Research Note

Multiple-Locus Variable-Number Tandem Repeat Analysis Genotypes of *Listeria monocytogenes* Isolated from Farms, Abattoirs, and Retail in Gauteng Province, South Africa

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ABSTRACT

The use of multiple-locus variable-number analysis (MLVA) of tandem repeats (TRs) for subtyping *Listeria monocytogenes* has proven to be reliable and fast. This study determined the MLVA genotypes of 60 isolates of *L. monocytogenes* recovered from cattle farms, abattoirs, and retail outlets in Gauteng province, South Africa. The distribution of the 60 *L. monocytogenes* isolates analyzed by type of sample was as follows: raw beef (28, 46.7%), ready-to-eat beef products (9, 15.0%), beef carcass swabs (9, 15.0%), cattle environment (6, 10.0%), and cattle feces (8, 13.3%). The serogroups of the isolates were determined using PCR and the MLVA genotypes based on six selected loci. The frequency of the 60 serogroups detected was as follows: 1/2a-3a (IIa) (27, 45.0%); 4b-4d-4e (1Vb) (24, 40.0%); 1/2c-3c (IIc) (8, 13.3%); and 1/2b-3b (IIb) (1, 1.7%). MLVA successfully clustered genetically related isolates and differentiated nonrelated isolates, irrespective of their sources, sample types, and serogroups, as demonstrated by 16 MLVA pattern types detected. For serogroup 4b-4d-4e (IVb), there was no variation in TRs LM-TR2, LM-TR4, and LM-TR6, which each contained only one allele (02, 00, and 93, respectively). However, across the sources and sample types of isolates, there was variation in serogroup 4b-4d-4e (IVb): LM-TR1 contained 00, 03, and 05; LM-TR3 contained 14, 20, and 22; and LM-TR5 contained 14, 21, and 25. Similar patterns of variation in the TRs were detected in the other serogroups (1/2a-3a, 1/2b-3b, and 1/2c-3c). BioNumeric data analysis identified at least five types in Gauteng province. MLVA epidemiologically clustered the related isolates and differentiated unrelated isolates.

HIGHLIGHTS

- MLVA genotypes of L. monocytogenes in South Africa were investigated.
- Serogroups detected were 1/2a-3a (IIa), 4b-4d-4e (1Vb), 1/2c-3c (IIc), and 1/2b-3b (IIb).
- Sixteen MLVA pattern types and four serogroups were detected.
- MLVA type I was predominant in serogroups 1/2a-3a (IIa), 1/2b-3b (IIb), and 1/2b-3c (IIc).
- MLVA genotyping of *L. monocytogenes* is an important molecular epidemiological tool.

Key words: Gauteng; Listeria monocytogenes; Multiple-locus variable-number analysis; Serogroup; South Africa; Tandem repeat

Listeria monocytogenes is the causative agent of foodborne listeriosis and was first described by Murray and coworkers in 1926 when they isolated the bacterium from the livers of clinically sick rabbits and guinea pigs (29). The major clinical sign of listeriosis is gastroenteritis, varying from mild to severe, which has been reported in veterinarians, farmers, and abattoir workers (10, 31).

Different phenotypic and molecular methods have been used to classify *L. monocytogenes* during diagnostic

(humans, foods, and the environment) and epidemiological investigations of listeriosis outbreaks. These include serotyping (phenotypic and molecular assays), multiplex PCR (8), multiple-locus variable-number analysis (MLVA) (28), pulsed-field gel electrophoresis (39,44), multilocus sequence typing (45), and whole genome sequencing (13), among others. These assays have advantages and disadvantages and have different discriminatory powers in their application (1).

The serogroups and serovars of *L. monocytogenes* commonly detected in foods and environmental samples include 4b-4d-4e, 1/2a-3a, and 1/2b-3b-7 (24) and 1/2b, 4b,

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1/2a, 3b, 4d, 4e (47), among others. These serogroups were reported to be of public health and epidemiological relevance because they are commonly associated with human listeriosis; they vary by geographical locations and sample type (24, 50). Although human listeriosis outbreaks are mostly caused by serogroups 4b-4d-4c and 1/2b-3b-7 (18), sporadic cases caused by the 1/2a-3a or 1/2c-3c serogroups have been reported (42).

