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PII: S0161-6420(23)00428-1

DOI: https://doi.org/10.1016/j.ophtha.2023.06.010

Reference: OPHTHA 12441

To appear in: Ophthalmology

Received Date: 6 March 2023

Revised Date: 22 May 2023

Accepted Date: 6 June 2023

Please cite this article as: Varela MD, Laich Y, Hashem SA, Mahroo OA, Webster AR, Michaelides M, Prognostication in Stargardt disease using Fundus Autofluorescence: Improving Patient Care, *Ophthalmology* (2023), doi: https://doi.org/10.1016/j.ophtha.2023.06.010.

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Prognostication in Stargardt disease using Fundus Autofluorescence: Improving Patient Care

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Meeting presentations: This work has not been presented in any meeting or conference.

<u>Financial Support:</u> Supported by grants from the National Institute for Health Research Biomedical Research Centre at Moorfields Eye Hospital NHS Foundation Trust and UCL Institute of Ophthalmology, and The Wellcome Trust (099173/Z/12/Z and 206619/Z/17/Z). Conflict of interest: The authors alone are responsible for the content and writing of this article. MM consults for MeiraGTx Ltd.

Running head: Prognostication in STGD using FAF

Keywords: Stargardt; autofluorescence; electroretinogram; genetics; inherited; retina

1 Abstract

Purpose: To explore fundus autofluorescence (FAF) imaging as an alternative to
electroretinogram (ERG), as a non-invasive, quick, and readily interpretable method to
predict disease progression in Stargardt disease (STGD).

5 Design: Retrospective case series of patients who attended Moorfields Eye Hospital
6 (London, UK).

Subjects: Patients with STGD who met the following criteria were included: (i) biallelic
disease-causing variants in *ABCA4*, (ii) ERG testing performed inhouse with an
unequivocal ERG group classification, and (iii) ultra-widefield (UWF) FAF imaging
performed up to 2 years before or after the ERG.
Methods: Patients were divided into three ERG groups based on retinal function and

three FAF groups according to the extent of the hypoautofluorescence and their retinal
background appearance. FAF imaging of 30 and 55° were also subsequently reviewed.
Main outcome measures: ERG/FAF concordance and its association with baseline

15 visual acuity and genetics.

Results: 234 patients were included in the cohort. 170 patients (73%) had the same
ERG and FAF group, 33 (14%) had a milder FAF than ERG group, and 31 (13%) had a
more severe FAF than ERG group. Children under the age of 10 (n=23) had the lowest
ERG/FAF concordance, 57% (9 out of the 10 with discordant ERG/FAF had milder FAF
than ERG), and adults with adult onset had the highest (80%). Missense genotypes
were more commonly seen in the mildest phenotypes. In 97% and 98% of the cases,
respectively, 30° and 55° FAF imaging matched with the group defined by UWF FAF.

23 **Conclusions:** We demonstrate that FAF imaging is an effective modality to determine 24 the extent of retinal involvement and thereby inform prognostication, by comparing FAF 25 to the current gold standard of ERG testing to determine retinal involvement and 26 thereby prognosis. In 80% of patients in our large molecularly proven cohort we were 27 able to predict if the disease was confined to the macula or also affected the peripheral 28 retina. Children assessed at a young age, with at least one null variant, early disease 29 onset, and/or poor initial VA may have wider retinal involvement than predicted by FAF 30 alone and/or progress to a more severe FAF phenotype over time.

ournal Prerk

31 Introduction

32 Stargardt disease (STGD, MIM 248200) is the most common inherited retinal dystrophy 33 (IRD) worldwide, with an estimated prevalence of 1 in 6578 individuals.^{1–3} STGD was 34 first described over a century ago, and occurs due to biallelic disease-causing variants 35 in ABCA4, with more than 1500 pathogenic variants reported to date.^{4,5} ABCA4 36 encodes a transmembrane protein located in photoreceptor disks, responsible for 37 translocating all-trans-retinal and its by-products from inside the outer segment disks to the photoreceptor cytoplasm.⁶ It is inherited in an autosomal recessive pattern, 38 39 however, due to up to 10% of the population carrying pathogenic variants in ABCA4, 40 pseudodominance can also occur.⁷ 41 STGD has a highly variable phenotype, with an age of onset ranging from under 10 42 years of age to the sixties, with incidence peaking in childhood, early adulthood and, 43 less frequently, late adulthood.⁸ The most common visual complaints are central vision 44 loss, delayed dark adaptation and pericentral scotomas, and patients often become 45 severely visually impaired 5 to 11 years after symptom onset.9-11

