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3-12-1998

Hawks' Eye -- March 12, 1998

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Roger Williams University, "Hawks' Eye -- March 12, 1998" (1998). Hawk's Eye. Paper 72. http://docs.rwu.edu/hawk_eye/72

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THE HAWK'S EYE

Volume 8 Issue 4

March 12, 1998

The Roger Williams University Student Newspaper

Destroyed gates remain a mystery one act of vandalism that is nearly unavoidable

Josephine Buffolino Staff Writer

One act of vandalism that is nearly unavoidable and remains a mystery on the Roger Williams University campus is the breaking down of the electronic wooden gates near the Bayside apartments.

"Every time I pass by the gates at least one of them is broken," says Victor Maccagnan, a junior at Roger Williams University. A strong proposal has been made by

Mike Treeman, Director of Security and Safety stating, "If the gates continue to be destroyed, they will replace the wooden gates with metal gates, which are presently found as one exits Nike.

These gates will be locked and more restrictions will be made to when the gates will be opened and closed."

Here at Roger Williams
University, the gates near the
Bayside apartments are broken
down several times each week.
Most of the damage is done by
students coming home late
after a night out at the bar.
"Only one time last year did
we catch someone who did not
attend Roger Williams
University break the gates.
This person was charged of
vandalism by the Bristol

police," says Mike Treeman.

Treeman also adds that, "If the gates did not exist, there would be no way of controlling the number of students, visitors, etc. that enter Roger Williams University." Students who cause this damage do not realize that the gates are up for their own safety and well-being.

The two sets of gates were placed near North campus in order to achieve vehicle access control and to prevent any strangers from entering campus.

Each gate that is knocked down costs approximately \$65.

gates, page 3



Michael Treeman, Director of Security and Safety

Rhode Island & RWU take precaution

Lisa McDonough Features Editor

Rhode Island has experienced a small number of isolated, unrelated cases of bacterial meningitis since the beginning of January.

Although there haven't been any cases at RWU or in the local community, the university is taking precautions to prevent this tragedy.

Over the past few years there has been a significant increase in the number of cases of bacterial meningitis in the state. "I've been here for about 20 years and we've never had any cases of bacterial meningitis, only viral. However, the disease itself has tripled in the last five years," states Lois Schuyler, RN,C, at Health Services.

For this reason the Rhode Island Department of Health has recommended the immunization of everyone between the ages of 2 and 22.

The vaccine used, *Menomune*, is 85 percent effective against some, but not all strains of bacterial meningitis.

It is believed to protect for approximately three

years.

Meningitis is an infection of the fluid of a person's spinal cord and the fluid that surrounds the brain. It can be caused by a bacteria or a virus.

Viral is less severe and resolves without specific treatment.

Bacterial can be extremely dangerous, resulting in brain damage and death in up to 20 percent of the cases.

Bacterial meningitis is spread through contact with saliva and nasal secretions an infected person. However, the bacteria doesn't survive long outside the body, "It seems like it would be really hard to get. I think the whole thing is being slightly blown out of

proportion," says Myk Paydos Symptoms of this disease include high fever, headache and a stiff neck. Other symptoms include nausea, vomiting, confusion, and

A rash may develop on the arms and legs. "Now every time my neck feels funny I freak out and think I'm going to die," states Heather Hyjek. "The reality of this disease is that it destructs rapidly and the incubation period for the infection is only two to ten days," Schuyler states.

"It scares me because you may not know you have it and you could be dead in a matter of hours," says Lisa

Department dictates that the university can only administer the vaccine to persons under 23 years of age.

Health Services will be running a vaccination clinic on Thursday, April 2 between 6 p.m. and 9:30 p.m..

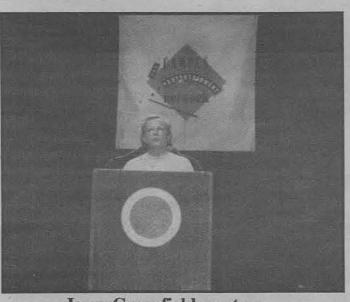
According to Schuyler, Health Services will be doing lots of publicizing right after spring break. Schuyler commented, "we would be much more aggressive if there was a case on campus. Overall, the university is appropriately concerned,"

Ben & Jerry scoop their way to success Jerry Greenfield talks business and ice cream to campus

Kelly A. Scafariello Layout/A&E Editor

The mouth watering, weight gaining, oh so good ice cream: Chunky Monkey, Cherry Garcia, Phish Food and Rainforest Crunch (just to name a few) have won over our hearts. The names Ben & Jerry have become a household favorite.

On Saturday, March 7, Jerry Greenfield was brought to our school by the great work of the Campus Entertainment Network's Special Events chair, Jess Stevens. Greenfield, without his partner



Jerry Greenfield on stage

in crime, Ben Cohen spoke to over 250 students and faculty in the Paolino Recreation Center. His reason for speaking was to explain the business philosophy of the \$160- million dollar ice cream phenomenon. He explained how Ben & Jerry's became a multi-million dollar company, how he and Cohen started out and what the company does to maintain it's success while having fun. The key here is, 'having fun.'

When one listens to Cohen and Greenfield's story, right from the beginning one thing becomes evident. Both guys are just like you and me.

Before ice cream was in their vocabulary, they started out as two high school friends with no set plan for life. Cohen attended college for one year at Colgate, quickly realizing that it wasn't for him. Greenfield attended and graduated from Oberlin College. Still, four years later, both did not really know what they wanted out of life. Not wanting to fall into the status quo of working for someone else, they decided to share a business together. In 1977, sitting on the porch of Greenfield's parents' house,

cont. on page 2

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Letters should be dropped off at The Hawk's Eye office in the lower Student Union before deadline. Any letters submitted after this date may not be printed.

Letters must be typed, doublespaced and spell-checked.

All letters must be signed. Anonymous letters will not be printed.

The writer should include his/her phone number, although the number will not be printed in The Hawk's Eye.

The Hawk's Eye reserves the right to edit all articles.

Call 254-3229

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Published by and for the students of Roger Williams University

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Ben & Jerry scoop their way to success

they brainstormed ideas for what type of business to go into. After weighing out bagels and kebobs, they chose ice cream.

Researching who their target market was going to be and what location would be most prosperous, they chose the college town of Burlington, Vermont that had no ice cream parlor.

After many long hours and living on \$150 a week, it all paid off. To the customers, they were just two guys named Ben and Jerry who loved their job. They were down-to-earth and friendly, the ice cream parlor was bright and welcoming, they gave to the community and they viewed their customers as friends. In their book, "Ben & Jerry's Double Dip. . . Lead with your values and make money, too," Greenfield stated, "people wanted us to succeed." Cohen commented, "They (customers), wanted to help these two real guys who obviously needed a lot of help." Eleven years later, they are still just Ben and Jerry, now with a few more parlors and million more friends. They follow a social mission that is: "To operate the company in a way that actively recognizes the central role that business plays in the structure of society by initiating innovative ways to improve the quality of life of a broad communitylocal, national and international."



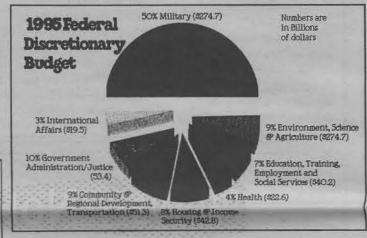
The dynamic duo will continue to follow this mission forever. In the spring, they will release a new flavor, "Dilbert" that will model the comic strip. Greenfield said, "Like the comic strip, there will be a lot of nuts in it."

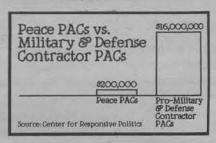
Luckily for all our ice cream lovers, we can anticipate Cohen and Greenfield to keep giving us their best. In the book, "Double Dip" Greenfield exclaimed, "Ice cream for the people!"



POLITICS STAND







Undeclared Students
Looking for
Worthwhile Career?
See the salaries of
paralegals on the
chart.



If interested, contact Dean Thomas Hickey at 254-3353 or Tucker Wright 254-3253

Legal Assistant Today's

1997-98 Salary Survey Results



Where do you stand among your fellow paralegals? Are you making the going rate for a professional with your credentials, and where can you expect to go from here? Where do the more lucrative opportunities lie, both in terms of specialty and geography?

Hopefully the results of our 1997-98 Salary Survey will be able to provide those answers for you. We've broken the paralegal field into subsections based on experience, education, practice area, type of employer and geographic region. We've also examined those other benefits which can be as important to you as the size of your paycheck.

