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A “Red Flag” system adds value to medical school admissions interviews

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Abstract

Introduction

Non-cognitive traits should be considered when selecting candidates to study medicine. However, evaluating these traits remains difficult. We explored whether measuring undesirable non-cognitive behaviour (“Red Flags”) added value to a medical school admissions system. Red Flags included rudeness, ignoring the contributions of others, disrespectful behaviour, or poor communication.

Methods

Following an admissions interview testing non-cognitive attributes in 648 applicants to a UK medical school, we measured the association between interview score and Red Flag frequency. We tested linear and polynomial regression models to evaluate whether the association was linear or non-linear.

Results

In total, 1,126 Red Flags were observed. While Red Flags were concentrated among low-scorers, candidates in the highest- and second-highest deciles for interview score still received Red Flags (six and twenty-two, respectively). The polynomial regression model indicated candidates with higher scores received fewer Red Flags, but the association was not linear ($F(3,644) = 159.8, p = .001, \text{adjusted } R^2 = .42$).

Conclusions

The non-linear association between interview score and Red Flag frequency shows some candidates with desirable non-cognitive attributes will still display undesirable – or even exclusionary – non-cognitive attributes. Recording Red Flag behaviour reduces the likelihood such candidates will be offered a place at medical school.

Keywords

Admissions, interviews, non-cognitive attributes, selection

Practice Points

We explored whether “Red Flags” (such as poor communication skills, rudeness, or disrespect to patients) should be included in medical school admissions systems

Even some academically excellent candidates with positive non-cognitive attributes displayed Red Flags

Without a Red Flag system, some of these candidates may have received offers as their undesirable behaviour would not have been recorded

Introduction

The recruitment of new doctors is an important topic for medical schools, students, healthcare workers, patients, and society (Quinlivan et al., 2010). If unsuitable applicants are selected, students may fail to graduate, experience disruption, or burnout. Meanwhile medical schools themselves may expend resources without providing new doctors to the workforce (Beer & Lawson, 2017).

Globally speaking, prior academic attainment, aptitude tests, reference letters, personal statements, various form of interviews, and even lottery systems have all been used in medical student selection (Prideaux et al., 2013). Substantial heterogeneity exists between and within different jurisdictions and countries (Wilkinson & Wilkinson, 2016). The optimal strategy for recruiting medical students remains unclear, and controversial (Poole et al., 2012), but developing fairer and more effective selection protocols is unarguably important (Swanwick, 2018). The selection decisions made today will shape the medical profession for fifty years to come (McGaghie, 2002), and effective selection systems are beneficial to society (Razack, 2016).

More than thirty years ago, the Edinburgh Declaration suggested that medical school should focus not only on academics, but on non-cognitive attributes (Stegers-Jager, 2018). In recent years, the healthcare field has explored how to evaluate non-cognitive attributes, beliefs, and values. This followed from the belief that it takes more than academic knowledge to make a competent doctor (Boulet & Durning, 2019; Harris & Owen, 2007; Lambe & Bristow, 2010). A wide range of attributes like integrity, creativity, maturity, effectiveness, critical thinking, professionalism, resilience, communication, teamwork, and empathy are recognized to be very important in daily clinical practice (Ayub, 2019; Patterson, 2018; Sebok & Syer, 2015). By clarifying to applicants which attributes are assessed on application, medical schools signpost

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3 what they really value (van Mook et al., 2009). More than eighty non-cognitive traits important
4 to medical education have been documented in the literature (**Albanese et al., 2003; Sehiralti**
5 **et al., 2010), and well-designed interview tools appear to predict performance on**
6 **assessment within medical school (Barber et al., 2022).** However, it is very difficult and
7 challenging to develop effective corresponding selection methods for these attributes (Kreiter,
8 2016; Patterson, 2018), and the validity and reliability of these non-cognitive assessment have
9 been questioned (Goho & Blackman, 2006; Salvatori, 2001).

10
11 Besides this, not all non-cognitive traits are desirable. In addition to positive traits, researchers
12 have sought to identify “Red Flags,” which make a candidate unsuitable to work as a doctor.
13 In medical practice, Red Flags were originally used in the acute care of low back pain and
14 appeared in the literature in the 1980s as a way to identify a major health problem. The
15 underlying concept was then applied broadly across specialties (Ramanayake & Basnayake,
16 2018).

17
18 As applied to selection tools, Red Flags identify non-cognitive behaviours or attitudes which
19 may be considered disqualifying even if a candidate otherwise scores highly. Lambe et al.
20 (2018), exploring the inclusion of a Situational Judgement Test (SJT) in the dental student
21 selection process, incorporated Red Flags into interviews. Applicants were red-flagged if they
22 received a “no” from an interviewer on the question: “Would you like this applicant to be your
23 dentist?” Interviewers could in this case, answer yes, maybe, or no. 29 applicants out of 189
24 were red-flagged in this way. However, they were unable to explore the reasons behind red-
25 flagging, and applicants who received Red Flags appeared to be distributed across different
26 SJT performance bands. This suggests that traditional interview scores, and disqualifying
27 behaviour, are not necessarily highly correlated, and so Red Flags might measure a different
28 aspect of applicant suitability.

