

# Characterisation of Genetic Risk Factors for Mental Illness in Rodent Models: Impact of *Map2k7+/-* and *Fxyd6-/-* Mice Upon Neural Systems and Working Memory

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### Abstract

Even in wealthy and seemingly prosperous countries like the United Kingdom, the spectre of mental illness and psychiatric disorders remains highly prevalent. These disorders present a huge economic burden to societies, where in the UK alone, mental disorders cost the economy an estimated €134 billion a year; along with the unmeasurable societal and human costs. This has led to an intense debate over the past few decades just as to what factors contribute to these illnesses. It is now understood that a number of biological and non-biological factors contribute. These include socio-economic pressures, early-life trauma, gestational and perinatal infections; genetic and familial factors, and molecular and cellular factors. However, while the definitions and diagnostic criteria of mental disorders remain based in the subjective realms of the DSM and ICD, treatment and understanding of psychiatric illness has had little chance to progress over the last fifty years. As a result, neuroscientists are starting to direct psychiatric disorder research from the bottom-up; where genetic, cognitive and neuroconnectivity factors are being investigated to serve as a future basis for diagnosis and treatment.

One of the most complex and debilitating psychiatric disorders, schizophrenia, exhibits a complex array of genetic, cognitive and neuroconnectivity abnormalities. Current challenges in schizophrenia research is to understand how identified genetic abnormalities contribute to neuroconnectivity and cognitive impairments which are prominent in schizophrenia. Recently, genetic association studies have implicated two genes as risk factors for schizophrenia – *FXYD6* and *MAP2K7*. Currently it is unclear exactly how these genes contribute to schizophrenia pathology, particularly cognitive symptoms and neural circuitry. This thesis investigates these two genes by utilising two mouse models, first a heterozygous mouse line of Map2k7+/- and second, a gene knock-out line of Fxyd6-/-.

*MAP2K7* is a gene that expresses a kinase that is involved in the c-Jun N-terminal kinase (JNK) pathway, which is implicated in neuronal activity, receptor function, and cortical and hippocampal plasticity. Recent studies have found a decreased

expression of MA2PK7 in the PFC, ACC and hippocampal regions in schizophrenia patients; regions associated with memory and decision making. A component of the cognitive profile of *MAP2K7* was therefore investigated using *Map2k7+/-* mouse lines in a working memory paradigm in the radial arm maze. This test is known as the n-back test or the retention interval test. For the first time this investigation reveals that *Map2k7+/-* mice exhibit a subtle yet significant spatial working memory deficit compared to WT mice; as judged by their average performance over the whole experiment. WT mice exhibited an overall average performance of 70% and MAP2K7+/- mice 66% (p<0.001). This indicates that *MAP2K7* may play a subtle role in working memory function in rodents, and may represent a component of the aberrations in the genetic architecture that gives rise to working memory impairments in psychiatric disorders, particularly schizophrenia. This experiment also backs up previous evidence for this radial arm maze paradigm as a robust behavioural test for testing rodent working memory.

FXYD6 belongs to a group of proteins that are known to be involved in modulating NaKATPase activity. Previously, NaKATPase has been associated with bipolar disorder and depression, but has now also been implicated in schizophrenia. Previous studies have found that FXYD6 is also abnormally expressed in the PFC of schizophrenia patients, and therefore may contribute to the cognate symptoms of the disorder. This experiment, therefore, investigated how Fxyd6 contributes to local brain activation, particularly in neural systems relevant to cognition, using knockout Fxyd6-/- mouse models and semi quantitative 2DG gene autoradiographic imaging. Three regions showed a significant deviation in activity in *Fxyd6-/-* mice compared to WT mice. The subiculum, medial septum and lateral septum all exhibited significant reductions in activity in *Fxyd6-/-* mice compared to WT mice. Notably the subiculum is heavily implicated with memory functions, particularly working memory and disambiguation of previously learned memory. Indicating a possible role for FXYD6 and NaKATPase in working memory processing and memory disambiguation in the subiculum.

Finally, the role of glutamate in relation to FXYD6 function and brain activity was assessed by administering the NMDA receptor antagonist ketamine and analysing

regional brain activity using semi quantitative 2DG autoradiographic imaging. Generally, regions which were affected by ketamine in WT mice including PFC, thalamic and septal regions, were not affected in *Fxyd6-/-* mice. It is hypothesized that this may be down to a compensatory effect that knocking-out Fxyd6 may have on glutamate reuptake. Because NaKATPase is involved in glutamate reuptake into glia and neurons, the blockage of NMDA receptors may have less effect due to a reduction in glutamate reuptake, and therefore higher than normal postsynaptic glutamate concentrations.

In conclusion, this investigation highlights two genes which may have roles in working memory functioning and neural circuitry that contribute to cognitive processes. While the evidence from this investigation does not explicitly associate these genes with symptoms of schizophrenia and other psychiatric disorders; the evidence does provide indication that they are involved in cognitive processes in rodents, and possibly humans. This investigation provides an interesting path of investigation for the potential roles of these genes regardless of their relationship to psychiatric disorders and will inform future research into the genetic architecture of neural circuits and cognition.

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# **Declaration of originality**

This thesis is the result of the author's original research. It has been composed by the author and has not been previously submitted for examination which has led to the award of a degree.

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Signed: Mark McRobbie Hanlon

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# **Chapter 1: Introduction**

### 1.1 – Background

In a continent as prosperous and wealthy as Europe the spectre of mental illness still looms large over much of the population. The World Health Organisation (WHO) estimated that every single year around one third of Europe's population will be affected by some form of mental ill health (World Health Organisation 2013) and that mental illness accounts for around one third of disability worldwide (World Health Organisation 2013). Moreover mental disorders - as a whole - have been estimated to cost the United Kingdom around €134 billion a year in productivity losses, direct healthcare costs and non-medical costs (Fineberg et al. 2013). This highlights the growing need for more effective treatments and preventative measures for mental illness in the world today. This can only be done through a finer understanding of the biological and environmental factors that spawn these disorders. However, mental illness is a complex issue, with ever changing definitions and parameters that move and shift with the prevailing cultural, political and scientific theories of the age (Zandi et al. 2008). Adding to the complexity is the seemingly growing levels of depression, anxiety and psychotic disorders in some of the richest and most 'prosperous' countries in the world (SAMHSA 2010, ECNP 2011). This explains why, over recent decades, biologists, psychologists, sociologists, epidemiologists, economists, physicians, ecologists, philosophers, theologians, and even politicians – have all tried to answer why mental illness is still so prevalent in western countries, and what can be done to curtail this trend. The definitions and diagnosis criteria of psychiatric disorders also remain a significant problem, with methods relying on subjective and often ambiguous criteria. This has led neuroscientists and geneticists to search for objective and empirical variables that can guide definitions of psychiatric pathology. This is especially important because recent evidence has shown that certain circuit, genetic and cognitive dysfunctions span various psychiatric illnesses; indicating the prospect of a common aetiology among psychiatric disorders - existing on a spectrum - rather than as separate entities (Adam 2013). However, the investigation of potential empirical criteria remains challenging, particularly because most studies still utilise the subjective definitions of mental disorders. Encouragingly, new directions into understanding

psychiatric disorders from the 'bottom-up' (as guided by the Research Domain Criteria (RDoC) Project) indicate a shift of focus from traditional definitions to a more biologically-based grouping of disorders – which could spell a paradigm shift in diagnosis and treatment in the coming decades.

#### 1.2 – The biological components of mental disorders

Understanding how biological phenomena can impact the aetiology of psychiatric disorder remains one of the biggest challenges in neuroscience and clinical psychological research. While it could be argued that certain disorders and illnesses are largely influenced by external environmental factors, it is undoubted that disorders like autism and schizophrenia arise from significant abrogation from healthy biological mechanisms. A simple thought experiment can illustrate this. First: two soldiers return from a warzone, both have experienced a traumatising event together, one may suffer extreme and debilitating post-traumatic stress disorder (PTSD) and the other may return relatively psychologically unchanged. Where life experience may provide the conditions for one soldier to be more susceptible to trauma or the other to be more resilient, there is a possibility or a likelihood that genetic and developmental factors play a role in the different outcomes for each individual. Understanding how complex environmental and biological relationships give rise to these disorders will most likely be the most important and valuable lesson we learn in our aims to better treat sufferers of mental illness, refine our abilities to define and recognise mental disorders, and most importantly let individuals flourish in their own cognitive identity, without compromising their abilities to experience the full spectrum of human emotions.

From decades of neuroscientific, developmental and genetic research there is now good evidence that a significant component of psychiatric disorder aetiology comes from developmental, genetic and neuropharmacological factors. For example there is growing evidence to suggest that a major component of schizophrenia risk comes from early developmental problems during gestational and perinatal periods. These risk components arise from perinatal stress, malnutrition, infection, early-social isolations and obstetric complications among others (Cannon et al. 2002; Lewis &

Levitt 2002). Modern genetic studies such as linkage analysis and genome-wide association studies are also beginning to uncover hundreds of genes that may contribute to psychiatric pathology (recent evidence is reviewed in section 1.6.2), some of which are passed down through familial inheritance and recessive expression, and others that arise from rare mutations. These developmental and genetic abnormalities are thought to manifest into the cognitive, emotional and psychological symptoms through discrete malfunctions in neuropharmacological processes and larger-scale malfunctions in brain network circuitry. For example, from the relative effectiveness that dopaminergic receptor antagonists have on treating psychotic symptoms in schizophrenia, there is a wide consensus that a component of schizophrenia pathology arises from abnormal dopaminergic signalling. This is just one example of many pharmacological processes that have been identified as possible risk mechanisms in components of psychiatric disorders, where discrete malfunctions in cell to cell communication can have huge knock-on effects on larger-scale brain network communications. Technologies like positron emission tomography (PET), functional magnetic resonance imaging (fMRI) and diffusion tensor imaging (DTI) are further unveiling how these dysfunctions at the molecular level exhibit themselves at the network level too; where a number of abnormalities in network communications and structural aberrations of the brain have been associated with various psychological, emotional and cognitive symptoms of psychiatric disorders (reviewed in section 1.6.3).

### 1.3 – Environmental and societal factors in mental illness

### 1.3.1 – External Effects

In the investigation of mental illness it would be foolish to ignore the cultural, societal and economic aspects that play a huge part in the aggravation and maintenance of these disorders across the modern world. Recently, social theorists and epidemiologists have proposed certain cultural, political and economic factors that are contributing to increased incidents of mental illness in western societies. These include: the psychological pressures of living in a materialist-driven society (Carlisle & Hanlon 2007, Kasser 2002); the social isolation associated with the

cultural shift from collectivism to individualism (Bauman 2001; Eckersley 2006); the increasing demands on individuals, coupled with increasing cultural and economic pressures to succeed (Kasser 2002); and the widening economic inequality in western societies (Wilkinson 2010). All of these theories rely on the psychosocial concepts of psychological illness stemming from external societal pressures. Some of these observations may be supported by recent epidemiological research into psychiatric disorders. For example, research has linked higher rates of schizophrenia with urban living and urban birth (Pedersen & Mortensen 2006; Mortensen *et al.* 1999); being the member of a minority group in a population (Boydell *et al.* 2001), and life-time exposure to negative events (Fearon & Morgan 2006).

Furthermore, meta-analytical epidemiological work has shown a strong association between the incidence of psychotic syndrome and minority groups across a wide range of populations (van Os et al. 2010). They found that incidence of psychotic syndrome was higher with first and second generation minority group migrants (Bourque et al. 2011; Cantor-Graae & Selten 2005) along with minority groups who hadn't migrated recently (Bresnahan et al. 2007). Studies have shown that the incidence of psychotic syndrome is directly affected by the ethnic density of the area an individual from a minority is living in. The lower the proportion of the individual's own ethnic group in the area, the greater the risk for psychotic disorder (Boydell et al. 2001; Veling et al. 2008). Suggesting that occupying an ethnic group is not what increases chance of psychotic syndrome, but it is the level at which an individual is a minority; how much one stands out in the environment, and the resulting level of chronic social adversity and discrimination experienced (Veling et al. 2008; van Os et al. 2010). In turn, possibly heightening the chance of an individual to experience chronic levels of social exclusion and feelings of inferiority. Therefore increasing the risk of developing psychotic and affective disorders. This relatively recent psychosocial theory is known as 'out-group intolerance' (Abed & Abbas 2011; Abed & Abbas 2014). Research like this could back-up the claims by certain social theorists that modern society is playing a part in increasing risks of mental illness. In a society where huge pressure is put on each person to succeed financially, socially, physically and mentally – the likelihood of individuals in a population to experience chronic

feelings of social exclusion and inferiority may be high. Could these factors be influencing the epidemic levels of mental illness in western society? Possibly. However, what these theories cannot explain is why only a proportion of individuals in a hypothetical population facing extreme societal pressure and social exclusion will go on to develop a form of mental illness. It is clear that in order to tackle the spectre of mental ill-health, it must be viewed through an integrated understanding of the biological and environmental factors that impact it.

### 1.3.2 – Social and cultural influences on diagnosis & treatment

The diagnosis and perception of mental illness is also inherently intertwined with the social, political and cultural ideals of a society. For example, in 1952 the diagnostic and statistical manual of mental disorders (DSM) included homosexuality as a sociopathic personality disturbance (American Psychiatric Association 1952). A definition which was subsequently removed in 1973 as a clear result in the changing political and sociological outlooks of the age. Furthermore cultural phenomena known as 'culture-bound syndrome' illustrates how certain mental illnesses can exist only in the perceptions of specific cultures (American Psychiatric Association - DSM-IV 2002) – for example: *Dhat* syndrome in India, defined by anxiety, fatigue and guilt (Sumathipala 2004); Susto in Latin America - characterised by chronic fear and anxiety (Bayles & Katerndahl 2009), and even - as has controversially been suggested - pre-menstrual stress (Ussher & Perz 2013). This cultural difference in what constitutes mental illness, and what doesn't, can directly affect whether an individual seeks help or not; who will help and what kind of help these individuals will seek. This gives credence to arguments for more biological means of diagnosing mental disorders.

### 1.4 – Overview of the major psychiatric disorders

Psychiatric disorders pertain to a large group of pathologies that detrimentally affect an individual's ability to think, perceive, feel and act in a way that is beneficial to their health. These disorders are all thought to exist mainly from some sort of dysfunction in the brain. While there is some debate and confusion as to what exactly is a psychiatric disorder and what is more a neurodegenerative disorder or neurological disorder, it is easiest to think of a neurodegenerative or neurological disorder as a brain/neurological disease with an obvious biological cause. In contrast, psychiatric disorder is an umbrella term for a large group of disorders and conditions that are harder to define biologically and symptomatically. For example, some conditions we define as psychiatric disorders will have as-yet unidentified biological causes, some may have as-yet unidentified social causes, some will have complex biological/social interdependent causes and it is possible that in the future some may not be seen disorders at all (as discussed in section 1.3.2). This important discussion on the semantics and definitions of mental disorders, highlights how the word 'mental' or 'psychiatric' represents a world that is still largely mysterious, complex and far from our understanding. When we have pushed further into our understanding of how the biological creates the phenomena of what we describe as 'mental', we actually reduce the boundaries and refine our idea of what we describe as 'mental'. And at these points of better understanding we can then allow a 'psychiatric' or 'mental' disorder become a neurodegenerative, a neurological, a genetic, or even a societal disorder. Therefore, from this point in the thesis, the term psychiatric disorder refers to the diseases that have not as yet been fully defined by their biological or psychosocial aetiology, and as yet are still within the realm of the less tangible, abstract idea of the 'mental'.

The most prominent and prevalent psychiatric disorders include schizophrenia, bipolar disorder, major depression, generalised anxiety disorder (GAD), attention deficit-hyperactivity disorder (ADHD), obsessive compulsive disorder (OCD), post-traumatic stress disorder (PTSD) and autistic spectrum disorder (ASD). While most of these disorders have huge impacts on the well-being on individuals and vast consequences for society as a whole, defining, understanding and treating these disorders is still a huge challenge for the world of clinical neuropsychiatry. Three of these disorders, schizophrenia, bipolar disorder and major depression constitute psychotic and affective disorders with arguably the biggest impact on the human population worldwide.

Schizophrenia is complex and multi-faceted psychiatric disorder that has a prevalence of 1% in the human population (Andreasen 2000). A unique disorder that is usually characterised by disordered thoughts, hallucinations, delusions, inhibited social engagement, and cognitive impairments. The symptoms of schizophrenia fall into three categories of positive, negative and cognitive symptoms. Positive symptoms are described as the symptoms most mentally healthy people do not experience (although this is probably not so clear-cut), which include delusions, hallucinations and paranoia. The positive symptoms mainly describe the psychotic phenotypes of psychiatric disorders. Negative symptoms represent the emotional experiences that healthy people also experience but are much more detrimental and pathological to individuals with schizophrenia. These include flat emotional responses, reduced desire to engage in pleasurable experiences, and poor social engagement. Cognitive symptoms are the least studied and understood symptoms of schizophrenia (which are also prominent in other psychiatric disorders, discussed in section 1.6.1) - these include memory dysfunctions, poor attention and reduced problem solving ability. Currently treatments for schizophrenia rely on antipsychotics that have largely been around for decades and while are effective in treating the positive aspects of the disorder, are ineffective in alleviating negative symptoms and ineffective in reducing the cognitive impairment expressed in schizophrenia.

Bipolar disorder is a disorder in which individuals experience cyclical periods of intense mania, major depressive episodes and then normal moods. Mania periods are characterised by extended periods of impulsive, hyperactive and risky behaviours to the point that it is damaging to the individual and leaves them severely impaired to function in everyday life. These manic periods can intensify into psychotic episodes and delusions, similar to the symptoms exhibited in schizophrenia. Depressive episodes, on the other hand, constitute periods where an individual experiences periods of depression, reduced motivation, apathy, attentional problems, and suicidal thoughts. Cognitive impairments are also present, which include attentional difficulties, impairments in components of memory and hindered problem solving abilities. Between manic and depressive periods, individuals can experience normal healthy mental states known as the euthymic period. The

disorder is thought to affect around 1 - 3% of the human population (Merikangas *et al.* 2011) and is sixth in the list of leading causes of disability worldwide (Kleinman *et al.* 2003). Treatments for bipolar disorder include the widely used mood stabiliser lithium, antipsychotics as used for schizophrenia and anticonvulsants.

Major depressive disorder (MDD) is a far-reaching and complex disorder that has almost incalculable effects on human societies, impacting around 400 million people worldwide (Ferrari *et al.* 2013). With a myriad of social, environmental and biological factors that may contribute to its manifestation. MDD is characterised by sustained and permanent low mood, low confidence, self-esteem, lack of motivation and reduced ability to experience pleasure. Risk of suicide is also high with individuals with MDD. Current treatments include selective-serotonin reuptake inhibitors and fluoxetine along with psychotherapeutic treatments like cognitive behavioural therapy (CBT).

### 1.4.1 – Cognitive impairments in psychiatric disorders

Among the symptoms of mental disorders, a broad set of cognitive dysfunctions exist which present an important line of investigation for research into psychiatric disorders . From facial expression interpretation dysfunction in autism (Adolphs et al. 2001; Pelphrey et al. 2002), to working memory impairments in schizophrenia (Goldman-Rakic 1994; Manoach 2003). To identify distinct cognitive dysfunctions among different mental illnesses would be desirable for diagnosis and possible treatment. For example, an individual expressing distinctive cognitive dysfunctions, well-defined psychological symptoms and other biological markers would increase the chances of a correct diagnosis. Furthermore if distinct cognitive dysfunctions are identified to be direct risk factors for specific types of mental illness, early intervention and treatment could provide effective abrogation of further psychological problems developing. Identifying cognitive dysfunction as not only a symptom of mental illness, but a possible cause of mental illness may also provide valuable new understandings. For example cognitive dysfunction may lead to poor performance in early education, social embarrassment, reduced life prospects and poverty – therefore increasing the likelihood of mental health aggravation.

### 1.5 – Diagnosis and definitions of disorders

Providing accurate diagnosis within robust definitions of a disorder is almost certainly the top priority in the treatment and understanding of mental illness. It is essential in directing effective treatments, determining the prevalence of illness in a population, constructing patient groups for research; and cataloguing public health information such as morbidity, mortality and well-being. In recent decades modern western clinical definitions of mental illness have been underpinned by a subjective set of criteria which have shifted and changed slowly with the culture; and to some extent – the science. With the use of subjective symptom-based diagnoses however, comes a variety of problems. These include: the risk of misdiagnosis, wrongfully diagnosing normal behaviour (as a response to environmental factors) as a mental illness, defining normal aspects of human behaviour as psychiatric disorders (for example, bereavement which was included in an early version of the DSM-5), along with the cultural and political influence on diagnosis. With the mounting costs that mental illnesses are putting on health services around the globe – accurate diagnosis is essential for economical and effective treatment for the general population. Discussed below are the currently used classification parameters and diagnosis methods for mental disorders; the problems with current definitions; and future solutions being developed.

## 1.5.1 – Diagnostic and Statistical Manual of Mental Disorders (DSM) & the International Statistical Classification of Diseases and Related Health Problems (ICD)

The (DSM) has been the prevailing language and standard criteria for defining and diagnosing psychiatric disorders since the 1950s. It is used by a wide range of professionals and institutions including clinicians, researchers, insurance companies, pharmaceutical companies, national legal systems and government institutions. The tool comprises three major components: the diagnostic classification, the diagnostic criteria sets, and the descriptive text. The diagnostic classification consists of the list of mental disorders that are officially included in the DSM. To make a diagnosis one must select disorders from the classification that reflects the observed symptoms

from an individual. For each disorder in the DSM a set of diagnostic criteria outline what symptoms must be exhibited along with specific criteria that must not be present in order to fall into a certain diagnosis. The third component is the descriptive text that provides each disorder with additional information. The DSM, along with the ICD, relies on a subjective interpretation of self-report symptomatology and behavioural-score based tests in order to assign a diagnosis. Where the DSM and ICD offer reliability and consistency for clinicians to make diagnoses, the underlying principles offer up a range of problems.

### 1.5.2 – DSM and ICD: criticisms

In recent years the traditional methods for defining and diagnosing mental disorders have come under fire. While most diseases over the past decades have moved from diagnosis by observations of external symptoms to diagnosis rooted in an empirical, biological aspect; methods for mental disorders have failed to catch up. The director of the National Institute of Mental Health (NIMH), Thomas Insel, likened the current DSM & ICD methods of diagnosis, to diagnosing other pathologies by the nature of chest pain or intensity of fever (Cuthbert & Insel 2013). Indeed a DSM based diagnosis is normally made from self-reports from a patient combined with a clinician's own subjective interpretations of the patient's behaviour and understanding of psychiatric terms (Casey et al. 2013). This type of subjective diagnosis allows for the potential for misdiagnosis (and therefore mistreatment) across patients and practitioners. It also gives individuals the ability to abuse the use of social institutions like the criminal justice and welfare systems; and gives ground the potential abuse by political and governmental powers. This reliance on subjective interpretation also comes with problems in distinguishing normal 'day-today' human problems (e.g. bereavement, work stress, sadness) with more chronic pathologies rooted in genetic, developmental, anatomical and circuit dysfunctions.

Another key criticism of DSM and ICD is their tendency to define disorders in discrete, separate categories (Adam 2013). Meaning that for decades, patients whom present symptoms that span a number of categories have frequently been diagnosed with multiple disorders, experienced changing diagnoses over their life-

times, and consequently have suffered ineffective treatments and inaccurate prognoses.

As a result of recent genetic and neuroscientific evidence, many are now arguing for a paradigm shift in our definitions and approach to psychiatric illness. They argue that different mental illnesses exist on a dimensional spectrum rather than existing as distinct, unrelated entities (Adam 2013). According to the 'dimensionality' theory, mental disorders are seen as a product of common risk factors – separated by variable combinations of risk factors and environmental interactions. For example: a substantial body of evidence has arisen recently supporting the theory that schizophrenia and bipolar disorder exist on a dimensional spectrum – manifesting from common genetic susceptibility and shared pathological mechanisms (Craddock & Owen 2010). This answers for the classic Kraepelian division between schizophrenia and bipolar disorder known as 'schizoaffective disorder' – created in the DSM-IV to account for the large number of patients presenting co-morbidities for schizophrenia and bipolar disorder (Adam 2013).

Many also argue that the DSM and ICD's principle of categorisation and inclusion of contradictory parameters has impaired scientific research in the crusade for diagnosis precision (Cuthbert & Insel 2013). For example: establishing specific circuits or genes involved in a specific disorder (like bipolar disorder for example) prove difficult using subjects within DSM parameters because many involve subjects that present with various symptoms of the disorder. The various symptoms bipolar disorder may actually comprise distinct biological entities which are uninvolved with each other; therefore, reducing the likelihood of establishing a unifying genetic or circuitry factor. This top-down investigation where a specific disorder is chosen and then a proceeding search for a corresponding genetic/circuit based malfunction takes place, has pushed mental illness research into a rut. Many scientists are now calling for a bottom-up method where risk circuits or genes are identified as potential contributors to specific symptoms that may be present in a wide range of disorders. A new project named the Research Domain Criteria (RDoC) aims to 'Develop, for research purposes, new ways of classifying mental disorders based on

dimensions of observable behaviour and neurobiological measures' (Cuthbert & Insel 2013).

### 1.5.3 – Research Domain Criteria (RDoC) Project

The RDoC Project is a new initiative set up by the NIMH that aims to create a biologically based foundation for the understanding and diagnosis of mental disorders (Cuthbert & Insel 2010; Cuthbert & Insel 2013). The RDoC aims to provide a new kind of framework for mental disorders, enabling researchers to investigate from the 'bottom-up' using modern genetic, neurobiological and behavioural techniques. The development of the RDoC is in direct response to the problems in researching mental illness within the taxonomical constraints of the DCM. RDoC propose that since many genetic and neural circuit pathologies span a number of currently recognised syndromes, the DCM definitions restrain current research from identifying illnesses linked to pathophysiology, and hold back the development of more tailored treatments. Currently RDoC is being developed as a framework to guide grouping methods for patients in research studies and operate under three governing principles:

First RDoC is a dimensional system, spanning the full range of variation, from normal to abnormal. This reflects the current doctrine of viewing diseases as multiple interacting traits that are extremes on a spectrum of normal functioning (e.g. hypertension) (Casey *et al.* 2013). These dimensions can be measured quantitatively or qualitatively.

