



THE ARCHWAY

Black and Gold and Read all over

www.bryantarchway.com

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Alyssa Silva: an incredible story of perseverance and heart

By Ariana Ricci
Business Manager



Alyssa and her service dog, Fred taking a walk on a fall day. (Alyssa Silva)

Alyssa Silva, a senior here at Bryant University, is familiar with adversity to say the least. This is why Student Affairs has created the Star Award in her honor. "It is presented to a student who best exemplifies the mission of Bryant University: achieving academic excellence as well as demonstrating character and leadership," explained Judy Farrell, RNP from Health Services. She has worked with Alyssa's family for four years and was so impressed by their dedication and commitment in the face of obstacles.

At just five months of age, Alyssa was diagnosed with the most severe form of spinal muscular atrophy (SMA) and given a mere two-and-a-half years to live. This relatively rare, genetic disease, which causes degeneration of motor neurons, affects one in every 6,000 babies. Subsequently, muscle weakness and atrophy occur, making even simple tasks like breathing, walking, and head control very difficult.

See "Star Award", page 5

Applications available for the annual Public Speaking Colloquium

By Susan Baran
Contributing Faculty

It's that time of year once again! Bryant's Annual Public Speaking Colloquium is scheduled for Monday evening, March 25th at 7:00PM, with the preliminary competition planned throughout the day on Friday, March 22nd. The PSC is sponsored by The Hanover Insurance Group along with the Department of Communication and the College of Arts and Science. It is organized by The Podium, Bryant's premier public speaking club. This year will mark the fourth year for this highly successful event which has attracted everyone from potential employers to alumni and even local celebrities. The PSC has been featured on Channel 12's Rhode Show two years running, and has been applauded by the academic community throughout the region.

Each year, over 50 students compete to become Bryant's best speaker. Over \$2,000 in cash prizes will be awarded to the top six competitors on the evening of the event, with larger cash prizes awarded to our top 3 winners. Applications are now being accepted with limited slots available so do not delay! All undergraduates are welcome to compete.

The top criteria in determining job attainment and success are communication skills – writing, critical thinking, and speaking. Students who have participated in past years have found this to be a remarkable way to jumpstart their careers. Some have been hired by major companies, thanks in part to their PSC participation; others have found that during job interviews, prospective employers are particularly interested in their involvement in the colloquium. Because many employers struggle to find qualified graduates with outstanding interpersonal skills, this is your chance to stand out among the many applicants who apply for the same jobs! Additionally, students have found it to be an influential factor on their graduate school applications as they attempt to "stand out" from other applicants.

The PSC has been called the "American Idol of public speaking." Students who attend are stunned by the talents of their peers and also benefit from seeing exactly what it takes to be an excellent presenter. You don't need to be a polished public speaker to compete. You just need to have an interest in becoming a better presenter and in reaping the rewards of participation.

The process is simple. Once you fill out and submit your application, you will instantly receive a packet of information which will include all the details on what you need to do in order to compete. You will first prepare a short three-minute speech for the preliminary round to be held on Friday, March 22nd. The speech will be on an approved topic of your choosing. Should you make the top six and advance to the main event on Monday,

March 25th, you will spend the weekend in between (3/23 & 3/24) writing a 5-7 minute speech for the finals – again on a topic you choose. It's that easy! Participants will be notified of scheduling in advance. For example, each student will be given a time slot for the preliminaries. Even if you have class on Friday, you can still compete because you would only be required to show up for your allotted 10-minute time slot. The judging process is very un-intimidating, and whether students advance to the finals or not, each student walks away with a productive critique of their speech skills which will prove to be quite beneficial for class presentations, job interviews, and business speeches. The top six will be informed by email on the evening of the preliminaries.

Take advantage of this amazing opportunity! You could win \$1000 if chosen as Bryant's BEST public speaker or other significant cash prizes for being in the top six (\$50-\$500). The deadline for applications is February 25, 2013.

More information about the PSC can be obtained by contacting Podium President, Angie Angers at aangers@bryant.edu or Dr. Wendy Samter, (wsamter@bryant.edu) in the Communication Department. Applications can be obtained by emailing the event's Director, Professor Susan Baran at subaran@bryant.edu. For your convenience, the application process can be completed entirely through email.



The finalists for the 2012 Public Speaking Colloquium. (Susan Baran)



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Guidelines for Comment...

Only articles and letters including authors' names and phone number will be considered for publication. (Phone numbers will not be printed. They are for verification purposes only.) On rare occasions, names will be withheld upon request if the editors deem there is a compelling reason to do so. No letter will be printed if the author's identity is unknown to the editors.

Letters to the Editor that are between 400 and 600 words will have the best chance of being published. Also, except in extraordinary circumstances, we will not print submissions exceeding 600 words. All submissions are printed at the discretion of the E-board. The Archway staff reserves the right to edit for length, accuracy, clarity, and libelous material.

Letters and submissions must be submitted electronically from a Bryant email address. Bryant University community members can email submissions to: archway@bryant.edu. Letters and articles can also be given to The Archway on disk. They can be left in The Archway drop box on the third floor of the Bryant Center or disks can be mailed through campus mail to box 7.

The deadline for all submissions is by 5 p.m. on the Monday prior to publication (for a complete production schedule, contact The Archway office). Late submissions will be accepted at the discretion of The Archway staff and will more than likely will be held until the next issue.

Members of the Bryant community are welcome to take one copy of each edition of The Archway for free. If you are interested in purchasing multiple copies for a price of 50 cents each, please contact The Archway office. Please note that newspaper theft is a crime. Those who violate the single copy rule may be subject to disciplinary action.

Campus Calendar

February	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
	15	16	17	18	19	20	21

Email archway@bryant.edu with the time, location, and date of your event or meeting to be featured in The Archway's Campus Calendar or Bulldog Bulletin

Bulldog Bulletin

The Archway: Writers' Meetings, Mondays 4:30pm, Bryant Center Room 2A/B
SPB: General Meetings, Mondays 4:30pm, South
Pride: Thursdays, 5:30pm, Heritage
Bryant Players: Tuesdays, 5pm, Bello 214

Want to see more people at your meetings or events? Advertise for FREE through the news feed or calendar. Email your club/org's information to archway@bryant.edu

Department of Public Safety Log

VANDALISM (Residence)
FEB 4 2013-Monday at 18:09
Location: RESIDENCE HALL
Summary: DPS received a report of vandalism to a bedroom window. The incident is under investigation.

LARCENY
FEB 5 2013-Tuesday at 19:00
Location: TOWNHOUSE
Summary: Three students reported information to DPS that they had items stolen from their townhouse. DPS is investigating.

ACCIDENT (Leaving the Scene / Unattended Vehicle)
FEB 6 2013-Wednesday at 08:35
Location: OLD TOWNHOUSE LOT
Summary: DPS received a report that a parked vehicle had been hit near Townhouse E block. Suspect vehicle had left the scene. The owner was contacted by DPS and the Smithfield Police were called and responded. SPD and DPS were unable to locate the suspect vehicle.

VANDALISM (Residence)
FEB 8 2013-Friday at 15:38
Location: RESIDENCE HALL
Summary: DPS received a report of a broken window in a Residence Hall. The incident is being investigated.

VANDALISM (Residence)
FEB 9 2013-Saturday at 01:25
Location: RESIDENCE HALL
Summary: DPS received a report of vandalism to a door in a Residence Hall. The incident is being investigated.

VANDALISM (Residence)
FEB 9 2013-Saturday at 10:50
Location: RESIDENCE HALL
Summary: DPS received a report of a broken window in a residence hall.

EMT CALL
FEB 10 2013-Sunday at 00:24
Location: RESIDENCE HALL
Summary: DPS received a call from a student with abdominal pain and not feeling well. EMS was activated. Patient was transported via Smithfield Rescue to Fatima Hospital for treatment.

EMT CALL
FEB 10 2013-Sunday at 02:11
Location: RESIDENCE HALL
Summary: DPS received a report of a female student with abdominal pain. EMS was activated. Patient was transported via Smithfield Rescue to Fatima Hospital for treatment.

VANDALISM (Residence)
FEB 10 2013-Sunday at 02:15
Location: RESIDENCE HALL
Summary: DPS received a report of a bottle being broken against a Residence Hall suite door.

EMT (Medical Services Rendered)
FEB 10 2013-Sunday at 23:55
Location: RESIDENCE HALL
Summary: DPS received a call of a student having difficulty breathing and chest pain. EMS was activated. Patient was transported via taxi to Fatima Hospital for treatment.

The year of the snake

Chinese New Year celebration Saturday the 16th!

By **Marta Gravier**
Archway Intern

That's right, it's February and the New Year has begun! By now you have become aware that the Chinese New Year is being celebrated. It is one of the most important holidays of the Chinese calendar. This year prepare to welcome the year of the Snake.

Every year, the U.S.-China Institute and Confucius Institute here at Bryant host a new year's celebration. Dancing, singing, art, and other such performances are presented. Groups from China will be performing and Bryant's very own students will be entertaining onlookers. This year, the event will be taking place on Saturday, February sixteenth from 2:00 to 5:00 pm in the main gym at the Chafee Wellness and Athletic Center.

People born in the year of the snake are thought to be complex characters. They can be cunning and manipulative. For some, the snake can symbolize danger, but for others it is simply a symbol of intelligence and grace. This year it is hoped that the snake will bring good fortune to the financial world.

A wide variety of traditions surround the Chinese New Year. A lot of the more prominent traditions come from legends, such as the legend of the Nian monster. Nian was a great and terrifying beast. The Nian would come on the first day of the year and attack villages. In order to protect themselves, the villagers would set food outside their doors. Once they found out that Nian was afraid of the color red villagers would adorn their houses with all sorts of red decorations. Firecrackers were used to scare away the Nian. Eventually, Nian was captured, leaving the once simple protective measures as annual traditions.

Grab some friends and head over to celebrate a cultural event with Chinese food and entertainment. It's a celebration you won't want to miss!

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Study Abroad Spotlight

Kelsey Greene

Class of: 2013

University: University of Queensland

Location: Brisbane, Australia

Semester Abroad: Fall 2011

Duration: One semester

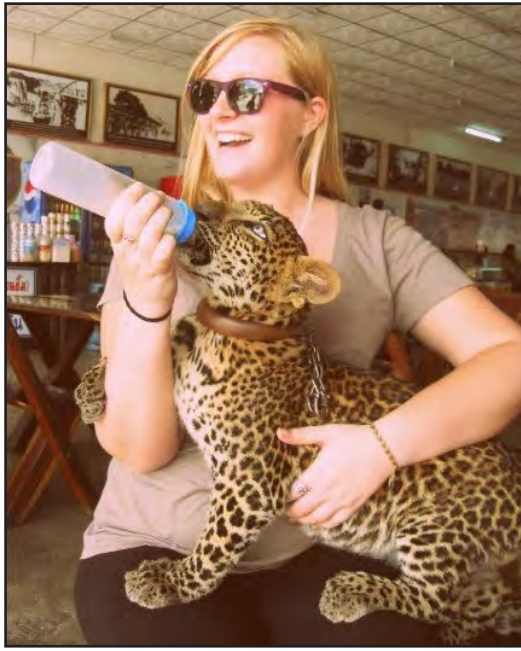
Reason for going: To explore new environments outside of the United States and learn the differences between Australian and American culture. (and to see all the amazing beaches!)

