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# Tips for getting through final exams



Photo by JoJo Rhinehart/Prospectus News

Mass Communications major Austin Duncan prepares for his finals by reviewing his notes on Tuesday, Dec. 2, 2013.

**PN** **Brittany Rhed**  
Staff Writer

Many students are either stressed or unprepared as final exams approach because, often times, they don't know how to prepare for them. Parkland College provides resources that students can utilize that provide assistance in studying as well as tips on making the whole process easier and less stressful.

Two notable resources that are available at Parkland are the Center of Academic Success and the Student Wellness Center.

The Student Wellness Center, located in X-240, is a great resource for someone who is getting stressed out as final exams approach because it is intended to help students de-stress and makes students

feel better about the upcoming exams.

According to Wellness Center coordinator June Burch, time-management and stress-management assistance is provided at the center, which is something that many students have trouble with.

"Students are encouraged to make appointments, though walk-ins are welcomed, for a free ten minute chair massage in the Student Wellness Center, usually the week of and the week before final exams," Burch said.

Although being stressed out the weeks before final exams is fairly common, it turns out that not knowing how to study is another major problem among college students.

The Center for Academic Success or CAS, located in D-120, not only helps out with

this issue, but is accessible to all students who need or want help and also offers a variety of other services.

Evelyn Brown, an Academic Development Specialist for CAS, explained that CAS meets the needs most students have in their academics.

"The Center for Academic Success provides various types of tutoring and helps get rid of test anxiety by practicing test taking skills, showing students how to relax, and assisting them when it comes to learning how to study for tests," Brown said.

After conducting a random sample poll of people from the student body, it was clear that there are four major study tips that students should know to better prepare themselves for taking final exams.

The number one tip,

as determined by one-third of the participants, is "don't wait until the last minute." Procrastination is a monumental problem with college students, especially around the holidays.

In order to solve this problem, it would be best to make a study group with reliable people, so you wouldn't all end up procrastinating together.

General education student Elisabeth Tricou suggested that students could make a study guide to help classmates review, a strategy that would be especially helpful for students that are known to dose off or become distracted during lessons.

People who cannot teach others about a topic have not fully learned the topic themselves. This is important

because it tests your knowledge of a given topic.

If the person does not understand you, then chances are, you don't really know the material well enough.

Business Administration major Jake Rudisill, noted that students should get plenty of sleep and try not to stress out, and Music Education major Adam Green stated that students should simply read over their study guides and re-read assigned chapters in their textbooks.

No matter what the issue is, Parkland students and faculty are available to help other students if they need it during the school year and especially during final exams week.

For more information on the academic services provided by Parkland College, visit [www.parkland.edu/resources](http://www.parkland.edu/resources).

# Texting at stoplight an accident waiting to happen

**Jon Hilkevitch and  
Lauren Zumbach**  
Chicago Tribune

CHICAGO - The light had turned green, but the driver preparing to turn left from Dearborn Street onto Upper Wacker Drive sat there for four seconds until a chorus of honks behind her jolted her away from looking at her phone.

This scene and others like it involving drivers who look at their phones while stopped in traffic are becoming increasingly familiar across the nation. And, according to transportation experts, police officers and researchers, the distracted driving is snarling traffic and causing many crashes, some of them likely deadly.

Illinois bans using phones in traffic in many cases and will

crack down on it even more next year.

"If your foot is on the brake pedal, and you are texting, it is a violation" punishable by a fine ranging from \$90 to \$500 in Chicago, Chicago police Lt. Steve Sesso said. "I've seen people texting and putting their makeup on while stopped. There are all sorts of scenarios that you can find."

Traffic flow disruption occurs when fewer vehicles make it through intersections during each green light, according to police officers who say they often observe more eyes at intersections pointed down than on the road.

Texting while stopped can also spark road rage in drivers delayed by the texting motorists and can lead texting motorists to pull jackrabbit starts and other erratic maneuvers once they snap out

of their reverie, according to Fred Mannering, associate director for research at Purdue University's Center for Road Safety.

Put another way, it takes 4.6 seconds on average to read or send a text while behind the wheel, according to the National Highway Traffic Safety Administration. So in less time than it takes to type "AYTMTB" (shorthand for "And you're telling me this because"), any one of thousands of "smart" signals in Chicago and the suburbs that react to vehicle volume can change from red to green.

And a slow reaction by a texting driver to start moving - whether the vehicle is first in line or farther back - can mislead these traffic signals into thinking that vehicles on one street have cleared out and it's time to switch the



TSgt Samuel Bendet/USAF/MCT

signal to allow cross-traffic to move, said Mannering, a civil engineering professor who studies driver behavior and the cause and effect of traffic accidents.

"If there is as little as a two-second delay between cars, fewer cars make it through

on a shortened green phase," Mannering said. "The traffic signals become what we call 'gapped out,' because the detectors in the pavement think the queue has ended and no more traffic needs to get

See TEXT on P. 5

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## Fact or Fiction?

Going outside in the winter with wet hair will  
give you a cold.

(Find the answer on page 5)

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# News

## Transfer tips for students

**PN** Amber Simmons  
Staff Writer

The transfer process to a four-year university can be tricky for some students. From filling out applications to getting your final transcripts sent to a university, some students find themselves out of time before they even know it.

"You just have to make sure you get everything your college is asking for. Make sure you get everything turned in by their deadlines, sooner than their deadlines would be better just in case you did it incorrectly," Parkland alumna Amanda Beals said.

Students should always keep in mind the application deadline for the materials that are required with a college application. This includes high school and college transcripts, admissions test (if required), SAT and ACT scores, letters of recommendation and the application itself.

According to the Eastern Illinois University website, students should apply nine to 12 months prior to the expected enrollment date.

The website also states that students should start the search for residential housing six months prior to their enrollment.

According to collegeboard.org, one of the first things a student should do when



Illustration by Burke Stanion/Prospectus News

thinking about transferring from a community college to a four-year university is to make sure that their credits will transfer.

