

1 **Title: Exploring the presence of markers of decidualisation in the Fallopian tubes: a**
2 **systematic review**

3 **Running title: Fallopian tube decidualisation**

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15 **Key words: Fallopian tubes; decidualisation; implantation; ectopic pregnancy**

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17 Summary sentence: Under certain circumstances, the Fallopian tubes exhibit molecular
18 changes consistent with decidualisation.

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24 **Abstract**

25 The Fallopian tubes (FTs) are part of the female upper genital tract. The healthy FT
26 provides the biological environment for successful fertilisation and facilitates the subsequent
27 movement of the conceptus to the endometrial cavity. However, when the FT is damaged, as
28 with salpingitis, pyosalpinx and hydrosalpinx, it may increase the risk of an ectopic pregnancy,
29 a life-threatening condition.

30 Decidualisation refers to a multifactorial process by which the endometrium changes to
31 permit blastocyst implantation. The decidualisation reaction is vital for endometrial receptivity
32 during the window of implantation. To date, no comprehensive review that collates evidence
33 on decidualisation in the human FT has been conducted. Therefore, the aim of this review is to
34 compile the current evidence on cellular decidualisation occurring in the healthy and
35 pathological FT in women of reproductive age.

36 A literature search was conducted using five databases and identified 746 articles, 24
37 of which were analysed based on inclusion and exclusion criteria. The available evidence
38 indicates that the FT are able to undergo decidual changes under specific circumstances,
39 however, the exact mechanism by which this occurs is poorly understood. Further research is
40 needed to elucidate the mechanism by which decidualisation can occur in the FT.

41

42 **Introduction**

43 The Fallopian tubes (FTs) are part of the female upper genital tract. In health, the FTs
44 provide the biological environment for successful fertilisation and facilitate the transport of the
45 conceptus from the distal part of the FT to the endometrium (1). However, pathological
46 processes that cause tubal damage increase the chance of ectopic pregnancy (EP), a life-
47 threatening condition (2). EP is defined as the implantation of a blastocyst outside the
48 endometrial lining of the uterus (3). Whilst EPs only occur in 2% of all pregnancies, they
49 account for 8-9% of maternal mortality; over 95% of EPs are located in the FT, with the
50 majority implanting in the ampulla (3, 4). Intriguingly, tEP appears to be restricted to primates,
51 and does not occur in other mammals. This distinction may be due to differences in uterine and
52 tubal anatomy in primates, which allow for mixing of luminal fluids and thus potentially
53 promote a more permissive environment for implantation in the FT(5). Risk factors for tubal
54 EP (tEP) include, but are not limited to, previous tubal surgery, existing tubal pathology and
55 infection of the genital tract (6). However, many EPs occur in women without any known risk
56 factors (3). In non-idiopathic tEP cases, the conventional postulation that ectopic implantation
57 is a direct consequence of tubal damage has not been fully confirmed by the available evidence
58 (3).

59 Pelvic inflammatory disease (PID) is the infection of the upper genital tract, which may
60 manifest as pathologies of the FT (7). These include salpingitis, pyosalpinx and hydrosalpinx
61 (7, 8). Salpingitis refers to inflammatory and oedematous FTs after ascending infection (7).
62 Pyosalpinx refers to a FT that is distended with pus due to obstruction following infection,
63 inflammation and subsequent formation of adhesions around the FT (7). Hydrosalpinx
64 describes a distended, fluid-filled FT that occurs as a result of tubal obstruction (7).

65 The tubal mucosa, termed the endosalpinx, possesses a distinct profile of hormone
66 receptor expression across the menstrual cycle, yet does not demonstrate the same dynamic
67 changes in proliferative activity in response to hormones as the eutopic endometrium (**Figure**
68 **1A**) (9). Normal embryo implantation occurs in the endometrium, and decidualisation is
69 considered a prerequisite for establishing a pregnancy (10). A 2010 review exploring possible
70 functional mechanisms by which risk factors predispose a tEP concluded that such molecular
71 pathways have yet to be fully elucidated (10).

72 Decidualisation, otherwise known as the decidual reaction, refers to a multifactorial
73 process through which the endometrial stratum functionalis changes to allow a blastocyst to
74 interact with the endometrium and implant. Decidualisation includes both morphological and
75 functional changes, of which the two most important are the differentiation of endometrial
76 stromal cells to decidual cells, and leukocyte recruitment (11, 12). Decidual transformation of
77 stromal cells is primarily mediated by progesterone, which promotes intracellular accumulation
78 of cyclic adenosine monophosphate (cAMP)(12). Progesterone and cAMP regulate a network
79 of signalling pathways; cAMP-mediated protein kinase A (PKA) is critical for decidualisation,
80 and exchange protein directly activated by cAMP (EPAC) can potentiate this process(13).
81 Downstream regulators of progesterone/cAMP signalling include forkhead box O1 (FOXO1),
82 signal transducers and activators of transcription (STAT5) and CCAAT/enhancer-binding
83 protein β (C/EBP β). Decidual cells secrete factors that regulate embryo implantation and

84 placentation, including insulin-like growth factor binding protein-1 (IGFBP-1) and prolactin
85 (PRL)(11, 12). Leukocytes play vital roles in decidual remodelling and immune tolerance of
86 the endometrium during pregnancy establishment (**Figure 1B**) (14). Humans are amongst the
87 few viviparous species in which the endometrium will begin the process of decidualisation
88 during the post-ovulatory secretory phase of the menstrual cycle, independent of the presence
89 of a conceptus (11, 12). The decidual reaction is key to the endometrium being receptive, thus
90 sanctioning the window of implantation, the timeframe within which the blastocyst can attach
91 to and invade the superficial uterine wall (15). An abnormal decidual response can lead to
92 aberrations in placentation and, thus, both early and late gestational problems, such as recurrent
93 implantation failure and preeclampsia (16).

94 To date, no comprehensive review has explored the available evidence on
95 decidualisation in the FT. Here, we conduct a systematic review to explore the potential for a
96 decidual response in healthy and diseased FTs.

98 **Methods**

99 This systematic review was reported in accordance with the Preferred Reporting Items
100 for Systematic Reviews and Meta-Analysis (PRISMA) statement (17) and was preceded by a
101 prospectively written protocol registered with PROSPERO (Registration number:
102 CRD42022333468) (18).