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3 Sklar et al. (2015) compared a Multiple Mini Interview (MMI) system against a traditional
4 interview system in a cohort of postgraduate applicants in Head and Neck Surgery. The
5 assessors were given an opportunity to raise a Red Flag to express concerns about the suitability
6 of applicants. However, there were no Red Flags raised for any of the 27 applicants. Bohrer-
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8 Clancy et al. (2018), explored the factors associated with negative outcomes of Emergency
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10 Medicine (EM) residency, and found Red Flags identified during EM clerkships predicted
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12 negative outcomes. Their definition of a Red Flag was a marked deficiency in the letter of
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14 recommendation, or written comments from attending physicians. However, among the 260
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16 candidates analysed, there were only four red-flagged candidates out of 71 who had data
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18 available. The majority of candidate were not analysed, due to lack of data.
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28 **To summarise, there is evidence that well-designed interview systems can select**
29 **candidates well- suited to studying medicine. Any improvements to interview systems**
30 **which give assessors new insights into when and how to make offers will add value to the**
31 **interview system itself. Alongside this,** there is significant interest in the potential use of Red
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33 Flags to identify potentially disqualifying behaviour. However, it is not clear how common
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35 Red Flags are during selection processes, and it is not clear whether Red Flags add value
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37 beyond a traditional scoring system whereby applicants simply achieve higher scores for a
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39 better performance.
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47 Our study explores whether a Red Flag system adds value by evaluating the association
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49 between interview score (where higher is better) and Red Flag frequency (where lower is
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51 better) and examines whether some high-scoring applicants still receive Red Flags. **If the**
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53 **system provides information that could not be obtained simply through a traditional**
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55 **scoring system, it will have added value to the interview process.**
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Methods

Research Approach and Study Design

Our framework for the study was derived from a pragmatic methodology in which we focused on the context of the problem rather than the specific method (Evans et al., 2011), and developed the study as part of a broader programme to investigate Widening Participation at our institution. The design of this study was selected to quantitatively measure the effects of recording what we defined as Red Flags, examples of which included an inability to communicate clearly, a tendency to ignore the contribution of other people, or being disrespectful towards patient groups. All data within this study, including the interview scores, Red Flags, and survey results, were routinely collected for Quality Improvement purposes.

Context

The undergraduate MBChB Medicine Programme at Edinburgh Medical School is a 6-year basic medical education program, designed to prepare students for work as a General Practitioner, hospital doctor, or academic. Students spend the first two years studying the fundamentals of medicine, health, ethics, and society, then undertake a year of research-based study in third year, before spending the remaining time on attachments developing the skills required to work as a new doctor. While the curriculum is developed locally, it is regulated by the General Medical Council (General Medical Council, 2018)

Participants and sampling

In this admission cycle (entry year 2020), there were 2,638 applicants to the MBChB Medicine Programme. 648 were invited and attended the interview. 32.6% were male while 67.4% were female. 497 applicants, 76.7% of applicants interviewed, were given offers. 237 applicants,

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3 36.6% of applicants interviewed, accepted the offer and were placed into the programme.
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5 Therefore, around one in every eleven applicants eventually studied on the programme. **All**
6
7 **interviewed applicants in this cycle were included in the study.**
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10 *Procedure*

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14 Edinburgh Medical School remained the only medical school not conducting face to face
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16 interviews in the United Kingdom in 2017, largely for historical reasons. A review of the
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18 admissions process was undertaken in 2018, which included a review of medical school
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20 admissions processes across the country, observation of Multiple Mini-Interviews (MMIs) in
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22 another Scottish medical school and at the veterinary school in the same university, a review
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24 of the literature and personal correspondence. A survey of clinical teachers, including NHS and
25
26 university employees was undertaken, followed by a workshop to which key contributors to
27
28 the delivery of undergraduate medical education in Edinburgh were invited. Based on these
29
30 discussions and results of the survey we introduced assessment days for students entering in
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32 2020/21. Respondents to the survey and at the workshop were invited to prioritise core values
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34 and attributes as defined in the Medical Schools' Council guidance documents (Medical
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36 Schools Council, 2018).
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43 The three highest priorities were: motivation to study medicine and genuine interest in the
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45 medical profession, honesty, and the ability to treat people with respect. The lowest priority
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47 was academic ability, as this was assessed separately by academic grades.
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50 A common thread throughout was the need to improve the diversity of our undergraduates,
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52 particularly socio-economic diversity, and so assessors carefully considered how students of
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54 some backgrounds might have fewer opportunities to engage in extra-curricular activities or
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56 work experience. The paucity of those wishing to become GPs was mentioned and a need to
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58 include more GPs in the selection process was highlighted.
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3 The framework for assessment included three biographical interviews, aimed at gaining as
4 much information about the candidate as possible, and focusing on one or two of the key
5 attributes that were defined in the consultation process. The scoring system aligned to each of
6 the attributes, and each candidate could score up to 7 for each of the assessed attributes. As a
7 fourth station, applicants undertook a team activity, working in groups of three or four. **The**
8 **first three stations were ten minutes long, whereas the fourth station was 30 minutes long.**

