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Connecticut Training School for Nurses Annual Reports

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1906

Thirty-Second Annual Report of the Connecticut Training School for Nurses, connected with the New Haven Hospital, New Haven, Conn., for the year 1905, Presented at the Annual Meeting, January 22, 1906

Connecticut Training School for Nurses

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THE THIRTY-SECOND
ANNUAL REPORT OF
THE CONNECTICUT
TRAINING SCHOOL
FOR NURSES IN NEW
HAVEN, CONNECTICUT

FOR THE YEAR ONE THOUSAND
NINE HUNDRED AND FIVE ②②

THIRTY-SECOND ANNUAL REPORT
OF THE
CONNECTICUT
TRAINING SCHOOL FOR NURSES

CONNECTED WITH THE
NEW HAVEN HOSPITAL

NEW HAVEN, CONN.

FOR THE YEAR 1905

PRESENTED AT THE ANNUAL MEETING, JANUARY 22, 1906

NEW HAVEN :
THE TUTTLE, MOREHOUSE & TAYLOR COMPANY.
1906

OFFICERS.

President.

MRS. CHARLES B. RICHARDS.

Vice Presidents.

MRS. T. W. T. CURTIS. MRS. WM. G. MIXTER.

Treasurer.

MR. JAMES W. WOODWORTH.

Secretary.

MRS. W. HENRY FAIRCHILD.

Auditors.

MR. ARTHUR D. OSBORNE. MR. FRANK D. TROWBRIDGE.

Committee on Finance.

MR. SAMUEL HEMINGWAY. MR. JOHN B. FITCH.
MR. FRANK D. TROWBRIDGE.

Treasurer of Executive Committee.

MRS. W. HENRY FAIRCHILD.

Executive Committee.

MRS. CHARLES B. RICHARDS, Chairman.

MRS. FRANCIS BACON.	MRS. GEORGE B. FARNAM.
MISS EMILY BETTS.	MISS MARGARET B. FITCH.
MRS. BENJAMIN W. BACON.	MRS. CHARLES S. HASTINGS.
MRS. ALFRED T. BACON.	MRS. EDGAR L. HEERMANCE.
MRS. EUGENE S. BRISTOL.	MRS. THOMAS HOOKER.
MRS. EDWARD G. BUCKLAND.	MRS. GEORGE T. LADD.
MRS. EDWARD G. COY.	MISS MARY E. MERSICK.
MRS. GEORGE M. DUNCAN.	MRS. WILLIAM G. MIXTER.
MRS. DANIEL C. EATON.	FRANCIS BACON, M.D.
MRS. JOHN S. ELY.	WILLIAM G. DAGGETT, M.D.
MRS. LEWIS H. ENGLISH.	SAMUEL D. GILBERT, M.D.
MRS. W. HENRY FAIRCHILD.	LEONARD C. SANFORD, M.D.

Superintendent of the School.

MISS EMMA L. STOWE.

Assistant Superintendent.

MISS ROSE M. HEAVREN.

Instructor.

MISS JANET B. McLAURIN.

Night Superintendent.

MISS ALICE SILLS.

Housekeeper.

MISS SARAH M. STANNARD.

Examining Physicians of the Graduating Class.

CHARLES A. TUTTLE, M.D. WILLIAM G. DAGGETT, M.D.
LEONARD C. SANFORD, M.D.

SUB-COMMITTEES.

Nurses' Home.

MRS. LEWIS H. ENGLISH. MRS. EDGAR L. HEERMANCE.
MRS. BENJAMIN W. BACON. MRS. EUGENE S. BRISTOL.

Instruction.

MRS. FRANCIS BACON. MRS. JOHN S. ELY.

Members.

MRS. GEORGE B. FARNAM. MRS. CHARLES B. RICHARDS.
MRS. EUGENE S. BRISTOL. MRS. BENJAMIN W. BACON.

Special Cases.

MRS. CHARLES B. RICHARDS. MRS. FRANCIS BACON.
MRS. W. HENRY FAIRCHILD. MRS. WILLIAM G. MIXTER.

Uniforms.

MRS. DANIEL C. EATON. MRS. GEORGE B. FARNAM.

Diet Kitchen.

