

Take a look at the brand new 88.7 feature page on P. 2



How to keep your pets

- The latest in Parkland Cobra athletics P.7

Prospectus Advice column



Opinions on the upward mobility gap. Also, info on recycling electronics P. 4

Wednesday January 12, 2011

Welcome Back Edition

A student produced publication since 1969



Even with free tuition, hurdles remain for raising number of college grads



David JESSE The Hechinger Report

When Simon Boehme landed President Barack Obama as commencement speaker for his high school graduation last spring, he knew exactly what the president would highlight: the city's innovative \$21.5 million college scholarship program, now being emulated across the U.S.

"America has a lot to learn from Kalamazoo," Obama said at Boehme's commencement, praising the anonymous donors who started the Kalamazoo Promise in 2005 in this former manufacturing city of

Already, 1,250 Kalamazoo public school graduates - 81 percent of those eligible - have taken advantage of free or vastly reduced tuition to any public college or university in Michigan.

Yet just 54 percent of those who received the first awards under the program are still in college or have graduated, a stark reminder that it will take more than money to achieve the president's ambitious goal of leading the world in college degrees by 2020.

"We took the first hurdle down (not having money for college) and now can see all the hurdles behind it," said Michelle Miller-Adams, a visiting scholar at the W.E. Upjohn Institute for Employment Research in Kalamazoo and the author of the first comprehensive study of the initiative.

Cities from Hammond, Ind., to New Haven, Conn., have launched similar programs at a time when, Obama frequently rues, the U.S. has fallen from first to ninth place in the world in the proportion of young people with college degrees.

In Pittsburgh's program, the percentage of scholarship recipients who return to



Photo illustration by Hector Casanova/The Kansas City Star

their public four-year colleges the director after freshman year trails the of student state average of 81 percent by services at the Denver Scholnearly 3 points, said Saleem arship Foundation. Ghubril, the executive director of the Pittsburgh Promise, dents must be enrolled full \$100 million commitment from to keep their scholarships. The ment of Education. the University of Pittsburgh Medical Center.

As for community college students on Pittsburgh Promise scholarships, 70.3 percent return for their second years, about 10 points above the national average.

In Denver, half of the 199 students in the first class eligible for that city's Promise-style program were still enrolled for the start of their fourth year of college, said Rana Tarkenton,

Kalamazoo Promise stuprogram's graduation rates are lowest at two-year colleges, as they are in the rest of the U.S.: Only 33 percent of the Class of 2006 who attended community college had graduated by the fall of 2010, program statistics show. The following year's

class didn't do much better. "What we're seeing more clearly now is that we need to address the other hurdles," Miller-Adams said.

Nationally, getting students

which launched in 2007 with a time and maintain C averages according to the U.S. Depart-there: mentoring, ways for stu-

Obstacles include insufficient academic and cultural preparation for higher education, said Stan Jones, the president of Complete College America, a Washington-based nonprofit group.

"It's especially hard for students who come from poor areas and don't have support networks," said Jones, one of the founders of Twenty-First Century Scholars, a Promise-style program founded in

through college has long been a Indiana in the 1990s. "Just givchallenge: Only 59.5 percent of ing them the opportunity to go students who start bachelor's to college isn't enough. They degrees finish in four years, need support once they get dents to connect."

'The hardest adjustment for me is being able to manage my time, and being able to study effectively," said University of Michigan freshman Adwoa Bobo, a pre-med student on a Promise scholarship. "In high school, I was able to pass through without studying too much. In college, you cannot get good grades without taking notes and studying every night for each class and reading your books thoroughly."

Bobo thinks the high cost of housing, books and other needs also discourages students. Annual total costs at four-year public universities average \$16,140, according to the College Board, a nonprofit association of 5,700 colleges and uni-

"I think that the reason why so many students have dropped out is because although tuition and fees are paid for, room and board is not," Bobo said. "These students still have to worry about books, computers and many other expenses."

Concern about the effectiveness of Promise-style programs hasn't slowed their growth. A group of volunteers in Milwaukee is trying to replicate the program in Wisconsin. The New Haven Promise, financed primarily by Yale University, announced an offer last month to pay the tuition of any student with at least a 3.0 grade-point average who wishes to attend a public college or university in Connect-

Kalamazoo is trying to figure out what else - beyond free tuition - students need to be successful in college, said Janice Brown, the executive director of the Kalamazoo Promise and former superintendent of Kalamazoo Public Schools.

"We are working to change a culture here." Brown said. "We're having conversations about what types of support systems we ... need for our students, both from the community and from families."

More than two-thirds of Kalamazoo students are eligible for free or reduced-price lunches, a key poverty indicator. About 64 percent graduate from high school in four years. Civic leaders in Kalamazoo have high hopes that the Promise program will widen the pool of high school and col-

Grads continued on P. 3

5 tips for staying well during the winter



Janelle O'DEA __ Editor

As we begin the spring semester, most students quickly find how difficult it is to drag ourselves out of a nice warm bed and out into the subzero temperatures. It's easy to become lazy in these cold months, but here are some tips and motivation to keep you off of that couch and up to speed.

1. Staying active will keep you from getting sick

Moderate exercise suppresses the stress hormones, and stress, as we all know, weakens our immune system. Employers noticed that employees who exercise regularly tend to take fewer sick days than colleagues who do not. Now, being able to work more hours or attend class more often may not motivate many of you to exercise, but remember, you won't just be feeling better for work and school, but for those crazy bar crawls and nights out with your friends, as well.

2. Think of creative ways to stay active

In Illinois, it's hard not to scoff at someone who suggests exercising in the winter. How can we? But, as cheesy as it sounds, where there is a will, there is a way. If there's enough snow, shoveling or sledding is always a great work out. Clear up a little space in your house and do jumping jacks, maybe jump rope or even hula hoop (get in touch with your firstgrade side again) or even break out some fresh dance moves to get your heart pumping. There are a few gyms around Champaign-Urbana that cost around \$20 a month, and though it may seem like a huge expense, it's worth it. Getting your blood pumping (i.e. sweating by the end) will certainly relieve some stress from classes. Plus, after a few days, you'll swear that exercise is the best "sleeping pill" on the market!

3. Drink hot tea

Hot tea (sometimes with a little honey and lemon) may not cure a cold, but it sure will



It's easy to become lazy in these cold months, but here are some tips and motivation to keep you off of that couch and

Color Illustration by Chris Ware/Lexington Herald Leader

bearable. Tea contains many natural substances that our body can put to good use. It has anti-oxidants, a small amount of caffeine (but less than coffee, or sometimes none at all) and it can help keep arteries clear, preventing heart problems in the future. That's just the beginning of benefits tea can bring to us.

4. Eat your fruits and veg-

No one is trying to sound like your mom, but these two food groups also contribute to the health of our immune system, and getting our daily serving of both groups is getting easier and easier. Bananas, oranges, and apples all make great onthe-go snacks. If you are someone who isn't partial to many vegetables, you aren't alone. Don't forget there are always alternative ways to get your vegetables - V8 juice is a great example. While some of it does contain high fructose corn syrup and other sugars, you are still getting your vegetable serving. And you can burn off

make a sore throat much more all of the calories gained from the sugar when you do your exercise!

