):=\frac{1}{\sqrt{2 \pi}} \int_{\mathbb{R}} f\left(x_{2}\right) e^{-i \alpha x_{2}} d x_{2}
$$

to both sides of the equation to yield

$$
-\frac{\partial^{2}}{\partial x_{1}^{2}} \hat{w}\left(x_{1}, \alpha\right)+\alpha^{2} \hat{w}\left(x_{1}, \alpha\right)=\frac{1}{\sqrt{2 \pi}}\left(\delta\left(x_{1}\right)-\frac{1}{L}\right) .
$$

We write the solution as $\sqrt{2 \pi} \hat{w}=g-1 /\left(\alpha^{2} L\right)$, where

$$
\begin{equation*}
\frac{\partial^{2}}{\partial x_{1}^{2}} g\left(x_{1}, \alpha\right)=\alpha^{2} g\left(x_{1}, \alpha\right)-\delta\left(x_{1}\right), \quad g(0, \alpha)=g(L, \alpha), \quad \frac{\partial}{\partial x_{1}} g(0, \alpha)=\frac{\partial}{\partial x_{1}} g(L, \alpha) . \tag{30}
\end{equation*}
$$

Step C: For $g$ we make the Ansatz

$$
g\left(x_{1}, \alpha\right)=A e^{\alpha x_{1}}+B e^{-\alpha x_{1}}+C e^{-\alpha\left|x_{1}\right|} .
$$

Using the distributional derivative

$$
\frac{d^{2}}{d x_{1}^{2}} e^{-\alpha|x|}=\frac{d}{d x}\left(-\alpha e^{-\alpha|x|} \operatorname{sgn}(x)\right)=\alpha^{2} e^{-\alpha|x|}-2 \alpha e^{-\alpha|x|} \delta(x),
$$

leads to

$$
g^{\prime \prime}\left(x_{1}, \alpha\right)=\alpha^{2} A e^{\alpha x_{1}}+\alpha^{2} B e^{-\alpha x_{1}}+\frac{1}{2} \alpha C e^{-\alpha\left|x_{1}\right|}-2 \alpha C \delta\left(x_{1}\right)
$$

From (30) we now read $C=\frac{1}{2} \alpha^{-1}$ and the periodic boundary conditions then give us

$$
\begin{aligned}
& A\left(1-e^{\alpha L}\right)+B\left(1-e^{-\alpha L}\right)=\frac{1}{2 \alpha}\left(e^{-\alpha L}-1\right) \\
& A\left(1-e^{\alpha L}\right)-B\left(1-e^{-\alpha L}\right)=\frac{1}{2 \alpha}\left(-e^{-\alpha L}-1\right)
\end{aligned}
$$

Combining these results in $A=-\frac{1}{2 \alpha}\left(1-e^{\alpha L}\right)^{-1}$ and $B=\frac{1}{2 \alpha} e^{-\alpha L}\left(1-e^{-\alpha L}\right)^{-1}$, which lets us conclude that

$$
g\left(x_{1}, \alpha\right)=\frac{e^{-\alpha L}-1}{2 \alpha(1-\cosh (\alpha L))} \cosh \left(\alpha x_{1}\right)+\frac{1}{2 \alpha} e^{-\alpha\left|x_{1}\right|}
$$

Step D: Since $\sqrt{2 \pi} \hat{w}=g-1 /\left(\alpha^{2} L\right)$ we now need the inverse Fourier transformation of $g-1 /\left(\alpha^{2} L\right)$ to retrieve $w$. Define

$$
h\left(x_{1}, x_{2}, \alpha\right):=\frac{1}{2 \pi}\left(\frac{e^{-\alpha L}-1}{2 \alpha(1-\cosh (\alpha L))} \cosh \left(\alpha x_{1}\right)+\frac{1}{2 \alpha} e^{-\alpha\left|x_{1}\right|}-\frac{1}{\alpha^{2} L}\right) e^{i \alpha x_{2}}
$$

then

$$
w\left(x_{1}, x_{2}\right)=\int_{\mathbb{R}} h\left(x_{1}, x_{2}, \alpha\right) d \alpha
$$

We use countour integration to compute this integral. To this end define the following curves $\gamma_{i}:[0, \pi] \rightarrow \mathbb{C}$, for $r, R>0$ :

$$
\begin{array}{llrl}
\gamma_{1}(t):=R e^{i t}, & \gamma_{2}(t):=R e^{-i t}, & \gamma_{3}(t):=-R+\frac{t}{\pi}(R-r), \\
\gamma_{4}(t):=r+\frac{t}{\pi}(R-r), & \gamma_{5}(t):=-r e^{-i t}, & \gamma_{6}(t):=-r e^{i t}
\end{array}
$$

Then we have to compute

$$
\begin{equation*}
w\left(x_{1}, x_{2}\right)=\lim _{R \rightarrow \infty} \lim _{r \downarrow 0}\left(\int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{3}(t)\right) \gamma_{3}^{\prime}(t) d t+\int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{4}(t)\right) \gamma_{4}^{\prime}(t) d t\right) \tag{31}
\end{equation*}
$$

By the residue theorem we have

$$
\begin{aligned}
& \lim _{R \rightarrow \infty} \lim _{r \downarrow 0} \sum_{i \in\{1,3,4,5\}} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{i}(t)\right) \gamma_{i}^{\prime}(t) d t=2 \pi i \sum_{j} \operatorname{Res}_{h}\left(P_{j}\right), \\
& \lim _{R \rightarrow \infty} \lim _{r \downarrow 0} \sum_{i \in\{2,3,4,6\}} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{i}(t)\right) \gamma_{i}^{\prime}(t) d t=2 \pi i \sum_{j} \operatorname{Res}_{h}\left(P_{j}\right),
\end{aligned}
$$

where $P_{j}$ are the poles of $h$ that lie in open upper half plane and open lower half plane respectively and $\operatorname{Res}_{h}\left(P_{j}\right)$ is the residue of $h$ in $P_{j}$. It will turn out to be convenient to use the contour constructed by concatenating $\gamma_{1}, \gamma_{3}, \gamma_{4}$ and $\gamma_{5}$ in case $x_{2} \geq 0$ and the concatenation of $\gamma_{2}, \gamma_{3}, \gamma_{4}$ and $\gamma_{5}$ if $x_{2}<0$.

As a function of $\alpha, h$ has poles in $\alpha=0$ and as $\cosh (\alpha L)=1$ and simultaneously $\cosh \left(\alpha x_{1}\right) \neq 0$. This translates, via $\cosh (a+i b)=\cosh a \cos b+i \sinh a \sin b$, into $\alpha L=0 \bmod 2 \pi i$. We conclude
that the poles of $h$ lie at $\alpha=0 \bmod \frac{2 \pi i}{L}$. Computing the Laurent series of $h$, for example by using a software package, we find

$$
\begin{equation*}
\operatorname{Res}_{h}(0)=0, \text { and } \forall k \in \mathbb{Z} \backslash\{0\}, \operatorname{Res}_{h}\left(\frac{2 \pi i k}{L}\right)=\frac{-i}{4 \pi^{2} k} e^{\frac{-2 \pi x_{2} k}{L}} \cos \left(\frac{2 \pi k x_{1}}{L}\right) \tag{32}
\end{equation*}
$$

For $x_{2} \geq 0$ we want to compute $\lim _{R \rightarrow \infty} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{1}(t)\right) d t$. First note that for the factor $e^{i R e^{i t} x_{2}}$ in the integrand we have

$$
e^{i R e^{i t} x_{2}}=e^{-R x_{2} \sin t} e^{i R x_{2} \cos t}=\left(\cos \left(R x_{2} \cos t\right)+i \sin \left(R x_{2} \cos t\right)\right) e^{-R x_{2} \sin t}
$$

Now $\cos \left(R x_{2} \cos t\right)$ and $\sin \left(R x_{2} \cos t\right)$ are bounded for $R \rightarrow \infty$ and $\lim _{R \rightarrow \infty} e^{-R x_{2} \sin t}=0$, for $x_{2}>0, t \in(0, \pi)$. We thus have

$$
\begin{align*}
\lim _{R \rightarrow \infty} e^{i R e^{i t} x_{2}} & =0 \text { for } x_{2}>0 \\
\lim _{R \rightarrow \infty} e^{i R e^{i t} x_{2}} & =1 \text { for } x_{2}=0 \tag{33}
\end{align*}
$$

Now we turn our attention to the other factor in integrand. Define, for fixed $x_{1}, L$ and $t$,

$$
k(R):=\frac{\cosh \left(R e^{i t} x_{1}\right)}{1-\cosh \left(R e^{i t} L\right)}\left(e^{-R e^{i t} L}-1\right)+e^{-R e^{i t}\left|x_{1}\right|}
$$

Note that

$$
h\left(x_{1}, x_{2}, \gamma_{1}(t)\right)=\frac{1}{2 \pi R} e^{-i t}\left(k(R)-\frac{1}{L R} e^{-i t}\right) e^{i R e^{i t} x_{2}}
$$

and thus in order to prove that the contribution of the integral over $\gamma_{1}$ goes to zero for $R \rightarrow \infty$, we need to show that $k(R)$ is bounded in the limit.