MRS. WILLIAM G. MIXTER. MRS. CHARLES S. HASTINGS.
MISS EMILY BETTS. MISS MARGARET B. FITCH.
MRS. EDWARD G. COY. MRS. EDWARD G. BUCKLAND.

Visitor for the week.

Auditing.

MRS. GEORGE M. DUNCAN. MISS MARGARET B. FITCH.

ANNUAL MEETING

January 22, 1906.

REPORT OF THE SECRETARY.

THE history of the past twelve months has repeated former experiences and also proved that the old work is always new. Under direction of the trusted and able superintendent, Miss Stowe, problems whether old or new are sure of the best adjustment. The new year begins as auspiciously as the old year closes, under favorable and happy conditions.

The largest number of patients per day under the care of the nurses has been 201; the number of surgical cases during the year more than 500. Lectures have been given, aside from the regular courses, by Miss Farnsworth of the Pratt Institute, on Dietetics, and by Dr. Standish, twelve in number, in *Materia Medica*. Dr. Tuttle has conducted class recitations in anatomy and physiology in addition to his course of lectures. The demand for externe nurses is unchanged. Many days there are one or two applications for the services of such nurses which cannot be filled, and some days the number is much larger. The testimonials concerning their efficiency are uniformly good and satisfactory. The new editions of the "Hand-book of Nursing," revised and improved, came from the publishers in June and superseded the old edition, which had been in use for a long period. Several volumes have been added to the reference library and donations to the recreation library have been received. The graduation exercises of the class of 1905, numbering twenty-

three, were held the second of June, Rev. Charles Ray Palmer, D.D., presiding. The pleasing features of such events in preceding years were repeated. The address was by Rev. James De Wolf Perry, Jr., who set forth the high ideals which must ever inspire the nurse in her professional life. The class gave a reception to their friends in the parlor of the Nurses' Home immediately following the exercises in the chapel. Other social occasions which the nurses have enjoyed are the customary festivities of Thanksgiving and New Year's evenings and impromptu celebrations of a birthday or other personal anniversaries.

The following table will show the statistics of the school:

Number of nurses Jan. 1, 1905.....	75	
admitted from Jan. 1, 1905, to Jan., 1906....	51	
		— 126
Number of nurses graduated.....	22	
dropped for various reasons.....	12	
Number of probationers not accepted.....	18	
Number of nurses remaining Jan. 1, 1906.....	74	
		— 126

STAFF OF OFFICERS.

Superintendent of Nurses	1	
Assistant Superintendent	1	
Instructor of Nurses.....	1	
Graduate Night Superintendent	1	
Graduate Nurse in charge of Farnam operating building.....	1	
Graduate Nurse in charge of maternity building	1	
Senior Nurses acting as Head Nurses.....	8	
		— 14

Mr. Frank D. Trowbridge resigned as treasurer in October, on account of pressure of business cares. His services have been greatly appreciated by the committee and they take this opportunity to renew their expression of thanks to him for his careful attention to the best financial interests of the school. Mr. James W. Woodworth was appointed to succeed him. Mr. Trowbridge was asked to become a member of the finance committee and to act as auditor.

On account of prolonged absence from the city, Mrs. Geo. T. Ladd lays down her office as treasurer of the executive

committee. Her resignation is accepted with profound regret and with the thanks and appreciation of the committee.

The name of Mrs. Samuel Colt, vice president, which has appeared in the annual report in the list of officers from the first year to this present, can no longer be written. Mrs. Colt has pass on to her reward after a long life of beautiful and devoted service. The personal loss and the loss to the work is recorded in sorrow. No request for aid was ever presented to her in vain. A generous gift answered the last special appeal made to friends and the public.

Mr. Wilbur F. Day, who died in September last, had given his time and influence to this work for more than thirty years. As a member of the finance committee from the very first and one of the auditors since 1878, this organization has had the benefit of his wise counsel and business foresight. His long and generous service is gratefully remembered.

A legacy of \$2,000 was received in April, the bequest of Mr. C. S. Mersick, which was added to the permanent fund. This remembrance was much appreciated and acknowledged with gratitude to his daughter. The sale of some real estate, a bequest of Mrs. Gill of West Haven, several years since, was effected in March. The amount received from the sale was added to the permanent fund.