5. Laugh out loud

The winter in Illinois can be terribly depressing. The days are shorter and colder, and we spend much more time indoors, therefore absorbing less sunlight and vitamin D. Whether we know it or not, this takes a toll on us. Of course, we've all heard of SAD, or seasonal affective disorder, where a person becomes more introverted and depressed during the dark winter months. So lighten up! Make sure you aren't taking yourself or your life too seriously. Watch a stand-up comedian, and don't limit your laughs. If a joke is crude or offensive but you laugh at it, don't be too hard on yourself. If you're not a comedy fan, crank up some of your favorite tunes on your way to work or school and belt your lungs out. Any way that you can bring a smile to your face and enjoy the time you're having, make sure you cut time out of your week to do that activity and spread the joy.

Prospectus

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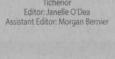
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Letters and Editorial Policy

Views expressed are opin ions of staff and contribu-tors and not necessarily that of the Prospectus or Parkland

- The Prospectus welcomes letsubmissions from the Parkland community and the public. The editor will also consider original works of fiction and
- all submissions must be signed with a phone number and address. The *Prospectus* staff must verify the identity of letter writers. Correspondence may be edited to accommoall submissions is 12 p.m. of the Friday immediately before the upcoming issue

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Please Recycle

Chuck Shepherd's News of the Weird

Lead Story

The collapse of the economy in 2008 might have reached the far corners of Earth, but evidently not to Planet Calypso, the make-believe asteroid con- lawsuit is important. taining make-believe real resort entrepreneur Jon Jacobs recently cashed out his prop-(not make-believe) U.S. dollars. Since Jacobs' original 2005 investment was \$100,000 (a record at that time), he thus has earned an average 35 percent annual return. As players landed on Jacobs' properties, to hunt or to mine precious substances, they paid fees, and Jacobs' buyers are obviously optimistic they can maintain that income stream. A recent study by the marketing firm In-Stat estimated that online players will spend \$7 billion in 2010 on make-believe property and

Government in Action

In September, the U.K.'s coalition government announced the imminent consolidation of antidiscrimination laws known as the Equality Act - despite critics' warnings that it could stunt economic growth by tying up the workplace in a morass of lawsuits in which workers could sue for almost any perceived offense. Under the new concept of "third-party harassment," for example, an employee who merely overhears another person - even a customer of his employer - say something he finds offensive could sue the employer. Critics also complained that the law adds to the traditional group of specially protected, oppressed teetotalers, Gypsies and "travelers" (grifters).

In October, Freddie Mac (the uary 2006. government-sponsored but privately owned home mortgage have been assumed in a fed- appointed Ralph Godbee police eral "bailout" administered by chief - a job he had held on the Treasury Department) filed an interim basis for several a claim in Tax Court against months. Godbee had ascended the Internal Revenue Ser- to the job when Warren Evans vice, denying IRS's claim that was fired for, among other it owes \$3 billion in back taxes things, having an affair with a from 1998-2005. Should taxpay- subordinate, Lt. Monique Paters care? If Freddie Mac wins, terson. Before turning to Evans, IRS (which is also housed in the Patterson had had an affair with Treasury Department) loses out Godbee, also. on the \$3 billion in alleged back

taxes. If IRS wins, it gets its \$3 billion, which will undoubtedly be paid with taxpayer bailout money. Lawyers for both sides seem to think that pursuing the

In November, patrons using estate in the multiplayer online rest rooms at City Hall in Changame Entropia Universe, where dler, Ariz., were stunned to see wall signs warning users not to drink out of the urinals and erties for \$635,000 - in real toilets. (Actually, as officials explained, the environmentally friendly facilities flush with "reused" water - from the building's cooling system - which must normally be colorized to discourage inadvertent drinking, and if it is not so harshly colored, must, by regulation, be accompanied by warning signs.)

> After Hurricane Katrina devastated New Orleans and the Gulf Coast in 2005, Congress underwrote \$7.9 billion in taxfree bonds that Louisiana could sell in order to rehabilitate the area. According to an August status report in Newsweek, \$5.9 billion in bonds have been sold by the state, but only \$55 million of that (1 percent) is for projects inside New Orleans (and none in the devastated Lower Ninth Ward). By contrast, \$1.7 billion (about 29 percent) is going to projects that benefit the state's oil industry.

Great Art!

Artist Noam Braslavsky's life-size sculpture honoring the great Israeli army general and prime minister Ariel Sharon went on display in Tel Aviv in October. However, Braslavsky chose to depict Sharon (who he said is "kind of an open nerve in Israeli society") not in battle nor as a international statesman - but in his hospital bed, where people, the minorities vegans, he has been confined, in a medically induced coma, since suffering a massive stroke in Jan-

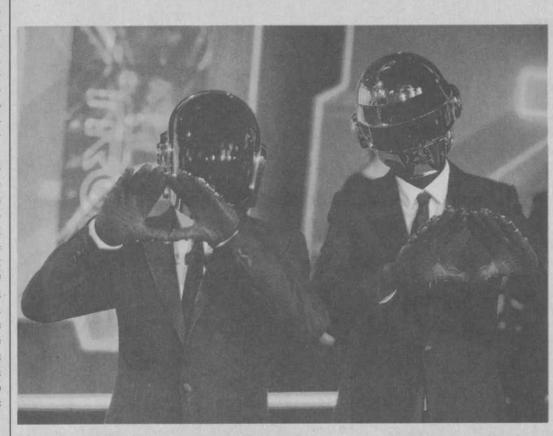
Police Report

Irresistible: In Septemfinancier-whose massive debts ber, Detroit Mayor Dave Bing

AN WHENTER ST.



A new side of Daft Punk:



In a startling departure from the kind of techno-disco-heavy metal mash-ups and bombastic dance music that propelled them into international superstardom, the Grammy-winning French electronica duo, Daft Punk, back-burned what they do best and went on hiatus from a lucrative touring schedule for nearly two years to compose and produce the "Tron: Legacy" soundtrack. The group is pictured attending the world premier of the film in Los Angeles.

Lionel Hahn/Abaca Press



Adds for the week of 1/10 88.7 The Wave



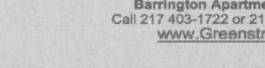
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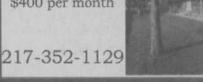
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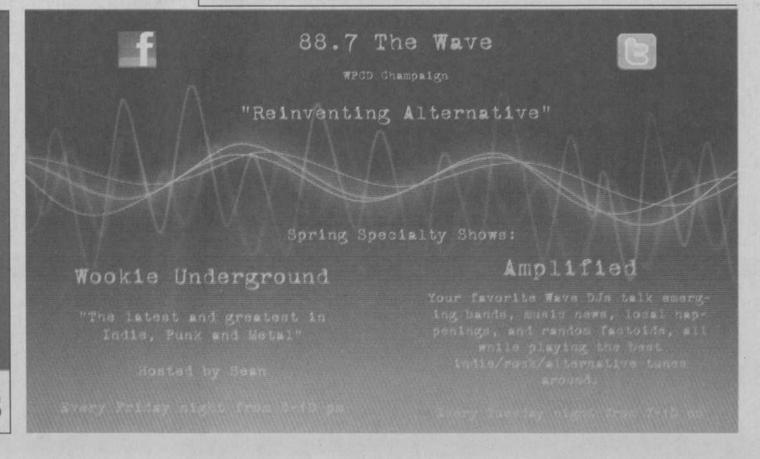
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Experts are now looking beyond coursework

Sarah D. SPARKS Education Week

As federal pressure intensifies to ensure students graduate ready for college and careers, researchers are beginning to go beyond identifying the subject-matter classes students need to succeed after high school and home in on the cognitive and noncognitive skills that also contribute to success.

