

1 **Title**

2 Models as instruments to optimize hospital processes: a systematic review

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25 **Abstract**

26 Increasing complexity of hospital organisations causes that hospital management is more
27 and more in need for tools that support their decisions. The main problems they face in
28 order to optimize hospital performance are capacity problems, process design problems
29 and scheduling problems. This systematic review had the objective to search for literature
30 concerning models for the design and control of processes concerning patient flows with-
31 in departments in a hospital. Two complementary goals were to find relations between
32 sort of problems and most appropriate model types and to find out how usable these
33 models are for managerial decision making. Here fore, within three databases relevant
34 literature has been selected based on inclusion and exclusion criteria. 68 articles have
35 been selected, of which 31 containing computer simulation models, 10 descriptive models

36 and 27 analytical models. The review showed that descriptive models are only applied for
37 process design problems and that analytical and computer simulation models are applied
38 for all types of problems in approximately the same proportion. The relevant databases
39 appeared to be limitedly comparable and the amount of suiting keywords or mesh head-
40 ings insufficient, through which searching systematically in the wide field of health care
41 management is relatively hard to accomplish. The review did not result in a preferred
42 model type in a given situation, probably because this choice is usually based on availa-
43 ble expertise. Only few models have been validated in practice, and it seems that most
44 models are not used for their purpose; to support management in decision making.

45

46 ***Introduction***

47

48 *“Man is a tool using animal.... Without tools he is nothing, with tools he is all.”*

49

50 --Thomas Carlyle

51

52 Hospitals' identity as a health community slowly transposes to the identity of an
53 enterprise. Hospitals get bigger, apply higher relative amounts of non-medical employ-
54 ees, get more critical customers and operate in a increasingly competitive climate. Aver-
55 age patient stay has been reduced considerably and the number of outpatient versus in-
56 patient alters continuously, resulting in less intensive patient-care giver relationships. The
57 traditional conflicting pressures of maximizing the quality of patient care versus ensuring
58 organizational survival, have become especially acute due to recent economic pressures.
59 (Williams *et al.* 2005) These developments have resulted in more complex and business-
60 like organizations that have brought more challenges to deal with. The complexity of the
61 system causes ambiguity in terms of how an individual's work should be performed and

62 how the work of many individuals should be successfully coordinated into an integrated
63 whole. (Spear 2005) This new situation for hospitals requires an increased professional-
64 ism of hospital management to be able to make the right decisions.

65

66 One of the most significant problems which management has to deal with is the
67 use of hospital's limited resources in relation to increasing demand for both quantity and
68 desired service level. The challenge is to manage the system consisting of arrivals, activi-
69 ties and resources. While facing this challenge, managers meet three main types of prob-
70 lems:

- 71 1. Capacity problems; what kind and what amount of resources to attract
- 72 2. Process design problems; which process steps to make use of and in what order
- 73 3. Scheduling problems; at what moment to allocate which resources to which patients

74 These problems become more and more complex, due to many uncertainties in the sys-
75 tem, better represented as the four types of variability. First, patient arrival variability is
76 caused by the unpredictable moment that patients enter with their demand for service.
77 Second, variability of demand represents the variation in type and amount of care pa-
78 tients require. Third, routing variability is the variation in process steps and their order
79 within patient flows. Fourth, process time variability is the fluctuation in duration of pro-
80 cess steps. These types of variability are the main source of the problems managers
81 face, concerning design and control of hospital processes.

82

83 To deal with the main problems concerning managing the systems in a hospital, tradition-
84 al clinical research methods barely suffice. Randomized controlled trials and controlled
85 experiments cannot be carried out adequately, due to too many dependent variables.
86 Moreover, those methods are too risky and expensive, and consequently in general not
87 suitable in these situations. Therefore there is an increasing need for tools to predict the
88 consequences of different alternative scenario's. In complex situations decision makers

89 can use managerial models that predict the results of a scenario. A model helps to un-
90 derstand the behavior of a system without actually changing the system.

91

92 There have been various studies about managerial models designed for hospitals' situa-
93 tion. Usually they describe or compare specific types of models, such as simulation mod-
94 els and Markov chain models. (Karnon 2003; Karnon & Brown 1998) Furthermore they
95 usually describe modeling techniques, not models that have been practically applied in
96 hospitals. Systematic reviews of the literature in this field are especially rare. Reviews
97 generally deal with a specific range of models, such as computer simulation models. (Le-
98 haney B 1995; Marshall *et al.* 2005; Fone *et al.* 2003) This study focuses on various kinds
99 of decision supporting models and is thus not limited to a specific range of models. In ad-
100 dition, instead of focusing on the whole hospital, it only deals with processes within spe-
101 cific hospital departments. First of all, the complexity of the hospital organization and the
102 amount of different kinds of processes make it extremely hard to generate a straight for-
103 ward solution to the main challenge for the whole hospital. Designing a model at this
104 level would be very abstract and result in information with insufficient value. Secondly,
105 focusing on the whole hospital is very often not necessary. According to the theory of
106 constraints, attacking 'bottleneck' processes or departments is the fastest and most effec-
107 tive way to streamline flows through an organization (Goldratt EM & Cox J 1992).