Methodology

To obtain these results, a compensation questionnaire was included in the November/December 1997 issue of *LEGAL ASSISTANT TODAY*. From the questionnaires received, we extrapolated a random sampling of 420 responses, from which the following data was compiled. This data was then compared to results obtained in *LEGAL ASSISTANT TODAY*'s 1995 and 1996 Salary Surveys.

National

Average Salary \$34,002

(Percent change from previous years.)

1996	\$32,415	+4.9%	4
1995	\$31,503	+7.9%	*

Average Salary by Employer

20%	Corporate	\$39,442
6%	Government	\$32,155
74%	Law Firm	\$32,939

Average 1997 Raise 5.45%

Received Bonus	66%	
Average Bonus Amount	\$1,947	

cont. from page 1

Destroyed gates remain a mystery

With the cost of replacing the gates each week, suggestions have been made to put a security booth and gates at the entrance of North campus (the first left or right off Metacom Avenue).

According to Treeman, "this suggestion would cost more than it seems. Expenses would include constructing a security booth and it would require to hire at least four security guards to work twenty-four hours."

In addition, the gates that are continually destroyed damage the metal mechanical equipment that allows the gates to open and close.

Due to this, the replacement for this piece of equipment makes matters more costly.

Students find the gates near North campus to be an inconvenience during the day and night time, especially for Bayside residents.

Gina Mandella, a Whitecap resident at Roger Williams University says, "one day I was driving out of North campus from Nike parking lot and forgot to get something from my room. Instead of the inconvenience of driving all around campus, I parked my car near Nike again and ran back to my room to get whatever I needed."

Unfortunately, this situation happens to many Roger Williams students that live at Bayside. Students do not have the patience or time to waste by exiting Nike, going all around campus to the main entrance, and back to the Bayside apartments.

Some students say in order to make situations easier for themselves and to reduce the vandalism, security should install a device where the unicard can be swiped and the gates will open.

Kim Pinney, a junior at Roger Williams University, explains her reason why the gates are always vandalized.

"At night, some students come back so late, they are too tired or intoxicated to realize that these gates even exist."

It is a known fact that

these gates are broken down several times a week. If this is the case, security and safety at Roger Williams is automatically limited. Therefore, further action should be taken to prevent the gates from being destroyed.

Another suggestion was made by an anonymous student that, "if the gates are always broken down, security should install hidden cameras within the gate stand.

If hidden cameras are placed in the gate stand, chances of finding the vandal would be much easier."

All students that are caught breaking down the gates, must go through the campus judicial system.

"If a student destroys the gates, they automatically have to pay for the damage. Also, depending on their history, a student can get charged with additional sanctions such as community service, probation, or even removal from the residential dormitories," says Tony Montefusco, Coordinator of Judicial Affairs.

Students chosen to represent theater department

Theater Department

In wake of the recent events dealing with the reconstructing of the RWU Theater Department, five students (Gina D' Acciaro class of '01, Abi Darling '00, Clarke Kohler '98, Alyson Smith '98, and Stacey Uria '99) have been selected by their peer to act as student representatives on this topic.

Their main goal is to improve lines of communication between students and the administrators of this campus. This diverse committee consists of three theater majors, one business major, and one political science major.

Out of these students, two students have already attended the London Theater Program and two are currently waiting to go. As a group they are attempting to gain insight on ways to establish a beneficial relationship between students and administrators.

One of their primary goals is to make the Performing Arts Center (affectionately known as the "Barn") more accessible and visible to the entire campus and surrounding community. All ideas are greatly appreciated. Please contact Mary Stabb at extension 3626 and leave a message for any of the five mem-

A SKI TRIP TO SUNDAY RIVER

Ski Club

On April 3 through 5 the Ski Club will be holding a trip which is opened to all students to Sunday River in Maine. The trip will cost only \$125 per person.

This price includes a beautiful condo, a two day lift ticket, and lots of fun. There will also be a Mogul Competition (top ten Mogul skiers).

"Last year our condo was two stories high with four people per condo," said president of the Ski Club Chris Eng.

This exciting trip is open to everyone of all levels.

For more information contact Chris Eng at extension 5483.

News & Notes

Drug violations on campus are turned over to Bristol Police

Valerie Gebhardt Staff Writer

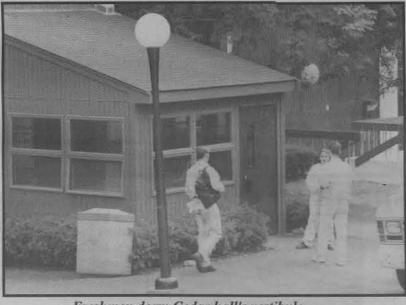
The university has cracked down on police involvement in drug violations, making punishment for drug use on campus more severe. Campus officials hope that these changes will deter students from engaging in activities involving drugs, especially marijuana.

"The university has recognized that it cannot take possession of drugs because that is a violation of the law," Tony Montefusco, the coordinator of judicial affairs, stated as the reason for the change.

The university now involves the Bristol Police Department in all campus drug violations. Offenders are subject to both police arrest and university disciplinary action.

Tony Montefusco said that the new police involvement has not changed the actions that the university takes against those who violate the law

In the past, if a student was caught with marijuana, it would be confiscated and destroyed by a university official. The student would be "documented" and then



Freshmen dorm, Cedar hall's vestibule

summoned to a judicial hearing upon which punishment would be administered. Police were rarely involved in these sanctions.

Montefusco said judicial action ranges from "educational or community service with a formal warning, to resident hall probation or suspension, depending on the amount of drugs found or the situation"

The Rhode Island State Law stated in the student handbook says "the simple possession of marijuana is considered a misdemeanor, with conviction resulting in imprisonment of not more than one year or a fine of \$200-\$500, or both."

The law applies to both students and university officials. Therefore university officials can no longer confiscate the drugs without involving the police.

When asked how this new policy has changed his job, Connor McLaughlin, a Cedar Hall resident assistant, said, "basically security dealt with it before so our job hasn't really changed that much. We still call them, but they just take it one step further by calling the police."

In a recent incident, a university freshman who



Tony Montefusco, Coodinator of judicial affairs

wishes to protect her identity, was punished under this new policy. She was caught with marijuana and arrested. She said that the police who took her to the station never read her rights to her, but she is more upset about the university's action against her.

"I was put on probation, even though I had never been documented before for anything," she said. She also said that another person involved, who had been documented before, received the same punishment as she

"I want to stress that each incident is looked at individu-

ally and evaluated according to the amount of drugs found or the situation," Montefusco

This one student feels that the police involvement influenced the actions that were taken against her. "I realize that they are getting more strict with police involvement, yet I still feel that I was punished unfairly for a first offense."

According to the 1997 annual security report, there were only two arrests for drug abuse violations in 1996. The new policy may greatly increase the statistics for 1997, which come out at the conclusion of this school year.

Cooperative Education program and the real world

Barb Grota helps match students with jobs in field of choice

Carly Kinnas Copy Editor

Designing toys for Hasbro
... working with animals at
the Roger Williams Park Zoo
or fish at the New England
Aquarium . . .

Landing an exciting, challenging, not to mention high-paying job is a common goal amongst college students, some of whom are realizing their dreams and getting started now, experiencing the "real world" through the university's Cooperative Education program.

The program seeks to place students with jobs in their field. These students are receiving priceless experience, and many of them are being paid, while they're still in school.

But what many students don't know is that they too can participate in the co-op program now, no matter what their major.

"Even though many majors don't require internships for graduation, it's highly beneficial for students to do them," said Barbara Grota who matches students with real-life jobs in the field of their choice. "They're an

opportunity to test a career and to receive credit while doing it. You can try out more than one job without being trapped into it."

Grota, who's office is on the first floor of the International Center on the north side of Maple Hall, said that what many students don't know is that they have the opportunity to use up to five of their free electives exploring careers through the program.

"Internships are strictly for

credit but co-ops pay as well," Grota said. "They bring the experience of the marketplace into the classroom and they make you more marketable because it shows that you're motivated."

Grota said there is often an imbalance in the number of students who choose to complete their internships during the fall as opposed to the spring semester.

"Many people go out during the spring. They don't realize that the fall is a great time to do it too," Grota said. "The best time to start thinking about a co-op is right now"

Before sending students out into the field Grota puts them through a four-day workshop that prepares students for situations in the real world. The basis of the workshop helps develop students' professional skills including resume writing and interviewing skills.

