# Home monitoring for older singles: a gas sensor array system

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## Abstract

Many residential environments have been equipped with sensing technologies both to provide assistance to older people who have opted for aging-in-place and to provide information to caregivers and family. However, such technologies are often accompanied by physical discomfort, privacy concerns, and complexity of use. We explored the feasibility of monitoring home activity using chemical sensors that pose fewer privacy concerns than, for example, video-cameras and which do not suffer from blind spots. We built a monitoring device that integrates a sensor array and IoT capabilities to gather the necessary data about a resident in his/her living space. Over a period of 3 months, we uninterruptedly measured the living space of a typical elder person living on his/her own. To record the level of activity during the same

Preprint submitted to Sensors and Actuators B: Chemical

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period and obtain a ground truth for the activity, a set of motion sensors were also deployed in the house. Home activity was extracted from a PCA space moving-window which translated sensor data into the event space; this also compensated for environmental and sensor drift. Our results show that it is possible to monitor the person's home activity and detect sudden deviations from it using a low-cost, non-invasive, system based on gas sensors that gather data on the air composition in the living space. We made the dataset publicly available at https://archive.ics.uci.edu/ml/index.php<sup>1</sup>. *Keywords:* Machine Olfaction, gas sensors, Human activity monitoring, Activities of Daily Living ADL, aging-in-place, IoT sensors, older singles, elderly, public dataset

#### 1 1. Introduction

The high uptake of smart home infrastructures capitalises on recent re-2 search advances that position highly accurate and precise sensing technologies 3 in an unprecedented strengthening of remote health industries. Beyond a precise characterisation of parameters surrounding any sensor-equipped home, 5 the possibility of tracking household residents underlines much of the poten-6 tial of these technologies. The advent of the Internet of Things (IoT) and 7 sensorised environments, including smart homes [1], has enabled the mon-8 itoring of a wide range of aspects of the life of a given person in relevant 9 contexts. This has facilitated access to capturing details and characterising 10 activities in private settings that are traditionally out of reach. The infor-11 mation that can be tracked ranges from behavioural metrics to activity and 12

<sup>&</sup>lt;sup>1</sup>full link will be provided upon acceptance of the manuscript

ambulatory patterns, energy consumption, home appliance usage, or even 13 physiological data. Previous research has been directed towards monitor-14 ing occupants in their home settings, from intelligent power meters [2], to 15 advanced PIR sensors passing, inter alia, through infrared cameras charac-16 terising presence [3, 4], ambient sound recording systems keeping track of 17 activity [5], and smart furniture and objects [6]. The development of such 18 monitoring systems resulted in activity recognition applications and the mon-19 itoring of Activity Daily Living (ADL), aiming at better quality of life for 20 semi-dependent people, in particular the elderly [7]. 21

In the case of aging populations, this is in line with societal efforts to face 22 the challenge of a global increase of life expectancy. However, the field of 23 home activity tracking poses concerns about the ease of use of the technology 24 and its overall acceptability. Issues of data ownership and interpretability, 25 whether the level of obtrusiveness might compromise concurrent activities, 26 and level of personal exposure that subjects face (different sensing options 27 present differing levels of invasiveness) [8, 9]. Video-based systems can pose 28 serious privacy concerns [10] and are still affected by blind spots, thus requir-29 ing several systems to monitor a single living space. On the other hand, gas 30 sensors for remote activity monitoring are non-invasive, pose fewer privacy 31 concerns, and event detection is not restricted to a limited field of view. As 32 a result, the detection range of chemical-based systems is larger, and the 33 activity of an inhabited home can be monitored with fewer detection units. 34 Moreover, chemical-based systems are also sensitive to other events, such as 35 high concentration levels of volatiles [11], that may be relevant for monitoring 36 older adults' homes. These can be indicative of danger (running natural gas, 37

<sup>38</sup> product spill, etc) or anomalous behavior (rotten food, lack of ventilation,
<sup>39</sup> among others).

