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First evidence of intersex condition in extensively reared mullets from Sardinian lagoons (central-western Mediterranean, Italy)

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ABSTRACT

The term intersex describes alterations in gonadal development with the simultaneous presence of male and female reproductive stages in the same gonad of a gonochoristic species. In coastal and estuarine environments, euryhaline fish living in polluted waters such as Mugilidae can frequently show these sexual anomalies. In this work, we analysed adult specimens of three species of euryhaline mullets (Chelon labrosus, Liza aurata and Mugil cephalus) from two Sardinian lagoons (Marceddì and San Teodoro) devoted to extensive aquacultural practices, in order to identify putative alterations in gonads and in gamete development. Overall, 13 of the 158 mullets examined (8.2%) were affected by gonadal disorders: four subjects (one C. labrosus, two L. aurata and one M. cephalus) exhibiting an intersex condition were found in the Marceddì lagoon and the other nine (five C. labrosus, two L. aurata and two M. cephalus) in the San Teodoro lagoon. Twelve of these gonads were classified as testis-ova (TOs) and one, belonging to a C. labrosus specimen, was a mixed gonadal tissue (MGT). Intersex condition was evaluated using an intersex index and all the recorded values showed a mild Ovotestis Severity Index (OSI). However, our findings suggest that fish gonadal disorders may be underestimated in extensive reared fish species, particularly in coastal brackish environments polluted by intensive agriculture and animal husbandry activities.

Introduction

The family Mugilidae is one of the most ubiguitous in coastal waters of the world (Crosetti & Blaber 2016). These fishes, generally known as mullets, are widely distributed in all temperate and tropical seas and live in several habitats, including river, estuarine and inland brackish waters. A number of species belonging to this teleost family are economically important for fisheries and aquacultural activities, as they are a major food source in several regions worldwide. Mullets are cultured in semi-intensive and intensive systems in many areas of the world, but especially in extensive systems such as confined coastal lagoons in the Mediterranean basin. In this geographical area, wild fry of different euryhaline species [(i.e. Liza aurata (Risso, 1810), L. ramada (Risso, 1827), L. saliens (Risso, 1810), Chelon labrosus (Risso, 1827) and Mugil cephalus Linnaeus, 1758)] usually move in large schools from the sea into inland transitional waters, where they find more

favourable trophic conditions (Crosetti & Blaber 2016). They spend here most of the growing phase before migrating to sea to spawn in surface waters. Like other species, however, mullets tolerate polluted habitats and are sensitive to several contaminants, also to those which can cause intersex conditions in fish (Ortiz-Zarragoitia et al. 2014; Tancioni et al. 2015, 2016).

The term intersex describes alterations in gonadal development with the simultaneous presence of male and female reproductive stages in the same gonad of a gonochoristic species. This condition also indicates the occurrence of testicular oocytes, testicular follicles, testis-ova or ovotestes (Hecker et al. 2006; Bahamonde et al. 2013). In particular, the presence of oocytes in the testes of adult or sub-adults males (i.e. the testicular oocytes, TOs) represents the most commonly reported intersex condition in fish (Abdel-moneim et al. 2015) and references therein). Histological examination can

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play a key role to evaluate gonadal alterations by detecting the presence of TOs (Stentiford et al. 2003; Feist et al. 2015). Furthermore, different levels of intersex condition in fish initially evidenced by several authors (Jobling et al. 1998; Van Aerle et al. 2001) were subsequently calculated using the Ovotestis Severity Index (OSI), a ranking system developed by Bateman et al. (2004).

Sexual disorders in fish have been principally attributed to many chemical contaminants, as the endocrine disrupting compounds (EDCs) that can produce effects similar to sex steroids (although EDCs can also influence additional mechanisms not directly oestrogen dependent involved in the development of intersex condition in fish; e.g. see Bahamonde et al. 2013). The EDCs are a wide range of chemical comaffect, pounds that can among others, the Hypothalamic-Pituitary-Gonad-Liver (HPGL) axis of fish (Hachfi et al. 2012). These substances include both natural oestrogens and several synthetic chemicals such as pesticides, polychlorinated biphenyls (PCBs), phthalates and alkylphenols (Allen et al. 1999 and references therein). In particular, the 17α -ethinylestradiol (EE2) is a strong endocrine disruptor which mimics the effects of endogenous $17-\beta$ -estradiol (E2) (Blewett et al. 2014). It has been observed that EE2 can cause altered oogenesis in females and intersex in males, with production of vitellogenin (the female specific yolk protein precursor in oviparous species) and early-stage eggs in their testes (Tyler et al. 1998; Kidd et al. 2007).