The committee are under renewed obligations to the corps of lecturers; to the members of the medical, surgical and house staff; to the prudential committee and superintendent; to the managers of the city newspapers; and to many friends. For all favors and courtesies they now extend sincere thanks.

Thera W. Fairchild, *Secretary.*

REPORT OF THE TREASURER.

JAMES W. WOODWORTH, *Treasurer*, in account with
THE CONNECTICUT TRAINING SCHOOL FOR NURSES.

1905.	DR.	
Jan. 7.	To cash on hand.....	\$2,035.08
	INCOME JAN. 7, 1905, TO JAN. 8, 1906.	
	General Fund	\$834.00
	Humphrey Fund	120.00
	Miller Fund	50.00
		<u>1,004.00</u>
	Royalty, J. B. Lippincott & Co.	44.39
	Sale of Book	31.35
	Sale of West Haven property	2,239.00
	Legacy from estate of C. S. Mersick	2,000.00
	Borrowed for current expenses	300.00
	Received from Frances V. Ladd, Treasurer Executive Committee, services of Nurses	6,540.36
		<u>\$14,184.18</u>
	CR.	
	By cash paid Frances V. Ladd, Treasurer Executive Committee, Jan. 7, 1905, to Jan. 8, 1906	\$8,844.47
	Adjustment of back taxes in West Haven	23.00
	Paid Insurance Premiums	224.40
	Purchase of \$2,000 Consolidated Railway Co. 4% Bonds	1,968.17
	Purchase of \$3,000 Connecticut Railway & Lighting Co. 4½% Bonds	3,020.25
1906.		
Jan. 8.	Cash on hand	103.89
		<u>\$14,184.18</u>

We have examined the statement of James W. Woodworth, Treasurer of the Connecticut Training School for Nurses, compared the same with vouchers for receipts and payments, and find the statement correct.

We have examined the securities in the hands of the Treasurer, and find the same correct.

ARTHUR D. OSBORNE, } *Auditors.*
FRANK D. TROWBRIDGE, }

NEW HAVEN, CONN., JAN. 18, 1906.

REPORT OF THE TREASURER OF THE EXECUTIVE COMMITTEE.

1905.	DR.	
	Received from J. W. Woodworth, Treasurer	\$8,844.47
	CR.	
	By payment to nurses	\$5,829.67
	Materials for uniforms	192.62
	Making of uniforms	120.55
	Graduation pins	130.00
	Graduation expenses	36.18
	Current expenses	126.78
	Printing and stationery	118.00
	Board of maids and extra nurses	375.43
	Hand-book of Nursing	25.00
	Lessons in massage	40.00
	Watrous and Day's bill	126.50
	Expenses of Nurses' Home	1,723.74
		<u>\$8,844.47</u>

FRANCES V. LADD, *Treasurer.*

DETAILED EXPENSES OF NURSES' HOME.

Salary of Matron	\$360.00
Wages of servants	336.00
Extra cleaning	31.20
Household supplies	118.21
Bedding and towels	381.72
Furniture and repairs	150.81
Journal and Courier	7.50
Water tax	46.00
Repairs on building	292.30
	<u>\$1,723.74</u>

FRANCES V. LADD, *Treasurer.*

PROSPECTUS.

The Committee of the Training School for Nurses has an arrangement with the Authorities of the New Haven Hospital for training women desirous of becoming professional nurses. Applications for the course of instruction should be made to the superintendent of nurses, and if approved by the executive committee the applicant will be accepted as a candidate. The applicant must be over twenty-three and under thirty-five years of age; and must present a certificate from a clergyman as to good moral character and from a physician as to health. A personal letter should accompany the application, giving briefly a history of her life for the past few years and her reasons and motives for desiring the education of a nurse. If such papers are satisfactory, the applicant will be received for three months' probation, and board, laundry, and a room in the Nurses' Home will be provided.

The course of training is three years. After the first three months an allowance of \$150 for the entire period will be given. This sum is in no way intended as wages, the course of instruction being considerable ample remuneration for services. Several uniforms with a certain number of aprons will be furnished if the probationer is accepted at the end of the probation term. The allowance is given to supply text-books and whatever may be necessary to keep the nurse neat and tidy in dress during the three years in training. The last nine months she will be expected to take such positions as the committee may assign her, either in the Hospital or in outside practice.

