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## Marriage equality bill progresses in Illinois

PN Mace Mackiewicz  
Staff Writer

An Illinois bill that would make it legal for same-sex couples to marry gained traction in both the Senate and the House. On February 15, the Senate passed the bill by a vote of 34 to 21.

On February 25, the House committee voted the bill to move forward to the Full House with a vote of 6-5.

If the bill passes, Illinois will be the tenth state in the US to legalize same-sex marriage.

With the House scheduled to vote on the bill next week, its fate will soon become apparent.

After the Senate hearing on February 15, it was easy for some to become excited about a new bill. Student Development Advocate and Advisor for Parkland Pride Tanino Minneci was very happy with the decision.

"I am thrilled that the Illinois Senate has voted to pass the marriage equality bill because it's just another step forward in the struggle to honor LGBTQ families," Minneci said. "Our country is on a tipping point of change in the way we treat, recognize, celebrate LGBTQ people and relationships and the passage of this bill is reflective of that shift."

Student Development Advocate Jan Thom was also excited for the recent passing of the bill in the Senate.

"I was happy to see that the bill passed since I believe that gay marriage should be legal," Thom said. "Recently, it's been embarrassing to live in a state with a reputation for fiscal mismanagement and corruption, so at least if this passes we could be proud that the state has done something right."

After the bill passed through the Senate, the next step was for it to go before a House committee. The committee heard the bill and from people on both sides of the issue before voting that it be sent to the House for a vote.

Some of the arguments from the opposing side of the issue were brought



Photo by Brittany Hardy/Prospectus News  
Parkland student Katrina Reed displays her support of marriage equality on Mar. 1, 2013

up at this hearing. One of the people who spoke against the bill was Jennifer Roback-Morse, founder of the Ruth Institute.

"I urge you to reject any other legislation that would redefine the most basic structural feature of marriage by removing the dual gender requirement for marriage," Roback-Morse said. "Redefining marriage redefines par-

enthood. Making same-sex couples the legal equivalent of opposite sex couples will introduce new and deeper inequalities into society."

Another individual who spoke against the bill that night was Kellie Fiedorek, a member of Alliance Defending Freedom, who brought up other reasons for opposing the bill.

"I analyzed this bill and it contains no

language that will provide comprehensive safeguards for the religious freedom of citizens and religious organizations in the state of Illinois," Fiedorek explained. "No language that purports to address, let alone protect, the right to religious freedom of every citizen."

Democratic Representative Luis Arroyo explained that he'd vote to pass it to the House but that he couldn't guarantee to vote for it once it got there.

"I don't want to be the one to not give you guys the opportunity to discuss this bill on the floor of the General Assembly. I don't want to be the obstacle for this bill," Arroyo said. "But, I'm going to tell you that I don't think I can vote for this bill on the floor of the House because of my religious beliefs and because of the churches in my district. I will be voting this bill to get it out of committee, but I can't guarantee you on the floor."

After the voting was done, it some made people who were excited for the bill nervous. Graphic Design major Shelby Richardson, a member of the Parkland Pride group, explained why.

"I'm a little worried," Richardson explained. "This bill is very important for many families in Illinois. It is a basic right that everyone should have. No one should be told they can't marry who they love."

Thom is also worried about the bill after it narrowly passed through the committee.

"It was so close yesterday and Democrats can't be counted on to vote in favor of gay marriage," Thom explained. "One Democrat said he voted for the bill just to get it out of committee and said he will vote against it when it comes before the full house next week. He said this was because of his constituents' religious objections."

This is a topic that both sides of the issue feel strongly about. And both sides will be watching closely when the House finally votes on the bill in the near future.

## Martin Luther King honored in countywide celebration

PN Spencer Brown  
Staff Writer

This past January, the Hilton Garden Inn was the site of the 12<sup>th</sup> Annual Rev. Dr. Martin Luther King, Jr. Champaign Countywide Celebration.

Every year, Dr. Martin Luther King Jr. and his message is honored most notably each January. Dr. King's birthday is more than just a free day from school or work. Champaign County assures the community of that very statement, remembering one of the great civil rights pioneers of our time.

According to the City of Champaign website, "The purpose of the event is to celebrate the life of Rev. Dr. Martin Luther King, Jr. and to recognize and honor individuals who have made many contributions to their community in the areas of civil rights, human rights and humanitarian efforts."

The event is a joint production of the cities of Champaign and Urbana, Champaign County Board, Parkland College and the University of Illinois.

"Each year we pick a theme based on one of the quotes from a speech that Dr. King has given," Dean Marietta Turner explained. Turner serves as one of the members on the committee responsible for the celebration.

This year's theme was "Having the courage to overcome the mountain."

Dr. Willie Fowler gave his insights as to what the excerpt meant to him, saying, "Being steadfast in overcoming any odds. Being able to understand where you've been and having the internal fortitude to move forward."

As Fowler interpreted that message, he also stressed the importance of the event.

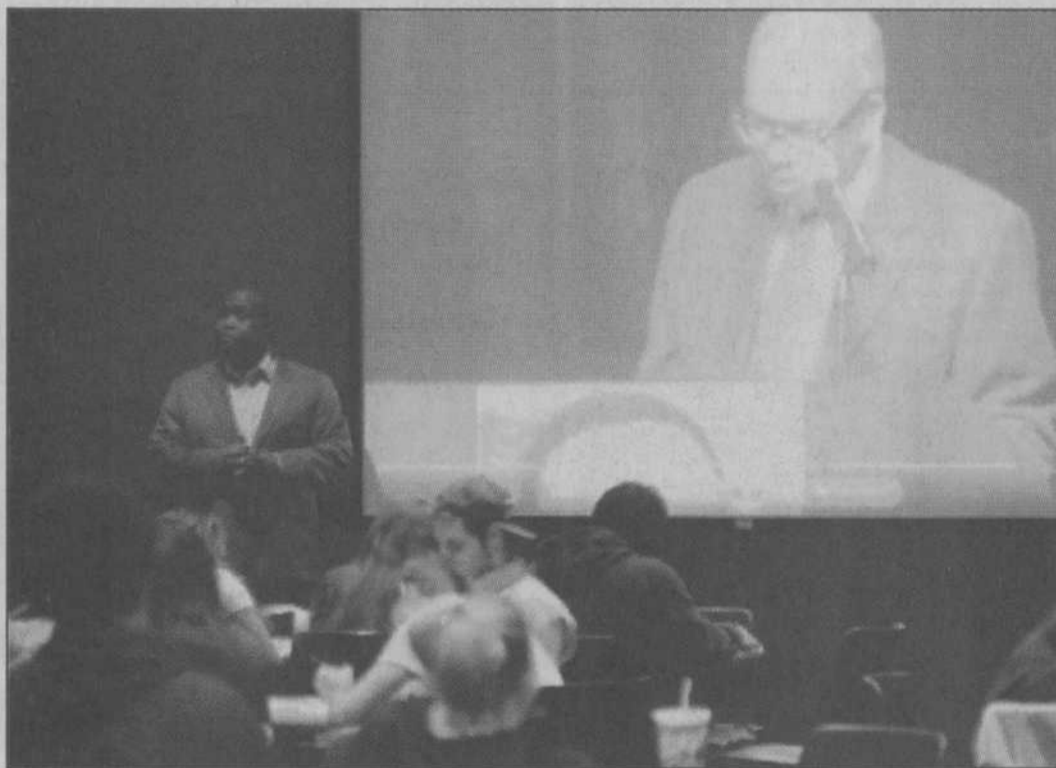


Photo by Gerardo Jimenez/Prospectus News  
Political Science professor Dr. Willie Fowler gives a lecture and presentation of the "Little Rock Nine" as part of Black History Month, on Feb. 25, 2013.

"The Champaign County Celebration is very important because it allows us to participate in an effort that's a nationwide effort for Martin Luther King Jr. and marking the remembrance of Martin Luther King Jr.," Fowler said.

"It allows the Champaign community to be involved in that, to talk about the struggle for civil rights, to talk about the tremendous effort that was given, the sacrifice for civil rights for our country."

An unfortunate circumstance of the event is that because it is celebrated so closely to Dr. King's birthday, most students cannot attend. Most students are still on winter break from school.

This year the college took a unique approach. The event was recorded and played back for the students on a special screening day.

On February 25, the celebration took place in Room D-244 from 1-2 p.m. The students received a firsthand account of the activities that took place.

Fowler, who facilitated the celebration, found his students most intrigued by guest speaker Ernest Green.

Green was a member of the Little Rock Nine. The Little Rock Nine was a group of students who put to the test the Brown v. Board of Education decision that declared segregated schools unconstitutional. Brave, focused and with the assistance of federal troop escorts, these nine African-American students attended Little Rock Central High School.