This will not only save students time but will save money as well.

While taking classes at a community college, students should try to plan ahead.

Collegeboard.org encourages students to use the resources that are available to help them transfer.

This includes getting in touch with counselors and admissions advisors at the university students plan on transferring to and researching the university website. Collegeboard.org

recommends using the "Common Application," which is an application that is used by more than 525 colleges. With this application, students are able to fill out the application once and submit it to each college they are applying for.

Collegeboard.org also provides a college checklist for students who are in the

transfer process. The first thing students should do is get the college applications submitted, which includes the Common Application and the Supplemental Application if the university requires it.

According to Peterson's Staff in an article titled "Letter of Recommendation: How to Ask for It," it is ideal to approach

the professor a few months in advance to ask for a letter of recommendation.

This is best done face-to-face and not through email or phone. It makes the request more personal and shows the professor just how important their letter is for your application.

When you have your recommender, according to Peterson's Staff, you want to provide all of the necessary materials for the professor to submit the letter. Provide them with an envelope with the correct address of the university and already stamped and ready to be sent.

After the letter has been sent, students should send a "Thank you note" to the professor for writing the recommendation.

"Make sure you keep in touch with the college. Things change and you could be missing parts to the application and not know," Beals said.

Another thing to keep in mind during the transfer process is to use the resources provided by the school including counselors and advisors at Parkland and admissions advisors at the university you plan to transfer to.

More tips and information about the transfer process to a university can be found on collegeboard.org.

## Tips to earn extra money for the holidays

**PN** Mace Mackiewicz  
Staff Writer

During the holiday season college students may find themselves a little strapped for cash. There are many ways individuals can make some extra money to buy gifts for the holidays as well as just have a little bit of extra cash for themselves.

Those with old college books, video games, movies or electronics can choose to sell their items in person or online, which is a quick and easy way to get a little extra spending money.

Amazon.com provides sellers a convenient way to get rid of their extra things. The form for almost all items lets the seller have the option to ship their things to Amazon for a certain amount of money on an Amazon gift card.

While this particular method doesn't give back hard money, and sometimes it doesn't give much for the gift card at all, at the very least it's almost guaranteed to get some money back for any item one could possibly want to sell.

Another way to gain some cash by selling things over the internet is through eBay. Anyone can get on eBay and sell almost anything.

On Tuesday, Dec. 10, 2013 students can visit Parkland's bookstore and sell back their college books for cash.

"It's one of those things I look forward to at the end of the semester besides just the winter and summer breaks. While I don't get as much as I paid for the books back it's always cash that's put back in my pocket," Wright explained. If the bookstore won't buy a particular

book back students can go to websites such as Valorebooks.com or Textbookrush.com to sell them online.

Websites will have a listed price for how much they'll buy the books for and can earn someone a hefty chunk of cash.

There are also plenty of local places for people to sell their movies, games and music to in the Champaign-Urbana area.

One local place is Exile on Mainstreet, a store that has plenty of pre-owned media and also buys used media.

A newer location on Prospect Street called "Disc Replay" buys and sells many things, including electronics. There are also pawn shops in Champaign-Urbana that will buy just about anything.

For video games specifically there are three local GameStops to buy, sell and trade games. While they don't give much cash back it can be worth getting the credit towards new games or a new system if that's what someone is shopping for during the holidays.

"While I am not particularly fond of GameStop for the longest time they were my only options to trade in games. It sucks though because when I traded in relatively new games I seemed to get so little back," Radiology major Stuard Green explained of his experience with the store.

Although GameStop might not be able to buy games for very much, many students still use the store to sell their stuff.

"I personally love the store. When I trade in my games for money the staff is usually really kind and helps me choose what games I

want to buy with the credit. I don't mind if I don't get much back, that just comes with the territory of selling something used," Mass Communications major Kylie Grant said.

Students might also consider visiting stores such as Bestbuy and Wal-Mart, which have also gotten into the market of buying back and selling used games.

Asking friends if they would like to buy or sell items is another way to get extra cash and also barter for "new" stuff. Social networking sites such as Facebook are a great place to post pictures of items one might be looking to sell.

When it comes to actually selling these items it's generally a good idea to see what each location offers and compare it to other stores. Some might even price-match if you give them proof of what the other place was offering.

Although the holidays might cause a lot of stress for college students that are low on cash, there are ways to make money and get rid of clutter in the process.

Try going through your closet and emptying out the clothes or shoes that you no longer wear,



Illustration by Tim Lee/The News & Observer

and collect all your old and unused items from around your apartment or house. Even if you don't end up being able to sell them, donating them to a local charity store can be a great gift to someone in need during the holiday season.

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# Lifestyle

## Winter weather preparedness tips

**Parkland Marketing and Public Relations**

CHAMPAIGN, Ill. -- Is your home and car ready for soon-to-come winter storms?

Don't get caught off guard, say officials from the National Weather Service and the Illinois Emergency Management Agency.

"I have spoken to many people who were caught in storms, wishing they would have had some items to help them while they were without power at home or stranded on the side of the road," said Chris Miller, warning coordination meteorologist with the NWS in Lincoln.

Despite relatively mild weather from last December through this past March, nine winter storms impacted Illinois, including a Mar. 24 snowstorm that dumped record amounts of snow greater than 18 inches deep in parts of central Illinois.

First, before you travel, it's important to check the latest weather conditions, forecasts, and road condition reports for your entire route.

"It is also a good idea to let someone else know about your travel plans and routes in case you become stranded or delayed," Miller said.

Second, plan ahead by keeping alternative heating sources at your home and a winter storm survival kit in each of your vehicles.

Use alternative heating sources safely with proper ventilation to avoid carbon monoxide poisoning. (Never bring an outdoor grill into your home for cooking or heating



Photo by Allison Long/Kansas City Star/MCT  
Emergency supplies including a glow stick, an emergency blanket, a flashlight, pent butter, multi-purpose tool and radio make for a survival kit that can help see your family through a disaster.

purposes.)

