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Connecticut Training School for Nurses Annual Reports

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1913

Thirty-Ninth Annual Report of the Connecticut Training School for Nurses, connected with the New Haven Hospital, New Haven, Conn., for the year 1912, Presented at the Annual Meeting, January 27, 1913

Connecticut Training School for Nurses

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THE THIRTY-NINTH ANNUAL
REPORT OF THE CONNECTICUT
TRAINING SCHOOL FOR NURSES
NEW HAVEN ✻ CONNECTICUT



FOR THE YEAR ONE THOUSAND
NINE HUNDRED AND TWELVE

THIRTY-NINTH ANNUAL REPORT
OF THE
CONNECTICUT
TRAINING SCHOOL FOR NURSES

CONNECTED WITH THE
NEW HAVEN HOSPITAL

NEW HAVEN, CONN.

FOR THE YEAR 1912

PRESENTED AT THE ANNUAL MEETING, JANUARY 27, 1913

NEW HAVEN:
THE TUTTLE, MOREHOUSE & TAYLOR COMPANY
1913

OFFICERS

President.

MR. ELI WHITNEY.

Vice Presidents.

MRS. HENRY A. BUMSTEAD. MRS. T. W. T. CURTIS.
MRS. CHARLES B. RICHARDS. MRS. HARRY G. DAY.

Treasurer.

MR. HENRY L. GALPIN.

Secretary.

MRS. W. HENRY FAIRCHILD.

Auditors.

MR. JOHN W. BRISTOL. MR. OLIVER S. WHITE.

Committee on Finance.

MR. ELI WHITNEY. MR. MAX ADLER.
MR. THOMAS HOOKER.

Executive Committee.

MRS. ALFRED T. BACON. MRS. CHARLES B. RICHARDS.
MRS. FREDERICK T. BRADLEY. MRS. JAMES K. THACHER.
MRS. FREDERICK F. BREWSTER. MRS. ELIOT WATROUS.
MRS. EDWARD G. BUCKLAND. LEONARD C. SANFORD, M.D.
MRS. HENRY A. BUMSTEAD. CHARLES A. TUTTLE, M.D.
MRS. T. W. T. CURTIS. HAROLD S. ARNOLD, M.D.
MRS. HARRY G. DAY. MR. ELI WHITNEY.
MRS. GEORGE M. DUNCAN. MR. HARRY G. DAY.
MRS. JOHN S. ELY. MR. FREDERICK G. HOTCHKISS.
MRS. W. HENRY FAIRCHILD. GEORGE BLUMER, M.D.
MRS. GEORGE T. LADD. MR. HENRY L. GALPIN.

Superintendent of the School.

MISS EMMA L. STOWE.

Assistant Superintendent and Instructor.

MISS CARRIE H. TUCKER.

Assistant Superintendent.

MISS ALPHA G. HAVER.

Night Supervisor.

MRS. CHARLOTTE SCOTT.

Housekeeper.

MISS SARAH M. STANNARD.

Examining Physicians of the Graduating Class.

CHARLES A. TUTTLE, M.D. LEONARD C. SANFORD, M.D.
HAROLD S. ARNOLD, M.D.

SUB-COMMITTEES

Committee on Requirements.

MRS. T. W. T. CURTIS. MRS. ALFRED T. BACON.
MRS. W. HENRY FAIRCHILD.

Committee on Discipline.

MR. HARRY G. DAY. GEORGE BLUMER, M.D.
MR. FREDERICK G. HOTCHKISS. MRS. HENRY A. BUMSTEAD.
MRS. JAMES K. THACHER.

Committee on Graduation.

MRS. W. HENRY FAIRCHILD. MRS. JAMES K. THACHER.
MRS. ELIOT WATROUS.

Nominating Committee.

MRS. CHARLES B. RICHARDS. MRS. ALFRED T. BACON.
MRS. EDWARD G. BUCKLAND.

Committee on Library and Entertainments.

MRS. HARRY G. DAY. MRS. JOHN S. ELY.
MRS. ELIOT WATROUS.

Committee on Uniforms.

MRS. FREDERICK T. BRADLEY. MRS. GEORGE T. LADD.
MRS. EDWARD G. BUCKLAND.

Committee on Nurses' Home.

MRS. FREDERICK F. BREWSTER. MRS. HARRY G. DAY.

Committee on Salaries.

MR. HARRY G. DAY. MR. FREDERICK G. HOTCHKISS.
GEORGE BLUMER, M.D.

Missionary Committee.

MRS. FREDERICK F. BREWSTER. MRS. CHARLES B. RICHARDS.
MRS. GEORGE M. DUNCAN.

ANNUAL MEETING

January 27, 1913.

REPORT OF THE SECRETARY.

The year of our Lord 1913 marks the fortieth anniversary of the founding of the "Connecticut Training School for Nurses." No one interested in the history of the school could allow such an anniversary to slip by without a word in honor of the group of public-spirited citizens, men and women who had the grace and courage to enlist in an enterprise so new and untried. Training schools did not then exist in this country, and the obstacles in the way of the projectors seemed almost numberless, but these pioneers were endowed with staying power which held them to their self-imposed task until hindrances were overcome and foundations were firmly laid, the goodly superstructure bearing witness.

