

Childhood asthma and land-use characteristics in school and residential neighborhoods: A decision tree learning approach

To the Editor,

Growing urbanization imposes a huge pressure on environment and physical landscape. With hasty urbanization, there is an increasing interest in understanding how urban settings and environment affect children's health.¹ The number of studies on the effect of specific characteristics of child's school and residential neighborhood on asthma and allergy is increasing.²⁻⁴ Yet, given that children spend large periods of time at home and at school, whether and how different land-use characteristics of both neighborhoods are related to respiratory health, including asthma, in school-aged children, is unclear. Thus, we aimed to identify the land-use characteristics in school and residential surrounding associated with asthma prevalence in school-aged children using a decision tree learning approach.

Data on demographic and health outcomes from 858 children (aged 7–12 years) were obtained from a cross-sectional study performed in Porto, Portugal (supporting information and Table S1). We did a cross-sectional study with an ecological research design. Land-use characteristics within a 500 m buffer centered in each child's school ($n = 20$) and residential ($n = 174$) address were assessed based on the 2015 Portuguese official maps of land cover using a Geographical Information System (ArcMap 10.7.2) (Table S2). For residences without information on land-use characteristics, data from each child's school were imputed. The mean imputation method was used for residences without information on land-use characteristics, and the missing values are replaced with the mean of the same land-use type for each child's school. The analysis of land-use characteristics was aggregated at school level. Regression tree models were used to identify the land-use characteristics in school and residential neighborhoods associated with the prevalence of asthma among children. Linear regression models were fitted to estimate the association between each branch and asthma prevalence using the split values. The Ethical Committee of the University of Porto approved the study, and informed consent was obtained from children's legal guardians.

The results demonstrated that three land-use characteristics around schools and residences had a significant effect in the prevalence of asthma in schoolchildren (Figure 1). Schools with children living in residential neighborhoods surrounded by an area of agriculture, natural, and semi-natural spaces smaller than 0.77 ha, and those surrounded by an area of continuous urban fabric smaller than 65.3 ha had a higher prevalence of asthma (11%) compared to

schools with children living in residential neighborhoods surrounded by an area of agriculture, natural, and semi-natural spaces larger than or equal to 0.77 ha and those surrounded by an area of cultural facilities and larger than or equal to 0.67 ha (4.7%).

Compared to the branch with larger areas of agriculture, natural, and semi-natural spaces in residential's neighborhood and cultural facilities and historic areas around schools, the branch with smaller areas of agriculture, natural, and semi-natural spaces in residential's neighborhood and continuous urban fabric around schools was associated with a higher prevalence of asthma [β (95% CI) = 0.068 (0.024; 0.112)] (Table 1).

Our findings suggested that some characteristics of land use around schools and residences may be determinants of a higher prevalence of asthma in school-aged children. Smaller areas of agriculture, natural, and semi-natural spaces around residences, and the smaller presence of continuous urban fabric in school's neighborhood were significantly associated with a higher prevalence of asthma compared with larger areas of agriculture, natural, and semi-natural spaces in residential's neighborhood and cultural facilities and historic areas around schools. Additionally, children living in neighborhoods surrounded by larger areas of agriculture, (semi)-natural, and cultural and historic facilities had a lower prevalence of asthma. The presence of natural land-use areas may enhance environmental biodiversity in children's neighborhood, affecting the composition of their microbiota, which in turn may decrease the risk of asthma.⁵ In addition, the presence of natural spaces may also provide a protection from anthropogenic air pollution through absorption, providing physical barriers against emission sources, or by limiting the overall area available to sources of pollution such as traffic and industry.⁶ Previous studies have also evaluated the health impacts of specific land cover types, as agricultural areas and forests,^{5,7} corroborating our results and highlighting the influence of land cover use on respiratory health in children. Additionally, the presence of cultural and historic facilities and continuous urban fabric areas in our study was related to a lower presence of transit roads in school's neighborhood (data not shown), and possibly to a lower exposure to traffic-related air pollution, decreasing the risk of asthma development among children.^{8,9} Growing evidence supports the link between air pollution and the traffic-related pollution exposure from roadways near schools and the risk of asthma in children.¹⁰⁻¹² In 2020, Zeng et al.¹³ also suggested a protective

