#### **Roger Williams University** DÖCS@RWU

Hawk's Herald **Student Publications** 

2-17-2011

### Hawks' Herald -- February 17, 2011

Roger Williams University

Follow this and additional works at: http://docs.rwu.edu/hawk\_herald



Part of the Education Commons

#### Recommended Citation

Roger Williams University, "Hawks' Herald -- February 17, 2011" (2011). Hawk's Herald. Paper 143. http://docs.rwu.edu/hawk\_herald/143

This News Article is brought to you for free and open access by the Student Publications at DOCS@RWU. It has been accepted for inclusion in Hawk's Herald by an authorized administrator of DOCS@RWU. For more information, please contact mwu@rwu.edu.



## Overload overha

Board of Trustees to vote on eliminating cost, upping credits

AMANDA NEWMAN | Managing Editor

The Roger Williams University Faculty Senate recently motioned to change the criteria that defines a course overload.

According to the RWU website, "Day students who have written authorization to take more than 17 credits (overload) must pay for each additional credit over 17. Each credit over 17 will be billed at \$1,160 per credit. Architecture students will be charged \$1,306 per credit for credits over 17

On Feb. 9, the Faculty Senate motioned to eliminate that fee, and allow students to take up to 21 credits before being considered as a course overload.

"Sometimes a student needs to take an extra class for their major or minor," Susan Bosco, professor of management and president of the Faculty Senate, said. "Charging money for the additional credits seemed

to be preventing students from achieving their academic

Bosco said that the administration also supported the idea, making it a joint endeavor.

The idea was brought up initially a couple of months ago," Bosco said. "[Professor David] Moskowitz brought it up again at the Feb. 9 meeting."

Bosco said that when a mo-

tion is proposed, it is voted on by the faculty senators. If there is a majority vote, the motion then goes to President Champagne and Provost de Abruna, who review it. If they support the motion, the next step is to bring the motion to the Board of Trustees, where it awaits its final decision.

"I think every student on campus will welcome such a change, especially those with intensive majors," said Dev Lewis, student senator, who attended the Faculty Senate

See CREDIT, page 3

## Groundbreaking project passed

## Turffield set for summer 2011 construction

AMANDA NEWMAN | Managing Editor

The Board of Trustees recently approved the installation of a turf field, much to the excitement of many on campus.

At their Dec. 10 meeting, the Board of Trustees voted to pass the field, a decision that was anxiously awaited by athletes and faculty alike.

This is a tremendous project for the university community,' said Dave Kemmy, Acting Director of Athletics. "This will be a signature component in the middle of our campus that will enhance the entire area around it. The level of excitement this is generating is exceptional."

"This field is more than rubber and synthetic grass," said senior Drew Smith, who has been a big advocate for the field since its proposal. "It represents a new and exciting chapter in the book of RWU athletics. It will open big doors for the talented and hardworking athletes that have been historically disadvantaged by the lack of facilities."

The approximate cost of the project is \$2.15 million dollars, a sum that includes the stadium, according to King, is the "most its seating, a new scoreboard, a hawk logo in the middle of the field, and a new foul ball netting system along the first base line of the baseball field to prevent fly balls from straying onto the turf field.

According to John King, Vice President of Student Affairs, the school is looking to fundraise in order to help pay for the field. They are also hoping for donations from benefactors, as well. The first major contribution was a \$50,000 donation from the Student Senate, which will go towards the cost of the field's

The turf field will have the capacity to seat approximately 575 people. 53 of those seats will have seat backs, and the rest of the seating will be aluminum bleachers. "The field will be capable of handling a 100-year storm," King said. "What this means is the field can be hit by the worst storm imaginable, and it will be able to be used the

The field owes this ability to its unique draining system which, important and expensive part."

However, the field will need only a one-time installation, and then it will be able to be renovated as needed. "The carpet on the field is expected to

last 14 years," King said. "When it's time to replace it, the cost is much less than the total project cost, because the drainage system remains in place." The field can be updated with any type of turf, as well.

RWU chose R.A.D. Sports to build the field. The company out of Rockland, Mass. built Gillette Stadium in Foxborough, Mass. R.A.D. Sports will

See TURF, page 2



MARK FUSCO

The sample of the turf field and the field's mock-up.

# FIGHTIGHTS

#### EWS THINK PINK

RWU athletes support breast cancer research Page 3



### FEATURES

MARY CONCANNON

Student to present selfauthored paper at international conference

Page 10



#### **IFESTYLE**

#### THE SITUATION

Looks like the Jersey Shore cast might be on to something

Page 14

INDEX	
News	2
Bristol Beat	5
Features	7
Opinions	11
Lifestyle	14
Puzzles	15
Sports	16

#### NEWS BRIEFS

#### THIS JUST IN

#### Hawaii Legislature approves same-sex civil unions

Hawaii lawmakers Tuesday sent the governor a bill that would allow civil unions for same-sex

Democratic Gov. Neil Abercrombie's office says he intends to sign the bill into law within 10 days.

Civil unions would begin Jan. 1, 2012.

The Hawaii Senate voted 18-5 on Wednesday to give the bill final legislative approval following years of thousands-strong rallies, election battles and passionate public testimony on an issue that has divided the Rainbow State for nearly two decades. The measure passed the House on Friday.

-msnbc.msn.com

#### Solar flares could create auroras over northern U.S.

The sun has unleashed its most powerful solar flares

in four years, sending a torrent of charged particles that could bring auroras as far south as Washington, D.C., scientists say.

Earth-bound flares — coronal mass ejections, in non-layman's terms — began erupting Sunday, with the biggest flare since December 2006 recorded on Tuesday, NASA's Solar Dynamics Observatory reports. Though such magnetic storms can affect communications and power grids (shortwave disruptions were reported today in southern were reported today in southern

China), no serious problems are anticipated, because the flare isn't expected to hit Earth head on.

-USATODAY.com

#### Computer finishes off human opponents on 'Jeopardy!'

Start the "computers are conquering the world" jokes now. "Jeopardy!" master Ken Jennings already has. The IBM supercomputer Watson won its second "Jeopardy!" game in Wednesday's edition of the TV show, completing a sweep of its two human opponents, including Jennings, who acknowledged mankind's trivia inferiority before the match was

even over.
"I for one welcome our new computer overlords,"
Jennings wrote under his correct Final Jeopardy!
solution, prompting laughter from the studio audi-

Watson -- despite being far from perfect -- was too far ahead in the two-game match to be caught. It beat Jennings and fellow "Jeopardy!" champion Brad Rutter, earning \$41,413 for the day and \$77,147 for the two-game total. —CNN.com -CNN.com

#### Girl with 12 fingers, 14 toes reaches for a record

A mother in Myanmar says her baby girl's 12 fingers and 14 toes have been no disadvantage — her grip may even be stronger than normal — and now she's grasping for a Guinness record.

Phyo Min Min Soe, 26, knew her girl Le Yati Min had a little something extra since nearly the mo-

ment she was born.

"I asked the nurses whether my kid was born complete with hands and legs," says her mother. "They replied that the baby even has more than she

Born with 12 fingers and 14 toes, Le may be the most "digitally enhanced" person in the world. Now, the 16-month-old girl's family in impover-ished Myanmar is seeking a Guinness World Record to prove it. -msnbc.msn.com

#### TURF: University to begin construction in May

#### Continued from page 1

lay the field with "field turf," King said. "We chose field turf because it's the best available turf at this time based on RWU's specific needs."

The administration brought in engineers from Gale Engineering Co. Inc. in Boston, Mass. to help make the decision. "Gale took a team to different turf fields and let people sam-ple the different types of turf," King said. "They were most impressed by field turf."

The Gale Engineering team also did the complete design of the field and helped the school with the company selection bidding process last spring, where they quote a fall 2010 price. R.A.D Sports was chosen through this bidding process, and later agreed to maintain their fall 2010 pricing despite

the spring 2011 installation.
"There is lots of enthusiasm about the field," King said. Junior Laurin Pendleton, a captain of the women's soccer team, echoed King's sentiments, saying she is very excited to play on the field next fall. "I feel that getting this turf field is a huge stepping stone for RWU," Pendleton said. "It is also a very positive motiva-tor for student athletes here, as well as a way of keeping up with competition. But most of all, I see it as a reward for all the athletes, coaches, and staff [for their] hard work over the recent

The field is unnamed as of press time, but King said there are still opportunities for alumni or local businesses to change

For those who can't wait to see the field, there is a small sample of the turf and one of the seat back chairs set up outside the Athletics Department in the Recreation Center.

Construction is scheduled to begin on May 23, two days after the 2011 Commencement Ceremony, and is expected to be completed "before the fall semester starts," King said.

#### CORRECTION

In the Feb. 10 article "GETTIN' TRASHED" by Will Foley, it was reported that the ban started during the fall 2010 semester and that the student conduct office waited until the spring 2011 semester before informing students about the ban. This is incorrect. The decision to ban Four Loko was made in December, but Student Affairs waited until the start of the spring semester before notifying students and enforcing the policy. The decision was made by the President and Vice presidents, and communicated to the community via the Dean of Students' office in January, when the ban began.

## University celebrates CATCH-22 anniversary

CLARA MOSES | Herald Reporter

The Annual Professor John Howard Birss, Jr. Memorial Lecture series is being held this year for the eleventh time at Roger Williams University. Each year, RWU honors an

important American literary work that is having a significant birthday. This year, the university is celebrating the fiftieth anniversary of the novel CATCH-22 by Joseph Heller.

"It's really important for us to remind one another about classics in American literature," said Dr. Becky Spritz, the Assistant Director of the RWU Honors

The university has been honoring classics with the Birss lecture series since 2000, according to professor James Tackach, who arranges the events every year. It all started when Roger money for a lecture named after his friend and scholar, John Howard Birss, Jr.

The first lecture commemorated the one-hundred-and-fiftieth anniversary of Мову-Dicк by Herman Melville, Birss' favorite book. Other honorees have been Uncle Tom's Cabin, WALDEN, THE GOOD EARTH, ADVENTURES OF HUCKLEBERRY FIN, and To KILL A MOCKING-BIRD, to name a few.

This year's book, CATCH-22, was first published in 1961. The plot focuses on World War II. This novel is responsible for the use of the phrase 'catch-22' in everyday language, which refers comes are undesirable.

'CATCH-22 is worth celebrating for many reasons. Joseph

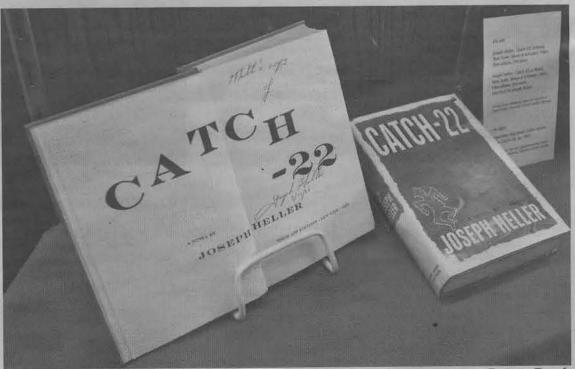
Williams College alum Rob-ert Blais, class of '70, donated our language—we all have been our language—we all have been caught in a catch-22 situation," Tackach said. "He also taught

> us a new way to write about war. The war novel, pre-Heller, was serious, grippingly realistic. Heller's book is satirically humorous and mixes the realistic with the absurd.'

"The themes really apply to the way that we think about war today," Spritz said. She thinks this is a good book to honor because its characters, themes, and humor will appeal to many

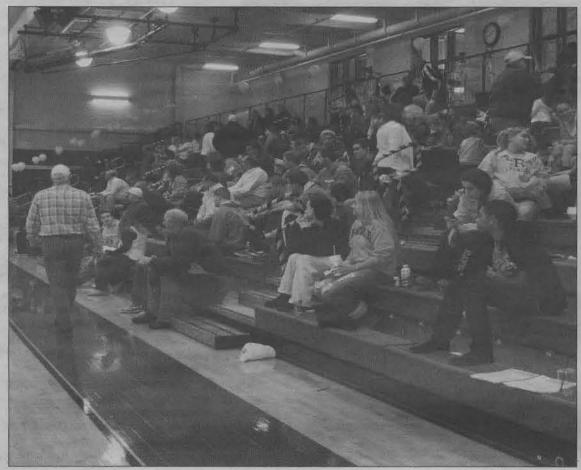
different people. On the twenty-eighth, James Nagel will be giving the keynote address. There has already been a book discussion group, a stuto a situation where all out-, dent panel discussion, a showing of the 1970s movie adapta

See CATCH, page 4



RACHEL DURÉ

## RWU goes pink for cause Athletic teams participate in breast cancer fundraisers



LAUREN TIERNEY

P

9

Fans attend the Think Pink game at RWU.

LAUREN TIERNEY | Herald Reporter

Roger Williams University Athletics thinks pink. All teams, regardless of season, participate in breast cancer awareness ac-tivities as well as raising funds at themed athletic games. On Feb. 12, 2011, the RWU women's basketball team donned in pink breast cancer shirts during their warm-ups, then faced off against Regis College in their Pink Zone game. Despite the outcome of the game, it was a positive experience for the stupositive experience for the student athletes and members of the RWU community.

Before the game, the team decorated the gym with pink streamers and balloons. Alumni, a local youth basketball team, and a Girl Scouts troop were invited as guests to the

During the game, the women's softball team set up a table outside the gymnasium to help the women's basketball team hand out free pink carnations to each woman that entered the gym. There was a box for donations and cards to fill out in honor of a victim or survivor or breast cancer. There was also a 50/50 raffle to raise more funds.