College and career readiness has become a hot political topic for education under the Obama administration. The president has set a national goal to have the highest proportion of college-educated adults in the world by 2020, and it's one of the four guiding goals of the economic-stimulus package's education grants.

Yet at the same time, research shows an average of two out of five traditional college students and more than half of nontraditional ones will take at least one remedial class, and higher education administrators report incoming students frequently are not equipped to cope with the greater academic, financial and social responsibilities of college and work.

More and more, research shows young people need the same cognitive and social-emotional skills to complete school and progress in the workplace, and, moreover, that those skills can be taught and tested like any other subject in school.

"The problem is college eligibility was what we focused on previously, not readiness; we haven't really defined what 'readiness' means," said Elena Silva, a senior policy analyst with Education Sector, a Washington think tank, at the Building a Better Student research seminar held in Washington last month. "We focused on whether they have the course credits, the time spent ... and that's important, but we haven't figured out if they have what they need to be really collegeready," she said. Students are

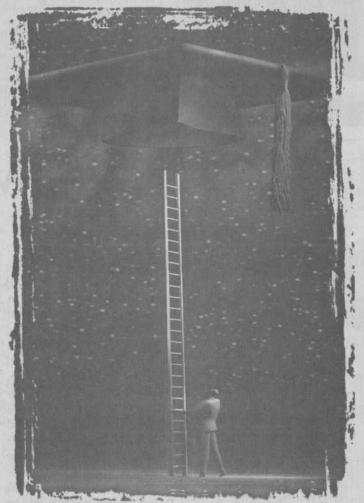
"getting through high school graduation and even then, they're not ready.'

While 43 states, Washington and the U.S. Virgin Islands have adopted the commoncore academic standards as a benchmark for helping students to be considered ready for college or work, research also points to five key noncognitive indicators that a student will need to be able to complete college and become successfully employed, according to Paul R. Sackett, a psychology professor at the University of Minnesota in Minneapolis. He was one of 21 researchers discussing the issue at the seminar, held by the Washingtonbased American Educational Research Association, the Princeton, N.J.-based Educational Testing Service and the New York City-based College Board, which administers the SAT college-entrance exam.

Across education and industry, research by Sackett; Neal Schmitt, a psychology professor at Michigan State University in East Lansing; and others shows the biggest predictor of success is a student's conscientiousness, as measured by such traits as dependability, perseverance through tasks and work ethic. Agreeableness, including teamwork, and emotional stability were the next-best predictors of college achievement, followed by variations on extroversion and openness to new experiences, Sackett found.

"If you take a close look at these commercial tests (given during job interviews), they are compound traits of the top three traits" predicting posthigh school success, he said, and the top three traits are also closely associated with a student's ability to perform well on a task and avoid bad work behavior, such as theft or

Each student's personality is different, of course, Sackett said, but, "we have to differen-



Higher education administrators report incoming students frequently are not equipped to cope with the greater academic, financial and social responsibilities of college and work.

Nease/Detrot Free Press

"You can learn to behave contrary to your disposition," he added. "You can learn to behave in dependable ways. For some people, it's second nature, for others, it's a real struggle."

Either way, he said, schools can teach and measure noncognitive, college-readiness skills just as they do reading or mathematics - and they may be just as important.

Most schools do not teach measure nonacademic readiness indicators directly. though they do pop up through conduct reports, attendance, team-project evaluations and other areas. However, several groups are developing morecomprehensive assessments they hope will help school

dent's academic and socialemotional readiness trajec-

Roger P. Weissberg, a psychology and education professor at the University of Illinois at Chicago and the director of the university's Social and Emotional Research Group, is building "common-core standards for social-emotional learning," while Steve Robbins, the vice president for research at ACT Inc., said the Iowa City, Iowa-based testing company is integrating academic achievement, behavior and career planning into its K-12 programs.

The Baltimore-based Johns Hopkins University Center for the Social Organization of Schools, known for its oft-cited research on early-warning

dropping out of high school, has uses a combination of online started to explore ways to find social networking, transcript similar early-warning signs requests, direct contacts and for students at risk of graduating high school only to drop out later in college, according to Ruth C. Neild, a research scientist at the center.

"There's a possibility of using indicators across systems," Neild said, such as connecting school district data to local college information on a student's course placement, remediation record, credit accumulation in key areas such as language or math, and matriculation for a second semester or year. She pointed as an example to the New York City public school system, which is trying to merge its data with those of the City University of New York.

Just as states move to align their K-12 content standards with higher education requirements, district administrators should similarly align instruction in the noncognitive skills students will need when they are on their own, Weissberg said. For example, K-12 teachers sometimes notice a student struggling academically or emotionally and flag him or her for additional support, but high schools often do not teach students how to identify their own learning needs and find the resources and support they

"There's such a view of rugged individualism: You go to college and you're on your own now. I see a lot of kids become lost and stressed," Weissberg said. "You get to the new setting, and some of the competencies you had don't generalize to the new situation and you need support to help you adapt those competencies to the new situation.'

The two-campus North Lawndale College Preparatory High School in Chicago is trying to help its students adapt through a system of student support and feedback that continues through the first year of

connections to area colleges to monitor how students are performing, direct them to support services and get feedback on how well the school prepared them for college.

"For the alumni counselor, the contact is pretty much daily" with 67 to 80 students each year, said Nicole Howard, the principal of the school's Christiana Campus. The counselor can help students figure out financial aid issues and class-schedule confusion, among other typical problems.

"Sometimes, the supports are there, and the kids just don't know how to get to them, whether it's free tutoring or the writing labs," Howard said. "Sometimes, they just have trouble navigating college culture."

The school also has a separate research team that reviews alumni transcripts and feedback from regular focus groups. The team uses the information to inform the school's teacher professional development and course offerings. As an example, Howard said, "We heard from the students who took (Advanced Placement) courses in senior year how much easier it was for them to take college math and English, so we've made a point to rev up our AP offerings sooner."

The school also backwardmapped college research papers into a four-year series of research projects all students now are required to complete at each grade level.

The school is in the process of conducting a three-year study to determine whether its model is resulting in graduates who are more likely to complete college.

> (c) 2011, Editorial Projects in Education Inc.

Start 2011 the Right Way

RD, LDN

Carle Weight Management

As the holiday season is coming to a close, it is time to start thinking about the annual "New Years Resolutions" which are usually diet related. The gyms are packed with people and diet programs are at full capacity. The problem is that "New Years Resolutions" only last for a few days to a few months. "Healthy eating and healthy behaviors should be a life-long commitment and not a resolution that only lasts a short time" says Kristina Adams, dietitian for Carle Weight Management Center and Illinois Dietetic Association Media Spokesperson.

