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Hawks' Herald -- March 31, 2006

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Nirschel and "Little Roger" scale Africa's tallest mountain

Sarah Courmoyer
News Editor

"You're stupid. Quit."

President Roy J. Nirschel said that, by day six, he was ready to quit his ascent up Mount Kilimanjaro, but he persisted. In "An Hour With..." on March 23, a monthly initiative to highlight different students who experience different cultures, President Nirschel gave an account of his hike up Mount Kilimanjaro, explaining the difficulties and frustrations but also what he learned on his adventure.

Once a volcano, Mount Kilimanjaro is the highest solitary peak in the world. The hiking trip was expected to take between seven and ten days to reach the peak and return back to the base. Throughout the trip, climbers experience five extreme climates including a savannah, a rainforest, moorland, an alpine desert, and a glacial plateau.

According to the film that persuaded Nirschel to choose the company Tusk Trail, "there are no sure bets; that is the adventure and the challenge."

On the day Nirschel arrived in Tanzania to prepare for his hike to Mount Kilimanjaro, he heard the news that three



Courtesy of President Roy J. Nirschel
President Roy Nirschel holds up six fingers to signify the sixth day in his ascent up Mount Kilimanjaro.

trekkers had died on the same trail he himself would be taking. According to Nirschel, this set the tone for the trip.

The crew consisted of six porters to carry Nirschel's bags and equipment, a

cook, a rescue man and his guide, Tobias. The guide told Nirschel that he had done at least 150 trips before and had never lost anyone.

"You put your fate in their hands.

There is no 9-1-1 to call," Nirschel said. "I had to be self-reliant, and I was putting my life in the hands of Tanzanian guys I had met 15 seconds ago."

Guides and porters make some of the best money in the area. At twelve dollars a day, becoming a guide is something to aim for while porters make five dollars a day.

A typical day began at 6 or 6:30 a.m. when he woke up to eat and get ready to begin walking at around 7 or 7:30 a.m. and ended the day at 4 p.m. Weather varied from 80 degrees during the day to 20 degrees during the night. Once he reached the glacier plateau, Nirschel reported that the weather was approximately 20 below zero.

"I never slept alone. I was always sleeping with a little 400 year old man, Little Roger," Nirschel said.

According to Nirschel, the climate was more than Little Roger could handle because on the trip back down the mountain, Little Roger was decapitated.

At 12,000 feet, Nirschel's crew was in the clouds. "At one point, I said 'wow those are big birds,'" Nirschel said. His guide informed him that they were not birds, but they were jets. Another six thou-

See CLIMB, p.3

"Turn up that Ruckus!"

Zachary Tuozzoli
Herald Staff

On March 17, Roger Williams announced its partnership with Ruckus Music Inc. Ruckus gives students the opportunity to legally download music files and purchase video files. Roger Williams Students can sign up for a free account by entering their RWU email address at www.ruckus.com.

"The really cool part about Ruckus is that the user has the ability to download entire albums," Promotions Director of WQRI Student Radio Jillian Curran said. "It is great to have because there are sometimes when a new CD comes out and I don't feel like paying all the money for it I can download it and try it out for a while. If I like the CD then I would definitely go out and buy it. Downloading is temporary process sort of a trial period."

RWU's administration and Information Technology (IT) were monumental in bringing Ruckus to campus. Chief Information Officer of IT Joe Pangborn believes the new program will kick-start the file sharing evolution.

"We are promoting Ruckus by spreading posters around campus. The whole deal is to get students across a consortium to not pay a fee all while having free songs

to download. So far there are five outlets in the state of Rhode Island who have the ability to house Ruckus. As of now, only Roger Williams and Providence College have rolled out the program to their students."

Ruckus offers approximately 1.5 million licensed songs from major and independent recording labels, including a wide variety of artists and genres. Ruckus also allows users to choose from a wide array of hit Hollywood movies, independent films, and cult classics. Among other video files, students can also download popular TV shows and music videos to their computers for a small fee.

One of the early concerns students have found so far is the renewal phase they must go through in order to keep their songs on the player.

"The way Ruckus works is simple," Pangborn said. "It is legal licensed software, so after 30 days the user will be allowed to renew their subscriptions. Ruckus allows users to share files with their friends who are in the same area as well."

For the most part though the students have been gracious of new toy.

"The thing I don't like is you have to renew your song subscriptions. Other than

See RUCKUS, p.4

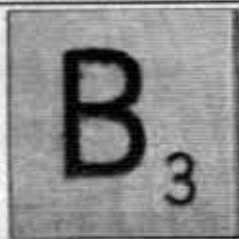


Ruckus, RWU's new free music download website has had 1,500 students sign up and use the program so far. With this program students have access to 1.5 million songs.

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“From Bayside, with Love”

“Memo to James Tackach”

Last semester I promised not to waste another column defending what I choose to write about. I've always known that one person can't please everyone. But more importantly, when I have to waste time addressing the accusations of a hater I'm only writing for myself and that other person. And that's not why I write this column each week. I write it so Joe College Kid has something to laugh at and relate to. It's fun to shed light on the hysterically perverse actions inherent to college campuses (with a little RWU flavor).



Chris Villano
Herald Staff

But after reading James Tackach's letter to the editor last week, I feel there are bigger issues and more important matters to address this week. So unfortunately, the Spring Break pukefest column will have to wait.

Pukefest: that seems like a good place to start. While this might not be something you take part in James, you sure seem pretty good at spewing hate. I can't understand why you chose to write so viciously. I don't know of anyone who responds positively to being attacked. Personally, I respond well to constructive criticism, but there was none to be found in your letter saturated with animosity. You talk about the students, faculty and administration caring about how our University is viewed. But the manner in which you addressed this issue raised a question. What's more important, the way we learn to talk to people we disagree with (via our teachers) or distinguishing between homonyms? I would have to choose the former.

You disagreed with my point about breaking bottles and accused me of looking like “a delinquent pre-adolescent boy” and “an immature punk” pulling “stunts.” For one, you're taking me way too seriously. Normally, I trust that my readers have the ability to discern between my levels of seriousness. But also, don't Jewish people break a glass when they get married and don't people christen a new boat by breaking a bottle of champagne against it? As Dave Chappelle once said “it's a celebration bitches!” Why should breaking a glass on your friend's birthday be any different? This issue also inspired you to question my manhood (and might I add, in quite an arrogant manner, don't ever address me as “son” again). So now it's my turn to ques-

tion yours. Let's swap positions for a moment. You can drink a beer and then throw it against the wall on your friend's birthday. Then I'll berate and publicly aim to embarrass a younger writer with less experience who's half my age. Then we'll exchange stories about our experiences to determine who feels more like a man.

Actually, I'm sorry, I'm going to have to leave out the part where you attack the poor freshman girl who spelled a couple of names wrong. Because technically, since you're a hypocrite and spelled two names wrong in your own accusation, that part doesn't count. Do you realize this girl is only a freshman and is probably terrified to write again because of you? If you want the school paper to improve, stop attacking the people who contribute to it and make it great. You do realize we do this on our own time and receive no credit from the school for our hard work, right?

Before your overwhelming sense of social responsibility kicked in, I know while reading my column you wanted to laugh a little (or maybe even crack a smile). You were a college student one time too weren't you, Jimbo? I know my column evoked some youthful nostalgia locked behind thick glasses and a stern exterior incumbent of crotchety old English teachers.

But I bet you enjoyed every second you spent scouring over my last column, reveling in every grammar error you could find. There's something you need to understand; no one cares but you. You can try to put the blame on the editors all you want, but it won't change anything, no one is resigning. Some people have a problem with Sports Illustrated using the swimsuit issue to help fuel circulation. Is that so different then the *Hawks Herald* publishing my column?

Despite your beliefs, I am no longer in high school, so I don't have time for this catty drama. So if you feel the need to retort, know I won't waste my time responding. I take responsibility for what I write; I'm aware I perpetuate some negative college stereotypes and make them look cool. But no amount of scapegoat scolding by hypocritical professors is going to change these stereotypes. They're true and they're funny, deal with it.

James, my column isn't for you. Last time I checked the front of the paper read “the independent student newspaper at RWU.” Let the students enjoy a guilty pleasure or two. And if you don't like what I write, don't read it.



ASK MEG & ASH

Dear Meg and Ash,

I am a good student who does well on all my projects and papers and in class participation. However, I am a horrible test taker. I always bomb even the smallest quizzes. I panic, my palms sweat and I am an overall mess. This is bringing down my GPA. What can I do to get better grades?

-Terrified of Tests

Dear Terrified,

First off, you must speak to your teachers individually about your problem. Visit them during their office hours and show them your good grades, and then show them your tests. Explain to them the situation. Chances are, they will be sympathetic and will allow you to perhaps do a take home test, or have some extra credit. Also, you may suffer from a form of anxiety. You should speak to a professional about your phobia, and they may be able to give you pointers and even medication to help you relax. You could also speak to faculty at the center for academic development. They could get you in contact with someone who can analyze your problem and can then arrange for you to take tests separately from your class or they may have other options. Good Luck!

MEG & ASH

Dear Meg and Ash,

I'm a senior and I'm starting to have serious anxiety about graduating. My grades are fine and I have a good resume, but I become really emotionally attached to people and I hate change. I feel like I'm going to be a mess at graduation. Any tips?