This paper aims to investigate the capability of a set of commercial gas 40 sensors as unobtrusive and non-invasive sensing technology to monitor several 41 ADLs and capture the pattern of activity of elderly living independently. 42 The developed system was installed in a four-story apartment where an older 43 person carried out their daily activities. We show that the system can capture 44 patterns of behaviour of the occupant and detect unexpected events thus 45 providing information to caregivers and family. We made the dataset publicly 46 available. 47

# 48 2. Related work

Previous and recent studies have shown that several types of sensors can be employed to monitor human activities. For example, Multiple Thermal Sensor Array (TSA) using low-resolution thermal imaging can be deployed at home to detect the human presence [12] or falls [13, 14], while chemical gas sensors can improve room occupancy predictions [15].

In this context, it is worth to mention that in the late 90's, S. Hirobayashi 54 and co-workers already employed a single commercial gas sensor to detect hu-55 man activities by using an inverse of the sensor response [16]. More recently, 56 an array of polymeric gas sensors was placed in a 200  $m^3$  room with semi-57 controlled conditions used by the JPL-NASA to simulate spaceship cabin 58 atmosphere. Several volunteers performed physical activity and different 59 common daily activities. It was possible to predict the level of activity per-60 formed in the room and detect the use of ethanol-based medication [17]. 61

More recently, Pedersen, H. et al. showed that under simple and controlled conditions, all indoor climate parameters are highly correlated with occupant presence [18]. Results showed that room occupancy can be predicted with standalone measures of carbon dioxide or total volatile organic compounds in a test-room. However, when the system was placed in a three-room dorm apartment shared by two persons, performance of standalone sensors decreased significantly and they were coupled to PIR sensors.

<sup>69</sup> Unlike previous works, we present a gas sensor array to capture daily <sup>70</sup> activities and deviations from the pattern of activity.

## 71 3. Materials and methods

The following section describes the sensors used for signal acquisition, the communication system between the sensors and the database, and the deployment of the system. Next, the methodology is described, from signal pre-processing to the validation of the activity patterns with reference sensors.

#### 77 3.1. Sensing device

We developed a sensing unit to sample indoor air composition. It was 78 integrated into a customized electronic board with wireless communication 79 capabilities to upload acquired data to the Cloud in real-time. The gas 80 sensing system is a heterogeneous sensor array where the sensors are exposed 81 directly to the environment, with no measurement gas cell. The absence of 82 a measurement chamber shortens the response time of the system, since 83 the slow dynamics of the chamber are avoided, but this makes the system 84 sensitive to air turbulence in the vicinity of the sensors [19, 20, 21]. 85

Specifically, the sensing unit is designed to hold four metal oxide (MOX) 86 gas sensors, two carbon dioxide sensors, a carbon monoxide sensor, and tem-87 perature and humidity sensors. MOX gas sensors show a broad response to 88 volatiles, although the sensing layer can be adjusted to heighten sensitiv-89 ity to selected gases. To enhance the system selectivity and sensitivity, the 90 selected MOX sensors are based on different commercially available sensing 91 layers, provided by Figaro Inc<sup>5</sup>. They operate isothermally, applying a 5V 92 constant voltage on the built-in sensor heater. The incorporation of MOX 93 sensors into the system is very convenient for the detection of a wide spec-94 trum of volatiles and untargeted chemicals that are released during a range 95 of indoor daily activities. 96

Carbon dioxide is suitable for monitoring room occupancy. Hence, two 97 carbon dioxide sensors with different technologies have been included. More-98 over, carbon monoxide sensors can be relevant in environments where in-90 complete combustion may occur, providing additional safety measurement 100 to occupants of a building [22, 23]. Although we expect that the CO sen-101 sor will rarely record measures above its baseline, we opted for adding it to 102 enable further development to integrate a fire alarm system, a convenient 103 feature for elderly safety. Finally, temperature and humidity sensors are also 104 included to compensate for sensors' cross-sensitivity to environmental con-105 ditions. Table 1 shows the selected sensors, together with the corresponding 106 target compounds. 107

