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# ABSTRACT

Gene therapy has emerged as a potential platform for treating several dreaded and rare diseases that would not have been possible with traditional therapies. Viral vectors have been widely explored as a key platform for gene therapy due to their ability to efficiently transport nucleic acid-based therapeutics into the cells. However, the lack of precision in their delivery has led to several off-target toxicities. As such, various strategies in the form of non-viral gene delivery vehicles have been explored and are currenlty employed in several therapies including the SARS-CoV-2 vaccine. In this review, we discuss the opportunities lipid nanoparticles (LNPs) present for efficient gene delivery. We also discuss various synthesis strategies via microfluidics for high throughput fabrication of non-viral gene delivery vehicles. We conclude with the recent applications and clinical trials of these vehicles for the delivery of different genetic materials such as CRISPR editors and RNA for different medical conditions ranging from cancer to rare diseases.

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# 1. Introduction

Current progress in understanding the genetic causes of diseases and the culmination of the human genome project has paved the way for discovering novel gene editing therapeutics,

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specifically, perturbation of the gene expression of altered diseaserelevant genes [1-3]. However, treatment of genetic disorders relies on a continuous therapeutic regime, which leads to offtarget treatment-related toxicity while reducing the patient's quality of life [4]. Gene editing therapies have shown the ability to target the underlying genetic alterations, overcome prolonged treatments and their adverse side effects, and improve treatment efficacy. Cystic fibrosis, sickle cell disease, and Duchene muscular dystrophy (DMD) are among several genetic diseases that have shown significant promises with gene therapies [5-7]. Furthermore, *in vivo* delivery of messenger RNA (mRNA) based vaccines have been impactful against Zika virus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), and several other immune disorders [8-10]. These gene therapies are heavily dependent on the carriers for the delivery of payloads that include clustered regularly interspaced short palindromic repeats (CRISPR) antisense oligonucleotides (ASO), short interfering RNA (siRNA), microRNA (miRNA), and mRNA [11].

Based on the delivery routes, gene-editing therapies are often categorized as viral or non-viral formulations. As the name suggests, viral formulations are centered around the use of viruses to deliver genetic material into the cells [12]. Several such vectors have been clinically tested, including retroviruses, lentiviruses, and adeno-associated viruses (AAV). Among the first approved geneediting therapies by FDA are AAV2 and AAV9 vectors for retinitis pigmentosa and spinal muscular atrophy, respectively [12]. AAV-

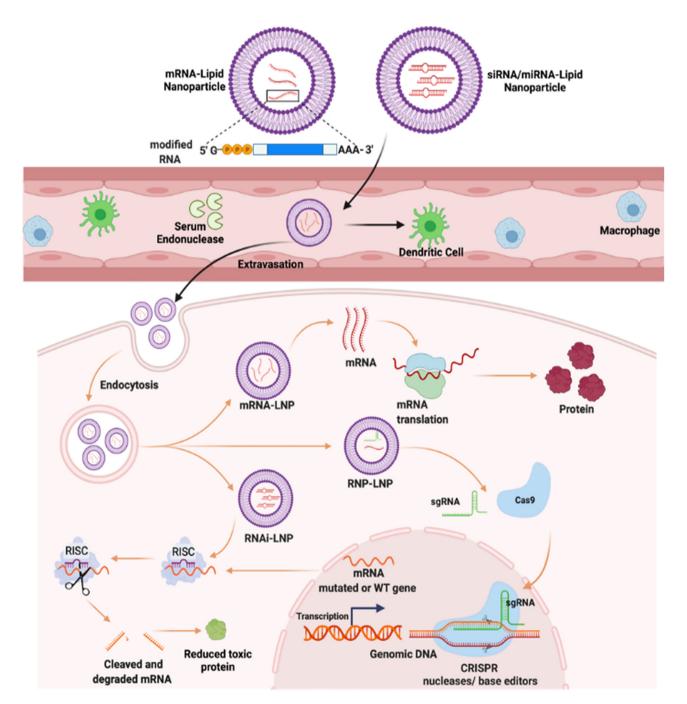


Fig. 1. Lipid nanoparticle based RNA delivery for genome editing. RNAs are unstable and prone to degradation by serum endonucleases. LNP encapsulation of RNAs increases their circulation time and enhances targeted delivery to specific tissues. LNPs can be used to encapsulate a spectrum of RNAs including siRNAs and mRNAs to modulate protein synthesis, along with the delivery of ribonucleoproteins such as Cas9 and other base-editors.

mediated delivery is efficient for genetic diseases that require longterm gene expression, or genome integration but is less preferred for genetic diseases caused due to point mutations. However, it has been shown that AAVs can lead to off-target effects, robust immune responses, hepatotoxicity, and even fatalities in certain clinical trials [11,13-15]. Indeed, AAVs have limited transgene carrying capacity ( $\sim$ 4.8 kb), limiting their use with larger CRISPR base editor and other genetic payloads [16].

Non-viral therapies are based on engineered LNPs for gene delivery that reduce the off-target related risks compared to viral formulations (Fig. 1). This can be attributed to the feasibility and tenability of non-viral therapies that enable efficient nucleic acid encapsulation, cellular delivery, and endosomal release. Non-viral formulations can be efficiently engineered to have prolonged blood circulation and lower renal clearance while having mitigated immune-response [17]. In some recent studies, lipid nanoparticles have been conjugated with antibodies for targeted delivery of the payload to cancer and normal tissues [18,19]. To achieve organ selectivity, alterations in lipid composition of the LNPs have been explored such that they can direct LNP-mRNA vaccines to spleen and targeted genome editing capable LNPs to liver and lungs 20-23]. Thus, non-viral therapies have emerged as a versatile platform for efficient gene delivery while mitigating the risk and side effects of viral vector-based options and are extensively utilized in several clinical trials to deliver RNA-based therapeutics [24–27]. However, non-viral platforms have been shown to have a limited capability to deliver CRISPR/Cas9 components, resulting in lower gene editing efficiencies which paves way for novel engineering strategies for the delivery of large payloads while enhancing the efficacy. In this review, we will discuss the current state of non-viral routes, focusing on the synthesis and application of LNPs for the delivery of gene editing therapeutics, their limitations, and future directions to enhance their targeting and efficacy. [15-18].