MLVA is a PCR-based method that can be used to differentiate strains of a microorganism and group them by their genetic relationships. This method detects the number of tandem repeats (TRs) at a specific locus in the genome of a bacterium. These may vary because of DNA polymerase enzyme slippage during replication, and these differences can be detected using PCR primers designed to anneal the flanking regions (16). Murphy et al. (28) were the first to develop an MLVA protocol to genotype L. monocytogenes. MLVA is also applied as a next-generation genotyping protocol to subtype other foodborne microorganisms, such as Escherichia coli O157, Staphylococcus aureus, and Salmonella (20, 27, 37). TRs of a genome are found in stable regions, which are not associated with plasmids and other mobile genetic elements. The MLVA approach is considered a low-cost and easy method that provides easily interpretable and rapid results with high discriminatory power (20, 41). MLVA is the second major genotyping tool, after pulsed-field gel electrophoresis, used in the PulseNet network and was primarily used in public health surveillance and outbreak investigation of Salmonella in Europe (34).

The advantages of MLVA are that it is simple, easy, and fast; it does not require use of sophisticated electrophoresis apparatus in the laboratory (37). One disadvantage is that MLVA is not a universal method because primers must be designed that target the pathogen to be investigated. Another disadvantage of MLVA is that its results cannot be compared directly with those from other laboratories because the amplicon banding patterns, in some cases, are monitored by convectional electrophoresis on agarose gel; this does not reveal the actual numbers of repeats in the amplicon obtained, making it impossible to determine the pattern of the bands corresponding with the PCR target (37). Currently no comprehensive MLVA database for L. monocytogenes is available for comparison to existing MLVA patterns, for example, if the polymorphism between two strains is restricted to a single locus (5).

During the first human listeriosis outbreak reported in South Africa, over 9 months between August 1977 and April 1988, more than 14 cases occurred in Johannesburg (14). Since then, sporadic cases have been documented annually in South Africa. However, between 2017 and 2018, the country experienced the world's largest outbreak of human listeriosis across all nine provinces in the country (2). The major source of *L. monocytogenes* transmission has been attributed to the consumption of contaminated readyto-eat food products (9, 19). *L. monocytogenes* has been isolated from various raw and ready-to-eat foods and from environmental samples such as water, equipment swabs, and soil (12, 26). Isolates of *L. monocytogenes* need to be properly characterized to accurately diagnose the infection, understand the epidemiology of infection, investigate outbreaks, and effectively prevent and minimize the transmission of *Listeria* through the food chain and other routes (5).

To date, there has been no published report on the application of MLVA on *L. monocytogenes* from any source in the beef production system (cattle farms, beef abattoirs, and retail outlets) or any other sources in South Africa. Because MLVA has been documented to have several advantages over whole genome sequencing (*37*), its use and performance as an alternative must be investigated in South Africa.

Therefore, the objectives of this study were to determine the MLVA genotypes of *L. monocytogenes* strains isolated from cattle farms, beef abattoirs, and retail outlets in Gauteng province, South Africa, using agarose gel electrophoresis for amplicon sizing. The study was also designed to evaluate MLVA data using the unweighted pair group method with arithmetic mean (UPGMA) to calculate genetic distances between the genotypes and to produce dendrograms and minimum spanning trees. Finally, MLVA data generated in the study were assessed to potentially serve as a basis for future molecular epidemiological studies applying MLVA typing.

MATERIALS AND METHODS

Sources, isolation, and identification of *L. monocytogenes*. Sixty isolates (n = 60) of *L. monocytogenes* were originally obtained from various beef and beef products, cattle farms, and red meat abattoirs in Gauteng province, as shown in Supplemental Appendix 1. All 60 isolates of *L. monocytogenes* were unique, that is, not part of the food chain from farm to retail markets. All the isolates were previously identified as *L. monocytogenes* using bacteriological methods (*15, 40*) and multiplex PCR assays (*8*). The isolates of *L. monocytogenes* were maintained at -20° C for further analysis.