Grota said that they start off with the very basic skills of the job from the appropriate way to answer the telephone to confidentiality in the workplace. They also discuss ways to "sell yourself" to perspective employ-

"It's surprising what some students don't know, so I put it all into the workshop," Grota said. "We don't take anything for granted."

On the other hand, Grota said that many students don't realize the useful skills that they do possess. An important part of the workshop helps students to realize what they do have to offer with the use of a checklist of personal strengths.

The worksheet lists more

than 150 "strengths" including the character traits of being accurate, eager, flexible or realistic. Grota said that she tries to show students that they all have something useful to offer or to contribute to any job.

Besides participating in the workshop, students also enlist the help of a faculty sponsor in their major who review employer evaluations and grade a final 10-12 page report that discusses what the student has learned and gained from their experience in the field.

The general theory behind Grota's approach to cooperative education is the idea that students need to find pleasure in what they choose to do. Grota said that when working with students she tries to find out what the students like to do in order to apply that to real-life jobs and careers.

"I try to be flexible and accommodating," Grota said of her duty helping students find co-op jobs and internships in their chosen fields. "I ask 'What do you like to do?" and we use that interest to find the ideal job. The program is small enough for students to make their own choices."

Grota said that she has placed more than 50 students in every major into the field this semester. One successful student is realizing his dream of mechanical engineering by designing toys for Hasbro.

"He's doing what he loves to do and he gets paid to play with toys," Grota said.

Another important aspect of the program is the relationship developed between the students and their employers.

"It's a team effort," Grota said. "There is a give and take because they provide education and the students provide them a service."

Grota said that some employers have been so impressed with the work of Roger Williams students that they have been more than eager to hire RWU students time and again.

"One student who was at the New England Aquarium was actually offered a job after his internship," Grota said. "The performance of the predecessors is very important."

Grota, who is originally from the New Bedford area, has been at Roger Williams for 13 years as a member of the administrative staff and an adjunct member of the faculty. She holds degrees from the former Southeastern Massachusetts University,

now U-Mass Dartmouth, and

Syracuse University.

Before coming to Roger Williams, Grota developed and ran the cooperative education program at the New England Institute of Technology.

Besides her current work in Roger Williams' cooperative education program, Grota also teaches psychology part time and has received the Alpha Chi award for Excellence in Teaching. She's a member of the Dean's Diversity Council and she acts as advisor for the campus psychology club.

Grota is also co-president of the board for the Riverwood Rehabilitation Services in Bristol.

For fun Grota said that she enjoys yoga and spending time with her dogs.

"I always knew that I wanted to live near the water, have a Siberian husky and work at a college or university," said Grota who also just finished remodeling a house. "I love variety. The students give me a challenge. It's a joy to teach and to give something back to them."

Grota works with
Ken Osborne, the director of
the Cooperative Education
Program, who also handles the
placement of internships and
co-op positions. Osborne also
deals strictly with the placement of communications
students. Both programs are
similar.

The next Cooperative Education Workshop will be held March 30, April 1, 6 and 8. There will also be another session April 27, 29, May 4 and 6. Classes run from 3 to 5 p.m. and are held in the International Center next to the Student Union. For more information call the Cooperative Education Office at x3092.



Barbara Grota, job finder extraordinaire

Alumni students speak to communication majors

Alisa Marx Staff Writer

All of them are graduates from RWU and have different goals and aspirations for themselves. Together, they all have one common goal. It does not matter what degree you graduate with or what job you are holding as long as you are enjoying the work you are doing.

Allicia Calarese, Chip Craig, Dana Melchar and Shelley Errington came to campus Feb. 25 to speak with students about what they could possibly do with a communications degree.

Members of the panel recommend staying calm and relaxed as you approach graduation because there is no need to get all worked up about what is going to happen. Not all of the panelists obtained a dream job right when they graduated. They all went out and did whatever made them the happiest. All of them have experiences ranging from traveling, doing an internship and obtaining a job."

It is best for people to stay flexible because they will eventually find what they want if they are patient," said Errington.

Members of the panel feel that an important part of your education is your internship and it is best to take this seriously because it will give you "real world experience."

Three of the panelists did internships and this is what they valued most in their education. The panelists did their internships on and off campus.



Dana Melchar

Calerese and Craig did one of their internships for the Office of Public Relations at RWU. Errington was not happy with what the school was offering. She set up her own internship off-campus for after graduation and obtained faculty approval.

Members of the panel suggest that while in your internship or at your job make as many contacts as possible. Most students think of internships as something that is not important and something that is required for a communications degree.

All of the speakers feel that internships need to be taken seriously because they offer a great way for networking with people outside of the school. Some students have landed jobs or just obtained recommendations that have been helpful in their careers. Another key to a successful job search is to have a resume. It is never to soon to be thinking about how to prepare your resume.

This campus has resources for preparing a resume or how to begin the job search. If you are uncertain about how to do either of these things do not get scared. Just make an appointment or stop by Career Services because that is their iob.

If people take the time to do things all along and not wait until the last minute they will be better off. Looking for a job and preparing a resume is not something that can be done overnight.

The time is never to soon to be thinking about potential careers and preparing a resume. Take the time to think about what you want for yourself and strive to obtain your goals.



Historic Preservation major chooses spring break alternative

Jacqueline Binette Staff Writer

Roger Williams University sophomore Melissa Barker like the rest of us, is quite excited about our upcoming spring break.

She is getting anxious to leave Rhode Island for a while; to get away from the routine and rhetoric of college life and its demands. Melissa is ready to board Southwest Airline's Boeing 737 that is awaiting her arrival Monday, March 16, at Warwick's T. F. Green Airport.

She has gotten all of her spring break essentials, a pair of black, steel toe Caterpillar boots, a pair of blue thermal underwear, an insulated blue flannel shirt, oh, and of course a yellow rubber jacket with pants to match.

Steel toe boots? Thermal underwear? Rubber pants? Wait a minute, this is spring break we're talking about, not winter break! Where could she be going, and why would she need such severe attire?

Melissa is not joining the masses of college students flooding the bikini-laden beaches of Cancun, Mexico, nor is she flying out to tour aesthetically pleasing Europe.

Melissa, along with five other Roger Williams University students are going on another type of trip, one that is aesthetically pleasing to a group of historic preservation students.

Andrea Hill, Aaron
Marcavitch, Lisa Ryon,
Joseph Serra, Leah
Zambernardi, and Melissa,
each one historic preservation
majors, were chosen to
participate in an internship
that will take them to Harpers
Ferry National Historical Park
in Harpers Ferry, West
Virginia for spring break.

After hearing about an opportunity to obtain an internship for spring break through one of her professors, Melissa sent her resume in to the Institute for Preservation Training (IPT) in Providence, and was asked to join the project.

The assignment, which was introduced to the university by IPT Project Manager Robert Cagnetta, an RWU historic preservation graduate, is being funded by the National Park Service.

Devastating weather tore through the town of Harpers Ferry in 1996, damaging various buildings located in Harpers Ferry National Historical Park.

According to a newsletter distributed by IPT, "Harpers Ferry required much of its building stock and cultural resources to be restored."

The project will require the students to work in a flooded Civil War armory; this is where the steel toe boots, raincoat, and thermals come in to play. Regardless of the weather; the students are there to work.

This group of RWU students will be the only team of apprentices working on the armory during that week, and another college team will come in when they leave.

The students will arrive at Harpers Ferry on Monday, March, 16, at 9:00 a.m. and after going through a day of training will work from 7:00 a.m. to 5:00 p.m., Tuesday through Thursday, with breaks and lunch included.

Sounds like a relaxing spring break - the thought of sun and sand sounds pretty good about now.

As unglamorous as it sounds, it is something that these students truly want to do. The armory "is on the junction of no rivers and we're going to be working in the mud and having fun," says Melissa.

Another benefit to being

involved in the project is the opportunity to witness a real haunted house, well, haunted building is more like it, but either way Melissa is looking forward to a 'ghost tour..'

"We are going to be staying inside the park in an apartment complex and the building right next to us was supposedly closed down to due the fact that half of the staff won't go in there because it's too haunted," states Melissa.

The park is known for its spooky history, in fact Melissa is anticipating confirming stories of a ghost-dog who is known to scratch on the doors of visitors who reside in the park. Nothing like a walk in the park... er... dark,

"There are going to be ghost tours at night. The park is known for its ghosts. I can't wait. We're going to be out in the middle of nowhere walking around in the dark," says Melissa, with a tone of mischief in her voice.

