



Prospectus News

A student produced publication since 1969

www.prospectusnews.com

Wednesday, February 17, 2010

Vol. 02 No. 20

Parkland's Graphic Design program shows promise

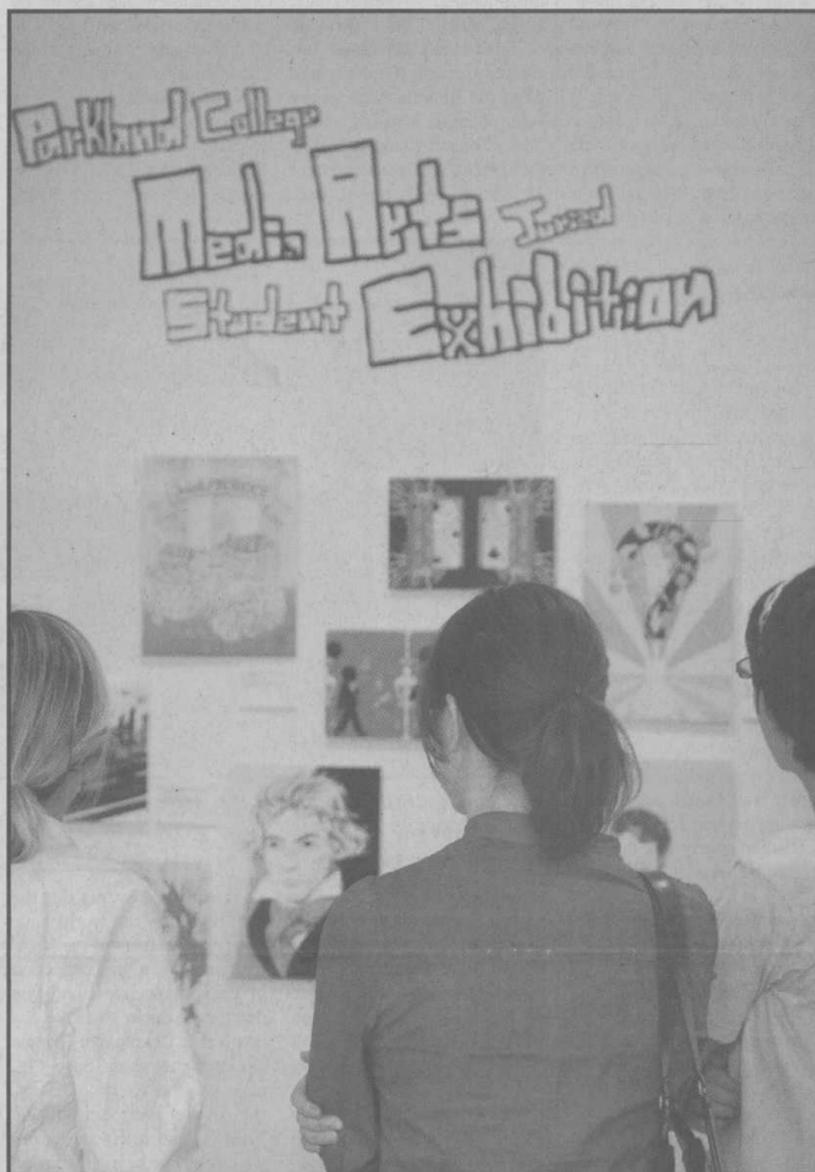
Cassandra CUNNINGHAM
Social Media Editor

From posters to logos and even candy wrappers, graphic design shows through just about everywhere in the eyes land. That is why Parkland's graphic design program is in tip-top shape to prepare its students for a promising future in the real world. Students can get jobs in a wide variety of areas including graphic design, publishing, advertising, media/printing/editing, animation, and web design/development.

As stated on their website, the graphic design program's goal is "to teach students to create designs that effectively convey a client's message and that will stand out in the market place. Our program consists of a solid foundation in design principles, art & design history, drawing and typography, followed by portfolio-building studio courses that enable students to put theory into practice. Our courses are grounded in visual literacy, creative problem solving and technology."

Associate Professor Paul Young said that the strongest element of the program is the staff. "When we hire staff we look for those with real world experience, and we try not to hire people who have only taught. We want people that have worked as designers and know what it takes to be successful and can bring it into the classroom," he said.

Young said that even students who come in with just a few artistic skills have the potential to be turned into great designers. "Graphic design is a competitive profession, so you



Attendees view works from the annual media arts student show in the art gallery last May.

Photo courtesy of Paul Young. Taken by Ricki Moore.

have to bring something to the table in order to be successful. Let's say you enjoy drawing, and you've done well in art classes in high school; you can translate those skills into a graphic portfolio and add comp skills on top of it, things such as artistic skills, creativity, computer skills, and communication skills. Just one or two give me something to work with. We can identify areas to concentrate on before graduation," he said.

Recent Parkland College graduate Julie Sprouls knows first hand about the greatness of Parkland's graphic design program. "When I was in middle school I went on a job shadowing trip to a vocational school. I got to view the design department and had a lot of fun doing it. I'd always created my own things: cards, pictures, posters, photos, and comic books. It seemed like an easy decision," she said on her choice to be a Graphic Design major.

She also loves the program's diversity. "In Parkland's design program, we worked on a wide variety of things to try to get us very versatile in our work and experience everything possible that we might need to know in order to get a job," said Sprouls.

Sprouls was able to create things for real companies. "We created logos and identities for real clients that would come in and describe what they wanted, and in the end, get to walk away with what they had come for. There were all sorts of projects like that. For instance, book designs, posters, logos, identities, product packaging, C.D. package designs, websites, book covers,

and self-promotional products, and a lot more," she said.

She also has a job to show for her years at Parkland. "I just started working at Adayana in town. My job title right now is Web Developer. Technically it's not a graphic design job, I'm programming websites. But I took this job to get a foot in the door. They are trying to start me on projects that involve more of a design aspect so that maybe they can work me into that department. I was able to apply for the web developer program because Parkland's graphic design course had included an introductory class in HTML, so I have a good understanding of how that works and can apply that to making low-bandwidth immersive learning sites," she said.

She offers great advice for students looking to delve into graphic designing. "Enter into every art show you can. It really looks good when you can show your portfolio and tell them what awards that your piece has won, at least when you're first trying to get a job, and before you have pieces of work that you didn't just make as projects," she said.

"Learn to talk. It is amazing how many jobs get given out or people get sought out simply because they know someone who knows someone that was "really good" and needed a job. If you want to get along well, meet people, talk, join CUDO, the Champaign-Urbana Design Organization. They have forums, meetings, events, game nights; all to support networking, working together, and bringing those that appreciate

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Artist, producer RJD2 to revisit C-U music scene