#### 2. Synthesis of LNPs using microfluidics

The non-viral therapies provide tunable formulations and enhance the delivery of larger payloads, including plasmid DNA, RNA, and CRISPR based genetic materials. LNPs are FDA approved non-viral nucleic acid delivery vehicles capable of delivering a broad spectrum of payloads. LNPs were initially designed for the delivery of small molecule therapeutics and are now being adapted for nucleic acid delivery [28–31]. The essential design parameters for nucleic acid delivery include proper (nano)particle size for an efficient terminal filtration, long-term stability for preservation, enhanced payload release rates, scalable manufacturing capacity, and efficient entrapments [32]. The first nucleic acid formulations, containing only phosphatidylcholine and cholesterol, demonstrated that nucleic acid entrapment within a particle suffered from poor entrapment efficiency [32,33]. In addition, ionic interactions between the lipids and payload were shown to increase entrapment efficiencies and negatively affect intracellular delivery dramatically. However, cationic lipids' positive charge and nonbiodegradable nature have led to initial lipoplex-like formulations with significant toxicity that limited their use in gene delivery applications [34,35]. Four LNPs including ionizable amino-lipid (e.g., dilinoleylmethyl-4-dimethylaminobutyrate, DLin-MC3-DMA), a helper lipid (e.g., 1,2-distearoyl-sn-glycero-3-phosphocho line, DSPC), cholesterol, and a polyethylene glycol (PEG) basedlipid (e.g., 1,2-dimyristoyl-sn-glycerol, methoxypolyethylene glycol, PEG-DMG) have been introduced based on the evolution of the composition, and the manufacturing processes. Among these four groups, PEG-lipids shield the LNP surface and protects against opsonins and uptake by the mononuclear phagocyte system, preventing their aggregation in the circulation[36]. While PEG-lipids prevent aggregation during production and storage, their incorporation affects the LNP size [37].

The properties of LNPs are greatly influenced by the particle size and size distribution [38-40]. Smaller LNPs (±100-200 nm) with narrow size distribution are ideal for biodistribution, also enhancing their ability to cross biological barriers (e.g. endothelial border) [40-44]. Moreover, the drug loading efficiency of particles increases with decreasing particle size [45]. As such, the stress on fabricating of LNPs with homogenous size distribution and smaller sizes is of priority vis-à-vis delivery of genetic material, in vivo. Current top-down strategies, such as ultrasonication, high pressure homogenization, and emulsification can produce high quantities of lipid particles, but cannot produce particles in the nanoscale range and also lack reproducibility [46-48]. Moreover, these methods can have a major destructive impact on the particles due to high thermal energy and mechanical abrasive shear stresses that are produced during the syntheses processes, deeming them inefficient for nucleic acid encapsulation [49]. Although these processes have evolved, however they still lack accurate control over large scale mixing, leading to high polydispersity with low encapsulation efficiency causing batch-to-batch variability and thus poor scalability [50,51].

Microfluidic devices enable a continuous, controllable, and reproducible production of small sized LNPs with a narrow size distribution in a single-step process [52-55]. Lipids are generally dissolved in an aqueous-miscible solvent, together with an active ingredient (e.g., RNA, proteins or drugs), and a surfactant. Subsequent mixing with an aqueous phase causes the solution to become supersaturated with lipids, leading to LNP precipitation [56,57]. Microfluidic LNP production is highly versatile with a range in channel dimensions, multiple fabrication materials (e.g., polymers or glass), and a wide range of lipid formulations that eventually lead to the production of homogenously sized particles. However, due to laminar flow (Reynolds number < 1), the mixing of liquids is limited to molecular diffusion, which is relatively slow [58]. Fast mixing is essential to create uniform supersaturation of LNPs throughout the microfluidic system [59]. The inclusion of micromixers enables a higher contact area between the liquids and reduces the diffusion length, significantly increasing the mixing efficiency. Table 1 outlines major micromixers for LNP production with their advantages and limitations.

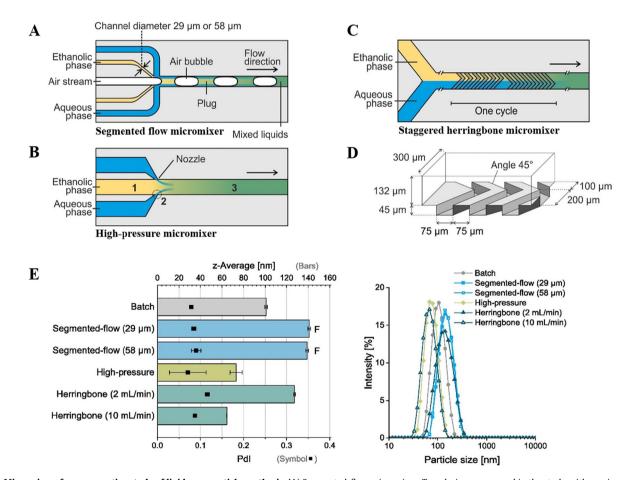
Among the different micromixers, staggered herringbone micromixer (SHM) is the most widely used microfluidic platform to produce LNPs [53,60-62]. Due to the herringbone structure, the fluids inside the microchannel are rapidly mixed, influencing the mixing efficiency and the subsequent LNP properties (i.e., size and polydispersity index (PDI)). SHMs are low-throughput (<100 mL/hr) microfluidic devices but provide rapid and controlled mixing within a narrow size range of ~20-50 nm. Cheung et al reported the production of PEGylated LNPs using SHM. They studied the effect of multiple formulation parameters, including aqueous media, lipid components and composition, lipid ratio, and processing parameters. The investigators also characterized different lipid formulations based on their fluidity, showing that DOPC5 (fluid lipid) had smaller size than more rigid lipids DPPC5 and DSPC5. Furthermore, it was also observed that using higher concentrations of PEG (2-5%) decreased the LNP size and increased the polydispersity. By optimizing these parameters, it was possible to formulate three PEGylated LNPs based on 2.5% PEG with ± 100 nm size and a PDI of < 0.2 that was lower than microfluidic LNP production without mixing [63].