Secondly, RDoC remains free from the current disorder divisions. The aim of RDoC is to build new classifications based on current understandings of biological – behaviour relationships in relation to pathological behaviours.

Third, RDoC uses seven different units of analysis for study constructs – these are: genes, molecules, cells, circuits, physiology, behaviour, and self-reports. This allows researchers to choose an independent variable from several different units of analysis.

The RDoC framework is a matrix whose columns represent the individual units of analysis (genes, circuits etc) and rows represent 'constructs' – a concept summarising an arbitrary functional dimension of behaviour. Associated constructs are classed into 1 of 5 domains that represent contemporary views on motivation, cognition, and social behaviour. These are: Negative Valence Systems (systems for aversive motivation), Positive Valence Systems, Cognitive Systems, Systems for Social Processes and Arousal/Regulatory Systems. These constructs were picked on three criteria: first, constructs were included by whether a brain circuit or area could be defined that underpins a particular behaviour; second constructs were chosen to span the whole area of human behaviours and cognition while attempting to balance out specificity with conciseness; third, constructs were backed up by current research on neurobehaviour. The domains and constructs are there to serve as a guide and starting point rather than a rigid set of parameters. RDoC expect these constructs to develop and change as research progresses.

Alternatively from DCM-guided 'top-down' research, RDoC offers a research framework to investigate mental disorders from a bottom up approach. RDoC explains this will come from two approaches. First, a study may include all patients who attend a clinic for particular type of treatment. Secondly, a specific criterion for selecting multiple groups could be used e.g. patients whom score under the average on a working memory test – and then compare these patients with the average (control) group. From here researchers could establish biological links to specific variables with a lower chance of excluding patients because of co-morbid conditions.

### 1.5.4 – RDoC: implications and challenges

In light of this new approach to investigating psychiatric disorders, it is safe to say that the way neuroscientific research is directed and evaluated will have to change dramatically in order to fit this framework. It requires a general paradigm shift in the way that researchers look at mental disorders. For example, a study looking at underlying genetic or circuit based causes to auditory hallucinations should include a whole group of patients reporting these symptoms, regardless of specific disorder as defined by the DSM. Thus, a large component of a researcher's study design must be

changed. Even previous research may have to be re-evaluated and critically analysed with respect to the new RDoC framework. Furthermore, because whole institutions, lab groups, charities, policy makers, legal professionals and clinicians guide much of their work based completely on DSM & ICD definitions – which may turn out to be quite inaccurate or even completely wrong – this could have huge implications that extend way beyond the scientific world. Not only that, but insurance claims, welfare benefits, criminal law decisions, drug treatments and therapeutic programmes would all have to be revised. In light of this, it can be concluded that the way that RDoC may change the definitions, approaches and perceptions of mental illness could be staggering for society.

These challenges and implications, however, pale in comparison to the huge benefits and progress that will arise from such changes. This shift from researching subjectively defined mental disorders into investigating specific symptoms on a spectrum of intensity will not only benefit psychiatric research; but neuroscience as a whole. After all; neuroscience has always exploited what information can be gathered from brain injuries, genetic mutations and other biological aberrations, in order to gain valuable insight into how biological mechanisms (e.g. genetic, neural) give rise to behaviour and cognition. Up until now, neuroscience has failed to make use of mental disorders in a similar way. However, by realigning mental disorder research into this framework there is potential to utilise the spectral distribution of the cognitive and emotional range (from normal to pathological, and everything in between) to unlock the biological processes of these phenomena. For example, a neuroimaging combined genetic study into attention using a spectrum of subjects based on their attentional abilities (e.g. from excellent, hyper focused subjects, to normally attentive subjects, and then all the way to subjects with extreme attentional difficulties) regardless of their formal psychiatric diagnoses (e.g. healthy, schizophrenia, autism, bipolar disorder etc) could provide insight into genetic and circuit architecture of attentional systems; along with a new framework in defining and tracing the aetiology of various disorders. This paradigm shift will be slow, costly and not without its problems but is absolutely essential in furthering our

understanding of the human brain and how biological variations give rise to the vast plethora of our behavioural and cognitive apparatus.

### 1.6 – Current phenotypes for psychiatric disorder research

#### 1.6.1 – Cognitive impairment

Symptoms of psychiatric disorders tend to be most well-known for the psychotic and emotional aspects of the disorders. For example in schizophrenia the psychotic aspects (or positive symptoms) are characterised by thoughts, feelings or experiences that most individuals do not normally experience. For example auditory hallucinations, paranoid delusions, and disordered thoughts (Kay, Fiszbein, & Opler, 1987). Emotional aspects (or negative symptoms) are characterised by deficits in normal emotional processing including reduced emotional response, reduced motivation for reward and little interest in forming emotional relationships (Kay et al., 1987; Foussias & Remington 2010). These symptoms are generally harder to treat than positive symptoms (Greden & Tandon, 1991). However, while the emotional and positive symptoms of psychiatric disorders remain the main focus for medical practitioners, and are the most well-known aspects of mental illness in popular culture, a third category of symptoms exist - cognitive impairments. Cognitive impairments are just as detrimental to an individuals' well-being; and can have great influence on the positive and emotional aspects of mental disorders like schizophrenia (Pessoa 2008). As with the negative symptoms, cognitive deficits are minimally affected by current drugs for the treatment of schizophrenia and other disorders, and are strongly associated with functional outcome (Hill et al. 2010; Mueser & McGurk, 2004; Green et al. 2004). Cognitive impairments also exist outwith standard diagnostic definitions, with differing underlying neurobiological pathology from emotional and psychotic symptoms. Despite this, this major primary symptom of the psychiatric disorders is generally overlooked in diagnosis and treatment. Nonetheless, new research is promising to uncover the neurobiological and categorical aspects of cognitive impairments in psychiatric disorders which could serve to sharpen diagnosis and enhance treatment.

#### **1.6.1.1 – Cognitive Parameters**

Cognitive processes constitute the 'higher order' functioning that integrates various types of information (e.g. sensory, numerical, memory), in order to execute and learn complex behaviours, motor processes and mental constructs that the pressures of survival constantly demand on organisms. It is especially important in the understanding of our own species, *Homo sapiens*, as they help to describe the multiple facets of our complex behaviours, expressions, and creations that have put us in our unique position on Planet Earth today.

Cognitive processes in humans tend to fall under five distinct, but inter-linking categories which are: attention, memory, emotional and social cognition; symbolic representation; and executive processing. There are sub-types under each category which constitute separate processes and can be identified using various behavioural tasks, where many have been characterised by distinct neural circuits. All these cognitive processes influence each other and work together to create particular mental and behavioural processes. Therefore when one process is disrupted it can cause a cascade of dysfunction in mental processes further down the line, leading to an amalgamation of various behavioural phenotypes and disorders. These disruptions in cognition occur in every psychiatric disorder and in each discrete category of cognition (Millan et al. 2012), and one of the major challenges is quantifying the exact changes in cognition that take place among these mental disorders. This is complicated by the close relationship between changes in emotional state, reward motivation, motor performance and fluctuations in cognitive processing speed. Furthermore along with treatment, many other factors can impede on a subject's cognitive ability, these include: education and age; physiological status, disease stage, co-morbidity, motivation and reward value; type of cognitive assessment used, and the quantification method - e.g. self-rate, quantitative (Kalkstein et al. 2010; Hauber & Sommer 2009). Despite the complications, various patterns are emerging. Outlined below are the various aspects of cognitive impairment in relation to mental disorders with a summary of cognitive impairments related to mental disorder featured in table 1.

	Attentional	Executive Function	Social Cognition	Symbolic Representation / Language	Working Memory	Semantic	Episodic Memory	Non- Declarative Memory	References
ADHD	Р	Р	Р	/	Р	/	/	/	Arnsten 2006, Martinussen <i>et al.</i> 2005; Uekermann <i>et al.</i> 2010; Snyder <i>et al.</i> 2014
ASD	Ρ	Ρ	Ρ	Ρ	?	/	Ρ	/	Baron-Cohen & Belmonte 2005; Hill & Frith 2003; Goh & Peterson 2012; Gaigg <i>et al.</i> 2014; Lord 2004; Young <i>et al.</i> 2005; Kjelgaard 2001; Baron-Cohen 2005; Pelphrey <i>et al.</i> 2002; Hill 2004;
Bipolar Disorder	Ρ	Р	Р	Р	Р	/	Р	/	Robinson <i>et al.</i> 2006; Torres <i>et al.</i> 2007; Gallagher <i>et al.</i> 2014; Dere <i>et al.</i> 2010; Robinson <i>et al.</i> 2006; Kurtz 2009; Samamé 2013
GAD	Р	/	/	/	/	/	Ρ	/	Coles <i>et al.</i> 2007.
MDD	Ρ	Ρ	Ρ	/	Ρ	/	Ρ	/	Castaneda <i>et al.</i> 2008; Gotlib & Joormann 2010; Airaksinen <i>et al.</i> 2007; Christopher & MacDonald 2005; Schreiter <i>et al.</i> 2013; Loi <i>et al.</i> 2013; Lee <i>et al.</i> 2012;
OCD	Р	Р	Р	/	P <sub>?</sub>	/	/	E	Burdick <i>et al.</i> 2008; Nakao <i>et al.</i> 2009; Tolin <i>et al.</i> 2001; Roth <i>et al.</i> 2004; Sayin <i>et al.</i> 2010; Snyder <i>et al.</i> 2014
PTSD	Р	Р	/	/	E?	/	/	/	Moore 2009; Schönenberg 2013; Williams <i>et al.</i> 2007; Aupperle <i>et al.</i> 2012; Olff <i>et al.</i> 2014;
Schizophrenia	Ρ	Ρ	Ρ	Р	Ρ	?	Ρ	/	Luck & Gold 2008; Dere <i>et al.</i> 2010; Elvevåg 2000; Cohen <i>et al.</i> 1974; Allen <i>et al.</i> 1993; Savla <i>et al.</i> 2013; Morrison <i>et al.</i> 2013); Kalkstein <i>et al.</i> 2010; Ihara <i>et al.</i> 2000; Orellana & Slachevsky 2013

Table 1: Cognitive Impairments in the major psychiatric disorders. Key:  ${}^{P}$ , = present;  ${}^{?}$  = Disputed;  ${}^{E}$  = enhanced;  ${}^{\prime}$  = no data or not present. ADHD = Attention Deficit Hyperactivity Disorder, ASD = Autism Spectrum Disorder, GAD = Generalized Anxiety Disorder, MDD = Major Depressive Disorder, OCD = Obsessive Compulsive Disorder, PTSD = Post Traumatic Stress Disorder.

### 1.6.1.2 – Attention

Attention is the cognitive process that allows one to focus on a particular stimuli or mental activity while filtering out other potentially equally weighted stimuli. It is the process that allows one to listen to a piece of music as a whole and then selectively listen to the percussion piece, and then bass and then the brass. It is a fundamental apparatus for humans to maintain goal directed behaviour and focus on social exchanges, and many other important every-day activities. Importantly, this is a cognitive process that seems to be impaired in almost all of the major psychiatric illnesses; highlighting a major line of investigation into the aetiology of these disorders. Attention deficit hyper-activity disorder (ADHD) represents a disorder with a fundamental impairment in attentional systems. In the attentional domain this mainly manifests as an overall loss of focused attention, and severe problems with distractibility (Arnsten 2006). Deficits in attention are common in schizophrenia too. These are specifically in input-selection attention and rule selection (Luck & Gold 2008). Also in inhibitory attentional control and sustained attention (Galaverna et al. 2012). Patients with bipolar disorder are found to have marked deficits in sustained attention and speed of processing during euthymic (Robinson et al. 2006; Torres et al. 2007; Martino et al. 2014) and depressed (Gallagher et al. 2014; Kurtz & Gerraty 2009) phases of the disorder. Furthermore patients suffering from panic disorder, post-traumatic stress disorder (PTSD), and obsessive compulsive disorder (OCD) all exhibit hypervigilance to threatening stimuli, which serves as a disruption to the stability of attention (Gordeev 2008; Moore 2009; Schönenberg & Abdelrahman 2013; Burdick et al. 2008). As a result of this hypervigilance, patients tend to have dysfunctions in selective attention, failing to attend to relevant stimuli while failing to disregard irrelevant stimuli (Clayton et al. 1999; Enright & Beech 1990). Attentional bias towards negative thoughts is widely seen in major depressive disorders and anxiety disorders. Along with loss of vigilance in major depressive patients (Castaneda et al. 2008; Gotlib & Joormann 2010). Finally, Autistic Spectrum Disorder (ASD) patients exhibit severe deficits in the ability to focus attention to others' emotional state along with a blunting of joint attention. ASD also exhibits

marked hyper-attention to inanimate objects (Baron-Cohen & Belmonte 2005; Hill & Frith 2003).

### 1.6.1.3 – Memory

Memory systems in mammals are divided under two major categories based on the duration and endurance of the memories – these are long term memory and short term memory. Both categories use similar mechanisms of synaptic plasticity but differ in their cognitive and systems level base. Long-term memory describes the storage and recovery of information over a long period of time (e.g. months, years) and is divided further into two sub-categories – declarative (episodic and semantic memory) and nondeclarative memory (skill learning, priming and conditioning). Short-term memory generally describes the short term memories that are stored for a brief period in order to facilitate short term behavioural goals. A subdivision of short-term memory known as working memory – represents a cognitive apparatus that utilises short-term memories, long-term memories and other kinds of information to rehearse and manipulate information in real time - in order to solve behavioural goals. Working memory can involve visual, verbal and many other types of modalities. Both of the main types of memories are essential in guiding and facilitating other cognitive functions like executive, emotional and social cognition. This means that any deficit in these subtypes of memory has the potential to negatively affect the normal functioning of modes of cognition; and in turn can negatively affect an individual's behaviour and state of well-being.

While memory deficits in brain disorders are most well-known as major symptoms in dementia and Alzheimer's disease, deficits are seen in various psychiatric disorders. Patients with ADHD exhibit characteristic deficits in working memory (associated with executive function impairments) (Martinussen *et al.* 2005). OCD patients may show deficits in working memory (Nakao *et al.* 2009) (although some argue that the deficits lie in their *confidence* of the memories (Tolin *et al.* 2001)) and actually show cognitive enhancement in procedural memory compared to normal populations (Roth *et al.* 2004). Furthermore individuals with social anxiety disorder and PTSD exhibit abnormal bias towards social-threat memories, trauma-relevant and other

related imagery, reflecting a malfunction in autobiographical memory (Coles *et al.* 2007; Williams *et al.* 2007).

Individuals with ASD tend to express conserved abilities in semantic memory, but show marked deficits in episodic memory (Goh & Peterson 2012; Gaigg et al. 2014). Individuals with bipolar disorder and major depression share marked deficits in episodic memory (Airaksinen et al. 2007; Dere et al. 2010) - where both show impairments in inhibiting negative components of autobiographical memory (Williams & Moulds 2008); and working memory - where automatic intrusive negative thoughts are thought to compete for attentional demands during working memory tasks (Christopher & MacDonald 2005; Gallagher et al. 2014). Lastly, schizophrenia disorders display the most marked deficits in memory systems with large effect sizes. These include marked deficits in spatial, digit span and verbal aspects of working memory performance; and impairments in verbal-episodic memory, especially dependent on the emotional valence of the memories recalled (Dere et al. 2010). Various studies have claimed that deficits also exist in semantic memory for schizophrenia (Elvevåg & Goldberg 2000). A recent meta-analysis has shown an uneven degradation in various semantic memory tests including verbal fluency, word-picture association; and categorization and priming tests (Christopher & MacDonald 2005).

### 1.6.1.4 – Symbolic representation / language

Arguably the most distinctive and sophisticated of human cognitive behaviours is the use of symbols and representations to convey information from individual to individual. Symbolic representation in humans is most commonly seen through the use of language (auditory or gestural) and the written, visual representations of our languages. Furthermore it is argued that humanity's development and use of language is a fundamental factor that has shaped our success as a species today. It is yet to be proven that other species acquire such complex language abilities, however, there is extensive evidence for sophisticated communications in members of the cetacean order including the Bottlenose dolphins and Orcas (Marino *et al.* 2007); and our closer relatives – Orangutans and Chimpanzees (Hobaiter & Byrne

2011; Cartmill & Byrne 2010) – that may constitute distinctive non-human languages. Some scientists have even argued that the evolution of complex language abilities in humans (and other sophisticated cognitive abilities) may be a major factor in the manifestation of our species-specific disorders like schizophrenia and ASD (Thomas Gualtieri 2014).

One of the major symptoms of schizophrenia is supposed to be formal thought disorder (FTD), characterised by a range of markers of impaired and disordered thoughts. However, most of these impairments are measured via verbal communication, where research has shown that language itself is broadly impaired in schizophrenia, meaning that many of the attributes of FTD may be more likely caused by impairments in language capabilities (Radanovic *et al.* 2013). Impairments in various forms of semantics are seen in schizophrenia, these include *glossomania* – an inability to inhibit the flow of associated subjects with a specific word (Cohen et al. 1974); and approximation conduct – to use words which do not directly address the meaning of a word but instead use an approximation or neologism (Allen et al. 1993). Impairments in the understanding of the structure of statements has also been observed, however, some authors have argued this is hard to distinguish from other cognitive deficits seen in schizophrenia including working memory, attention and executive function (Radanovic et al. 2013). The most evident deficits in language however, are the pragmatic aspects of discourse, where patients will have problems in maintaining the relevant cohesion of conversation and statements. Patients also have difficulty in introducing new information to conversation and show impairments in producing coherent, well-planned arguments or ideas (Hoffman et al. 1986).

ASD patients also exhibit many different types of language impairments which depend on the type and severity of their autism. These deficits can exist in all fundamental aspects of language including: lexical (Lord *et al.* 2004), pragmatic (Young *et al.* 2005) and phonetic (Kjelgaard & Tager-Flusberg 2001). Along with ASD and schizophrenia, recent meta-analyses have shown slight dysfunctions in language capabilities in bipolar patients. Recent meta-analyses have shown slight deficits in

letter fluency and marked deficits in phonemic and semantic fluency in euthymic bipolar patients (Robinson *et al.* 2006; Kurtz & Gerraty 2009). Furthermore the latter study found that patients in manic/mixed states showed marked impairment in letter fluency and semantic fluency, and during depressed states showed large deficits in phonemic fluency (Kurtz & Gerraty 2009). These differences in language capabilities were greater between depressed and euthymic states but remained similar during manic and depressed states, highlighting how differences in clinical state can affect neurocognitive performance.

### 1.6.1.5 – Social cognition

Social cognition describes the multidimensional psychosocial processes which facilitate how individuals understand themselves, understand their relationships with others and can calculate the feelings and intentions of others around them. The major aspects of social cognition include: self-reflection (knowing oneself as a distinct entity, and critically analysing one's own thoughts and behaviours), embodiment (the knowledge of being part of one's own body), recognition and perception of facial and body expressions (the ability to recognise other's bodily and facial expression and understand what they are communicating), social categorization (perceiving people's identifying features and forming impressions based on this information), Theory of Mind (the ability to comprehend the mental states and intentions of individuals other than yourself) and empathy (the phenomena of actually *feeling* and understanding the emotions of other individuals). These cognitive phenomena are ones which most individuals take for granted, but underpin some of the most important behavioural and spiritual attributes that make us human. And dysfunctions in these can have massive implications for the way an individual interacts with their own and other's personal well-being. These cognitive abilities can be heavily influenced by one's own immediate emotional state, their cultural and societal influences, and their own personal perceptions. These processes can be nurtured, manipulated, ignored and completely destroyed in a healthy human's life and it could be argued that most humans in their lifetime may suffer some form of impairment in social cognition (e.g. empathy) as determined by

the survival pressures of their time. However, within certain mental disorders, it has been shown that significant social cognition deficits do exist and either form the backbone of the disease, like ASD, or may be a major contributor to disease morbidity.

A number of social cognition deficits are present in schizophrenia patients. In a meta-analysis across 112 studies, Savla et al. showed that schizophrenia patients exhibit impairments across all areas of social cognition including social perception, Theory of Mind (ToM), emotion perception and emotional processing (Savla et al. 2013). Furthermore, another study (Morrison et al. 2013) found that patients with schizotypy performed significantly worse in facial emotion recognition tasks, ToM and emotional management tasks, compared to controls. These deficits in facial emotional processing were shown to be more significant in negative emotions for schizotypy patients (Comparelli et al. 2014). While these deficits may not seem as urgent as the more psychotic aspects of the disease, social cognitive deficits are actually very significant in the prediction and aggravation of various symptoms of the disorder. For example, is has been proposed that social cognition impairment may be one of the major predictors for schizophrenia in high risk, asymptomatic individuals (Barnett et al. 2010) and the consequences of these social impairments can lead to increased social withdrawal. This can result in a worsening of the negative aspects of schizophrenia. Furthermore the impairment in understanding another's intention or emotional state can lead to the worsening and aggravation of paranoid and delusional symptoms in patients (Brüne 2005). These social cognition impairments are also seen in other disorders but are less severe and less broad. For example: Major depressive disorder – including deficits in empathy (Schreiter et al. 2013) and body language perceptions (Loi et al. 2013); bipolar disorder – with deficits in ToM (Samamé 2013); OCD – impairments in ToM (Sayin et al. 2010); and ADHD with impairments in emotional facial processing (Uekermann et al. 2010). Lastly, ASD is mainly characterised by an individuals' poor social skills and lack of interest in other humans. This is mainly caused by severe dysfunctions and impairments in ToM (Baron-Cohen et al. 1994), empathy (Baron-Cohen & Belmonte 2005) and emotional facial processing (Pelphrey et al. 2002).

Like deficits in attentional cognitive domains, it seems social cognition is impaired in some form among all the major mental disorders. This may highlight a common aetiological source among the various disorders (apart from ASD), where problems in social cognition could aggravate an individual's mental health and lead them into worsening conditions.

### 1.6.1.6 – Executive function

Executive processes generally describe the unconscious and conscious 'thinking' that monitors and influences other cognitive processes in order to direct mental states and behaviour in a flexible, goal-directed manner. This allows individuals to achieve various complex tasks and outcomes that, without executive monitoring and influence, may not be achievable. These include the abilities to: break out of habitual behaviours, evaluate multiple options and then make a decision on them; plan for the future, apply deductive and inductive reasoning; adapt to new situations, and prioritise and sequence behavioural strategies. These complex mental apparatus are largely taken for granted in the healthy population but can, understandably, be detrimental to an individual when any of these processes are impaired. For this reason, much research has been put into discovering executive dysfunctions in mental illness, how they impact an individual's life and how it influences disorder progression. Outlined below is a summary of executive dysfunctions found in the major psychiatric disorders.

Bipolar patients show a number of executive dysfunctions across all phases of the disorder; these include deficits in problem solving tasks, verbal interference, and set switching tasks (Kurtz & Gerraty 2009). It has been argued that these impairments can be influenced by education status and age of onset (Robinson *et al.* 2006). However, a five year follow up study into executive dysfunction in a group of bipolar patients showed that there was little difference in performance of cognitive tasks over the five years (Santos *et al.* 2014).

In a recent meta-analysis of 15 studies, Lee *et al.* found that first-episode patients with Major Depressive Disorder (MDD) patients exhibit small to medium deficits in

all aspects of executive functioning (Lee et al. 2012). These deficits may all be affected by education attainment, age, antidepressant usage and other factors, however, due to small sample sizes in the studies the findings may not be completely reliable. Other studies have pointed towards mild, but broad deficits in aspects of executive functioning in MDD patients of all ages. These include cognitive flexibility, inhibition and verbal fluency (Mahurin et al. 2006; Stordal et al. 2004). This may point towards a subtle source of mental health aggravation which may contribute towards MDD aetiology. ADHD individuals also exhibit broad-based deficits in executive function but tend to be more severe than MDD (Goldstein et al. 2014). Many clinicians and researchers have hypothesized that the repetitive and chronic compulsions of OCD are partly because of deficits in executive functioning. This has been backed up by a recent extensive meta-analysis by Snyder et al. (Snyder et al. 2014). While previous meta-analyses produced conflicting findings on the extent of executive functioning dysfunctions in OCD (Abramovitch et al. 2013; Shin et al. 2014), Snyder et al. produced an extensive coverage of executive functioning dysfunctions in OCD. These include large deficits in cognitive flexibility; executive visuospatial working memory and future planning. This deficit in cognitive flexibility may help to explain the stereotypical problems OCD patients have with changing strategies to new behavioural challenges, a phenomena known as perseveration. Patients with PTSD also show mild impairments in executive functioning, which may be related to avoidance and numbing behaviours (Aupperle et al. 2012; Olff et al. 2014). ASD also exhibits a number of executive function deficits that underline a prominent component of the disease's severity. These include marked deficits in future planning and cognitive flexibility (Hill 2004).

Schizophrenia patients exhibit some of the most severe and extensive deficits in executive functioning among the major mental disorders, and is the most commonly observed cognitive deficit of the disease (Kalkstein *et al.* 2010). These deficits include poor performance in cognitive flexibility (set-shifting) tasks like the Wisconsin Card Sorting Test (WCST) (Ihara *et al.* 2000); impairments in future planning (Kalkstein *et al.* 2010) and dysfunctions in self-regulation of behaviour (Orellana & Slachevsky 2013). This underlines an important target for research into schizophrenia disease

progression, as clearly these forms of executive processes are essential for normal functioning in nearly all aspects of life. To be hindered in any of these processes may significantly affect an individual's chances of performing adequately in various platforms, including education, employment and socialising, thus increasing the risks of negative life experiences.