The connection of hospital and school has been, of choice as well as of necessity, very close, and relations between them have ever been friendly. Their interests promise to be still more closely united in the future when members of the hospital board of directors, as helpers in counsel and finances, will be welcomed to the Board of Administration of the Training School. The retirement of several members who have served upon the executive committee for a long period is felt with a keen sense of loss: Mrs. Mixter has a record of nineteen years, for thirteen years a vice-president; Mrs. Heermance of nineteen years, and Mrs. Lewis H. English of twenty-five years. The two last-named have had special duties as supervisors of the Nurses' Home and in a long and untiring service have proved themselves its patrons bountiful. Mrs. Charles B. Richards was elected to membership in 1885 and for the last ten years has

filled the office of president with true devotion, which has been greatly valued. She remains on the executive committee as vice-president. Miss Emily Betts has long been dean of the board, having been called into the service of the organization during its first year. For twenty-seven years she held the office of secretary when that position entailed many and varied duties which have now passed to the superintendent of nurses. Her wish to retire from the Board is acceded to with great reluctance. Grateful recognition is made of her loving loyalty to her associates and to the school. This has been shown in various ways, not the least of which is her faithful attendance upon all business meetings, where her presence and influence have been of the greatest value.

For the first time the name of Dr. Francis Bacon will not appear upon the roll of the executive committee. He was ever a true friend and counsellor and years and age did not diminish his interest. His death occurred April 29, 1912, at the ripe age of 81.

The school has been highly favored in its finance committee. We are deeply indebted to Mr. Hemingway, Mr. Fitch and Mr. Trowbridge for the time and thought they have given to the investment of funds and the help afforded in troublous times. Mr. Louis L. Hemingway, our treasurer, has borne the burden of the day of our narrow and still narrowing resources, with patience and equanimity. Our thanks for his generous and courteous services are expressed in words that are warm and sincere. Thanks are also due a generous friend who relieved financial stress by a timely gift but who preferred to remain unknown, and to others for most convenient loans.

Miss Stowe's tenth anniversary as superintendent of nurses was celebrated in the circle of the executive committee by a pleasant social event and by the presentation of tokens of regard and good-will from them and also from the Hospital Board. She remains in office with their continued confidence and esteem. Changes in the corps of assistants are to be expected from time to time as other opportunities are offered, but Miss Tucker and Miss Hafer remain as most helpful assistants to

Miss Stowe, and in the wards Miss Butcher has filled the position of supervisor with great acceptance; Miss Bruse has entered upon yet another year as supervisor in Farnam Ward, and Miss Fries, a more recent graduate, is in charge of Maternity ward. Miss Tileston, in the interest of social service, was most helpful in the wards of the Hospital and it is the regret of all concerned that she was called out of town and obliged to relinquish her work.

The nurses who constitute the student body give promise of ability and faithfulness, are earnest in their studies and in practical work. They number 79 at the present time and are thus tabulated:

Number of nurses Jan. 1, 1912	77	
admitted between Jan. 1, 1912, and Jan. 1, 1913	51	
		— 128
graduated	15	
dropped for various reasons	14	
probationers not accepted	20	
remaining Jan. 1, 1913	79	
		— 128

STAFF OF OFFICERS.

Superintendent of Nurses	1
Assistant Superintendent and Instructor	1
Assistant Superintendent	1
Night Supervisor	1
Graduate Nurse, Supervisor Farnam Ward	1
“ “ “ North Ward	1
“ “ “ South Ward	1
“ “ “ I East and I West	1
“ “ “ II East and II West	1
Senior nurses acting as head nurses	9
	— 18

Opportunity has been given the nurses, as last year and for several years past, to gain experience and training in the Visiting Nurse Association of this city and in the Manhattan Hospital, New York, which makes a specialty of Eye, Ear and Throat diseases.

At the close of the meeting of the executive committee June 3, afternoon tea was served and the graduating class were received. All the members of the class were able

to be present. The ceremony of tree-planting followed and singing of the class-song. The graduating exercises were held on the evening of June 4. Prof. Benjamin W. Bacon presided and Dr. Maurer gave the address. Mrs. Richards, president, presented the diplomas. The chapel was made very attractive with ferns and flowers, and the music and the processional lent grace and charm. The nurses are encouraged to take advantage of every festival season to have a festive time at the close of day. Hallowe'en, Thanksgiving and Christmas were all celebrated with unusual features and disclosed talents for wholesome play while not interfering with serious work.

The dormitory failing to give accommodations to all the nurses, the cottage house nearly opposite belonging to the Hospital Society has been equipped for occupancy at considerable cost and requiring an additional care-taker. With capacity for twelve persons it affords a quiet place for the night nurses who must sleep during the day. A part of the Nurses' Home has been renovated and furnishings renewed where most needed. This Home for Nurses is true to its name. It is a place for rest, for study, for recreation, and Miss Stannard, pursuing her wise, tactful and quiet methods, has been at its head for upwards of seven years.

We gratefully acknowledge a gift from Mr. Thomas Hooker, and we recall a long list of donors of time and thought and interest and give thanks for their service of whatever nature and whatever the limitations.

