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A large-scale genome-wide association study meta-analysis of cannabis use disorder



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Summary

Background Variation in liability to cannabis use disorder has a strong genetic component (estimated twin and family heritability about 50–70%) and is associated with negative outcomes, including increased risk of psychopathology. The aim of the study was to conduct a large genome-wide association study (GWAS) to identify novel genetic variants associated with cannabis use disorder.

Methods To conduct this GWAS meta-analysis of cannabis use disorder and identify associations with genetic loci, we used samples from the Psychiatric Genomics Consortium Substance Use Disorders working group, iPSYCH, and deCODE (21041 case samples, 363 884 control samples in total), contrasting cannabis use disorder cases with controls. To examine the genetic overlap between cannabis use disorder and 22 traits of interest (chosen because of previously published phenotypic correlations [eg, psychiatric disorders] or hypothesised associations [eg, chronotype] with cannabis use disorder), we used linkage disequilibrium score regression to calculate genetic correlations.

Findings We identified two genome-wide significant loci: a novel chromosome 7 locus (*FOXP2*, lead single-nucleotide polymorphism [SNP] rs7783012; odds ratio [OR] 1.11, 95% CI 1.07–1.15, $p=1.84 \times 10^{-9}$) and the previously identified chromosome 8 locus (near *CHRNA2* and *EPHX2*, lead SNP rs4732724; OR 0.89, 95% CI 0.86–0.93, $p=6.46 \times 10^{-9}$). Cannabis use disorder and cannabis use were genetically correlated (r_g 0.50, $p=1.50 \times 10^{-21}$), but they showed significantly different genetic correlations with 12 of the 22 traits we tested, suggesting at least partially different genetic underpinnings of cannabis use and cannabis use disorder. Cannabis use disorder was positively genetically correlated with other psychopathology, including ADHD, major depression, and schizophrenia.

Interpretation These findings support the theory that cannabis use disorder has shared genetic liability with other psychopathology, and there is a distinction between genetic liability to cannabis use and cannabis use disorder.

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Introduction

Cannabis use is common, but most users do not progress to cannabis use disorders. About 50–70% of liability to cannabis use disorders is due to genetic factors.¹ Three genome-wide association studies (GWASs) of cannabis use disorders^{2–4} have identified variants reaching genome-wide significance, but inadequate sample sizes (sample size from largest study to date: 51372, with 2387 cases) and heterogeneity among samples have contributed to a paucity of replicable findings: only one locus, tagged by a *cis*-eQTL for *CHRNA2* (encoding a nicotinic acetylcholine receptor), has been robustly identified.³

A GWAS of lifetime cannabis use (184 765 total sample size, 43 380 cases) identified eight genome-wide

significant loci and 35 significant genes.⁵ Twin studies suggest high genetic correlations between early stages of cannabis experimentation and later cannabis use disorder.⁶ However, casual cannabis use is affected by a variety of socioenvironmental influences and age-period-cohort effects, whereas progression to cannabis use disorder is related to other psychopathologies. Findings have suggested partially distinct genetic causes underlying alcohol consumption and alcohol use disorder, including different genetic associations with other psychiatric disorders and traits.^{7,8} Thus, in addition to examining the genomic liability for cannabis use disorder, we tested whether the genetic influences underlying cannabis use and cannabis use disorder diverge with respect to behavioural and brain measures.

a novel risk locus on chromosome 7. The lead risk variant at this locus is an eQTL for *FOXP2*—a gene previously implicated in risk-taking behaviours. Contrasting cannabis use and cannabis use disorder, we found that increased liability for cannabis use disorder is genetically correlated with low educational attainment, early age at first birth, and high body-mass index, traits that show opposite directions of association with lifetime cannabis ever-use. We also found that genetic liability for cannabis use disorder is associated with increased risk of mental health problems, infectious diseases, and respiratory illnesses in a large independent sample. Finally, we found a significant association between increased polygenic liability for cannabis use disorder and low white matter volume in cannabis-naïve children, suggesting a potential role of cannabis-related genetic predisposition in early brain development.

Implications of all the available evidence

Cannabis use disorder is a psychiatric illness that is genetically associated with many negative outcomes (including increased risk of psychiatric disorders and respiratory illnesses). Lifetime cannabis use and cannabis use disorder show at least partially divergent genetic influences and associations with relevant traits. Given increasingly permissive cannabis laws and positive perceptions of its safety, the recognition that cannabis use disorder is a serious psychiatric illness should spur prevention and treatment efforts.

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Research in context

Evidence before this study

Cannabis use disorder is heritable (50–70% according to twin and family studies), yet identification of genomic variants associated with cannabis use disorder from genome-wide association studies (GWASs) remains sparse. We surveyed all peer-reviewed journal publications in English on GWASs of cannabis use disorder or cannabis dependence using Google Scholar and PubMed, published between Jan 1, 1990, and April 1, 2020. Search terms included “cannabis dependence”, “cannabis abuse”, “cannabis use disorder”, “marijuana dependence”, “marijuana abuse”, “marijuana use disorder”, and “GWAS”. The most promising finding to date is a variant that is a *cis*-eQTL for *CHRNA2* (Demontis and colleagues), which was replicated in an independent dataset for cannabis use disorder. Independently, GWAS of cannabis use have identified multiple genetic risk loci; however, the extent to which the genetics of cannabis use correlates with liability to cannabis use disorder has not been determined. Although GWASs of cannabis use have been studied in the context of a variety of psychiatric and psychosocial correlates, it is expected that some divergent associations will be seen when looking at cannabis use disorder. Previous studies have drawn causal links between cannabis exposure and brain volume, but the relationship between genetic liability to cannabis use disorder and brain volume in individuals naïve to cannabis has not yet been studied.