In September of 1996,
Melissa entered the campus of
Roger Williams University for
her second day of orientation
as an architecture student, but
left that day as an historic
preservation major. She came
to realize that preserving the
past runs in her bloodline, and
that it was what she would

prefer to do, "Historic preservation sort of runs in my family, we've had a lot of family work on the mansions in Newport. I guess it just comes naturally."

What really makes Melissa beam is the shear mention of working on the set of a Hollywood movie. When she saw the tremendous sets of Amistad, Steven Speilberg's movie about slavery, being filmed this summer in Newport, she remembers thinking, "Ooh, I want to do that!"

Although she enjoys working on projects such as the one she is embarking upon with her fellow classmates, she is looking forward to a career in the movie-making realm, as opposed to restoring antiquities because according to her she is "more interested in movie production."

Possibly Melissa's next project will be a film about a flooded house being haunted by a scratching ghost-dog. We will find out what her plans are when she and the crew return from their adventure to Harpers Ferry.

This is the first article in a two-part series

Dedication pays off for RWU dance majors

Shaine Murphy Staff Writer

It is 9:00 on Saturday morning at Roger Williams University and the campus, like most other college campuses at this time, is a ghost town. Most students are not even thinking about starting the day.

In fact, some students have just ended their night. Alarm clocks are not set, lights are not on, brunch is not even being served for two more hours.

But situated at the north end of the campus is a Performing Arts Building, better known as *The Barn*. In this building 15 dedicated dance majors are ready for rehearsal. Regardless of their academic burdens or social life activities, dancing is their priority six to seven days a week, five hours a day, for the entire year.

"It is definitely hard to wake up that early while your roommates have just gone to bed. I just keep in my head that someday it will be worth it," explains Amie Laster, a junior dance major.

Recently, this hard work has really paid off. The weekend of Feb. 14, the RWU Dance Theater competed in the American College Dance Festival at Boston University

Forty-five pieces from 30 different colleges were performed. Both pieces sent by RWU were chosen for the Gala Festival Concert—Knot Bound, choreographed by student Shevaun Smythe and Just Re, choreographed by instructor Gary Shore.

The dancers were very pleased with both performances and received many compliments from the distinguished panel of professional artists.

"After seeing Knot Bound, all that I could think of is these are four dynamic babes," said Don Redlich, a judge who has been in the business since 1956.

From the pieces presented at the Gala Concert, Knot Bound, performed by Amie Laster, Gina Mandella, DeAnna Pellechia and Shevaun Smythe, was selected to be presented at the Kennedy Center for the Performing Arts as part of the National American College Dance Festival this May.

"The experience of just being in Boston and competing with other colleges was amazing enough, we never dreamed of making it to the Kennedy Center," said Laster who has been dancing since



Knot Bound, choreographed by Shavaun Smythe

she could walk.

In addition to these magnificent achievements, Shevaun Smythe hat ten nominated for the ACDFA/DANCE Magazine Award for outstanding student choreography. Smythe is one of five students chosen from hundreds of other student choreographers throughout the country.

"This achievement reflects not only her ability and dedication, but the ability and dedication of all the dancers and the whole program," said Shore. "It is her first piece, so this is quite an achievement. It is a talent that she has been cultivating since she got here.
Once she put her ideas
together, it turned out wonder-

Smythe, 20, is a dance major and anthropology/sociology minor from New York City. She balanced regular rehearsals with the preparations of her own piece along with achieving a 3.3 GPA last semester.

Smythe has studied dance at the Alvin Ailey American Dance Theater. She was also the recipient of the Dance Theater Performance Scholarship along with Laster and Mandella for their dedication and promise to the field. As for this semester, Shevaun is currently cochoreographing a piece for the next Dance Theater Production.

"I am especially looking forward to working with Amie Laster—my partner in *Knot Bound*. It is great when you find someone whose personality and movement qualities mesh with your own on stage," said Smythe.

This piece as well as *Knot*Bound cam be seem at the

Dance Theater show in May at

the Barn.

Computer lab and library hours give students mixed emotions

Julie Smith Staff Writer

It's 5 p.m. on Friday, and Will Calhoun, a fourth year architect has just got out of studio, and is on his way to the computer lab to do some work for his computer applications class.

Unfortunately, Will arrives to the computer lab to only find out that the lab has been closed for an hour. On Saturday Will has to leave at 11 a.m. to go into New York City as a mandatory field trip to get a small proportion of his work done.

Roger Williams is a university that is supposed to emphasize the stress on academics, yet their computer lab closes at 4 p.m. Friday nights and 6 p.m. on Saturday nights; and their library closes at 4:30 p.m. on Fridays, and 5 p.m. on Saturdays.

However, Sunday-Thursday the computer lab and library are open until midnight. In the past many complaints have been made about the hours of the computer lab and the library, some positive while other's negative.

Surveys were passed around the university asking the opinions of students, as well as the library and computer lab managers. Each person had their own response. "I think the hours of the computer lab are sufficient," replies Shawn Platt, computer lab manager.

"I depend on 100% of students to staff the lab." Shawn explains that the lab hours are dependent on the students who make up the staff. The problem is, there are not enough students on staff to cover the hours on Friday or Saturday.

The unfortunate part is that the computer lab does not have any outside staff besides, to work weekends. The library on the other hand, does hire outside staff besides students, to work weekends.

"The computer lab is already open 89 hours a week, which is a decent amount of time." Shawn comments that students who choose to balance their time, and get their work done will not be upset that is closed by midnight on a weekday, because their work would be mostly done.

It is usually students who put their work off until the last minute, who complain at 11:45 p.m., as the fifteen minute announcement of closing is made.

"If the staff were willing to work until 7 or 9 p.m. Friday and Saturday night, then the lab would stay open," remarks Platt. There was one point in time when the lab was open until 9 p.m. on Saturdays.

"I think the hours are cool, but many students would like it to be open more," says Junior computer information systems major Dana Coto.

Opening the lab extra hours is convenient for those on staff who live on campus, however, some of the staff commute and do not live in the Bristol area.

"I have worked here 14 years, and we're opened later on Fridays for a few semesters, and have always gone back to 4:30 p.m.," states Alma Ivor-Cambell, head of circulation for the library.

"We have had requests for the library to be open later on Fridays over the year. Whenever we responded by changing to 2 p.m., only a few students would come in. It was not worth paying the staff." "I like it the way it is," states Second year architect, Cat Sumislaski who is on staff at the library.

Sumislaski believes the hours at the library are good,

because the majority of the people who use the library are there on weekdays, and that fewer people come in on weekends.

Also, there isn't enough money in the budget to pay the extra hours, also there is very few people on staff at the library, and of the few people, no one wants volunteer for weekend evenings.

Junior Melissa Bridges, political science major feels that the library should be open later for students who's roommates party a lot and who are too loud for anyone to get work done. Bridges feels as though everyone should have a place to study at all times. Indeed there is a place to get away and get some studying done.

The library has a 24 hour study room, however, several students who were interviewed didn't even know. The question is, how much does the university really advertise that there is a 24 hour study room?

For students who do not know where the room is, it is off the back of the library, across from the architecture building.

Junior communications major Donna Zakszewski, who also works at the library, explains that one has to get security to let them in if they want to use the 24 hour study room. Also, the 24 hour study room does not include the use of either books or computers.

What about the student's responses to the hours of the computer lab and library.

Some students work on Saturdays from 9 a.m. - 5 p.m. and by the time they arrive

back on campus, the lab is closed. Students who's classes get out at either 2 or 3 p.m. only have one or two hours to get some of their work done before the lab or library closes.

Some students have no control over their schedule, and it isn't that they blow their work off, but that their work schedule conflicts with the hours that the lab or library is open.

There are many students have commented that they are very content with the hours that the lab is open, and feel that very few people would be at the lab or library on Friday and Saturday evenings. Junior communications major, Carly Kinnas states, "These are times I wish the lab and library were open later hours on Saturday, but I am content with the rest of the hours."

The issue is not really about the computer lab or library being open until 9 or midnight, but about keeping them open until 6 or 7 p.m., which is still early enough for the staff to go home and get ready to go out.

Senior Michael Paydos, creative writing major states, "Most schools I've been to have a 24 hour computer lab and library. They only need one professor, and security which can stop by."

Again, we must ask ourselves, how much does RWU stress the importance of an education. But the issue is not only about the weekend hours of the library and the computer lab, but about week nights as well. There are some students who feel as though midnight is too early.

"I think the hours of the computer lab are sufficient."