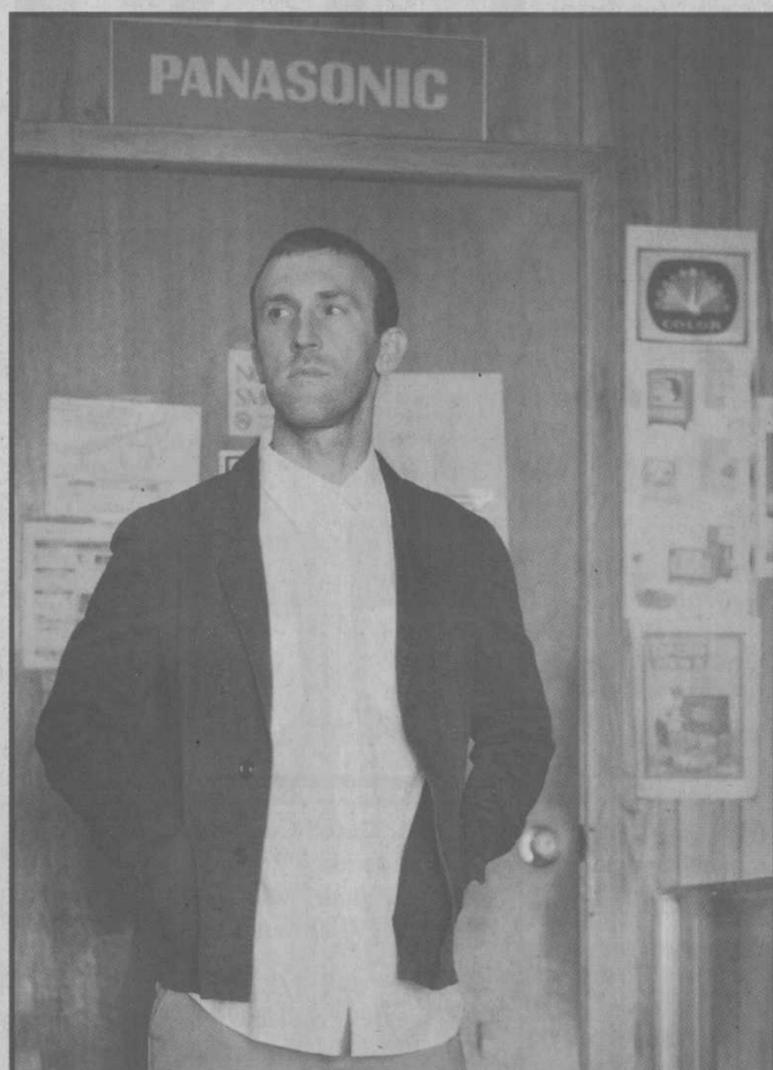
Patrick WOOD
Isaac MITCHELL
Prospectus Staff

"People called me RJ (my initials) and an old friend of mine, a rapper, we would goof off and freestyle and he would call me RJD2 as a joke, and it just stuck. It was the only thing anyone would call me, so I just went with it basically."

That was how Ramble John "RJ" Krohn came to be known as RJD2. Born in Eugene, Oregon and raised in Columbus, Ohio, Krohn spent a good portion of his adult life carving out his own niche in the music industry. While working as an accomplished solo artist, RJD2 has previously been signed to Definitive Jux records, known for artists such as Animal Collective and Aesop Rock. He is currently signed with XL Recordings, a label that boasts artists and bands that include Vampire Weekend, Beck, M.I.A., and The White Stripes.

After establishing his own record label last year, RJD2 is now riding the whirlwind being kicked up from his self-produced new album, *The Colossus*. The Prospectus was able to snag a few minutes with the touring artist for an interview in lieu of his upcoming performance at The Canopy Club on February 20.

Prospectus: Your music is classified as a combination of hip-hop, trip-hop, dance and instrumental. How would you describe it?



RJD2 will make his second appearance in C-U at the Canopy Club on February 20th. Photo by Ben Mistak

RJD2: I've been asked this question a lot. The short answer is I don't have a need or desire to describe what I do. It's really convenient to describe a particular song. There are songs that I've done that I would classify potentially as rock music, or soul music, or electronic music. So if you're talking about one individual song it's easy, and then if you expand that out to an album, it gets a lot harder because one song can be oriented as one thing, and another song can be oriented as another. So really, it's virtually impossible to classify what I do under one blanket term.

Prospectus: So it's hard to describe an album in terms of a genre for you, but that being said is there still a certain mood for your latest album, *The Colossus*?

RJD2: I think that this album is probably an assault on the concept of a specific mood or style if I were to be honest about it. I think that it's probably the most varied record that I've ever done in the sense that it really incorporates a lot of different elements. There's songs that have no electronics whatsoever and they're entirely acoustic instruments recorded with microphones in front of them and that's it. Then there are songs that are virtually all a sort of collage art sound type of thing. They're two pretty different worlds. Then there are also the songs in between, so I kind of revert to my first answer.

Prospectus: You seem like a

very diverse artist, with music that falls under a wide variety of genres. What music has influenced you over the years?

RJD2: I would think that any musician's influences are constantly changing and that's certainly the case for me. As far as things I grew up listening to that I think were sort of the cornerstones, the first thing that comes to mind is Led Zepplin. The rhythmic side of it, for me, it really laid the blueprints for my interest in music. For the most part I listened to classic rock.

Prospectus: You collaborate with quite a few artists including rapper Blueprint to create the duo Soul Position. Is there any artist that has been the most fun to work with?

RJD2: I couldn't pick one as the most fun. There are different things that you learn from collaborating with different people, just like hanging out with somebody. You have different conversations with people. You pick up different things. More important than fun for me is what I get out of the experience as a musician and a producer.

Prospectus: Being an accomplished artist, do you have any advice for aspiring musicians?

RJD2: I think number one is to do as much listening and as little talking as possible, which is kind of that song "Games You Can Win" is about. The more time that you spend listening to the people around you, the people that you look

See **RJD2** on page 3

Prospectus

The Prospectus is a student publication, and is published weekly during the Fall and Spring semesters, intermittently in summer. To contact the Parkland Prospectus: Phone: 217-351-2216, fax: 217-373-3835, e-mail: prospectus@parkland.edu, U.S. mail: Parkland College, Room X-155, 2400 W. Bradley Ave., Champaign, IL 61821. URL: http://www.prospectusnews.com

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• The rules of correspondence: all submissions must be signed with a phone number and address. The Prospectus staff will verify the identity of letter writers. Correspondence may be edited to accommodate the space requirements of the paper. The deadline for all submissions is 12 p.m. of the Thursday immediately before the upcoming issue.



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Chuck Shepherd's News of the Weird

White People in Turmoil:

April Gaede, who four years ago guided her teenage daughters, Lynx and Lamb (performing as "Prussian Blue"), to a brief music career singing neo-Nazi songs, announced a new project recently on the white nationalist Web site Stormfront.org. She offers a no-fee matchmaking service to fertile Aryans, hoping to encourage marriage and baby-making - to help white people keep up with rapidly procreating minorities.

Don "Moose" Lewis announced plans in January for a 12-city pro basketball league composed only of white players (natural-born U.S. citizens, whose parents are both Caucasian). Lewis denied any "racism," explaining to the Augusta (Ga.) Chronicle that whites simply like "fundamental" basketball and not "street ball" ("flipping you off or attacking you in the stands or grabbing their crotch").

Cultural Diversity

Computer-obsessed Japanese nerds' latest fancy is Love Plus, a Nintendo DS dating simulation that allows them a young, attractive, mouthy, teenage digital "girlfriend" who begs for attention. The touch-screen lover demands hand-holding, kissing and having sweet nothings whispered in her ear. How can men so easily become addicted to such vicarious experiences? Said one reluctant player, "Koh," to the BoingBoing blog, "(It) comes down to the fact that men are simple." (In December, Reuters reported that Japanese player SAL9000 had eloped to the Philippines with his Love Plus girlfriend, had himself photographed with her at romantic sites - clutching the screen showing her image - and then took her through a marriage ceremony.)

As vultures approach extinction in South Africa, they grow in value among local "traditional" communities for their magical abilities. Specks of a vulture's brain, sprinkled on mud and smoked, can supposedly ward off evil and bring winning lottery numbers. One Johannesburg vendor told Agence France-Presse in December that the specks even work when daubed on dogs' noses, enabling them to extend their already formidable scenting power.