103 **Search strategy and selection criteria**

104 A comprehensive literature search was conducted on the 29th of September, 2022.
105 Scopus, PubMed, CINAHL, EMBASE and EMCARE were searched for relevant published
106 material. The search strategy included the following Medical Subject Heading (MeSH) terms,
107 keywords and their combinations: ("Fallopian tube" OR "Oviduct" OR "Uterine tube") AND

108 ("Decidua"). No filters were applied to the search, and wildcards were incorporated to
109 encompass various word endings where appropriate. All search results were uploaded into
110 Rayyan [18], an electronic systematic review software enabling enhanced title and abstract
111 screening. Duplicated literature was removed, and two independent reviewers performed a title
112 and abstract screen according to the inclusion and exclusion criteria. Studies that met the
113 following criteria were included: (1) concerning the decidualisation of the human FT in health
114 or benign pathology; (2) population of pre-menopausal or pregnant women; (3) publications in
115 the English language. The exclusion criteria included: (1) exclusive focus on malignant
116 pathology; (2) animal studies; (3) secondary, non-electronic, and grey literature. Following
117 screening, full-text reviews were conducted by two independent reviewers, and a third reviewer
118 was recruited for the resolution of any disagreements.

119 **Data extraction and analysis**

120 Data from all eligible studies were extracted and recorded into an Excel spreadsheet
121 recording the following: author, year of publication, study aim, sample size, comparator
122 groups, experimental technique, relevant results and author conclusions. Given the
123 heterogeneity of both the methods and results of included studies, statistical meta-analysis was
124 not feasible. Therefore, data has been presented thematically.

125 **Quality assessment**

126 Risk of bias assessment was conducted by two independent reviewers (F.A. and C.H.R.)
127 using two well-established scoring tools. The Newcastle-Ottawa Scale (NOS) (19) was used
128 for case-control and cohort studies and evaluated each study based on three domains: selection,
129 comparability, and outcome. Each study receives a score between 0 and 9, which categorises
130 as either good, fair or poor. In addition, a modified version of the NOS proposed by Murad et
131 al. (20) was used for case series, which consists of eight questions across four domains:

132 selection, ascertainment, causality, and reporting. Although a score between 0 and 8 can be
133 attributed to each study based on binary responses to each question, Murad et al. suggest that
134 numerical representation of methodological quality is not always recommended when certain
135 questions are deemed more essential than others. Therefore, in this study, a judgement of
136 methodological quality for each paper was made based on questions 1, 2, 3, 4, 6, and 8. The
137 risk of bias assessment is detailed in **Table 1** and **Table 2**.

138

139 **Results**

140 The literature search identified 746 unique articles; 354 remained after removing
141 duplicate studies. Eligibility screening of these publications based on the assessment of their
142 title and abstract, following the predetermined inclusion and exclusion criteria, led to the
143 exclusion of a further 169 publications. The remaining 185 full-text articles were sought for
144 retrieval, where, following evaluation, an additional 161 articles were excluded. Subsequently,
145 24 studies are included in the present review. This selection process is illustrated by a PRISMA
146 flow diagram in **Figure 2**. **Table 3** provides a summary of all studies included in this systematic
147 review.

148

149 **Thematic analysis**

150 **Decidualisation associated with intrauterine pregnancy in post-partum Fallopian tubes**

151 Whilst rare, decidual changes do occur in the FT, which is primarily evident from post-
152 partum FT of intrauterine pregnancies (IUP) that show decidual changes. Ordi et al. (2006),
153 Hunt & Lynn (2002), Rutanen et al. (1991), Tilden and Winstedt (1943), and Heatley et al.
154 (1996) reported a decidual reaction in post-partum tubes associated with an IUP; Rewell (1971)
155 reported tubal decidualisation associated with IUP and in contralateral tubes of tEP (21-26).

156 Heatley et al. (1996), Rutanen et al. (1991), and Tilden and Winstedt (1943) examined FT
157 samples collected from sterilisation procedures performed at term pregnancies(23, 24, 26).
158 Rewell (1971) investigated the FT in the puerperal period(25). However, Ordi et al. (2006),
159 and Hunt and Lynn (2002) do not explicitly state the circumstances of sample collection nor
160 period post-partum(21, 22). Collectively, studies indicated that 3-25% of post-partum women
161 demonstrate a tubal decidual reaction (23, 25). However, the study by Rutanen et al. (1991),
162 which concluded that 25% of tubes showed decidualisation, only included eight samples
163 compared to the 194 post-partum tubes analysed by Rewell (1971), where only 3% had
164 decidual changes (23, 25).

165 **Decidualisation associated with tubal ectopic pregnancy**

166 Decidualisation associated with tEP has been described in several studies. Nine
167 included papers observed a decidual reaction in the FT containing the tEP at the site of
168 implantation, away from the site of implantation within the same tube, or at both sites (25, 27-
169 35). One study has also demonstrated decidualisation in the contralateral FT in women with
170 tEP (25). However, Floridon et al. (1999) detected tubal decidualisation only in two cases of
171 tEP with localised endometriosis from a total of 50 tEP specimens. None of the above studies
172 described the decidualisation to be as extensive as would be expected at the implantation site
173 in a normal IUP.

174 Ordi et al. (2006), Goffin et al. (2006) and Vassiliadou et al. (1998) analysed a total of
175 41 tEP specimens and concluded an absence of a decidual reaction at the site of implantation
176 (21, 36, 37). Interestingly, Randall et al. (1987) demonstrated that cells which initially
177 resembled decidual cells at the site of implantation were in fact of cytotrophoblastic origin (32).

178

179 **Leukocyte infiltration in the Fallopian tube**

180 A study by Von Rango et al. (2001) indicated that the number of CD45⁺ leukocytes
181 increased in the tubal mucosa from non-pregnant to tEP and suggest it to be a consequence of
182 increased numbers of CD68⁺ macrophages (38). In tEP, there is a marked lack of CD56⁺ uterine
183 natural killer (uNK) cells, which are thought to limit trophoblast invasion in normal IUPs (21,
184 37-39). Ordi et al. (2006) found that increased recruitment of uNK cells in decidual tissue is a
185 common phenomenon regardless of location and that this process is mediated by hormones
186 rather than the presence of an implanting blastocyst (21). In addition, Von Rango et al. (2001)
187 stated that while uNK cells are not necessary for successful implantation, they may limit
188 trophoblast invasion; thus, the absence of uNK cells in the FT is proposed to allow for the
189 increased trophoblastic invasion seen in tEP (38).

