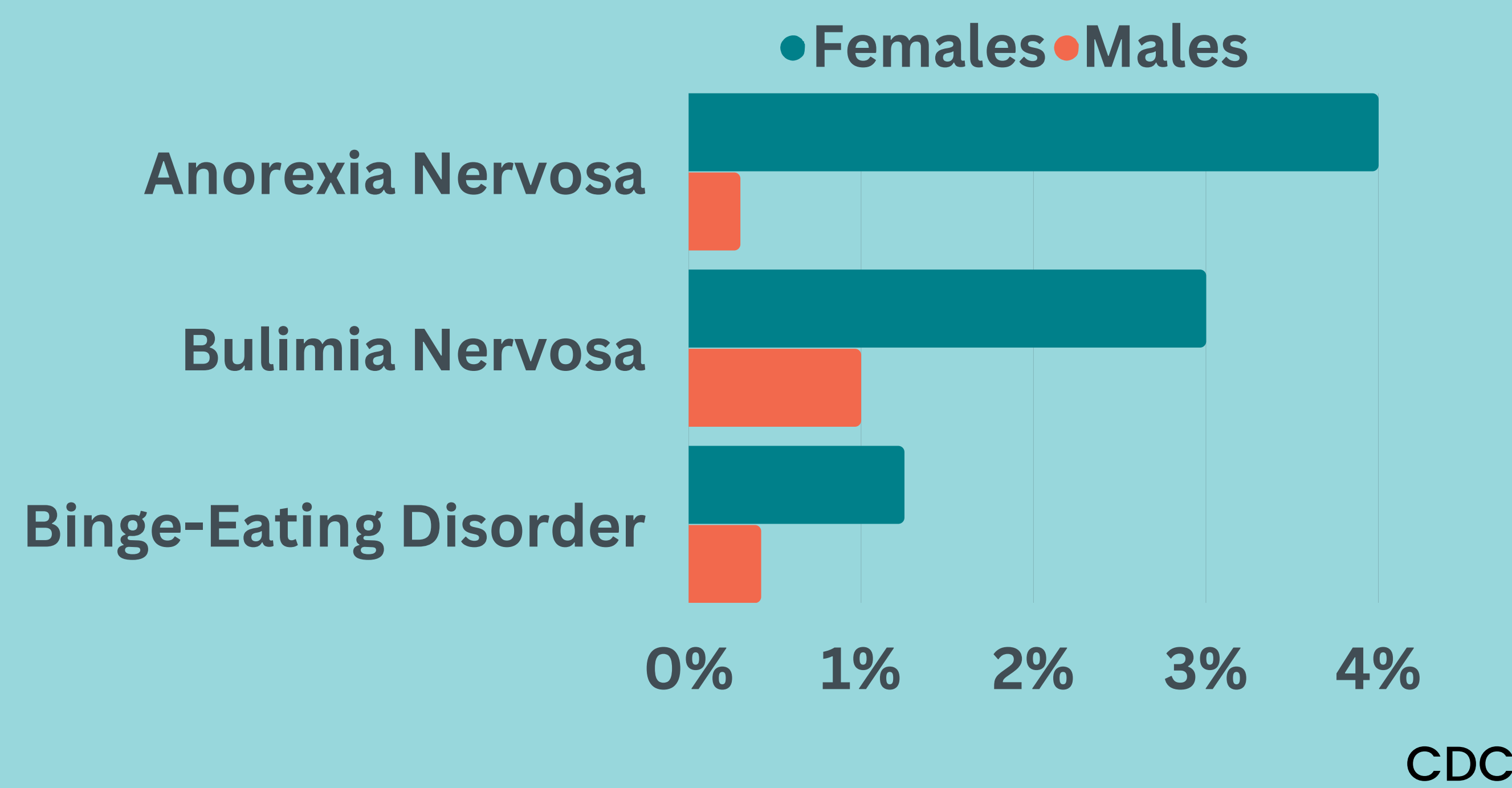


MISERICORDIA UNIVERSITY PHYSICAL THERAPY

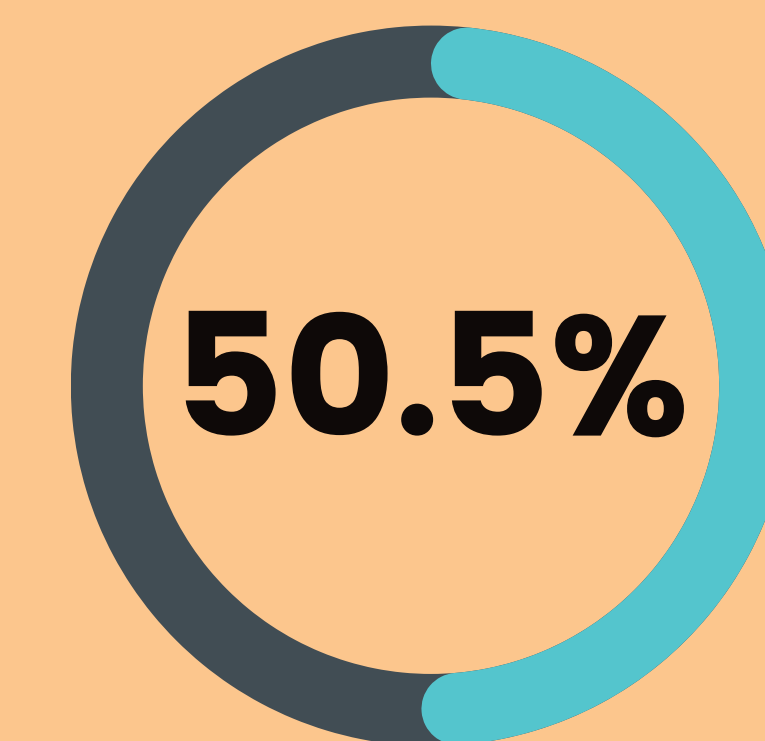
