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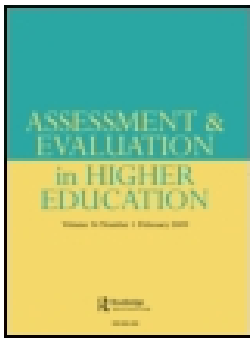
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# Student motivations, perceptions and opinions of participating in student evaluation of teaching surveys: a scoping review

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## ABSTRACT

Several times each year the teaching performance of academics at higher education institutions are evaluated through anonymous, online student evaluation of teaching (SET) surveys. Universities use SETs to inform decisions about staff promotion and tenure, but low student participation levels make the surveys impractical for this use. This scoping review aims to explore student motivations, perceptions and opinions of SET survey completion. Five EBSCO® databases were searched using key words. Thematic analysis of a meta-synthesis of qualitative findings derived from 21 papers identified five themes: (i) the value students' place on SET, (ii) the knowledge that SET responses are acted upon to improve teaching, (iii) assurance of survey confidentiality and anonymity, (iv) incentives for completing SET, and (v) survey design and timing of survey release. Perceptions, knowledge and attitudes about the value of SET are essential factors in motivating students to engage and complete SETs, particularly if surveys are easy to interpret, time for completion is incentivised and responses are valued.


## KEYWORDS

Student evaluation of teaching; student feedback surveys; academic; higher education

Most higher education institutions rely on anonymous, online student evaluation of teaching (SET) surveys to assess teaching staff performance and appraise the quality of teaching and learning (Cook, Jones, and Al-Twal 2022; Heffernan 2022). Researchers and academics have challenged the validity of anonymous SETs and recommend caution when using them to evaluate teaching quality (Fenn 2015; Lee et al. 2021; Kreitzer and Sweet-Cushman 2022). In the past, SET surveys have produced significantly biased and prejudicial responses towards women and marginalised groups (Kreitzer and Sweet-Cushman 2022). Some have suggested that the relationship between SET ratings and teaching quality is tenuous at best, and there is generally a poor correlation between responses and student learning (Uttl, White, and Gonzalez 2017; Chen 2023)

Anonymous SET surveys enable students to make personalised, prejudicial and offensive comments about teachers and courses with impunity (Clayson 2022; Kreitzer and Sweet-Cushman 2022; Hutchinson et al. 2023). Such commentary can adversely affect the health and wellbeing of teaching staff and lead to accommodations to appease students, which may negatively impact teaching quality (Lakeman et al. 2022a; Lee et al. 2022). The validity of SET survey responses is highly contingent on students being scrupulously honest, insightful, and possessing the

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requisite skills and self-awareness to make constructive comments about the teaching and learning experience (Heffernan and Bosetti 2021).

For at least a century, the teaching provided by higher education academic staff has been assessed using SET (Freyd 1923). Early tools designed to evaluate academic performance overtly included subjective criteria for evaluating personal qualities such as a 'sense of humour' (Freyd 1923, p. 434) and 'personal appearance' (Smalzreid and Remmers 1943, p. 366). Such superficial issues continue to influence how many students appraise academic performance when providing evaluations of teaching (Read, Rama, and Raghunandan 2001; Chen and Hoshower 2003; Riniolo et al. 2006; Boring, Ottoboni, and Stark 2016). Characteristics such as physical attractiveness (Riniolo et al. 2006; Chen 2023), the perceived humour of the academic and perceived grade leniency influence the aggregated results of SET, and the opportunity to commend or castigate teachers for these attributes may motivate students to participate in SET surveys (Martin 1998; Gump 2007; Chen 2023)

Some students elect not to participate in the SET processes for various reasons, including the perception that it will not make any difference to them. Hoel and Dahl (2019) surveyed 689 Norwegian higher education students and found that 30% chose not to participate if the survey was estimated to take longer than five minutes to complete. This effect is likely compounded if students complete the survey in what they perceive as their own time. El Hassan (2009) surveyed 605 students in Lebanon and found that only 50% believed changes would result from their feedback. Approximately 60% of students in a study conducted across 20 higher education institutions in the USA ( $n=597$ ) believed their feedback was unlikely to be read (Kite, Subedi, and Bryant-Lees 2015). These findings offer insight into why students participate in SET surveys and why some may be unconcerned about providing constructive comments.