To the officials of the General Hospital Society; to Dr. Summerhill and Dr. Thomas, successive superintendents of the Hospital; to physicians and others who have given courses of lectures, and who have given instruction in classes; to the doctors in attendance upon nurses who have been sick, to the doctors who have conducted examinations in reference to graduation, to Dr. Carmalt who has given time to the physical examination of probationers, and to the newspapers for gratuitous publishing of announcements we render sincere thanks.

Whatever may have been achieved in this year now closing it is certain that the aim and the end desired have been to

inspire our nurses with the true spirit of their profession—the spirit of unselfish purpose which ennobles all work, teaching them the need of striving no less diligently for high character than for the acquisition of useful knowledge, and thus only will they make their presence a blessing by beds of sickness and pain.

Upon the records is the following minute adopted by the Connecticut Training School for Nurses at a meeting following the date of Dr. Bacon's death:

The honored name of Dr. Francis Bacon was recorded as a charter member when the Connecticut Training School for Nurses was incorporated and during the thirty-nine years of its history this name has been upon the roll of members of the Board of Administration. The deep interest which Dr. Bacon always maintained in the management of the affairs of the school has been shown in counsel and assistance along many lines. The break in ties having so special a connection with the important early period and withal of so many years duration is most keenly felt. It is with truest appreciation of Dr. Bacon's long service and his generous benefactions that we pay this tribute to his memory.

In behalf of the Executive Committee,

EMILY BETTS,
AGNES W. HEERMANCE,
THERA W. FAIRCHILD.

REPORT OF ACTING TREASURER

JAMES W. WOODWORTH, *Acting Treasurer*, in account with
THE CONNECTICUT TRAINING SCHOOL FOR NURSES.

1912.	DR.	
Jan. 22.	To cash on hand	\$182.24
	INCOME JAN. 22, 1912, TO FEB. 16, 1912.	
	General Fund	\$414.50
	Humphrey Fund	67.50
	Miller Fund	22.50
	Ellen English Mersick Fund	40.00
		<hr/> 544.50
	Royalty, J. B. Lippincott Co.	5.50
	Received of Thera W. Fairchild, Treas- urer Executive Committee, services of Nurses	<hr/> 391.81
		<hr/> \$1,124.05
	CR.	
	By cash paid Thera W. Fairchild, Treasurer Executive Committee, Jan. 22 to Feb. 16, 1912	\$1,007.43
Feb. 16.	Cash delivered to Louis L. Hemingway, Treasurer	<hr/> 116.62
		<hr/> \$1,124.05

REPORT OF THE TREASURER

LOUIS L. HEMINGWAY, *Treasurer*, in account with
THE CONNECTICUT TRAINING SCHOOL FOR NURSES.

1912.	DR.	
Feb. 16.	To cash received from James W. Wood- worth, Treasurer	\$ 116.62
	INCOME FEB. 16, 1912, TO JAN. 21, 1913.	
	General Fund	\$1,029.25
	Humphrey Fund	135.00
	Miller Fund	45.00
	Ellen English Mersick Fund	80.00
		<hr/> 1,289.25

Royalty, J. B. Lippincott Co.	\$ 8.00
Drawn from New Haven Savings Bank....	300.00
Donations	2,010.00
Received from Thera W. Fairchild, Treas- urer Executive Committee, services of Nurses	<hr/> 7,326.93
Demand notes held by Second National Bank, October 7, 1912	300.00
October 26, 1912	700.00
November 30, 1912	1,100.00
	<hr/> 2,100.00
Anonymous loan	250.00
Anonymous loan	200.00
	<hr/> 450.00
Borrowed from Second National Bank, April 30, 1912	700.00
May 31, 1912	400.00
August 5, 1912	600.00
	<hr/> 1,700.00
	<hr/> \$15,300.80

CR.

By cash paid Thera W. Fairchild, Treasurer, Executive Committee, Feb. 16, 1912, to Jan. 21, 1913	\$12,470.05
Paid anonymous loan	250.00
Paid anonymous loan	200.00
	<hr/> 450.00
Paid Second National Bank, account loans, April 30, 1912	700.00
May 31, 1912	400.00
August 5, 1912	600.00
	<hr/> 1,700.00
Paid Second National Bank, account inter- est on above loans	12.84
Third and final installment, New Haven Water Co., \$1,000 Convertible Debenture	300.00

1913.	
Jan. 21.	Cash on hand
	<hr/> 367.91
	<hr/> \$15,300.80

We have examined the statement of Louis L. Hemingway, Treasurer of the Connecticut Training School for Nurses, compared the same with vouchers for receipts and payments, and find the statement correct.

FRANK D. TROWBRIDGE,
ARTHUR D. OSBORNE,
Auditors.

NEW HAVEN, CONN., Jan. 25, 1913.

FUNDS AND INVESTMENTS, January 21, 1913.

For Current Expenses.

Humphrey Fund:—Connecticut Railway & Lighting Co. 4½% Bonds	\$3,000.00
Miller Fund:—Connecticut Railway & Lighting Co. 4½% Bond	1,000.00
Ellen English Mersick Fund:—Consolidated Railway Co. 4% Bonds	2,000.00
General Funds:—Consolidated Railway Co. 4% Bonds	3,000.00
Connecticut Railway & Lighting Co. 4½% Bonds	2,000.00
Lake Shore & Michigan Southern Ry. Co. 4% Bonds	3,000.00
Southern Pacific Co. 4% Bonds	2,000.00
45 shares National New Haven Bank Stock	4,500.00
54 shares New Haven Water Co. Stock	2,700.00
10 shares Bankers Loan & Investment Co. Stock	1,000.00
New Haven Water Co. convertible debenture 4½%	1,000.00
Deposit in New Haven Savings Bank	18.60

For Benevolent Work.