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The sensor array is integrated with a customized board that includes the

<sup>&</sup>lt;sup>5</sup>https://www.figarosensor.com

Table 1: Sensors included in the sensing unit

Sensor and provider	Target
SHT-75, Sensirion	Temperature, humidity
MG811, Hanwei Co.	Carbon dioxide
CozIR-A, Gas Sensing Solutions Co.	Carbon dioxide
CO-B4, Alphasense Co.	Carbon monoxide
TGS 2602, Figaro Inc	VOCs, Ammonia, $H_2S$
TGS 2611, Figaro Inc	VOCs, Methane
TGS 2610, Figaro Inc	VOCs, Propane, Butane
TGS 2620, Figaro Inc	VOCs, Solvent Vapors

signal conditioning electronics and an ATmega32u4 microprocessor that in-109 terfaces with the Atheros AR9331 to enable wireless communication. The 110 microprocessor was programmed to perform: i) Continuous data acquisition 111 from the chemical gas sensors through 10-bit resolution analog-to-digital con-112 verters at a sampling rate of 20 s; ii) Temperature and humidity collection by 113 means of the i2c communication protocol; iii) Data storage in an SD memory 114 card for back-up purposes; and iv) data communication through a local wifi 115 network to send the most recent data to a remote data server. Finally, a 116 custom 3D printed enclosure was designed and implemented for the sensing 117 units. The enclosure provides mechanical protection to the sensing unit while 118 enabling direct environment sampling by the sensors. Figure 1 shows the de-119 veloped prototype for continuous activity monitoring. Additional images of 120 the employed sensors can be found in the Supplementary Material. 121

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Figure 1: Prototype developed for continuous activity monitoring including gas sensors and wireless communication to send data to a remote server.

## 123 3.2. Communications and database

The developed prototype sends live data to our database via an API application. The REST API was designed to receive the sensor data through the HTTP protocol and write them to the database. It was developed in Django (django REST framework 3.10.3) a programming framework for Python 3.6.8. In this way, every 20 seconds, the prototype sends the data to the database using to a specific URI of our API.

The database and the API application are hosted in the CloudUPC service. This service provides a dual-core CPU, four gigabytes of RAM, thirtyfive gigabytes of storage memory with an Ubuntu 18.04.4 LTS operating system.

The database structure is defined by three relational tables (users, devices and samples). The user holds basic user information such as email, username and password. The device table contains the following fields: name, type and UUID of the device; latitude and longitude coordinates of the device
location; type of room and space where it is located; name of the location;
user to which the device belongs. Finally, the sample table has the following
fields: timestamp, temperature, humidity, average noise, maximum noise,
CO2CosIRValue, CO2MG811Value, counter, MOX1, MOX2, MOX3, MOX4
and the device that is sending it. More details on the communication protocol
and database can be found in the Supplementary Material.

## 144 3.3. Deployment and data acquisition

The home of an 89-year-old person was selected for the deployment of the system in a real environment. The house is located in Igualada, Barcelona, in an urban environment but one with low population density. The house consists of 3 bedrooms, a living room, a dining room, a living room, a kitchen and a bathroom. The behavior pattern of the occupant makes this house a favorable environment for a pilot test, as the occupant followed a wellestablished routine.