Adams offers tips for an anti-

resolution start to 2011: Plan meals. This is the

Kristina ADAMS, MS, most important tool in living a healthy lifestyle. It is all about scheduling meals for the week and making sure those groceries and ingredients are in the house. When there are easy meals planned out for the week, there is less temptation to pick up fast food on the way home from work.

Skip the low calorie diets. Many people think that dieting has to involve a very low calorie diet. This can actually slow down metabolism and slow down weight loss. This is also not something that can sustain the body long-term. To find an appropriate calorie level for you, visit www.mypyramid.

Exercise. It is very important to incorporate moderate intensity physical activity into a healthy life. This does not have to require a gym membership either. It is just about calories which is about the

extra steps throughout the day such as taking the dog for a long walk or walking up and down stairs at work during breaks. Small bouts of exercise can add up quickly.

Eat Breakfast. This IS the most important meal of the day. Most people who don't eat breakfast feel as if they can overcompensate calories at lunch or dinner. Eating breakfast also helps boost metabolism and brain function first thing in the morning.

Hydrate with water. Water is a calorie-free beverage that helps with proper cell function and maintaining body temperature. It is better to eat calories and choose low calorie or calorie-free beverages as high calorie beverages don't give the sense of satiety. For example, an eight ounce glass of orange juice is about 110 same amount of calories as 2 medium oranges. The oranges provide more fiber and nutrients with less sugar.

Write it down. Food logs help people become aware of food trends and how many calories are actually consumed in a typical day. Those who are logging are generally more successful with weight loss and weight maintenance long-term.

Eat more fruits and vegetables. Eating more of these low calorie, nutrient-packed foods can help crowd out other higher calorie foods in the diet.

There is no magic pill that can substitute for a healthy eating plan paired with moderate intensity physical activity. The goal is to make small changes and get these changes to develop into a lifestyle, so there is no need for "resolutions" in the years to come.

Wolfram Research co-founder to speak at Parkland

RELATIONS AND MARKETING STAFF

Science author and Wolfram Research COfounder Dr. Theodore Grav present the next "World of Science" lecture at the William M. Staerkel Planetarium at Parkland College. His talk, "The Periodic Table," will be held on Friday, February 4 at 7 p.m. Admission is \$1 at the door with Friends of Planetarium the Staerkel admitted free of charge.

Dmitri Russian chemist Mendeleev invented the periodic table of the elements in 1869. Since then, it has graced the walls of nearly every high school and college science class.

Parkland PUBLIC how did the table come to be, and what does it tell us? Dr. Gray will disthe element table cuss "a visual feast" of information.

> Primary author of the popular website periodictable.com, Dr. Gray is also author of "The Elements" and "Mad Science: Experiments You Can Do at Home-But Probably Shouldn't." He writes "Popular Science" Magazine's "Gray column. Matter" The Champaign area resident also created the iconic photographic periodic table poster seen in schools, ties. museums, and on TV shows from "Myth-Busters" to "Hannah Montana."

Failed banks 534 500 Of the 7,760 banks in the U.S. 157 have failed so far this year 400 and 860 are on the "problem" list. 300 157* 200 140 As of Dec. 17 '90 '00 '05 Savings & loan crisis Source: FDIC © 2010 MCT

lege graduates in a city where two-thirds of people 25 and older don't have college degrees, according to census data.

Since 2006, 56 Kalamazoo Promise graduates have obtained four-year bachelor's degrees and 21 have graduated with associate degrees. The Promise gives students 10 years to complete degrees.

Justin Hamilton, a spokesman for U.S. Education Secretary Arne Duncan, said the Obama administration welcomed the proliferation of Promise-style programs, even if early results were mixed.

"These partnerships are an opportunity," Hamilton said. "We recognize there is a pipeline issue. Not enough kids are graduating ... college- and careerready, so we have to do what we can to make them well-prepared."

(c) 2010, The Hechinger Report

Once Upon a Mattress A musical by Mary Rodgers, Jay Thompson, Dean Fuller and Marshall Barer. Director: Randi Jennifer Collins Hard

Parkland College Theatre Sunday, January 16th, 1-4pm

Audition by appointment or chance (call 217/351-2529 to schedule an appointment or with questions) Please prepare 16 bars of any tune that shows off your voice to its best advantage. We prefer you bring music for plano accompaniment but an "a capella" audition will be permitted. Audition readings can be found at www.parkland.edu/ theatre. All members of the community, Parkland, and U of I students are invited to attend. We encourage diversity.

2400 West Bradley Ave. Champaign, IL 61821 www.parkland.edu/theatre

Letters to the editor and editorial policy

-Views expressed are opinions of the writer and/or contributors and not necessarily that of the Prospectus or Parkland College as a whole.
- All content is subject to review by the editorial staff. - All submissions must follow the Parkland College

code of conduct. All violations of said code of conduct will be turned over to Parkland College administrators and/or Public Safety. - All content, once published, becomes property of the Prospectus. - All submitted content must be original work. - All submissions must be by Parkland students/faculty with correct and

E-mail prospectus@parkland.edu, subject "Letter to the Editor"

Recycling electronics

Old electronics contain lead, mercury, cadmium and other toxic chemicals, making it important to recycle them instead of sending them to landfills.

States with e-waste laws

· U.S. generated an estimated 3 million tons of e-waste in 2007



Breaking it down

Once recycled, the process has just started; two options for recycled e-waste:

Dismanufacturing Manual dismantling of electronics so parts can be reused

Shredding Allows maximum value from the recyclable metals

Graphic: Melina Yingling Source: Electronics Recycling

with a circuit board © 2011 MCT

· Televisions, monitors,

players, lamps, anything

cell phones, music

R.I.

Conn.

Del.

What to

recycle

Q: Does Parkland have a dance team?

A: Yes, Parkland does in fact have a dance team, along with many other competitive and even nationally ranked athletic programs.

The Parkland Dance Team is made up of 14 very dedicated athletes. "We practice during the summer to prepare for a dance camp that we attend every year at the University of Wisconsin in Milwaukee. During the school year the team practices 3 times a week and any extra times that are needed to prepare. We perform at all Men's home basketball games and some of the Women's games as well. The team also competes in the National competition each year, which is held in Orlando Florida at Disney World. In order to finance that trip we do many fundraisers throughout the year including: team posters, little girl's clinics, and private high school Clinics. We have been attending this competition for 4 years and have placed in the top 15 every time. The tryouts for the following year's team are held in April. Skills needed for tryouts include: double and triple pirouette, leaps, center leap, kicks, toe touch, straight legs or fuettes. You will also learn a short jazz and hip hop combo to be performed in small groups," taken from http://www.parkland.edu/athletics/ cheerleading-dance

If interested in the dance team, please contact coach Kelley Englehardt at kenglehardt@parkland.edu

To learn more about Parkland Cobra Athletics, visit http://parkland.edu/ath-

Prospectus advice is a weekly advice column. If you have a question you would like to ask, please E-mail prospectusadvice@gmail.com

The upward mobility gap



Doyle MCMANUS Los Angeles Times

Here's a familiar fact: Economic inequality is rising in the United States. The rich have gotten richer, the poor have stayed poor, and families in the middle have seen their incomes stagnate.