Bronson Fund:—Chicago, Burlington & Quincy R. R. Co. 4% Bond	1,000.00
Fitch Fund:—Deposit in Connecticut Savings Bank	1,000.00
Unused income of Benevolent Funds, deposited in Connecticut Savings Bank	142.26

We have examined the securities in the hands of the Treasurer, and find the same to be correct.

FRANK D. TROWBRIDGE,
ARTHUR D. OSBORNE,
Auditors.

NEW HAVEN, CONN., Jan. 25, 1913.

REPORT OF THE TREASURER OF THE
EXECUTIVE COMMITTEE

1912.	DR.	
Received of James W. Woodworth, Acting Treasurer ..	\$ 1,007.43	
Received of Louis L. Hemingway, Treasurer	12,470.05	
		\$13,477.48
	CR.	
By payment to nurses	9,440.73	
Materials for uniforms	\$248.16	
Less amount received	44.22	
		203.94
Making of uniforms	244.75	
Graduation pins	78.75	
Graduation expenses	\$52.19	
Less amount received	15.00	
		37.19
Office expenses	388.00	
Printing and stationery	108.05	
Lessons in massage	60.00	
Instruction in dietetics	170.00	
Diet kitchen equipment	33.71	
Board of maids	313.71	
Rent	566.00	
Expenses of Nurses' Home	1,832.65	
		\$13,477.48

DETAILED EXPENSES OF THE NURSES' HOME

Salary and wages	\$853.95
Extra labor	71.77
Household supplies	82.83
Bedding and towels	460.45
Furnishings and repairs	229.96
Repairs of building	127.69
Morning Journal-Courier	6.00
	\$1,832.65

PROSPECTUS

The Committee of the Training School for Nurses has an arrangement with the Authorities of the New Haven Hospital for training women desirous of becoming professional nurses. The Hospital accommodates over 225 patients. Applications for the course of instruction should be made to the superintendent of nurses, and if approved by the executive committee the applicant will be accepted as a candidate. The applicant must be over twenty-one and under thirty-five years of age; and must present a certificate from a clergyman as to good moral character and from a physician as to health. A personal letter should accompany the application, giving briefly a history of her life for the past few years and her reasons and motives for desiring the education of a nurse. If such papers are satisfactory, the applicant will be received for three months' probation, and board, laundry, and a room in the Nurses' Home will be provided.

The course of training is three years. The first three months are occupied in preliminary training under the direction of an instructor, who gives demonstrations, quizzes and tests. After the first three months an allowance of \$230 for the entire period will be given; \$4.00 per month the first year, \$5.00 per month the second year, \$7.00 per month the third year and \$50.00 upon graduation. This sum is in no way intended as wages, the course of instruction being considered ample remuneration for services. Uniform dresses will be furnished from the time the probationer is accepted. The allowance is given to supply text-books and whatever may be necessary to keep the nurse neat and tidy in dress during the three years in training. The last six months she will be expected to take such positions as the committee may assign her, either in the Hospital or in outside practice.

Nurses will be under the authority of the superintendent of nursing, and subject to the rules of the Hospital. The superintendent will have full power to decide as to their fitness for the work and the propriety of retaining or dismissing them within the

three months of trial. They will receive a thorough practical training in the medical and surgical wards for men and women, and in the private ward, which especially fits them for work in private houses. Positions may be found for those nurses who prefer institutional work. A system is now in operation for the more direct oversight of the work of the nurses. The supervisors of the wards are experienced graduate nurses who give careful personal attention to each pupil-nurse in their respective wards. A good obstetrical training is obtained in the maternity department, each nurse having the entire care of at least six cases. In the Farnam operating building each nurse is on duty from four to six weeks. A professional teacher from New York gives a course of instruction in massage and electrical treatment. A course of three months' training in the Manhattan Eye and Ear Hospital is now arranged for those who wish to fit themselves as school nurses, also a period of six weeks in training and practice in visiting nursing under the direction of the Visiting Nurse Association.

The probationers upon entering the School come immediately under the personal supervision of one of the assistant superintendents, who gives instruction in details and methods of routine work; care of utensils; a preparation of the simpler treatment and surgical supplies; the arranging of trays and serving of foods; dusting and cleaning; ventilation of rooms for the sick; and in general such teaching as will prepare them to begin the care of patients. A practical dietitian is employed who gives instruction, both by theory and practice, in invalid cookery, which includes, besides broths, gruels and cereals, foods required by those returning to health and the special diets necessary in different diseases.

An excellent course of lectures is given by the members of the Hospital staff and other well-known medical educators connected with Yale University. Text-book and bedside instruction with frequent demonstrations are given by the superintendent and her assistants. Head nurses in the various wards assist in bedside instruction.