Best experience/memory: Traveling to Thailand where I was able to hold baby leopards, ride elephants, pet tigers and play with monkeys!

Funny cultural experience: While working in an Australian bakery, it took me a while to catch on to the Australian slang and currency. My first few weeks were full of miscommunications but after a while I seemed to get the hang of it.

How was the school different from Bryant University?

The University of Queensland was very, VERY big. It was probably ten times the size of Bryant; so I was able to have large lectures and classes. The campus was much larger so I also had to learn how to become familiar with such a foreign environment.



How did this experience change you?

I learned how to live on my own with no outside help which really allowed me to grow throughout this entire experience.

Would you study abroad again given the opportunity?

Absolutely. The opportunity to travel and study abroad was one of the best things that ever happened to me!

US-China Institute's first speaker of the semester

By Maggie O'Shea and Tim Loeffler
Contributing Writers

On February 7th Bryant University's U.S-China and Confucius Institutes had their first guest speaker of the year, Ezra F. Vogel, Ph.D. The now retired professor from Harvard University is one of the most respected authorities on the modern history of China. His newly released book, *Deng Xiaoping and the Transformation of China*, overviews the last 30 years of Chinese policies and the drastic changes the country underwent.

The book focuses on the life of Deng Xiaoping, who began as a young boy studying in a Confucian school. He eventually became the leader China needed to bring them as a country to where they are today. The book has earned critical acclaim all around the globe even in China itself, where the media has been historically limited at best. The book itself is also a landmark because it is the first time the Tiananmen Square incident was allowed to be mentioned in literary texts in China.

One of the most impressive achievements accomplished by Deng Xiaoping was opening China's door to the world. Deng realized that China as a whole was behind the rest of the world. Europe was drastically more modern than China; however Mao did not want China to expand its doors to the rest of the world. Deng realized that essence of China as a whole rested on the decision to open its closed borders to the world.

In December of 1978, Deng took power for the first time as China's leader. Deng established the first ever meeting with Japan in the same year. The relationship between the two neighboring countries was severely damaged due



Ezra F. Vogel, Ph.D. spoke on campus on February 7th. (MCT Campus)

to the second Great War. What Deng wanted for China was very different than what Mao wanted. Deng realized that Mao was too focused on increasing the military. Deng wanted to focus on civilian buildup.

In conclusion, Vogel explained what he thought were the three most important facts about Deng. First, Deng wanted to have good relations with all major powers. Secondly, he wanted to open markets. And last but not least, Deng believed in the system of meritocracy, which is selecting officials based upon merit. A lifetime of service to his country has earned Deng Xiaoping a place in the hearts of many and the respect of millions.

Collect can tabs for Shriner's Hospital for Children

Professor Roethlein's three young boys are making a difference one can tab at a time

By Kelsey Nowak
Editor-in-Chief

If any of you have ever had Professor Roethlein you will know what I mean when I say that he truly cares about his family (especially his kids), each of his students, and also about the world that we all live in. His children, who are 10, 10, and 8, have been collecting and recycling aluminum pull can tabs for Shriners Hospital for Children for years.

Shriners Hospital for Children is a one-of-a-kind international health care system of 22 hospitals dedicated to improving the lives of children by providing specialty pediatric care, innovative research and outstanding teaching programs. Children up to age 18 with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate are eligible for admission and receive all care in a family-centered environment at no charge.

Patients are eligible for care at Shriners Hospitals for Children if, in the opinion of their physicians, there is a reasonable possibility they can benefit from the specialized services available. Acceptance is based solely on a child's medical need. A family's income or insurance statuses are not criteria for a child's acceptance as a patient.

Each can tab that Shriners Hospital receives is turned into money to purchase items for the hospital such as patient clothing, special wheelchairs, DVD players, bingo prizes, arts & crafts materials, toys, games or patient supplies. Somehow, the hospital is able to turn these recyclable materials into a means of satisfying the many needs of the patients at Shriners. Each of you can help Professor Roethlein's three boys, Matthew, Nathan, and Zachary, reach their goal of collecting 1 million tabs.

There are about 1,400 tabs in a pound. So, they are trying to collect over 700 pounds of tabs! In just a year and a half they have collected and donated approximately 421 pounds of tabs. This is equivalent to about 589,400 tabs! In order to reach their goal of 1 million can tabs donated, they need the Bryant Community's

help. Please encourage your family, friends, your clubs, your civic or service groups, your church, your business, etc. to help the children receiving specialized pediatric care at Shriners Hospital for Children.

If you would like a collection container, Professor Roethlein's children would be happy to make one for you. Please save any and all can tabs now, as well as during the future months, as they plan to continue this project well into the future even after they reach their goal! This is a fun service project for kids to work together with individuals and groups in the community to help children receive care at the Shriners Hospital for Children while also promoting recycling at the same time. It's an easy way to make a difference in the lives of the patients at Shriners Hospital for Children.

The can tabs can be either the small ones from soda and beer cans (we all know this campus has plenty



of those) or the larger pull tabs from soup, stew or pet food cans. Most of the can tabs are silver color but they can be blue, green, gold, or any other color.

Please collect can tabs and deliver them to Professor Roethlein directly. They can be dropped off in his office in Suite F or if you are lucky enough to have him in class, you can give them to him then!

Thank you all in advance for your can tab donations. Please contact Professor Roethlein if you need any assistance or if you have any questions.



This past weekend Student Senate had their Annual Spring retreat. At this we focused on parliamentary procedure, budgets, and our goals for the spring semester. It went really well and the Legislative body members are now prepared for upcoming budgets and for the rest of the semester.

Budget hearings are coming to an end this week and soon at our weekly Student Senate meetings clubs will come forward to accept or appeal their budgets. You will be updated on which Senate meeting you will come to and a representative of your club must be in attendance to accept the budget. If you need any clarification on these processes or have a general question you can email Margaret Wong, Student Senate Treasurer, at mwong4@bryant.edu.

Just to mention a couple items that will be happening over the course of the beginning of the semester: We will be having Special Elections soon to fill our last Senior spot on Senate so look out for those packets or email rbassett1@bryant.edu if interested. Also this semester, near the end, is when we will hold elections for the 2013-2014 Student Senate. This will be happening in March/April and we will keep you updated as elections get closer.

If you have any other questions about Student Senate, clubs/organizations, or any other concerns, you can tweet @BryantUSenate or Email us at Senate@bryant.edu. We also have our weekly meetings at 4pm in Papitto on Wednesdays, so if you have any announcements or concerns you can join us during our meetings. Also, our office on the 3rd floor of the Bryant Center is always open to the students, so stop by and say hi!

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Tupper's Tidbits

Tupper's Top Five Post-Blizzard Activities

Iron Clad Tupper I



Don't forget to shovel out a place for your dog to get down to business!

(Christina Senecal)

You may have heard that those of us in the Northeast part of the States just had a blizzard. Though it was a doozy, it didn't even crack the top 5 all time snow storms in Rhode Island!

One thing's for sure, though...all that howling wind and snow falling at a pace of anywhere from 2-5 inches PER HOUR kept most of us in the house for about 24 hours.

I said "most of us." I saw your tweets, you crazy people!

But then, it was over...17 to 40 inches of snow later, we were all left wondering how best to enjoy the day off from work and school. I present to you "Tupper's Top Five Post-Blizzard Activities":

5. SLEEP LATE! Pretty much everything was closed, so making sure you're all caught up on your restorative, healing sleep is a priority. The house was blanketed in two feet of snow, no traffic...it was super quiet!

4. CATCH UP ON DVR'd SHOWS! I've got a few episodes of "Who Let the Dogs Out," "Family Guy," and "Dance Moms" recorded. I have got to know what's going on with Chloe and Christi this season. So much drama!

3. TAKE A NAP! No, taking a nap is COMPLETELY different from sleeping in. Because I said so. Napping is a sport in the Bullympics, you know...or it SHOULD be...

2. COOK AND BAKE! Most people who had electricity got busy doing stuff like cooking and baking – stuff they don't normally have a lot of time to do. I fully support this activity. Especially if there's bacon involved. I'm allergic to wheat, but Momma bakes gluten-free peanut butter chip cookies... OMNOMNOM! I think some bacon on top would really help.

And the number one activity for after the blizzard:

1. SNUGGLE! Snuggle with stuffed animals, family, friends, and other loved ones! Be careful, though...do you know how many babies were born in the Northeast in November 1978, after the Blizzard of '78? Yeah, I don't know either...someone should get on researching that...

So there you have it. Tupper's Top Five Post-Blizzard Activities. Don't forget – I'm on Facebook (www.facebook.com/bulldogtupper) and Twitter (<http://twitter.com/bryanttuppy>). Get at me! 'Til next time...WOOF!

Managable Meals

Oven Stuffer Roaster

By Kelsey Nowak

Editor-in-Chief

It is cold out and you really want something warm and homey to eat for dinner but you have an exam tomorrow and don't have time to cook an elaborate meal. Thanks to my nana and her tricks of the trade I am happy to introduce Bryant's seniors to the oven stuffer roaster.

An oven stuffer roaster can be purchased in BJ's, Sam's club, and a knock off version can be found at most grocery stores. These are commonly called rotisserie chickens however, Tyson has recently come out with their all natural and health version of the grocery store rotisserie chicken.

When you walk into the store you will need to head towards the deli area. There will be a warming table that contains multiple different types of prepared foods. Look for Tyson's Oven Stuffer Roaster because they are the most delicious, but being that we are college students, the knock off may work for you.

Here is the best part: It is already cooked, warm, and ready to eat! Simply bring it back to your townhouse, microwave a baked potato, and defrost some frozen veggies and you have a semi homemade chicken dinner that can feed up to six people!

Wait... you're grocery shopping on Thursday morning and don't want to have the big chicken dinner with your housemates until Sunday? Simple... get the oven stuffer roaster home and put it in the fridge! Reheat it on 350 degrees until it is warmed through... don't over heat or it won't be moist.

Enjoy and don't forget the jar of gravy at the grocery store!

Turner's Thoughts

Combat that dry winter skin!



By Debbie Turner
Registered Dietician for
Bryant University Dining

Dry Skin becoming a huge pain? Personally, I am ready for the cold, dry air to warm up! That being said here are a few ways to combat the itch. You have all heard "You are what you eat" and dry skin is no exception. It's important to remember that your skin is a reflection of what you put in your body. So if you have dry skin, check out your diet. One thing we tend to forget about in the winter is drinking enough water. Water is essential for healthy skin!

It's also a good idea to avoid or reduce your intake of alcohol, caffeine, sugary foods, and fried foods. These foods are de-hydrators and will only add to the problem. Eating foods high in vitamin C, B, A, and E like leafy greens, orange and yellow veggies, and dark colored fruits, nuts and seeds are full of antioxidants and great for your skin.

While dietary sources of antioxidants (fruits, vegetables, green tea) are crucial for skin health, there may be some benefit in applying them directly to your skin as well. Those that are particularly important for skin health include:

- **Vitamin A:** When applied topically, vitamin A may help reduce wrinkles, smooth out roughness and help fade brown spots.
- **Vitamin E:** Both dietary and topical vitamin E helps your skin to keep its natural moisture, making it key for fighting dryness. Vitamin E also helps neutralize free radical damage from UV exposure, especially when combined with dietary vitamin C, helping to reduce irritation.
- **Green Tea:** This natural beverage is a potent source of antioxidants, including the polyphenol EGCG. Not only does EGCG help to eliminate free radicals, it also helps to rejuvenate your skin by re-activating dying skin cells.