190 The most abundant leukocytes identified in tEP were macrophages and T cells (37-39).
191 When comparing the leukocyte populations at the tEP implantation site with the matched
192 intrauterine decidua, the numbers of T cells and macrophages were similar (39). Basta et al.
193 (2010) reported a significantly lower percentage of T regulatory cells in the subpopulation of
194 CD4⁺ T lymphocytes in the decidual of tEP compared to the secretory phase eutopic
195 endometrium (30).

197 **Cellular markers of decidualisation**

198 The studies included in this review investigated various cellular markers of
199 decidualisation. In particular, two studies by Refaat et al. (2008, 2011) employed
200 immunohistochemistry and quantitative RT-PCR to quantify the expression of activins in tEP.
201 These studies suggest that activins have a paracrine and autocrine action in the FT; in the
202 endometrium, decidualisation is facilitated by activins increasing the expression of matrix
203 metalloproteinases (40, 41). The increased expression of activins in tEP, when compared to

204 secretory phase tubes, is considered pathological. However, it is also suggestive of tubal
205 decidualisation because activins are raised in the cycling endometrium during the luteal phase
206 (40, 41). Refaat et al. (2008) also investigated the action of follistatin in tEP. Their findings
207 indicated that the expression of activins and follistatin might play an important role in the
208 pathogenesis of ectopic implantation but not necessarily in determining the site of implantation.
209 The authors propose that increased expression of activin-A in the FT could increase nitric oxide
210 production, which may induce a pathological relaxation in the smooth muscle of the FT. This
211 muscular relaxation would prevent adequate movement of an embryo, which in turn could
212 increase the chance of a tEP (40, 41). This theory is supported by a similar finding, whereby
213 the embryo was located in the same place as a decidual polyp in the tube; Wist et al. (1954)
214 suggest that the tubal obstruction prevented the embryo from moving through the tube and
215 therefore caused a tEP (33). Wist et al. (1954) proposed that the decidual reaction should be
216 considered a result of pregnancy but not the cause of the tEP (33).

217 The expression of mucin-1 (MUC1) in tubal epithelial cells fluctuates throughout the
218 menstrual cycle (42). In the luteal phase, increased MUC1 expression in tubal epithelial cells
219 may act as a protective mechanism against ectopic implantation, which might include an anti-
220 adhesive effect and/or facilitate transport (42). In tEP, decreased MUC1 expression indicates
221 feature changes in the tubal epithelium (42).

222 Fibronectin is a ligand for integrins that is present at the implantation site in the
223 endometrium and has a key role in embryo implantation following its adhesion to the maternal
224 tissue. Integrins and fibronectin, which are considered necessary for uterine implantation, have
225 also been shown to be present in tEP, indicating that they may have a role in tubal implantation
226 (27). Kuroda et al. (2004) observed the total loss of α -smooth muscle actin (α SMA) and CD34⁺
227 stromal cells in both IUP and tEP compared to non-pregnant endometrial and tubal tissues.

228 Loss of α SMA⁺ and CD34⁺ stromal cells may therefore indicate decidualisation-specific
229 changes in tEP (31).

230 A study by Ji et al. (2013) compared oestrogen receptor (ER) and progesterone receptor
231 (PR) expression between normal mid-secretory non-pregnant tubes with tEP, both at the site
232 of implantation and at distant regions of the same tube. They reported a decrease in the
233 expression of ER and PR at the site of implantation compared to other tubal regions of the
234 pregnant FT and secretory phase non-pregnant tubes; the expression of ER and PR in the latter
235 two groups was similar. Expression of ER and PR was mainly confined to the epithelial nuclei
236 and sparsely in the tubal stroma (43). Land & Arends (1992) suggest that the absence of
237 sufficient decidualisation in tubal pregnancies may be explained by the lack of PR in the FT
238 (28), yet the action of progesterone via PR is known to reduce the expression level of its own
239 receptor and ER (44).

240 Three included articles investigated bona fide decidual markers in the FT. Groffin et al.
241 (2003) reported an absence of expression of two well-known decidualisation markers, PRL and
242 IGFBP-1, in tEP (36). Rutanen et al. (1991) and Zygmunt et al. (2000) indicated IGFBP-1
243 expression in FT in post-partum and intrauterine pregnancies, respectively (23, 45).

244 **Discussion**

245 The objective of this review was to compile the available evidence regarding the
246 potential of the FT to undergo decidualisation. We found that the FT has the ability to undergo
247 stromal decidualisation under specific circumstances (31, 45). However, unlike the
248 endometrium, where decidualisation is a hallmark of the secretory phase, decidualisation in
249 the FT appears to be a relatively rare occurrence, and it is unclear how or why it transpires.

250 In the endometrium, decidualisation is modulated by cyclic fluctuations in the ovarian
251 steroid hormones, oestrogen and progesterone (46). In the absence of an embryo, the superficial

252 endometrial layer is shed during menses. Endometrial decidua can be characterised by
253 morphological changes, phenotypic markers, and a unique immune cell profile.

254 In the luteal phase, the rise in progesterone levels stimulates a chain of reactions in the
255 endometrial stromal cells, causing an upregulation of multiple genes, including the classical
256 markers of decidual cells, PRL and IGFBP-1 (11). Endometrial receptivity also involves the
257 presentation of adhesion molecules and simultaneous loss of inhibitory factors that prevent
258 embryo attachment (47). The phenotypical changes of the endometrium include vascular
259 remodelling, an influx of uNK cells and the differentiation of stromal cells to a hypertrophic,
260 secretory phenotype (12, 48). There is a five-fold increase in leukocytes during the secretory
261 phase, of which the most notable change is the significant increase in uNK cells; uNK cells
262 account for approximately 70% of the total leukocyte population (21, 47, 49).

263 As identified in this review, the FT have the ability to decidualise under specific
264 circumstances. One explanation is that the FT is more sensitive to the higher concentrations of
265 progesterone produced by the placenta compared to the relatively moderate levels produced by
266 the corpus luteum, which is why decidual changes in the FT associated with IUP are present
267 post-partum (25).