Added value of this study

Our study is the current largest GWAS of cannabis use disorder and the first to include a transancestral component. We found

	European ancestry		African ancestry		European ancestry— case-control individuals	
	Cases	Controls	Cases	Controls	Cases	Controls
Case-control studies						
CATS	958	453	958	453
CADD	397	699	59	55	397	699
CHDS	201	420	201	420
FSCD	226	314	199	401	226	314
COGEND Nico	306	607	154	313	306	607
COGEND SAGE	228	830	79	187	228	830
GEDI-GSMS	81	491	81	491
ADAA	1000	811
Total	2397	3814	1491	1767	2397	3814
Family-based studies						
BLTS	170	1216	147	662
MCTFR	449	1625	389	1185
Yale Penn 1	916	833	1189	1857	839	657
Yale Penn 2	557	497	355	548	557	495
bigCOGA	2206	5053	813	1725	248	795
CEDAR	64	148	64	148
OZ-ALC	593	4893	470	1534
VTSABD	99	734	94	361
IASPSAD	104	613	84	353
Total	5158	15612	2357	4130	2892	6190
Summary statistics						
Add Health	847	4839
PGC studies total	8402	24265	3848	5897	5289	10004
iPSYCH	2758	53326	0	0	2758	53326
deCODE	6033	280396	0	0	6033	280396
Total (European ancestry)	17193	357987	14080	343726
Total (Transancestral)	21 041 cases; 363 884 controls

ADAA=Alcohol Dependence in African Americans. BLTS=Brisbane Longitudinal Twin Study. CADD=Center on Antisocial Drug Dependence. CATS=Comorbidity and Trauma Study. CEDAR=Center for Education and Drug Abuse Research. CHDS=Christchurch Health and Development Study. COGA=Collaborative Study on the Genetics of Alcoholism. COGEND=Collaborative Genetic Study of Nicotine Dependence. FSCD=Family Study of Cocaine Dependence. GEDI=Gene-Environment-Development Initiative. GSMS=Great Smoky Mountains Study. IASPSAD=Irish Affected Sib-Pair Study of Alcohol Dependence. MCTFR=Minnesota Center for Twin and Family Research. OZ-ALC=Australian Alcohol and Nicotine Studies. PGC=Psychiatric Genomics Consortium. SAGE=Study of Addiction: Genetics and Environment. VTSABD=Virginia Twin Studies of Adolescent Behavioral Development.

Table 1: Numbers of cases and controls in meta-analysis

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Methods

Samples

We performed a GWAS of 20 samples in total: 18 from the Psychiatric Genomics Consortium Substance Use Disorders working group (European ancestry 8402 cases, 24265 controls; African ancestry 3848 cases, 5897 controls), one iPSYCH⁹ sample (European ancestry 2758 cases, 53326 controls), and one deCODE sample (European ancestry 6033 cases, 280396 controls; table 1; appendix pp 2–8).

This study was approved by the institutional review board at Washington University School of Medicine and was done in accordance with all relevant ethical

regulations. Investigators for each contributing study obtained informed consent from their participants and received ethics approvals from their respective review boards in accordance with applicable regulations. Personal identifiers associated with phenotypic information and samples from deCODE were encrypted using a third-party encryption system.¹⁰ The iPSYCH group used pseudonymised unique identifications.⁹

Measures

Psychiatric Genomics Consortium cases met criteria for a lifetime diagnosis of DSM-IV (or DSM-III-R) cannabis abuse or dependence¹¹ derived from clinician ratings or semi-structured interviews.⁷ Cases from the iPSYCH sample had ICD-10 codes of F12.1 (cannabis abuse) or F12.2 (cannabis dependence), or both in the Danish Psychiatric Central Research Register;¹² the remaining individuals in the sample were used as controls. Cases in the deCODE sample met criteria for lifetime DSM-III-R or DSM-IV cannabis abuse or dependence or DSM-5 cannabis use disorder according to diagnoses made at the National Center of Addiction Medicine in Iceland, whereas controls were derived from the general population of Iceland (appendix pp 2–3). Exposure data were not available for some large groups (eg, iPSYCH and deCODE); therefore, controls were defined regardless of lifetime cannabis exposure across all datasets.

Genotyping: quality control and imputation

For the Psychiatric Genomics Consortium, standard procedures for GWAS quality control and imputation were applied using the Ricopili¹³ pipeline for case-control groups and the Picopili pipeline for family-based samples. Briefly, variants in each group were filtered for call rate (<5% missingness), followed by individual-level filtering for call rate (<2% missingness) and heterozygosity ($|F^{het}| < 0.20$). If available, chromosome X variants were checked to ensure concordance between genotype sex and reported sex. Variants were then filtered more stringently: variants with more than 2% missingness, differential missingness between cases and controls greater than 2%, invariant markers, and those departing from Hardy-Weinberg equilibrium in cases ($p < 1.00 \times 10^{-10}$) or controls ($p < 1.00 \times 10^{-6}$) were removed (appendix pp 8–10). Principal components analysis was done on a stringently quality-control set of variants using EIGENSOFT^{14,15} to exclude population outliers, infer ancestry among the retained individuals (using the 1000 Genomes Phase 3¹⁶ cosmopolitan reference panel), and derive ancestry-specific principal components for inclusion in analyses (appendix p 10). Sample and variant quality-controlled procedures, including filters for call rate, heterozygosity, and departure from Hardy-Weinberg equilibrium, were done within each ancestry group in each sample. Each group was phased using SHAPEIT¹⁷ and imputed using IMPUTE2¹⁸ to the 1000 Genomes Phase 3¹⁶ cosmopolitan reference panel (appendix pp 10–11). Duplicate

individuals were removed and individuals who were cryptically related across groups were excluded from all but one group (appendix p 12). Single-nucleotide polymorphisms (SNPs) were filtered for INFO score of more than 0.8 and minor allele frequency of at least 0.01 before meta-analysis (appendix pp 13–14).

Quality control of iPSYCH data mirrored the process implemented in the Psychiatric Genomics Consortium, with minor deviations in thresholds for exclusion (appendix p 9).³ As for deCODE, samples were assayed with several Illumina arrays at deCODE genetics. SNPs with low call rate (<95%), significant deviation from Hardy-Weinberg equilibrium ($p < 0.001$), and excessive inheritance error rates (> 0.001) were excluded. We did variant imputation on the basis of the IMPUTE HMM model and long-range phasing.¹⁹ Variants were further filtered for imputation INFO score more than 0.8 and minor allele frequency at least 1% before inclusion in meta-analysis.

Statistical analysis

We did separate association analyses for each sample (ie, 18 individual samples from Psychiatric Genomics Consortium, iPSYCH, and deCODE) by ancestry. For the eight case-control studies from the Psychiatric Genomics Consortium, imputed dosages were analysed using logistic regression models, implemented in the Ricopili pipeline.¹³ For family-based samples of the Psychiatric Genomics Consortium, we did association analyses with imputed best-guess genotypes using generalised estimating equations for samples that included only first-degree relatives (eg, sibships), and logistic mixed models for complex pedigrees, in the Picopili pipeline.⁷ For calculation of SNP heritability and genetic correlations, subsets of genetically unrelated individuals were selected from each family-based sample from the Psychiatric Genomics Consortium and analysed using logistic regression through Picopili (5289 cases, 10004 controls). These results were then meta-analysed along with the case-control groups. Psychiatric Genomics Consortium covariates included sex and five to ten within-ancestry principal components to account for population stratification (appendix pp 12–13). Because age was not available in all samples, it was not included as a covariate in the Psychiatric Genomics Consortium analyses. Sensitivity analyses in one representative sample showed this to have no impact on study-specific findings.