Green was the first African-American to graduate from Little Rock Central. His journey enlightened Fowler's students.

"It was hard being African-American living back then," Criminal Justice major Raquita Banks said. "For example they couldn't get a good education because all the good schools were for the white kids. My point is that we, as African-American students, shouldn't complain about the little things because back in those times they did not have it easy."

And the struggle was not easy. One of Green's recollections in discussions with Dean Turner further justifies the path to integration.

"I was riding the bus past that school every day to go to the high school that, based on Jim Crow laws, only black kids could go. We knew we had bad lab equipment. We didn't have the latest books," Green explained.

"At that time I had a dream to be a Nobel Prize winning physicist so I knew I had to get a really good education if I wanted to reach for a dream like that. I got tired of riding past the good school which was a regionally award winning high school," Green continued.

Green convinced his parents to let him apply to the project that would integrate African-American students into Little Rock Central.

Originally there were 100 students. A month before the plan was to be put into action the number dwindled to fewer than 30. Within a week, in conjunction with the constant media attention the story was receiving, only 12 students remained. By the day before, it shrank to nine.

Turner was very adamant about making sure students are aware of their history. If you don't know where you come

See MLK on P. 4

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### Fact or Fiction?

An apiculturist is a person who specializes in the study of Ancient Egypt.

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# News

## Professor encourages students to experience the arts

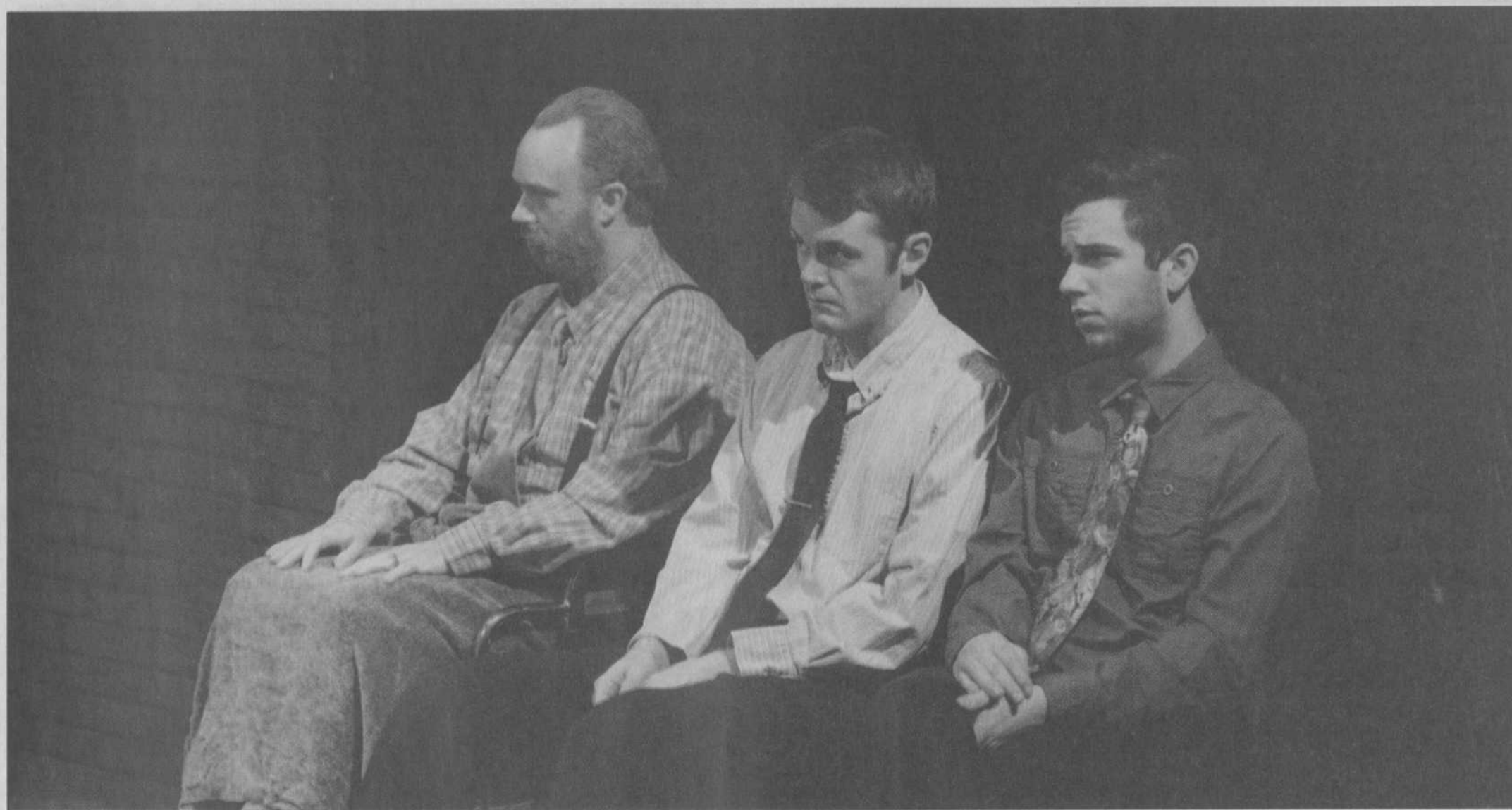


Photo courtesy of Jesse Folks

From Left to Right, Matt Hester, Joel Higgins and David Mor appear as Uncle Bill, Joseph and Charles in the play "Sons of The Prophet" which plays through Saturday at the Station Theatre in Urbana.

**PN** Lauren Tucker-Hinton  
Staff writer

Parkland English Professor Thomas Schnarre uses theatre to encourage their involvement in educational activities outside of the classroom.

Schnarre first discovered theatre in the third grade while participating in an extra credit assignment. He seeks to share that discovery with students by the same method.

This semester, Schnarre offered his students the opportunity to receive extra credit in exchange for attending a play he is currently involved in at Station Theatre in Urbana, Illinois.

"Sons of the Prophet," is a modern day interpretation of the book "The Prophet" by Kahlil Gibran. After viewing the play, students are required to write a short essay on their personal analysis of the play.

"Sons of the Prophet" is a comedy about suffering," Director Gary Ambler explained. "The central argument is about whether and how our suffering is shared with those who are close to us."

Schnarre's motive behind this unique opportunity is to offer a learning experience that will enhance interactive skills and help broaden his student's perspectives.

"One of the goals I have for my student's is that what we talk about in the classroom doesn't end in the classroom," Schnarre explained. Schnarre is stepping outside of the box by turning a popular form of entertainment into a learning tool.

In present-day America, media is so regularly present in our lives we hardly recognize the influence it has. More importantly, Schnarre is achieving his goal of inspiring association outside of the classroom. Over the years, he has seen a multitude of students participate in this assignment.

Steve Igoe, one of Schnarre's students, explained that he believes Schnarre's opportunity helps to expand student's views as well as expose students to unfamiliar perspectives.

Student Ann McDevitt also agreed that this opportunity was enriching for students. By offering the opportunity to engage in learning outside of the classroom students are able to look at life through a different lens.

Throughout his life, Schnarre has been involved in many different roles in theatre. "It is the one thing that I've never lost interest in," he said. "It's the one thing that makes sense to me."

By incorporating his passion into the curriculum Schnarre leads by example and encourages students to embrace the activities within Champaign-Urbana.

Station Theatre is run by the non-profit organization, The Celebration Company. The company relies heavily on volunteers.

In addition to inspiring students to look for intellectual stimulation outside of textbooks and classrooms, Schnarre allows his passion to reach out to others.

By making students aware of the active theatre community, he preserves the dramatic arts in Champaign-Urbana.

A common goal at institutions of education is to inspire student involvement in the community. Schnarre illustrates to his students through a simple task of attending a play how favorable new and different experiences can be.

"Sons of the Prophet" will run every night at 8:00 p.m. at the Station Theatre in Urbana, Ill. until the final performance on March 9. For more information, visit [www.stationtheatre.com](http://www.stationtheatre.com).