The winner of the raffle was Phil Malenczak, father of women's basketball's Kate Malenc-

donated twenty dollars back to the cause. The funds raised totaled over \$300 and will be donated to the Kay Yow Cancer Fund.

Women's Basketball is not the

only team on campus to participate in breast cancer awareness activities on campus, women's volleyball holds its annual Dig Pink event each fall. The team sells pink breast cancer and volleyball themed shirts throughout the week leading up to the event. This past fall, the team raised over \$1,000 for breast cancer research.

Women's softball holds an annual Think Pink game in the spring. The women's basketball team assists them in their event. The team also gives out carnations and takes donations. The team wears pink shirts during warm-ups and decorates the field. In the fall, the team participates in either the Boston or Providence Breast Cancer Walk to show support and raise awareness.

According to Acting Athletic Director Dave Kemmy, the department-wide breast cancer support was started by former women's basketball and softball coaches about seven years ago. The events were part of the increased community service efforts athletics started at the time. "It was a collaborative effort on the part of the coaches involved, their teams, and the department with all supporting the ventures equally. They have evolved into some great events with the support of everyone in athletics and they have become annual events that you don't want to miss," Kemmy said.

## hawksherald@gmail.com

An Offer You Can't Refuse

Tuesdays are college night at Leo's Ristorante

\$8 Never Tasted so good

Meal inclues: Salad & Garlic Bread

Pasta with your choice of: Meatballs Chicken or Eggplant Parmesan



## CREDIT:

Proposal looks to remove charge, up number of courses for overload

Continued from page 1

Bosco said that though the number of hours that would qualify as a course overload would change, and there would no longer be a fee, it doesn't mean that anyone can automatically overload on

"Students need to recognize that there is still an approval process," Bosco said. "Taking away the fee does not remove the necessary approval from one's advisor and dean."

Deans will still need to approve any course that puts a student over 17 credits. The new maximum amount of credits one can take in any

given semester is now 21.
"We want to be sure students can still support the workload. We don't want to compromise

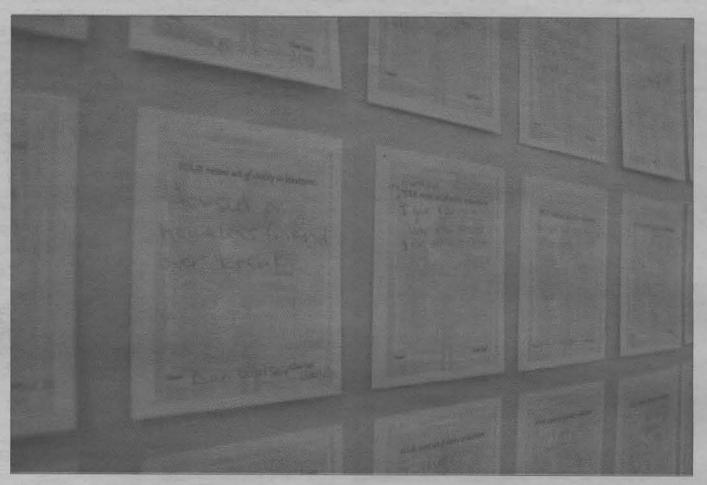
their academic achievement," Bosco said.

"I'm glad the school is deciding to do this," Lewis said. "It's

definitely going to help."
The Faculty Senate consists of 37 faculty members who represent all aspects of campus, from the individual schools to the library and counseling services. They meet monthly to discuss issues and other things directly impacting education.

As of press time, the final decision is pending a vote by the Board of Trustees later this month. If they vote in favor, the fee will be eliminated as of the fall 2011 semester, and a course overload will be redefined as a maximum of 21 credits.

## Civility at its best



JEREMY KING

Currently on display on the awareness wall in the Recreation Center are a bunch of actions posted by RWU students. The students wrote down things they did for others out of kindness. The wall is dubbed the "Civility wall" in honor of MLK Jr. Day.

## CATCH: 50th birthday

#### Continued from page 2

tion, and a themed exhibit has been put together in the library.

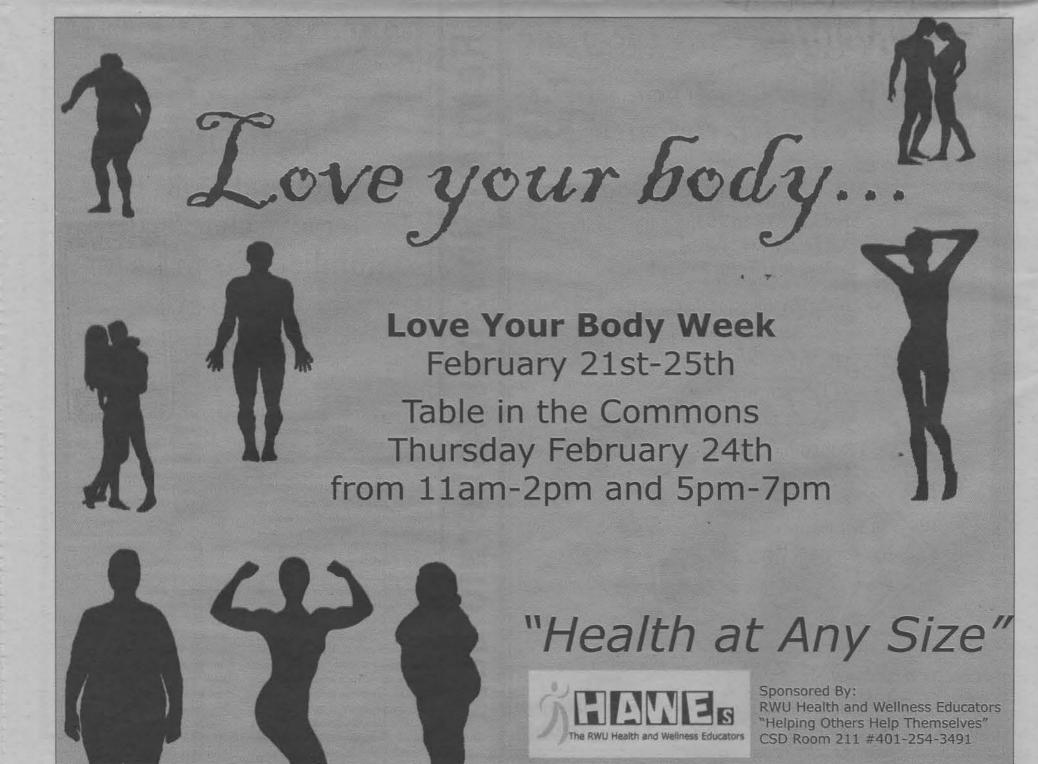
Christine Fagan, the Collection Development/Acquisitions Librarian, has been designing the Birss series exhibits in the library for ten years.

"I look for manuscripts illustrating the style of writing, photographs of the author, first editions and foreign editions of the book, promotional materials and reviews from the time of publication, film promotional materials when available and historical artifacts representing the setting or theme of the work," Fagan said. "On a personal note, I approach this project with enthusiasm, since it is one of my favorite aspects of my job. It gives me the opportunity to focus my research on a particular book and a particular writer."

Spritz said she thinks it's important to do this each year because universities should honor academic and cultural achievements.

"One of the reasons why we get involved is because we would really like to get students more excited about some of the intellectual events on campus," Spritz said.

Tackach already has plans for next year as well. The university will celebrate the 75th anniversary of Their Eyes Were Watching God by Zora Neale Hurston.



## That's amore

## Awad and Byrne win free Valentine's dinner at Leo's Ristorante

Darielle Terry | Herald Staff Reporter

Love was in the air as HAWKS' HERALD photo contest winners Patrick Byrne and Nibal Awad sat down for dinner at Leo's Ristorante on Valentine's Day. The couple, who have been seeing each other for about two years, were very excited that they actually won the contest.

This is nice, because we don't really get to get off campus that much so it's nice to get a little break," Awad said.

Byrne and Awad submitted a photo of themselves that was taken this past



Awad and Byrne's winning

photo submission.

Halloween. Byrne was dressed as the Knave of Hearts and Awad was dressed as the Queen of Hearts, both characters from Alice in Wonderland.

"I leaned over and kissed her on the cheek and someone took a picture," Byrne said.

It just looks silly because our costumes are so ridiculous," Awad added.

"I like the fact that she's laughing so hard," Byrne said.

Byrne and Awad met one summer when they were both orientation advisors, which is when they were able to do one of their favorite things in Bris-

"During the summer we like just getting ice cream at The Daily Scoop, walking around and being near the water. I mean, it's a nice town," Awad said.

The couple also likes to dine at Thames Water Site restaurant, where they can look out at Bristol Harbor.

"Yeah, Thames on the Water, that's probably one of our favorites," Awad said.

"We definitely hang around Bristol a lot," Byrne

They said they also like stop at local pizza places and sandwich shops like Ricotti's. However, they



MARK FUSCO

Photo contest winners Pat Byrne and Nibal Awad enjoy their complimentary Valentine's Day dinner courtesy of Leo's Ristorante in Bristol.

said they could not forget about their other favorite restaurant, Leo's, which they had actually been to a few times before winning the photo contest. To them, the best part about Leo's is the atmosphere.

"It's cozy, it feels like you could have been here for your first time or a 100 times. It's just a good atmosphere and the foods good," Byrne said.

"It's warm and inviting. It's very homey," Awad added.

This is exactly how Leo's owner Paul Mancieri wants students to feel when they come into his

"We really welcome the student's and we are big supporters of the university. We are available for romantic nights out at Valentine's Day and we are available for whatever your needs are," Mancieri said.

"Tonight, [Byrne and Awad] are being treated to one of the chef's specials," Paul said about what the couple would be enjoying for dinner.

## EAST BAY MOBILE Deals of the Week

FREE TIRES FOR LIFE

At Barry's Auto Mall, Middletown **Text EBNBARRYS to 79338** 

BUY 1 FOOT LONG GET 1 FREE

At Subway, Tiverton ONLY Text EBNSUBWAY to 79338

FREE APPETIZER

At Pizza Wave, Bristol Text EBNWAVE to 79338

FREE GARLIC BREAD

At Samantha's, Warren Text EBNSAMS to 79338

\$5.00 OFF PURCHASE

At Pet Foods Plus, Bristol **Text EBNPETFOOD to 79338** 

**BUY 1 LARGE SANDWICH GET 1 SMALL FREE** 

At Wood Street Pizza, Bristol Text EBNPIZZA to 79338

15% OFF YOUR CHECK

At Lucky's, East Providence **Text EBNLUCKYS to 79338** 

3 TREATMENT FALL **ESCAPE PACKAGE** 

At The Stone House, Little Compton Text EBNSPA to 79338

**DESSERTS & COFFEES** 

At The Stone House, Little Compton **Text EBNSHOUSE to 79338** 

**BRAKE SPECIAL \$79.99** 

At South End Mobil, Fall River Text EBN1SERVIC to 79338

FREE LARGE ICED COFFEE At Beehive Café, Bristol

**Text EBNBEEHIVE to 79338** FREE FAMOUS NACHOS

At Nacho Mamma's, Bristol Text EBNNACHO to 79338



Brought to you by:

EastBay

2/2 2 save com

Must show phone at point of purchase. Standard text messaging rates apply. See text/app for details. Some restrictions may apply.

## 'Golden' dream drives heavyweight boxer

## Bristol man fights in New England Golden Gloves tournament

Article Courtesy | Bristol Phoenix

With one match standing between him and moving on to a title fight, amateur boxer Kyle Francis had yet to step into the ring, hear his name called by a ring announcer or feel an opponent's furn until last Estidor nent's fury until last Friday.

"I've always wanted to be a Golden Gloves champion," said the 27-year-old Bristol man, a laid-off landscaper. He was taking a break from endless rounds of shadow boxing inside Ultimate Fitness Gym on Gooding Avenue, with only days away from the New England Golden Gloves semi-finals. "It's something I want to be able to tell my grandkids about."

Leading up to the semi-final tournament on Friday, Feb. 10 in Lowell Auditorium, he and his trainer, Jesse Amarelo, were confident about his physical condition. The missing element was ring experience. His boxing debut, he had thought, was going to be at a qualifying match, the Southern New England Golden Gloves competition, in Fall River on Jan. 28.

However, at that tournament, Mr. Francis' opponent forfeited. Still untested, he moved on to the New England tournament. But he had promise. That's

what Mr. Amarelo, owner of Ultimate Fitness, noticed when Mr. Francis began training at his gym. "He had some potential. He worked hard, had interest and passion. He has really good natural gifts."

Fight night Beyond earshot of the cheers and boos that surrounded the ring last Friday, Mr. Francis, Mr. Amarelo, and corner man, James Leite, joined other boxers from throughout New England warming up in the locker room in the basement of the auditorium. Dressed in black shorts with a red stripe, Mr. Francis weighed in at 196 and was given a quick look-over by the doctor. He was down a few pounds from his usual 201, but was not

"I just want to get out there," he muttered through his orange mouthguard. His gauzewrapped hands sliced through the air with jabs, hooks and uping gloves and delivered a series of thunderous combinations into the pads while Mr. Amarelo focused him and reinforced his confidence. "Take it easy. Save those legs. You're in shape and you're going to put pressure on this guy."

Others in the locker room

him from cuts. Then the pair resumed pad work.