Questionable Judgments

In Thailand, the endangered status of crocodiles and elephants is largely ignored by the public, who are instead enthralled with the giant pandas and their cub on loan from China. (There is even a 24-hour cable TV "panda channel.") At several of the country's zoos,

officials now regularly paint their crocodiles and elephants in panda colors (with harmlessly washable paint) to call attention to their plight. Even though the paint must be reapplied daily, "It's impossible not to do it now," said one croc handler for a December Wall Street Journal dispatch. "People expect it."

The Need for Parental Licensing: In January, as punishment for her 12-year-old son's bad grade in school, a Warm Springs, Ga., mother allegedly forced the boy to club his pet hamster to death with a hammer. Lynn Middlebrooks Geter, 38, was arrested after the kid told his teacher, who called the state children's services agency.

Obsessions

Unless Stephen Gough, 50, changes his mind about wearing pants, he risks spending the rest of his life behind bars, according to a January ruling of Scotland's Perth Sheriff Court. Gough, Britain's "naked rambler," is a freelance nudist who for years has roamed the United Kingdom countryside, interrupted by numerous jail stints for violating public decency. He was released from Perth Prison in December after his latest stay, but seconds later shucked his clothes and was re-arrested. (In his most recent trial, Gough acted as his own lawyer and somehow persuaded an overly fair judge to let him be naked in court.)

Least Competent Criminals

Shane Williams-Allen, 19, was arrested in Tavares, Fla., in January and charged with burglarizing an unmarked police car and stealing several items, including handcuffs and a Taser gun. Eventually, Williams-Allen called the police for help after he accidentally cuffed himself, and officers believe he also accidentally Tasered himself.

Recurring Themes

The Whole Truth and Nothing But: Last August, an applicant for the police force in Montgomery, Ala., following directions to be truthful during the job interview, admitted that he owned child pornography. He was of course not hired, but arrested. In January 2010, 170 miles to the south in Pensacola, Fla., another law-enforcement applicant, Clarence Burnette, 25, admitted to owning child pornography - during his interview to be a sheriff's deputy. He also was not hired, but arrested. (The Montgomery applicant, who also confessed to having sex with an underage girl, is now serving 30 years in prison.)

Tara MOON CHRISTOPHER
Music Columnist

There is something spectacular about entering a beautiful concert hall. Sure, the music is important, but so is the venue that you see and hear it in. Every time I walk into my favorite concert halls, the Melkweg and the Paradiso, located in Amsterdam, I get chills. The knowledge of how much greatness has walked through the doors and filled the building with every color of music is worthy of the utmost honor. I almost feel as though I should hold a moment of silence each time I walk

tion of music based on where it is performed is astonishing, and is something that continues to greatly interest me.

As I write this I am no longer in Champaign, Illinois. And as I sit here I have realized something incredible. Many people strive to attend a concert or perform a show at world famous spot, when really, every town has its own remarkable venue. It can be a bar equipped with a stage and a decent sound system, or a venue large enough to fit thousands. Until recently, I've always thought I needed Red Rocks in Colorado, or a world famous place like CBGB's to experience a perfect show.

ticular venue prides itself on the diversity it provides, so no matter what music you listen to, or what events you enjoy it is almost guaranteed that you'll find yourself experiencing the local treasure that the Canopy Club provides. This venue also provides an intimate experience as the largest room, The Theater, only holds a handful of individuals at 750 when fully booked. Then, there is The High Dive, which is known for focusing more on live DJ sets and local parties, including yes, even 80's nights. So if you opt for more of an electronic feel then The High Dive might just be your local gem. For open mic nights Champaign's very



New York's CBGB was one of the world's most popular underground music venues until it closed in 2006.

David SWANSON/PHILADELPHIA INQUIRER

through a new venue's door just to pay my respect to the magic of every musician who has blessed the stage. I have fallen so in love with music throughout the years that even the venue can make or break the best of musicians. I have seen shows in small underground rooms with horrible sound and have hated even the most favored of my musical obsessions, and I have seen horrible bands play in perfectly balanced concert halls, making them sound like sheer perfection. This transforma-

The reality however is, that the best places in the world have been right in front of me.

Illinois has a vast collection of heavenly venues, and you don't even have to leave the comfort of Champaign-Urbana to experience them. Sure, Chicago has the House of Blues, the Aragon Ballroom, the Vic Theatre, and many more, but we have some beyond amazing places right outside our doorstep. First, there is the undeniably glorious Canopy Club, probably the most well known among the masses. This par-

own Radio Maria is a restaurant with a twist. On Wednesday evenings not only are you able to wine and dine but you can also step on stage and try your hand at musical celebrity. With no strings attached, Radio Maria is a venue for local talents to impress and show off their well-practiced skill or even those just wanting to take a chance. And of course, there is also Cowboy Monkey. This venue is created for a mix of events and a mix of experiences. Most Wednesdays they present a Salsa night, calling for a night of sensual dancing and unique fun. However if salsa is not your cup of tea, this venue also features blues nights, local bands, and a remarkable amount of up and coming musical greatness.

Although there are many more that I haven't mentioned, these venues are the few that I have had time to explore in the few months that I have called Champaign my home. With such a large amount of amazing concert halls and music experiences I am certain that I will never doubt a small town's ability to provide me with the best concert experiences ever again. It is with this that I must add my apology to the great musical scene of Champaign-Urbana and of many other small towns in the world. I have realized now the beautiful venues that lie hidden in every town and hope that you are all able to do the same. Because, really, everyone here has been blessed with venues that will provide many of you with some of the best experiences and musical endeavors of your lives.

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Parkland teacher feature: Amy Donohue

Merry THOMAS
Staff Writer

Are you having trouble with a speech or feeling nervous about standing in front of a large crowd? Are you looking for someone who understands the feelings that you're going through when you speak? Amy Donohue might be just the person you're looking for.

Amy Donohue, a mass communications instructor, has been Parkland's Speech Coordinator since August of 2008. She first came to Parkland because she liked the idea of teaching in a larger school.

"I've taught at small community colleges before, and I wanted to have more diversity," said Donohue. "I've taught at four year universities as well, and even then there wasn't that much diversity. At Parkland there are so many kinds of students, so it's always interesting and exciting," she said.

Donohue established her first experience in teaching back in 2000 when she was in Grad school. While she was teaching an English class she discovered that she had a real passion for it. One of the reasons why she wanted to teach is because she likes the experience she gets from her students and being able to make an impact on them.

Being a speech teacher, Donohue comes across all sorts of students that are placed into her class and for the most part, many of them are extremely nervous when it comes to standing in front of a room full of people. As an instructor, she feels that it's important to try and make her students feel as comfortable as possible when it comes to speech making. Her favorite part about teaching, as well as her driving force to teach, is the satisfaction of seeing students who start out nervous and scared progress towards being comfortable in front of a crowd and give a good speech.

"It's amazing when you



see that transformation," she said. "I think to myself, wow, I helped with that," she said.

In addition to her teaching experience, Donohue comes with a wide variety of other skills, such as TV broadcasting, reporting, news anchor experience, hosting her own TV show, and has interned at many places including MTV, Disney, and even CNNfn. She feels that getting as much field experience as possible is the best way to find out if that particular line of work is really

what you would like to do.

She also feels that having this experience makes it easier for students to relate to her. If she had to go through

the awful process of speaking to hundreds of people at one time, then speaking in front of a class isn't so bad. Also, in having these experiences she

can give good advice when it comes to wanting to get into the field of mass communication.