### A patchwork of gun laws

State laws on the sale and ownership of guns vary widely. A look at some specific laws and how states rank overall:

#### Large capacity magazines

Ban large capacity ammunition magazines



#### Assault weapons

Ban semi-automatic weapons that allow rapid, accurate spray firing



#### Waiting periods

Time of one to 14 days between purchase and transfer of gun to owner



#### Mental health information

Require or authorize some information reported to federal database



#### Open carrying of handguns

Allow open carrying of handguns on person in public without permit or license



#### Shoot first laws

Can use deadly force in self-defense in public places with no duty to retreat



**Background checks** Required by federal law if firearm is purchased from a licensed dealer; does not apply to private sales, which critics say account for about 40 percent of all gun buys

**Ranking states on the overall strength of their gun laws** California has the strongest; Arizona, Alaska and Utah the weakest, according to the 2011 Brady Campaign ranking



Source: Center to Prevent Gun Violence, Brady Campaign to Prevent Gun Violence, Los Angeles Times. Graphic: Judy Treibler © 2011 MCT

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# Lifestyle

## Discover the science behind healthy shuteye

**Julia Haskins**  
Student Health 101

The value of getting substantial sleep can never be overestimated, especially for busy students. Homework, meetings, family priorities and other tasks often seem like they take precedence over a good night's rest, and before-bed texts or email updates can lure weary students from proper slumber.

Bleary eyes and achy muscles are a few of the symptoms of poor sleep, but there are other effects that are less obvious. Lack of adequate, sound sleep can have long-term health consequences.

Even though it may sound counterintuitive, enough sleep is a key to academic success, and more importantly, your body and mind will feel refreshed and ready to take on whatever challenges are ahead of you.

### Sleeping Away Sickness

You're not dreaming—you really will feel an amazing difference in your body when you let it re-energize. In a recent Student Health 101 survey, respondents stated that they feel groggy, sluggish, and have difficulty concentrating when not getting sufficient sleep. Not only will you feel more energetic, but your body will also function better.

A 2012 study by the Robert Wood Johnson Foundation indicated that "While many sleepers swear they do just fine on three or four hours of shuteye a night, [there is a] dramatic difference in immune response in subjects who slept four hours to six hours, as opposed to those who were tucked in for seven to nine." Further, the study found that it was the amount of time sleeping that was most important, rather than the quality.

Lack of sleep has a major effect on the regulation of hormones and other physiological processes. The effects aren't always immediate or obvious, but there's a lot going on within your



Illustration by Melissa Slimick/Orlando Sentinel

body when you deprive it of the sleep it craves.

Dr. Michel Bornemann, director of the Minnesota Regional Sleep Disorders Center in Minneapolis, says, "Chronic sleep deprivation has been associated with a disturbance in endocrine regulation of energy homeostasis." The endocrine system is responsible for managing your hormones, and according to Bornemann, "Hormonal alterations are associated with increased

weight gain."

The part of your brain that controls such functions, the hypothalamus, needs sleep for regulation and to keep your weight in check. This is partly a physiological process, but when you haven't gotten much sleep, you're also more likely to crave foods that will provide a quick shot of energy.

These are usually high in fat and calories.

Plus, your body can't fully reap the benefits of regular physical activity if you're not getting consistent, deep sleep.

### Sleep and Mental Health

Sleep deprivation is linked to an increase in cortisol, more commonly known as the body's "stress hormone." Stress makes us do things we normally wouldn't, such as reaching for junk food that's high in fat and calories (that will further decrease your energy level and lower your mood) and engaging in other unhealthy habits or vices.

A little more sleep can put your mind at ease and help you feel better about life.

### Pay Attention to Your Body

If you find yourself falling asleep at your desk (c'mon, we've all done it), you're obviously exhausted, but you might not realize how powerful your fatigue really is. Insufficient sleep can make for a severe lack of focus.

As Bornemann explains, "Acute sleep deprivation is often associated with episodes of 'microsleep,' or brief, uncontrollable periods of sleep lasting three to six seconds. [They can] intrude upon wake at inopportune times, such as during a lecture."

The American Automobile Association emphasizes the risks of drowsy driving, and Bornemann says, "Research studies reveal that the impairment in motor performance after pulling off a sleepless all-nighter is very similar to the impairment experienced when driving while intoxicated with alcohol."

### Make Sleep a Priority

Over 75 percent of respondents to the Student Health 101 survey said that sleeping seven to nine hours a day is necessary to function optimally, and almost 60 percent try to get this amount of sleep.

If you can prioritize what needs to be done immediately and what can wait, you'll get a bit more sleep, minutes—or even hours—at a time. Copyright 2013 Student Health 101

## Class participation improves student performance

**PN JoJo Rhinehart**  
Staff Writer

Getting involved in different activities and groups on campus can lead to a better performance in the classroom, as well as a more enjoyable experience while attending college. For this reason, students are encouraged to break out of their comfort zone and meet new people at school.

In contrast to most four-year universities, community college students are more likely to find friends they went to high school with in their classes. This makes it easier for them to form small groups of friends that they already know and might make the transition from high school to college easier.

However, students that keep to their familiar and are either too afraid or unwilling to branch out and meet new people might actually have a harder time in the long run.

Associate Professor Patricia VerStrat commented that having a friend in the classroom can be very helpful, because students can fall back on their friend to remind them of homework assignments or get help with their studies.

Many students find that getting that buddy is hard, because often the students in their classrooms seem so different from themselves and they feel uncomfortable reaching out and trying to form a connection.

"I'm from Chicago, so most of the kids in my class are totally different from me," Mass Communication major Deon Matthews explained. "I just like to chill with people from my hometown because everyone else in my classes seems lame."

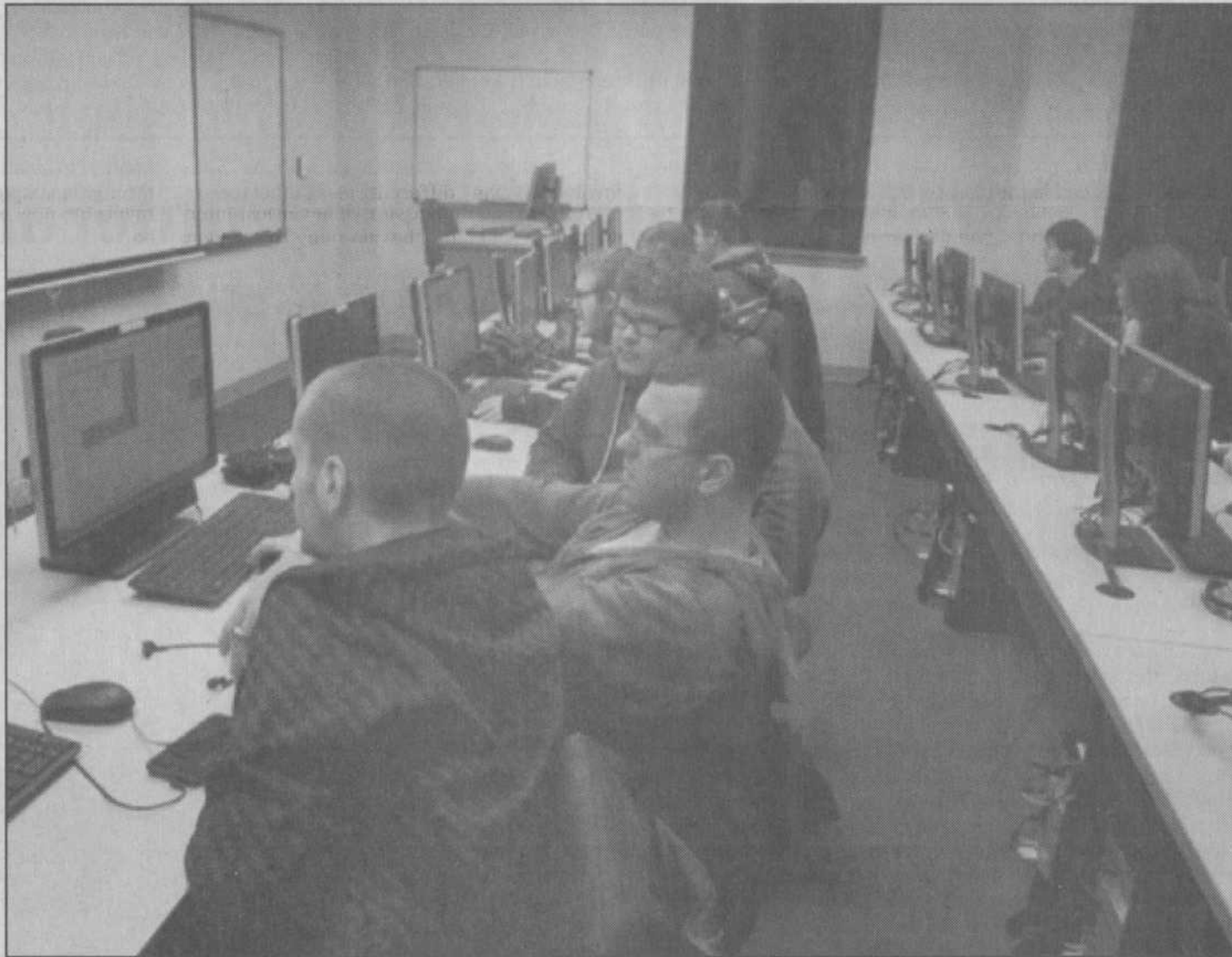


Photo by Craig Towsley/Prospectus News

Students in CSC 234 Game Design learn to create content for video games on Feb. 26, 2013.