Warmed up, a calm and focus settled over the untested boxer. Then it was Mr. Amarelo's turn to be anxious, and he paced inside the locker room. At 9:38 the announcer called the heavyweights.

A flurry of exchanges opened round two. Mr. Amarelo shouted instructions from the corner: "That's it. Two, three. Don't wait, Kyle." Mr. Black landed a punch on Mr. Francis' face, and blood drips from his nose. "Hands up, Kyle," Mr. Amarelo

During most of round three, the Vermont fighter danced out of reach of Mr. Francis. With 30 seconds left in the fight, Mr. Amarelo yelled, "Get busy." Mr. Francis boxed his opponent against the ropes with a series of jabs, hooks and uppercuts. Mr. Black slipped the barrage and retaliated with a strike to Mr. Francis' midsection.

The fight goes all three rounds and to the hands of the judges. When the decision was announced, Mr. Francis nodded, accepting defeat, and congratulated his opponent and others

in the blue corner.

By 9:50 Mr. Francis was back in the locker room, trying to piece together his first boxing

My adrenaline is going. I feel like I'm in a dream right now. The minute I got in there my adrenaline went up," he said. "I tried to leave it all in the ring."

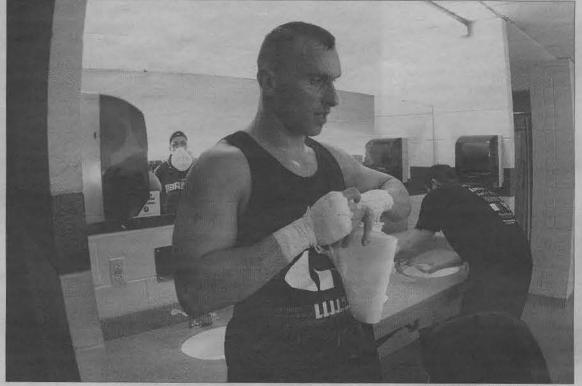
Disappointed at the loss, he looked at the positive side. "It was a good experience."

Mr. Amarelo wasn't disappointed. "His work ethic, everything he does, he does 100 percent. He wants to be good."

The bover representing Bristol.

The boxer representing Bristol had a fight to put on his once-pristine USA Boxing Passbook, a record of a boxer's fights, now stained with his blood after an official wrote in the fight and handed it to him in the ring. He said there will soon be more added to the book.

"I have a lot of faith in Jesse," Mr. Francis said. "I train hard and I'm in the best shape of my life. This is something I want to



RICHARD W. DIONNE JR.

Heavyweight boxer Kyle Francis takes tape off his hands in the locker room after fighting a threeround Gold Glove semi-final bout in Lowell, MA. on Friday night.

Mr. Amarelo watched his boxer work off nervous energy. "He's in shape, he's lean and he's strong. I just want to keep him

For the next hour, boxers in lighter divisions left the locker room, fought and returned as Mr. Francis paced, bounced and punched air, biding time.

"Just before a fight can be pretty tough," said Mr. Leite.
"The mind might wander. You think too much. You start to think 'what if'.'

Mr. Francis picked up his box-

walked over to offer words of advice. "Don't go out there and stress yourself," said Jeff St. Pierre, a more experienced super-heavyweight. "You got power. Trust the power. Keep circling. Trust the power." Mr. St. Pierre's trainer, Jarrod Lussier, added, "You got a heavy right hand. You're in good shape."

As Mr. Leite arranged the box of supplies he'll need in the corner — water, spray bottle, towel, gauze, tape, scissors — Mr. Amarelo applied Vaseline to Mr. Francis' face to protect "This is your night," said Mr. Amarelo, giving Mr. Francis a light slap in the face. "You want this, Kyle, you know that."

In the ring
The bell sounded and Mr. Francis' first boxing match was underway. He and his opponent, a seasoned boxer named Aaron Black, from South Burlington, VT, circled each other, trading glancing blows to feel each other out. Mr. Francis de-livered a solid left hook early in the round that catches his op-ponent squarely on the side of do."

## BCWA has spent hundreds of thousands on attorney fees

The Bristol County Water Authority spent about \$140,000 in legal fees over a nine-month period in 2010, and has spent nearly \$350,000 in attorney costs over the last three-and-a-half years

According to information provided at last week's BCWA financial subcommittee meeting, the authority spent \$138,267 from Jan. 2010 to Sept. 2010, including more than \$55,000 on public records requests that apparently required legal over-

The recently released figures show a significant spike in legal costs incurred by the Bristol County Water Authority since 2007, when the authority spent just \$27,901.

Some officials point to increased public scrutiny as the culprit. A few residents, watchdog groups and this newspaper have filed records requests with the authority, which reportedly forwards at least some of the requests to its legal counsel, attorney Sandra Mack.

works with the firm Cameron and Mittleman, produced a spreadsheet documenting the different requests filed by Barrington residents Jeff and Janice Black. The sheet details eight separate letters and references dozens of follow-up letters that requested information.

The Blacks, who filed complaints with the Rhode Island Attorney General's office regarding the BCWA's response, criticized the water authority in an e-mail last week.

"Rather than funneling responses through outside lawyers, BCWA could have simply provided access," they wrote. And the Attorney General would have given BCWA free advice. There were also significant legal fees for the Roger Williams water tank agreement, pension plan issues, and other

Article Courtesy Bristol Phoenix Last week, Ms. Mack, who issues that perhaps BCWA negotiating the rate structure to the solicitor," Ms. Speakman employees and directors could have addressed."

A breakdown of the authority's legal expenditures shows that ratepayer money is covering everything from a response the council-ordered efficiencies audit (\$3,847) to labor dealings (\$12,890) to a public records complaint filed by the Barrington Times (\$3,285).

The water authority has spent the most money on legal fees for the records requests and subsequent Attorney General complaint investigations (\$56,183), its pension plan (\$65,937), and on a category titled miscellaneous (\$70,807).

John McElroy, a Barrington resident appointed to the BCWA Board of Directors, said he was aware of the amount of money being spent on legal fees and has started talking about used by Ms. Mack and her firm. He added that Ms. Mack was a "top-notch" attorney who was well-versed in water authority

"I agree, we have spent a lot of money on legal fees," he said.

Barrington Town Council President June Speakman has some experience when it comes to covering legal fees associated with records requests.

The Town of Barrington has been involved in more than one lawsuit over records requests and has twice been found in violation of the Access to Public Records Act. On both of those occasions, the Blacks were the individuals who had filed the initial complaints against the

"Because the Blacks' requests were so numerous and complicated we had to forward those said, referring to a request to view nearly 1,000 tax-related documents during the recent town-wide revaluation. "I recall a lot of e-mails back and forth about incomplete answers.

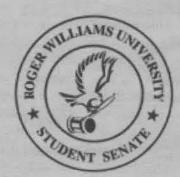
"However, the town has never spent close to that," Ms. Speakman said, referring to the BC-WA's recent legal fees. "No, no, no. Never close to that."

Bill DeWitt is a member of the Barrington Town Council who has paid close attention to the Bristol County Water Authority recently.

"I know the number is up considerably this year. They said it was due to inquiries, but their behavior has gotten people to make these inquiries," he said.

Read the rest of this story at EastBayRI.com

### Behind Closed Doors



#### GRIFFIN LABBANCE | Herald Reporter

As most students carry on their normal routine each Monday night, a certain group of students selected by the student body gather together to discuss different campus-related topics.

The Student Senate is a group of undergraduate students who each were nominated through an online voting system to represent the student population as a student senator. Each week, the organization discusses different programs and events being put on by different clubs, organizations or departments.
"The topics that are discussed at Senate range from a single student's concern to the administration requesting the student's opinion on a growing topic," said junior and Student Body President Thomas Gleason. He added that each week the organization goes into a deeper discussion of relevant campus

Many senators feel that being a part of Student Senate doesn't just mean advocating for students and departments but that it's also a great place to connect with other students who share the same passions. Junior and first year senator Shannon Fa-

hey feels just this way. "The best part about being on Senate is the connections that I have been able to make with some student leaders as well as my fellow senators," Fahey said. She added that not only were the connections with students great, but the connection made with faculty and administration was very valuable. Each senator is faced with the task of representing the student body in front of many different departments on campus, and many different topics and issues. Assisting in overseeing all of the organizations and clubs on campus causes each senator to become dedicated and supportive of the efforts put forth by the Roger Williams University community.

Sophomore Parliamentarian, Kevin Manuel, said he agrees that being apart of Senate has given him skills that will be useful even after graduation.

"Being apart of senate has allowed for me to gain great experience in the area [of civic and public service] and has helped prepare me for a better career," Manuel said.

After having eight senators resign last year, Gleason and the rest of the senators have not stopped to let the change affect them. "Senate's biggest accomplishment has been moving forward," Gleason said. He added that the current cabinet

is the youngest group that the university has had in a very long time. "It has taken a lot of enthusiasm from everyone to build a strong foundation, and because of this we have become organized, pragmatic, and have built a strong foundation to begin running like a business," Gleason said.

With a large amount of firstyear senators, the advisors and returning senators have played

a huge role in supervising. "I am constantly learning new things from the veterans and advisors," Fahey stated. Freshmen and Student Senator Olivia Rogine agrees that senate has helped to teach her valuable skills. "I am learning how to lis-ten to others' opinions and try to see the situation from their point of view. We have a lot of strong personalities on Senate, so it is sometimes difficult to admit your view is not right at times," Rogine said.

On top of their growth after

a loss of senators, junior and Vice-President Nick Tsimortos has seen the organization grow in other senses also.

"We have improved vastly at delegation and actually following our committee structures and roles. We are also dedicated more than we have ever been to fulfilling student needs and rights as the student body's voice," Tsimortos said.

Gleason and the advising team help to create an environment that is professional and enjoyable for all members who attend meetings. Advocating for the student body, Gleason said that a main goal for this upcoming semester and into next fall is to create more space for clubs and organizations to advertise.

If students want to find out more on issues or topics, you should come to our meetings," Gleason said.

Student Senate meets each Monday night at 6:30 in the senate chambers, located in the Rec Center.

"Anyone can come. We always look forward to seeing students, which is why we always have a spot on the agenda for open floor to hear student's concerns as well as when students want to participate in an open de-bate," Gleason said. Gleason, Tsimortos, Fahey, Rogine, and Manuel along with the rest of the 20 student senators said that they have all gained skills and developed their student leader personalities and encourage any student interested to either stop by the senate office or attend a weekly meeting.

## Student Senate: | Hidden Gems on Campus: University Main Library

#### MICHELLE LEE | Herald Reporter

Sue McMullen, the Reference and Information Resources Liand Information Resources Librarian at the Roger Williams University Main Library, was at her house preparing dinner when she received a notification on her personal cell phone. The text was from a RWU student that had used the "text—a-librarian" option on the library's website. site. The text, which was from a student on the third floor, asked for a librarian to tell some rowdy students they were being too loud. McMullen, even though she wasn't working, called the librarian on duty to go to the third floor to tell the students to quiet down.

That is dedication.

Dedication is also found in Barbara Kenney, the Instructional Services Librarian, who has been working at the library for seven years and wants nothing more then to help the students of RWU. Kenney's goal is to help personalize the students' academic experience and break down any walls that are stopping the students from approaching the librarians for help.

"Everything we do is for the

students," Kenney said.

Kenney and her fellow coworkers are always looking for more feedback on how to improve the library and its re-sources. The library has over 40plus work study students, who Kenney said have all helped contribute to changing the li-brary by letting them know what the issues are and what's

going on around campus.
Two years ago, the library sent out a survey called LibQual, which is used by other libraries across the nation. The survey went out to undergraduates, graduates, faculty, and staff asking for feedback on how the library could expand or change.

At the time, the library had 25 computers and no space for classrooms. Since then, the library has expanded to over one-hundred computers and three official classrooms.

"People are always asking for more computers," Kenney said. Students also had concerns about more space within the library. Over winter break the area near the Mary Tefft White Cultural Center was rearranged to accommodate the students' requests. Another survey will be sent out in the next couple

of years looking for more feed-

back.

Kenney unfortunately feels that students do not take advantage of all the resources the library has to offer. The library and its resources can also be referred to as "The Learning Commons," a place that brings together multiple service points. "What's in the building is all here to help students," Kenney

The "text-a-librarian" applica-tion that RWU students have already started to take advantage of is one of the newer additions to the library that was implemented in September. Students can either text a librarian from their cell phone or via the computer and when the librarians are notified that some-one has asked a question, one of them will claim it and answer to the best of their ability.

Freshman Brendan Thon is one of Kenney's many students to whom she has helped teach the program RefWorks, an application that allows you to manage references and bibliographical information for re-search papers. "I would recom-mend that other students find their way to the library and take a course on Refworks," Thon said. "Or ask one of the librarians for help using the databases RWU has for students to use."

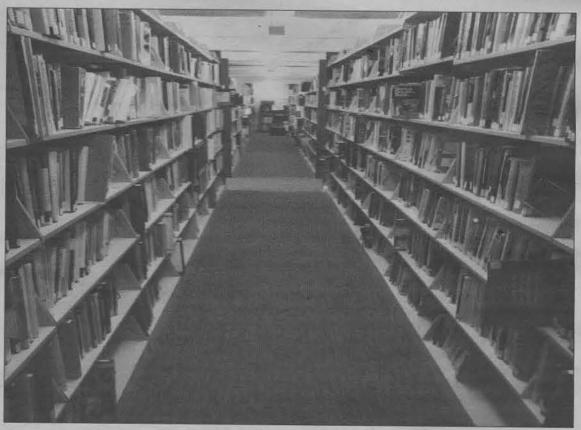
"We know this stuff is diffi-cult," Kenney said, referring to the databases and technologies that seem confusing to some students at first. The message is simple: the librarians are there and ready to help any student, even if it may not be related to the library.