Fish are among the most studied organisms for the effects of chemical contaminants on the development and reproductive processes. A high rate of intersex conditions and other gonadal disorders have been actually detected in many freshwater and marine species from habitats exposed to domestic and industrial wastewaters (Abdel-moneim et al. 2015). In coastal and estuarine environments, in particular, euryhaline fish living in polluted waters such as Mugilidae frequently show sexual alterations and are considered as sentinels of exposure to EDCs (Ortiz-Zarragoitia et al. 2014). In the Mediterranean Sea, extensive mullet culture is still based on the collection of wild fry born in offshore marine waters (as their hatchery production is still not practiced at a commercial level) which return to coastal brackish waters within few months after hatching.

The aim of the present work was to evaluate for the first time the occurrence of intersex condition in cultured Mugilidae from Sardinia (Italy), an insular region in which the extensive farming of these eurhialine fishes is a traditional activity (Cataudella et al. 2015). Consequently, adult specimens of several mullet species were sampled in two different lagoons devoted to extensive aquacultural practices, in order to identify putative alterations in gonads and in gamete development.

Materials and methods

Study area

Sardinia island (central-western Mediterranean Sea, Italy) is characterised by approximately 80 wetlands covering a surface of about 15.000 hectares. Extensive aquaculture is a typical activity in many of these biotopes, mainly for euryhaline fish such as mullets (Cannas et al. 1998). In this study, two of these brackish habitats were examined (a) the Marceddì lagoon (central-western Sardinia, Figure 1), which is part of the Oristano Lagoon Gulf-system, a wetland area traditionally devoted to fishing and aguacultural practices (Cataudella et al. 2015); and (b) the San Teodoro lagoon (north-eastern Sardinia, Figure 1) in which extensive fish farming have been developed since 1980s.



Figure 1. Study area and sampling locations.

One hundred and fifty-eight adult fish belonging to the family Mugilidae were sampled before 11.00 a.m. in the capture chambers of fixed traps (lavorieri; Cataudella et al. 2015) placed respectively at Marceddì (8 C. labrosus, 48 L. aurata and 4 M. cephalus) and San Teodoro (24 C. labrosus, 53 L. aurata and 21 M. cephalus) lagoons in late summer 2014. Fish were immediately euthanatized by overexposure to Tricaine Methanesulfonate (MS-222), kept on tanks with ice and transported to the laboratory within 2 h after capture. All the specimens were classified at species level following Farrugio (1977), weighed for total weight, measured for total length and photographed. Afterwards, a necropsy of each subject was carried out and, after weighing, gonads were grossly observed, photographed and fixed in 10% neutral buffered formalin for 48 h for subsequent histological analysis.

Histology

Samples taken from anterior, middle and posterior part of both right and left fixed gonads of each specimen were dehydrated in graded alcohol, cleared with xylene and paraffin embedded. Three sections (approximately taken at one third of each portion) were cut at 3-micron-thickness, stained with haematoxylin-eosin and subsequently observed at light microscopy (Nikon Eclipse 80i).

Gonadal maturation stages were assessed using the classification described by McDonough et al. (2005). Oocyte development was classified into five distinct reproductive stages: immature stage (F1), with previtellogenic oocytes (<80 µm), no evidence of atresia and ovary wall is very thin; developing stage (F2), where oocytes are greater than 120 µm and vitellogenesis occurs after they reach 180 µm in size, showing yolk globules and reaching more than $600 \,\mu\text{m}$; running stage (F3), where vitellogenesis is completed and the whole cytoplasm is filled with yolk granules; atretic stage (F4), in which oocytes undergone degeneration; and inactive stage (F5), where there are previtellogenic oocytes with only traces of atresia. Furthermore, spermatogenetic stages were classified as follows: immature stage (M1), with spermatogonia and little or no spermatocytic development; developing stage (M2), with predominance of primary and secondary spermatocytes; running stage (M3), with predominance of spermatozoa; spent stage (M4), in which no spermatogenesis occurs with some residual spermatozoa; and inactive stage (M5), with little or no spermatocytic development and empty lobules. If different development stages were observed in the same gonad, the sexual maturity of each mullet was classified in relation to the most advanced stage of maturation found.