Although not everyone takes the same view, most students would agree that it is hard to make new friends when they already have a group they feel comfortable in.

VerStrat explained that being involved is important to a student's performance, because it helps a student feel like they belong within the classes and encourages them to ask for help.

This is why VerStrat and several other English teachers offer extra credit opportunities for those students that participate in volunteer work outside of school.

"Getting involved with extracurricular activities has helped me stay on track at school, because it feels like I have a reason to be there other than for myself," Nursing major Julia Knowles said.

"People count on me to be somewhere when I say I will be, so it makes me feel really important."

Knowles explained that she participates in a program that tutors children at local elementary schools. Her participation in the work has helped her gain new friends, which Knowles said helped her feel welcome in her class.

Getting involved does not

just mean participating in school clubs or finding new friends to sit with during a lunch break. Professors on campus also encourage students to meet with them after class or during office hours with any questions a student might have.

Author Gloria Watkins, better known by her pen-name bell hooks, touched on the issue regarding class partici-

pation in her book "Teaching to Transgress: Education as the Practice of Freedom."

Watkins argued that if teachers use their power to control a student and don't allow room for discussion, then students will not receive a well-rounded education.

Many teachers at Parkland agree that students need to participate in the classroom because it helps students engage in critical thinking.

Matthews commented that when his teachers have him get involved in class, he usually does a lot better.

"I just can't pay attention when a teacher tries to lecture the whole time," Matthews said. When teachers have us give our thoughts I usually listen more because I want people to know what I think."

It is the job of both the professors and the students to make a class both enjoyable and a learning-friendly environment.

Teachers that encourage student involvement can assist students in their studies by engaging them and keeping their attention. Likewise, students that get involved and speak up in class can improve themselves and also make passing the time in class easier.

The next time a teacher asks a question, students should remember to raise their hand and participate. And when it comes to making new friends, expanding one's horizon can make a huge difference.

Getting involved in college can help a student succeed in the classroom, so never be afraid to participate.

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## Fact or Fiction?

Fact: Ancient Egyptians were the first to realize that the Earth took longer than a calendar year to travel around the sun.

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# Opinions

## Schmoozing in an electronic world

**K.C. Cole**  
MCT

I recently hired a student to help me get wired into what I'm told is the minimum needed to survive in today's digital world. So now in addition to Facebook, I am able to link in, tweet, Google Plus and other things I can't remember because I haven't used them yet.

I'm hardly a technophobe; in fact, I tend toward geek. Where else but Facebook would I have found Ellen DeGeneres' delicious take on Bic pens for women? NASA Gangnam Style? Talking cats playing patty cake? During the election, political humor on Facebook kept me sane, and articles shared by smart friends kept me informed. Mostly, I like seeing what former students and old friends are up to.

Still, I've been more than hesitant to dive head first into the rest of the social media thing, and I was not clear why.

And then it came to me: I'm just not that social.

I delight in small groups of friends - even better, one on one. I rarely answer my phone ("KC! Are you there? Pick up!") I've been called a vampire because I often sit in the dark.

In school, I flunked Girl Scouts (loved the cookies; hated the uniform thing). I dropped out of the one sorority a friend was able to shoehorn me into.

I watched my generation's revolutions mostly from the sidelines, supportive but rarely on the streets. I never much wanted to join professional organizations because I didn't care about being a member of the national association of anything.

When the brilliant (and autistic) writer Donna Williams described groups of normal folks as Red People - after a while, just "noisy, vibrating colors" - I understood perfectly.

And until the push to be "out there" socializing digitally, all that seemed more or less OK.

Now I have a nifty set of new tools to accomplish everything digitally I never much enjoyed in real life, and what have I done with them? So far, not much.

But, once I got wired, I also stopped feeling guilty about my lack of constant exposure. After all, it's not so different from the old days, when getting "out there" mostly meant collecting contacts, rubbing

shoulders with the "right" people. Joining.

Somehow, I managed back then with a minimum of schmoozing. Now I've decided that the minimum, digitally, will serve me once again. There'll always be a place for those who prefer to sit in the dark - at least some of the time.

But I'm abstaining, not rejecting.

I can already hear Instagram calling. Tweeting will no doubt fast become addictive, like gossip and potato chips. I will keep looking in from the outside, mostly, on Facebook, occasionally announcing some crucial upcoming event - Pi Day, for example. (Mark your calendars now: March 14, at 1:59 p.m., eat pie and behave irrationally.)

I'll certainly use the whole tool kit to flog my own work and that of my friends.

But to get work "out there" requires producing the work, and there's a lot less time for that when we're pressured to be constantly social networking (or as a friend calls it, "social networking").

That's not a new observation, but it's also not trivial.

Like a lot of writers, I do my best work when I'm not doing much of anything. Hiking, digging in the dirt, reading novels, dancing around the house, listening to music. If I connect on social media instead, I may be more "out there" but a lot less will be going on "in here." And then I'll have nothing to share.

The most productive part of my day is often close to sunset, on the beach or near a window, sitting in silence, listening to the night fall, with my love, or my cat, or alone.

I can hear myself think. I can let the world in. So when I do get out there, I may have something to say.  
(c)2013 Los Angeles Times



Illustration by Damon Gascon/Bay Area News Group

## Voting rights remain vulnerable

**The Philadelphia Inquirer**

Half a century after Congress passed landmark civil-rights legislation, how far should the federal government go to protect the hard-won voting rights of once-disenfranchised minorities? That's the question before the U.S. Supreme Court after Wednesday's arguments on the latest challenge to the Voting Rights Act of 1965. While times have changed, the court should heed the continued need for voting protections.

The justices are considering a challenge to the section of the law that requires certain voting districts to get clearance from the U.S. Justice Department before they can change election rules or procedures. The provision applies to all or part of 16 states with a history of voter discrimination - mostly in the South, with its long history of voting laws designed to keep minorities out of polling places. Congress has repeatedly renewed the Voting Rights Act, most recently in 2006, when it extended the clearance requirement for 25 years.

Three years ago, the high court considered the same issue but ultimately sidestepped what Chief Justice John Roberts called a "difficult constitu-

tional question." That's not likely to happen this time.

In the latest challenge, from Shelby County, Ala., state and county officials argue that in light of significant progress on voting rights, they should no longer be subject to the same level of federal oversight.

Indeed, the days of Bull Connor and church bombings are long gone, and race relations are not what they were 50 years ago. African Americans and other racial minorities voted in record numbers last year, helping to propel President Obama to a second term.

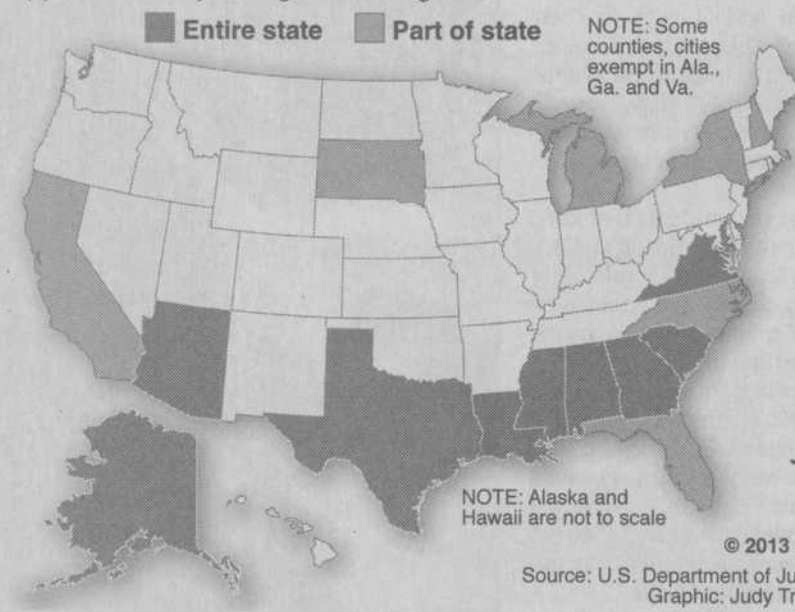
But that doesn't mean it's time to put away an effective tool for preventing voter discrimination. The 2012 election also provided ample evidence that such protections are still needed. The Voting Rights Act played a role in successful efforts to prevent several states, including Pennsylvania, from implementing voter-identification laws that were expected to discourage minorities from showing up at the polls.

And despite those efforts, there were still cases like that of the 102-year-old Florida woman who had to wait more than three hours to cast her ballot. Her state curtailed early voting, causing long lines at polling places.