-Graduating Blues

Dear Self-Conscious,

This is the same fear almost everyone you know is having! All seniors are worrying about what's going to happen once the day graduation comes along. Our best advice? Talk to everyone else. Sit down with them and tell them your fears. You'll probably be glad to hear that everyone else feels the same way. Maybe set up a definite weekend that you and your closest friends can get together within a few months after graduating. Plan something once a month to stay in touch, even if it is just a phone call. Let your friends know how much you're going to miss them and make plans to stay in touch. Try not to worry too much because a very exciting time is coming up for you! Good luck with everything!

MEG & ASH

Meg and Ash are RWU's own personal advice gurus. These experienced advice columnists have contributed to the *Hawks Herald* for over a year and are ready to take on more of your emotional challenges. Write to Meg and Ash at askmeg_ash@hotmail.com.

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Special to the Herald: Ashley Reynolds, Alex Ruggieri, David Hurwitz

Climb: Nirschel climbs to world's highest point

Continued from p.1

sand feet later, they had reached the glacier plateau where the crew slept in a glacier. It was also at this point that Nirschel began to feel increasingly ill.

Throughout the climb, Nirschel described that it was necessary to walk very slowly. Every two or three steps, he had to stop to take a breath especially as he got further up the mountain.

"By day four, I had consumed more dirt than a four year old boy on a playground," Nirschel said.

Health checks were performed each day to make sure he was in good condition. He had to drink six liters of water every day and take anti-altitude medicine. Despite the precautions, throughout the trip, Nirschel experienced delusions.

By day seven, "everything hurt, I couldn't breathe, I was wind burned, sun burned," Nirschel went on to describe delusions that he had on day seven. According to Nirschel, he saw his porters on the side of the road or his mess tent set up by the trail. When he tried to get into the tent, he realized it was a boulder.

"It was an interesting phenomenon: losing your mind and knowing you are losing your mind," Nirschel said. By this point, Nirschel was questioning why he had decided to take on the challenge. "I thought to myself, you are sick. Boy are you stupid for doing this."

That evening, Ernest, the rescue man had to give him a "magic pill" and hook him up to the oxygen machine. "The next morning, I was rearing to go," Nirschel said.

When he finally reached the peak, Nirschel said that it was the "most emotional moment of my life, I'll admit I cried." He got to the top feeling emotionally, physically and spiritually drained. Nirschel thought to himself, "can I love something as much as I hate it?"

Although the route back down was supposed to be one of the most beautiful routes, Nirschel said that he was "sick of beauty at this point."

On the drive back to the hotel, Nirschel spotted a van in front of them that said "What have you done today to prove you're alive?" Nirschel said he just felt "so grateful to be alive."

Because Nirschel had never been to Africa, he was especially interested in the culture of the village which was one-third Christian, one-third Islam and one-third other.

According to Nirschel, some of the villagers would poke at his skin. "The people were great," Nirschel said. He explored the nearby villages conversing with natives and finding out what life was like for them.

As to whether Nirschel would ever again return to the peak of Kilimanjaro, he said he would never go again. "It was a once-in-a-lifetime experience," Nirschel said. "I would recommend it to my enemies and to my friends."

Fun Facts about Mount Kilimanjaro

* Mount Kilimanjaro is also known as Kilima Njaro or "the mountain that glitters" in Swahili

* Highest point is the highest point in Africa: 5,895 meters (19,340 feet) above sea level

* It is the tallest free-standing mountain on the Earth's land surface

* Kilimanjaro is a triple volcano (has three peaks) that last erupted perhaps more than 100,000 years ago but still exudes volcanic gasses.

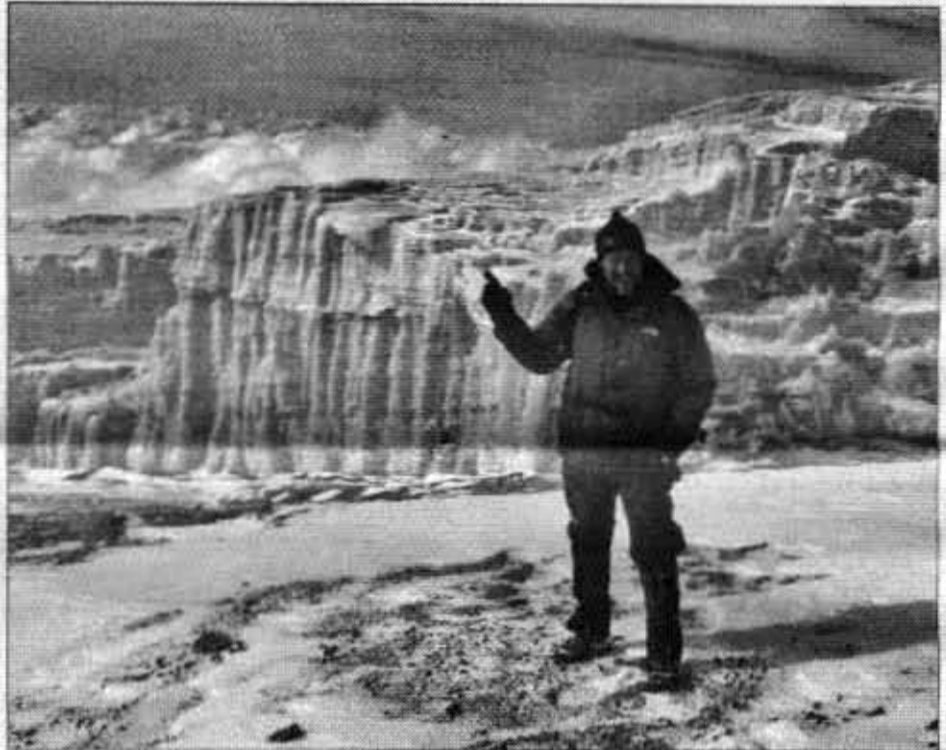
* Approximately 40% of people who set out to reach the peak, turn back before reaching it

* The ice caps on Mount Kilimanjaro are melting



Courtesy of President Roy J. Nirschel

(Above) President Roy J. Nirschel's crew sang "Roy Bamba" to raise everyone's spirits on the arduous journey. (Below) Nirschel points at the glacial plateau behind him. Nirschel spent over a week climbing to the summit of Mount Kilimanjaro over winter break.



Nearly sixty argue at the Socrates Cafe

Should the nation elect the Supreme Court Justices?



www.worldandl.com
Chief Justice John Roberts was one of two Supreme Court justices appointed recently. At a recent Socrates Cafe, students argued whether they should be elected.

Charlie Schipani
Herald Staff

On March 23, the library played host to the revival of Socrates Cafe as the issue of electing Supreme Court Justices came to the table. Hosted by law professor Diana Hassel, and with the attendance of nearly 60 students and faculty members, the heated debates ensued.

Should we the people elect Supreme Court Justices? The question has circulated for much time now, but has only come out into the open recently, with the death of former Chief Justice William Rehnquist, and the retirement of Justice Sandra Day O'Connor. The newly appointed judges (Chief Justice John Roberts and Associate Justice Samuel Alito) have their work cut out for them, but whose responsibility is it to select our justices? Many argued that there is not a point to having a non-elected branch especially because it holds much of the responsibility to protect its governing citizens, while others urged the point that it should be left to congressmen to make that call.

For one thing, it is almost a certainty that justices seldom stakeout a position falling contrary to the people's will. If we put people in power, aware of their beliefs, than those are the results we should expect. The first question asked by Professor Hassel seemed to whip uninterested and apathetic students, into active vocal mem-

bers of the community.

"(The) Supreme Court rarely pushes confrontation with other political branches," Hassel said. "Why don't we just elect them? Does it give the people a better sense of who the justices are if we elect them?"

Almost instantaneously, the room split in half, with those who diverged from the idea of electing justices, to those who felt it was not our duty. One student remarked that, "We should never elect Supreme Court Justices, law is hard." When asked to prove why his argument had any merit he replied by saying, "Leaving it to people who can interpret the law better, by applying scholarship is important." The student's argument, in short, explained that we the people, as a society are in no position to elect our justices; we are devoid of the legal knowledge which necessitates an educated choice. If we choose who governs us we must be prepared to deal with the repercussions.

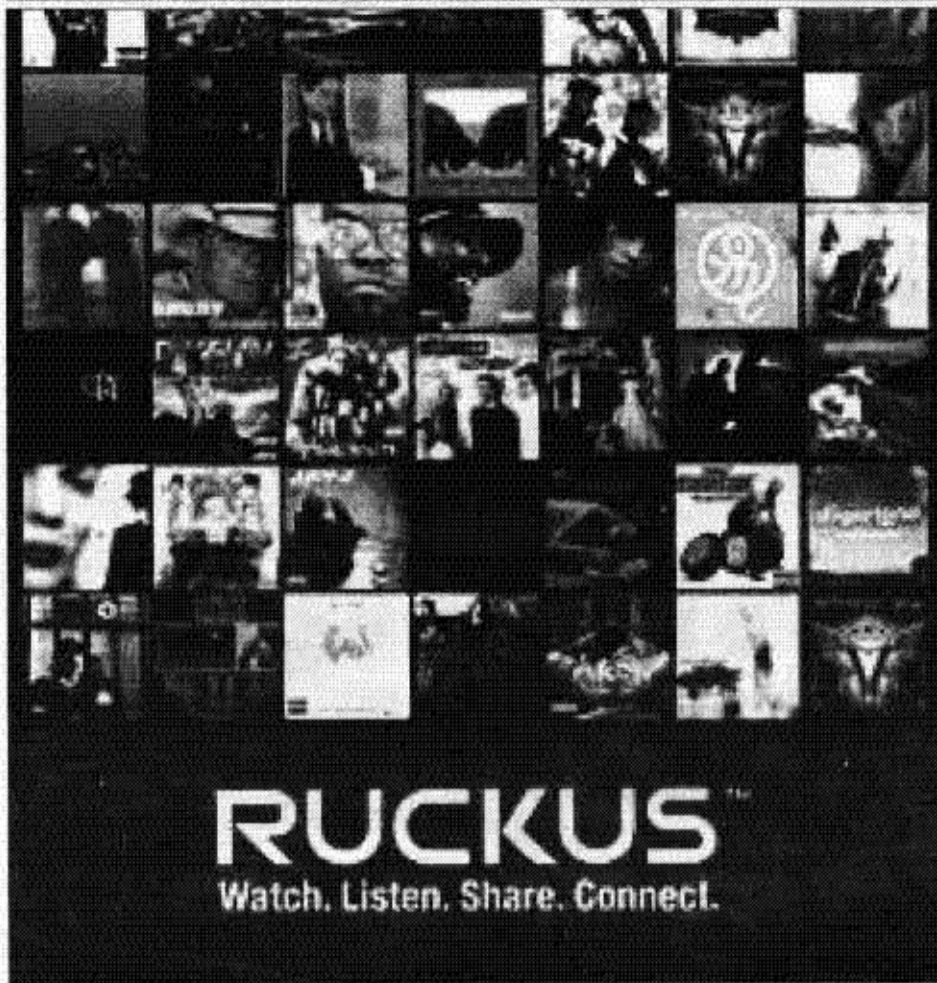
While the debates went back and forth, the talk was fairly similar. "You can't give power to the people," a female student said. Professor Hassel presented another thought provoking question to the table, "Would publicly funded campaigns help?"