When a gonadal disorder was observed, the intersex condition was evaluated following the method illustrated by Hecker et al. (2006). In particular, if single or clustered oocytes were present in testicular tissue the condition was termed testis-ova (TOs). For each gonad section, photomicrographs were acquired with a Nikon Digital Sight DS-U1 camera, and number, development stage (previtellogenic, cortical alveolar, vitellogenic) and distribution of oocytes (focal, diffuse, cluster, zonal) throughout testis were evaluated. This was done to calculate the so-called OSI, a ranking system for assigning a severity rating to each intersex fish:

$$\mathsf{OSI} = \left[\frac{\sum^{(D1 \times D2)}}{X}\right]$$

where D_1 is the most advanced development stage of oocytes within a field of view (score 1–5), D_2 is the distribution of oocytes within a field of view (score 1-4) and X is the total number of fields of view examined (Bateman et al. 2004 and references therein). 10 fields of each tissue section were examined at $10 \times$ magnification. In detail, the development stages of oocytes were scored as follows: stage 1 (oogonia), stage 2 (oocytes in early perinucleolus stage), stage 3 (oocytes in late perinucleolus stage), stage 4 (oocytes in cortical stage) and stage 5 (oocytes in mature vitellogenic stage). The distribution of oocytes were instead scored as follows: stage 1 or focal distribution (when a single oocyte was present within a field of view), stage 2 or diffuse distribution (when a number of distinct oocytes were observed in a field), stage 3 or cluster distribution (when more than one but less than five associated oocytes were present in a field) and stage 4 or zonal distribution (when multiple closely groups of oocytes were seen within a field).

Results

Different stages of sexual development were observed in the three mullet species from the two lagoons (Table 1, Figures 2 and 3). When examined macroscopically, immature female gonads were pinkish and translucent, with a circular cross section of about 0.5 cm. Mature female gonads, instead, had a yellowish-orange colour, with a round cross section from 1 to 2.5 cm. Immature male gonads appeared filiform, pinkish and translucent with a cross section of about 1–2 mm, whereas mature male gonads had a whitishmilky aspect, with a triangular cross section of about

1-1.5 cm (Figure 2). Microscopically, gonads were classified as follows: six females (all at F1 stage) and one male (M2) of C. labrosus, 42 females (13 at F1, five at F2 and 24 at F3) and four males (one at M2, three at M3) of L. aurata, one female (F1) and two males (one at M1 and one at M2) of M. cephalus were found in the Marceddì lagoon. On the other hand, 12 females (11 at F1 and one at F2) and 7 (all at M1) males of C. labrosus, 35 females (23 at F1, two at F2 and 10 at F3) and 15 males (two at M1, six at M2 and seven at M3) of L. aurata, 8 females (two at F1, four at F2 and two at F3) and 11 males (one at M1, one at M2 and nine at M3) of M. cephalus were found in the San Teodoro lagoon. Only an L. aurata female specimen sampled at this latter lagoon was not microscopically evaluated. The other mullets examined (13 out of 158; 8.2% of the total) were affected by an intersex condition of the gonads [12 classified as TOs and one as mixed gonadal tissue (MGT) following Hecker et al. (2006)]. In detail, four subjects with gonadal disorders [(one C. labrosus (MGT, Figure 4), two L. aurata and one M. cephalus)] were found in the Marceddì lagoon

 Table 1. Female, male and intersex gonadal stages of mullets sampled in the two lagoons.