Essential Fatty Acids

Essential fatty acids (EFAs) are healthy fats your body cannot make on its own, so you have to get them from dietary sources. They play an important role in the health of your skin cells and are necessary for both proper skin cell function and appearance.

Fatty acids, keep your cell membranes healthy, which is the key barrier that not only keeps water and nutrients in (leading to more hydrated, elastic, softer skin) but also allows waste products out.

Further, people with a fatty acid deficiency are more likely to have dry skin, as well as increased water loss across their skin. So if you want to maintain moisture for the winter, making sure you're getting enough EFAs is a must.

Focus on fats found in fish (ex. Salmon), Walnuts, Soy, Flax, seeds of Pumpkin and Sunflower, and Olive Oil too.

Minerals: Zinc and Selenium

Just as your skin needs antioxidants and vitamins, it also needs minerals, such as Zinc. Your skin is in a constant state of renewal, and it needs zinc to help support this process. Including lots of zinc-rich foods in your diet (pumpkin seeds, beef, crab, lima beans, chick peas) is so important for healthy skin repair and regeneration from the inside out.

Selenium is another mineral to focus on in the winter, as it can protect your skin from damage as well as help with tissue elasticity. Just a few Brazil nuts a day will give you your recommended selenium intake (or try shitake mushrooms, salmon, shrimp, eggs and garlic).

Natural Herbs and Oils

Certain herbs, when taken in supplement form, as a tea or applied topically to your skin in a cream or oil, work to rejuvenate weather-damaged skin from within. Consider:

- **Chamomile:** Widely used as a tea to help promote sleep, chamomile also shows promise for enhancing skin health when applied topically. Along with having anti-inflammatory properties, it has been found to improve skin appearance by enhancing texture and elasticity.
- **Aloe Vera:** Although it's most widely known for its soothing effect on burns, this soothing also extends to winter skin. A bit of aloe vera dabbed onto your skin will promote cell regeneration and healing, as it's a rich source of vitamins including A, C, E and B vitamins.
- **Lavender:** This calming herb is most often inhaled as a form of aromatherapy, but it can also be applied in oil form to your skin, where it is known to help relieve dryness and scales.

For one final tip, while relaxing in a hot, steamy shower or bath may sound like the perfect end to a cold winter's day, resist the urge to make the water too hot. Hot water quickly removes your skin's natural oils and can leave your skin even dryer. Stick to shorter showers using warm water instead, and focus on rejuvenating and protecting your skin from the inside out using the tips above.

Honey Beauty Treatments

The use of honey as a beauty aid has been around for ages. It has been said that Cleopatra bathed in it and the wife of the Roman Emperor Nero used honey for a face cream to maintain her youthful appearance. As it turns out, these women weren't wasting perfectly good honey.

Honey is a natural humectant that acts as a moisturizer by absorbing water from the air. Together with its antimicrobial properties, this makes honey the perfect natural skin and hair treatment.



- **Cleansing Scrub:** Try a cleansing scrub to remove dead skin cells and get an over-all smooth feel. Mix 2 tbsp. honey with 4 tbsp. of finely ground almonds, adding 1 tsp. lemon juice. Rub this gently onto your face and body. Rinse with warm water and towel dry. This mixture will exfoliate your skin and restore moisture.

- **Moisture Mask:** Mix 2 tbsp. honey with 2 tsp. milk or yogurt. Smooth this mixture on your face and throat, leaving it on for 10 minutes. Rinse with warm water.

You can always supplement your diet by taking vitamin C (I would recommend against the sugary ones that dissolve in your mouth), vitamin E and Fish Oil. Evening primrose oil also works to help moisturize your skin. You can get it in gel caps from any health food store. Break the gel cap and use it with your daily moisturizer.

First ever Bryant Star Award

Continued from page 1

Being wheelchair bound was something Alyssa had to become accustomed to at a young age. She also uses a sleep apnea machine and requires an assistant at all times, including a third shift nurse to provide her parents, who are her main caretakers, some time to recoup. Miraculously, none of this has stopped Alyssa from living her life as normally as possible. Growing up in Cumberland, RI, she attended school regularly with the help of aides, occasionally being home schooled from time to time. This was usually to prevent exposure to germs since she is prone to severe respiratory illnesses, among others.

In the face of all this, Alyssa described herself in three words as “determined, happy, and grateful.” She continually puts others before herself whenever possible. At just ten years old, she started her own greeting card company to benefit Families of SMA. Alyssa designed each card herself and had them printed and sold locally as well as online through her own production company, “Working on Walking.” All together, she has raised \$50,000 from these sales alone, with one hundred percent of the proceeds going towards SMA research. In 2010, Alyssa then transitioned into planning an annual golf tournament and dinner fundraiser to benefit her disease. With the help of her best friend’s parents, she has successfully planned three fundraisers and raised \$30,000.

When it came time to think about college, Alyssa knew that “convenience would be a huge factor.” Since Bryant was not only close to home but also offered all classes in one building, it seemed like an obvious choice. Fortunately, Alyssa loved the atmosphere, not to mention that there are many Bryant alumni in her family. At the time, she was unsure of what she wanted to study, but decided on a marketing major and psychology minor.

Of course, Alyssa’s college experience was a bit different than most. She hired students as assistants to accompany her around campus, take notes for her in class, and help her lay down between classes to get relief from her body brace. This was only made possible by her strategic scheduling that allows her an ample break after each class.

The workload, fortunately, was much more manageable than Alyssa had expected due to the accommodating nature of all the professors. That is not to say that she had it easier than any of us, of course! Alyssa still completed group projects, term papers, and exams one way or another. In addition, she also found time to join the e-board of Her Campus, Bryant’s new online magazine for college women. She mainly focuses on running the social media aspect of the club.

Everything had been going as smoothly as can be expected until last fall, when Alyssa became very ill due to complications from her disease and a paralyzed vocal cord. She missed quite a bit of the semester while undergoing surgery and had to complete much of her learning on her own. Thankfully, professors were considerate, but it was a scary ordeal nonetheless.

Someone very special helped her through this rough time, though: her canine assistant, Fred. When she was just eleven years old, Alyssa traveled

to Georgia to be paired with a service dog. Immediately, this lovable golden retriever formed an inseparable bond with her and has been by her side ever since. Being extremely obedient and intelligent, Fred helps Alyssa around the house by bringing her pillows, opening and closing doors, and keeping an eye on her in case she needs help, for instance. “He has learned to understand me on an emotional level,” Alyssa said. “These dogs are extraordinary.”

After graduation in May, Alyssa plans to take some well-deserved time off before jumping into her job search. She hopes to first find a part-time job, most likely in the field of philanthropy, to test the waters. Ideally, working from home



would be the most convenient option, but Alyssa prefers being around people and hopes that she can continue doing just that.

Alyssa is just like many other 22-year-olds in the sense that she loves hanging out with friends, going to the beach, and attending concerts. Music is a huge part of her life, since it is a talent she appreciates and admires. And it doesn’t stop there: Alyssa hasn’t let her physical limitations stop her from traveling the world, especially to Portugal. Recently, she has developed a newfound interest in writing and began a blog to document her life and experiences. (Be sure to check it out at <http://alysasakilva.wordpress.com/>.)

When asked how she feels about winning the Star Award, Alyssa humbly replied, “I am so happy, but are you sure someone else doesn’t deserve it more?” This response is a perfect embodiment of Alyssa’s incredible spirit and selflessness. “Bryant has been so amazing to me, and I’m so honored,” she added with a huge smile. In response to the question everyone must have at this point — how she manages to keep this unwavering positive attitude — Alyssa said with confidence, “My family and friends, without a doubt.” It is evident that Alyssa is appreciative of her parents, older brother, Adam, and friends for their infinite love and support. “Besides, this is all I’ve ever known, so I learn to make the best out of every situation.”

Alyssa will be presented with the Star Award on February 26 at 3:30pm in Heritage.

If you would like to support Alyssa in her fight to raise funds for SMA, contact her at asilva4@bryant.edu. You may also visit www.fsma.org for more details.

Diversity: an event like no other

By David Hurley

Contributing Writer

Having an experience change your life can be as infrequent as seeing a shooting star, finding a four-leaf clover, or watching an eclipse. So when I say that the “Diversity Contest” changed my life, it should not be taken lightly.

I went to this event last year expecting a handful of presenters with commonplace pieces; likely to be done with an analogous feel to each other. What I experienced instead were some of the best presentations I had ever seen. At four o’clock the various works of art were on display for all to see, and already I was blown away. By the time the contest was halfway over, it was my turn to perform and my jaw had already dropped to the floor from amazement.

With every painting or poem, song or dance, was a sense of urgency; the desire to express varieties of inner struggle dealing with all forms of diversity. Every contestant showed vulnerability, showed courage, showed passion and the capability to embrace difference and cherish it for making us who we are. There was real-life stories containing so much emotion that it led to tears.

There were dances with elegant beauty mixed with a fight to break through transparent barriers that have been created around us. There were poems that provoked thought, and opened minds to the lives of people pushing for equality in a society where that is hard to come by. There were even songs that belled to all that would listen about how we can unite as one instead of fighting as many. This was a miracle that people were proud to be a part of. This was a magical event that I was fortunate enough to have participated in. This was a day that I will never forget.

Sound appealing? Then make sure to come by the 7th annual “Diversity Contest”. The event will be held March 27th in the Stepan Grand Hall in the Bello Center, with project viewings starting at 4:00 and presentations going from 4:30-5:30. This event is open to anyone, and encouraged to everyone. It is a day that will open your eyes to the world in a way you have never seen it before. It will have you opening your life to new possibilities and people you have never given a chance. It will change your life. Trust me.

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Top dog - #1 Bulldogs set sights on tournament

By Justin Beaucage
Sports Editor



Guard Frankie Dobbs and the Bulldogs eye a tournament bid.
(Bryant Athletics)

A quick stroll through the Chase Athletic Center, and anyone could see how successful Bryant Athletics have been. The trophy cases cover all the walls, and the basketball courts are surrounded by championship banners hanging in the rafters. The success that Bryant has had in its rich athletic history is simply astounding.

However, in the past couple of seasons, for many teams, it's been tough to add to those shrines. Since transitioning to Division I, understandably, it has been difficult for some teams to make that jump to the big leagues, and carry over the success from Division II. In particular, last year, fans and

Bulldog nation could see the trials of the Men's Basketball team. Fans could see their struggles on the court, as the team's 2-26 record was one of the worst in recent memory. The team had only accumulated 20 wins over their first four seasons in Division I play. So, why would anyone get excited about the team this year? It's a whole new story.

Not only do the Bulldogs boast an impressive 16-6 record, but they also stand atop of the NEC with a 9-2 record. With Alex Francis leading the team in scoring, and all the players coming together, they have completely restored the hopes of Bulldog fans everywhere.

"I told them it would take five seasons to be successful," explained head coach Tim O'Shea. "Great things take time, and I knew that with some time, we would have some success."

In his fifth season at Bryant, O'Shea has been the main reason for the team's superb play in Division I. With seven seasons at Ohio University under his belt, in 2008, he took the challenge of helping the up-and-coming Bulldogs make the Division I leap.

"I knew that the first couple of seasons would be a struggle," he explained. "When a team moves up, as a coach, whether it's recruiting or making a game plan, I had to start from scratch."