Extraction of DNA from isolates of L. monocytogenes. The DNA that was used for the PCR assays for serogrouping and MLVA was extracted from individual colonies, as described by Madoroba et al. (21). Before DNA extraction, the preserved L. monocytogenes isolates were revived by inoculation into brain heart infusion broth followed by overnight incubation at 35°C. A loopful from the incubated broth was used to inoculate Brilliance Listeria agar plates, followed by incubation at 35°C for 48 h. Thereafter, 200 µL of sterile distilled water was aliquoted into 2mL tubes and each was inoculated with a loopful of bacterial culture harvested from Brilliance Listeria agar plates. The bacterial suspension was vortexed for 10 s and heated at 95°C for 10 min, followed by cooling at room temperature and centrifugation at $15,493 \times g$ for 5 min. The supernatants were transferred into sterile 2-mL microcentrifuge tubes, and the debris was discarded. The crude supernatants were stored at -20°C and were subsequently used as DNA templates in the PCR assays for serogrouping and MLVA profiling.

Determination of the serogroups of *L. monocytogenes* **isolates.** The PCR assay method described by Doumith et al. (8) was used to characterize *L. monocytogenes* serogroups. The five primers used to classify the strains into serogroups are shown in Appendix S2. Multiplex PCR was used to classify *L. monocytogenes* strains into serogroups that target the five fragments of *L*.

	No. of alleles (in parentheses) by serovars of <i>L. monocytogenes^a</i>					
TR locus	IIa	IIb	IIc	IVb		
LM-TR1	00, 03 (2)	00 (1)	00, 03 (2)	00, 03, 05 (3)		
LM-TR2	02 (1)	02 (1)	02 (1)	02 (1)		
LM-TR3	11, 20, 22 (3)	22 (1)	20, 22 (2)	14, 20, 22 (3)		
LM-TR4	03 (1)	03 (1)	03 (1)	00 (1)		
LM-TR5	14, 16, 21, 22 (4)	21 (1)	16, 21, 22 (3)	14, 21, 25 (3)		
LM-TR6	04, 06, 08, 89, 93 (5)	04 (1)	04 (1)	93 (1)		

TABLE 1. Summary of the 60 L. monocytogenes isolates based on the number of alleles found at each locus according to their serovars

^a Allele at each locus for a given serogroup.

monocytogenes, namely, imo1118, imo0737, orf2110, orf2819, and prs (specific for Listeria spp.). PCR assay was prepared as follows: 12.5 µL of 2× RED Taq master mix (Ampliqon, Odense, Denmark), 3.5 µL of nuclease-free water, 5 µL of DNA template, and 4 µL of 20 µM primer mix for PCR assay. The PCR conditions used were as follows: initial denaturation step at 94°C for 3 min; 35 cycles of 94°C for 0.40 min, 53°C for 1.15 min, and 72°C for 1.15 min; and one final cycle at 72°C for 7 min in a thermocycler (Lasec, Cape Town, South Africa). A 20-µL aliquot of each PCR product was subjected to electrophoresis on 3% ethidium bromide-stained agarose gel for 3 h at 100 V. L. monocytogenes ATCC 19111 was used as a positive control, Campylobacter fetus ATCC 27373 as a negative control, and water as a blank, for validation of the zero grouping assays with PCR. A 100-bp molecular weight marker (Thermo Fisher Scientific, Waltham, MA) was used as a standard to estimate the amplicon sizes.

MLVA subtyping of L. monocytogenes isolates. The MLVA procedure was conducted as a singleplex using the six primer pairs proposed by Murphy et al. (28) shown in Appendix S3. PCR assay was prepared as follows: 12.5 µL of 2× RED Taq master mix (Ampliqon), 3.5 µL of nuclease-free water, 5 µL of DNA template, and 4 µL of 20 µM primer mix. Thermal cycling consisted of 35 cycles of 94°C for 45 s; the annealing temperature of 54°C for 45 s for all primers except LM-TR 6, where the annealing temperature was adjusted to 52 and 72°C (singleplex assays) for 60 s; with a final extension at 72°C for 5 min (a modification of the cycling conditions by Noller et al. (32)). The PCR products (5 µL) were subjected to electrophoresis on 3% ethidium bromide-stained agarose gel for 3 h at 100 V. Amplicon sizes for each marker were estimated using O'RangeRuler 20-bp DNA ladder (Thermo Fisher Scientific). A gel documentation system (Vacutec, Roodepoort, South Africa) was used to capture the amplicon sizes. L. monocytogenes ATCC 19111 was used as a positive control and water as a blank.