The floor plan of the pilot home is presented schematically in Figure 2. 152 The gas measurement system was installed in the dining room where the 153 volunteer spends most of the day. In addition, the dining room has one 154 window that communicates with the kitchen and another with the bedroom. 155 This makes the dining room a perfect location to place the system since it 156 will be able to measure any activity that changes the gas composition of the 157 three rooms. Over the same time period, a set of motion detectors placed in 158 the different rooms of the house recorded the activity of the volunteer. 159

The gas measurement system recorded a total of 87 signal days. From these records, a data set was extracted from a three-month time interval,



Figure 2: Floor plan of the pilot home, indicating the position of the gas sensor prototype and the motion sensors used to obtain labeled information. Black lines indicate walls, grey lines indicate door openings or large windows.

during which the volunteer lived alone and was autonomous. A data set without human activity was acquired at the same location (but this time without the volunteer) over the period of week. In this work, any change in signal trends whose origin is human activity is considered an event.

## <sup>166</sup> 3.4. Data processing and activity detection

To detect events from the sensor signals we first correct environmental drift. Next, we use a moving window in the vector space. In particular, Figure 3 summarizes the methodology to extract the level of activity. It shows two independent data processing branches that come together in environmental correction. The first branch processes all the data potentially due to human activity. In this branch, different signal-processing and machine learning techniques are used to detect statistically significant events. The second branch uses a set of "clean" data (without human activity) to parameterize the environmental variance and then use it for environmental correction. In addition to these two processing paths, the diagram shows three large boxes representing the three main processes of the algorithm these being the environmental correction, the parameterization of the environmental variance and finally, the processing of the data for event detection.

# 180 3.4.1. Preprocessing and environmental correction

First, to reduce signal noise due to signal interference and remove outliers, a centered median filter with a window size of 11 samples is applied.

Next, we aim at removing environmental variance to avoid false positives in event detection. The purpose of the environmental correction is to eliminate the variance component arising from factors unrelated to human activity, such as that arising from temperature or humidity changes over the course of a day, or longer-term sensor drift.

The method consists of principal component analysis (PCA) of the data 188 without human activity which is then projected onto data with human ac-189 tivity. For this purpose, the data set without human activity has been used 190 as reference data, since in the absence of human activity, the variance will be 191 that produced by the environment. Hence, a low dimensional vector space is 192 created with a PCA using the data without human activity only. Once this 193 space is created, the environmental variance is parameterized. The objective 194 of the parameterization of the environmental variance is to fit the variance 195 that causes drifts in the trend of the sensor signals and which is of environ-196 mental origin. Then, a projection of the data with human activity is made 197 on the vector space of the data without activity. In this way, the variance 198



Figure 3: Flow diagram to extract the number of events. Data without human activity is used to correct environmental variability. Motion sensors are used to obtain ground-truth data.

<sup>199</sup> considered to be environmental is cancelled. Finally, the data with activity<sup>200</sup> is reconstructed in the original vector space.

## 201 3.4.2. Event detection

The following section describes the methodology used to detect events 202 with gas sensors. This section is divided into three parts. The first part 203 introduces the use of moving window PCA to obtain the Mahalanobis dis-204 tance to determine if a sample from a data set is an event. The second part 205 introduces the computation of the T-squared limit to determine if the de-206 tected event is statistically significant. Finally, the third part presents the 207 procedure to calculate the number of statistically significant events for each 208 hour. 209

## 210 Moving Window PCA

The moving window PCA consists of running a time series using a sam-211 ple window of size H to build a PCA model and projecting the subsequent 212 observation (H+1) in the resulting vector space [24, 25]. Once the projec-213 tion of a new observation is done, the Mahalanobis distance is calculated to 214 measure the distance between that observation H+1 and the distribution D 215 formed by the data in the window H. This distance is a multidimensional 216 generalization indicating how many standard deviations the point P is away 217 from the mean of the distribution D. With each new observation, this win-218 dow excludes the oldest observation and includes the observation from the 210 previous time period. In this way, the entire data set is walked through. 220

The length of the window H is selected according to the rate at which the mean and covariance parameters change, with large windows being more suitable for slow change and small windows being more suitable for fast change. In our case, a window length of 360 samples was chosen to fit with the sampling frequency (a two-hour interval, since a sample is taken each 20 226 seconds).

