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Implementation of a Psychiatric Mental Health Nurse Practitioner Transition to Practice Survival Kit Series: A DNP Project

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Eastern Kentucky University

College of Health Sciences

School of Nursing

Doctor of Nursing Practice Program

DNP Project Final Report

Implementation of a Psychiatric Mental Health Nurse
Practitioner Transition to Practice Survival Kit Series: A
DNP Project

DNP Student: Dera Harvey

Date: April 28, 2023



DOCTOR OF NURSING PRACTICE

The DNP Project Final Report is submitted in partial fulfillment of the requirements for the degree of Doctor of Nursing Practice (DNP) at Eastern Kentucky University (EKU).

Student Acknowledgement

“I assert that the content of this DNP Project is my original work. Proper citation, credit, and permissions have been obtained and/or given to all external sources. I retain the right to ownership of my work. I further retain the right to use the work in future publications (i.e. articles, books...) all or any part of my work.”

EKU DNP Student: (Type Name)

Signature:

Date:

____Dera Harvey_____

____April 28, 2023_____

Review & Approval of DNP Project Final Report

The DNP Project Final Report has been reviewed and approved by the DNP Project Team, which includes the DNP Project Chair and the DNP Project Team Member(s). The DNP Project meets the satisfactory requirements for the DNP Project Final Report outlined in the EKU DNP Project Guidelines. The EKU DNP Project Guidelines are based on best practices outlined by the American Association of Colleges of Nursing (AACN) and external evidence-based sources. The DNP Committee develops, maintains, and monitors these standards on behalf of the Department of School of Nursing at Eastern Kentucky University.

List of DNP Team Members for this Project:

(Include the name of the Chair and DNP Team Member(s); signatures are not required)

Chair: Dr. Molly Bradshaw O’Neal

DNP Team Member: Dr. Wanda France

Title of DNP Project

Implementation of a Psychiatric Mental Health Nurse Practitioner Transition to Practice Survival Kit Series: A DNP Project

Student Name & Full Credentials Dera Harvey DNP MSN APRN PMHNP-BC

Abstract

(Insert the de-identified abstract from your Final DNP Project Report and include Keywords. Then upload this document according to the instructions to the ECU Digital Repository, Encompass)

It is imperative that new graduate PMHNPs successfully traverse the gap from student to prescriber of care to meet these needs. Currently, a transition to practice gap exists for PMHNPs who are often left alone to navigate the beginnings of their new career. Additionally, the transition has not been analyzed extensively in literature (Barnes, 2015). The purpose of this DNP project is to implement a transition to practice survival kit series. The proposed DNP project is a mixed methods design focused on program evaluation. The project will assess the effect of a 6-session transition to practice survival kit series on PMHNP self-efficacy, job satisfaction, and intent to stay. Anticipated findings from this project include improved PMHNP self-efficacy, increased job satisfaction, and a higher degree of intent to stay with their current employer. Improving the transition experience ultimately leads to more availability of providers to improve mental health outcomes.

Keywords: peer support group, PMHNP, self-efficacy, satisfaction, intent to stay