Because $e^{-R e^{i t}}$ behaves differently for $R \rightarrow \infty$ depending on whether $\cos t$ is positive, zero or negative, we should distinguish three different cases: $t \in\left[0, \frac{\pi}{2}\right), t=\frac{\pi}{2}$ and $t \in\left(\frac{\pi}{2}, \pi\right)$.

For $t \in\left[0, \frac{\pi}{2}\right)$ we compute for every fixed positive $x_{1}$

$$
\lim _{R \rightarrow \infty} e^{-R e^{i t} x_{1}}=0, \quad \lim _{R \rightarrow \infty} \frac{e^{R e^{i t} x_{1}}+e^{-R e^{i t} x_{1}}}{1-\frac{1}{2} e^{R e^{i t} L}-\frac{1}{2} e^{-R e^{i t} L}}=0
$$

which results in $\lim _{R \rightarrow \infty} k(R)=0$.
For $t=\frac{\pi}{2}$ we have $R e^{i t}=i \sin t$, which lets us compute

$$
\begin{aligned}
k(R)= & \frac{-1+\cos (R L \sin t)-i \sin (R L \sin t)}{1-\cos (R L \sin t)} \cos \left(R \sin t x_{1}\right) \\
& +\cos \left(R x_{1} \sin t\right)-i \sin \left(R\left|x_{1}\right| \sin t\right) \\
< & \infty
\end{aligned}
$$

For $t \in\left(\frac{\pi}{2}, \pi\right]$ we compute

$$
\begin{aligned}
k(R) & =e^{-R e^{i t}\left|x_{1}\right|}\left(\frac{\left(1+e^{2 R e^{i t}\left|x_{1}\right|}\right)\left(e^{-R e^{i t} L}-1\right)}{2-e^{R e^{i t} L}-e^{-R e^{i t} L}}+1\right) \\
& =e^{R e^{i t}\left(L-\left|x_{1}\right|\right)} \frac{1+e^{2 R e^{i t} L}}{2 e^{R e^{i t} L}-e^{2 R e^{i t} L}-1}
\end{aligned}
$$

and so $\lim _{R \rightarrow \infty} k(R)=0$.

Combining these results on $k(R)$ with (33) gives, for $x_{2} \geq 0$,

$$
\lim _{R \rightarrow \infty} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{1}(t)\right) \gamma_{1}^{\prime}(t) d t=0
$$

If $x_{2}<0$ we use $\gamma_{2}$ instead of $\gamma_{1}$. We compute

$$
e^{i R e^{-i t} x_{2}}=\left(\cos \left(R x_{2} \cos t\right)+i \sin \left(R x_{2} \cos t\right)\right) e^{R x_{2} \sin t}
$$

and thus

$$
\lim _{R \rightarrow \infty} e^{i R e^{-i t} x_{2}}=0 \text { for } x_{2}<0
$$

Together with the calculations above on $k(R)$ we now conclude that, for $x_{2}<0$,

$$
\lim _{R \rightarrow \infty} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{2}(t)\right) \gamma_{2}^{\prime}(t) d t=0
$$

For $\gamma_{5}$ we first compute

$$
\begin{align*}
\lim _{r \downarrow 0} \frac{1}{2 \pi} \int_{0}^{\pi}\left(2 \gamma_{5}(t)\right)^{-1} e^{-\gamma_{5}(t)\left|x_{1}\right|} e^{i \gamma_{5}(t) x_{2}} \gamma_{5}^{\prime}(t) d t & =\lim _{r \downarrow 0} \frac{1}{4 \pi} \int_{0}^{\pi}-r^{-1} e^{i t} e^{r e^{-i t}\left|x_{1}\right|} e^{-i r e^{-i t} x_{2}} i r e^{-i t} d t \\
& =-\frac{i}{4} \tag{34}
\end{align*}
$$

Furthermore we compute, for example by some software package,

$$
\begin{equation*}
\lim _{r \downarrow 0} \frac{1}{2 \pi} \int_{0}^{\pi}\left(\frac{-i}{2} \frac{e^{r e^{-i t} L}}{1-\cosh \left(r e^{i t} L\right)} \cosh \left(r e^{-i t} x_{1}\right)-\frac{i}{r L} e^{i t}\right) e^{-i r e^{-i t} x_{2}} d t=\frac{i}{4} \tag{35}
\end{equation*}
$$

We add (34) and (35) to arrive at

$$
\lim _{R \rightarrow \infty} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{5}(t)\right) \gamma_{5}^{\prime}(t) d t=0
$$

Performing the analogous calculation for $\gamma_{6}$ we find that the results analogous to (34) and (35) both differ in their overall sign from (34) and (35) and thus we get

$$
\lim _{R \rightarrow \infty} \int_{0}^{\pi} h\left(x_{1}, x_{2}, \gamma_{6}(t)\right) \gamma_{6}^{\prime}(t) d t=0
$$

This is consistent with the fact that the residue of the pole in $\alpha=0$ is zero.
Because the integrals along $\gamma_{1}, \gamma_{2}, \gamma_{5}$ and $\gamma_{6}$ all vanish, we use (31) and (32) to conclude

$$
s\left(x_{1}, x_{2}\right)=\frac{1}{2 \pi} \sum_{k=1}^{\infty} \frac{1}{k} e^{-\frac{2 \pi\left|x_{2}\right| k}{L}} \cos \left(\frac{2 \pi k x_{1}}{L}\right)-\frac{1}{2 L}\left|x_{2}\right| .
$$

Step E: We now have found a Fourier series expression for $s$. If $x_{2} \neq 0$ we can rewrite this into (28) as follows:

$$
\begin{align*}
\sum_{q=1}^{\infty} \frac{1}{q} e^{-\frac{2 \pi\left|x_{2}\right| q}{L}} \cos \left(\frac{2 \pi q x_{1}}{L}\right) & =\operatorname{Re} \sum_{q=1}^{\infty} \frac{1}{q} e^{\frac{2 \pi}{L}\left(-\left|x_{2}\right|+i x_{1}\right)} \\
& =-\operatorname{Re} \log \left(1-e^{\frac{2 \pi}{L}\left(-\left|x_{2}\right|+i x_{1}\right)}\right) \\
& =-\log \left|1-e^{\frac{2 \pi}{L}\left(-\left|x_{2}\right|+i x_{1}\right)}\right| \\
& =-\frac{1}{2} \log \left(1-2 e^{-\frac{2 \pi\left|x_{2}\right|}{L}} \cos \left(\frac{2 \pi x_{1}}{L}\right)+e^{\frac{-4 \pi\left|x_{2}\right|}{L}}\right) \\
& =-\frac{1}{2} \log \left(2 e^{-\frac{2 \pi\left|x_{2}\right|}{L}}\left(\frac{1}{2} e^{\frac{2 \pi\left|x_{2}\right|}{L}}-\cos \left(\frac{2 \pi x_{1}}{L}\right)+\frac{1}{2} e^{-\frac{2 \pi\left|x_{2}\right|}{L}}\right)\right) \\
& =\frac{\pi}{L}\left|x_{2}\right|-\frac{1}{2} \log \left(2 \cosh \left(\frac{2 \pi\left|x_{2}\right|}{L}\right)-2 \cos \left(\frac{2 \pi x_{1}}{L}\right)\right) \tag{36}
\end{align*}
$$

### 5.2 Proof of Theorem 5.1

We now turn to proving the main result of this section.
Proof of Theorem 5.1. We first prove that $G$, as given in equation (28), satisfies the equation $-\Delta G\left(x_{1}, x_{2}\right)=\delta\left(x_{1}, x_{2}\right)$ in the sense of distributions, i.e. we show that $\forall \phi \in C_{0}^{\infty}\left(S_{L}\right)$,

$$
\int_{S_{L}} G\left(x_{1}, x_{2}\right)(-\Delta \phi)\left(x_{1}, x_{2}\right) d x_{1} d x_{2}=\phi(0,0)
$$

Note that the constant term $-\frac{1}{4 \pi} \log 2$ implicitly present in (28) as the factor 2 in the logarithm is of no importance here and so we will leave it out of subsequent calculations ${ }^{2}$.