268 It is important to note that the hormone responsiveness of the tubal mucosa is proposed
269 to be different to that of endometrial cells. The dynamic changes in the expression of steroid
270 hormone receptors are not observed in healthy pre-menopausal tubes when compared with the
271 eutopic endometrium (9). The relative hormone resistance of the tubal mucosal would prevent
272 initiation of decidualisation, but in the event that the cells become sensitised, possibly via
273 prolonged and sustained exposure to high progesterone levels, decidualisation may occur and
274 promote tEP.

275 Furthermore, there is a paucity of studies investigating the FT in early IUP to confirm
276 that this is only a late pregnancy event. For obvious reasons, access to such material is limited.
277 The developing foetus and placenta of ongoing IUPs produce many endocrine agents that may
278 influence the tubal mucosa, potentially inducing decidual changes (11, 12, 14). Intriguingly,
279 no studies have investigated tubal changes following exogenous progestogen administration,
280 which typically induces a decidualisation response in the endometrium. Therefore, further
281 studies are needed to conclude on the decidualisation potential of healthy FT.

282 The receptive endometrium describes the stage at which an embryo can implant, and it
283 can have degrees and types of abnormality (50). In parallel, extravillous trophoblasts are
284 thought to switch from a differentiating phenotype to an invasive phenotype, which is believed
285 to occur independently of the maternal environment (36), meaning that the embryo could begin
286 to invade any tissue that it is in contact with when this change occurs. This postulation is
287 acceptable, considering the observation of rare ectopic pregnancies in the abdomen. Evidence
288 suggests that tubal implantation may occur due to stagnation of the embryo in the FT; such
289 immobility will allow prolonged exposure of the FT to the secretory products of an embryo,
290 which may induce a local decidual reaction in the FT, encouraging tubal implantation (33).
291 However, stagnation of the embryo in the FT in the study by Wist et al. (1954) occurred due to
292 the presence of a decidual polyp (33). Interestingly, Vang et al. showed that
293 pseudoxanthomatous salpingitis manifests histological similarities to decidualisation (51). As
294 the study by Wist et al. was published in 1954, it can be speculated that the multiple decidual
295 polyps were, in fact, expanded plicae due to the presence of numerous histiocytes (33, 51).

296 Activins are important autocrine/ paracrine regulators that stimulate and facilitate endometrial
297 decidualisation, which is crucial for successful implantation (52). They are secreted by newly
298 decidualised cells, promoting the spread of decidualisation throughout the endometrium (40,
299 53-55). The presence of specific molecular markers, such as activins in the FT, that affect tubal

300 mobility via altering smooth muscle contractility and/or ciliary beat activity, leading to tubal
301 transport failure and, consequently, blastocyst retaining within the tube, which overexposed
302 the tubal epithelium to the embryonic chorionic gonadotrophin, and ultimately induces tubal
303 epithelial receptivity (9, 38-40).

304 Although the immune cell profile of the FT may have similarities to that of the
305 endometrium, there are stark differences, such as the increased number of T cells and the lack
306 of uNK cells in the FT. The absence of uNK cells in the FT may allow over-invasion of the
307 extravillous trophoblasts (36), which could be a reason for frequent rupture of the FT observed
308 in tEP. Unlike the endometrium, the immune cell profile of the FT does not appear to change
309 in response to an embryo implanting. This is again likely to reflect the relative resistance of the
310 tubal mucosa to steroid hormones (9). Von Rango et al. (2001) identified T cells, followed by
311 macrophages, as the most abundant leukocytes in the healthy FT (38). This immune profile is
312 similar to that of the proliferative phase endometrium described by Vallvé-Juanico et al. (2019),
313 whereby the most abundant leukocytes are T cells, followed by macrophages and uNK cells
314 (56), though uNK cells are virtually absent from tubal mucosa (38, 57).

315 In summary, there is insufficient evidence to define the decidualisation potential of
316 healthy and pathological FT in full. Furthermore, no studies have explored decidualisation
317 reactions in damaged FT, such as hydrosalpinx after infection. Therefore, it remains
318 challenging to find a causal relationship between factors influencing tEP. This uncertainty
319 creates a causality dilemma, in which it is difficult to confirm what came first: the embryo
320 expressing the invasive phenotype or a pre-existing receptive FT. Additionally, the association
321 of ectopic pregnancy with many risk factors, such as previous FT surgery and PID, is well-
322 established; however, this review did not identify any literature exploring decidualisation in
323 such cohorts. Furthermore, there is a lack of studies regarding decidualisation in the FT during
324 specific stages of the menstrual cycle.

325

326 **Conclusions**

327 The FT can undergo decidual changes under specific circumstances. These may include
328 prolonged exposure to high levels of progesterone, placental products, and prolonged exposure
329 to a conceptus. The presence of decidual cells in tEP is poorly understood, and many questions
330 are left unanswered. Further research surrounding the decidualisation of the FT at different
331 stages of the menstrual cycle and following damage would help to bridge the gap of knowledge
332 in understanding the pathophysiology of the FT. Additionally, receptivity markers, the
333 proliferation of the tubal mucosa and the immune profile of normal and damaged tubes could
334 be explored in FT across the menstrual cycle. Such studies could provide greater insight into
335 the mechanisms of aberrant embryo implantation at ectopic sites.

336

337 **Authors' roles**

338 F.A., N.G., S.G.P., J.N.R.W., D.K.H and C.J.H. developed the systematic review protocol.
339 F.A., N.G. and C.H.R. performed database searches and data extraction. F.A. and C.J.H.
340 created figures. N.G., C.H.R. and F.A. wrote the first draft of the manuscript. All authors
341 finalised, critically appraised and approved the final version of the manuscript.