Are we as voting members of a society capable of donating money to whom we support? It seems at times that those politi-

cians who have the bigger bank role, or have more support of money hungry tycoons seem to find themselves in a very comfortable spot. The idea that campaigning would be more equal if the people donated money would represent a stronger voice for the community, but that could quickly be negated by the support of the nominee's more than opulent lifestyle-leading friends. So who benefits in the end?

With discussions wrapping up, a final idea reached the Cafe and that was the question of the Senate itself. The people elect members to the Senate which disproves any idea that we are powerless. One female said, "The job of the Senate is represented through the peoples' voice, we are inadvertently electing our justices through the Senate." "Look out for the individual not the majority," another girl said advocating for government to elect our justices.

It is fair to say that this topic will be reviewed, discussed and dissected a thousand times with no fair answer to give. Many feel elections should be left to the more knowledgeable minds of law, while others support the idea for peoples' rights. The arguments are ever lasting, but for the mean time the task will be left to those at Capitol Hill to fairly and evenly measure the decisions for the good of the people to keep our ideals and passions stronger than ever.



Darfur: The long fight

Ashley Reynolds
Special to the Herald

Few know of the mass killing of hundreds of thousands of people in the present genocide occurring in Sudan. Several students hope to change that by increasing awareness in order to raise donations to help the suffering nation. In a conference open to the entire student body to be held on April 27 beginning at 6:30 p.m., the four students of Doctor Katherine Hall's Critical Writing Class will be giving a presentation to educate the audience of current events.

Students Ashley Reynolds, Cherie Sadeli, Courtney Smith, and Alexandra (Ali) Salfity, became aware of the situation when Salfity heard a brief broadcast of Sudan over the BBC. The girls were horrified to learn that an entire race of people was being exterminated by their own government in an eerie similarity to the earlier genocide in Rwanda. Even more to their amazement was the fact that they had not heard about the tragedy at all on the news, despite its 20-year duration.

Since the 1970s their own militant government, the Janjaweed, has selectively slaughtered the non-Arab people of Sudan especially in the Darfur region. Since 2003 over three million people have been affected and every month over 6,000 people die. Refugees have lost their home and over 75 percent of their livestock and are now forced to live in the most direst form of poverty. Worse still women are subjected to rape just to survive while mothers bury their small children who died from starvation. The men who were lucky

enough to survive are permanently crippled with limb loss and other deformities. If nothing is done, these statistics will only increase.

Despite UN involvement and other government interaction, not enough is being accomplished. Due to lack of funds, poor security, and insufficient supplies the refugees are not getting the aid they need.

The four girls help to correct the situation for they believe that if more people were made aware then they would not just be able to sit by and do nothing. They remarked that when they learned of the devastation occurring in Sudan they felt that it would be insufficient to just present it to the class for a grade. Once they were made aware they could not just sit by and do nothing while more and more people died.

As a result, at the presentation on April 27, which will also show a MTV documentary entitled, "Sudan: Translating Genocide," they will be collecting donations which will buy the refugees food, water, livestock, and provide them with education. Any amount that they raise will be matched by Starbucks as well as the company at which Smith's mother is employed. Only \$75 dollars can save someone from starvation or provide a child with education, while \$50 will buy them clean water. With the help of the student body, the girls have the potential to make a difference and show the refugees that they are not forgotten.

TO DONATE CONTACT:
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csmith883@hawks.rwu.edu
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rlboylsliex@yahoo.com

Ruckus: Rockin' Campus

Continued from p.1

that you can't really beat it. I think that the school did this is a really good sign of things to come. Plus, the selection is a definite plus," Chris Sturk said.

So far over 1,500 people across RWU campus have downloaded the file-sharing program. Ruckus Vice President of Campus Sales, Brad Vaughn, believes the Roger Williams partnership is crucial to their success.

"Roger Williams University has been instrumental to bringing Ruckus to the state of Rhode Island. The amount of downloads so far we have seen in the past couple of days from the campus have been terrific. We couldn't have asked for more," Vaughn said.

Ruckus's creation came right out of legend. It started two years ago as two stu-

concern by eliminating the problem over the system.

"We have seen such incredible usage the last couple of days, and I'm sure some people have had some slight problems. We have worked out all the kinks and found that the problems were from high levels of stress. But I'm willing to say that the school won't be seeing any more faults," Vaughn confided.

Ruckus has something for everyone, even those who like to produce their own music or movies. Ruckus allows those students to upload their own short films, and even allows bands to submit their own songs or albums.

"We are currently in talks with technicians to get an automated service up and running. We have already had some small independent labels come to us and give us their music to put it up on the site.

"Today Ruckus serves as so much more. Like a hybrid of Facebook and iTunes, Ruckus allows students access to free music files, but at the same time also allows a student to create their own profile, including contact info and even relationship status. Students can also request friendship from other users who may share similar tastes in music. Additionally, students can write on their friend's walls, and share playlists. However, Ruckus has no poking."

dents from MIT created the file sharing program. Their overall goal was to have the ability to sample and discover as much about new types of music as possible.

Today Ruckus serves as so much more. Like a hybrid of Facebook and iTunes, Ruckus allows students access to free music files, but at the same time also allows a student to create their own profile, including contact info and even relationship status. Students can also request friendship from other users who may share similar tastes in music. Additionally, students can write on their friend's walls and share playlists. However, Ruckus has no poking.

Ruckus has had its fair share of problems with users though. Some students on campus have had a slow time downloading the program, while others have had problems with their computers.

"I personally had trouble with my computer after downloading the program and I think it crashed it a couple of times, but when I finally got it running I really enjoyed it," Sturk said.

But Ruckus officials have quieted the

"We're looking to expand everything while using all our resources," Vaughn said.

As for the downside to Ruckus, the music downloaded to your account cannot be transferred to other musical devices like iPods or other mp3 players, unless you pay the minimal fee. "It (Ruckus) hasn't been that useful to me," said sophomore Danny Choe, "there are a lot of errors downloading songs. It would be an awesome program if it worked efficiently, it just doesn't work."

Ruckus will continue to blast ears all around campus for years to come. Curran feels the school went down the right path on this adventure.

"The university is getting to know the students more. They saw a problem with kids trying to download illegal music and they not only fixed it but they made it easier. You can't beat that."

Pangborn agreed. "So far we have not received any complaints. The instructions are easy, the process was easy, and we thought it was a really fun idea."

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"Senioritis" kicks in as graduation approaches

Tracey Lemle
Features Editor

With spring break over and only a looming seven weeks left until graduation, seniors have begun what is commonly referred to as "senioritis," by ignoring their alarm more frequently, choosing any other activity besides homework, and certainly increasing their social experiences during the week.

"I'm pretty much over all this crap at school. I have no motivation for schoolwork. I mean I have a job lined up, so I just want to get my semester over with and be able to rock," Jeff Lellahi said. "It will be nice to stop doing pointless school work and start earning money on a larger scale, like being salary based."

Seniors each year tend to get this feeling when they are ready for the next step in their lives. Everything begins to lose its importance except for the time spent with friends, knowing that graduation is on its final countdown.

However, professors tend to frown upon "senioritis," as they still have 1/3 of a semester's worth of material to teach.

"Although they sense the finishing line and it's hard not to enjoy it, if they don't complete the work, their grade will suffer," Professor David Moskowitz said. "No work, no grade."

However, the senior class seems to be in complete agreement when it comes to the end of the semester and feeling that all schoolwork has lost its necessity.

Senior Jess Peters has lost her interest

and motivation. "Honestly I feel like I definitely have senioritis. I am more focused on getting a job than on doing my work. I spent last semester trying so hard to get good grades and now that the real world is so close I feel like papers and tests are not as important as getting interviews," she said.

Other seniors express their concern in their sudden change of pace. They claim that it's not a conscience event when

"senioritis" hits, work just becomes impossible to focus on and complete.

But for seniors such as Dave Pond, it is not the work that is bothering him. "It is not a matter of work but going to class that is a waste of my time, time I could be doing work."