The day nurses are on duty from 7 A. M. to 8 P. M., but are allowed for rest and recreation one half day each week, four hours on Sunday, and two hours on all other days. An entire day is occasionally granted. Vacations of two weeks each are given in the first and second year and of three weeks in the third year.

Extreme care will be taken in the selection of nurses; only those best fitted for the work will be retained. Nurses will be dismissed at any time in case of misconduct or inefficiency, with the approval of the Committee of the Training School. When the full term is completed and examinations satisfactorily passed, a diploma and a badge pin of the School will be given.

LIST OF LECTURES AND SUBJECTS.

CLINIC HALL - TUESDAYS AND FRIDAYS, 4 P. M.

First-year Lectures.

Sepsis and antisepsis. Aseptic surgical technique. Preparation and use of disinfectants and dressings. Preparation of nurse, patient and operating room.

DR. LEONARD C. SANFORD.

Surgical emergencies: hemorrhage and shock. Pressure, position and other remedies. Principles of bandaging. Demonstration.

DR. LEONARD C. SANFORD.

Anæsthetics: their administration. Duties of nurse before, during and after administration. Possible emergencies.

DR. LEONARD C. SANFORD.

Bacteriology: brief history and theory. Microscopic examination. Demonstration.

DR. C. J. BARTLETT.

Description of the most important bacteria. Development, multiplication, resistive power. How they gain an entrance to the system. How infection is thrown off.

DR. C. J. BARTLETT.

Bacteria and their relation to diphtheria, typhoid fever, tuberculosis, pneumonia, tetanus, erysipelas, salpingitis and rabies. Antitoxin. Immunity.

DR. C. J. BARTLETT.

Pathology of inflammation; essential features of the inflammatory process.

DR. RICHARD F. RAND.

- Effect of micro-organisms in wounds.
DR. RICHARD F. RAND.
- Mechanical means of controlling inflammation: splints, band-
ages, etc.
DR. RICHARD F. RAND.
- Nursing in acute diseases; care of patient; treatment. Com-
plications.
DR. HAROLD S. ARNOLD.
- Typhoid fever.
DR. HAROLD S. ARNOLD.
- Diphtheria and scarlet fever.
DR. HAROLD S. ARNOLD.
- Malarial fever—remittent, intermittent and pernicious fevers.
DR. HAROLD S. ARNOLD.
- Measles and complications; pneumonia.
DR. HAROLD S. ARNOLD.
- Smallpox, varioloid, vaccinia.
DR. HAROLD S. ARNOLD.
- Mumps, whooping cough, chickenpox.
DR. HAROLD S. ARNOLD.
- Pleurisy, care and treatment; meningitis.
DR. HAROLD S. ARNOLD.
- Diarrhœa and dysentery. Diseases of the heart, organic and
functional.
DR. HAROLD S. ARNOLD.
- Personal hygiene. Practical points, ventilation, sanitation.
Methods of work, exercise, sleep, bathing.
DR. HERBERT E. SMITH.
- Protection of the body; clothing, nutrition, activities and
infection.
DR. HERBERT E. SMITH.

Second-year Lectures.

- Preparation of patients for operations.
DR. JOSEPH W. FLINT.
- Care of patients after operation.
DR. JOSEPH W. FLINT.
- Anatomy and physiology of the urinary organs.
DR. J. I. LINDE.
- Urinalysis with demonstrations. (Two lectures.)
DR. J. I. LINDE.
- Sources of drugs, preparation and uses.
DR. F. B. STANDISH.
- Care in giving and observation of effects of more powerful
drugs.
DR. F. B. STANDISH.
- Poisons and their antidotes.
DR. F. B. STANDISH.
- Gynecological nursing. Preparation of patient for examina-
tion.
DR. T. V. HYNES.
- Medical emergencies. Demonstration of different methods of
resuscitation from drowning.
DR. T. V. HYNES.
- Anatomy and physiology of the organs concerned in parturition.
Pregnancy symptoms, calculation of probable date.
DR. OTTO G. RAMSAY.
- Dangers and emergencies. The puerperal state; position,
presentation, management and care.
DR. OTTO G. RAMSAY.
- Duties of the nurse in eclampsia. Post partum and ante
partum hemorrhage. Possible operations, puerperal
septicæmia.
DR. OTTO G. RAMSAY.

Care of the new-born infant; emergencies; bathing, clothing, nourishment—quantity and frequency. The treatment of asphyxia.

DR. OTTO G. RAMSAY.

Structural elements of the body; cell-tissue; bone and organs.

DR. FRANK L. PHILLIPS.

The blood and its circulation. Heart, arteries, veins and capillaries. Plasma corpuscles, nutrition.

DR. FRANK L. PHILLIPS.

Respiratory organs. The lungs and the air we breathe. Osmosis. Oxygen and carbon dioxide.

DR. FRANK L. PHILLIPS.

Glands of the body. Gastric, pancreatic; bile and intestinal juices.

DR. FRANK L. PHILLIPS.

The stomach and other organs of digestion. Digestion and alimentation.

DR. FRANK L. PHILLIPS.

The brain and nervous system.

DR. FRANK L. PHILLIPS.

Electricity; management and care of faradic and galvanic apparatus. Methods of applying electricity.

DR. MAX MAILHOUSE.

Observations and recording of symptoms.