### 1.6.2 – Genetic risk factors for psychiatric disorders

Unlike other disorders of the brain, like Alzheimer's disease, there are no prominent biochemical markers in psychiatric disorders that can easily explain their aetiology and pathological progression. Furthermore there have been no real discoveries of Mendelian genetic inheritance, despite substantial evidence from heritability and familial studies indicating that the disorders have a strong genetic component. And despite the considerable work and energy put into deciphering possible genetic causes, progress has been frustratingly slow. Much of this is owed to the complex nature of human genetic study design, and the variable, subjective means of psychiatric diagnosis. However, with the enhanced sophistication and expansion of large-scale genomics investigations by groups like the Psychiatric Genomics Consortium (PGC), genetic architectures for some major disorders are arising. Multiparty collaborations within the international community on large scale genome wide association studies (GWAS) and copy number variation (CNV) studies have unveiled a number of common, rare and *de novo* risk factors in some of the major psychiatric disorders. From these discoveries the psychiatric disorders are beginning to be viewed as polygenic complex traits that are influenced by a number of genetic factors and non-genetic factors; e.g. environmental, epigenetic. These discoveries couldn't come any sooner, as two decades' worth of candidate gene and linkage studies have struggled to produce reliable or replicable evidence for genetic risk factors in the major psychiatric disorders (Sullivan et al. 2012; Gratten et al. 2014), stifling the progression of drug discovery, diagnosis and early intervention strategies.

The recent discoveries of genetic risk factors in psychiatric disorders are owed to the great advancement in technological capabilities and collaborative effort from the scientific community, which has spawned a number of unbiased and effective

methods of analysis. These are gene-wide association studies (GWAS) (or genomewide common variant studies (CVAS)), copy number variation studies (CNVS), and rare variant association studies (RVAS). GWAS are whole genome approaches to investigate chromosomal loci regions in relation to a disorder or risk for a disorder. GWAS studies mine the genomes from extremely large datasets of cases and controls to find individual single DNA nucleotide sequence differences (known as single nucleotide polymorphisms (SNPs)) on genetic loci that may be more common in case populations whom express a particular trait. From here the frequency of specific SNPs can be associated with a specific disease. Copy number variation studies - the simultaneous analyses of multiple deletions and duplications of genomic segments – have also produced reliable risk loci in major disorders like schizophrenia and ASD. These studies have found >200kb deletions and duplications on loci that may contribute to multi-gene dysfunction. Lastly, rare variant association studies (RVAS) have made it possible to investigate rare sequence variants of high pathological penetrants, these include *de novo* mutations – which are newly arising mutations that are not genetically inherited (Mccarroll et al. 2014). Outlined below are the various findings from these new methods of investigation and how they are unveiling the genetic architecture of the major psychiatric disorders.

Despite much familial and heritability based evidence pointing towards genetic inheritance within depressive, attentive and anxiety based disorders, much of the results from whole genome studies have been patchy and inconclusive so far. This may be down to problems in misdiagnosis of disorders, an under-appreciation of the environmental impacts of heritability studies, a limited sample size, and a lack of statistical power required to delineate risk factors (McCarroll *et al.* 2014). However, CNV research and cross-disorder studies have unveiled some promising lines of evidence.

A PGC GWAS analysis into major depressive disorders found no significant genes associated with major depressive phenotypes (Ripke, Wray, *et al.* 2013). This study used a sample number of over 11,000, which in any other GWAS study with a sample size n>11,000 has produced at least one significant finding (Sullivan *et al.* 2012).
However, it has been proposed that due to MDD's high population prevalence, a successful GWAS would have to use a sample 1.8 to 2.4 times larger than equivalent studies into schizophrenia in order to detect risk variants (Wray et al. 2012). Recent GWASs into ADHD have yielded no risk loci as of yet (Stergiakouli et al. 2012; Neale et al. 2010). This may be down to very low sample sizes in these studies, in comparison to schizophrenia GWASs, and the variability in diagnoses of ADHD among a population. Similarly, there has been no risk loci found in OCD GWASs (Davis et al. 2013). However, among these disorders, rare CNV (less than 1% in the population) de novo (genetic mutations that are found newly in a family member, which has not been expressed in their parents or previous lineage) duplications and deletions have been found. These variations are rare in populations but have high odds ratios for exhibiting the disease (around 2 – 20) (Gratten et al. 2014). Using the data from an SNP data array, Degenhardt et al. found a number of CNVs in a population of MDD patients (Degenhardt et al. 2012). These include microdeletions 7p21.3, microduplications in 15q26.3; and microdeletions and duplications in 16p11.2. Interestingly, the 16p11.2 region has also been implicated in various psychiatric disorders including schizophrenia (McCarthy et al. 2009) and autism (Kumar et al. 2008). Furthermore research has shown that 16p11.2, among other regions, shows a reciprocal tendency – where a deletion increases the risk of autism and a duplication increases the risk of schizophrenia (Crespi et al. 2010). A recent study found large deletions in the locus 16p13.11 for a very small number of OCD patients (McGrath et al. 2014). This locus has also been implicated in seizures in epilepsy (de Kovel et al. 2010) and in ASD (Ullmann et al. 2007). There are many rare CNVs that have been implicated in ADHD too, including large duplications on 16p13.11 (Williams et al. 2010) and the 16p11.2 region (Lionel et al. 2011). Another study implicated around seventeen shared risk CNVs for ADHD and autism (Stam et al. 2013). This evidence supports the growing view that many psychiatric disorders share components of their genetic aetiology and will further serve to break down classical nosology of the disorders. Furthermore a genome wide analysis of SNP data for five disorders (ASD, ADHD, bi-polar disorder, MDD, and schizophrenia) using 33,332 cases and 27,888 controls found SNPs at four significant loci (Ripke et al. 2014). These were on regions of 3p21, 10q24 and within genes that code for two L-

type voltage-gated subunits, CACNA1C and CACNB2, implicating a possible common aetiology for these disorders rooted in calcium channel pathology. Other studies support these findings identifying CACNA1C as a risk factor for schizophrenia and major depressive disorder in Han Chinese populations (Yu *et al.* 2014; Zheng *et al.* 2014), and bipolar disorder in European populations (Green *et al.* 2010; Ferreira *et al.* 2008). This association of risk SNPs is particularly prominent between schizophrenia and bipolar disorder. This was supported by an earlier GWASs that found three loci that are associated with both disorders – CACNA1C, ANK3 and ITIH3-ITIH4 (Schizophrenia Psychiatric Genome-Wide Association Study (GWAS) Consortium 2011).

From these findings and many other studies, most psychiatric disorders are now viewed as highly polygenic traits that manifest as a conglomeration of multiple risk factors, with rare cases of a few genes producing similar traits in a population. This would make sense through an evolutionary perspective where multiple mutations with very small effect take place rather than single mutations with a large effect, which may provide less risky platforms for a genome to interact positively with its environment. No other psychiatric disorder exemplifies this complex polygenic nature like schizophrenia. It is estimated that 8300 independent loci contribute to around 50% of genetic risk in the disorder (Ripke, Dushlaine, et al. 2013). Where most loci carry very small risk (around 0.05) (Gratten et al. 2014), and others carry a much more significant risk. For example, over a decade ago a rare, and highly penetrant reciprocal chromosomal t(1:11) translocation on 1q42.1 was discovered, and was found to be strongly associated with various psychiatric disorders in a single Scottish family (St Clair et al. 1990; Millar et al. 2000). This translocation was found to directly affect the DISC1 gene – which codes for the major hub protein DISC1 – and the DISC2 gene – an antisense RNA specific gene. There has been a large body of evidence over the decade supporting DISC1 as a rare but highly penetrant risk factor for schizophrenia (Reviewed by Chubb et al. 2008). The DISC1 gene has been implicated in various cognitive deficits in schizophrenia including working memory. It has also been proposed that the DISC1 protein occupies a central hub position, prominent in synaptic processes (known as the DISC1-interactome) and that it

interacts with various other proteins in the regulation of cytoskeletal processes, intracellular transport and cell-cycle/division (Camargo *et al.* 2007). Some GWASs into schizophrenia have found SNPs and CNVs in genes that code for proteins that interact with the DISC1-interactome (Kirov *et al.* 2009; Need *et al.* 2009), indicating a probable network of proteins involved in schizophrenia pathology.

The most recent GWAS of 36,989 cases and 113,075 controls by the Schizophrenia Working Group of the Psychiatric Genomics Consortium (PGC) identified 128 independent associations from 108 distinctive loci (Ripke et al. 2014). This is arguably the most successful GWAS of the major psychiatric disorders to date, yielding 83 previously undiscovered associations. The study confirmed a number of previously identified risk associations and new associations which are relevant to prominent theories of molecular aetiology and pharmacological treatment of schizophrenia. These include SNPs close to the DRD2 gene - the main target of psychotic drugs – which is involved in dopaminergic neurotransmission; GRM3, GRIN2A, and GRIA1 genes which are all components of glutamatergic pathways and synaptic plasticity; CACNA1C, CACNB2, CACNA1L, RIMS1 – components of calcium signalling; various genes involved in synaptic plasticity including KCTD13, NLGN4X, and CNKSR2; ion channel genes - KCNB1, IGSF9B, CNTN4, HCN1; neurodevelopmental genes like FXR1 and SATB2; and a component of the major histocompatibility complex (MHC) (Ripke et al. 2014 Hamshere et al. 2013;). A number of the genes identified which are involved in calcium channels, glutamatergic transmission and synaptic plasticity are associated with known rare CNV and de novo mutations (Purcell et al. 2014; Kirov et al. 2012). This points to a common source of pathology among common and rare genetic associations.

*De novo* mutations are of particular importance in delineating the non-inheritable aspects of schizophrenia too. Importantly, recent evidence has shown that offspring of older fathers have a higher chance of developing schizophrenia than younger fathers, and that paternal age at conception is positively correlated with *de novo* mutations expressed in their offspring (J. J. McGrath *et al.* 2014; Fromer *et al.* 2014). A recent study of 623 schizophrenia trios (parents and probands) found significant

enhanced enrichment of *de novo* mutations in specific synaptic genes, including ones associated with the NMDAR complex and the activity-regulated cytoskeleton-associated protein (ARC) complex. Both involved in regulating synaptic strength at glutamatergic synapses and may also be involved in cognition (Kirov *et al.* 2012). ARC is also involved in the regulation of synaptic pruning during development (Mikuni *et al.* 2013), which may be impaired in schizophrenia (Hayashi-Takagi *et al.* 2011). They also found significant cross-over between ASD and intellectual impairment for enriched CNVs; including two well established gene risk factors for ASD – SCN2A and POGZ Buxbaum *et al.* 2012). It was observed that these mutations are least severe in schizophrenia compared to ASD and intellectual impairment, and that the highest rate of loss of function mutations were correlated with the greatest intellectual cognitive impairments.

Although GWAS studies have identified a range of SNPs important in schizophrenia, there remains the possibility that other genetic variants are also important in disease mechanisms. In particular the case is strong if there is converging evidence from patient case control genetic association studies, neurobiological knowledge and post mortem tissue analysis. Two such genes that fall into this category and which are the subject of this thesis are *MAP2K7* and *FXYD6* 

FXYD6 belongs to a group of proteins that are known to be involved in modulating NaKATPase activity (Béguin *et al.* 2001; Bibert *et al.* 2008; Crambert *et al.* 2005), where FXYD6 is mainly expressed in regions of the inner ear and the brain (Geering 2006, Kadowaki *et al.* 2004). There is some evidence that has indicated abnormal NaKATPase regulation within various psychiatric disorders including schizophrenia (el-Mallakh & Wyatt 1995; Renkawek *et al.* 1992, Rybakowski & Lehmann 1994). While some linkage studies have found positive associations for *FXYD6* and schizophrenia (Choudhury *et al.* 2006; Choudhury *et al.* 2007) and others have not (lwata *et al.*, 2010; Zhang *et al.*, 2010); peripheral evidence still indicates that FXYD6 may potentially have an impact on the cognate aspects of schizophrenia. Western blots and in situ hybridisation studies have indicated expression of FXYD6 in the hippocampus and the prefrontal cortex (PFC), areas that show abnormal activity in

schizophrenia and are generally linked to higher cognitive functions (Kadowaki 2004). Furthermore, *FXYD6* is also located on area of 11q23.3 chromosome, a loci heavily implicated in schizophrenia (Grandy *et al.* 1989; Zhong *et al.* 2011). Abnormal FXYD6 expression may impair NaKATPase function in schizophrenia, and therefore, affect cognition in the PFC and hippocampal areas. As other psychiatric disorders show impaired function in NaKATPase activity, abnormal expression of FXYD6 may produce similar deficits and contribute to cognitive dysfunction in schizophrenia.

*MAP2K7* has also been implicated as a risk factor for schizophrenia, particularly in cognitive symptoms. *MAP2K7* is a gene that expresses a kinase that is involved in the c-Jun N-terminal kinase (JNK) pathway, which is implicated in neuronal activity, receptor function and cortical & hippocampal plasticity (Winchester *et al.* 2014). A genetic association study found a substantial effect size for a common variant from case and control samples collected from Glasgow and Northern Europe, with a decreased expression of MAP2K7 in the PFC of post-mortem schizophrenia patients (Winchester *et al.* 2012). A study by Funk *et al.* also found decreased expression of MAP2K7 in ACC and DLPFC areas (Funk *et al.* 2012) and the antipsychotic, clozapine, has been implicated in positively regulating gene expression in the MAPK signalling pathway (Rizig *et al.* 2012). GWAS and linkage studies (Li *et al.* 2012; Ripke *et al.* 2014) have also identified a kinase - vaccinia-related kinase 2 (VRK2) - as a risk factor for schizophrenia that is involved in JNK signalling and which also interacts with MAP2K7 (Blanco *et al.* 2008).

This complex view of how rare and common mutations contribute to pathological traits by varying severity may be supported by theories from molecular systems biology. Researchers have found that certain proteins in a cell constitute major 'hubs' that interact with many other proteins in a crucial manner (Jeong *et al.* 2001). The deletion or malfunction of these hub proteins can have severe knock-on effects on the regulation and production of various other proteins and systems. This is what probably occurs with CNV and *de novo* mutations. On the other hand there are 'peripheral' proteins that cause less disruption when they undergo deletions or malfunctions. If one of these peripheral proteins is dysfunctional, the phenotypic

manifestation may be negligible. However, if many peripheral proteins are dysfunctional, impairments could be more severe. And if these mutated peripheral proteins surround a particular hub protein, it could produce similar problems seen by a single malfunction in the hub protein. This may explain why singular, rare, penetrant mutations and multiple-common, low penetrance mutations can amalgamate into very similar phenotypic traits. This notion of dysfunctional hub and peripheral nodes in molecular networks also runs in parallel with modern theories of dysfunctional neural and cortical networks giving rise to mental disorders. This could possibly constitute a 'level-up' amplification of network dysfunction from molecules to neural systems. Discussed in the following chapters are how abnormal structural and functional connectivity within and between cortical regions can give rise to the range of symptoms expressed in the major psychiatric disorders.

#### 1.6.3 – Structural & functional connectivity

A relatively modern approach to studying and deciphering mental disorders is investigating the underlying neural circuitry that may contribute to them. This has been enabled in the wake of the development of research tools like functional magnetic resonance imaging (fMRI), positron emission tomography (PET), magnetoencephalography (MEG) electroencephalography (EEG) & diffusion tensor imaging (DTI). They are allowing researchers to more accurately probe the way that neurons, networks and brain locations communicate with each other; how their activity produces aspects of behaviour and cognition, and how their normal interactions are disrupted in certain brain disorders. This has allowed scientists to discover the multiple anatomical and functional circuitry components that interact and contribute to mental disorders - including abnormal local cortical activity; reduced intra and inter-cortical white matter connectivity; global grey matter abnormalities; hyper and hypo functional connectivity; and large-scale functional network problems (Sporns 2014). Furthermore, with the recent development of the highly sophisticated post mortem structural imaging tool – CLARITY – lies the potential to uncover the fine neural structure, anatomical connectivity and molecular properties of the brains of individuals affected by mental disorders in intense detail (Chung *et al.* 2013). With this array of technologies, combined with the expansion of network-theory driven approaches to understanding circuit interactions – scientists are slowly uncovering intrinsic networks and neural groups that contribute to cognition and abnormal behaviours. Moreover some researchers are already beginning to utilise distinct circuit abnormalities that are proposed to be characteristic of specific mental disorders in order to develop novel neuro-imaging based diagnostic criteria. For example using abnormal hippocampal and thalamocortical oscillations during non-REM sleep as a biomarker for schizophrenia (Gardner *et al.* 2014), and using structural neuroimaging to identify patients of major depressive disorder who are likely to be resistant to conventional pharmacological treatment (Liu *et al.* 2012). Clearly, understanding of the network and circuit based aberrations that contribute to mental disorders remains one of the most important frontiers in clinical and investigative neuroscience.

Many researchers now recognise that the brain is organised into multiple scales of structurally and functionally connected networks which give rise to all behaviours, emotions and cognitive processes (Sporns *et al.* 2004; Power *et al.* 2011). These structural and functional networks are being delineated by technologies like diffusion tensor imaging (DTI) and fMRI in awake and cognitively alert humans, and – in the absence of evidence for major morphological or cellular abnormalities – has given rise to the view that the major psychiatric disorders are caused by abnormal connectivity among distributed cortical regions and large scale neural networks. This abnormal connectivity is usually characterised by problems with access, engagement and disengagement between functional networks and neural circuits, and can manifest as hyper or hypo-connectivity between regions (Menon 2011). These theories have moved on from previous ideas that mental disorders can be explained by localised abnormalities in single cortical regions; given that most mental disorders exhibit multiple symptoms spanning a diverse range of cognitive and psychological domains; which also express themselves in a variable manner over time.

#### 1.6.3.1 – Measuring connectivity

Neural networks can be defined by their anatomical or their functional connections; where anatomical and functional connectivity do not always correlate. Anatomical connectivity is usually measured by DTI which quantifies global and local white matter projections between and within cortical regions in vivo. DTI determines structural connectivity by a number of measurements which are mainly quantified by white matter density and myelination. Functional connectivity is measured by the well-established neuroimaging technique functional MRI (fMRI). This technique measures temporal correlations in activity between cortical regions; implicating (but not proving) a functional connectivity between these regions. It has to be noted, however, that some studies will find strong correlation between structural and functional connectivity; where other studies will find a decoupling of these parameters. This is just one of many other contentious issues that surround connectivity studies, especially in psychiatric disorders. This is because in this area of research a huge variety of techniques and study designs are used, groups can use different parameters and definitions of the disorders that they wish to study, medication and onset of disease can also affect the results, and the technologies themselves produce inherit ambiguities and assumptions. Despite this certain patterns are emerging.

#### 1.6.3.2 – Intrinsic connectivity networks (ICNs)

Recently researchers have been integrating graph theoretical approaches with structural and functional connectivity technologies to uncover large-scale brain networks. From extensive work into network activity correlation during task and resting states, a number of discrete functional neurocognitive networks (known as intrinsic connectivity networks (ICNs)), have been defined. The most robustly characterised is the default-mode network (DMN), a network which has been extensively studied in relation to psychiatric disorders (Fox *et al.* 2005; Greicius *et al.* 2003; Raichle *et al.* 2001). The DMN has been associated with mentation, social cognition and self-reflecting thought during quiet periods of relatively low salient stimulation (Blakemore 2008; Gusnard *et al.* 2001; Maddock 1999). The major

components of the network consist of the precuneus/posterior cingulate cortex (PCC), the medial prefrontal cortex (mPFC) and the medial, lateral and inferior parietal cortex (Greicius et al. 2003; Greicius et al. 2009; Gusnard et al. 2001). Activity in the DMN is strongest during quiet, rest periods (Raichle *et al.* 2001); it is inhibited but does not deactivate completely during tasks (Eichele et al. 2008) and shows a negative correlation in activity as task demand increases (Singh & Fawcett 2008). The study of this network has served as an anchor and baseline to investigate functional network pathology among many of the psychiatric disorders, where abnormal activation can indicate possible sources of positive symptoms (e.g. auditory hallucinations in schizophrenia), and the change in network reactivity during switching between rest and task states can unveil various conclusions on cognitive and emotional symptom aetiology. Furthermore, the discovery of the salience network (SN – a cingulo-opercular network involved in calculating the importance of, and then acting on, biologically and cognitively relevant stimuli. This network includes the dorsal-anterior cingulate cortex (dACC) and the insular cortex) (Seeley et al. 2007; Menon & Uddin 2010) and the central executive network (CEN a frontoparietal network involved in executive functions. This network includes the dorso-lateral PFC and the posterior parietal cortex (PPC)) (Seeley et al. 2007; Bressler & Menon 2010) has shone light on how large ICNs may regulate one another in order for normal cognitive and psychological functioning, and a dysregulation in the balance of these networks can give rise to components of psychiatric disorders (van den Heuvel & Fornito 2014; Manoliu et al. 2014; Menon 2011). It is now being hypothesized that disequilibrium and aberrant conflict between the three major functional networks – DMN, SN and CEN – may serve as a major source of pathology in the major psychiatric disorders (Menon 2011) and that by identifying the properties of these networks, new methods of treatment and diagnosis can be developed. Described below are the current hypotheses and findings on the structural and functional connectivity of the major psychiatric disorders; how these abnormalities may exist within defined ICNs, and how these aberrant connections manifest as emotional, psychological and cognitive anomalies.

#### 1.6.3.3 – Attention deficit hyperactivity disorder (ADHD)

The prevailing hypothesis for ADHD network pathology is major connectivity and structural deficits between and within the fronto-striatal-cerebellar system. (Bush 2010; Makris et al. 2009; Nakao et al. 2011). There is also growing evidence showing that ADHD patients exhibit marked global cortical thinning and distinct grey matter (GM) reductions in various anatomical locations including the dorsal attentional network, prefrontal regions, the cerebellum and the basal ganglia (Krain & Castellanos 2006; Batty et al. 2010; Proal et al. 2011). White matter abnormalities have also been observed in various studies of ADHD (van Ewijk et al. 2012), particularly between and within networks thought to be involved in attention and cognitive control. However, like many of the psychiatric disorders, there is much debate on the exact location and nature of the connective abnormalities. White matter alterations have been found in posterior parts of the corpus callosum – the isthmus and splenium, which connects bilateral parietal and temporal cortices (Dramsdahl et al. 2012); various fronto-striatal (Tamm et al. 2012) and thalamicstriatal connections (Xia et al. 2012), and the superior longitudinal fasciculus – a white matter tract that connects to all 4 lobes (Makris et al. 2008; Cubillo et al. 2010). A meta-analysis by Van Ewik et al. 2012, of 9 DTI studies into ADHD established five robust clusters of white matter abnormalities in ADHD. These were right anterior corona radiata, left cerebellar white matter; right and left interior capsule; and the right forceps minor (van Ewijk et al. 2012). Recent studies into white matter abnormalities in ADHD have sought to implicate specific tracts with behavioural and cognitive correlates, for example Shang et al. found significant correlation between white matter abnormality in the left orbitofrontal and ventrolateral tracts with severity of executive dysfunction (Shang et al. 2013). Wu et al. also found four frontol-striatal tract abnormalities in children with ADHD, where the left orbitofronto-caudate tract was associated with inattentive symptoms (Wu et al. 2014). Furthermore Soon-Beom Hong et al. found abnormal white matter connections between 23 different regions within frontal, striatal and cerebellar brain regions in ADHD patients; where a subset of these abnormal connections correlated with attentional deficits (Hong et al. 2014). They also found that many of the

abnormal connections are implicated in a number of established intrinsic networks including the DMN, dorsal and ventral networks and the limbic network.

Various fMRI studies have also found functional deficits in all the major lobes of the brain in ADHD (De La Fuente et al. 2013). Abnormal activation in ADHD patients has been observed in the orbital frontal cortex (OFC) - associated with behavioural inhibitory deficits in ADHD (Bush 2010); the dorsolateral PFC (DLPFC) - associated with sustained attention deficits in ADHD (Christakou et al. 2013), and impaired functional connectivity between fronto-striatal, fronto-parietal and fronto-fronto regions during set-shifting tasks (Cubillo et al. 2010). The dorsal-anterior cingulate cortex (dACC) also shows consistent abnormal activation in ADHD (Sun et al. 2012; Sato et al. 2012, Tian et al. 2006). This is significant as the dACC is thought to be extremely important in attention, motivation, inhibition and other key cognitive processes (Bush 2010). The dACC is also a key node of the cingulo-fronto-parietal (CFP) cognitive – attention network (De La Fuente *et al.* 2013). Furthermore, there is significant hyperconnectivity between the dACC and bilateral insula regions (Tian et al. 2006) – suggesting hyperconnectivity within the salience network. dACC – PCC connectivity is also impaired in ADHD, (Castellanos et al. 2008) which is a major component of the DMN. A recent study suggested that this may be due to a development delay or disruption of maturing brain networks, where ADHD adults showed impaired dACC-PCC connectivity compared to age-matched controls, but showed similar connectivity to young controls (Sato et al. 2012). Moreover a study of large-scale intrinsic networks of ADHD by Sripada et al. found that connections within the DMN and interconnections of the DMN with the frontoparietal and salience networks show a developmental lag compared to controls (C. S. Sripada et al. 2014a). This runs in parallel and compliments previous studies that found structural developmental delays in ADHD (Castellanos et al. 2002; Shaw et al. 2007), and may be a biological reflection of the coping mechanisms and effective treatment strategies that patients undergo as they mature. It is now being hypothesized by brain network researchers that attentional deficits in ADHD arise from impaired switching or increased interference between DMN and attentive networks like the SN and fronto-parietal network (Sonuga-Barke & Castellanos 2007; Castellanos &

Proal 2012; C. Sripada *et al.* 2014b). This is backed up by recent meta analyses and global connectivity studies that have identified impaired connectivity within particular regions of the DMN and between regions of the attentional networks in ADHD (Cortese *et al.* 2012; C. Sripada *et al.* 2014). These were namely between the posterior cingulate cortex in the DMN and the right anterior insula, a prominent component of the SN and a region linked to multiple other psychiatric disorders including anxiety disorders, depression and PTSD (Menon 2011; Paulus & Stein 2006; Sprengelmeyer *et al.* 2011; Hughes & Shin 2011).