Rather than striking down the Voting

### Voting Rights Act states

States with a history of discriminatory voting practices that are subject to Section 5 of the Voting Rights Act; states require federal approval for any changes in voting laws.



© 2013 MCT  
Source: U.S. Department of Justice  
Graphic: Judy Treible

Rights Act's clearance requirement, the justices should provide guidance on updating the law. Congress could, for example, change the formula that determines which jurisdictions are covered and allow reduced oversight of

those with strong records. The best outcome would be a ruling that gives lawmakers another opportunity to decide how to protect voters' constitutional rights fairly.  
(c)2013 The Philadelphia Inquirer

## MLK

continued from page 1

from, you have no idea how to get where you need to go. Her message was that the personal research can give helpful advice as well as increase relations between people as they may share common strands.

History is easily forgotten and Green's struggle with the rest of the Little Rock Nine can get lost in the shuffle.

"Don't take education for granted," Fowler advised. "Even today, the U.S. Supreme court is dealing with another issue that's important, voting rights. Don't take these rights for granted. If we take it for granted, then those opportunities may be foreclosed to us in the future in one way or another."

How does the legacy stay alive and intact?

"We keep trying to tell the stories," Turner said.

As long as they are repeated, they will never go away.

Another set of stories that needs to be repeated are those of the award winners shown in the video from the celebration.

Tori Exum-Johnson won the Doris Hoskins Prestigious Community Service Award.

"Crisis Line, A Service of Community Elements" received the James R. Burgess, Sr. - Susan Freiburg Humanitarian Award.

Dr. Francis Ihejirika was honored with the Dr. Martin Luther King, Jr. Outstanding Achievement Award.

These community heroes shall not be soon forgotten as they join the list of other prestigious individual award winners for their service to Champaign County.

The celebration at Parkland is still in its infancy but is sure to grow with each passing year. Dean Turner leaves the students with a simple message.

"Understand you're a role model."

For more information on events, visit [www.parkland.edu/newsEvents](http://www.parkland.edu/newsEvents).



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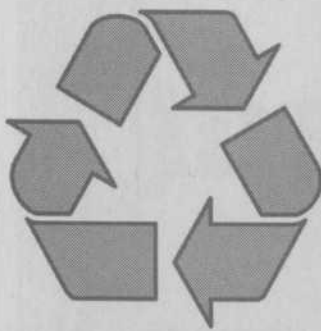
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# Selecting a new pope

The election of a pope is a centuries-old process that was last updated in 2007 by Pope Benedict XVI. Since 1271, the church's highest-ranking clerics, the cardinals, have voted in a conclave, which was instituted as the result of one of the longest papal vacancies in history — two years and nine months.

## Cardinals' lodging

Cardinals probably will be bused to and from the chapel to limit exposure to outside influences; they may not communicate with anyone not involved in the election or be exposed to mass media

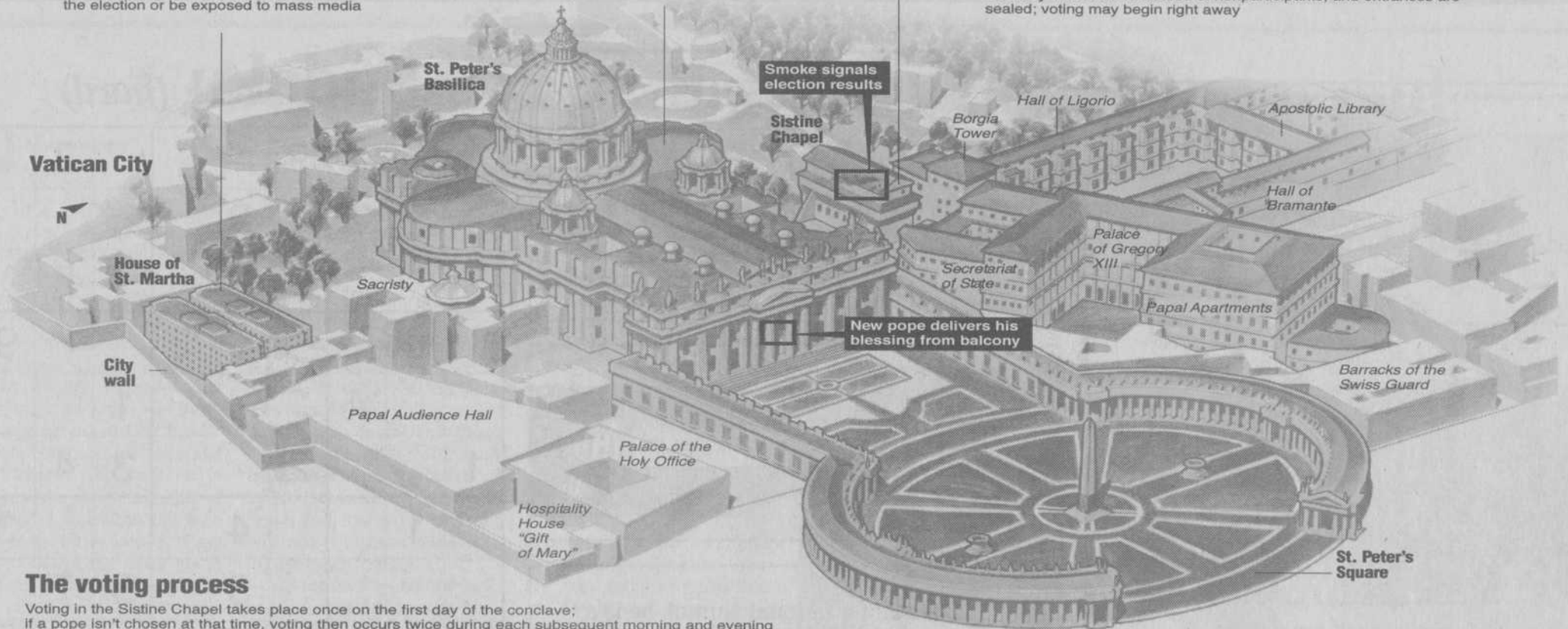
## Morning of prayer

On the conclave's first day, the cardinals assemble for a Mass in the morning, and walk in a procession to the Sistine Chapel in the afternoon

## Conclave begins

As a group, the cardinals swear an oath of secrecy; each then places his hands on the Gospels and adds a personal promise

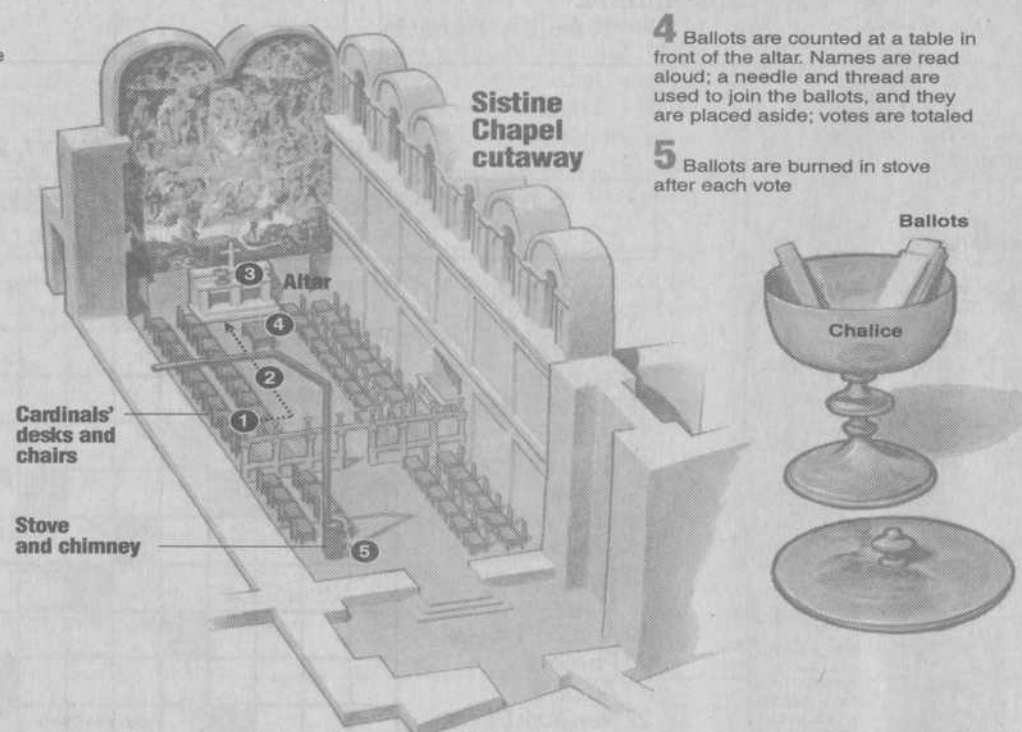
**Secrecy** The room is cleared of nonparticipants, and entrances are sealed; voting may begin right away