Retinal examination is typically characterized by macular atrophy and pisciform yellow deposits in the perimacula.⁸ Comprehensive investigations are important for early accurate clinical diagnosis and monitoring, including fundus autofluorescence (FAF) imaging, spectral-domain optical coherence tomography (SD-OCT), and electrophysiological assessment.¹² Several clinical classifications have been established to help assess disease severity and correlate with genotype. FAF-based categorization typically consists of three groups: the first with circumscribed decreased

AF at the fovea and a homogeneous background; the second with decreased AF at the macula and a heterogeneous background; and the third with multiple areas of decreased AF at or beyond the posterior pole.^{13–16} This classification has been previously used in smaller cohorts to correlate the different FAF groups with functional parameters such as best correct visual acuity (BCVA), visual field, and electroretinogram (ERG) findings.¹⁷

59 Electrophysiological assessment is particularly helpful in providing better-informed 60 advice on prognosis.^{18,19} A classification of three functional phenotypes based on ERG 61 findings is well-established: Group 1 - severe pattern electroretinogram (PERG) 62 abnormality (macular dysfunction) with normal full-field ERGs (ffERG); Group 2 - severe 63 PERG abnormality with additional generalised cone dysfunction on ffERGs; and Group 64 3 - severe PERG abnormality with additional generalised cone and rod dysfunction on 65 ffERGs.^{18,19} A longitudinal ERG study has confirmed the prognostic implications of the 66 aforementioned ERG groups, with Group 1 having the best prognosis; Group 2 having an intermediate or variable prognosis; and Group 3 having the worst prognosis.^{18,19} All 67 68 patients with initial rod ERG involvement demonstrated clinically significant 69 electrophysiological deterioration; whereas, only 20% of patients with normal ffERGs at 70 baseline showed clinically significant progression over time. These findings are 71 supported by the association with genotype grouping (e.g., Group 1 harbouring milder 72 variants, whilst group 3 is associated with a greater prevalence of null variants).^{13,20,21} 73 Further analysis demonstrated that those with abnormal ffERG also showed decreased 74 BCVA and higher rate of scotoma and atrophy enlargement than those with normal 75 ffERG.^{15,22}

76 Despite its utility in providing advice on prognosis in STGD, ERG testing is not (readily) 77 available in many centers worldwide, is challenging and time consuming to undertake 78 testing reliably and interpret the results, requires highly trained and dedicated personnel 79 to perform testing and provide reports, has a high intersession variability, and is often 80 long and uncomfortable for patients. In direct contrast, FAF imaging, both widefield and 81 posterior pole imaging, has none of these aforementioned limitations. Herein, FAF is 82 explored as an alternative to ERG, as a non-invasive, quick, cheap and readily 83 interpretable method, available in most ophthalmology departments, to predict disease 84 progression.

85

86 Methods

This study was a retrospective case series of patients who attended Moorfields Eve 87 88 hospital (MEH, London, UK) and were diagnosed with STGD disease. Patients were 89 identified through a clinical database search and had to meet the following criteria to be 90 included in this study: (i) have biallelic disease-causing variants in ABCA4, (ii) have 91 ERG testing performed at MEH with an unequivocal report that allowed classification 92 into an ERG group, and (iii) have ultra-widefield (UWF) FAF imaging done up to 2 years 93 before or after the ERG testing. UWF FAF was chosen initially in order to be able to 94 compare peripheral retinal imaging with peripheral retinal function (ffERG), given that 95 the ERG prognostic groups are based on the extent of retinal involvement. Informed 96 consent was obtained from all patients. Ethical approval was provided by the local 97 ethics committee and the study honored the tenets of the Declaration of Helsinki.