Outpatient Physical Therapists' Knowledge, Attitudes, and Behaviors Regarding Eating Disorder Screening



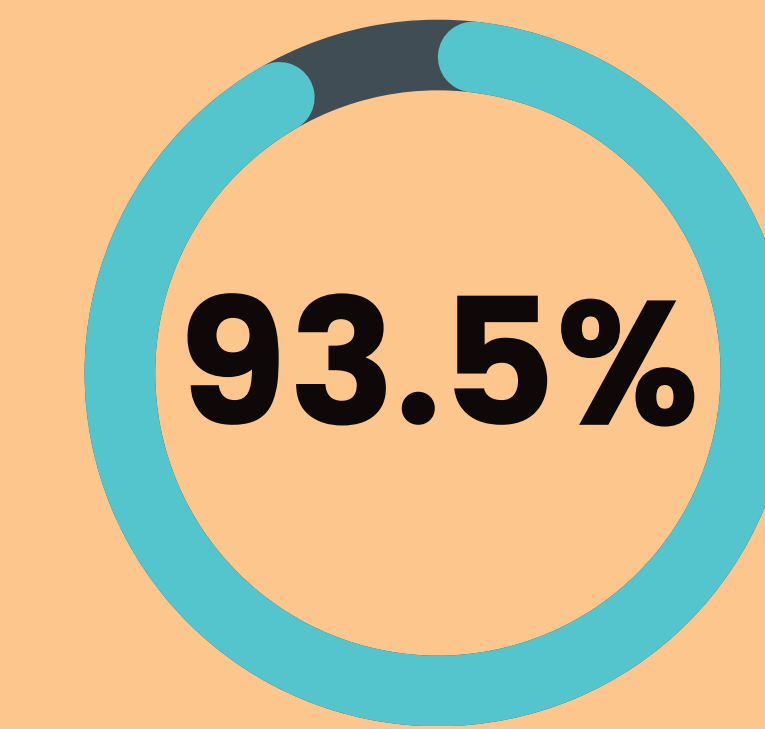
Who is affected?