With all of her experience in mind, it's easy to understand that Amy Donohue is a busy woman. Her typical day varies, but it can consist of working in the speech lab, which involves coaching students and staff members alike, teaching courses, which includes mass communication classes, speech classes, and a hybrid course, as well as PCTV just to name a few things. Though this may seem routine for some, Donohue stresses that it's never boring. With different people in varying situations, it makes for a very interesting work life.

"Every single day is different, and that's why I like it so much" she said.

Something that Donohue hopes to accomplish by teaching is to touch the lives of as many students she can, as well as expose them to all the opportunities that can be had when going into broadcasting. She's had several students who,

since being in her class, have transferred and are majoring in mass communication. In seeing them succeed in this field, she feels that she has really done her job. Overall, she hopes that she can make the college experience more comfortable for her students.

So if you need help with a speech, presentation, or even advice on speaking, just pop by the speech lab in C 240 and request the help of Amy Donohue. She really knows her stuff.

RJD2

continued from page 1

up to, the more you can absorb what they have to offer. Obviously you want to absorb as much information as possible to make music or art. The other thing I can say is do what you do as much as possible. There's a book that refers to the ten-thousand hour rule and what it is, people that become "experts" most of them, what they have in common is they have broken the ten-thousand hour mark in their craft. Main point, if you're trying to be a bass player, play as much bass as humanly f*cking possible. That is the best thing I can offer anyone.

RJD2 has played once before in the C-U area during the Pygmalion Music Festival and will be making his first return since then on February 20. He is scheduled to play at The Canopy Club in Urbana at 9:00 p.m. with doors opening at 6:00 p.m.

To listen to RJD2, visit www.myspace.com/rjd2

GDS

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design together. The organization is for ALL kinds of design-oriented careers," she said.

If you're interested in viewing some of the work from the program, the department features a student show every May in the art gallery. For more information on the graphic design program please visit www.gds.parkland.edu.

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Opinions

Letters and Editorial Policy

- Views expressed are opinions of staff and contributors and not necessarily that of the *Prospectus* or Parkland College.
- The *Prospectus* welcomes letters to the editor. We accept submissions from the Parkland community and the public. The editor will also consider original works of fiction and short writings if space is available. Submissions can be e-mailed to prospetus.editor@gmail.com
- The rules of correspondence: all submissions must be signed with a phone number and address. The *Prospectus* staff must verify the identity of letter writers. Correspondence may be edited to accommodate the space requirements of the paper. The deadline for all submissions is 12 p.m. of the Thursday immediately before the upcoming issue.

Saving antibiotics so antibiotics can save us

Richard J. WHITLEY
MCT

As a physician who treats children with infectious diseases, I'm reminded every day that one of the most important medical achievements of the last century was the development of antimicrobial drugs. But now these powerful tools could be rendered useless because of drug-resistance, threatening a health-care catastrophe. Congress and the Food and Drug Administration have been considering actions that could help, but we don't have the luxury of time on our side.

During the last hundred years, antibiotics and other antimicrobial drugs have helped physicians and other health-care professionals save millions of lives and ease patients' suffering. Although

antibiotics have been dubbed "miracle drugs," doctors know all too well they are not always effective. Over time, bacteria can develop resistance to existing drugs, making it difficult - if not impossible - to treat the "super bugs" that cause extremely dangerous infections. In fact, the World Health Organization has identified antimicrobial resistance as one of the three greatest threats to human health.

The most important source of the problem is unnecessary overuse - antibiotics simply are not being employed appropriately. This occurs too often in human medicine, and we are employing antimicrobial stewardship programs to control it. But, unfortunately, one of the most troubling causes of overuse lies outside the control of physicians - in the raising of food animals.

Agricultural uses of antibiotics have been barely noticed by the public and the media until recently. Yet 30 years of scientific evidence demonstrates that antibiotic use in food animal production contributes to the spread of drug-resistant bacteria to people in many ways, including improper handling of contaminated meat and vegetables and/or consuming tainted food or water. At present, the vast majority of antibiotics administered to food animals are for non-therapeutic uses - to promote rapid growth and save money on feed.

The results of this laxity are far from trivial. Experts recently estimated the cost of antimicrobial resistance at more than \$20 billion in the United States alone due to the use of more expensive drugs and extended hospital stays. More important, about 2 mil-

lion people acquire bacterial infections in U.S. hospitals each year, and 90,000 die as a result. And projections are moving in the wrong direction - toward more infections and more suffering.

At the same time, the pipeline for new antibiotics is drying up. The Infectious Diseases Society of America (IDSA) is so concerned about the lack of prospective new drugs that it asked President Obama and other leaders to support a global commitment to develop 10 new antibiotics by 2020. While we work to achieve the goal, we must protect the effectiveness of currently available antibiotics. We cannot afford to indulge the agricultural food industry by permitting it to continue feeding these precious pennies to animals for a few pennies of profit per pound of meat.

Members of Congress have introduced the Preservation of Antibiotics for Medical Treatment Act (PAMTA), which addresses routine use of antibiotics in food animal production. PAMTA would ban antibiotics of importance to human health from use for growth promotion, feed efficiency and routine disease prevention in food animals. IDSA has joined with the country's foremost scientific and medical experts to urge Congress to pass PAMTA. Last year, the FDA proposed an approach similar to PAMTA, but with limited allowances for disease prevention uses for these drugs. The FDA's approach is worth exploring as long as any final agreement on the appropriate uses of these drugs is codified into law - the industry must not be permitted to voluntarily police itself, as some have proposed.

Unfortunately, industrial animal agricultural special interests are fighting both Congress' and FDA's approaches through intense lobbying efforts that favor maintaining the status quo - we cannot afford to let them win. It is a simple fact, the more antibiotics our society consumes the faster life-threatening drug-resistant organisms develop. This is a vicious cycle, but one that we can control, if we stop overuse. Without public support and quick government action, we stand little chance of getting ahead of the drug-resistant bacteria that take the lives of our loved ones with increasing frequency each year.

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What Westminster doesn't show

Alisa MULLINS
People for the Ethical
Treatment of Animals

Maybe it's just me, but it seems ironic that the Westminster Kennel Club Dog Show and Spay Day fall within the same month. Westminster, which is held Feb. 15 and 16, is arguably the world's biggest advertisement for purebred dogs. One week later, on Feb. 23, the organizers of Spay Day, a national effort to promote spaying and neutering by offering low-cost and free surgeries, will be scrambling to stanch the flow of homeless animals - many of whom are purebreds and their offspring.

People spend a lot of money on purebreds - sometimes thousands of dollars - so it

would seem to follow that they would consider them to be more "valuable," or at least less disposable. But it is estimated that at least a quarter of all dogs entering animal shelters are purebreds.

PETA's caseworkers also regularly come across purebred dogs that have been ignored and neglected for years. One such dog, a sweet, gentle golden retriever named Tripp, had been banished to a junk-filled backyard, where he had endured a lifetime of bitterly cold winters and scorching summers. By the time PETA's staffers discovered him during a routine straw delivery, years of neglect had taken their toll. Barely able to stand, Tripp was stiff and arthritic, nearly deaf and blind,

and his frail body was riddled with softball-sized tumors.

A recent survey sheds some light on why dogs wind up neglected or abandoned. According to the survey, a shocking 42 percent of people who had recently acquired an animal did no prior research, formal or informal.

This leads me to wonder how many people who buy, for example, a beagle like Uno, the 2008 Westminster champion, know that beagles are escape artists who love to bay at every passing dog, cat, squirrel, pedestrian and floating leaf. They are also prone to a number of congenital diseases, including hypothyroidism, epilepsy, hip dysplasia and slipped spinal disks and kneecaps. Perhaps not surprisingly,

beagles are among the breeds most commonly found at animal shelters.