> Shawn Platt

"We have had requests for the library to be open later..."

Alma
Ivor-Cambell

A junior of the marine bio major comments that midnight in the library, and then needs to type it up in the computer lab. however, majority of the people surveyed were content with midnight on weekdays. The question of opening the library and the computer lab is a no win situation.

If the computer lab and library open more hours on weekends as well as later on weekdays, it will be hard to get the staff to work them. The staff that ends up being selected to work the extra hours, may end up dreading coming into work during those times.

Also, the money that pays the work study, is too much for the few people who actually use the facilities on weekend evenings. If the library and computer continue being open the same hours, then the whispers and complaints will continue to take place.

Some students feel that with the high amount of money they pay toward tuition, it is the school's job to keep facilities open at all hours, whether one person or twenty people use them. What is the university to do in a situation like this?



Martial Arts Club open to all students

Bronwen Lapidus Staff Writer

I have been part of the Martial Arts Club since I was a freshman. I have gone to the classes every semester except when I was in London.

I have learned many techniques through the club. Our instructor, Jim Morris, teaches us different styles throughout the program.

Every semester we do a self defense week where the club demonstrates different self defense techniques. The club meets Monday through Thursday form 8 to 10 p.m. in the gym lobby. No uniform is required but if you have a GI it is helpful.

Since I have been part of the team I have learned many kicks, blocks, throws, punches, as well as self discipline and exercise.

You don't need to have experience in order to join. The members range from those who have black belts to white belts to others just

studying for the first time.

It is a great place to take some stress off your back through the exercise and techniques learned in every class.

If you like to see what the Martial Arts Club is about, come down to the gym Monday through Thursday between 8 and 10 p.m. and watch or participate. I guarantee you will learn something new.



RWU students take supplements to enhance muscle growth and performance

Victor Maccagnan Contributing Writer

It is 3:00 p.m. on a Monday afternoon. After a long day, John Levens has just finished his four classes. As John walks into his dorm room, he sees his roommate Mark putting white powder into the bottom of his lip and getting ready to leave.

Mark tells John he is going to the gym and asks him to come along. Following a stressful morning, John figures why not. While at the gym Mark is much stronger than John. John asks Mark what his secret is. Mark tells John one thing, "creatine monohydrate.'

Creatine monohydrate is one of many supplements that young adults are taking to enhance their performances. But, do supplements work? What exactly do they do? Are they safe? And, are there any side effects?

Cole Christie, a freshman rugby player at Roger Williams feels that supplements do indeed work. After the Rugby season ended Christie weighed 149 lbs. Now, two months later, Christie ways an astonishing 170 lbs. "I could not believe the results I was getting from the products I was using," said Christie.

"Because of proper training, Betagen, Carbo force, and pure protein shakes, I am achieving my goals," Christie added. Jason Andrzejczyk, a senior and also a rugby player at Roger Williams also knows about taking supplements. Presently, Andrzejczyk is taking

hmb, creatine monohydrate, Infinity 3000 and pure protein

"I have went up in all of my exercises and supplementation played a key role," Andrzejczyk said. Andrzejczyk also added, "The only side effects were good ones," Andrzejczyk explained how no more muscle soreness was one of the side effects, along with more energy and getting a better "pump" at the

Andrzejczyk takes two

monohydrate is not FDA approved, studies show that unless abused, it is not harmful to one's body. Ways to abuse it would be to drink heavy amounts of alcohol on it, or to try and dehydrate oneself while on it because creatine monohydrate forces the human body to retain more water than usual.

The wrestlers from Michigan were found to have sweat suits. These suits were used to dehydrate themselves

so they would be able to make

creatine monohydrate over the summer when I gained seven lbs of muscle," Valente added. Athletes are not the only

users of supplements. Anthony Murewski, a junior at Roger Williams has taken Heavy Weight Gainer 900, Myoplex and Creatine Surge. When asked about if results were achieved Murewski suspended, "I gained 17 lbs. of the heavy weight gainer." "By combining the Creatine Surge with the Myoplex I went up in everything every week," Murewski pointed out.

Betagen is a supplement that is put on the Market by E.A.S., or Experimental Applied Sciences. It contains four key ingredients. The hmb contained in Betagen slows down the breakdown of protein in one's body.

The creatine monohydrate which is according to Muscle Fitness Magazine, the most used supplement in the world gives the person strength because it makes the muscle recuperate faster. Creatine monohydrate is actually found in the human body, but more of it helps to build and repair muscle faster.

It is recommended to load on creatine monohydrate first before taking Betagen. In order to load on creatine monohydrate one has to take four heaping teaspoons a day for five days.

Finally, Betagen has Lglutamine and taurine, the two most abundant amino acids in muscle tissue. Carbo Force is simply a carbohydrate drink. it can be taken before or after workouts. It has over 100 grams of carbohydrates and has 400 calories.

The pure protein drink is just that. Accept, this protein is vegetable protein. Two heaping tablespoons has over thirty grams of protein and it can be mixed with anything. Protein for every two pounds. Either way, protein shakes are very essential and popular. The Infinity 3,000

Andrzejczyk takes his 3,000 in its name because it contains 3,000 calories. The purpose of this drink is to put on mass. It tastes like chocolate and can be mixed with either water or milk. Besides a lot of calories, made up of carbohydrates and protein, it contains other supplements in it.

Andrzejczyk takes this drink twice a day. However, rather than taking the four scoops to get 3,000 calories at once, he just takes one scoop at a time. This makes the supply last longer. he is still getting 1,500 calories a day just from this drink.

The Heavy Weight Gainer 900 that Murewski has taken is not as much of a mass builder as Infinity 3,000. It is more of a lean muscle builder. Myoplex is also a lean muscle builder. However, Myoplex is rated as one of the best protein shakes. One single serving contains over forty grams of protein.

Creatine Surge is creatine monohydrate with a slight difference. Rather than just being pure creatine monohydrate, Creatine surge contains carbohydrates because studies show that carbohydrates enhance the effects of creatine monohydrate on muscles.

Any of these supplements mentioned can be found at GNC or selective vitamin



A few rugby players take supplements

servings of the hmb pills a day. However, each serving is four pills. He takes the creatine once a day and the Infinity three thousand twice a day. Andrzejczyk will mix the one heaping teaspoon of creatine from anything form iuices to water.

Nick Valente, a wrestler here at Roger Williams, is one of many wrestlers in the NCAA who has experimented with creatine monohydrate. In fact, three college wrestlers from Michigan in the past two years were actually reported dead after abusing their creatine monohydrate.

Even though creatine

weight. They unfortunately paid a hefty price for their abuse by losing their lives.

"I would put the creatine monohydrate in my lip to get into my blood stream faster to get better results," said Valente. I could feel the difference from putting into my bottom lip," Valente pointed out.

However, Valente noticed that taking creatine monohydrate made it more difficult to shed the pounds. "I took creatine monohydrate because I thought I would retain my strength as I lost weight," Valente explained. "I had my best results with

they spotted a dangerous risk

Tips On fitness

Kim Alexis' Top Five Fitness Tips

(NAPS)-Eat right, exercise and drink plenty of water. That's just the tip of the "tall glass" of healthy advice from Kim Alexis, supermodel, television personality

While finding time is a real challenge, she says she makes a good diet and exercise a top priority. She recently shared her top five fitness tips:

· "Walk, jog, swim, bike...do something-anything that gets you moving for at least 20 minutes a day, three to four times a week. I have an aerobic exercise routine that I do for at least 20 to 30 minutes a day, three to four days a

· "Getting enough sleep is important to maintaining your health and fitness. Sleep gives your body time to heal and rejuvenate. I'm a busy mom with five children to look after, so I know sleep is a precious commodity! But I make a point to get my eight hours of sleep





Get enough sleep and drink lots of water. Those are some health and fitness tips from supermodel and mom Kim Alexis.

· "Drink water! Your body needs to be hydrated to maintain body temperature and other metabolic functions—especially when you are exercising! I drink at least ten glasses a day, keeping a water bottle with me while I am at work or running around doing errands.

· "Eat right! Choose foods that are low in fat, cholesterol, salt and sugar. Include lots of fruits, vegetables and grains in your diet.

Meningitis-spotting

and came up with a plan to keep the campus safe



GET REAL. GET VACCINATED!

Pi Sigma travel south of the border

Pi Sigma Alpha Honor Society

During the winter intersession, four RWU political science majors, Sandy Medeiros, 'OO Isabel Gomes, '99, Scott Pollard, '98 and Allison Smith, '98 accompanied Dr. Ernest Greco to the city of Cuernavaca, Mexico to study the political system of a developing system of a developing country on the United States border.