In order to determine whether a sample is statistically significant, the Hotelling T-squared statistic is calculated. Thus, if the distance of an observation to the distribution formed H is greater than the T-squared statistic, this sample is a statistically significant event. To calculate the T-squared limit the following equation is used:

$$T_{\alpha}^2 = X_{\alpha}^2(m) \tag{1}$$

Eq. 1 means that the T-squared limit follows a chi-squared distribution with *m* degrees of freedom for a particular significance level. Although there are more conservative choices, our dataset meets the necessary requirements, so the existing error between the most permissive equation and the most restrictive one differs by less than 10% [26]. Hence, we used this approximation for the limit calculation.

# 239 Sum of events

The objective is to obtain the number of significant events per hour. For simplicity, windows (intervals) of 1 hour are chosen, but the algorithm can be generalized to windows of other time lengths. In this way, the number of statistically significant samples detected for a particular hour on different days can be compared.

First, all the Mahalanobis distance values were ordered by days, obtaining a matrix of  $n \ge 4320$ , where n is the number of days analyzed and 4320 is the number of samples in a day. Second, the Mahalanobis distance was divided by the T-squared limit to obtain a ratio indicating whether that sample is statistically significant. Third, the matrix has been binarized so
the significant samples are 1 and the rest are 0. Finally, this vector of ones
and zeros is summed every 180 samples to obtain the number of event samples
for that hour.

#### 253 3.5. Annotation with motion detectors

In this study, the motion sensors have been deployed as a ground-truth 254 strategy to detect the daily events without interrogating the participants, but 255 also for bench-marking purpose with the gas sensor-based device. To do this, 256 motion data, which had a time resolution of one minute (meaning that once 257 the sensor was activated, it would not turn off after at least one minute), was 258 converted into a sum of minutes of activity. Therefore, a movement sensor 259 could have from 0 to 60 minutes of activity per hour. The more minutes of 260 activity there were in an hour, the more activity was considered to be in that 261 room. 262

To set a framework of the relationship between the activity measured by both gas and movement sensors, the reference week was also used. A reference for the level of activity performed at home was hence extracted from the motion detectors installed in the home, which was also confirmed by close relatives of the occupant.

## <sup>268</sup> 4. Experimental results

## 269 4.1. Sensor signals

A visual inspection of the sensor signals confirms sensor sensitivity to home activities. In particular, Figure 4 shows the acquired signals of the <sup>272</sup> nine sensors over a twenty-four hour period. The figure is divided into four <sup>273</sup> subplots. Subplot A shows the temperature (red) and humidity (blue) sen-<sup>274</sup> sors. Subplot B shows the  $CO_2$  signal sensor from two different sensors. <sup>275</sup> There is a reverse dependency on the  $CO_2$  sensors due to the sensor technol-<sup>276</sup> ogy. Subplot C shows signals from the four MOX sensors. Finally, subplot <sup>277</sup> D shows the CO signal.

In the presented example, there is no significant change in the gas sensor 278 trends during the night period (from 00 am to 8 am). Instead, the variability 279 of the signal trends appears during the periods of activity at home. The first 280 event that causes significant change in the sensor signals is at 8am, when the 281 occupant wakes up. At this moment the occupant opens the window and one 282 observes the corresponding drop in temperature and humidity, that was ac-283 cumulating over the night. Then, the highest variability in the sensor signals 284 correspond to the periods with activity in the household, between 8:00 am 285 and 8:00 pm. During this time, the occupant of the house performs the com-286 mon daily activities, such as having a shower, ventilating the house, cooking, 287 eating, watching television, and using the bathroom. One can observe a sud-288 den change at around 5 pm, manifested mostly in a temperature increase that 289 corresponds to the occupant turning on the heating. The observed tempera-290 ture range in the 24-h period is approximately 8°C. Such variation caused by 291 human activities is in accordance with the temperature variation observed 292 in home settings [27] [28]. The CO sensor does not measure CO levels above 293 the background baseline, as expected under no combustion or fire conditions 294 [23].295

<sup>296</sup> Hence, it is possible to extract human activities in home settings from

<sup>297</sup> the sensor raw signals. Such activities have noticeable effects on temperature, humidity and air composition, which are successfully captured by the deployed sensor system.



