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# <sup>2</sup> Brief Report:

# Tricontinental detection of Streptococcus pyogenes M1<sub>UK</sub>: A call for wider research and active surveillance.

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# 19 Summary

20 The Streptococcus pyogenes M1<sub>UK</sub> lineage, characterised by an intrinsic ability to express SpeA 21 toxin and defined by 27 single nucleotide polymorphisms in the core genome, dominates the 22 population of *emm*1 *S. pyogenes* isolates in England. The lineage has been identified elsewhere in 23 Europe, North America, and, most recently, Australia. SpeA however may not be the sole 24 deterministic factor underlying success of the M1<sub>UK</sub> lineage. Production of SpeA by strains belonging 25 to an intermediate emm1 sublineage, M1<sub>23SNP</sub>, is indistinguishable from M1<sub>UK</sub> strains. Despite this, 26 in England at least, M1<sub>UK</sub> has outcompeted strains from the M1<sub>23SNP</sub> sublineage. We infer that the 27 fitness of M1<sub>UK</sub> resides in additional properties that confer an advantage to S. pyogenes, underlining 28 a need for further research. A single nucleotide polymorphism (SNP) in the ssrA leader sequence 29 upstream of speA is one of a limited number of SNPs that distinguish intermediate sublineages that 30 differ in SpeA production. Introduction of the ssrA SNP into representative isolates of the widely 31 disseminated M1<sub>global</sub> clone and the intermediate M1<sub>13SNP</sub> lineage (that cannot otherwise produce 32 readily-detectable SpeA in culture) resulted in SpeA expression, confirming the importance of the 33 ssrA SNP to SpeA phenotype. However, RNAseg analysis of clinical strains showed that presence 34 of the SNP was not invariably linked to read-through from the ssrA leader sequence or SpeA 35 expression. Literature review suggests that read through and speA mRNA transcript length may be 36 impacted by the two component regulator CovRS, pointing to a complex regulatory network 37 interaction between the bacterial chromosome and phage-encoded superantigens.

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# 39 Introduction

A marked increase in serious *Streptococcus pyogenes* infections has been reported in several countries following relaxation of public health interventions designed to limit the spread of COVID-19 (1). In England, notifications of both scarlet fever and invasive *S. pyogenes* infections increased throughout 2022; infections peaked at the end of the calendar year but remained high thereafter (2). In the 30 weeks from mid September 2022-mid April 2023 there were 54,394 notifications of scarlet fever and 2965 invasive *S. pyogenes* infections in England alone (2). The overall case fatality rate of 14.2% (2) underlines the major public health impact of the observed increase, and the importance

of understanding the relative roles of strain pathogenicity, population immune susceptibility, co-infections, season, and access to healthcare.

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*Emm*1 *S. pyogenes* strains are known to be inherently invasive and normally account for one guarter 50 51 of invasive infections; currently however, emm1 isolates account for over half of invasive infections, 52 rising to over 60% in children in England (2). The population of emm1 S. pyogenes isolates in 53 England is dominated by a novel sublineage, M1<sub>UK</sub>, that has an intrinsic ability to express the phage-54 encoded superantigenic toxin, streptococcal pyrogenic exotoxin (Spe) A (3, 4). M1<sub>UK</sub> strains can be 55 differentiated from strains belonging to the highly successful emm1 S. pyogenes globally-56 disseminated clone that emerged in the 1980's (M1<sub>global</sub>) by just 27 single nucleotide polymorphisms 57 in the core genome (3). The  $M1_{UK}$  lineage has also been identified elsewhere in Europe (5), North 58 America (6, 7), and most recently in Australia, in isolates from Queensland and Victoria dating from 59 2013 (8), just 3 years after its first detection in England (3). While M1<sub>UK</sub> represented ~60% of 60 Australian emm1 isolates by 2020, in England, this proportion reached 91% by 2020 (4,8). The 61 detection of M1<sub>UK</sub> in Australia, including Queensland, underlines the ability of this lineage to spread 62 in temperate and more tropical climates. Of added concern are reports of strains infected with a 63 ΦHKU488.vir-like phage, that carries both speC and ssa superantigen genes in Australia (8). To 64 date, this phage has not been identified in emm1 strains from England, although ~10% of emm1 65 strains in England do possess a phage encoding speC and spd.

