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## Extensions of the Bloch–Pólya theorem on the number of real zeros of polynomials

par TAMÁS ERDÉLYI

RÉSUMÉ. Nous prouvons qu'il existe des constantes absolues  $c_1 > 0$  et  $c_2 > 0$  telles que pour tout

$$\{a_0, a_1, \dots, a_n\} \subset [1, M], \quad 1 \leq M \leq \exp(c_1 n^{1/4}),$$

il existe

$$b_0, b_1, \dots, b_n \in \{-1, 0, 1\}$$

tels que

$$P(z) = \sum_{j=0}^n b_j a_j z^j$$

a au moins  $c_2 n^{1/4}$  changements de signe distincts dans  $]0, 1[$ . Cela améliore et étend des résultats antérieurs de Bloch et Pólya.

ABSTRACT. We prove that there are absolute constants  $c_1 > 0$  and  $c_2 > 0$  such that for every

$$\{a_0, a_1, \dots, a_n\} \subset [1, M], \quad 1 \leq M \leq \exp(c_1 n^{1/4}),$$

there are

$$b_0, b_1, \dots, b_n \in \{-1, 0, 1\}$$

such that

$$P(z) = \sum_{j=0}^n b_j a_j z^j$$

has at least  $c_2 n^{1/4}$  distinct sign changes in  $(0, 1)$ . This improves and extends earlier results of Bloch and Pólya.

### 1. Introduction

Let  $\mathcal{F}_n$  denote the set of polynomials of degree at most  $n$  with coefficients from  $\{-1, 0, 1\}$ . Let  $\mathcal{L}_n$  denote the set of polynomials of degree  $n$  with coefficients from  $\{-1, 1\}$ . In [6] the authors write

“The study of the location of zeros of these classes of polynomials begins with Bloch and Pólya [2]. They prove that the average number of real zeros

of a polynomial from  $\mathcal{F}_n$  is at most  $c\sqrt{n}$ . They also prove that a polynomial from  $\mathcal{F}_n$  cannot have more than

$$\frac{cn \log \log n}{\log n}$$

real zeros. This quite weak result appears to be the first on this subject. Schur [13] and by different methods Szegő [15] and Erdős and Turán [8] improve this to  $c\sqrt{n \log n}$  (see also [4]). (Their results are more general, but in this specialization not sharp.)

Our Theorem [4.1] gives the right upper bound of  $c\sqrt{n}$  for the number of real zeros of polynomials from a much larger class, namely for all polynomials of the form

$$p(x) = \sum_{j=0}^n a_j x^j, \quad |a_j| \leq 1, \quad |a_0| = |a_n| = 1, \quad a_j \in \mathbb{C}.$$

Schur [13] claims that Schmidt gives a version of part of this theorem. However, it does not appear in the reference he gives, namely [12], and we have not been able to trace it to any other source. Also, our method is able to give  $c\sqrt{n}$  as an upper bound for the number of zeros of a polynomial  $p \in \mathcal{P}_n^c$  with  $|a_0| = 1, |a_j| \leq 1$ , inside any polygon with vertices in the unit circle (of course,  $c$  depends on the polygon). This may be discussed in a later publication.

Bloch and Pólya [2] also prove that there are polynomials  $p \in \mathcal{F}_n$  with

$$(1.1) \quad \frac{cn^{1/4}}{\sqrt{\log n}}$$

distinct real zeros of odd multiplicity. (Schur [13] claims they do it for polynomials with coefficients only from  $\{-1, 1\}$ , but this appears to be incorrect.)

In a seminal paper Littlewood and Offord [11] prove that the number of real roots of a  $p \in \mathcal{L}_n$ , on average, lies between

$$\frac{c_1 \log n}{\log \log \log n} \quad \text{and} \quad c_2 \log^2 n$$

and it is proved by Boyd [7] that every  $p \in \mathcal{L}_n$  has at most  $c \log^2 n / \log \log n$  zeros at 1 (in the sense of multiplicity).

Kac [10] shows that the expected number of real roots of a polynomial of degree  $n$  with random uniformly distributed coefficients is asymptotically  $(2/\pi) \log n$ . He writes “I have also stated that the same conclusion holds if the coefficients assume only the values 1 and  $-1$  with equal probabilities. Upon closer examination it turns out that the proof I had in mind is inapplicable.... This situation tends to emphasize the particular interest of the

discrete case, which surprisingly enough turns out to be the most difficult.” In a recent related paper Solomyak [14] studies the random series  $\sum \pm \lambda^n$ .”

In fact, the paper [5] containing the “polygon result” mentioned in the above quote appeared sooner than [6]. The book [4] contains only a few related weaker results. Our Theorem 2.1 in [6] sharpens and generalizes results of Amoroso [1], Bombieri and Vaaler [3], and Hua [9] who give versions of that result for polynomials with integer coefficients.

In this paper we improve the lower bound (1.1) in the result of Bloch and Pólya to  $cn^{1/4}$ . Moreover we allow a much more general coefficient constraint in our main result. Our approach is quite different from that of Bloch and Pólya.