We write

$$
\begin{aligned}
\int_{S_{L}} G\left(x_{1}, x_{2}\right)\left(-\Delta \phi\left(x_{1}, x_{2}\right)\right) d \mathcal{L}= & \lim _{\varepsilon \downarrow 0}
\end{aligned} \int_{S_{L} \backslash B(0, \varepsilon)} G\left(x_{1}, x_{2}\right)\left(-\Delta \phi\left(x_{1}, x_{2}\right)\right) d \mathcal{L}, ~\left(\lim _{\varepsilon \downarrow 0}\left(-\int_{\partial B(0, \varepsilon)} G\left(x_{1}, x_{2}\right) \nabla \phi\left(x_{1}, x_{2}\right) \cdot \nu\left(x_{1}, x_{2}\right) d \mathcal{H}^{1}\right)\right.
$$

where $B(0, \varepsilon)$ is the closed ball of radius $\varepsilon$ and with the origin as center. $\nu$ is the unit outward normal to $S_{L} \backslash B(0, \varepsilon)$, which means $\nu$ points into $B(0, \varepsilon)$. Denote the three integrals by $I_{\varepsilon}, J_{\varepsilon}$ and $K_{\varepsilon}$ respectively. The integral $I_{\varepsilon}$ vanishes:

$$
\begin{aligned}
\lim _{\varepsilon \rightarrow 0}\left|I_{\varepsilon}\right| & \leq \lim _{\varepsilon \rightarrow 0}\|\nabla \phi\|_{\infty} \int_{\partial B(0, \varepsilon)}\left|G\left(x_{1}, x_{2}\right)\right| d \mathcal{H}^{1} \\
& =\lim _{\varepsilon \rightarrow 0}\|\nabla \phi\|_{\infty} 2 \pi \varepsilon\left|\log \left(\frac{2 \pi^{2}}{L^{2}}\left(\varepsilon^{2}+\mathcal{O}\left(\varepsilon^{4}\right)\right)\right)\right|=0 .
\end{aligned}
$$

For $J_{\varepsilon}$ we calculate

$$
\nabla G\left(x_{1}, x_{2}\right)=-\frac{1}{2 L}\left[\cosh \left(\frac{2 \pi x_{2}}{L}\right)-\cos \left(\frac{2 \pi x_{1}}{L}\right)\right]^{-1}\binom{\sin \left(\frac{2 \pi x_{1}}{L}\right)}{\sinh \left(\frac{2 \pi x_{2}}{L}\right)}
$$

For notational convenience we will write $C\left(x_{1}, x_{2}\right):=\cosh \left(\frac{2 \pi x_{2}}{L}\right)-\cos \left(\frac{2 \pi x_{1}}{L}\right)$. Then we can compute that at $\left(x_{1}, x_{2}\right) \neq(0,0)$

$$
\begin{aligned}
\frac{\partial^{2}}{\partial x_{1}^{2}} G\left(x_{1}, x_{2}\right) & =\frac{\pi}{L^{2}}\left(C\left(x_{1}, x_{2}\right)^{-2} \sin ^{2}\left(\frac{2 \pi x_{1}}{L}\right)-C\left(x_{1}, x_{2}\right)^{-1} \cos \left(\frac{2 \pi x_{1}}{L}\right)\right) \\
\frac{\partial^{2}}{\partial x_{2}^{2}} G\left(x_{1}, x_{2}\right) & =\frac{\pi}{L^{2}}\left(C\left(x_{1}, x_{2}\right)^{-2} \sinh ^{2}\left(\frac{2 \pi x_{2}}{L}\right)-C\left(x_{1}, x_{2}\right)^{-1} \cosh \left(\frac{2 \pi x_{2}}{L}\right)\right),
\end{aligned}
$$

which gives $\Delta G\left(x_{1}, x_{2}\right)=0$, from which it follows that $\forall \varepsilon>0, J_{\varepsilon}=0$.
To determine $\lim _{\varepsilon \rightarrow 0} K_{\varepsilon}$ we approximate $G$ by $G_{\mathbb{R}^{2}}\left(x_{1}, x_{2}\right)=-(4 \pi)^{-1} \log \left(x_{1}^{2}+x_{2}^{2}\right)$, the Green's function of $-\Delta$ on $\mathbb{R}^{2}$. Estimating the difference on $\partial B(0, \varepsilon)$ by

$$
\begin{aligned}
\left|\nabla G\left(x_{1}, x_{2}\right)-\nabla G_{\mathbb{R}^{2}}\left(x_{1}, x_{2}\right)\right| & =\left|-\frac{1}{2 L} \frac{\frac{2 \pi x_{1}}{L} \vec{e}_{1}+\frac{2 \pi x_{2}}{L} \vec{e}_{2}+\mathcal{O}\left(\left(x_{1}^{2}+x_{2}^{2}\right)^{3 / 2}\right)}{\frac{2 \pi^{2}}{L^{2}}\left(x_{1}^{2}+x_{2}^{2}\right)+\mathcal{O}\left(\left(x_{1}^{2}+x_{2}^{2}\right)^{2}\right)}+\frac{1}{2 \pi} \frac{x_{1} \vec{e}_{1}+x_{2} \vec{e}_{2}}{x_{1}^{2}+x_{2}^{2}}\right| \\
& =\mathcal{O}\left(\left(x_{1}^{2}+x_{2}^{2}\right)^{1 / 2}\right) \quad \text { as } x_{1}^{2}+x_{2}^{2}=\varepsilon^{2} \rightarrow 0,
\end{aligned}
$$

[^2]we calculate
\[

$$
\begin{aligned}
\lim _{\varepsilon \rightarrow 0} K_{\varepsilon}= & \lim _{\varepsilon \rightarrow 0} \int_{\partial B(0, \varepsilon)} \nabla\left(G\left(x_{1}, x_{2}\right)-G_{\mathbb{R}^{2}}\left(x_{1}, x_{2}\right)\right) \cdot \nu\left(x_{1}, x_{2}\right) \phi\left(x_{1}, x_{2}\right) d \mathcal{H}^{1} \\
& +\lim _{\varepsilon \rightarrow 0} \int_{\partial B(0, \varepsilon)} \nabla G_{\mathbb{R}^{2}}\left(x_{1}, x_{2}\right) \cdot \nu\left(x_{1}, x_{2}\right) \phi\left(x_{1}, x_{2}\right) d \mathcal{H}^{1} \\
=0 & +\lim _{\varepsilon \rightarrow 0} \frac{1}{2 \pi} \int_{\partial B(0, \varepsilon)} \frac{x_{1} \vec{e}_{1}+x_{2} \vec{e}_{2}}{x_{1}^{2}+x_{2}^{2}} \cdot \frac{x_{1} \vec{e}_{1}+x_{2} \vec{e}_{2}}{\left(x_{1}^{2}+x_{2}^{2}\right)^{1 / 2}} \phi\left(x_{1}, x_{2}\right) d \mathcal{H}^{1}=\phi(0,0) .
\end{aligned}
$$
\]

Taking these results together shows that $\lim _{\varepsilon \downarrow 0}\left(I_{\varepsilon}+J_{\varepsilon}+K_{\varepsilon}\right)=\phi(0,0)$ and thus $-\Delta G=\delta$ holds in the sense of distributions.