98	Patient electronic healthcare records were reviewed to retrieve relevant clinical
99	information. Age of onset was defined as the age at which visual difficulties were first
100	noticed by the patient. Snellen visual acuities were recorded and converted to LogMAR
101	for the purpose of statistical analysis. Count fingers vision was given a value of LogMAR
102	1.98, hand motion LogMAR 2.28, light perception LogMAR 2.7, and no light perception
103	LogMAR 3.0, respectively. ^{23,24} When testing associations between groups and visual
104	acuity, only the right eye was considered to avoid clustering effect. Patients were
105	categorized using the World Health Organization (WHO) visual impairment criteria, that
106	defines no or mild visual impairment as BCVA \leq 0.48 (6/18, 20/60), moderate
107	impairment as BCVA > 0.48 and \leq 1.0 (6/60, 20/200), severe as BCVA >1.0 and \leq 1.3
108	(3/60, 20/400), and blindness as BCVA > 1.3.

109 UWF (green) FAF photography was taken with Optos (Optos PLC, Dunfermline, UK). A 110 subset of patients also had 30° and 55° (blue) FAF imaging (Heidelberg Spectralis, Heidelberg Engineering, Inc., Heidelberg, Germany). Based on previous work,^{13–15} 111 112 individuals were classified into three FAF groups: group 1 corresponds to an area of 113 hypoAF at the fovea and a homogeneous background; group 2 is characterized as an 114 area(s) of hypoAF at the macula and a heterogeneous background; and group 3 is 115 represented by an area(s) of definitely decreased AF (DDAF) at the posterior pole, 116 extending beyond the vascular arcades, and a heterogeneous background (Figure 1). 117 Both pattern and full-field ERG testing were performed in all cases to determine the 118 ERG group. Testing was done incorporating the International Society for Clinical

119 Electrophysiology of Vision (ISCEV) standards.^{25,26} ERG groups correspond to those

- 120 described by Lois et al.¹⁸ Patients with ERG reports that were unclear/not definitive
- 121 regarding ERG group were excluded (n=14).

Genetic testing was performed using panel-based targeted next generation sequencing (NGS), whole exome sequencing, or whole genome sequencing. Where appropriate and when available, blood samples were taken from parents or siblings to confirm segregation of proposed variants. Genotype grouping was performed according to the presence of one or more null variants, that were assumed to result in a loss of function (nonsense, frameshift, splice site alteration, and exon deletion). Deep-intronic variants largely result in protein truncations, hence they were also considered as null.²⁷

GraphPad Prism 8.0.2 (GraphPad Software, San Diego, CA, USA) was used for
statistical analysis. The threshold of significance was set at p < 0.05. T-tests were used

131 to assess parametric variables, chi-square to test the relationship between categorical

132 variables, and odds ratio to prove the association between two categories. Welch's t-

133 test variation was employed when the sample sizes were significantly different.

134

135 Results

The final cohort that met all eligibility criteria consisted of 234 patients who had ERG and FAF testing between 2012 and 2022 (median 2018), at 33.7 ± 17.1 years old (median 32, range 6 - 83) (**Supplementary Table**). Forty-three patients (18%) had their assessments as children (<17 years of age), and 191 (82%) as adults. One hundred

and forty-four (62%) had follow-up UWF FAF imaging and 43 (18%) had a previous
ERG assessment.

142 Considering ERG groups, 145 patients (62%) belonged to group 1 (ERG1), 23 (10%) to 143 group 2 (ERG2), and 66 (28%) to group 3 (ERG3) (Table 1 and Figure 2). Assessing 144 UWF FAF, 126 (54%) belonged to group 1 (FAF1), 69 (29%) to group 2 (FAF2), and 39 145 (17%) to group 3 (FAF3) (**Table 1** and **Figure 2**). There were no significant differences 146 in the age of the patients at the time of the ERG and FAF between ERG groups (p 0.49) 147 -0.96), however patients in FAF3 were significantly older than those in FAF1 (<0.0001) 148 and FAF2 (0.02). One hundred and seventy patients (73%) had the same ERG and FAF 149 group, 33 (14%) had a milder FAF than ERG group, and 31 (13%) had a more severe 150 FAF than ERG group. It is of note that those with milder FAF than ERG were 151 significantly younger at the time of the assessment than those with worse FAF than 152 ERG and those with the same FAF/ERG grouping (mean age 19.9 years old versus 153 34.4 and 31.9, p 0.001).

If ERG groups 2 and 3 are combined to compare to 1, thereby to compare generalized
retinal involvement versus isolated macular disease respectively, 82% had matching
ERG and FAF pattern; 78 out of 89 (88%) patients in ERG group 2&3, and 114 out of
145 (79%) patients in ERG group 1.