Among the other microfluidic designs that have been devised over the last decade for LNP production, includes the segmented flow micromixer [64-66], high-pressure micromixer [67,68], and a flow-focusing micromixer [69,70]. Recently, Riewe et al studied LNP production (e.g., reproducibility, size and size distribution)

#### Table 1

Mechanism adva	infores and di	cadvantages of va	micromive	re and tabrication	platforms for the s	Unthesis of LNPs

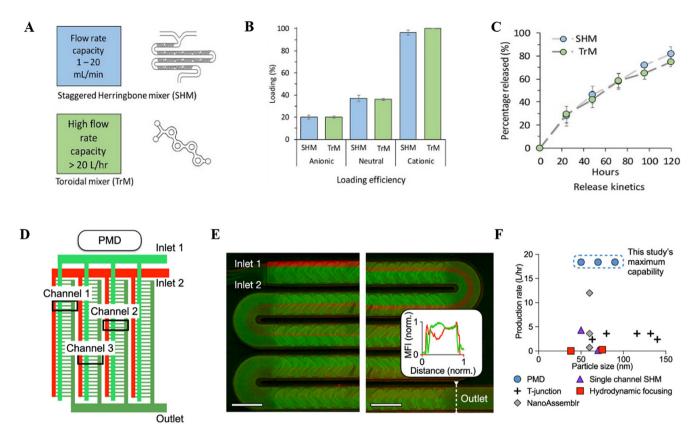
Types of micromixers	Mechanism	Advantages	Drawbacks	References
Staggered herringbone micromixer	PDMS/glass	Large size range (20-250 nm) Low PDI Widely used (and easy to use)	Relatively low throughput Potential clogging in micromixer by clustering of LNPs	[52–55]
Segmented flow micromixer	Introduces a gas phase to generate a gas-liquid flow	Shortened mixing time and length	More complex design	[56–58]
High-pressure micromixer	Introduces pressure intensifiers to increase pressure at the inflow channels.	Small size and low PDI Higher flow rates	Limited use of materials to withstand high pressures Need for specialized equipment	[59,60,63]
Flow-focusing micromixer	Mixing based on droplet formation by flowing a stream of lipid phase into a channel containing the continuous phase	Short mixing time Low sample amounts Easy design	High concentration of lipids Low flow rates	[61,62,63]
Toroidal micromixer	Circular structures are introduced in the flow path which increases centrifugal forces for increased chaotic mixing.	High throughput Small size and low PDI	Potental clogging in micromixer by clustering of LNPs	[45]
iLiNP device	A novel chaotic mixer that uses a baffle structure for more efficient mixing	Large size range and low PDI No clogging of LNPs	Relatively low throughput	[66]



**Fig. 2. Micromixers for comparative study of lipid nanoparticle synthesis.** (A) Segmented-flow micromixer. Two designs were used in the study with varying diameter of ethanol channel. (B) High-pressure micromixer (C) Staggered herringbone micromixer. The micromixer was arranged in nine cycles each containing twelve grooves. (D) Perspective view on channel structures in the herringbone micromixer. (E) Mixture of 10 mg/mL glycerol monooleate in ethanol with 0.222 mg/mL poloxamer 407 in water; Segmented-flow micromixer showed fouling in microchannels ("F"). A selection of corresponding representative intensity weighted particle size distributions (DLS), shown on right. Adapted from Reiwe *et al.* [71]. All the figures are adapted with permission from Elsevier.

via SHM, high-pressure, and a segmented-flow micromixer with different types of lipid carriers (Fig. 2A-D). Castor oil and glycerol monooleate were chosen due to their high solubility in ethanol. Furthermore, the authors performed LNP production on systems

with different channel diameters (58 and 29  $\mu$ m diameter, respectively). All the systems were shown to produce LNPs of smaller sizes compared to their reference batch systems. Particle size and PDI could be controlled by changing flow rates and process pres-

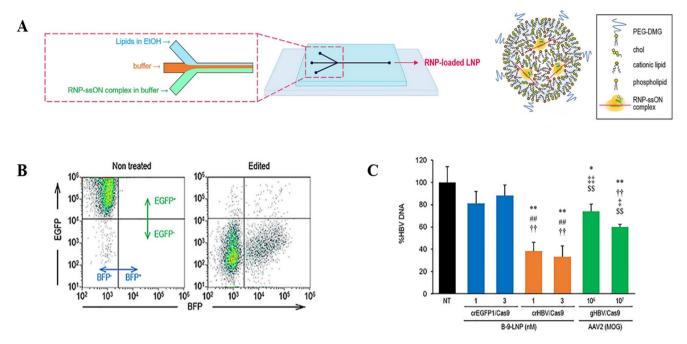


**Fig. 3. Microfluidics mixers for scalable manufacturing of lipid nanoparticles.** (A) Microfluidic design used for the Webb *et al.* study [51]. Two micromixers were employed, including parallelization of multiple Staggered herringbone micromixer (SHM) using NanoAssemblr<sup>®</sup> and toroidal mixer(TrM) using NxGen Blaze<sup>M</sup>. (B) Production of drug loaded liposomes with different zeta potential using SHM and TrM. (C) Drug release profile from LNPs synthesized using SHM and TrM. (D) Outline of parallel SHM microfluidic device (PMD). 128 SHMs are incorporated in parallel. (E) Fluorescent images of mixing in a channel, showing the red and green plot profiles versus channel distance at the outlet. (F) LNP production rate comparison. Panels D-E are adapted from Shepherd *et al.* [72]. All the figures are adapted with permission from Elsevier and American Chemical Society.

sure, especially in the SHM (Fig. 2E). As expected, the highpressure micromixer resulted in the highest throughput (approximately 10–100 times than SHM and segmented flow micromixers, respectively), owing to its relatively high flow rates and pressures. Moreover, LNPs of different sizes could be synthesized within the same micromixer depending on the lipid formulation, showing that different microsystems are preferred depending on the choice of lipid formulation [71].