# 1.6.3.4 – Post traumatic stress disorder (PTSD), major depressive disorder (MDD) and obsessive compulsive disorder (OCD)

Some researchers have suggested that hypervigilance and inhibited fear-extinction in PTSD pathology arises from a network failure to change from threat-sensitive SN to the DMN during periods of rest and low salient stimulation (Hughes & Shin 2011). This is formed from extensive evidence in neuroimaging and anatomical studies of PTSD patients compared with unaffected traumatised patients and untraumatised controls. General regional abnormalities in PTSD are all major components of the SN or DMN and exist in the form of hyperactivation in the amygdala and insular regions (Hughes & Shin 2011); abnormal activity in the dACC (Kennis et al. 2014); with reduced hippocampal and medial prefrontal cortex volumes (Hughes & Shin 2011). Furthermore major connectivity abnormalities exist in these components of the SN and DMN including reduced connectivity between the amygdala and putamen (Linnman et al. 2011); over-activity between the amygdala and insula (Rabinak et al. 2011); and an abnormal heightened connection between the basolateral amygala region and the pregenual anterior cingulate cortex (Brown et al. 2014). These abnormalities in functional connectivity between and within major intrinsic networks have also been found in MDD where it has been hypothesized that impaired switching between DMN and CEN may be correlated with enhanced negative thinking and rumination in patients (Manoliu et al. 2013; Hamilton et al. 2011). It is thought that these problems from switching from negative, rumination to task directed behaviour may be regulated by abnormal anterior insular function

(Sridharan *et al.* 2008; Manoliu *et al.* 2013), which is a characteristic abnormality seen in most MDD cases (Hamilton *et al.* 2013; Avery *et al.* 2014). Lastly, while circuit abnormalities in OCD have mostly been observed in corticostriatal regions (Beucke *et al.* 2013; Harrison *et al.* 2013) some studies have related the intense, repetitive negative ruminations expressed in OCD as problems in DMN connectivity and an intrusive DMN during cognitive tasks. (Beucke *et al.* 2014; Stern *et al.* 2012). However, this may be a secondary effect of poor corticostriatal circuitry where the DMN and CEN are affected further down the line.

#### 1.6.3.5 – Autism spectrum disorder

ASD show great pathologies in structural and functional connectivity of the brain, which reflects the disorder's extensive and complex cognitive and behavioural pathologies. Structural aberrations include abnormally high volumes of grey and white matter (Amaral et al. 2008); abnormal cortical cytoarchitecture (Casanova & Trippe 2009) and disorganised white matter tracts (Barnea-Goraly et al. 2004). Furthermore, some researches have proposed that ASD patient's impaired ability to integrate multiple modes of cognition into a central process (known as central coherence) is to do with an abnormally high level of local connections and a distinct lack of long range, intercortical projections (Keller et al. 2007; Belmonte et al. 2004; Brambilla et al. 2003). Researchers proposed that this leads to highly specialised local networks which interact with each other much less than in normal subjects; leading to enhanced perceptual performance and abnormally intense focus on details in ASD. However, a recent review by Hoppenbrouwers et al. showed that local cortical connections are also reduced in patients with ASD (Hoppenbrouwers et al. 2014). They reported a presence of greater cortical integrity in very young ASD patients which may switch during synaptic pruning as the individuals develop. These local and global structural abnormalities however, have also been independently reflected in functional connectivity studies of ASD; particularly in the insula, inferior frontal gyrus, and the MTL, PFC and PCC components of the DMN (Menon et al. 2011). For example, Washington et al. (Washington et al. 2014) found distinctive reduced connectivity between major components of the DMN in an ASD group but found increased local activity within the DMN nodes. They found that the long range projections across DMN nodes did not develop properly during adolescence in ASD subjects compared to controls. Furthermore Jung et al. found reduced connectivity between the anterior mPFC and PCC components of the DMN; which was associated with increased level of autistic traits in ASD subjects (Jung et al. 2014.). However, research from Lynch et al. found hyperconnectivity between the PCC and temporal cortex – major nodes in the DMN – arguing that this hyperconnectivity may be responsible for the social-cognitive deficits in ASD (Lynch et al. 2013). Other studies have also reported intra and inter cortical hyperconnectivity throughout the brain including striatal hyperconnectivity (Di Martino et al. 2011); posterior hyperconnectivity – related to symptom severity (Keown et al. 2013); and global hyperconnectivity (Supekar et al. 2013). This highlights the complexity of understanding the functional and structural abnormalities in ASD, where it may be more likely that the DMN goes through periods of hypo and hyper connectivity; or it may be determined by the severity and stage of the disorder. However, the hypo/hyper connectivity theory does not serve to explain the impaired white matter cross cortical connections observed in ASD groups. The anterior insula, a crucial node of the SN, also shows significant hypoactivity in ASD individuals where this abnormal activation may be responsible for ASD patient's reduced attention to social stimuli (Menon & Uddin 2010). Moreover a recent study by Uddin et al. found less prominent differentiation between DMN, SN and CEN when undergoing cognitive flexibility tests. (Uddin et al. 2014). They also found significant hyperconnectivity between these three ICNs in a previous study; arguing that this hyperconnectivity between regions blunts ASD patient's cognitive flexibility (Uddin et al. 2013). This research supports the growing theory of aberrant switching mechanisms between major ICNs in ASD, where dysfunctions in switching from one cognitive network to another can produce severe challenges for an ASD individual's ability to switch to another task; and deal with the task in an effective manner.

#### 1.6.3.6 – Bipolar disorder

Structural and functional connectivity studies of bipolar have produced somewhat variable and inconsistent results over the past two decades. This is due to small sample sizes in studies, the fluctuating nature of the disorder, the subjective means of diagnosis and the high incidence of comorbidity with other disorders. For example, a recent meta-analysis of 8 studies into grey matter volume of bipolar patients found significant reductions in the left vPFC, insula, temporal cortex and claustrum (Selvaraj et al. 2012). Whereas an earlier voxel -based morphometry (VBM) study of bipolar patients found increased volumes in the PFC and other areas, with no reductions observed (Adler et al. 2005). Furthermore a longitudinal study of bipolar patients over 4 years found significant reductions in hippocampal volume but not in the PFC (Moorhead et al. 2007), highlighting the conflicting evidence for structural abnormalities in bipolar disorder. Studies into white matter connectivity in bipolar disorder have also produced conflicting results, with some studies indicating decreased white matter connectivity in the uncinate fasciculus, anterior thalamic radiations, and cingulum (Emsell et al. 2013; Lin et al. 2011; McIntosh et al. 2008), and others indicating significantly increased white matter density in the uncinate fasciculus (Houenou et al. 2007; Torgerson et al. 2013). These inconsistent results may be down to the relatively small sample sizes used in each of these studies and differing study designs. Recent large scale studies and meta-analyses have sought to limit these discrepancies and find commonality in white matter studies of bipolar disorder. A meta-analysis of ten whole brain DTI studies in bipolar disorder by Vederine et al. (Vederine et al. 2011) - indicated significant reductions in white matter in the areas of the right parahippocampal gyrus, the right ACC and the right subgenual cingulate cortex (SgCC). However, the largest white matter tractography study into bipolar disorder to-date by Sarrazin et al. (Sarrazin et al. 2014) did not find white matter reductions in these areas. They did however, find significant reductions in the body and splenium of the cingulate cortex, the left cingulum and the anterior part of the left arcuate fasciculus. They also found that reductions in the body of the cingulate cortex were more significant in bipolar disorder patients whom expressed psychotic symptoms. This large-scale tractography study supports previous

indications of the connectivity impairments in the cingulate cortex in bipolar disorder, but stands in direct contrast to what hemisphere these WM reductions are found compared to the meta-analysis by Vederine. This highlights the greater need for larger, whole brain WM studies into bipolar disorder, with the use of much larger sample sizes and more consistent techniques across studies, before any real conclusions can be drawn on white matter abnormalities in bipolar disorder.

MRI and fMRI studies into bipolar disorder have endeavoured to discover the local cortical activity and intercortical connectivity which contribute to symptomatology. Current theories propose a hypoactivity in a dorsal system including the dorsolateral PFC, ventrolateral PFC, dACC and the hippocampus. This system is involved in attention, executive function and regulation of emotional states and is thought to interact with a hyperactive ventral system. This hyperactive ventral system includes the amygdala, insula, ventral striatum, ventral ACC and the medial orbitofrontal cortex - which is thought to be involved in mediating autonomic emotional reactions, detecting emotionally relevant stimuli and producing emotional responses (Keener & Phillips 2007; Phillips et al. 2008). It is hypothesized that abnormal connectivity between the dorsal and ventral systems may account for unstable mood and cognitive deficits in bipolar disorder. (Kurtz & Gerraty 2009; Wessa et al. 2014; Strakowski et al. 2012). Recent resting state connectivity studies are beginning to provide evidence to back up this hypothesis and are also unveiling other network connectivity impairments that may contribute to the disorder. A resting state connectivity study of 35 bipolar disorder patients by Mamah et al. 2013 found decreased connectivity between cingulum and cerebellar networks; cerebellar and salience networks, and decreased connectivity within the cingulum networks (Mamah et al. 2013). This hypoactivity in the cingulate cortex was also backed up by a resting state study by Lui et al. whom found hypoactivity within the cingulate cortex and orbito-frontal cortex regions from a group of 57 bipolar disorder patients (Lui et al. 2014). Furthermore another resting state study found abnormal connectivity between the ACC and components of the DMN, and components of the SN. It has been hypothesized that this impaired ACC to DMN and SN connectivity could provide an abnormal balance between DMN and SN activity which could

account for the abnormal and prolonged periods of depression and mania, respectively (Magioncalda *et al.* 2014). However, it must be noted that, a review by Vargas *et al.* in 2012 into resting state functional network studies in bipolar disorder did not find consistent connectivity markers among the investigations, but did conclude that each investigation did find some abnormal connectivity between the dorsal-ventral (cortico-limbic) systems (Vargas *et al.* 2013). This suggests a more complex pathology of cortico-limbic connectivity which isn't just characterised by hypo or hyper connectivity; reflecting the dynamic nature of bipolar disorder.

#### 1.6.3.7 – Schizophrenia

Schizophrenia is thought to represent one of the most complex of psychiatric disorders with respect to structural and functional brain network impairment and obtaining reliable and robust evidence in network structure is problematic for various reasons. The prevailing hypothesis over the past two decades is that schizophrenia arises from abnormal cortical connectivity (Friston & Frith 1995; Kochunov & Hong 2014) and that abnormal lifetime white-matter development is partly responsible for aberrations in functional connectivity. Various studies and reviews with chronic patients have reported that the most common reductions in white matter discovered in schizophrenia are in the frontal and temporal lobes, and in the connections that link these two regions; including the uncinate fasciculus, the cingulum bundle, the corpus callosum and the internal capsule (Pettersson-Yeo et al. 2011; Scheel et al. 2013; Walther et al. 2011; Wheeler & Voineskos 2014). Other studies, including a meta-analysis of 15 DTI studies, have found severe reductions in the left temporal and left frontal deep white matter (Ellison-Wright & Bullmore 2009), and in the left posterior parieto-occipital cortex and left frontal lobe (Pettersson-Yeo et al. 2011; Scheel et al. 2013; Walther et al. 2011; Wheeler & Voineskos 2014). Other studies, including a meta-analysis of 15 DTI studies, have found severe reductions in the left temporal and left frontal deep white matter (Ellison-Wright & Bullmore 2009); and in the left posterior parieto-occipital cortex and left frontal lobe (Nazeri et al. 2013). However, there are many other studies which have failed to find white matter abnormalities in chronic schizophrenia. For example a review by Kanaan *et al.* found that out of 15 DTI studies investigating the same region of interest in schizophrenia; the same number of studies found no difference as those whom did find a difference (Kanaan *et al.* 2005). However, these inconsistencies have been blamed on the restrictive nature of region of interest studies. A global meta-analysis by Bora *et al.* with chronic schizophrenia patients sharpened the evidence and found reduced white matter only in interhemispheric fibres, anterior thalamic radiation, inferior longitudinal fasiculi, inferior frontal occipital fasciculi, cingulum and fornix (Bora *et al.* 2011).

However, there are still a number of possible confounding factors that may make chronic schizophrenia studies unreliable. These include the impact that long-term use of antipsychotics and other drugs may have on patient's brains; along with longterm effects of traumatic life-experiences and other long-term developments of a schizophrenia patient's brain. This is why several studies have focused on firstepisode patients of schizophrenia and unaffected relatives where potential early white matter abnormalities can be identified and risk factors for unaffected individuals may be traced before medications and life experiences can have an impact. Generally, the positive findings of first episode studies have shown more global and diffuse aspects of white matter abnormalities in the frontal, parietal and temporal lobes compared to specific tracts seen with chronic studies (Fitzsimmons et al. 2013; Wheeler & Voineskos 2014). For example, a recent meta-analysis including 271 first-episode patients and 297 controls by Yao et al. reported significant white matter reductions in the right frontal and left temporal lobes in all first-episode patients (Yao et al. 2013). Another study by Filippa et al. found decreased grey matter volumes in the temporal, parietal and occipital regions, but also found increased white matter connectivity in the brain stem, cerebellum, interhemispheric and cortico-cortical connections, and the right anterior and posterior limb of the internal capsule (Filippi et al. 2014). A study into neuroinflammation and axonal degeneration of first-episode patients found that inflammation was wide spread in the white matter and grey matter of patients, but axonal degeneration was found only in central areas of the frontal lobe (Pasternak et al. 2012). Adding to the complexity of these findings is the range of studies that have found no white matter abnormalities in first episode patients (Friedman *et al.* 2008; White *et al.* 2011; Zou *et al.* 2008). The studies which featured chronic patients did show white matter abnormalities compared to first-episode and controls, suggesting that either white matter abnormalities do develop as part of the disorder; or that medication and environmental factors do make an impact on white matter over a patient's lifetime. The lack of robust and replicable evidence for first-episode and unmedicated patients are much harder to recruit. Therefore, increasing sample sizes and large scale collaborations will likely lead to more robust and reliable findings on white matter integrity of early-onset schizophrenia.

Network theorists have been using structural based white matter studies to understand the network-based malfunctions that may exist in schizophrenia. A combined resting state functional imaging and DTI study by Skudlarski et al. 2010 discovered abnormal structural and functional connections in 27 chronic patients compared to 27 controls (Skudlarski et al. 2010). They found reduced connections originating from the lingual and cingulate gyri to the left inferior parietal lobule, middle and superior temporal gyri and inferior frontal gyrus. Four pairs of these showed significant functional connectivity aberrations; where three exhibited hyperconnectivity: anterior cingulate gyrus and ventromedial frontal gyrus to ventromedial gyrus, and the thalamus to left post central cortex. And one pair showed hypoconnectivity: the left middle temporal gyrus to postcentral gyrus. Furthermore they found significant functional hyperconnectivity and structural connectivity aberrations within components of the DMN and task positive networks (TPN – regions of the brain that are generally active when a patient is engaged in a task). Suggesting that structural and functional connectivity may be decoupled in some instances. An axonal fibre network study by Zalesky et al. 2011 found impaired connectivity in nodes of the medial frontal lobes, parietal/occipital lobes and the left temporal lobes (Zalesky et al. 2011). They also described sparser cortex interconnection with 20% less efficiency in schizophrenia patients. A structural network study into first-episode patients by Zhang et al. also found distinct interegional aberrations in connections including the fronto, parietal and occipital

regions; with increased path-length between regions and decreased network efficiency. They found the networks exhibiting decreased efficiency were mostly from the top-down sensorimotor, basal ganglia and limbic-visual systems and that psychotic symptom severity was negatively correlated with sensorimotor network efficiency.

Abnormal functional connectivity problems are also widespread and prominent in schizophrenia, many located in the prefrontal regions (Cole et al. 2011; Fornito et al. 2012; Fornito et al. 2013). Fronto-parietal networks associated with cognitive control systems (Repovs et al. 2011); the cingulo-opercular system involved in salience (Palaniyappan et al. 2013); and fronto-striatal and fronto-temporal systems (Dandash et al. 2014; Hoffman et al. 2011). Recent theories have also implicated a functional imbalance between DMN and CEN ICNs, caused by abnormal functioning of the SN - which is thought to control DMN - CEN switching (Menon 2011; Nekovarova et al. 2014; Manoliu et al. 2014). This has come from various lines of functional and structural studies implicating these networks in the positive, negative and cognitive aspects of schizophrenia. For example White et al. 2010 found aberrant SN connectivity, along with impaired SN interconnectivity with the DMN and CEN in schizophrenia patients undergoing a tactile sensation task (White et al. 2010). Furthermore a resting state study by Camchong et al. 2011 found impaired functional and anatomical connectivity in the ACC and the mPFC component of the DMN; where aberrant mPFC functional connectivity was positively associated with cognitive deficits and psychotic symptoms in schizophrenia (Camchong et al. 2011). Guo et al. found similar abnormal activity in the DMN of unmedicated first-episode patients; where hyperactivity in the PCC was observed along with hypoactivity in the mPFC. This hypoactivity was associated with intrusive thoughts and hallucinations in patients (Guo et al. 2014). Kasparek et al. 2013 found SN and DMN activation impairment in remitted first-episode schizophrenia patients during a verbal fluency task (Kasparek et al. 2013).

Moran *et al.* found that the right AI activity was disrupted in schizophrenia and that this served to impair CEN & DMN function. They found that this right AI disruption

was a strong predictor of cognitive dysfunction in patients (Moran *et al.* 2013). Other studies have implicated ICN dysfunction with cognitive impairment in schizophrenia. For example, a meta-analysis of 41 fMRI studies into functional connectivity and executive function in schizophrenia observed distinct impaired PFC and ACC activity which was related to executive dysfunction in patients (Minzenberg *et al.* 2009); where altered ACC activity of the salience network may induce abnormal activity of the DMN network – therefore impairing cognitive performance. Abnormal parietal and dorso-lateral prefrontal cortex activity, regularly observed in schizophrenia, has also been associated with working memory impairment in the disorder – implicating the CEN in working memory impairment of schizophrenia (Barch & Csernansky 2007). Orliac *et al.* also showed impaired DMN and SN connectivity where SN dysfunction was correlated with depressive and delusional symptoms and altered activity of the frontal regions of the DMN which was associated with dysfunctions in abstract thinking (Orliac *et al.* 2013).

#### 1.7 – Animal models of relevance to psychiatric disorders

One of the major (if not *the* major) limitations in all aspects of biomedical research are the technical and ethical implications for researching physiological and disease mechanisms in alive humans. In our pursuit of directly understanding the neurobiological processes that contribute to our behaviours and experiences we are currently limited to studying humans with accidental brain lesions, high penetrating genetic mutations; using relatively low-spatial resolution neuroimaging technologies, and low-spatial resolution neural stimulation technologies like transcranial magnetic stimulation (TMS). There has been progress in furthering technology that can noninvasively manipulate the activation of specific brain areas in alert humans (see transcranial focused ultrasound studies (Bystritsky *et al.* 2011; Legon *et al.* 2014; Tyler *et al.* 2008)). Currently this technology does not extend to specific neural subtypes and circuits, a spatial resolution that really is needed to fully understand neural functioning *in vivo.* Because of this - with respect to psychiatric disorders where no obvious genetic or morphological aberrations have been found - a large

component of neuropsychiatric research is focused on creating and studying animal models that are relatively translatable to aspects of mental disorders.

Currently animal models in psychiatric disorders are mainly studied in rodent paradigms. This is due to their relatively low cost to maintain, the abundance of wellestablished behavioural and cognitive tasks available; a well-established knowledge of neurological and anatomical workings of the rodent CNS; the availability of transgenic mouse models, and the relative homology of the CNS to ourselves (although this is a subject of intense debate). This has allowed neuroscientists to manipulate specific genes, neurons and cortical locations in a highly controlled spatial and temporal manner; that enable us to uncover molecular and neural functioning in an unprecedented manner, and is serving as a useful platform for drug discovery in treating mental disorders. These discoveries are made available by technologies like transgenic mouse models, electrophysiology, optogenetics and pharmacological techniques. Aside from the clear ethical arguments about in vivo research with animals, there are other enormous challenges and limitations that come with modeling psychiatric disorders in other animals. This is down to the obvious problems in translating complex, multi-symptom, human conditions like depression and schizophrenia into rodent models; where finding rodent analogs for something like auditory hallucinations can be immensely challenging. Trying to find homologous brain regions in rodents is also challenging, (as the human brain has a markedly larger surface area and encephalization quotient), but important core regions that are relevant to mental disorders are shared among rodents and humans - e.g. the amygdala and hippocampus. Animal welfare is another key issue that highlight logistical and ethical problems that must be considered in the design of animal studies. For example it is known that certain types of environmental variables (e.g. laboratory noise – (Lauer et al. 2009)) and human contact (e.g. human male scent – (Sorge et al. 2014)) has shown to induce stress and abnormal physiology in rodents. If one wants to achieve robust and reliable results that are translatable to human research in psychiatric disorders, laboratories must strive for the animals to be at base-line physical and mental health levels. In a laboratory setting this, of course, may be hard to control for. But with appropriate foresight into experimental

design and consideration into environmental factors that affect animal mental health – it could be achievable. This further highlights the need for a constant revision of animal models that are subject to appropriate levels of scrutiny, in order to ensure the animal sacrifice in neuroscientific research provides the most robust and reliable results that can positively guide knowledge of psychiatric disorders.

### 1.7.1 – Measuring validity in animal models

Because of the subjective criteria that define mental disorders and the number of exclusively human phenomena that arise from them, most animal research is focused on investigating distinct components and sub-groups of symptoms. Allowing for the detailed probing of molecular, genetic and neural subsystems that contribute to distinct neurological phenomena, and provides an important apparatus in the pursuit of drug discovery. Although, given the inherit uncertainties and variables that come with animal models, in order for researchers to draw robust conclusions, the model must have certain validity in representing the specific disorder of interest. According to McKinney and Bunney (McKinney & Bunney 1969) an animal model is more relevant and relatable to human disorders when it satisfies as many specified parameters as possible. These parameters are aetiology, symptomatology, treatment response and pharmacological basis. There are a number of descriptors and parameters used to quantify a model's validity including face validity, construct validity, aetiological validity and predictive validity. Face validity describes how closely a symptom in the model resembles the clinical symptom being studied; but does not need to arise from the same underlying mechanism. Construct validity describes how closely the biological mechanism in the model resembles the biological mechanism being studied. Aetiological validity describes how similar the triggers are that give rise to behavioural or biological abnormalities in animal models and humans. Predictive validity describes how well performance in an animal model test can predict performance in a human clinical test, for example drug efficacy. Not only do these measures of validity provide a nomenclature for describing the validity of an animal model, but they also serve as a framework to guide the purpose of a study utilizing animals for their investigation.

For example, an investigator studying how well a drug will produce anti-depressive effects in humans using an animal model; the researcher would most likely want to have a high predictive validity in the study. There are numerous methodologies and approaches to investigating schizophrenia using rodent models; each with varying levels of validity in each definition. These varying levels of validity also determine how analogous a model is to the human condition being investigated. A homologous model would describe a model that has identical causes and symptomatology to the human disorder. However, within psychiatric disorders this is challenging, for reasons described above. Animal models with relevance to psychiatric disorders are more likely to be analogous, where only a small subset of the disorder is studied and the aetiology of the symptom is most likely different from the human disorder. Indeed, breaking down and investigating singular components of psychiatric disorders like working memory deficits; set-shifting abilities, and rumination; can provide valuable insights that could serve mental illness research well and neuroscience as a whole. For example, by investigating genetic and neural components of working memory in mouse models, one may be able to find a common neurobiological aetiology for working memory deficits across the spectrum of psychiatric disorders whom express working memory impairments. Breaking down the symptoms enables researchers to focus in on specific neurobiological aspects of psychiatric disorders and provides a foundation to build up a greater understanding of their aetiology, rooted in biological mechanisms. With animal models pursuing the biological aetiology of schizophrenia, various approaches have been taken, mainly from a behavioural, pharmacological or genetic perspective, with varying validity. Described below are various animal models used to decipher schizophrenia symptomatology and aetiology, the limitations that exist within them and also the value that they have in constructing a robust understanding of schizophrenia.

#### 1.7.2 – Validity parameters in rodent models of relevance to schizophrenia

In order for animal models to be effective there must be measurable factors that validate the presence of properties that are akin to symptoms of the disorder studied. With a multi-faceted disorder like schizophrenia this means there are a number of methods researchers use to validate the presence of schizophrenia-like symptoms in rodent models. These include electrophysiological, cognitive, locomotor, sensory discrimination and negative symptom indicators (Pratt *et al.* 2012). For example, EEG signals of sensory processing act as an electrophysiological indicator for components of schizophrenia in rodent models. This is because patients of schizophrenia have trouble detecting a change in an auditory environment, this can be detected by measuring event related potentials (ERPs) from EEG signals. It has been found that rodents exhibit analogous ERPs to humans, and therefore, exhibit analogous pathological signals to schizophrenia, and react similarly to pharmacological influence (Ehrlichman *et al.* 2008).

Cognitive deficits in rodent models can also indicate validity. Working memory can be measured by rodent behavioural apparatus like the Morris Water Maze (Vorhees & Williams 2006) and the Radial Arm Maze (Olton 1987). Novel object recognition tasks in rodents have also been used as analogs to schizophrenia deficits in visual learning and object recognition (Redrobe et al. 2010). However, there is much debate on how translatable many of these tasks are to human cognition (working memory tests discussed later). In order to provide valid and translatable cognitive tests for rodents, a number of factors need to be kept in mind when designing experiments. First of all, rodents do not share the exact same cognitive abilities as humans (for example the phonological loop in humans), meaning specific neuroanatomical and cognitive differences must be considered when designing cognitive tests. Furthermore, humans and other animals may utilise different neural systems for common cognitive constructs. Highlighting the challenges researchers have when deciphering analogous neural circuits and pursuing novel drug efficacy from animal behavioural paradigms. And finally, humans and animals may recruit different success strategies and components of cognition in order to complete behavioural tests.

Antipsychotic efficacy can also be measured in rodent locomotor paradigms by quantifying hyperactivity, and stereotyped grooming and sniffing following

antipsychotic administration. In effect, abnormal locomotor response to dopamine agonists or antagonists in rodents serves as a behavioural analogue to abnormal dopamine transmission seen in schizophrenia (van den Buuse 2010). Prepulse inhibition (PPI) is a phenomenon that happens when a small stimulus preceding a strong stimulus within 100ms produces a markedly reduced startle response than if there was no small prestimulus. This PPI response is expressed in various mammals including rodents - and is also impaired in the majority of schizophrenia patients and their relatives (Braff *et al.* 1978; Cadenhead *et al.* 2000). Therefore, a component of validity can be measured by a rodent's PPI scale (Geyer *et al.* 2001), this is usually done by measuring a rodent's startle response by piezoelectric motion sensors in a tight cylindrical holder.