Senior Steve Gorel agrees that he is looking forward to graduation and the end of schoolwork, but explains that, "it's not that I don't do my work because I still do

the same amount now that I always have done, now its just I know that this is the end of my educational journey and I'm ready for it to be over."

Not only are all seniors ready to move on, but even student leaders, those have taken on immense responsibilities throughout their four years, are finding work slightly tedious and are ready to leave the nest that RWU has provided.

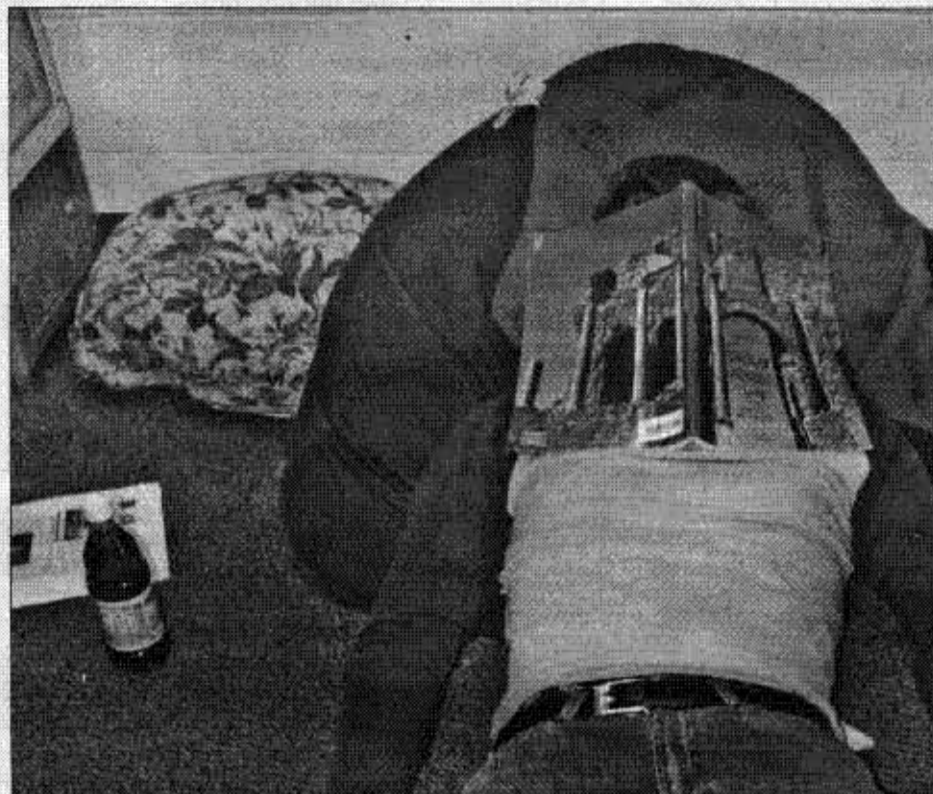
"I go back and forth. I'm sick of homework but I will miss the routine that school gives," Todd Hiller, HRA, scuba team member, stage company participant, Bayside Hall Council leader and theatre major with rehearsals at night, said. "After spring break I was like, 'wow! In three months I'll be graduating,' but I am definitely ready for the next step."

Professors across campus, however, have a different view on senior's abilities post spring break.

"They [the seniors] seem hummed out while they're dealing with the details of graduation, but I haven't seen it [senioritis] yet," Historic Preservation Professor, Phillip Marshall, said. "The seniors are justified and there are ways of dealing with it constructively. Starting in April, I have all of my classes out in the field because after spring break it's the transition period and the students start to lose their focus."

RWU seniors certainly feel justified in their "slump" as graduation is a mere 51 days away.

"I want to know when they didn't start slacking," Moskowitz said. "I mean, it happens on every campus under the sun."



Tracey Lemle

"Senioritis" has hit RWU with lackadaisical students slumping everywhere on campus

Adopted students embrace past and future

Lauren Ciarleglio
Herald Staff

This past summer Kaitlin Curran jumped into the car with her mother and ventured to the Wide Horizons Adoption Agency in Waltham, Massachusetts. At the agency, she was handed a letter that revealed a shocking piece of information. She had originally been named Susanna.

"That was when it really became reality," Curran, a junior Communications major, said.

Although Curran was slightly uncomfortable, she understood her birth mother's reasoning. "The name [Susanna] was just a name that my birth mother could identify with. It was more of a comfort factor."

Curran is among millions of adopted children across the world. Like many, she lives happily with a family that has brought nothing but love to her for 21 years.

Curran's parents always discuss her adoption openly. "It's something that I've always known," Curran says. Although at a young age it was difficult for her to grasp, she never felt as if it were something that shouldn't be talked about.

Ryan Toomey, 21, also a junior, shares her experience as an adopted child. Toomey's mother had never kept her adoption a secret either. "My mom used to say to me, 'You aren't from mommy's belly, you're from mommy's heart,'" she remembers.

Curran has asked questions and researched her biological parents. She discovered that her birth mother, named Beth, is from a strict Irish Catholic background; however, the fact that Curran's adopted parents are also Irish-Catholic is no coincidence. Based on little information available such as occupation, religious background, health issues, and interests, Beth and her family were able to choose which type of family they would want Curran to

have as her own. In fear of disappointing her faithful parents, Beth at age 15, had kept her pregnancy a secret until hours before Curran's birth on January 29, 1985. Kaitlin's biological father, James, was 16 at the time, but was no longer together with Beth.

"My parents literally found out they were going to have a kid the day I was born," Curran recalls.

Curran keeps a gold charm from her biological mother safely in her jewelry box that she received from her adopted parents on her first communion. She jumps up to get it, saying, "The charm is of the Virgin Mary looking down on baby Jesus. My biological mother wanted me to have it so I would know she was always watching over me."

Toomey knows little about her birth parents. She knows that her birth mother was approximately 20 years old. Based on some minor descriptions of her biological parents, Toomey believes that she looks most like her birth mother. Toomey knows that she is part Native American and was born in Atlanta, Ga.

Curran is interested in learning more about her biological parents, but it is not a priority right now. "I think about contacting them, but I am at a stage where I am busy with other things," she said. "I have a lot to look forward to, but it's not something I need to do right now. It can wait." She also understands the repercussions of meeting her biological parents. "I wouldn't be meeting just a mother and a father, I would meet grandparents, uncles, aunts, and possibly even brothers and sisters."

Toomey also temporarily puts aside her desire for meeting her biological parents. "On my birthday I think about my birth parents, but I am busy with my life right now, so maybe when I get older."

Curran thinks that meeting her biological parents would be too much for her to

handle right now. She worries about the possibility that her birth parents would be uninterested in meeting her.

"I worry about the rejection I may get from her," Curran explains. "She could say 'I don't have room in my life for you.'"

Although Curran and Toomey show interest in meeting their biological parents, they assure their moms and dads that they will always be their true parents.

Curran's mother did share a piece of her when she was still a baby. "When I was five months old, my birth mother asked a social worker at the adoption agency if she could see pictures of me. My mom sent them, but we never heard from her [Beth] again."

Toomey's mother feels similarly about her interest in contacting her biological parents but agreed to help her find them if she truly wanted to. "When I first found files containing information on my adoption, she thought I would find my biological parents and would leave her. There is a fear, but deep down she knows," Toomey says.

Although Curran and Toomey are comfortable with their adoption, others have made it difficult for them at times.

Curran often hears that she looks very similar to her adopted parents, due to the fact that they both have Irish blood. People are often shocked when they discover she is adopted, and begin to ask questions.

"A lot of times people will say to me, 'Do you know your real parents?' and I say, 'Yeah, I live with them!'" Curran said. "Whoever raises and loves you are your parents. That's your family."

People are often curious and want to ask Curran questions about her adoption. They often begin their questioning with, "I just don't want to offend you," but Curran just laughs and reassures them that they won't. "I'm adopted and you don't have to worry about offending me. I never thought

I was different, but rather felt that there was something cool about me."

Toomey agrees that her real parents are the ones who raised her. "I am so much like my mother it's disgusting!" she laughed.

Toomey has also had some difficulty fitting in with her family. Her mother's side of the family treats her slightly different.

"They don't consider me blood. There's something there that makes me feel like I stand out," Ryan's father's side, however, is more accepting and comfortable with her being adopted.

Curran and Toomey believe that the common misconceptions about adoption are due to the fact that people avoid talking about it or are simply ignorant to it.

"Some people find it a sensitive topic. People assume biological parents were druggies or too young," Toomey explained.

"Some parents may find the subject uncomfortable. Some may not want to face the other issues that sometimes go along with putting a child up for adoption like sex and teen-pregnancy," Curran added.

Curran and Toomey have considered adopting children of their own in the future. "I would still want to have biological children, but if there was ever a case where I couldn't have my own, I wouldn't hesitate to adopt at all," Curran said.

Toomey realizes that appearance doesn't make a difference when it comes to a family. "I sometimes think I would want a kid to have someone to look like me, but that doesn't matter much."

As adopted children, Toomey and Curran see the beauty in being adopted and in raising children who were previously unable to be cared for.

Says Curran, "I think adoption is the greatest gift a person can give to another person."

RWU's Food Critic: Riccott's: A perfect score for fries & more

Kaitlin Curran
Herald Staff

Riccotti's Sandwich Shop, located on 11 Gooding Ave. in Bristol, is a small family run business established in 1971. There are over 50 varieties of hot and cold sandwiches and it is home to the best spinach, chorizo and broccoli pies around.

This was my first time visiting Riccott's and I had heard good things about it, so I just had to go and see for myself.