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18 **Descriptors were provided to assessors for each of the attributes, and they were asked to**
19 **add free text to justify a Red Flag. As such, any significant failure on any of the attributes**
20 **described earlier could constitute a Red Flag (a marker of concern), but no formal**
21 **distinction was made between a “moderate” or “severe” Red Flag, and there was no**
22 **defined list for assessors to use.** Additional information was provided in a free text box to
23 support their use. The Red Flags were reviewed by the admissions team when making for
24 offers. If a candidate received three or more Red Flags this gave cause for concern and the free
25 text was carefully reviewed when considering whether to make an offer to the candidate. **No**
26 **candidate with three or more red flags received an offer following interview in this**
27 **dataset.**

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41 The structure and timing were piloted with first year medical students. Selectors were
42 volunteers who are clinically active as doctors or allied health professionals, involved in
43 undergraduate teaching, and/or lay and patient representatives. All selectors attended a training
44 event, which outlined the philosophy and process of the assessment days, **observed video**
45 **exemplars for each station, and discussed how to use the Red Flags system for each.** For
46 the first year, two selectors were present at each station, and marked independently. There was
47 a briefing every morning, with a reminder about the structure and marking system, and
48 members of the admissions team were available each day to respond to queries.
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3 **Assessors were provided with a scoring scheme for each attribute up to a maximum of**
4 **seven per attribute. Therefore, a station would provide a total of seven if assessing a single**
5 **attribute, or fourteen if assessing two attributes. Each attribute received the same**
6 **weighting. Red Flags were recorded as a simple numerical score. All stations were**
7 **marked in the same way.**

15 *Statistical analyses*

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19 Statistical analyses were performed using R Statistical Software (Version 4.0.3; R Foundation
20 for Statistical Computing, Vienna, Austria). For applicants interviewed, we collected data on
21 interview scores and Red Flag frequency. All the data was completely deidentified and no
22 personal data was used in the study. Ethical approval for the research was granted by the
23 Medical Education Unit ethics committee.

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31 **There were two assessors for each station.** We used the Intraclass correlation coefficient
32 (ICC) for interrater reliability analysis: in a reliable selection test, different raters should
33 broadly agree on the applicant's suitability, so reliability statistics should be at least moderate.
34 The ICC is a statistical measure evaluating the level of agreement and correlation between
35 measurements within the same class of data. It serves as a quantitative estimate of reliability,
36 and the typical value falls between 0 and 1 (Liljequist et al., 2019). ICC estimates and their
37 95% confident intervals were calculated using R based on a mean-rating (k=2), absolute-
38 agreement, 2-way random-effects model (Hallgren, 2012; Koo & Li, 2016; Shrout & Fleiss,
39 1979).

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53 We then examined the association between interview score and Red Flag frequency by visual
54 inspection and via polynomial regression. In a standard linear regression model, the association
55 between predictor and outcome variable is assumed to take the form of a straight line. When
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3 using polynomial regression, it is possible to test the effects of curvilinear associations, for
4 cases where the variables are associated but not in a form well-expressed by a straight line. In
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6 this model, we tested quadratic and cubic polynomials, after centring the station mark on the
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8 sample mean to reduce the likelihood of multicollinearity in the regression models. For a more
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10 detailed explanation of polynomial regression, see e.g. Bradley and Srivastava (1979).
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16 This was important because if the association between interview score and Red Flag frequency
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18 was negative but not linear, it meant some applicants achieved high scores while still exhibiting
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20 potentially disqualifying behaviour. An a priori power calculation indicated the sample size
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22 was sufficient to detect small effects for all analyses (Cohen, 1992).
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26 Since the focus of this study was solely on the association between interview score and Red
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28 Flag frequency, we do not discuss the relationship between interview scores and other
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30 components of admissions, or the threshold for receiving an offer.
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34 **Results**