The survival kit will help in the event that you are stranded, even on a short trip, or if you are waiting for a tow truck.

Suggested kit items include:

- Cell phone and charger
- Blankets and extra

clothing

- First aid kit
- Flashlight & extra batteries
- Booster cables and a tow rope with looped ends (not hooks)
- A basic tool kit, windshield scraper and

brush

- A small shovel and sack of sand or cat litter
  - A large empty can with a cover & tissues
  - Water and high calorie, non-perishable food
- Finally, remember to employ these safety measures during

winter; they could save your life:

**Slow down when driving on snow or ice covered roadways, particularly on bridges, overpasses and highway ramps.** In Illinois, snow- and ice-covered roads result in an average of 29,260 vehicle

crashes each year.

These accidents also produce an average of 4,454 injuries and 51 fatalities annually.

In addition, make sure you give snow plows plenty of clearance on the road.

**Limit your time outdoors and dress for the cold.** People have died from exposure to the cold by getting lost or caught in a storm while hunting and hiking.

If you plan to spend any time outdoors, dress appropriately and stay dry.

If you become wet, even from perspiration, you will become cold quicker.

Cover as much skin as possible to avoid frostbite; frostbite can develop within 1 to 2 hours when temperatures are in the 30s, or as quick as 10 to 30 minutes when readings are around zero or colder.

**Be aware of the signs of hypothermia,** a deadly condition in which the body's temperature drops to 93 degrees or lower. Other signs include uncontrollable shivering, disorientation, slurred speech, and drowsiness.

Seek IMMEDIATE medical attention, and if this is not available, warm the core of the body first and NOT the extremities.

Warming the extremities first, such as the hands and feet, can lead to heart failure.

Find out more about being adequately prepared for winter weather conditions by visiting the NWS Lincoln "Winter Weather Safety" web page at [www.weather.gov/Lincoln/?n=winter-prep](http://www.weather.gov/Lincoln/?n=winter-prep).

## Public safety on kitchen safety tips

**Ben Boltinghouse**  
College Resource Officer

My nephew is getting to the age that he loves being helpful. He'll bring you things that you ask for and he'll put stuff away, and if there's a light to be turned off he insists on being the one to reach up and flick the switch. He's even started being able to chip in when we're in the kitchen making cookies or other baked goods.

It's great to let kids help out in the kitchen, teaching them valuable culinary skills as well as general responsibility. In the hours and sometimes days surrounding the holidays, however, kitchens can become much more active places and it's important to take extra caution when cooking with children around in order to avoid any burns or other injuries.

The following tips can help keep the holidays a little safer for both the young and old:

- Stay in the kitchen when cooking on the stovetop so you can keep an eye on the food.
- Don't leave your home when you've got something cooking in the oven.
- Keep sharp knives out of reach of children unless they are being used with adult supervision.
- Make sure electrical cords aren't dangling over the countertops, waiting to be pulled down.
- Use well-insulated oven mitts or heavy gloves when carrying hot dishes.

So even though I'm trying to cherish this time period that I'm sure is going to be brief where my nephew is Mister Helpful, I'll probably be finding some non-kitchen related tasks that he'll be able to take part in, like finding the TV remote and turning on the Bears game.



Photo by Marty Bicek/Modesto Bee/MCT  
Cameron Hughes sticks his hand under the gate that keeps him out of the kitchen, March 18, 2007, in Modesto, California. It's natural for toddlers and crawling babies to be curious, but with that increased mobility comes a greater chance of getting hurt.

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## Fact or Fiction?

**FALSE:** Wet hair and low temperatures don't cause colds, viruses do. The increase of sicknesses during the winter is caused by people crowding indoors, making it easier for viruses to spread.

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# Opinions

## Gender discrimination in collegiate athletics

**Amber Simmons**  
Staff Writer

While Title IX of the Education Amendments of 1972 was originally established to create more opportunities in collegiate athletics, it could also be limiting them.

According to an article titled "Stop the Bleeding: Title IX and the Disappearance of Men's Collegiate Athletic Teams" written by Victoria Langton, the effect of enforcing Title IX unintentionally led to a decrease of opportunities for male sports at the collegiate level.

Langton said that some men's college sports are nearly disappearing. One of these sports being male gymnastics.

Langton also discussed the Circuit Courts' analysis of Title IX, and said that the only way around a Title IX liability is proportionality which has eliminated some men's sports teams.

"I believe that gender discrimination in sports is becoming much less of a prominent thing than where it was a few decades ago. I see it still around, but at a much smaller scale," Parkland student Jenny Olmsted said.

The primary objective in Title IX is to prohibit discrimination based on gender in any institution that receives aid from the federal government.

2013 California Bar Candidate Lindsay M. Demery wrote an article titled "What about the boys? Sacking the contact sports exemption and tackling gender discrimination in athletics." Demery wrote that schools

are permitted to allow one sex the opportunity to participate in a sport while denying the other sex.

Webster University Associate Professor Patrick Rishe who also has a Ph. D. in Sports wrote in an article titled "Gender Gaps and the Presence of Profitability of College Football" that "a gender gap refers to a discrepancy between the treatment of males and females that often favors males."

Rishe also said that the major points of focus in relation to college athletics are expenditures or the amount of money spent per athlete and the opportunities of participation for college athletes or students.

Because of the presence of football at the college level, Rishe said that the measure of fairness between males and females may be too difficult to attain.

"The opportunities presented to each gender only differ when one looks at the popularity of their sport, and the payroll difference of male and female if one decides to go pro in their sport," says Olmsted.

According to Demery, Senator John Tower proposed that revenue producing college sports, including football, should be excluded from Title IX coverage. Instead of approving Senator Tower's proposal, Congress approved of Senator Jacob Javits' proposal.