A major limitation of bottom-up strategies of LNP production is the relatively low throughput that microfluidic systems offer. Webb et al. compared two different micromixers (a staggered herringbone and a toroidal micromixer) on their LNP production and synthesized LNP properties (.e.g. size and PDI) [51] (Fig. 3A-C). A major advantage of the toroidal micromixer is the ability to increase production irrespective of channel size, while maintaining the same parameter set points. The LNPs were prepared with the NanoAssemblr<sup>®</sup> Benchtop, the Ignite<sup>™</sup> or the NxGen Blaze<sup>™</sup> devices from Precision NanoSystems Inc. (Vancouver, Canada). Using the toroidal micromixer, the authors were able to scale up the production of LNPs from 12 mL/min to 200 mL/min without changing any of the process parameters. To integrate SHMs in the clinical and benchtop applications, a recent work developed a parallel microfluidic device (PMD) that can incorporate SHMs at 1x, 10x and 128x arrays to operate simultaneously [72]. Thus, enhancing the device capability to work on a broader volume scale while maintaining the LNPs size distribution and PDI (Fig. 3D-E). The in vivo efficacy of PMD produced LNP-siRNA against factor VII was > 90% compared to bulk LNP-siRNA which decreased factor VII only by 20%. To test PMD based mRNA-LNPs, luciferase encoded mRNA-LNP was delivered by tail-vein injection into mice to demonstrate 5-fold higher luciferase expression compared to bulk LNPs. In these mice no liver toxicity was apparent. This shows that efficient scaling of microfluidic systems can aid in the translation of LNPs to production of large-scale LNPs, which is the need of the future therapies meeting the demand of large scale vaccination production [51].

CRISPR-Cas9 based nucleases and DNA base editors have gained significant traction in clinical settings [2]. However, efficient and targeted delivery of the CRISPR-Cas9/sgRNA ribonucleoprotein (RNP) is still a significant challenge due to the large size of Cas9 and stability of the complex in the LNPs [73]. Non-viral formulations, especially the LNPs have been used for efficient delivery and enhanced efficacy of the RNPs. Suzuki et al used an invasive lipid nanoparticle production (iLiNP) microfluidic system to synthesize RNP-loaded LNPs (Fig. 4). The lipids, (a pH sensitive cationic lipid, a phospholipid, cholesterol, and PEG-DMG) dissolved in ethanol, and an on-chip S-shaped micromixer rapidly mixed the RNP, suspended in acidic buffer [74]. The addition of a third inlet for introducing the buffer solution reduced the Cas9 RNP exposure to high concentrations of ethanol, thus decreasing Cas9-RNP aggregation at the junction. This further improved the mixing efficiency and quality of the RNP-loaded LNPs. The delivery of the RNPs was optimized by adding negative charges by complexing the RNPs with single stranded oligonucleotides. PEG-DMG was found to significantly impact zeta-average and knock-out (KO) efficiency, using different PEG concentrations. The study showed that although lower PEG concentration had higher efficiency, but it reflected a reduced colloidal stability. After multiple rounds of parameter



**Fig. 4. Ribonucleoprotein loaded lipid nanoparticle synthesized using microfluidic device.** (A) Microfluidic design with solvent inlets for synthesizing RNP-loaded LNPs. The injected buffer helps to mitigate the exposure of RNPs to high concentrations of EtOH. (B) RNP-LNP induces gene knockouts as tested using FACS in HeLA-GFP cells. (C) Inhibition of HBV by Cas9 RNP-loaded B-9-LNPs. All the figures are adapted from Suzuki *et al.* [74]. All the figures are adapted with permission from Elsevier.

optimization (e.g. mol% of lipids or RNP/lipid molar ratio), the investigators obtained 100–200 nm spherical LNPs with 2% PEG which remained stable over four weeks [74]. Using this system, it was demonstrated that the efficient delivery of Cas9n-RNP-LNPs leads to more than 90% reduction in EGFP expression. To test targeted inhibition against hepatitis B virus, LNP-RNPs were delivered in a cell culture model to inhibit HBV DNA and cccDNA by ~60% and ~80%, respectively. Compared to AAV2, LNP-RNPs showed higher inhibitory effect towards HBV DNA (Fig. 4C).

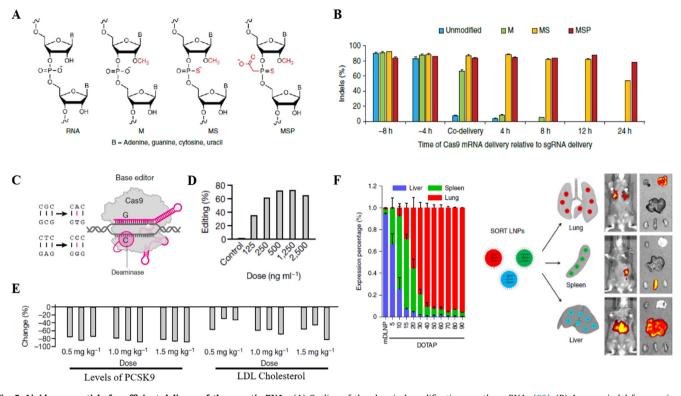
Microfluidics based LNPs synthesis provides scalable and costeffective technologies, which can be easily modulated for novel payload delivery. These systems are amenable for a broad range of lipids and solvent to fine-tune several parameters in LNP synthesis [75]. Furthermore, microfluidic devices provide an advantage to scale-up the system by using multiple micromixers in a parallel geometry [72]. Several micromixers can also be scaled up for production, while toroidal mixtures provide scale independent production systems [51]. These large-scale production devices have removed the scalability bottleneck in LNP production. However, large payloads such as nucleic acids and RNPs often lead to lower efficacy and off-target effects, thus there is a need for lipid-wide library screen with barcoded LNPs, such that their delivery across tissues can be monitored to elucidate the in vivo pharmacodynamics and biodistribution. Additionally, multifunctionality and biodegradability of lipids should be considered while designing microfluidic based LNPs. Multifunctional lipids can act as adjuvants to boost the efficacy of the payloads, while biodegradable lipids will minimize long term genome integration and immunogenicity. The benefits these systems offer only strengthen the need for a microfluidic route for the synthesis of LNPs playing a critical role in transitioning these platforms to a clinical setting.