Negative symptoms of schizophrenia have been measured by a number of behavioural paradigms that have been designed for measuring anxiety and depression analogs. These include the sucrose preference test – a behavioural paradigm that may measure anhedonia in rodents; the elevated plus maze for measuring anxiety, and social functioning tests that quantify interspecies social interactions (Neill *et al.* 2010). However, these tests do not tap into a key feature of negative symptoms – amotivation – and hence it has been suggested that tests such as the progressive ratio task would show better translation to the human condition (Foussias and Remington 2010; Pratt *et al.* 2012).

Finally, local activity and functional connectivity can be measured in rodent brains by fMRI and 2-Deoxy-D-glucose imaging (2DG). Recent fMRI studies into anaesthetized mouse and rats brains are beginning to thoroughly characterise their resting state functional connectivity, with some analogs of human networks being identified (Sforazzini *et al.* 2014; Guilfoyle *et al.* 2013; Jonckers *et al.* 2011). 2DG imaging is a technique that is analogous to PET studies of brain metabolism which measures blood flow and energy metabolism in human subjects. 2DG imaging measures brain activity indirectly by quantifying the amount of glucose uptake in certain regions of the post-mortem brain. This technique takes advantage of 2DG's inability to undergo glycolysis when taken into the brain and has been thoroughly utilised for functional

activity studies of rodent models of schizophrenia (Dawson *et al.* 2013; Duncan *et al.* 1999; Miyamoto *et al.* 2000).

### 1.7.3 – Rodent models of relevance to schizophrenia

Along with quantifying validity in rodent models of schizophrenia, the other challenge is how to induce components of schizophrenia symptoms and neurobiological pathologies in rodents. Methods of inducing schizophrenia analogs are usually based on previous observations of neurobiology and pharmacological interactions in patients and are also implicated to test a hypothesis observed from human studies. Rodent models in schizophrenia predominantly manifest from developmental, genetic, lesion and pharmacological based manipulations (Pratt *et al.* 2012).

#### 1.7.3.1 – Developmental

There is growing evidence to suggest that a major component of schizophrenia risk comes from early developmental problems during gestational and perinatal periods. These risk components arise from maternal stress, malnutrition, infection, early-social isolations and obstetric complications among others (Cannon *et al.* 2002; Lewis & Levitt 2002). Researchers have tested these hypothesis in rodent models by inducing a variety of abnormal developmental paradigms. These include post-weaning social isolation (Fone & Porkess 2008); administration of DNA alkylating agent methylazoymethanol to gestating foetus (Lodge & Grace 2008); prenatal viral or bacterial infection in rodents (Boksa 2010), and neonatal ventral hippocampal lesions (Tseng *et al.* 2009). These models have all produced valid bio-markers of affect which may be analogous to components schizophrenia; including social and cognitive impairments, sensory discrimination problems and abnormal reactivity to antipsychotics and amphetamines. However, none of the models have led to new therapies, most likely owing to the relatively low construct validity of the methods.

#### 1.7.3.2 - Lesions

Lesion studies have also been used in specific cortical areas to reflect the impairments in cortical functioning exhibited in schizophrenia. These are done using electrophysiological, pharmacological, surgical or optogenetic methods (Lipska & Weinberger 2000). While pharmacological methods do allow for more specific control of anatomical lesions there is still limited construct validity in these models. This is because schizophrenia and other psychiatric disorders are now understood to manifest from distributed network impairments around the brain which have complex interactions of hyper and hypo activity. More sophisticated manipulation of multiple brain regions, informed from human schizophrenic network-based information, may be a source of development for lesion studies in schizophrenia. However, electrophysiological and optogenetic manipulation may provide more adaptable and less permanent solutions to modelling network dysfunctions.

#### 1.7.3.3 – Genetic

With the introduction of large-scale genome wide studies of psychiatric disorders and the development of sophisticated transgenic mouse lines, scientists are now able to express specific genes of interest in mouse models and study their neurobiological and behavioural effect. Inserting or a manipulating a desired gene can be done in a number of ways including the 'cre/loxp' system, gene knock-in and knock-out systems using DNA vectors, and various methods of selective breeding programs. This gene manipulation paradigm allows researchers to validate findings from human genome studies; to understand the neurobiological and behavioural products of the gene, and to study gene-environment and gene-drug interactions. Many investigations have used genetic mouse models to understand how a gene of interest will produce behavioural and neurobiological analogs of schizophrenia including DISC1 (Ayhan *et al.* 2011), RELN (Laviola *et al.* 2009) and 22q.11.2 (Paylor & Lindsay 2006) gene studies. This study aimed to investigate identified potential schizophrenia gene risk factors, *FXYD6* and *MAP2K7* genes, using transgenic mouse models and neurobiological/behavioural validity markers.

### 1.7.3.4 – Pharmacological

Pharmacological models of schizophrenia allow researchers to probe the characteristic abnormalities of neurotransmitter and receptor expressions in schizophrenia, in a short term reversible paradigm. The two major methods of pharmacological investigation utilise either NMDA receptor antagonists, or psychostimulants that increase synaptic DA levels which stem from the glutamate and dopamine hypotheses of schizophrenia respectively. Psychostimulants like amphetamine are known to increase synaptic dopamine levels in humans (Laruelle et al. 2014), produce schizophrenia like positive symptoms in healthy humans, and also exacerbate symptoms in schizophrenia patients (Allen & Young 1978). NMDAreceptor antagonists, like ketamine and PCP, are known to produce schizophreniclike positive, negative and cognitive symptoms in healthy humans. However, only the positive symptoms can be reversed using antipsychotics (Frohlich & Van Horn 2014). Furthermore, subanaesthetic ketamine and PCP tend to exacerbate symptoms in schizophrenia patients (Lahti et al. 1995; Lahti et al. 2001; Malhotra et al. 1997). Therefore, by using pharmacologically active compounds that manipulate the dopaminergic and glutamatergic system in rodents, researchers are able to mimic (to some extent) the neurobiological and the behavioural aspects of schizophrenia. This study takes advantage of this model by utilising ketamine to compare the profile of a genetic risk factor (using *Fxyd6-/-* mice) to that of ketamine upon regional brain activity but also to probe the role of NMDA receptors in *Fxyd6-/-* mice.

## **1.8** – Investigating the neurobiology of genetic risk factors and brain circuitry of schizophrenia

Of all the psychiatric disorders, schizophrenia exhibits some of the most numerous, complex and debilitating symptoms. Because the disorder affects around 1% of the human population (Andreasen 2000), the human and economic costs for society are huge. It has been reported in 2012 that the total societal cost for England alone is around £11.8 billion per year (Schizophrenia Commission 2012). Hence the need for a much greater understanding of this uniquely human disorder.

Patients with schizophrenia suffer from a number of impairments in their cognitive, emotional, perceptual and social functions. These symptoms are divided into three groups known as positive, negative and cognitive symptoms (see section 1.6.1 for further discussion). Positive symptoms constitute experiences out with normal perception including hallucinations (auditory, visual, olfactory and gustatory), disorganised speech and catatonic behaviour. Negative symptoms are mainly an attenuation in normal functioning like emotional experiences. These include impaired fluency of speech and thought (alogia), impaired motivation (avolition), reduced emotional expression (affective flattening) and social withdrawal. And as described above, cognitive deficits of schizophrenia span the whole range of cognitive domains, and are usually severe. These include deficits in working memory, episodic memory, cognitive flexibility, future planning, sustained attention, theory of mind, and language. All these symptoms can have a devastating impact on the lives of individuals with schizophrenia who have a larger risk of unemployment, homelessness, substance abuse, poor physical health, poor education and criminality compared to healthy individuals (Schizophrenia Commission 2012).

#### 1.8.1 – Neurobiological hypotheses of schizophrenia

From decades of research into the neurobiological and molecular causes of schizophrenia the dopamine hypothesis, glutamate hypothesis and – more recently – the serotonin hypothesis have remained prominent. These hypotheses exist as a theoretical bridge between the proposed genetic/developmental causes of schizophrenia, and the consequent effects of cortical network impairment and the experiential manifestation of the disorder.

#### 1.8.1.1 – The Dopamine Hypothesis

The dopamine hypothesis states that dysfunctional dopaminergic neurotransmission in specific cortical regions of the brain give rise to prominent components of the disorder, namely positive and cognitive symptoms (Howes & Kapur 2009). The hypothesis originally arose from observations that antipsychotic drugs blocked dopamine release from dopaminergic neurons by acting as an antagonist on D2

receptors (Creese et al. 1976; Seeman & Lee 1975) and from observations that drugs that increase levels of post-synaptic dopamine, like cocaine, can induce psychotic like symptoms in healthy individuals (Curran et al. 2004). Furthermore post-mortem and in vivo analysis of schizophrenia brains found that D2 receptors were highly expressed in the mesolimbic areas and that D2 receptors exhibited hyperfunction (Abi-Dargham et al. 2000; Seeman et al. 1984; Wong et al. 1986). Since D2 receptor antagonists only alleviate positive symptoms in schizophrenia (Harvey et al. 2005), it is thought that they are responsible only for positive symptoms and not cognitive or negative symptoms in schizophrenia. It is hypothesized that D1 receptors may be partly responsible for cognitive factors due to their abundance in the neocortex of healthy subjects (Hurd et al. 2001); observed abnormal upregulation of D1 binding in the DLPFC of schizophrenia patients (Abi-Dargham 2003), and post-mortem studies revealing abnormal D1 receptor expression in the PFC of schizophrenia brains (Akil et al. 1999). Recent GWAS studies in schizophrenia have also identified risk SNPs at 11q23.2, which is near to the D2 expressing DRD2 gene (Ripke et al. 2014). However, so far none have been associated with the D1 expressing gene.

#### 1.8.1.2 – The glutamate hypothesis

The glutamate hypothesis states that glutamate transmission is permanently impaired via abnormal NMDA receptor (NMDAR) function. This theory arose from the observation that the abuse of NMDAR antagonists like ketamine and PCP, induced schizophrenia like symptoms in its users (Allen & Young 1978). Furthermore, it was observed that these drugs also exacerbated symptoms in patients with psychosis and schizophrenia (Frohlich & Van Horn 2014). Furthermore agonists of NMDAR have been found to alleviate symptoms (Millan 2002) of schizophrenia. Glycine reuptake inhibitors have also been found to alleviate negative symptoms in an early stage proof of concept study (Umbricht *et al.* 2014). NDMARs mediate the majority of excitatory transmission in the CNS and are generally made up of three subunits – NR1 (GRIN1), NR2 (GRIN2) and NR3 (GRIN3). Various studies have found an association with these subunits and schizophrenia pathology (Bitanihirwe *et al.* 2009; Galehdari *et al.* 2009; Georgi *et al.* 2007); along with recent genetic evidence

identifying the *GRIN2A* gene as a risk factor for schizophrenia, among other glutamate associated genes (Ripke *et al.* 2014). This included the GRIA1 (GLuR1) gene which is a subunit of AMPA receptors, another glutamate associated receptor which has been implicated in schizophrenia (Goff & Coyle 2001). Recent studies are beginning to indicate that the glutamate and dopamine hypotheses of schizophrenia are not mutually exclusive and may actually impact each other's systems – creating a complex and detrimental relationship that leads to schizophrenia pathology (Laruelle 2014). A recent model proposed that impaired NMDA transmission in the frontal cortex could affect DA transmission in the mesocortical system of the substantia nigra and ventral tegmental area (VTA), impacting cognitive functioning and aggravating negative symptoms (Laruelle 2014).

#### 1.9 – FXYD6 and MAP2K7 as genes implicated in schizophrenia

While the prevailing neurobiological hypotheses remain valid, there remains little knowledge of the neurobiological role of recently discovered genetic risk factors. Interestingly, several genetic risk factors, such as neuregulin and *DISC1* appear to converge at the glutamate synapse (Pratt *et al.* 2012). This thesis investigates the neurobiology of two implicated genes, *FXYD6* (Unpublished) and *MAP2K7* (Morris & Pratt 2014) from a neurobehavioiural and a neural systems perspective.

#### 1.9.1 – MAP2K7

It has recently been proposed that certain cognitive deficits in schizophrenia may arise due to altered synaptic plasticity in the prefrontal cortex (PFC) and the hippocampal regions. This is because research has found a lowered metabolic activity in the PFC of schizophrenia patients during cognitive tests (Hill *et al.* 2004; Molina *et al.* 2005; Tamminga *et al.* 1992) and post-mortem studies have suggested a deficit in parvalbumin containing GABAergic neurons in the temporal lobes and PFC in schizophrenia (Beasley & Reynolds 1997; Gonzalez-Burgos *et al.* 2011). Furthermore it was found that NMDA receptor antagonists produce very similar phenotypical symptoms of schizophrenia in healthy individuals, exacerbate symptoms in schizophrenics (Malhotra *et al.* 1997), achieve similar metabolic

hypofrontality (Morris *et al.* 2005; Murray 2002) and reduce parvalbumin expression in the rat PFC (Cochran *et al.* 2003). This change in cortical metabolism is now being linked to an alteration in synaptic plasticity (Canals *et al.* 2009; Lewis *et al.* 2009) which is thought to be strongly modulated by NMDA receptor signalling. A number of signalling molecules are involved in NMDA-driven long term potentiation (LTP) (Lüscher & Malenka 2012) however, many of these are linked to other neurological diseases whose symptoms don't typically arise in schizophrenia. Therefore many can be ruled out.

Recently, our research has turned to the c-Jun N-terminal kinase (JNK) pathway which is known to be involved in neuronal activity, receptor function and mediate cortical and hippocampal plasticity (Winchester et al. 2014). JNK is activated by the kinase MKK7 (the product of the MAP2K7 gene) following NMDA stimulation (Centeno et al. 2007). Previously our lab investigated the connection between altered MKK7 expression, deficits in cognition and schizophrenia. We found decreased expression of MKK7 in the PFCs of post-mortem schizophrenic brains. A genetic association study also found a substantial effect size for a common variant from case and control samples collected from Glasgow and Northern Europe (Winchester et al. 2012). Yamasaki et al. also found MAP2K7 as an important component for axonal elongation in the developing cerebral cortex (Yamasaki et al. 2011). A study by Funk et al. also found decreased expression of MAP2K7 in ACC and DLPFC areas (Funk et al. 2012) and the antipsychotic – clozapine – has been implicated in positively regulating gene expression in the MAPK signalling pathway (Rizig *et al.* 2012). This supports previous evidence that antipsychotics affect MAPK pathways, from where they derive their effect (Browning et al. 2005; Cussac et al. 2002). Furthermore mice heterozygous for Map2k7 (+/-) gene showed conserved abilities in the SHIRPA protocol (a comprehensive series of tests that quantify gross characteristics of test mice from the physical to the behavioural - including measurements of gross weight, grooming, motor function and emotional cognition (Hatcher et al. 2001; Rogers et al. 2001)) and locomotor activity but showed deficits in working memory ability in the paired-trial variable delay T-maze test (PTVTM) (Winchester et al. 2012). The PTVTM was developed by Aultman and Moghaddam

(Aultman & Moghaddam 2001) and consists of two parts. In the first part the mouse is forced to go down only one arm where it will be presented with a reward. It is then given an inter-trial delay and then presented with both arms again. The mouse is only rewarded if it remembers to go down the opposite arm it went down in the forced trial. This discrete test enables the study of simple, 'low-load' working memory ability in rodents where the subject must only maintain its last decision for a short period of time. However, this task does not necessarily translate well with tasks that assess working memory deficits in schizophrenia. The present experiment aimed to increase the demand on the rodents working memory and increase the proactive interference using a radial arm maze task which can be broadly conceptualised as being similar to the human n-back task (Marighetto *et al.* 2008) (the test will be referred as the n-back in this thesis). Heterozygous *Map2k7*+/- mice were used (knock-outs produced 100% infant mortality) to investigate whether Map2k7 may be involved in working memory mechanisms in mammals.

#### 1.9.2 – FXYD6

Research over the years has linked many psychiatric disorders to a malfunction in the NaKATPase pump including epilepsy, bipolar disorder and depression (el-Mallakh & Wyatt 1995; Renkawek *et al.* 1992). However, evidence has shown that alterations in the modulation of the NaKATPase pump may also contribute to symptoms of schizophrenia (Rybakowski & Lehmann 1994). All of the 7 identified FXYD proteins are known to be involved in the modulation of the NaKATPase activity (Béguin *et al.* 2001; Bibert *et al.* 2008; Crambert *et al.* 2005) and are associated with the pump in a tissue-specific way; with FXYD6 mostly expressed in the brain (Kadowaki *et al.* 2004). FXYD1 for example, is mostly expressed in heart, skeletal muscle and liver; where it is proposed to have a role in heart and muscle contractility (Bibert *et al.* 2008; Bogaev *et al.* 2001; Geering 2006). FXYD2 is mainly located in the kidneys, where it is involved in electrolyte homeostasis (Therien *et al.* 1997; Geering 2006). FXYD5 is a protein related to cancerous cells and is expressed in a number of locations including the heart, intestine, lungs and spleen. It is thought to be involved in regulating E-cadherin and metastasis (Geering 2006; Ino *et al.* 2002; Lubarski *et al.* 2005). FXYD6

is mainly expressed in the CNS and the inner ear and is thought to be involved in neuronal excitability (Geering 2006; Kadowaki 2004). FXYD proteins are made up of small hydrophobic proteins with a common 35 amino transmembrane sequence (Sweadner & Rael 2000). A short sequence, proline-phenylalanine-X-tyrosineaspartate (PFXYD), is common to all the proteins and is thought to be a major component in their modulation of the NaKATPase pump (Béguin *et al.* 2001). A subunit of the FXYD family, the  $\gamma$  subunit, is thought to modulate the NaKATPase pump by changing the conformation of the enzyme which would increase affinity for ATP and increase K+ antagonism (Béguin *et al.* 1997; Therien *et al.* 1999). Furthermore it has been found that FXYD modulates Na+ & K+ affinity of the pump by interacting with  $\alpha/\beta$  complex of the pump. This interaction is variable between each type of FXYD protein and which  $\alpha/\beta$  they interact with, furthering the idea of tissue specific associations (Cornelius & Mahmmoud 2003; Geering *et al.* 2003; Therien *et al.* 1997).

Recently, a genetic association study identified single nucleotide polymorphisms (SNPs) in the FXYD6 gene that are potential risk factors for schizophrenia in a Caucasian population (Choudhury et al. 2006; Choudhury et al. 2007). Linkage studies in Japanese and Chinese populations have failed to indicate an association, however, there is some evidence suggesting FXYD6 as a genetic risk factor for schizophrenia. Western blots and in situ hybridisation studies have indicated similarity in expression areas of FXYD6 and affected areas in schizophrenia, namely the hippocampus and PFC (Kadowaki 2004). Importantly, the hippocampus and PFC are areas associated with memory and working memory, and also show abnormal activation in schizophrenia patients. Further, FXYD6 is located on the 11q23.3 chromosome which is heavily implicated in schizophrenia (Grandy et al. 1989; Zhong et al. 2011). Abnormal FXYD6 expression may impair NaKATPase function in schizophrenia, and therefore, affect cognition in the PFC and hippocampal areas. As other psychiatric disorders show impaired function in NaKATPase activity, abnormal FXYD6 expression may produce similar deficits and contribute to cognitive dysfunction in schizophrenia. It is unknown however, how altered FXYD6 expression impacts on regional brain activity, particularly in areas associated with cognitive

processing. This study aimed to investigate the activational properties of FXYD6 in the rodent brain using 2-dexoyglucose autoradiography.

## 1.10 – Hypothesis and Aims

From the aforementioned discussion research into psychiatric illness, particularly psychotic disorders like schizophrenia and bipolar disorder, is beginning to uncover biological factors that contribute to pathology at many levels. Scaling up from genes to molecules - to neurons, to networks – all the way to cognition and finally subjective experience. Research using animal models is currently crucial to decoding how genes and molecular systems contribute to network interactions and cognitive processes. The experiments described in this thesis aim to continue this work of linking genes to behaviours and systems level interactions using rodent models; with the aim of uncovering pathological units that contribute to the overall architecture of psychiatric disorders.

The overall hypothesis is that genetic manipulation of Fxyd6 and Map2k7 expression will disrupt cognitive processes and neural circuitry relevant to psychiatric illness, particularly schizophrenia.

The specific aims of this investigation were:

- To assess whether Map2k7+/- mice exhibit deficits in working memory. This was achieved using a working memory task in an automated radial arm maze for mice which is of translational relevance to the human n-back test.
- To determine if *Fxyd6-/-* mice show dysfunction in neural systems relevant to cognition using 2-deoxyglucose imaging.
- 3) To investigate a role for glutamate in relation to Fxyd6 and NaKATPase activity by assessing the local rates of cerebral glucose uptake in *Fxyd6-/-* mice treated with the NMDA receptor antagonist, ketamine.
# **Chapter 2: Materials and Methods**

#### 2.1 – Map2k7 and working memory performance

# 2.1.1 – Rodent models of human working memory tests

Human tests of working memory generally quantify the capacity of information a subject can recall (known as memory span), along with the subject's ability to manipulate the presented information in response to a given rule. These tests generally require a real time maintenance and/or manipulation of information in an individual's mental apparatus, and can generally be distinguished from short-term memory tests which require the recall of information, but little or no manipulation of this information. The most famous short-term memory test for humans is the digit span test which involves the recall of a sequence of numbers or letters directly after presentation, in the order of presentation. Human tests of working memory include the University of Maryland Letter-Number Span Task (UMLNST) (recall a sequence of letters and numbers directly after presentation but rearranged in sequence of a given rule – involves manipulation and maintenance of information); Wechsler Memory Scale-III Spatial Span Task (WMS-III SST) (a type of visual version of the UMLNST) and the human n-back test (indicate when a stimulus matches a previous stimulus from n steps back - the length of n can be manipulated to make the test easier or harder) (Young et al. 2009). While human tests of working memory require the manipulation and maintenance of a span of information, many rodent models of working memory, like the T-maze delayed non-match to sample (DNMTS) test, generally require the maintenance of only one piece of information. For example in the T maze the animal is required to select one of two baited arms in a choice trial but has to remember that in the next trial presentation that only the opposite arm is baited (i.e. non match to sample rule). It has therefore been concluded that tests like the DNMTS do not require a relevant amount of online manipulation and maintenance of information, and so they may be regarded more as measures of short-term memory than working memory (Young et al. 2009). Where short-term memory can be described as a temporary memory storage of information that does not require conscious maintenance and manipulation. Compared to working memory which is defined as an organisational construct which requires conscious

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attention, and draws from other cognitive modalities – including short-term and long-term memory – in order to manipulate and sustain information online. This discrepancy between human working memory tests and rodent models are backed up in various neuroanatomical studies of cognition (reviewed by Young *et al.* 2009). With reference to the above, animal models of working memory are generally regarded to have a more valuable construct validity and face validity (and therefore more translatable to humans); when they involve a real-time maintenance and manipulation of information, and which test the span of an animal's working memory. Rodent models that currently fit this criteria closest include the Radial Arm Maze (RAM) (Olton 1987), the Spatial Span Task (SST) (Dudchenko *et al.* 2000) and the Odor Discrimination Task (ODT) (Dudchenko *et al.* 2000; Young *et al.* 2007). A rodent analogue of the human n-back test has been developed for the RAM, the theory and set-up of the task are discussed below.

## 2.1.2 – Radial Arm Maze:- 'n-back Test'

The automated radial arm maze (RAM) is a rodent-based behavioural apparatus that tests spatial memory and can be modified to asses specific components of this cognitive domain. It consists of a central arena with 8 identical arms spreading from it, all separated by the exact same angle. Each arm has a reward well at the end and a vertical lifting door at the start (these are controlled by sensors and a computer program). In the original task the rodent is placed into the central domain and is free to move around the maze looking for rewards at the end of each arm. Once the rodent finds the reward at the end of each arm, the subject will no longer get a reward if it returns that arm. Therefore, in order for the rodent to be successful and expend the minimum amount of effort for maximum reward, it must maintain which arms it went down previously and which it has still yet to go down. The subject's performance in this paradigm is measured in the least amount of times a subject goes down an arm to obtain all 8 rewards – therefore, the best score for this test is 8. The RAM is considered to have a relatively robust construct validity with regards to testing short-term memory and working memory constructs. However, this form

of the test requires little manipulation of information, and therefore, is thought to be more of a test of short-term memory, rather than working memory.

Recently Marighetto (Marighetto *et al.* 2008) developed a mouse RAM task which was designed to be probe working memory abilities, and shows some analogies with the human n-back test in that it adopts a distinct level of information load and manipulation. The human n-back test is a continuous test using visual or auditory cues where a subject must indicate when a stimuli matches a previous chosen stimuli. The length and time between the chosen stimulus can be manipulated, which can increase or decrease the working memory load and manipulate the required energy put into maintaining relevant information. In the n-back adaptation of the RAM for mice, subjects are presented with 6 arms out of 8, divided into three pairs of adjoining arms (A,B,C).

In the first phase of the task the mouse is presented with each of the 3 arm pairs (both arms baited) in a pseudorandom order. On entering a particular arm the door to the other arm is closed. In the next presentation of any pair, the reward will be present in the opposite arm to that which the mouse choose previously (i.e. according to a non-match to sample rule). Therefore, the mouse must remember which arm it went down during the last presentation and correctly choose the opposite arm to obtain the reward. By actively increasing the interference between pair presentations (e.g.  $A \rightarrow A = 0$  retention intervals;  $A \rightarrow B \rightarrow A = 1$  retention intervals;  $A \rightarrow C \rightarrow B \rightarrow A = 2$  retention intervals) the working memory demand for each subject can be increased. These retention intervals may be considered analogous to 'n- back' levels. A diagram of the RAM and an example of the n-back test is given in figure 2.1.