Many students have probably heard or used LibGuides that are accessible through the library homepage. The Lib-Guides are librarian-created research guides to high-quality information resources. There are LibGuides that focus on one subject area as well as guides that are created for one spe-cific course, Kenney said. "This tool is very useful and versatile as you can access LibGuides at 2:00 or 3:00 a.m. when you're doing those late night papers."

Most every student has seen the Architecture building, but Kenney feels that most students don't know about all the resources it has available to non-Architecture students as well as

Architecture students.
"The Architecture Library is home to the Visual Resource Center which has a physical slide collection as well as a "digital presence," said Kenney. The program called ARTstor is where students can access pictures for any project they may need. It also provides helpful

Kenney likes to describe the library as the Nordstrom's of library land. "You can't walk into Nordstrom's if you don't know how to find a personal shopper," she said. "Because then you can't fully access the services of Nordstrom's." The librarians are the "personal shoppers" of the library and students should take full advantage of them and the services they have to offer.



ELIZABETH MARTLAND

The Main Library offers a multiude of resources for student use, and thanks to the text-alibrarian and LibQual services, the library's wealth of knowledge is within reach of all students.

## Campus theft on the rise

## Three laptops and a wallet stolen over past three weeks

#### BEN WHITMORE Editor-in-Chief

For a university that had just six thefts from campus buildings last year, Roger Williams University is enduring a crime wave, suffering at the hands of sticky-fingered thieves.

In the past three weeks, three university laptops and a woman's wallet have been stolen from unlocked classrooms and offices, according to John Blessing, Director of Public Safety.

"We have an open community for learning, socializing, and creative thinking. But once in a while it's a balance when you have people coming in here with the wrong motive," Blessing said.

The repercussions of theft are greater than the monetary loss of the stolen items. In a campus community of less than 5,000 students, faculty, and staff, theft's psychological detriment is amplified.

"I go somewhere, and then I come back because I'm afraid I didn't lock the door, and I call the secretary and say 'Did you see if I locked?' I am paranoid. I mean, who wouldn't be?" said Dr. Susan Pasquarelli, Professor

of Literary Education and Co-Chair of the School of Education.

Pasquarelli was victimized when her university laptop and brand new Italian, handmade, red leather wallet were stolen out of her office in the university library two weeks ago.

"I came in from a meeting, the Feinstein College of Arts

and I had my laptop in my hands and my purse. I laid them down on the chair and put my coat over them," Pasquarelli said.

Then, leaving her office unlocked, Pasquarelli left to go to the bathroom. As she left, Pasquarelli asked her colleague in a neighboring office to keep an eye on her belongings while she was gone, she said.

"I was gone, we think, for four to five minutes. All [Professor Rachel McCormack] did was leave her office for about 40 seconds while she went to the printer," Pasquarelli said.

"We I came back to my office, I knew immediately – like in a second," she said.

Upon seeing her laptop and

wallet were gone, Pasquarelli said she immediately called Public Safety to report the crime.

For the Public Safety dispatcher, Pasquarelli's report was the third report of theft in five days.

Earlier that week, two laptops were stolen from classrooms in the Feinstein College of Arts

In a campus community of less than 5,000 students, faculty, and staff, theft's psychological detriment is amplified.

and Sciences building (CAS) within 24 hours of each other.

In both cases, the laptops were left overnight in unlocked classrooms, one of which was left over the period of a weekend, Blessing said.

Though both computers were tethered to desks with "locking mechanisms," the thieves were seemingly undeterred; pieces of the laptops were left behind, suggesting that the computers were ripped out of their security bindings, Blessing said.

While the two CAS theft cases do not have any official suspects,

Blessing said two white males of average height and build were caught on surveillance video in the library around the time Pasquarelli's belongings disappeared.

"We did see two males entering the library around one o'clock on that day, then left in a hurried manner about 15

> minutes later," Blessing said.

One of the men was wearing a backpack, which looked fuller as the man left the library, Blessing

said.

It is unclear as to whether or not these men are students or visitors based on the footage, Blessing said.

The Bristol Police Department is actively investigating the case, searching for the two men from the video footage, Blessing said.

Though there is not enough evidence to prove that the same suspects perpetrated the three recent thefts, Blessing said that sometimes the same criminals will commit frequent thefts.

"Some crimes are a crime of opportunity. A car is unlocked,

there's a piece of equipment there, and a person takes it. Other times there are thieves that target areas, checking unlocked doors," Blessing said.

RWU suffered a rash of laptop theft in Maple Hall last year in unlocked dorm rooms, Blessing said. Last November, a laptop was stolen out of another unlocked library office, Pasquarelli said.

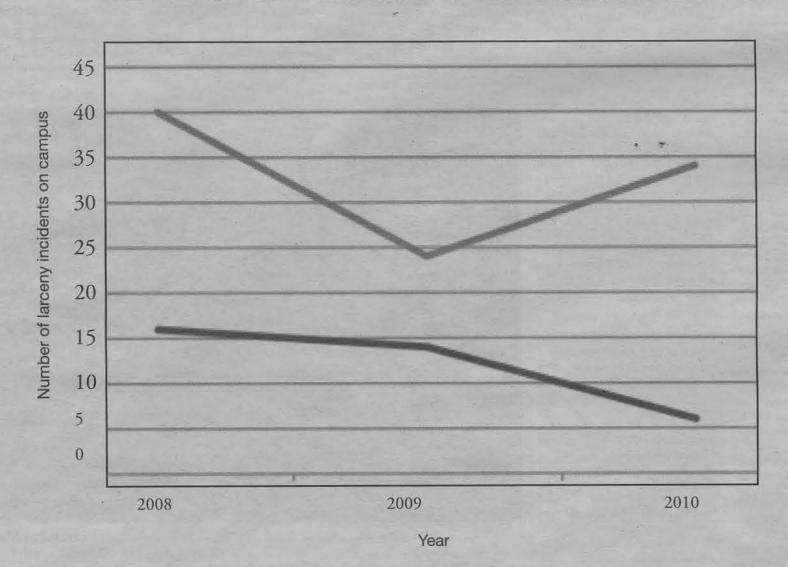
"I just don't have a feeling it's a Roger Williams student. I feel they are roaming opportunist bandits," Pasquarelli said.

"This is my eighteenth year here and I have always left my door open. ... The kids that come down this corridor are usually in the school of education. We would have recognized them because we know all of our students," Pasquarelli said.

Following the two CAS laptop thefts, Public Safety increased their patrols of that and other campus buildings, Blessing said. Public Safety also issued an e-mail to the campus community, urging students and staff to not leave their valuables unattended.

"It's a loss of feeling safe,' Pasquarelli said.

## **RWU's Theft Statistics**



General larceny

Larceny from a building

## Larceny is the theft of personal property

of Rhode Island...

If the items that have been stolen are worth under \$500, the penalties for misdemeanor larcerty include, but are not limited to: up to a year in jail and fines of up to \$500. If the items stolen are worth more than \$500, it is considered to be a felony larceny. The penalities for a felony larceny include, but are not limited to: up to 10 years in prison and fines of up to \$5,000.

\$5.2 billion

worth of motor vehicles were stolen in 2006 nationwide

11,877,218

crimes are reported each year in the United States

larceny offenses were reported in the United States in 2003

#### COMMONLY **STOLEN ITEMS** ON A COLLEGE **CAMPUS**

cell phones, iPods, laptops, cash, bicycles, books, jewelry, credit and debit cards, materials used for identity theft, televisions

incidents of theft and larceny were reported in Bristol, R.I. in 2005

#### According to the RWU handbook...

Roger Williams University will not assume liability for damage or theft of personal items while on property owned or controlled by the institution. Students may, at their own expense, secure adequate personal insurance to cover their possessions while attending the University.

**Driver's license** theft is the most common type of identity theft

5,106 incidents of larceny were reported in 2006 in

**PROVIDENCE** 

22 PURSE SNATCHING incidents reported last year in the state of R.I.

incidents of larceny from a building were reported last year in R.I.

was ranked the most dangerous state in the United States

New Hampshire was ranked the safest state in the United States.

## Lower Commons food fraud

Receipt deceit takes Bon Appetit employees by surprise

BEN WHITMORE Editor-in-Chief

A different kind of thievery struck the Lower Commons last week through means Bon Appetit employees had never seen - receipt fraud.

After one student ordered food from the Lower Commons' Grill station, paid for the food, and took the meal into the dining area to eat, another student attempted to use the first student's receipt as proof of food he had ordered but had not yet received.

The dupe worked.

"The ladies at the Grill remembered already doing it, so they said something to the [manager] at the time," said Tina Bullock, Assistant Retail Manager for Bon Appetit. "But, in all defense to this person, they had a receipt that said that something was paid for. And as [the Grill cooks'] jobs, they made it again, but questioned it after.

"I know it's busy sometimes, but they know what they made," Bullock said. "[The Grill cooks] said it seemed kind of funny, but we like to keep everybody

Yet, Bon Appetit has taken measures to deter would-be fraudsters.

Lower Commons cashier clerks have started marking

paid-for receipts with brightly colored highlighter markers, denoting which ticket slips are the results of proper transactions.

"Each person at the register has a different color. It's pretty much just a line to see they came through already, and it's bright enough so that anybody can see it," Bullock said.

"We are always out to make sure our general management practices are controlling theft as a normal part of doing business," said James Gubata, General Manager of Bon Appetit.

"The employees are trained to keep an eye out for any kind of unscrupulous activity, but we don't have much of that going

on as far as I can tell," Gubata said. "However, it's just a normal cost of being diligent in business."

For Bon Appetit, loss prevention is usually a problem for the managers of the Upper Commons, who often see students taking food out of the dining

"But that's not really a big issue this year. Most of the time we try to look the other way, unless it's just something really obscene," Gubata said.

"If someone is taking an apple out or a cookie or ice cream, it's not a problem. It's more of a concern when people are filling up a duffle bag with 10 or 15

oranges, filling up a baggie-full of cereal, or taking a gallon of milk," Gubata said.

"We just have to be diligent. We want to make systems that keep honest people honest," Gubata said.

The new highlighter protocol in the Lower Commons is such a system, Gubata said.

"Something happened once, and we didn't want things to get out of control, so we stopped it before it could," Bullock said.

"I hope that kids are just really not out to get a free meal. We have so many varieties, so many different things here, I just don't see what the point is of having to steal it," Bullock said.

## Reflecting on Black History Month

## Bristol's history bears scars of slavery

NICHOLAS TOMEO | Herald Reporter

Initially, many residents of Bristol made their money through the slave trade, such as the owner of Linden Place, General George DeWolf. Even if one was not a sea captain, one could have possibly worked in a rum distillery.

"Your father could have made barrels for the rum, or he could have been a rope maker for a sailing vessel, so everyone's income was directly or indirectly derived from the slave trade," said Joan Roth, the tour director at Linden Place. "Even as a maid, the income that you received came from the profits of the slave trade."

Although difficult to put in our historical framework, slavery in the 1700s in Bristol was considered necessary.

The slave trade in Rhode Island began on Narragansett Bay, in the towns of Newport, Bristol, and Providence. By contrast to Bristol, which specialized in sail-making and rope-making, Newport taught trades to its slaves, such as tanning, black-smithing, carpentry. A lot of slaves were brought into Newport, unlinke in Bristol, where even the DeWolfs owned less than half a dozen slaves.

"One Bristol merchant, named Simeon Potter, bought himself a sugar plant in Guadalupe [an island in the Caribbean]," said Roth. "He would use his slaves to raise and cut the sugarcane, boil it into molasses, which was put onto his ships, and sailed back to Bristol, where the molasses was distilled into rum. This would take twenty-four hours. The rum would be put into wooden kegs and be shipped to Africa, and there, it was traded for slaves.

"The slaves were brought back to cities that had large slave markets, such as Charleston, SC, Savannah, GA, New Orleans, LA and Washington, D.C," said Roth. "It would not preclude a typical slave trader in Bristol [e.g., Potter] from coming back with his slaves for the people of Bristol who needed them."

As regards Linden Place, slaves would be needed to take care of the horses and oversee delivery, tend gardens, grow vegetables, and to cook and clean. Such menial tasks arose from the impossibility of a plantation economy in New England, and thus, the typical image of slavery as fettering and oppressive cannot apply to the town of Bristol, the state of Rhode Island, or the region of New England. Because of this difference in economy from the South, slaves were only brought into Bristol by the handfuls.

The living conditions of the

slaves themselves were also not what may be imagined in such a region as the Carolinas with its plantation setting. "In fact, many slaves built and owned their own houses, going there after work," said Roth.

But the origin of the DeWolf Family in Bristol must also be accounted for, as, next to the Browns in Providence, it would become the wealthiest family in Rhode Island during the eigh-

teenth century.

In 1764, while on the island of Guadalupe, Simeon Potter hired a young man named Mark Antony DeWolf, eighteen years of age and from Lime, Conn., who was seeking a fortune and had been down in the Caribbean with his father.

"Several months later, he was brought back with Simeon and was married off to his 18 yearold sister named Abigail. This was the beginning of the De-Wolf Family [in Bristol]," said Roth.