The TR copy numbers in each sample were determined for each marker by extrapolating fragment sizes and TR sequence size as described by Murphy et al. (28). Allele numbers were assigned for each amplified DNA from each isolate based on the estimated number of TRs.

The number of TRs was rounded down to whole numbers. MLVA types were assigned for samples analyzed in this study based on sequence number (MLVA allele string) representing the number of TRs for each locus and sample (TR1-TR-2, TR-3, TR-4, TR-5, TR-6) because there is no international database for MLVA genotypes.

Data analysis. UPGMA was used to generate dendrograms and minimum spanning trees and to calculate genetic distances among the genotypes. First, distance matrices were calculated using the "daisy" function with the "gower" parameter specified to determine Gower distances with the R package "cluster" (22). Thereafter, UPGMA trees were constructed and visualized with "ggtree" (49). Minimum spanning trees were calculated using the "ape" package (33) with the "mst" function and were visualized using "igraph" (6) and "ggnetwork" (3). R version 4.0.2 (42) was used for the construction of dendrograms and minimum spanning trees.

RESULTS

Detection of serogroups of *L. monocytogenes.* Of the 60 isolates of *L. monocytogenes* recovered from retail outlets, abattoirs, and farms assessed in the current study, the frequency of detection of the serogroups was as follows: 1/2a-3a (IIa) (27, 45.0%); 4b-4d-4e (IVb) (24, 40.0%); 1/2c-3c (IIc) (8, 13.3%); and 1/2b-3b (IIb) (1, 1.7%) (P < 0.0001).

MLVA of L. monocytogenes isolates. MLVA successfully discriminated among L. monocytogenes isolates by region, sample type or class, and serogroup; the method's discriminatory power is demonstrated by the UPGMA dendrogram (Fig. 1 and Table 1) and minimum spanning tree (Fig. 2). A total of 16 MLVA patterns were detected among the four serogroups. The predominant MLVA pattern was type I (14, 23.3%), which consisted of isolates from serogroups IIa, IIb, and IIc; this indicates they are closely related in terms of MLVA despite being in different serogroups (Fig. 2 and Table 2). The unique MLVA types were III (7, 11.7%), IV (4, 6.7%), V (4, 6.7%), VI (3, 5.0%), IX (3, 5.0%), and XI (2, 3.5%), which all were isolates belonging to the same serogroup, IVb. This indicates that although these L. monocytogenes isolates belonged to the same serogroup, they were genetically unrelated in terms of TR copy numbers (Figs. 1 and 2). Of interest is that all the isolates in the second most predominant MLVA type, type II (9, 15%), belonged to serogroup IIa. The isolates in MLVA types VII and VIII shared the same serogroups, IIa and IIc, in each of the MLVA types. All the isolates in serogroup IVb in this study do not cluster with other serogroups detected and belonged to MLVA types III, IV, V, VI, IX, XI, and XVI (Table 2).

All *L. monocytogenes* isolates are classified as belonging to MLVA types II, III, IV, VI, VII, VIII, IX, XI, XII, XIII, and XIV, originating from the retail outlets only (Table 2); in contrast, the isolates in MLVA types I, V,