DR. GEORGE BLUMER.

Tuberculosis; prevention, care, treatment.

DR. GEORGE BLUMER.

How infection takes place; susceptibility of individuals. Prophylaxis, disinfection.

DR. GEORGE BLUMER.

Dietetics. Foods and their relation to the body. Classification, digestion, nutrition. Diet in health and disease.

DR. CHARLES J. FOOTE.

Nursing in disease of the kidney. Uremia, nephritis, etc.

DR. CHARLES J. FOOTE.

Nursing in constitutional diseases. Chronic rheumatism, gout, obesity.

DR. CHARLES J. FOOTE.

Nursing in constitutional diseases. Arthritis deformans, diabetes mellitus, diabetes insipidus, rickets, etc.

DR. CHARLES J. FOOTE.

Care of the body after death.

MR. JAMES M. BENNETT.

Third-year Lectures.

Nursing ethics.

Anatomy and physiology of the eye. Care of eyes in health and disease.

DR. HENRY W. RING.

Care of the eyes after operation.

DR. HENRY W. RING.

Outlines of the anatomy of the ear, throat and nose.

DR. HENRY L. SWAIN.

Treatment of the ear, throat and nose in health and disease.

DR. HENRY L. SWAIN.

Day camps for tubercular patients, and the care of such patients in their own homes.

DR. F. B. STANDISH.

Children, their growth and development; care of healthy infants.

DR. H. MERRIMAN STEELE.

Care of sick infants; infant feeding.	DR. H. MERRIMAN STEELE.
Anatomy and physiology of the skin.	DR. R. A. McDONNELL.
Diseases of the skin.	DR. R. A. McDONNELL.
Transmission and Persistence of Venereal Infection.	DR. C. J. BARTLETT.
Diseases of the nervous system.	DR. A. R. DIEFENDORF.
Care of the insane.	DR. A. R. DIEFENDORF.
Nursing of orthopedic cases. Application of splints, appliances, etc.	DR. E. HERMANN ARNOLD.
Autopsies.	DR. C. J. BARTLETT.

COURSE OF INSTRUCTION FOR PROBATIONERS.

The daily demonstrations during the first month cover the following ward duties: cleaning, dusting, setting and clearing of trays, personal care of patients, bed-making, giving of baths, douches, enemata, mouth washes, care and use of rubber goods, ice caps, hot water bags, and keeping of charts and records. After seeing the demonstration the probationers practice these duties in the wards until they are proficient in them. During the second and third months of probation the ward and class instruction is continued and more advanced work is taken up, namely, care of helpless patients, preparation of ether beds, catheter trays, poultices, fomentations, preparation of patients for examination and the making of the simple drinks used in the wards, such as lemonade, egg-nogg and milk punch. Later the giving of hot air baths, temperature baths, nutritive enemata, hypodermic injections, application of cups and leeches and minor dressings are included in her instruction. From the first it is the aim to hold before the nurses a high standard of personal service. They are instructed in nursing ethics, using the first eight chapters of Isabel Hampton Robb's book, with selections from other sources.

CLASS INSTRUCTION.

Junior Year.

Medical Diseases. "Practical Nursing"; Maxwell and Pope.
Two lessons each week.

Review of Medical Lectures by the Instructor.

Surgical Technique. Demonstrations and bedside instruction. "Principles and Practice of Nursing"; Isabel Hampton Robb. Two lessons each week.

Review of Surgical Lectures by the Instructor.

Intermediate Year.

Anatomy and Physiology. "Anatomy and Physiology for Nurses"; Diana C. Kimber. Two lessons each week.

INSTRUCTOR, A. L. PRINCE, M.D.

Dietetics. "Practical Dietetics"; Alida F. Pattee. Two lessons each week, one in theory and one in practice.

INSTRUCTOR, MISS ISABEL STEWART, DIETITIAN.

Senior Year.

Nursing Ethics. "Nursing Ethics"; Isabel Hampton Robb. Selected Material.

Obstetrics. "Obstetrics for Nurses"; Joseph B. Cooke, M.D.

Materia Medica. "Essentials of Materia Medica"; Henry Morris, M.D. One lesson each week.

INSTRUCTOR, F. B. STANDISH, M.D.

An excellent course in massage is given to the intermediate and junior classes each year, with a review to seniors, by Mrs. William E. Rawlins of Brooklyn, N. Y. For the purpose of instruction the pupils are divided into small groups that they may better receive individual attention.

The School offers opportunities for general training in addition to the regular work of the class-room.

Probation Period. The probation period is three months. At the end of that time, if her theoretical and practical work and conduct are satisfactory, the probationer is allowed her uniform. From the first most of her time is spent in the wards, where she performs the simpler duties, under the supervision of the instructor or head nurse. Daily classes and demonstrations are held and in connection with these she studies the "Hospital Notes for Probationers" compiled by the School. At the end of three months, examinations in practical work and in theory are held in order to ascertain the nurse's fitness for her work.

Medical Department.

Two medical classes are held weekly, when junior nurses are drilled upon the symptoms, characteristics and complications of fevers and other diseases. Written and oral quizzes are features of this class. As opportunity arises, the members are invited to visit the wards to see any unusual manifestation of disease or treatment of the same. These classes are auxiliary to the lectures given by one of the attending staff upon this subject.