Here's a less-familiar fact: Opportunity in America isn't what it used to be either. Among children born into lowincome households, more than two-thirds grow up to earn a below-average income, and only 6 percent make it all the way up the ladder into the affluent top one-fifth of income earners, according to a study by economists at Washington's Brookings Institution.

We think of America as a land of opportunity, but other countries appear to offer more upward mobility. Children born into poverty in Canada, Britain, Germany or France have a statistically better chance of reaching the top than poor kids do in the United States.

What's gone wrong? Thanks to globalization, the economy is producing high-income jobs for the educated and lowincome jobs for the uneducated - but few middle-income jobs for workers with high school diplomas. Thanks to the decline of public schools, it's harder for poor kids to get a good education. And Harvard sociologist Robert Putnam and poor has declined, choking off another historical upward path for the underprivileged.

"We're becoming two societies, two Americas," Putnam told me recently. "There's a deepening class divide that shows up in many places. It's not just a matter of income. Education is becoming the key discriminant in American life. Family structure is part of it

Increasingly, college-educated Americans live in a different country from those who never made it out of high school. As a group, adults with college degrees have an unemployment rate of 5 percent,

steady or rising incomes, relatively stable families (their divorce rate declined over the last 10 years) and few childrenout of wedlock. Adults without a high school education, by contrast, face an unemployment rate over 15 percent, declining incomes, a higher divorce rate and have lots of kids out of wedlock. (Among black women who didn't finish high school, 96 percent of childbirths are outside marriage; among white women who didn't finish high school, 43 percent.)

And those mutually reinforcing conditions tend to stick from generation to generation. That's nice for affluent kids but a bad break for the underprivileged.

"Success in life increasingly depends on how smart you were in choosing your parents," Putnam said. "And that flies in the face of the fundamental American bargain - that every kid ought to have access to the same opportunities."

Can anything improve this troubling picture? Actually, yes. If we focus on increasing opportunity for the poor, there's plenty that can be done - beginning with education.

Brookings economists Ron Haskins and Isabel Sawhill studied the noneconomic components of poverty and came up with a rule. "If young people do three things - graduate from high school, get a job, and get married and wait until they're argues that thanks partly to the 21 before having a baby - they rise of two-income households, have an almost 75 percent intermarriage between rich chance of making it into the middle class," Haskins said.

> Think of it as a stool with three legs: jobs, family and education. Government programs can help strengthen all

> But the availability of jobs now depends mostly on the pace of economic recovery; the Obama administration's already done most of what it can on that score. Government promotion of stable families is an elusive goal; President George W. Bush funded programs like "marriage education" to encourage lowincome couples to marry, but it's hard to measure the results. (The one clear success

story, Sawhill noted, has been a marked decline in teenage pregnancy, thanks to government-supported efforts in education and contraception; but 82 percent of teen pregnancies are still unplanned, so there's still more to be done.)

That leaves education, which is the most promising ground for government action, in part because most Americans agree that fixing public education is the government's responsibility. Haskins and Sawhill say there's still plenty that can be done to increase access to higher education for low-income kids, including relatively easy things such as simplifying the application for college financial aid, which is an intimidating 127 questions

But perhaps the most important thing the federal government can do to promote opportunity, they say, is to expand its current efforts to improve public schools. The focus, Haskins said, should be on giving lowincome students "more order, more work and more recognition for achievement."

Education reform is already a bipartisan goal. Republicans support it as well as Democrats - incoming House Speaker John A. Boehner, R-Ohio, as well as President Obama. They will probably disagree over how much to spend and over how much federal direction to give state and local authorities. But overcoming those differences is a worthy challenge for this new year.

Most Americans accept inequality in the economy as long as the ladder of opportunity is accessible to anyone who wants to work hard. The best way for America to reclaim its self-image as a land of opportunity is to ensure that every kid has access to a decent education - now more than ever the first step onto the ladder. That's why bipartisan education reform isn't just about fixing schools; it's about repairing the fabric of American society.

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chance to wake up and escape.

mals can easily lose their scent

in winter months, especially

when snow covers the ground.

So keep your dog on a leash

when you're in an unfamiliar

area. Also, make sure his ID

tags are up to date as more pets

are lost during the winter than

Cats and dogs are attracted to

the sweet smell and taste of

antifreeze, and will often sam-

ple it if they find a puddle on

the sidewalk or garage floor.

Unfortunately, regular anti-

freeze, or ethylene glycol, is

highly toxic to pets. Be sure to

thoroughly clean up any spills

from your vehicle, and con-

sider using a brand made from

- Wipe 'em down. Ice-melt-

ing chemicals can irritate and

and can cause serious illness if

swallowed (or licked). Be sure

wipe down her belly, legs, and

paws to remove these chemi-

cals if she's spent any time out-

- Break the ice. Sure you may

have filled up your pet's water

bowl in the morning, but did

it turn in to a block of ice by

lunch? Check your pet's water

propylene glycol instead.

Here are some more tips for burn the pads of your pet's feet

Change your antifreeze.

during any other season.

- Keep 'em leashed. Ani-

* Outstanding

The Fighter

Gulliver's Travels How Do You Know

The King's Speech

Love and Other Drugs

Jenn SAVEDGE

As the temperatures plunge,

I do a bunch of things around

the house to help my family

adjust to the cooler temps -

dig out sweaters and mittens,

close the attic vents, and bulk

up on soups and hot chocolate

for snow days. It's a heck of a

lot easier to ride out the cold

when you have warm clothes, a

warm house, and a warm belly.

11-year-old black lab/mastiff

mix puppy gets special care

in the winter months, too. For

starters, we keep him inside

a lot more (he graces the out-

doors to pee and bark at the

mail lady) and we bring his

water dish indoors to make

keeping pets safe and healthy

- Watch the temp. It is easy

to think that their fur coats will

keep pets warm in the winter,

but in reality, pets get cold out-

side just as easily as we do. If

your pet is sensitive to cold,

keep him inside. The Sacra-

mento SPCA recommends that

short-haired dogs, cats and

can, sometimes snuggling up

to your car's engine to soak up

a little warmth. Make it a practice to slap the hood of your car

before starting it to give them a

sure it doesn't freeze.

all winter long:

But what about my pets? My

(mnn.com)

Mother Nature Network

Winter health

tips for pets

Little Fockers

True Grit

Worthy effort ₩ So-so A bomb Black Swan

HAIII AS

Engineer's products bring online radio to home and auto

Mark W. SMITH Detroit Free Press

Facebook's Mark Zuckerberg had a Harvard dorm room.

Apple's Steve Jobs had a garage.

Livio Radio's Jake Sigal had a guest bedroom.

Having just left his job as a satellite radio project manager at auto supplier Delphi, Sigal stepped out on his own with a lofty goal: changing how the world listens to music.

Living off his wife's income, Sigal toiled for months in that guest bedroom - the incubator for a company now finding a foothold on the national stage.

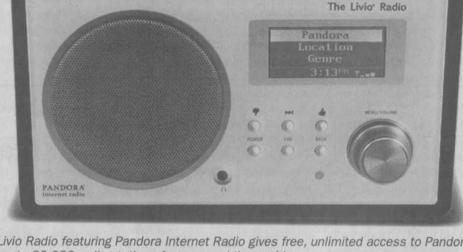
Just three years later, the 29-year-old Ohio native has built an Internet radio software and hardware maker whose customer list has ballooned to include Target, Sears, Costco, Amazon.com and home-shopping big-leaguers OVC and HSN.

