Validation of Online Intrinsic and Reflexive Joint Impedance **Estimates using Correlation with EMG Measurements**

R. C. van 't Veld¹, A. C. Schouten^{1,2}, H. van der Kooij^{1,2}, E. H. F. van Asseldonk¹ ¹Department of Biomechanical Engineering, University of Twente, The Netherlands ²Department of Biomechanical Engineering, Delft University of Technology, The Netherlands r.c.vantveld@utwente.nl

Background

Two state-of-the-art research lines towards voluntary modulation of <u>reflexive activity</u> in order to <u>reduce spasticity</u>:

EMG-based¹:

- Modulation reflexive impedance
- Reduce muscle hyperreflexia
- Constant background activity
- Participants with spasticity
- System Identification-based²:
- Constant intrinsic impedance
- Able-bodied participants

Can the system identification-based paradigm also be used by participants with spasticity? Potential improvements w.r.t. EMG:

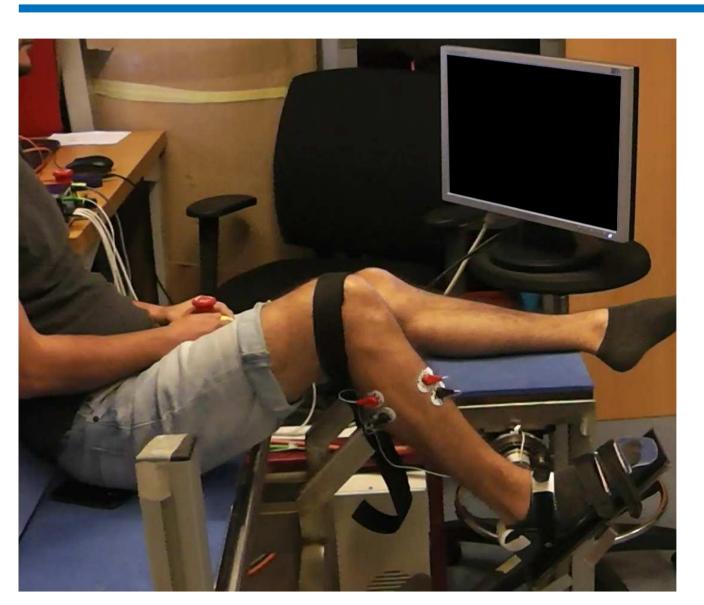
- Participant comfort
- **Applicability**
- Target multiple muscles
- Faster training effects

Aim

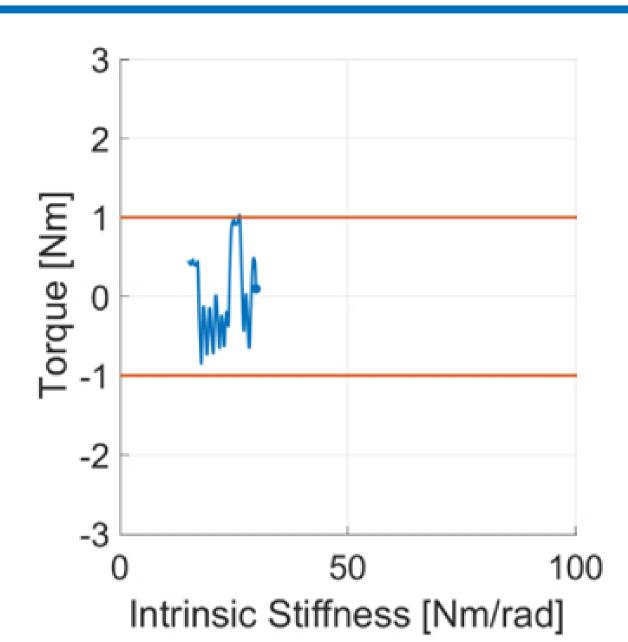
Investigate linear association between the independently measured EMG- and system identification-based paradigms:

- Background EMG activity \Leftrightarrow Intrinsic joint stiffness
- Reflex EMG activity
- ⇔ Reflexive activity