There was a significant association between the three ERG and FAF groups (p <0.0001). Patients in ERG1 had 51 times the odds of being in FAF1 compared to those with ERG3, and 18 times the odds compared to patients with ERG2. Patients in ERG2 had 18 times the odds to be in FAF2 compared to ERG1, and 10 times the odds of

- 162 someone in ERG3. Patients in ERG3 had 195 times the odds to be in FAF3 compared
- 163 to those in ERG1, and 31 times the odds compared to ERG2.

164

165 Age and disease onset

- Age of onset was available for 206 patients (88%), with a mean of 21.9 + 14.9 years old
- 167 (median 18, range 4 68). Forty-three patients were pediatric (21%) with childhood-

168 onset, 58 were adults (28%) who were symptomatic before age 17, and 105 were adults

- 169 (51%) with symptoms onset \geq 17 years old.
- 170 The most frequent groups in children (n=43) were FAF1 (70%), ERG1 (56%), ERG3
- 171 (33%), and FAF2 (23%). In adults with childhood-onset, the most common groups were
- 172 ERG3 (48%), ERG1 (41%), FAF2 (36%), and FAF3 (33%). Lastly, for adults with
- adulthood-onset the most common findings were ERG1 (81%), FAF1 (66%), FAF2
- 174 (28%), and ERG3 (11%).

175 Children in ERG3 were significantly younger compared to ERG1 (9 versus 11 years old, 176 p 0.04). Children under the age of 10 (n=23) had the lowest ERG/FAF match, 57% (9 177 out of the10 with discordant ERG/FAF had milder FAF than ERG), and adults with adult 178 onset had the highest, 80% match. The highest mismatch was in ERG3 in children (4.6 179 times less FAF3 than expected), followed by ERG2 in adults (3.6 times more FAF2 than 180 expected).

Patients in ERG3 had a significantly earlier onset than those in ERG1 (14.6 versus 24.5,
 p <0.0001), and patients in FAF3 also had a significantly earlier onset when compared

to FAF1 (14.8 versus 22.5, p 0.001), and FAF2 (14.8 versus 24.2, p 0.003). Those with
milder FAF than ERG group also had significantly earlier onset compared to those with
the same ERG/FAF grouping and those with a worse ERG than FAF group (13.9 versus
22.1 and 28.9, 0.002 and 0.006). This pattern suggests that this discrepancy between
FAF and ERG can be a potential feature of childhood-onset disease, where functional
impairment detectable by ERG precedes structural loss detectable by FAF.

189

190 ERG group 1

Of the 145 patients in ERG1, 114 (79%) were in FAF1, 30 (21%) in FAF2, and 1 (1%) in 191 192 FAF3; with an overall ERG/FAF match of 79%. Twenty-four (17%) were paediatric 193 patients, 24 (17%) were adults with childhood onset, and 85 (59%) were adults with 194 adult onset. There were no significant differences in age of onset (p 0.18) or age at the 195 assessment (p 0.07) between the matching (ERG1 & FAF1) and discordant groups. No 196 differences were found regarding genotype, with 52% of the discordant group having at 197 least one null variant, versus 49% of the matching group; and 48% of the discordant 198 group having missense genotypes versus 50% of the matching group.

Twenty-one had a previous ERG assessment, 9 ± 4.6 (1-17) years before, 20 of these reported group 1 and one reported group 2, 10 years before the assessment included in the study. Ninety-two individuals had follow-up FAF after 3.6 \pm 1.8 years (1-10), and 7 (8%) progressed to a more severe FAF group over time; 4 of the latter being children under the age of 10 at baseline visit for this study.

204

205 ERG group 2

- Among the 23 individuals in ERG2, 19 (83%) were in FAF2 and 4 (17%) in FAF1; with
- an ERG/FAF match of 82%. Three of the 4 discordant patients had their assessments
- 208 under the age of 10. The remaining adult stayed in FAF group 1 until his latest follow
- 209 up, 6 years after the ERG. Five (22%) were paediatric patients, 6 (26%) were adults
- 210 with childhood onset, and 8 (35%) were adults with adult onset.

Thirteen had follow up FAF after 4 \pm 2 years (1-7) and 2 adults progressed to a more severe FAF group. Five had a previous ERG assessment (5 to 16 years before), with no change between groups.