Figure 4: Gas sensor signals and physical quantities after filtering. a: temperature and humidity. b:  $CO_2$  sensors. c: 4 metal oxide sensors. d: CO sensor.

## 300 4.2. Parameterization of environmental variance

The first principal component captures 76% of the variance of the data during the reference week. The accumulated variance captured by the two and three first components is 89% and 95% respectively. Therefore, since the first component captures more than two thirds of the total variance of the data, it was decided that it is sufficient to parameterize the environmental variance. Thus, the first component of the PCA of the data without human activity is used as environmental variance for its subsequent elimination.

#### 308 4.3. Environmental correction

To decouple the sensor variance due to the activities performed at home 309 from the sensor responses due to environmental changes, the parameterized 310 environmental variance was used. Figure 5 shows the projection of the un-311 corrected data while there was no activity at home. The data are distributed 312 following a daily trend and drift over time. For example, in the top plot, 313 warmer values representing the last eight hours of the day are generally dis-314 tributed below the samples with cooler colours, representing the first half of 315 the day. Looking at a single day with this color scale, samples captured at 316 12:00 tend to be on the negative region of the x axis, and those captured at 317 00:00 tend to be on the positive side. Thus, a correlation can be observed 318 between the daily cycle and the variance captured by the first principal com-319 ponent. More clearly, the environmental variance attributed to time drift 320 is observed in the bottom plot of Fig. 5. The samples are coloured by the 321 days to which they belong, with dark to light green colours. The darkest 322 greens are the days closest to January 27, while lightest greens correspond 323 to the days close to February 2. As in the top plot, there is an ordering of 324

the samples by day, from negative to positive values, that correlates with the magnitude of the first principal component.

Figure 6 shows the same data after environmental correction. The extraction of the first principal component reduced the correlation between the first principal component and the environmental variance that is present in Figure 5.

## 331 4.4. Detection of events

An event is composed of a set of statistically significant samples in a par-332 ticular time period. In particular, Figure 7 shows a recording of the 24-hour 333 sensor signals along with the ratio that indicates whether a sample deviates 334 from the mean of the distribution in a statistically significant way. Therefore, 335 if the ratio for a sample is greater than 1, that sample belongs to a statis-336 tically significant event. The significant events detected with the gas sensor 337 array and the ratio of the Mahalanobis distance over the T-squared limit 338 matches with the activities performed by the elder, confirming the ability of 339 the gas sensor system to monitor home activities. 340

## 341 4.5. Activity pattern

Using the detected events it is possible to build a map of activities performed at home. As shown in Figure 8, the most active hours are in the morning, when several activities are carried out. In the afternoon the number of activities decreases, since the volunteer is usually watching television or going for a walk. Christmas Eve and Boxing Day, a regional holiday, show different behaviour patterns from the rest of the monitored days. This is confirmed by family gatherings during those days in the monitored home,



Figure 5: PCA space representation of the data set without human activity before environmental correction. Samples colored by time of the day (top) and colored by day (bottom). Due to environmental factors, the samples are ordered by time of the day or by the day of acquisition.

causing an activity outside the regular activity routine detected by the gasmeasurement system.

<sup>351</sup> From the map presented in Figure 8, activity patterns have been obtained



Figure 6: PCA space representation of the data set without human activity after environmental correction. Samples colored by time of the day (top) and colored by day (bottom). The samples overlap each other, with a reduced structure on the environmental factors.