Altruistic motivators of participation in SET, such as wishing to improve learning for future students or recognising academic teaching skills, are well established (Hattie and Timperley 2007; Kite, Subedi, and Bryant-Lees 2015). Participation rates in SET differ depending on whether survey responses are anonymous and if the mode of delivery is online or face-to-face (Dommeyer et al. 2004). Hollerbach, Sarnecki, and Bechtoldt (2021) suggest anonymity may reverse the perceived balance of power between students and teachers. This may result in different individuals responding to and providing different responses in online surveys. The characteristics of survey responders may be quite different to the student body in general (Richardson 2005).

Anonymously delivered online surveys increase the opportunity for individuals to engage in trolling-like behaviours where students unleash frustrations in unprofessional, non-constructive and offensive ways (Lakeman et al. 2022). Ching (2019) asserts that students use SET to reward or punish academic staff. Fear of retribution or disapproval from students may lead to practices that diminish the quality of the teaching and learning experience. These phenomena may exacerbate occupational stress experienced by teaching staff and impact on esteem and well-being (Lee et al. 2022).

Few researchers have examined students' views regarding participation in SET. The studies which have investigated this area are inconclusive. Some have found that students generally hold positive opinions and take the process of evaluation seriously (Heine and Maddox 2009; Kite, Subedi, and Bryant-Lees 2015). Others have cited the emotionally charged comments left by students as breaching the trust afforded to those students by inviting them to participate (Heffernan 2022). Understanding why students participate in online SETs will enable a deeper understanding of the factors that promote student engagement in the process and enable more meaningful construction of questions used in SET evaluations and interpretation of data so informed changes to teaching, and learning strategies may be implemented. This scoping review explores student motivations, perceptions and opinions of SET. Additionally, the findings suggest alternative solutions when engaging students in teaching and learning evaluation strategies.

## Methodology

A systematic scoping review protocol was registered with the Open Science Framework (<https://osf.io/fm98u/>). The scoping review was conducted using the Preferred Reporting Items for Systematic Review and Meta-Analysis extension for scoping reviews (PRISMA-ScR; Tricco et al. 2018). Scoping reviews are a valuable tool for exploring evidence-based literature on a topic without a previous systematic exploration (Levac, Colquhoun, and O'Brien 2010). In a scoping review, studies with diverse methodologies are included and analysed to collate the current knowledge base to develop best practice processes and identify knowledge gaps. Scoping reviews are helpful for a comprehensive and broad analysis of literature when exploring an under-examined area of research (Arksey and O'Malley 2005). Thus, a scoping review was identified as the most appropriate methodological approach to use. This structured framework ensured transparency in the methodological and analytical decisions undertaken throughout the review. The framework includes six steps: (i) identifying a question, (ii) identifying relevant studies, (iii) study selection, (iv) data charting and collating, (v) summarising, and (vi) reporting the results (Arksey and O'Malley 2005).

### *Stage one: identifying the question*

Broad questions, including appropriate key terms, are essential in framing a scoping review. We aimed to generate a breadth of coverage. We developed the broad research aim: to systematically scope the literature to explore student motivations, perceptions and opinions of SET.

### *Stage two: identifying the relevant studies*

In consultation with a university librarian, two independent researchers duplicated the search. The following keywords and search terms were used in the systematic literature search: 'student evaluation of teaching' OR 'student evaluation\*' OR 'student rating\*' OR 'student satisfaction' OR 'teach\* evaluation' OR 'teach\* effective\*' OR 'teach\* performance' OR 'student feedback\*' OR 'student survey' AND 'higher\*education' OR 'university' OR 'college' OR 'tertiary'.

Five EBSCO databases were searched: Academic Search Premier, Teacher Reference Centre, Education Research Complete, ERIC and PsycINFO, which were chosen as they comprehensively cover educational and psychological research. The systematic search was conducted in November 2022 for any English-written, scholarly studies published after 2010, when anonymous online SET surveys became more commonly employed than the paper-based alternative (Baruch and Tal 2019). All articles that met the following inclusion criteria were examined by title, abstract and full text: i) qualitative, quantitative or mixed-methods primary research, (ii) published in English, (iii) motivations, perceptions, opinions of higher-education students eligible to complete SETs, and (iv) focused on anonymous, online SETs. Papers were excluded if they: (i) were a secondary resource (other reviews or meta-analyses), (ii) included only academics' motivations, perceptions and opinions of SETs, (iii) focused on paper-based or non-anonymised SETs, or (iv) were not related to the higher education sector (see [supplementary material](#) for full table of excluded studies with reasons).