Now Sigal is set to feature his firm's work at the International Consumer Electronics Show - the world's largest consumer technology trade show in Las Vegas on Friday, showing off the latest Livio Radio products.

Livio produces devices that tap into your home Internet and allow you to listen to free Internet radio stations from around the world. It's content you can get for free elsewhere, but his boxes make it easier for the average consumer to simply turn on and press "Play."

Economic conditions here in the Rust Belt proved an important catalyst for Livio, which was able to attract engineering talent in the early days at a fraction of the cost - all Sigal's start-up budget allowed.

After college at Ohio University, Sigal made a name for for a CD player or computer.



The Livio Radio featuring Pandora Internet Radio gives free, unlimited access to Pandora, plus access to 20,000 radio stations from around the world.

(Livio/MCT)

Motor City in 2006 to work on Delphi's satellite radio team, Sigal could feel the tectonic rumblings that were set to change how we consume

Much as we had moved on from vinyl, 8-tracks, cassettes, CD players and filled our iPods with MP3s, Sigal saw what many did not: Internet radio was primed to change every-

According to the most recent data available from Nielsen, single-track music download sales were flat in the first half of 2009 - a stunning change for an industry that had seen steady increases each year since music download services like Apple's iTunes hit their stride.

Sigal, though, had prepared

"In the next few years, there will be no reason to pay for music," Sigal says. "There are great music services ... that give you any song you want right now, so why would you ever need to pay to own that song?"

The complete lineup of products from Livio-which employs 15 people in a 1,300-square-foot building on Hilton - includes Internet radio solutions for the home, car and smartphone.

The firm's marquee hardware products are two at-home stereo boxes - one branded as an NPR streaming radio, the other for the popular music streaming service Pandora. Both boxes do basically the same thing: connect to your home Internet network and play Web-based radio stations. Both retail for \$200.

For the car and elsewhere, the firm makes a free iPhone app that gives listeners mobile access to 300 live Internet radio stations from around the world. For a one-time \$5 charge, users can increase that number to 45,000 stations.

An Android app is to be announced this week at CES,

transmitter that allows users to record hours of radio programming for playback on the go. The small device plugs into your car's cigarette lighter.

Livio has landed a couple of coveted reviews from top technology site CNet, which has given ratings of "very good" to both the NPR and Pandora

Jeff Bakalar, CNet associate editor, reviewed the NPR radio, citing its clean design but also the merely average

sound quality from the unit's single speaker.

"Anyone who is an NPR fan, this is obviously the best thing ever made for them," Bakalar

Livio was buoyed this fall by backing from the InvestMichigan! Growth Capital Fund, which is designed to support promising Michigan companies by using money from the state's public pension funds.

That backing has cemented Livio's presence here in metro Detroit, says Sigal.

The firm's proximity to the Detroit Three automakers and suppliers have also helped it focus on the automotive indus-

"The car is the last frontier This fall, Livio launched the that Internet radio has yet to conquer," says Jeff Bocan, managing director for Beringea, a Farmington Hills-based venture capital firm that manages InvestMichigan! and a Livio board member.

> Sigal is countering the perception of a Michigan brain

"You can make stuff happen here," Sigal says.

"That's really what we're all

(c) 2011, Detroit Free Press.

himself by inventing the first puppies be kept indoors when bowl frequently and break the ice if necessary to make sure the temperature dips below 40 all-in-one turntable to turn he has access to clean, fresh degrees Fahrenheit; all other vinyl records into digital files pets should come in when temps fall below 20 degrees - Make sure your pet has a Shortly after he came to the warm place to rest, whether Fahrenheit. - Slap the hood. Cats and she stays indoors or out, as well as plenty of fresh water. What you need to know about other critters seek refuge from winter winds wherever they That will go a long way towards

keeping her safe, healthy and

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Network.

happy all winter long.

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The Signs and Symptoms of Mono

The signs and symptoms of mono are:

- · Fever and chills
- · Sore throat and/or swollen tonsils. The throat may be very red with white spots or pus on the tonsils
- · Swollen and tender lymph nodes, particularly in the neck
- Severe fatigue
- Headache
- · Enlarged spleen (Check for swelling or tenderness beneath the left rib cage.)
 - · Skin rash

RN, BS, CPHQ

Epstein-Barr Virus (EBV) is one of the most common human viruses. It belongs to the group of herpes viruses, including those that cause cold sores. When an infection with EBV occurs in adolescents or young adults, it can cause infectious mononucleosis, or "mono."

While some cases of mono knock students out for a whole semester, most symptoms should subside after two weeks or so, but you can expect your energy level to remain quite low for a while.

Protect Yourself

Unlike other viruses transmitted through the air or contact with blood, the transmission of EBV occurs through contact with saliva or mucusthrough kissing, coughing, sneezing, or sharing drinking glasses or utensils. It's no surprise that mono has often been referred to as the "kissing disease."

As with most infections, you can protect yourself best with frequent hand washing, not sharing drinking glasses, and staying away from others who are sick. If you become ill with mono, you should avoid exposing others to your saliva or mucus until your symptoms are gone. Some people may remain contagious for as long as 18 months.

Mono/Epstein-Barr Virus

Know the Treatment

As with most viral illnesses, the virus will run its course. Medications are given to relieve symptoms, including acetaminophen or ibuprofen to reduce fever and possibly corticosteroids to alleviate severe swelling of your throat and tonsils. If there is a secondary bacterial infection such as strep, you may be treated with anti-

Student Health 101 is an online health and wellness magazine - find the latest issue online, and Enter2Win \$1,000 cash, at http://readsh101.com/ parkland

How to Take Care of Yourself If You **Get Mono**

Follow these self-care measures to help yourself feel better during your recovery from

- · Gargle with salt water (1 teaspoon dissolved in a glass of warm water).
- · Get plenty of rest (at least eight hours per night) and more if you need to.
- · Refrain from any kind of vigorous activity, including sports activity. (This is because of the effect upon your lymph system, including your spleen.)
- · Drink plenty of fluids to prevent dehydration.



Parkland College Relations Officer Matthew Kopmann



Welcome back to Parkland College as we start a new semester and year. Many of you are returning students, but for the new students I want to give a brief overview of the Parkland College Police Department. The department consists of 14 full-time sworn police officers, including the Chief of Police, three security patrol officers, one Associate Director, four full-time telecommunication officers, and four part time dispatchers.

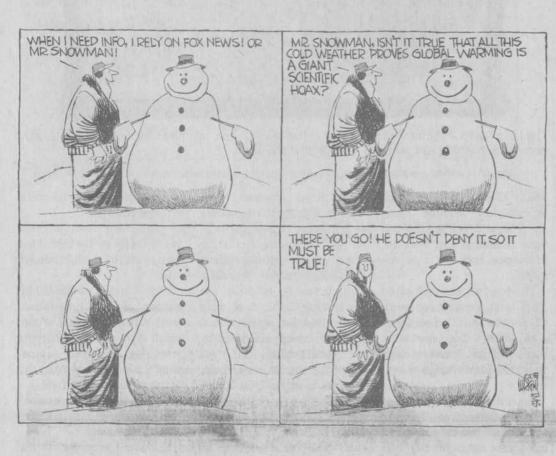
The Police Department responds to all on campus emergencies and crimes in progress. Each police officer is certified as an EMT-Basic. We provide vehicle assistance such as jump starts, lockout service, and escorts free of charge.