Surgical Department.

The practice of surgical technique is taught day after day in the actual care of wounds until each pupil has mastered the principles of asepsis and antisepsis. The large number of accident cases brought into the wards and the operative cases afford an excellently varied training for surgical work. The application and care of mechanical appliances such as splints, bandages, extensions, and plaster casts are demonstrated by the head surgeon or members of the house staff.

Operating Room.

The operating room staff is composed of a supervisor and three pupil nurses. In addition to learning the duties of a nurse while in attendance upon the operating surgeon, the nurses are taught, in principle and practice, the sterilizing of gowns, dressings and the various appliances used in operative and other surgical work. The preparation of the patient for anæsthesia and of the field of operation, as well as that of the surgeons and attendants for their duties, are an every-day part of the instruction. Both medical and surgical cases are brought to the accident room for immediate attention. Alertness and skill are developed in the care of such cases. In the Supply Room the nurses are taught to prepare the various dressings and bandages that are used in the Hospital. The aim throughout this entire department is to render the nurses thoroughly conversant with the practical application of the principles of modern surgery, and to train them to give the required aid promptly and efficiently.

Maternity Department.

The Maternity Department has the advantage of the most modern of the Hospital buildings, in which 31 patients can be accommodated. The delivery room and adjoining labor room, nursery, private rooms and wards are

well equipped for their work. The daily care and arrangement of these rooms, the preparation of all the supplies used in the obstetrical service and the personal care of the women and babies is left in the hands of the supervisor and her assistants. Although numbers of women enter as emergency cases in all stages of labor and with all the complications of labor, the majority are under observation in the ward for some time previous to delivery. In this way a knowledge of parturition in all its stages is acquired. The nurses are instructed in every detail of preparation for labor, care during and after labor and the care of the new-born child. Each nurse in turn is given the responsibility of the nursery, where she takes entire direction of the feeding, bathing and weighing of her charges. In this building there is also a gynæcological ward, where an excellent training is obtained in all such operative work.

**Diet
Kitchen.**

The diet kitchen is under the supervision of graduate dietitians: Miss Isabel Stewart and her assistant, Miss Bessie Speas, both of Pratt Institute. Three nurses in succession are detailed to spend six weeks in the diet kitchen, where they prepare all the food for the private rooms except roast meats. They prepare all diets for special diseases, all formulas for infant feeding, and the extra dishes for the wards as rice, broths, custards and jellies. The work is arranged in three divisions, thus making rotation in service of the nurses every two weeks easy and possible. The dietitian conducts a class in theory one hour and her assistant gives two hours in practice work each week.

Four pupil nurses are detailed to assist at the Dispensary six weeks each. A Senior pupil has been appointed to assist in the Infant's Welfare Department.

APPLICATION FOR ADMISSION TO THE
CONNECTICUT TRAINING SCHOOL FOR NURSES.

QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. What is your full name?
2. What is your age?
3. State the place and date of your birth.
4. What is your height?
5. What is your weight?
6. Are you single, married, divorced or a widow?
7. If married, divorced or a widow, have you children, and if so, how many, and what ages?
8. Have you any one dependent on you for support?
9. Are you otherwise free from responsibility, so that you are not liable to be called away?
10. Have you any physical defects?
11. Are your eyesight and hearing perfect?
12. Have you had any disease of the lungs, or have you any tendency to pulmonary complaint?
13. Have you had any quinsy or diphtheria?
14. Have you any uterine disease?
15. What illnesses have you had?
16. Have you always been strong and healthy?
17. Have you a knowledge of arithmetic, including fractions and percentage?
18. In what schools and places were you educated, and state what your advantages have been?
19. To what religious denomination do you belong?
20. What is your present occupation, if any, and what have been your previous pursuits?
21. Have you been in any training school or employed in any hospital or asylum? If so, when, where and how long in each place? Have you nursed in private families?
22. Give the names and addresses of two persons, not your relatives, and state how long each has known you. If previously employed, one of them must be your last employer.

Having read, clearly understanding, and fully agreeing to the conditions of admission, I declare the above statement made by me to be correct; and if accepted as a candidate will in all respects comply with all the regulations of the school and hospital.

Signed (Name of candidate in full).

Post office address.

Nearest telegraph address.

Date.

[COPY OF PAPER SENT TO EMPLOYERS.]

CONNECTICUT TRAINING SCHOOL FOR NURSES.

NEW HAVEN HOSPITAL, NEW HAVEN.

The Nurse, Has this day been sent by request of to nurse in the case of The charge for her services is \$15.00 per week, and \$2.25 a day, or fraction of a day, in engagements of less than a week; also all traveling expenses and washing. In contagious cases, \$5.00 is charged for disinfecting the Nurse on her return to the hospital.

Signed, Supt. of Nurses.

DUTIES OF THE NURSE.

The Nurse's time belongs to the family employing her. She is to take entire charge of the patient and the room, and leave closet and bath room in order after using them. This care includes ventilation, bed making, attention to the fire, emptying and disinfecting utensils, sweeping and daily dusting; also oversight of the patient's bed and body clothing. She will give all medicines and stimulants, keep the daily records for the physician, and write out all his orders. She will serve the meals for the patient, and prepare extra diet.