Senator Javits proposed that the Department of Health, Education and Welfare or HEW, organize certain regulations to deplete sex discrimination in athletics. HEW complied and issued those regulations. These regulations include providing

equal opportunities for both males and females in the schools operations of interscholastic, intercollegiate, club and intramural sports teams, according to the Demery.

Demery also wrote that when schools inquired on what equal opportunities for both sexes were, through the Office of Civil Rights, HEW interpreted Title IX differently than what was originally intended.

The way it was interpreted was that schools were allowed to discriminate based on one gender to create equal opportunities for the other.

After "equal opportunity" was defined by HEW, the issue of how schools could achieve compliance with Title IX was addressed using the three-prong test.

According to "A Policy Interpretation: Title IX and Intercollegiate Athletics" on the US Department of Education website, institutions could establish compliance with Title IX if they demonstrate that "Average per capita expenditures for male and female athletes were substantially equal in the area of 'readily financially measurable' benefits and opportunities."

Or, if not, that any disparities were the result of nondiscriminatory factors, and Benefits and opportunities for male and female athletes, in areas which are not financially measurable, "were comparable."

More information about Title IX and its affect on college sports can be found at <http://www2.ed.gov/about/offices/list/ocr/docs/t9interp.html>



Illustration by Eric Hibbeler/The Kansas City Star

## 'Selfie' as word of the year is a fitting self-portrait

**The Dallas Morning News**

Pope Francis took one. So did Meryl Streep and Hillary Clinton. Michelle Obama snapped one with her dog. And of course, Kim Kardashian, Miley Cyrus and Rihanna have been over-devoted practitioners. Justin Bieber even created a website for it.

We're talking selfies - a digital self-portrait shared through social media - which Oxford Dictionaries selected last week as its word of the year.

After Oxford University Press made the announcement, the Mars Rover took a selfie and sent it back to Earth. Try to beat that.

Now, rest assured, Oxford

did not arrive at its decision lightly.

It has apparently been tracking selfie for years. It was in its "Words on the Radar" series in June 2012. Selection of the word, according to Oxford's website, "was unanimous this year, with little if any argument."

Everyone seemed to be in agreement almost from the start. Other words were considered but 'selfie' was the runaway winner."

The fact that selfie can be used in an editorial and most of you know what we're talking about is an indication that Oxford's choice was spot-on.

Not only have selfies become ubiquitous in these days of Instagram and Twitter, but selfie is one of those rare words

that encapsulate a society at a specific moment.

It is the word of our times, a reflection both of who we've become - increasingly narcissistic and insular - and how we got there.

Oxford's selfie specifically refers to "a photograph that one has taken of oneself, typically one taken with a smartphone or webcam and uploaded to a social media website." But it could also describe the self-absorption of Facebook, or the person holding up traffic with his nose in his cellphone.

These days, it's increasingly all about me - and my device. More and more, we deal with a complicated and hostile world by withdrawing into ourselves and our technology. We share photos as confirmation that we

live, seek solace in "friends" we never see, and absorb only information that conforms to our views.

With such growing narcissism and insularity, is it any wonder then that civility is fading, that the people who operate our institutions seem unable to meaningfully engage in dialogue, much less compromise?

Oxford traces the earliest known use of selfie to a photo taken by an Australian man who drunkenly tripped and busted his lip, then posted the photo and the story on Sept. 13, 2002, in an Australian Internet chat room.

"Sorry about the focus," he wrote about the photo. "It was a selfie."

With all due respect to

the learned folks at Oxford, perhaps the roots go back even further. Just try substituting an sh for the e at the end of the word.

---  
**SELFIE**  
Noun (plural selfies) informal. A photograph that one has taken of oneself, typically one taken with a smartphone or webcam and uploaded to a social media website: occasional selfies are acceptable, but posting a new picture of yourself everyday isn't necessary.

Origin: early 21st century: from SELF+ -IE  
SOURCE: oxforddictionaries.com

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### Who said print is going downhill?



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Please Recycle



# TEXT

continued from page 1

through on the green movement.”  
Smart-signal intersections have vehicle-detection systems that help determine the length of a green light, based on how many vehicles are present. The stopped vehicle of a texting motorist often creates a gap between vehicles during a green light, which triggers detectors into ending the green light, Mannering said.

Besides promoting traffic congestion, texting while stopped in traffic is illegal in Illinois. Exceptions are if the driver is texting to report an emergency, using a hands-free or voice-activated device, parked on the shoulder, or stopped in traffic with the transmission in park (or neutral, for a manual transmission).

Illinois' cellphone and texting laws are primary laws, meaning a police officer can pull over the driver without having to see another violation. Seventy-five Illinois municipalities, including Chicago, ban hand-held cellphone use for all drivers.

Effective Jan. 1, the use of hand-held devices while driving will be illegal in Illinois, except in the case of an emergency. Hands-free technology will be allowed.

Little data is available on drivers texting while stopped in traffic. But using cell phones and texting while driving, more generally, causes 1.6

million accidents a year in the United States, according to the National Safety Council.

In Illinois, almost 6,000 crashes have occurred from 2008 to 2012 in which some form of driver distraction involving a cellphone was cited by police, according to the Illinois Department of Transportation. The toll included 30 fatalities and more than 2,500 injuries, IDOT said.

IDOT officials call those numbers conservative and say the crashes were most certainly include drivers who were texting while stopped in traffic.

“The information is based on what officers choose to write on the crash reports,” IDOT spokeswoman Jae Miller said. “We think that distractions and phones as a cause are probably under-represented.”

In response to the problem of distracted driving, Illinois State Police and local law enforcement agencies in Illinois have been doing an increasing number of stings this year to catch drivers texting and engaging in other behavior that involves phones and electronic devices.

This year through October, state police troopers issued about 2,300 citations and more than 1,300 warnings for texting while driving.