Through a program of the University of Massachusetts at Boston, the RWU students were able to explore a society and political system that differed drastically from the United States.

To prepare students for the experience, Dr. Greco assigned two books which students read prior to leaving. The assigned readings provided insights into the historical development of the Mexican political system as well as the changes occurring today as the nation moves from a one party authoritarian regime to a more competitive and open political system.

The students left two days after Christmas, and were greeted by their Mexican host families with whom they lived for the next four weeks.

Living with Mexican families enabled students to gain a deeper understanding of Mexican culture and the problems facing Mexicans today.

Lectures and discussions were held daily at the Universal Centro de Lengua and Communication Social where Professor Greco conducted class along with a variety of academics, state and local officials, businessman and political activists from Cuernavaca and the surrounding state of Morelos.

Morelos is just south of Mexico City and is the proud birthplace of Emiliano Zapata, and the peasant leaders of the Mexican revolution.

Learning about Mexican

politics was not limited to the daily four-hour classes.

Traveling around Cuernavaca and neighboring towns gave students an opportunity to talk to Mexicans of all walks of life about the problems, opportunities and changes they face today.

Students visited various historical and cultural sites, and met with community activists, indigenous farmers, labor leaders, clergymen, and representatives from the three major political parties in their homes or workplaces.

In a country undergoing a very rapid economic transition to freer market economy my and a much slower political change to a multi-party democracy, Mexico combines elements of both a "First World" and "Third World" country.

In Mexico today, one finds enormous wealth and a large middle-class whose economy and culture are becoming closely integrated with the United States, in a nation where half the children do not go to school beyond the sixth grade the United States, in a nation where half the children do not go to school beyond the sixth grade and the minimum wage is \$3 a day.

The ruling "Institutional Revolutionary Party" or "PRI" that has controlled the Presidency and most other public offices for 70 years has just lost its majority in the Congress for the first time, and a guerrilla movement in the state of Chiapas is fighting the exclusion of the indigenous people from political and economic power.

and economic power.

All the students found the program to be an incredibly rewarding academic and personal experience and strongly recommend the Cuernava course to students in all majors who want to expand their understanding of the United States' closest, and yet most foreign neighbor.

The Political Science
Department hopes to offer the
study abroad course at RWU
next January.

Dr. James McCusker visits science students

ACS Affiliate

FEATURES

On Feb. 19 RWU students learned how fast is fast. A femtosecond is fast. There are as many femtoseconds in a second as there are minutes in the age of the universe.

As well, light can circumnavigate the earth 7.5 times in one second, but can only travel one millionth of an inch in one femtosecond. Now that's fast.

Even though Dr. James
McCusker, an assistant
professor at University of
California at Berkeley, deals
with the extremely fast, he
was able to slow down his
schedule enough to discuss his
research about the ultra fast
spectroscopy.

Students and faculty welcomed McCusker to Roger Williams University with a reception prior to his seminar entitled, "Time - Resolved Spectroscopic Studies of Transition Metal Compounds: Inorganic Chemistry in a Trillionth of a Second." Although this topic is very complex, McCusker did an excellent job simplifying his

research

While at Bucknell University, Dr. James McCusker earned his B.S. cum laude and M.S. in Chemistry and received minors in Physics and Music. After attaining his Ph.D. from University of Illinois at Urbana - Champaign, McCusker continued as a postdoctoral fellow at University of North Carolina at Chapel Hill.

Among his professional activities, he is a member of the Inorganic and Physical Chemistry divisions of the American Chemical Society. In addition to his extensive list of publications, McCusker has traveled the globe to enthusiastically share his knowledge, most recently with the RWU community.

During his seminar at RWU, Dr. McCusker elucidated the basic concepts of physical science. He then applied these concepts to explain his research.

McCusker analyzes inorganic systems utilizing ultra fast laser spectroscopy. An example of inorganic systems is transition metal compounds. These compounds may eventually revolutionize the effectiveness of solar power and other energy dynamics.

Because of his work,
McCusker is helping to take
technology to the next level.
In particular, his research
illustrates how laser materials
have developed and become
more applicable to aspects of
chemistry such as
photophysics and photochemistry.

On his final day at the RWU campus, Dr. James McCusker spent extra time with Dr. Cliff Timpson's inorganic chemistry class. During the class, he conducted an informal question and answer session over donuts and coffee.

At the end of the class, Stacey Galdi and Harper Kaminski, president and vicepresident of the RWU student affiliate of the American Chemical Society respectively, presented McCusker with a plaque of appreciation.

The students at Roger Williams thoroughly enjoyed and benefited from McCusker's stay.



Making the Smartest Choice When Choosing a Home PC

(NAPS)—For millions of people, the advent of the computer age means convenience and accessibility on a world-wide scale. For others, the intimidation of selecting the right PC, learning how to use it, or finding extra money in a tight household budget can make the dream of owning their first home computer seem like a distant reality.

Today's families don't view a PC as a luxury item, but as a necessity in managing households and businesses, helping educate their children and keeping in contact with family and friends. With all the uses for a PC, many families are discovering that there is no time like the present to make an additional PC purchase or to buy a first model.

Use your friends: Talk with friends, neighbors and colleagues about their experience with computers. Ask which brands and models they prefer, and what their PC does—and does not do for

Do some homework: Visit your local library and research current/back issues of computer and consumer magazines for product reviews. Many libraries also offer access to the World Wide Web where you can visit sites such as Compaq's (http://www.compaq.com) to get product and retail location information.

Shop around: PCs on display at retail stores often have demonstration programs that show the computer's features. Take a test drive: see it, feel it, hear it—get a personal sense of what PCs are all about



Poet's Corner

myk padvos Sorrow

October, late afternoon Thick grey layers of clouds churn overhead a windy child scatters dried oak leaves, yellow and clenched like a fist, across a barren cornfield. Or what use too be a cornfield now the pale sickly yellow of thousands upon thousands of six inch stumps stand or lean in infinite stretches of winding rows never seeming to end, never quite out of sight, always losing focus

three broken stalks crouch in the center of the field dead in the slay of autumn winds they are a careless mistake Left to scavenging crows and mice they lean against one another alone, last left, after living lives amongst thousands of presumed equals. With a black leather collar studded and clenches them to fists. they are singled out and neglected.

drew griffiths

Sycamore Trees In Autumn (Complaints From The Vatican)

It's umbilical cord severed cut by a snap of wind The helpless disciple fluttering about the earth scraping it's tender yellow flesh against the stiff coarse concrete The stem sparks red flames of flustered anger at the base of it's spine while its brethren shake like preachers precariously hung by a wavering stalk of faith.

myk padyos Woman Dancing

Hair the color of blood On a sunny morning In the shade

Top, back cropped Two talon-like curls flank ears Brief locks point to all fronts

Eyes within painted nights stare Through the faces in the crowd And glance at nothing

Skin, so white It burns A whispering light

Exposed naval pierced By a silver ring and traced By a black, many pointed star

Neck wrapped By dozens of false diamonds

Three steel rings bound In a clenched fist Blink in the scattered light

Black lace shadows Small breasts teasing Eyes with a faint silhouette

Torn fish net stockings swirl On legs flailing To the pulsing beat of exotic instruments

Serpent arms weave Shadows of two Darkened strangers

Head and frame twist As the music crawls Around her body's rhythm

If fear was human It would be This woman

If lust was love She would own My heart

And if lust was stronger Than fear She would have a name

kelly carr Untitled

Staring over the cliff ready to jump you feel that if the wind was to blow you would collapse under its stress do you know my friend, stress? He lives in between my ears. Sometimes he walks down my spine and ties my stomach muscle into knots. He likes hangin' around in there. Most of the time he doesn't like the food I give to him so he gives it back. Once in a while he skips on over to my knuckles Then I walk over to that cliff take an empty gin bottle and throw it to the racks stress is gone broken in a bunch of little pieces And I too leave the cliff.

ben higgins

Untitled

I've never played spin the bottle I want to before I die experience the rush like a first kiss maybe the one with thsoe lips I hope the dizzied bottle hears me I need to play spin the bottle at least before I die So I can say I did that So I can love that experience not disturbing my integrity like some things I haven't done I need to do things harder I need to learn how to breath underwater to swim by myself into circles of flowers and dream things because I remember them not because I saw it through the pages in a book I should have written

Poet's Corner features creative work written by people associated with Roger Williams University including falculty and staff. Poetry, fiction or any other written form is encouraged as well as sketches, comics and anything else which requires creative thought and process to produce. If you would like to submit work to the Poet's Corner either leave your work in an envelope marked Poet's Corner in the Creative Writing Club mailbox in the Student Activities office or in the envelop outside the office door of the Hawks Eve (by the student senate office), regretfully submissions will not be returned to the author. For editing and layout purposes please leave a phone number or extenstion where you can be contacted in case any questions arise in the formatting of your work. The Creative Writing club meets on Tuesdays at 8pm in Maple Hall, room 1402. If you are interested in further developing the work seen in Poet's Corner or any other aspect of creative writing we encourage and welcome your attendence.

