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Center for Courageous Kids Volunteer Training Resources and "Through Our Eyes" Video

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Center for Courageous Kids Volunteer Training Resources and "Through Our Eyes" Video

Megan Cusick, OTD/S, Belmont University, School of Occupational Therapy Faculty Mentor: Sue Iliff, PhD, OTR/L; Expert Mentor: Krista Gray



Center For Courageous Kids

Mission: "Our mission is instilling inspiration and empowerment, while enhancing the lives of children with serious illnesses."

Vision: "Our vision is to reach as many children as possible."

Identified Agency Needs

- To reach potential campers and families for independent summer camp by accurately depicting camp through the eyes of people who have experienced CCK (campers, families, healthcare partners, staff, volunteers, etc.) in a promotional video to present at weekend family retreats
- Recourses for volunteers of each program area explaining adaptations and modifications for each diagnosis served on weekend retreats

Goals of Capstone

Learning Objectives:

- how to facilitate each program area accurately and safely
- Create resources to inform volunteers on how to engage children with varying diagnoses in each program area by strategies to facilitate successful participation
- Create a video that displays camp through the eyes of previous campers, staff, volunteers, parents, and/ or healthcare partners to expand on knowledge about camp and provide comfort for campers and parents about attending a camper only

Personal Objectives:

- Enhance my leadership skills
- Expand upon my clinical practice and reasoning skills with varying diagnoses

Outcomes of Volunteer Training Resources

- Created program area trainings for areas utilized through the weekend family retreats
- Performed activity analyses of each area to identify potential difficulties for each diagnosis and create modifications, adaptations, or strategies to promote successful participation
- Created trainings of the diagnoses served during the spring family retreats explaining the condition, potential symptoms, how it may affect the camp experience, and ways to empower campers to participate as independently as possible
- Increased confidence in grading and adapting activities for various deficits
- Greater proficiency for creating educational content

Program area Trainings:

- Arts & Crafts
- Woodshop
- Music
- Pool
- Nature
- Archery Fishing
- Cooking
- Mini Golf
- Horse Barn
- Fun Center(Bowling Alley and Arcade)

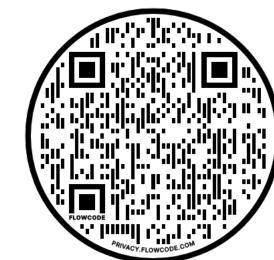
Archery

Program Area

After completing the program area training, how confident are you in running the program area(s)?

1 "I still have a lot of questions- Not Confident" to 10 "Very Confident"

Scan for an example of the program area trainings sent to volunteers each week



CCK **Down Syndr** Week

Create resources to inform volunteers on

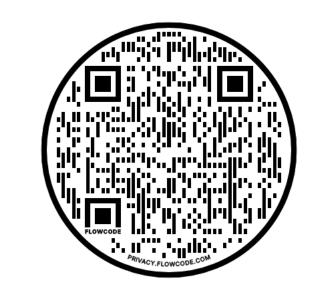
- explaining adaptations, modifications, and
- summer camp

- "It was informational and made me feel well-prepared about this upcoming weekend!"
- someone that hasn't done this area and doesn't know a lot about fishing."

Diagnosis Trainings:

- Cardiac conditions
- Diabetes
- Down Syndrome
- Apraxia
- Angelman Syndrome
- Sickle Cell Anemia
- Autism
- Spina Bifida
- Neurological Disorders

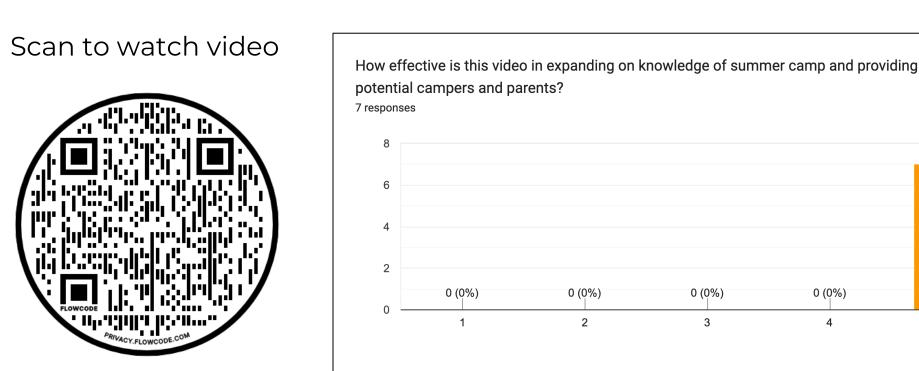
Scan for an example of the diagnosis trainings sent to volunteers each week



After completing the diagnosis training, how comfortable do you feel interacting with this week's 53 responses 1 "Not very Comfortable" to 10 "Very Comfortable"

Outcomes of "Through Our Eyes" Video

- Conducted interviews of participants during spring family retreats
- Created a combination of testimonials to display the impact that CCK has on the lives of people who attend
- Learned new skills to advocate for agency
- Initiated building relationships with stakeholders and camp participants





Feedback from Stakeholders

- "This video does a great job with pulling together different views about summer camp including campers, staff, volunteers, parents, and healthcare partners. Megan did a wonderful job in creating a video that communicates the benefits and impact of summer camp for each of these populations."
- "Fantastic video!! Shows how fun and worthwhile camp is!"

Acknowledgements

- Special thank you to Krista Gray, my expert mentor for your continued support throughout my capstone journey.
- Thank you Dr. Iliff, my faculty mentor for your guidance and encouragement throughout this entire process.
- Thank you staff at CCK for welcoming me, investing in me, and generously giving me your time and assistance while working here.
- Thank you to all the volunteers, campers, families, staff, and healthcare partners for being willing to share their stories and passion for CCK while participating in my capstone project.



- "These seem very well put together and they provide an excellent overview of the program areas"
- "Super excited for this weekend!!! Great training guides!"
- "The video is a really good overall explanation and helped me to know what to do so much better as