214

215 ERG group 3

Of the 66 individuals in ERG3, 7 (11%) were in FAF1, 21 (32%) in FAF2, and 38 (58%) in FAF3; with an ERG/FAF match of 58%. Six of the 7 patients in FAF1 had their assessments under the age of 10, and 2 of them had follow up imaging at 12 and 14 years old, showing progression to FAF 2 and 3, respectively. Fourteen (21%) were paediatric patients, 28 (42%) were adults with childhood onset, and 12 (18%) were adults with adult onset.

Thirty-nine had follow up FAF after 3.5 ± 1.8 years (1-7) and 5 patients progressed to a

223 more severe FAF group. Fifteen patients had a previous ERG assessment (2 to 17

years before), 10 remained in the same group, 4 changed from group 2 to 3 (1 child and
3 adults), one adult from group 1 to 3. One adult had a second ERG 3 years after the
ERG assessment used for this study and changed from ERG3 to ERG2 (and belonged
in FAF2).

228

229 Genetics

230 Dividing the cohort into FAF groups, there was a significantly higher proportion of 231 missense genotypes versus at least one null in the FAF1 and 2 groups, compared to 232 FAF3 (p 0.009 and 0.005). Patients in FAF1 and FAF2 had 3 and 4 times the odds of 233 having a missense genotype compared to FAF3, respectively. Considering ERG 234 groups, there were significantly more missense genotypes versus two or more null in 235 ERG1 than ERG2 (0.02) and ERG3 (0.003). Patients in ERG1 had nearly twice (1.84) 236 the odds of having a missense genotype compared to patients in ERG2 and ERG3. 237 Regarding genotypes, there were no significant differences in the percentage of 238 missense and null variants between the matching FAF/ERG, milder FAF than ERG, and 239 worse FAF than ERG groups (p 0.15). 240 The mild variant p.Gly1961Glu was primarily seen in patients with matching ERG1 and

FAF1 (49 patients), being seen only once in ERG1 and FAF2, once in ERG2, and 3
times in ERG3.²⁸ The intronic variant c.5461-10T>C (previously associated with a more
severe phenotype) was seen in 13 patients in ERG 1, 11 in ERG 3, and 2 in ERG 2.¹⁹

244

245 Baseline visual acuity

- 246 Patients in FAF3 had significantly worse initial VA compared to FAF1 (p < 0.0001) and
- 247 FAF2 (p < 0.0001). Similarly, ERG3 had significantly worse initial VA compared to ERG1
- 248 (p <0.0001) and ERG2 (p 0.005). Focusing on children, those with ERG3 had
- significantly worse VA compared to ERG1 (p 0.005), despite being younger.
- 250 The group with milder FAF than ERG group had significantly worse initial VA compared
- to those with worse FAF than ERG and compared to those with the same ERG and FAF
- grouping (mean 0.9 versus 0.7 and 0.6, p 0.002 and 0.03). The group of those with
- 253 milder FAF than ERG group had the smallest proportion of patients with no or mild
- visual impairment (15% versus 42 and 52% in those with the matching ERG/FAF group
- and more severe FAF than ERG, respectively), and consequently the largest proportion
- of patients with blindness (9% versus 8 and 1%), severe (12% versus 6 and 0%) and
- 257 moderate visual impairment (64% versus 44 and 45%).
- 258

259 **30- and 55-degree autofluorescence**

260 One hundred and forty-eight patients (63%) had both 30° and 55° FAF imaging

- concurrently with UWF FAF, 37 (16%) had only 55° and UWF, 41 (18%) only 30° and
- 262 UWF, and 8 (3%) had UWF imaging only.

In 97% and 98% of the cases, respectively, 30° and 55° FAF imaging matched with the
 FAF group defined by UWF FAF. Namely that when compared with UWF groups, FAF

groups 2 and 3 were not fully captured in 6 cases (3%) with 30° imaging, and in 3 (2%)
with 55° imaging.

267

268 **Discussion**

This study evaluated the largest cohort of patients from a single tertiary referral centre with molecularly confirmed STGD and concurrent electrophysiological assessment and FAF imaging (both UWF and 30/55-degree). The primary purpose was to assess if FAF imaging could be used to provide reliable information on disease extent and thereby inform prognostication, by comparing it to the current gold standard of ERG testing, and thereby inform patient management. We also explored any potential associations with various clinical and genetic parameters.