Most purebred dogs are also purchased as puppies - so not only do they take away homes from dogs in shelters, they can also add to their numbers when the buyer realizes, too late, that their new companion is a lot of work. Puppies chew, they whine, they bark, they dig, they require lots of exercise and entertainment and, perhaps most significantly, they require training. Whenever I meet someone with a new puppy, I always ask how the housetraining is going - and I get perverse delight in telling them that my shelter mutt, who was estimated to be about 2 when I adopted him, came "pre-housetrained."

Unfortunately, once puppies reach that awkward adolescent stage between 6 months and 1 year old - the age at which they've outgrown their puppy cuteness but still have all that puppy energy and destructiveness - many people throw up their hands and give up.

The new survey also revealed some interesting facts about people's perception of the companion animal overpopulation crisis. While most people are aware that animals are euthanized at shelters for lack of a good home, most also wildly underestimate the scope of the problem.

The majority of respondents estimated that animal shelters euthanize fewer than 1 million animals annually; 28 percent put the euthanasia num-

ber at 100,000 or less. In reality, approximately 3 to 4 million animals are euthanized every year, or roughly half of those who enter animal shelters.

If the key to conquering animal overpopulation is education, Spay Day is definitely the underdog, if you'll pardon the pun. More than 3 million people, on average, tune in to watch televised Westminster coverage, while Spay Day is lucky to get an occasional mention in a community newspaper. Maybe if these numbers were reversed, we'd see more dogs winning the biggest prize of all - a loving, "forever" home.

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People for the Ethical
Treatment of Animals

LETTER TO THE EDITOR

Captain Stuart R. Shaver
District 10 Commander

As Commander of Illinois State Police District 10, my main traffic safety priority is the reduction of fatalities resulting from traffic crashes. Since the beginning of 2010, District 10 has experienced an alarming number of traffic crash fatalities, and reversing this trend is crucial to the safety of families and communities.

District 10 is comprised of nine counties in east central Illinois, which include: Champaign, Coles, Douglas, Edgar, Macon, Moultrie, Piatt, Shelby, and Vermilion. During the month of January 2010, District 10 experienced 10 fatalities caused by 8 traffic crashes. This is twice our normal average for the same time period over the past 5 years. Although the weather has been a contributing factor in some of the crashes, three familiar and dangerous driving behaviors have been a primary factor in these tragic incidents. Alcohol and/or drugs have been

involved in at least 63% of the crashes, an alarming increase from our normal district average of 38%. Speed played a factor in nearly all of the crashes, especially considering the ice and snow covered roadways that were present. The final common contributory cause was failure to wear a properly adjusted seatbelt. A total 67% of the victims were not wearing a seatbelt at the time of the crash.

These three driving behaviors - driving under the influence, speeding and failure to wear a properly adjusted seatbelt - are all too familiar problems to the law enforcement personnel trying to address the needless tragedy caused by these crashes. The victims of the crashes are not strangers to our communities; they are neighbors, friends, parents, brothers, sisters, mothers, fathers, husbands, wives, and perhaps the most disturbing, our children. It's impossible to investigate these crashes without feeling the unimaginable loss their loved ones experience when they hear the siren

and permanent news. Most people causing these crashes would not intentionally harm another person; however, their driving behavior had devastating consequences that changed the lives of many more than just the victims.

Those who drive recklessly and/or under the influence of drugs or alcohol rightfully face criminal charges, and I can assure you the ISP will thoroughly investigate these crashes and actively pursue prosecution of the person responsible. Although this may not bring back the victims, removing dangerous drivers from the roadways will make our communities a much safer place.

Please help law enforcement address this serious problem by not drinking and driving, reducing your speed, and always wearing a properly adjusted seatbelt. Lives depend on it, and that life could be yours!

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Talk It Out: Bet you'll watch some of the Olympics along the way

■ Resolving Conflicts on Campus

Nicole CIRIDON
University of Washington

Learn to listen to the two sides of the conflict that you are in as if you were the mediator or the counselor." —Dr. Clare Albright, clinical psychologist

Your roommate left a pair of smelly socks on your bed. Your English professor gave you a lower grade than you thought you deserved. Your parents don't like whom you're dating. Let's face it: College students have potential conflicts coming at them from all directions. Disagreements can escalate into fights that can take away from your enjoyment of college life, and even impact your studies and your health. If you can learn to confront problems in a productive manner, however, you can improve your mood, move on to new things, and even learn a thing or two.

Wrangling with Roommates

Conflicts can be fairly common when you live in close quarters. When Christina Babcock found out her roommate had started dating a guy she was seeing, she had to learn fast how to resolve a conflict.

"At first, I refused to talk to her and she let me have my space," says Babcock, a sophomore from the University of Washington in Seattle. "Eventually both of them approached me to talk, and since I'm a naturally forgiving person, I said it was okay. Things with the girl have never really gone back to normal, but I'm glad we talked it out."

No one enjoys confrontation, especially when it's with someone you live with, but talking is usually the best path to getting

beyond a problem and moving on.

If talking directly to the other person about a problem doesn't work, try outside help. Resident advisors and other school counselors are often experienced at mediating arguments.

The Parent Trap

"Sometimes the arguing [with my parents] made me want to be more rebellious," says Kayley Kim, a junior at Washington State University in Pullman. "Other times when we argued, I felt ashamed of myself and would go through a guilt trip, then get over it and try to behave better. I realized that it's easier being honest in how I feel."

Students polled by Student Health 101 said they have argued with their parents over grades, boyfriends or girlfriends, drinking, money, and their plans for the future. But, again, most said that by talking things out they were able to come to an understanding. Often, seeing the other side's point of view is key. Also, with parents, students often have to negotiate: You give a little, and they give a little. You want to stay out late; they want you in early. Try to find a middle ground you can both agree on, and, if problems continue, consider family counseling.

Teacher Trouble

Disagreements about grades and due dates are usually the most common type of conflicts with teachers.

"Sometimes it helps to talk to another adult," says Eva Feindler, director of the Clinical Psychology Doctoral Program at Long Island University in Brookville, New York. "For example, if you have a

problem with a teacher, you may wish to talk to another teacher about it."

If you dislike a professor's teaching style, try switching classes, or seek advice from a teaching assistant (TA), classmates, or on-campus tutors. If a conflict persists, look into faculty-student mediation rules on your campus. Stanford University in Palo Alto, CA, for example, has an impartial dispute resolver, called the Ombuds. He or she will hear and discuss student problems, then identify and evaluate options to resolve them.

Clashing With Classmates

Conflicts involving classmates usually deal with cheating or working in groups. If you are having trouble with someone in a class, it can really detract from your learning experience.

"Learn to listen to the two sides of the conflict that you are in as if you were the mediator or the counselor," says Dr. Clare Albright, a clinical psychologist. "If you can listen and respond in this way, you will bring peace and solutions to the conflict more quickly."

Most conflicts are just small roadblocks. Addressing them gives you valuable experiences that prepare you for your life after college. And keep this in mind, 92% of students said that they have had arguments that they've laughed about later. So you can get through them and move on with a positive attitude.

You can access the latest issue online at <http://readsh101.com/sbu.html>

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Sam DONNELLON
Philadelphia Daily News

Who cares about the Winter Olympics?
You do.

