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To cite this article: Jasmin Matuszak, Philipp Dörfler, Stefan Lyer, Harald Unterweger, Maya Juenet, Cédric Chauvierre, Amr Alaarg, Danielle Franke, Gunter Almer, Isabelle Texier, Josbert M. Metselaar, Ruth Prassl, Christoph Alexiou, Harald Mangge, Didier Letourneur & Iwona Cicha (2018) Comparative analysis of nanosystems' effects on human endothelial and monocytic cell functions, *Nanotoxicology*, 12:9, 957-974, DOI: [10.1080/17435390.2018.1502375](https://doi.org/10.1080/17435390.2018.1502375)

To link to this article: <https://doi.org/10.1080/17435390.2018.1502375>

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 Published online: 28 Sep 2018.

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Comparative analysis of nanosystems' effects on human endothelial and monocytic cell functions

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ABSTRACT

The objective of our work was to investigate the effects of different types of nanoparticles on endothelial (HUVEC) and monocytic cell functions. We prepared and tested 14 different nanosystems comprising liposomes, lipid nanoparticles, polymer, and iron oxide nanoparticles. Some of the tested nanosystems contained targeting, therapeutic, or contrast agent(s). The effect of particles (0–400 µg/mL) on endothelial-monocytic cell interactions in response to TNF-α was investigated using an arterial bifurcation model and dynamic monocyte adhesion assay. Spontaneous HUVEC migration (0–100 µg/mL nanoparticles) and chemotaxis of monocytic cells towards MCP-1 in presence of particles (0–400 µg/mL) were determined using a barrier assay and a modified Boyden chamber assay, respectively. Lipid nanoparticles dose-dependently reduced monocytic cell chemotaxis and adhesion to activated HUVECs. Liposomal nanoparticles had little effect on cell migration, but one formulation induced monocytic cell recruitment by HUVECs under non-uniform shear stress by about 50%. Fucoidan-coated polymer nanoparticles (25–50 µg/mL) inhibited HUVEC migration and monocytic cell chemotaxis, and had a suppressive effect on monocytic cell recruitment under non-uniform shear stress. No significant effects of iron oxide nanoparticles on monocytic cell recruitment were observed except lauric acid and human albumin-coated particles which increased endothelial-monocytic interactions by 60–70%. Some of the iron oxide nanoparticles inhibited HUVEC migration and monocytic cell chemotaxis. These nanoparticle-induced effects are of importance for vascular cell biology and function and must be considered before the potential clinical use of some of the analyzed nanosystems in cardiovascular applications.

ARTICLE HISTORY

Received 29 January 2018
Revised 21 June 2018
Accepted 10 July 2018



KEYWORDS


Nanoparticles; atherothrombosis; endothelial-monocyte interactions; endothelial migration; monocytic cell chemotaxis

Introduction

Nanotechnology is expected to improve the management and detection of atherothrombotic diseases (Mangge et al. 2014), which constitute one of the biggest global health problems (Lozano et al. 2012). By coating diagnostic nanosystems with plaque-specific ligands, significantly increased accumulation of these agents at the atherothrombotic sites could be achieved (Hamzah et al. 2011), leading to improved detection and characterization of the

disease. Furthermore, the direct targeting of drug-delivery nanosystems at the affected artery region could increase their therapeutic efficacy in parallel with reducing the systemic side effects. Vast numbers of bench investigations published in the recent produced very promising results (Cicha, Garlich, and Alexiou 2014; Bietenbeck et al. 2016; Karimi et al. 2016), but the clinical impact of nanoparticle agents has been negligible in terms of diagnosis or therapy of cardiovascular diseases so far. The

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 Supplemental data for this article can be accessed [here](#).

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reasons for that are mainly the safety requirements, which are much higher for nanoparticulate cardiovascular drugs than for nanoparticulate cancer therapies. Consequently, the numbers of nanomedicines for cardiovascular applications entering the clinical trials are substantially smaller than in case of anti-cancer nanodrugs.

For the development of clinically safe nanoparticle-based systems for intravascular administration, systematic toxicologic analyses of the candidate nanosystems are necessary. In our previous work, we performed standardized investigation of 10 nanoparticle types concerning their basic physicochemical parameters, long-term stability and the biocompatibility with endothelial cells (Matuszak et al. 2016). The purpose of the present study was to provide new insights into the effects of different types of nanoparticles on human umbilical vein endothelial cell (HUVEC) and monocytic cell functions. Both endothelial and monocytic cell activation plays a major role in the development and progression of atherosclerosis. In endothelial cells, constantly exposed to the blood flow, the physiologic functions greatly depend on shear stress-activated mechanisms. In fact, the susceptibility to atherosclerosis is governed by the specific patterns of shear stress. Whereas laminar flow protects endothelial cells from atherogenic stimuli, non-uniform shear stress induces endothelial activation and inflammatory cell recruitment (Cicha et al. 2009). Increased monocyte chemotactic response and their migration into atherosclerotic lesions are the driving force in the disease progression. Hence, inhibition of leukocyte chemotaxis represents a target for an effective anti-atherosclerotic therapy. During all stages of atherosclerosis, endothelial injury contributes to atherothrombosis and increased accumulation of blood components in the vessel intima. The capacity of endothelial cells to proliferate and migrate is therefore crucial for endothelial regeneration and providing anti-thrombogenic barrier.

Thus far, very little is known about the influence of circulating nanoparticles on the endothelial responses to cytokines, monocyte chemotaxis, or endothelial-monocytic cell interactions. We have therefore investigated whether the presence of circulating nanosystems affects the TNF- α -induced monocytic cell recruitment by endothelial cells grown under non-uniform shear stress conditions,

and whether nanoparticles affect spontaneous endothelial cell migration and monocytic cells chemotaxis towards monocyte chemoattractant protein-1 (MCP-1). We analyzed diverse nanosystems, comprising liposomes, lipid nanoparticles, polymer, and iron oxide nanoparticles. Some of the tested nanosystems contained a P-selectin targeting agent (fucoidan), a therapeutic substance (e.g. pravastatin, prednisolone), or a contrast agent (e.g. gadolinium chelate, iron oxide). In order to predict *in vivo* responses, we evaluated the effects of these nanosystems on primary HUVECs and a monocytic cell line, utilizing functional assays under conditions that resemble the physiologic state.

Material and methods

Reagents

Soybean oil and MyrjTM s40 (PEGylated surfactant) were purchased from Croda, Chocques, France. Lipoid S75 and dipalmitoylphosphatidylcholine (DPPC) were from Lipoid GmbH, Ludwigshafen, Germany. SuppocireTM NB was from Gatefosse, Saint-Priest, France. 1-Palmitoyl-2-oleoyl-*sn*-glycero-3-phosphocholine (POPC), cholesterol, and 1,2-distearoyl-*sn*-glycero-3-phospho-ethanolamine-*N*-[methoxy (polyethylene glycol)-2000] (DSPE-PEG-2000) were purchased from Avanti Polar Lipids, Inc. (Alabaster, AL).

Dextran T70 was from Roth (Karlsruhe, Germany), or from Amersham Pharmacia Biotech (Freiburg, Germany), and dextran T40 from PharmaCosmos (Holbaek, Denmark). Carboxymethyl-dextran sodium salt (CM-dextran) was purchased from Sigma Aldrich (Saint Quentin Fallavier, France) and diethylaminoethyl-dextran 20 (DEAE-dextran) from TdB Consultancy (Uppsala, Sweden). Low molecular weight Fucoidan (3–8 kDa, Ascophyscient[®]) was from Algues et Mer (Ouessant, France). IBCA (isobutylcyanoacrylate, Glue 368) was from Orapi (Saint-Vulbas, France). Bovine serum albumin (BSA) and iron (II) chloride tetrahydrate, were from Merck, Darmstadt, Germany. Recombinant human serum albumin (HSA) was purchased from Novozymes Biopharma (Bagsvaerd, Denmark). Lauric acid and epichlorohydrin were from Sigma Aldrich, Munich, Germany. Ceric (IV) ammonium nitrate and trisodium citrate dihydrate were purchased from

Fluka (Saint Quentin Fallavier, France). NaOH, HCl (25%), NH₃ (25%), and nitric acid (65% w/w) were from Roth. Iron (III) chloride hexahydrate was purchased from Sigma-Aldrich or from Roth. Gadolinium chelate B22286 (DOTA-N-N-dioctadecylamide Gd(III)-complex) was kindly provided by Bracco (Milan, Italy). Pravastatin sodium was from Alkon Chemical (China/Brunschwig Chemie, the Netherlands) and prednisolone phosphate from BUFA (Uitgeest, the Netherlands). MCP-1 was purchased from Peprotech (Hamburg, Germany) and TNF- α from Miltenyi Biotec (Bergisch Gladbach, Germany). All compounds used were of pharmaceutical (Ph. Eur) or highly pure ($\geq 99\%$) grade and were used without any further purification.