Nurses will be under the authority of the superintendent of nursing, and subject to the rules of the Hospital. The superintendent will have full power to decide as to their fitness for the work and the propriety of retaining or dismissing them within the three months of trial. They will receive a

thorough practical training in the medical and surgical wards for men and women, and in the private ward, which especially fits them for work in private houses. A good obstetrical training is obtained in the maternity building, each nurse having the entire care of at least six cases. In the Farnam operating building each nurse is on duty from four to six weeks. A professional teacher from New York gives a course of instruction in massage and electrical treatment.

The probationers upon entering the school come immediately under the personal supervision of one of the assistant superintendents, who gives instruction in details and methods of routine work; care of utensils; preparation of the simpler treatment and surgical supplies; the arranging of trays and serving of foods; dusting and cleaning; ventilation of rooms for the sick; and in general such teaching as will prepare them to begin the care of patients. Special instruction is given in invalid cookery, which includes, besides broths, gruels and cereals, foods required by those returning to health, and foods required in special diseases.

An excellent course of lectures is given by the members of the Hospital staff and other well-known medical educators connected with Yale University. Text-book and bedside instruction with frequent demonstrations are given by the superintendent and her assistants. Head nurses in the various wards assist in bedside instruction.

The day nurses are on duty from 7 A. M. to 8 P. M., but are allowed for rest and recreation, one half day each week, four hours on Sunday, and two hours on all other days.

Extreme care will be taken in the selection of nurses; only those best fitted for the work will be retained. Nurses will be dismissed at any time in case of misconduct or inefficiency, with the approval of the Committee of the Training School. Three vacations of two weeks each will be given during the course. When the full term is completed and examinations satisfactorily passed, a diploma and a badge pin of the school will be given. Positions may be found for those wishing to remain in hospital work.

LIST OF LECTURES AND SUBJECTS.

CLINIC HALL - TUESDAYS AND FRIDAYS, 4 P. M.

Aseptic surgical technique. Preparation and use of disinfectants and dressings. Care of patient, nurse and operating room.

DR. LEONARD C. SANFORD.

Anæsthetics: their administration. Possible emergencies. Duties of nurse before, during and after administration.

DR. LEONARD C. SANFORD.

Hemorrhage: application of pressure and other remedies. Principles of bandaging. Demonstration.

DR. LEONARD C. SANFORD.

Bacteria: brief history and theory. Microscopic examinations. Demonstrations.

DR. C. J. BARTLETT.

Bacteria and their relation to disease.

DR. C. J. BARTLETT.

The blood and its circulation. Heart, arteries, veins and capillaries. Corpuscles, plasma, nutrition.

DR. CHARLES A. TUTTLE.

Respiratory organs. The lungs and the air we breathe. Osmosis. Oxygen and carbon dioxide.

DR. CHARLES A. TUTTLE.

Sections of the glands of the body. Gastric, pancreatic and intestinal juices and bile. Classification of foods.

DR. CHARLES A. TUTTLE.

Digestion and alimentation. The stomach and other organs of digestion.

DR. CHARLES A. TUTTLE.

The brain and nervous system.

DR. CHARLES A. TUTTLE.

Nursing in acute diseases, observation of symptoms, care of patient, disinfection, treatment, complications. Typhoid fever.

DR. WILLIAM G. DAGGETT.

Diphtheria; malarial fever remittent, intermittent and pernicious; rheumatic fever.

DR. WILLIAM G. DAGGETT.

Treatment of measles and complications, mumps and whooping cough.

DR. WILLIAM G. DAGGETT.

Smallpox, varioloid, vaccinia.

DR. WILLIAM G. DAGGETT.

Pneumonia, pleurisy: care and treatment.

DR. WILLIAM G. DAGGETT.

Diseases of the heart, organic and functional.

DR. WILLIAM G. DAGGETT.

Pathology of inflammation, diapedesis, suppuration. Return of tissue to healthy condition. Three lectures.

DR. WILLIAM H. CARMALT.

Clinical aspects of inflammation. Surgical fevers, septicaemia, pyæmia, erysipelas and gangrene. Danger and prevention of transmission. Three lectures.