It turns out, the rumors are true, Riccott's has the best sandwiches in the area and I can't wait to go back!

When I first walked in, the interior gave me the impression of a small Italian style kitchen with floral table clothes and old wooden counters. The seating area is small, but the booths provide enough room for customers who don't feel like getting

Restaurant Ratings (1-5)
Food: 5
Service: 5
Price: 5

take-out (Just don't bring a party of 50 and expect to seat everyone). The whole atmosphere is super relaxed and there is a small television that provides the necessary entertainment.

On this particular visit, I knew I had to try one of my all-time favorite sandwiches, the Chicken Cutlet Parmigiana. It was fantastic! Hot and crispy breaded chicken and just the right amount of cheese inside an Italian roll. I couldn't eat the sandwich fast enough, it was that good.

If you don't believe me about the sandwich, then go there just for the prices. A small Chicken Parm is \$3.60 and they also have medium and large sized sandwiches. The portions are just enough for

any level of hunger.

After the sandwich was devoured, I happily tasted one of Riccott's famous spinach pies. I can see why they're famous because I enjoyed it immensely (and I don't usually like spinach). The bread was thin like a pita and wasn't overstuffed. I'm not sure what their secret is, but it could be the pepperoni slices mixed in with the spinach.

Aside from their large assortment of sandwiches, Riccott's also offers salads, six varieties of 10-inch pizza, king sized hot dogs and much more.

Of course, I had to sample the french fries since they are my favorite food that this planet has to offer. I can happily say, they were delicious and just the way I like them: hot, fresh, crispy, and covered in ketchup.

I also sampled the mozzarella cheese sticks, which were good despite the mari-

nara sauce, which had a funky taste. It was one of those tastes that's not bad, but not good either. Don't let that hold you back from ordering them, however, because they were worth \$2.25.

Riccotti's also has vegetarian friendly sandwiches, including the Vegetarian Special: Sweet peppers, mushrooms, onions, lettuce, tomato, pickles, hot peppers, melted American cheese and provolone cheese.

Overall, I highly suggest making Riccott's a part of your next dinner arrangement. It'll be the best gift you ever give to your stomach.

Do you have a restaurant that we should review? Email your suggestions to...

hawksherald@gmail.com



Timothy Mannion



Timothy Mannion

Breaking new ground, spring break style

Courtney Nugent
Herald Staff

When most students think of spring break, what comes to their minds are ideas of drinking excessively, lounging in the sun and spending time with friends like a scene out of an MTV beach house special. Although two groups from RWU were able to experience their spring breaks in the sun and with their friends, they were doing this for an extremely important organization.

Members from the Intersarsity Christian Fellowship spent their spring break building houses for Habitat for Humanity in Daytona Beach, Florida, while members from the Alternative Spring Break club traveled to Sumter, South Carolina for the Habitat for Humanity Collegiate Challenge.

Although many students may not know what Alternative Spring Break entails, the students who partake in the event have nothing but good things to say about it.

"Alternative Spring Break is exactly what it says," said senior Steve Laliberte. "It's an alternative to doing what college students usually do for their Spring Breaks like going to the beach or partying. I actually wanted to do something productive with my spring break and in this case, I used my time for community service."

During their time in Sumter, the members of Alternative Spring Break worked on building Jerry and Mary Tennant's new 3-bedroom home.

"While we were there we did a number of construction and landscaping jobs such as electrical wiring, gardening in neighboring yards," said Alternative Spring Break president and senior Julie Patryn. "We also put up a whole roof complete with shingles, and we also started some of

the vinyl siding work."

Many of the students who joined in this trip expressed a great deal of satisfaction in their hard work and dedication.

"We picked up building where Villanova University left off," said freshman Dominic Lombardi. "On this trip we actually helped build a house for a deserving family."

Sophomore and vice president Ashley Hill shared these same feelings.

"I cannot begin to explain the feeling you get from going on a trip like this," said Hill. "We all came home and were like, 'Oh my God, we just built a house!'"

Not only did the students share in an amazing community service opportunity while in Sumter, but they also left the program with newly formed friendships.

"I did ASB not only for the sense of accomplishment that you receive when you are building a house," said Hill. "I also did it for the people and the friendships that I made. Walking into this week you may not know anyone on the trip but you walk out with best friends."

In order to get to Sumter, the members of Alternative Spring Break did a great deal of fundraising.

"We did three main fundraisers for our trip," said sophomore Samantha Hurd. "The first one, Build a Brick, is a fund raiser that allows all of the students on campus to help out by buying a 'road brick' that costs one to five dollars. Every brick that was bought essentially helped to build the road to Sumter, South Carolina. The second fundraiser that we did was a meal sign away- it was a deal that we worked out with the dining hall staff. When students signed their meals away, we got a certain amount of money. This year we asked that students signed their meals away during one of the days of the long weekends. The last fundraiser that we did was writing letters home. Each ASB member wrote 3 letters to either family members or friends asking for support."

The members of ASB also received funding from other organizations on campus. "We got funding from Student Senate, IRHA, the Kelly Fund," said Patryn. "We

also got support from the Intercultural Center this year through the use of one of their vans."

Much like the members of ASB, those involved in the IVCF trip to Daytona Beach shared a similar experience.

"It is a unique experience, especially for someone like me who has done almost nothing with power tools in my life," said junior Kristina Ventre. "The site managers show you how it is done and then you are on your own. It is a good bonding experience too. Even if you go with friends it brings you closer because you are doing something for people who really need it."

Even though spring break has passed and the trips have both come and gone, students are still encouraged to look into local Habitat for Humanity experiences.

"I just think that these programs are something that everyone should try at some point," said Hurd. "If you don't have time to go during spring break, then stop by a local Habitat group on the weekend. I already got in touch with the local group in my hometown and plan on helping."



Courtesy of Julie Patryn

Advisor Miriam Krueger, Julie Patryn, Ashley Hill, Shauna Campbell, Lisa Gagliardi, Jon Archbald, Lauren Nickel, Brian Fontaine, Caitlin Frunerie, Emma Breitenstein, Jessie Stein, Sam Hurd, Dom Lombardi, Amanda Agosta, Steve Laliberte, Bobbi-Lynn Anderson, Gina Bruno, Ed Reiss, Kady Marino

The adventures of Spring Break ... on a bus

Rania Aghia
Herald Staff

Many spring breakers book their hotel and airplane tickets, I on the other hand booked my hotel and bus ticket to Miami.

Yes, I did say bus ticket. Not many people think of taking the bus to keep the cost of spring break low.

My friends Nellie, Danielle (both RWU students) and I started talking about spring break back in November, but being last minute girls we did not decide that we were actually going until two weeks before. So of course, plane tickets were around \$350. Train tickets were about \$500, but the bus tickets were only \$178 round-trip. To save some money, we decided to be brave and take the bus: one day and 15 hours to get to Miami.

The bus left Kennedy Plaza in Providence at 3:30 a.m. Thursday. Luckily, not many people take the bus that early in the morning, so we each sat in our own seat and fell asleep until we got into New York. In New York, we boarded the connecting bus, I sat with Danielle, and Nellie sat with another spring breaker, Wayne.

Who would have thought a bus ride would be so entertaining. This tall man with huge gold rings and a gold cross necklace insisted on sitting alone the whole ride.

Every time someone asked to sit next to him, he would look back and say, "there is an empty seat back there." He had to have done this to at least 20 people. Finally, the bus got full, and the driver walked back and told him that he had to let someone sit next to him because it was sold out. He was not too happy with that.

Most of the people on the bus fell

asleep. We decided to talk because we did not feel like sleeping. We were not being loud, I would admit we can be loud, but this time we were not. All of the sudden we heard someone clapping, we looked at the man he was clapping at us, then went ssshhh. We were in shock. Who claps at someone to get their attention, treating us like dogs? We were quiet for a few seconds from shock, but then burst out laughing. This woman next to us said we should be quiet and not disturb him, but we kept talking. He didn't bother us anymore, thankfully.

We stopped in North Carolina and went inside the station. Connected to the chairs were small televisions. There was a slot to put a quarter in as if it were an arcade game. But they did not work. It was fascinating to see some of the old attractions still intact in the stations. I guess earlier when buses were popular, people stopped and watched TV while waiting for the next bus.

We finally arrived in Orlando on Friday around noon. We had to switch buses, but we were a little late because the driver decided he was hungry and stopped to get food. We waited in line to get onto the next bus but it was filled before we could get on. There were about 15 people left in line to board the bus. We were told that another bus was called to bring us.

Apparently, they overbook the buses because not everyone shows up at the scheduled time. Little did we know that the next bus that was coming was at 3:15 p.m. We were so mad because they told us that they were sending one before the scheduled bus. It would not have mattered to us except that we were so close to Miami. After waiting three hours, we finally

boarded the bus to Miami.

I guess there is a reason for why things happen the way they do. If we were not delayed, we would not have met the energetic 5-year-old Kerena. Kerena and her brother were heading to Miami to visit their grandmother for spring break. Kerena with her light up high-heeled shoes sat in front of us entertaining us until she fell asleep. Little children are very friendly and love to tell strangers everything. We learned about her 15-year-old brother and how he had a girlfriend at school and how he only pretends to care about her and how she can count to 100.

We finally arrived in Miami all excited. There are three Greyhound stops in Miami. The first one was Kerena's, the last one ours. We went off the bus, said our goodbyes to Kerena, and realized we would never see her again.

We thought the bus ride there was interesting, but the ride home topped it. (Danielle took a plane home; Nellie and I took the bus.)