### *Stage three: study selection*

The search retrieved 4,304 articles. Of these, 1,996 were duplicated and removed, leaving 2,308 articles read by title and abstract. Inclusion criteria were unmet for 2,258 articles at this stage, and the full text of 50 articles were then read. Of these, 29 were excluded because they met the exclusion criteria. Twenty-one papers remained and were included

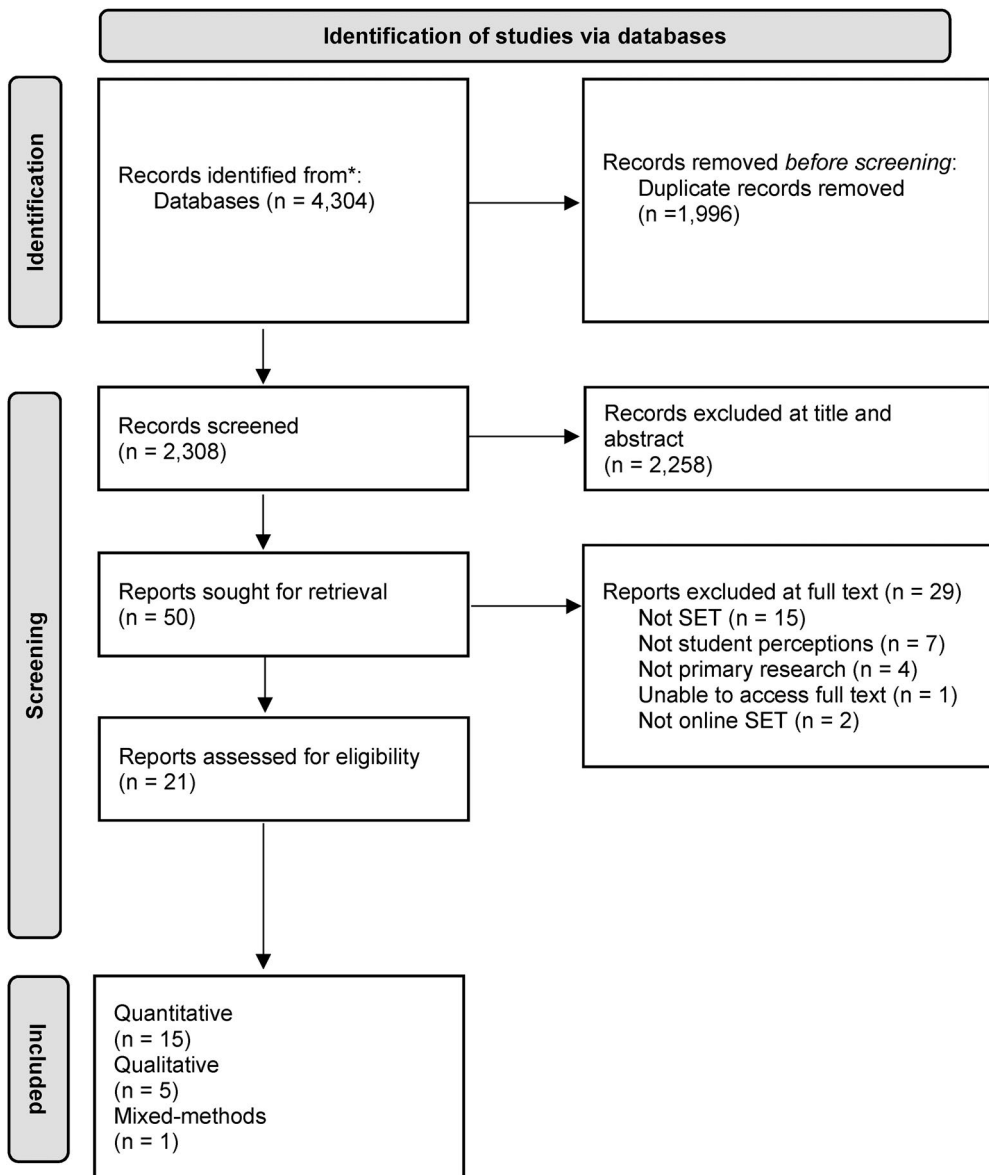


Figure 1. PRISMA flow diagram.

in the review. Figure 1 clarifies the complete screening and selection process in a PRISMA flow diagram.