In the iPSYCH cohort, logistic regression was done with imputed dosages, covarying for five ancestral principal components, data processing waves, and the presence of another psychiatric disorder (because iPSYCH was established to study major psychiatric disorders, cases of cannabis use disorder and controls include comorbidity).³ Adding sex as a covariate to iPSYCH analyses has been shown not to alter findings.²⁰

deCODE data were analysed using logistic regression of imputed dosage data with sex, age, and county of origin

as covariates.²¹ To account for inflation due to population stratification and relatedness, test statistics were divided by an inflation factor estimated from linkage disequilibrium score regression (LDSR; appendix p 13).²²

Effective sample size-weighted meta-analyses across case-control and family-based samples within ancestry were done using METAL (appendix pp 13–14).²³ First, summary statistics of case-control and family-based samples from the Psychiatric Genomics Consortium were combined and weighted by the effective sample size, because effect sizes from case-control logistic regression analyses and family-based analyses using generalised estimating equations and logistic mixed models are not directly comparable. Then the Psychiatric Genomics Consortium results were meta-analysed with those from the iPSYCH and deCODE samples (between-sample genetic correlations [r_g] 0.66–0.70). The summary statistics were filtered such that an SNP had to be present in at least two of the three contributing GWASs (deCODE, iPSYCH, and the Psychiatric Genomics Consortium).

We also did a meta-analysis that excluded related individuals from the family-based samples of the Psychiatric Genomics Consortium, using an inverse variance-weighted scheme, to generate summary statistics that produced effect sizes for use in follow-up analyses (14080 cases, 343726 controls). A transancestral meta-analysis using METAL²³ combined results across the European and African ancestry cohorts, comprising 21041 individuals with cannabis use disorder (17193 from European ancestry, 3848 from African ancestry) and 363884 controls (357987 from European ancestry, 5897 African ancestry; appendix pp 13–14, 17). Conditional analyses were done in GCTA-COJO²⁴ by conditioning the meta-analysis summary statistics on the lead variants of genome-wide significance.

The FUMA web-based platform²⁵ version 1.3.5e was used for visualisation and annotation, and MAGMA²⁶ was used within the FUMA framework to do gene-based association analyses, with SNPs assigned to genes on the basis of physical position (appendix pp 14–15). We also used Hi-C coupled MAGMA to assign non-coding SNPs (intergenic and intronic) to genes on the basis of their chromatin interactions (exonic and promoter SNPs are still assigned to genes on the basis of their genomic location; appendix p 15).²⁷ Pathway analyses were done using PASCAL to test canonical pathways in the European ancestry sample.²⁸ All variants within all genes were tested, using default settings, with the structure of linkage disequilibrium estimated using the 1000 Genomes European sample as a reference. We used S-PrediXcan²⁹ to examine gene expression differences associated with case-control status, using our summary statistics of cannabis use disorder and transcriptome data from the PredictDB Data Repository for 11 brain regions, liver tissue, whole blood, and two types of adipose tissue. We included these tissues because cannabis use disorder is a psychiatric disorder and

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tetrahydrocannabinol, a key psychoactive cannabis component, accumulates in adipose tissue.³⁰ Analyses were restricted to the European ancestry meta-analysis because the prediction models were trained on reference transcriptome data from GTEx version 8³¹ using only individuals of European ancestry. The significance threshold was corrected for the total number of gene-tissue pairs tested (75 684 tested, $\alpha=6.69 \times 10^{-7}$).

Heritability explained by common variants (h^2_{SNP}) and genetic correlations with 23 other traits chosen because of previous findings or hypothesised relationships (including cannabis use; appendix pp 15–17) were estimated using LDSR^{22,32} on the results of the meta-analysis of case-control individuals of European ancestry (the number of unrelated cases of African ancestry was less than the acceptable sample size threshold for LDSR). Conversion of h^2_{SNP} estimates from observed scale to liability scale was done using a range of estimated population prevalences from 1%³ to 8.5% (because in some samples we used DSM-IV cannabis abuse or dependence).³³ Significance of genetic correlations with other traits was determined using a Bonferroni correction for 23 tests (including with cannabis use; $\alpha=0.002$). Finally, we examined whether the genetic correlations for cannabis use disorder were significantly different than those for cannabis use⁵ using the jackknife procedure implemented through LDSR.³²

To investigate potential causal relationships, we did latent causal variable analyses on cannabis use disorder and the top genetically correlated traits: educational attainment, age at first birth, Townsend Deprivation Index, smoking initiation, and ADHD (appendix p 16).³⁴

We used mtCOJO³⁵ to condition the summary statistics of cannabis use disorder on loci associated with cannabis use at $p < 0.001^5$ to adjust for as many SNPs as possible while retaining computational efficiency. Adjusted summary statistics were used to recompute genetic correlations. Because of the high co-occurrence of cannabis use and tobacco smoking, we also did mtCOJO analyses to condition the summary statistics of cannabis use disorder for loci significantly associated with smoking initiation and cigarettes smoked per day³⁶ ($p < 5.00 \times 10^{-8}$; excluding 23andMe data, because of restricted access). Moreover, given long-standing interest in the comorbidity of schizophrenia and cannabis misuse, we used mtCOJO to condition the summary statistics of cannabis use disorder on significant schizophrenia loci.³⁷

LDSR was used to estimate the genetic correlation between cannabis use disorder and a broad measure of maximum cannabis use frequency. Linear regression was then used to examine the extent to which polygenic risk scores (PRS) for cannabis use disorder predicted a pseudocontinuous measure of self-reported cannabis use frequency, while covarying for age, sex, and 20 ancestral principal components (appendix p 16). PRSice-2³⁸ was also used to do gene-set enrichment using gene sets and pathways from the Molecular Signatures Database.³⁹

PRS for cannabis use disorder were computed using PRS-CS⁴⁰ for each of the 66 915 genotyped individuals of European descent in BioVU (appendix pp 16–17). Genotyping and quality control of this sample have been described elsewhere.⁴¹ A logistic regression model was fitted to each of 1335 case or control phenotypes that had at least 100 cases to estimate the odds of each diagnosis given the PRS for cannabis use disorder, after adjustment for sex, median age of the longitudinal electronic health record measurements, and the top ten ancestral principal components. To explore whether pleiotropic effects of the PRS for cannabis use disorder were mediated by smoking behaviours, we did two phenotype-wide association study (PheWAS) sensitivity analyses: a PheWAS on summary statistics of cannabis use disorder that had been conditioned on the top smoking initiation loci using mtCOJO,³⁵ and a PheWAS using a diagnosis of tobacco use disorders as an additional covariate in the regression model, which is a conservative over-correction given the extremely high comorbidity expected between cannabis use disorder and tobacco use disorder. We used a Bonferroni-corrected phenome-wide significance threshold of 3.74×10^{-5} ; this is overly conservative because it incorrectly assumes independence between phenotypes. PheWAS analyses were run using the PheWAS R package, version 0.12.⁴²