108

109 The primary objective of this study was to search for literature concerning models for the
110 design and control of processes concerning patient flows within departments in a hospi-
111 tal. These models must be appropriate to get insight in and to consider different scenarios
112 with the aim to optimize the performance of these departments. The secondary objective
113 was to find if there was any relation between the type of problems and the model types
114 used. The third objective was to find out how usable these models are for managerial de-
115 cision making. Therefore this study also reflects on the applicability of the models results
116 and the models extend of being generic.

117 ***Theoretical background***

118 The first concern is to set down clear definitions. Apart from a formulation for a model,
119 types of models and problems have to be defined to find out which models are used for
120 which problems.

121

122 ***Problem types***

123 Many classifications for problem types are possible. A classification has been chosen that
124 fits best our primary objective, based on two theoretical frameworks. In Slack's framework
125 (Slack *et al.* 2003) operations management problems are classified in the topics design,
126 planning and control and improvement. According to our objective, all problems relevant
127 to this review are related to improvement, but the improvement always concerns the pro-
128 cess design or the planning and control in hospitals. Therefore the topic improvement
129 does not occur in the classification in this review. According to the framework for hospital
130 planning and control (Hans *et al.* 2007), planning and control has different appearances.
131 The framework distinguishes four hierarchical levels; strategic, tactic, operational offline
132 and operational online, which are successively described as 'capacity dimensioning', 'al-
133 location', 'scheduling' and 'control'. In our classification the capacity problems correspond
134 with 'capacity dimensioning', scheduling problems contain both 'allocation' and 'schedul-
135 ing'. The relevant scheduling problems in this context do not contain the level 'control',
136 since our concern is patient flows and not patients who are already present in the hospi-
137 tal. The managerial decisions relevant in this study occur 'before the action', not during
138 the action (online). In literature scheduling problems often deal with rostering: assigning
139 human resources to shifts. This kind of problems do not belong to our definition of sched-
140 uling problems, since they also do not directly deal with patient flows. In summary the
141 employed classification for problem types is:

- 142 - Capacity problems;
- 143 - Process design problems;
- 144 - Scheduling problems.

145

146 *What is a model?*

147 A model is a wide notion with many possible and employed explanations. A wide defini-
148 tion of a model is an artificially created system that represents reality. A system is a com-
149 pilation of elements which are related, so that no elements are isolated from the remain-
150 ing (De Leeuw 2000). Law (Law & Kelton 2000) defines a model as 'a set of assumptions
151 about how a system works, to try to gain some understanding of how the system be-
152 haves'. The most significant aspect of this formulation is the last part. The models we
153 seek for give insight in consequences of possible managerial decisions (scenarios) to set
154 up or change a system and therefore insight in its behavior. Leeuw (De Leeuw 2000)
155 adds the notion that the way a model is built, depends on the aim of use, which means
156 that many possible models can be of use for a given system. According to our objective
157 the definition employed in this review is therefore: *a representation of a real system that*
158 *gives insight in the system's behavior, with interfaces with reality corresponding with the*
159 *aim of use.*

160

161 The traditional model types are the physical model and the descriptive model. Descriptive
162 models give insight in a system's behavior by describing relationships between aspects
163 of the system. Physical models imitate real shapes and sometimes movements of a sys-
164 tem. Applications of physical models still occur in civil technique and building develop-
165 ment, however not as a tool for hospital managers and therefore these are irrelevant for
166 this study. Later modeling development brought us mathematical models. They represent
167 a system in terms of logical and quantitative relationships that are then manipulated and
168 changed to see how the system reacts. Mathematical models can be divided in analytical
169 models, which are able to gain exact information on questions of interest, and simulation
170 models, where true characteristics of a system are estimated. The pre-assumption is that
171 different model types perform best depending on the type of problem. In summary:

172

- 173 1. Descriptive models; models that visually or textually represent a solution. A descrip-
 174 tive model is flexible and often easy to understand and use, however they lack a
 175 quantitative and accurate insight in system behavior.
- 176 2. Analytical models; models that can calculate output measures of interest for fictive
 177 scenario's. The advantage is that they are exact and quantitative, but usually diffi-
 178 cult to interpret it's results. In complex processes they often ignore too many factors
 179 to be able to compare its quantitative results with reality.
- 180 3. Computer simulation models; models that use computer software to simulate varia-
 181 tions of the real process accelerated, and afterwards show output measures. Com-
 182 puter simulation models are the most accurate model types, because they calculate
 183 over time and often take into account variability. The disadvantages are the costs
 184 and the development time needed.

