



**Abstract 215 Figure 1** Relationship between evobrutinib concentration and QTcF

sided bootstrapped confidence interval, which is well below the 10 ms threshold of regulatory concern (ICH-E14 guidance).

**Conclusions** Evobrutinib was well-tolerated in healthy volunteers, with predictable PK and no prolongation of QT interval (QTcF). Evobrutinib is undergoing clinical investigation in SLE and other autoimmune diseases.

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#### INHIBITION OF BRUTONS TYROSINE KINASE (BTK) PREVENTS INFLAMMATORY MACROPHAGE DIFFERENTIATION: A POTENTIAL ROLE IN SLE

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**Background** Brutons tyrosine kinase (BTK) mediates B cell receptor (BCR) and Fc receptor (FcR) signaling in several hematopoietic cell lineages, including B cells, macrophages and neutrophils. The BTK inhibitor evobrutinib silences B cells and prevents innate immune activation via FcR and has been shown to be efficacious in a preclinical model for SLE. Macrophages can have pro-inflammatory and anti-inflammatory

properties and thus they play a crucial role in exacerbation versus control of autoimmune disease. BTK function has been implied downstream of certain cytokine receptors that control macrophage differentiation. The aim of this preclinical study was to investigate the effect of BTK inhibition on the differentiation and activation of monocytes and macrophages.

**Methods** Monocytes were isolated from the peripheral blood of healthy volunteers. BTK activation was analyzed by Western blot following a 30 min BTK inhibitor treatment and a subsequent granulocyte-macrophage colony-stimulating factor (GM-CSF) stimulation time course. Survival of GM-CSF differentiated M1 cells was analyzed by flow cytometry following AnnexinV/PI staining. Expression levels of interleukin (IL)-1 $\beta$  and IL-10 were determined by quantitative polymerase chain reaction following 48 hours of GM-CSF stimulation and BTK inhibitor treatment. Tumor necrosis factor alpha (TNF-) levels in cell culture supernatants were measured by ELISA following overnight lipopolysaccharide stimulation and BTK inhibitor treatment. The uptake of apoptotic cells by M2 macrophages was analyzed by flow cytometry.

**Results** BTK was activated downstream of the GM-CSF receptor. In line with this finding, *in vitro* GM-CSF differentiated M1 macrophages underwent apoptosis upon BTK inhibition using evobrutinib. Monocytes treated with GM-CSF in the presence of BTK inhibitor secreted less TNF- and expressed

less IL-1 $\beta$ , and the expression of anti-inflammatory genes, such as IL-10, was upregulated. Furthermore, treatment with BTK inhibitor increased the rate of phagocytosis by anti-inflammatory M2 macrophages *in vitro*.

**Conclusions** Our findings show that BTK inhibition hinders M1 macrophage differentiation and skews monocytes towards an anti-inflammatory M2 phenotype, while enhancing apoptotic cell uptake by M2 cells. Therefore, BTK inhibition could have additional benefits in the treatment of autoimmune diseases such as SLE, by targeting both B cells and myeloid cells simultaneously.

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### CLINICAL AND SEROLOGICAL PROFILE OF A SERIES OF RHUPUS PATIENTS

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**Background** Concomitant presence of two autoimmune diseases, such as rheumatoid arthritis (RA) and systemic lupus erythematosus (SLE) is known as Rhupus. Despite,

poliautoimmunity is not uncommon described in patients with systemic autoimmune diseases, only a small series of patients have been described so far with Rhupus. Our purpose was to analyze clinical and serological characteristics of patients with Rhupus and compare them with a cohort of patients with SLE.

**Methods** In this cross-sectional study, we included cases of Rhupus (RA-ACR/EULAR 2010 plus SLE-ACR 1987 criteria) from different Rheumatology Departments at Catalonia, Spain. In addition, we included patients with diagnosis of SLE in a 2:1 ratio matched by sex and race. All information was recorded following an established protocol.