For each session, mice were tested up to a retention interval (referred to as n-backs in this thesis) of 5 ('n-back 0', 'n-back 1', 'n-back 2', 'n-back 3' and 'n-back 4'). A computer algorithm generated a random sequence of pair presentations each day to produce an equal number of n-backs for each session - therefore - reducing the chance of mice using their long term memory to solve the task. Mice were presented with 24 trials once a day for 5 days of the week for 6 consecutive weeks. Note that in

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each session, both arms were baited in the first presentation of each of the three pairs, whereas thereafter only one arm was baited. Success was measured by the number of rewards obtained and scored as the percentage correct. Inter-trial interval lasted 20 seconds and mice were given 2 minutes at the start of each session to familiarize itself with the maze. Mice were given 30 minutes to complete the task or obtain as many rewards as possible before the test automatically ended.

As the task progresses, this demand on working is at risk of increasing, due to forms of interference known as proactive interference and retroactive interference. Proactive interference occurs when the formation of a new memory is disrupted due to an old memory which is either similar, or learned in a similar context. For example if a subject was asked to learn a list of 7 names beginning with 'M', a healthy subject would normally perform well. However, if the subject was then asked to learn another list of 7 names beginning with 'M', and then another list, and then another the recall performance on the subsequent lists would diminish, due to proactive interference of information from the initial memory test. However, if the list to be learned was changed in an obviously different way (for example names beginning with 'Z'), proactive interference would be reduced as information from the older tests would be significantly different not to affect recall. Retroactive interference is when the recall of old information is disturbed due to interference from newly learned information. The phenomenon occurs due to new information that is similar to old information outcompeting the old information for real-time memory recall. Although the old memory still exists, competition from the new memory means that sometimes it cannot be recalled. Rodents in the RAM n-back test are at risk of proactive interference as the task progresses due to the increased incidence of subjects presented with the same pairs of doors, where old memories of previous tasks can interfere with current ones. At the same time, retroactive interference may also play a role in working memory disruption. This is because of the positive relationship between retention interval and n-back number. As the number of trials increases between the matched pair (e.g. A), the retention interval increases, giving more time for new memories to interfere and disrupt old memories (e.g. which arm did the subject go down last in pair A?).



Figure 2.1: Radial Arm Maze (RAM) & n-back example. The radial arm maze apparatus is summarized in the top left corner, including the mouse in central chamber, the arm doors, reward in each arm (not visible to mouse); and the arm pairs labelled (A,B,C).

n-back example:

Trial 1 - Presentation of A illustrates the mouse presented with the choice of arms in Pair A (available pair in green; closed pairs in red); the mouse chooses the right arm (all arms regarded with spatial relation to the mouse anterior end of the mouse) and returns to chamber (the mouse must now remember which arm it went down in this pair in order to obtain a reward upon the next trial of A).

Trial 2: mouse presented with Pair C and chooses the left arm.

Trial 3: mouse presented with Pair B and chooses the right arm.

Trial 4: presentation of Pair B again, there are no intervening trials between this pair therefore 'n back'=0; the mouse selects the left arm of pair B which is the correct choice.

Trial 5: presentation of Pair C again – there have been two intervening trials between pair C, – therefore 'nback'=2; the mouse selects the right arm of C, which is the correct choice.

Trial 6: mouse is presented with Pair A again – there have been four intervening trials since the last presentation of Pair A – therefore 'nback'=4. In this example the mouse chooses the right arm which the mouse chose in the first presentation of Pair A therefore no reward is given and the choice is scored as incorrect.

# 2.1.3 – Animals

Heterozygous *Map2k7* mice were used in all experiments since *Map2k7* knockout results in 100% embryonic death. Mice were bred as heterozygous breeding pairs. Experiments were carried out in accordance with the Animals (Scientific Procedures) Act 1986.

20 mice were socially housed in cages of 2-3 mice (male and female separate) under standard conditions: 12/12 light/dark cycle at an average room temperature of 23 °C. Mice were food restricted for the duration of the experiment, making sure the mice were 85-90% of their free feeding weight on a normal growth curve and did not fall below 85% of that weight. Of the 20 mice there were 11 wild type (*Map2k7*+/+ C57BL/6, 3 female, 8 male) and 9 *Map2k7*+/- (2 female, 7 male) with an average age of 17.3 weeks upon onset of experiments

# 2.1.4 – Procedure

Pairs of mice were tested at the same time of the day each day (first tests typically commencing between – 9am and 9.20am, last tests between 3.30pm and 3.50 pm). The mice were given a five day acquisition period initially to familiarise themselves with the maze and understand how to solve the task successfully. After each test the whole maze was thoroughly cleaned using 50% ethanol and 50% water to eliminate or limit the chance of olfactory clues being left by mice.

### 2.2 – Fxyd6 and Semi Quantitative 2DG Autoradiographic Imaging

Under normal physiological conditions, glucose is the major energy substrate that the brain utilises in order to create high energy phosphate molecules that power many important chemical reactions that support brain function. Furthermore, the metabolism of glucose is now established as a reliable indicator for functional cortical activation (Sokoloff 1981). Because of this reliable relationship between glucose metabolism and brain activation, techniques have arisen that quantify local brain activation utilising glucose analogues like 2-Deoxy-D-Glucose (2DG). Semiquantitative 2DG autoradiographic imaging takes advantage of the different metabolising outcomes of glucose and its analogue 2DG which possesses a hydrogen atom instead of a hydroxyl group on the second carbon of the hexose ring. Because of this slight difference, the enzyme which normally converts glucose-6-phosphate Because of this slight difference, the enzyme which normally converts glucose-6phosphate to fructose-6-phosphate, cannot metabolise 2DG, and therefore, accumulates in the brain. The accumulation of 2DG (normally radiolabelled with 14C) can then be quantified in brain regions post-mortem and utilised as an indicator of local brain activity. In the rat, a fully quantitative measure of local cerebral glucose use can be determined through knowledge of the plasma profiles of <sup>14C-</sup>DG and glucose over the course of the experiment. However, the collection of repeated plasma samples is not feasible in mice and so a semi-quantitative measure is employed (See Dawson *et al.* 2008 and section 2.2.2). This technique has become a valuable tool for analysing regional brain activity in a variety of animal models (Vyazovskiy *et al.* 2008; Dawson *et al.* 2008). The structure of chemical 2DG and schematic of how it accumulates in the cell are described in Figure 2.2.



Figure 2.2: (a) Chemical structures of glucose and 2-deoxy-D-glucose (2-DG). 2-DG and glucose differ at the second carbon. (b) Schematic of glucose and 2DG metabolism. Glucose and 2DG enter the cell through a glucose transporter and are then phosphorylated by hexokinase to a 6 phosphate (6-PO4). A glucose 6 phosphatase metabolises glucose 6 phosphate but has limited capacity to metabolise 2DG-6 phosphate; therefore 2DG accumulates within the cell.

## 2.2.1 – Animals

Heterozygous *Fxyd6*+/- breeding pairs were bred and the offspring genotyped in the PsyRING laboratories at the University of Glasgow. Wild type and *Fxyd6*-/- mice were employed in the 2-deoxyglucose imaging experiments. Experiments were carried out in accordance with the Animals (Scientific Procedures) Act 1986.

A total of 20 male mice (12 WT C57BL/6J, 6 ketamine/6 saline; 8 KO *Fxyd6-/-*, 4 ketamine, 4 saline) aged 12-16 weeks old were used in the experiments. Mice were housed under standard 12h/12h light/dark conditions at 21°C, 45%-65% humidity. Mice went under food restriction 5 hours prior to 2DG imaging to avoid the influence of ketamine on plasma glucose levels.

# 2.2.2 – Semi-quantitative 2DG autoradiographic imaging

Local cerebral glucose utilization (LCGU) was determined around 1 minute after treatment with 25.mg.kg-1 of ketamine or physiological saline (2ml kg-1) interperitoneally (i.p). The dose and pretreatment time were based upon previous work by Dawson et al. (2011; 2014). Mice were then injected with 4.625MBq kg -1 of 14C-2-DG for 10 seconds and then returned to their cage. 45 minutes after the mice were injected, they were then decapitated and their terminal blood samples were taken via torso inversion. This time was chosen because it ensured the maximum behavioural effect of ketamine coincided with brain activity (Miyamoto et al. 2009). Blood samples were taken in order to assay plasma concentration of 14C-2-DG and glucose by liquid scintillation analysis (Packard) and semiautomated glucose oxidase assay (Beckman) respectively. Dr Neil Dawson carried out this part of the procedure. The brain was rapidly dissected and stored at -80°C following freezing in isopentane (-40°C). The frozen brains were then coronally sectioned (20 $\mu$ m) in a cryostat at -20°C. Four consecutive sections were sliced from every 60µm, thaw mounted onto slide covers and dried onto a hot plate at 70°C. These were mounted onto X-ray film for five days. The images were analysed by computer-based image analysis (MCID/M5+). The local isotope concentration for each region of interest was derived from the optical density of autoradiographic images relative to that of the

co-exposed 14C standard. Fifty-four distinct anatomical regions of interest were measured with the aid of a stereotaxic mouse brain atlas (Franklin & Paxinos *et al.* 1997) (Mouse atlas sections used to guide anatomical measurements are included in Appendix A). Uptake in each region of interest was measured by comparing the uptake with the total brain uptake, this was known as C-2-DG uptake ratio. 14C levels were determined as the average 14C concentration across all sections in which a region of interest was measured. For each region of interest the local 2DG uptake was divided by the total 2DG uptake of the whole brain area to obtain the 2DG uptake ratio which was used to represent the measurement of brain activity.

# 2.3 – Statistical analyses

For the radial arm maze *Map2k7*+/- experiment, data was analysed using repeated measures one way ANOVAs with post-hoc Tukey analyses to understand the effects of training period and n-back levels on each genotype group; unpaired t-tests were used to understand the differences in performance between genotype group, paired t-tests to compare effect of weekend break on each genotype group, and one-sample t-tests were used to compare genotype group performance with chance levels. For the 2DG *Fxyd6-/-* experiments the mean 2DG uptake ratio for brain regions in treatment groups (saline or ketamine) and genotype (wild type or *Fxyd6-/-*) were analysed using 2 tailed unpaired t-tests. Acceptable levels of significance were set at p<0.05.

# Chapter 3: Determination of the effects of *Map2k7*+/mice upon working memory performance

### 3.1 – Introduction and Aim

As noted in section 1.9.1, *Map2k7* has been linked to cognitive impairments and altered plasticity in schizophrenia patients. In terms of cognition, mice show deficits in a T maze task of potential relevance to working memory (Winchester *et al.* 2012). Whilst this task is widely used in the preclinical literature, it has limitations in the sense that the animals have to hold only 'one item' online (Young *et al.* 2009). Arguably a more translational task of relevance to the human 'n-back' working memory is a version of the radial arm maze task as described by Marighetto *et al.* (2008) (See section 2.1)

The aim of this experiment was therefore, to assess the effects of *Map2k7* on the spatial working memory ability of mice and assess their performance over time to perform under conditions of increased working memory load.

### 3.2 – Methods

The methods are described in detail in section 2.1

# 3.3 – Results

#### 3.3.1 – Genotype performance for each 'n-back' level over the 30 test sessions.

Figures 3.1a – 3.1e portray the mean percentage of daily correct responses for each n-back level (n-back level 0 to n-back level 4) over the 30 test sessions in WT mice and Map2k7+/- mice. An overall improvement of both groups for n-back levels 0, 1 and 2 over the 30 test sessions can be observed, with little improvement in n back levels 3 and 4. For the n-back level of 0, both genotypes acquired the task rapidly, and exhibited a responding accuracy of ~70% within a test session. The average response on the first test session of n back level 0 was 80% in WT mice and 72% in Map2k7+/- mice, which gradually increased to an average value of 95% and 88% percent on the final test session. Notably, for 19 of the 30 sessions, the performance value of the Map2k7+/- mice was less than that of the WT mice. As indicated in figure 3.4, it was found that this difference was significant (p=0.004, unpaired t-test). However, a level of n-back 0 generally requires little maintenance and manipulation

of information, and is more akin to the T-maze DNMTS task. Therefore, this difference may lie more in short-term memory rather than working memory. For the n-back level of 1 mice of both genotypes appeared to acquire the task over the 30 sessions (1<sup>ST</sup> session WT mice: 70%, *Map2k7*+/- mice: 50%. Last session WT mice: 86%; Map2k7+/- mice: 75%) and once again the Map2k7+/- mice showed lower performance levels than the WT mice – where WT mice outperformed Map2k7+/mice in 24 out of the 30 sessions. This difference was also found to be significant as described in figure 3.4 (p=0.001, unpaired t-test). For the n-back level of 2, WT mice acquired the task rapidly on session 1 at 63%, whereas Map2k7+/- mice performance on day one was just above chance at 52%. The final session performance of WT mice was at 75% and Map2k7+/- mice at 66%. WT mice outperformed Map2k7+/- 17 out of the 30 sessions but this difference was not significant (p= 0.13, unpaired t-test). At the n-back level of 3, both WT mice and Map2k7+/- mice struggled to perform successfully over the 30 tests sessions; where both groups were still performing just above chance levels by the last session with WT mice at 59% and Map2k7+/- mice at 52%. However, it was found that WT mice outperformed *Map2k7*+/- mice on 21 out of 30 sessions for this n-back level, where this difference was significant (p=0.01, unpaired t-test). At the most difficult n-back level of 4, both groups showed little progress over the 30 test sessions, with both groups performing just above chance levels, with significant performance dipping and spiking throughout. Map2k7+/- mice performed better in the 17 out of 30 days than WT mice, however, this was not statistically significant (p=0.9, unpaired t-test).



Figure 3.1a and 3. 1b: Comparison of average performance of wild type mice and Map2k7+/- mice for n-back levels 0 and 1 over the 30 test sessions. Results are expressed as mean percentage correct for each test session +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9.



Figure 3.1c, 3.1d and 3. 1e: Comparison of average performance of wild type mice and Map2k7+/-mice for n-back levels 2, 3, and 4 over the 30 test sessions. Results are expressed as mean percentage correct for each test session +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/mice- = 9.

# 3.3.2 – Investigating the effect of the 'weekend break' on performance and the effect of morning and afternoon sessions on performance.

To investigate whether the apparent dipping and spiking of performance was the result of the 2 day period (Saturday and Sunday) where the mice were not partaking in the radial arm maze, the overall performances of the animals on Fridays and consecutive Mondays for both genotypes were compared. It was hypothesised that the Map2k7+/- mice may perform worse on a new Monday compared to the previous Friday as they may have taken longer to re-establish the purpose of the task or may have struggled to retain the method to success, or taken longer to establish their spatial surroundings. The results are graphed in figures 3.2a and 3.2b. A comparison of performance levels for both genotypes between paired 'Fridays' and 'Mondays', (using paired t-tests) did not reveal any significant differences. (p>0.05 for all). The performance of both groups on Fridays and Mondays were combined and compared. However, again no significant differences were found for the 2 day gaps (p>0.05 for all from paired t-tests). Since mice were tested at the same time each day, some early in the morning and some in the afternoon, the overall performance of 'morning' subjects and 'afternoon' subjects were compared. This is because the mice were fed all at the same time at the end of each day, and as the food rewards of the maze acted as an incentive to perform the test correctly, subjects who were tested in the morning may not be as incentivised to obtain the reward, whereas subjects tested later in the day may well be; therefore possibly affecting the validity of the results. However an unpaired t-test comparing subjects tested in the morning (9am-12pm; n=10, Map2k7=5, WT=5) and subjects tested in the afternoon (12pm-2pm; n=10, Map2k7=4, WT=6) over all n-back levels found no significant difference between the groups (p>0.05; morning group = 67.35% average performance, afternoon group = 66.22% average performance).



Figure 3.2a & 3.2b: Comparison of overall trial performance (average of n back levels 0-4) of WT mice and Map2k7+/- mice on consecutive Fridays and Mondays in the test period. Results are expressed as mean percentage correct for each test session +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9. Blue bars represent Fridays and Brown bars represent Mondays.



Figure 3.2c: Comparison of overall trial performance (average of n-back levels 0-4) of both groups combined on consecutive Fridays and Mondays in the test period. Results are expressed as mean percentage correct for each test session +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9. Red bars represent Fridays and Blue bars represent Mondays.

# 3.3.3 – Overall performance levels of *Map2k7*+/- mice and WT mice over ten blocks of 3 test sessions

In order to smooth out possible day to day variation the data was then compressed into 3 test session blocks (30 days = 10 blocks in total) for each genotype and then the performance was compared over the average values of all n-back levels. This procedure is widely used (e.g. Marighetto et al. 2008). A significant performance spike of WT mice in 'block 4' and 'block 7' was apparent compared to the Map2k7+/mice. (p = 0.0004, p = 0.004 respectively for Blocks 4 and 7 [unpaired t-tests] (Figure 3.3). In order to gauge whether both genotypes were improving their overall performance over the whole 30 test sessions, one way repeated measures ANOVA were applied to compare the mean performances of each block in each genotype and then post-hoc tukey tests were used to find which blocks differed from each other. It was found that in both genotypes performance improved significantly from the first block (block 1) of sessions to the last (block 10) (WT mice F-value = 8.54, p<0.001; Map2k7+/- mice F-value = 6.19, p<0.001). Post-hoc Tukey analysis identified where specific differences between block performance lay. It was found that in WT mice the first three blocks differed significantly from blocks 7, 8, 9 and 10 (blocks 7,8,9 and 10 all showed significantly higher performances than 1, 2 and 3 10; all p<0.05); where-as block 6 did not differ significantly from blocks 1,2 and 3 (all p>0.05). Furthermore in WT mice the average performance in blocks 7,8, 9 and 10 were found not to be significantly different from each other. This may indicate a stabilisation of performance where WT mice reached their natural maximum overall performance.

In *Map2k7*+/- mice blocks 1 and 2 exhibited a significantly lower performance than the last three blocks of 8, 9 and 10 (all p<0.05); furthermore blocks 8, 9 and 10 were not found to be significantly different from each other (all p>0.05). Similarly to WT mice, this indicates that the mice's overall performances improved over the 30 test sessions and that their performance may have begun to stabilise towards the final 12 test sessions.



Figure 3.3: Overall performance levels of Map2k7+/- mice and WT mice over ten blocks of 3 test sessions. '\*' represents significant difference between genotype performance. Results are expressed as mean percentage correct for each block +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9.

### 3.3.4 – Comparison of genotype performance at each n-back level

The average performance of WT mice and *Map2k7+/-* mice on each n-back test over a total of 30 test sessions were then compared. A significant difference in performance was found between WT mice and *Map2k7*+/- mice at the n-back level of 0 (WT mice performance= 90%; Map2k7+/- mice performance = 85%; p=0.004 [unpaired t-test]), n-back level of 1 (WT mice performance = 79%; Map2k7+/- mice performance = 71%; p<0.001 [unpaired t-test]) and the n-back level of 3 (WT mice performance = 60%; Map2k7+/- mice performance =55%; p=0.01). No significant difference was found between genotype group in the n-back levels of 2 and 4 (nback level 2 performance: WT mice = 65%, *Map2k7*+/- mice = 62%; p>0.05. n-back level 4 performance: WT mice = 57%, Map2k7+/- mice = 56%; p>0.05). This data is portrayed in figure 3.4. In WT mice all n-back performances were significantly different from each other (repeated measures ANOVA F-value = 125.92, p<0.001; post tukey tests all p<0.01) except n-back level 3 and 4 (post-hoc Tukey, p=0.30). In *Map2k7*+/- mice all n-back performances were significantly different from each other (repeated measures ANOVA F-value = 78.10, p<0.001; post hoc Tukey all p<0.01) except n-back levels 2 and 4 (post-hoc Tukey, p=0.05) and n-back levels 3 and 4 (post-hoc Tukey, p=0.98). Finally, one sample t-tests found that all n-back level performances in both genotype groups were significantly above chance levels of 50% correct (all p<0.001).



Figure 3.4: Comparison of WT mice and Map2k7+/- mice on their average percentage correct scores over 30 test sessions for each n-back level. (\*) represents significant difference between genotype performance. Results are expressed as mean percentage correct for each n-back +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9.

# 3.3.5 – Comparing performance of genotype groups on all n-backs combined over the whole 30 test sessions

The overall performance of WT mice and *Map2k7*+/- mice for all the n-back levels combined, were then compared (Figure 3.5). The wild type mice exhibited a subtle, yet significantly better performance than the *Map2k7*+/- mice over the whole experiment; where WT mice exhibited an overall average performance of 70% and *Map2k7*+/- mice 66% (unpaired t-test, p<0.001). Thus it can be observed that *Map2k7*+/- performance was significantly different from WT performance and that *Map2k7*+/- may exhibit a subtle deficit in spatial working memory ability compared to WTs.



Figure 3.5: Overall performance of WT and Map2k7+/- mice in the radial arm maze with performance over all sessions and all n-backs combined. (\*) indicates significant difference. Results are expressed as mean percentage correct +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9.

# 3.3.6 – Comparing overall genotype performance of n-back levels 1 to 4 over the last 4 blocks of test sessions combined

Finally, to remove the effect of initial variation in performance of both groups (where both groups may still have been acquiring the task, as described in section 3.3) and to pursue a more robust analysis of working memory performance in the groups (because it is thought that an n-back level of 0 may be more of a test of short-term memory rather than working memory), the last 4 blocks of testing and the n-back levels 1 to 4 were isolated and analysed. It was found that the overall genotype performance over the last 4 testing blocks combined (blocks 7, 8, 9 and 10), over all n-back levels (0 to 4), was again significantly different (unpaired t-test, p=0.01); where WT mice exhibited an average performance of 75% and Map2k7+/-mice 70%. This indicates that both genotype groups exhibited a stronger performance in the last 4 blocks of testing but WT mice still outperformed Map2k7+/-mice.

Overall genotype performance over n-back levels 1-4, over the whole 30 test sessions, were then compared. It was found that WT mice again outperformed Map2k7+/- mice over the n-back levels of 1 to 4 where WT mice performed at an average of 65% and Map2k7+/- mice 60% (unpaired t-test, p<0.001). Therefore, removing the effect of n-back level 0 on the results and further isolating the test on working memory performance.

Finally, both the first 6 blocks of testing and n-back level of 0 were removed from the analysis and the overall performance of genotype group over the last 4 blocks from n-back levels 1 to 4 were then analysed. It was found again that WT mice exhibited a significantly higher performance than Map2k7+/- mice (WT mice = 69%; Map2k7+/-mice= 64%. Unpaired t-test, p=0.002). Results are summarised in figure 3.6.



Figure 3.6: Overall performance of WT and Map2k7+/- mice in the radial arm maze with performance over the last 4 test blocks and n-back levels of 1 to 4 combined. (\*) indicates significant difference. Results are expressed as mean percentage correct +/- SEM. Dashed line represents chance levels. Sample size: WT mice = 11; Map2k7+/- mice = 9.

# 3.4 – Discussion

This experiment has exhibited the clear benefits in utilising this adaptation of the original radial arm maze paradigm, in order to assess working memory function in mice. Over the 30 days for n-back 0 & 1 (figure 1a & 1b), WT mice showed a clear understanding of the test, beginning at average performances of 80% and 70% on the first days respectively. And then improving to 95% and 86%. At such low levels of working memory load, the n-back level of 0 is likely to represent short term memory, rather than working memory, as it generally requires a low level of real-time information maintenance. An n-back level of 0 is therefore relatively easy for healthy WT mice. However, as can be observed from figure 4, as the n-back level increases from n0 to n4, there are clear incremental reductions in performance in WT mice (and Map2k7+/- mice). The average performance of WT mice and Map2k7+/- mice over all the n-backs also existed above the 50% chance mark. These two observations give a strong indication that mice were attempting to maintain the memories of what arm they last visited in each pair, in order to gain maximum reward from the task. And as the working memory demand increased from n-back level 1 up to n-back levels of 4 (urging mice to try and actively maintain what arm they visited previously) their average performance negatively affected. But because their average performance was still significantly above chance levels at n-back levels 3 and 4 (described in section 3.4) - even if only slightly - this provides evidence that the mice were utilising their working memory in order to gain maximum reward. It would be interesting to investigate the absolute limit of rodents working memory span in this paradigm. This could be done by increasing levels to n-back levels of 5 and 6 in the RAM. This would give a good indication of the true span of rodent's spatial working memory; and would be useful in interpreting these results for translation into human working memory studies.

The results of WT performance from this experiment were also similar to the Marighetto investigation that utilised the same RAM n-back paradigm in order to study the effects of two dopamine agonists on working memory performance in aged WT mice. In the Marighetto investigation, they found that their adult aged WT (control group) mice exhibited a steady average increase in performance over a 12

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day period of testing, on all n-back levels (or retention intervals as they are referred to in the paper). The average WTmice performance at the beginning of testing was at 63% correct (average performance over sessions 1-3, n=0, C57BL/6) which is very similar to the initial WT mice performance in this experiment which was 62% (average performance over sessions 1-3). Furthermore, the WT mice in the Marighetto paper improved to an average performance of 75% correct in their final blocks of testing (days 10-12); which was similar to the performance of WT mice in this experiment of 72% over sessions 10-12 (eventually plateauing around 75% from day 20). Furthermore in the Marighetto experiment WT mice exhibited a similar diminishing performance as n-back level increased – from 92-62% from n-back level 0 to n-back level 4 in the Marighetto paper – compared to 89-57% in this experiment. The WT mice also performed significantly above chance levels at all nback levels in the Marighetto experiment. This provides good evidence of a consistent performance of WT C57BL/6 over this working memory paradigm which will inform future experiments that aim to use rodents for working memory experiments.