To prove that the Fourier series in (29) corresponds to the Green's function (28), let $G$ be given by (28) and $\tilde{G}$ by (29). Note that for every $x_{2} \neq 0$ the series converges absolutely:

$$
\sum_{q=1}^{\infty}\left|\frac{1}{q} e^{-\frac{2 \pi\left|x_{2}\right| q}{L}} \cos \left(\frac{2 \pi x_{1} q}{L}\right)\right| \leq \sum_{q=1}^{\infty}\left(e^{-\frac{2 \pi\left|x_{2}\right|}{L}}\right)^{q}=\frac{e^{-\frac{2 \pi\left|x_{2}\right|}{L}}}{1-e^{-\frac{2 \pi\left|x_{2}\right|}{L}}},
$$

so that by the calculation of (36) the partial sums $\sum_{q=1}^{\ell} \frac{1}{q} e^{-\frac{2 \pi\left|x_{2}\right| q}{L}} \cos \left(\frac{2 \pi q x_{1}}{L}\right)$ converge pointwise to $G\left(x_{1}, x_{2}\right)$ for almost all $\left(x_{1}, x_{2}\right) \in S_{L}$. Since the partial sums are all bounded by the $L^{1}$-function on the right hand side of (36) the Dominated Convergence Theorem yields $\tilde{G} \in L^{1}\left(S_{L}\right)$. Together with $G=\tilde{G}$ a.e. on $S_{L}$ this shows that $G=\tilde{G}$ in $L^{1}\left(S_{L}\right)$.

Remark 5.2. The Green's function from theorem 5.1 is not uniquely determined. Adding a term $a x_{2}+b$ to $G\left(x_{1}, x_{2}\right)$ for $a, b \in \mathbb{R}$ again yields a solution of the desired equations. Also note that $G\left(-x_{1}, x_{2}\right)=G\left(x_{1}, x_{2}\right)$ and $G\left(x_{1},-x_{2}\right)=G\left(x_{1}, x_{2}\right)$.

Corollary 5.3. Let $G$ be as in (29) and let $x_{2} \in \mathbb{R} \backslash\{0\}$. Then

$$
\int_{0}^{L} G\left(x_{1}, x_{2}\right) d x_{1}=-\frac{1}{2}\left|x_{2}\right| .
$$

Proof. For all $q \geq 1$,

$$
\int_{0}^{L} \cos \left(\frac{2 \pi q x_{1}}{L}\right) d x_{1}=0
$$

## 6 Discussion and conclusions

### 6.1 Comparing mono- and bilayers

In this paper we showed that bilayers can be both stable and unstable, depending on the parameters: when the U-V interface penalty is strong enough, relative to the penalties of the other interfaces, the bilayer is stable. On the other hand, monolayers are unstable as soon as the strip is wide enough to accomodate the unstable wavelengths, regardless of the values of the interface penalization.

The bilayer can be thought of as two juxtaposed monolayers, and therefore the question presents itself how the unstable mode of the monolayer is prevented in the bilayer context. The correct answer seems to be that the unstable mode is actually not prevented at all; it continues to exist in the context of the bilayer, as can be witnessed in Figures 5a and (especially) 7b.

The reason why this unstable mode does not make every bilayer unstable lies in the admissible values of the coefficients, which are different in the two cases. For the VUV bilayer, for instance, the value of the U-0 interface penalty $d_{u 0}$ is irrelevant; therefore, by choosing $d_{u 0}:=d_{v 0}+$
$d_{u v}$, every choice of $d_{u v}$ and $d_{v 0}$ becomes admissible, and most importantly, the case of purely U-V penalization $\left(\zeta \approx 1\right.$, or $\left.d_{v 0} \approx 0\right)$ is therefore allowed. For the monolayer, however, the conditions (4) imply that the two side interfaces ( $0-\mathrm{U}$ and $\mathrm{V}-0$ ) are necessarily penalised at least half as strongly as the central (U-V) interface. Most of the white (stable) region in Figure 12b therefore is inaccessible, and only the unstable region remains.

### 6.2 Comparison with [32]

In previous work ([32]), one of the authors (Peletier) and Röger studied a related functional,

$$
\mathcal{G}_{\varepsilon}(u, v):= \begin{cases}\varepsilon \int_{\mathbb{R}^{2}}|\nabla u|+\frac{1}{\varepsilon} d_{1}(u, v) & \text { if }(u, v) \in \mathcal{K}_{\varepsilon}  \tag{37}\\ \infty & \text { otherwise }\end{cases}
$$

Here $d_{1}(\cdot, \cdot)$ is the Monge-Kantorovich distance with cost function $c(x, y)=|x-y|$ and

$$
\mathcal{K}_{\varepsilon}:=\left\{(u, v) \in \operatorname{BV}\left(\mathbb{R}^{2} ;\{0,1 / \varepsilon\}\right)^{2}: u v=0 \text { a.e., and } \int_{\mathbb{R}^{2}} u=\int_{\mathbb{R}^{2}} v=M\right\}
$$

Apart from the choices $c_{0}=c_{v}=0$ and $c_{u}=1$, the main difference between $\mathcal{F}$ and (37) is the different non-local term.

The scaling (constant mass but increasing amplitude $1 / \varepsilon$ ) implies that the supports of $u$ and $v$ shrink to zero measure. The main goal in [32] was to investigate the limit $\varepsilon \rightarrow 0$ and characterise the limiting structures and their energy.

The main result, a Gamma-convergence theorem, can be interpreted as stating-in a very weak sense - that the limiting structures are VUV-bilayers; in the limit $\varepsilon \rightarrow 0$ these bilayers have a thickness equal to $4 \varepsilon$ and their curvature is bounded in $L^{2}$. Most importantly, in connection with the present paper, the limit energy depends on the curvature in a stable way: the energy is minimal for straight bilayers and increases with curvature.

This result compares well with the results of this paper. The functional $\mathcal{G}_{\varepsilon}$ of [32] penalises only U-V and U-0 interfaces; the V-0 interface is free, or in terms of this paper $\zeta=1$. Both in [32] and in the present paper we therefore find that bilayers of optimal width are stable, although the precise results and their methods of proof are very different.

### 6.3 Comparison with 'wriggled lamellar' solutions

In a series of papers $[28,35,36]$ Muratov and Ren \& Wei investigate the stability of one-dimensional layered (lamellar) structures for copolymer melts-the case $u+v \equiv 1$. They find that for a critical value of the lamellar spacing the straight lamellar structures become unstable and a stable branch of curved, 'wriggled' lamellar structures bifurcates. Muratov considers unbounded domains and finds that the loss of stability happens at exactly the optimal value of the width: for any larger value of the width unstable directions exist with very large wavelength. Ren and Wei consider bounded domains, which provides a natural limit on the wavelength of perturbations, and consequently they find that the at the optimal width the straight lamellar structures are stable, and the bifurcation occurs at slightly larger width.

The system studied in this paper is different in that there are three types of interfaces, not one; for comparison purposes one can identify the pure-melt case described above with the case of pure U-V interface penalization for bilayers $(\zeta=1)$. In this case the bilayer of optimal width is stable, and this result mirrors the stability result of Ren and Wei for optimal-width lamellar structures.

### 6.4 Generalizations and extensions

One might wonder whether the functional $\mathcal{F}$ depends in a smooth manner on the perturbations. The calculation of the second derivative of the functional in the melt case done by Choksi and

Sternberg [9] suggests that the second derivative of $\mathcal{F}$ depends continuously on $W^{1,2}$-regular perturbations of the interfaces. In that case the functional $\mathcal{F}$ is of class $C^{2}$, and the linear stability analysis of the current paper automatically implies the equivalent nonlinear stability properties.

One can also wonder whether the class of perturbations that are considered-those described by functions of the variable $x_{1} \in \mathbb{T}_{L}$-is not too restrictive. The class of all perturbations that are small in $L^{1}$, for instance, also includes many perturbations with small inclusions of one phase in another, which are not covered here. We believe that these will generally be less advantageous, since the results of this paper show that perturbations with fast oscillations are energetically expensive. The same conclusion can be reached by a slightly different, heuristic argument as follows. Within the class of uniformly bounded functions the $H^{-1}$-norm is continuous with respect to the $L^{1}$ topology, and therefore to the area of the inclusion; for small inclusions, with a large circumference-to-area ratio, a possible decrease in the $H^{-1}$-norm is therefore dwarfed by the increase in interfacial length associated with such an inclusion.

Note that the problem has not completely been non-dimensionalised; it is possible to rescale the problem by the length scale $L$, resulting in a three-parameter problem (in the rescaled parameters $c_{0}, c_{u}$, and $c_{v}$ ). Instead we keep the length scale explicitly in the problem to illustrate the lengthscale dependence of the stability properties.

## A Relevance of energy per unit mass for partial localization

Throughout this paper we concentrate on layered structures with a specific width: the width that minimises the ratio of (one-dimensional) energy to (one-dimensional) mass. The origin for this choice lies in our interest in partially localised structures, as we now explain.