With the disappointment of last year, he explained that he knew it was going to be a struggle before the 2013 campaign got underway. He said that he felt the team couldn't get into a rhythm, and some of his players couldn't get scouted.

However, after a long off-season to recuperate and adjust, O'Shea knew he had some work to do. He came into this season under a lot of pressure, but it wasn't any different than any other season. "As a coach, I am always under pressure to perform. Every season, I represent an entire university that counts on me for their team to be successful."

Well, this year, O'Shea has made the jump from the hot seat to making one of the hottest basketball teams in Division I. With impressive victories against teams such as Boston College and Robert Morris, the Bulldogs are catching the attention of the entire nation. An eight game

winning streak has helped make them a legitimate contender in the NEC.

Due to all the success this season, the team's confidence has skyrocketed, and has helped them keep their winning ways throughout. However, the season didn't get off to the fastest of starts, as they opened their season on the road against preseason #1 Indiana, and lost by 43 points. Despite the struggle, O'Shea doesn't regret the decision of opening up against the #1 ranked team in the entire country.

"As our first full season of eligibility in the Division," he said, "I wanted to do something significant, to get us on the map."

Whether it be their 46.7 percent field goal percentage, their 33 rebounds per game, or their confidence and leadership, all the players have contributed

many others, have made the Bulldogs the competitor they are this year.

O'Shea said his team has completely exceeded his expectations.

"If you were to tell me before the season started," said O'Shea, "that we would be first place in the NEC three quarters through the year, I wouldn't have believed you."

Though the accomplishments of this young Bulldog squad have been nothing short of remarkable, the team has a higher goal in mind: a ticket to March Madness, and a chance to play in the big dance. At the end of the season, the top eight teams in the NEC will play in a one-game preliminary tournament. Whoever wins the tournament, by winning three games, will get a chance to play in March Madness. This will be a huge opportunity for the Bulldogs to not only gain national recognition, but to establish themselves as a contender in Division I.

Even though the players and team are excited, they know to take it slow and to not look too far ahead.

"We just have to take it one game at a time," said O'Shea.

The team only has seven games remaining until the NEC tournament begins. The Bulldogs will look to continue their success and finish the year strong, and carry momentum into the tournament. It is an exciting time to be a part of Bulldog nation. The team has, "restored the roar," to the Bryant Bulldogs, and the "Black and Gold," will look to end their season with gold.

'Not only do the Bulldogs boast an impressive 16-6 record, but they also stand atop of the NEC with a 9-2 record.'

to the team's unbelievable season. One player in particular, senior forward Vlad Kondratyev has been a pleasant surprise to the Bulldogs. From Ukraine, Vlad has made contributions that not a lot of people have expected, including shooting nearly 54 percent from the field. His contributions, along with

Disappointment in LA big story halfway through season

By Pat Curran
Contributing Writer

As the first half of the 2012-2013 NBA season winds down and we head into the All-Star break, it is time to reflect on what has been an entertaining season so far. It is not a stretch to say that the league has plenty of young star power and is in good hands with its players. The same teams for the most part are winning; however there have been a few major trades and signings that have altered the landscape of the NBA. The struggle of the Lakers and the continued dominance of the Spurs and Heat, and the emergence of James Harden are three major headlines that have been the talk of the NBA for the first half of this exciting season.

Perennial All-Stars' Dwight Howard and Steve Nash were traded to and signed by the Lakers, respectively, this off-season. With these two elite players paired with, arguably the best player of all time, Kobe Bryant and proven star Pau Gasol, the Lakers were picked by many to either win the Western Conference, or make the Western Conference Finals and lose to the reigning West Champion Oklahoma City Thunder.

However, things do not always turn out as planned. Nothing proves that saying more true than the Lakers' dismal first half. Their record currently stands at 24 wins and 28 losses. If you were to ask me how many wins they would have by now before the season, I would have answered at least double that. The main reason the Lakers are not working out is team chemistry. It is very clear that Kobe Bryant and Dwight Howard are not getting along as Kobe told Dwight Howard on January 7th that he is "soft".

Another major problem for the Lakers is that their original coach Mike Brown was fired FIVE, yes I repeat five games into the season as the Lakers lost all eight of their preseason games and only won one out of their first five regular season games.

The main reason Brown was fired was because of his boring and time consuming Princeton offense. The

Lakers were committing too many turnovers and could not make up for it on the defensive end. They brought in Mike D'Antoni who is known as an all offense type of coach. They have not fared much better under D'Antoni as they currently have a losing record. The biggest storyline to watch for in the second half is whether the Lakers can gel under D'Antoni.

Another major storyline is the continued dominance of the San Antonio Spurs. The Spurs have the best record in the NBA as their record currently stands at 40 and 12. Coach Gregg Popovich deserves an immense amount of credit as he has to manage his "Big 3" of thirty something year olds every single night. The "Big 3," consisting of Tim Duncan, Manu Ginobili, and Tony Parker, are averaging a combined 60.5 points per game. Popovich always seems to incorporate younger players smoothly into the rotation as Tiago Splitter, Danny Green, and Kawhi Leonard are all averaging right around ten points per game.

In the second half watch out for this perfect blend of age and grace Spurs team. The reigning NBA finals champion Miami Heat also deserves a mention as they are in first place in the Eastern Conference with a two and a half game lead. LeBron James is the best player in the NBA right now and has to deal with a ridiculous amount of scrutiny every game as he carries that title of best player. Look for the Heat to make a strong push in the second half of the season.

The last major storyline of the first half is the emergence of Rockets' guard James Harden. Harden was a major player on the Thunder for the past few seasons and really developed an impeccable bond with Russell Westbrook and Kevin Durant. The three of them were often dubbed as "The Big 3" of the Thunder. They often referred to themselves as "brotherhood" and often spoke about how they felt they had built a strong



So far, Center Dwight Howard has not worked in the Laker's offense (MCT Campus)

atmosphere in Oklahoma.

However, Harden was traded right before the start of the season to the Houston Rockets because he could not agree on a contract extension with the Thunder. This news shocked the NBA world. Many predicted Harden could not carry a team by himself and that he needed to be a side-kick rather than a leader. However, Harden has proven himself to be quite the leader as he has lead the Rockets to an eight seed in the West and is averaging 26.1 points per game, which is good for fifth best in the NBA. Watch out for Harden in the second half as he is looking for his redemption.

These three storylines of the Lakers, Spurs, and Heat, and the dominance of James Harden were the talk of the first half. Check back here in a few months for a recap of the second half of the NBA season. If it is anywhere near as exciting as the first half, then there will be plenty to talk about.

Free agency frenzy, NFL stars look for homes

By Justin Beaucage
Sports Editor

The 2013 NFL season has come to a close, and unless you're a Baltimore Ravens fan, you're probably disappointed in your team's performance this year. Some teams were just counting down for their seasons to end. However, no matter how bad a team performs and how many expectations aren't met, there's always a few things in the off-season that keep fans coming back for more, and to restore that high hope for their team. Some teams will begin this process through free agency.

The same players that fans root and cheer for on Sundays are the same players that are getting pushed out the door and into the free agent pool. This year's free agent class lacks the really high-profile players, and some teams won't be busy signing new players this off-season. However, there are still some high-caliber names available on the market, and teams that pursue them could strike gold. Here are some of the top free agents available, and where they might call home next season.

1. Quarterback Joe Flacco: At the beginning of the season, Flacco told the media that he, "deserved to be paid like an elite quarterback." Well, he talked

arrived in New England back in 2007. He has recorded five seasons with over 100 receptions in each as a Patriot and has been the most effective slot receiver in the NFL. Although there have been a lot of disagreements on how much Welker should be paid, New England would be smart to dish out money to one of their most explosive offensive weapons. Although a return to the Miami Dolphins has been rumored, Wes Welker will still be, "moving the chains," next year for the New England Patriots.

3. Tackle Ryan Clady: Although the big story for the Denver Broncos was Peyton Manning's phenomenal return from injury, Clady should deserve much of the credit for his success. Protecting Manning's blindside, Clady has established himself as one of the most dominant pass blockers in the game. The offensive line doesn't always get the praise they deserve, but Clady should get the spotlight for keeping Manning off his back. Next season, the league's best left tackle will still have Manning's back.

4. Wide Receiver Greg Jennings: Jennings was once considered the best receiver in a Packer uniform. Unfortunately, injuries plagued Jennings' 2012 season, and he watched fellow



Reggie Bush is one of many NFL stars to hit free agency (MCT Campus)

to have a dynamic offense. Plus, since the Vikings are the Packers' rivals, Jennings may want to stick it to his old team twice a year.

5. Running back Reggie Bush: One of the most hyped prospects in draft history, Bush found it difficult to establish himself as an every-down back in New Orleans. However, in Miami, Bush has learned to run in-between the tackles, and may have finally learned how to be a complete running back. Despite all this, the young, potential-filled Dolphins backfield of Lamar Miller and Daniel Thomas might have Bush already packing his bags. There are teams that could use Bush as a part of a one-two punch in the backfield. Look for the Cincinnati Bengals to sign Bush this off-season. The Bengals have the most cap space in the league, and a backfield featuring the power of BenJarvus Green-Ellis and the speedy Bush will open up the field for playmakers like receiver A.J. Green.

6. Safety Ed Reed: Along with Ray Lewis, Ed Reed has been one of the main leaders on defense for the Ravens. He was one of the key players in Baltimore's Super Bowl run, and he has been the best play-making safety in the

NFL for many seasons now. At 34 years old, it's tough to believe that there will be many teams with interest in Reed. Expect Ed Reed to be a part of the Ravens in defending their Super Bowl title.

7. Linebacker Anthony Spencer: Spencer may be one of the most underrated linebackers in the NFL. Lost in the shadows next to linebacker Demarcus Ware, Spencer didn't get a lot of attention as one of Dallas's better linebackers. Spencer could really cash in with quite a hefty contract from another team. With the transition in Dallas, he may leave to try to lead a defense of his own. Spencer could be taking his talents west to the Seattle Seahawks. With linebacker Chris Clemons coming off an ACL injury, Spencer could fill in nicely as an outside linebacker. Spencer could fill the pass-rushing void that could make Seattle a contender.

8. Safety Jairus Byrd: A young, Pro-Bowl talent, Byrd has been one of the very few high-lights on a disappointing Buffalo defense. At 26, there are tons of upside for this ball-hawking safety. Since Buffalo has already dished out money to players like Mario Williams

and Ryan Fitzpatrick, it may be likely that Byrd leaves Buffalo. The Philadelphia Eagles could have Byrd in their defensive secondary in 2013. One of the worst defensive backfields in the league, the Eagles have been missing a presence at safety since Brian Dawkins, and Byrd could fill in nicely for them.

9. Receiver Mike Wallace: The speedster in Pittsburgh had what many called a disappointing 2012 season. After having a bad case of the drops, the Steelers may just drop him from the team. Wallace may cash in with one of the bigger contracts this off-season. His speed and route-running gives him tremendous upside. Wallace could take his talents to South Beach, as he suits up for the Miami Dolphins. With tons of cap space, the Dolphins desperately need a receiver to help quarterback Ryan Tannehill develop. Wallace would be the play-maker they have needed for a while.

Teams will begin to negotiate quickly with these players to help better their rosters. With these moves, teams hope these players will help them improve, and ultimately, hoist the Lombardi Trophy.