Endothelial Cell Growth Medium with endothelial cell growth supplement was purchased from PromoCell (Heidelberg, Germany). RPMI-1640 medium, glutamine, and fetal calf serum were from Biochrom AG, (Berlin, Germany), penicillin, and streptomycin were from Gibco (Fisher Scientific, Schwerte, Germany) and Trypan blue from Biowest (Th.Geyer, Renningen, Germany). Alexa488-phalloidin was from PromoKine (Heidelberg, Germany), nuclear stain DAPI from Molecular Probes (Darmstadt, Germany) and Hematoxylin–Eosin stain from Dako (Hamburg, Germany).

Nanoparticle synthesis

In total, 14 nanoparticle systems were investigated, including five types of liposomes (LP-NPs), three types of lipid nanoparticles (LD-NPs), two types of polymer nanoparticles (PM-NPs) and four types of iron oxide nanoparticles (IO-NPs). The detailed description of nanoparticle characterization methods was reported before (Matuszak et al. 2016).

Liposomes: Liposomes are composed of a lipid bilayer that encloses an interior aqueous space (Puri et al. 2009). The sterically stabilized PEGylated liposomes (LP-NP1), containing POPC, cholesterol, and DSPE-PEG2000 at molar ratios of 3:2:0.15, were made using the lipid film hydration technique, followed by extrusion, as described previously (Almer et al. 2011; Almer et al. 2013). Gadolinium-loaded liposomes (Gd-LP-NP1) were prepared using the same method, with the following components: POPC:cholesterol:DSPE-PEG2000:B22286 at molar ratios of 3:2:0.15:0.78.

The LP-NP2 liposomes, containing DPPC, DSPE-PEG2000, and cholesterol (at 1.85:0.15:1 M ratio),

were prepared using the lipid injection method, by mixing the ethanolic lipid solution with the aqueous phase under magnetic stirring at 60 °C. The resulting coarse dispersion was downsized by multiple extrusion steps through polycarbonate filter membranes with decreasing pore sizes of (200–100 nm). Subsequently, ethanol and dissolved lipids were removed by dialysis against phosphate-buffered saline (PBS). Pravastatin-loaded liposomes (Prava-LP-NP2) were alike synthesized by injection of solubilized lipids and pravastatin sodium (2 mg/mL) into the aqueous phase. In order to remove ethanol, free drug and free lipids, the sample was dialyzed by tangential flow filtration. Prednisolone-loaded liposomes (Predni-LP-NP2) were made by lipid injection into the aqueous solution containing 100 mg/ml prednisolone in water for injection (van der Geest et al. 2015). Unencapsulated prednisolone was removed by dialysis against saline (MW cutoff of 10 kDa).

Lipidots™: Lipid nanoparticles (LD-NPs) were prepared by the sonication method (Gravier et al. 2011). Briefly, the lipid phase was prepared by mixing Suppocire™ NB, soybean oil and lipoid S75. The aqueous phase, containing Myrj™ s40 (PEGylated surfactant) in PBS, was heated to 50 °C to melt the surfactant and then mixed with the lipid phase, followed by sonication and dialysis against PBS. The batches of particles with specified diameter were obtained by altering the lipid and surfactants ratios. Three different sizes (diameters) were formulated: 50 nm (LD-NP1), 80 nm (LD-NP2), and 120 nm (LD-NP3).

Polymer nanoparticles: PM-NPs were synthesized by a redox radical emulsion polymerization method (Chauvierre et al. 2003). The core of the nanoparticles used in our studies (approximately 80% of the total mass) was made of poly(isobutylcyanoacrylate) (PIBCA), which was covalently cross-linked with polysaccharides of the coating, forming a hydrophilic shell. Two different coatings were used: (a) 90% CM-dextran/10% Fucoidan (FC-PM-NP1) and (b) 80% DextranT70/10% DEAE-dextran/10% Fucoidan (FC-PM-NP2). Targeting ligand fucoidan, which is contained in the particle shell, is a mimic of sialyl Lewis X, the natural ligand of P-selectin (Bachelet, et al. 2009; Rouzet, et al. 2011).

Iron oxide nanoparticles (IO-NP): Superparamagnetic iron oxide nanoparticles and ultrasmall superparamagnetic iron oxide nanoparticles (USPIOs) consist of an

Table 1. Composition and basic physico-chemical characteristics of the tested nanosystems.

Type	Abbreviated name	Nanoparticle composition	Z-avg d (nm)	ζ (mV)	PDI
Liposome	LP-NP1	Lipid composition: POPC, cholesterol DSPE-PEG2000 Method: Dry film rehydration	138.6	-16.3	0.104
	Gd-LP-NP1	Composition: POPC, cholesterol, DSPE-PEG2000, gadolinium-chelate (B22286) Method: Dry film rehydration	122.3	n.d.	0.040
	LP-NP2	Lipid composition: DPPC, DSPE-PEG2000, cholesterol Method: Lipid injection in the aqueous phase	108.8	-9.0	0.034
	Prava-LP-NP2	LP-NP2 loaded with pravastatin sodium	108.0	-16.1	0.080
	Predni-LP-NP2	LP-NP2 loaded with prednisolone phosphate	110.0	-2.7	0.070
Lipid NP	LD-NP1	Core: Suppocire™ NB, soybean oil and lipoid S75; Shell: Myrj s40 Method: Sonication	53.3	-7.0	0.156
	LD-NP2	Composition as described for LD-NP1 Method: Sonication	82.8	-9.0	0.191
	LD-NP3	Composition as described for LD-NP1 Method: Sonication	120.1	-8.8	0.151
Polymer NP	FC-PM-NP1	Core: Poly-isobutylcyanoacrylate (PIBCA); Shell: 90% carboxymethyl-dextran/10% Fucoidan Method: Redox radical emulsion polymerization	145.1	-51.0	0.072
	FC-PM-NP2	Core: PIBCA; Shell: 80% dextran T70 /10% diethylaminoethyl-dextran 20/10% Fucoidan Method: Redox radical emulsion polymerization	226.9	3.3	0.194
Iron oxide NP	IO-NP1	Core: Iron oxide; Shell: Lauric acid/bovine serum albumin Method: Coprecipitation	78.7	-37.3	0.145
	IO-NP2	Core: Iron oxide; Shell: Lauric acid/human serum albumin Method: Coprecipitation	68.3	-16.9	0.143
	IO-NP3	Core: Iron oxide; Shell: Carboxydextran Method: Coprecipitation	79.6	13.7	0.173
	IO-NP4	Core: Iron oxide; Shell: Dextran T40 Method: Coprecipitation	30.0	-6.3	0.102

In case of multicore particles (IO-NPs), the Z-avg value of hydrodynamic diameter refers to the whole multicore clusters, which however do not form aggregates.

DPPC: dipalmitoylphosphatidylcholine; DSPE-PEG2000: 1,2-distearoyl-phosphatidyl-ethanolamine-methyl-polyethyleneglycol conjugate-2000; POPC: 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphocholine.

iron oxide core, which is coated with organic materials such as fatty acids, polysaccharides, or polymers. Four kinds of IO-NPs were used in the present study.