<sup>352</sup> by calculating the median and quartiles to obtain an overview of the data
<sup>353</sup> distribution. In particular, Figure 9 shows a general description of the pattern
<sup>354</sup> generated during November by taking the data of all its days and calculating



Figure 7: Sensor signals (temperature and humidity signals;  $CO_2$  sensors; metal oxide sensors; CO sensor) and detected events (ratio formed by the Mahalanobis distance divided by the T-squared limit) over a period of 18 days.

the average. The red line, representing the 24th of December, follows a very similar trend to the one observed for the average month practically all day long, but after 8:00 pm the number of detected events increases considerably due to the celebration of Christmas Eve. This activity is successfully detected as being outside the regular pattern of activity.

This behaviour can also be observed in the PCA space of different days



Figure 8: Heat map representing the number of significant samples detected per hour. The x-axis represents 24 hours per day and the y-axis represents different days. Within each cell there are number of samples that are statistically significant events. The colouring goes from cool to warm colours as more events are detected.

(see Figure 10). For example, comparing three days, one with no human
activity, a day with regular human activity, and Christmas Eve where human
activity increases significantly.

Hence, a regular pattern of activity was set for the monitored home. Days (or part of a day) that follow different level of activity fall outside the established pattern. This information can be sent to the care-givers and family members to provide relevant information from the monitored elder.



Figure 9: Box plots of the activity detected for each hour of the day, using data acquired during the month of November. Activity detected during Christmas eve (in red). The number of events detected during dinner time in Christmas Eve deviate from the regular pattern of behavior due to a family gathering.

# 368 4.6. Benchmark with motion sensors

The activity captured by the movement sensors is used to set a ground-369 truth reference for the developed system. Figure 11 shows a benchmark 370 between the activity measured by the movement sensors and the calculated 371 by the gas sensing node, during two different days with different level of 372 activity and a reference day with no activity at all. It becomes evident that 373 the gas-measured activity is affected by the real activity in the house. The 374 average of the normalized gas-activity (0.196) is approximately three times 375 higher when there is activity as compared to the empty house (0.066). The 376 bottom plots of Figure 11 show a stationary state of the empty house up 377 until a sudden activity at 3 pm (affecting the gas-activity as well). This 378 data corresponds to a day during which the house was unoccupied, but at 379 around 3 pm, someone entered to the apartment for a short period of time 380



Figure 10: PCA space representation of the data set for three different days. The x and y axes represent the first two principal components that capture 85% of the variance of the data. Each point in the graph represents a sample and has been colored according to the day to which it belongs (blue: normal activity day; green: no activity day (reference day); orange: very active day (Christmas).

and stayed mainly in the living room and the bathroom. This data illustrates that gas sensors react to human activity fast and the changes induced in the air composition remain after the activity in the house has finished.

Figure 12 shows the activity during a regular day, breaking down the movement activity into its different rooms of origin. This result shows that a system based on gas sensors is not affected by blind spots and can produce a pattern of activity covering different rooms with one single unit, unlike presence sensors and video-cameras.



Figure 11: Events detected with gas sensors (blue) and motion sensors (orange) during a day with regular activity (top), the mean of the days with no activity at all (middle), and a day with a short and sudden activity at 3 pm.

## <sup>389</sup> 5. Discussion and Conclusions

This paper demonstrates that an array of chemical sensors can collect data 390 related to activities in an inhabited space. Furthermore, since the activity 391 of a person, specially an older one, tends to follow stable routines, the more 392 data is collected, the better the behaviour of that person can be predicted, 393 making the system more efficient at finding anomalies. For example, levels 394 of activity measured by the gas sensor always rise when the person wakes up. 395 The lack of events at that time can be an important event by itself, setting 396 an alarm signal if the elder has not started the morning routine at the time 397 they usually do. 398



Figure 12: Activity detected with gas sensors (top) and movement sensors (bottom). The gas sensing system is able to detect activities that occur in different rooms.