Protocol

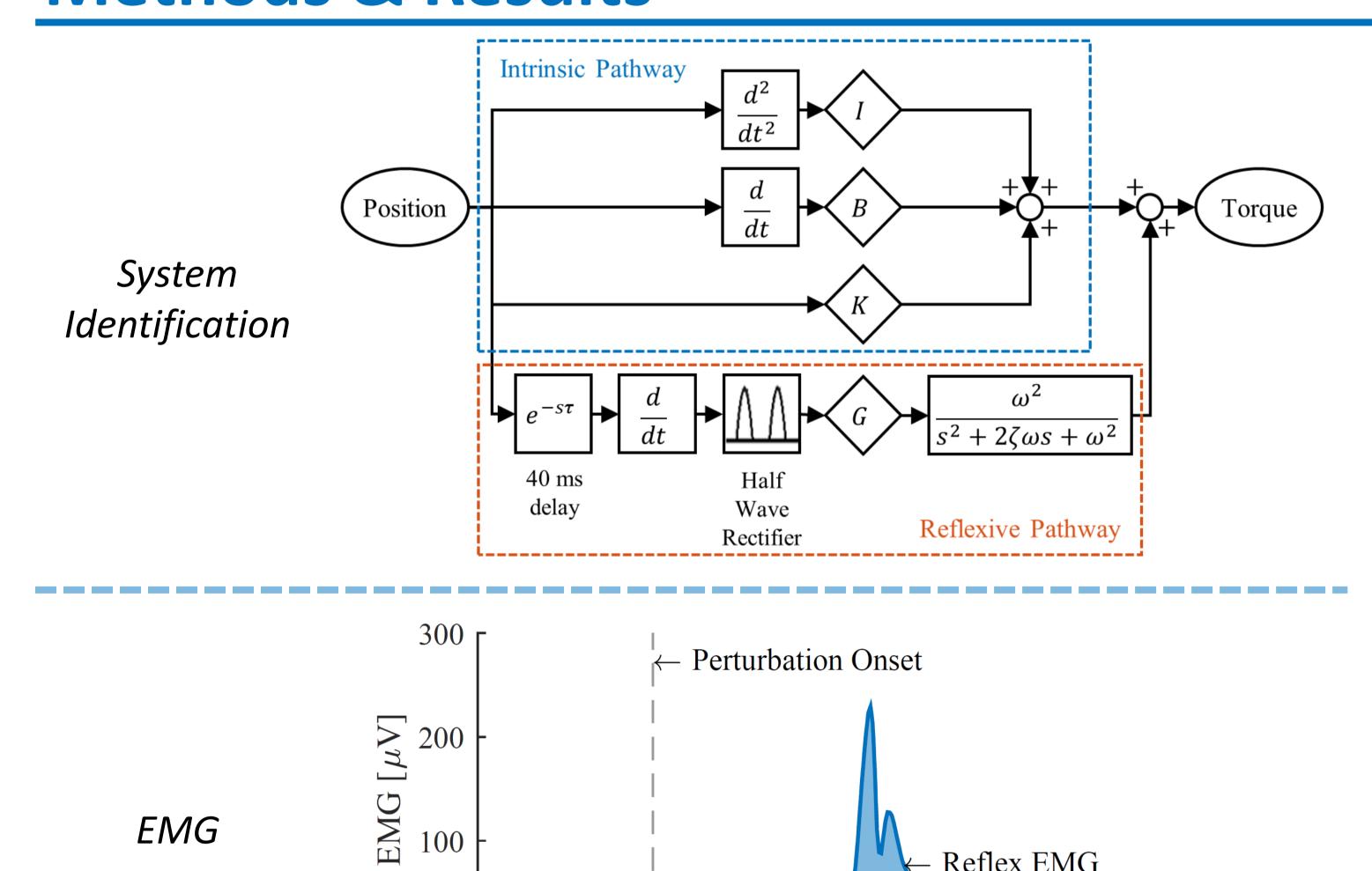


- 3 male able-bodied subjects
- 1-DOF perturbations in sagittal plane of ankle joint
- Train modulation intrinsic stiffness & reflexive activity
- Keep behavior constant for several 60s periods