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350

351 **Conflicts of interest**

352 The authors declare that there are no conflicts of interest.

353

354 **Data availability**

355 The data underlying this article are available in the article.

356

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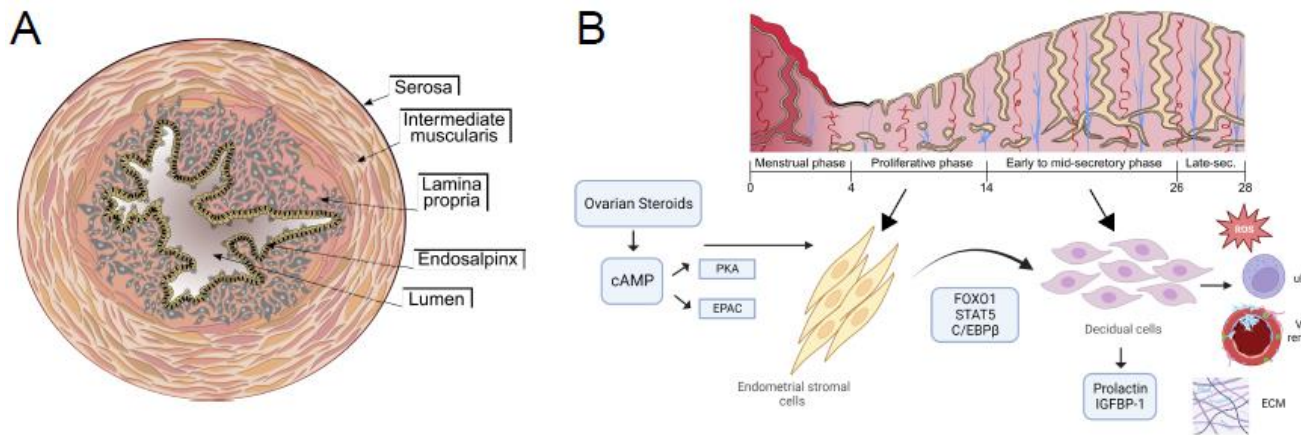
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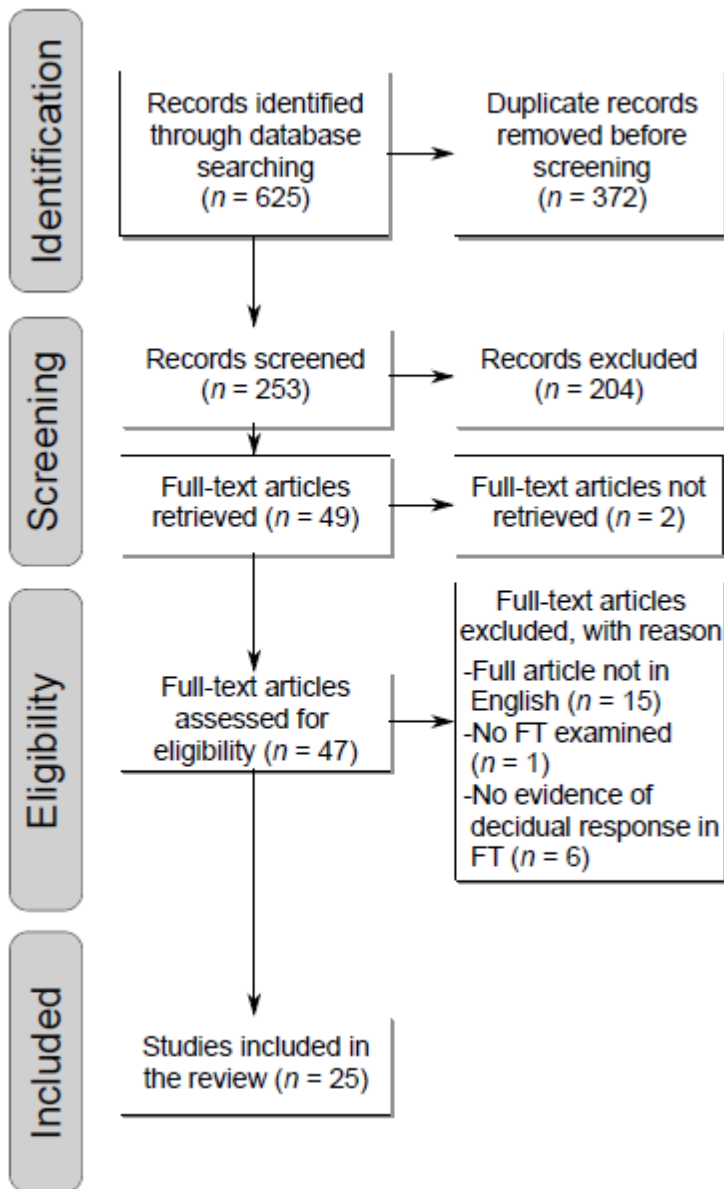
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504 **Figure 1.** (A) Fallopian tube cross-section with major anatomical structures labelled. (B)
505 Schematic representation of the decidualisation process in human endometrium, which leads
506 to enhanced reactive oxygen species (ROS) production, increased extracellular matrix (ECM)
507 deposition, uterine natural killer cell (uNK) recruitment and vascular remodeling.
508 Abbreviations: CCAAT/enhancer-binding protein β (C/EBP β), cyclic adenosine
509 monophosphate (cAMP), exchange protein directly activated by cAMP (EPAC), forkhead box
510 protein 1 (FOXO1), insulin-like growth factor binding protein-1 (IGFBP-1), protein kinase A
511 (PKA), and signal transducer and activator of transcription 5 (STAT5). Created in part with
512 BioRender.com.

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515 **Figure 2.** PRISMA flow diagram.

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520 **Tables**

521 **Table 1.** Risk of bias assessment for case-control and cohort studies using the Newcastle-
 522 Ottawa Scale.

Case-control studies													
Author	Year	Selection				Comparability		Outcome			Total		
		1	2	3	4	5	6	7	8	9			
Al-Azemi	2009	★		★	★	★	★	★	★	★	★	8	Good
Basta	2010	★	★	★	★	★	★	★	★	★	★	9	Good
Inan	2004			★		★		★	★	★		5	Poor
Ji	2013	★		★	★	★	★	★	★	★	★	8	Good
Kuroda	2004			★		★			★	★		4	Poor
Pröll	2000	★		★		★		★	★	★		6	Fair
Refaat	2008			★	★	★		★	★	★		6	Fair
Refaat	2011	★	★	★	★	★	★	★	★	★	★	9	Good
Rutanen	1991	★				★			★	★		4	Poor
Von Rango	2001	★		★		★	★	★	★	★		7	Fair
Zygmunt	2000			★		★			★	★		4	Poor
Cohort studies													
Floridon	1999			★		★		★	★	★		5	Poor
Floridon	2000			★		★		★	★	★		5	Poor

Goffin	2003	★	★	★	★	★	★	★	6	Fair
Heatley	1996			★	★	★	★		4	Poor
Ordi	2006		★	★	★	★	★	★	6	Fair
Vassiliadou	1998	★		★	★	★	★	★	6	Fair

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524 **Table 2.** Risk of bias assessment for case series using the tool proposed by Murad et al. (2018).