Federal, state and local officials have shined a bright light on distracted driving. For instance, the U.S. Department of Transportation points out that people who text while behind the wheel are 23 times more likely to be in a crash. But awareness of that risk hasn't reached enough

drivers.  
Mannering, the Purdue professor, said he recently led a field study in West Lafayette, Ind., in which almost 25 percent of the drivers at stoplights were texting or talking on cellphones. Accidents are more likely to occur in this scenario because the distraction reduces drivers' attention to situations, he said.

Mannering pointed to one variation of drivers texting while stopped in which motorists in left-turn bays hit the gas when, out of the corner of their eye, they see other vehicles moving, even though their turn arrow is still red. The mistake has resulted in collisions, he said.

Illinois officials said similar crashes have occurred here too.

Steve Travia, chief of traffic operations in the Chicago region for IDOT, summed it up this way:

“You pull up on a typical side-street at a major thoroughfare and you know it's a long light, you've been through it a hundred times,” Travia said. “You are the guy third or fourth in line and the guy in the front is texting and just wasted your opportunity and you may have to wait through a second light. Frustration starts to build up. There are a whole host of things that can go wrong.”

“Being momentarily stopped does not mean you are not operating your vehicle,” Travia said. “The task of driving always requires your full attention.”

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# Safety shifting to automatic

## Smart cars use radar, cameras and wireless communication to help avoid collisions

Toyota is developing a set of new technologies and systems designed to work independently of the driver to help avoid accidents and lessen the impact if one occurs. The systems, which Toyota calls Automated Highway Driver Assist, are being tested in Japan and are similar to those being developed by other automakers like Mercedes and Ford. The technology is expected to be available in Japan as soon as 2016 and, depending on the market, the U.S. soon after.



Lexus cars test Toyota's driving assist system

TOYOTA PHOTO

### During driving

#### Maintaining a safe distance

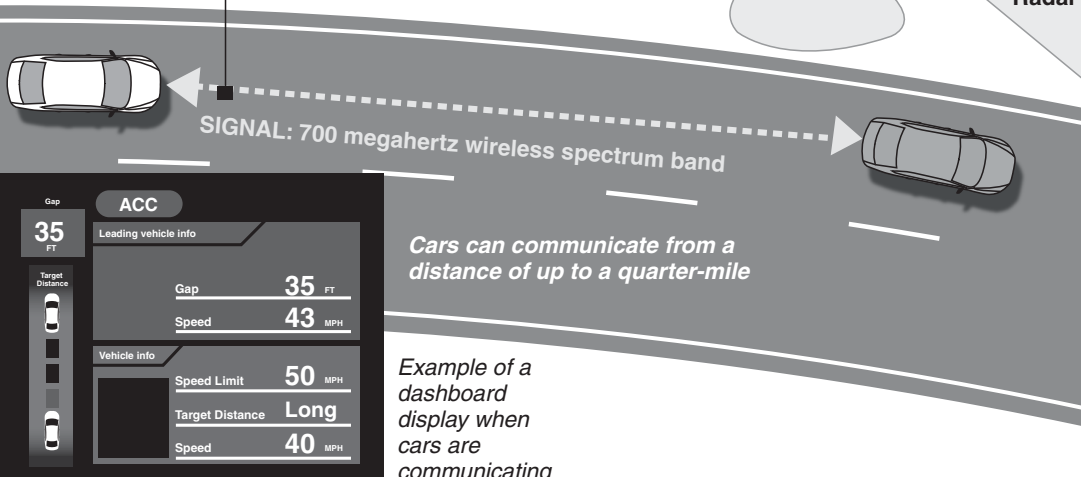
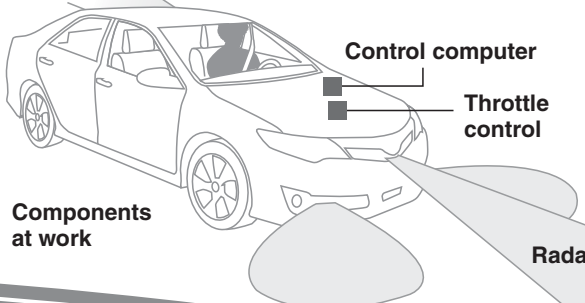
##### Cooperative-adaptive Cruise Control (C-ACC)

The driver's car communicates with another vehicle with a wireless signal that shares information like speed and braking; this helps eliminate delayed driver reaction and reduces unnecessary acceleration and deceleration, easing traffic congestion

The driver starts the vehicle and the system automatically turns on

**1** When the vehicle enters the range of another vehicle with the same activated system, wireless transceivers send and receive signals between cars sharing speed, acceleration and braking information in real time

**2** Vehicle automatically adjusts the throttle to maintain a constant safe distance behind the other vehicle

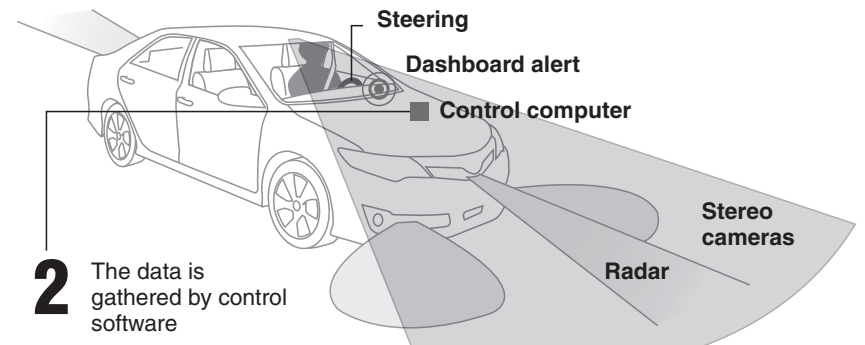


#### Staying in the lane

##### Lane Trace Control (LTC)

Keeps the car positioned within the road lanes.

