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*CORRESPONDENCE Claudia Ciaccio ⊠ claudia.ciaccio@istituto-besta.it

RECEIVED 02 April 2023 ACCEPTED 28 June 2023 PUBLISHED 20 July 2023

CITATION

Hafdaoui S, Ciaccio C, Castellotti B, Sciacca FL, Pantaleoni C and D'Arrigo S (2023) Case report: A novel pathogenic FRMD7 variant in a Turner syndrome patient with familial idiopathic infantile nystagmus. *Front. Neurol.* 14:1199095. doi: 10.3389/fneur.2023.1199095

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Case report: A novel pathogenic FRMD7 variant in a Turner syndrome patient with familial idiopathic infantile nystagmus

Sara Hafdaoui¹, Claudia Ciaccio^{1*}, Barbara Castellotti², Francesca L. Sciacca³, Chiara Pantaleoni¹ and Stefano D'Arrigo¹

¹Department of Pediatric Neurosciences, Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy, ²Department of Medical Genetics and Neurogenetics, Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy, ³Laboratory of Cytogenetic, Neurological Biochemistry and Neuropharmacology Unit, Department of Diagnostic and Technology, Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy

Infantile idiopathic nystagmus (IIN) is an oculomotor disorder characterized by involuntary bilateral, periodic ocular oscillations, predominantly on the horizontal axis. X-linked IIN (XLIIN) is the most common form of congenital nystagmus, and the FERM domain-containing gene (*FRMD7*) is the most common cause of pathogenesis, followed by mutations in *GPR143*. To date, more than 60 pathogenic *FRMD7* variants have been identified, and the physiopathological pathways leading to the disease are not yet completely understood. *FRMD7*-associated nystagmus usually affects male patients, while it shows incomplete penetrance in female patients, who are mostly asymptomatic but sometimes present with mild ocular oscillations or, occasionally, with clear nystagmus. Here we report the first case of a patient with Turner syndrome and INN in an XLIIN pedigree, in which we identified a novel frameshift mutation (c.1492dupT) in the FRMD7 gene: the absence of one X chromosome in the patient unmasked the presence of the familial genetic nystagmus.

KEYWORDS

FRMD7, idiopathic nystagmus, Turner syndrome, X-linked IIN, X-linked nystagmus

1. Introduction

The *FRMD7* gene is located in the Xq26.2 chromosomal region; it consists of 12 exons encoding a 714-residue protein, FRMD7, whose cellular function is still debated (1-3). It is known that the FRMD7 protein contains a FERM domain at the N-terminus, indicating its possible participation in signal transduction between the cell membrane and the cytoskeleton (4), similar to other FERM domain proteins (5, 6).

The gene is expressed in various tissues, namely in the brain areas responsible for eye movement control (such as the midbrain and cerebellum) and the retina. Studies in mice have detected *FMRD7* mRNA in the ventricular layer of the forebrain, suggesting that the protein plays a role in the development of nerve cells in these areas of the brain and retina (7, 8).

More than 60 *FRMD7* variants have been described in X-linked infantile nystagmus, most of them missense variants; pathogenic variants of the gene are likely to result in the production of an unstable protein that is unable to perform its normal functions, therefore disrupting nerve cell development in the expected areas of influence (2, 7). This malfunctioning of the brain areas that control eye movements, along with retinal

misdevelopment, is thought to cause the involuntary side-toside eye movements that are characteristic of X-linked infantile nystagmus (7, 9, 10).

Genetic studies of nystagmus are increasingly being reported, expanding the clinical and molecular knowledge of this disorder.