While on campus if you need assistance from the Police Department contact us by:

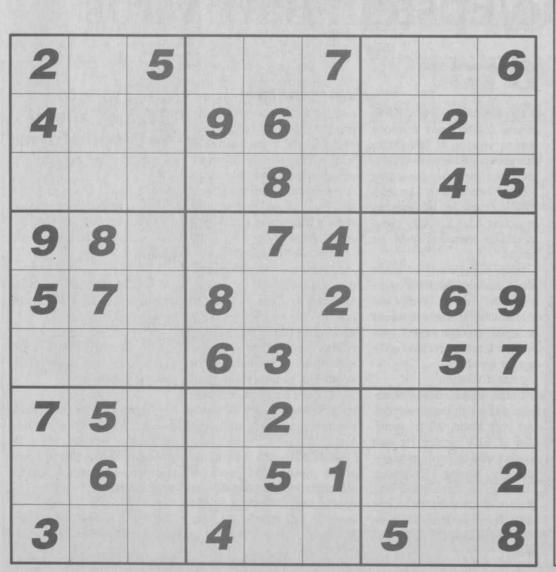
- Using the emergency call boxes located throughout campus
 - Dialing 2369 from a house phone
 - Dialing 911 on staff/faculty phone - Dialing (217) 351-2369



"Yeah, he's a great kid - bit of a 'close talker' though."

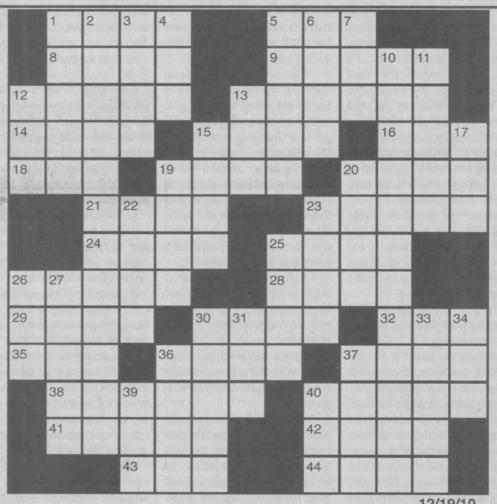






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ACROSS 1 "NYPD

- 5 Rob Morrow's role on "Numb3rs"
- 8 "Jane __"; Anna Paquin film based on a Charlotte Brontë novel
- 9 Straighten
- 12 Pal of Bert on "Sesame Street"
- 13 "The Marriage of __"; sequel to "The Barber of Seville"
- 14 The Bee __; soft rock trio of past decades
- 15 Jazz singer __ Fitzgerald 16 Long, long time
- 18 Baseball's Mel
- 19 Actor and teen idol ___ Donahue 20 Daly of "Cagney & Lacey"
- 21 "The A-__
- 23 Change one's alarm clock
- 24 Poet __ St. Vincent Millay 25 Silent film actress Theda _
- 26 Foundation
- 28 Destroy
- 29 "The Amazing
- 30 Actor __ Reiser 32 Pacino and Roker

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- 35 Football coach __ Parseghian 36 Homer Simpson's boy
- 37 Mailmen's beats: abbr.
 38 "Get __"; Kirsten Dunst/Ben
 Foster movie
- 40 Daniel or Pat
- 41 Actor Lloyd
- 42 Actress __ Samms
 43 Marcus Welby and Doogie
- Howser: abbr.
- 44 "Happy __'

DOWN

- Soft French cap 2 "Desperate Housewives" role
- 3 Author Leon
- 4 Wide shoe width
- 5 "The __ Show with Jon Stewart"
- 6 Olympic gymnast __ Korbut 7 Actress _ Peeples
- 10 Medical drama series
- 11 Peter __ of Herman's Hermits 12 Sense of self-esteem
- 13 "Alice" spin-off
- 15 Columnist __ Bombeck
- 17 Tennis court divider
- 19 Sunbathes
- 20 Garr or Hatcher
- 22 Falco of "The Sopranos"
- 23 Actor __ Julia 25 Very dry, as champagne
- 26 Victoria's Secret purchase 27 Tori Spelling's film-producing
- father 30 "Growing _
- 31 Mr. Linkletter
- 33 Namesakes of singer Horne
- 34 NNW plus 180°
- 36 Actor __ Garrett
- 37 Downey of "Touched by an Angel"
- 39 "A Nightmare on __ Street";
- Johnny Depp movie 40 Flower plot

Cobra athletics on the web:



www.parkland.edu/athletics

510118

CobraSportsNet to begin Cobra Men fall airing live webcasts



Prospectus NEWS

CobraSportsNet, the voice of Parkland Cobra sports will begin live webcasting on February 1, according to Steve Brown, project director. The web site (www.CobraSports. Net) began podcasting on January 6, 2010, and has received more than 11,400 hits in the first year.

"Our first year was a very good one for us and we met or exceeded all of our goals, but the next year is the one that will test us. Live streaming field production adds yet another level of responsibility and technology, but we're confident that this is the right move at the right time," said Brown. "Our entire project is dedicated to students, especially the student athletes who ing that the audience has pre-

work so hard to represent the institution. We know from the comments received that their families and friends will especially welcome this newest initiative."

The CobraSportsNet project is the lab and public service component of the COM 150 course, Sports Broadcasting. Students learn play-by-play announcing techniques as well as the other skills required to produce and direct sports event programming. The course is currently offered for Spring, and there are opportunities to enroll, even into the third week of the course.

The COM 150 course is part of the Mass Communication program at Parkland College.

The addition of live streaming will not end the podcastviously experienced.

"We are not taking away anything, but instead we are adding yet another way to enjoy the high-quality excitement of Parkland Cobra sports at the moment it happens. Those who miss the live feed will continue to have the podcasts to enjoy as before," added Brown.

The target date means that the webcasters will produce the latter games of the basketball schedule and all of the baseball and softball seasons. By the end of the current spring semester, the production team will have generated more than 240 game productions and features in the first 18 months of operation.

Key to the development of CobraSportsNet have been producer Brian Schutte, a parttime instructor in Mass Com-

munication, and Kevin Coogan, technical advisor for CobraSportsNet and Chief engineer of WPCD, the Parkland College radio station. Schutte has been the producer or supervisor for roughly half of the broadcasts aired thus far, while Coogan created the interconnection processes that put the audio stream onto the Internet.