276 ERG and FAF groups were significantly associated, with more than 70% of patients 277 having the same ERG and FAF group. If further simplified into isolated macular versus 278 widespread retinal involvement, more than 80% of patients had matching ERG and FAF 279 pattern. There was a similar likelihood of under and over estimating severity of 280 prognosis with FAF, based on ERG data. A high correlation between ERG and FAF was 281 also previously described in a smaller cohort by Abalem et al.¹⁷ More than half of our 282 cohort consisted of adults with adult onset STGD, and belonged in ERG1 and FAF1, 283 which was in keeping with previous reports.^{18,29}

284 Only 10% of the cohort progressed to a more severe FAF phenotype during follow-up; 285 this percentage is smaller than a previous study that analysed fewer patients. Our study

286 of a larger cohort may be more reflective of STGD behaviour, but differences in cohort 287 characteristics cannot be excluded.¹⁴ Previous reports have also described a 288 progression in ERG groups over time, with 20% of patients in ERG1 and 40% in ERG2 progressing to more severe ERG groups.¹⁹ This was not captured in our cohort, but we 289 290 found that 21% of the patients in ERG1 had a more severe FAF involvement. One 291 possibility is that generalised ERG involvement (ERG2 and ERG3) may occur in these 292 patients over time, and thereby FAF abnormalities have preceded functional changes in 293 these cases; or that this represents a true disconnect between these evaluations in a 294 minority of patients. On the other hand, we also found that 17% of patients in ERG2 and 295 43% of ERG3 had a less severe FAF phenotype, and patients in FAF3 were 296 significantly older than those in FAF1 and FAF2. This, in direct contrast, illustrates that 297 functional changes may manifest before structural changes are visible, which would be 298 the most common observation in inherited retinal disease.³⁰

299 Children in ERG2 and ERG3 groups were younger than those in ERG1 and had poorer 300 FAF correlation. This may be due to possible technical difficulties affecting this age 301 group, as well as FAF changes indeed manifesting at an older age (4 out of 7 children 302 progressed to a more severe FAF group after turning 10 years old). Childhood-onset 303 STGD has been reported to be characterised by a greater rate of progression than adult 304 onset.^{31–34} FAF 'catching up' with ERG testing, with a high rate of atrophy 305 development/enlargement, would thereby be in keeping.¹⁴

Patients with milder FAF severity than ERG, were significantly younger at the time of
 assessment, had earlier onset, and the largest baseline proportion of visually impaired
 patients when compared to those with the same and worse ERG/FAF. Initial VA has

been reported to have an impact on the rate of VA loss, with better baseline VA
correlating with slowest change over time.^{35,36} Taken together, we observed that young
patients in the FAF1 group, with at least one null variant, with early disease onset and
poor initial VA, often develop wider retinal involvement and progress to a more severe
phenotype over time.

Missense genotypes were seen more often in milder phenotypes, as previously reported.^{14,27} The variant p.Gly1961Glu was the most common amongst patients with the least severe phenotype (ERG1 and FAF1), agreeing with previous reports that locate it at the milder end of the disease spectrum.³⁷

Even though peripheral retinal changes can occur in STGD and may change the FAF group in a minority of patients, we found that in 97% and 98% of patients, 30° and 55° FAF imaging matched with the FAF group defined by UWF FAF. This supports the potential use of Heidelberg FAF imaging not only for diagnosis/characterization of STGD, but moreover for prognostication and counselling.

Several research efforts are ongoing currently, with multiple therapeutic approaches under development; for example drugs targeting lipofuscin formation, antisense oligonucleotides that rescue splice defects, gene supplementation, and stem-cellderived retinal pigment epithelium transplantation.^{8,27} FAF imaging represents a faster, cheaper and widely available method of characterizing and stratifying patients which can be useful when assessing a patient's suitability for a clinical trial and targeting patients most likely to respond.