Data from the Adolescent Brain Cognitive Development Study (Registered; ABCD study)⁴³ (data release 2.0.1) were used to test the association of PRS for cannabis use disorder with brain structure among 4539 cannabis-naive children (through self-reporting or hair toxicology) of European ancestry (mean age 9.93 years [SD 0.63], 2125 [47%] were girls; appendix p 17). Total bilateral white matter volume, grey matter volume, and intracranial volume were estimated using FreeSurfer 5.3.⁴⁴ PRS from the cannabis use disorder GWAS were generated at nine p value thresholds (ie, $p < 0.0001$, $p < 0.001$, $p < 0.01$, $p < 0.10$, $p < 0.20$, $p < 0.30$, $p < 0.40$, $p < 0.50$, and $p < 1.00$), as were PRS for cannabis use.⁵ Linear mixed models were used to include scanner (for imaging analyses) and family as nested random effects, done using the lme4 package in R, version 3.6.0. All analyses included as fixed effect covariates the first 20 ancestral principal components, age, sex, age by sex, parents combined income, caregiver education, genotyping batch, caregiver's marital status, prenatal cannabis exposure before and after knowledge of pregnancy, and twin status. Multiple testing within each brain structure phenotype was accounted for by applying random field theory correction across p value thresholds, as this method directly models the overlap across the different PRS thresholds and corrects for the statistical dependence among them.⁴⁵

Role of the funding source

The funders of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. The corresponding author had full

	Position	SNP	Effect allele	deCODE OR (SE)	deCODE p value	iPSYCH OR (SE)	iPYSCH p value	PGC EUR unrel OR (SE)	PGC EUR unrel p value	PGC EUR comp Z score	PGC EUR comp p value	EUR meta-analysis OR (SE)*	EUR meta-analysis p value*	Trans-ancestral Z score†	Trans-ancestral p value†
Chromosome 7	114 116 881	rs7783012	A	1.10 (0.03)	5.32×10^{-4}	1.09 (0.03)	2.58×10^{-3}	1.11 (0.03)	9.56×10^{-5}	3.47	5.22×10^{-4}	1.11 (0.02)	1.84×10^{-9}	5.97	2.43×10^{-9}
Chromosome 8	27 432 062	rs4732724‡	C	0.90 (0.03)	3.03×10^{-4}	0.84 (0.03)	5.73×10^{-8}	0.98 (0.04)	0.616	-1.91	0.056	0.89 (0.02)	6.46×10^{-9}	-5.95	2.64×10^{-9}

comp=complete meta-analysis (including related individuals and summary statistic cohorts). EUR=European ancestry. OR=odds ratio. PGC=Psychiatric Genomics Consortium. SNP=single nucleotide polymorphism. unrel=unrelated genotyped meta-analysis. *Complete deCODE, iPSYCH, and PGC EUR meta-analysis (excluding related individuals and summary statistic cohorts in the PGC). †Transancestral meta-analysis with deCODE, iPSYCH, and PGC samples (including related individuals and summary statistic cohorts). ‡SNP was only present in half of the PGC samples.

Table 2: Association statistics for the lead genome-wide significant SNPs across each of the three primary samples (deCODE, iPSYCH, PGC) in the European ancestry and transancestral meta-analyses

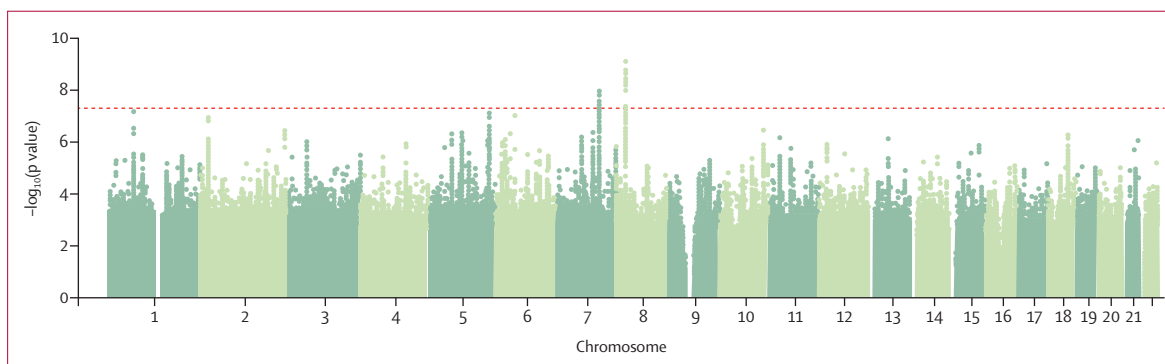


Figure 1: Manhattan plot of the European ancestry-only genome-wide meta-analysis

access to all of the data and the final responsibility to submit for publication.

Results

We identified two genome-wide significant loci in the transancestral meta-analysis of cannabis use disorder (African and European ancestries, 21041 cases, 363884 controls; appendix pp 17, 20). These loci were significant in the European ancestry meta-analysis but did not reach significance in the much smaller African ancestry analysis (17193 cases, 357987 controls vs 3848 cases, 5897 controls; table 2). The lead SNPs were rs4732724 on chromosome 8 ($p_{transancestral}=2.64 \times 10^{-9}$, $p_{European}=6.46 \times 10^{-9}$, $p_{African}=0.70$) and rs7783012 on chromosome 7 ($p_{transancestral}=2.43 \times 10^{-9}$, $p_{European}=1.84 \times 10^{-9}$, $p_{African}=0.09$), with the same direction of effect observed for both ancestries. No additional ancestry-specific loci were observed.

Based on effect sizes and linkage disequilibrium from the case-control European ancestry meta-analysis (cases 14080, controls 343726), the genome-wide significant locus on chromosome 8 contains a single association (independent at $R^2 < 0.1$) with lead SNP rs4732724 (odds ratio [OR] 0.89, 95% CI 0.86–0.93, SE 0.02; $p=6.46 \times 10^{-9}$; figure 1, appendix pp 21–23). This locus was previously associated with cannabis use disorder in the iPSYCH sample³ and includes eQTLs for *CHRNA2*

(cholinergic receptor nicotinic $\alpha 2$ subunit) in the cerebellum and cerebellar hemisphere and *EPHX2* (epoxide hydrolase 2) in the cerebellum and adipose tissue. One genome-wide significant variant in the chromosome 8 locus (rs1565735) had a CADD score of 13.28, indicating high probability of deleteriousness (appendix p 17). There were additional eQTL signals at this chromosome 8 locus, for *CCDC25* (coiled-coil domain containing 25, in nucleus accumbens, multiple SNPs), *CLU* (clusterin, in adipose, rs2640724), and *STMN4* (stathmin 4, in prefrontal cortex, rs78875955 and rs72477506; appendix p 25).