Unsinkable Titanic makes a splash in theaters

Dicaprio and Winslet deliver stellar performances

Jason Liuzzi Staff Writer

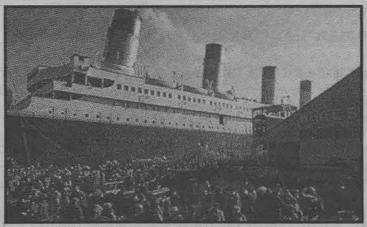
The lavish sets and special effects dazzled our eyes and spirits. An intensive romantic plot kept our interest, and a suspenseful horrific disaster filled us with awe. It can't be anything less that the story of the Titanic.

A long awaited arrival of the most expensive movie ever made has reportedly made \$1 billion worldwide. It has broken numerous records including the 1993 box office smash "Jurassic Park."

"Titanic" has made over \$427 million in North America. Just \$34 million shy of the all time record breaking movie "Star Wars." It is believed that if "Titanic" succeeds at the Oscars on March 23 it may very well exceed \$600 million within the U.S. alone.

Thus, competing with classic movies such as "Gone With the Wind."

James Cameron, a director who brought us other hit movies such as "Aliens," "Terminator 2," and "True Lies," has directed a 3 hour and 20 minute movie that will capture every emotion of people of all ages. In a world



Titanic's memorable departure

of meaningless ploys and short attention spans "Titanic" lures viewers back into history for the entire length of the movie and keeps us there.

The story opens in present day, with a team of scientists (led by Bill Paxton) hunting for lost treasure among the Titanic wreckage. Keep in mind that the clips are actual footage that Cameron has shot himself along the ocean floor. The film begins by opening a window into the past.

A 101 year old woman (played by Gloria Stuart) hears of the expedition and says it has links to her own history. It seems that she, Rose, was the model for the nude sketch that was found by these present day scientists.

It is the only thing of value

to be recovered. There is only one thing missing; the eggsize blue diamond Rose wears in the drawing cannot be found. She begins to tell her story and we are taken back in time to the year 1912.

Cameron miraculously shows the ship exactly as if it were the original and being boarded by a full economic rage of people from the very rich to the very poor.

Young Rose (Kate Winslet) arrives at the dock elaborately dressed with an unfortunate snob that she is ready to marry. Meanwhile, nearby poverty stricken Jack Dawson (Leonardo Dicaprio) has just won a third-class ticket onto the Titanic during a poker

Before long Jack is saving

Rose from jumping off the boat and committing suicide. It is here where a seemingly flawless love relationship occurs. One of the many miracles of "Titanic" is its way of creating a relationship so real within only a few days.

Both Leonardo Dicaprio and Kate Winslet have enough strength in their performances that we actually feel their emotions with them. The was perfect. The luxurious sets are so eye appealing that it's hard to imagine the whole ship will be under water within only a few hours.

Winner of four Golden Globe Awards including Best Picture and Best Director, "Titanic" will be sure to do well at the Oscars. It has been nominated for 14 Academy Awards and is expected to win all of them. "Titanic" is a



Winslet and Dicaprio on the ship's deck

chemistry that Cameron builds between them is so strong that even after the ship of dreams hits the iceberg the romance is still in existence and we are not lost in the suspense.

Being a single-minded perfectionist, James Cameron did not stop until everything movie that brings aboard true romance and utmost disaster.

Fill it with an array of mixed emotions, a talented cast, spectacular special effects, and a stunning soundtrack and it will sure sink into history as one of the best movies of all time.

House phenomenon, Armond Van Helden

Jason Liuzzi Staff Writer

A revolutionary DJ. Music recording artist. Renegade X-Mix remixer. A pretentious house music junkie. These are a few phrases that only begin to describe a man who history will remember as one of the 90's most important creative contributions to house music: Armand Van Helden.

There can be no mistaking a record that Van Helden's hands have touched. His remixing is truly unique. Both through his literally hundreds of remix projects for X-Mix and other labels, and the many records he has released as an artist himself, Armand has developed a reputation for creative, artistic, and visionary house music which has spawned many imitators.

Hard driving house beats is what Armand is famous for. This New York based DJ/ producer has been DJing since he was fifteen years old at house parties and various clubs throughout New York.

Van Helden was headed down a corporate path upon graduation from Bunker Hill College in 1991. "I was working downtown doing legal review", the 24 year old recalls. "It was so monotonous." "But I also had equipment, and was spinning a lot in Boston." Shortly after his business life, he connected with the head of X-Mix remix services and began doing additional productions on tracks for the company.

His club interests at the time were also blossoming. By 1992, he was the promoter and DJ for the Loft, an after hours club in Boston.

Later that year, Van Helden traveled to Strictly Rhythm where he began working on multi-cut records. He is now branching out as a remixer. Back in 1994 his interest in remixing led him to interpretations of records that included "I get lifted" by Barbara Tucker and "Another Night" by Real MCoy.

Nowadays, Van Helden's career led him to a Park
Avenue palace in New York and a reported command of \$20,000 per remix. His 1995's "Witchdoktor" was a huge success and a number one club hit all over the world. He has also done remixes of "Insomnia" by Faithless, Puff Daddy's "It's all about the Benjamins", "Professional Widow" by Tori

Amos, CJ Bollands "Sugar is Sweeter", "Got til It's Gone" by Janet Jackson and "My Boo" by the Ghost Town DJ's. The list is endless. If it's a remix it's probably done by Armand Van Helden.

Last week he put out another one of his own albums. In the past his own albums include "Live from Your Muthas House" (which is an awesome house CD) and is featured on the various "Platinum on Black" CD's.

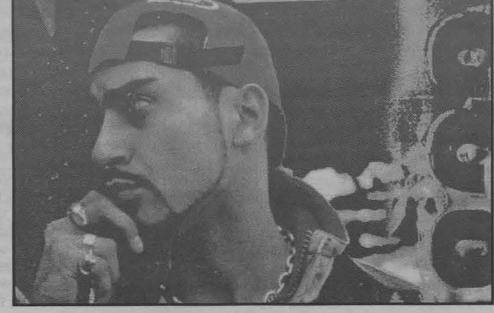
Last week his newest album "The Samplesayer...Enter the Meatmarket" came out. It is surprisingly different from Armand's usual style. This album is more of a hip-hop CD. It delivers a wall-to-wall barrage of block rocking party grooves sure to get everyone off the couch.

A spin-off of "The Funk Phenomena" called "Ultrafunkula" is one of the best songs on the album. It's almost like listening to a Funk Master Flex album. Enter The Meatmarket finds him diving into the world of rap.

This album is intended to be a straight-up party record and is full of samples that others made famous a long time ago.

If you're into hip-hop and like the sounds of Funk
Master Flex you will probably enjoy this album. Although his style has somewhat changed on this latest album, Armand Van Helden is still a house music superstar.

If you like house music and the sound of Armand Van Helden tune into the DJ Jay and Rob show on 88.3FM WQRI Sunday afternoons from 4-6 PM.



Armand Van Helden on his album cover



Lacrosse team looks to the future

With key returners, the Hawks will be a threat

Shaine Murphy
Staff Writer

The Roger Williams
University Lacrosse team,
under the guidance of third
year coach Pat Cooney, is
looking forward to another
solid season. The troupe
finished last year having won
seven out of 13 games, an
exciting improvement over the
1996 season with only a 3-10
record.

"The seniors on the '98 squad have a tight relationship with Coach Cooney because we all came in together," said Paul Gerencser, senior attackman. (Cooney started as the assistant coach four years ago.) "We appreciate the time he has put in and his willingness to listen to us as players."

They finished with a 3-2 record in the Southeast Division, almost obtaining a Pilgrim League play-off spot. But this spot was given to Wheaton College when they beat the Hawks by one point last May right here on the fields of RWU.