## The voting process

Voting in the Sistine Chapel takes place once on the first day of the conclave; if a pope isn't chosen at that time, voting then occurs twice during each subsequent morning and evening

- 1 Disguising his handwriting, each cardinal writes his choice on the ballot and folds it twice
- 2 Each holds his ballot so it can be seen and walks to the altar
- 3 Ballot is placed on a golden plate, then slid into a receptacle, traditionally a chalice; receptacle is shaken to mix the ballots, which are then transferred to an urn

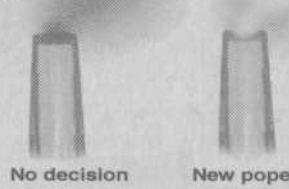


- 4 Ballots are counted at a table in front of the altar. Names are read aloud; a needle and thread are used to join the ballots, and they are placed aside; votes are totaled
- 5 Ballots are burned in stove after each vote

## Voting results

A pope is elected when he obtains a two-thirds majority — a change established by Pope Benedict in 2007; if cardinals are deadlocked after 13 days, they pause for a day of prayer and reflection, then move on to runoff ballots between two leading candidates; election continues until a two-thirds majority is reached

When ballots are burned, black smoke indicates no decision has been made and white smoke signifies a new pope



## The new pope

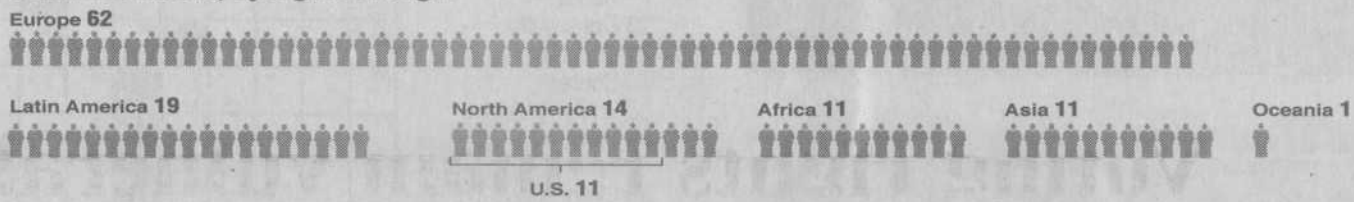
Within hours of his election, the new pope:

- Chooses the name by which he will be known
- Goes to a small red room near the chapel; he is dressed in the papal vestments, white skull cap and soutane, which have been prepared in various sizes
- Proceeds to the main balcony of the Vatican, where the senior cardinal deacon declares, "Habemus papam!" (We have a pope!); pope delivers his first papal blessing

## The College of Cardinals

Only cardinals under the age of 80 may vote for a new pope; more than half of the 118 eligible cardinals were appointed by Pope Benedict XVI; the rest were appointed by Pope John Paul II

## Cardinal electors, by region of origin



## Who can be pope?

In theory, any Catholic man in good standing may be elected — he need not be a cardinal or other member of the clergy; the last non-cardinal to ascend to the papacy was Urban VI in 1379

Source: Holy See Press Office, Catholic News Service, Apostolic Constitution, Universi Dominici Gregis, U.S. Conference of Catholic Bishops, Catholic Encyclopedia, Los Angeles Times reporting  
Graphic: Tom Reinken, Julie Sheer, Lorena Iniguez Elebee, Doug Stevens, Los Angeles Times

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# Puzzles & Comics

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Robert A. Heinlein

## Sudoku (hard)

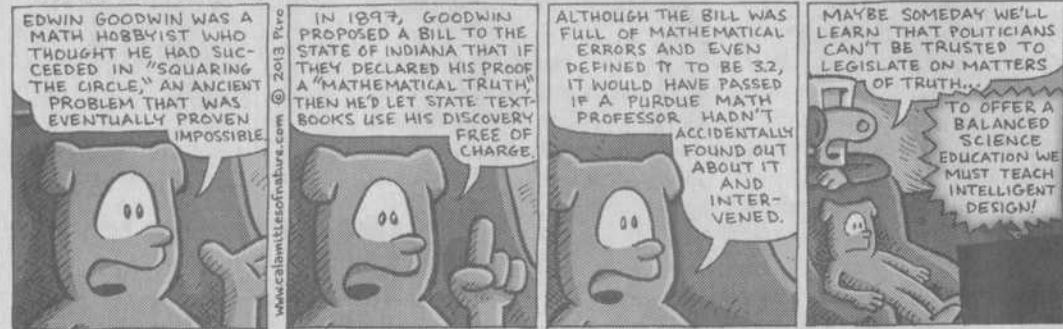
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BREWSTER ROCKIT



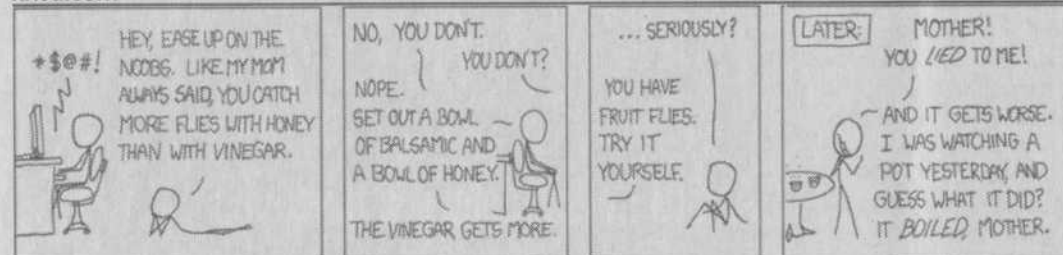
Calamities of Nature by Tony Piro



Best in Show Comic



xkcd.com



## Healthy Living

### Second to naan

Naan, or Indian flatbread, is traditionally baked in a Tandoori oven, but you can make a healthier version at home using a standard oven.

#### Updating a classic

• Instead of all-purpose flour, try **whole wheat** for a healthy dose of dietary fiber

• Standard recipes call for milk, yogurt, eggs, or butter; for **vegan naan**, use **soy milk** instead

• Fill the naan like a pita with your favorite foods; use it to **soak up sauces**, or eat it plain, fresh out of the oven

• Naan should be **puffy and slightly browned**

Source: MCT Photo Service, PETA, Food Network  
Graphic: Lauren Yoffe

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FOR RELEASE DECEMBER 17, 2011

## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

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By Barry C. Silk 12/17/11

3 Drama that began with a plane crash  
4 TCM merchandise  
5 Shell game need  
6 Epic featuring Agamemnon  
7 Dig  
8 Kept in the loop, briefly  
9 It's always number one  
10 Ride  
11 NFL review technique  
12 Featuring built-in columns  
13 Jenny Craig targets  
14 Southern side  
21 Karl Benz or Henry Ford  
23 Grand Canyon State sch.  
25 Chi follower  
26 2005 Brosnan/Kinnear film with a bullfight scene  
27 Aces  
28 Lottery draw

30 Locking blocks  
32 Work with a shuttle  
33 Order of the British Empire, e.g.  
35 Butter up, perhaps  
37 Film feline  
38 Key color  
40 Region  
41 Antifreeze compound  
43 Some runners  
45 Result preceder  
46 Like some waste  
48 Center  
49 Something to use on leftovers  
51 Old dance  
53 Fixed stake  
54 Emphasize to excess  
56 Composed  
60 Fluffy  
62 It "isn't what it used to be": Peter De Vries  
64 In reserve  
65 Horror movie staples  
66 Get Mad again  
67 "I need a hand!"

3 Cause of a run, perhaps  
10 Benjamin  
15 Two-time Best Situation Comedy Emmy winner  
16 Still in contention  
17 Scomed  
18 Oysterquartz maker  
19 Agitates, with "at"  
20 Physicist Ampère  
22 New York Giants ownership family name  
23 Drink suffix  
24 Obstructs  
26 Dilutes  
30 Locking blocks  
32 Work with a shuttle  
33 Order of the British Empire, e.g.  
35 Butter up, perhaps  
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25 Chi follower  
26 2005 Brosnan/Kinnear film with a bullfight scene  
27 Aces  
28 Lottery draw

29 Genesis builder  
31 Town in Salerno  
34 "The Bathers" artist  
36 Avianca airlines destination  
39 Construction site sight  
42 Words on some initial volumes  
44 Rapsallion  
47 Cheat

50 One handling hot things?  
52 Ready  
55 Yawn inducer  
56 Footprint, e.g.  
57 Field: Pref.  
58 Stead  
59 Clipper part  
61 Fine-grained wood  
63 Short-term funding source

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Also on

# Sports

## Cobras Basketball season comes to an end

**Alex Wallner**  
Sports Writer

As the Men's Basketball regular season for Parkland comes to a close, fans remember a season of ups and downs.