Physical therapists have treated a patient with a suspected eating disorder.

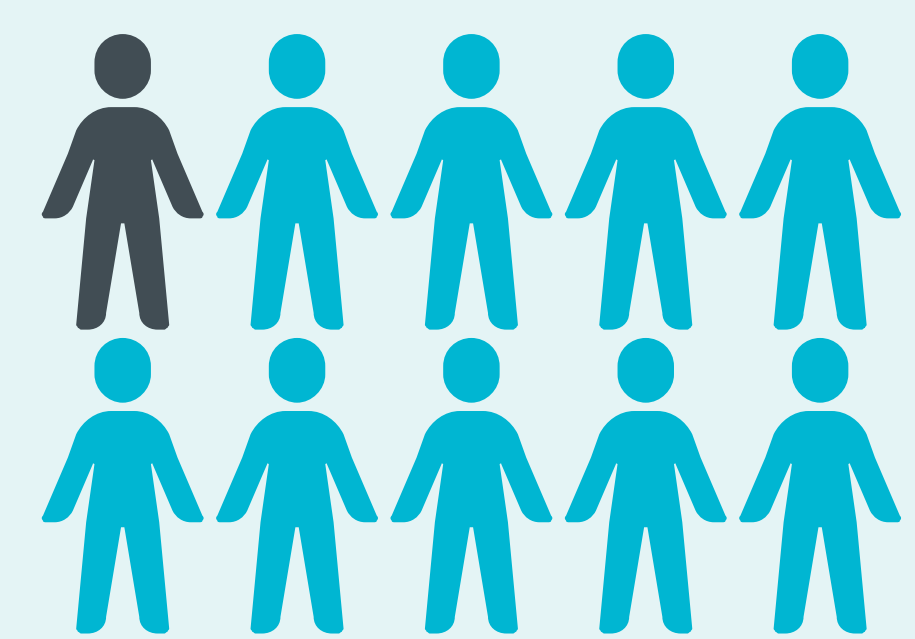


Outpatient physical therapists DO NOT routinely screen for eating disorders.