"We are looking for some serious revenge this year," explains Ben Redfield, junior midfielder.

Although the team will miss four players who graduated last year, three of whom were key to defense, they have 17 returning players, including the top three scorers from 1997. The bunch is also fortunate enough to be joined by three new transfers who have proved to be key players—Brendan Giblen, Pete

Moran and Steve Venditelli.

This "veteran" group lead by senior captains Paul Gerencser, Even Gould and John Kelly, is stirred up for their first scrimmage on March 7 at MIT.

They have been getting ready at home since January and will continue to practice at Cocoa Beach, Florida during spring break. While staying at an athletic complex down south, they will be playing two regular season games including a tournament against Messiah, Vassar and Hamilton.

Traditionally the group has gone to Maryland or Virginia, but this year they are lucky enough to go to Florida. They are able to do this through fundraising of the Face Off

Dinner that is held in the Bayroom for alumni, parents and players to celebrate the ten year anniversary of the program.

"This gives the team a chance to play together, physically and mentally preparing us for the season ahead," said Marc DeLaurentis, junior midfielder.

The Hawks also feel lucky to be joined again by Ben Redfield from Cohasset, Mass. He is a vital member of the crew having scored a teamhigh of 36 goals and 13 assists last year. Redfield also had seven goals in one game—this is the second highest in the history of RWU Lacrosse.

He has been playing the game for a total of eight years

and was named to the 1997 NEILA Division III All New England Honorable Mention Team. This is an exceptional achievement.

"I am looking to have an even better season this year," said Redfield. "The team looks well rounded and a lot stronger. My goal is to not only help the Hawks win the Commonwealth Coast Conference, but also to be the First Team All New England Player," said Redfield.

Other key players are attackman Evan Gould, who scored over 100 points in two seasons, Brendan MacNamara, who lead the team with 23 assists and face-off specialist John Kelly. This is their final year playing for RWU.

"John Kelly is one of the best face-off men in the league. He dominates and controls the game by winning such a high percentage," explains his fellow-captain Gould.

Not only do they have an explosive offense, but the defense is also looking strong, including seniors Richard Dean and Thomas Stock, along with Drew Biafore, Joe Colangelo, Charles Henderson and Justin Theriault anchored by Ray Butti in goal. Butti is a junior from Armonk, NY and this will be his third year in the net.

"This is the best RWU team that I've ever played on. With our skilled offensive and defensive players, we are like a well oiled machine and will dominate the division," he said.

Last year Butti set a school record for saves in a season (250) and in a game (31). This is his second year being nationally ranked for goal tending in Division III.

"My personal goal this year is to become either an All League or All New England Player," explained Butti. "We all realize how much time and effort Coach Cooney has put into the season and we aren't about to let this competition slip away."

This talented team hopes to see even more support this spring as they have a very good chance of winning the league. Home games are played at the Nike field.



Coach Pat Cooney has a talk with his team

YOU SAID IT

WHAT ARE YOU DOING FOR SPRING BREAK?



Left to right: Todd Karam, Elise Burgess, Laura Zylinski and Reece Pate

Todd - "Going to Buddapest to pursue interest in Buddism."

Elise - "Going home to beautiful Mass."

Laura - "Going to Grandma's in Jersey Shore."

Reece - "Taking a cruise to Tahiti, Bahamas and Barbados."



Left to right: Manuel Orrantia, Rafael Aycinena, Frank Rainier and Rafael Menrique

Manuel & Rafael A. - "Going to NYC and skiing at Mt. Killington."

Frank - "Going to my sweet home in the Dominican Republic!"

Rafael M. - "Going to Orlando."

Hawk's drop 64-50 in conference final

Richard Cabelus Sports Editor

The Men's Basketball team finished off the 1997-1998 season by coming up short in the finals of the Commonwealth Coastal Conference.

The Hawk's lost 64-50 to Wentworth Institute of Technology. The game was close for much of the first half, with the Hawk's only down 25-24 at the half time

However at the start of the second half the momentum took a turn for the worse as Wentworth went on 15-5 run and did not look back.

The Hawk's; however, kept the game respectable as they avoided a blow out and only lost by 14.

With the loss, it could hardly be considered a disappointing season for the program. After all this was the first time the Hawk's had reached the conference finals in eleven years and it has also been eleven years since the Hawk's finished the season with a record above .500.

The Hawk's finished up the regular season with a 13-11 overall record and a 6-7 record within the conference, a record good enough to earn RWU a playoff berth.

On February 24, the



Coach Sienkiewicz heads back to drawing board

Hawk's hosted Anna Maria College at the Paolino Center in the quarterfinals of the Commonwealth Coastal Conference.

The Hawk's stole the show with the win over Anna Maria, 90-64. Advancing to the semifinals two days later, the Hawk's traveled to Colby-Sawyer College and came away with an eleven point victory.

RWU was now on their way to the conference finals to play Wentworth. Wentworth however seemed to have the Hawk's number after defeating RWU twice already this season. Wentworth made it a third time and claimed the league title.

This however is a season to remember. This year the Hawk's displayed solid basketball play. Head Coach Tom Sienkiewicz in his third year at the helm has posted a 30-47 record during his tenure

With the wins increasing and the losses decreasing as the years go by. The team as a whole averaged 74.0 points per game and 35.6 rebounds this season and posted a field goal percentage of 45.1 percent.

These are very impressive numbers with seven of the Hawks' eleven losses being by less than 10 points. With that, RWU could have easily run away with the conference



Greg Driesch under the boards at a home game

championship.

The season is now over and its time for Coach Sienkiewicz and his squad to regroup and go back to the drawing board to prepare for next season.

The team looks to be in good shape for next year as they will only lose one player to graduation. Senior Cory O'Connell (Beacon Falls, CT) who averaged 4.8 points per game and 4.5 rebounds will graduate this year.

Looking ahead to next year, sophomore Liam Carr who led all players this season in scoring with 14.3 points per game looks to be the future of the program.

Carr was recently named to the 1997-1998 All - Conference Second Team of All-Stars. As Liam Carr looks to be the future of the program, the leadership role may fall into the hands of junior Greg Driesch. Driesch contributed 10.1 points per game and led the team in rebounds with 6.2 boards per game.

With the Hawk's posting their best record in eleven years and with the team losing only one player to graduation, they look to be in excellent shape for the 1998-1999

If all goes according to plan and all the pieces fall into place, the conference title could very well find its way back to Bristol next year.

The Hawk's winter sports wrap-up

the outcome of men's & women's b-ball, ice hockey, men's v-ball and wrestling

John W. Curtin Staff Writer

Emotions are running high as another winter sports season comes to a close.

While the men's basketball squad finished up strong, the ice hockey team played its final game for Roger Williams. The women's basketball eam struggled, but never gave

The wrestling team continued to develop into a contender as a number of wrestlers garnered individual honors, and the men's volleyball team continued to show their power.

The men's basketball team enjoyed its finest season in more then ten years, finishing with a 15-12 regular season record. Their season did not end quietly though.

The Hawks went all the way to the Commonwealth Coast Conference finals, a game that the men last played in during the 1986-87 season.

The team beat Anna Maria



College by a 90-64 count and then went on to defeat top speed and nationally ranked Colby-Sawyer College by a 73-62 margin on Colby-Sawyer's home court. That win put the men in the finals where they lost to Wentworth

The team has much to build on and will only lose one senior, Cory O'Connell. One strong building block is Liam Carr who was named to the All-Conference Second Team.

The wrestling team

continued to show its steady improvement this year with strong performances from individual members.

Junior Keith Medeiros continued his strong career for the Hawks by winning his second straight New England title in the 134 pound division.

With his win, Keith qualified to wrestle at the NCAA Division III national championships in Iowa.

Sophomore Pete Doucet also made history this season by setting the record for most wins in a season with 39.

The women's basketball team struggled this year, finishing 2-22 under first year head coach Ray Brown.

Despite the tough year, the team worked very hard and deserve credit for never giving up and always looking to improve.

The team loses seniors Annmarie Moran and Staci Sherman, two players who will be tough to replace.

The men's volleyball team is still playing out their season and are showing that they are a tough team to beat.

They recently won the RWU Invitational Tournament and are gearing up for the EIVA Division III Championships later this month.

The hockey team, playing its last season for the University, struggled this year and finished with a 3-20-0 record, finishing in eighth place in the ECAC Northern Division.

Despite knowing it was their last year, the team had energy and showed heart each time they hit the ice.