Even before the Revolution, the slave trade was made illegal in Rhode Island and the new federal government made it illegal in 1808.

Other prominent families involved in the slave trade during the 1700s included the Bosworth's, Wordsworth's and Peck's.

# PR major to present co-authored paper at international conference

KINSEY JANKE Herald Reporter

A Roger Williams University student is getting major recognition this spring for her work with one of RWU's professors.

Mary Concannon, a junior public relations major, will be traveling to New Orleans, La. this April with PR Professor Amiee Shelton for the International Academy of Business Disciplines' twenty-third annual meeting.

The two co-wrote a case study on a PR campaign done by a group of students at Texas State University in 2006. Their case study states that in 2006 a PR campaign was "undertaken to increase honor and integrity in the classroom." Shelton was the advisor of the original campaign written at Texas State, and when she brought up the idea to Concannon about writing the case study and having it published, Concannon jumped at the chance

at the chance.

"I thought that it was a great opportunity," Concannon said.

"I feel like this has opened up a lot for me. Professor Shelton is a really great role model [and] I feel so lucky to work with her every day."

Their study was published in the Business Research Yearbook, which itself is published by the International Academy of Business Disciplines. It analyzes the Texas State campaign and further talks about how to deal with plagiarism and cheating through strict integration of each individual school's honor code. Shelton and Concannon researched many different reputable sources, but cited a fact from a study done by Rutgers University's Donald McCabe that most would find surprising. McCabe's study found that "55 percent of faculty would not be willing to devote any real effort to documenting suspected incidents of student cheating."

In Shelton's Campaigns class this semester, a group of PR students are re-creating the Texas State campaign on the Roger Williams campus. To do this, they will be handing out materials to teachers to insure that the honor code is a bigger part of the curriculum and also promoting it to students so that they know the consequences of their actions.

Rachel Lawton, a senior PR major, is one of the students in that group. According to her, their campaign will "primarily be focusing on the academic integrity policy rather than the honor code, since RWU does not have a specified honor code." Her group recognized the importance of the original campaign outlined by Concannon and Shelton, and considers it to be something that the RWU campus can benefit from. The campaign will include pledge cards, teaching packets and more to "encourage



MARK FUSCO

Junior public relations major Mary Concannon will travel to New Orleans, La. with Professor Aimee Shelton to present their co-authored work.

students and faculty to exercise ethics, honor and respect in both the classroom and in their daily lives."

In support of Concannon's achievements, the RWU communications department gave her some funding to put towards her transportation to New Orleans. In addition, Student Senate came to the decision Monday night that they, too, would help fund her, giving her money for hotel accommodations, airfare and conference fees.

"For me personally, whenever a student comes to Senate asking for money for a conference, it is something I strongly consider helping them out with," said Kris Carter, the Senate's Student Affairs Chair. "Typically a student who has put so much effort into a paper that was good enough to get published in a national journal does not get a lot of help from administration; that is why they come to Senate."

Carter also said that some of the factors that go into decision-making are whether or not the University will benefit from that one student going to a conference. "Obviously not all students will learn something from one student going to a conference," Carter said. "However, it does get the name of the university out there. It also shows that although we are a tiny school from the tiniest state, we still have students here that deserve to be recognized on a national level."

Aside from this accomplishment, Concannon is also the Resident Assistant in Cedar two south and an intern in the Department of Public Affairs on campus. This summer she will start a full-time, unpaid internship for Boston PR firm Marlo Marketing/Communications, working on the Fashion, Fitness and Beauty Team.

## Not your typical freshman

GRIFFIN LABBANCE | Herald Reporter

To any stranger, freshman Kristen Grandonico seems like a normal first year student on campus, but get to know her a little bit better and you'll see that there is much more potential to her than meets the eye.

Arriving to Roger Williams University this past fall from

Arriving to Roger Williams University this past fall from Portland, Maine, Grandonico looked forward to the location, views and science department.

views and science department. "What attracted me to the school in the first place was the science department," Grandonico said. She added that after a friend from high school applied to the university; it caused her to look into it a little more. "Roger Williams University works hard to create an appealing environment. The wet lab on campus specially attracted me to the school," Grando-nico said. Currently a science major, Grandonico has worked over the past semester to begin to manage her time wisely and prioritize what she likes to do. These skills aren't simply so she can excel in school, but more so she can balance her second passion on campus - swimming.

Grandonico is currently a member of the Men and Women's Varsity Swimming and Diving team.

"My team is surprisingly supportive. I was afraid that I would be the freshman that everyone looks down upon but everyone seems to support each other and push each other along," Grandonico said.

Grandonico is no ordinary first year athlete, with three broken university records and named Athlete of the Month twice, Grandonico plays a major role in the teams' victories.

Grandonico has broken the 50-meter and 100-meter breast-stroke, along with the 50-meter



GRIFFIN LABBANCE Kristen Grandonico is involved in many extra-curricular activities on campus, like swimming.

free, three records that were set by upperclassmen. Grandonico said she uses the swim team as a way to get away from school and relax.

"I simply love the sport," Grandonico said.

In her free time, Grandonico likes to get away from her academics and hang out with friends either on her floor in Willow Hall or at a swim team get-together.

"I love to do stuff with the swim team and people on my floor. We have movie nights in North Campus. The team also has dinner nights at a captain's room or apartment," Grandonico said.

While Grandonico has accomplished much more than she expected, she said that homework and working on prioritizing her work didn't come naturaly.

"You have to work at it. I expected a higher work load than high school but it is definitely something that takes time and getting used to," Grandonico said.

As the snow begins to melt, Grandonico said that she is excited for the weather to warm up and everyone's general attitude to rise. The Varsity swim team will begin to hold swim lessons for local children.

"It is such a great connection for the team in the off season and also we get to help out the local kids while doing something we love," Grandonico

With her many successes, Grandonico gives incoming freshmen words of advice on how to make a first year in college the more rewarding. "I really want to stress to students that they should step out of their comfort zone and meet new people. This helped make my college experience much better," Grandonico said.

## Confessions of a 'sloppy' shuttle rider

KATLYN PROCTOR | Features Editor

Alone on the late-night shuttle, the driver and I perused the streets of Portsmouth and Bristol. Accompanying the sounds of the Journey song on the radio and the tap-tap of the disability equipment in the back, were the voices of the driver and I as we talked about what it was like to be a shuttle driver on the best nights of the week: Thursday

Some adjectives other than just 'interesting' include: sloppy, frantic, and loud.

To be a shuttle driver on "party" nights may be interesting to watch from their perspective, but the result is usually a sloppy, loud, and frantic mix. I can easily imagine how quickly annoyance can set in. And believe me, I sympathize.

There is a time and a place to be sloppy ... and most would say that the shuttle is not an ap-

propriate place to be obnoxious. As students of a prestigious university, we should not be taking

advantage of the free services that are provided to us. Instead, we should respect the school property and more importantly, the reliable RWU staff who cart our asses around when we are too impaired to drive.

However, as a 21-year-old, I can smugly say that it IS fun to ride the shuttle sloppily.

Let's get a few things straight:

ing. I am of legal age. I have I find the spare time. Even the weekend, remind us that two part-time jobs. I have never though I can say that I've never we are young. College is sup-

been transported. I have never been written up. Therefore, I think it is safe to say that I am the shuttle while intoxicated



BEN WHITMORE

An RWU shuttle makes its way through a sloppy campus.

I am in good academic stand- entitled to a bit of fun when Thursdays' as well as the rest of

gotten trashed and rode around on the shuttle for hours, taking

has created many memories during my time here so

We've all seen plastered, pretty girl with puke in her hair. Or the bros helping their fellow bro step down the stairs. Or lastly, the lone soldier left behind, with his cheek to the window. Without these images, our favorite college nights would not be memorable.

The few chaotic hours on 'Thirsty

posed to be the time our lives. The party shouldn't have to stop when they turn the lights off at Gillary's.

I would like to commend the

shuttle drivers of the RWU campus: although you are constantly taken for granted, I would like to take the time to thank you and let you know that you are appreciated. Your constant reliability has gotten me home safe on more than one occasion. Additionally, your persistent patience does not go unnoticed. I think I can speak on behalf of not only my mother, but also a thousand more RWU mothers as I say, "thank you."

And remember: choosing the shuttle as an alternative to driving, is always a wise decision, even if you are sloppy. Don't pretend like you are cool enough to drive, because you

Lastly, keep it classy. There's no reason to abuse our privileges.

## Event planners, give us more under-21 fun

CHRISTINA BERLINGUET | Herald Reporter

Being under 21 on a campus when a great deal of students are 21 and over can be a buzz kill, especially if a lot of your friends are of age. I cannot count the number of underage people that I have heard say 'I can't wait until I'm twentyone so I can go to Gillary's on Thursday nights." In fact, I have even said this myself. I feel left out when my friends boast about how MTV was at Gillary's last Thursday, or how it was the highlight of their week. Globar in Providence used to be the hot spot for 18-plus Roger Williams University students on Thursday nights, then the cold weather came in, and getting back to campus late when people had to attend classes the next day was not so appealing anymore.

Maybe it is just cabin fever kicking in, but most students have been complaining about the nightlife at our school. Because it is tough to see friends going out and having a good time at of-age bars and clubs.

Underage students are desperate and put themselves in danger by attempting to use fake identification to get into bars.

On Wednesday nights, students used to go to The Beach Club, but then the police busted an absurd number of underage drinkers. If there were more to do on Wednesday nights on campus, not as many underage people would have traveled across the bridge only to get ar-

RWU's clubs and organizations do put on an abundance of activities for underage students, but these activities are rarely equivalent to the fun that people have a Gillary's or other 21-and-over facilities. If students have the choice to go to a bar and dance, or to play bingo in the Commons, most students are going to choose

Last semester the sophomore class put on a black light dance in Baypoint and the turnout was above par. The students was surprised as to how much fun they had at an on-campus even. This is because the black light atmosphere was similar to the bar scene that many un-

could take part in. Instead of restricting this dance to just the sophomore class, the university should open a similar dance to the student body as a whole, and put on more events that resemble the college night scene that students want to experi-

So how can we make students choose to attend safe on campus events over using fake IDs and participating in underage drinking? First we need to think of the successful events on campus in the past that have had the greatest amount of students in attendance. In my opinion the most fun I have had on this campus has been the concerts and the sophomore dance. I realize it is tough to have events like these because of the costs and the risks of students drinking too much beforehand, but I think we should give events like Chameleon Club a chance again in hopes that the student body will be responsible. So if you are in an organization that is capable of putting on something fun for students to participate in on weekends, please derage students wish that they help create some under 21 fun.

MARK FUSCO | Photo Editor

Winter is my favorite season of the year. Unfortunately, that does not mean the season is without its tragic moments. Winter, like all good things, must come to an end and this is the worst part of the season.

Everything begins to thaw, which is all fine and dandy. Grass can begin its long healing process and flowers can begin to sprout on trees and bushes that were once buried under a layer of white. However, before all this wonder can return to the land, everything must go through a phase of mush. The silver lining to all this sogginess is that once it all passes everything begins to regrow, except of course for one thing - my mailbox.

This past winter season, my hometown of Madison, Conn. was blessed with a record amount of snowfall (ironically while I was crossing the country in search of snow, but I digress). Record snowfall meant that the area's snowplows were out in full force. Snow may be a bit of a rarity in my area, but plows are not. They seem to always

be practicing their miraculous ability to thoroughly cleanse any street they encounter of its pesky mailbox problems. I don't mean tap, or hit either. I mean obliterate, removed from under nearly a foot of solid earth and crushed. Destroyed.

The next logical complaint here would be to go on to wonder why they didn't at least leave me a kind "I'm sorry for you loss:)" card, but I don't have a mailbox for that anyway. WTF.



The Fusco family mailbox.

## If you can aquire the taste, soccer has a lot to offer a fan

HENRY LOUGHLIN | Herald Reporter

Imagine a lush, green field, with freshly cut grass. Think of flashy, colorful shoes that look as if they are from the future. Envision fans, cheering on warriors, whose arsenal consists of their entire bodies ... except their arms. Yes, I'm talking about a soccer game.

Unlike many kids who got into soccer by playing at an early age, I didn't catch the "bug" until late. As a football player throughout middle school, I

always thought of soccer as the "evil empire." Though I had been to a Liverpool F.C. game in the fall of 2004 during a visit to England, I didn't take anything from it. However, at the encouragement of a friend, I started watching soccer on TV upon my return home, slowly becoming interested. I became hooked.

Known by the rest of the world as "football," soccer is arguably the simplest game known to man. Two teams, consisting of eleven players each, contest a match on a field

120 yards in length by 70 yards wide. The object of the game is to see which team can put the ball in their opponent's goal the most times than the other over the course of 90 minutes. It's played globally; from the streets of London to the villages of Morocco. Sights such as a ball curling into the top corner of a net, or a flying fingertip save from a goalkeeper, are uniquely incredible.

Despite its popularity internationally, soccer takes a backseat in Ámerica to sports like (American) football, basketball, and baseball.

Why? Some say it's "boring," while others are unattached by the prospect of only one or two scores per game. Still more claim that it's a "wimpy" sport, littered with players exaggerating injuries and fouls. While it's safe to say that soccer does have a reputation for being lowscoring and high in terms of theatrics, it's definitely different from any other sport. Rivalry games can draw over 500 million viewers – over 5 times more people than the Super Bowl.

Pretty incredible, huh?