In this experiment it was found that Map2k7+/- mice exhibit a subtle yet significant deficit in their spatial memory ability compared to wild type mice in an automated spatial working memory RAM task (WT mean performance = 70%; Map2k7+/- mean performance = 66% p = 0.001) (figure 3.5). Furthermore, by removing the n-back level of 0 from the analysis (which tests short term memory), it can be concluded that the Map2k7+/- mice tested exhibited a significant deficit in working memory compared to WT mice (unpaired t-test, p<0.001. Described in figure 3.6). Previous work in our laboratory supports the deficit in spatial short term memory in Map2k7+/- mice in which mice exhibited deficits in the paired-trial variable delay T-maze test, which is analogous to the n-back level of 0 in this investigation (Winchester *et al.* 2012). This experiment expanded the experiment to test the mice's ability to successfully uphold spatial information over alternating nodes of interference which in turn produced alternating periods of time between matching tests. It was found that although wild type and Map2k7+/- mice improved on each n-back at a similar rate, wild types exhibited two significant performance 'bumps' over

the period of testing (blocks 4 and 7, figure 3). Furthermore it was found that wild types performed significantly better at the n-back levels of 0 and 1. Although tests at the n-back levels of 0 and 1 present a very low demand on working memory (in terms of information load, and inter-trial interval) the proactive interference is larger at these stages. As stated above, proactive interference is the psychological phenomena in which the forgetting of information occurs through the interference of other similar information learned previously (Still 1969). Therefore, if a mouse is presented with the same pairs repeatedly, the proactive interference increases and working memory maintenance may be disrupted. Could Map2k7+/- exhibit a dysfunction in the ability to distinguish similar contextual information? Interestingly, the ventrolateral PFC and left anterior PFC have been linked to proactive interference handling mechanisms using fMRI in and human subjects (Nee et al. 2007). These brain areas are usually linked to significant hypofunctionality in schizophrenia patients. This deficit could result from a downgrade in the communication from these areas to the entorhinal cortex and the hippocampus which together, encode spatial contextual information (Ainge & Langston 2012). It would be interesting to see whether there is a deficit in the functional activity of these areas in Map2k7+/- using the 2DG technique as used for in the Fxyd6 experiment. A focused short term/working memory task which probes high proactive interference models predominantly utilising n-back levels 0 and 1 could be also used. This could reaffirm the deficit seen in Map2k7+/- mice compared to wild types. One thing that is left unexplained however, is the similar performances seen in n-back level 2 between genotypes and the differences in performance at n-back level 3. The n-back level 2 results could portray a cross-over point where the level of proactive interference is sufficiently low enough not to affect Map2k7+/significantly, and the information load is not sufficiently high enough to affect them either. An n-back level of 3 could represent the point where information load begins to significantly affect Map2k7+/- mice compared to wild types. This speculation may be worthy of further investigation in experiments that solely focus on higher information load and lower incidence of proactive interference models.

By what mechanisms could this reduced expression of Map2k7 lead to this subtle deficit in working memory that was observed? MAP2K7 is one of two kinases (the other being MAP2K4) that regulate a component of an important mitogen-activated protein kinase (MAPK) signalling cascade – via regulation of JNK-1 (Coffey 2014). While JNKs have classically been associated with being a positive effector in cellularstress-induced apoptosis (Liu & Lin 2005; Dhanasekaran & Reddy 2008), more recent evidence has shown that JNK plays an important role in neuronal development, axodentritic architecture and neuronal plasticity (Myers et al. 2014; Coffey 2014). Since previous studies have shown that abrogation of JNK signalling produces serious deficits in neuronal development and brain morphogenesis in rodents, one could postulate that the reduced expression of Map2k7 in this study induced abnormal neuronal development in the Map2k7+/- mice. However, if this was the case, one would expect the mice to perform markedly worse in the RAM test, exhibit various behavioural and motor deficits, and exhibit poor performance in other cognitive tests - which Winchester et al. 2012 showed was not the case. Furthermore, previous studies have indicated that MAP2K7 and MAP2K4 can play different roles in JNK signalling, where MAP2K4 has a more pronounced role in mammalian neuronal development (Asaoka & Nishina 2010; Wang & Xia 2012), therefore it could be concluded that subtle working memory deficit in Map2k7-/- mice was likely not because of abnormal neuronal or cortical development.

Since JNK seems to be particularly important in brain areas related to cognition, (the highest levels of JNK1 are found in the neocortex, followed by the hippocampus, the thalamus and the midbrain (Coffey 2014)), and previous research has implicated MAP2K7 & JNK in NMDA-mediated plasticity (Centeno et al. 2007; Kim et al. 2007); it could be hypothesised that reduced expression of Map2k7 downregulation produced a working memory deficit through altered synaptic plasticity in the cortical and hippocampal regions. Various evidence points towards this. For example JNK1 is activated by NMDA (Borsello *et al.* 2003; Mukherjee *et al.* 1999), which then regulates components of NMDA receptor function via a JNK-interacting scaffold protein (JIP) (Kennedy et al. 2007). This JNK activation via NMDA is mediated by MAP2K7 (Winchester et al. 2012). Therefore, reduced MAP2K7 expression may

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abrogate glutamatergic NMDA-activated JNK signalling, and then in turn reduce NMDAR signal transduction from augmented JIP function. Furthermore, various substrates of JNK have been identified as important components of synaptic plasticity, including PSD95 (Kim et al. 2007; Yang *et al.* 2011) and GluR2 (Thomas et al. 2008). However, what is not clear is how this possible interference in synaptic plasticity, would interfere with spatial working memory mechanisms and not interfere in other forms of memory that rely on NMDA-mediated synaptic plasticity. Some evidence has shown that JNK plays a significant role in long-term depression (LTD), which is absent in mice JNK-/- mice and JNK-antagonised mice (Li *et al.* 2007). LTD is a process by which synapses lose their efficacy from each other for a sustained period. Recent evidence has pointed towards a role for LTD in the encoding of spatial information and spatial working memory in mice (Ge et al. 2010; Nakao *et al.* 2002). Inferring that reduced Map2k7 expression may reduce working memory capacity by interfering with specific long-term depression mechanisms within the hippocampus and neocortical areas.

This experiment therefore provides evidence that abnormal Map2k7 expression may contribute to the architecture of cognitive impairments in schizophrenia, particularly working memory. The mechanism for this may be from altered JNK signalling, which in turn would affect synaptic plasticity. Other evidence has shown that MAP2K7 is involved in axonal elongation in the developing cerebral cortex (Yamasaki et al. 2011), while Rizig et al. showed that the antipsychotic clozapine upregulates gene expression of Map2k7 in mice (Rizig et al. 2012) and that MAPK signalling is involved in the efficacy of antipsychotics used to treat schizophrenia (Cussac et al. 2002; Browning et al. 2005). The MAP2K7 pathway therefore represents a potentially important area in preclinical drug discovery, which could help develop viable treatments for cognitive factors in schizophrenia. This does not mean to say that a drug that augments MAPK/JNK signalling would drastically improve working memory in schizophrenia patients, as the deficit observed was only subtle. But it would serve as an important component of discovering the complex genetic architecture that contributes to cognitive impairment in the disorder. It would therefore be important to further explore the interaction Map2k7 has with brain areas and whether

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*Map2k7*+/- would exhibit an impaired connectivity between the PFC and hippocampal regions. This could be done by the 2DG method, as described in the *Fxyd6* experiment below. By applying methods from graph theory analysis on the data gained from 2DG (as described by Dawson *et al.* 2012; Dawson *et al.* 2014) on *Map2k7*+/-, the functional global and regional network interactions could be deciphered, enabling an insight into how *Map2k7*+/- affects working memory at a systems level.

Chapter 4: Effect of deletion of the *Fxyd6* gene upon regional brain activity in mice and the impact of NMDA-receptor antagonism on *Fxyd6-/-* regional brain activity

# 4.1 – Introduction and aim

As described in sections 1.9.2 *FXYD6* is a gene that may be involved in regulating NaKATPase function. Genetic association studies have also linked this gene as a possible risk factor for schizophrenia, particularly the cognitive components, due to the abnormal expression of FXYD6 discovered in the hippocampus and PFC of schizophrenia patients. It is hypothesized therefore, that abnormal FXYD6 expression may impair NaKATPase function in the PFC, hippocampus and other areas. Therefore contributing to some cognitive impairments in schizophrenia. By utilising a *Fxyd6-/-* strain of genetically modified mice and the post-mortem brain imaging technique – semi-quantitative 2DG autoradiography – this study aimed to investigate the contribution Fxyd6 has to regional brain activity. Furthermore to investigate a role for glutamate in relation to Fxyd6 and NaKATPase, regional brain activity was determined in *Fxyd6-/-* mice treated with the NMDA receptor antagonist, ketamine.

# 4.2 – Methods

The methods employed for the 2-DG study in *Fxyd6-/-* and WT mice are described in detail in Section 2.2

# 4.3 – Results

Over the next few sections the data will be referred to as the percentage difference of 2DG uptake ratio between compared groups (as outlined in tables 4b, 4c and 4d), and the p-values are sourced from the unpaired t-tests performed between the groups on the raw data of the 2DG uptake ratio (as outlined in tables 4e, 4f and 4g). A summary of the regions analysed and their corresponding abbreviations are included in table 4a.

# Table 4a

Brain Regions											
AMthal	Anteromedial	CLthal	Centrolateral	Hab	Habenula	MG	Medial geniculate	NacC	Nucleus accumbens	Sub	Subiculum
	thalamus		thalamus				nucleus		core		
AudC	Auditory cortex	CMthal	Centromedial	HDB	Horizontal	ML	Midline nuclei	NacS	Nucleus accumbens	VDB	Vertical diagonal
			thalamus		diagonal band				shell		band
AVthal	Anteroventral	DG	Dentate gyrus	IL	Infralimbic	MM	Mamillary body	Piri	Piriform cortex	VLthal	Ventrolateral
	thalamus										thalamus
BLA	Basolateral	DLO	Dorsolateral orbital	InsC	Insular cortex	мо	Medial oribital	PrL	Anterior prelimbic area	VMST	Ventromedial
	amygdala		cortex				cortex				striatum
CA1	CA1	DLST	Dorsolateral	LO	Lateral orbital	mPrL1	Medial prelimbic	Re	Reuniens	VMthal	Ventromedial
			striatum		cortex		(layer 1)				thalamus
CA2	CA2	DR	Dorsal raphe	LS	Lateral septum	mPrL2	Medial prelimbic	RSC	Retrosplenial cortex	VO	Ventral orbital
			nucleus				(layer 2)				cortex
CA3	CA3	dRT	Dorsal reticular	M1	Primary motor	mPrL3	Medial prelimbic	SNC	Substantia nigra pars	vRT	Ventral reticular
			nucleus		cortex		(layer 3)		compacta		nucleus
CeA	Central	FRA	Frontal association	MDthal	Mediodorsal	MR	Median raphe	SNR	Substantia nigra pars	VTA	Ventral tegmental
	amygdaloid				thalamus		nucleus		reticulata		area
Cg1	Cingulate gyrus	GP	Globus pallidus	MeA	Medial	MS	Medial septum	SSCTX	Somatosensory cortex	VTg	Ventral tegmental
					amygdaloid						nucleus

Table 4a: Summary of regions analysed in the 2-DG experiment with their corresponding abbreviations
### 4.3.1 – Cortical regions

In the 17 cortical regions examined (Table 4b and 4e), there was no significant genotype effect on 2DG uptake, indicating that knocking out the Fxyd6 gene produced no overt effects on cortical activity. While some areas seem to exhibit large differences in glucose uptake between WT and KO mice (dorsolateral orbital (DO)=18.87%; medial prelimbic layer 1 (mPrL1)=12.52%; medial prelimbic layer 2 (mPrl2)=13.51%; medial prelimbic layer 3(mPrl3)=11.82%; somatosensory cortex (SSCTX)=-19.12%) none of these values were found to be statistically significant (p>0.05 for all, unpaired t-test).

Ketamine produced a significant increase in 2DG uptake in several cortical regions of WT mice, including regions of the ventral orbital (VO, 18%, p=0.01), the medial orbital (MO, 14.46%, p=0.04) the lateral orbital (LO, 14.89%, p=0.03) the infralimbic (IL,13.30%,p=0.04) and the anterior prelimbic (PrL, 18.11%, p=0.03). A significant decrease in 2DG uptake was also observed in the auditory cortex (AudC) of ketamine treated WT mice (-13.21%, p=0.01). Interestingly, the PrL region in ketamine treated *Fxyd6-/-* mice was the only cortical region to exhibit a similar effect to regions affected by ketamine in WT mice (29.58%, p=0.001) where the VO, MO, LO, IL and AudC did not show statistically significant differences in activation (all p>0.05; figure 4b and 4c). It should be noted that these differences in 2-DG uptake between ketamine treated WT mice and ketamine treated *Fxyd6-/-* mice were not found to be statistically significant (as shown in the fourth column of table 4b), however, this could be attributed to the lower numbers in the *Fxyd6-/-* sample.

#### 4.3.2 – Thalamic, Hippocampal and Amygdaloid Regions

Of the regions analysed in the thalamus (table 4c and 4f), no significant genotype effect on 2-DG uptake was found. With *Fxyd6-/-* mice showing similar values to WT mice. However, there appeared to be a large difference (28%) between genotypes in the mediodorsal thalamus (MDthal) although this was not found to be statistically significant (p=0.18). Ketamine treatment in WT mice produced a marked reduction in 2-DG uptake in certain areas of the thalamus including the ventromedial thalamus (VMthal, -9.39%, p=0.01), the dorsal reticular (dRT, -23.38%, p=0.0004), the ventral

reticular (vRT, -22.75%, p=0.001) and the medial geniculate (MG, -17.54% p=0.002) (figure 4b). The only region that showed a similar effect in ketamine treated KO mice (that was statistically significant), was the vRT region, with a difference of activation of -16.21% (p=0.01) (table 4c and 4f, and figure 4c). While the far column of table 4c, describes how no statistically significant differences were observed between ketamine treatment of KO and WT mice in thalamic regions, once again this may be a result of the smaller numbers in the *Fxyd6-/-* sample (n=4 per group compared to n=6 per group in the WT groups).

Interestingly, the subiculum (sub) region of the hippocampal complex showed a marked decrease in mean 2-DG uptake in *Fxyd6-/-* mice compared to WT mice (-10.11%, p=0.02) (tables 4c, 4f and figure 4a), a region heavily linked with working memory and spatial cognition, with connections to the PFC, amygdala and entorhinal cortex.

The basolateral (BLA), central (CeA) and medial (MeA) regions of the amygdala, and the, CA1, CA2, CA3 and dentate gyrus (DG) regions of the hippocampus did not exhibit significant differences in their regional activation from any of the given variables (p>0.05 for all) (table 4c and 4f).

# 4.3.3 – Septal, Basal Ganglia, and Mesolimbic Regions

Both the medial septum (MS) and the lateral septum (LS) of saline treated *Fxyd6-/-*mice exhibited a significant reduction in 2-DG uptake compared to saline treated WT mice, with differences of -13.88% (p=0.05) and -13.92% (p=0.01) respectively (table 4d and 4g, figure 4a). Furthermore, both these areas were further affected in WT mice treated with ketamine, exhibiting differences of 2-DG uptake by -17.74% in the MS (p=0.001), and -15.70% in the LS (p=0.03). These regions did not show significant differences in 2DG uptake in ketamine treated *Fxyd6-/-* mice (MS, 0.43%, p=0.96; LS, -6.87% p=0.39). Similarly the differences between ketamine treated *Fxyd6-/-* and WT mice were not found to be statistically significant. However, the VDB (nucleus of the vertical limb of the diagonal band of Broca) did show a significant difference in glucose uptake between WT and *Fxyd6-/-* mice in response to ketamine treatment. WT mice treated with ketamine showed a 28.68% reduction in 2-DG uptake

compared to saline treated WT mice (-28.68%, p=0.01). Whereas ketamine-treated *Fxyd6-/-* mice did not exhibit a significant difference compared to saline treated *Fxyd6-/-* mice (18.61%, p=0.37). This difference in response to ketamine treatment between genotypes was found to be significant with a difference of 23.43%, p=0.04.

Of the basal ganglia and mesolimbic regions analysed, no difference was found between mean 2DG uptake ratio of saline treated WT mice and saline treated *Fxyd6-/-* mice. However, the globus pallidus (GP) of the basal ganglia exhibited a significant reduction in 2DG uptake in WT mice treated with ketamine (-12.98%, p=0.0001), not seen in ketamine treated *Fxyd6-/-* mice (-1.34%, p=0.89). Whilst the substantia nigra pars compacta (SNC) region of the basal ganglia was affected in ketamine treated *Fxyd6-/-* mice compared to saline treated *Fxyd6-/-* animals (-16.78%, p=0.05), a comparable effect of ketamine was not observed in WT mice (-12.48%, p=0.18).

## 4.3.4 – Multimodal and Neuromodulatory

There were no significant effects from any of the variables observed in the neuromodulatory regions of the dorsal raphe (DR) and median raphe (MR) (all p>0.05) (table 4d and 4g). Furthermore, the multimodal regions of the habenula (Hab) and mamillary bodies (table 4b and 4g) did not show significant differences in 2-DG uptake between saline treated *Fxyd6-/-* and saline treated WT mice (p>0.05), and the genotype groups treated with ketamine (p>0.05). While not statistically significant, it may be worth noting the large percentage difference of glucose uptake in the mammillary body in saline treated *Fxyd6-/-* mice compared to saline treated WT mice of 19.66%, a region which is heavily innervated by the subiculum and also known to be involved in components of memory.

### 4.4 – Discussion

In this experiment a number of brain regions in the tested mice were shown to exhibit significant hyperactivity or hypoactivity (as measured by mean 2-DG uptake ratio) in response to subanesthetic ketamine treatment or the knockout of the *Fxyd6* gene. Furthermore it was found that the presence or absence of the *Fxyd6* gene affected how certain regions responded to ketamine treatment. Figure 4a is featured

below to illustrate the brain regions that were significantly affected by the knockout of *Fxyd6*. Figures 4b and 4c are included to compare which brain regions were significantly affected by ketamine and which regions were not significantly affected by ketamine in wild type and *Fxyd6-/-* mice.

Of the 54 regions investigated, three were affected by the *Fxyd6* knockout. These were the subiculum, the medial septum and the lateral septum. Perhaps the most interesting of these results was the significant decrease in activation observed in the subiculum region of the hippocampal formation in saline treated Fxyd6-/- mice compared to saline treated WT mice. The subiculum is the most inferior part of the hippocampal formation, is largely innervated by inputs from the CA1, entorhinal cortical pyramidal III neurons and prefrontal cortical regions, and is the main output of the hippocampus (Witter & Groenewegen 1990; O'Mara et al. 2001). Furthermore the subiculum also shares reciprocal connections with subcortical regions including the ventral premammillary nucleus (connected to mammillary body, a region that showed a large increase in activity in *Fxyd6-/-*, although not statistically significant) the medial septum (which also exhibited a significant hypoactivation in *Fxyd6-/-* mice compared to WT animals), the AMthal & AVthal regions of the thalamus, and the amygdala (Canteras & Swanson 1992; Risold et al. 1997). Crucially, as has been described above, the subiculum and hippocampal regions are heavily associated with memory functions including memory consolidation and working memory. Evidence from studies has linked subiculum function to working memory maintenance and disambiguation of previously learned information from current information maintained in working memory (Hampson et al. 2000, Newmark et al. 2013). This may suggest an important role for the subiculum in discriminating old memories and newly formed memories in working memory, and hence pro and retro-active interference. This finding backs up the hypothesis that regions associated with cognition would be affected by knocking-out the FXYD6 gene. Furthermore this continues the argument for FXYD6's role in the working memory impairments that are characteristic of many psychiatric disorders, including schizophrenia. Interestingly, the subiculum and septal areas are both components of the brainmotivation/reward circuit which also include the nucleus accumbens, the PFC and the VTA (Cooper *et al.* 2006). This effect of *Fxyd6* deletion on subiculum and septal activation, therefore, may be an interesting area of behavioural investigation for *Fxyd6* knock outs, particularly in motivational and reward paradigms. This finding also highlights the need for further cognitive investigations of *Fxyd6-/-* mice, particularly for working memory. This would be the suggested next step in the discovery of a role for FXYD6 in cognition and psychiatric disorders.

It was also found that a number of regions were significantly affected by ketamine treatment in WT mice but which had a blunted response *Fxyd6-/-* mice. These included the cortical regions of the PrL, DLO, MO, VO, LO, IL and the AuC; thalamic regions of the VMThal, dRT, Vrt and MG; septal regions of the MS, LS and VDB; and the GP of the basal ganglia. Previous research by Dawson (Dawson et al. 2013; Dawson et al. 2014) into the effect of ketamine on region cortical activity in C57BL/6 mice using 2DG autoradiography produced some similarities and differences with the present data. For example, in the present study significant increases in brain metabolism were exhibited in cortical regions of the DLO, MO, VO, LO and the IL in this experiment; none of which were affected in both studies by Dawson et al. The PrL was the only cortical region to show significant increases in glucose metabolism across all the studies. In Dawson et al. 2013 and 2014, all layers of the mPrL and the entorhinal cortex exhibited hypermetabolism, which were not observed in the present study. These significant differences are hard to account for, although it may be a result of the larger number of mice used in the Dawson *et al.* experiments (9) saline treated WT mice and 9 ketamine treated WT mice in both studies); thereby increasing statistical power in the study. For example the Dawson *et al.* 2013 study showed that mPrL1, mPrL2 and mPrL3 exhibited statistically significant glucose metabolism increases of 22%, 18% and 16% in ketamine treated mice compared to saline treated, which is similar to what was found in the present experiment (mPrL1= 20.02%; mPrL2=16.70%; mPrL3=15.21%). However, it should be noted that there were various regions in the PFC which showed significance in this study, which did not come out as significant in the Dawson studies. Therefore it is hard to conclude whether increasing power would have produced similar results. It also should be noted that the dose of ketamine was slightly different in this experiment (25.mg.kg1) to the Dawson *et al.* experiments (30.mg.kg-1); which may also contribute to the differing results.

Interestingly, the dRT region of the thalamus showed significant hyperactivation across all the investigations in WT animals. It is thought that dRT, along with the MDThal, are components of a network which also includes the PFC and anterior thalamus (dRT-AV/MDthal-PFC) which is a crucial system that ketamine affects in order to model aspects of schizophrenia (Dawson et al. 2013). Whereby NMDAR antagonism of GABAergic neurons in the dRT produces a disinhibition of glutamatergic projections from the AV/MDthal to the PFC, subsequently producing a hypermetabolism of the PFC (this may explain the hypometabolism exhibited in several regions of the PFC in ketamine treated WT mice). The dRT is involved in attentional shifting (modulated by the PFC) (McAlonan et al. 2008; McAlonan et al. 2006) and auditory gating (Krause et al. 2003), both of which are cognitive processes known to be disrupted in schizophrenia (and various other psychiatric disorders) (Freedman et al. 2003; Luck & Gold 2008) and which are also disrupted by NMDAR antagonists (Dai & Carey 1994 Egerton et al. 2005; Ferrarelli & Tononi 2011). This highlights the dRT as a possible hub region that may affect various processes involved in attention whereby abnormal functioning of this region may contribute to attentional deficits in psychiatric disorders, including schizophrenia. This experiment did find vRT hypoactivation that was not observed in the Dawson et al. studies, and did not find AVthal hypometabolism, that was observed in the Dawson experiment. This discrepancy could have arisen from the experimental design differences described above. Other regions that exhibited similar reactions to ketamine across all the studies included the VDB of the diagonal band and the globus pallidus (GP) of the basal ganglia.

By comparing how ketamine affected regional glucose metabolism in WT and *Fxyd6*-/- mice, one is able to make inferences and conclusions about how Fxyd6 expression, and NaKATPase interacts and contributes to NMDA receptor antagonism & glutamate function in regional areas. In the cortical regions of both genotypes only the PrL region exhibited similar ketamine-induced hypometabolism. Importantly,

there were various regions affected by ketamine in WT mice that appeared not to be affected in *Fxyd6-/-* mice, including the hypermetabolism in the DLO, MO,VO, LO and IL of the PFC; hypometabolism in regions of the AuC, the VMthal, dRT and MG of the thalamus, and the GP of the basal ganglia (illustrated in figures 4b and 4c). It can be observed therefore, that the PFC regions of ketamine treated KO mice did not exhibit the typical hypermetabolism that would be expected, and the hypometabolism of the dRT and other thalamic regions was not observed either (in comparison to ketamine treatment of WT in this study and other studies). Hence it would appear that the *Fxyd6-/-* mice show a blunted response to ketamine in the prefrontal cortex and thalamic regions suggesting a possible dysfunction of NMDA receptors in these animals.

An alternative explanation relates to the interaction of *Fxyd6-/-* with NaKATPase. NaKATPase is known to play a role in deactivating glutamate signalling in the brain by facilitating glutamate reuptake into glia and neurons via glutamate transporters (Rose et al. 2009; Illarionava et al. 2014). Because regions of the thalamus provide GABAergic inhibition to regions of the PFC (which is inhibited by NMDAR antagonists like ketamine) this disruption in NaKATPase function (by knocking out *Fxyd6*) may indirectly compensate for the blockage of NMARs in GABAergic neurons by reducing reuptake of glutamate, and therefore, increasing post-synaptic glutamate. This could account for the unaffected prefrontal and thalamic regions in *Fxyd6-/-* mice. This could highlight an interesting area of future investigation for drug discovery for mediating prefrontal hyperactivity in the prefrontal cortex and hyperconnectivity between thalamic and PFC regions which is exhibited in schizophrenia patients. This would also depend, however, on the construct validity of NMDAR antagonism itself, and whether it actually does reflect neurobiological components of schizophrenia. It would be interesting to apply graph theory modelling using data gained from this 2DG experiment in order to decipher functional networks among the regions measured (Dawson et al. 2013; Dawson et al. 2014). This could give further insight into how FXYD6 and NaKATPase affects regional and global systems with relevance to cognition and psychiatric disorders.

It is also worth noting that the cingulate gyrus (Cg1) of ketamine treated *Fxyd6-/-*mice exhibited a significant difference as described in the fourth column of table 4b. However, as no significant difference was seen between saline treated KO mice and WT mice in the Cg1; along with very similar responses to ketamine in both groups (which were not found to be significantly different) it could be concluded that this result may be an anomaly.



Figure 4a: Plot of regions that were significantly affected by Fxyd6 KO. Measured in % differences of 2DG uptake ratio between WT and Fxyd6-/- mice. '\*' denotes significant difference. Sample size: Saline WT = 6; Saline Fxyd6-/- = 4.