		Females			Males			Intersex	
Site	Species	F1	F2	F3	M1	M2	M3	TOs	MGT
Marceddì	C. labrosus	6	-	-	-	1	-	_	1
	L. aurata	13	5	24	_	1	3	2	_
	M. cephalus	1	_	_	1	1	_	1	_
San Teodoro	C. labrosus	11	1	_	7	_	_	5	_
	L. aurata	23	2	10	2	6	7	2	_
	M. cephalus	2	4	2	1	1	9	2	-

and the other nine (five C. labrosus, two L. aurata and two M. cephalus) in the San Teodoro lagoon (Table 2). Macroscopically, almost all of these fish had gonads showing an aspect similar to those of immature males. The only exception was represented by two M. cephalus specimens (sampled at Marceddì and San Teodoro, respectively), which gonads were comparable in colour and form to those of mature males (Figure 2). Microscopically, the male component of the 12 TOs observed was classified as follows: one at M1 and one at M2 stage L. aurata, and one at M3 M. cephalus at the Marceddì lagoon; one at M1 and one at M3 stage L. aurata, four at M1 and one at M2 C. labrosus and two at M3 M. cephalus were instead found at the San Teodoro lagoon (Figure 3). It is also worth mentioning that the C. labrosus specimen sampled at the Marceddì lagoon (MR37, Table 2) showing a monolateral MGT had one gonad with a normal ovary tissue and the other with several primary oocytes within a testicular tissue (Figure 4). As far as OSI is concerned, it varied from a minimum of 0.1 to a maximum of 2.4. Thus, all the recorded values were included in the stage 1 (i.e. OSI score = $0 \div 5$) of severity categories proposed by Bateman et al. (2004).

Discussion

In this study, we reported for the first time the occurrence of intersex condition in extensively reared mullets from two lagoons of the central-western Mediterranean Sea. In the Marceddì lagoon, we found intersex gonads in four fish out of 60 sampled



Figure 2. *M. cephalus*. Gross structure of immature and mature females (A, B), males (C, D) and intersex (E, F) gonads (bar = 10 mm).



Figure 3. *M. cephalus.* Microscopical features of: immature and mature female gonads (A = previtellogenic oocytes, HE 20×; B = vitellogenic oocytes, HE 10×); immature and mature male gonads (C = seminiferous lobules with high prevalence of spermatogonia, HE 40×; D = seminiferous lobules with different maturation stages of testis germ cells, HE 40×) and TO gonads (E = previtellogenic oocyte at chromatin nucleolus stage within immature testicular tissue, HE 40×; f = previtellogenic oocyte at cortical alveoli stage within mature testicular tissue, HE 40×).

(6.7% of the total; 12.5% in *C. labrosus*, 4.2% in *L. aurata* and 25% in *M. cephalus*, respectively), while in the San Teodoro lagoon this gonadal disorder was observed in nine of 98 subjects examined (9.2% of the total; 20.8% in *C. labrosus*, 3.8% in *L. aurata* and 9.5% in *M. cephalus*, respectively).

In the aquatic habitat, there are numerous contaminants (the so-called EDCs) that are able to interfere with the endocrine system with damaging effects on growth, behaviour, reproductive and immune system of aquatic organisms. Morphological modification and abnormal development of the gonads, including intersex, have been observed in a number of fish species living in polluted waters (Jobling et al. 1998; Puzzi et al. 2005), and have been linked to exposure to EDCs (Scholz & Klüver 2009) and other chemicals released with human and industrial discharges (Van Aerle et al. 2001; Tetreault et al. 2011). In particular, gonadal disorders have been reported worldwide for several mullet species: *C. labrosus* was studied by Puy-Azurmendi et al. (2013) and Bizarro et al. (2014) at the Bay of Biscay (Spain); *L. ramada* by Bayhan and Acarli (2006) at the Homa Lagoon (Turkey) and Tancioni et al. (2015, 2016) at the Tiber estuary (Italy); and



Figure 4. C. labrosus. Monolateral MGT: A = testis with previtellogenic oocytes within the seminiferous lobules (A1, HE 40×); B = immature female gonad with previtellogenic oocytes (HE 2×).