Oh, you might say you don't today. You might say that you don't care if Lindsey Vonn races again or if Bode Miller crashes again, or whether Apolo Anton Ohno breaks Eric Heiden's career record of five Winter Olympic medals. You might even say that you don't care whether Mike Richards

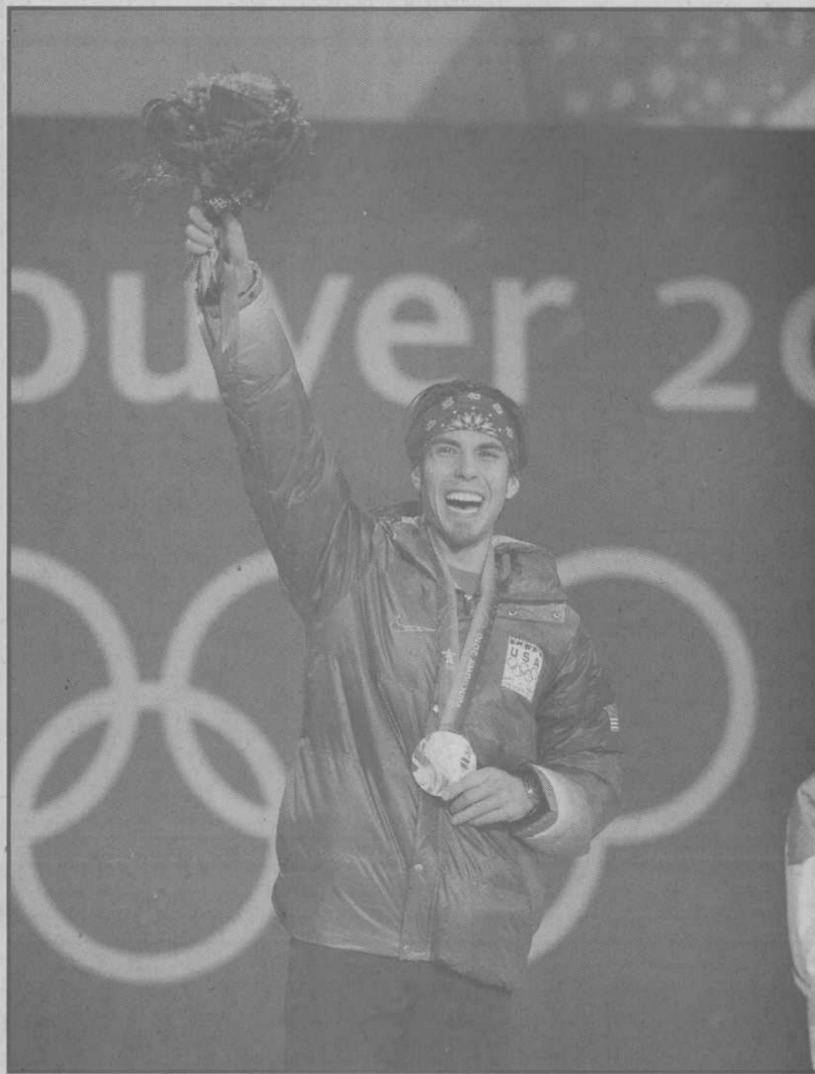
Maybe both.

You didn't pay much attention to U.S. skeleton competitor Jim Shea on the eve of the 2002 Salt Lake Olympics, but when he's notched an unlikely gold medal two weeks removed from losing his father in a fatal auto crash, he was on the lips of every American worker the next day.

Few knew exactly what ice dancing was before a French judge conspired to rig the result in those Olympics, setting off exhausting outrage

Games, and for the obvious reasons. They ain't bad to look at, or to be around.

Ohno, too, has developed as much of a following from his work on "Dancing With The Stars." White, the snowboarder with a humble approach, outrageous acrobatics and infectious charm, is a self-contained industry, drawing the widest range of endorsements imaginable, from credit cards and computers to eyewear and energy drinks. Oh, yeah, he also got a halfpipe gold medal



USA's Apolo Ohno celebrates his silver medal in the 1,500m short-track speed-skating event in Vancouver, Canada, on Sunday, February 14, 2010.

John LOK/Seattle Times

Prospectus Pick: Vampire Weekend's "Contra"

Tara MOON CHRISTOPHER
Music Columnist

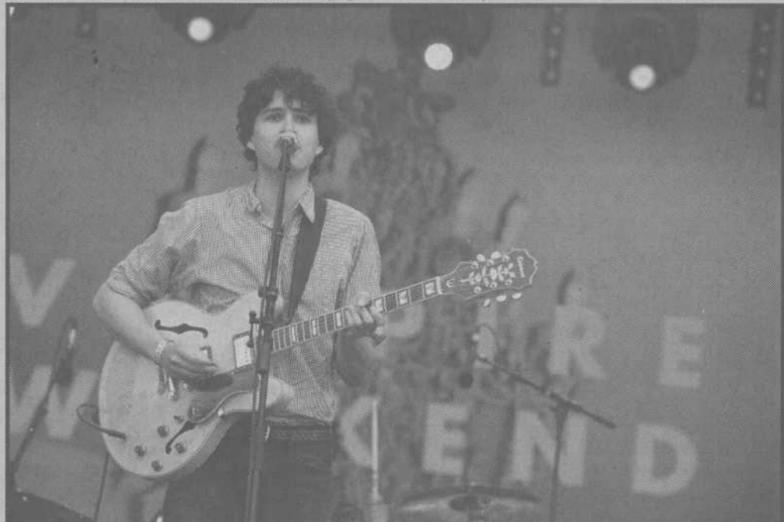
Vampire Weekend has taken the world by storm with the 2010 release of their studio album, *Contra*. Although only their second album since 2006, this band is not a force to be messed with. They have redefined indie music and gained an undeniably devoted fan base. Their first album, self-titled *Vampire Weekend* came out just two years ago and was widely recognized. *Contra* is definitely their best release as of yet. It consists of their most amazing musical work, topping this year's list of new releases. This album also was number one on the Bill-

board 200, a huge musical feat, as well as a title that proves the best from the rest. If you have yet to hear this band, or yet to own the glory that is *Contra*, you are missing out on some of music's bests.

With catchy lyrics, unexpected riffs, and joyous tunes, Vampire Weekend has done wonders with *Contra*. Not only did they create an album that reached people of all musical tastes, but they also reinvented the indie scene and what is expected musically from this pre-defined group of individuals. Vampire Weekend has stolen all the glory this year with songs like "Cousins," "Horchata," and "Diplomat's Son."

While listening to this great release, you will find your-

self rocking out, coming to conclusions that you never expected, and swaying softly to sleep. It is needless to say that this album has it all, and will satisfy every emotion and musical craving possible. So if you find yourself wanting something more after listening to last year's music selection, take a chance and listen to *Contra*. I promise you that this album will come out on top of all 2010 releases, as well as one of your own all time favorites. At this point, I see no wrong that Vampire Weekend could do. Which is why, I am proud to say, Vampire Weekend will dominate the charts, and *Contra* will do wonders to win your heart.



Ezra Koenig of Vampire Weekend performs live on stage during the Main Square Festival in Arras, France. Lefevre Sylvain/Asa-Pictures/Abaca Press

wins a gold medal for Canada, or whether the United States wins more medals than Canada, or whether the fur on Johnny Weir's latest costume is real.

Shani Davis? Shaun White? Tanith Belbin and Ben Agosto?

Speed skating, snowboarding or a nice couple gliding artfully across the well-manicured ice of Pacific Coliseum. Well, maybe you feel that way at this moment. But history and television packaging almost assures that you will watch some of it. Maybe not all of those elements, or any of them, but there will be something the next two weeks that pushes these Games in your living room, that captures your attention, that makes you shake your head in disgust or disbelief.