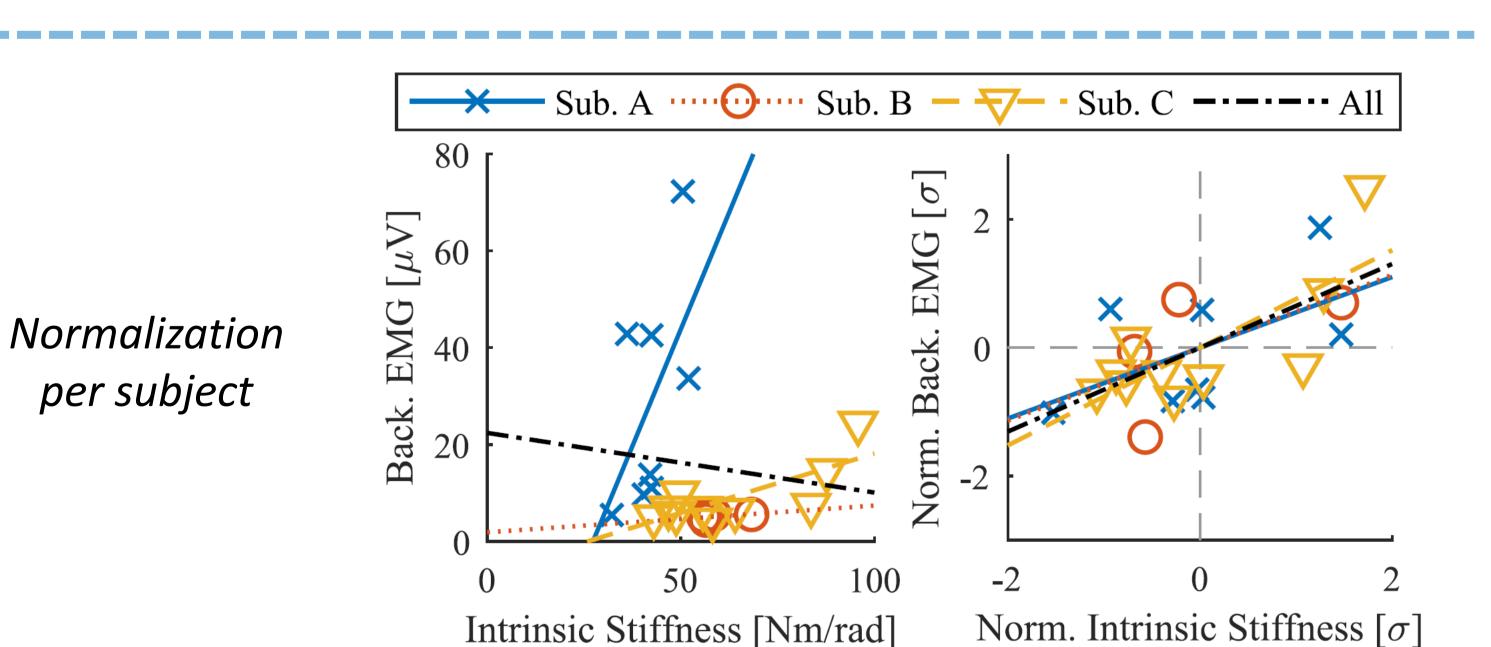


- Feedback on torque (y-axis) and intrinsic stiffness or reflexive activity (x-axis)
- Neutral or plantarflexion torque task
- Co-contraction allowed

Methods & Results



Background EMG



Time [s]