Table 2. Biometric features and intersex index of the mullets affected by intersex co

Case #	ID #	Species	Total length, cm	Total weight, g	Gonad weight, g	Intersex Index
1	MR37	C. labrosus	40.4	755.3	1.2	_
2	STA48	C. labrosus	25.1	162.9	nd	0.6
3	STA62	C. labrosus	28.6	222.7	0.1	2.4
4	STA65	C. labrosus	29.8	268.4	0.2	1.8
5	STA66	C. labrosus	30.9	271.4	0.1	0.8
6	STA86	C. labrosus	34.2	401.2	0.2	0.1
7	MR68	L. aurata	27.7	224.0	0.1	2.0
8	MR78	L. aurata	26.3	174.7	0.2	0.1
9	STA3	L. aurata	28.7	196.2	0.1	0.6
10	STA9	L. aurata	24.2	109.0	0.1	0.7
11	MR89	M. cephalus	38.7	571.6	1.3	0.2
12	STA114	M. cephalus	46.2	1101.2	5.7	0.5
13	STA117	M. cephalus	41.6	812.0	0.4	0.1

MRn: Marceddì; STAn: San Teodoro.

M. cephalus by Ferreira et al. (2004) at the Douro estuary (Portugal) and Aoki et al. (2010) in the Korean and Japanese coastal waters.

To the best of our knowledge, this is the first report of cases of gonadal disorder in L. aurata (two specimens at Marceddi and two at the San Teodoro lagoon) which highlights the susceptibility to contaminants also for this species. Thus, as different mullet species can inhabit the same coastal brackish environment [in particular, the lagoons of the Mediterranean basin, Cataudella et al. (2015)], because they are able to use the *pabulum* by directly grazing the bottom mud or using plant-detritus (Crosetti & Blaber 2016), the outcomes of our work evidenced the simultaneous presence of gonadal abnormalities (TOs) in several mullet species cohabiting in two different aquatic biotopes. In particular, it is important to note that the Marceddì lagoon is located near an area of intensive agricultural and zootechnical activities which wastewaters can be

a potential source of chemicals that contribute to intersex formation in fish. Until the early 1990s, mining was also present in the drainage basin of the Marceddì lagoon where high concentrations of heavy metals [which can also contribute to intersex formation; see e.g. Hinck et al. (2007)] have been found in sediments (Magni et al. 2006). The San Teodoro lagoon, instead, receives municipal wastewaters from the small town of San Teodoro (one of the most important tourist centre in north-eastern Sardinia), and nutrient-rich freshwater from two little rivers which sometimes discharge into it untreated wastewaters from the surrounding area (Antuofermo et al. 2016).

In our results, TOs (12 of the 13 gonadal abnormalities observed) were the most represented intersex condition in mullets, as previously reported by several authors for fish and amphibians (Abdel-moneim et al. 2015 and references therein). Only one specimen (*C. labrosus* from Marceddi) showed a monolateral MGT which may be considered as an example of rudimentary hermaphroditism (because male and female gonads were present in the same fish; Hecker et al. 2006), whose origin could be related to natural or exogenous factors.

In fish, testes have to be examined histologically to detect cases of intersex because the testicular tissues can often appear normal at gross examination. In mullets, a high rate of intersex gonads (23.1% of the fish examined) was found by Tancioni et al. (2016) in a wild population of thinlip grey mullet *L. ramada* from a polluted estuary in central Italy. Similar rates of intersex gonads were observed in other mullets sampled from other polluted environments: 21% in flathead grey mullet (*M. cephalus*) from the Douro estuary in northern Portugal by Ferreira et al. (2004), and up to 50% in thicklip grey mullet (*C. labrosus*) from the Bay of Biscay in northern Spain (Puy-Azurmendi et al. 2013; Bizarro et al. 2014).

Several studies have evidenced that intersexuality can vary from mild to severe stages according to the number, maturity and distribution of oocytes within the normal testicular tissue (Bateman et al. 2004 and references therein). For this reason, we decided to attribute a score to each intersex specimen according to the OSI proposed by Bateman et al. (2004). This index ranges from a stage 1 indicating mild intersex (based on the presence of few previtellogenic oocytes within a normal testis) to a stage 3 showing a severe abnormality of the testicular tissue, which is replaced by numerous oocytes in advanced stage of development. All TOs found in our study were classified as stage 1 of OSI (intersex individuals exhibited a mild grade of intersex condition corresponding to testis with scarce previtellogenic oocytes) (Jobling et al. 1998; Ferreira et al. 2004). The application of OSI was not suitable only in one case of intersex in which we observed an MGT (sensu Hecker et al. 2006), as suggested by Bateman et al. (2004).