Turner syndrome is a chromosomal abnormality caused by the deletion or non-functioning of one X chromosome in a phenotypically female individual. In about 50% of cases, it is caused by an X monosomy (45,X0 karyotype), while the other half are mosaic patients carrying an X monosomy component and a normal component (45,X0/46,XX or 45,xo/46,XY); in addition, in rare cases, Turner syndrome can result from peculiar chromosomal abnormalities leading to a non-functional X chromosome, such as isochromosome Xq (an X chromosome composed of two copies of the long arm of the X chromosome linked together), ring X with partial loss of genetic material in both the long and short arms, or Xp/ Xq deletions (11, 12). With an incidence of 1/2,500 births, it is one of the most common chromosomal anomalies observed. Two main random pathogenic mechanisms are known to cause the disorder: a nondisjunction event occurring during germ cell development, with the creation of an egg or sperm cell lacking an X chromosome, which, together with a normal germ cell, generates an embryo with an anomalous number of chromosomes and an error during the cell division cycles of early fetal development, resulting in a mosaic asset with a part of cells with a normal karyotype and a part of cells with an X0 alteration (11). It is typically a de novo condition, because most patients are infertile, but in extremely rare cases it can be transmitted from one generation to the next (12). The phenotype of Turner syndrome arises from X-linked genes that escape inactivation: short stature and Madelung's deformity result from mutations in the SHOX gene (13), while gonadal dysgenesis involves genes such as USP9X, RPS4X, and DIAPH2 (12, 14).

The X chromosome also contains several genes responsible for X-linked disorders, which typically manifest in male subjects and are masked in female subjects by the presence of a normally functioning gene on the other X. The absence of an X chromosome may therefore expose Turner's patients to the occurrence of familial genetic disorders that do not usually affect female individuals.

2. Case presentation

A 5-month-old girl was referred to our center because of earlyonset nystagmus. Her family history was positive for nystagmus, present in the maternal uncle and a male cousin of the mother (Figure 1).

The girl was born from a heterozygous twin pregnancy; her female twin and an older sister were reported to be in good general health, as were her parents. The pregnancy was complicated by gestational hypertension, and a cesarean section was performed at 35 + 3 weeks gestation. At birth, she showed normal growth parameters (weight 2,070 g, length 47 cm, head circumference 31 cm) and no perinatal distress (Apgar score 10/10), but she later experienced poor sucking for a few days and an anterior ectopic anus was detected.

At the age of 3 months, her father started noticing anomalous horizontal eye movements; the girl underwent an ophthalmologic examination, which confirmed the presence of a pendular nystagmus of low frequency and good amplitude, without convergence problems or fundus oculi alterations.

Clinical examination revealed good general health and normal growth (length $62 \text{ cm} = 25-50^{\circ}$, weight $6.3 \text{ kg} = 25-50^{\circ}$, head circumference $40.5 \text{ cm} = 10-25^{\circ}$). Dysmorphic facial features were present (bitemporal narrowing, epicanthus, simplified and protruding ears), in addition to mild telethelia, inverted nipples, the previously reported anteriorly displaced anus, a hairless sacral dimple, and a congenital melanocytic nevus on the right leg covered with hair and measuring $6 \times 3 \text{ cm}$. Neurological examination showed bilateral pendular horizontal nystagmus, mildly increased muscular tone, and mild motor developmental delay.

The patient underwent several diagnostic examinations, including routine blood work, metabolic screening (plasma amino acids and urine organic acids), brain MRI, EEG, and evoked potentials (VEP, ERG, BAEP), all with normal results; in particular, brain MRI showed no signs of optic nerve atrophy, and VEP and ERG showed no alterations. Once again, the girl underwent an ophthalmologic evaluation, which confirmed normal fundus oculi,



no photophobia, and no additional pathologic findings other than the nystagmus.

All the data pointed to a genetic condition. Array CGH was performed with an ISCA resolution of 19kb, with the following result: Xp22.33q28 (16961_155208387)x1, meaning a deletion of an entire heterosome. Therefore, we also asked for a karyotype, performed on 16 metaphases with a resolution of 550 bands, which confirmed an X monosomy (Turner syndrome) in all analyzed metaphases. Nystagmus is an uncommon feature in Turner's patients, with a variable prevalence depending on the study, ranging from 4 up to 20% (15, 16). Given the family history and the genotype of the baby, we hypothesized that the nystagmus could be a symptom of an X-linked condition caused by the loss of one of the sex chromosomes and, in particular, an alteration in the *FRMD7* gene.