TABLE 2. Clusters of L. monocytogenes identified by MLVA subtyping^a

MLVA pattern type ^b	% isolates belonging to MLVA pattern	MLVA allele string ^c	Source ^d	Sample type ^e	Serogroup ^f
I (14)	23.3	00-02-22-03-21-04	Abattoir (8), farm (6)	Carcass swab (6), recal (5), environmental (3)	IIa (8), IIc (5), IIb (1)
II (9)	15.0	03-02-22-03-22-04	Retail outlet (9)	Raw beef (6), RTE beef (3)	IIa (9)
III (7)	11.7	00-02-22-03-25-93	Retail outlet (7)	Raw beef (5), RTE beef (2)	IVb (7)
IV (4)	6.7	03-02-22-03-25-93	Retail outlet (4)	RTE beef (3), raw beef (1)	IVb (4)
V (4)	6.7	00-02-20-03-21-93	Abattoir (1), farm (3)	Fecal (2), environmental (1), carcass swab (1)	IVb (4)
VI (3)	5.0	03-02-20-03-21-93	Retail outlet (3)	Raw beef (2), RTE beef (1)	IVb (3)
VII (3)	5.0	03-02-22-03-21-04	Retail outlet (3)	Raw beef (3)	IIa (2), IIc (1)
VIII (3)	5.0	00-02-22-03-22-04	Retail outlet (3)	Raw beef (3)	IIa (2), IIc (1)
IX (3)	5.0	05-02-14-03-14-93	Retail outlet (3)	Raw beef (3)	IVb (3)
X (3)	5.0	00-02-20-03-16-04	Abattoir (2), farm (1)	Carcass swab (2), environmental (1)	IIc (2), IIa (1)
XI (2)	3.3	05-02-22-03-25-93	Retail outlet (2)	Raw beef (2)	IVb (2)
XII (1)	1.7	00-02-11-03-14-93	Retail outlet	Raw beef	IIa
XIII (1)	1.7	00-02-22-03-21-06	Retail outlet	Raw beef	IIa
Xiv (1)	1.7	03-02-22-03-21-08	Retail outlet	Raw beef	IIa
XV (1)	1.7	00-02-20-03-16-89	Farm	Fecal	IIa
XVI (1)	1.7	00-02-22-03-21-93	Abattoir	Environmental	IVb

^{*a*} Six loci, n = 60. RTE, ready-to-eat.

^b Numbers in parentheses are the numbers of isolates that shared the same MLVA allele pattern type.

^c MLVA allele strings are denoted in the order [LM-TR1]-[LM-TR2]-[LM-TR3]-[LM-TR4]-[LM-TR5]-[LM-TR6].

^d Number of isolates that shared the same MLVA allele pattern by source of sample: retail outlets (chain, large, medium, and small); farms (communal, cow-calf, and feedlots operations); abattoirs (high throughput HT).

^e Number of isolates that shared the same MLVA allele pattern type by sample type: raw beef (briskets, minced, chucks, intestine, kidney, etc.); RTE beef ("Polony," Vienna, and "Biltong"); carcass swab (preevisceration swab, postevisceration swab, chilled swab); fecal (perineal [fecal] swab, fresh fecal, pooled fecal); environmental (feed and water).

^{*f*} Number of isolates that shared the same MLVA allele pattern type by serogroup: IIa (1/2a-3a), IIb (1/2b-3b), IIc (1/2c-3c), IVb (4b-4d-4e).

and X were from different sources (abattoirs and farms). As for sample types, all the isolates of *L. monocytogenes* in MLVA types VII, VIII, IX, XI, XII, XIII, and XIV were from the same sample type (raw beef). The isolates in MLVA types II, III, IV, and VI shared the same sample type, raw and ready-to-eat beef, whereas MLVA types I, V, and X came from carcass swab, fecal, and environmental samples. The isolates in MLVA types XV and XVI were recovered from fecal and environmental samples, respectively (Table 2).

Most of the isolates, (14, 23.3%) (LM40, LM44, LM50, LM53, LM39, LM47, LM60, LM41, LM59, LM46, LM42, LM52, LM49, and LM56) from abattoirs and farms formed the same clusters irrespective of their serogroups (Fig. 2), which suggests that most of the isolates from both sources were genetically related.

DISCUSSION

To our knowledge, this is the first report of the application of MLVA to subtyping *L. monocytogenes* in South Africa. MLVA has been used to subtype the following pathogens in South Africa: *Mycoplasma pneumonia (4), Salmonella* Enteritidis (30), and *Clostridium difficile (17)*. However, subtyping of *L. monocytogenes* by MLVA has previously been conducted in countries such as Ireland (7), Sweden (20), Japan (31), Spain (23), and the United States

(27). MLVA used in this study was able to produce quality results based on genetic relatedness among the *L.* monocytogenes isolates, irrespective of their serogroups when compared with the subtyping of *L. monocytogenes* described by Doumith et al. (8). MLVA targets highly variable genomic regions, with the disadvantage that the markers may be unstable and may instantly change during passage in infected hosts, natural environments, or in the laboratory (46). In our study, a total of 16 MLVA patterns were detected, a finding supported by Saleh-Lakha et al. (38), who detected a total of 11 MLVA patterns. The authors mentioned that the high frequency of patterns generated by MLVA would potentially lead to different MLVA patterns for epidemiologically linked isolates, thus complicating surveillance and epidemiological investigations.