Between the two of us, we had 20 dollars left. Luckily, we slept most of the way home so we were not hungry or thirsty. We survived on chips until we arrived in New York, where we got what seemed to be the best meal of our life. Even with no money, we enjoyed the trip home.

About fifteen minutes outside of Orlando, we spotted this man on a motorcycle flagging down the bus. One of the luggage cabinets was not shut properly and one bag had flown out. Instead of turning around and picking it up, the driver said most likely someone would pick it up and call Greyhound.

We all started to freak out. No one knew whose luggage it was, all I kept

thinking it was mine and that I had lost everything. We got to the next stop somewhere in Georgia, all the passengers went to the side of the bus all wanting to look and see whose baggage it was. The security men were being rude and would not let anyone look; they said we would have to wait until we were at our next connecting bus to see if it was our luggage. Back on the bus, I had nightmares the whole night about my bag flying off the bus and all my clothes flying everywhere.

Outside Savannah, Georgia, 10 p.m., a man two seats behind us began screaming, we thought he was on the phone. The man screams, pointing to the people in front of us, 'Not 1, not 2, not 3,' continuing until he reached 10.

By this time, everyone was aggravated with him and realized that he was drunk. They yelled at him to shut up, but he just got louder. He was getting louder. He leaned over to the people in front of him and started to pinch an old man. At that point, all the men around us started to yell at him and threatened him.

He let go of the old man, started yelling again, when the woman in front of us started to scream, shut up, and threatened him to quiet down or he would have to deal with her. He quieted down, and when we stopped in Savannah, he practically ran off the bus. That was the last we saw of him.

We finally made it to New York. The drive from New York should have only taken us approximately four hours but all the stops made it seven hours. It felt good to see Providence, except when we got off the bus into the freezing cold weather.

Taking a bus somewhere is not that bad, it is like flying but only longer.

Couple of the Moment: Jeff Sudman and Lucy Devens

Reporting by Elizabeth Liederman

Interview With Jeff:

What Jeff had to say...

1. When and how did you and Lucy first meet?

We met in September 2004 in Willow Building.

2. What were your initial thoughts about her after you met?

She was really fun and had a great personality.

3. How long have you been together?

A year and a half.

4. What would you say is the cutest thing about her?

Her smile.

5. What is the nicest or most memorable thing you've done for her?

We went to Cape Cod for her birthday weekend.

6. Do you guys have any plans for summer?

Not as of yet, but hopefully hit up the West Coast.

7. If you could pick one word to describe your relationship with Lucy, what would it be?

Perfect. We couldn't be a better match.

Interview With Lucy:

What Lucy had to say...

1. When and how did you first meet Jeff?

Jeff and I lived in the same building in Willow freshman year. We really just clicked when we met.

2. Were you immediately attracted to him?

Definitely!

3. What is the most appealing thing to you about Jeff?

I can only pick one?! I love how considerate he is, how he can always pick me up when I'm upset, just how he makes me feel when I'm around him. He is just an overall great person!

4. What is the sweetest or most memorable thing he's ever done for you?

I had never been to the Cape before and I had always wanted to go. Jeff took me there for three days to celebrate my birthday. It was so sweet for him to plan the whole thing out and spoil me for the weekend!

5. What is the nicest thing you've ever done for him?

We do a lot of things for each other, so it's hard to choose one. I'll bake him cookies or I'll go out and bring him back little presents. I do a lot of stuff like that for him.

6. Have you guys taken any memorable trips together?

Other than Cape Cod, we have been on one other vacation. We went to South Beach last year for spring break with two other people. Our six-month anniversary was in the middle of spring break last year so we got to spend it in Florida.

7. If you could pick one celebrity couple that reminds you of you and Jeff, who would they be and why?

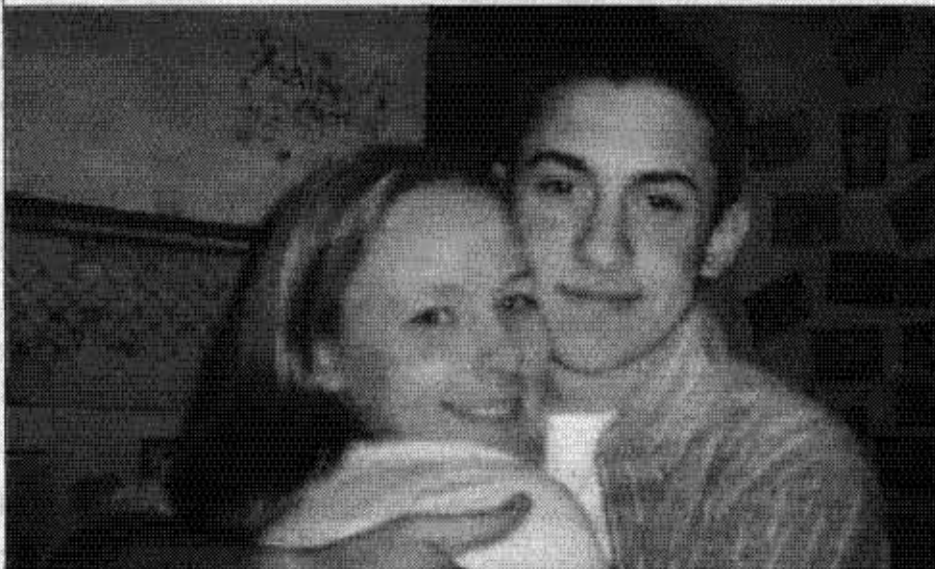
Oh man... I think most celebrity couples suck and the few couples that do seem to work well together end up breaking up! I'm not gonna jinx us!



Do you know a couple that should be the next
Couple of the Moment?

E-mail us:

hawksherald@gmail.com



Pick Your Poison on WQRI

Dave Hurwitz
Special to the Herald

A new sensation has taken the students of RWU by storm; and all it takes to get there is the turn of a radio dial. The radio program called *Pick Your Poison* has captivated audiences across campus and neighboring areas with its perfect blend of blues, classic rock, reggae, alternative rock, and engaging talk segments.

The show, which can be heard on WQRI (88.3 FM) on Tuesday nights from 8 to 10 p.m., often features bizarre callers and interesting plot twists. And, students cannot get enough of this new phenomenon. "*Pick Your Poison* is more than just a radio show ... It's a revolution, and it's coming for you whether you are willing to accept it or not," said a fan of the show, Emerson Goodman.

The show's off beat topics have included: a contest in which the winner received a co-host's kidney, a hostage negotiation involving rare Brazilian monkeys and several protests related to the Domino's Corporation. Who is the person behind all of this lunacy? He is reclusive a man who is known only by the name, DJ E.Z. D. (a reference to the late poet Easy E).

"*Pick Your Poison* is the elephant in the room that nobody wants to acknowledge," said E.Z. D.

"But let me tell you people in the quote unquote establishment something... *Pick Your Poison* is coming for you, it's

coming for everything that you believe in and before you know it, it will transform the way we think, feel, and even the way you sleep. You don't believe me? Go ahead... call my bluff... I dare you..."

Is the show worth all of the hype it seems to be mustering across the campus of about 3,000 students? Some aren't so sure. "The guy [E.Z. D.] is a lunatic, in all honesty he should seek professional help."



Timothy Mannion

said one listener who chose to remain anonymous. "Sure [*Pick Your Poison*] it's entertaining, there's no denying that, but I'm just worried about the overall message it sends to our children, why won't anybody think of the children?"

While the public is split on the overall message of *Pick Your Poison* one thing garners little debate; the show's entertainment value. The staff of the show, which includes co-hosts, DJ Crazy Eddie and Tie-Tac along with E.Z. D., dig up the most outrageous and compelling news stories of the week and proceed to have discussions

about them. It was one of the first shows to discuss the Dick Cheney shooting ad nauseam.

While the news is an important aspect of the show, the reason for the show's success is the variety and quality of the music. "It's the music man, you gotta love the music ... If the music were a woman I would make love to it!" said E.Z. D., who also stresses audience participation. "I am

a man of the people! I not only encourage my audience to call in ... I beg them! The audience is the lifeblood of this show... Their blood flows through proverbial the body of the show."

Love it or hate it, *Pick Your Poison* has struck a nerve with the students across the RWU campus.

The show brings an unparalleled surge of entertainment to a campus that had been in desperate need of one. E.Z. D. delivers a powerful dose of poison every Tuesday night and leaves his audience asking for a second helping.

Show of the Week:

The Sunday Breakdance

Alex and Angie

Do you think you're cool? If so, you should probably listen to *The Sunday Breakdance* from 7-9. Hand-crafted and brewed ice cold. *The Sunday Breakdance* combines the latest and greatest in indie, dance, alternative, Prince, and Phil Collins. Alex's mom says "Who picks the music? Quite eclectic. Not enough Rap though."

Favorite Albums:

1. Alkaline Trio - Goddamnit! (One of the albums that really started to get me into music).
2. Junior Senior - D-D-Don't Don't Stop The Beat (Junior Senior makes me jealous of Danish people).
3. Pretty Girls Make Graves - Good Health (Probably the best band I've seen live, and an amazing album).

-Feel free to recommend nominations for Show of the Week by listening to WQRI and giving us a call at 1-401-253-WQRI! -There is also a program guide circulating for more information. -One last thing, WQRI often interviews local and upcoming artists such as Michael Young interviewed by our own Alex and Angie, so keep listening!!

Dabble in Scrabble

Alex Ruggeri
Special to the Herald

For one night at least, pong was not the most popular board game campus.