Since we are interested in long thin structures, we might first ask ourself the question what minimisers of $\mathcal{F}$ on the full domain $\mathbb{R}^{2}$ look like if we restrict the admissible functions to be rectangles with a fixed mass, oriented such that the long axis is parallel to the $x_{1}$-axis.

If the rectangle has a large aspect ratio, the structure is roughly constant in the $x_{1}$-direction. We can interpret the rectangle then as a one-dimensional structure in the $x_{2}$-direction, extended trivially in the $x_{1}$-direction and cut off at a certain length, $a$. In [16] it is proven that for such a trivially extended one-dimensional structure the energy $\mathcal{F}$ per mass $\mathcal{M}$ is approximately equal to the one-dimensional energy $F_{1}$ per mass of the cross-section $M_{1}$ :

$$
\frac{\mathcal{F}}{\mathcal{M}}=\frac{F_{1}}{M_{1}}+O(1 / a), \text { for } a \rightarrow \infty
$$

Put differently: although the energy depends on the structure in a nonlocal manner, for large mass (i.e. long rectangles) the energy is essentially equal to the one-dimensional energy of the cross-section times the length of the rectangle. Effects near the cut off points are less important.

This implies that the miminiser of $\mathcal{F}$ in the class of rectangles with large constrained mass should have a thickness $M_{1}$ such that $F_{1} / M_{1}$ is minimal. Also when studying the stability of layered structures, it thus makes sense to concentrate on structures of optimal width, in the sense as described above.

In a monolayer of optimal width the U- and V-layers both have width [16]

$$
\delta_{m}:=\left(\frac{3}{2}\right)^{1 / 3}\left(c_{0}+c_{u}+c_{v}\right)^{1 / 3}
$$

while for the bilayer the thickness of the inner layer is

$$
2 \delta_{b}:=6^{1 / 3}\left(c_{0}+c_{u}+2 c_{v}\right)^{1 / 3}(\mathrm{VUV}) \quad \text { or } \quad 2 \delta_{b}:=6^{1 / 3}\left(c_{0}+2 c_{u}+c_{v}\right)^{1 / 3}(\mathrm{UVU}) .
$$

## B Relevance of the choice $c_{u}=c_{v}$ for monolayers

The choice $c_{u}=c_{v}$ for monolayers is similarly inspired by our interest in partial localization and more or less forced upon us by the periodicity in the $x_{1}$-direction. If the $\mathrm{U}-0$ and $\mathrm{V}-0$ interfaces
are penalised unequally, then a monolayer structure in $\mathbb{R}^{2}$ likely will tend to curve, in order to reduce the length of the 'expensive' interface at the expense of the 'cheap' interface.

When $c_{u} \neq c_{v}$, therefore, a straight monolayer is not even stationary under perturbations that allow for curving of the whole monolayer. The setup in the context of the strip $S_{L}$ disallows such curving over the whole length of the layer because of the periodicity in the $x_{1}$-direction. Therefore this instationarity is rendered invisible on $S_{L}$. However, with our interest in partial localisation in mind we make the choice $c_{u}=c_{v}$ throughout this paper.

## C Proof of Theorem 3.5

For the interfacial terms we directly compute from (8)

$$
\begin{align*}
&\left.\frac{d^{2}}{d \varepsilon^{2}}\left(c_{0} \int_{S_{L}}\left|\nabla\left(u_{\varepsilon}+v_{\varepsilon}\right)\right|+c_{u} \int_{S_{L}}\left|\nabla u_{\varepsilon}\right|+c_{v} \int_{S_{L}}\left|\nabla v_{\varepsilon}\right|\right)\right|_{\varepsilon=0}= \\
& \int_{0}^{L}\left(d_{u v}\left[{p_{1}^{\prime}}^{2}+{p_{3}^{\prime}}^{2}\right]+d_{v 0}\left[{p_{2}^{\prime}}^{2}+{p_{4}^{\prime}}^{2}\right]\right) d x \tag{38}
\end{align*}
$$

In order to compute $\left.\frac{d^{2}}{d \varepsilon^{2}}\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}\right|_{\varepsilon=0}$ we split up the norm as follows:

$$
\begin{equation*}
\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}=\int_{0}^{L} \int_{0}^{L} f_{\varepsilon}\left(x_{1}, \xi_{1}\right) d \xi_{1} d x_{1} \tag{39}
\end{equation*}
$$

where

$$
\begin{align*}
& f_{\varepsilon}\left(x_{1}, \xi_{1}\right):= \\
& \quad \int_{-2 \delta_{b}-\varepsilon p_{4}\left(x_{1}\right)}^{-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)} \int_{-2 \delta_{b}-\varepsilon p_{4}\left(\xi_{1}\right)}^{-\delta_{b}-\varepsilon p_{3}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2}+\int_{-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)}^{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)} \int_{-\delta_{b}-\varepsilon p_{3}\left(\xi_{1}\right)}^{\delta_{b}+\varepsilon p_{1}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2} \\
& +\int_{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)}^{2 \delta_{b}+\varepsilon p_{2}\left(x_{1}\right)} \int_{\delta_{b}+\varepsilon p_{1}\left(\xi_{1}\right)}^{2 \delta_{b}+\varepsilon p_{2}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2} \\
& -2 \int_{-\delta_{b}-\varepsilon p_{3}\left(x_{1}\right)}^{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)} \int_{-2 \delta_{b}-\varepsilon p_{4}\left(\xi_{1}\right)}^{-\delta_{b}-\varepsilon p_{3}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2}-2 \int_{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)}^{2 \delta_{b}+\varepsilon p_{2}\left(x_{1}\right)} \int_{-\delta_{b}-\varepsilon p_{3}\left(\xi_{1}\right)}^{\delta_{b}+\varepsilon p_{1}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2} \\
& +2 \int_{\delta_{b}+\varepsilon p_{1}\left(x_{1}\right)}^{2 \delta_{b}+\varepsilon p_{2}\left(x_{1}\right)} \int_{-2 \delta_{b}-\varepsilon p_{4}\left(\xi_{1}\right)}^{-\delta_{b}-\varepsilon p_{3}\left(\xi_{1}\right)} G(x-\xi) d \xi_{2} d x_{2} \tag{40}
\end{align*}
$$

We compute now one of these terms in its general form. Let $n_{1}, n_{2}, n_{3}, n_{4} \in\{-2,-1,1,2\}$, $r_{1}, r_{2} \in\left\{p_{1}\left(x_{1}\right), p_{2}\left(x_{1}\right),-p_{3}\left(x_{1}\right),-p_{4}\left(x_{1}\right)\right\}$ and $r_{3}, r_{4} \in\left\{p_{1}\left(\xi_{1}\right), p_{2}\left(\xi_{1}\right),-p_{3}\left(\xi_{1}\right),-p_{4}\left(\xi_{1}\right)\right\}$, then we want to compute

$$
I=\left.\frac{d^{2}}{d \varepsilon^{2}} \int_{n_{1} \delta_{b}+\varepsilon r_{1}}^{n_{2} \delta_{b}+\varepsilon r_{2}} \int_{n_{3} \delta_{b}+\varepsilon r_{3}}^{n_{4} \delta_{b}+\varepsilon r_{4}} G\left(\cdot, x_{2}-\xi_{2}\right) d \xi_{2} d x_{2}\right|_{\varepsilon=0}
$$