The chromosome 7 locus is located in an intron of *FOXP2* (Forkhead box protein P2, index SNP, rs7783012; OR 1.11, 95% CI 1.07–1.15, SE 0.02; $p=1.84 \times 10^{-9}$; figure 1, appendix pp 21–22, 24). The index variant was an eQTL for *FOXP2* in brain (prefrontal cortex, anterior cingulate cortex) and adipose tissue, and demonstrated chromatin interactions with *FOXP2*, *MDFIC*, and *MIR3666* (appendix p 26).

Inflation in the test statistics ($\lambda=1.10$) probably reflects the polygenic architecture of cannabis use disorder, a conclusion supported by LDSR (LDSR intercept 0.99). Conditioning the summary statistics of cannabis use disorder on the lead SNP in each genome-wide significant locus, rs7783012 and rs4732724, did not reveal additional independent significant findings.

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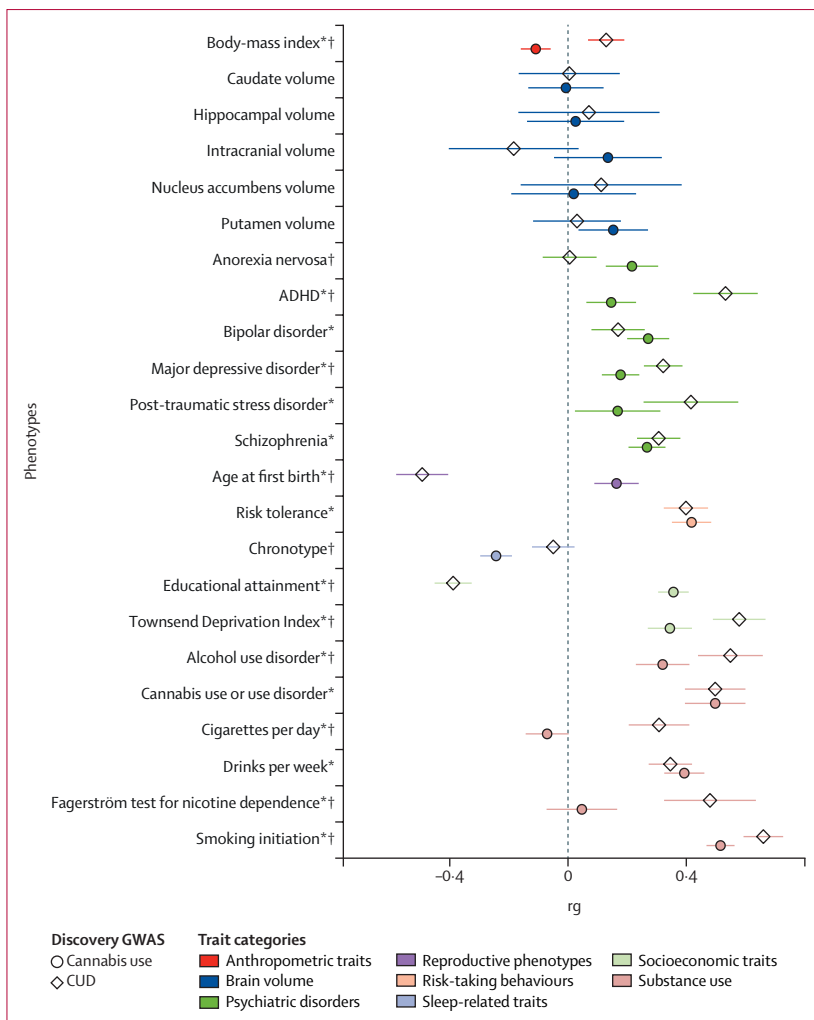


Figure 2: Genetic correlations between CUD, cannabis use, and other traits of interest
 CUD=cannabis use disorder. GWAS=genome-wide association studies. rg=genetic correlation. *Significantly genetically correlated with CUD. †Significantly different correlations between CUD and cannabis use ($\alpha=0.002$).

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 See Online for appendix
 For the Picopili pipeline see <https://github.com/Nealelab/picopili>
 For the PredictDB Data Repository see <http://predictdb.org>
 For GWAS of cannabis use frequency see https://github.com/Nealelab/UK_Biobank_GWAS
 For the Adolescent Brain Cognitive Development Study see <https://abcdstudy.org/>

The gene-wise association analysis of European ancestry summary statistics identified three significant genes ($\alpha=2.664 \times 10^{-6}$): *FOXP2* ($p=7.31 \times 10^{-8}$), *PDE4B* ($p=6.66 \times 10^{-7}$), and *ENO4* ($p=3.51 \times 10^{-8}$; appendix p 17, 27). No pathways were significant (appendix p 18). Three genes, *NAT6* (amygdala, cortex, frontal cortex), *HYAL3* (both adipose tissues, whole blood, cerebellum, frontal cortex, hippocampus, nucleus accumbens, and spinal cord), and *IFRD2* (cerebellum) were significantly related to cannabis use disorder through genetically regulated gene expression (appendix pp 18, 28). Connecting SNPs to genes via chromatin interaction data revealed significant associations in adult brain tissue (ten genes), fetal brain tissues (12 genes), iPSC-derived astrocytes (11 genes), and iPSC-derived neurons (eight genes); these genes included *HYAL3*, *ENO4*, *CHRNA2*, and *FOXP2* (appendix pp 18, 29). The SNP-heritability (h^2_{SNP}) for cannabis use disorder was 0.067–0.121 (SE 0.006–0.011) on the liability scale,

depending on the estimated population prevalence and h^2_{SNP} 0.02 (SE 0.002) on the raw scale. Cannabis use disorder showed significant r_g with 16 of the 23 studied phenotypes, for which the strongest relationships were observed with smoking initiation³⁶ (r_g 0.66, $p=3.20 \times 10^{-83}$), Townsend Deprivation Index (a measure of regional poverty⁴⁶; r_g 0.58, $p=3.30 \times 10^{-37}$), educational attainment⁴⁷ (r_g -0.39, $p=6.70 \times 10^{-34}$), and age at which first child is born (r_g -0.49; $p=5.40 \times 10^{-28}$; figure 2, appendix p 18). Thus, increased risk of cannabis use disorder is genetically correlated with increased liability for smoking initiation, living in an area of high material poverty, having children at an early age, and low levels of educational attainment. Liability to cannabis use disorder was also positively genetically correlated with alcohol use,³⁶ nicotine dependence,⁴⁸ psychiatric disorders (eg, ADHD,²⁰ schizophrenia,³⁷ major depression),⁴⁹ and body-mass index (BMI).⁵⁰