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67 Previous genomic analysis of emm1 S. pyogenes strains in England identified two intermediate 68 sublineages in addition to  $M1_{alobal}$  and  $M1_{UK}$ , with just 13 and 23 of the 27 SNPs that define  $M1_{UK}$  (3). We recently reported that strains from the M1<sub>13SNP</sub> intermediate sublineage produce negligible 69 70 amounts of SpeA, similar to M1<sub>global</sub> (9). Phylogenetic analysis of Australian sequences (9) shows 71 the M1<sub>13SNP</sub> sublineage to be present in Australia too (Figure 1A). Strains from the M1<sub>23SNP</sub> sublineage, in contrast, produce SpeA at an increased level that is indistinguishable from M1uk 72 isolates (9). Despite increased SpeA production, by 2020, we were unable to detect M1<sub>23SNP</sub> isolates 73 74 when screening all emm1 isolates submitted to the reference laboratory in England (4). The M1<sub>23SNP</sub>

intermediate sublineage appears to have been outcompeted by M1<sub>UK</sub>, suggesting an added fitness advantage in M1<sub>UK</sub> strains beyond production of SpeA alone. We postulate this further adaptation may be conferred by the additional 4 SNPs that distinguish M1<sub>UK</sub> from M1<sub>23SNP</sub> isolates (3 nonsynonymous SNPs and an intergenic SNP 39bp upstream of *glpF2*, aquaporin, expression of which is significantly reduced in M1<sub>UK</sub>) (8, 9). In this report we seek to further understand the mechanisms that differentiate SpeA-producers from non-producers among *emm*1 *S. pyogenes* strains that carry the phage that encodes *speA*.

#### 82 Results.

83 The M1<sub>UK</sub> SNP at position 983438 of the MGAS5005 reference genome, within the leader sequence 84 of ssrA and upstream of the speA start site (referred to hereafter as the 'ssrA SNP'), is present in 85 both M1<sub>23SNP</sub> and M1<sub>UK</sub> sublineages, but is absent in M1<sub>global</sub> and M1<sub>13SNP</sub> sublineages. Through 86 screening of natural mutants arising during outbreaks, the ssrA SNP was determined to be 87 specifically associated with increased SpeA production (9). We introduced the ssrA SNP into an 88 M1<sub>global</sub> strain, and into an intermediate M1<sub>13SNP</sub> strain, to determine if this would be sufficient to 89 enhance SpeA production. Consistent with the findings of Davies et al (8), SpeA production in culture 90 supernatants increased in both transformants (Figure 1B). Enhancement of SpeA was similar in both 91 the M1<sub>dlobal</sub> and M1<sub>13SNP</sub> backgrounds, suggesting that the accumulated SNPs in the M1<sub>13SNP</sub> lineage, 92 which include almost half of the SNPs that characterize M1<sub>UK</sub>, do not appreciably contribute to the 93 SpeA phenotype. We considered if our mutagenesis strategy itself might lead to increased SpeA 94 expression but this was ruled out by use of a control construct in each strain (Figure 1B).

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To understand the basis for difference in *speA* expression between the lineages, we compared RNAseq reads from four randomly selected  $M1_{global}$  strains, which do not have the ssrA SNP, and four randomly selected  $M1_{UK}$  strains, which all have this SNP. None of the strains possessed regulatory gene mutations other than those that characterize  $M1_{UK}$ . Similar to Davies et al (8), we found that there was indeed evidence of read-through in the intergenic regions between the end of *ssrA* and the start of *spea*. (Figure 1C). However, we did not see clear differentiation between the four  $M1_{global}$  strains and the four  $M1_{UK}$  strains within the intergenic region, where read abundance in 103 two of the  $M1_{dobal}$  strains was almost identical to  $M1_{UK}$  strains (Figure 1C). Regardless, transcription 104 of speA was significantly reduced in all four M1<sub>global</sub> strains compared with M1<sub>UK</sub>. Interestingly, speA 105 read abundance was somewhat higher in the two M1<sub>global</sub> strains that had more intergenic reads, but not as high as the M1<sub>UK</sub> strains. These data provide support for intergenic read-through affecting 106 107 speA transcription. However, based on short read RNA sequencing data, we cannot definitively 108 ascribe read abundance in the intergenic region to the ssrA SNP in all cases, noting that all four of the M1<sub>global</sub> strains studied lack any SNP in this region. Comparative WGS analysis between the four 109 M1<sub>global</sub> strains failed to detect genetic features associated with higher levels of read-through. Taken 110 111 together, transcriptional read-through was observed in this region, but the association with the ssrA 112 SNP and SpeA over-expression was not absolute. Despite not possessing the ssrA SNP, two of four 113  $M1_{global}$  strains tested showed similar read-through to  $M1_{UK}$  strains, yet made less SpeA, pointing to 114 additional factors that influence SpeA release. The ssrA SNP however does indeed appear 115 important, at least in the strains examined.