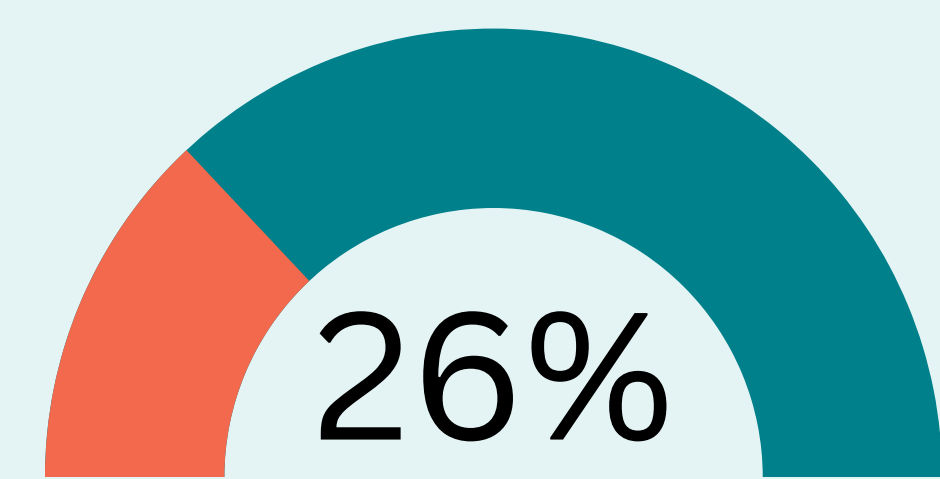


Clinical Application

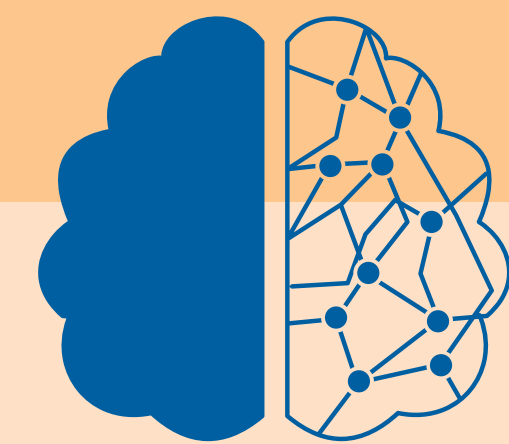
- Screening for eating disorders is the first step in helping patients
- Discuss CDC nutritional guidelines
- Refer to appropriate healthcare provider
- Adjust plan of care



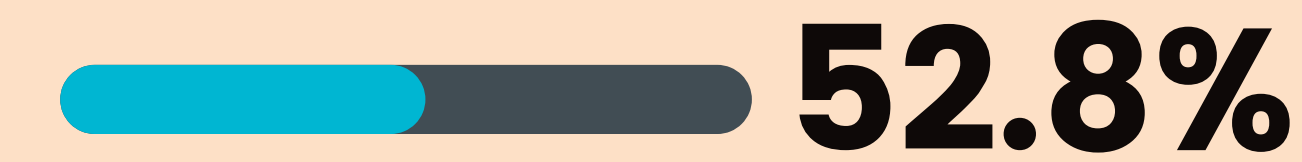
One in 10 people develop an eating disorder in their lifetime.