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37 The descriptive statistics of the four stations can be found in Table 1. The mean score (and
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39 standard deviation – SD) for station one, two, three, and four were 6.07 (1.20), 5.98 (1.07),
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41 5.05 (1.37), and 5.74 (1.20) respectively. The mean Red Flags for these four stations were less
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43 than 1. The SD of Red Flags ranged from 0.85-1.33. In total, 1,126 Red Flags were observed.
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48 [Insert table 1 about here]
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51 The Intraclass correlation coefficient (ICC) was used for the interrater reliability analysis for
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53 station one to four. ICC estimates and their 95% confident intervals were calculated using a
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55 mean-rating (k=2), absolute-agreement, 2-way random-effects model (Koo & Li, 2016;
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57 McGraw & Wong, 1996; Shrout & Fleiss, 1979). The ICC results of interview score are
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3 shown in Table 2. The reliability were Moderate, or Moderate to Good according to Koo and
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5 Li (2016). Using the proposed criteria by Cicchetti and Sparrow (1981), the reliability were
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7 Good, or Good to Excellent. Red Flag ICC result are shown in Table 3. The reliability were
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9 Moderate, or Moderate to Good according to Koo and Li (2016). Using the proposed criteria
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11 by Cicchetti and Sparrow (1981), the reliability were Fair to Good, or Good to Excellent.
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14 Therefore, both the interview score and the Red Flag frequency exhibited acceptable
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16 reliability.
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20 [Insert Table 2 about here]
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24 [Insert Table 3 about here]
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27 The result showed a high level of skewness in which nearly half (48.5%) of candidates received
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29 no Red Flags at all. While 86.1% of candidates received fewer than five Red Flags, 1.7% of
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31 candidates received more than ten Red Flags. After dividing the applicants into deciles
32
33 according to interview score, we noted that while a large number of Red Flags were given to
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35 the bottom decile (392), some were still given to both the highest decile (6) and the second-
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37 highest decile (22).
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41 After this inspection, we visually examined the association of interview score against Red Flag
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43 frequency. We explored departures from linearity via a loess regression model (see Figure 1),
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45 in which the regression line was not forced into the form of a straight line. Generally, those
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47 with a higher interview score had fewer Red Flags – but the association did not seem linear.
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52 [Insert Figure 1 about here]
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56 To formally test for non-linear associations, we then ran a polynomial regression analysis,
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58 adding terms up to and including the 4th order as predictors. For these values, mean-centred
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3 scores were used as opposed to raw scores. Backwards elimination of the polynomial terms of
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5 interview score resulted in a model where interview score was expressed as a cubic function
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7 with coefficients: score, $\beta = -.15, p = .001$, score², $\beta = 0.003, p = .001$, and score³ $\beta = 0.0007,$
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9 $p = .001$. The overall model fit statistics were $F(3,644) = 159.8, p = .001$, adjusted $R^2 = .42 -$
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11 a large effect size. The statistical analysis confirmed the visual inspection: the association
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13 between interview score and Red Flag frequency was not linear.
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18 **Discussion**

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21 The interview scoring system was reliable, with examiners awarding consistent ratings to
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23 applicants across stations. Importantly, the Red Flags were also reliable; applicants who
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25 gained a Red Flag in one station were more likely to gain Red Flags in others. This supports
26
27 the idea that the interview stations were measuring broad non-cognitive skills relevant to the
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29 selection criteria.
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34 Low-scoring applicants received more Red Flags, but some very high-scoring applicants still
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36 exhibited concerning behaviour. The final, non-linear model supports this view: despite a
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38 large amount of variance shared between interview score and Red Flag frequency, they are
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40 not measuring identical constructs, and so incorporating Red Flags into an interview system
41
42 is likely to add value when making selection decisions. Given the relatively small number of
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44 Red Flags observed in the top two deciles, highly competitive programmes may particularly
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46 benefit as they can then distinguish between two similarly high-scoring applicants when one
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48 is exhibiting disqualifying behaviour.
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53 This study extends some of the previous research on non-cognitive selection methods. In line
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55 with some previous research (Lambe et al., 2018; Sklar et al., 2015), we were able to identify
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57 Red Flag behaviour. As with those studies, the average frequency of Red Flag behaviour was
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59 low, which confirms these are low-frequency, but potentially high-severity, events. More
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3 broadly, the fact even relatively high-scoring applicants sometimes exhibit concerning non-
4 cognitive behaviour underlines the importance of non-cognitive evaluation in selection tools
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6 described by Stegers-Jager (2018). Our paper demonstrates that Red Flags can be used
7
8 reliably to identify concerning behaviour. Red Flags can be incorporated into an interview
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10 system straightforwardly and add value to selection systems by explicitly considering
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12 negative, as well as positive, non-cognitive behaviour.
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17 **One notable finding was that our applicants had a relatively high number of Red Flags**
18 **compared to other studies. Given the broad range of potentially concerning behaviour,**
19 **and the fact that participants are sometimes applicants to medical school, sometimes**
20 **medical students, and sometimes doctors, this may be expected. However, the**
21 **“expected” frequency of Red Flags remains under-explored.**
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30 This study has a number of strengths. Firstly, the study was carried out on a brand-new
31 interview system, and as such, there should have been no leakage of content and no practice
32 effects from consulting with previous interviewees. The tool was reliable, and the sample
33 size large enough to allow for the detection of small effects. The use of polynomial regression
34 allowed for an effective test of non-linear associations, instead of relying on a simple linear
35 model.
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44 Despite this, there were limitations. This is a single-site study, in one jurisdiction. While the
45 non-cognitive attributes considered desirable reflect those prioritised in other countries, some
46 variance will be uniquely attributable to the local environment. Secondly, we were unable to
47 compare different kinds of Red Flags, to see whether different forms of disqualifying
48 behaviour were more prominent than others. **While assessors were trained, the possibility**
49 **of implicit bias was not formally evaluated within this study.** Finally, this study did not
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3 link applicant score to future performance; the expectation that those with fewer Red Flags
4 will make better medical students, and thereafter better doctors, is plausible but unconfirmed.
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8 There are several logical options for future research. Firstly, a better exploration of the range
9 and type of Red Flags may help selection committees understand the breadth of behaviour
10 present in applicants and provide better guidance not just to interviewers, but to potential
11 applicants as well. Testing whether some examiners give more Red Flags than others will
12 help ensure reliability, while evaluating whether some applicant categories are given more
13 Red Flags is important for understanding fairness in selection to medical school. Lastly, a
14 longitudinal evaluation of what happens to applicants of different Red Flag frequencies and
15 interview score will help selection committees better understand the validity of Red Flags as
16 a concept. Collectively, these will enhance our understanding of selection methods and so,
17 hopefully, improve the quality of the medical workforce.
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32 **In summary, the use of Red Flags added value to the interview system. Red Flags added**
33 **unique information that could not be obtained through interview scores alone,**
34 **providing new insights into applicants. This enhanced the decision-making processes of**
35 **the admissions team.**
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Declaration of Interest Statement