185 **Methods**

186 *Search Strategy*

187 We selected three different databases. The medical database Medline containing articles
 188 from 1950 through 2006, the medical database Embase containing articles from 1980
 189 through 2006 and the management science database Business Source Elite (BSE) con-
 190 taining articles from 1985 through 2006. For our search trough the databases we formu-
 191 lated inclusion and exclusion criteria (listed in Table 1).

192

Inclusion Criteria	Exclusion criteria
Articles containing a model that deals with the design and/or control of a process	Articles using models that have the goal to optimize more than one department at a time
Articles with models concerning patient flows that can be applied on departments within a hospital. Articles may concentrate on optimizing the performance of either a whole department or a function or process within a department	Articles not published in peer-reviewed journals or published as a full paper in conference proceedings
Articles using simulation based, descriptive or analytical models. We both look for models that tell us how to come to the optimal situa-	Articles concerning models that support medical considerations

tion, and models that directly suggest a specific design	
Articles containing models those directly aim on improvement of the performance of the process. Performance is defined as the product quality, customer service, flexibility, timeliness, reliability, safety, and quality of work	Articles with models primary concerning implementation of organizational change
	Articles suggesting models that primary forecast or predict demand or length of stay
	Articles containing models that primary demonstrate relationships
	Articles concerning software and/or hardware and IT with no direct effect on patient flows
	Articles suggesting models that describe an organizational structure

193 **Table 1 - Inclusion and Exclusion criteria**

194

195 We searched through the Medical Subject Headings database to find useful MeSH head-
196 ing per inclusion criteria. Several MeSH headings were found per criteria. Using these
197 headings, a number of titles and abstracts were retrieved for each heading and evaluated
198 for relevance. If a relevant abstract was found, the other MeSH headings of this abstract
199 were also evaluated for relevance. All the founded MeSH headings were entered in the
200 keyword (subject headings) database of Embase to find the corresponding keywords
201 (subject headings). Not all the MeSH headings had corresponding subject headings so
202 the results of the subject headings were also evaluated for relevance. From the relevant
203 abstracts, we derived free-text words for each criterion to increase the specificity of our
204 search strategy.

205

206 In Business Source Elite (BSE) the MeSH and Subject headings were used to find corre-
207 sponding BSE keywords in the same way as finding the corresponding subject headings.
208 BSE is not a medical database, which resulted in slightly different keywords and free text
209 words. The keywords and free-text words are listed in the appendix.

210 To suffice all the criteria the articles needed to contain at least one keyword or free-text
211 word per criteria. After performing our search with the selected keywords and free-text
212 words, articles were then selected based on the title and abstract. Two reviewers inde-
213 pendently evaluated titles and abstracts to select articles for the review. The two review-

214 ers determined together through discussion of which article the full text was useful for the
 215 review. This was done based on the inclusion and exclusion criteria. In case of disagree-
 216 ment a third reviewer was consulted. Full publications of all selected abstracts were ob-
 217 tained (in electronic or printed form) for the two reviewers to evaluate the full text. The
 218 results of the evaluations were compared and the differences in opinions were solved
 219 through discussion. When the final list of the included articles was finished, the refer-
 220 ences of these articles were evaluated for relevance. Seemingly relevant referred papers
 221 were obtained and evaluated in the same way as the other papers.

222 The authors developed a classification table in order to structure the literature. The two
 223 reviewers independently collected data to reach the review objectives, using the classifi-
 224 cation table (Table 2). To make sure that there are no differences in the definition of
 225 terms between the reviewers, the definitions were cleared beforehand (Table 2). The re-
 226 sults of the two reviewers were compared and the differences in opinions were solved
 227 through discussion.

Item	Defenition	Categories
Type of model	<i>What type of model is described in the article</i>	* Computer simulation * Descriptive * Analytical
Type of problem	<i>What type of problem is described in the article</i>	* Capacity problem * Process design problem * Scheduling problem
Sort of department applicable on	<i>On what sort of department is the model applicable</i>	* Imaging diagnostics * Inpatient * Outpatient * Operation room * Laboratory * Intensive Care * Radio therapy * Emergency room
Objective of study	<i>What is the objective of the study (not of the model)</i>	* Design of a model * Comparison of models * Use of a model * Critize/propose a model

Outcome measure 1 and 2	<i>Outcome measures are the measures where the results of the model are critized on. Per article one or two outcome measures are defined.</i>	<ul style="list-style-type: none"> * # of appointments * # patients * Access denial probability * Access times * Costs * Length of stay * Needed capacity * Overtime * Patient's experiences * Quality of care * Random performance indicators * Throughput time * Utilization * Waiting times * Workload
Validated in practice	<i>An article is validated in practice when the results of the model are applied in the hospital (not when only the model is validated)</i>	<ul style="list-style-type: none"> * yes * no
Generic	<i>An article is generic when the model is usable in another hospital and/or department</i>	<ul style="list-style-type: none"> * yes * no