# 3. Nature and delivery of payload

A broad spectrum of payload can be delivered using LNPs, including small molecules (neuroactive agents), peptides and proteins (recombinant hormone antigen, receptor agonist, and antagonist), and nucleic acids [76]. Here, we will discuss recently explored mRNA modifications and different payloads for LNPbased delivery and outline their evolution while mitigating immune response. Additionally, we discuss the delivery of CRISPR base-editor that has become the cornerstone of gene-editing therapeutics. Finally, we highlight some recent advancements in LNP based delivery of mRNAs encoding for chimeric antigen receptor that hold the key to the future clinical trials of CAR T-cell therapies.

Modified RNA: LNPs have played a significant role in the delivery of mRNA that has aided the clinical translation of genome engineering technologies, resulting in successful FDA approvals and clinical trials [25,77]. LNP formulations encapsulating chemotherapeutics were first clinically approved in 1990 and ever since several LNPs encapsulating small molecules have been FDA approved [78]. However, biologics (siRNA) encapsulated by LNPs were clinically approved only in 2017 for treatment of transthyretinmediated amyloidosis, paving the way for clinical approval of nucleic acid therapeutics, including DNA, RNA, and genome editors that hold significant potential in cancer therapies, genetic diseases, vaccinations, and infectious disease treatments [79]. However, there are significant impediments related to the stability of the nucleic acids, intracellular delivery, and toxicity [80]. Unmodified mRNA can undergo rapid degradation by endonucleases and can activate several immune response pathways, such as retinoic acid-inducible gene (RIG-I) and toll-like receptors (TLRs) that can induce toxicity [25,81]. Several recent works have explored the chemical modification of mRNA as an efficient way to enhance their stability and dampen the immune response [82,83].

mRNA modifications such as 2-thiouridine, 5-methylcytidine, and N1-methyl-pseudouridylation ( $1m\Psi$ -mRNA) have been shown to prevent the activation of immune response sensors. Moreover, these modifications stabilized the mRNA against cleavage and degradation, thus enhancing their efficacy [80] (Fig. 5A,B). LNP containing canonical uridine were found to be immunostimulatory, while  $1m\Psi$ -mRNA-LNPs had low immune stimulation [84]. These modifications have been explored in mRNA-based vaccines where the LNP encapsulated with modified 1-methyl-  $\Psi$ -mRNA towards



**Fig. 5. Lipid nanoparticle for efficient delivery of therapeutic RNAs.** (A) Outline of the chemical modifications on the sgRNAs [83]. (B) Average indel frequencies as measured by tracking of indel by decomposition analysis upon delivery of modified sgRNAs (2'-O-methyl (M), 2'-O-methyl 3'phosphorothioate (MS), or 2'-O-methyl 3'thioPACE (MSP)) [83]. (C) CRISPR base editor depicting a fused domain that replaces a single base through deamination and DNA replication/repair [1]. (D) Editing of the *PCSK9* adenine base in primary human hepatocytes [14] (E) Dose-response study, with liver *PCSK9* editing showing reduction in the levels of PCSK9 and LDL cholesterol [14]. (F) Selective organ targeting of lipid nanoparticle [22]. Engineered LNPs to modulate their charge for accurate control of delivery into specific organs. Luciferase expression in each organ is shown to illustrate specific organ delivery. All the figures are adapted with permission from Elsevier Springer Nature.

Zika prM-E exhibited strong protective immune response in mice and rhesus macaques at low doses [85]. In addition, another group working on influenza vaccines reported LNP complexed with modified mRNA elicited protective effects upon single low dose intradermal immunization [86]. Currently, both the vaccines NCT03014089 (Zika) and NCT03076385 (Influenza) are under clinical phase I/II trial. Moreover, mRNA-1273 and BNT162B2 SARS-CoV2 vaccines which have been extremely well tolerated and efficient against COVID-19 are also synthesized by replacing uridine with  $1m\Psi$ -mRNA [10]. Thus, mRNA modification provides an efficient way to stabilize the mRNA while enhancing its translation efficiency and low immunogenicity. Substantial research in understanding mRNA biology, such as 5'cap, 5' and 3' untranslated regions of mRNA and the length of poly(A) tail, along with elucidation of efficient position for the modification of mRNA, would provide future directions in the field of mRNA-based therapeutics.

**CRISPR base-editors**: Recent genetic screens have highlighted that several pathogenic alleles arise due to single nucleotide variations[87,88]. Targeted and 'hit-and-run' CRISPR base editors have shown significant promises in several genetic disorders [89]. Cytosine base editors and adenine base editors are critical genome engineering technologies that have enabled the precise installation of point mutations (Fig. 5C). LNPs are preferred as delivery vehicles for the CRISPR base editors as they have the ability to incorporate longer mRNAs. Furthermore, in tissues with slow turnover rate, LNPs based delivery leads to transient RNA expression and a low probability of genome integration[90]. High tissue tropism and specificity of the LNP-RNPs are essential criteria for the safety of CRISPR base editing therapies. In recent work, on-target editing rates in nine different organs from macaques treated with 1.5 mg/kg LNP-RNA complex were evaluated as less than 1%[90].