While soccer might not have a foothold yet in the United States, the potential for growth is unlimited. Passion has definitely increased with the U.S.'s successful World Cup campaign, and with international stars like Thierry Henry and David Beckham arriving to play for American-based clubs, I can only see it getting bigger. Even if you think soccer is a boring sport, I encourage you to watch a "big" game and see if that does anything to spark your interest. You might just be surprised.

#### Don't be a phony: Revisiting your favorite novels can offer rewarding reads

JENNA MULVEY | Herald Contributor

In high school, my classmates and I were all required to read certain books. THE CATCHER IN

THE RYE was one of them. Written by J.D. Salinger, THE CATCHER IN THE RYE tells the story of Holden Caufield, a high schooler who gets expelled from school for doing poorly in academics. He wants to find out who he is, and where he belongs. At times, he feels isolated and lonely, and seems to only want someone to talk to.

This book stuck with me, because it was very different than the other books I had to read for school. It seemed to be the only book we read in high school that had to do with teenage rebellion. It was interesting to see a teenage rebel's point of view. The way that Salinger wrote the story from Holden's point of view made you feel sorry for Holden. At first, Holden appeared to be a rich and

antisocial kid who did not care at all about academics. He also seemed to be a big whiner who complained about everything, and was in a bad mood most of

However, as the story went on, the reader finds out that Holden was having a rough time and only wanted someone to talk to. He had even lost his younger brother, someone who he had really cared about.



CAS.BUFFALO.EDU

THE CATCHER IN THE RYE Was also an easy book to read because the main character was relatable. The way that the story was told seemed so realistic and believable, because not everyone lives in a perfect world.

True, no one in my high school had a life as dramatic

as Holden's, but when we read THE CATCHER IN THE RYE, all of us were around Holden's age. In high school, there were also many kids who were trying to

find their identities, and where their place in the world would be. Also, we read this book during our junior year of high school, which was a time when everyone was worrying about college and trying to plan what they wanted to do in the future. Other books we read, such as THE GREAT GATSBY, and THEIR EYES WERE WATCH-ING GOD, were hard for us to relate to because these books mainly focused on adults that were dealing with situations that were different from ours.

THE CATCHER IN THE RYE was definitely an enjoyable read, and is a book that I will never forget. When I was in high school, my classmates and I had to read many books. Some were interesting, while others seemed dull. I love to read, but there

were many books in high school that I just did not care for. This book was important to me, because I was able to sympathize with the main character. I lost track of the number of books I had to read, but this is a book that I will always re-

## Capturing the moment

#### Keep camcorders in delivery rooms - it is the family's right

KATIE ROANE | Herald Contributor

According to the Medical Liability Claim Frequency by Physician Specialty from the years 2007-2008, out of the 4, 793 physicians that were sued, 69.2 percent of them practiced obstetrics/gynecology. And out of the 4,738 physicians that were sued two or more times within these years, 52.1 percent were in the same field.

These percentages proved to be the highest out of all the medical practices, only measuring up with the field of general surgery. These outstanding percentages lead me to believe that there is a reason doctors are beginning to ban cameras and recording devices in delivery rooms. That reason is because should these doctors make a mistake, without any form of evidence, they cannot be sued.

In my opinion, I don't see why there is an issue of privacy present in this debate. If doctors have nothing to hide in the delivery room, why would it matter whether they are being filmed or not? I feel that this is almost selfish of doctors to ban recording devices, as it is the choice of the mother to film the birth of her child. Further,

I find it hard to believe that a family would bring a camera into the delivery room to specifically focus on what the doctor is doing, rather than con-centrating on their child being born. This is a special event for the family and the family alone, and so long as they wish to record this event, they should be allowed to do so.

Moreover, if a woman was financially able to give birth in the privacy of her own home, her family would be free to use a camera as they pleased. However, today, many insurance companies refuse to cover home births because they claim the risks are too high. Therefore, it is almost as if a woman is forced into a hospital, with her privacy rights being infringed upon by unfamiliar staff members present during the birth.

That is why I believe allowing cameras in the delivery room is almost a compromise between the doctor and the patient's right to privacy. Overall, my opinion stands that cameras should not be banned from the delivery rooms because it is a decision that should be left to the family as the doctor is not an "actor" in this situation; they are just there to perform their

## After break-ups come hook-ups; then comes the slut rut



#### RACY STACY | Herald Contributor

Ah, young love! Just like Heidi Klum says before she a rut ... a slut rut. nixes a Project Runway contestant: "One day you're in, and the next you're out." Although Klum is referring to the changing trends of fashion when she says this, she might as well be talking about the uncertainty of

the college relationship.

Most relationships begin as any generic romantic comedy would: boy meets girl, boy and girl begin dating. Suddenly boy and girl fall into the same routine of texting each other between classes, getting lunch with a side of giggles, and having nightly snuggle sessions. Before they know it, boy and girl have been together for two years, and that's when things

start to get messy.

Maybe boy realizes that he wants his freedom. Maybe girl decides to study abroad for a semester. Or maybe, like the Ashwho star in these movies, they break the girl's trust.

This is where our lives stray from the scripts of romantic comedies. This is the part that

Once a relationship is over, we wait for that grand gesture, that profession of love. It is sometimes even the simple, "I'm sorry," or "I miss you." But it doesn't come, because as cliché as it sounds, life isn't like a

This is the point were we have two choices: sulk and wallow in our sorrows with Ben & Jerry's and THE NOTEBOOK or fall into

The Slut Rut | the-sluht-ruht (n): 1 the participation in sexual encounters with random people in hopes that one will regain confidence and/or recover from the damaging side effects of an unexpected or difficult breakup usually resulting in itching, burning, trips to health services, excessive drama and low self-esteem.

After ending a serious relationship, it is hard to get back into the swing of things. It's usually a tsunami of unwanted feelings and confusion. Regardless of the reasons for the breakup, or who dumped whom, most of us don't remember how to be single for at least the first week.

Monday through Thursday we may slump around in sweat pants and messy buns, but as soon as the classes are over, the buzz of weekend adventures sets

new flings with no strings.

Friday, 11:18 p.m. - You go to a party. Gradually you regain confidence in your flirting skills. You become this coy, sexy person that you didn't realize you could be. As you regain the confidence of a strong, independent woman, you loose the guilt that you used to have Generally there isn't going to

"When we hook up

with someone that

we don't have an

emotional

connection with

it's like going to the

gym without

water."

- Racy Stacy

melting into your consonsience when talking to a cute guy.

Then as the night begins to dwindle, and the Solo cups empty, music stops, the party is over, end up in his room and Scene cut! break ...

Saturday, 10:34 a.m. - Eyes flutter open, and for a moment you don't even know where you are. You turn your head to the left, only to see a kid you barely know snoring in his boxers. What seemed like such a solid, liberating idea, looks com-pletely different in the brutal light of a Saturday morning. As you make your way home, your

Nighty night single gal!

that felt so different from hanging out with your ex-boyfriend. Well, it feels different because

mind can't help but wonder why

ton Kutchers and Ben Stillers in, where there is a possibility of it is different. When we hook up with someone that we don't have an emotional connection with, it's like going to the gym without water. We still get a workout, but there is no refreshing relief waiting for us afterwards. And although females have a sex drive, we also have a thirst for emotional closeness.

be any deep conversation while cuddling, or sweet "when can I see you again" texts the next day.

For some girls, this is enough of wake up call. They realize that they need some time to cope with the loss of their relationship and work on them-

selves. They bond with friends and pick up new hobbies, recreating a healthy lifestyle. Other girls will immediately try to get back together with their ex because they think that they have seen the horrors of the dating world and that 'they won't find anyone better.

Then there is the third option. The next few weekends are the days that define whether or not you are in a rut. If you have done two or more of these in the last month, then you have succumbed to the inevitable pattern of promiscuity: made out with someone before knowing his first name

hooked up with three or more guys in the past month

booty called guys consecutively until one has agreed to

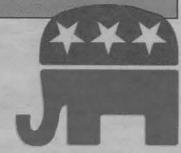
Bottom line: being single can be fun and there is nothing wrong with exploring how compatible you are with other guys, but if you fall into a rut like this, it can make the physical aspect of a relationship seem trivial, when it should be special. If random hookups become a habit, then it usually will assist you in building walls up so high that you will be too emotionally unavailable to be in a healthy, functional relationship for a long time, which would be the real rut. Hooking up without feelings may seem like a good idea for a little while, but it can also leave you feeling unworthy, unwanted, and cheap.

At the end of the day, guys are going to treat you the way you let them. If you demand respect by showing that you think you are a valuable human being, then guys will think so too. Usually, in life, the easy way out is tempting, but the more challenging obstacles are the most rewarding. So while it might be scary to face your broken heart and stand on your own, or invest your affection in the bud of a brand new relationship, it's better than getting stuck on the merry-go-round of meaningless hanky-panky.

## Democrat & Republican:



# Egypt: Why you should care





CHRISTOPHER MUNSEY | Herald Contributor

As an American, I can only hope that one-day those who are living under a government that denies its people some of the most basic rights of democracy will live in a society where their voice will matter. This denial of rights has been the case in Egypt for the past thirty years under the rule of President Mosni Mubarak. For two weeks now, his people have shown him exactly how they feel about his actions as president, and have come to the conclusion that they would like him to pack up and move on. I can definitely say that if I was in any Egyptian's position I would feel the same way, especially when their government is technically considered a democracy, but is led by only one party, and one man.

That said, though, Egypt has long been an ally of the United States, so would it be wrong of us to support the uprising that is occurring in this country? No, not at all. Ally or not, the people of Egypt are looking for a solution to their problems, and what seems to be the best answer is a change in their government. After thirty years under the same leader, the people have decided what the first step should be to better their lives. The United States should support peaceful protesting in Egypt in the hope that their government will listen and try to change its ways.

"The Egyptian government has an important opportunity to be responsive to the aspirations of the Egyptian people,"

Secretary of State Hillary Clinton said. I would like to think that my country would support the people of another nation when looking to change their government to one that provides the rights I enjoy each day.

Supporting this change is all we need to do. Egypt needs to work this issue out on its own, knowing that the United States and its citizens are standing behind its efforts to work towards a more democratic society. I feel confident enough in our ally that they will do what is needed to peacefully come to a solution.

At one point in our own history we were in a similar position and were left to deal with it on our own; and after time and effort, our nation emerged as the example of what a democracy should be. Now it is time to let the people of another country do the same, so that they too can live their lives in whichever way they choose.

The White House called for there to be a "transition of power" in Egypt, even though they stated they were not totally sure what this would look like. Though this reinforces the fact that even though Egypt is considered an ally of the United States, democracy outweighs any sort of relationship we have with another nation. We have a responsibility to do this because of our own history. WWhat is best for one group of people may not be best for another, the United States should allow this country to sort its problem out on its own, while supporting it from a distance.

This is the best way for the United States to approach the situation in Egypt. We should support our ally in pursuing the same rights that every American enjoys, but allow the Egyptians to form their new government on their own.

Hey folks, I hope everyone enjoyed some much needed time with their families over the break, but let us get back to the real world where angry mobs of people are violently threatening dictatorial governments. I'm sure unless that you have been living under or a rock, or are your typical unconcerned Roger Williams University student, I am sure that you are aware of the riots and political tension in Egypt. Besides pyramids and the sphinx, the Arabic nation of Egypt is also now home to large demonstrations of politically oppressed individuals with Molotov cocktails. So, why should we care about Egyptian unrest? That's a good question, concerned readers, and the answer is pretty easy.

The political unrest in Egypt is of major importance for us because, as we all know, the Middle East has been experiencing what we experts like to call "a lot of freaking problems." The entire region has a fragile peace, and in the long run, the ability of U.S. diplomats to predict the actions of nations and factions in this region is next to null. So, with Egypt on the brink of a major power change, we could be facing at a major impact on the

stability of the region.

For starters, the Egyptian riots are in protest of President Mubarak, who has been the outstanding leader of Egypt for nearly thirty years, which apparently has upset some of the Egyptian citizens seeking "political representation in their government's executive branch" (crazy I know). Mubarak has been a great force of stability for the region, though, strengthening the Egyptian peace with Israel. If Mubarak steps down and a more democratic political system is created, the peace that Egypt has with Israel may be threatened, and if you want to know what an Arab-Israeli conflict looks like, just google "Arab-Israeli conflict"

and read for a few minutes.

The political reactions to the riots in Egypt do not just serve to generate a possibility for conflict, but rather, there are also ramifications of these events that can



ANDY PLOCICA | Herald Contributor

have a huge positive impact.

I, for one, was surprised to see that the riots managed to obtain such a strong support within the public opinion of Egypt, let alone that they would actually bring about honest political change. So, the idea that the people of Egypt could move against a dictatorship and create change is remarkable: imagine what that could do to other nations in the region. Already the King of Jordan was forced to disband his government due to growing public pressure against him; how much could these events empower, say, the people of Iran? Iran's government is overdue for some good ole fashion grassroots political change: Mahmoud Ahmadinejad has most certainly overstayed his reign as president.

So, the good news is that the democratic political system sought after by the rioters in the streets of Cairo could very well empower others to stand against their governments. Unfortunately, those same rioters could also cause a complete destabilization of the peace the Arab world has with Israel.

So, let's keep our fingers crossed for the best case scenario, and be sure to follow the headlines to stay up-to-date on Egypt. For those who honestly did not care about anything I just wrote about, I have good news because the de-stability that the riots could cause might have a positive impact on oil prices and that means I can go back to filling my V8 again! Good luck and God bless.