We can split up the integral over $\left[n_{1} \delta_{b}+\varepsilon r_{1}, n_{2} \delta_{b}+\varepsilon r_{2}\right] \times\left[n_{3} \delta_{b}+\varepsilon r_{3}, n_{4} \delta_{b}+\varepsilon r_{4}\right]$ into nine integrals over the domains

$$
\begin{aligned}
& {\left[n_{2} \delta_{b}, n_{2} \delta_{b}+\varepsilon r_{2}\right] \times\left[n_{3} \delta_{b}+\varepsilon r_{3}, n_{3} \delta_{b}\right],} \\
& {\left[n_{2} \delta_{b}, n_{2} \delta_{b}+\varepsilon r_{2}\right] \times\left[n_{4} \delta_{b}, n_{4} \delta_{b}+\varepsilon r_{4}\right],} \\
& {\left[n_{1} \delta_{b}, n_{2} \delta_{b}\right] \times\left[n_{3} \delta_{b}, n_{4} \delta_{b}\right],} \\
& {\left[n_{1} \delta_{b}+\varepsilon r_{1}, n_{1} \delta_{b}\right] \times\left[n_{3} \delta_{b}+\varepsilon r_{3}, n_{3} \delta_{b}\right],} \\
& {\left[n_{1} \delta_{b}+\varepsilon r_{1}, n_{1} \delta_{b}\right] \times\left[n_{4} \delta_{b}, n_{4} \delta_{b}+\varepsilon r_{4}\right] .}
\end{aligned}
$$

$$
\begin{aligned}
& {\left[n_{2} \delta_{b}, n_{2} \delta_{b}+\varepsilon r_{2}\right] \times\left[n_{3} \delta_{b}, n_{4} \delta_{b}\right],} \\
& {\left[n_{1} \delta_{b}, n_{2} \delta_{b}\right] \times\left[n_{3} \delta_{b}+\varepsilon r_{3}, n_{3} \delta_{b}\right],} \\
& {\left[n_{1} \delta_{b}, n_{2} \delta_{b}\right] \times\left[n_{4} \delta_{b}, n_{4} \delta_{b}+\varepsilon r_{4}\right],} \\
& {\left[n_{1} \delta_{b}+\varepsilon r_{1}, n_{1} \delta_{b}\right] \times\left[n_{3} \delta_{b}, n_{4} \delta_{b}\right],}
\end{aligned}
$$

We compute two of these integrals. The others are computed in a similar vein. $G_{2}$ denotes the partial derivative of $G$ with respect its second argument.

$$
\begin{aligned}
& \left.\frac{d^{2}}{d \varepsilon^{2}} \int_{n_{2} \delta_{b}}^{n_{2} \delta_{b}+\varepsilon r_{2}} \int_{n_{3} \delta_{b}+\varepsilon r_{3}}^{n_{3} \delta_{b}} G\left(\cdot, x_{2}-\xi_{2}\right) d \xi_{2} d x_{2}\right|_{\varepsilon=0} \\
= & \left.\frac{d^{2}}{d \varepsilon^{2}} \int_{0}^{r_{2}} \int_{r_{3}}^{0} \varepsilon^{2} G\left(\cdot, \varepsilon\left(\tilde{x}_{2}-\tilde{\xi}_{2}\right)+\left(n_{2}-n_{3}\right) \delta_{b}\right) d \tilde{\xi}_{2} d \tilde{x}_{2}\right|_{\varepsilon=0} \\
= & \left.\frac{d}{d \varepsilon} \int_{0}^{r_{2}} \int_{r_{3}}^{0}\left[2 \varepsilon G\left(\cdot, \varepsilon\left(\tilde{x}_{2}-\tilde{\xi}_{2}\right)+\left(n_{2}-n_{3}\right) \delta_{b}\right)+\varepsilon^{2}\left(\tilde{x}_{2}-\tilde{\xi}_{2}\right) G_{2}\left(\cdot, \varepsilon\left(\tilde{x}_{2}-\tilde{\xi}_{2}\right)+\left(n_{2}-n_{3}\right) \delta_{b}\right)\right] d \tilde{\xi}_{2} d \tilde{x}_{2}\right|_{\varepsilon=0} \\
= & 2 \int_{0}^{r_{2}} \int_{r_{3}}^{0} G\left(\cdot,\left(n_{2}-n_{3}\right) \delta_{b}\right) d \tilde{\xi}_{2} d \tilde{x}_{2} \\
= & -2 r_{2} r_{3} G\left(\cdot,\left(n_{2}-n_{3}\right) \delta_{b}\right) .
\end{aligned}
$$

Another kind of integral we encounter is

$$
\begin{aligned}
& \left.\frac{d^{2}}{d \varepsilon^{2}} \int_{n_{2} \delta_{b}}^{n_{2} \delta_{b}+\varepsilon r_{2}} \int_{n_{3} \delta_{b}}^{n_{4} \delta_{b}} G\left(\cdot, x_{2}-\xi_{2}\right) d \xi_{2} d x_{2}\right|_{\varepsilon=0} \\
= & -\left.\frac{d^{2}}{d \varepsilon^{2}} \int_{0}^{r_{2}} \int_{\left(n_{2}-n_{3}\right) \delta_{b}}^{\left(n_{2}-n_{4}\right) \delta_{b}} \varepsilon G\left(\cdot, \varepsilon \tilde{x}_{2}+\tilde{\xi}_{2}\right) d \tilde{\xi}_{2} d \tilde{x}_{2}\right|_{\varepsilon=0} \\
= & -\left.\frac{d}{d \varepsilon} \int_{0}^{r_{2}} \int_{\left(n_{2}-n_{3}\right) \delta_{b}}^{\left(n_{2}-n_{4}\right) \delta_{b}}\left[G\left(\cdot, \varepsilon \tilde{x}_{2}+\tilde{\xi}_{2}\right)+\varepsilon \tilde{x}_{2} G_{2}\left(\cdot, \varepsilon \tilde{x}_{2}+\tilde{\xi}_{2}\right)\right] d \tilde{\xi}_{2} d \tilde{x}_{2}\right|_{\varepsilon=0} \\
= & -\int_{0}^{r_{2}} \int_{\left(n_{2}-n_{3}\right) \delta_{b}}^{\left(n_{2}-n_{4}\right) \delta_{b}} 2 \tilde{x}_{2} G_{2}\left(\cdot, \tilde{\xi}_{2}\right) d \tilde{\xi}_{2} d \tilde{x}_{2} \\
= & r_{2}^{2}\left(G\left(\left(n_{2}-n_{3}\right) \delta_{b}\right)-G\left(\left(n_{2}-n_{4}\right) \delta_{b}\right)\right) .
\end{aligned}
$$

Combining all integrals we find

$$
\begin{aligned}
I & =-2 r_{2} r_{3} G\left(\cdot,\left(n_{2}-n_{3}\right) \delta_{b}\right)+r_{2}^{2}\left(G\left(\cdot,\left(n_{2}-n_{3}\right) \delta_{b}\right)-G\left(\cdot,\left(n_{2}-n_{4}\right) \delta_{b}\right)\right)+2 r_{2} r_{4} G\left(\cdot,\left(n_{2}-n_{4}\right) \delta_{b}\right) \\
& +r_{3}^{2}\left(G\left(\cdot,\left(n_{2}-n_{3}\right) \delta_{b}\right)-G\left(\cdot,\left(n_{1}-n_{3}\right) \delta_{b}\right)\right)-r_{4}^{2}\left(G\left(\cdot,\left(n_{2}-n_{4}\right) \delta_{b}\right)-G\left(\cdot,\left(n_{1}-n_{4}\right) \delta_{b}\right)\right) \\
& +2 r_{1} r_{3} G\left(\cdot,\left(n_{1}-n_{3}\right) \delta_{b}\right)+r_{1}^{2}\left(G\left(\cdot,\left(n_{1}-n_{4}\right) \delta_{b}\right)-G\left(\cdot,\left(n_{1}-n_{3}\right) \delta_{b}\right)\right)-2 r_{1} r_{4} G\left(\cdot,\left(n_{1}-n_{4}\right) \delta_{b}\right)
\end{aligned}
$$

Applying this result to (40) while keeping in mind that $G\left(\cdot,-x_{2}\right)=G\left(\cdot, x_{2}\right)$, we find