The r_g between cannabis use and cannabis use disorder was 0.50 (SE 0.05, $p=1.50 \times 10^{-21}$). Of the eight genome-wide significant SNPs associated with cannabis use disorder (modest sample overlap between the two studies: genetic covariance intercept 0.014 [SE 0.005]).⁵ Conditioning the summary statistics of cannabis use disorder for loci associated with cannabis use neither substantially modified the effect sizes of the genome-wide significant loci ($rs4732724$, $\beta=-0.11$, SE 0.02, $p=8.25 \times 10^{-9}$; $rs7783012$, $\beta=0.10$, SE 0.02, $p=2.62 \times 10^{-9}$) nor identified additional novel loci (appendix p 18). The heritability of cannabis use disorder adjusted for cannabis use loci (using mtCOJO³⁵) was 0.095 (SE 0.01) on the liability scale (estimated population prevalence 8.5%).

The r_g s with cannabis use disorder and cannabis use were significantly different for 12 of the 22 traits compared (figure 2, appendix p 18). Cannabis use⁵ and cannabis use disorder were positively genetically correlated with liability to smoking initiation, schizophrenia, major depressive disorder, risk tolerance, and the Townsend Deprivation Index. Cannabis use⁵ was positively genetically correlated with educational achievement and later age at birth of first child, and negatively with BMI. In contrast, cannabis use disorder was genetically correlated with low education attainment, early age at birth of first child, and high BMI. Liability to cannabis use disorder was genetically correlated with nicotine dependence (r_g 0.48, $p=1.35 \times 10^{-9}$), whereas the genetic correlation of this trait with cannabis use was not significant ($p=0.44$). In contrast, cannabis use was significantly genetically correlated with chronotype (r_g -0.24, $p=6.40 \times 10^{-19}$), whereas cannabis use disorder showed no significant correlation with this trait ($p=0.18$). Conditioning the r_g of cannabis use disorder on cannabis use loci (with $p<0.001$) made little difference in the magnitude of the r_g s (appendix p 18).

We found no evidence of genetically causal relationships between liability to cannabis use disorder and to any of the most highly correlated traits (ie, educational attainment, age at first birth, Townsend Deprivation



Figure 3: PheWAS associations between polygenic risk for CUD and phenotypes in the BioVU biobank
 The 46 phenotypes shown are significantly associated with CUD ($p < 3.74 \times 10^{-5}$, corrected for 1335 phenotypes tested). CUD=cannabis use disorder. PheWAS=phenotype-wide association study. NOS=not otherwise specified. SIRS=systemic inflammatory response syndrome.

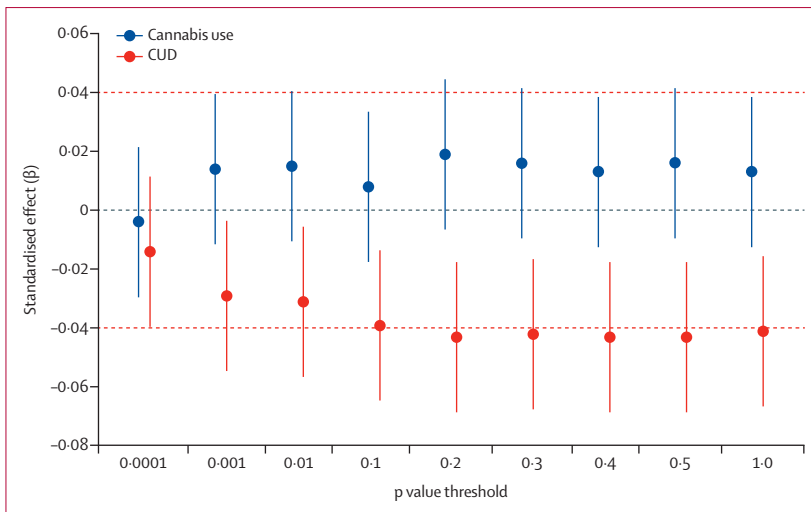


Figure 4: Polygenic risk score associations with white matter volume in drug-naive children
Total white matter volume was regressed on polygenic risk scores for CUD and cannabis use (in separate models). CUD=cannabis use disorder.

Index, smoking initiation, or ADHD; genetic causality proportion 0.05–0.27, $p=0.128$ – 0.856 ; appendix p 18).

Liability to cannabis use disorder and maximum cannabis use frequency in the UK Biobank were genetically correlated (r_g 0.75, $p=1.80 \times 10^{-6}$). PRS for cannabis use disorder were significantly associated with our pseudocontinuous measure of cannabis use frequency in the UK Biobank (maximum R^2 0.04%, Z 7.42, $p=1.15 \times 10^{-13}$, threshold $p < 0.3$; appendix p 18, 30). 65 of 12461 gene sets and pathways were significantly enriched, highlighting involvement of CNS morphogenesis (transcription factor Nkx-2.2 target genes, R^2 0.02%, Z 4.46, $p=8.22 \times 10^{-6}$) and immune responses to exogenous compounds (ZFP91 target genes R^2 0.01%, Z 4.41, $p=1.01 \times 10^{-5}$; CD4⁺ T-cell R^2 0.02%, Z 4.41, $p=3.79 \times 10^{-6}$; and macrophage gene sets R^2 0.01%, Z 4.62, $p=1.04 \times 10^{-5}$; appendix p 18).