Sequencing of the *FMRD7* gene was performed by NGS technology and highlighted the presence of a hemizygous frameshift variant (c.1492dupT), which determines the production of an aberrant and prematurely truncated protein (p.Tyr498Leufs*15), and is classified as probably pathogenic according to the ACMG guidelines (17) (PVS1, PM2 criteria). The same variant was detected in the healthy mother, while the male relatives, living abroad, were not available for testing. The nystagmus was therefore confirmed to be caused by this mutation, which was revealed by Turner syndrome.

3. Discussion

45,X0 is the most common karyotype in patients with Turner syndrome, accounting for \sim 50% of all cases (12, 18). Typical manifestations of the condition include short stature, hypogonadism, and/or other types of gonadal dysplasia (often with primary amenorrhea), a webbed neck, mammary hypoplasia with spaced and inverted nipples, heart malformations (most commonly bicuspid aortic valve, aortic coarctation, and aortic valvulopathy), and skeletal (shield-like chest, cubitus valgus, scoliosis) or genitourinary abnormalities (horseshoe kidney, anus imperforatus, anal atresia) (11, 12, 18). The phenotype can be very different among patients and mostly depends on the karyotype, with X0 individuals having the most severe presentation and mosaic individuals showing severity and gonadal differentiation depending on the ratio of 45,X0/normal cells (12, 18).

Ophthalmologic defects are not typical of Turner syndrome, and the most common features emerging from the few available studies are ametropia and strabismus, both of which are also known to be common in the general pediatric population (19). Nystagmus has been listed in the group of "uncommon ophthalmological defects" (prevalence 5%-25%) in a paper by Denniston and Butler (15) and estimated at 4% in a study by Wikiera et al. (16).

In our case, the family history was suggestive of hereditary nystagmus, given the presence of two affected male relatives in the maternal line.

FRMD7 variants are among the most common causes of hereditary nystagmus.

The gene was first suspected to be involved in the condition in 2006, following a work published by Tarpey et al. (3) that identified an *FMRD7* variant in 15 of 16 families with congenital nystagmus. The gene is now known to be a member of the protein 4.1 superfamily and to have a highly conserved NH2-terminus containing the B41 and the FERM-C domains (20-22). The FERM domain at the N-terminus is also present in other proteins, such as FARP1 and FARP2, and studies in rats have demonstrated that it modulates the length and branching of neurites in embryonic cortical neurons and reorganizes the cytoskeleton (7, 21). In adult humans, the FRMD7 protein is absent in ocular tissues but has been detected during embryonic stages in the developing neural retina and in brain regions that control eve movements (forebrain, midbrain, cerebellar primordium) (3-6). Recently, foveal hypoplasia and developmental abnormalities of the optic nerve head have been reported in patients with FRMD7 pathogenic variants as a result of retinal neuronal migratory disorders due to impaired growth cone guidance, which is consistent with the expression patterns observed in the developing retina and optic nerve (23). The dysfunction of FRMD7 may contribute to the absence of the horizontal optokinetic reflex through the loss of horizontal direction selectivity. These findings suggest that the abnormal development of the afferent visual system may be associated with FRMD7 variants and may affect neural circuits within the oculomotor system, leading to abnormal eye movements and gaze instability (22). Taken together, these data provide strong evidence that the FRMD7 protein plays a role in the neural development of visual circuits.

Although we did not perform a functional analysis of the protein, a review of the FRMD7 literature shows that in mice, null mutations in FRMD7 alter neurite length and the branching process of neurons in the midbrain, cerebellum, and retina. This is a plausible explanation for how defects in the protein coded by *FRMD7* cause disease (4, 24).

FRMD7-related infantile nystagmus is characterized by either the onset of horizontal, conjugate, gaze-dependent, or timedependent nystagmus in the first 6 months of life or periodic alternating nystagmus (with cyclic changes in nystagmus direction) with infantile onset. Binocular vision and color vision are normal, and visual acuity is usually good (>6/12). In total, 15% of affected individuals have an abnormal head posture as the consequence of a continuous attempt to reach an eccentric null point (a point of gaze where oscillation is minimally present) (25, 26). The optokinetic response is abnormal, and both low gains and reversal patterns have been described (25). No particular genotype-phenotype has been described regarding such ophthalmologic features; indeed, studies have shown extensive intra- and interfamilial variability in the clinical presentation (8, 25, 27).