Already there is a hint of a judging controversy with figure skating. Already there is percolating edginess between teams and teammates, whether it is the battle for hockey supremacy between the U.S. and Canadian women's teams, the lingering dislike between U.S. speed skaters Davis and Chad Hedrick, or the hard Baver must fight through each time she and teammate Katherine Reuter line up.

The Winter Olympics, more than their summer cousins, are about people as much as events. People (some of them anyway) as broke as you, or with a sad or inspiring story to tell.

and exhausting press conferences.

Bode Miller's self-implosion in Turin in '06. Vonn's courageous run two days after crashing there. The crazy short-track race in which Australian Steven Bradbury won his country's first winter gold medal after four of the five competitors crashed into each other.

C'mon, you can still watch it on YouTube. And four years later, it's still hysterical.

These events made their sports compelling in a way no singular athlete or marketing campaign could. Ohno has five medals, but the crashes he has been in and around have drawn interest and understanding to his sport. Imagine, if you will, that the fiasco involving Tonya Harding and Nancy Kerrigan before the '94 Games was nothing but a sinister Madison Avenue scheme. Could the results have been any better, all those little girls heading to their local rinks, ice shows selling out afterward?

As much as the National Hockey League has sacrificed to grow its game through Olympic participation, did anything do that as well as when the U.S. hockey team beat those Russians in Lake Placid?

Yes, yes, these are the Olympics of the prefabricated as well, and Vonn is perhaps the poster child. In two Olympics, she has yet to medal. Allison Baver, also in her third Olympics, is still seeking her first medal. Yet they are two of the four athletes Olympic sponsor Procter & Gamble paid to promote its products before these

in Turin.

But that's the walk-up. Why you will care, and what you will care about, is yet to be determined. And therein lies the intrigue. Her sheer bruised mess, will Vonn be physically able to ski? Four years ago in Turin, Vonn - then known by her maiden name of Kildow - had to be airlifted to a hospital after crashing during a training run. Two days later, her leg heavily bandaged, her body aching, she competed in the downhill, finishing eighth. Later, she also raced in the Super-G and slalom, her determination a refreshing contrast to the petulance of Miller.

Miller's retired last summer and is back. He's said to be out of shape again, although this time it's due to his late decision to go after that elusive gold medal. At 32 and in his third Olympics, he's said to be a better camper these days, too.

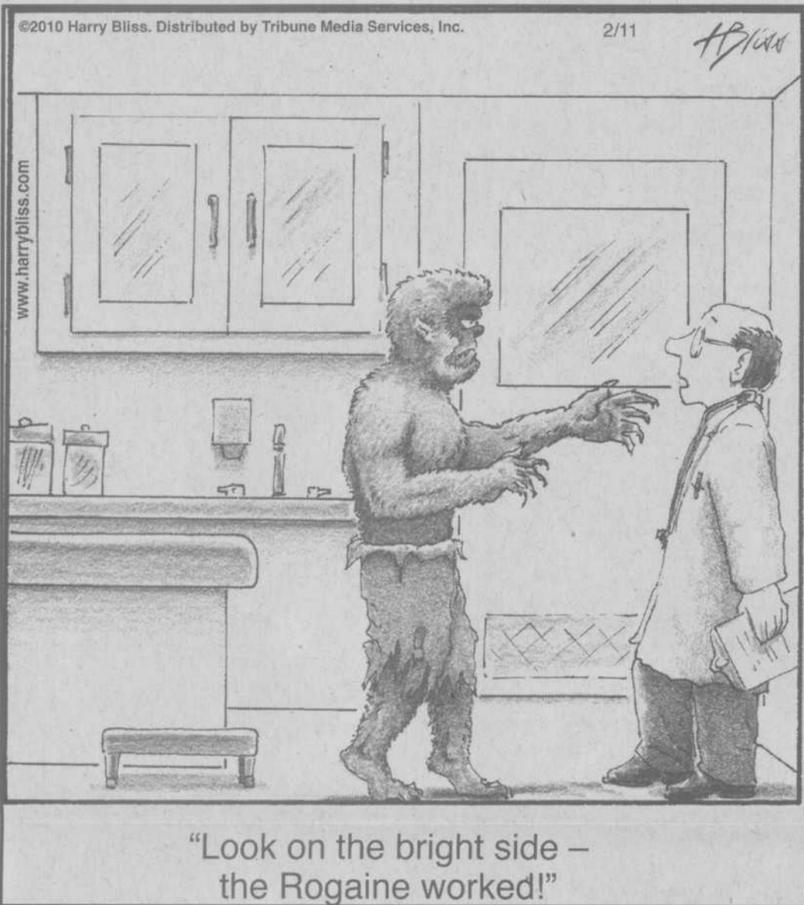
Four years ago Miller was the reigning world champion as Vonn is now, and like Vonn, was among the contenders in all five alpine events. But in the competition there. If Vonn is shut out in Whistler, the alpine venue for the Vancouver Olympics, it won't be due to a lack of trying or a lack of toughness.

No matter how pretty she looks in a Sports Illustrated bikini.

Ah, now you're paying attention.

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Philadelphia Daily News.

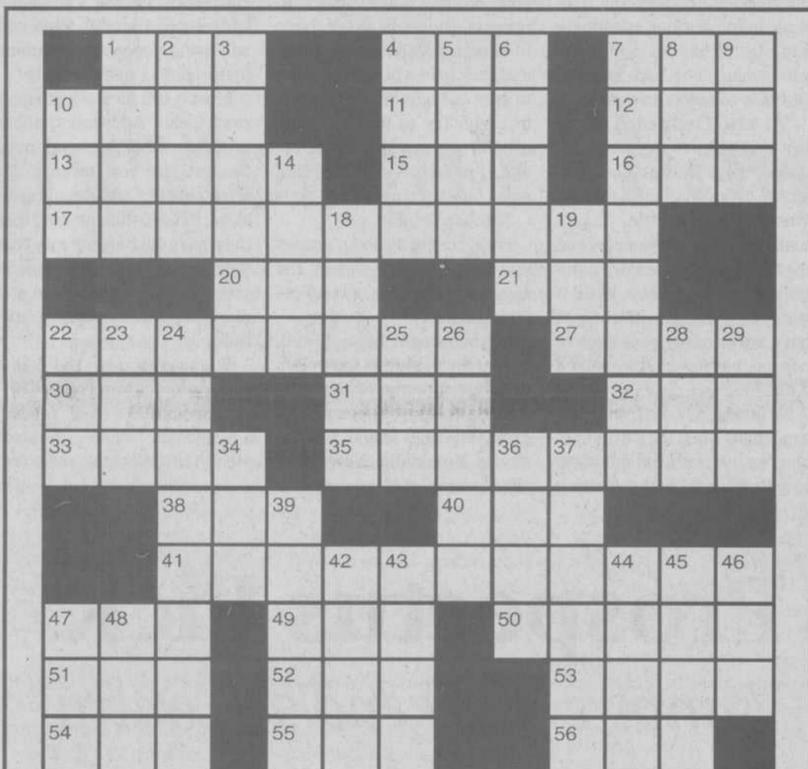


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Parkland College Relations Officer Matthew Kopmann

Seatbelts

In Illinois, all front seat occupants are required to be protected by a safety belt or safety restraint system, regardless of age. Passengers under age 16 regardless of location in the vehicle must be protected by a safety belt or restraint system. Each driver of the age of 18 years and each of the driver's passengers under the age of 19 years shall wear a safety belt.