No interest to declare.

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For Peer-Review Only

Table 1**Summary Statistics of the Stations**

Station	Interview Score Mean (SD)	Range	RF Mean (SD)	RF Range
Station 1	6.07 (1.20)	3-14	0.39 (1.09)	0-8
Station 2	5.98 (1.07)	5-28	0.58 (1.33)	0-9
Station 3	5.05 (1.37)	3-28	0.55 (1.19)	0-7
Station 4	5.74 (1.20)	6-28	0.22 (0.85)	0-9

Note: RF = Red Flag. Raw interview scores were converted to a scale of 0-7

Table 2**Interrater reliability analysis for Interview Score using Intraclass Correlation****Coefficient (ICC)**

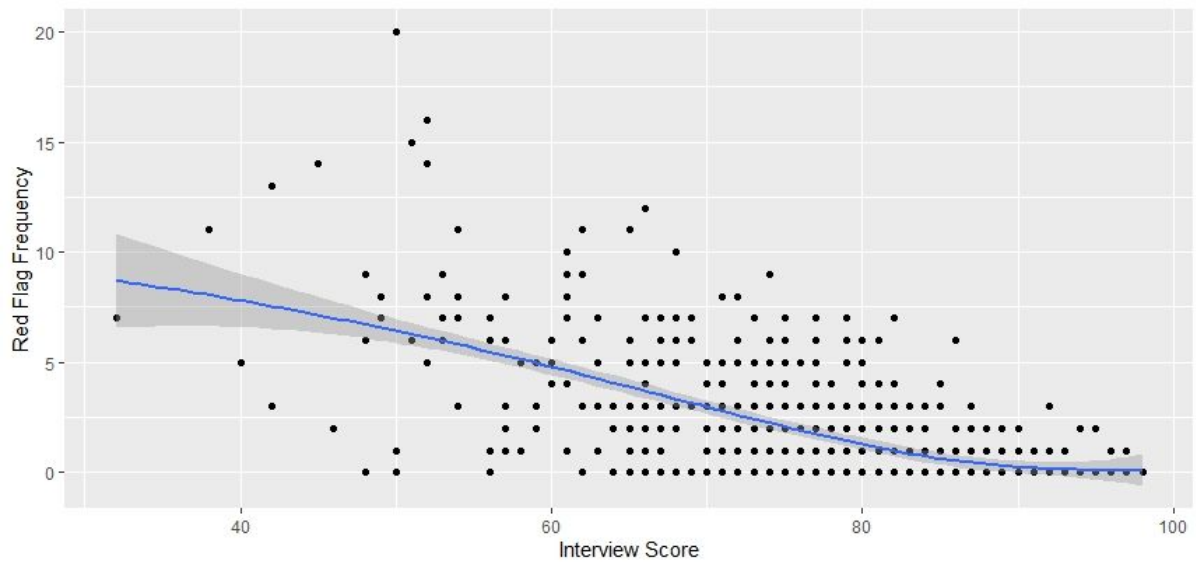
	<i>ICC2K (95% CI)</i> CI: confidence interval	<i>Reliability</i> (<i>Koo and Li, 2016</i>)	<i>Reliability</i> (<i>Cicchetti and Sparrow, 1981</i>)
Station 1	0.72 (0.68-0.75)	Moderate to Good	Good to Excellent
Station 2	0.66 (0.61-0.70)	Moderate	Good
Station 3	0.73 (0.69-0.76)	Moderate to Good	Good to Excellent
Station 4	0.68 (0.64-0.72)	Moderate	Good

Table 3

Interrater reliability analysis for Red Flags using Intraclass Correlation Coefficient (ICC)