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#### 117 Comment

118 A polycistronic transcript for speA was originally reported ~25 years ago by Cleary et al, who 119 identified both ~2kB and ~900bp speA mRNA transcripts in a single emm1 S. pyogenes strain (10). 120 In that case, the longer 2kB transcript was however associated with colonies that failed to produce 121 SpeA, while the shorter 900bp transcript, corresponding to the expected size for the speA transcript, 122 was associated with mucoid emm1 colonies that produced abundant SpeA. Based on the date of 123 publication, we infer the emm1 strain in that study (10) to be from an M1<sub>global</sub> background. The within-124 strain variation in speA transcript length coupled with mucoid phenotype points to involvement of the 125 two-component regulator covRS (csrRS) which is now known to repress capsule and speA transcription in *S. pyogenes* (11-13). Although M1<sub>global</sub> strains produce little detectable SpeA protein, 126 127 SpeA production can be markedly upregulated following mutation of covS (11,12) or covR (12, 13) 128 (Figure 1D), likely accounting for previous reports of upregulation of SpeA following in vivo passage 129 of emm1 S. pyogenes isolates (14).

130 Consistent with the above experimental observations, contemporary M1<sub>alobal</sub> invasive strains with covRS mutations arising in patients produce SpeA at amounts equivalent to M1<sub>UK</sub> strains (9). A 131 historic emm1 isolate NCTC8198 (SF130; H250; H305) (15) produces 5-10 fold more SpeA than 132  $M1_{UK}$  strains (Figure 1E) yet does not have the  $M1_{UK}$  ssrA SNP. It does however possess a stop 133 134 mutation in covS at residue 318. Northern blotting has previously identified only a single dominant ~750bp speA mRNA transcript for this strain (16), potentially consistent with abundant SpeA 135 production. We postulate that release from indirect or direct covRS repression may allow speA 136 transcription to start at a native promoter site proximal to speA, triggered by growth-phase related 137 138 factors. Alternatively, this may result in more rapid processing of any longer transcript. Whether 139 there is an interaction between the ssrA SNP and covRS, other signals, or RNAseY is unknown.

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141 M1<sub>UK</sub> is associated with a recent upsurge in invasive infections in Europe (17,18). The two 142 intermediate sublineages, M1<sub>13SNP</sub> and M1<sub>23SNP</sub>, appear to be no longer present in England (4). 143 Despite the M1<sub>23SNP</sub> sublineage being able to produce SpeA at a level that is indistinguishable from 144 M1<sub>UK</sub> isolates (9), it has been fully outcompeted by M1<sub>UK</sub> in England (4). Although increased SpeA 145 production is predicted to perpetuate community transmission, the fitness advantage(s) of M1<sub>UK</sub> may 146 yet require additional features that promote *emm*1 survival in the human population, underlining a 147 need for further research and surveillance.

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#### 149 Author contributions.

AV, VWCS, HKL, and SS conceived the work described. AV, VS, HKL, XZ, EJ, LR, KKH, KYM, OC,
JC (UKHSA) undertook data collection, analysis, and data presentation. AV, VWCS, and SS wrote
the first draft of the report and all authors contributed to its revision.

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## 244 Figure 1



#### 245 246

#### 247 Figure 1. M1<sub>UK</sub> and sublineages; complex regulation of SpeA production

248 Phylogenetic tree constructed with 413 core SNPs (without recombination regions) obtained by mapping 269 emm1 S. pyogenes isolates selected from UK to demonstrate sublineages (ref. 7) with 319 isolates 249 250 from Australia (ref. 1) to the reference genome MGAS5005 (A); coloured tips indicate the various 251 sublineages, with Australian strains indicated by lighter colours and a UK strain with 19SNPs in grey. (B) 252 Introduction of ssrA SNP into M1global strain H1499 and M113SNP strain H1750 results in detectable SpeA 253 in supernatants when tested using SpeA immunoblot. AphA3 (kanR) was introduced upstream of the ssrA 254 leader sequence as a selectable marker in all transformants. Only transformants with the ssrA SNP 255 introduced expressed detectable SpeA. For comparison, M1uk strain H1490 also shown. C. RNA 256 sequencing read abundance across ssrA; an intergenic region which includes ptx; and speA comparing 257 four M1<sub>global</sub> strains (blue lines) and four M1<sub>UK</sub> strains (red lines). All were non-invasive throat isolates. 258 M1<sub>global</sub> isolates were BHS0674 (H1499); BHS0162 (H1489); BHS0130 (H1504); and BHS0151 (H1488). 259 M1<sub>UK</sub> isolates were BHS0170 (H1490); BHS0128 (H1503); BHS0258 (H1491); and BHS0581 (H1496). 260 D. SpeA immunoblot of supernatant from M1<sub>dlobal</sub> strain H584 and an isogenic covR T65P mutant (H1565). 261 E. SpeA immunoblot of concentrated emm1 supernatants from M1<sub>global</sub> strains (H1488; H1489; H1492; 262 H1495; H1499) and M1<sub>UK</sub> strains (H1490; H1491; H1493; H1539; H1496) (all non-invasive throat strains) 263 compared with non-concentrated supernatant from emm1 strain H305 (NCTC8198).