228 **Table 2 - Classification table**

229

230 **Results**

231 *Overview*

232 The flow chart of the review is shown in Figure 1. With the search for keywords we found
233 a total of 27 relevant MeSH headings in Medline, 21 relevant subject headings in Embase
234 and 11 relevant keywords in Business Source Elite. The keywords and free text words
235 are sorted by criteria in the appendix. Using the search strategy that the article must con-
236 tain at least one of the keywords or free text words per criteria, resulted in a total of 609
237 articles. All the abstracts of these articles were read by two reviewers, who selected 128
238 articles for further evaluation. Of these articles, one was in German, one in Tsjech and one
239 in Swedish. 10 articles were excluded from the review, because the full texts could not be
240 obtained. The 118 articles were evaluated by the reviewers, who selected 64 articles that
241 met the inclusion and exclusion criteria.

242 Most articles were excluded because they modeled more than one department or were
243 not related to patient flows. The references of the selected articles were evaluated to
244 seek more relevant articles. This resulted in four extra articles relevant for the review.

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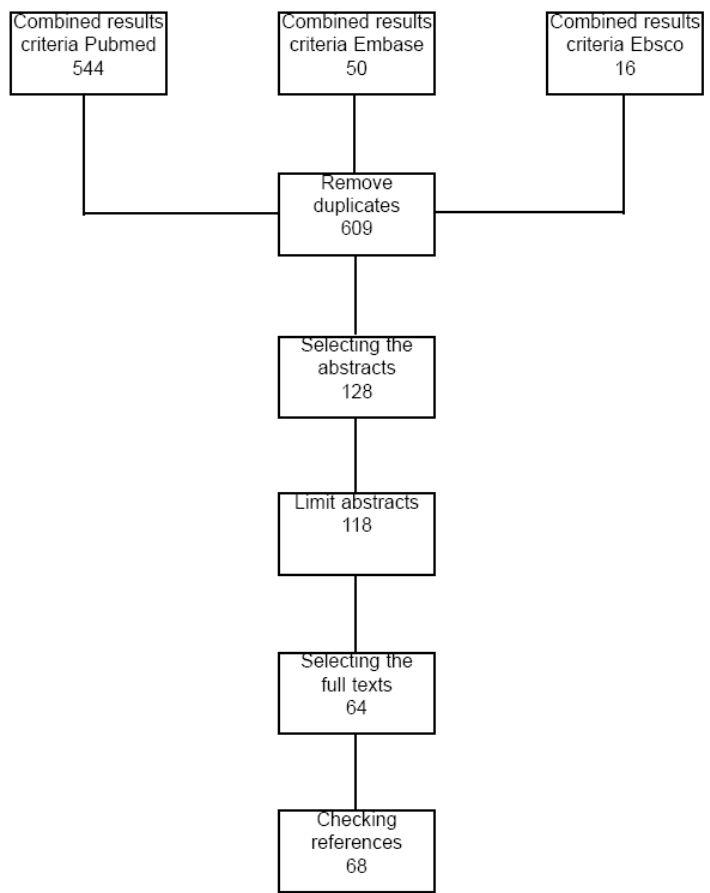


Figure 1 - Flow chart of the systematic review

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Data collection

From the selected studies we collected the data summarized in the table 2.

Types of models			Type of problem			Sort of departments			Objective of study		
	#	%		#	%		#	%		#	%
Computer simulation	31	46	Capacity problem	10	15	Imaging diagnostics	2	2,9	Design of a model	51	75
Descriptive	10	15	Proces design	35	51	Inpatient	13	19	Comparison of models	8	12
Analytical	27	40	Scheduling	23	34	Outpatient	14	21	Use of a model	4	5,9
						Operating room	16	24	Criticize/propose a model	5	7,4
						Laboratory	2	2,9			
						Intensive care	6	8,8			
						Radio therapy	1	1,5			

			Emergency room			14	21				
Outcome measures			Validated in practice			Generic					
			#	%	Yes	#	%	Yes	#	%	
Utilization	25	22	Yes	17	25	Yes	33	49			
Waiting times	17	15	No	51	75	No	35	51			
Needed capacity	15	13									
Costs	14	12									
Throughput time	12	11									
# patients	8	7									
Other	23	20									

265 **Table 3 - Collected data**
266

267 As illustrated in Table 3 only 15% of the studies contain descriptive models. Analytical
268 (40%) and computer simulation (46%) models are evidently used more. Half of the stud-
269 ies (51%) examine a process design problem, while scheduling problems and capacity
270 problems successively represent 34% and 15%. The models are for the greater part ap-
271 plicable on the operating room (24%), emergency room (21%) and outpatient (21%) de-
272 partments.