The season started strong with the team winning the Lake Land Laker Classic, a tournament involving good Division I junior colleges. Parkland went on to win the tournament by an average spread of 17 points.

This tournament sparked the Cobras, who went on to have an excellent first half of basketball, finishing with nine wins and three losses. They looked like a top team going into the most rigorous part of the schedule in January and February.

January was a real test for this team as the struggles started early. Parkland ended with a record of four wins and five losses and started off winless in conference.

February would be a defining month for this team, as the last full month of the season began. The Cobras ended the month with four wins and three losses and helped the players gain more confidence that the dreams of getting to the National Tournament could still become a reality.

The season may have had a tough mid-section, but that can happen during the transition to a new system and is a hurdle for any program when a new coach takes the reins.

Assistant Coach Coleco Buie shared his view of the coaching change. He has worked for both Nate Mast, the former men's basketball coach, and Anthony Figueroa, the current head coach.

"Both coaches are very smart individuals, I've learned a lot from both of them so far. They both have different styles. With Nate, everything was Kansas stuff," Buie said.

"Figueroa is one of those guys who takes a little bit from here and a little bit from there and incorporates it all into his system. I learned a lot from both and I'm happy to see Nate off doing his thing."

"As far as the players, both are very talented groups. Last year I thought we were a little bit bigger and stronger and this year, we're smaller and quicker, so the talent is there," Buie continued.

The season has been a growing time for players as a team and individually.

"I'm growing as a player by learning how to communicate on the court, whether its offense or defense that is what is making me better," freshman Lance Magee explained. "Practice and getting games under my belt gives me confidence to play at a high level, which also helps me as well."

The season has had its ups and downs, but throughout the players have gained chemistry and confidence and plan to show that in the postseason.

The Region 24 Tournament is on the minds of these Cobra players as the first step to Nationals and the last goal around for the five sophomores that play on this team.

One sophomore who stands out is Dominique Walls, a transfer this season from Lewis & Clark College. He is getting situated to this new system like everyone else, but his road is a little different. Walls was never coached by Mast and is one player that stands out because of his ability to learn and learn quickly.

Walls is a player who believes in his team and thinks the sky is the limit for them. His expectations for this team are to do one thing; win a National Championship.

"I expect it to be tough and filled with good teams," Walls said. "I expect that we will have a long road to the championship, but we definitely can make it to Nationals. We have a team that can go all the way and even win it."

The goal from the beginning for a team with this much talent is a trip to Danville and the National Tournament, where only the best junior colleges compete. Parkland's plan is to not only reach this site, but challenge the teams that are talented enough to make it there.

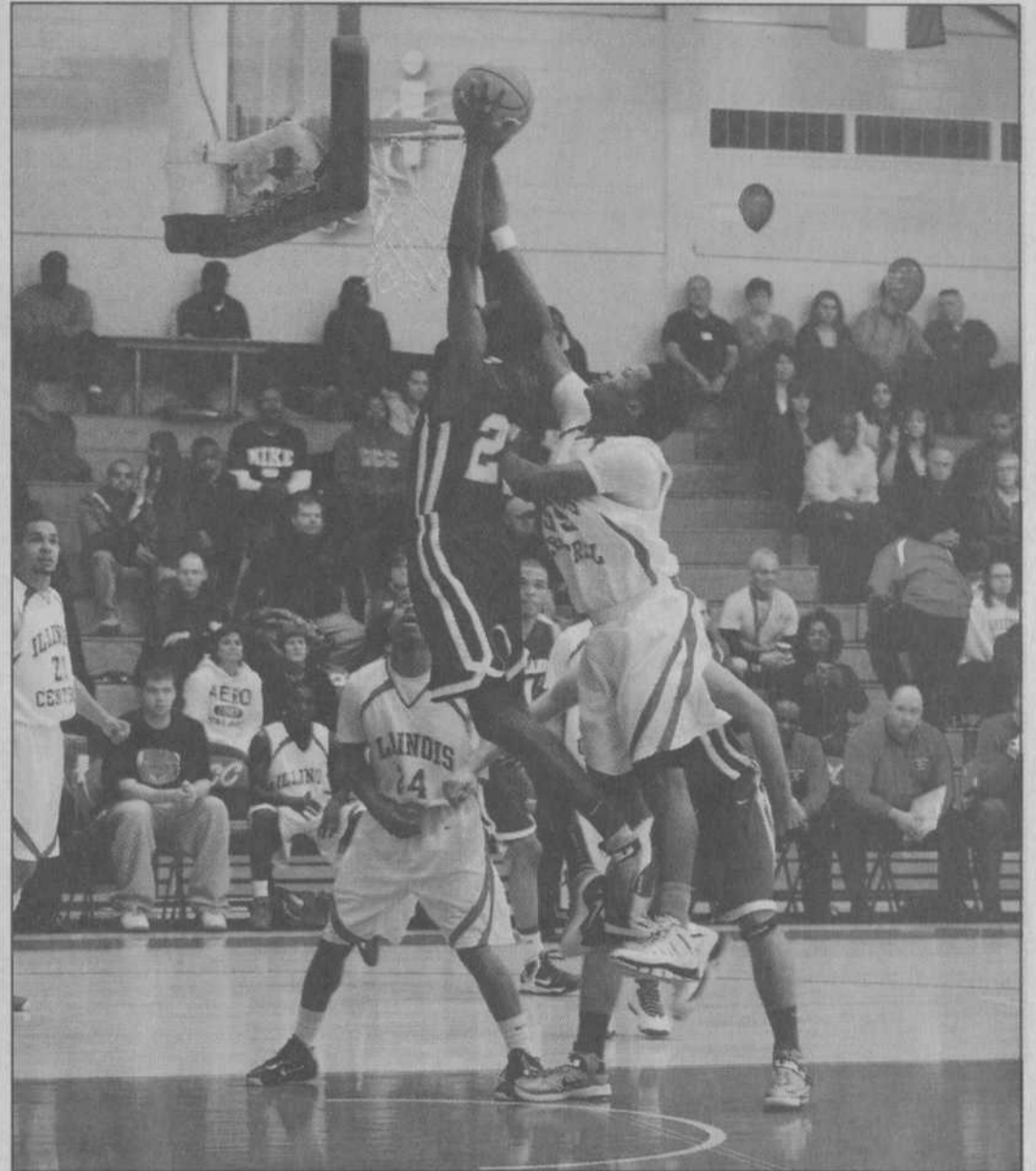


Photo by Gerardo Jimenez/Prospectus News  
Parkland College Men's Basketball Forward, Dominique Wells, attempts a lay-up in the game against Illinois Central College, in East Peoria, on Feb. 23, 2013.

## Brothers find home with Cobras

**Mark Roughton**  
Sports Writer

The Parkland Baseball program welcomed three new players to the roster over winter break when transfers Tyler Anderson, Isaac Sampen and Sam Sampen decided to join the program.

Anderson found his way to Champaign from the University of Illinois Chicago. Isaac Sampen came from Purdue, and younger brother Sam Sampen had originally committed to West Virginia but eventually they wound up together as Cobras.

The journey of the Sampen brothers to Parkland was a little bit different than the path most athletes take on their way to Champaign.

"At first we committed to West Virginia, and we got out there and realized it probably wasn't going to work," younger brother Sam Sampen said. "So we decided that junior college was probably the best route for us."

Older brother Isaac Sampen also realized that West Virginia wasn't the best option.

"We both felt like what we were told wasn't necessarily what we were going to get," Isaac Sampen said.

Fresh out of high school in Brownsburg, a suburb west of Indianapolis in Indiana, Isaac Sampen was ready to go to Purdue University on a baseball scholarship when things took an unexpected turn. He was unable to get into school there.

"I didn't take the written portion of the SAT because they told me I didn't have to take it, so I couldn't get in," Isaac recalled. "I signed with Purdue after my freshman year. I was supposed to go there for three years."

As a result, he was looking for another place to play and jumped quickly on the West Virginia offer.

Sam was preparing to join him at West Virginia until they ultimately decided against the Mountaineers.

Sam is a year behind Isaac in school, but graduated high school a semester early to enroll in college.

"I just wanted to get out of high school and move on to get ready to play college baseball," Sam explained.