#### Stage 4: charting the data

A data extraction table was developed based on the preliminary scoping phase (see [supplementary material](#)). Scoping reviews are set apart from other types of systematic reviews by the lack of requirement to include a critical appraisal of the reviewed studies. This is generally due to the homogenous nature of the study types and methodologies that a scoping review will uncover (Tricco et al. 2018). However, the limitations of each paper were included in the data extraction table so that the reader could identify any apparent lack of quality across the included papers.

Data extraction included: (i) author, year and country; (ii) research aim; (iii) study type; (iv) research design; (v) participant characteristics; (vi) institution type; (vii) findings; and (ix) limitations.

### ***Stage 5: collating, summarising and reporting the results***

In keeping with the scoping review methodology, we extracted and charted the data into predefined meaningful categories, which included study characteristics and the key identified themes. After data extraction, reflexive thematic analysis (Braun and Clarke 2006) was conducted to explore the identified themes within the papers and compare the findings between studies. All authors reviewed the themes and agreed on the structure of the findings. The data were collated, summarised and presented as a narrative synthesis.

## **Results**

### ***Study characteristics***

Across the 21 studies, 16,561 students were represented. There were 14 cross-sectional studies (Balam and Shannon 2010; Patrick 2011; Backer, 2012; Fetzner 2013; Asassfeh et al. 2014; Nasrollahi et al. 2014; Kite, Subedi, and Bryant-Lees 2015; Spooren and Christiaens 2017; McClain, Gulbis, and Hays 2018; Thielsch, Brinkmöller, and Forthmann 2018; Alsmadi 2019; Hoel and Dahl 2019; Cox, Rickard, and Lowery 2022; Suárez Monzón, Gómez Suárez, and Lara Paredes 2022), three focus group studies (Kinash, Knight, and Hives 2011; Ernst 2014; Gupta et al. 2020), one qualitative Delphi study (Cone et al. 2018), mixed methods study (Stein et al. 2021), natural experiment (Cho, Baek, and Cho 2015) and qualitative longitudinal study (Pettit et al. 2015). Ten studies were conducted in the United States (Balam and Shannon 2010; Patrick 2011; Fetzner 2013; Ernst 2014; Kite, Subedi, and Bryant-Lees 2015; Pettit et al. 2015; Cone et al. 2018; McClain, Gulbis, and Hays 2018; Gupta et al. 2020; Cox, Rickard, and Lowery 2022), two in Australia (Kinash, Knight, and Hives 2011; Backer, 2012) and Jordan (Asassfeh et al. 2014; Alsmadi 2019), one in Ecuador (Suárez Monzón, Gómez Suárez, and Lara Paredes 2022), New Zealand (Stein et al. 2021), Iran (Nasrollahi et al. 2014), Korea (Cho, Baek, and Cho 2015), Norway (Hoel and Dahl 2019), Germany (Thielsch, Brinkmöller, and Forthmann 2018) and Belgium (Spooren and Christiaens 2017).

## **Themes**

Five themes were identified which captured the main known influences on students' motivations, perceptions and opinions on completing SET surveys: (i) the value students place on SET, (ii) the knowledge that SET responses are acted upon to improve teaching, (iii) assurance of survey confidentiality and anonymity, (iv) the promise of incentives for completing SET, (v) survey design and timing of survey release.

### ***Theme one: the value students place on SETs***

Students' perceptions, knowledge and attitudes about SET were identified as factors influencing students' decisions to participate in SET processes. Students commented that their lack of knowledge about the SET process and how they were used to improve teaching performance and course content was a barrier to completing the SET surveys (Cone et al. 2018; Hoel and Dahl 2019; Gupta et al. 2020; Stein et al. 2021). Students acknowledged that SET was important to help improve teaching and evaluate academic performance, so student voices were heard (Balam and Shannon 2010; Kinash, Knight, and Hives 2011; Backer, 2012; Kite, Subedi, and Bryant-Lees



2015; Pettit et al. 2015; Spooren and Christiaens 2017; Thielsch, Brinkmüller, and Forthmann 2018; Alsmadi 2019; Gupta et al. 2020; Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). A qualitative longitudinal study of 193 fourth-year medical students explored what students value in SET by asking them to design their ideal SET survey (Pettit et al. 2015). Thirty-six of the surveys were included in a content analysis. Four factors identified what students value in SET: (i) content, (ii) environment, (iii) teaching methods and (iv) teacher personal attributes.

