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Then: Reflection on the Importance of Furman as it was

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Upper left: Caroline Nguyen '23 explains her research to Seth Laughter, a former assistant coach with the strength and conditioning team.



Presenter Taryn Marks '23 (facing) speaks with peers at The Herman W. Lay Physical Activities Center.

disorder, which manifests as a continuum of mania (highs) and depressions (lows) with periods of normalcy, to examine calcium channel blockers. Carson cited research that found calcium-signaling dysregulation to be responsible for a lot of the mood fluctuations associated with bipolar disorder. The condition is largely treated with pharmacological products, which can have serious side effects.

"It's also hard to manage this concurrent care where we have multiple medications that include antipsychotics, antidepressants and

anticonvulsants," she said. A lot of research focused on genetics, she said, which has been important in identifying heritable factors but has not been as good at helping with managing the disorder itself.

"So because of that, a lot of these new treatments are focused on developing new drug targets, such as calcium channel blockers, which is really important," said Carson, "because if they're able to block the up-regulation of calcium, they may be able to better regulate moods with perhaps one medication rather than using a lot of concurrent therapy." ♦

THEN



MURRAY '69 AND MARTHA LATTIMORE HUGHES '70

1968 was a tumultuous and landmark year in America and for Furman undergraduates. On a personal level, that was also the year we attended the play "A Man For All Seasons" in McAlister Auditorium. It was our first date after knowing each other for two years in the Furman Band where we played bass (Murray) and flute (Martha) under the direction of Dan Ellis.

So many memories come to mind from those years, especially the dedicated professors who were also friends: Jay Walters and Ernie Harrill in political science; T.T. Goldsmith, Marguerite Chiles and Carey Crantford, friends from whom no courses were taken but who were open to students; L.D. Johnson and Jim Pitts in the chaplain's office; working together at the Shriners Hospital through the Collegiate Educational Service Corps (now the Heller Service Corps); football games in old Sistine Stadium and basketball games in Memorial Auditorium; and, of course, the band under "Daddy Dan" Ellis and Furman Singers (Martha) under DuPre Rhame.

It was certainly no accident that we each chose Furman, as we are both definitely considered "legacies." In fact, when attending the luncheon provided for the families of graduating

seniors for our sons, Daniel '00 and David '05, there was an informal contest to see which graduating senior had the most relatives who attended Furman. Each time, counting the Hughes, Roper and Lattimore families (Martha's mother Alice Roper '44 and father Ralph Lattimore '45), they stopped counting when the total approached 35, as that was enough to win without going further.

One of us (Martha) went on to graduate school and a teaching career, while the other (Murray) attended law school. We moved to Pickens, South Carolina, in 1974 and still live here. One of the best discoveries was that from Pickens it is only 17 miles to Furman's back gate. So for all of the years since, there have been countless athletic and artistic events to attend, and now membership in the Osher Lifelong Learning Institute with new delightful friends and hiking companions.

Looking to the future, we remember Jim Pitts's invitational stance, "Walk with me," and we hope others will consider their potential impact as true legacies of Furman University. ♦

ABOUT THE AUTHORS

Murray '69 and Martha Lattimore Hughes '70 are retired and live in Pickens, South Carolina.