Only in the spleen, editing rates were in the range of 10–15% in single- and repeat-dose treated animals, while hepatocytes exhibited 70–90% editing efficiency [90] (Fig. 5D,E). These efficiencies have been shown to be sufficient for therapeutic application in several genetic liver diseases, including urea cycle disorders, phenylketonuria and tyrosinemia. Moreover, it is conceivable that adjustment of dose levels and schedules could further increase editing rates. However, these approaches still need to be further optimized for targeting different tissues with higher efficacy. Some recent studies have modified LNPs with antibodies to increase their tissue specificity. In another study, selective organ targeting (SORT) was achieved via optimizing the constituents of LNPs [22]. The authors demonstrated that SORT is adaptable with various cargos, including mRNA. Cas9 mRNA/gRNA and RNPs for efficient editing in the lung, liver and spleen following intravenous (i.v.) administration (Fig. 5F). Organ selective SORT LNPs resulted in 40% transfection efficiency in the epithelial cells and 65% in the endothelial cells. Additionally, 10-15% efficiency was observed for B-cells and T-cells, while over 90% transfection efficiency was achieved in the hepatocytes.

CRISPR based cytosine-base editors, adenine-base editors and prime editors have significantly advanced the treatment of diseases with single-nucleotide mutations. LNP-RNP (CRISPR-base editor) complex has been crucial in the delivery of base-editing RNPs. However, targeted organ delivery and tissue tropism remain a challenge that outweigh the advantages in the treatment of hereditary cardiovascular and neurological disorders. Rapidly evolving CRISPR-based platforms with minimized off-target efficacy such as CRISPRi, CRPSPRa, and prime-editing may offer key avenues for clinical trials once their specificity and delivery issues are addressed.

Chimeric antigen receptors: Immunotherapy has emerged as a successful platform for personalized cancer treatment. Chimeric antigen receptor (CAR) is a synthetic construct that is expressed in T cells to mimic the T cell activation and to target them towards a specific antigen [79,91]. In 2017, FDA approved CD19 CAR-T cell therapy to treat relapsed acute lymphoblastic leukemia and large B cell Lymphoma. However, virally engineered CAR-T cells have major side effects, including cytokine storm and neurotoxicity caused by cerebral edemas that has resulted in several fatalities [92]. In this regard, mRNAs encoding CAR encapsulated by LNPs have been proposed for delivery into human T cells, which ensures transient CAR expression and lower peripheral toxicity. In a recent study, researchers screened a library of lipids which were formulated into LNPs for mRNA delivery into T cells, showing efficient cytotoxicity of CAR-T cells engineered with mRNA-LNPs while exhibiting lower cytotoxicity to the T cells compared to electroporation[93]. Another study used mRNA to engineer CAR-T cells against chondroitin sulfate proteoglycan 4 (CSPG4) to treat melanoma [94]. Albeit with low *in vivo* efficacy, the investigators were able to demonstrate high levels of CAR-positive cells having high potency against melanoma.

In another recent study, mRNA that encodes fibroblast activation protein-CAR was encapsulated in LNPs conjugated with CD5tageting antibodies to treat hypertensive cardiac injury [95]. The study demonstrated that mice with cardiac injury showed 17.5– 24.7% FAPCAR<sup>+</sup>-T cell populations upon RNA-LNP injection. Three weeks post RNA-LNP injections, the animals had decreased interstitial fibrosis and improved cardiac function. This pioneering work paves way for further investigations of LNPs based delivery of mRNA/RNPs for *in vivo* human CAR therapeutic towards cardiovascular diseases and cancer. In patients with solid tumor, CAR-T cells have been shown to decline over time in circulation due to a lack of targets, affecting their therapeutic efficacy. Finding new targets such as Claudin6 and CAR-T ligands, and optimizing their *in vivo* efficacy and delivery are likely to initiate new clinical trails[96,97].

## 4. Disease outlook

In this section, we briefly highlight recent clinical advancements of LNPs in the delivery of gene editing therapeutics for cancer therapy, rare genetic diseases, and vaccine development. Some of these are outlined in Table 2.

Cancer therapeutics and vaccines: LNPs have been extensively explored for cancer drug delivery applications. Doxorubicin was the first LNP encapsulated chemotherapeutic drug, which is currently being used to treat HIV, AIDS-related Kaposi's sarcoma, and multiple myeloma [78,98]. Furthermore, LNPs have been used for development of several chemotherapeutics, including DepoCyt to treat neoplastic meningitis and Abraxane for the treatment of cancer, while several other clinical trials are underway[98]. LNP based preparations were equivalent or more effective than conventional techniques used for the delivery of nucleic acid therapeutics targeting different diseases, including cancer [99]. Microfluidic based LNPs are also widely used as carriers for RNA interference (RNAi) based cancer therapeutics that rely on the siRNA and miRNA inhibition pathways [25,100]. RNAi therapeutic targets to selectively reduce the levels of the protein of interest by either degrading their mRNA (siRNA) or by mitigating the translation of

#### Table 2

Lipid nanoparticle-based therapeutics and vaccines against cancer, rare diseases, and viruses in clinical trial.