'There are still some high-caliber names available on the market, and teams that pursue them could strike gold.'

the talk, and walked the walk, as he led the Baltimore Ravens to a Super Bowl victory and earned MVP honors. His 11 touchdown, no interception postseason is one of the best statistical performances in the playoffs. The best quarterback on the market, Flacco will start to get the money he deserves. Expect him to be back under center for the Baltimore Ravens next season with a big pay check.

2. Wide Receiver Wes Welker: Welker has been Tom Brady's favorite target since he

receivers James Jones and Randall Cobb take his spotlight. Jennings was seen more in commercials than on the field. At the age of 29, he still has a lot of upside, as he may be entering the prime of his career. Don't look for Jennings to make more Old Spice commercials for long, as Jennings may be playing for the Minnesota Vikings next season. With rumors of them trading receiver Percy Harvin, and a lack of play-makers aside from Adrian Peterson, Jennings could be the piece for their team

Bryant hockey stays hot, skating into the playoffs

With two clutch victories against Northeastern and Keene State, Bulldogs earn a trip to the postseason

By John Como
Assistant Sports Editor



Bryant hockey looks to carry their momentum into the postseason (Bryant Athletics)

The Bryant Club Hockey Team had one of the most phenomenal regular seasons in the school's history. At the end of the first half of the regular season, the Bulldogs had a mediocre 6-6-0 record and looked nothing like the team they started off the season as. Going into

the final two games of the season, the Bulldogs were 11-1-0 and were almost at the point of securing a playoff spot. With games at home against Northeastern and away at Keene State, the Bulldogs needed to secure those wins in order to have a realistic shot at contending in the NECHA postseason. With the entire season on the line, the Bulldogs prepared to play against Northeastern in a game that would determine the team's postseason fate.

While the hockey teams may have been ready for this epic showdown; Mother Nature certainly wasn't. Thanks to last weekend's blizzard, both Senior Night and the hockey game were postponed to a later date. Instead of preparing for a home game, the Bulldogs traveled to Keene State to take on the Owls. This game was basically a microcosm of the Bulldogs' 2012-13 regular season; with a slow start and an incredible finish. At the puck drop, the Bulldogs did not exactly get off to a great start and allowed three unanswered goals in the first period. By the end of the second period, the Bulldogs had found the net once but were still down two goals to start the third period.

In the third period, however, it would be the Owls' shooting themselves in the

foot. Thanks to numerous dumb penalties on the Owls, the Bulldogs were able to score four unanswered goals in the third period and went on to win the contest 5-3, after being down 3-0 at the start. "That win helped us solidify the fact that even after a slow start, we have enough skill and motivation to turn things around and wear the other team down," said Bulldogs Captain Paul Russo. The game itself certainly was exactly like the Bulldogs' regular season with a great finish despite a terrible start. With this win, the Bulldogs improved to 18-7-0 and had one last score to settle at home against their main Northeast Conference rival; the Huskies.

The game between Northeastern and the Bulldogs was postponed to last Monday; the day after the away game against Keene State. For this game the Bulldogs were more pumped up than usual as the team boasted 11 seniors; all of whom would be playing their final regular season home game wearing the Black & Gold. The team was so energized that the game was practically over before it began. The game itself was very close until the start of the third period where the Bulldogs had a slight 3-2 edge. The Huskies couldn't keep up, and the

Bulldogs would score four unanswered goals to blow the contest out of the water. The Bulldogs would win Senior Night, the final game of the regular season, by the final score of 7-2 over the higher seeded Huskies. "Everything seemed to be clicking for us all night, and it was by far the best complete game we had played all season." Russo stated "For now, we need to focus our attention on the playoffs."

With their final win, the Bulldogs would finish the season 19-7-0, which included a 13-1-0 run in the season's second half. The team is currently waiting to see whether or not they will be playing in the NECHA playoffs, which are this coming weekend. As of Monday, the Bulldogs are ranked #6 in the northeast region, which means they would play #7 ranked Boston College in the first round of the regional playoffs, which is two weekends from now. Their goal is to do well enough to make it to nationals in St. Louis. Regardless, nobody can deny how dangerous this team is. No matter who they face, the Bulldogs are going to be a nightmare for any team that stands between them and the nationals.

Standard & Poor's - now Sued & Poor

By Nick Calabro
Staff Writer

The rating agency named Standard & Poor's or S&P is now being sued by the Obama administration for fraud. During the lead up to the financial crisis, foreign markets had made what turned out to be high risk investments, because they were given AAA ratings (the highest possible), by U.S. rating agencies. One of these agencies was Standard & Poor's, and the lawsuit claims "S&P gave high marks to the investments because it wanted to earn more business from the banks that issued them." The Huffington Post has reported that U.S. Attorney General Eric Holder has said that "this alleged conduct is egregious--- and it goes to the very heart of the recent financial crisis."

The lawsuit alleges that S&P had "recognized that home prices were sinking and that borrowers were having trouble repaying loans." S&P itself has denied any wrongdoing. "Hindsight is no basis to take legal action against the good-faith opinions of professionals. Claims that we deliberately kept ratings high when we knew they should be lower are simply not true."

The charges against S&P are civil rather than criminal ones, which some have argued is not enough. Among them is former U.S. Senator Ted Kaufman, D-Del who said, "if you're selling something that you're saying has a certain level of safety, and you know it doesn't have that level of safety, that's fraud." And he has also said the civil fines hurt shareholders, not executives who "aren't going to pay anything." Former SEC lawyer, Jacob Frenkel, has said that there was a lack of sufficient evidence for criminal charges. Also, according to the Huffington Post, soon "16 states and D.C. will have sued S&P."

The lawsuit also makes use of certain e-mails, which seemingly show the concern that executives had about how S&P had been conducting themselves with their ratings. The Huffington Post has quoted acting Associate Attorney General Tony West as saying, "the documents make clear that the company would regularly tweak, bend, delay updating, or otherwise adjust its ratings models to suit the company's



business needs." Huffington Post has S&P saying, "cherry picked and taken out of context, are contradicted by other evidence, and do not reflect our culture, integrity or how we do business. The ratings reflected our current best judgments."

There is another rumor which states that the U.S. government has an ulterior motive in suing Standard and Poor's. This was the rating agency which downgraded the United States' credit rating to AA-, after the eleventh hour decision to raise the debt ceiling, 18 months ago. U.S. Attorney General Eric Holder has denied the presence of any connection, also adding that the investigation started in 2009. But, former communications official at the SEC, Michael Robinson, has stated "once you get on the government's radar, it's hard to get off scot-free."

Biz Snipz

By Kat Larsson
Copy Editor

- President Obama wants high schools to become more high-tech focused. He used Germany and schools like P-Tech in Brooklyn to demonstrate what he wants for all high schools within the country. This challenge will create incentives for schools to create more classes that focus on science, technology, engineering and math. Obama believes these are the skills that today's employers are looking for to fill jobs now and in the future.
- Pope Benedict XVI made his first public appearance since his resignation announcement earlier this week. He was greeted by a standing ovation as well as chants of "Benedetto", his name in Italian. Vatican spokesman Federico Lombardi has stated that he expects a new pope in place in time for Easter, yet there has been no date set for the secret conclave to elect a new leader.
- President Obama signed an executive order aimed at supporting U.S. cybersecurity. This is the government's latest move in attempting to deal with cyber threats. The Order allows the government to share more information with private industry partners, as well as develops a new framework of practices to reduce cybersecurity risks. Privacy and digital rights may have to take a back seat as the assessment of privacy concerns and civil liberties risks is being kept in-house. The Chief Privacy Officer and the Officer for Civil Rights and Civil Liberties of the Department of Homeland Security will be assessing the privacy and civil liberties risks of the Order and make recommendations a year after the signing.
- Apple has announced another round of improvements to its product line. It has updated the specifications of its MacBook Pro and MacBook Air models, boosting processing speed and memory but also reducing the prices. The mid-season specification bump suggests that Apple may have been able to reap the benefits of reduced component costs, allowing it to further boost its Mac lineup with little or no affect to margins.
- President Obama has called for billions in federal spending on roads, bridges, rail and other infrastructure projects in his State of the Union address. DOT's budget has gone up steadily since 2003, when it was about \$59 billion, working its way up to \$73 billion in 2012. But many, including Obama, say that it's not enough. Obama has proposed an additional \$50 billion lump sum that would be used not just for roads but for rail, ports, and other miscellaneous items to make urban living better.

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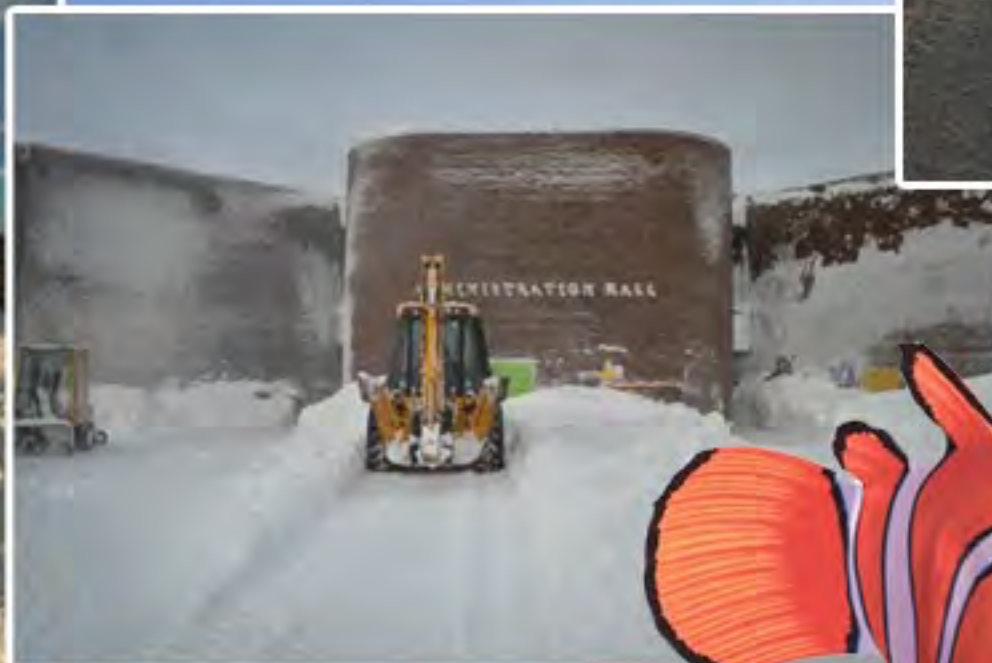
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Photos Courtesy of
Jeanette Ferraro and Bryant Shapiro

Battle of the Sexes

Do video games hurt or help relationships?

By Alex Pantani

Contributing Writer

FIFA, Madden, NBA 2k13, Call of Duty, Assassin's Creed are atop the video game lists in recent months. PS3, Play Station 3, and Xbox 360 are the two most commonly used game systems among avid gamers in today's day and age. Although there are millions of gamers worldwide, to the people who don't "game" the common question is asked, is being a "gamer" worth it? The argument arises when you look at all the hours spent playing game after game, round after round, scoring point after point on these games versus what the non-gamers would consider being productive.

Exercising is a lost notion. Prior to all of these video game systems, you would hear stories from elders about how they would play outside until the street lights would come on, at which time they would venture through the darkness to go home for dinner. These stories are becoming non-existent as the creation of video games has rocketed itself into one of the top hobbies of the 21st century. While some kids do still go outside and exercise with their friends, you are finding that more kids enjoy playing video games during the day and into the wee hours of the night. The more or less, unwanted, result of playing video games so often has caused the obesity rate to rise in recent years. This suggests the confirmation that being a "gamer" isn't worth it.