The studies also showed that students perceived themselves as good judges of teaching performance, believing they are qualified to assess the teaching of academic staff (Nasrollahi et al. 2014; Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). A cross-sectional survey of 251 health science students in Iran reported that students rated themselves more highly than academics on the ability to assess teaching performance reliably (Nasrollahi et al. 2014).

Not all students provided honest feedback on SET. Students admitted that they were sometimes dishonest in their evaluation of teaching performance (Backer, 2012; Asassfeh et al. 2014; Kite, Subedi, and Bryant-Lees 2015; McClain, Gulbis, and Hays 2018; Cox, Rickard, and Lowery 2022). In a cross-sectional study of 235 students in Australia, 30% believed that students provide low SET scores as a punishment to their teacher for receiving low grades (Backer, 2012)

Researchers suggest academics who give better grades are more likely to get better SET scores, while academics who are stricter in grading receive poorer SET scores (Patrick 2011; Backer, 2012; Fetzner 2013; Cho, Baek, and Cho 2015; Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). A natural experimental opportunity arose when 5135 Korean students were the subject of a system-related technical error which naturally created experimental groups. Group one was accidentally informed of grades in class before completing SET and group two were not. (Cho, Baek, and Cho 2015). Students who received better grades than expected evaluated teaching performance highly, while those who received poorer grades evaluated teaching performance as lower.

The likability of an academic also influences SET scores. Ernst (2014) found that students were strongly motivated to participate in SET if they believed the evaluation could positively or negatively impact academics' tenure, salary or promotional opportunities. Academics with personality traits deemed as likable scored better in SET than those considered less likable (Balam and Shannon 2010; Patrick 2011; Spooren and Christiaens 2017; Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). A cross-sectional study of 974 students in six disciplines in Belgium found that gender, seniority and academic discipline influenced student views of SET (Spooren and Christiaens 2017). In the USA, 978 students in a cross-sectional study believed that academics with better publication records were better teachers and deserved better SET scores (Balam and Shannon 2010).

### ***Theme two: the knowledge that SET responses are acted upon to improve teaching***

Students appeared motivated to complete SET surveys at the end of the study period if they perceived their responses would be acted on and their future learning enhanced. Students were more motivated to engage with the SET if they could see that previous SET response had resulted in changes in teaching performance or course development (Asassfeh et al. 2014; Ernst 2014; Cone et al. 2018; Hoel and Dahl 2019; Gupta et al. 2020; Stein et al. 2021). A mixed methods study including 1161 multi-disciplinary undergraduate students in two New Zealand universities utilising surveys and focus groups explored student perceptions about SET (Stein et al. 2021). The students reported they were happy to complete SET surveys but were more likely to complete them if they were confident the teaching staff would use their responses to improve teaching performance and course content. A similar sentiment was reflected in studies conducted in the United States (Ernst 2014; Cone et al. 2018; Gupta et al. 2020), Norway (Hoel and Dahl 2019) and Jordan (Asassfeh et al. 2014). Although these studies differ widely in cultural context, academic discipline and study design, all demonstrated students' willingness to participate if their time invested in completing the SET resulted in change.



### ***Theme Three: Assurance of survey confidentiality and anonymity***

Traditionally, students have completed SETs anonymously (Lakeman et al. 2022b). Students are more likely to complete SET surveys if they can be assured of their confidentiality and that teaching staff cannot identify them from their responses (Kinash, Knight, and Hives 2011; Ernst 2014; Stein et al. 2021). Kinash, Knight, and Hives (2011) cited anonymity as critical because of fears of reprisal by academic staff and potential adverse effects on their grades if they were identifiable. This fear was magnified if students believed they would have the same academic in subsequent courses.