Brown indicated that there might be one or two live broadcasts aired before the February first target date for testing purposes, and that any details of these tests will be posted on the CobraSportsNet web site. Be sure to visit the CobraSportsNet site for the latest Cobra games and news at www.cobrasports.net

to # 10 Kankakee



Rod LOVETT Athletic Director

It was a tale of two halves for the Parkland Men's basketball team as they opened the second half of the season last Thursday night as they fell 83-58 in a rematch against undefeated #10 ranked Kankakee CC. The Cobras came out ready to play and saw an early first half lead slowly turn into a 7 point deficit at halftime. Both teams experienced a scoring slump as Parkland fell behind by as many as 12 points before holding the Cavaliers scoreless the last 5:45 of the first half, finishing with a 33-27 score. It wouldn't take long into the second half before Kankakee pulled away and never looked back. Defensive pressure and dribble penetration lead to

high percentage shots for the home team and the Cobras had no answers. A pair of freshmen lead the scoring column for Parkland. Anthony "Marcus" Lewis finished with a team high 13 points while Jamel Johnson added 12. The Cavaliers saw even scoring across the board and a game high 18 points from DeAngelo Hailey.

The Cobras (8-7) will use take off in their conference opener this Wednesday, January 12th when they host Lincoln Land at a 7:30pm start following the Lady Cobras at 5:30pm

> Comment on this story and more @

www.prospectusnews.com

PC WBB knock off Millikin



Rod LOVETT Athletic Director

The Parkland Women's basketball team began 2011 in style as they defeated the Millikin JV last Wednesday night at Parkland, by the score of 62-35. Parkland used solid defense and rebounding (PC contest

Traci Osby and Brittney Burgess led the way with 12 points apiece, and each snagged 8 rebounds on the night. April Barnett just missed a double double with 10 points and 9 boards while Amanda Boyd sparked the Cobras with 8 points and 4 rebounds.

The Cobras, now 14-2 and won the battle of the boards ranked #7 in the NJCAA D-2 49-23) to take a 32-13 halftime poll, begin a tough stretch of lead and cruised to the win as conference games following a all the Cobras saw action in the trip to Lewis and Clark last Saturday in a contest in Godfrey.



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Monday, January 3, 10, 17, 24, 31

12 AM - Classic Arts Showcase 6 AM - NASATV 8 AM – Journal 8:30 AM - Euromaxx 9 AM - Classic Arts Showcase 10 AM - Parkland Report 10:30 APM – Learning to Grow 11 AM - Cobra Corner 11:30 AM – Interlocution 12 PM - Journal 12:30 PM - Discover Germany 1 PM - Classic Arts Showcase 2 PM - NASA TV 5 PM - Classic Arts Showcase 6 PM – Journal 6:30 PM – In Focus 7 PM - Parkland Report 7:30 PM - Learning to Grow 8 PM - Cobra Corner 8:30 PM – Interlocution 9 PM - NASA-TV 10 PM – Journal 10:30 PM - Euromaxx

11 PM - NASATV

Tuesday, January 4, 11,

18, 25 12 AM - Classic Arts Showcase 6 AM - NASA TV 8 AM - Journal 8:30 AM - Euromaxx 9 AM - Classic Arts Showcase 10 AM - For Arts Sake 10:30 AM – Surrounded Your Pantry

by Science 11 AM - Threads 11:30 AM – What's in 12 PM – Journal 12:30 PM - Kick Off 1 PM - Classic Arts Showcase 2 PM - NASA TV 5 PM - Classic Arts Showcase 6 PM – Journal 6:30 PM - In Focus 7 PM – For Arts Sake 7:30 PM - Surrounded by Science 8 PM – Threads 8:30 PM – What's in Your Pantry 9 PM - NASA-TV 10 PM - Journal

10:30 PM - Euromaxx

11 PM - NASATV

Wednesday, January 5, 12, 19, 26

12 AM - Classic Arts Showcase 6 AM - NASATV 8 AM - Journal 8:30 AM - Euromaxx 9 AM – Classic Arts Showcase 10 AM – Parkland Report 10:30 APM – Learning to Grow 11 AM - Cobra Corner 11:30 AM – Interlocution 12 PM - Journal 12:30 PM - Discover Germany 1 PM - Classic Arts Showcase 2 PM - NASA TV 5 PM - Classic Arts Showcase 6 PM – Journal

12 AM - Classic Arts Showcase 6 AM - NASA TV 8 AM – Journal 8:30 AM - Euromaxx 9 AM - Classic Arts Showcase 10 AM - For Arts Sake by Science 11 AM - Threads Cooking 12 PM - Journal 12:30 PM - Kick Off 1 PM - Classic Arts Showcase 2 PM - NASA TV 5 PM - Classic Arts

6:30 PM - In Focus 7 PM – Parkland Report 7:30 PM - Learning to 8 PM – Cobra Corner 8:30 PM - Interlocution 9 PM - NASA-TV 10:30 PM - Euromaxx 10 PM - Journal

Thursday, January 6, 13, Friday, January 7, 14, 20, 27 21, 28

10:30 AM - Surrounded 11:30 AM - Look Who's Showcase 6 PM - Journal 6:30 PM - In Focus 7 PM – For Arts Sake 7:30 PM - Surrounded by Science 8 PM - Threads 8:30 PM - Look Who's Cooking

10:30 PM - Euromaxx

11 PM - NASATV

12 AM - Classic Arts Showcase 6 AM - NASA TV 8 AM - Journal 8:30 AM - Euromaxx 9 AM – Classic Arts Showcase 10 AM - Battle of the Bands - Results 11 AM – Learning to Grow 11:30 AM - Agriculture Forum 12 PM - Journal 12:30 PM - In Good Shape 1 PM – Classic Arts Showcase 2 PM - NASATV 5 PM – Classic Arts Showcase 6 PM - Journal 6:30 PM - In Focus 7 PM - Battle of the Bands - Results 8 PM – Learning to Grow 8:30 PM - Agriculture Forum 9 PM - NASA-TV 10 PM – Journal

Saturday, January 1, 8, 15, 22, 29

12 AM - Classic Arts Showcase 6 AM - NASA TV 8 AM - Journal 8:30 AM - Euromaxx 9 AM - Classic Arts Showcase 10 AM - Parkland Report 10:30 AM - Threads 11AM - Battle of the Bands - Results Show 12 PM - Journal 12:30 PM - People and **Politics** 1 PM - Classic Arts Showcase 6 PM - Journal 6:30 PM – In Focus 7 PM – Parkland Report 7:30 PM - Threads 8 PM - Battle of the Bands-Results Show 9 PM - NASA-TV 10 PM - Journal 10:30 PM - Euromaxx 11 PM - NASATV

www.prospectusnews.com

Grow

9 PM - NASA-TV

11 PM - NASA TV

10 PM – Journal



News Entertainment **Features** Opinion Sports

Sunday, January 2, 9, 16, 23, 30

10:30 PM - Euromaxx

11 PM - NASA TV

12 AM - Classic Arts Showcase 6 AM - NASA TV 8 AM - Journal 8:30 AM - Euromaxx 9 AM - Classic Arts Showcase 10 AM - Battle of the Bands - Results 11 AM – Interlocution 11:30 AM - Agriculture Forum 12 PM - Journal

Sunday, January 2, 9, 16, 23, 30 (cont.)

12:30 PM - Kino 1 PM - Classic Arts Showcase 6 PM - Journal 6:30 PM - In Focus 7 PM - Battle of the Bands - Results 8 PM - Interlocution 8:30 PM - Agriculture Forum 9 PM - NASA-TV 10 PM - Journal 10:30 PM - Euromaxx 11 PM - NASATV



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