Lauric acid/BSA-coated magnetite nanoparticles (IO-NP1) were synthesized by coprecipitation under argon atmosphere, subsequent *in situ* coating with lauric acid, and formation of an artificial albumin corona as previously described (Zaloga et al. 2014). Subsequently, IO-NP1 were purified by centrifugal ultrafiltration (MW cut-off 100 kDa). IO-NP2 were prepared according to the same protocol, whereby BSA was replaced with clinically approved HSA formulation. IO-NP3 nanoparticles were synthesized by the coprecipitation method under nitrogen atmosphere, followed by coating with carboxydextran as described previously (Matuszak et al. 2016). For preparation of dextran-coated USPIOs (IO-NP4), the synthesis method developed by Unterweger et al. (2014) was used. Particles were synthesized by coprecipitation under argon atmosphere, in the presence of dextran T40. To stabilize the dextran coating, crosslinking was performed using epichlorohydrine (Unterweger et al. 2017).

All particles used in this study were stored at 4 °C and, prior to their use in cell culture experiments, sterilized by filtration through a 0.22 µm filter, with the

exception of PM-NPs, for which 0.45 µm filters were used. This was due to the fact that the average hydrodynamic diameter of FC-PM-NP2 is around 227 nm, i.e. the same size as the pores of the 0.22 µm filters, which inevitably results in rapid clogging. To be in accordance with the further *in vitro* tests, we also used the 0.45 µm filter for FC-PM-NP1, despite the fact that their size allowed filtration through a 0.22 µm filter.

Physicochemical characterization

Z-Averaged hydrodynamic diameter, polydispersity (PDI) and ζ -potential were determined in water with a Zetasizer Nano ZS (Malvern Instruments, Malvern, UK). The detailed description of further characterization methods relevant for the respective nanoparticle types was reported previously (Matuszak et al. 2016). The composition and basic characteristics of all tested nanosystems used in the present study are summarized in Table 1.

Cell culture and viability assays

HUVECs were isolated from freshly collected umbilical cords (kindly provided by the Department of

Gynaecology, Prof. Beckmann, University Hospital Erlangen) (Cicha et al. 2009). The use of human material was approved by the local ethics committee at the University Hospital Erlangen (review number 237_12B from 19.09.2012). Cells were cultured in endothelial cell growth medium with endothelial cell growth supplement containing 5% fetal calf serum, 4 $\mu\text{L}/\text{mL}$ heparin, 10 ng/mL epidermal growth factor and 1 $\mu\text{g}/\text{mL}$ hydrocortisone, at humidified 5% CO_2 atmosphere. HUVECs at passage 1–2 were used. Prior to the functional assays, all tested nanosystems underwent the analysis of biocompatibility with HUVECs using real-time cell analysis and live-cell microscopy in static conditions, as well as the evaluation of potential cytotoxicity under arterial flow conditions, according to established methods (Matuszak et al. 2016). Real-time cell analysis was used to estimate cell number, attachment and viability based on the impedance measurements, but did not allow the detailed observations on cell morphology. Therefore, live-cell microscopy was used as a complementary method to monitor HUVEC phenotype and confluence over incubation time.

THP-1 monocytic cells were cultured in RPMI-1640 medium supplemented with 2 mmol/L glutamine, 100 U/mL penicillin, 100 $\mu\text{g}/\text{mL}$ streptomycin, and 10% fetal calf serum. Viability of cells was greater than 98% as estimated by Trypan blue exclusion.

HUVEC confluence under flow conditions

The bifurcating flow-through cell culture slides were obtained from Ibidi[®] (Munich, Germany). Numerical flow simulation (Cicha et al. 2009) distinguished the region of laminar shear stress (10.2–10.8 dyne/cm^2 at a flow rate of 9.6 mL/min) throughout the straight main channel, and the region of non-uniform shear stress at the outer walls of bifurcation (shear stress range from ~ 6.3 dyne/cm^2 to ~ 0.5 dyne/cm^2). HUVECs at $7 \times 10^5/\text{mL}$ were seeded in the bifurcating slides and grown until confluence. Using a programmed peristaltic pump (Ismatec, Wertheim, Germany), the cell monolayer inside the slide channel was perfused with medium (with or without nanoparticles) at arterial shear stress for 18 h. For the perfusion with nanoparticles, two different concentrations were used (100 and 400 $\mu\text{g}/\text{mL}$). Concentrations for iron oxide

nanoparticles were calculated as total iron (Fe) concentration. The concentrations for lipid nanoparticles, liposomes, and polymeric nanoparticles were calculated as total dry mass weight per volume. After 18 h, slides were detached from the pump system, washed with PBS and fixed with 4% formalin for 10 min at RT. HUVECs were stained with Alexa488-phalloidin. Cell nuclei were counterstained with DAPI. Images were obtained using fluorescence microscope Zeiss Axio Observer.Z1 (Carl Zeiss AG, Oberkochen, Germany). The confluence was determined on $\times 20$ objective magnification images using ImageJ software (NIH ImageJ, Bethesda, MD).

Dynamic monocyte adhesion assay

HUVECs were exposed to flow in the presence of circulating nanoparticles for 18 h, as described above. Afterwards, HUVECs were stimulated with 2.5 ng/mL TNF- α for 2 h, followed by perfusion for 1 h with fresh endothelial cell medium containing THP-1 monocytic cells (7×10^5 cells/mL) at the same flow rate (Cicha et al. 2009). Non-adherent cells were removed by stringent washing. Following the fixation with 4% paraformaldehyde, adherent monocytic cells were visualized using hematoxylin-eosin stain and digitally counted in minimum eight image fields (0.89 mm^2) at $\times 100$ magnification in non-uniform shear stress area. The mean number of nanoparticle-untreated adherent monocytic cells in non-uniform shear stress region was set as 100%.

Endothelial cell migration assay

HUVEC migration was assessed in a modified barrier assay using silicone cell culture inserts from Ibidi (Munich, Germany). HUVECs were seeded in two wells separated by a 500 μm insert barrier, at a concentration of $3 \times 10^5/\text{mL}$. The cells were pretreated with 0, 50, or 100 $\mu\text{g}/\text{mL}$ nanoparticles overnight. Afterwards, the inserts were carefully removed, creating a 500- μm wide gap between the two cell monolayers. HUVECs were washed then and further incubated with medium containing the appropriate concentrations of nanoparticles for additional 24 h, during which the closing of the gap created by insert removal was monitored. The gap size between the two monolayers was recorded at the insert removal point (0 h), at 12 and 24 h using an

Incucyte FLR system. Cell-free areas at different time points were measured using ImageJ software. The effect of nanoparticles on cell migration was assessed by calculating the increase in the area occupied by cells at later time points compared with the cell-covered area at 0 h.

Chemotaxis assay

The effect of nanosystems on monocytic cell migration was assessed in a 96-well Chemo-Tx plate (NeuroProbe, Gaithersburg, MD). THP-1 monocytic cells were incubated with 0, 12.5, 25, 50, 100, 200, or 400 µg/mL particles for 2 h at 37 °C and under constant stirring. Briefly, the microplate wells were filled with 30 µL serum-free RPMI-1640. MCP-1 (50 ng/mL) was used as a positive control. After placing the filter frame, the filter top sites with 5 µm-pores were filled with 25 µL of nanoparticle-treated monocytic cells at a concentration of 1×10^6 cells/mL. Following incubation for 1 h at 37 °C, migrated non-adherent cells from the lower wells were fixed and counted using flow cytometry. All samples were run in quadruplicate and averaged. The mean number of migrated cells in the positive control (MCP-1 stimulated) samples was set as 100%.

Statistical analyses

The comparison between untreated and nanoparticle-treated samples was done using Student's *t*-test, for samples with normal distribution (according to Shapiro–Wilk test). Signed rank test, Mann–Whitney test, or Kruskal–Wallis test (ANOVA on ranks) was used for the samples with non-parametric distribution. The multiple comparisons were performed with Tukey test. The analysis was done using SigmaStat/SigmaPlot statistical software (San Jose, CA, USA). Data were expressed as mean \pm standard error of mean (SEM), unless stated otherwise. $p < 0.05$ was considered statistically significant.