Author	Year	Selectio			Ascertainme				Causality			Reportin		Total
		n	nt		4	5	6	7	8	g				
			1	2							3			
Hunt	2002	★	★	★									3	Fair
Land	1992		★	★	★								3	Fair
Randall	1987												0	Poor
Rewell	1971												0	Poor
Spornitz	1993			★			★				★		3	Fair
Tilden	1943	★					★				★		2	Poor
Wist	1954						★						1	Poor

525

Table 3. Summary of studies that investigated decidualisation in human Fallopian tubes. Abbreviations: FT (Fallopian tube), IHC (immunohistochemistry), IF (immunofluorescence), RT-PCR (reverse transcription polymerase chain reaction), tEP (tubal ectopic pregnancy).

First author	Title	Method(s)	Decidualisation markers studied	Control/comparator group(s)	Relevant results
Al-Azemi et al. (2009)	The expression of MUC1 in human Fallopian tube during the menstrual cycle and in ectopic pregnancy	IHC and quantitative RT-PCR	Mucin-1 (MUC1)	FT collected in the menstrual, follicular or secretory phase following total abdominal hysterectomy for benign disease not affecting the tubes.	Cyclical changes in MUC1 expression in tubal epithelial cells. Decrease in MUC1 mRNA and protein in tEP compared with pseudopregnancy.

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Basta et al. (2010)	The frequency of CD25+CD4+ and FOXP3+ regulatory T cells in ectopic endometrium and ectopic decidua	Fluorescence-activated single cell sorting	CD4, CD25, and forkhead box P3 (FOXP3)	Eutopic endometrium group derived from participants with regular menstrual cycles, and ectopic endometrium group derived from participants undergoing removal of ovarian endometriomas.	The percentages of FOXP3+ cells in the subpopulation of CD4+ T lymphocytes found in the decidua of the patients treated for FT pregnancy were statistically significantly lower than both those observed in the ovarian endometriosis samples and those found in the secretory eutopic endometrium of the control group.
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<p>Floridon et al. (1999)</p>	<p>Localization and significance of urokinase plasminogen activator and its receptor in placental tissue from intrauterine, ectopic and molar pregnancies</p>	<p>IHC</p>	<p>Urokinase plasminogen activator receptor (uPAR), urokinase plasminogen activator (uPA), cytokeratin and Ki67</p>	<p>Decidual tissue from normal intrauterine pregnancies, decidual tissue from complete and partial molar pregnancies, and pseudodecidual intrauterine tissue from participants with tEP.</p>	<p>There was no decidual-like reaction of the stromal cells in the FT wall except in two cases with localized endometriosis. Only very few submucosal stromal cells away from the implantation site were positive for uPAR. The tubal epithelium, circumferential muscular cells and serosal mesothelium were uPAR negative. No maternal stromal zone of uPAR-positive cells directed</p>
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					against the implanting ectopic pregnancy.
Floridon et al. (2000)	Does plasminogen activator inhibitor-1 (PAI-1) control trophoblast invasion? A study of fetal and maternal tissue in intrauterine, tubal and molar pregnancies	IHC	Plasminogen activator inhibitor-1 (PAI-1)	Decidual tissue from normal intrauterine pregnancies, decidual tissue from complete and partial molar pregnancies, pseudodecidual intrauterine tissue from participants with tEP, and normal endometrial tissue from non-pregnant participants in the proliferative or secretory phase.	In the tubal wall, PAI-1 was exclusively seen in a few submucosal stromal cells distant from the implantation site. The tubal epithelium and the muscular cells were PAI-1 negative. Decidualisation of the stromal cells at the implantation site was not present.

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Goffin et al. (2003)	Evidence of a limited contribution of fetomaternal interactions to trophoblast differentiation along the invasive pathway	IF and quantitative RT-PCR	Connexin, cytokeratin, C-erbB-2, E-cadherin, epidermal growth factor receptor (EGFR), human leukocyte antigen G (HLA-G), human prolactin (hPRL), insulin-like growth factor binding protein 1	First-trimester placental tissue.	The decidualisation markers PRL and IGFBP-1 were not detected in the tubal implantation sites.
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			(IGFBP-1), integrins ($\alpha 1$, $\alpha 6$, $\alpha 5\beta 1$), Ki67, p16, p57, and vimentin		
Heatley et al. (1996)	The immunophenotype of human decidua and extra-uterine decidual reactions	IHC	α_1 -anti-trypsin, α_1 -anti-chymotrypsin, (human chorionic gonadotrophin β) β -hCG, CD3, CD20, CD45, CD68, cytokeratin, desmin,	Decidua from intrauterine gestations, appendix, cervix and FT, and non-pregnant endometrium.	Extra-uterine mesenchymal cells, such as in the FT, that have undergone a decidual reaction correspond closely to their counterparts in the endometrial stroma. Post-partum decidualised stromal reaction was noted in the FT.

			placental alkaline phosphatase (PLAP), smooth muscle actin, and S-100 protein		
Hunt & Lynn (2002)	Histologic features of surgically removed fallopian tubes	Microscopy	Histologic examination	None	Tubal ectopic decidua was found in 3% of the FT examined and were all from post-partum patients.
Inan et al. (2002)	Immunolocalization of integrins and fibronectin in tubal pregnancy	IHC	Integrins ($\alpha 3$, αV , $\beta 1$, and $\alpha 2\beta 1$), and fibronectin	Non-pregnant FT samples, and non-implantation site regions from tEP specimens.	Integrins (in particular $\alpha 3$ and $\beta 1$) and fibronectin may play a role in progression of tubal implantation. $\alpha 3$ and $\beta 1$ integrins and fibronectin