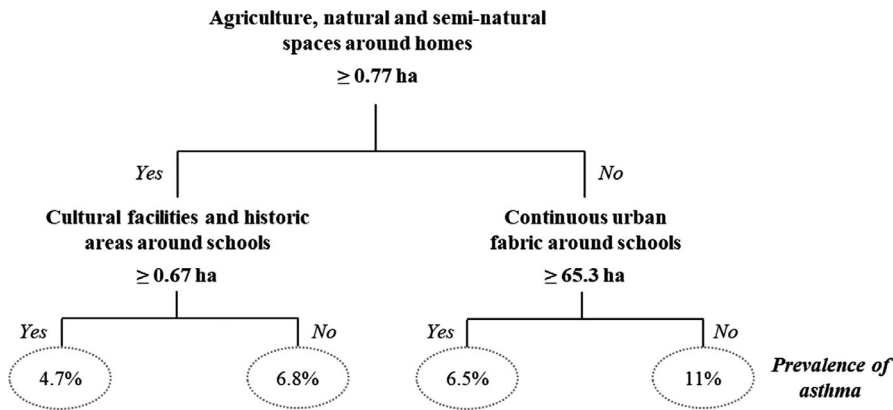


FIGURE 1 Decision tree reporting the prevalence of asthma considering the land-use characteristics in school and residential surrounding

TABLE 1 Association (β , 95% Confidence Intervals, 95% CI) between tree branches and asthma

Tree branches	β (95% CI)
Branch 1	Reference
Branch 2	0.021 (−0.032; 0.074)
Branch 3	0.018 (−0.040; 0.076)
Branch 4	0.068 (0.024; 0.112)

Note: Branch 1: Agriculture, natural, and semi-natural spaces around residences ≥ 0.77 ha and cultural facilities and historic areas around schools ≥ 0.67 ha; Branch 2: Agriculture, natural, and semi-natural spaces around residences ≥ 0.77 ha and cultural facilities and historic areas around schools < 0.67 ha; Branch 3: Agriculture, natural, and semi-natural spaces around residences < 0.77 ha and continuous urban fabric around school ≥ 65.3 ha; Branch 4: Agriculture, natural, and semi-natural spaces around residences < 0.77 ha and continuous urban fabric around school < 65.3 ha.

effect of greenness in school's neighborhoods on asthma, particularly in higher air pollution areas. Our study has some limitations. As a cross-sectional ecological study, we cannot assume that associations observed at the aggregate level are necessarily reflections of associations at individual level. We did not access the levels of outdoor air pollution. However, different studies on urban environmental effects reported that land use could be used as an indicator of urban-related air pollution, such as traffic, without outdoor air monitoring.^{14,15} Rosenlund et al.¹⁶ also found a reasonable agreement between land-use and traffic emissions. In addition, we did not measure the effect of other important factors, such as socio-economic conditions, family history of asthma and allergic disease, day-care attendance, or exposure to pets, which may impact the results. Although the mean imputation method may result in an underestimation of variability and affect the strength of relationships, this method is usually used for missing data^{17–19} and the schools were usually located in the residence's neighborhoods, minimizing the bias effect of mean imputation. Moreover, Maheswari et al.²⁰ showed that there is a good improvement in the accuracy of classification algorithm after imputing mean value in the dataset. The results may not be representative of the children in the Porto metropolitan area and may not be generalizable in a different geographical context. The small sample size may also be a

limitation, since at each time the decision tree splits the data using a land-use characteristic, the remaining sample size reduces, and may limit the identification of further predictors that are still relevant. However, relatively small samples will often produce models whose accuracy approaches that of an unlimited sample size.²¹ To our knowledge, this is the first study to identify the land-use characteristics in school and residential surrounding associated with asthma among children. In addition, the use of land cover maps, such as the Portuguese official maps of land cover, which is suitable for analyzing land-use dynamics at different levels (local, regional, national), allowed to evaluate the role of several land-use characteristics in schools and residences' neighborhood on asthma development in children. Our results indicate that larger of agriculture, (semi)-natural spaces around residences, and cultural and historic facilities in school's neighborhoods may be associated with a lower prevalence of asthma among school-age children. Our findings also provide further evidence for the need to assess the influence of land use around schools and residences on asthma and to develop sustainable and healthy urban planning for children.

KEYWORDS

asthma, children, environment, regression tree models, respiratory disease predictors

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CONFLICTS OF INTEREST

Authors declare no conflicts of interest.

AUTHOR CONTRIBUTION

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PEER REVIEW

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.