273

274 The greater part of the studies (75%) has the objective to design a model. Only 25% of

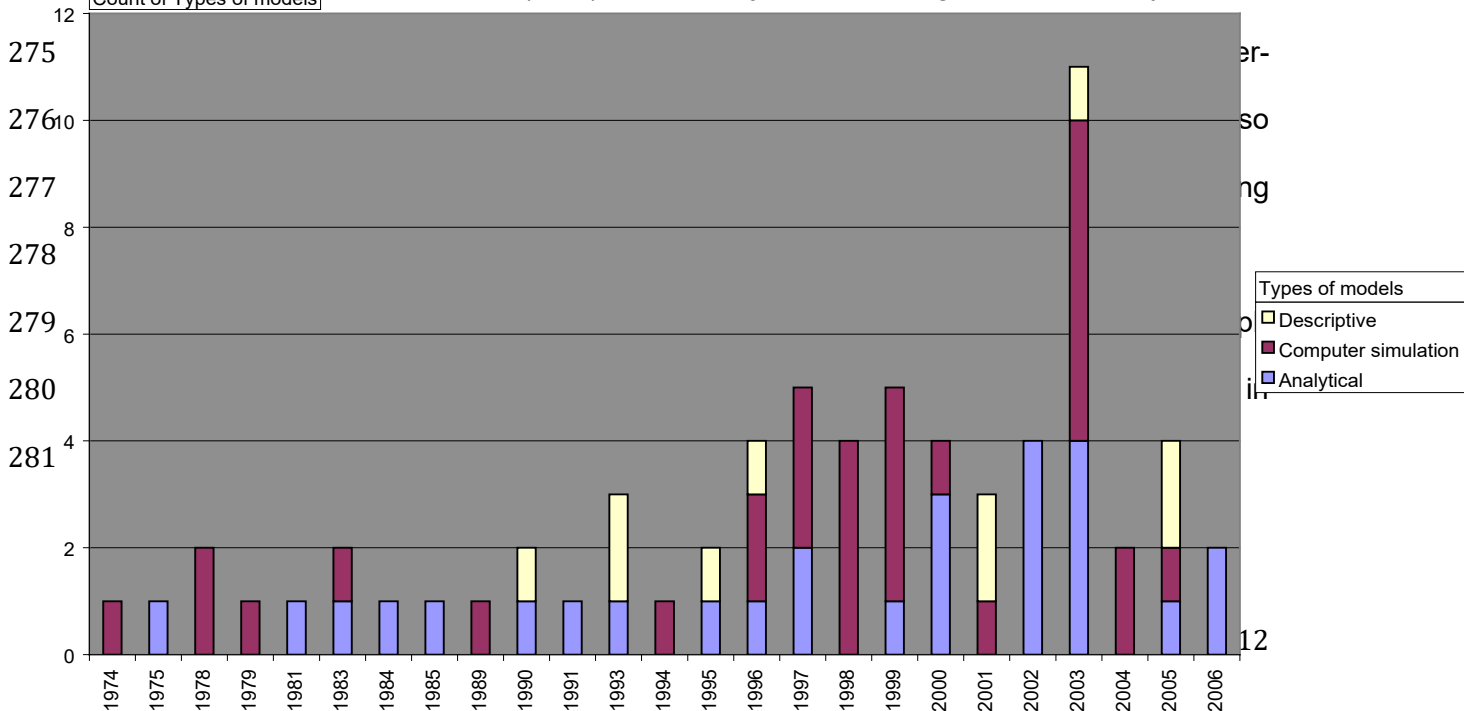


Figure 2 - Number of articles per type of model per year

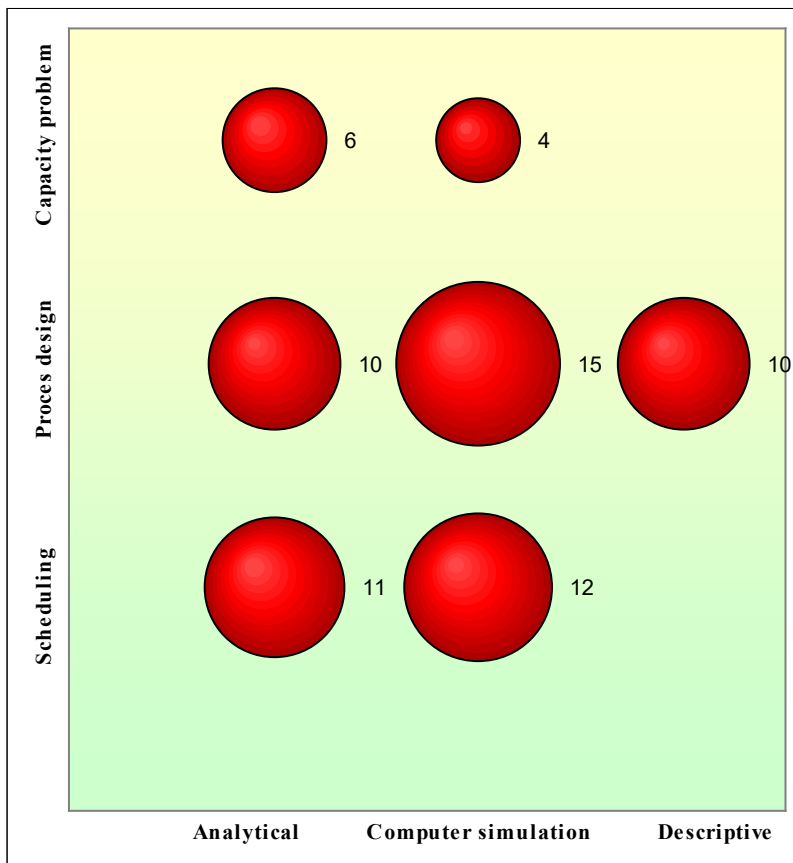
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284 *Type of problem and model*

285 The relation between the type of problem and model is illustrated in Figure 3. Descriptive
286 models are only used for process design problems. The figure states that capacity and
287 scheduling problems are comparable with each other. The only difference is that capacity
288 problems are slightly evaluated more with analytical models and scheduling problems
289 more with computer simulation models. Process design problems are evaluated with all
290 types of models, but most often with simulation models.

291



292

293 **Figure 3 - Relation between type of problem and type of model**

294

295 *Type of problems related to the other categories*

296 In Table 4 the relations between the problem type and the other categories is shown.

		Problem type						
		Capacity problem		Proces design		Scheduling		total
		#	%	#	%	#	%	
Department	Emergency room	1	7%	11	79%	2	14%	14
	Imaging diagnostics		0%	1	50%	1	50%	2
	Inpatient	3	23%	8	62%	2	15%	13
	Intensive care	3	50%	2	33%	1	17%	6
	Laboratory		0%	2	100%		0%	2
	Operation room	3	19%	3	19%	10	63%	16
	Outpatient		0%	7	50%	7	50%	14
	Radio therapy		0%	1	100%		0%	1
Generic	No	4	11%	17	49%	14	40%	35
	Yes	6	18%	18	55%	9	27%	33
Validated	No	10	20%	21	41%	20	39%	51
	Yes		0%	14	82%	3	18%	17
Outcome measure	Utilization	2	8%	10	40%	13	52%	25
	Waiting times	0	0%	9	53%	8	47%	17
	Needed capacity	8	53%	5	33%	2	13%	15
	Costs	2	14%	6	43%	6	43%	14
	Throughput time	0	0%	9	75%	3	25%	12
	# patients	1	13%	6	75%	1	13%	8
	Other	3	13%	15	63%	6	25%	24