Results

Nanoparticle characterization and long-term effects on endothelial viability

The detailed description of physicochemical properties of respective nanoparticles was previously reported elsewhere (Matuszak et al. 2016; Almer et al. 2011; Almer et al. 2013; Gravier et al. 2011; Zaloga et al. 2014;

Nanoparticle type	Real-time cell analysis	Live-cell microscopy	Confluence under flow
LP-NP1			
Gd-LP-NP1			
LP-NP2			
Prava-LP-NP2			
Predni-LP-NP2			
LD-NP1	100 µg/mL		
LD-NP2			
LD-NP3			
FC-PM-NP1	50 µg/mL	100 µg/mL	100 µg/mL
FC-PM-NP2	100 µg/mL	100 µg/mL	100 µg/mL
IO-NP1	200 µg/mL		
IO-NP2			
IO-NP3	200 µg/mL		
IO-NP4			
	no toxicity at 400 µg/mL		toxicity at/below 200 µg/ml
	no toxicity at 200 µg/mL		toxicity at/below 100 µg/mL

Figure 1. The effects of tested nanosystems on HUVEC viability, monitored by real-time cell analysis and live-cell microscopy (up to 72 h), and on HUVEC confluence under flow conditions (18 h incubation). The following labels are used: dark green: no toxicity at 400 µg/mL; light green: no toxicity at 200 µg/mL; off-white: toxicity at/below 200 µg/mL; red: toxicity at and below 100 µg/mL. LOEL (lowest concentration with significant toxic effect levels) values are indicated in the figure for non-green range nanosystems.

Unterweger et al. 2014). Prior to the functional assays, all tested nanosystems underwent the analysis of biocompatibility with HUVECs. Figure 1 shows the heatmap summarizing the effects of diverse nanosystems on HUVEC viability, measured by real-time cell analysis and live-cell microscopy, and on their confluence under flow conditions. The corresponding graphs showing the effect of each type of nanoparticles on HUVEC viability at 24 h and example images are presented in Supplementary Figure S1–S7.

Nanoparticle effects on monocytic cell recruitment by HUVECs

Lining the lumen of the entire vascular tree, endothelial cells are constantly exposed to the blood flow, the patterns of which determine their responses to stimuli. Whereas laminar flow protects endothelial cells from harmful stimuli, non-uniform shear stress induces endothelial activation

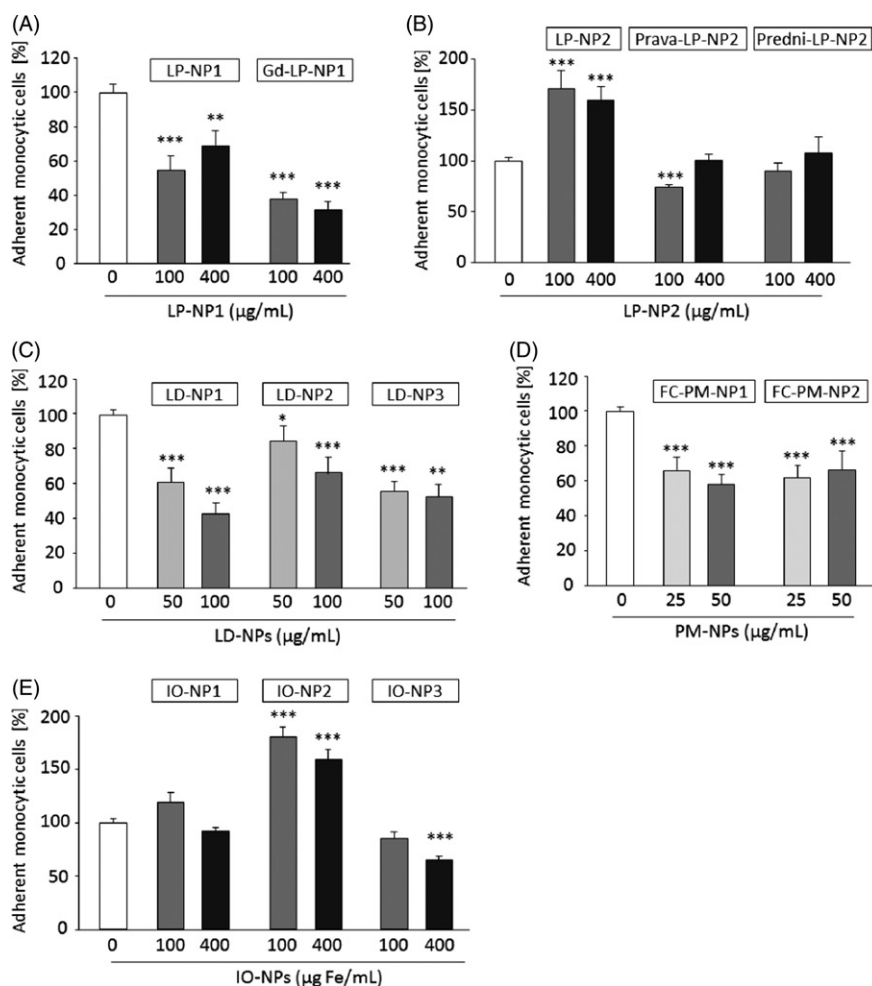


Figure 2. Effects of circulating nanoparticles on monocyte recruitment by HUVECs. HUVECs in bifurcation flow through slides were perfused with indicated concentrations of nanoparticles for 18 h, followed by stimulation with TNF- α (2 h). Adherent monocyte cells were quantified after 1 h of dynamic adhesion assay in at least eight microscopic images per experiment (non-uniform region, 10 \times objective magnification). Graphs show numbers of monocyte cells recruited by HUVECs pretreated with circulating (A) LP-NP1; (B) LP-NP2; (C) LD-NPs; (D) PM-NPs, and (E) IO-NPs. Numbers of adherent cells in non-uniform shear stress region of control (nanoparticle-untreated) samples were set to 100%. Data are expressed as mean \pm SEM. * $p < 0.05$; *** $p < 0.001$ versus control; t -test or signed rank test; $n = 3$ –5 experiments with eight representative images each.

(Cicha et al. 2009), and contributes to atherosclerotic plaque development. To investigate the effect of nano-systems on the endothelial-monocyte cell interactions in response to inflammatory stimulus and non-uniform shear stress, HUVECs were perfused with medium containing 100 or 400 $\mu\text{g/mL}$ of nanoparticles for 18 h. Subsequently, the cells were treated with TNF- α for 2 h, followed by the dynamic adhesion assay.

Liposomes

The experiments with LP-NP1 and Gd-LP-NPs showed a significant reduction in monocyte cell adhesion to activated endothelium both at 100 and 400 $\mu\text{g/mL}$ (Figure 2(A), Supplementary Figure S8(A)). In contrast, the treatment with LP-NP2

resulted in a dose-dependent increase in the monocyte cell recruitment under non-uniform shear stress. This effect was statistically significant at both 100 and 400 $\mu\text{g/mL}$, reaching about 30% increase at 400 $\mu\text{g/mL}$ (Figure 2(B)). In samples treated with 100 $\mu\text{g/mL}$ of pravastatin-loaded liposomes (Prava-LP-NP2), a 20% decrease in monocyte cell recruitment occurred, which was not observed in samples treated with 400 $\mu\text{g/mL}$. Compared to untreated samples, Predni-LP-NP2 had no effect on monocyte cell recruitment.

Lipid nanoparticles

Because lipid nanoparticles at 200 $\mu\text{g/mL}$ and above induced alterations in endothelial

morphology (see also [Supplementary Figure S9](#); (Matuszak et al. 2016)), reduced LD-NP concentrations have been applied in the present experiments (50 and 100 $\mu\text{g}/\text{mL}$ LD-NPs instead of 100 and 400 $\mu\text{g}/\text{mL}$). Independent of their size, all LD-NPs caused a reduction in monocytic cell recruitment by activated HUVECs, with a strongest, dose-dependent effect observed in cells treated with LD-NP1 (50 nm) ([Figure 2\(C\)](#)). In samples treated with LD-NP3 (120 nm), a similar reduction was observed. LD-NP2 (80 nm) had somewhat weaker inhibiting effect on monocytic cell recruitment as compared to untreated controls ([Figure 2\(C\)](#)).