While exercising is a concern, the ability for a "gamer" to socialize from the age of 12 all the way to the age of 35 is another reason why being a "gamer" may not be worth it. Kids ride the bus to school playing their portable video games, at recess they play these portable video games and proceed to play on their game consoles as they return home. There never seems to be a pause or break in the action. Interaction with outside life seems to be limited, if any at all. This is a problem as we try to promote our society and educate the young, hoping the next generation does something wonderful.

From the view point of a "gamer", playing video games for countless hours is entertaining and enjoyable. It brings about

self-satisfaction, along with the ability to purge yourself of any stress related issues. Free expression on these video games allows you to speak freely, without being judged based on appearance or what clothes you wear. Competitions are held all over the world with prizes amounting to over \$10,000.

There's no correct answer to this question. That's the best part. Athletes all around the world like to release some steam after a long hard practice or stressful week at school. To them it's just a fun hobby to play with their friends and talk about the most recent topics relating to school or anything else value related. Take a look at your values. Is it worth it to you to let go of a few hours a week to play a video game or are there other things that spending

By Autumn Harrington

Opinion Editor

Some may say that there are legitimate reasons behind playing video games. Well guys, I find myself thinking that you are all morons if you say that. I have never been the girl to say "uhm video games? Yeah no," but at the same time, what I have seen lately is ridiculous. Guys these days tell me that playing video games is a stress reliever. I will give you that, but when you start shutting yourself off from the world, including your own roommates and friends for more than two hours, just to play video games, I find it a little absurd. I have friends who even arrive



at them usually works too. If worse comes to worst, one may go to extremes: begin screaming at the top of your lungs, or cry, it'll get them every time.

In addition to the isolation video games have caused, you "men" are wasting your precious time. Stop fighting these ridiculous Zombies and start studying for that exam you have

tomorrow. I understand it's "fun," but it won't be when you start failing. Hey maybe you could even use your video game time for something more useful like taking on an extracurricular activity, club, or picking things up and putting things down, something you guys would like to call "lifting." Let me also add that your eyes are most likely getting worse and worse with every increasing second you stare at that screen.

By no means am I telling you not to play. I understand it's like the ladies' Cosmo. I am



your time on would be more beneficial? At the end of the day, a few hours won't kill you. It's when you start to venture into the hundreds of hours played within a month, or when you accumulate multiple days played on just one video game alone, you need to ask yourself is this worth it? Am I receiving the benefits I deserve or desire? There's a happy medium for every individual.

late to meetings and gatherings due to an intense "round of Zombies." I am sorry ladies, but if you are looking to be welcomed, listened to, or even looked at while your guy is playing FIFA or Call of Duty, then you are absolutely wrong. You must force your man's eyes away from the screen by either standing in front of the television, or even, if confident enough, shutting it off. And by all means, if fed up, throwing things

saying that the ridiculous amount of consecutive hours needs to be brought down. Four hours of staring at a screen will eventually burn your eyes. Or just cause you to be alone for the rest of your life, whichever comes first. Ladies, start taking action against the men being children. Boys, grow up and do something more productive with your lives.

Does a Ph.D. make a professor more qualified than just a Master's degree?

By Spencer Bratman

Contributing Writer

As a freshmen student here at Bryant, I was enrolled in five classes in all different subjects. Some professors of mine were Ph.D.s and some were just teachers with master's degrees. After finishing my fall semester, I noticed something that really surprised me. Bryant University says over 90 something percent of their professors have Ph.D.s. But, what does this really mean? Does it mean that they are more qualified teachers? Are they just more sophisticated individuals? After finishing my first semester here at Bryant, I noticed something remarkable.

A couple of my Ph.D. professors were not nearly as good as teachers that only had master's degrees. As a matter of fact, one of them even found it difficult to write in English! Does this make any sense? To me I was shocked, because I really thought that having a Ph.D. certification meant that you were highly qualified in being a teacher and your specific concentration of what your expertise is in. However, one of the best professors and teachers for that semester was my GFOB professor, who did not have a Ph.D. He showed his true passion for teaching, and I have never learned more in one class

than that. It's not just me who agrees with this either; if you go to ratemyprofessor.com he has a 4.2 out of 5. What I find even more interesting is that one of my other professors who has a Ph.D. received a 1.9 on ratemyprofessor.com. This just goes to show that just because you have a Ph.D.; one isn't always a great teacher! Now don't get me wrong, because I did have a couple of professors that have Ph.D.s as well who were also good.



But to me, I find it very interesting that just because Bryant promotes how we have so many Ph.D. professors, doesn't mean they're the best teachers.

What is even more alarming and surprising is that the university pays these Ph.D.s three times the amount than a professor with only a master's degree. Why would I pay a professor three times the amount if they're not even as good as a teacher without a Ph.D.? It amazes me how much more special treatment these Ph.D.s get versus someone who only has a master's. I mean, they get computers every two years as well as tenure while these great quality professors barely get job security for next semester! Come on Bryant, that's not fair! Frankly, I would rather attend a university that promotes the fact that they have the best quality teachers with the best scores verses Ph.D.

I don't know about you, but I would personally rather have a professor that is a better teacher, than have a Ph.D. professor who is not nearly as good at teaching. I know next time when I hand something in and write the letters Dr. or Ph.D. in front of the professors name, I will reevaluate their teaching title and say to myself holy crap, they put all this time to get those letters in front of their name, yet they barely, if not all, teach to the level of someone with only a silly bachelors/masters degree.

What Grinds My Gears

Dress professionally; we are a business university

By Adam McGarry
Staff Writer

Business Professional – For Men:

The question that every Bryant student asks when a professor tells them they have a presentation: Do we dress business professional or business casual? Even as the question is answered students are thinking about the different outfits in their wardrobes which they might wear. Although some of those outfits may look “cute” and fashion forward there are a few rules that every business student must follow when dressing to impress.

Business Professional – For Women:

All women should take into account this saying from one professor when choosing an outfit when asked to wear Business Professional: “Wear an outfit you could wear going to visit Grandma, not something you would wear going out to Effins.” This basically means leave the club outfits at home. The basics to Business Professional for women would be a suit jacket paired with a conservative dress or a skirt and blouse with flats or high heels (less than 5 inches). Length is important, if your fingertips go past your dress/skirt then that needs to be changed. Don’t over accessorize because that distracts from the presentation and the streamline look of the outfit. Also during a presentation more makeup is never a good thing. If you are questioning if it looks natural then the answer is most likely no. Remember that sweaters and scarves constitute business casual and yoga pants are not the equivalent to black dress pants.

With a little more emphasis on dresses for the Business Professional woman it is great that you look “hot” in that dress, but if it is covered in sequins, is a neon color, or is too tight then you know you have made the wrong choice. Skirts as well should not be too tight, because fit is one of the most important factors in looking professional and it makes you look more confident. Remember that these rules will not only work for presentations, but for interviews and even as a guide on how to dress in the workplace.

The number one rule when dressing Business Professional for a guy is that a suit jacket is a must; it makes or breaks the outfit and brings it up from Business Casual to Business Professional. What many of the men on this campus forget is that there is a difference between a sports coat and a suit jacket, where sports coats may look shabby and the fabric could clash with the dress pants a suit jacket is more formal and can be paired with most dress pants. Most suit jackets are worn in black, grey, or navy blue. The shirt is the next most important part of the outfit; if you are not sure what colors go best with the suit jacket always know that classic white is the safest route to go. Other than that any color can be safe as long as the tie matches or goes with it.

When choosing a tie color and pattern make sure it doesn’t have animals, crazy colors, profanity, or something else that could potentially be distracting. When the tie doesn’t match the outfit it pulls attention away from the content of the presentation and onto the tie. Guys, when putting together your Business Professional outfit the key to looking great is wearing ironed clothes, you should be able to see the creases in those pants. It doesn’t matter if you have a \$5000 suit or a \$50 suit, because if it’s wrinkled it looks bad. Although not many people notice when your belt and your shoes match, it can make all the difference, even show you have a bit of style. When looking at shoes make sure to throw away those sneakers and go with a classic black shoe if you are not sure, and black socks work better than white; actually just don’t wear white.

When you are presenting in a group you need to make sure that the entire group knows how to dress and what to wear. It doesn’t mean that everyone in the group needs to match color for color, but if one person is wearing a suit jacket then everyone in the group needs to follow. When half of the group looks professional and the other half looks like scrubs, clearly there are not good group dynamics or group communication, and it makes the group look bad. Perhaps your professors do not define specifically what Business Professional and Business Casual is and that is where you make your mistakes, or maybe you didn’t hear them. Either way the best way to impress is to look your best; so ladies don’t dress up like you are going to a club and gentlemen make sure to iron your clothes.

Reese’s hearts save the 14th

By Jordan Thornlow
Contributing Writer

Congratulations on making it to the second month of the year that was supposed to be destroyed by the Mayan Apocalypse. While some are celebrating life and this joyous month, others are wishing that the world had been destroyed by a meteor to avoid the ever-painful Valentine’s Day.

Campus couples will be making the rounds with their flowers and chocolate, forgetting that not everyone is in a blissfully beautiful relationship. To those single people out there who are feeling the bitterness of riding solo this Thursday, remember that moping is completely acceptable, wallowing happens to the best of us, and maybe ripping up little pink hearts while watching A Walking Dead marathon is what you need that day, but there is a second option.

Brave the outside world with all of the love it currently has to display, take yourself to Target, and buy a bag of the Reese’s Valentine’s Day Peanut Butter

Hearts. Buy only one bag, go back to your car, and proceed to eat just one. Let the perfect combination of chocolate and peanut butter bring a smile to your face and turn your fingers sticky. Ignore calories and your New Year’s Resolution to finally start eating healthy, let the stay at home moms carrying bags of groceries judge you, and don’t think about anything.

That Reese’s Heart is not going to reject you, play mind games, or forget to text you back for the ten thousandth time. It won’t half-heartedly plan a date that involves too many awkward silences in a room full of people enjoying themselves, or tweet about its fantastic Friday night as you sit around watching bad reruns. It’s a peanut butter cup, and its one job is to make you happy.

After you finish the first one, eat another, maybe eat a third if you feel so inclined. Slowly, over the course of the day, finish off the bag of those tiny perfect candies by sharing them with friends, teachers, co-workers, or someone who looks in the

need for a pick-me-up. Yes, the hearts maybe simple, novelty chocolates, but they are also a choice; a choice to be happy even when the people and surrounding atmosphere is pressuring you to feel sad and miserable, a choice to purposefully look for positive reasons to smile, and a choice to not let a holiday defeat you.

It’s a holiday for Pete’s sake, if the single people of the world let a few irritatingly rosy hearts and a fat baby with wings knock the joy out of the world for a single day, then the next thing we know the Easter bunny will be using its colorful eggs to attack the vegan population.

It’s easy for single people to turn Valentine’s Day into a pity party full of commiserating with fellow single pals over clichéd 80s movies, but choose to find happiness in something else, like small peanut butter cups, and let this Thursday pass by like any other Thursday. Most importantly, make sure to revisit the same Target on February 15th, because then those delicious Reese’s hearts will be half the price.

Bryant Said What?!