Of 1335 phenotypes in the BioVU biobank, 46 were significantly associated with the PRS for cannabis use disorder ($p < 3.74 \times 10^{-5}$; figure 3, appendix p 18). The phenotype groups with the most abundant associations were mental disorders ($n=12$), the strongest associations being with tobacco use disorder (cases 5280, OR 1.18, 95% CI 1.13–1.23, SE 0.02; $p=2.66 \times 10^{-27}$) and substance use disorders (cases 6155, OR 1.18, SE 0.01, 95% CI 1.16–1.20; $p=1.24 \times 10^{-30}$), mood disorders (cases 9588, OR 1.09, SE 0.01, 95% CI 1.07–1.11; $p=2.38 \times 10^{-12}$) and suicidal ideation or attempt (cases 689, OR 1.27, SE 0.04, 95% CI 1.17–1.37; $p=1.81 \times 10^{-9}$); respiratory diseases ($n=12$), such as respiratory failure (cases 4485, OR 1.11, SE 0.02, 95% CI 1.07–1.15; $p=4.45 \times 10^{-10}$) or chronic airway obstruction (cases 4436, OR 1.13, SE 0.02, 95% CI 1.09–1.18; $p=5.64 \times 10^{-14}$); endocrine or metabolic conditions ($n=3$), such as disorders of fluid (cases 12 562, OR 1.06, SE 0.01, 95% CI 1.04–1.08; $p=5.77 \times 10^{-8}$); infectious diseases ($n=4$), such as viral hepatitis

(cases 135, OR 1.3, SE 0.03, 95% CI 1.23–1.38; $p=3.34 \times 10^{-20}$); and digestive diseases ($n=3$), including cirrhosis of liver (cases 1928, OR 1.14, SE 0.02, 95% CI 1.10–1.19; $p=2.49 \times 10^{-8}$).

A secondary pheWAS analysis in BioVU using summary statistics of cannabis use disorder conditioned on smoking initiation revealed attenuated findings, with only ten codes now passing Bonferroni corrections; anxiety disorder, viral hepatitis, and several respiratory codes were still significant. When we conditioned the pheWAS on tobacco use disorder, some associations remained significant (respiratory conditions, viral hepatitis), whereas other associations (eg, anxiety disorder) were no longer associated with PRS for cannabis use disorder (appendix p 18).

The PRS for cannabis use disorder were significantly associated with reduced total white matter volume in cannabis-naive children from the ABCD Study (standardised $\beta=-0.04$; $p=0.001$; figure 4), explaining up to 0.18% of the variance in white matter volume at the most predictive threshold of $p < 0.5$ (appendix p 18). Children in the highest quartile of PRS, on average, had a white matter volume that was 1% lower than those in the lowest quartile. Results remained significant when including intracranial volume as a covariate (standardised $\beta=-0.08$, $p=0.01$) and when excluding 1246 (27%) of 4539 children who used any substance (standardised $\beta=-0.05$, $p=0.001$), or when excluding 2482 (54%) of 4539 who used any substance or were prenatally exposed to any substance (standardised $\beta=-0.05$, $p=0.03$). The PRS for cannabis use were not significantly correlated with white matter volume (figure 3). After correction for multiple testing, there was no association between PRS for cannabis use disorder or cannabis use and grey matter volume (all $p > 0.01$; appendix p 18, 31).

Discussion

This GWAS meta-analysis confirmed one previously identified locus on chromosome 8 as associated with cannabis use disorder and identified a new locus on chromosome 7. The lead variant at the chromosome 7 locus (rs7783012) is a *cis*-eQTL for *FOXP2* expression in brain and adipose tissue. *FOXP2* was also significantly implicated in gene-based tests that incorporated information about chromatin interactions in iPSC-derived astrocytes (appendix p 29). rs7783012 has also been associated with measures related to externalising behaviours (eg, ADHD,²⁰ age at first sexual intercourse,⁵¹ generalised risk tolerance)⁵² and with educational attainment.⁴⁷ *FOXP2* is essential to synaptic plasticity and has been implicated in the normal development of speech and language acquisition⁵³ However, because of the prominence of the protein product of *FOXP2* as a regulator of numerous genes, indirect pathways of vulnerability beyond risk-taking are also possible.

Individual SNPs on chromosome 8 are eQTLs for *CHRNA2* and *EPHX2*, extending previous work by

Demontis and colleagues³ in iPSYCH, with replication in the deCODE data. Note that iPSYCH and deCODE are the main contributors to this finding in the meta-analysis ($P_{\text{iPSYCH}}=5.73 \times 10^{-8}$, $P_{\text{deCODE}}=0.0003$, $P_{\text{PGC}}=0.06$; appendix p 23). A large GWAS of schizophrenia⁵⁴ has also implicated this variant ($p=3.68 \times 10^{-6}$), but conditioning for top schizophrenia loci did not modify the association with cannabis use disorder ($p=4.33 \times 10^{-8}$; appendix p 18). Given the role of *CHRNA2* variants in tobacco smoking,³⁶ it is plausible that the findings for cannabis use disorder and schizophrenia are partially driven by the high rates of tobacco use in those populations.⁵⁵ However, conditioning cannabis use disorder on the GWAS of cigarettes per day increased the significance of the lead variant rs4732724 ($p=4.16 \times 10^{-9}$; appendix p 18), although a different SNP was identified as the lead SNP (rs11783093). When rs11783093 was conditioned for the GWAS of smoking initiation, the signal was attenuated ($p=1.55 \times 10^{-6}$; appendix p 18). These findings suggest that the chromosome 8 signal might be partly driven by smoking initiation, or indicative of a pleiotropic effect with a stronger impact on cannabis use disorder than on smoking initiation.³⁶ Despite the plausibility of *CHRNA2* in the cause of cannabis use disorder, it is worth noting that *EPHX2*, which is involved in the metabolism of cannabinoids,^{56–58} was also identified in eQTL analyses but not supported by other post-hoc analyses (appendix p 29).

Cannabis use and cannabis use disorder were modestly genetically correlated (r_g 0.50) but conditioning for cannabis use loci did not substantially reduce the heritability of cannabis use disorder, and although it reduced the significance of the top loci, the effect sizes remained consistent. Although this does not fully account for possible index-event bias,⁵⁹ it suggests that the findings are not due to cannabis exposure alone. Cannabis use and cannabis use disorder also show divergent genetic relationships with educational attainment,⁴⁷ BMI,⁵⁰ and age at birth of first child, with cannabis use disorder indexing greater impairment in these psychosocial and anthropometric indices than cannabis use. This divergence is similar to that found between alcohol intake and alcohol use disorder.⁷⁸

We found genetic overlap between cannabis use disorder and several mental health phenotypes, respiratory illnesses, and infectious diseases in the BioVU biobank. The strongest association was with tobacco use disorder, but conditioning for loci associated with smoking initiation retained many of the pheWAS associations at significant levels, including anxiety, phobic and dissociative disorders, respiratory failure, and viral hepatitis. An even more stringent analysis that covaried for tobacco use disorder revealed independent associations with viral hepatitis, type 1 diabetes, respiratory measures, and pain, but not mental health. These associations could reflect genuine pleiotropy (eg, with risk-taking behaviours and injection drug use) or index putatively causal peripheral effects of cannabis.