Of people with eating disorders will attempt suicide in their lifetime



Feel knowledgeable about eating disorders



Are confident they know what to do with a patient with an eating disorder



Believe eating disorder screening is within the PT scope of practice



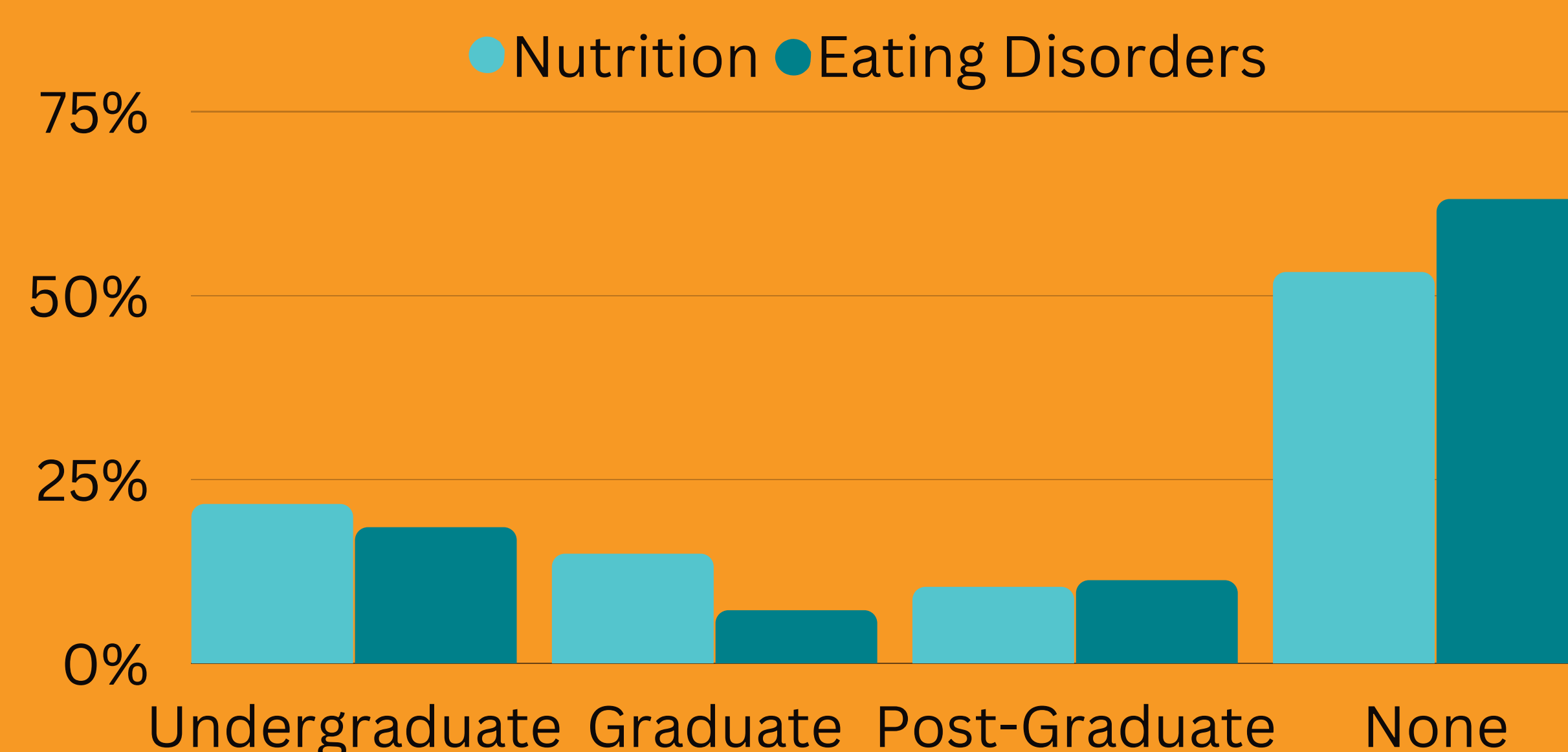
National Eating Disorders Association

- NATIONAL HELPLINE | (800) 931-2237
- ONLINE CHAT | WWW.MYNEDA.ORG
- CRISIS TEXT | NEDA TO 741741

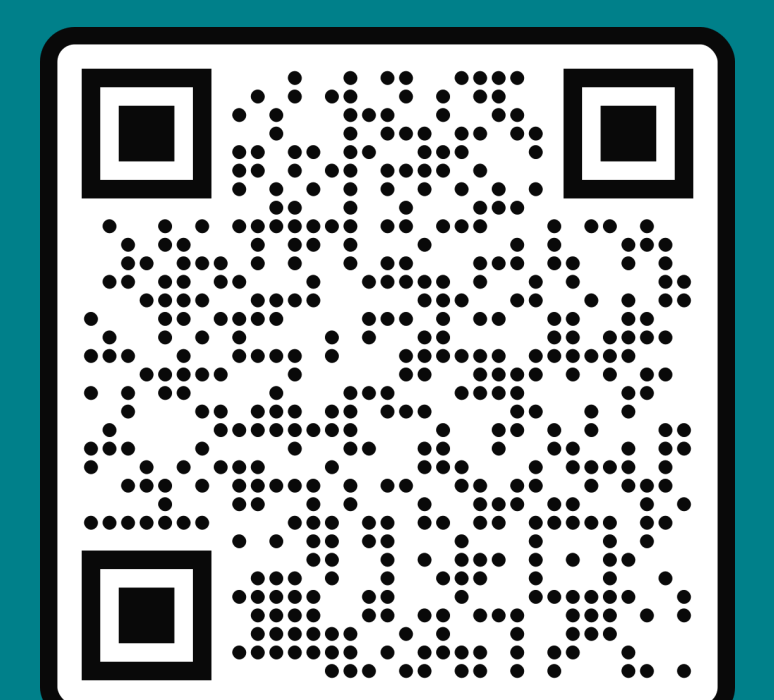
Methods

- Survey distributed 2/2/23-3/30/23
- Reminder emails sent every 2 weeks
- 231* OPT filled out the survey
- Statistical analysis with Survey Monkey

Outpatient Physical Therapist Education:



Survey



References