DR. WILLIAM H. CARMALT.

Anatomy and physiology of urinary organs. Urinalysis. Demonstration.

DR. CHARLES J. FOOTE.

Nursing in uremia, Bright's disease, and other diseases of the urinary system.

DR. CHARLES J. FOOTE.

Anatomy and physiology of the organs concerned in parturition, pregnancy. Calculation of probable date, presentation, position. Two lectures.

DR. OTTO G. RAMSAY.

The puerperal state: management and care, dangers and emergencies. Eclampsia, post partum hemorrhages; care of the new-born infant: nourishment, quantity and frequency. Two lectures.

DR. OTTO G. RAMSAY.

Care of the eyes in health and disease.

DR. HENRY W. RING.

Care of the eyes after operation.

DR. HENRY W. RING.

Outlines of the anatomy of the ear, throat and nose.

DR. HENRY L. SWAIN.

Treatment of the ear, throat and nose in health and disease.

DR. HENRY L. SWAIN.

Surgical nursing in private practice. Two lectures.

DR. LEONARD W. BACON, JR.

Preparation for operation in private families. Demonstration. Two lectures.

DR. LEONARD W. BACON, JR.

Electricity: management and care of faradic and galvanic apparatus. Methods of applying electricity.

DR. MAX MAILHOUSE.

Dietetics.

DR. JOHN S. ELY.

Nursing in some constitutional diseases.

DR. JOHN S. ELY.

Practical points in hygiene. Two lectures.

DR. HENRY SMITH.

Children, their growth and development.

DR. LOUIS B. BISHOP.

Care of healthy infants.

DR. LOUIS B. BISHOP.

Care of sick infants.

DR. LOUIS B. BISHOP.

Infant feeding.

DR. LOUIS B. BISHOP.

Nursing of nervous diseases and care of the insane.

DR. A. R. DIEFENDORF.

Tuberculosis: care and treatment.

TEXT-BOOKS.

Hospital Notes for Probationers.

CONNECTICUT TRAINING SCHOOL FOR NURSES.

A Hand-book of Nursing. Revised edition.

CONNECTICUT TRAINING SCHOOL FOR NURSES.

Bacteriology in a Nutshell.

MARY E. REID.

Principles and Practice of Nursing.

ISABEL HAMPTON.

Aseptic Surgical Technique.

HUNTER ROBB, M.D.

Anatomy and Physiology.

DIANA C. KIMBER.

Essentials of Materia Medica.

HENRY MORRIS, M.D.

Practical Dietetics.

ALIDA F. PATTEE.

Obstetrics for Nurses.

JOSEPH B. DELEE, M.D.

APPLICATION FOR ADMISSION TO THE
CONNECTICUT TRAINING SCHOOL FOR NURSES.

QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. What is your full name?
2. What is your age?
3. State the place and date of your birth.
4. What is your height?
5. What is your weight?
6. Are you single, married, divorced or a widow?
7. If married, divorced or a widow, have you children, and if so, how many, and what ages?
8. Have you any one dependent on you for support?
9. Are you otherwise free from responsibility, so that you are not liable to be called away?
10. Have you any physical defects?
11. Are your eyesight and hearing perfect?
12. Have you had any disease of the lungs, or have you any tendency to pulmonary complaint?
13. Have you had quinsy or diphtheria?
14. Have you any uterine disease?
15. What illnesses have you had?
16. Have you always been strong and healthy?
17. Have you a knowledge of arithmetic, including fractions and percentage?
18. In what schools and places were you educated, and state what your advantages have been?
19. What is your present occupation, if any, and what have been your previous pursuits?
20. Have you been in any training school or employed in any hospital or asylum? If so, when, where and how long in each place? Have you nursed in private families?
21. Give the names and addresses of two persons, not your relatives, and state how long each has known you. If previously employed, one of them must be your last employer.

Having read, clearly understanding, and fully agreeing to the conditions of admission, I declare the above statement made by me to be correct; and if accepted as a candidate will in all respects comply with all the regulations of the school and hospital.

Signed (Name of candidate in full).

Post office address.

Nearest telegraph address.

Date.