$$
\begin{aligned}
f_{\varepsilon}\left(x_{1}, \xi_{1}\right)= & {\left[-8 p_{1}^{2}\left(x_{1}\right)+8 p_{1}\left(x_{1}\right) p_{1}\left(\xi_{1}\right)-2 p_{2}^{2}\left(x_{1}\right)+2 p_{2}\left(x_{1}\right) p_{2}\left(\xi_{1}\right)\right.} \\
& \left.-8 p_{3}^{2}\left(x_{1}\right)+8 p_{3}\left(x_{1}\right) p_{3}\left(\xi_{1}\right)-2 p_{4}^{2}\left(x_{1}\right)+2 p_{4}\left(x_{1}\right) p_{4}\left(\xi_{1}\right)\right] G\left(x_{1}-\xi_{1}, 0\right) \\
+ & {\left[4 p_{1}\left(x_{1}\right)-8 p_{1}\left(x_{1}\right) p_{2}\left(\xi_{1}\right)+4 p_{2}^{2}\left(x_{1}\right)+4 p_{3}^{2}\left(x_{1}\right)-8 p_{3}\left(x_{1}\right) p_{4}\left(\xi_{1}\right)+4 p_{4}^{2}\left(x_{1}\right)\right] G\left(x_{1}-\xi_{1}, \delta_{b}\right) } \\
+ & {\left[8 p_{1}^{2}\left(x_{1}\right)+16 p_{1}\left(x_{1}\right) p_{3}\left(\xi_{1}\right)+8 p_{3}^{2}\left(x_{1}\right)\right] G\left(x_{1}-\xi_{1}, 2 \delta_{b}\right) } \\
+ & {\left[-4 p_{1}^{2}\left(x_{1}\right)-4 p_{2}^{2}\left(x_{1}\right)-8 p_{2}\left(x_{1}\right) p_{3}\left(\xi_{1}\right)-4 p_{3}^{2}\left(x_{1}\right)=8 p_{1}\left(x_{1}\right) p_{4}\left(\xi_{1}\right)-4 p_{4}^{2}\left(\xi_{1}\right)\right] G\left(x_{1}-\xi_{1}, 3 \delta_{b}\right) } \\
+ & {\left[2 p_{2}^{2}\left(x_{1}\right)+4 p_{2}\left(x_{1}\right) p_{4}\left(\xi_{1}\right)+2 p_{4}^{2}\left(x_{1}\right)\right] G\left(x_{1}-\xi_{1}, 4 \delta_{b}\right), }
\end{aligned}
$$

where we have used that in (39) the integrations over $x_{1}$ and $\xi_{1}$ are indistinguishable.
Note that for $\xi \in \mathbb{T}_{L}, r \in \mathbb{R}$

$$
\int_{0}^{L} G(x-\xi, r) d x=\int_{0}^{L} G(x, r) d x=-\frac{1}{2}|r| .
$$

Using this, as well as Parseval's Theorem (Theorem 2.8 and Corollary 2.9) and the equality $\overline{\hat{G}(q, r)}=\hat{G}(q, r)$ for $r \in \mathbb{R}$, we find

$$
\begin{align*}
\left.\frac{d^{2}}{d \varepsilon^{2}}\left\|u_{\varepsilon}-v_{\varepsilon}\right\|_{H^{-1}\left(S_{L}\right)}^{2}\right|_{\varepsilon=0}= & -4 \delta_{b} \sum_{q \in \mathbb{Z}}\left(\left|\hat{p}_{1}(q)\right|^{2}+\left|\hat{p}_{3}(q)\right|^{2}\right) \\
& +L^{\frac{1}{2}} \sum_{q \in \mathbb{Z}}
\end{aligned} \begin{aligned}
& \left\{8\left|\hat{p}_{1}(q)\right|^{2}+2\left|\hat{p}_{2}(q)\right|^{2}+8\left|\hat{p}_{3}(q)\right|^{2}+2\left|\hat{p}_{4}(q)\right|^{2}\right\} \hat{G}(q, 0) \\
& -8\left\{\hat{p}_{1}(q) \overline{\hat{p}_{2}}(q)+\hat{p}_{3}(q) \overline{\hat{p}_{4}}(q)\right\} \hat{G}\left(q, \delta_{b}\right) \\
& +16 \hat{p}_{1}(q) \hat{p}_{3}(q) \hat{G}\left(q, 2 \delta_{b}\right) \\
& -8\left\{\hat{p}_{2}(q) \overline{\hat{p}_{3}}(q)+\hat{p}_{1}(q) \overline{\hat{p}_{4}}(q)\right\} \hat{G}\left(q, 3 \delta_{b}\right) \\
& \left.+4 \hat{p}_{2}(q) \overline{\hat{p}_{4}}(q) \hat{G}\left(q, 4 \delta_{b}\right)\right] \tag{41}
\end{align*}
$$

Adding the results (38) and (41), we get

$$
\begin{aligned}
\left.\frac{d^{2}}{d \varepsilon^{2}} \mathcal{F}\left(u_{\varepsilon}, v_{\varepsilon}\right)\right|_{\varepsilon=0}= & \int_{0}^{L}\left(d_{u v}\left[{p_{1}^{\prime}}_{1}^{2}+{p_{3}^{\prime}}^{2}\right]+d_{v 0}\left[p_{2}^{\prime 2}+{p_{4}^{\prime}}^{2}\right]\right) d x \\
+ & \sqrt{L} \sum_{q \in \mathbb{Z}}\left[\left\{8\left|\hat{p}_{1}(q)\right|^{2}+2\left|\hat{p}_{2}(q)\right|^{2}+8\left|\hat{p}_{3}(q)\right|^{2}+2\left|\hat{p}_{4}(q)\right|^{2}\right\} \hat{G}(q, 0)\right. \\
& -8\left\{\hat{p}_{1}(q) \overline{\hat{p}_{2}}(q)+\hat{p}_{3}(q) \overline{\hat{p}_{4}}(q)\right\} \hat{G}\left(q, \delta_{b}\right) \\
& +16 \hat{p}_{1}(q) \overline{\hat{p}_{3}}(q) \hat{G}\left(q, 2 \delta_{b}\right) \\
& -8\left\{\hat{p}_{2}(q) \hat{p}_{3}(q)+\hat{p}_{1}(q) \overline{\hat{p}_{4}}(q)\right\} \hat{G}\left(q, 3 \delta_{b}\right) \\
& \left.+4 \hat{p}_{2}(q) \overline{\hat{p}_{4}}(q) \hat{G}\left(q, 4 \delta_{b}\right)\right]
\end{aligned}
$$

Because we have, for all $q, \tilde{q} \in \mathbb{N}$,

$$
\begin{aligned}
& \frac{2}{L} \int_{0}^{L} \sin \left(\frac{2 \pi x q}{L}\right) \sin \left(\frac{2 \pi x \tilde{q}}{L}\right) d x=\frac{2}{L} \int_{0}^{L} \cos \left(\frac{2 \pi x q}{L}\right) \cos \left(\frac{2 \pi x \tilde{q}}{L}\right) d x=\delta_{q \tilde{q}} \\
& \frac{2}{L} \int_{0}^{L} \sin \left(\frac{2 \pi x q}{L}\right) \cos \left(\frac{2 \pi x \tilde{q}}{L}\right) d x=0
\end{aligned}
$$

the integral over the derivatives in the second variation gives us

$$
\begin{aligned}
\sum_{j=1}^{\infty}\left(\frac{2 \pi j}{L}\right)^{2} & {\left[d_{u v}\left\{\left(a_{1, j}\right)^{2}+\left(a_{3, j}\right)^{2}+\left(b_{1, j}\right)^{2}+\left(b_{3, j}\right)^{2}\right\}\right.} \\
& \left.+d_{v 0}\left\{\left(a_{2, j}\right)^{2}+\left(a_{4, j}\right)^{2}+\left(b_{2, j}\right)^{2}+\left(b_{4, j}\right)^{2}\right\}\right]
\end{aligned}
$$

Because $p$ is $\mathbb{R}^{4}$-valued, $\overline{\hat{p}}(q)=\hat{p}(-q)$. Furthermore $\hat{G}\left(-q, x_{2}\right)=\hat{G}\left(q, x_{2}\right)$ by equation (28). This enables us to write terms as follows, for $k, l \in\{1,2,3,4\}$ :

$$
\sum_{q \in \mathbb{Z}} \hat{p}_{k}(q) \overline{\hat{p}_{l}(q)} \hat{G}\left(q, x_{2}\right)=\hat{p}_{k}(0) \hat{p}_{l}(0) \hat{G}\left(0, x_{2}\right)+2 \operatorname{Re} \sum_{q=1}^{\infty} \hat{p}_{k}(q) \overline{\hat{p}_{l}(q)} \hat{G}\left(q, x_{2}\right)
$$

Note that, for $k \in\{1,2,3,4\}, q \in \mathbb{Z} \backslash\{0\}$, we have $\hat{p}_{k}(q)=\frac{1}{\sqrt{2}}\left(a_{q}^{(k)}-i b_{q}^{(k)}\right)$ and $\overline{\hat{p}_{k}(q)}=$ $\frac{1}{\sqrt{2}}\left(a_{q}^{(k)}+i b_{q}^{(k)}\right)$ and thus $(l \in\{1,2,3,4\})$ :

$$
\operatorname{Re} \hat{p}_{k}(q) \overline{\hat{p}_{l}(q)}=\frac{1}{2}\left(a_{q}^{(k)} a_{q}^{(l)}+b_{q}^{(k)} b_{q}^{(l)}\right)
$$

From the Fourier series (29) we get furthermore that

$$
\begin{aligned}
& \hat{G}\left(0, x_{2}\right)=-\frac{1}{2 \sqrt{L}}\left|x_{2}\right| \\
& \hat{G}\left(q, x_{2}\right)=\frac{\sqrt{L}}{4 \pi q} e^{-2 \pi\left|x_{2}\right| q / L}, \text { for } q \geq 1
\end{aligned}
$$

Using these results in the expression for the second variation yields the desired result.