## THE HAWKS' HERALD

The student newspaper of Roger Williams University

#### DISCLAIMER

THE HAWKS' HERALD is a student publication. The views, statements, opinions, depictions, and/or representations (expressions) contained herein are solely those of THE HAWKS' HERALD and do not, and are not, meant to represent or be attributed to the expressions of Roger Williams University, any trustee, officer, agent, employee, student, or representative of Roger Williams University, and neither are such expressions authorized, accepted, or condoned by the university. THE HAWKS' HERALD is dedicated to providing news to the university in a fair and accurate manner.

#### CONTACT

Letters to the editor, suggestions, corrections, story ideas, and other correspondence should be addressed to The Hawks' Herald, Suite 202, Campus Recreation Center, 1 Old Ferry Road, Bristol, R.I., 02809 or sent via e-mail to hawksherald@gmail.com.

#### ADVERTISERS

The Hawks' Herald welcomes advertisers both on and off campus. Advertising rates vary based on the patron's specifications. For pricing inquiries, please contact the business manager at jking123@g.rwu.edu to request a copy of the media kit.

For all other media inquiries, please call the The Hawks' Herald office (401) 254-3229 Monday-Friday 8 a.m. to 5 p.m. or e-mail hawksherald@gmail.com at any time.

THE HAWKS' HERALD \* Suite 202, Campus Recreation Center \* 1 Old Ferry Road \* Bristol, R.I. 02809

#### 2010-2011 STATE DIRECTORY

EDITOR-IN-CHIEF. .BEN WHITMORE • bwhitmore416@g.rwu.edu MANAGING EDITOR..... ..AMANDA NEWMAN • anewman274@g.rwu.edu NEWS EDITOR ... .AMANDA NEWMAN • anewman274@g.rwu.edu FEATURES EDITOR..... ......KATLYN PROCTOR • kproctor687@g.rwu.edu ASST. FEATURES EDITOR.....OLIVIA LYONS • olyons457@g.rwu.edu OPINIONS EDITOR ..ALEXANDRA ARTIANO • aartiano512@g.rwu.edu PHOTO EDITOR..... .MARK FUSCO • mfusco947@g.rwu.edu NICHOLAS TOMEO • ntomeo968@g.rwu.edu COPY EDITOR ..... BUSINESS MANAGER..... .JEREMY KING • jking123@g.rwu.edu 

#### CONTRIBUTORS

Christopher Munsey

Bristol Phoenix

Andy Plocica

#### STAFF REPORTERS

Christina Berlinguet Will Foley Kinsey Janke Griffin Labbance Michelle Lee Courtney Little Henry Loughlin Clara Moses Jenna Mulvey Katie Roane Darielle Terry Lauren Tierney



### So, here's the situation: tanning can be good for you, in moderation

CHRISTINA BERLINGUET | Herald Reporter

GTL: an abbreviation created by MTV's popular hit, JERSEY SHORE, stands for gym, tan, laundry, which are the only re-sponsibilities in life according to the fake reality of the show's buff, orange-skinned twentysomethings. By putting tanning in the same category as working out and doing laundry, the cast implies that laying in an oven with UV rays beaming from every angle is a healthy practice.

Although tanning excessively, like the cast of Jersey Shore, is harmful to one's heath, tanning in moderation can actually have its benefits.

UVA rays are UVA rays, whether they come from the sun or from the artificiality of indoor tanning beds. They send off UVA rays that obtain threetimes the radiation of UVA rays from the sun, which worries some health nuts. But if you think about it, some people go to the beach for a full day and are exposed these UVA rays for hours. Tanning beds deliver stronger UVA rays than the

sun's, but the people in the beds are only exposed to these rays for 10 to 15 minutes. Although too many UVA rays can cause serious diseases like skin cancer, not enough can cause diseases that are linked with Vitamin D deficiencies.

A commonly known nickname for Vitamin D is the "sunshine vitamin," because our skin creates Vitamin D from the sun's ultraviolet rays. Too much of these rays can lead to skin cancer, but believe it or not, having a lack of sun can also cause skin

This information is not often released because of the fear that people (like the cast of Jersey SHORE) will take this information, abuse it, and give themselves skin cancer from excessively exposing themselves to these artificial UVA rays. An article in USA TODAY named, 'Vitamin D research may have doctors prescribing sun-shine," states that "people in the northeastern United States and northerly regions of the globe like Scandinavia have higher cancer rates than those who get

more sunshine year-round."

Roger Williams University's students live in the northeast for about half of the year, and lucky for us, we have three tanning salons that I could name off the top of my head right on Metacom Ave., if not more.

I'm not telling you to rush to Spring Break Tanning everyday after classes, but in moderation, you could in fact be supplying your skin with a healthy dose of

As in most aspects of life, moderation is key. So do your research, and if you like what you find, hop in a tanning bed and give it a try.

When you enter your salon of choice, look for certificates such as "Smart Tan Certified" and "Member of the ITA," which is the Indoor Tanning Association, an association that promotes smart and responsible

Researchers have proved that red wine has its benefits, but that doesn't mean that one should guzzle a bottle a night. Please tan responsibly.

## The sampler menu

McCorkick & Schmicks offers more than just great seafood

KATIE ROANE | Herald Reporter

Looking for a fresh, exciting restaurant to try while visiting downtown Providence other than what's in the mall food court? Then for you, I would recommend trying McCormick & Schmick's Seafood Restau-

Seafood is sort of a new passion of mine; I used to be convinced I hated it because I was turned off by the slimy texture and the fishy smell. However, after I tried it, I have to admit I really enjoyed the flavor and now I even like working with it when I cook. Yet, I know seafood isn't for everyone, which is what makes this seafood restaurant so great: they not only serve every type of fish, lobster, and crab imaginable, but they serve chicken and steak as well.

Another thing I should mention about myself – I'm a very picky, healthy eater. Although you will not find too many strictly grilled choices on this menu, the chefs are very flexible and they do offer a variety of entrée salads.

I asked the waitress if instead of having pan seared scallops, they could grill them without using any oil and if I could have

grilled vegetables on the side. Not only was this request perfectly manageable for them, but my meal was everything I could have hoped for, and more. The scallops had a thin, crisp coating on the outside that was just slightly browned so that there was no hint of char. They were both juicy and plump.

McCormick & Schmick's Seafood Restaurant is quite unique in the sense that their menus are printed daily because their fresh seafood collection is constantly changing to offer new items to fit all their patrons' tastes. Also, the seafood they offer at lunch may even differ from the seafood they serve for dinner, as fresh deliveries arrive throughout the day.

The wait staff is very helpful, as they know the various menus like the back of their hands, and they even take orders from memory - something not seen too often these days. Even the atmosphere is perfect as the dining room is kept separate from the bar and the lights are dimmed, creating a very relaxed

I would jump at the opportunity to recommend this restaurant for meat and seafood lovers

## Auto advice: To fight winter corrosion, just add water

JEREMY KING Business Manager

It may be the end of February, but we're not out the cold just yet. Winter is a time of treacherous conditions for both driver and vehicle. The last few weeks have been a prime example of the extreme environment the to which winter exposes drivers. With temperatures hovering right around freezing and the seemingly endless snowfall, this season has put quite a toll on your vehicle.

Municipalities work very hard to assure the well-being of those traveling on public roads and, accordingly, are forced to take the necessary precaution to provide safe conditions.

Salt and sand trucks have been hitting the roads harder than ever to keep you safe, but at what cost?

Salt is spread to chemically raise the temperature of the ice, causing it to melt. And they drop sand to provide better grip on slick roads.

But all this sand and salt can take a toll on your car. The salt is extremely corrosive and over time, it can accelerate the rate of rust and oxidation of key components under your ride.

The sand, on the other hand, doesn't directly corrode your car, but it is highly abrasive; it fatigues rubbet, and wears down paint and metal. As the sand wears parts down, it allows the salt to seep in, causing even more damage.

It's a vicious cycle, but there is something you can do about it. You don't need to spend tons of money on expensive rubberized undercoating - you just need to take the time to regularly rinse your vehicle.

Many people insist on spending big bills to get the works at their local carwash, but really all

you need is a basic rinse. A basic wash shouldn't cost more than \$10, but if you're really on a tight budget, here's a little local (not so secret) secret. The Shell station on the corner of Rt. 6 and Rt. 136 by the on-ramp to I-195 in Swansea, Mass. offers customers a pretty sweet deal: if you buy a car wash, you get 25-cents off per gallon of gaso-line you buy. This means that if you grab a carwash with a full tank of gas (which you presumably need anyway) you could be paying less than \$3.00 for their basic wash. That's something than anyone can afford, especially when you consider the more expensive repairs you could be avoiding.

So the moral is: wash your car. It keeps you safe, your car safe, and, not to mention, it makes both you and your car look



McCormick&Schmicks.com

McCorkick & Schmicks offers a variety of fresh seafood entrées.

## A groundhog's roots are deeper than one may think

Is Groundhog Day still relevant? Surely, weekly meteo-rological predictions seem to tell enough in themselves, one might say. However, the holiday seems to still has some signifi-

cance for this country.
According to Don Yoder, author of the book GROUNDHOG Day, ancient European folklore contended that if it was cloudy when a beaver or sacred bear emerged from its burrow, it would leave the burrow, indicating the end of winter-like weather. If it was sunny, the beaver or sacred bear would supposedly see its shadow and retreat back into its burrow and the winter weather would continue for six more weeks. This bears similarities to pagan festival of Imbolc, the seasonal turning point of the Celtic calendar,

According to The Examiner, the tradition of Groundhog Day dates to over a thousand years ago, and on an astro-nomical basis, it occurs midway between the winter solstice and the vernal equinox. The ancients noticed that ground animals would usually start to rouse from their hibernation during the first week of February. They interpreted this as a sign of fair or foul weather.

Ten centuries ago, however, before the Gregorian calendar had been adopted, the spring equinox fell instead on March 16, which is exactly six weeks after Feb. 2; by contrast, the Gregorian calendar places the spring equinox seven weeks after this date, and thus, a collision of two calendrical systems is evident, according to Margaret Kruesi, contributing author

NICHOLAS TOMEO | Herald Contributor | Which is celebrated on Feb. 1. to the JOURNAL OF AMERICAN formed for delectation. Only in tradition - speaks enough FOLKLORE.

The holiday had its original official celebration in the United States on Feb. 2, 1887 in Punxsutawney, Pa. This tradition continues to thrive there and in southeastern Pennsylvania as a whole. In this town, the celebration begins long before sunrise and culminates when "Punxsutawney Phil" - a groundhog - rises from his Gobbler's Knob

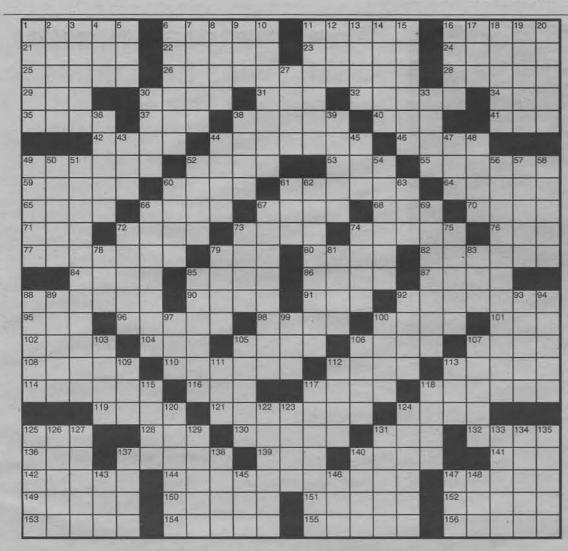
One can presume what his determinate action is: leaving or retreating back into his burrow to predict the end or continuation of winter.

In southeastern Pennsylvania, Grundsow Lodges (Groundhog Lodges) celebrate the holiday with fersommlinge, social events in which food is served, speeches are made and several gespiel (plays or skits) are perspoken at the event is the Pennsylvania German dialect, and those who spoke English pay a penalty per word, usually in the form of a coin.

And still, predictions based on groundhog sightings are made across this country, with 27 predictions for 2011, 21 predictions in 2010, 17 predictions in 2009, and 15 predictions in 2008. It must be noted, however, that the predictions are inconsistent. Thus, this brings back the point of relying on our own knowledge of weekly meteorological conditions as somewhat more accurate, even if with less of a foresight.

Groundhog Day as a holiday is rather removed from the general public, as opposed to Hallmark holidays such as Easter and Christmas, but its significance in Pennsylvania – a state rich for the matter: the holiday still matters to some Americans.

As well, whether or not one actually plans a sighting of a groundhog come next February, it is still important to know the ancient origins of this holiday. I believe that this applies to any day of celebration, for I feel, that in a country with not too overweening of a past and without a history of monarchs, as in Europe, we tend to forget our past, as if "progress" was all that mattered. That said, Europeans themselves are beginning to forget their past. But ultimately, besides the specific events that defined our American history, knowledge of the origin of certain rituals is fundamental in knowing why we perceive cultural symbols as we do and give certain connotations to them in our culture.