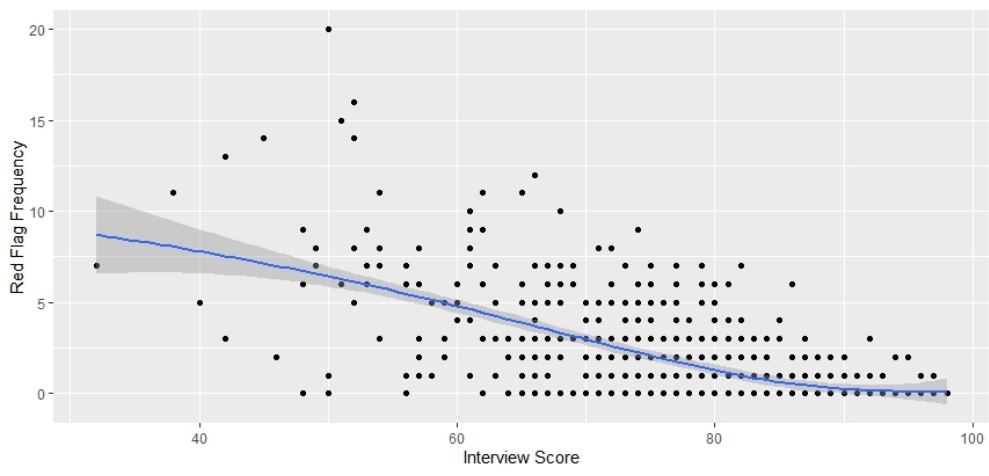
	<i>ICC2K (95% CI) CI: confidence interval</i>	<i>Reliability (Koo and Li, 2016)</i>	<i>Reliability (Cicchetti and Sparrow, 1981)</i>
Station 1	0.77 (0.74-0.80)	Moderate to Good	Good to Excellent
Station 2	0.73 (0.69-0.76)	Moderate to Good	Good to Excellent
Station 3	0.62 (0.57-0.67)	Moderate	Fair to Good
Station 4	0.74 (0.71-0.77)	Moderate to Good	Good to Excellent

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3 **Figure 1: Association between Interview Score and Red Flag frequency**
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Note: The blue line indicates the association between interview score and Red Flag frequency, and demonstrates the non-linearity of the association. **Data points with the exact same Red Flag Frequency/Interview Score are represented by a single dot.**

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Association between Interview Score and Red Flag frequency

227x107mm (96 x 96 DPI)

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3 Reviewer: 1
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5 Comments to the Author
6

7 1) Thank you for submitting this manuscript reporting your efforts to test a "Red Flag" system for
8 medical school interviews. Early identification of candidates who demonstrate unprofessional or
9 undesirable behaviors is of great interest to admissions teams and student affairs professionals. This
10 work builds upon earlier work and extends our understanding of how the interview can contribute
11 to the selection process.
12

13 **Response:** We thank the reviewer for this comment. We have expanded the paper in a
14 number of areas in response to reviewer comments.
15

16 2) Introduction: This is a succinct overview of the need for effective selection processes and the shift
17 to consider non-cognitive factors in addition to tradition academic metrics. Red Flags are introduced
18 as a practice that can be adopted for use in selection processes. The rationale for the use of Red
19 Flags is clear and the problem and purpose statements are clear and focused. The constructs of non-
20 cognitive attributes and judgement are introduced. Please articulate and describe the conceptual
21 framework that guides this study.
22

23 **Response:** We now note "Our framework for the study was derived from a pragmatic
24 methodology in which we focused on the context of the problem rather than the specific
25 method (Evans et al., 2011), and developed the study as part of a broader programme to
26 investigate Widening Participation at our institution." We have made this as brief as possible
27 but can expand if helpful.
28

29 3) The literature review includes many key papers and there is at least one current reference for
30 each key topic (e.g., SJT, MMI). Please also see this recent paper for an excellent treatment of the
31 relationship between selection procedures and professionalism.
32

33 Barber, C., Burgess, R., Mountjoy, M. et al. Associations between admissions factors and the need
34 for remediation. *Adv in Health Sci Educ* 27, 475–489 (2022). <https://doi.org/10.1007/s10459-022-10097-8>
35

36 **Response:** We thank the reviewer for this comment. We have included the suggested paper
37 in the introduction.
38

39 4) Methods: Please start the section with a 1-2 sentence overview of the research approach and
40 explain why this the appropriate design. This information is necessary before describing the context
41 and participants. The information about the Quality Improvement process is interesting and relevant
42 but explain whether/how this work launched the need for this study. Also, I was unclear about the
43 source of the Red Flags until I reached the middle to end of the Procedures section. Please briefly
44 explain this early on in the Methods section. Next, please add some information to explain what was
45 done as a regular part of the selection process and what was done for this investigation. For
46 example, the description of the survey and core values seemed disconnected. Please explain if the
47 survey was done with intent to inform the study or was it something that had occurred as part of the
48 Section Process QI effort?
49

50 **Response:** We have now modified the methods section as per comment 4 and 5. In
51 particular, we note "All data within this study, including the interview scores, Red Flags, and survey
52 results, were routinely collected for Quality Improvement purposes."
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3 5) I recommend following the traditional pattern, i.e., describe the research approach/paradigm,
4 describe the research design, share the participants and context, describe the research methods and
5 procedures or intervention, describe the measurement instrument, describe the participants and
6 sampling procedures; discuss selection bias.... and then move to Data Analysis section.
7