However, when their plans to play together at West Virginia fell through, Isaac and

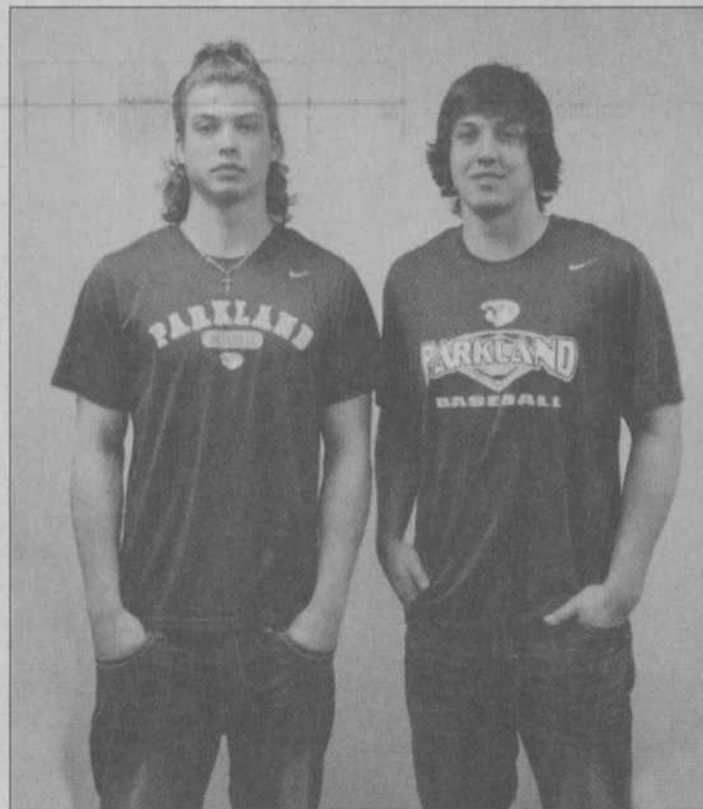


Photo by JoJo Rhinehart/Prospectus News  
Freshman Sam Sampen and brother Isaac decided to transfer to Parkland, where they could continue their sports career together.

Sam once again needed a place to play college baseball.

In the end it all worked out for Coach Matt Kennedy and the Cobras. They landed two players with Division I talent.

"We tell a lot of people that opt to go the four-year school route just 'Hey keep us in mind if anything changes,'" Matt Kennedy said about his recruitment of the Sampens.

"Sometimes it works out and sometimes it doesn't, and with these two guys when Isaac decided not to go to Purdue we were back in the mix in the recruiting process and it all worked out."

Kennedy kept tabs on the Sampens during high school recruiting but didn't pursue them hard due to the attention they were receiving from so many high level NCAA Division I schools.

Once things fell through for them with the Division I route, Parkland was the leading candidate for the brothers.

The official visits they took reaffirmed the notion.

"I came on a visit and I liked it, and he'd already committed and we always wanted to play together," Sam stated.

That idea of playing together in college was very important to the decision making process of the brothers and couldn't be overlooked.

"I think it's something that most people don't get the

opportunity to do," Isaac said.

Equally important to the Sampens is the fact that now they can focus on just school and baseball for the first time in a long time.

"I'm kind of sick of the whole recruiting process because I've gone through it three times," Isaac said.

"I'm ready to just not deal with that for a little while."

These brothers from Brownsburg like the current group of Cobras which they are joining and expect big things in the coming months.

"It's a close knit group; we all hang out with each other and get along. It's a really hard working do Isaac and Sam."

Not only do Isaac and Sam expect big things the season now underway, but their Head Coach Matt Kennedy sees their potential and has his own expectations for them.

"Both of these guys are middle of the lineup guys that need to drive in runs for us," Kennedy said.

Isaac has earned the starting left field job and may potentially see some starts in the pitching rotation as a legitimate two way player. Sam will be filling an open position at third base.

Isaac and Sam Sampen figure to play a significant role if the Cobras are to get back to the Division II World Series for the first time since 2010.

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# PRESIDENTS of the SMALL SCREEN



ILLUSTRATIONS BY CHRIS WARE/LEXINGTON HERALD-LEADER/MCT

With the arrival of the dysfunctional first family of '1600 Penn,' we round up our favorite fictional leaders

## THE IDEALIST

Jed Bartlet of "The West Wing"

Josiah Edward "Jed" Bartlet (played by Martin Sheen) was the president that many American viewers wished they could have had. His administration was all about noble causes and making government work for the people. Among his accomplishments: He created millions of new American jobs, masterminded Social Security reform and brokered a peace settlement between Israel and Palestine.



## THE MARTYR

David Palmer of "24"

It has been said that Palmer (played by Dennis Haysbert) had so much credibility and commanding presence as an African-American president that Barack Obama benefited when he ran in real life. Alas, a world that needed counterterrorism expert Jack Bauer to save every day was not a good world in which to be president. Palmer barely survived an assassination attempt in Season 2 and was gunned down at the beginning of Season 5.



## THE TRAIL BLAZER

Mackenzie Allen of "Commander in Chief"

Vice President "Mac" Allen (played by Geena Davis) became the first female president after the death of her running mate just a year and a half into his term. Her work was at times sabotaged by sexist misgivings about a woman's ability to lead, but Allen was a scrapper. The show was canceled after one season and we haven't had a female president yet, so maybe she wasn't as convincing a sell as Palmer was.



PHOTO COURTESY OF NBC

"1600 Penn's" Josh Gad as hapless Skip hams it up for the camera. Behind him (from left) is Andre Holland as press secretary Marshall Malloy, Jenna Elfman as first lady and stepmom Emily, Bill Pullman as President Dale Gilchrist, Martha Maclsaac as oldest daughter Becca, Amara Miller and Benjamin Stockham as Marigold and Xander, the two youngest of the Gilchrist clan.

By David Martindale  
Fort Worth Star-Telegram

Josh Gad, the star and co-creator of "1600 Penn," wants to make this perfectly clear:

The White House family in his new sitcom, which airs 9:30 p.m. ET Thursday on NBC, is not modeled after the Obamas. Now that that's settled, everyone in America can respond with a collective, "Well, duh!"

Because isn't that already obvious?

President Dale Gilchrist (played by Bill Pullman) and wife Emily (Jenna Elfman) more closely resemble Mitt and Ann Romney than they do the first couple.

And the last time we checked, there was no goofball first son residing in the White House, setting accidental fires in the Rose Garden and inciting international incidents with visiting dignitaries.

If a real-life Skip Gilchrist (Gad's character) was wreaking that kind of havoc in Washington, you had better believe the 24-hour news networks would be on top of the story.

Still, it's fun to imagine a comedic wild man — a John Belushi, a John Candy, a Jack Black or a Josh Gad ... yes, he wields that kind of manic energy — throwing decorum to the wind and doing a belly flop in the Lincoln Memorial Reflecting Pool.

"The Obama family is almost supernaturally perfect — and perfection doesn't really lead to comedy," says Gad, a Tony Award nominee for his performance in Broadway's "The Book of Mormon."

"But you can look at some of the presidential predecessors and you can see dysfunction in the halls of the White House for at least 100 years.

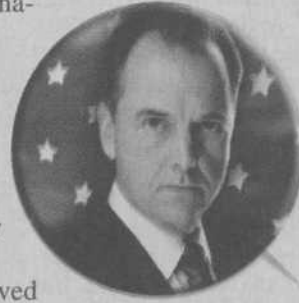
"And what's so interesting now is, under the scrutiny of the 24-hour news cycle, what happens if a dysfunctional family were to be front and center? How do you avoid the blitzkrieg of questions?"

"1600 Penn" isn't the first TV series to explore this premise, although inside-the-White-House shows aren't always played for laughs.

## THE SCHEMER

Charles Logan of "24"

President Logan (played by Gregory Itzin) was a petty man wielding big power, a dangerous combination. At first, Logan has us fooled. Viewers believed he was an ineffectual, indecisive leader. Only later did we discover that he was involved in President Palmer's murder and a terrorist attack on U.S. soil. The snake kept trying to wipe his hands clean by pinning the blame on Jack Bauer.



## HONORABLE MENTION

■ Fitzgerald Thomas Grant III (Tony Goldwyn), adulterous president being blackmailed in "Scandal."



■ Selina Meyer (played by Julia Louis-Dreyfus), the taken-for-granted vice president on "Veep."

■ Zoey Bartlet (Elizabeth Moss), presidential daughter an Georgetown Graduate once kidnapped, on "The West Wing."



■ Elias Martinez (Blair Underwood), president and baseball fan born to middle class Cuban refugees on "The Event."

■ Abbey Bartlet (Stockard Channing), first lady, Harvard-trained physician and Zoey's mother, on "The West Wing."



■ Sherry Palmer (Penny Johnson Jerald), duplicitous first lady, constantly grasping for power on "24."

■ Elaine Barrish (Sigourney Weaver), secretary of state and former first lady in "Political Animals."