**Results** A total of 57 patients were included, 19 cases with Rhupus and 38 cases of SLE alone as controls. 93% of patients were female, Caucasian represented 71.4%, Mestizo 17.9% and 5.4% were Asian. Mean age was 48.6 $\pm$ 13.5 years and mean disease duration was 11.48 $\pm$ 9.1 years. Main clinical characteristics were cutaneous involvement (75.0%), hematological (66.0%), serositis (19.3%), renal disease (17.9%) and secondary Sjögren syndrome (28%) among others. Clinical and serological characteristics according groups are shown in table 1.

**Conclusions** We found some clinical and serological differences among patients with Rhupus and SLE alone. As expected, articular domains and titers of RF and ACPAs were higher in Rhupus and they are more commonly treated with methotrexate and rituximab. By other hand, leukopenia, oral ulcers, anti-Ro antibodies and higher SLEDAI score were more common among SLE patients. Whether Rhupus patients represent a different condition requires further analysis in bigger cohorts.

**Abstract 217 Table 1** General characteristics of Rhupus and SLE patients

	Rhupus (n=19)	SLE (n=38)	P value
Gender (Female), %	17 (89.5)	36 (94.7)	0.59
Mean age, years $\pm$ SD	56.9 $\pm$ 12.8	45.9 $\pm$ 12.3	0.03
Disease duration, years $\pm$ SD	13.9 $\pm$ 7.0	10.5 $\pm$ 9.7	0.24
Race (Caucasian), %	14 (73)	27 (71.1)	0.89
<b>Clinical characteristics</b>			
Oral ulcers, %	2 (10.5)	16 (42.1)	<0.01
Articular involvement, %	19 (100)	36 (94.7)	<0.01
• Arthritis, %	19 (100)	29 (76.3)	0.02
• Erosive disease, %	11 (57.9)	1 (2.6)	<0.01
• Tenosynovitis, %	10 (52.6)	19 (26.3)	0.05
Leukopenia, %	3 (15.8)	21 (55.3)	<0.01
Renal involvement, %	1 (5.3)	10 (26.3)	0.07
Mean SLEDAI *	1.2 $\pm$ 1.6	3.3 $\pm$ 3.4	0.03
<b>Immunological features</b>			
Mean RF levels, IU $\pm$ SD	184.6 $\pm$ 199.3	47.6 $\pm$ 114.5	<0.01
Mean anti-CCP titers, IU $\pm$ SD	622.3 $\pm$ 908.5	5.1 $\pm$ 5.2	<0.01
Positive anti-Ro antibodies, %	15 (18.9)	17 (48.6)	0.03
<b>Treatment (ever)</b>			
Prednisolone, %	19 (100)	28 (75.7)	0.02
Methotrexate, %	17 (89.5)	13 (36.1)	<0.01
Rituximab, %	8 (44.4)	5 (14.7)	0.04

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### THERAPEUTIC TRAJECTORIES FOLLOWING HIGH DISEASE ACTIVITY STATE IN SLE

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**Background** Systemic lupus erythematosus (SLE) is a heterogeneous autoimmune disease. Treatment trajectories following high disease activity state (HDAS), as defined by SLEDAI score 10, have not been well described.

**Methods** Longitudinal trajectories of patients from the Australian Lupus Registry were studied. HDAS periods were defined as the time from which HDAS begins, until the patient fulfils criteria for Low Lupus Disease Activity (LLDAS), or up to 365 days. Treatment escalation is defined as either an addition of hydroxychloroquine (HCQ), prednisolone (PNL) and immunosuppressant (IS), or any change in IS drug. De-escalation is either dose reduction or cessation of HCQ or IS without meeting treatment escalation criteria. Treatment trajectories were examined as the rolling sum (over time) of escalations and de-escalations and were clustered using k-means clustering methods. Different clustering partitions were tested. The R package kml was used for cluster determination and quality criterion calculations. The differences in time to resolution of HDAS between clusters were tested using likelihood ratio test.