Only few recent studies have reported the severity of the intersex condition in mullets. For example, according to the classification proposed by Jobling et al. (1998), Bizarro et al. (2014) and Sardi et al. (2015) observed mild to moderate severity values in *C. labrosus* from the Basque coast (Spain). Several authors reported that mild severities of gonadal intersex (i.e. stage 1 of OSI) are generally not associated with impairments in the reproductive activity of fish (Abdelmoneim et al. 2015 and references therein), although adverse reproductive effects are likely when severity of intersex condition increases (Jobling et al. 1998, 2002; Harris et al. 2011). At this regard, a direct correlation between the incidence and the severity of sexual disruption in fish, and natural or synthetic chemicals (EDCs) in the waters was already evidenced by Jobling et al. (2006). In view of this, the timing of exposure to these compounds can be critical as fish seem to be most susceptible to EDCs just after hatching or as juveniles before sex differentiation (Jobling et al. 1998; Bateman et al. 2004). In particular, there is a sensitivity period occurring during the first few months of larval development (Devlin & Nagahama 2002) in which a transitory exposure to xenobiotics can feminise male fish (Ortiz-Zarragoitia et al. 2014). This period is usually spent offshore by the fry of mullets, and the consequent sexual differentiation (corresponding to juvenile recruitment into estuarine waters) can be affected by high concentrations of EDCs (Ortiz-Zarragoitia et al. 2014).

However, a low level of gonadal intersex (<5%) may naturally occur in a number of gonochoristic fish species (Blazer et al. 2007 and references therein). Although a relatively high percentage of intersex was observed at Marceddì and San Teodoro lagoons (6.7 and 9.2%, respectively), we cannot completely exclude a natural phenomenon (not related to EDCs exposure) due to innate physiological drivers giving rise for generally low grade intersex condition. In fact, even if Tancioni et al. (2015) affirmed that the prevalence of natural hermaphroditism in mullets is non-existent or very low, some cases were previously reported for M. cephalus (Franks et al. 1998) and L. ramada (Bayhan & Acarli 2006). Thus, it is also possible that there is a general lack of information on this specific topic for migratory fish such as mullets, conversely to other more studied species (Bahamonde et al. 2013).

In any case, the incidence of intersex condition in mullets can vary with the season. In fact, a seasonal pattern was evidenced in wild L. ramada by Tancioni et al. (2015) with high values recorded during the spawning and gonad development periods. Analogously, Ferreira et al. (2004) and Aoki et al. (2010) observed the same phenomenon in M. cephalus. For this reason, to improve the assessment of the impact of environmental pollution on the reproductive status of wild fish, it would be better sampling two or to three weeks before their spawning season (Barrett & Munkittrick 2010). Unfortunately, in this study we considered only one sampling period (late summer 2014), when the availability of different species of extensive reared mullets in the capture chambers of fixed traps (lavorieri; Cataudella et al. 2015) placed in the two lagoons mouths was maximum.

The percentage of intersex and the values of intersex severity index we found in mullets at both Marceddì and San Teodoro lagoons were lower in comparison with the previous cited works seems to drive our results to naturally intersex conditions. Nevertheless, Mugilidae can be considered as sentinel species in coastal biomonitor investigations (Waltham et al. 2013) and in particular of exposure to EDCs in coastal and estuarine polluted environments (Ortiz-Zarragoitia et al. 2014 and references therein). The study of their gonadal alterations should be further developed to evaluate anthropogenic threats (especially those linked to urban and industrial activities) to species of interest in aquaculture (Tancioni et al. 2016).

Conclusions

Due to their economic importance, several problems linked to the extensive rearing of mullets have been studied in Sardinia in the last few years (Merella & Garippa 2001; Murgia et al. 2002; Antuofermo et al. 2016). In fact, in this island, mullets are cultured not only for direct human consumption, but also for the preparation of a gourmet delicacy called 'bottarga' (fish roe, in particular of *M. cephalus* and *C. labrosus*).

Our findings suggest that a suitable management of this resource in extensive aquaculture activities have to take into account fish gonadal disorders. In fact, these sexual abnormalities may be underestimated also in other extensive reared fish species, particularly in coastal brackish environments polluted by intensive agriculture and animal husbandry practices.

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Disclosure statement

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