In our case, once the patient was found to have Turner syndrome, the most likely condition to explain her nystagmus was an *FMRD7* alteration. Considering other XL conditions associated with nystagmus, the little girl did not show the iris hypopigmentation that is usual in type 1 ocular albinism; there were no symptoms or signs of photophobia present, as expected in blue cone monochromatism; and dark adaptation was normal, thus ruling out congenital stationary night blindness.

FRMD7 sequencing was therefore performed, confirming the presence of the pathogenic variant c.1492dupT (p.Tyr498LeufsTer15) that, consistent with family history, was inherited from her healthy mother.

XLIIN shows an incomplete penetrance in carrier females (27–29), probably as a consequence of the skewed X inactivation pattern, resulting in an unbalanced inactivation of the paternal and maternal X chromosomes established in embryonic life (28–30).

In our family, we did not study the X inactivation pattern and FRMD7 testing was not performed in the two patient siblings for ethical reasons (they are both healthy minors).

4. Conclusions

We presented the case of a girl with a phenotype mimicking that of a more severe condition and found it to be the consequence of a double diagnosis of Turner syndrome plus familial *FRMD7*-related nystagmus.

Given the phenotype, the first diagnostic hypothesis was that a single disease could justify all the clinical features of the girl. Array-CGH analysis revealed the diagnosis of Turner syndrome, which explains almost all the symptoms (spaced and inverted nipples, anal anomaly, etc.) but not the nystagmus. Moreover, the maternal family history was positive for nystagmus in male relatives, which is extremely relevant to anamnestic data. FRMD7-related nystagmus was confirmed by the targeted molecular analysis, which identified the maternal frameshift variant in exon 12 c.1492dupT (p.Tyr498LeufsTer15), not previously described and predicted in silico to be pathogenic. Other frameshift variants in the same exon are described and analyzed in different studies, highlighting the important role of the highly conserved C-terminal region of FRMD7 (31, 32). These findings lead us to the diagnosis of FRMD7 X-linked nystagmus with Turner syndrome.

With the advent of NGS, we have access to extremely sophisticated genetic methods that have allowed us to make great strides in the knowledge of genetics and pathologies; in fact, international genetic guidelines recommend WES as a first-step analysis in the case of psychomotor delay and intellectual disability. However, it is useful to remember that the techniques of classical and molecular cytogenetics must not be abandoned, as in this case they led to a simplified diagnostic algorithm.

In conclusion, our results broaden the mutation spectrum of FRMD7. Finally, this work highlights the importance of a sequential and precise diagnostic algorithm that, starting from a careful collection of anamnestic data and clinical examination, facilitates the achievement of a diagnosis without bias or waste of resources.

Data availability statement

The datasets presented in this article are not readily available because of ethical and privacy restrictions. Requests to access the datasets should be directed at: the corresponding author.

Ethics statement

Ethical review and approval was not required for the study on human participants in accordance with the local legislation and institutional requirements. Written informed consent to participate in this study was provided by the participants' legal guardian/next of kin. Written informed consent was obtained from the individual(s), and minor(s)' legal guardian/next of kin, for the publication of any potentially identifiable images or data included in this article.

Author contributions

SH: patient evaluation and manuscript writing. CC: patient evaluation, manuscript writing, and editing. BC and FLS: genetic testing performance and manuscript revision. CP and SD: supervision, manuscript revision, and editing. All authors had access and approved the final version of the manuscript.

Funding

The study was funded by Fondazione Pierfranco e Luisa Maria and Banca d'Italia.

Acknowledgments

The authors from the Department of Developmental Neurology of the Institute are members of ITHACA ERN.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The reviewer DV declared a shared parent affiliation with the authors to the handling editor at the time of review.

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