**1** As the vehicle continues, radar and cameras observe where the car is in relation to the white road lines; onboard GPS map data show the path of the road; if the driver gets distracted and veers into another lane, a warning buzzer and alert display are activated



**2** The data is gathered by control software

**3** Electronic control units automatically apply a small amount of countersteering force, returning the car to the center of the lane

### Before a possible collision

An integrated pre-collision system mitigates damage by predicting an impact

#### Collision status

##### 1 Possible

Radar and camera detect the vehicle in front has abruptly stopped; a warning buzzer notifies the driver, who begins to brake

##### 2 Highly possible

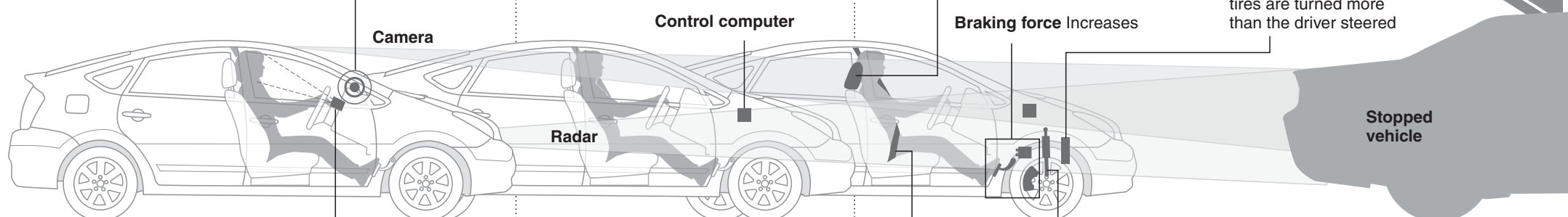
Pre-crash braking system put on standby

##### 3 Unavoidable

System fully automates onboard technology

**Headrest** Sensor detects head position and shifts the headrest forward to help diminish the injury from whiplash

**Steering assist** Widens the steering gear ratio so the front tires are turned more than the driver steered



#### Drive-monitor camera

Mounted on steering column, detects if the driver is not looking forward or eyes are closed for a certain length of time; warns with a buzzer and dash display

**Seat belts** Retract, restraining driver

**Shock absorbers** Damping force increases, helping to stabilize the vehicle



# Puzzles & Comics

Bliss



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"You give but little when you give of your possessions. It is when you give of yourself that you truly give."  
- Kahlil Gibran

## Sudoku (hard)

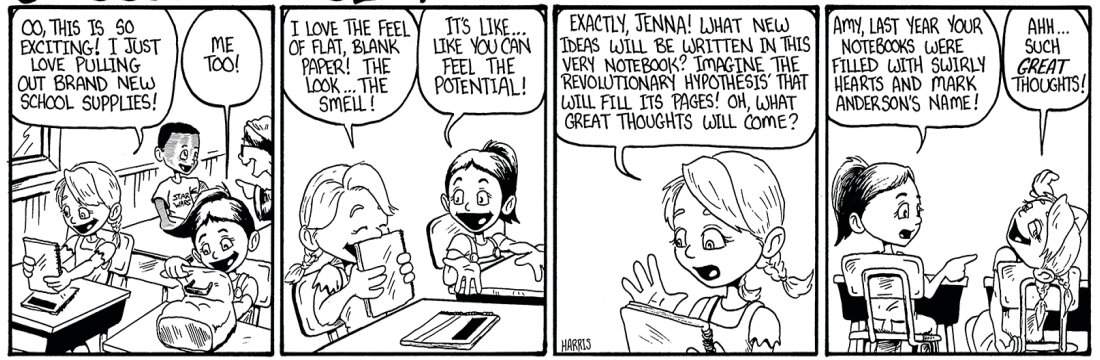
	7	3						9
				3		5		
				6				5
3	9							7
	8			2				4
7				4				3 1
9					4			
				8	7			
	4							1 8

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## Imps! by Jeff Harris



## GREEN APPLES by Jeff Harris



## Best In Show



## THE TV CROSSWORD

by Jacqueline E. Mathews

	1	2	3	4		5	6	7			
	8					9			10	11	
12						13					
14					15				16	17	
18					19			20			
		21	22				23				
			24				25				
26	27						28				
29					30	31			32	33	34
35					36				37		
	38		39					40			
	41							42			
								43			
								44			

Created by Jacqueline E. Mathews

9/15/13

### ACROSS

- 1 Guinness or Baldwin
- 5 Allen of "Home Improvement"
- 8 Many a glamorous female performer
- 9 Piano piece
- 12 "Tomorrow \_\_\_ Dies"; 007 movie
- 13 "The Girl with the \_\_\_ Tattoo"; film for Christopher Plummer
- 14 Robert \_\_\_ of "The Sopranos"
- 15 \_\_\_ Patrick Harris
- 16 "The \_\_\_ Adventures of Old Christine"
- 18 Church bench
- 19 Pesci and Mantegna
- 20 "\_\_\_ Time, Next Year"; Alan Alda movie
- 21 Creative thought
- 23 Summer months
- 24 Derriere
- 25 "All You \_\_\_ Is Love"; Beatles hit
- 26 Prolonged pains
- 28 Russian artist \_\_\_ Chagall
- 29 "\$#! My Dad \_\_\_"
- 30 "As \_\_\_ on TV"; advertising line
- 32 Actress Charlotte \_\_\_

- 35 Eerie sighting, for short
- 36 Groucho or Harpo
- 37 Henpecks
- 38 "Back to the \_\_\_"; Michael J. Fox movie
- 40 Bob of "America's Funniest Home Videos"
- 41 Durance of "Smallville"
- 42 Sitcom for Sherman Hemsley
- 43 Expressions of relief
- 44 \_\_\_ away; departed