Polymer nanoparticles

Because of endothelial toxicity observed at 100 $\mu\text{g}/\text{mL}$ of polymer particles under flow conditions in our previous studies (see also [Supplementary Figures S5 and S10](#); (Matuszak et al. 2016)), reduced nanoparticle concentrations have been applied in the present experiments (25 and 50 $\mu\text{g}/\text{mL}$ FC-PM-NPs instead of 100 and 400 $\mu\text{g}/\text{mL}$). FC-PM-NP1 caused a strong 40–45% reduction in the number of recruited monocytic cells, which was statistically significant at both 25 and 50 $\mu\text{g}/\text{mL}$ ([Figure 2\(D\)](#)). Similar effect, and about 40% reduction in monocytic cell recruitment was observed in HUVECs exposed to 25 and 50 $\mu\text{g}/\text{mL}$ FC-PM-NP2 ([Figure 2\(D\)](#), [Supplementary Figure S8\(B\)](#)).

Iron oxide nanoparticles

Among iron oxide nanoparticles, no major effect of the treatment with IO-NP1, IO-NP3, or IO-NP4 on monocytic cell recruitment under non-uniform shear stress was detectable. Solely at 100 $\mu\text{g}/\text{mL}$ IO-NP3, a slight reduction in the numbers of recruited monocytic cells was observed, but it was not detectable at the higher particle concentration. In HUVECs treated with IO-NP2, a significant increase in the numbers of adherent monocytic cells under non-uniform shear stress was detected at 100 and 400 $\mu\text{g}/\text{mL}$ ([Figure 2\(E\)](#)).

Nanoparticle effects on endothelial cell migration

The effect of nanosystems on spontaneous endothelial cell migration was assessed utilizing a modified wound-closing assay.

Liposomes

No effect of HUVEC incubation with LP-NP1 or Gd-LP-NP1 was observable. The analyses of the blank LP-NP2, Prava-LP-NP2 and Predni-LP-NP2 also showed no major effect of these particles on the spontaneous endothelial cell migration at 12 or 24 h (not shown).

Lipid nanoparticles

Independent of size, none of LD-NPs affected endothelial cell migration at 24 h. In the HUVEC samples treated with the smallest lipidots (LD-NP1), a transient reduction in gap-closure speed was detected at 12 h post-insert removal, but it was no longer observable after 24 h of migration ([Figure 3\(A\)](#)).

Polymer nanoparticles

Treatment of HUVECs with FC-PM-NP1 resulted in a slight inhibition of migration, whereby at 24 h after the barrier removal, 75% of the gap was closed both at 50 and 100 $\mu\text{g}/\text{mL}$, as compared with 100% in untreated samples ([Figure 3\(B\)](#)). In samples treated with FC-PM-NP2, very strong inhibition of migration was observed: At 24 h, only 50% of the gap was closed at nanoparticle concentration of 50 $\mu\text{g}/\text{mL}$, and only 20% at 100 $\mu\text{g}/\text{mL}$. This corresponded to 80% reduction in migration speed as compared to untreated controls ([Figure 3\(B\)](#), [Supplementary Figure S11](#)).

Iron oxide nanoparticles

In HUVECs treated with IO-NP1, no effect on endothelial cell migration was observed at 12 h. After 24 h, inhibition of migration by about 35% at both tested concentrations was detected, as compared to untreated control ([Figure 3\(C\)](#)). In the HUVEC samples treated with 100 $\mu\text{g}/\text{mL}$ IO-NP2, a transient, significant reduction in gap-closure speed was detected at 12 h post-insert removal, but it was no longer observable after 24 h of migration.

Treatment with IO-NP3 more strongly affected endothelial cell migration: at 100 $\mu\text{g}/\text{mL}$ IO-NP3, only 20% of the original gap was closed after 12 h, compared to nearly 60% in control. After 24 h of migration, untreated control samples showed a complete closure of the gap, whereas only 40% of the gap was covered by cells treated with

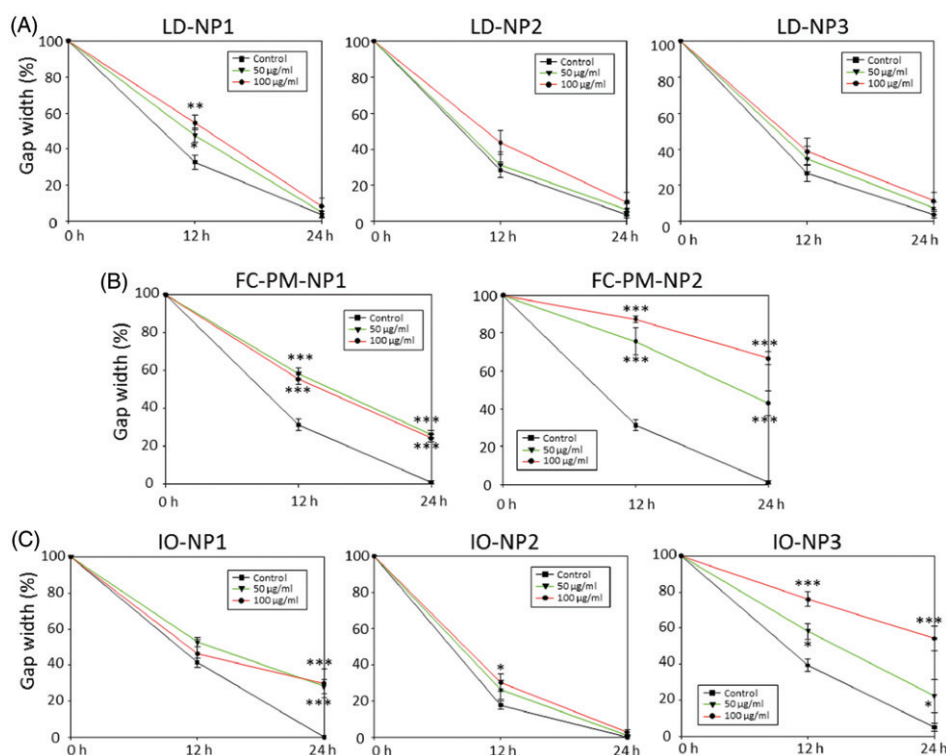


Figure 3. Effect of nanoparticles on spontaneous HUVEC migration. HUVECs were pretreated with 0, 50, or 100 $\mu\text{g}/\text{mL}$ LD-NPs (A), PM-NPs (B), or IO-NPs (C) for 24 h. A gap between two cell layers was created using a cell culture insert. After removal of the insert, HUVECs were washed and further incubated with medium containing the appropriate concentrations of nanoparticles. Cell migration was monitored for 24 h. Analysis was performed with ImageJ. Data are expressed as mean \pm SEM. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ versus control; t -test or signed rank test; $n = 3\text{--}4$ experiments with duplicate samples and three images per well (whole length of gap).

100 $\mu\text{g}/\text{mL}$ IO-NP3 (Figure 3(C), Supplementary Figure S11). Dextran-coated USPIO (IO-NP4) had no effect on spontaneous endothelial migration (not shown).

Nanoparticle effects on THP-1 monocytic cell chemotaxis

Monocyte chemotaxis and migration into the vessel wall are the driving force in atherosclerosis. We have therefore investigated the effects of the nano-systems on chemotactic response of THP-1 monocytic cells to MCP-1.

Liposomes

Upon 2 h-incubation of monocytic cells with LP-NP1, a dose-dependent reduction in transmigrated cell numbers was observed, reaching about 50% of positive control at 200 $\mu\text{g}/\text{mL}$. In contrast, this effect was abolished upon treatment of monocytic cells with Gd-LP-NP1 (Figure 4(A)).

A different effect was observed for LP-NP2, which in their basic form had no effect on monocytic cell chemotaxis. Pravastatin-loaded liposomes (Prava-LP-NP2) caused a strong dose-dependent reduction in chemotaxis, whereby at 100 $\mu\text{g}/\text{mL}$, the numbers of transmigrated monocytic cells were decreased to 50% of positive control (nanoparticle-untreated). Interestingly, this decrease was not detectable in monocytic cells treated with Predni-LP-NP2 (Figure 4(B)).