8
9 **Response:** We have substantially amended this section. We have added a new “research
10 approach and study design” section outlining the framework, rationale for the study, and
11 additional information on the source of Red Flags. We have separated the participants
12 section into a “context” and “participants and sampling” section with additional information.
13

14 6) Data Analysis: I lack the expertise to evaluate all statistical aspects of this section, but the data
15 analysis procedures are described with ample detail and seem appropriate to each analysis. The
16 supporting statements about why specific tests were important are particularly helpful.
17

18 **Response:** We thank the reviewer for this comment: we have aimed for concision
19 throughout the analysis section.
20

21 7) Results: The results are communicated effectively and reinforce but not duplicate the Tables.
22 Confirming the non-linearity of the relationship between interview score and Red Flag Frequency is
23 an important result, as was establishing the reliability of the red flag assessment. I was astounded by
24 the finding that more than half of the candidates received a red flag. What is known about the
25 reviewers who assigned Red Flags? Are there hawks and doves? What is known about the recipients
26 and the potential for implicit bias (e.g., if someone does not make consistent eye contact is that
27 deemed disrespectful or poor communication?). The finding that 1.7% received more than ten flags
28 is worrisome but not surprising.
29

30
31 **Response:** We now note “One notable finding was that our applicants had a relatively high
32 number of Red Flags compared to other studies. Given the broad range of potentially
33 concerning behaviour, and the fact that participants are sometimes applicants to medical
34 school, sometimes medical students, and sometimes doctors, this may be expected.
35 However, the “expected” frequency of Red Flags remains under-explored.” In limitations we
36 now say “While assessors were trained, the possibility of implicit bias was not formally
37 evaluated within this study.”
38
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40
41 8) Discussion: The Discussion effectively highlights the key points but does not overstate the
42 findings. Limitations are noted, as are several appropriate next steps for this research. The practical
43 significance of the findings (Red Flags are effective, can make the difference in top tier comparisons)
44 are shared. Please add more information about the range of Red Flags observed. In the Procedures
45 section there is only an abbreviated list (inability to communicate clearly, tendency to ignore...,
46 being disrespectful). It will be helpful to be able to see the range of "severity" for the red flags. This
47 is especially important as I anticipate some readers will ask if these were interview day faux pas due
48 to interview anxiety -- or truly red flag behaviors that might (more work needed here though)
49 predict professionalism problems upon matriculation.
50
51

52 **Response:** In the methods we now note “Descriptors were provided to selectors for each of
53 the attributes, and they were asked to add free text to justify a Red Flag. As such, any
54 significant failure on any of the attributes described earlier could constitute a Red Flag (a
55 marker of concern), but no formal distinction was made between a “moderate” or “severe”
56 Red Flag, and there was no defined list for assessors to use.”
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3 9) The tables and figures are easy to read and well-documented. The abstract is an accurate
4 summary of the entire work.
5

6 **Response:** We thank the reviewer for this comment.
7

8 Reviewer: 2
9

10 Comments to the Author
11

12 10) Ng & al have submitted a study based on a 4 station MMI, assessing the added value of a red flag
13 mark in addition to the standard station mark.
14

15 Importantly, the research question posited in the title "A red flag system adds value toadmissions
16 interviews" has been neither addressed or proven. This would require a comparison between the
17 results of the station scores plus/minus the red flag marks, to see how many cases the red flags
18 changed the decision to offer or not. This does not occur in the paper, not least because the
19 standard station marking is not described, and the red flags themselves are incompletely described.
20

21 **Response:** We have now expanded our explanation of this, further explaining how we have
22 utilised the term "value" and how we measured whether value was added. In the
23 introduction, we now note:
24

25
26 "To summarise, there is evidence that well-designed interview systems can select candidates
27 well- suited to studying medicine. Any improvements to interview systems which give
28 assessors new insights into when and how to make offers will add value to the interview
29 system itself. Alongside this..."
30

31 And later state:
32

33 "If the system provides information that could not be obtained simply through a traditional
34 scoring system, it will have added value to the interview process."
35

36 So essentially, we argue the system adds value *because* it gives information otherwise
37 unobtainable.
38

39 Regarding the "changed offers," we have now expanded on this in response to comment 21.
40

41 11. How many types of red flags existed?
42

43 **Response:** We have expanded on this as per comment 8: "Descriptors were provided to
44 selectors for each of the attributes, and they were asked to add free text to justify a Red
45 Flag. As such, any significant failure on any of the attributes described earlier could
46 constitute a Red Flag (a marker of concern), but no formal distinction was made between a
47 "moderate" or "severe" Red Flag, and there was no defined list for assessors to use."
48
49

50 12. Which types of red flags were awarded, and in which stations?
51

52 **Response:** As outlined above in responses to 8 and 11, there was not a definitive list of Red
53 Flags, and assessors used their judgment and training to decide whether a behaviour was a
54 marker of concern.
55

56 13. How were selectors trained on what behaviours merited a red flag and what did not?
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3 **Response:** We now note that “All selectors attended a training event, which outlined the
4 philosophy and process of the assessment days, observed video exemplars for each station,
5 and discussed how to use the Red Flags system for each.”
6

7
8 14. How were interview stations scored?