					<p>was present in ectopic pregnancy decidual cells at the site of implantation.</p> <p>Increased fibronectin-staining intensity may be related to the adhesive activity in tEP.</p>
Ji et al. (2013)	Reduced expression of aquaporin 9 in tubal ectopic pregnancy	IHC	Aquaporin 9 (AQP9), oestrogen receptor (ER), and progesterone receptor (PR)	Non-pregnant FT samples collected during the mid-secretory phase, and non-implantation site regions from tEP specimens.	<p>Expression of AQP9 in the human FT may be significant during tubal implantation. No correlation between AQP9 and ER or PR in the non-implantation site or the normal FT. ER and PR had weak immunostaining at the site of</p>

					implantation in tEP compared with spatially remote regions of the same tube.
Kuroda et al. (2004)	The disappearance of CD34-positive and alpha-smooth muscle actin-positive stromal cells associated with human intra-uterine and tubal pregnancies	IHC	□-smooth muscle actin (□SMA), and CD34	Non-pregnant FT, normal endometrium and intrauterine pregnancy decidual tissue.	Cells positive for both antigens seemed to be more abundant in normal mucosa of FT than at the peri decidual mucosa of intrauterine and tubal pregnancies. Neither □SMA ⁺ nor CD34 ⁺ stromal cells were observed anywhere in the decidual stroma of intra-uterine and tubal pregnancies, which

					may be an indicator of decidualisation induced changes in the stroma.
Land & Arends (1992)	Immunohistochemical analysis of estrogen and progesterone receptors in fallopian tubes during ectopic pregnancy	IHC	Oestrogen receptor (ER), and progesterone receptor (PR)	None	A decidual reaction was observed in 42% of tubal pregnancies, though the degree and extent of decidualisation was less than normally seen in an intrauterine pregnancy. ER expression, PR expression and serum hCG concentrations had no correlation to the degree of decidualisation. The lack of PR in the FT may explain

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					the absence of adequate decidualisation in tubal pregnancies.
Ordi et al. (2006)	Uterine (CD56+) natural killer cells recruitment: Association with decidual reaction rather than embryo implantation	IHC	CD3, CD4, CD8, CD16, CD20, CD56, CD57, CD68, cytokeratin and α -inhibin	Decidualised endometrium from participants undergoing progestin therapy, intrauterine pregnancy-associated ectopic decidua and intrauterine decidua from spontaneous abortions.	The immunomodulation of uterine natural killer (uNK) cells is most likely not induced by the local presence of trophoblast but is primarily hormonally regulated. No decidual reaction was detected in any ectopic implantation. Lack of uNK cells in all cases of tubal pregnancy. Ectopic decidua that is associated with intrauterine pregnancy

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					is characterised by the presence of uNK cells.
Pröll et al. (2000)	Tubal versus uterine placentation: Similar HLA-G expressing extravillous cytotrophoblast invasion but different maternal leukocyte recruitment	IHC	<p>BY55, CD1a, CD1b, CD1c, CD4, CD8, CD14, CD16, CD20, CD25, CD56, CD83, CD94, human leukocyte antigen DR (HLA-DR), HLA-G, leukocyte immunoglobulin-like receptors 1</p>	Non-pregnant FT samples, and intrauterine decidua from elective terminations.	<p>Pregnant tubes were characterised by the lack of NK cells and of cells expressing CD94 receptor specific for HLA-E, and a prominent increase of CD8⁺ T cells, dendritic cells, and macrophages.</p>

			and 2 (LIR1 and LIR2), cytokeratin, and vimentin		
Randall et al. (1987)	Placentation in the fallopian tube	Microscopy	Histologic examination	None.	No histological evidence of any decidual reaction in ~76% of tubal pregnancies examined.
Refaat et al. (2008)	The expression of activin- β A- and - β B- subunits, follistatin, and activin type II receptors in fallopian tubes bearing an ectopic pregnancy	IHC and quantitative RT-PCR	Activin- β A, activin- β B, activin receptor types 2A and 2B (ActRIIA and ActRIIB), and follistatin	Pseudopregnant FT samples collected from participants undergoing hysterectomy who were injected with β -hCG prior to surgery.	Increased activin-A expression by the FT epithelial cells may stimulate tubal decidualisation and trophoblast invasion within the tube. An increase in activin-A expression by

					the FT epithelial cells may increase the production of nitrous oxide in a concentration dependent manner, which will result in pathological relaxation of the tubal smooth muscles, failure of propulsion of the early embryo along the FT, and the development of ectopic pregnancy.
Refaat and Ledger (2011)	The expression of activins, their type II receptors and follistatin in human Fallopian tube during	IHC and quantitative RT-PCR	Activin- β A, activin- β B, ActRIIA, ActRIIB, β -actin and follistatin	Non-pregnant FT samples from the proliferative, secretory and menstrual phases, and pseudopregnant FT samples collected from	Exposure of the tubal epithelium to hCG modulates the expression of tubal activins which are involved in regulation of

	the menstrual cycle and in pseudo- pregnancy			participants undergoing hysterectomy who were injected with β -hCG prior to surgery.	tubal physiology and early embryonic development.
Rewell (1971)	Extra-uterine decidua	Microscopy	Histologic examination	None.	Decidua was found in the FT in 3% of cases associated with intra- uterine pregnancy before the 18 th week of gestation or in the puerperium, and found in all contralateral tubes in tubal pregnancies.
Rutanen et al. (1991)	Decidual transformation of human extrauterine mesenchymal cells is	IHC	IGFBP-1	Decidual tissue from early pregnancy.	25% of the FT studied, all retrieved following tubal ligation, contained decidual cells, which were

	associated with the appearance of insulin-like growth factor-binding protein-1				morphologically indistinguishable from those in endometrium. These cells stained positively for IGFBP-1, which the authors suggest proves IGFBP-1 involvement in decidual transformation.
Spornitz (1993)	Pseudo-decidualization at the site of implantation in tubal pregnancy	Microscopy	Histologic examination	None.	The cells present at the tubal implantation site are suggested to be named "pseudo decidual cells", as apart from their large size, they do not possess the miniature mitochondria, basal lamina-like coat, or the

					decidual granules seen in decidual cells. In addition, they are not of maternal origin, thus it was indicated that ectopic endometrium is not involved in tubal implantation.
Tilden and Winstedt (1943)	Decidual Reactions in Fallopian Tubes: Histologic Study of Tubal Segments from 144 Post-partum Sterilizations	Microscopy	Histologic examination	None.	12% of tubal segments retrieved following post-partum sterilisations exhibited decidual formation of varying extent and location. This study suggests that the receptivity of the tubal mucosa to the fertilised ovum may play a more