Compiled by Bryant Students

“I don’t like these cows staring at me. It makes me feel uncomfortable”

“I told her to go home so I could just have fun.”

“This is America. I can’t hear you over my freedom.”

“He has my Nickelback onesie and I want it back.”

“My dream got his characterization down perfectly. I was impressed.”

“Ain’t nobody got time for a Valentine”

“Can you pass me a penis? Woops, I mean pencil!”

“How long have we known eachother? Shouldn’t you know my nose blowing noise by now!?”

Profit and Loss



Bryant University was named a hero of Blizzard Nemo for being the last institution to cancel Thursday night and the only institution open Monday. ****sarcasm****



Students, faculty, and staff had the pleasure of ice skating to class on Monday!



If you haven’t dug out your car from its blizzard parking spot or had the need to drive it off campus in the past five days, why bother having a car on campus? You are ruining parking for other students.



Copious amounts of electricity were used this past weekend during the blizzard due to the movie, Netflix, TV show, and video game addictions that were formed. ‘Nose Goes’ on paying that bill!

Zippping into Bryant

By Kelsey Nowak
Editor-in-Chief

Bryant University recently launched a new partnership with Zipcar, Inc., the world’s leading car-sharing network, to offer a Zipcar car-sharing program on campus. The convenient transportation option is now available at an affordable rate 24 hours a day, seven days a week for students, faculty, and staff ages 18 and older, as well as members of the local community ages 21 and over.

This year, members of the Bryant community can join for a \$25 annual membership fee, with rates on campus Zipcar vehicles starting as low as \$7.50 per hour and \$69 per day. Gas, insurance, reserved parking spots and up to 180 miles of driving per day are included in Zipcar rates already! Cars can be reserved for as little as an hour or for up to four days. Bryant University students, faculty and staff can join Zipcar at www.zipcar.com/bryant.

Bryant will initially offer two vehicles, including a Ford Focus and a Honda Civic, which will be located in BLC lot near the Bryant Center. Zipcars are self-service and can be easily reserved and accessed 24 hours a day, seven days a week.

Participating members with smartphones, including iPhones and Android devices, may download the Zipcar mobile application to make reservations, lock and unlock the vehicles and honk the horn to help locate the vehicle. Members can also use Zipcar’s “Reserve a Zipcar” app on Facebook to view available Zipcars and make, extend or cancel a reservation from their Facebook account. Reservations can also be made over the phone or on Zipcar’s website.

With the new Zipcar program available on campus, student organizations at Bryant University also now have the opportunity to participate in the “Students with Drive” grant program sponsored by Zipcar and Ford Motor Company, which provides students with free Zipcar memberships and driving credits to support student organizations on campus.

Through the Students with Drive grant program, Ford and Zipcar will provide \$300,000 in grants to be awarded to student organizations at eligible Zipcar colleges and universities. The program is running now through April 2013 and will culminate with one student organization being awarded a grand prize of \$5,000 in Zipcar credits, \$10,000 cash for the student organization to put toward its cause and \$10,000 to be awarded to the winning school. For more information and to participate in the program, students can visit the “Students with Drive” tab on Zipcar’s University Facebook page at www.facebook.com/ZipcarU.

The Opinion pages of The Archway feature the opinions of the identified columnists and writers, which are not necessarily those of the newspaper or Bryant University.

Martin Luther King Jr. Remembrance: the reality of the dream

By Migena Dulaj
Staff Writer

"The ultimate measure of a man is not where he stands in movements of comfort and convenience, but where he stands at times of challenge of controversy." - Martin Luther King Jr.

August 28th, 2013 will mark a legendary 50 years for one of the greatest movements that the United States has ever seen and a man who believed so wholeheartedly in equality that he spent time in jail unfairly; a man who got arrested 13 times for believing in people's hearts over their skin color; a man who followed his dreams until his last breath and hoped that generations to come would carry the same passion, marched on Washington that day along with 300,000 people who believed change was possible. Unfortunately when most people read that date it does not remind them of anything because we tend to move on quickly when things get hard.

The MLK Remembrance was held on February 7th in the Interfaith Center, and started off with an introduction from Shontay Delalue King, the Director of the Intercultural Center followed by a performance by the RPM Voices of Rhode Island, who viewed themselves as the dream realized. The group hailed from all different religions and beliefs; they did not all share the same culture, but they all respected and understood each other's backgrounds. As their voices rang through the resounding room, I looked at my program to see what the theme of the night was. Across the top of the page I saw in big black bold letters HAS THE DREAM BEEN REALIZED? I did not know what the answer to that question was. Most people I would ask, I am sure, would tell me, "yes of course it has! Equality and freedom rings throughout the United States and even the world," but do we even remember the question?

Of course equality was the most important goal, but it surely was not the only one that Martin Luther King Jr. had. To remind us of what the dream

actually was Shontay Delalue King and Breanna Britto read emotional and inspirational excerpts from the Letter from a Birmingham jail and the I Have A Dream speech.

Letter From A Birmingham Jail

"One day the South will recognize its real heroes. They will be the James Meredith's, with the noble sense of purpose that enables them to face jeering and hostile mobs, and with the agonizing loneliness that characterizes the life of the pioneer. They will be old, oppressed, battered Negro women, symbolized in a seventy two year old woman in Montgomery, Alabama, who rose up with a sense of dignity and with her people decided not to ride segregated buses, and who responded with ungrammatical profundity to one who inquired about her weariness: "My feet is tired, but my soul is at rest." They will be the young high school and college students, the young ministers of the gospel and a host of their elders, courageously and nonviolently sitting in at lunch counters and willingly going to jail for conscience' sake. One day the South will know that when these disinherited children of God sat down at lunch counters, they were in reality standing up for what is best in the American dream and for the most sacred values in our Judea Christian heritage, thereby bringing our nation back to those great wells of democracy which were dug deep by the founding fathers in their formulation of the Constitution and the Declaration of Independence. "

Yours for the cause of Peace and Brotherhood, Martin Luther King, Jr.

I Have A Dream

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal."

I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave owners will be able to sit down together at a table of

brotherhood.

I have a dream that one day even the state of Mississippi, a desert state, sweltering with the heat of injustice and oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today.

So you tell me if the dream has been realized? Yes there are certain milestones we cannot ignore in our lifetime. Our president is African American and was just reelected for a second term. We welcomed the idea with open arms; at least that is what I thought. As Breanna Britto and Shontay Delalue King read the letters of Rev. King, a slideshow presentation played. After this past election, the most searched topic about the election was racist tweets and sure enough there they were on the screen, the exact opposite of what the dream was about. There was a collection of hurtful and disrespectful tweets that read things like "I will attack the north and spill blood if Obama gets reelected" or "Go out and vote so we can get that nigga out of the WHITE house."

Now I really don't care whether you are a Republican or a Democrat, I don't even care who you voted for or what you think Obama is doing for the country, but to personally attack the President of the United States or anybody because of the color of their skin is something that makes us take two steps forward and six steps back. Just when I thought I had seen all the racist words people could express, there it was on the screen, I had been transported back to the 1950s.

It read: "Is this really our punishment for slavery? Wasn't four years enough? Can't we just call it even?"

In three short sentences, everything Rev. King had worked towards and accomplished vanished into thin air. To see that people still think in those terms was unbelievable. The key note speaker Pastor Theresa Goode from New



Photos from the event (Migena Dulaj)

Dimensions Church put it into terms I could understand a little better. She said the thing about equality is that it is a marathon; it has been so since the first person stood up and fought for freedom. We have to pass the baton from generation to generation and even though it may seem like we drop the baton, we just have to have somebody there to catch it and keep running. Seeing tweets like the ones above make me think of the words Martin Luther King Jr. once shared with us, "Injustice anywhere is a threat to justice everywhere."

People often describe our generation as open-minded and accepting so we must to remember that. Nobody is asking for us to start marches on Washington like the Martin Luther King Jr. did, but they sure are not expecting us to regress from we have seen in our life. Remember to be part of the solution and not the reason we have to ask questions.

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Best Superbowl half-time show

By Lauren Kordalski
Staff Writer



A promo photo for Beyonce's Superbowl performance. (MCT Campus)

Having played it safe for the past couple of years since Janet Jackson famously flashed millions of unsuspecting viewers at the 2004 Super Bowl, the NFL finally found the perfect balance this year with a fabulous performance by the much-loved Beyonce. Following in the footsteps of legendary performers Aerosmith, Diana Ross, U2, and many others, Beyonce continued to uphold the reputation of fantastic Super Bowl halftime shows. Delivering an exciting and upbeat performance, Beyonce flawlessly embodied the ideal half time performer.

'By carefully walking the fine line between sexy and inappropriate, Beyonce proved to be the ideal performer for this year's Super Bowl'

With a combination of larger than life visuals, screaming fans, and outrageously tight bodysuits, Beyonce hit the stage with momentum that somehow carried through the whole performance. On a stage framed with two ginormous, light-up feminine faces, Beyonce and what seemed like hundreds of backup dancers awed fans with their complex set opener. With her flawless dance moves (in high heels I might add), and phenomenal voice, Beyonce's alter ego, Sasha Fierce, was in full effect on Sunday night.

Beyonce set the stage for the rest of her performance, opening up with a fan favorite, "Love on Top." Keeping with the theme, Beyonce's infamous song, "Crazy in Love" was next on the set list, bringing viewers back to 2003, when the fun song dominated the charts. Amid smoke and flashing lights, Beyonce and her equally fabulous dancers rocked the stage with dance moves most of us only dream of executing. Satisfying the fierce women in all of us, Beyonce's girl power reigned supreme with women dominating the stage, including a rocking guitar solo from a female performer with an equally extravagant sparkler-shooting guitar.

Demonstrating some serious booty-shaking, and hip popping, Beyonce and her posse followed with "End of Time" and "Baby Boy." The usage of mirrors and creative imagery throughout these songs created a visual treat for viewers, followed by the biggest treat of all. Both songs led to the culmination of the entire performance, with the reunited Destiny's Child thrilling 90's girls everywhere.

The addition of Kelly Rowland and Michelle Williams to the stage added a whole new level of excitement to the already stunning performance. What followed was an incredible rendition of much loved songs, the fitting, "Bootylicious," "Independent Women," and "Single Ladies," all sung in collaboration by the lovely ladies. Proving that sharp and sexy dance moves are not exclusive to Beyonce, Kelly, and Michelle remained perfectly in sync, even during the exhausting dance "Single Ladies," and looked fabulous while doing so. Clad in leather, the women ruled the stage and the hearts of men everywhere. Taking us back to our childhoods, Destiny's Child showed the world that they've still got it, and had fans dreaming of a reunion.

Much to my disappointment, Kelly and Michelle eventually exited the stage, allowing Beyonce to serenade millions, concluding with her lovely song, "Halo," which truly showcased Beyonce's unbelievable vocals. While stomping around the immense stage, Beyonce completed her performance the same way she started, by thrilling fans with her impressive abilities and satisfying them with familiar song choices.

By carefully walking the fine line between sexy and inappropriate, Beyonce proved to be the ideal performer for this year's Super Bowl. As mentioned, after Janet Jackson's scandalous incident, performers were clearly chosen for being "safe," as in the years following, Paul McCartney, the Rolling Stones, Prince, and The Who graced the half time stage. This year, Beyonce, as an extremely talented respected female artist void of controversy, was a perfect fit, making for a phenomenal show. With many years of performing left in her, I can't wait to see what the fabulous Beyonce does next.