9 **Response: We now note** “Assessors were provided with a scoring scheme for each attribute
10 up to a maximum of seven per attribute. Therefore, a station would provide a total of seven
11 if assessing a single attribute, or fourteen if assessing two attributes. Each attribute received
12 the same weighting. Red Flags were recorded as a simple numerical score.”
13
14

15 15. How many selectors scored on each station to calculate an inter-rater correlation?

16 **Response:** This is noted in the procedure, but for clarity have added a statement to the
17 statistical analyses as well: “There were two assessors for each station.”
18
19

20 16 Apparently stations 1-3 were similar, focusing on biographical questions (p8l31) and station 4 was
21 a group activity. Presumably the group activity was longer than each of the individual stations.
22

23 **Response:** We now note “The first three stations were ten minutes long, whereas the fourth
24 station was 30 minutes long.”
25

26 17. How was the group activity marked compared to the station 1-3 mark?

27 **Response:** We now note “All stations were marked in the same way.”
28
29

30 18. Were the types or number of red flags different in station 4 compared to stations 1-3?

31 **Response:** No, the principles were the same for each station, for ease and clarity., and
32 appeared to produce a comparable number of Red Flags.
33
34

35 19 The results of the MMI was that 77% of 648 interviewees were made offers

36 **Response:** Yes: this is a function of how UK medical school applications work, with a
37 relatively large number of candidates declining to accept places at any given institution.
38
39

40 20 There appear to be much less than 648 data points in Fig 1 which shows the association between
41 Red flags and interview score. Are there missing numbers?
42

43 **Response:** We now note “Data points with the exact same Red Flag Frequency/Interview
44 Score are represented by a single dot.” We could amend this by e.g. adding a jittered points
45 function to the plot but we feel this would make the figure harder to interpret – but are
46 happy to discuss if useful.
47

48 21. How many of the 149 interviewees who were NOT offered failed on >3 red flags?

49 **Response:** As a qualitative measure of concerning behaviour, there was no formal criteria
50 for failing via Red Flags. Instead, these were discussed in greater detail by the applications
51 team. The survey indicated that they found the additional information valuable, but, given
52 the QI nature of the project and the first year of its operation, we did not automatically
53 exclude any candidate based on Red Flags alone.
54
55

56 22. How many of the 497 interviewees who received offers were awarded >3 red flags, and what
57 distinguished them from the group in the previous question 10?
58
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3 **Response:** We now note “No candidate with three or more red flags received an offer
4 following interview in this dataset.” As noted above, this is not an automatic exclusion
5 criteria and was considered alongside the interview scores, the range of assessors giving red
6 flags, and academic results.
7

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9 23. This study is remarkable for the 1126 Red Flags awarded to 648 interviewees, with over half of
10 the interviewees receiving at least 1 Red Flag over 4 stations (p10l47 and p11l43-47). In this
11 reviewer's experience, where red flags have been used to indicate behaviour meriting exclusion,
12 there might only be 1-2 across an entire exam, even with higher numbers of students and more
13 stations. Therefore, it appears that there is either a low threshold for awarding Red Flags, or that
14 Red Flags can cover less concerning behaviours. This cannot be discerned without reference to Q1-3
15 above.
16

17
18 **Response:** We have now commented on this in the discussion: “One notable finding was
19 that our applicants had a relatively high number of Red Flags compared to other studies.
20 Given the broad range of potentially concerning behaviour, and the fact that participants are
21 sometimes applicants to medical school, sometimes medical students, and sometimes
22 doctors, this may be expected. However, the “expected” frequency of Red Flags remains
23 under-explored.” We believe that the questions of “how many Red Flags should be given?”
24 and “how variable should the amount of Red Flags given in different situations be?” are
25 important future subjects for discussion.
26
27

28 24. It would be interesting if the authors concluded by answering the question posited in their title.
29

30 **Response:** We have expanded on this in the introduction. We note:

31
32 “To summarise, there is evidence that well-designed interview systems can select candidates
33 well- suited to studying medicine. Any improvements to interview systems which give
34 assessors new insights into when and how to make offers will add value to the interview
35 system itself.”
36

37 And: “If the system provides information that could not be obtained simply through a
38 traditional scoring system, it will have added value to the interview process.”
39

40 In the discussion we conclude: “In summary, the use of Red Flags added value to the
41 interview system. Red Flags added unique information that could not be obtained through
42 interview scores alone, providing new insights into applicants. This enhanced the decision-
43 making processes of the admissions team.”
44
45
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47

48 25. Exactly what value did the red flag system add to their process?
49

50 **Response:** We believe we have answered this in response to the reviewer comments above,
51 especially in 23-24 – especially in terms of the additional information now available to
52 assessors.
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