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Table 4 - Relation between problem type and other categories

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300

In the operating room mostly scheduling problems are examined (63%). Process design problems occur in every department, but mostly in the emergency room (79%) and inpatient (62%) departments.

303

304

Type of models related to the other categories

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Table 5 reveals the relations between the problem type and the other categories.

		Model type						
		Analytical		Computer Simulation		Descriptive		total
		#	%	#	%	#	%	
Department	Emergency room	4	29%	6	43%	4	29%	14
	Imaging diagnostics	1	50%		0%	1	50%	2
	Inpatient	8	62%	3	23%	2	15%	13
	Intensive care	1	17%	4	67%	1	17%	6
	Laboratory		0%	1	50%	1	50%	2
	Operation room	8	50%	8	50%		0%	16
	Outpatient	4	29%	9	64%	1	7%	14
	Radio therapy	1	100%					1
Generic	No	4	11%	31	89%		0%	35
	Yes	23	70%		0%	10	30%	33
Validated	No	22	43%	27	53%	2	4%	51
	Yes	5	29%	4	24%	8	47%	17
Outcome measure	Utilization	12	48%	12	48%	1	4%	25
	Waiting times	7	41%	10	59%	0	0%	17
	Needed capacity	6	40%	8	53%	1	7%	15
	Costs	7	50%	4	29%	3	21%	14
	Throughput time	2	17%	9	75%	1	8%	12
	# patients	5	63%	3	38%	0	0%	8
	Other	9	38%	5	21%	10	42%	24

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Table 5 - Relation between model type and other categories

309 What stands out in this table is that descriptive models are always generic, on the other
310 hand computer simulation models are never generic. Analytical models are most of the
311 times generic. Also remarkable in Table 5 is that analytical and computer simulation
312 models are barely validated in practice. On the other hand most of the descriptive models
313 are validated in practice.