### DOWN

- 1 Fred Astaire's dancing sister
- 2 "How to \_\_\_ Parents (For the Rest of Your Life"
- 3 "Unhappily \_\_\_ After"
- 4 "\_\_\_ 54, Where Are You?"
- 5 Hatcher and Garr
- 6 Language of Rome: abbr.
- 7 Large coffee cup
- 10 Role on "Law & Order: SVU"
- 11 "\_\_\_ of the State"; movie for Gene Hackman and Will Smith
- 12 \_\_\_ and tuck; like a close race
- 13 Billy \_\_\_ Williams
- 15 Actor Wyle
- 17 Parker or Montgomery
- 19 Milo Ventimiglia's role on "Gilmore Girls"
- 20 Plaintiff
- 22 Club member payments
- 23 Stapleton or Smart
- 25 Setting for "Roswell": abbr.
- 26 School in Tempe, for short
- 27 \_\_\_ mocha; Starbucks order
- 30 Rue and Gilbert
- 31 Before, to a poet
- 33 Insurance company employee
- 34 Suffix for strong or long
- 36 "\_\_\_ Ado About Nothing"
- 37 "My \_\_\_ Is Earl"
- 39 Tamera's twin
- 40 Danny Glover horror movie

### Solution to Last Week's Puzzle

T	E	D	S	T	A	R	S	B	A	D
A	L	I	P	E	T	I	T	R	B	I
L	M	A	I	L	O	N	A	O	U	R
C	O	N	A	N		N	O	O	S	E
S	A	R	A	H	C	H	A	L	K	E
			A	L	O	H	A	D	E	S
			R	I	G					
A	V	A	S	E	U	S	S			
R	E	N	E	E	F	E	L	I	C	E
B	R	I	N	G		A	D	A	M	S
E	E	L	G	R	E	A	T	R	I	O
E	S	E	A	C	U	T	E	E	L	M
F	T	D	R	A	R	E	R	D	Y	E

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## Volleyball team ends season strong

**Alex Wallner**  
Sports Writer

Parkland's volleyball program finished with a record of 52 wins and three losses, earning their sixth straight trip to the National Tournament in Toledo, Ohio. There, however, the Lady Cobras fell to the top seeded Cowley County Community College in a five set affair to earn the 2013 National Runner-Up.

This team had high hopes coming into the season, after finishing their season last year in third place, and they succeeded in topping their last season and finishing up strong.

At one point during Parkland's volleyball team had won 39 consecutive matches.

Several against quality opponents such as seventh ranked Kirkwood Community College, fourteenth ranked Des Moines Area Community College, sixth ranked Illinois Central Community College, twice over seventeenth ranked Lincoln Land Community College, nineteenth ranked Moraine Valley Community College, third ranked Johnson County Community College and the defending National champions and sixteenth ranked Grand Rapids Community College.

"Our drive over the season was making it to Nationals. Every practice and every game we had we had we were striving to make something better about ourselves and our team as a whole. We were constantly being pushed to perfect our weaknesses, which ultimately made us an unbelievably strong team by the end of the season," Business Management major Jordan Wooden said.

According to Biological Sciences major Kaitlyn Hunt, the team's talent and knowledge of the game is what



Cobras volleyball team finished with 52 wins and three losses, and went on to compete in the National Tournament for the sixth straight time.

Photo courtesy of Rod Shilts

brought their success, and Hunt has no doubt that they will be able to do it again next year. Although Parkland's volleyball team will lose eight players next year, Hunt is confident that it won't be hard to get the new freshman ready for another winning season.

"I think our biggest task will be getting the freshmen to fit into the new puzzle next year. We have several incoming freshmen that have played with some of us, I don't think that'll be hard to do. They are also very talented players just like the sophomores we have now which is a huge advantage," Biological Sciences

major Kaitlyn Hunt said.

Getting new players ready for the team is often the challenge of every new sport season, but Parkland's volleyball team found talented individuals that were able to fit right in.

Freshmen Teigan Flaws, Elise Dahlke and Lori Vanbeek came in on fire, almost like they were sophomores and experienced, leading this team on certain games with their outstanding play.

Flaws, a 6 foot 1 inch tall middle hitter from Glenbrook South High School finished the season with 270

kills. Dahlke, a 5 foot 11 inch tall outside hitter from local Mahomet-Seymour High School was also a major contributor to the team's success, as she totaled 424 kills to lead the team.

Finally, Vanbeek, a 6 foot 2 inch middle hitter from Paw Paw High School finished third in the country in blocks per set at 1.75 and also totaled 374 kills. These were only three out of the eight freshmen, all of which contributed to a successful season.

This team did something that hadn't been done since 1999 and that was reach the National Championship

game. They also reached back-to-back Final Fours, which has not happened to this program either in many years or at all.

Like all players, there are weaknesses that athletes have worked to conquered. For Dahlke, it is something that she thinks will be an easy fix.

"My weakness by far is my passing. I don't get to do it much in games, but I just use every opportunity I have in practice to try to improve. I just work hard and hopefully Cliff will notice and trust me in a game to pass," Dahlke said.

Vanbeek is also confident that she will be able to work to improve her playing techniques.

"My weaknesses are that I can't hit behind the setter, I can only hit in front of her and I want to make hitting behind her my strength because I want to give my setters more options when setting me," Vanbeek said.

The thing that really set this team apart from other teams was their will to win. Parkland really showed resiliency throughout the year and with late injuries to key sophomores Alexis Clemons and Emma Cabutti, the team was really unsure of if there run would continue.

Clemons was able to recover before the season was over. Unfortunately Cabutti, who was a vital part to the lineup the whole season, did not return, which really hurt the team in the end.

This season's strong finish gave Parkland's volleyball team a tough goal to beat for next year, but the women and coaches are confident that they will be able to make it happen again.

To review the season or see information for the upcoming year, visit [parklandcollege.edu/athletics/volleyball](http://parklandcollege.edu/athletics/volleyball).