Cannabis use frequency in the UK Biobank was genetically correlated with cannabis use disorder as well, but, similarly to other psychiatric and behavioural traits,⁶⁰ the PRS for cannabis use disorder explained only a small proportion of variance in cannabis use frequency (R^2 0.04%).

Some previous cross-sectional studies have linked differences in grey matter volume with cannabis use and dependence;⁶¹ however, a large mega-analysis did not find reductions in global or regional volumes in cannabis-dependent adults compared with controls.⁶² In our study, the association between PRS for cannabis use disorder and white matter volume persisted in the subset of children who were not exposed to any substance, including prenatally. This finding suggests that polygenic liability for cannabis use disorder might index differences in white matter volume in the developing brain, independently of the onset of substance use behaviours. Still, the association between PRS for cannabis use disorder and white matter was small (R^2 0.15–0.18%), and additional studies are needed to confirm this association.

Some limitations are noteworthy. Our African ancestry sample was under-powered; more data are needed, particularly in light of potential disparities that result from a majority of genetic studies focusing on European-ancestry populations.^{63,64} We had little or no information regarding comorbid psychiatric disorders for the majority of PGC samples; however, we did conditional analyses to account for these and it made little difference. Information regarding lifetime cannabis exposure and the potency of cannabis used was scarce. Our estimates of genome-wide SNP- h^2 were far lower than the h^2 estimated from twin and family studies (0.07–0.12 vs 0.5–0.7). This discrepancy between pedigree-estimated heritability and SNP-heritability is common across essentially all substance use disorders, and might be due to low power, some heritability residing in variants too rare to be included in our GWAS, and insufficient coverage of optimal common-variant genomic coverage in available microarray data even after imputation. An additional limitation is that we did not do formal Mendelian randomisation⁶⁵ analysis. To do this analysis, we would have needed to remove sample overlap between our cannabis use disorder GWAS and the other GWASs of interest, which would have greatly decreased our statistical power. However, after doing latent causal variable analyses,³⁴ an approach related to mendelian randomisation that can account for sample overlap among the input GWAS, there was no significant evidence of causal relationships between liability to cannabis use disorder and to any of the top genetically correlated traits: educational attainment, age at first birth, Townsend Deprivation Index, smoking initiation, or ADHD (appendix p 16). Overall, estimates of genetic overlap might also be sensitive to sample characteristics, such as older volunteers in the UK Biobank cohort⁶⁶ and some younger registry-based cohorts in our GWAS. In

addition, imbalance between cases and controls could have affected our findings, although we did not observe substantial genetic heterogeneity (appendix pp 23–24).

In conclusion, our findings provide further evidence that cannabis use disorder is a serious, psychiatric illness with genetic and neurobiological influences that diverge at least partially from cannabis use. From a public health perspective, the recognition that cannabis use disorder is a serious form of psychopathology should spur efforts to identify and aid at-risk individuals in the face of escalating cannabis use worldwide, especially among adolescents.

Contributors

SAB, DD, ADB, JHo, GWM, MN, AA, RB, HJE, IBH, JG, ECJ, TET, and RKW designed the study. MJA, SAB, JDB, AMG, AMM, HRK, DL, BTW, RET, S-AB, VH, BSM, AEA, KSK, WEC, ADB, FRW, SEM, JB-G, LD, NGM, DBH, JHo, RPC, LW, MAK, DMD, JPR, MDR, MCS, MMV, BPR, LJB, LF, JB, KKB, JG, NAG, RAG, DFG, KMH, SMH, ACH, JKH, IBH, DMH, WGI, EOJ, KK, PAFM, HHM, MM, MBM, GWM, OM, PBM, ECN, JFP, BP, VR, NLS, RS, JLS, TET, TT, SV, TLW, TW, MJW, and RW collected and interpreted the data. DAAB, AMM, RP, ASH, IBH, DD, RET, BSM, FRW, SEM, TBB, SEP, LMH, DBH, LW, MAK, DEA, SZ, JA, GWR, AA, RB, SS-R, T-KC, BWD, NAG, SDG, DFG, SMH, JHe, ECJ, EOJ, REP, PAL, GWM, TET, RKW, and RW analysed the data. MJA, DAAB, DL, RP, ASH, DD, S-AB, DBH, DEA, GWR, AA, RB, SS-R, JDB, LKD, HJE, JG, DFG, JHo, JHe, ECJ, NLS, TET, RKW, and HZ gave the statistical input. ASH, ADB, FRW, SEP, JLM, AA, RB, T-KC, HJE, JG, ECJ, TET, and RKW wrote the manuscript. SAB, AMG, HRK, DL, LAF, RP, ASH, DD, RET, WEC, ADB, SEP, DBH, JHo, RPC, LW, MAK, DMD, MCS, MMV, GWR, AA, RB, JNM, SS-R, JDB, KKB, LKD, HJE, JG, ECJ, ECN, NLS, TET, RKW, and HZ edited the manuscript. AMM, KSK, SEM, LD, DMD, JLM, BPR, AA, RB, HJE, JG, NAG, ACH, EOJ, HHM, ECN, and TET provided phenotype expertise. CJH, AMM, LAF, ADB, KSK, NGM, JHo, AA, RB, LKD, HJE, TMF, JG, KMH, JKH, WGI, HHM, ECN, BP, KS, TET, SV, RKW, TW, and MJW supervised the study.

Declaration of interests

TW has acted as an advisor and a lecturer to H Lundbeck A/S. LJB and the spouse of NLS are listed as inventors on Issued US Patent 8 080 371, Markers for Addiction, covering the use of particular SNPs in determining the diagnosis, prognosis, and treatment of addiction. AMM has received research support from Eli Lilly, Janssen, Pfizer, and the Sackler Foundation. HRK is a member of the American Society of Clinical Psychopharmacology's Alcohol Clinical Trials Initiative, which was supported in the last 3 years by AbbVie, Alkermes, Ethypharm, Indivior, Lilly, Lundbeck, Otsuka, Pfizer, Arbor, and Amygdala Neurosciences. HRK and JG are named as inventors on PCT patent application number 15/878 640, entitled Genotype-guided dosing of opioid agonists, filed Jan 24, 2018. LD reports untied educational grant funding to research studies of new opioid medications in Australia from Indivior, Mundipharma, Seqirus, and Reckitt Benckiser.

Data sharing

Summary statistics will be made available for download at <https://www.med.unc.edu/pgc/download-results/>.

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For the **Add Health** data files see <http://www.cpc.unc.edu/addhealth>

For the **subcortical brain volume** results see <http://enigma.ini.usc.edu/research/download-enigma-gwas-results/>

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For the **Psychiatric Genomics Consortium** see <http://www.med.unc.edu/pgc/results-and-downloads>

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