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					important role in ectopic implantation than generally believed.
Vassiliadou and Bulmer (1998)	Characterization of tubal and decidual leukocyte populations in ectopic pregnancy: Evidence that endometrial granulated lymphocytes are absent from the tubal implantation site	IHC	CD3, CD20, CD43, CD45, CD45RA, CD56, CD57, and CD68	Non-implantation site regions from tEP specimens, and first-trimester intrauterine decidua from participants with tEP.	Tubal decidualisation was not observed in any of the specimens examined. Macrophages and T cells were the most abundant leukocyte populations at the tubal implantation site.
Von Rango et al. (2001)	Effects of trophoblast invasion on the distribution of	IHC	Cytokeratin, CD8, CD20,	Decidual tissue obtained from elective terminations of normal intrauterine	Leukocyte populations present in the tubal and uterine mucosa are an

	leukocytes in uterine and tubal implantation sites		CD45, CD56, and CD68	pregnancies, and intrauterine decidua from participants with tEP.	intrinsic characteristic of these tissues. The number of CD45 ⁺ leukocytes, mainly composed of CD68 ⁺ macrophages, increase from non-pregnant FT to tEP; the distinct leukocyte distribution pattern at the implantation sites suggests that the invading trophoblast exerts a paracrine influence on endometrial and endosalpingeal leukocytes. The absence of natural killer cells from the tubal wall
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					may be one reason for the higher degree of invasiveness of the trophoblast at the tubal implantation site.
Wist (1954)	Decidual Reaction and Tubal Pregnancy	Microscopy	Histologic examination	Non-implantation site regions from tEP specimens.	Decidual reactions were observed in 17% of cases of tubal pregnancy, the majority of which appeared to occur away from the implantation site. This indicates that there is no chemotactic attraction between the ovum and decidual reaction.

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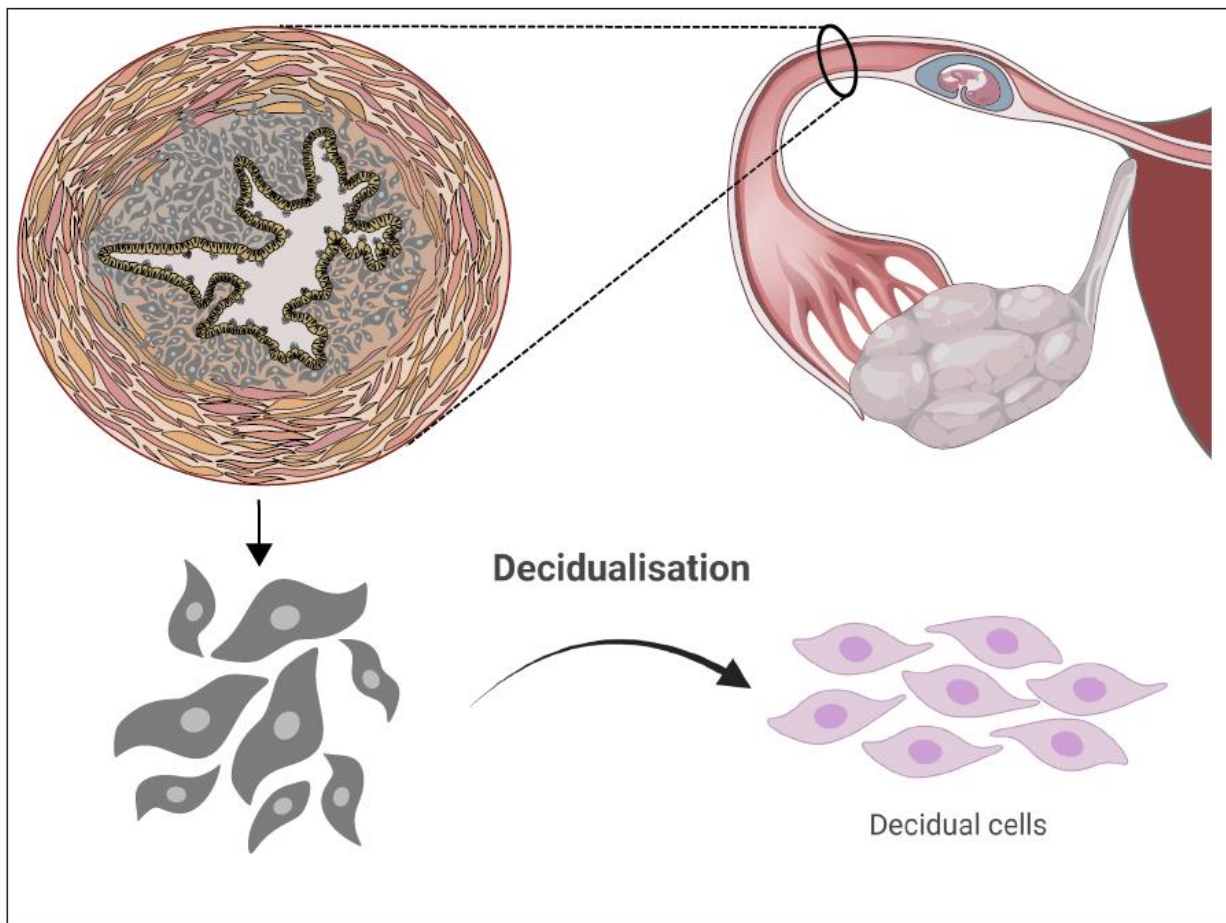
<p>Zygmunt et al. (2000)</p>	<p>Local fetal signal is not required for maintaining IGFBP gene expression in the human decidua: Evidence from extrauterine pregnancies</p>	<p>In-situ hybridisation and IHC</p>	<p>Insulin-like growth factor 2 (IGF-II), IGFBP-1, IGFBP-2, IGFBP-3, IGFBP-4, IGFBP-5, IGFBP-6, cytokeratin, and vimentin</p>	<p>Endometrial tissue obtained from participants with tEP, and intrauterine decidua and FT tissue from elective terminations of normal pregnancies.</p>	<p>Abundant IGFBP-1 mRNA was present in the decidualised segments of the tubal wall in intrauterine pregnancies. Other IGFBP mRNAs were expressed in moderated abundance (IGFBP-3, IGFBP-4). These findings suggest that the expression of IGFBP-1 mRNA is equal to the hormonally induced differentiation of endometrial or tubal stromal cells into decidua, rather</p>
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					than to that induced locally by the conceptus.
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Graphical abstract



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