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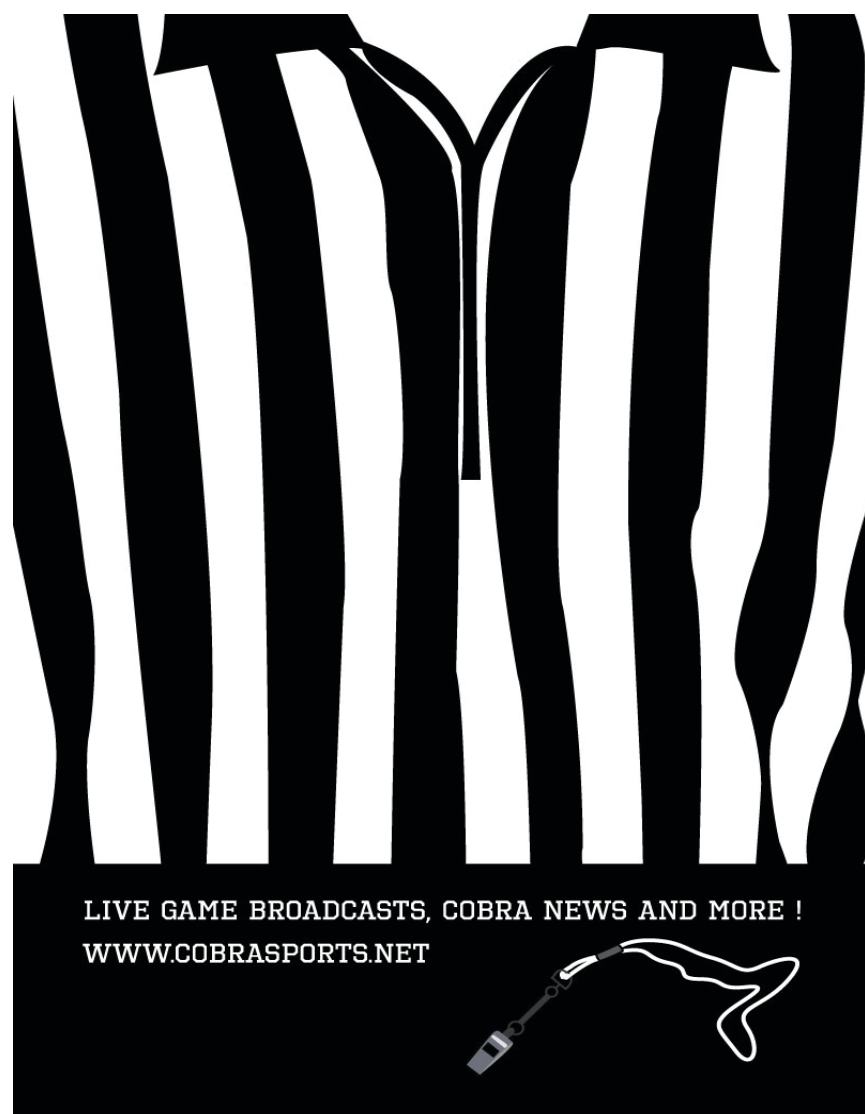
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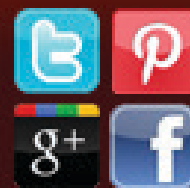
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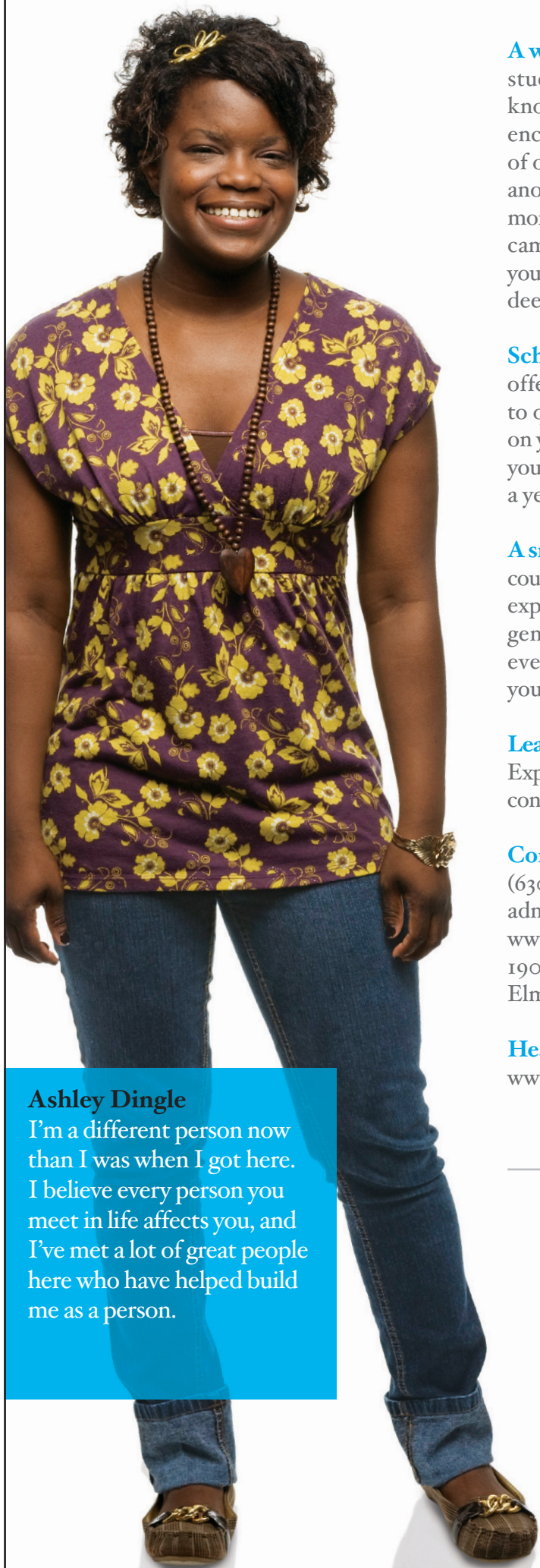


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