**Write about fashion or film,
or submit original poetry and
photography!
Email archway@bryant.edu
to submit an article**

How he proposed

Sam Grabelle, from ACE/Writing Center/CTL, was featured in the Providence Journal recently with her husband Gary



THE PROVIDENCE JOURNAL/SANDOR BODO

Gary Grabelle and Sam, holding Julius, were big Scrabble fans.

They were in l-o-v-e

Gary has a strategy for Scrabble that eschews winning in favor of constructing the most esoteric or unusual word he can think up. In fact, "he would die to get E-S-O-T-E-R-I-C," writes Samantha, who goes by Sam.

Gary had gotten Sam, a lover of word games, hooked on Scrabble when they were dating. The only problem was playing opposite Gary and his quest for bigger and better words you had to wait a while for your turn.

Always impatient, Sam watches TV while they play to pass the time. Distracted by "Law & Order," "Criminal Minds" or a reality show, Sam sometimes didn't notice when Gary had completed his turn.

One a July afternoon in 2007, that was the case. She looked down, saying, "That's not even a word!" Then she realized it was two words.

As she watched TV, Gary had secreted two Ms, two Rs, an A and a Y. He had also stolen an E. But following Scrabble rules, he had used one of the Es in T-E-E-T-H to spell out his proposal. M-A-R-R-Y-M-E.

"I laughed with more joy than I had felt in my life up to that moment and without hesitation slid an E and an S into the spaces below the Y," Sam writes.

Sam and Gary were married in her parents' backyard in New Jersey on Sept. 20, 2008, and have an 11-month-old son, Julius.

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Grammys evenly distributed among a variety of young acts

By Dan DeLuca
MCT Campus

British folk-rock band Mumford & Sons, blues-rock duo the Black Keys, and the pop band fun. won big at the Grammy Awards on Sunday, where no single act emerged as a dominant force.

Mumford & Sons won album of the year for its strummy sophomore release, "Babel." Fun. took home best new artist and song, for "We Are Young," its collaboration with Janelle Monae.

The Belgian-Australian singer Gotye and R&B singer Frank Ocean were also significant winners at the 55th annual Grammys, at the Staples Center in Los

Angeles.

"I don't know what I was thinking when I wrote this song," fun.'s Nate Ruess, 30, said in accepting the best song golden gramophone. "If you're watching in HD, you can see our faces, and you can see that we're not very young."

Gotye, born Wouter De Backer, won the record of the year for his hit "Somebody That I Used to Know" and accepted with the singer Kimbra, who is featured on the song. Better still for Gotye, the award was presented by Prince, who said, "Ooh, I love this song."

Dan Auerbach and Patrick Carney of the Black Keys won three awards,

best rock album for "El Camino" and rock performance and song for "Lonely Boy." Auerbach also won as best producer.

Like a shuffling iPod, the telecast jumped among genres and styles. A country performance by Miranda Lambert and Dierks Bentley gave way to a tribute to late "American Bandstand" host Dick Clark by Grammy host LL Cool J, who introduced R&B singer Miguel and weed-loving rapper Wiz Khalifa, who gave the award for country song to Carrie Underwood.

Ocean's "Channel Orange" captured urban contemporary albums. He picked up another award for his role in writing



Carrie Underwood (MCT Campus)

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Jay-Z and Kanye West's "No Church in the Wild," but was shut out in the three major categories for which he was nominated.

In the urban contemporary category, Ocean went up against Chris Brown, weeks after the two had a dustup in a Los Angeles parking lot. To cap off a bad weekend for Brown, who crashed his Porsche into a wall Saturday while he said he was fleeing paparazzi, Ocean won the face-off, with "Channel Orange" topping "Fortune."

Other multiple winners, unsurprisingly, included West and Jay-Z, who won three awards, including best rap song and performance for "Ni**as in Paris."

More surprising among the multiple-award-winners was jazz pianist Chick Corea, who won best improvised solo for "Hot House," with Garry Burton, and best instrumental composition. Carrie Underwood also won two, for country solo performance and country song, for "Blown Away."

The most anticipated performance of the night came from Justin Timberlake, the 'N Sync-er-turned-actor, who in March will release his first album in seven years, "The 20/20 Experience. Timberlake wore evening dress for the single "Suit & Tie" and showed off a fine falsetto as Jay-Z joined him and as the TV screen went black-and-white, to ensure that everyone understood how retro-classy it was.

More smoking than that was the Black Keys performance, in which the Akron, Ohio, duo were joined by members of New Orleans' Preservation Hall Jazz Band and Dr. John, in full Night Tripper regalia.

Better still was a tribute to late band singer and drummer Levon Helm that featured Elton John, Mavis Staples, Zack Brown, Brittany Howard of Alabama Shakes, and Mumford & Sons, all taking turns singing spirited verses of "The Weight."

"American Idol" alum Kelly Clarkson was another big winner, garnering best pop vocal album for "Stronger." Clarkson was charmingly excited in her acceptance speech, shouting out to R&B singer Miguel: "I don't know who you are, but we need to sing together. That was the sexiest thing I ever heard."

Taylor Swift, who opened the show with an Alice in Steampunk take on her revenge song "We Are Never Ever Getting Back Together," won a trophy as best song for visual media for "Safe & Sound," performed with the Civil Wars in "The Hunger Games."

Lifetime Achievement Grammys were given to Ravi Shankar, the Temptations, Carole King, bluesman Lightnin' Hopkins, Patti Page, classical pianist Glenn Gould, and jazz bassist Charlie Haden.

NICHOLAS BOHNSACK '00



BRYANT DEGREES: BA in Economics, BS in Finance
MS: Mathematics, Fairfield University
PATH: Operating partner, sector strategist for Strategas Research Partners, New York, New York

"I've learned more from the mistakes, the missteps, or the bad luck than I've learned from the sound judgments or the lucky endings," says Nicholas Bohnsack who, as partner of an investment strategy, macro-economic, and policy research and advisory firm, speaks from experience.

Bohnsack, a member of the advisory board of the Archway Investment Fund and 2010 recipient of the Young Alumni Leadership Award, underscores the importance of real-world experiences – like the AIF – in a student's portfolio.

For example, if you offer students \$1 million to invest and tell them that, at the end of the term, you're going to look at who did "the best" – what you really incentivize is the behavior to chase returns, he says.

"Don't convince yourself that something's a good decision. Let the data – let the actual information – guide the answer," Bohnsack says, noting

that is a lesson he learned the hard way. "When we [the partners] have covered for holes in our thesis, we've typically been burned. We made excuses and we got burned."

He also advises students to take full advantage of the many mentors that are available to them on and off campus. During his tenure at Morgan Stanley, he would talk to one of the senior partners regularly. "The opportunity to talk to him on a weekly basis and leverage his experience is among the most invaluable experiences I've ever had."

ASHLEY HICKS '12



MAJOR: Finance
MINOR: Psychology
PATH: Office of the Comptroller of the Currency, Seattle

A *Management of Banking Institutions* course with Sarkisian Chair and Finance Professor Peter Nigro, Ph.D., changed the way Hicks looked at finance. "It explored a specific industry and showed me that the field of finance is more than portfolio management and loan maturities," she says.

It was Nigro, whom Hicks describes as a "phenomenal" professor, who told her about a job opening in the Office of the Comptroller of the Currency (OCC) in Seattle. Today, as an assistant national bank examiner, she makes decisions on the quality of a bank's risk management systems and their risk exposure.

It was a study abroad experience, however, that provided the impetus to apply for the position. **"Studying in Italy changed my life,"** says Hicks, who had previously lived in Rhode Island all of her life. **"It increased my confidence and showed me that I was strong enough to move across**

the country to a place where I didn't know a soul."

From the start, Hicks impressed her colleagues with her strong presentation skills, professionalism, and ability to build rapport with management. "Bryant gave me a well-rounded education," she says. **"I'm not confined to a business or finance view – I have a background in psychology and know about accounting, marketing, and even international business. A Literary and Cultural Studies course really sharpened my writing skills, which is a big part of my position."**

When you ask Hicks what sets Bryant apart from other schools, she doesn't hesitate. "It is its dedication to students. The University is truly 'student-centered.' The feeling that I could succeed at nearly anything I set my mind to was contagious. Bryant taught me that the world truly is at my fingertips."

GERGELY NEMETH '09



CURRENTLY:
 Senior Consultant, Energy and Sustainability Projects, Deloitte Consulting

Gergely "Nemo" Nemeth, a senior consultant at Deloitte Consulting, lives in Boston while he focuses on supply chain projects in the aerospace and defense industries in New England. His home base may change with each project, but he easily adapts to his environment.

A native of Balatonfured, Hungary, Nemeth first visited Bryant with just a notion that he might want to study in America. Immediately struck by the friendly staff, beautiful campus, and, most importantly, the University's academic reputation, he applied. After Commencement, he attended Duke University, completing an MBA and a Master in Environmental Management. He credits Bryant's Honors Program – and its faculty – for his success in those programs.

"The Honors Program Capstone Project gave me the confidence to carry out large research projects on my own, which was very useful when writing my Master's Project at Duke," says Nemeth. **"I had the privilege of**

working with some of the smartest people at Bryant, which is the kind of environment I am in every day on the job."

Nemeth recalls that the Honors Program faculty believed in him and pushed him further than he thought he could go. The liberal arts minor that complemented his business concentrations was a critical part of his education. "Business is all about relationships, and knowing more than financial statements is an integral part of that," he says. "If a client has an interest in Mexican murals, it really helps that I took a Visual Culture class and can ask an insightful question about the topic."

What sets Bryant apart? "It's the small community, where students can develop relationships with professors who become mentors and are always available," he says. "I value the relationships I developed with faculty. I could call each of them today and ask for advice. In my opinion, that is a very special thing."

EMILY PANASOWICH '08



MAJOR: International Business
CONCENTRATION: Marketing
MINOR: French
PATH: Director of Asian Operations, Destination Imagination, Singapore

Emily Panasowich was a member of Bryant's first class of International Business graduates. She was teaching English as a second language in a small farming community in South Korea when she received word of a job opening at Destination Imagination, a Cherry-Hill, NJ-based nonprofit organization that teaches problem solving, creativity, and teamwork to kids by sponsoring competitions around the globe.

"I was halfway around the world reading about my dream job, and I knew I had to apply," she says. The job description seemed to fit her to a tee: an international business degree, knowledge of a second language, and work or study experience in another country. "My Bryant education gave me all that and differentiated me from everyone else."

When she first came to Bryant, Panasowich had never traveled outside of the US, but she dreamed of owning a sports-related business and living abroad. Today, she lives and works in Singapore, where she is director of Asian Operations for Destination Imagination. She works with people in

approximately 30 countries, conducting volunteer training, running camps and tournaments, and writing business plans. **"Bryant really gave me the confidence to work with people in a variety of countries, and the awareness of basic cultural differences,"** she says.

While a student at Bryant, Panasowich took part in an International Business Seminar in Europe and a Sophomore International Experience in China. She minored in French. Having professors from various cultural backgrounds, she says, helped her to learn the nuances of doing business in different areas of the world. On her own, she took science credits in South Africa, camping in the bush for three weeks. To date, she has traveled to 15 countries.

Making friends overseas has been easy, especially since she joined a rugby team. "The people I met have amazing stories, a passion for living, and a curiosity to see the world around them," she says. "Having people like that in my life has had a very positive impact."