In addition to anonymity, Stein et al. (2021) found that students who were uncomfortable with constructing feedback found surveys a helpful way to provide feedback. However, in a study of five focus groups, each with six postgraduate students, Ernst (2014) observed that preserving students' confidentiality was at odds with incentivising students to participate in SET. Ernst found a strong correlation between students' need to retain anonymity and their perception of the potential consequences their feedback could have on them.

### ***Theme Four: the promise of incentives for completing SET***

Another motivator acknowledged in the literature for engaging in SET is using various incentives (Ernst 2014; Cone et al. 2018; Hoel and Dahl 2019; Gupta et al. 2020). When no incentive was offered, students were less likely to see the value in completing SET surveys. Ernst (2014) found a strong positive correlation between the likelihood of providing feedback and the reward for releasing grades. Students in two studies from the USA indicated that financial incentive for completing the SET would increase their participation (Cone et al. 2018; Gupta et al. 2020), while a Norwegian cross-sectional survey of 689 students indicated that going into a draw for a prize increased the number of students who completed SET (Hoel and Dahl 2019). However, a qualitative Delphi study of 36 pharmacy students in the USA noted the potential for threatening the academic-student alliance by using negative incentives such as withholding student grades until the SET was complete (Cone et al. 2018).

### ***Theme Five: Survey design and timing of survey release***

The importance of the design of SET surveys was identified in the literature as a predictor of students engaging and completing SETs. Surveys shorter in length with rating scales that were easy to interpret were more likely to be completed than longer surveys with confusing rating scales (Kinash, Knight, and Hives 2011; Asassfeh et al. 2014; Cone et al. 2018; Gupta et al. 2020). A cross-sectional study of 620 undergraduate students in Jordan found that students preferred online delivery of the SET surveys rather than the traditional paper-based surveys (Asassfeh et al. 2014). These findings were mirrored in a focus group study exploring 2487 undergraduates' perceptions in Australia (Kinash, Knight, and Hives 2011).

Student evaluation of teaching surveys have traditionally been released at the busiest time of students' study periods when final assessments and examinations are due (Lakeman et al. 2022a). Releasing SETs at quieter times during the study period was a predictive factor in motivating students to complete them (Cone et al. 2018; Kinash, Knight, and Hives 2011; Gupta et al. 2020). In the study conducted by Ernst (2014) using focus groups, it was found 'time investment' was an essential part of student's decision-making process when deciding to participate in SETs, further reinforcing the potential to skew results. They suggested that students with moderate views are less likely to participate in SET in their own time, meaning those who do participate are likely to either be very happy or very unhappy; students in one group expressed that anonymous SET is their only opportunity for retribution.

## Discussion

In this scoping review, we aimed to scope the literature and explore student motivations, perceptions and opinions of SET. Student evaluations of teaching are the most common tool for assessing teaching in contemporary higher education (Spooren and Christiaens 2017). Indeed, SET is also often a required reported measure of universities' key performance indicators and used to judge the quality of the university (Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). The scoping review found students' perceptions and opinions of SET were important motivators in SET when used to (i) improve teaching quality, (ii) inform tenure/promotion decisions, and (iii) demonstrate an institution's accountability (Kember, Leung, and Kwan 2002; Chen and Hoshower 2003). Clearly, SET are essential tools for students, academics and universities. Despite the importance of SET, students do not always engage with them (Chen and Hoshower 2003; Cone et al. 2018), and the reasons for this are poorly understood. Therefore, this review's findings offer important insights.

We identified studies from several countries highlighting that SET is an essential international quality improvement activity undertaken by universities. Whilst SET is important and should provide a valid and reliable measure of academic performance (Oermann et al. 2018), they often fall short of achieving this objective (Heffernan 2022). Ende (1983) recognised the role emotion plays when students give feedback, which means that feedback left by students may be either purposefully or unintentionally emotionally charged (Guess and Bowling 2014; Heffernan 2022; Lakeman et al. 2022). Given the widespread use of SET by universities and the overwhelming evidence of the poor validity of SET (El Hassan 2009; Patrick 2011; Uttl, White, and Gonzalez 2017; Cook, Jones, and Al-Twal 2022), a reliable measure of sound evaluation practices which recognises the imperfect nature of feedback in human sciences should be pursued.

