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Clinical and molecular determinants of extrahepatic disease progression (ePD) in initially unresectable, liver-limited metastatic colorectal cancer (mCRC)

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Introduction: In the last years, the availability of active upfront systemic regimens, the development of surgical techniques and the diffusion of other locoregional treatments increased the therapeutic options for mCRC patients with liver-limited disease. Estimating the likelihood to develop extra-hepatic metastases may affect clinicians' attitudes towards locoregional procedures. No tools to predict the probability of ePD of initially liver limited mCRC are currently available.

Methods: We retrospectively analysed a cohort of 225 patients with initially unresectable liver-limited disease, treated from January 2004 to December 2017 with first-line doublets or triplet plus a biologic agent at two Italian Institutions. Information about baseline clinical, pathological and molecular features, treatments received and metastatic sites from the diagnosis of mCRC to death or last follow up were collected. The impact of baseline characteristics and treatments received on extra-hepatic progression-free survival (ePFS) was assessed in uni- and multi-variable models.

Results: Overall, 52 (23%) patients were ePD-free and 173 (77%) experienced ePD which occurred within 1, 2 or 3 years from the diagnosis of mCRC in 20%, 63%, and 86% of patients, respectively. Globally, 164 (73%) patients underwent a secondary liver resection at some point of their disease history, and 66 (40%) of them underwent a subsequent locoregional treatment. Among 164 resected patients, 118 (72%) experienced ePD, occurring within 1, 2 or 3 years from resection in the 43%, 71%, and 91% of cases, respectively. Age < 70 years, ECOG performance status (PS) 0, < 4 liver metastases, longest diameter of liver lesions < 30 mm, the involvement of < 6 liver segments and secondary resection were significantly associated with prolonged ePFS. In the multi-variable model, ECOG PS (p = 0.022), number (p = 0.006) were still associated with ePFS. In the subgroup of analysed patients (N = 35), microsatellite instability was

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associated with shorter ePFS (p = 0.029). In the subgroup of patients who did not undergo metastases' resection in their disease history (N = 61), ECOG PS 0 (p = 0.024), longest diameter of liver lesions < 30 mm (p = 0.011) and left-sidedness (p = 0.081) were independently associated with longer ePFS.

Conclusion: In this contemporary cohort, the vast majority of mCRC patients with initially unresectable liver-limited disease underwent surgical procedures (73%) and further locoregional interventions (40%) in their disease history. ECOG PS, number and diameter of liver metastases, and sidedness independently predict ePFS. These factors could help physicians in personalizing the intensity and aggressiveness of liver directed treatments in mCRC patients with initially unresectable liver-limited disease.