Disease	Target/Payload	Phase of Clinical Trial	Clinical Trial Identifier							
LNPs-mRNA based therapeutics in clinical trials against cancer and rare disease										
Relapsed/Refractory solid tumor or lymphoma	mRNA-2416 - LNPs encapsulating mRNA encoding OX40L alone or in combination with durvalumab	Phase I/II	NCT03323398							
Ovarian cancer										
Relapsed/Refractory solid	mRNA-2752 - LNPs encapsulating mRNA encoding OX40L, IL23 and IL36Y, alone or in combination	Phase I	NCT03739931							
tumor or lymphoma	with immune checkpoint blockade									
Adrenocortical Cancer	TKM 080,301 - siRNA against polo-like kinase	Phase I/II	NCT01262235							
Hepatocellular Cancer			NCT01437007							
Transthyretin amyloidosis with polyneuropathy	NTLA-2001 - CRISPR/Cas9 based gene editing with guide RNA against TTR	Phase I	NCT04601051							
Methylmalonic Acidemia	mRNA-3704 - LNPs encapsulating mRNA encoding human methylamalonyl-CoA mutase	Phase I/II	NCT03810690							
Propionic Acidemia	mRNA-3927 - LNPs encapsulating mRNA encoding alpha and beta subunits of mitochondrial enzyme propionyl-CoA carboxylase	Phase I/II	NCT04159103							
Cystic Fibrosis	MRT5005 - LNPs encapsulating mRNA encoding Cystic fibrosis transmembrane conductance	Phase I/II	NCT03375047							
	regulator (CFTR) protein.									
LNPs-mRNA based vaccines in	clinical trials against cancer and viruses									
KRAS mutant NSCLC	mRNA-5671 - LNPs encapsulating mRNA encoding KRAS targeted antigens	Phase II	NCT03948763							
Colorectal Cancer										
Pancreatic										
Adenocarcinoma										
Triple Negative Breast Cancer	TNBC-MERIT - Individualized cancer immunotherapy, immunogenic RNA vaccine	Phase I	NCT02316457							
Stage III or IV Melanoma	BNT 111 - LNPs encapsulating mRNA encoding fixed set of four cancer specific antigen alone or in combination with cemiplimab	Phase II	NCT04526899							
Resected solid tumors	mRNA-4157 - Personalized cancer vaccine targeting twenty tumor-based antigens identified from	Phase I	NCT03313778							
	each patient alone or in combination with pembrolizumab									
Locally advanced or	R07198457 - Contains up to 20 patients specific neoantigens (alone or in combination with	Phase I	NCT03289961							
metastatic tumors	atezolizumab)									
Influenza H10N8	mRNA-1440 - LNPs encapsulating mRNA encoding for the membrane bound hemagglutinin (H10) protein	Phase I	NCT03076385							
Influenza H7N9	mRNA-1851 - LNPs encapsulating mRNA encoding for the membrane bound hemagglutinin (H7)	Phase I	NCT03345043							
	protein									
Zika Virus	mRNA-1893 - LNPs encapsulating mRNA encoding for the structural proteins of Zika Virus	Phase I	NCT04064905							
Cytomegalovirus	mRNA-1647 - LNPs encapsulating mRNA encoding for six different mRNA. Five mRNAs encode for CMV pentamer complex and one encode for glycoprotein B	Phase III	NCT05085366							
Chikungunya Virus	mRNA-1388 - LNPs encapsulating mRNA encoding for viral antigenic proteins associated with CHIKV	Phase I	NCT03325075							

mRNA (miRNA)[100,101]. LNP-siRNA based therapeutic has been used against broad cancers for their effectivity due to its long circulatory half-life of over 12 h [102].

Indeed, synergistic activity in retardation of tumor growth was observed in enzalutamide-resistant tumors when LNP-siRNA against clusterin was used with antisense oligonucleotides [103]. In addition, TKM080301, lipid encapsulated siRNA targeting pololike kinase 1(PLK1), has shown anti-tumor activity in the mouse xenograft model and is currently under phase II trial for patients with advanced hepatocellular carcinoma (NCT02191878)[104]. Presently there are several clinical trials on LNP-RNAi complex, targeting metastatic pancreatic cancer (NCT01808638)[105], lymphoma (NCT03323398)[106], breast cancer (NCT02316457)[107], recurrent glioblastoma (NCT02340156)[108] and liver cancer (NCT02716012)[110]. Furthermore, studies have reported therapeutic activity of LNPs equipped with tumor-suppressive miRNA pavloads, which are surface embedded with monoclonal antibodies against different subsets of leukocytes and cellular receptors that provide a potential use of this novel procedure for targeted drug delivery to a particular subset of cells [111].

Cancer vaccines benefit from the feasibility in modulating the constituents of LNPs to target specific organs and prolong mRNA translation resulting in increased protein synthesis [9,112,113]. This helps in the efficient presentation of neoantigen and antitumor antigen expression in the immune cells. Thus, the LNPmRNA complex favors sustained antigen availability during vaccination, which drives high antibody titer and immune cell response [114,115]. Recently, a study on intranasal LNP-mRNA delivery showed a delayed tumor onset and increased survival in mouse prophylactic and therapeutic immunization models [116]. Interestingly, the authors demonstrated that the observed tumor immunity is limited to mice when mRNA is delivered in LNPs and correlates with splenic antigen-specific CD8 + T cells[116]. For efficient priming anti-tumor T-cells, systemic delivery of LNP-mRNA to the dendritic cell plays a critical role. In another study, engineered lipid-to-mRNA showed exclusive delivery of negatively charged LNP-mRNA complex to dendritic cells in lymphoid tissues 20]. Currently, several clinical trials have been initiated using this approach to treat advanced melanoma (Clinical trial number: NCT 02410733)[117] and triple-negative breast cancer (Clinical trial number: NCT02316457)[107]. A deeper understanding of immune cell diversity and the ability to specifically deliver mRNA-LNPs to a subset of immune cells is expected to improve therapeutic efficacy while lowering immunogenicity related issues. Adoptive T cell therapies can be engineered with mRNA-LNPs, where subset of immunosuppressive T cell can be targeted and likely enhance the combination clinical efficacy of immunecheckpoint blockade therapies. These methods will evolve based on a deeper understanding of tissue immune architecture using scRNA sequencing and cytometry-time-of-flight to target novel immune cell population and receptors.

