

After adjusting for clinical complexity and social determinants of health, state of residence only factor associated with hospital admissions among children with spina bifida presenting to the emergency department.

Medicine & Health Science

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I INTRODUCTION

- The increased rate of emergency department (ED) usage and admissions among pediatric SB patients may be influenced by social determinants of health (SDoH).
- The Childhood Opportunity Index (COI) is a validated measure of SDoH that has been previously associated with increased usage of acute care services in children with complex medical conditions¹.

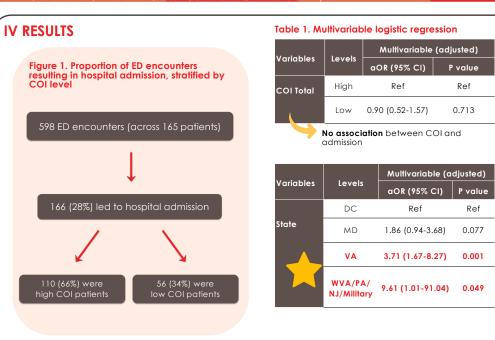
II OBJECTIVE

To determine the **association between COI level and ED admission** among children with SB presenting at our institution's ED between 2016-2020 and determine **clinical and non-clinical factors associated with ED admissions**.

III METHODS

Design	Single institution, retrospective review
Sample	SB-related ED encounters of children with spina bifida (age < 18 years)
Study period	2016 – 2020
1° exposure	COI level
1° outcome	Hospital admission from the ED
Covariables	Age, sex, race/ethnicity, primary language, insurance, state, distance from CNMC, spina bifida lesion type/level, ambulatory status, ventricular shunt status
Analysis	Descriptive statistics, random intercept mixed effects multivariable logistic regression (to adjust for patient clustering)

References: 1. Fritz CO, Hall M, Bettenhausen JL, et al. Child Opportunity Index 2.0 and acute care utilization among children with medical complexity. J Hosp Med. 2022;17(4):243-251. doi:10.1002/jhm.12810



V CONCLUSIONS

At our institution, approximately one-third of ED visits led to hospital admissions.

COI level was not associated with hospital admissions.

Only **location of residence was significantly associated with hospital admission** from the ED. This finding may suggest the **need for better access to local care and community partnerships with the Spina Bifida program**.