We showed that human activity patterns (and thus deviations from these 399 patterns) can be linked with air composition using a single unit of gas sen-400 sors as an event tracker. An accurate measure of the concentration of target 401 compounds is not necessary to detect an activity: our system relies on the 402 relative changes of gas composition in air, rather than their absolute val-403 ues. A full system calibration would provide additional information to the 404 caregiver, but linking activities to chemical signatures requires specific cal-405 ibration for each activity. For instance, the activity "cooking" will depend 406 on the meal under preparation and the activity "cleaning" will depend on 407 the used chemicals and cleaning products. Instead, in this work, we focused 408

<sup>409</sup> our efforts in building activity patterns using directly the time signals of the<sup>410</sup> sensors.

Actions such as opening a window can translate into events more important than daily routines. In this case, one could use context, such as information about the routine of the monitored person, to expand further our method. Hence, our results show that a chemical gas sensing node coupled to the pattern activity of the elder is an effective tool to warn about unexpected events.

The lack of invasiveness might help to gain users and caregivers accep-417 tance, but it does come at a cost. On the one hand, deploying several gas 418 sensing nodes will result in a higher-resolution network that will provide 419 faster response to activities. The sensors will be exposed to the changes in 420 the air composition faster since the gas sample will need less time to travel 421 to the sensing node. Also, if one is interested in finding out the exact room 422 where an event took place, several nodes are necessary. Nevertheless, we 423 showed that a single sensing node deployed in a representative location can 424 capture the activity performed in a home setting. On the other hand, data 425 collected with chemical sensors may not be as precise as other technologies, 426 such as video-cameras. 427

The proposed method to detect events relies on a moving 2-hr window. Though the window prevents the event space from capturing events due to the natural ambient changes in the air, this can present false negatives (events) under certain conditions. For example, in Figure 8 it can be seen that when a lot of events occur in a single hour, the following hour(s) have a noticeably low number of events. This effect can be seen during Christmas Eve, where

the number of events at 9 pm and 10 pm is high but decreases at 11 pm. This 434 can be explained by the window effect. It is possible to adjust the span of 435 the window to enable the detection of large events, although the sensitivity 436 to short events will decrease. However, events larger than the window size 437 are still detected by the system, but it but fails to follow it up properly. Any 438 attempt to modify the behaviour of the window under certain conditions, 439 would degrade performance by introducing discontinuities into the system. 440 Hence, the window size is a parameter that can be adjusted according the 441 expected duration of the events. 442

In the paradigm of smart home monitoring, gas sensors can provide rel-443 evant information to caregivers and family for older people living indepen-444 dently, regarding the home activities but also the surroundings and the envi-445 ronment that may lead to accidents and/or be harmful for their health (e.g., 446 toxic gas detection, high level of fine particulate matters, lack of ventilation, 447 etc.). The integration of such sensors in a domestic environment inside the 448 IoT network collecting data on the ADL and can provide additional infor-440 mation to a virtual assistant or virtual caregiver [29] and further assist elder 450 adults in their own home. 451

## Acknowledgments

This work was supported by the Spanish Ministry of Economy and Competitiveness (www.mineco.gob.es) PID2021-122952OB-I00, DPI2017-89827-R, Networking Biomedical Research Centre in the subject area of Bioengineering, Biomaterials and Nanomedicine (CIBER-BBN), initiatives of Instituto de Investigación Carlos III (ISCIII), Share4Rare project (Grant Agreement 780262), ISCIII (grant AC22/00035), ACCIÓ (grant Innotec ACE014/20/000018) and Pla de Doctorats Industrials de la Secretaria d'Universitats i Recerca del Departament d'Empresa i Coneixement de la Generalitat de Catalunya (2022 DI 014), and the European Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie (grant No. 101029808). JF also acknowledges the CERCA Program/Generalitat de Catalunya and the Serra Húnter Program. B2SLab is certified as 2017 SGR 952.

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