Lipid nanoparticles

Independent of their size, all LD-NPs caused a dose-dependent decrease in monocytic cell chemotaxis. This reduction was strongest for LD-NP2 and LD-NP3, with about 70% reduction relative of nanoparticle-untreated positive control observed at 100 $\mu\text{g}/\text{mL}$ (Figure 4(C)).

Polymer nanoparticles

Both types of FC-PM-NPs resulted in a very strong dose-dependent inhibition of monocytic cell

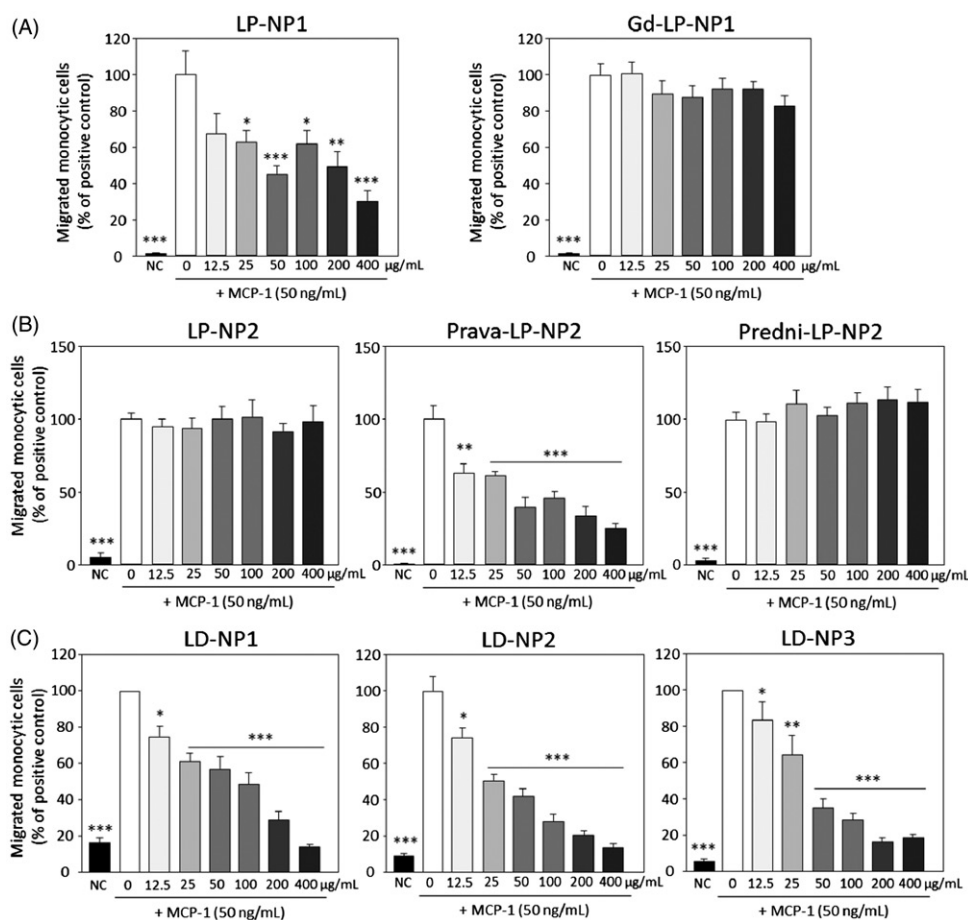


Figure 4. Effects of lipid-based nanoparticles on monocyctic cell chemotaxis. THP-1 chemotaxis towards MCP-1 after treatment with LP-NP1 (A), LP-NP2 (B), or LD-NPs (C) for 2 h was quantified. Number of migrated cells in positive control samples was set to 100%. Data are expressed as mean \pm SEM. ** $p < 0.01$; *** $p < 0.001$ versus nanoparticle-untreated positive control; one-way ANOVA or ANOVA on ranks; $n = 3$ experiments with quadruplicate samples.

chemotaxis (Figure 5(A)). At 200 $\mu\text{g/mL}$, the numbers of transmigrated monocyctic cells were reduced down to negative control levels (without MCP-1).

Iron oxide nanoparticles

In THP-1 samples treated with different concentrations of IO-NP1, a biphasic effect on monocyctic cell chemotaxis was observed. Between 12.5 and 100 $\mu\text{g/mL}$, a decrease by 30% in numbers of transmigrated monocyctic cells was detected, whereas at 200 $\mu\text{g/mL}$ the numbers similar to positive control levels and at 400 $\mu\text{g/mL}$ 50% increase in migrated monocyctic cells was noted (Figure 5(B)). In samples treated with IO-NP2 and IO-NP3, a similar but less pronounced effect was observed. At 50 $\mu\text{g/mL}$ of IO-NP2 and 25 $\mu\text{g/mL}$ IO-NP3, the numbers of transmigrated monocyctic cells were decreased by 20%. A slight increase in monocyctic chemotaxis was detected at 200 $\mu\text{g/mL}$ of IO-NP2, and the number

of migrated monocyctic cells dramatically increased at 400 $\mu\text{g/mL}$ (Figure 5(B)). Slight increase in monocyctic cell chemotaxis was also observed at 400 $\mu\text{g/mL}$ IO-NP3. IO-NP4 had no effect on monocyctic cell chemotaxis (Figure 5(C)).

Within 2 h of incubation, no effect of nanoparticle treatment on THP-1 monocyctic cell viability, as determined by flow cytometry, was detected (not shown).

Discussion

The concept of nanomedicine encompasses a localized delivery of nanosystems to the diseased tissues and minimized systemic side effects. However, an extended circulation time of nano-sized particles compared to free drugs may result in enhanced particle interactions with vascular and blood cells, potentially contributing to cytotoxicity (Kumar and Dhawan 2013), or immunogenicity

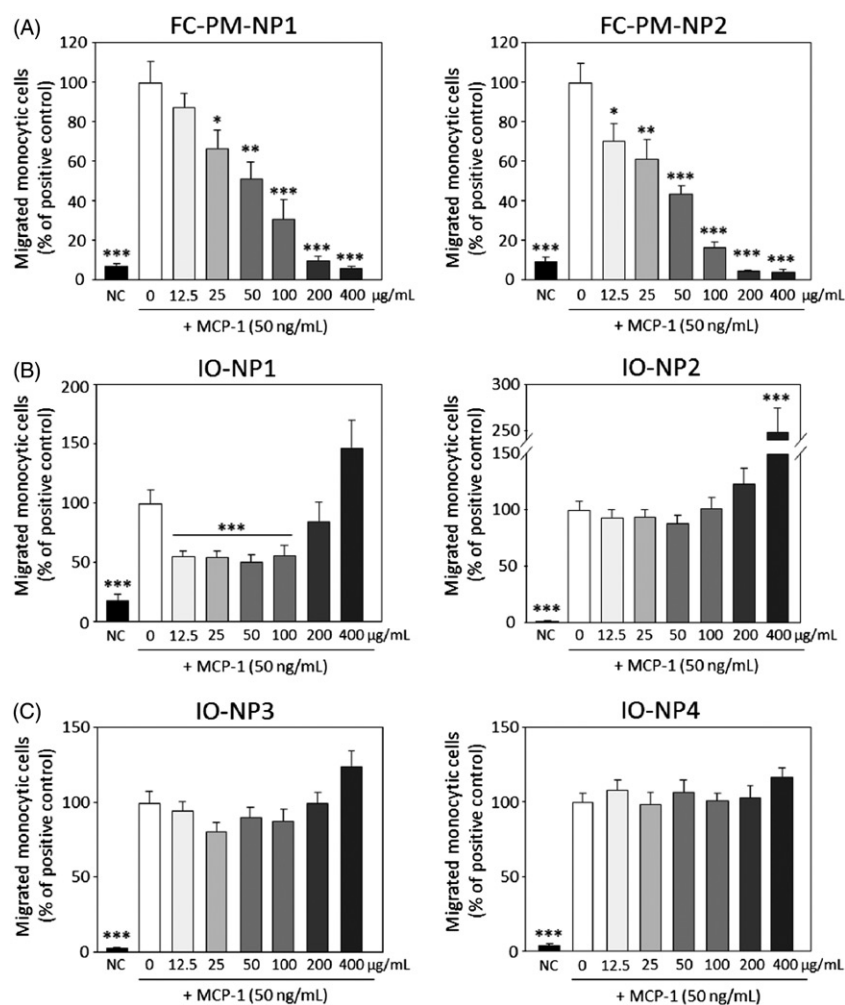


Figure 5. Effects of polymer-based and iron oxide-based nanoparticles on monocyctic cell chemotaxis. THP-1 chemotaxis towards MCP-1 after treatment with PM-NPs (A), lauric acid and albumin-coated IO-NPs (B), or dextran-coated IO-NPs (C) for 2 h was quantified. Shown is the x -fold of negative control (without MCP-1). Data are expressed as mean \pm SEM. ** $p < 0.01$; *** $p < 0.001$ versus nanoparticle-untreated positive control; one-way ANOVA or ANOVA on ranks; $n = 3$ experiments with quadruplicate samples.