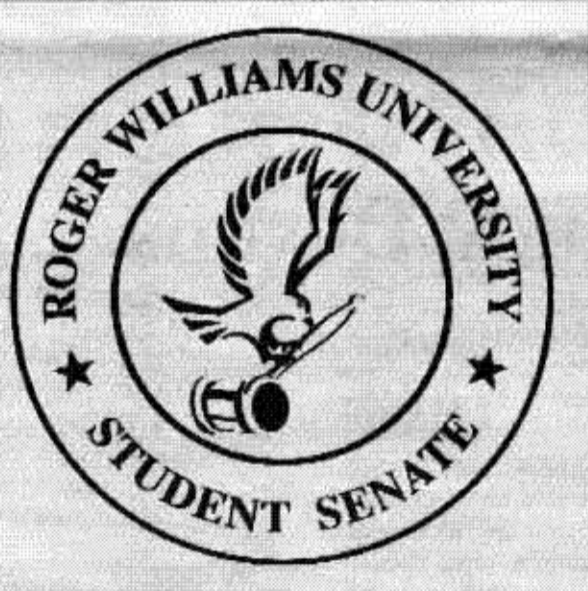
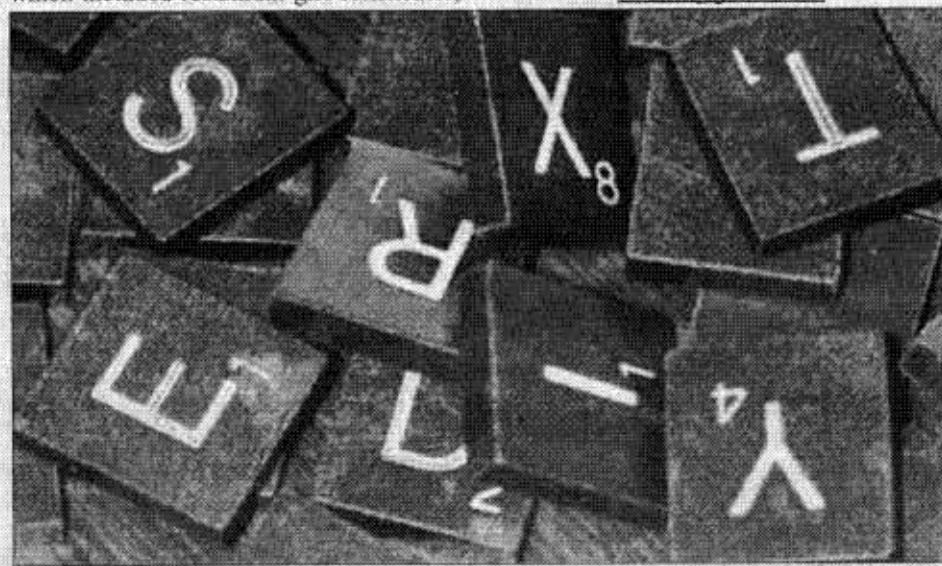
On March 8, the staff of Roger Williams' on-campus literary magazine, *Accepted With Extreme Prejudice*, hosted a Scrabble Tournament in The Other Place. This event was held to raise funds for the burgeoning club's publishing efforts and to extend a fun yet cerebral gaming night for the university community. The entrance fee was five dollars, and although the event was advertised across campus, most of the participants were magazine staffers. Once the players had arrived and received a number, several rounds of heated competition ensued. Some exercised their formidable vocabularies and impressive use of the board, but the highest scorers were the ones who used more obscure *Scrabble* tactics to form several words even with just two tiles (*te*, for example, is an acceptable word among many others—look it up). The night was rife with hearty competition and intellectual vigor.

Of course, no tournament would be complete without prizes. The highest scorers picked first from a cornucopia of stuff, which included restaurant gift certificates,

novels, music CDs, computer games, and a *Scrabble* board. By the end of seven 10-minute rounds, everyone left with at least two gifts and a sense of accomplishment.

The night's efforts yielded \$60, a sum that doesn't seem too impressive, but one that the *Accepted with Extreme Prejudice* staff regards as a symbolic step in reaching out to the university. This group is devoted to voicing art on campus. The dedicated staff has already published two issues of their magazine that includes diverse subject material, and they are still refining the magazine's design. A spring issue will be available soon in CAS, the library and other locations. *Accepted with Extreme Prejudice* accepts any submissions, but they do not publish everything—they look for depth, quality and ingenuity and this isn't high school, folks. Through their collective efforts in publishing the student body's art, they hope to inspire and bolster creativity, while having fun along the way. They invite people to join their staff to assist with the duties of editing and publishing. Meetings are held on the first floor of the library on Thursdays at 5:30 for those who are interested. They encourage and want anyone to submit their work to the staff directly or to:

rwu.lif@gmail.com



RWU Student Senate

Meetings

Monday 6:30 pm
Student Senate Chambers
Upper Level, Rec Center

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THIS WEEK'S WEATHER:
Courtesy of www.weather.com

Saturday:	Sunday:	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
T-Showers 61/44	Sunny 58/42	P. Cloudy 52/44	Showers 53/36	Sunny 51/36	Sunny 48/36	Showers 50/39

TIM'S FUN CORNER

Across

- Deck member
- Moored about
- Trade
- Swear
- Paradigm
- Robe
- Suspicion
- Fetid
- Idols
- Degrees
- Sleep sounds
- Give way
- Font style, for short
- Affirmative
- Ginger
- Forest
- Anger
- A Judd
- Guns the motor
- Slipper, for short
- Drop out
- Novelist Loos
- Actress Arthur
- Ill-natured
- de mer
- Guevara
- Walking stick
- Ringo, for one
- Cowboy exultations
- Once popular songs
- Flare-up, emotionally
- Pinch or locomotive garage
- Designer Chanel
- of Green Gables
- Embark
- Despot
- Fewer
- Squalid

Down

- Bivouacs
- Characteristic of birds
- Rocket type
- Most gloomy
- Silver wattle
- Asian country
- Paralysis
- Pride
- L.A. athlete
- Violin name, for short
- Dried-up
- Cherry, for one
- Malaria
- Blow over
- Acrylic
- Acquires
- Emetic
- Supple
- Decant
- Actor Jennings
- Shame
- Streetcar
- Rockfish
- Malevolent
- Seafood
- Conduits
- Emoted
- Prig
- Chops up, as potatoes
- Major thoroughfare
- Trig. functions
- Path
- Notched
- Wilde, for one
- Salt away
- Viva voce
- Only
- Harasses for payment
- Expended
- Singleton

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Last week's solutions

3	7	8	5	2	4	1	6	9
9	2	6	1	3	7	5	4	8
5	1	4	6	8	9	3	7	2
8	6	3	2	7	5	4	9	1
7	9	1	4	6	8	2	3	5
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2	3	7	8	4	1	9	5	6
6	8	5	3	9	2	7	1	4
1	4	9	7	5	6	8	2	3

G	E	A	R	A	S	K	T	A	C	I	T
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What Steve Perceives: Tell everyone your "Dirty Little Secret"

Steve Annear
Herald Staff

Think of all the things you've ever bottled up inside. All the secrets you have wanted to tell your friends or family, but couldn't because they were so explicit or personal.

Maybe you've stolen money from a friend. Perhaps something worse, like you've lied to someone you love or cheated on your significant other. Anything is permissible. Think about how those secrets have burned inside you for so long.

Think about how you've wanted to tell someone, anyone, but you couldn't because it would ruin a friendship or rela-

tionship. Pry that monkey off your back for good. Get the secret out there. Tell the world but remain anonymous, with the help of PostSecret.com.

PostSecret.com is a website that allows you to be creative while letting out your most embarrassing, heartbreaking, or deceitful secrets.

Participants create a postcard with whatever graphics they like, and on the postcard reveal their secrets, but never have to put their name on the card. This allows people all over the world to share and compare secrets while never having to deal with the agonizing troubles of being identified and confronted.

Just one year after it was posted as a

local blog project by creator Frank Warren, PostSecret has become an instant hit on the Internet. It combines the old school with the new school, incorporating both the traditional "snail mail" process along with the world wide web.

Just this past winter PostSecret even was able to publish a book that was full of America's favorite postcards that had been sent in.

From the humorous to the depressing all the way to the shocking, each postcard marks the secret of a faceless contributor and can be seen in the colorful and wonderful pages of the book.

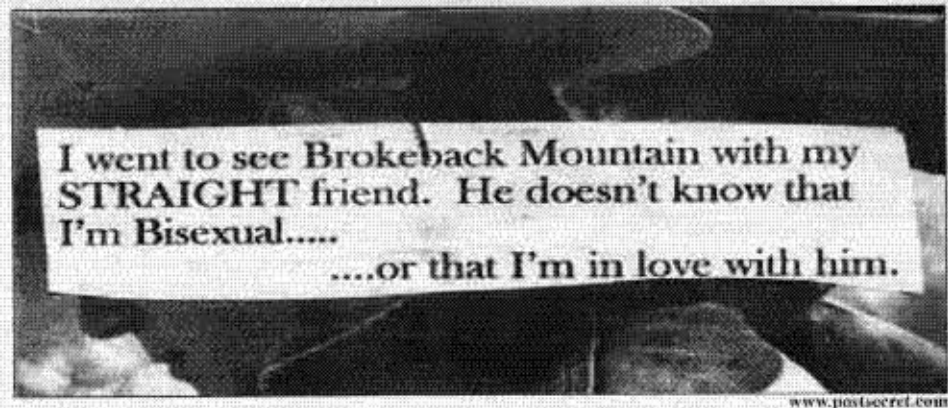
Not only has it hit the bookshelves, and topped the blogosphere records by

becoming the third most-looked-at blog on the Internet, but the pop band The All American Rejects even featured clips of people's postcards in their music video on MTV, "Dirty Little Secret."