## SUNDAY PUZZLER

Bush or Dern

112 113

114

116

118

130 131

132

136 137 139

140

141

DOWN

Fall behind

Gypsy gent

Roared

Acros	S
1	Like Superman
6	Old Turkish title
11	Bowled over
16	Threshing refuse
21	Antelope
22	Of the eye
23	Old-womanish
24	Actress Berry
25	Adds fat to
26	Handbag material
28	Japanese, e.g.
29	Annoy
30	Lean and sinewy
31	McKellen or Fleming
32	Bart's dad
34	Circle part
35	Eastern servant
37	Cold
38	Attack on all sides
40	
41	Court divider
41	Visit
42	New Haven campus
44	A few
46	Challenge
49	Lawyer's customer
52	Airborne speck
53 55	Light brown
55	Despot
59	Cousin to a mule
60	Rickey ingredient
61	Pictures
64	Stage direction
65	Indian of Peru
66	Poison
67	Bellow
68	Stopped a fast
70	Raison d'—
71	Mal de —
72	Labyrinth
73	Actress Anderson
74	Pasturage
76	Time of day
77	Time of day
77	Clergyman
79	Ocean
80	Hardware item
82	Stopped
84	By -, of
85	Frogs' milieu
86	Wee
87	Underground entrance
88	Smear
90	Betsy or Diana
91	Literary collection
92	Run
95	Trouble
96	Path in outer space
98	Fake (abbr.)
100	Wharf
101	Light meal
102	Shapeless mass
104	How tasty!
105	Perfect place
106	Decorative container
107	Transgrassions

107

Transgressions

reiceived	47	omnan creature, for
Half gainer	short	
Selected	50	Garment part
Naval flag	51	Unbelieving
Rodent	52	Explosive device
Stand wide open	54	Almost
One of the Barmenares	56	
One of the Barrymores		Formal statement
Farm structure	57	Boldness
Little Dipper star	58	Brought to bay
Male swine	60	Lie about
Corvine cry	61	Free electron
Label	62	Preserve
Solid figures	63	Depot (abbr.)
Failure	66	Electric cell
"TL M		Electric cell
"The Mouse —	67	Hitchhiker's beat
	69	Prisoner on the lam
"— Town"	72	Tropical fruit
Sagan and Sandburg	73	Eye part
Work in verse	74	Actress Lollobrigida
Die down	75	Passover feast
Kind of blond	78	Cover
Word of parting	79	Chimney dirt
Spectacular	81	"— Misbehavin"
Adhesive	83	Melody
Metric measure	85	School book
Certain contract	88	Costly fur
	89	Where La Scala is
One of the Fords		
Opposition members	92	River in France
Equine animal	93	On edge
Lawn tool	94	Atelier item
Actress Witherspoon	97	City vehicle
Look	99	Glove size (abbr.)
LOOK	100	Macadamize
	103	— -a-brac
Singer Cruz	105	Old sword
Frighten	106	Big wheels
Hooded jacket	107	Brief
Come to a close	109	In the past
Tooth-filler's degree	111	Carpet fibers
V: 1 -C J		Distant for paralis
Kind of dog	112	Platform for panelis
Mimicry	113	Spy org.
Remain	115	Part of NB
Slap	117	More inexperienced
Reach	118	Ore deposit
TV's — Bros.	120	Conditional release
Wallet item	122	Thief of a kind
		Time Lafe
110111 Russia — Love	123	Time — — half
John of pop music	124	Botch
Judged	125	Charcoal pieces
Blacken with fire	126	Books examination
Owns	127	Correspond
Also known as	129	Stuck
Burn brightly	131	Certain Europeans
Yard divider	133	"— la vista, baby!"
Facilitate	134	Moving about
Lose freshness	135	The ones here
Coup d'—	137	Gave a hint to
Doglike animal	138	For men only
	140	
— noire		Sagacious
Turkic language	143	Before
Every	145	Dir. letters
"— Like It Hot"	146	Ike's initials
Fall behind	147	— de deux

147

148

de deux

Tiny colonist

## **SUDOKU High Fives**

8	1			9			2	111	=			100	2		9			6	1	
2			6	1	7	4		8				8	5		6			7		
3		6	5													7				4
	100	5	1	2		3								2		000	7	4		6
	3	1			8	2	4					5	7	9	4			1		2
	8		9									6	1	4		2	8			
				5		8	6						4		3					8
ij			3		1				2				The same				9			3
5	3	3			6				5		4				7				6	
				H				8			5	1								
						7		6		9		4								
						_	_	1000	200	SCHOOL SECTION			=							
								1	3	7										
			8			6		1	8	7		3					6		7	
9			8	6	2	6		1	=	7		3 6					6		7	2
9		3	8	6	2	2000		1	8	3		100000			8			6	1000	2
9	6	3		6	2	4		1	8			100000			8			6 2	1000	2
9	6	3			2	4			8			6		3	8	9	3	=	1000	8
9	6		5	5		4			8			6	6	3	8	9 8	3	2	1000	8
	6	9	5	5		4 2		4	8			6	6	3			3	2	1000	8
		9	5	5		3		4	8			6	6	3			4	1	1	

**HOW TO PLAY:** Sudoku High Fives consists of five regular Sudoku grids, sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

## WORD WARP

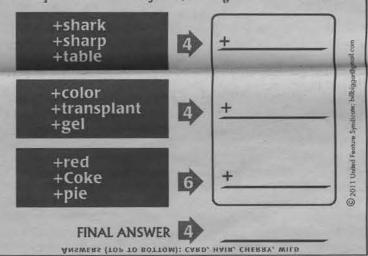
2/17/11

Simian creature, for

by Bill Biggar and Tom Gaver

Find the word held in common by the three words in each puzzle. The three solution words will form a fourth puzzle. The numbers indicate each answer's length, and the + tells you its position.

Example: The solution to +flower, Wailing+ and Berlin+ is Wall.



#### ASTRO-GRAPH

By Bernice Bede Osol

AQUARIUS (Jan. 20-Feb. 19) - Be especially cautious when with someone who is under a lot of stress. It wouldn't take much to induce a breakdownfrom him/her over a seemingly inconsequential matter.

PISCES (Feb. 20-March 20) - There is a strong possibility that co-workers will currently be hard to please, not because of anything you'll do or not do, but because of what is going on it their lives. Be tolerant.

ARIES(March 21-April 19) - Although there might be a lot of peer pressure, you don't have to go along with it. If you feel something isn't right, go your own way, just like the song says.

TAURUS (April 20-May 20) - You should take reports of an unkind word from an associate with a nodule of Mrs. Dash. Your informant could be putting a spin on something that was not intended.

GEMINI (May 21-June 20) - A forceful personality might try to dominate the conversation by overriding what everybody else is trying to say. Without starting an argument, don't put up with it.

CANCER (June 21-July 22) - Your thinking cap might be slipping a bit when it comes to your material affairs. Keep it from totally falling off by moving as slowly as possible, so that you don't lose it completely.

LEO (July 23-Aug. 22) - The secret to quickly becoming unpopular is to be overly insistent about getting your own way. The people you're with will make a swift exit and leave you standing alone.

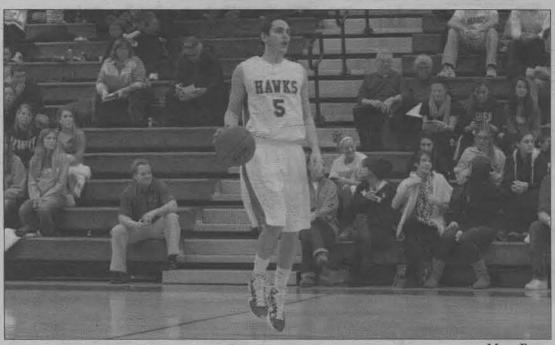
VIRGO (Aug. 23-Sept. 22) - Those unfinished projects or jobs you left hanging are likely to rear their unwelcome heads and keep you from doing what you really want to do. Let it be a lesson about completing what you start.

LIBRA (Sept. 23-Oct. 23) - Don't stand idly by watching another fumble for words to explain something about which you're an expert. Jump in and help him/her out without stealing the person's thunder.

SCORPIO (Oct. 24-Nov. 22) - The interests of others might take precedence over your own, but remember, postponing what you want to do won't hurt, but being selfishly demanding will.

SAGFITARIUS (Nov. 23-Dec. 21) - Be on guard about making sure that you're in control of your mouth at all times. Speaking without thinking could cause you to unintentionally say things to others that you shouldn't.

CAPRICORN (Dec. 22-Jan. 19) - Be gracious about not getting your way at all times, even if you think you're more entitled to it than others. Let everybody have a turn at being able to call the shots.



MARK FUSCO

Senior Point Guard Corey Fava (5) Dribbles past mid-court during last Sunday's game against

## Men net third-consecutive home court victory

Henry Loughlin Herald Staff Reporter
The Roger Williams University Men's Basketball team won their second consecutive home game on Saturday afternoon, defeating the Regis College Pride by a score of 58-54 in front of the Hawks' home

Despite being held to 28 points in the first half, their second-lowest season tally in terms of first-period points, the Hawks came flying out of the traps of the half to see this traps after the half to score thirty and get a win over the visitors, putting them at 15-8, 7-4 in The Commonwealth Coast Conference (TCCC) play. And with just two games remaining on the schedule before the start of the Conference tournament, this win could prove to be a vital one for RWU.

Right from the opening tip-off, the game was high intensity; it was only nine seconds before the first shot – a jumper from Regis's Phil Alibrandi – was registered. The possession

went back and forth, as, despite a fiery tempo, neither side was able to assert dominance over the other. However, as the half wore on, RWU began to up the ante, taking a 28-19 lead going into the break.

Though the crowd seemed buoyant witnessing their team dominate the end of the half, they were subject to a much tenser spectacle at the beginning of the second interval. With RWU up by nine with less than 19 minutes left in the game, it seemed that the Pride had thrown in the towel. However, unfortunately for the Hawks, that was not to be, as the visitors overturned the deficit to lead by one with just over 15 minutes remaining. Many in the stands began to wonder if an away win was in the cards for Regis, as they began to exhibit more confidence and ball time

as the game progressed.

Enter Matt Grossbard. The game's top scorer with a season-high 12 points, the RWU

sophomore guard sank a gamechanging three-pointer with 14:31 left. From then, the Hawks never relinquished their advantage, running out the clock on a crucial 58-54 victory over the Pride, who stand at 14-9, 7-4 in TCCC competition.

Despite suffering the setback in his team's loss column, Derrick Neal of Regis led all scorers with a whopping 24 points, nine of those coming from three-pointers. Grossbard led the hosts with 12 points, which is even more impressive considering all his tallies were from outside the 3-point arc. Pat Flanagan was right behind his teammate in the scoring column, notching 11. The Hawks' Corey Fava and Tom Rafael were next with nine apiece – the same as Phil Alibrandi and Robert Edwards of Regis.

RWU closes out its season with two consecutive home games: Wednesday at 8:00 p.m. and Saturday at 3:00 p.m.



Mark Fusco

Clockwise from top: Head Coach Michael Tully gives a midgame pep talk to his players; Forward Tom Rafael fakes out a Regis defender; Forward Tom Rafael (34) follows Point Guard Corey Fava down the court after the Hawks regained possession of the ball.



#### Wrestling team wrangles WPI, wins final duals meet of the season

Henry Loughlin | Herald Staff Reporter

Having lost to Rhode Island College by nine points just four days prior, the Roger Williams University Wrestling team was in need of a morale-boosting victory – and they certainly got one on Wednesday night.

Although RWU fell behind by a score of 9-0 in the first

two matches of its meet against Worcester Polytechnic Institute in the 125- and 134-pound weight classes, it rode a huge display of character that saw the team take over in the scoring column and win its final eight duels en route to a 34-9 win.

Despite being a freshman, Michael Forlenza displayed the composure of a seasoned veteran in his match. Facing his opponent in the third match of the night in the 141-pound weight class, Forlenza recorded a 17-0 technical fall (mercy rule) victory, worth five points towards the Hawks' team score.

Yet, the story of the match came at the 157-pound match-up. Sandwiched between victories by Chris O'Shea and Kyle D'Urso, freshman Colin Crowell was put against WPI senior Tyler Howe, ranked fifth in his weight class by the New England Wrestling Associa-tion (NEWA). Despite facing a well-respected opponent who

some might have ranked higher than the RWU rookie, Crowell pulled off a 9-0 major decision victory over Howe, much to the delight of the home crowd. In addition to a confidence-boosting victory for the RWU firstyear, the win contributed four

more points to his team's score. After Kyle D'Urso beat his opponent 4-0 in the 165-pound class to chip in another few points towards the Hawk effort, RWU scored their first "pin" victory of the night, worth six points, as Shane Parcel flat-tened his 174-pound opponent after 3:20 of the match.

For those who aren't familiar with wrestling, a "pin" is when an opponent "pins" both of their opponent's shoulders against the mat for three seconds. This results in an immediate victory for the "pinner." Phil Ernst (185 lb.) and Nick Cam-bi (heavyweight, who is ranked eight nationally) scored two more victories to give RWU a 25-point margin of victory, one that proved dominant, even when considering the quality of the Hawks' competitors.

The Hawks are idle until Feb. 26, when they travel to Trinity College in Hartford, Conn. for the New England Division III Championships, where they will look to build on their eighth-place finish last year.



RWUHawks.com

Freshman Collin Crowell grapples with state-ranked Worcester Polytechnic Institute senior Tyler Howe. Crowell's persistent mat work earned him a 9-0 major decision, helping propell the Hawks to victory at the meet.



Men's Basketball 2.12.11 | 3:00 p.m. vs Regis Collège W 58-54

Wrestling 2.9.11 | 7:00 p.m. vs Worcester Polytechnic Institute W 34-9

> Women's Basketball 2.12.11 | 1:00 p.m. vs Regis College L 50-67