Human listeriosis outbreaks are predominantly caused by *L. monocytogenes* serogroups 4b-4d-4e and 1/2b-3b-7. Sporadic cases are associated with serogroups 1/2a-3a and 1/2c-3c (43, 47), which were the serogroups detected in the current study. In this study, MLVA clustered isolates irrespective of their serogroups, sources, and sample types; it also differentiated samples of the same serogroup, source, and sample type, demonstrating relatedness and distinction among these isolates. These findings agree with the report of Chen et al. (5) that MLVA clustered related isolates together and differentiated the nonrelated isolates of various serogroups. Recording identical MLVA types in this study, irrespective of serogroups, source, and sample types of the isolates, indicates that MLVA generally groups epidemiologically related isolates into the same MLVA type. This agrees with the findings of Miya et al. (27), who reported that identical MLVA patterns were found among food isolates obtained from three different plants, providing initial support that MLVA can group epidemiologically related isolates irrespective of the source and sample type.

In our study, in serogroup IVb no variation was detected in the TR numbers in LM-TR2, LM-TR4, and LM-TR6, but there was variation in LM-TR1, LM-TR3, and LM-TR5 across the source and sample type. Similar TRs were recorded in the other serogroups (IIa, IIb, IIc) (Fig. 1 and Table 1). These findings agree with those of Roberts et al. (36) that serogroup 1Vb isolates of *L. monocytogenes* are genetically distinct within their lineage and have several unique genetic characteristics.

Also note that nine isolates of *L. monocytogenes* (LM24, LM19, LM23, LM25, LM18, LM22, LM21, LM18, and LM26), which originated from retail outlets and belonged to the same serogroup (1/2a-3a), were in the same cluster. However, isolates of *L. monocytogenes* (LM3, LM20, LM37, LM36, and LM35) of the same serogroup were isolated from retail outlets that belonged to a different cluster (Fig. 2). This observation may be due to differences in sample type and geographical origin of the isolates (Appendix S1), presenting a unique genetic pattern among other isolates based on their origin. This is not supported by other reports (7, 48) that groups of similar serogroups and serotypes frequently dominate and persist in the same sources and geographical location.

In our study, we did not detect an absence TR in any of the 60 *L. monocytogenes*, as Murphy et al. (28) found for the LM-TR6 locus in serotype 4b. However, we found a null TR in some of LM-TR1 within the serogroups tested (Table 1). This agrees with the findings of Lindstedt et al. (20) who also detected null in all their loci except in the LMV9 locus, which had more than null TR in serogroup 1/2b-3b than in the other serogroups tested.

Based on the serogroups and MLVA genotypes detected in our study, there is a likelihood of potential crosscontamination of samples by *L. monocytogenes* isolates from retail outlets, farms, and abattoirs, with possible spillover to human consumers of contaminated foods. This is in line with published reports (*11, 24, 25, 35*) that cattle feces, beef, and beef products, feeds including silage, and farm environments are potential sources of *L. monocytogenes*. Note that our study detected MLVA-related isolates of *L. monocytogenes*, although in some cases belonging to different serogroups, in samples from cattle farms, abattoirs, and retail outlets.

In conclusion, our study shows that MLVA can be applied routinely to genotype *L. monocytogenes* to identify contamination sources, because it is rapid and reliable. It permits the tracking of genetically related and nonrelated *L. monocytogenes* isolates irrespective of their serogroups and sources. MLVA subtyping is an efficient tool to improve food biosecurity, monitoring, and surveillance of human and animal listeriosis. Among the serogroups detected in this study, 4b-4d-4e and 1/2b-3b-7 cause human listeriosis outbreaks and were responsible for the last outbreak in South Africa (24). MLVA was able to cluster the genetically related isolates and differentiate the isolates that were not genetically related, irrespective of their serogroups, demonstrating distinctions among the isolates based on their sources and sample types. We have detected 16 *L. monocytogenes* MLVA types from animals, meat and meat product sources, sample types, and geographical origins that also belonged to different serogroups. Because there are no published data on MLVA genotypes of *L. monocytogenes* in South Africa, this study forms a basis for future molecular epidemiological studies using MLVA in the country.

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SUPPLEMENTAL MATERIAL

Supplemental material associated with this article can be found online at: https://doi.org/10.4315/JFP-22-081.s1

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