[COPY OF PAPER SENT TO EMPLOYERS.]

CONNECTICUT TRAINING SCHOOL FOR NURSES.

NEW HAVEN HOSPITAL, NEW HAVEN.

*The Nurse, Has this day been sent by
request of to nurse in the case of*
*The charge for her services is \$15.00 per week, and \$2.25 a day, or
fraction of a day, in engagements of less than a week; also all trav-
eling expenses and washing. In contagious cases, \$5.00 is charged for
disinfecting the Nurse on her return to the hospital.*

Signed,

Supt. of Nurses.

DUTIES OF THE NURSE.

The Nurse's time belongs to the family employing her. She is to take entire charge of the patient and the room, and leave closet and bath room in order after using them. This care includes ventilation, bed making, attention to the fire, emptying and disinfecting utensils, sweeping and daily dusting; also oversight of the patient's bed and body clothing. She will give all medicines and stimulants, keep the daily records for the physician, and write out all his orders. She will serve the meals for the patient, and prepare extra diet.

All worries of every kind are to be kept from the sick room.

Nurses are not allowed to speak of hospital experiences or their other cases to their patients. The patient's comfort and peace of mind are to be carefully studied.

In slight illness and when called to confinement cases before needed, the Nurse is to employ her leisure in sewing or other light service for the family. The Nurse in confinement cases has entire charge of the mother and child. She sleeps near her patient, and for the first week she takes her rest as she can. In addition she attends to the rinsing of diapers and flannels.

On going off duty at any time, the Nurse must leave written directions with her substitute. She is to take entire charge of her own room and wear the uniform of the school. Not more than eighteen pieces are to be put in the family wash, and no white skirts.

The FAMILY is respectfully reminded that the Nurse cannot do justice to her patient without sufficient rest. When night and day watching are required, six hours' unbroken sleep in the twenty-four and an hour in the fresh air daily should be provided for.

If desirable, the Nurse's meals may be served before or after the family table, when some responsible person can be left in the sick room. A light lunch should be provided for Night Nurses.

When employed by a family living in a hotel, the Nurse should not go to the public dining room in uniform, nor expect from hotel employees services she would not receive in a private house.

The school does not hold itself responsible for any expense resulting from a contagious disease contracted by a Nurse in a private family.

For cases outside the State the charges are \$18.00 per week and all expenses incurred by the Nurse after leaving the Hospital.

In long engagements payments are to be made every four weeks.

The FAMILY and PHYSICIAN are earnestly requested, for the sake of the Nurse, and of those to whom she may be called, to state frankly whether the above duties have been performed, and the Nurse's services have been in all respects acceptable. The blank enclosed is for this purpose.

Checks should be made payable to Connecticut Training School for Nurses.

The services of the Nurse are this day dispensed with, and the sum of is handed her.
Signed,

NURSE'S CHARGES.

Services of Nurse @ \$15 per week.....
Services of Nurse @ \$2.25 per day
All traveling expenses.....
Carriage hire
Laundry
Fumigation fee

Signed,

Nurse.

N. B.—This paper is to be given to the Nurse at the close of her engagement, to be returned to the Superintendent of Nurses.

FIVE HUNDRED AND FORTY-FIVE PUPILS

have graduated since the School opened in 1873.

GRADUATES OF 1905.

- | | |
|---------------------------|----------------------------|
| MARGARET KATHERINE STACK. | MARY MACDONALD HENDERSON. |
| SARAH WRIGHT. | KATHRYN FRANCES GEOGHAN. |
| KATHERINE THERESA NORTON. | BESSIE EMILY SMITH. |
| MARY CALLISTA MORAN. | LILLIAN BELLE NEAL. |
| ALICE MILES TOVEY. | CATHERINE THERESA MISSETT. |
| ANNA MARY KELLY. | EDNA THERESA CLARK. |
| LORA HILLIS. | ABBY ELIZABETH BIGELOW. |
| MYRTLE ELVIRA KETCHEN. | ADA BESSIE ELLIS. |
| MAUDE ALICE DUNPHY. | YETTA GARTENLAUB. |
| MARGARET ELLEN CASSIDY. | ESTER BRODY. |
| ALICE SILLS. | MARGARET THERESA LOWRY. |