314 **Discussion**

315 Few systematic reviews have been applied in the specialism of health care management
316 (Elkhuizen *et al.* 2006). This is remarkable, since the systematic review is a widely used
317 and highly accepted research technique in health care. In systematic reviews, the aim is
318 usually to collect all relevant research about one specific topic in order to assess 'the real
319 truth' among the often many contradictions. When the topic concerns a causal relation
320 that is the basis for an optimal treatment or diagnosis method, finding a 'real truth' is often
321 possible. In management research this is more complicated, due to the many elements
322 and relations within the managed system and the large differences between specific situ-

323 ations. Besides, this study made clear that the search itself is also more complicated in
324 the topic of health care management. Despite the well outlined and clearly defined inclu-
325 sion and exclusion criteria, the subject appeared to be widespread. Literature was found
326 in journals about general management, operational research, operations management,
327 health management and various hospital departments such as anesthesia, radiology, in-
328 tensive care, surgery and emergency care. This shows the significance to consult various
329 databases when searching for health care management topics. Unfortunately the compa-
330 rability of the databases, especially between management databases and medical data-
331 bases, is insufficient. Moreover the supply of mesh headings or keywords in management
332 databases badly matches the aim of systematically searching for health care manage-
333 ment literature and the management mesh headings or keywords in health care data-
334 bases are inadequately developed. As a result, searching for articles about optimization
335 of hospital processes is a time consuming activity and contains the risk that despite of a
336 systematic procedure of reviewing, not all relevant literature may be found.

337

338 Our goal was to search for descriptive, analytical and computer simulation models and to
339 find a relation between type of problems and model types, being capacity problems, pro-
340 cess design problems and scheduling problems. Both descriptive models as analytic
341 models and computer simulation models are used often in order to attack the problems.
342 In advance, an increase in the amount of used models and a shifting towards more ad-
343 vanced models, such as computer simulation models, was expected, due to the increas-
344 ing management professionalism in hospitals. The review showed indeed an increase in
345 the amount of models, but did not bring out a development over time from descriptive
346 models towards more and more computer simulation models. It is possible that the rela-
347 tive use of simulation models did actually increase in comparison with less advanced
348 models, because of fewer reporting since simulation models may often not be seen as
349 scientific relevant. The results of this review showed some characteristics of the particular
350 types of models. Firstly, descriptive models are often generic and mostly validated in

351 practice, are used in different kinds of hospital departments, and use a range of outcome
352 measures. Secondly, analytical models are mostly generic, but usually not validated in
353 practice. Analytical models are especially often used in inpatient and OR departments.
354 Main outcome measures are utilization, waiting times and needed capacity. Thirdly, com-
355 puter simulation models are never generic and mostly not validated in practice. They
356 were mainly used in outpatient, OR and ED departments. Here, the same often used out-
357 come measures are used as for analytical models, replenished by throughput time.

358

359 It is useful for managers to know which model type to choose in a given situation. All rel-
360 evant models within this review are aimed to attack a managerial problem that can be
361 classified in one of the three types of problems; capacity problems, process design prob-
362 lems and scheduling problems. The most obvious relation between model type and prob-
363 lem type is that descriptive models were only found for process design problems. Capaci-
364 ty and scheduling problems are attacked by both analytical and computer simulation
365 models in about the same proportion. Process design problems, the most encountered
366 problem, are somewhat more attacked by computer simulation models than by the other
367 two model types. Furthermore no significant relations could be distinguished. No article
368 mentioned about the required expertise, the time needed and the costs of the model. Ob-
369 viously this information is relevant concerning the choice of a model. In fact the reasoning
370 for the chosen model type was absent in all relevant studies. It presumes that the choice
371 for a specific type of model is for the bigger part based on the available expertise and re-
372 sources.

373

374 For this review a managerial model is defined as a representation of a real system that
375 gives insight in the system's behavior, with interfaces with reality corresponding with the
376 aim of use. The aim of use is to help the manager confronted with a problem, to solve the
377 problem by giving insight in the consequences of different scenario's. Based on this in-
378 sight, management can decide to change aspects of the organization (or not) and in what

379 matter. It is striking that the absolute majority of the papers didn't mention about the
380 managers' decision based on the models outcomes. In other words, it was not possible to
381 find prove that the models are used in the way they are meant for. This leads to the as-
382 sumption that often the mean becomes the objective, that is building the model is more
383 important than using it. A probable explanation is that models written about in peer-
384 reviewed literature are mainly built by researchers meant for scientific reasons in stead of
385 application in practice. This could be a bias in our review, because we only searched in
386 scientific databases. We are perfectly aware of the fact that a huge amount of effective
387 models are used by managers, which is not published about. We suggest to researchers
388 to pay more attention for basing the similarities on the aim of a model; a simpler model is
389 often possible and more effective.