All worries of every kind are to be kept from the sick room. Nurses are not allowed to speak of hospital experiences or their other cases to their patients. The patient's comfort and peace of mind are to be carefully studied.

In slight illness and when called to confinement cases before needed, the Nurse is to employ her leisure in sewing or other light service for the family. The Nurse in confinement cases has entire charge of the mother and child. She sleeps near her patient, and for the first week she takes her rest as she can. In addition she attends to the rinsing of diapers and flannels.

On going off duty at any time, the Nurse must leave written directions with her substitute. She is to take entire charge of her own room and wear the uniform of the school. Not more than eighteen pieces are to be put in the family wash, and no white skirts.

The FAMILY is respectfully reminded that the nurse cannot do justice to her patient without sufficient rest. When night and day watching are required, six hours' unbroken sleep in the twenty-four and an hour in the fresh air daily should be provided for.

If desirable, the Nurse's meals may be served before or after the family table, when some responsible person can be left in the sick room. A light lunch should be provided for Night Nurses.

When employed by a family living in a hotel, the Nurse should not go to the public dining room in uniform, nor expect from hotel employees services she would not receive in a private house.

The school does not hold itself responsible for any expense resulting from a contagious disease contracted by a Nurse in a private family.

For cases outside the State the charges are \$18.00 per week and all expenses incurred by the Nurse after leaving the Hospital.

In long engagements payments are to be made every four weeks.

The FAMILY and PHYSICIAN are earnestly requested, for the sake of the Nurse, and of those to whom she may be called, to state frankly whether the above duties have been performed, and the Nurse's services have been in all respects acceptable. The blank enclosed is for this purpose.

Checks should be made payable to Connecticut Training School for Nurses.

The services of the Nurse are this day dispensed with, and the sum of is handed her.

Signed,

NURSES' CHARGES.

- Services of Nurse @ \$15 per week
Services of Nurse @ \$2.25 per day
All traveling expenses
Carriage hire
Laundry
Fumigation fee

Signed,

Nurse.

N. B.—This paper is to be given to the Nurse at the close of her engagement, to be returned to the Superintendent of Nurses.

SIX HUNDRED AND EIGHTY-NINE PUPILS

have graduated since the School opened in 1873.

GRADUATES OF 1912.

MILDRED LOVELAND	New Haven
ANNA ELIZABETH STOCK	New Britain
SARAH AGNES KEEVERS	New Britain
HARRIET PAULINE TOMPKINS	Waterbury
ANNA JOAN JENSEN	Hartford
SADIE MAYTUS	New Haven
MARY ANNE GALVIN	Brattleboro, Vt.
NELLIE VIRGINIA ELLIOTT	Central Village
MARGARET HELENA HAVEY	New Haven
MARGARET RICHARDSON	South Norwalk
ADA CAMILLA BROWN	Gaylordsville
LILLIAN KNORR	Norwalk
ROSE ELISE FRECHETTE	Norwalk
KATHRYN LYNN FRIES	Clifton Springs, N. Y.
ETHEL SWOPE	Lancaster, O.

ACT OF INCORPORATION.

An act incorporating the Connecticut Training School for Nurses, by the General Assembly, State of Connecticut.

GENERAL ASSEMBLY,

MAY SESSION, A. D. 1873.

Resolved by this Assembly:

SECTION 1. That Mrs. Noah Porter, Mrs. Theodore Woolsey, Mrs. Charlotte Weatherbee, Mrs. Jeremiah A. Bishop, Mrs. William A. Larned, Mrs. Edwin Harwood, Mrs. B. G. Northrop, Miss Leffingwell, Dr. Francis Bacon, Dr. Moses C. White, Dr. Leonard J. Sanford, Mrs. Samuel Colt, Mrs. John S. Butler, Mrs. George M. Bartholomew, Mrs. James Hadley, Mrs. William Fitch, Mrs. Heman B. Allen, Mrs. Francis Bacon, Hon. Morris Tyler, Mrs. Arthur D. Osborne, Dr. George B. Farnam, Charles H. Thompson, be, and they are hereby constituted, a body politic and corporate under the name of the "Connecticut Training School for Nurses"; and by that name they and their associates and successors shall and may have perpetual succession, may sue and be sued, plead and be impleaded, in all the courts of this state and elsewhere; may adopt a common seal, and use and alter the same at pleasure; may take by purchase, gift, devise, bequest or otherwise, and have, hold and enjoy to themselves and their successors, both real and personal estate, of whatever nature; and may sell, grant, alien, invest, use and dispose of the same, and the income thereof, for the uses and purposes hereinafter set forth; provided that the amount of real estate which the corporation shall own shall not exceed in value fifty thousand dollars.

SEC. 2. The objects for which this corporation is hereby created are to train and provide nurses for public institutions and private individuals.

SEC. 3. Said corporation shall have power to elect such officers as it may find convenient, and to make by-laws for the regulation of its affairs, and the disposition of its property; provided, said by-laws are not contrary to the constitution or laws of this State, or of the United States.

SEC. 4. The first meeting of this corporation shall be held within six months after the passage of this act, at such time and place as the first two corporators named herein shall appoint.

SEC. 5. This resolution may be at any time altered, amended or repealed by the general assembly.