Reflex EMG

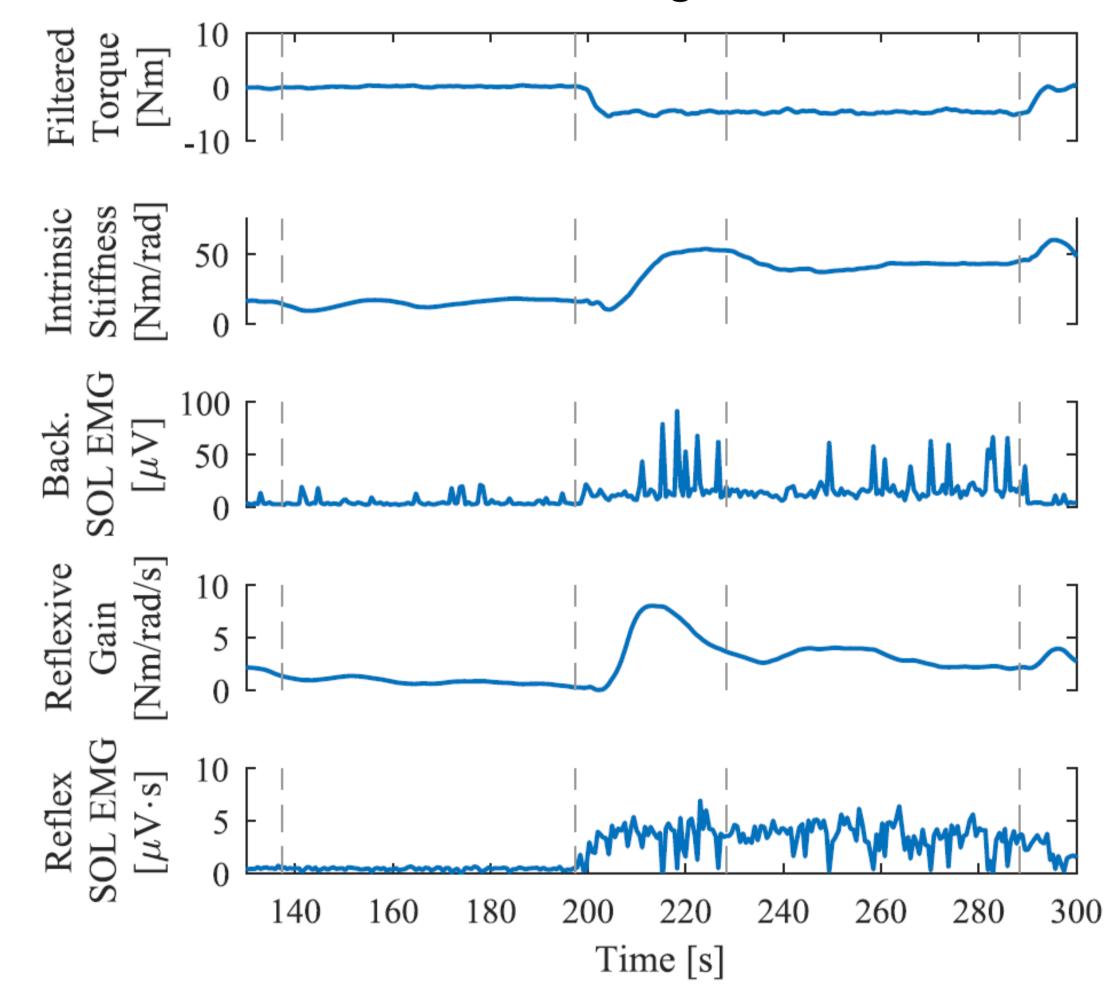
0.08

0.1

0.12

Consecutive 60s periods with constant subject behavior show the following associations:

- Background EMG Soleus \Leftrightarrow Intrinsic stiffness
- Reflex EMG Soleus ⇔ Reflexive gain



Correlation coefficient using data normalized per subject:

	Intrinsic		Reflexive	
Torque	0 Nm (N = 33)	-5 Nm (N = 22)	0 Nm (N = 33)	-5 Nm (N = 22)
SOL	0.93 [0.85, 0.97]	0.70 [0.44, 0.87]	$0.78 \ [0.62, 0.87]$	0.57 [0.20, 0.77]
TA	0.88 [0.78, 0.95]	0.70 [0.19, 0.87]	$0.55 \ [0.27, 0.75]$	0.18 [-0.11, 0.45]
GL	0.91 [0.83, 0.96]	0.36 [-0.18, 0.69]	0.75 [0.58, 0.85]	0.56 [0.21, 0.76]
GM	$0.80 \ [0.56, 0.92]$	0.65 [0.32, 0.82]	$0.82 \ [0.67, 0.90]$	0.46 [0.13, 0.67]

95% confidence intervals computed for four lower leg muscles and two torque target, via non-parametric bootstrap, show:

- Up to 86% shared variance for intrinsic pathway
- Up to 67% shared variance for reflexive pathway

Conclusions

EMG

Valid to use system identification-based approach in training paradigm to reduce muscle hyperreflexia give the large linear association between independent system identification and EMG measures.

¹ A. K. Thompson, F. R. Pomerantz, and J. R. Wolpaw, "Operant Conditioning of a Spinal Reflex Can Improve Locomotion after Spinal Cord Injury in Humans," Journal of Neuroscience, vol. 33, no. 6, pp. 2365–2375, 2013.

Future Research

Recommendations for using system identification measures in training to reduce muscle hyperreflexia:

- Neutral torque task
- Focus on calf muscles

This work was supported by the Netherlands Organisation for Scientific Research (NWO), domain Applied and Engineering Sciences under project number 14903

UNIVERSITY OF TWENTE.

² D. Ludvig and R. E. Kearney, "Real-time Estimation of Intrinsic and Reflex Stiffness," *IEEE Transactions* on Biomedical Engineering, vol. 54, no. 10, pp. 1875–1884, 2007.