### 2. New result

**Theorem 2.1.** *There are absolute constants  $c_1 > 0$  and  $c_2 > 0$  such that for every*

$$\{a_0, a_1, \dots, a_n\} \subset [1, M], \quad 1 \leq M \leq \exp(c_1 n^{1/4}),$$

there are

$$b_0, b_1, \dots, b_n \in \{-1, 0, 1\}$$

such that

$$P(z) = \sum_{j=0}^n b_j a_j z^j$$

has at least  $c_2 n^{1/4}$  distinct sign changes in  $(0, 1)$ .

### 3. Lemmas

Let  $D := \{z \in \mathbb{C} : |z| < 1\}$  be the open unit disk. Denote by  $\mathcal{S}_M$  the collection of all analytic functions  $f$  on the open unit disk  $D$  that satisfy

$$|f(z)| \leq \frac{M}{1 - |z|}, \quad z \in D.$$

Let  $\|f\|_A := \sup_{x \in A} |f(x)|$ . To prove Theorem 2.1 our first lemma is the following.

**Lemma 3.1.** *There is an absolute constants  $c_3 > 0$  such that*

$$\|f\|_{[\alpha, \beta]} \geq \exp\left(\frac{-c_3(1 + \log M)}{\beta - \alpha}\right)$$

for every  $f \in \mathcal{S}_M$  and  $0 < \alpha < \beta \leq 1$  with  $|f(0)| \geq 1$  and for every  $M \geq 1$ .

This follows from the lemma below by a linear scaling:

**Lemma 3.2.** *There are absolute constants  $c_4 > 0$  and  $c_5 > 0$  such that*

$$|f(0)|^{c_5/a} \leq \exp\left(\frac{c_4(1 + \log M)}{a}\right) \|f\|_{[1-a,1]}$$

for every  $f \in \mathcal{S}_M$  and  $a \in (0, 1]$ .

To prove Lemma 3.2 we need some corollaries of the following well known result.

**Hadamard three circles theorem.** *Let  $0 < r_1 < r_2$ . Suppose  $f$  is regular in*

$$\{z \in \mathbb{C} : r_1 \leq |z| \leq r_2\}.$$

For  $r \in [r_1, r_2]$ , let

$$M(r) := \max_{|z|=r} |f(z)|.$$

Then

$$M(r)^{\log(r_2/r_1)} \leq M(r_1)^{\log(r_2/r)} M(r_2)^{\log(r/r_1)}.$$

**Corollary 3.1.** *Let  $a \in (0, 1]$ . Suppose  $f$  is regular inside and on the ellipse  $E_a$  with foci at  $1 - a$  and  $1 - a + \frac{1}{4}a$  and with major axis*

$$\left[1 - a - \frac{9a}{64}, 1 - a + \frac{25a}{64}\right].$$

Let  $\tilde{E}_a$  be the ellipse with foci at  $1 - a$  and  $1 - a + \frac{1}{4}a$  and with major axis

$$\left[1 - a - \frac{a}{32}, 1 - a + \frac{9a}{32}\right].$$

Then

$$\max_{z \in \tilde{E}_a} |f(z)| \leq \left(\max_{z \in [1-a, 1-a+\frac{1}{4}a]} |f(z)|\right)^{1/2} \left(\max_{z \in E_a} |f(z)|\right)^{1/2}.$$

*Proof.* This follows from the Hadamard three circles theorem with the substitution

$$w = \frac{a}{8} \left(\frac{z + z^{-1}}{2}\right) + \left(1 - a + \frac{a}{8}\right).$$

The Hadamard three circles theorem is applied with  $r_1 := 1, r := 2$ , and  $r_2 := 4$ . □

**Corollary 3.2.** *For every  $f \in \mathcal{S}_M$  and  $a \in (0, 1]$  we have*

$$\max_{z \in \tilde{E}_a} |f(z)| \leq \left(\frac{64M}{39a}\right)^{1/2} \left(\max_{z \in [1-a,1]} |f(z)|\right)^{1/2}.$$

*Proof of Lemma 3.2.* Let  $f \in \mathcal{S}_M$  and  $h(z) = \frac{1}{2}(1 - a)(z + z^2)$ . Observe that  $h(0) = 0$ , and there are absolute constants  $c_6 > 0$  and  $c_7 > 0$  such that

$$|h(e^{it})| \leq 1 - c_6 t^2, \quad -\pi \leq t \leq \pi,$$

and for  $t \in [-c_7 a, c_7 a]$ ,  $h(e^{it})$  lies inside the ellipse  $\tilde{E}_a$ . Now let  $m := \lfloor \pi/(c_7 a) \rfloor + 1$ . Let  $\xi := \exp(2\pi i/(2m))$  be the first  $2m$ -th root of unity, and let

$$g(z) = \prod_{j=0}^{2m-1} f(h(\xi^j z)).$$

Using the Maximum Principle and the properties of  $h$ , we obtain

$$\begin{aligned} |f(0)|^{2m} = |g(0)| &\leq \max_{|z|=1} |g(z)| \leq \left( \max_{z \in \tilde{E}_a} |f(z)| \right)^2 \prod_{k=1}^{m-1} \left( \frac{M}{c_6(\pi k/m)^2} \right)^2 \\ &= \left( \max_{z \in \tilde{E}_a} |f(z)| \right)^2 M^{2m-2} \exp(c_8(m-1)) \left( \frac{m^{m-1}}{(m-1)!} \right)^4 \\ &< \left( \max_{z \in \tilde{E}_a} |f(z)| \right)^2 (Me)^{c_9(m-1)} \end{aligned}$$

with absolute constants  $c_8$  and  $c_9$ , and the result follows from Corollary 3.2. □