The driver of a vehicle is ultimately responsible for the safety of all the passengers under age 16 and will be issued a violation for non-compliance in accordance to the Child Passenger Protection Act, regardless of their location in the vehicle. Any front seat passenger over age 16 may be issued a violation of the seat belt law if unbelted. A seat belt citation is \$55 for the first offense.

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ACROSS

- 1 Rather or Aykroyd
- 2 Actor Holbrook
- 3 ___ Grant; role for Ed Asner
- 4 Vicki Lawrence's title role in her sitcom
- 5 Vigoda of "Barney Miller"
- 6 High-ranking naval title: abbr.
- 7 College credits
- 8 Trucker's truck
- 9 Actress Leoni
- 10 Eric Mabius' role on "Ugly Betty"
- 11 Miner's discovery
- 12 "Diamond ___"; Mae West play
- 13 "___ Let Her Go"; Mark Harmon/Rachel Ward movie
- 14 Every
- 15 Actor ___ Majors
- 16 ___ Arden
- 17 Mai ___; rum cocktail
- 18 ___ Laurel and Oliver Hardy
- 19 Workers
- 20 "Blame It on ___"; Michael Caine movie
- 21 Eerie sighting, for short
- 22 Actor on "Mercy"

DOWN

- 1 ___ Delany
- 2 Tyrant Idi ___
- 3 "Face the ___"
- 4 Lead role on "JAG"
- 5 Lover of an Irish Rose
- 6 "Boston ___"
- 7 "The ___ Show with Craig Ferguson"
- 8 "___ to Billy Joe"
- 9 Actress Thurman
- 10 Stick-in-the-___; old fogy
- 11 Very dry
- 12 On the ___; honest
- 13 "___ Hard"; Bruce Willis movie
- 14 Gore and Pacino
- 15 Butterfly catcher's need
- 16 Early series for Judd Hirsch
- 17 Zsa Zsa's sister
- 18 Present an argument against
- 19 "My Mother the ___"
- 20 ___ and hers
- 21 Peeples or Long
- 22 "Just the Ten ___"
- 23 "The ___"; Norman Fell sitcom
- 24 Largest city in Nebraska
- 25 Actress Barbara
- 26 Bit of canary food
- 27 Jack, once of "The Tonight Show"
- 28 Blues singer ___ James
- 29 Caviar source
- 30 Corn on the ___
- 31 Garden tool

Solution to Last Week's Puzzle

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Mapping the medals: 1924-2006

Since the first Winter Games, Germany has won 17 percent more medals than the No. 2 country, Norway. This was accomplished even though Germany was not invited to compete in the 1924 and 1948 games.

Czechoslovakia

25 (Medals won prior to dividing into the Czech Republic and Slovakia on Jan. 1, 1993)

Yugoslavia

4 (Won 4 medals in 1984 and 1988 prior to splitting up)

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Source: International Olympic Committee, Vancouver 2010, Whistler Blackcomb
Graphic: Chicago Tribune



2010 hardware

Every medal won at the 2010 Games is a unique piece, featuring a different crop of a larger contemporary aboriginal artwork; the medals are also undulating to mimic the oceans, snow and mountains found in the Vancouver region.

NOTE: 2009 country names apply; former Soviet Union republics have been grouped into one corresponding square

IMAGES

2010

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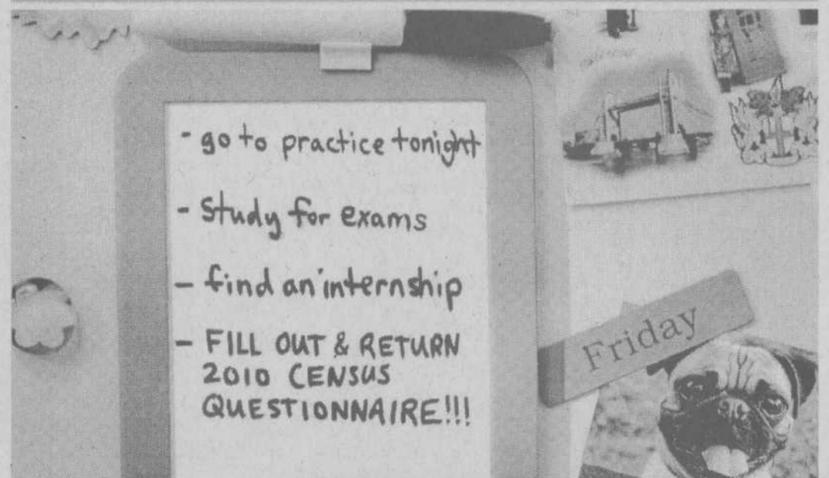
Submit up to six pieces of art or literature. max of 3 may be chosen to be showcased in the magazine
Submitted work has to have been done by a Parkland Student of 2009-2010

Submissions have to be in jpeg or tiff format and have a max of 900x 900 pixels can be sent to images@parkland.edu or delivered to X-155

THE IMAGES STAFF IS GEARING UP FOR THE 2010 EDITION

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or stop by the office X-155

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Student Health 101

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Breaking barriers

Barack Obama is the first African-American president of the United States. Here's a look at other firsts for American blacks in politics and law:

EVENTS

1861
Civil War begins.

1863
President Abraham Lincoln issues the Emancipation Proclamation, freeing most slaves.

1865 to 1877
Reconstruction. Constitution amended three times to provide equal rights to black Americans.

1865
Civil War ends. The 13th Amendment ratified, outlawing slavery.

1868
The 14th Amendment ratified, granting citizenship to any person born or naturalized in the United States.

1870
The 15th Amendment ratified, guaranteeing black Americans the right to vote.

1896
Plessy vs. Ferguson. Supreme Court decides separate educational facilities are inherently unequal.

1954
Brown vs. Board of Education. Supreme Court finds segregated public schools unconstitutional.

1964
Civil Rights Act prohibits discrimination based on race, color, religion or national origin.

— Karsten Ivey, Sun Sentinel

1860s

1865
J.S. Rock
Lawyer admitted to practice before U.S. Supreme Court

1865
Rev. Henry Highland Garnet
Give a speech in the U.S. Capitol

1870s

1870
Hiram R. Revels
U.S. senator (Miss.)
Joseph Rainey
U.S. Rep. (S.C.)

1871
Jefferson F. Long
Speak in House of Representatives as congressman (Ga.)

1872
Charlotte Ray
Female lawyer allowed to practice in Washington, D.C.

1880s

1890s

1900s

1910s

1920s

1930s

1940s

1950s

1960s

1970s

1980s

1990s

2000s



1911
William Henry Lewis
Appointed to a sub-Cabinet post

1926
Violette N. Anderson
Female lawyer admitted to practice before U.S. Supreme Court

1944
Harry S. McAlpin
Reporter to attend White House press conference



1955
E. Frederic Morrow
Hold an executive position on a president's staff

1960
Andrew Hatcher
Assistant presidential press secretary

1966
Edward Brooke
U.S. senator (first since Reconstruction) (Mass.)

1966
Robert C. Weaver
Cabinet secretary (Housing and Urban Development)

1967
Carl Stokes
Mayor of a large city (Cleveland)

1968
Shirley Chisholm
Female U.S. representative

1977
Patricia Harris
Female Cabinet secretary (HUD*)

1977
Clifford Alexander Jr.
Secretary of the Army



1989
L. Douglas Wilder
Elected governor of a state (Va.)

1989
Colin Powell
Chairman of the Joint Chiefs of Staff



1992
Carol Moseley Braun
Female U.S. senator (Ill.)



2000
Donna Brazile
Manager of a presidential campaign

2001
Condoleezza Rice
National security advisor
Colin Powell
Secretary of State