An important finding of this scoping review was that students do not believe they benefit from changes resulting from their feedback once a course is completed. Therefore, the process is often perceived by students as altruistic and time-consuming, which can become a significant barrier to student engagement (Gupta et al. 2020). Evidence shows that evaluations offered to students earlier provide richer information than information collected later due to responders being more engaged (Estelami 2015). We, therefore, suggest providing the opportunity for feedback during teaching periods rather than around the end of teaching when assessments and examination deadlines are imminent for students. This change will likely improve engagement and enhance the validity of the data.

Concerns about the anonymous nature of SET have been raised in the literature (Lakeman et al. 2022; Lakeman et al. 2022a, 2022b). SET provides a vehicle for retribution and damage to academics, which negatively impacts the recruitment and retention of the academic workforce (Clayson 2022; Lee et al. 2022). Students are rarely given instructions on how to give constructive feedback or how to complete SET. Despite this, students identify that they feel qualified to provide objective and valid feedback on the quality of teaching (Suárez Monzón, Gómez Suárez, and Lara Paredes 2022). Therefore, we recommend changes to the anonymity afforded to students when participating in SET. Students' rights to preserve anonymity must be balanced against the right of academics to enjoy a safe working environment free from harassment and abuse.

## Knowledge gaps and potential solutions

Previous research has focused on the impact of SET on teaching and learning and how to improve the system from an academic point of view (Gupta et al. 2020; Cook, Jones, and Al-Twal 2022; Lloyd and Wright-Brough 2022), but no research to date has explored students' ideas about how the SET system could be improved for all stakeholders. Many of the recommendations offered within this scoping review, such as finding a balance between anonymity and protecting staff from abuse or improving the timing of feedback collection, may already be addressed in research focused on academic problem-solving of the issue. Therefore, these solutions may be absent

from this review due to limiting the search terminology to student perspectives. Future research could expand upon these gaps by gauging students' opinions on how they believe the system could be improved and incorporating this with current SET solution-focused research.

## Strengths and limitations

This scoping review has provided a systematic and replicable overview of a broad SET literature sample. This has enabled the capture of a wide range of data from diverse designs and methodologies to explore student motivations, perceptions and opinions of SET. Limitations to the study included a lack of a formalised tool to appraise studies. However, the limitations of each paper were identified and included in the data extraction table so that the reader can determine the quality of data across the included papers. Students more likely to participate in research are those most likely to complete SET. All the studies, therefore, may miss the voices of those students least likely to complete SET.

## Conclusions

This scoping review identified a range of research related to the motivations, perceptions and opinions of students who provide feedback related to academic staff teaching ability. This affords direction and suggestions for academics and institutions to refine processes and systems for collecting SET data that will be meaningful. Perceptions, knowledge and attitudes about the value of SET were identified as essential factors in motivating students to engage and complete SETs, particularly if surveys were easy to interpret, their time for completing them was incentivised, and they believed their responses would be valued. However, a lack of knowledge about the SET process hindered engaging with SET. Opportunities to engage with SET at quieter times of the study period were meaningful for motivation to engage with the process. Another factor was that students felt protected by SET as a confidential process. Small changes to how SETs are distributed may help in improving student participation levels and reduce unconstructive negative commentary aimed at academic staff.

## Data availability

The review protocol was registered with Open Sciences Framework (<https://osf.io/fm98u/>).

## Disclosure statement

The authors declare no conflict of interest.

## Notes on contributors

*Daniel Sullivan* is a casual academic and PhD student at Southern Cross University. Daniel's research focuses on improving social stigma and psychiatric care for young males experiencing psychotic symptoms.

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*Professor Debbie Massey* at Edith Cowan University is an intensive care nurse and focuses research in the area of patient safety, patient deterioration and teaching and learning.

*Dima Nasrawi* is Lecturer in Nursing at Southern Cross University and a PhD student at Griffith University. She is a cardiac nurse and a member of the Australian Cardiac Rehabilitation Association.

**Associate Professor Marion Tower** has an established career in teaching and learning and leadership experience in the higher education sector. She is also a Board Director and Deputy Chair for Metro South Hospital and Health Services and Chairs the Metro South Safety & Quality committee.

**Dr Megan Lee** is a Senior Teaching Fellow at Bond University and adjunct senior lecturer at Southern Cross University. Dr Lee's research focuses on nutritional psychiatry and occupational stress in academic populations.

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