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393 **Conclusion**

394 Models for the design and control of processes concerning patient flows within depart-
395 ments in a hospital are frequently applied for managerial problems in hospitals. Our re-
396 view resulted in a promising amount of papers, but few reported the consequences of the
397 implementation of the model's results, especially not analytical models and computer
398 simulation models. This makes it hard or impossible to evaluate the usability of the mod-
399 els. Furthermore no clear relation between a problem type or situation and the most ef-
400 fective model type could be found. Which model suits best depends on many parallel fac-
401 tors. In general descriptive models suit best when it must be generic and qualitative and
402 computer simulation models suit best when situations are complex with high extends of
403 variability and results must be specific and quantitative.

404

405 We propose introducing more specific mesh headings and keywords to improve the trac-
406 tability of health care management studies. We succeeded to find interesting relations,

407 but cannot conclude with a best model when confronted with a specific type of problem. It
408 depends on too many elements besides the problem type. Up to now research overviews
409 within the field of health care management have almost exclusively been performed by
410 random searches. We claim that in the context of health care management a systematic
411 review is an effective technique to get a reliable overview of research on a subject.
412

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Appendix 1: Keywords

Criteria	Pubmed mesh headings	Embase subject headings	Business Source Elite keywords
1.Design/control model	<ul style="list-style-type: none"> - Personnel Staffing and Scheduling - Decision Support Techniques - Health care rationing - Hospital planning - Health resources - Workload - Systems analysis - Planning techniques - Forecasting - Appointments and schedules 	<ul style="list-style-type: none"> - Hospital Planning - Patient Scheduling - Health Care Financing - exp resource management - Process design - Process control 	<ul style="list-style-type: none"> - Scheduling - Planning - Medical care – Cost shifting - Decision support systems
2.Supporting departement	<ul style="list-style-type: none"> - Hospital Departments - Hospital Units 	<ul style="list-style-type: none"> - Hospital Department 	<ul style="list-style-type: none"> - Hospitals
3.Kind of model	<ul style="list-style-type: none"> - Models, Statistical - Models, organizational - Models, Theoretical - Systems Theory - Computer Simulation 	<ul style="list-style-type: none"> - Experimental Model - Theoretical Model - Computer Model - Statistical Model - Stochastic Model - Process Model - Computer Simulation 	<ul style="list-style-type: none"> - Models & modelmaking - Mathematical models
4.Performance improvement	<ul style="list-style-type: none"> - Efficiency, Organizational - Time management - Length of Stay - Bed Occupancy - Hospitals/utilization - Patient Admission - Organizational innovation - Time factors - Quality of health care - Waiting lists 	<ul style="list-style-type: none"> - Time Management - Productivity - Health Care Quality - Job Performance - Hospital Utilization - Hospital Admission - “Length of Stay” 	<ul style="list-style-type: none"> - Time management - Mathematical optimization - Waiting period - Health facilities- Utilization

Appendix 2: Free text words

Free text words: Embase and Pubmed

Criteria 1: patient process, process of the patient flow, patient flow process, design of the process, process design, design of the patient process, process management, management of the process, management of the patient process, manage the process, manage the patient process, managing the process, managing the patient process, process control, control of the process, control of the patient process, operations management, organization of the process, organization of the patient process, organizing the process, organizing the patient process, organization of the process, organization of the patient process, organizing the process, organizing the patient process, organization of the process, organization of the patient process, organizational design, organisation of the process, organisation of the patient process, organising the process, organising the patient process, organisation of the process, organisation of the patient process, organising the process, organising the patient process, organisation of the process, organisation of the patient process, organisational design

Criteria 2: department, hospital division

Criteria 3: model, framework

Criteria 4: optimization of resources, resource optimization, resource utilization, utilization of resources, process optimization, optimization of the process, optimizing the process, process improvement, improvement of the process, improving the process, improving the patient process, optimizing the patient process, improving performance, performance improvement, capacity utilization, utilization of capacity, optimisation of resources, resource optimisation, process optimisation, optimisation of the process, optimising the process, optimising the patient process, resource utilisation, utilisation of resources, capacity utilisation, utilisation of capacity

Free text words Business Source Elite

Criteria 1: process, design, control, operations management

Criteria 2:
Hospital

Criteria 3: model, method, framework, tool

Criteria 4: optimization of resources, resource optimization, resource utilization, utilization of resources, process optimization, optimization of the process, optimizing the process, process improvement, improvement of the process, improving the process, improving the patient process, patient flow, improving performance, performance improvement, quality of care, care quality, quality of health care, health care quality