### 4. Proof of theorem 2.1

*Proof of Theorem 2.1.* Let  $L \leq \frac{1}{2}n^{1/2}$  and

$$\begin{aligned} \mathcal{M}(P) &:= (P(1 - n^{-1/2}), P(1 - 2n^{-1/2}), \dots, P(1 - Ln^{-1/2})) \\ &\in [-M\sqrt{n}, M\sqrt{n}]^L. \end{aligned}$$

We consider the polynomials

$$P(z) = \sum_{j=0}^{n-1} b_j a_j z^j, \quad b_j \in \{0, 1\}.$$

There are  $2^n$  such polynomials. Let  $K \in \mathbb{N}$ . Using the box principle we can easily deduce that  $(2K)^L < 2^n$  implies that there are two different

$$P_1(z) = \sum_{j=0}^{n-1} b_j a_j z^j, \quad b_j \in \{0, 1\},$$

and

$$P_2(z) = \sum_{j=0}^{n-1} \tilde{b}_j a_j z^j, \quad \tilde{b}_j \in \{0, 1\},$$

such that

$$|P_1(1 - jn^{-1/2}) - P_2(1 - jn^{-1/2})| \leq \frac{M\sqrt{n}}{K}, \quad j = 1, 2, \dots, L.$$

Let

$$P_1(z) - P_2(z) = \sum_{j=m}^{n-1} \beta_j a_j z^j, \quad \beta_j \in \{-1, 0, 1\}, \quad b_m \neq 0.$$

Let  $0 \neq Q(z) := z^{-m}(P_1(z) - P_2(z))$ . Then  $Q$  is of the form

$$Q(z) := \sum_{j=0}^{n-1} \gamma_j a_j z^j, \quad \gamma_j \in \{-1, 0, 1\}, \quad \gamma_0 \in \{-1, 1\},$$

and, since  $1 - x \geq e^{-2x}$  for all  $x \in [0, 1/2]$ , we have

$$(4.1) \quad |Q(1 - jn^{-1/2})| \leq \exp(2Ln^{1/2}) \frac{M\sqrt{n}}{K}, \quad j = 1, 2, \dots, L.$$

Also, by Lemma 3.1, there are

$$\xi_j \in I_j := [1 - jn^{-1/2}, 1 - (j - 1)n^{-1/2}], \quad j = 1, 2, \dots, L,$$

such that

$$(4.2) \quad |Q(\xi_j)| \geq \exp(-c_3(1 + \log M)\sqrt{n}), \quad j = 1, 2, \dots, L.$$

Now let  $L := \lfloor (1/16)n^{1/4} \rfloor$  and  $2K = \exp(n^{3/4})$ . Then  $(2K)^L < 2^n$  holds.

Also, if  $\log M = O(n^{1/4})$ , then (4.1) implies

$$(4.3) \quad |Q(1 - jn^{-1/2})| \leq \exp(-(3/4)n^{3/4}), \quad j = 1, 2, \dots, L,$$

for all sufficiently large  $n$ . Now observe that  $1 \leq M \leq \exp((64c_3)^{-1}n^{1/4})$  yields that

$$(4.4) \quad \begin{aligned} |a_n x^n| &\geq |x|^n \geq \exp(-2(1 - x)) \geq \exp(-2Ln^{1/2}) \\ &\geq \exp(-(1/8)n^{3/4}), \quad x \in [1 - Ln^{-1/2}, 1 - (L/2)n^{-1/2}], \end{aligned}$$

and

$$(4.5) \quad \begin{aligned} |a_n x^n| &\leq M \exp(-(L/2)n^{1/2}) \\ &\leq \exp(-(1/33)n^{3/4}), \quad x \in [1 - Ln^{-1/2}, 1 - (L/2)n^{-1/2}], \end{aligned}$$

for all sufficiently large  $n$ . Observe also that with  $\log M \leq (64c_3)^{-1}n^{1/4}$

(4.2) implies

$$(4.6) \quad |Q(\xi_j)| > \exp(-(1/63)n^{3/4}), \quad j = 1, 2, \dots, L,$$

for all sufficiently large  $n$ . Now we study the polynomials

$$S_1(z) := Q(z) - a_n z^n \quad \text{and} \quad S_2(z) := Q(z) + a_n z^n.$$

These are of the requested special form. It follows from (4.3)–(4.6) that either  $S_1$  or  $S_2$  has a sign change in at least half of the intervals  $I_j, j = L, L-1, \dots, \lfloor L/2 \rfloor + 2$ , for all sufficiently large  $n$ , and the theorem is proved.  $\square$

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