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Debunking Medical Myths: Ginkgo Biloba + Alzheimer'S Disease

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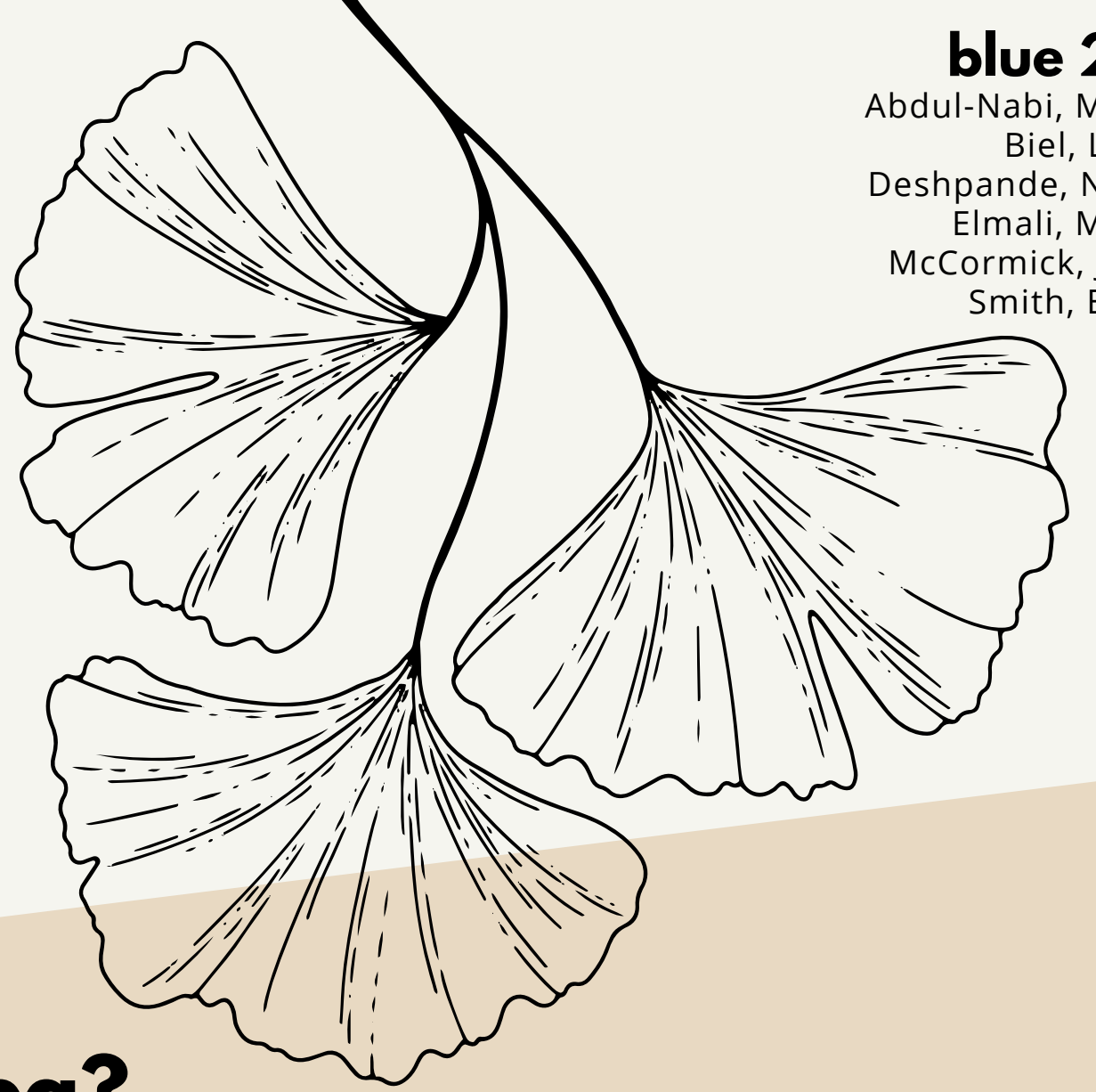
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ginkgo biloba + ALZHEIMER'S DISEASE



what is ginkgo biloba?

Ginkgo biloba is a large tree species, known for its fan shaped leaves. It was first cultivated in ancient China over 1,000 years ago for medical healing². Today, Ginkgo is an herbal supplement commonly used in the United States and Europe for the purpose of cognitive improvement². The involvement of Ginkgo biloba in improving memory function remains a controversial topic in modern medicine².

can ginkgo biloba help my Alzheimer's disease?

Scientists have conducted several studies investigating the role Ginkgo biloba may have in treating dementia, Alzheimer's disease, and other cognitive disorders³. Studies have found no statistically significant improvement of dementia-related symptoms in participants who were administered Ginkgo biloba versus a placebo⁴. Thus, there is no scientific proof to support the role of Ginkgo in preserving memory function⁴.



what are other treatments for Alzheimer's disease?

The most commonly prescribed pharmaceuticals for Alzheimer's disease are cholinesterase inhibitors¹. Results from experimental studies conclude that cholinesterase inhibitors (Donepezil, Galantamine, Rivastigmine) show significant slowing of dementia in cases of mild to moderate Alzheimer's disease¹. Other treatments include Memantine and cognitive stimulation therapy.



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