(Zolnik et al. 2010). In this context, studies in cell culture models under physiologic-like conditions represent a useful tool to predict nanoparticle behavior *in vivo* (Desai 2012), including their cellular uptake and the effects on cell functions. Here, we investigated 14 nanoparticle systems, comprising lipid nanoparticles (LipidotsTM), liposomes, polymeric nanoparticles, and iron oxide nanoparticles with regard to their functional effects on atherosclerosis-relevant cells. Our previous studies indicated that nanoparticle sedimentation in static conditions may increase their effective concentrations in the vicinity of cell monolayer, contributing to an enhanced cytotoxicity over time (Matuszak et al. 2016). Although *in vivo*, doses above 100 $\mu\text{g/mL}$ are not expected to occur systemically, they may be encountered locally at the vascular regions of bolus administration. We

have therefore tested nanoparticle effects in the dynamic assays up to a concentration of 400 $\mu\text{g/mL}$, and correspondingly reduced the maximal nanoparticle concentrations in the HUVEC migration assay, which is performed in static conditions over prolonged period of time. As some of the nanosystems are expected to remain in circulation for several hours or more, we selected long-term monitoring for the investigations involving HUVECs. Short-term exposure was solely used in THP-1 monocyctic cells (2 h incubation) to investigate the effect of nanosystems on chemotaxis. It must be therefore noted that more pronounced effects are possible upon prolonged exposure of these cells to nanoparticles. The diverse tested nanosystems and their utility for cardiovascular applications in the light of the obtained results are briefly discussed below.

Lipid-based nanoparticles

Apart from the ease of preparation, the advantages of lipid nanoparticles and liposomes as imaging or drug-delivery platforms also include their reported low immunogenicity (Huwyler, Drewe, and S. Krahenbuhl 2008; Muller, Shegokar, and Keck 2011), which is expected to enable safe and repeated administration. Liposomes, which are composed of a lipid bilayer that encloses an interior aqueous space (Puri et al. 2009), are commonly functionalized with polymerizable moieties to improve stability (e.g. PEGylated stealth liposomes). Concerning the endothelial compatibility, all liposome types tested in this study showed superb properties, with little or no effect on HUVEC viability or morphology up to 400 µg/mL. None of the formulations affected the migratory capacities of HUVECs. However, we observed other functional effects on HUVECs and monocytic cells, which were dependent on the type of liposomal formulation and/or the type of the loaded compound. Treatment with either empty or Gd-loaded LP-NP1 reduced monocytic cell recruitment by HUVECs grown under non-uniform shear stress conditions. Interestingly, whereas LP-NP1 dose-dependently reduced monocytic cell chemotaxis towards MCP-1, this effect was abolished in cells treated with Gd chelate-loaded liposomal particles. Both linear and macrocyclic Gd chelates have been previously shown to induce a proinflammatory phenotype in human monocytes *in vitro* (Wermuth and Jimenez 2014). Our present findings may thus indicate that the presence of chelator influences the cellular interactions and functional effects of liposomes on monocytic cells.

In case of LP-NP2 synthesized by lipid-phase injection, non-uniform shear stress and TNF- α -induced recruitment of monocytic cells by HUVECs was significantly increased. This unexpected pro-inflammatory effect of basic LP-NP2 liposomes was drastically reduced by the presence of either pravastatin or prednisolone. Both these drugs belong to the classes of pharmaceuticals known for their anti-inflammatory properties and were previously reported to reduce monocytic cell adhesion to endothelium (Pozo et al. 2006; Gelati et al. 1997; Simoncini et al. 2000). Regarding monocytic cell chemotaxis, no effect of LP-NP2 was observed, except in cells treated with Prava-LP-NP2, which

induced a strong dose-dependent decrease in chemotaxis. These findings were consistent with the previously reported interference of another nanoparticle-bound statin (pitavastatin) with MCP-1/CCR2 signaling (Katsuki et al. 2014), underscoring the anti-inflammatory and anti-atherogenic potential of this class of drugs (Wong et al. 2001).

Lipid nanoparticles used in this study (Lipidots™) display increased affinity for myeloid cells such as macrophages, or dendritic cells (Courant et al. 2017), and a biodistribution pattern with high uptake in lipid-rich areas, such as adrenals, ovaries and testis, and liver, where they are metabolized (Merian et al. 2013). Their size is easily adjustable and lipid composition is similar to those of low density lipoproteins. Although Lipidots™ do not present apolipoprotein on their surface, it is highly probable that apolipoproteins efficiently bind to the LD-NP surface once in blood, as previously reported for similar lipid nanoparticles (Goppert and Muller 2005a, 2005b). Because of these features, LD-NPs are considered highly interesting nanosystems for atherosclerotic plaque targeting. Similar to liposomes, lipid nanoparticles used in this study had an overall good biocompatibility with HUVECs, whereby some effect on endothelial morphology and viability were previously observed at and above 200 µg/mL (Matuszak et al. 2016). Independent of their size, LD-NPs had little effect on spontaneous HUVEC migration, but strongly and dose-dependently prevented monocytic cell chemotaxis. Since no effect of LD-NPs on monocytic cell viability during 2 h incubation was detectable, the effect was likely mediated at a CCR2 receptor level. All LD-NPs tested in the present study also strongly reduced endothelial recruitment of monocytic cell adhesion. Overall, these results indicate that empty LD-NPs possess certain anti-inflammatory potential, which could potentially be enhanced by appropriate drug payload.

Polymer nanoparticles

Synthetic and natural polymers have been previously used in the design of nanostructures for the treatment and diagnosis of cardiovascular diseases (Mura and Couvreur 2012). Their advantage is the presence of tunable surface properties that enable easy grafting of functional groups. In this work,

redox radical emulsion polymerization of isobutylcyanoacrylate monomers was used to produce nanoparticles with a hydrophobic PIBCA core covered with a brush-like shell composed of dextran and fucoidan (Chauvierre et al. 2003). PIBCA polymer has been chosen for its biodegradability and biocompatibility (Muller et al. 1990). For colloidal stability and biocompatibility (Berry and Curtis 2003), dextrans, stable glucose polymers that contain functional groups for derivatization (Sun and Mao 2012), were used. Both types of PM-NPs were functionalized with 10% fucoidan, a negatively charged polysaccharide that contains high percentages of L-fucose and sulfate ester groups. Fucoidan, a mimic of sialyl Lewis X, the natural ligand of P-selectin expressed by activated endothelial cells and platelets (Bachelet et al. 2009; Rouzet et al. 2011), is of great interest for the treatment and diagnosis of atherothrombosis, e.g. to detect intraluminal thrombi or activated endothelium in atherosclerotic lesions (Porter 2007; Libby, DiCarli, and Weissleder 2010).