330 Electrophysiological testing is associated with notable inter-session variability and low 331 repeatability, which is why it is rarely used in clinical practice to monitor disease progression or in clinical trials to determine treatment response.^{38–40} In contrast, FAF 332 333 imaging has proven to be a useful clinical monitoring tool, providing various quantitative 334 parameters to assess longitudinally (including area of DDAF and questionably DAF, and 335 their respective rate of change), and also functioning as an approved outcome measure 336 for interventional clinical trials.^{41,42} UWF FAF imaging does not entail discomfort for the 337 patients, not even needing dilating drops to acquire useful images. Heidelberg FAF 338 ideally needs dilation and testing can be uncomfortable. However, current techniques 339 with reduced illuminance have showed good concordance with conventional FAF, 340 thereby potentially avoiding patient discomfort.⁴³ Current FAF limitations include the 341 potential benefit of a standardized approach to quantify the spatial distribution of AF 342 (i.e., quantitative FAF), not directly imaging retinal architecture (compared to OCT), and 343 lack of availability of widefield FAF imaging devices.

This study limitations include its retrospective nature and data being acquired in a largescale clinical context, not suitable for AF quantification. These are largely offset by the large number of genetically confirmed individuals and the thorough multimodal evaluation.

In conclusion, UWF and 30°/55° FAF imaging are excellent instruments from which we can infer to what extent the patient's retina is affected. In the majority of patients, particularly adults, this imaging will enable us to accurately advise the patient regarding their disease prognosis, primarily in terms of whether it will remain confined to the macula or progressively affect the peripheral retina. Patients assessed in early

- 353 childhood (especially 10 years and younger), that harbour at least one null variant
- 354 and/or poor initial VA may have wider retinal involvement or progress to a more severe
- 355 phenotype over time, than suggested by their baseline FAF imaging; and therefore,
- 356 careful counselling is required and ideally where possible ISCEV ERGs, if the most
- 357 accurate advice on prognosis is desired at the earliest opportunity.

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501 Figure legends

502 <u>Figure 1:</u> Classification of ultra-widefield fundus autofluorescence (AF) images into 503 three severity groups. A) Group 1 corresponds to an area of hypoAF at the fovea and a 504 homogeneous background; B) Group 2 is characterized by an area(s) of hypoAF at the 505 macula and a heterogeneous background; C) Group 3 is represented by multiple areas 506 of definitely decreased AF at the posterior pole, extending beyond the vascular arcades, 507 and a heterogeneous background.

508

- 509 Figure 2: Electroretinogram (ERG) and fundus autofluorescence (FAF) groups in our
- 510 cohort. Out of the 234 patients included in total, 145 (62%) had an ERG group 1
- 511 (ERG1), 23 (10%) group 2 (ERG2), and 66 (28%) group 3 (ERG3). Of the 145 patients
- 512 in ERG1, 114 (79%) were in FAF1, 30 (21%) in FAF2, and 1 (1%) in FAF3; with an
- overall ERG/FAF match of 79%. Among the 23 patients in ERG2, 19 (83%) were in
- 514 FAF2 and 4 (17%) in FAF1; with an ERG/FAF match of 82%. Of the 66 individuals in
- 515 ERG3, 7 (11%) were in FAF1, 21 (32%) in FAF2, and 38 (58%) in FAF3; with an
- 516 ERG/FAF match of 58%.

	FAF1 (n)	FAF2 (n)	FAF3 (n)	Age at assessment (mean ± SD)	Age of onset (mean ± SD)	Children (n)	Adults w/ childhood onset <17 (n)	Adults w/ adult onset ≥ 17 (n)	Missense genotype (n)	1 null genotype (n)	≥ 2 nulls (n)	Baseline VA (mean ± SD)
ERG1	114	30	1	33.7 ± 16.9	24.5 ± 14.5	24	24	85	72	64	9	0.6 ± 0.4
ERG2	4	19	0	34.8 ± 19.6	24.4 ± 19.1	5	6	8	8	9	6	0.7 ± 0.4
ERG3	7	21	38	33.5 ± 16.3	14.6 ± 11.7	14	28	12	23	30	13	1.1 ± 0.5
FAF1				30.6 ± 16.4	22.5 ± 13.4	30	18	69	61	53	12	0.6 ± 0.4
FAF2				34.7 ± 18.1	24.2 ± 18.3	10	21	29	33	28	8	0.7 ± 0.5
FAF3				42 ± 13.9	14.8 ± 10.1	3	19	7	9	23	7	1.2 ± 0.6

Table 1: Cohort Characteristics. ERG: electroretinogram; FAF: fundus autofluorescence; SD: standard deviation; VA: visual acuity; n: number.





Fundus autofluorescence imaging is an excellent alternative to the electroretinogram, as a noninvasive, quick, and readily interpretable method to predict disease progression in Stargardt disease.