Figure 4b: Plot of brain regions of WT mice that were significantly affected by ketamine and ones not affected. '\*' denotes regions significantly affected by ketamine, RED bars denote regions NOT significantly affected by ketamine. Measured in % differences of 2DG uptake ratio between saline treated WT and ketamine treated WT mice. Sample size: Saline WT = 6; Ketamine WT = 6.



Figure 4c: Plot of brain regions of Fxyd6-/- mice that were significantly affected by ketamine and ones not affected. '\*' denotes significantly affected region by ketamine, RED bars denote regions NOT significantly affected by ketamine. Measured in % differences of 2DG uptake ratio between saline treated Fxyd6-/- and ketamine treated Fxyd6-/- mice. Sample size: Saline Fxyd6-/- = 4; Ketamine Fxyd6-/- = 4.

	Genotype Effect		Treatment Effect - WT		Treatment Effect - Fxyd6-/-		Treatment WT * Treatment <i>Fxyd6-/-</i>	
Cortex	%	р	%	р	%	р	%	р
Anterior prelimbic (PrL)	-2.68	0.71	<b>18.11</b> *	0.03	<b>29.58</b> *	0.001	6.78	0.30
Frontal association (FRA)	3.98	0.41	5.59	0.29	0.58	0.93	-0.95	0.89
Dorsolateral orbital (DLO)	18.87	0.08	25.45*	0.03	1.35	0.92	-3.97	0.74
Medial oribital (MO)	9.46	0.14	<b>14.46</b> *	0.04	4.81	0.59	0.23	0.98
Ventral orbital (VO)	10.61	0.20	<b>18.00</b> *	0.01	5.84	0.43	-0.80	0.85
Lateral orbital (LO)	7.89	0.20	1 <b>4.89</b> *	0.03	6.59	0.15	0.10	0.98
Medial prelimbic (layer 1) (mPrL1)	12.52	0.23	20.02	0.14	16.82	0.26	9.52	0.52
Medial prelimbic (layer 2) (mPrL2)	13.51	0.12	16.70	0.13	6.86	0.59	3.94	0.76
Medial prelimbic (layer 3) (mPrL3)	11.82	0.12	15.21	0.10	9.00	0.45	5.79	0.61
Infralimbic (IL)	5.79	0.27	13.30*	0.04	10.64	0.27	3.31	0.69
Cingulate (Cg1)	5.91	0.43	4.33	0.27	6.31	0.41	<b>7.91</b> *	0.01
Primary motor (M1)	0.96	0.85	-4.64	0.39	-9.77	0.25	-4.47	0.58
Retrosplenial (RSC)	-3.16	0.63	-12.78	0.09	-3.73	0.61	6.89	0.44
Piriform (Piri)	-3.79	0.68	-2.67	0.73	0.27	0.98	-0.89	0.91
Insular (InsC)	-1.60	0.75	3.10	0.74	4.19	0.67	-0.57	0.96
Somatosensory Cortex (SSCTX)	-19.12	0.43	-9.16	0.29	-2.28	0.95	-12.99	0.34
Auditory Cortex (AudC)	-4.23	0.62	-13.21*	0.01	-1.13	0.91	9.10	0.13
Multimodal								
Habenula (Hab)	1.14	0.85	-3.93	0.61	-2.28	0.86	2.87	0.83
Mamillary body (MM)	19.66	0.33	24.68	0.11	-1.42	0.92	-5.38	0.58

Table 4b: Effect of genotype and ketamine on regional glucose uptake in *Fxyd6-/-* mice and wild type mice

Table 4b: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6-/- (KO) mice receiving ketamine or saline treatment. Data shown as % difference of mean uptake ratio between treated and control groups. 'Genotype Effect' = Comparing saline treated KO with saline WT; 'Treatment Effect – WT' = Comparing ketamine treated WT with saline WT; 'Treatment Effect – Fxyd6-/-' = Comparing ketamine treated KO; 'Treatment WT\* Treatment Fxyd6-/-' = comparing ketamine treated KO with ketamine treated WTs. Saline WT n=6; Ketamine WT n=6; Saline KO n=4; Ketamine KO n=4. '\*' represents significant difference. P values from two sample, unpaired t-tests. Acceptable levels of significance set at p<0.05.

	Genotype Effect		Treat Effect	ment - WT	Treatr Effect - <i>F</i>	nent Fxyd6-/-	Treatment WT * Treatment <i>Fxyd6-/-</i>	
Thalamus	%	р	%	р	%	р	%	р
Anteromedial (AMthal)	0.98	0.91	-2.18	0.75	-16.69	0.39	-14.00	0.37
Anteroventral (AVthal)	6.06	0.56	-2.55	0.76	-12.45	0.38	-14.00	0.69
Mediodorsal (MDthal)	-28.04	0.18	-9.61	0.05	36.30	0.33	8.50	0.27
Centromedial (CMthal)	-2.28	0.77	-3.44	0.52	-7.84	0.49	-6.73	0.38
Centrolateral (CLthal)	0.84	0.93	-2.13	0.79	-0.03	1.00	3.00	0.69
Ventrolateral (VLthal)	-0.37	0.98	-16.85	0.06	-14.66	0.30	2.26	0.83
Ventromedial (VMthal)	-4.43	0.40	<b>-9.39</b> *	0.01	2.68	0.80	8.31	0.33
Reuniens (Re)	-7.58	0.52	-19.07	0.11	12.64	0.48	28.63	0.15
Dorsal reticular (dRT)	-7.74	0.19	-23.38*	0.0004	-14.87	0.09	2.51	0.74
Ventral reticular (vRT)	-4.13	0.39	-22.75*	0.001	<b>-16.21</b> *	0.01	3.99	0.52
Medial geniculate (MG)	-2.86	0.65	-17.54*	0.002	-7.29	0.37	9.21	0.17
Midline Nuclei (ML)	-5.11	0.63	-10.39	0.26	-13.73	0.10	-8.65	0.26
Amygdala								
Basolateral (BLA)	-8.62	0.22	-11.37	0.12	4.27	0.58	7.50	0.40
Central (CeA)	-9.15	0.35	-18.46	0.15	13.47	0.56	26.43	0.30
Medial (meA)	-0.96	0.95	-10.42	0.33	-6.20	0.78	3.71	0.83
Hippocampus								
Subiculum (Sub)	-10.11*	0.02	4.38	0.57	5.93	0.22	-8.77	0.35
CA1	1.05	0.85	8.63	0.18	4.67	0.37	-2.64	0.68
CA2	-2.20	0.73	-10.71	0.15	-5.13	0.69	3.91	0.77
CA3	-8.17	0.58	-14.27	0.28	-7.85	0.33	-1.29	0.90
Dentate gyrus (DG)	-13.25	0.51	-19.87	0.18	-3.09	0.87	4.91	0.66

Table 4c: Effect of genotype and ketamine on regional glucose uptake in Fxyd6-/- mice and wild type mice

Table 4c: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6-/- (KO) mice receiving ketamine or saline treatment. Data shown as % difference of mean uptake ratio between treated and control groups. 'Genotype Effect' = Comparing saline treated KO with saline WT; 'Treatment Effect – WT' = Comparing ketamine treated WT with saline WT; 'Treatment Effect – Fxyd6-/-' = Comparing ketamine treated KO with saline KO; 'Treatment WT\* Treatment Fxyd6-/-' = comparing ketamine treated KO with ketamine treated WTs. Saline WT n=6; Ketamine WT n=6; Saline KO n=4; Ketamine KO n=4. '\*' represents significant difference. P values from two sample, unpaired t-tests. Acceptable levels of significance set at p<0.05.

	Genotype Effect		Treatment Effect - WT		Treatment Effect <i>Fxyd6-/-</i>		Treatment WT * Treatment <i>Fxyd6-/-</i>	
Septum/Diagonal Band of Broca	%	р	%	р	%	р	%	р
Medial septum (MS)	-13.88*	0.05	-17.74*	0.001	0.43	0.96	5.14	0.32
Lateral septum (LS)	-13.92*	0.01	-15.70*	0.03	-6.87	0.39	-4.91	0.61
Vertical DB (VDB)	-25.77	0.12	-28.68*	0.01	18.61	0.37	23.43*	0.04
Horizontal DB (HDB)	-6.40	0.53	-9.39	0.11	-3.88	0.76	-0.71	0.91
Basal ganglia								
Ventromedial striatum (VMST)	-9.81	0.08	4.26	0.45	17.64	0.14	1.77	0.84
Dorsolateral striatum (DLST)	1.93	0.70	1.76	0.66	1.12	0.85	1.29	0.78
Substantia nigra pars reticulata (SNR)	-4.80	0.33	-1.76	0.80	-3.81	0.57	-6.79	0.45
Substantia nigra pars compacta (SNC)	-0.93	0.91	-12.48	0.18	-16.78*	0.05	-5.80	0.56
Globus pallidus (GP)	-3.82	0.17	-12.98*	0.0001	-1.34	0.89	9.04	0.28
Mesolimbic								
Nucleus accumbens core (NacC)	1.10	0.88	11.72	0.14	13.04	0.07	2.30	0.74
Nucleus accumbens shell (NacS)	-5.93	0.55	2.65	0.61	11.10	0.34	1.82	0.64
Ventral tegmental nucleus (VTg)	-1.36	0.82	-11.60	0.05	-32.14	0.29	-24.27	0.38
Ventral tegmental area (VTA)	1.65	0.84	-6.65	0.28	-14.47	0.10	-6.86	0.26
Neuromodulatory								
Dorsal raphe (DR)	-12.73	0.08	-8.81	0.26	-33.58	0.27	-36.44	0.16
Median raphe (MR)	-9.02	0.21	-12.71	0.13	-16.14	0.65	-12.59	0.69

Table 4d: Effect of genotype and ketamine on regional glucose uptake in Fxyd6-/- mice and wild type mice

Table 4d: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6 -/- (KO) mice receiving ketamine or saline treatment. Data shown as % difference of mean uptake ratio between treated and control groups. 'Genotype Effect' = Comparing saline treated KO with saline WT; 'Treatment Effect – WT' = Comparing ketamine treated WT with saline WT; 'Treatment Effect – Fxyd6-/-' = Comparing ketamine treated KO with saline KO; 'Treatment WT\* Treatment Fxyd6-/-' = comparing ketamine treated KO with ketamine treated WTs. Saline WT n=6; Ketamine WT n=6; Saline KO n=4; Ketamine KO n=4. '\*' represents significant difference. P values from two sample, unpaired t-tests. Acceptable levels of significance set at p<0.05.

	wт		WT		Fxyd6-/-		Fxyd6-/-	
Table 4e	Saline	n=6	Ketamine	n=6	Saline	n=4	Ketamine	n=4
Cortex	Mean	SDEV	Mean	SDEV	Mean	SDEV	Mean	SDEV
Anterior prelimbic (PrL)	0.9712	0.1204	1.1471	0.1275	0.9452	0.0763	1.2248	0.0633
Frontal association (FRA)	1.0365	0.0871	1.0944	0.0938	1.0777	0.041	1.084	0.1379
Dorsolateral orbital (DLO)	1.1388	0.1953	1.4287	0.1939	1.3538	0.1009	1.372	0.3357
Medial oribital (MO)	0.9441	0.0765	1.0806	0.1232	1.0334	0.0957	1.0832	0.1472
Ventral orbital (VO)	1.3305	0.1594	1.57	0.0684	1.4716	0.1525	1.5575	0.1325
Lateral orbital (LO)	1.4632	0.1379	1.681	0.1599	1.5786	0.1089	1.6827	0.0601
Medial prelimbic (layer 1) (mPrL1)	0.8652	0.1446	1.0384	0.2191	0.9735	0.1002	1.1372	0.2415
Medial prelimbic (layer 2) (mPrL2)	0.8715	0.1067	1.0171	0.1863	0.9893	0.1018	1.0572	0.2147
Medial prelimbic (layer 3) (mPrL3)	0.8543	0.1017	0.9843	0.1435	0.9553	0.0671	1.0413	0.2018
Infralimbic (IL)	0.7852	0.0512	0.8896	0.0963	0.8306	0.0701	0.919	0.1271
Cingulate (Cg1)	1.2191	0.0973	1.2719	0.0533	1.2911	0.1769	1.3725	0.0437
Primary motor (M1)	1.135	0.1006	1.0823	0.1046	1.1459	0.0625	1.0339	0.1631
Retrosplenial (RSC)	1.48	0.0897	1.2909	0.2033	1.4332	0.1834	1.3798	0.0719
Piriform (Piri)	1.024	0.1474	0.9967	0.1116	0.9852	0.1215	0.9879	0.1286
Insular (InsC)	0.9373	0.0732	0.9664	0.1948	0.9223	0.0671	0.9609	0.1592
Somatosensory Cortex (SSCTX)	1.1903	0.1534	1.0813	0.1695	0.9627	0.6647	0.9408	0.2438
Auditory Cortex (AudC)	1.1782	0.1097	1.0226	0.0696	1.1284	0.1973	1.1156	0.1054
	-							

Table 4e: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6 -/- (KO) mice receiving ketamine or saline treatment. Data shown as raw mean 2DG uptake ratio for each region +/-SDEV.

	wт		WT		Fxyd6-/-		Fxyd6-/-	
Table 4f	Saline	n=6	Ketamine	n=6	Saline	n=4	Ketamine	n=4
Thalamus	Mean	SDEV	Mean	SDEV	Mean	SDEV	Mean	SDEV
Anteromedial (AMthal)	1.4773	0.1439	1.4451	0.19	1.4917	0.2489	1.2428	0.4808
Anteroventral (AVthal)	1.5698	0.2257	1.5298	0.2108	1.665	0.2751	1.4578	0.3407
Mediodorsal (MDthal)	1.4226	0.0799	1.2859	0.127	1.0237	0.6847	1.3952	0.1629
Centromedial (CMthal)	1.0732	0.0817	1.0363	0.1069	1.0487	0.1801	0.9666	0.1284
Centrolateral (CLthal)	1.4185	0.2135	1.3883	0.1615	1.4304	0.1479	1.43	0.1461
Ventrolateral (VLthal)	1.336	0.2385	1.1108	0.0987	1.3311	0.2334	1.1359	0.2481
Ventromedial (VMthal)	1.406	0.0754	1.2739	0.079	1.3438	0.1485	1.3797	0.2361
Reuniens (Re)	1.107	0.2072	0.8959	0.1761	1.0231	0.1694	1.1524	0.3035
Dorsal reticular (dRT)	1.3398	0.0815	1.0265	0.1237	1.2361	0.1495	1.0523	0.109
Ventral reticular (vRT)	1.2446	0.0929	0.9614	0.1043	1.1932	0.08	0.9998	0.05
Medial geniculate (MG)	1.258	0.0919	1.0374	0.0923	1.222	0.1501	1.133	0.1049
Midline Nuclei (ML)	1.0503	0.1846	0.9412	0.1263	0.9967	0.1332	0.8598	0.0427
Amygdala								
Basolateral (BLA)	0.7857	0.0774	0.6963	0.1033	0.718	0.0808	0.7486	0.0676
Central (CeA)	0.708	0.1015	0.6343	0.1458	0.7013	0.2309	0.6578	0.1829
Medial (meA)	0.7346	0.1006	0.599	0.1846	0.6673	0.1146	0.7573	0.2703
Hippocampus								
Subiculum (Sub)	1.1858	0.0754	1.2378	0.2042	1.0659	0.0371	1.1292	0.0838
CA1	0.9994	0.0964	1.0856	0.111	1.0099	0.0466	1.057	0.0848
CA2	0.8196	0.0337	0.7318	0.1336	0.8015	0.1178	0.7604	0.1607
CA3	0.7632	0.2049	0.6543	0.109	0.7008	0.0571	0.6459	0.0855
Dentate gyrus (DG)	0.9161	0.2965	0.7341	0.0921	0.7947	0.2297	0.7701	0.1625

Table 4f: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6 -/- (KO) mice receiving ketamine or saline treatment. Data shown as raw mean 2DG uptake ratio for each region +/-SDEV.

Table 4g	WT Saline	n=6	WT Ketamine	n=6	<i>Fxyd6-/-</i> Saline	n=4	<i>Fxyd6-/-</i> Ketamine	n=4
Septum/Band of Broca	Mean	SDEV	Mean	SDEV	Mean	SDEV	Mean	SDEV
Medial septum (MS)	1.0033	0.0796	0.8253	0.0393	0.864	0.1144	0.8678	0.0881
Lateral septum (LS)	0.8167	0.0528	0.6885	0.0958	0.7031	0.0328	0.6547	0.1001
Vertical DB (VDB)	0.9783	0.2069	0.6977	0.0779	0.7261	0.2456	0.8612	0.13
Horizontal DB (HDB)	0.8894	0.0828	0.8059	0.0818	0.8325	0.1935	0.8002	0.0681
Basal ganglia								
Ventromedial striatum (VMST)	1.0967	0.0991	1.1434	0.106	0.9892	0.0397	1.1636	0.1991
Dorsolateral striatum (DLST)	1.243	0.1109	1.2649	0.0444	1.2671	0.0498	1.2813	0.1329
Substantia nigra pars reticulata (SNR)	0.8084	0.0701	0.7942	0.1113	0.7696	0.0295	0.7403	0.093
Substantia nigra pars compacta (SNC)	0.9224	0.1386	0.8073	0.1226	0.9139	0.0738	0.7605	0.1043
Globus palludus (GP)	0.83	0.0193	0.7223	0.0396	0.7983	0.0475	0.7876	0.134
Mesolimbic								
Nucleus accumbens core (NacC)	0.8847	0.1184	0.9884	0.1038	0.8945	0.0416	1.0111	0.1001
Nucleus accumbens shell (NacS)	0.9141	0.1045	0.9383	0.0456	0.8599	0.1722	0.9553	0.068
Ventral tegmental nucleus (VTg)	1.098	0.1028	0.9706	0.0236	1.083	0.0375	0.735	0.4919
Ventral tegmental area (VTA)	1.1274	0.143	1.0524	0.0723	1.146	0.1223	0.9802	0.1197
Neuromodulatory								
Dorsal raphe (DR)	1.0126	0.0643	0.9234	0.1289	0.8837	0.0952	0.5869	0.3952
Median raphe (MR)	1.0695	0.0991	0.9336	0.1192	0.9731	0.07	0.8161	0.545
Multimodal								
Habenula (Hab)	1.222	0.0871	1.1739	0.2048	1.2359	0.1417	1.2077	0.2654
Mamillary body (MM)	1.5347	0.4481	1.9133	0.2938	1.8364	0.4622	1.8104	0.2466

Table 4g: Comparison of alterations in regional activity in selected regions of the brains of wild type and Fxyd6 -/- (KO) mice receiving ketamine or saline treatment. Data shown as raw mean 2DG uptake ratio for each region +/-SDEV.

# **Chapter 5: Conclusions**

This study endeavoured to investigate the neurobiology of two genes which have been implicated as risk factors for schizophrenia, in order to better inform how genes and molecular systems contribute to cognitive systems that are impaired in the disorder and other psychiatric illnesses. It also aimed to reinforce previous work in establishing new methods of assessing working memory span in rodent paradigms by using an adapted version of the human n-back test in the rodent's radial arm maze apparatus.

This investigation provided strong evidence that the adapted n-back test for rodents using the radial arm maze is a robust and adaptable paradigm for measuring rodent's spatial working memory ability; supporting previous findings by Marighetto et al. 2008. The n-back RAM paradigm for rodents exhibits advantages over previously used methods for testing working memory, by increasing information loads and actively encouraging rodents to maintain and manipulate the given information – in order to maximise their chances of reward. Previous methods used to test working memory in rodents, including the DNMTS T-maze task, have not required the rodents to maintain more than one unit of information at a time, therefore not fully engaging the rodent's working memory span. Furthermore because only one unit of information needs to be maintained, the information does not need to be actively manipulated in the rodent's working memory. The n-back RAM paradigm overcomes this by encouraging the rodents to learn choices they made 2, 3 and even 4 steps back, which means the rodent must actively maintain and manipulate subsequent pieces of information in order to gain maximum reward. This investigation demonstrates rodent's engagements with the test by confirming performances significantly above chance levels even in the more difficult levels of n3 and n4. This paradigm could also be modulated easily to probe different aspects of working memory by focusing in on specific n-back levels (e.g. trials with only n-back 3), increasing the intertrial interval and increasing the number of n-back levels in the trial (test upper limit of working memory load).

This investigation, for the first time, also provides evidence that *Map2k7* may play a role in working memory maintenance in rodents. This was confirmed through

rigorous testing of WT and *Map2k7*+/- mice in the n-back RAM paradigm, where *Map2k7*+/- exhibited a subtle, yet significant deficit in their spatial working memory ability. MAP2K7 is a gene involved in JNK signalling which is involved in cortical and hippocampal plasticity. By down regulating expression of Map2k7, this could therefore have had subtle effects on cortical and hippocampal plasticity, therefore affecting cognitive systems. It would therefore be highly desirable to investigate what effect *Map2k7*+/- would have on regional brain activity. This could be achieved by 2DG methods and EEG techniques adapted for mice. Such investigations may indicate what regions may contribute to this working memory deficit. From previous work it could be hypothesized that the hippocampal regions and the PFC may be involved. In order to determine reproducibility, it would be desirable to repeat the *Map2k7* tests in the RAM but focus on the higher working memory load levels of n2, n3 and n4 (possibly even n5) with larger group sizes. By doing so it will provide greater confidence for a working memory deficit in these MAP27+/- mice.

The 2DG investigation of Fxyd6's role in regional cerebral metabolism identified three regions that exhibited a significant difference in activity compared to WT mice. These regions were the subiculum, medial septum and the lateral septum, all of which exhibited a reduced glucose metabolism compared to wild types. This finding confirms the hypothesis that a hippocampal region would be significantly affected by knocking out the *Fxyd6* gene and provides tantalising evidence that could link FXYD6 and NaKATPase to regions that regulate memory systems, including working memory. Furthermore the subiculum is thought to be involved in the discrimination of previously learned information to current information in working memory. This means it would be very interesting to see how Fxyd6-knock-out mice would perform in the n-back RAM test. It could be hypothesized that these mice would underperform in this paradigm compared to wild-types, due to hypoactivity in the subiculum. Furthermore it would also be interesting to analyse how the mice perform in tasks with a high level of proactive and retro-active interference, as an abnormally active subiculum could affect performance on the disambiguation of previously formed memories with new ones. The subiculum, medial septum and lateral septum are also all components of the brain-reward/motivation circuit. This

highlights a potential area of investigation for Fxyd6 involvement in behavioural paradigms that measure motivation and reward valuation.

Finally, it was found that the effect of NMDAR antagonism using ketamine on *Fxyd6*-/- mice produced unforeseen results. Generally regions which were affected by ketamine in WT mice including PFC, thalamic and septal regions, were not affected in *Fxyd6*-/- mice. It is hypothesized that this may be down to a compensatory effect that knocking-out *Fxyd6* may have on glutamate reuptake. Because NaKATPase is involved in glutamate reuptake into glia and neurons, the blockage of NMDA receptors may have less effect due to a reduction in glutamate reuptake, and therefore, higher than normal postsynaptic glutamate concentrations. This highlights an interesting lead for further investigation into the relationship between NaKATPase and glutamate signalling. This, however, is merely speculative, where more robust investigation with larger sample sizes would provide more reliable insight into these observations.

In conclusion, this thesis has investigated the neurobiology and behavioural components of two genes that have been linked to schizophrenia risk. By investigating how genes contribute to discrete components of psychiatric disorders from the bottom up, the clinical and scientific community will be able to construct reliable and intelligent models of psychiatric disorders that are based on measurable and robust biological components, rather than subjective criteria. This will, undoubtedly improve the reliability of diagnoses of psychiatric disorders and provide a more robust grounding in the process of drug discovery. Furthermore, the process of breaking down complex symptoms of psychiatric disorders into the investigation of singular components of pathology via their genes, neurobiology and neural connectivity, will create an invaluable insight into how all of these systems contribute to the workings of the human brain and ultimately how the combined interaction of all these systems amalgamate into our own human experiences and behaviours.

# Appendix A: Figures used to guide 2-DG brain region analysis in *Fxyd6* experiment.

All figures sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



Figure A1: Regions measured: dorsolateral orbital cortex (DLO), lateral orbital (LO), ventral orbital (VO), medial orbital (MO), anterior prelimbic area (PrL), frontal association (FrA), medial prelimbic area (layer1) (mPrL1), medial prelimbic area (layer2) (mPrL2), medial prelimbic area (layer3) (mPrL3). Measured in both hemispheres.

"Figure 08" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 20" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



- Figure A3: Regions measured: nucleus accumbens core (NacC), nucleus accumbens shell (NacSh), medial septum (MS), lateral septum (LS), vertical diagonal band (VDB). Measured in both hemispheres.
- *"Figure 22" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press*





"Figure 25" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 29" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 30" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



- Figure A7: Regions measured: anteromedial thalamus (AMthal), basolateral amygdala (BLA), dorsal reticular nucleus (dRT), ventral reticular nucleus (vRT). Measured in both hemispheres.
- "Figure 37" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



- Figure A8: Regions measured: retrosplenial cortex (RSC), ventrolateral thalamus (VLthal), ventromedial thalamus (VMthal), anteroventral thalamus (AVthal), reuniens (Re), central amygdaloid (CeA), globus pallidus (GP). Measured in both hemispheres.
- "Figure 41" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



- Figure A9: Regions measured: medialdorsal thalamus (MDthal), centromedial thalamus (CMthal), centrolateral thalamus (CLthal). Measured in both hemispheres.
- "Figure 41" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 50" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 53" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



- Figure A12: Regions measured: Substantia nigra pars compacta (SNC), substantia nigra pars reticulata (SNR), CA2, dendate gyrus (DG), subiculum (Sub). Measured in both hemispheres.
- "Figure 56" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press





"Figure 59" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



Figure A14: Regions measured: medial geniculate nucleus (MG). Measured in both hemispheres.

"Figure 63" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press




"Figure 64" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press



Figure A16: Regions measured: ventral tegmental nucleus (VTg) Measured in both hemispheres.

"Figure 70" Sourced from: Franklin, K.B.J & Paxinos, G. 1997. The mouse in stereotaxic coordinates, 2nd Ed. San Diego: Academic Press

## **Chapter 6: Reference List**

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