Concerning the functional effects of FC-PM-NPs observed in our study, both particle types strongly prevented monocytic cell recruitment by HUVECs exposed to non-uniform shear stress and TNF- α , independent of their dose within this setup. Moreover, a strong and dose-dependent reduction of monocytic cell chemotaxis towards MCP-1 was observed. These effects are likely to result from competitive receptor binding of fucoidan to selectins on HUVECs and their ligands on monocytic cells, which prevents subsequent ligand-receptor interactions (Polley et al. 1991; Heinzelmann, Polk, and Miller 1998; Zandberg et al. 2012; Cumashi et al. 2007), thus contributing to anti-inflammatory effects. At the tested concentrations, no effects of FC-PM-NPs on cell viability were observed.

Concerning endothelial migration, strong to very strong dose-dependent inhibition in spontaneous gap closing was detected in samples treated with polymer nanoparticles. This effect was more pronounced in HUVECs treated with FC-PM-NP2, which at 100 $\mu\text{g}/\text{mL}$ nearly prevented the migration of HUVECs. At the same time, the viability of cells was not affected, indicating that the mechanism of this phenomenon was likely related to the particle interference with actin cytoskeleton regulation, which is necessary for cell motility. The strong differences

observed between the two types of FC-PM-NPs may be related to their different sizes and surface charges: zeta potential values (Table 1) indicate that the surface charge was greatly influenced by the charge of the shell polysaccharides, whereby CM-dextran and fucoidan contained in FC-PM-NP1 shell are negatively charged. These polysaccharide chains are also shorter, which results in smaller particle size. On the contrary, DEAE-dextran is positively charged and dextran is neutral, resulting in a slightly positive charge of FC-PM-NP2, which together with their larger size may contribute to an increased internalization by HUVECs and enhancement of the elicited effects.

Iron oxide nanoparticles

SPION and USPIO have strong contrast-enhancing properties in magnetic resonance imaging (MRI), enabling plaque detection and characterization (Trivedi et al. 2006; Howarth et al. 2009; Tang et al. 2009; Sadat et al. 2013), as well as cell-tracking *in vivo* (Richards et al. 2012). Furthermore, the magnetic properties of these particles allow their remote targeting by means of external magnetic field (Janko et al. 2013; Lyer et al. 2010; Tietze, et al. 2013), as well as their application for hyperthermia-therapy. IO-NPs have overall good biocompatibility when stabilized with coating, and the formulations used here were well tolerated by ECs as shown in our former (Matuszak, et al. 2016) and present studies. Compared to all other IO-based nanosystems tested, dextran-coated USPIO (IO-NP4) were most bioinert and did not elicit any functional effects on EC migration, monocytic cell chemotaxis or endothelial-monocytic interactions under flow conditions. The reason for this is likely related to the very low internalization of IO-NPs coated with crosslinked dextran by non-phagocytic cells, as previously shown for particles of this type (Unterweger et al. 2017, 2018).

Among the tested IO-NPs with fatty acid-coating, LA/BSA-coated IO-NP1 did not significantly affect monocytic cell recruitment by activated ECs. In contrast, upon prolonged incubation, they induced an inhibitory effect on HUVEC migration. Moreover, a biphasic effect was observed in monocytic cell samples treated with IO-NP1, whereby between 12.5 and 100 $\mu\text{g}/\text{mL}$, chemotaxis was significantly

reduced independent of the dose and returned to control levels at 200 $\mu\text{g}/\text{mL}$, followed by further non-significant increase above this concentration. In contrast to IO-NP1, IO-NP2 particles coated with LA and HSA induced a massive enhancement of the pro-inflammatory response in HUVECs. The reason for this strong effect is unknown. Physiologic concentrations of BSA have been previously shown to inhibit TNF- α induced VCAM-1 expression in HUVECs (Zhang and Frei 2002), whereas glycosylated BSA had opposite effect (Desfaits, Serri, and Renier 1999). It is therefore unclear what pro-inflammatory mechanism is induced or enhanced by HSA-coated particles in HUVECs exposed to atherogenic shear stress. At the same time, IO-NP2 did not affect endothelial migration and had no significant effect on monocytic cell chemotaxis up to 200 $\mu\text{g}/\text{mL}$. Solely at the highest tested concentration (400 $\mu\text{g}/\text{mL}$), a significant induction of chemotaxis was detected. It must be noted, however, that the concentrations of iron oxide nanoparticles are traditionally normalized to the total iron content, so the concentrations used here correspond to a much higher total dry mass weight e.g. about 10-fold higher in case of dextran-coated IO-NP4.

Concerning IO-NP3, no major effects of these particles either on endothelial-monocytic interactions, or monocytic cell chemotaxis were observed. Decreased numbers of adherent monocytic cells were detected in the samples treated with 100 $\mu\text{g}/\text{mL}$ IO-NP3, but not at 400 $\mu\text{g}/\text{mL}$. At this highest tested concentration, a slight, but not significant, increase in monocytic cell chemotaxis was also observable. However, IO-NP3 had a strong negative effect on endothelial migration, significantly and dose-dependently increasing the time of gap closure. As previously reported by Soenen et al. (2010) high intracellular concentrations of certain iron oxide-based nanoparticles induce strong polarization of endothelial cells and affect actin cytoskeleton and microtubule network reorganization. This effect was also observed in our studies, in particular in IO-NP1 and IO-NP3-treated HUVECs, which showed reduced cell spreading and strongly limited migratory capacity.

Taken together, our studies showed different nanoparticle type- and concentration- dependent effects and effects of the nanoparticle-loaded drug on endothelial and monocytic cell functions. In the

performed assays, PEG-ylated liposomes and dextran-coated USPIO demonstrated the least toxicity among the tested nanosystems, indicating their potential for use in therapy and/or diagnosis of CVD. Generally, the majority of the responses observed in unloaded nanoparticles can be considered mainly as nanoparticle type-dependent effects, but even among the particles of the same type (e.g. LD-NPs, PM-NPs, or IO-NPs), the degree of exerted effect can vary, indicating that both nanoparticle toxicity and their non-cytotoxic biologic effects depend on many characteristics apart from composition of the core. As an example, among the tested lipid nanoparticles, the best tolerated formulation was the one with largest diameter, thus the smallest surfactant to core ratio. It is known that certain physicochemical characteristics of nanoparticles can serve as predictors of increased toxicity (e.g. positive charge facilitating cellular uptake, aggregation tendency) and should be carefully avoided when designing a nanosystem for potential clinical application. Additionally, nanoparticle coating appears to play a major role in the cellular response to nanosystems. This may be due to the type of coating (composition), but also due to insufficient coating density or stability that can result in the exposure of the unmodified surface to cells. Therefore, each modification introduced in 'basic' particle composition, size and coating should be treated with caution and ideally tested anew for potential toxicity and cellular effects.

Conclusions

Our studies advance the nanosafety by providing new insights into the nanoparticle effects on human endothelial and monocytic cells. Although the majority of the tested nanosystems had favorable biocompatibility profiles for potential cardiovascular imaging and drug-targeting, their specific effects on endothelial and monocytic cell functions should be taken into account when considering *in vivo* application. In many cases, the conjugated drug or compound was clearly responsible for the characteristic cellular effects of particles. Currently, testing of the most promising candidates for pro-coagulant activity and complement activation is ongoing, but a substantial amount of *in vivo* studies is necessary before the nanosystems with proven *in*

in vitro safety and efficacy can be translated into clinical trials. Despite multiple regulatory constraints, the future progress in diagnosis and treatment of cardiovascular disorders is expected to benefit strongly from the development of novel nanotechnology-based strategies.

Acknowledgements

The authors thank Prof. Beckmann (Department of Gynaecology, University Hospital Erlangen, Germany) for providing umbilical cords. We also thank Heike Kloos and Doris Flick (Laboratory of Molecular Cardiology, University Hospital Erlangen, Germany) for help with HUVEC isolation. Technical help of Julia Band is gratefully acknowledged.

Disclosure statement

No potential conflict of interest was reported by the authors.

Funding

This work was supported by the EU ('NanoAthero' project FP7-NMP-2012-LARGE-6-309820), the DFG (CI 162/2-1), and received the financial support from ANR-13-LAB1-0005-01 'FucoChem'. LETI/DTBS is part of the Arcane Labex program, funded by the French National Research Agency (ARCANE project no. ANR-12-LABX-003).

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