**Rare genetic diseases:** In the case of rare genetic diseases, protein replacement therapeutic intervention based on *in vitro* transcribed (IVT) mRNAs delivered by LNPs fabricated by microfluidics has yielded successful results [118,119]. The rationale relies on the synthesis of deficient/down-regulated proteins from delivered mRNA. For instance, 26 genes were successfully encoded in animal models for William-Beuren syndrome (WBS), which results from the microdeletion of chromosomal 7q11.23 fragment [120,121]. Recently, some researchers have proposed that modification of mRNA can determine the subcellular localization of encoded proteins, and hence distal organs like the liver can be used as repository/production depot for therapeutically active proteins [122,123]. LNP based siRNA formulation (Onpattro) has been FDA approved to treat transthyretin-mediated amyloidosis (ATTR), a fatal genetic condition characterized by accumulation of amyloid fibrils<sup>[124]</sup>. Also, LNPs based CRISPR formulation (NTLA-2001) targeting ATTR in clinical phase I trial demonstrated up to 87% reduction in toxic TTR protein levels at 0.3 mg/kg [125]. Several RNAi-based drugs are under trial to treat hypercholesterolemia (Proprotein convertase subtilisin/kexin type 9 serine protease; PCSK9) and autosomal dominant familial disease. CRISPR base editor has shown significant potential towards gene editing and recently advanced the treatment of familial hypercholesterolemia with LOF mutations in LDLR or GOF mutations in PCSK9. Using LNP based CRISPR base editor, the authors demonstrated editing rates of PCSK9 up to 80% in mouse liver hepatocytes [14,90]. These emerging genome engineering technologies have shown positive results in the treatment of genetic disorders. CRISPR interference, CRISPR activation and CRISPR base and prime editing have been the cornerstone of these technologies and their efficient organ delivery and potency remains to be fully addressed before they can be employed for human trials. mRNA-LNPs can also be tailored for protein replacement therapy for treatment of hereditary metabolic disorders such as methylmalonic acidemia and propionic acidemia. Moreover, broad spectrum diseases, such as glycogen storage disease and hematological diseases provide ample opportunities of LNP-mRNA/RNP based therapeutics.

Vaccines for Infectious Diseases: Infectious diseases are one of the significant contributors to global mortality rates and have had a severe impact on healthcare and socio-economic development. Bacterial and viral pathogens are the leading causes of widespread diseases, where the live attenuated and inactivated pathogenbased vaccine approach has shown successful outcome. However, these conventional vaccines face hurdles against rapidly evolving and immune evading pathogens. Furthermore, non-infectious diseases such as cancer may not benefit from the conventional vaccine approach that rely on live attenuated and inactivated pathogens. Therefore, many efforts have been made to develop mRNA-based vaccines as they have several advantages over the conventional approaches, including ease of mRNA synthesis and modification, controlled toxicity profile, regulated stability and durable expression. Moreover, it has been reported that the SARS-CoV2 mRNA-based vaccines BNT162b2 and mRNA-1273 are easily scalable and inexpensive.

mRNA vaccines encode for the pathogenic antigens and also induce strong CD8<sup>+</sup> and CD4<sup>+</sup> T cell responses. These vaccines can generate a higher titer of neutralizing antibody with a lower immunization [9,113]. Thus, mRNA vaccines have shown to provide immunity against several viral outbreaks in the last decade, including Ebola, Zika and SARS viruses [126]. However, as previously discussed, mRNAs are unstable in the blood and reflect a poor cellular uptake [127]. Currently, mRNA containing LNPs are being clinically tested for different infectious viral diseases, like the mRNA-1647 encoding 6 CMV protein is in trial for cytomegalovirus treatment, VAL-339851 (mRNA-1851), VAL-506440 (mRNA-1440) coding H7 and H10 region of influenza, VAL-181388 (mRNA-1388) which codes for CHIKV proteins for Chikungunya virus therapy, and mRNA-1325 coding for Zika-virus proteins to cure Zika virus disease [31]. In addition, the recently approved and widely used SARS-CoV2 vaccines from BioNTech/Pfizer (BNT162b2) and Moderna (mRNA-1273) also rely on the LNPs for mRNA delivery[127].

Self-amplifying mRNAs (sa-RNA) are another class of mRNAs that can replicate based on the same template to enable high-expression and translation of mRNA. These sa-RNA-LNP vaccines have been explored in the treatment of non-viral infection, such as bacterial and parasite infections [121,128,129]. It is expected that engineering mRNA-LNPs in the future to target broad spectrum bacterial diseases and induce memory immune response will prove beneficial in long term in low-income countries.

# 5. Conclusion:

Non-viral gene delivery platforms have emerged as a preferred vehicle for therapeutic nucleic acid administration. Among these, LNPs are being explored extensively for their scalability towards GMP synthesis, where microfluidics has been used to efficiently synthesize LNPs with low polydispersity index, resulting in homogenous sizes eventually leading to higher targeting efficiency and enhanced biodistribution. As discussed, recent studies have modified the LNPs to bolster tissue specificity via lipid modification or bioconjugation with antibodies for cell specific delivery. Their role in vaccine formulations which garnered FDA approval for SARS-CoV2 vaccine has been pivotal in extending these LNP-RNA technology to spectrum of the diseases. Several clinical trials are now underway with LNPs as carrier of genome engineering tools for therapeutic purposes in cancer, viral, and rare gene disorders. Since efficacy and safety profiles of LNP-mRNAs have been well documented after the SARS-CoV2 vaccine approvals, they can be readily expanded to address cell engineering bottleneck for therapeutic applications. We opine that the next few years will see LNPs being developed for increased retention of the genetic payload, higher targeting efficiency, and less biodistribution. We predict these LNP-mRNA complexes might prove crucial for in vivo cellular reprogramming which will be beneficial in reprogramming fibroblast and stem cells to diverse cell types depending on the disease phenotype [130-132]. Although several advances have been made in this regard, however, cell type specific delivery remains a challenge. Understanding of tissue cell composition with single cell RNA sequencing technology is expected to guide vaccine development and therapeutics for diseases such as rheumatoid arthritis, multiple sclerosis and aging related issues. In the age of 'omics', several population-wide studies have been conducted, interrogating genomic loci responsible for disease susceptibility. Integrating these omics data with a rational design of LNP-CRISPR gene-editing using machine learning and AI will be crucial in drug development [89,133,134]. Furthermore, AI based technologies have significantly enhanced the high-throughput and synthesis optimization of LNPs, while reducing the production error and costs [134]. Thus, streamlined integration of the AI technologies for LNP synthesis along with deconvolution of disease associated gene therapy is expected to hold the key for future personalized therapeutics.

To conclude, nucleic acid-LNP based therapeutics hold tremendous potential in personalized medicine that can be explored in a broad spectrum of applications. The development and engineering of novel LNPs will further support the accuracy and development of CRISPR and other gene-editing based tools to improve several aspects of biology and healthcare.

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