## D Detailed calculations in the proof of Lemma 4.5

In this appendix we prove (19). Since $0<v<1$ we have $3\left(-1+v^{4}\right)-4(-1+\zeta) \log ^{3} v<0$ and thus $G_{-}<0 \Longleftrightarrow h_{-}>0$. Because $\frac{4}{3} \log ^{6} v$, the coefficient in front of $\zeta^{2}$ in $h_{-}$, is positive, we know that $h_{-}$is positive for $\zeta \in\left[0, \zeta_{1}(v)\right) \cup\left(\zeta_{2}(v), 1\right]$, where $\zeta_{1,2}$ are the $v$-dependent zeros of $h_{-}$, with $\zeta_{1} \leq \zeta_{2}$. These zeroes are given by

$$
\begin{aligned}
\zeta_{1,2}(v)=\left(8 \log ^{3} v\right)^{-1} & \left(9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right)\right. \\
\pm & \left\{225-504 v^{2}+342 v^{4}-72 v^{6}+9 v^{8}+\left(360-288 v^{2}-72 v^{4}\right) \log v\right. \\
& \left.\left.+144 \log ^{2} v+\left(-120+96 v^{2}+24 v^{4}\right) \log ^{3} v-96 \log ^{4} v+16 \log ^{6} v\right\}^{\frac{1}{2}}\right)
\end{aligned}
$$

We take the plus sign in $\zeta_{1}$ and the minus sign in $\zeta_{2}$. In this way the negativity of $\left(8 \log ^{3} v\right)^{-1}$ ensures that $\zeta_{1} \leq \zeta_{2}$. Plots of $\zeta_{1}$ and $\zeta_{2}$ are given in Figure 16 .

(a) Plot of $\zeta_{1}$

(b) Plot of $\zeta_{2}$

Figure 16
We start by proving that $9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right)<0$ on $(0,1)$. The equation

$$
v \frac{d}{d v}\left(2 v^{4}-2 v^{2}+\log v\right)=8 v^{4}-4 v^{2}+1=0
$$

has no real solutions on $(0,1)$ and so $\frac{1}{2} v \frac{d}{d v}\left(v^{4}-2 v^{2}+\log ^{2} v+1\right)=2 v^{4}-2 v^{2}+\log v \leq 0$ on ( 0,1$]$, with equality iff $v=1$. This in turn shows that $12 v \frac{d}{d v}\left(9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right)\right)=$ $v^{4}-2 v^{2}+\log ^{2} v+1 \geq 0$ on $(0,1]$, with equality iff $v=1$, from which $9-12 v^{2}+3 v^{4}+(4 \log v)(3+$ $\left.\log ^{2} v\right)<0$ follows. Consequently, since $\left(8 \log ^{3} v\right)^{-1}<0$, we have that $\zeta_{2}>0$.

Next we calculate

$$
\frac{d}{d v}\left(3 \log v-3+\frac{6}{v^{2}+1}-\log ^{3} v\right)=\frac{3}{v}-\frac{12 v}{\left(v^{2}+1\right)^{2}}-\frac{3}{v} \log ^{2} v
$$

This is equal to zero if and only if $\log ^{2} v=\frac{\left(1-v^{2}\right)^{2}}{\left(1+v^{2}\right)^{2}}$, which leads to $v=e^{-\frac{1-v^{2}}{1+v^{2}}}$. We will now prove

$$
v \in[0,1] \wedge v=e^{\frac{-1+v^{2}}{1+v^{2}}} \Longleftrightarrow v=1
$$

Since $v=1$ clearly satisfies the equation on the left, it remains to show that there are not more solutions. We start by computing

$$
\begin{aligned}
\frac{d}{d v}\left(e^{\frac{-1+v^{2}}{1+v^{2}}}-v\right) & =\frac{4 v}{\left(1+v^{2}\right)^{2}} e^{\frac{-1+v^{2}}{1+v^{2}}}-1 \\
\frac{d^{2}}{d v^{2}}\left(e^{\frac{-1+v^{2}}{1+v^{2}}}-v\right) & =\frac{1}{\left(1+v^{2}\right)^{4}}\left(-12 v^{4}+8 v^{2}+4\right) e^{\frac{-1+v^{2}}{1+v^{2}}}
\end{aligned}
$$

On $[0,1]$ we have

$$
\frac{d^{2}}{d v^{2}}\left(e^{\frac{-1+v^{2}}{1+v^{2}}}-v\right)=0 \Longleftrightarrow-12 v^{4}+8 v^{2}+4=0 \Longleftrightarrow v=1,
$$

showing that $\frac{d}{d v}\left(e^{\frac{-1+v^{2}}{1+v^{2}}}-v\right)$ has at most one zero on $[0,1]$ and thus its only zero is at $v=1$, which in turn shows that also $e^{\frac{-1+v^{2}}{1+v^{2}}}-v$ has at most one zero on $[0,1]$, which is what we set out to prove. This now leads us to conclude

$$
\frac{d}{d v}\left(3 \log v-3+\frac{6}{v^{2}+1}-\log ^{3} v\right)=0 \Longleftrightarrow v=1
$$

This means that $3 \log v-3+\frac{6}{v^{2}+1}-\log ^{3} v$ has a minimum at $v=1$ and thus this expression is positive on $(0,1)$. Then

$$
\begin{align*}
& \left(\left(9-12 v^{2}+3 v^{4}+(4 \log v)\left(3+\log ^{2} v\right)\right)-8 \log ^{3} v\right)^{2} \\
& -\left(225-504 v^{2}+342 v^{4}-72 v^{6}+9 v^{8}+\left(360-288 v^{2}-72 v^{4}\right) \log v\right. \\
& \left.\quad+144 \log ^{2} v+\left(-120+96 v^{2}+24 v^{4}\right) \log ^{3} v-96 \log ^{4} v+16 \log ^{6} v\right) \\
& =-144\left(v^{2}-1\right)^{2}+144\left(v^{4}-1\right) \log v-48\left(v^{4}-1\right) \log ^{3} v \\
& =48\left(v^{4}-1\right)\left(3 \log v-3\left(1-\frac{2}{v^{2}+1}\right)-\log ^{3} v\right) \\
& <0 \tag{42}
\end{align*}
$$

Note that this also proves that the expression in the square root in $\zeta_{1,2}$ is positive. Together with $8 \log ^{3} v<0$ these inequalities give us $\zeta_{2}(v)>1$. These results lead to the conclusion that

$$
G_{-}(v, \zeta)<0 \Longleftrightarrow \zeta \in\left[0, \zeta_{1}(v)\right)
$$

The other sign possibilities for $G_{-}$follow immediately.
Remark D.1. For the excluded endpoints 0 and 1 we find

$$
\begin{array}{ll}
\lim _{v \downarrow 0} \zeta_{1}=0, & \lim _{v \uparrow 1} \zeta_{1}=\frac{5}{2}-\frac{1}{2} \sqrt{\frac{69}{5}} \\
\lim _{v \downarrow 0} \zeta_{2}=1, & \lim _{v \uparrow 1} \zeta_{2}=\frac{5}{2}+\frac{1}{2} \sqrt{\frac{69}{5}}
\end{array}
$$

The limits for $v \uparrow 1$ were found by calculating the first terms in the Taylor expansion of $\zeta_{1,2}$.

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[^0]:    *Dept. of Mathematics and Computer Science, Technische Universiteit Eindhoven, PO Box 513, 5600 MB Eindhoven, The Netherlands (e-mail: y.v.gennip@tue.nl, m.a.peletier@tue.nl)

[^1]:    ${ }^{1}$ The indices $j, k, l$ take values in $\{u, v, 0\}$ and the $d_{k l}$ are taken symmetric in their indices, i.e. $d_{v u}=d_{u v}$ etc.

[^2]:    ${ }^{2}$ The reason for adding it in (28) in the first place is to get a Fourier series without a term independent of $x_{1}$ and $x_{2}$.