Having secrets is part of being human. But no longer do you have to make those "pinky-promises" with friends and worry that the secret may get revealed.

Go ahead, check out the website. Be creative with your artwork and don't hold back any feelings. There is no guarantee that you will see your postcard on the website right away, but the feeling of letting go of that emotional burden will surely cure your blues.

Everyone has a secret. What's yours?



Winter Recap: Wrestling 20th at Nationals

Jim Dugan
Herald Staff

At the beginning of this year's wrestling season, expectations were not extremely high. The team had only one senior and consisted mainly of freshmen and sophomores. To say that this team was a pleasant surprise is like saying Red Sox fans are slightly annoyed by Derek Jeter. There are not many bigger understatement.

The wrestling team finished the sea-

son at 14-6-1, capping the year with a 20th Place at nationals. They also finished second in the Pilgrim League and third at the New England Division III Championships. On paper the squad looked like it was in a rebuilding year, but it turned out to be one of their strongest years in history. As coach Dave Kemmy said, "That's why they do things on the mats and not on paper."

This exceeding of expectations can especially be seen in junior Andy Lacroix, who finished third at nationals in his weight class.

Lacroix went into nationals unseeded and had to defeat the fourth, fifth, and eighth seeds to finish where he did. His only loss came to the eventual champion in the event. The third place finish is tied for the highest in school history.

Freshman Zack Weinrich and sophomore Anthony Nicolichia also surprised the competition by having fantastic performances, finishing one round away from All-American honors. Nicolichia was not even originally supposed to be at nationals and only made the competition when

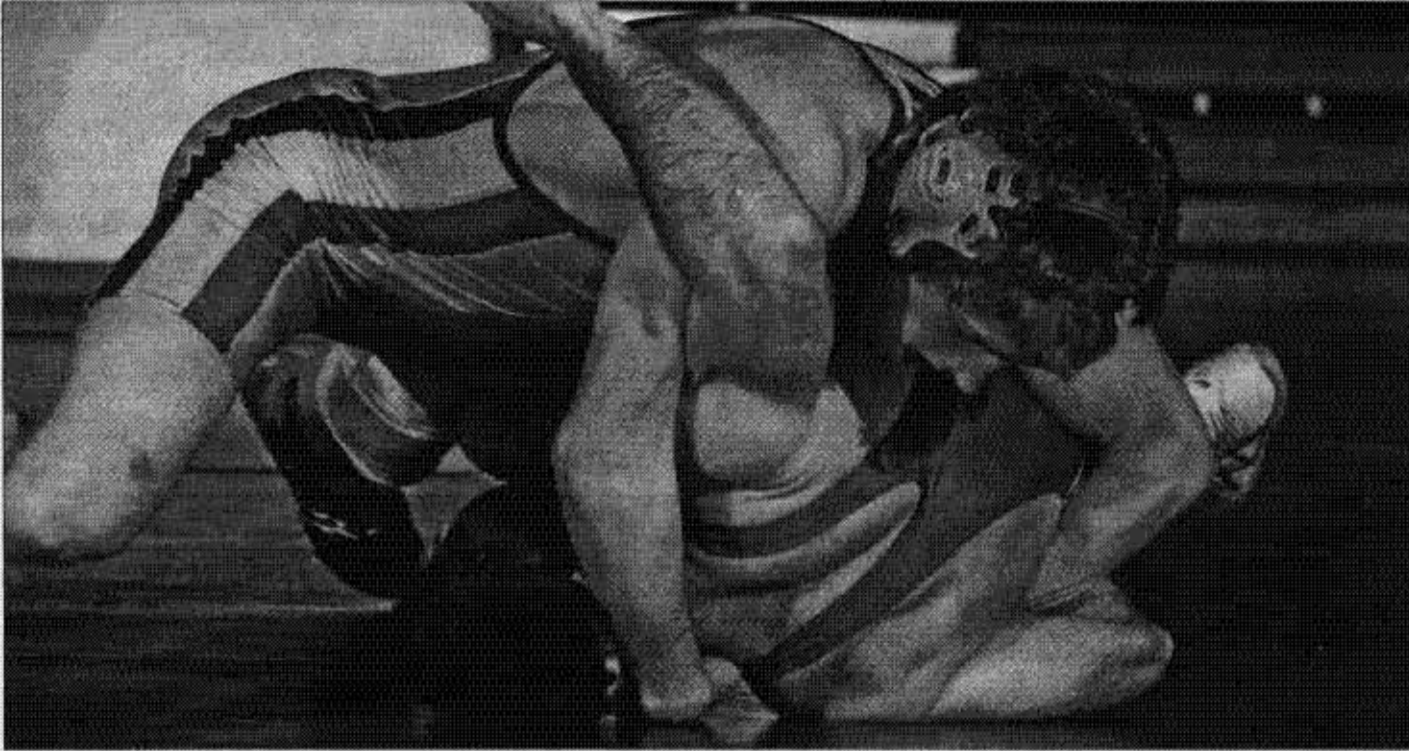
another wrestler was injured.

With the team having five freshmen starters for the entire year, it is obvious that a lot of credit has to be given to coach Kemmy for being able to get them ready so fast. Kemmy, who has been coaching at RWU for 12 years, has always been extremely successful. This season was the team's 10th straight winning season, and coach Kemmy received his 300th win of his career. He was also honored by the National Wrestling Coaches Association for 25 years of service.

Always humble, Kemmy was quick to point out that "It just means I'm getting old." In reality, though, Roger Williams is lucky to have such a prestigious coach. Kemmy is even the current chairman for the NCAA D-III Wrestling Committee, meaning he's both knowledgeable and respected throughout the entire country.

Through all the success on mats, the one thing that is definitely not surprising is the success academically. Last year the team had the 21st-highest GPA nationally. C.J. McCormack helped the team continue the trend this year by being named to the NCAA Division-III Wrestling Coaches Association Academic All-American Team. The wrestling team was the first to use progress reports to keep up on academics, and the program's commitment to education shows.

Next year the wrestling team looks to get even stronger. They will return with all 10 of their starters from this year and more confidence and experience. And with the great coaching that Kemmy brings to the team, they are sure to have an excellent year ahead.



Courtesy of RWU Athletics

Andy Lacroix finished third at Nationals this season, the highest finisher for an RWU competitor in the history of the university.

Sports, My Way: Ten burning questions

Christopher Parish
Sports Editor

I feel like this paper has some serious animosity in it this week. Students hating on teachers, teachers hating on students, heated debates at the Socrates Café. The tragedies in Darfur. A bunch of seniors (myself included) who have completely succumbed to senioritis. And poor Little Roger, who met his untimely demise on the tallest mountain in the world. So I thought I'd lighten the mood with my ten burning questions in the entire sports world, in reverse order:

10. Where the (expletive) is George Mason?

Apparently it's in Virginia somewhere. But that's not really the point. Remember that there were heated debates the day before the tournament about whether or not George Mason deserved to be in the tournament because their leading scorer would miss their first round game due to a suspension. Personally, I think that's a bad reason to leave a team out — their judgement is based on how they did throughout the season, not how they'll fare in the tourney without their best player. Part of me thinks that their Final Four berth is sweet justice. And part of me thinks it's not so sweet because my bracket is ruined. Although I did pick them over Michigan State.

9. What's with all these Red Sox fights?

This could be the most awesome season ever. The Sox got into two heated disputes during Spring Training. SPRING TRAINING! And they just avoided a third. Plus, nobody knows when David Wells is finally going to just snap and pull out an Uzi. Somebody check for me — what's the over/under on Wells and Francona settling a dispute to the death before the end of the season?

8. Paul Dana was killed in an IRL



crash?

I watched this crash last Sunday and literally turned and said to a friend, "It's amazing how their cars get demolished in these wrecks and people just jump out, unharmed." Negative points to me for speaking too soon. A tragedy if there ever was one that sadly hasn't gotten the press that Dale Earnhardt got five years ago. If it wasn't for Danica Patrick, most of us wouldn't even know what the IRL was.

7. Can we prove Bonds guilty already?

We all know he did it. Baseball knows he did it. Can we come to some sort of resolution now before he breaks Babe Ruth's mark? The man is a racist, brash, abrasive cowardly, sorry excuse for a human being, which makes me not care what kind of baseball player he is.

6. Can't there be some sort of wardrobe rule?

About 10 minutes before I started this column, a girl walked by me with a Red Sox shirt and a Yankees hat on. This is not legal. It can't be. I probably wouldn't have been as angry if she had worn the shirt one day and the hat another. Then she's just confused. But both? It's almost as if she walked by with the sole purpose of my patronization. And damnit, it worked.

5. Is the NFL really curtailing touchdown celebrations?

This might be the worst idea in the history of mankind. The only reason nobody has killed Terrell Owens by now is that his touchdown celebrations are funny. The only reason anybody knows who Chad Johnson is has been due almost entirely to his touchdown celebrations.

The only reason I'm wearing a Sharpie in my sock during the upcoming intramural floor hockey season is because of these touchdown celebrations. Can Tagliabue leave this ruling to the NEXT commissioner?

4. Can I really have Yankees on my fantasy team?

This seems like a no-brainer. I haven't had any player from the Bronx Bombers on my team in six years (or since I forgot to put Derek Jeter on the "no-draft" list and got stuck with him all year. SO glad I lost that season). But this year I willingly drafted Robinson Cano. This is his breakout year. I'm telling you. I'm just not sure if I

can root for him.

3. What's with our baseball team?

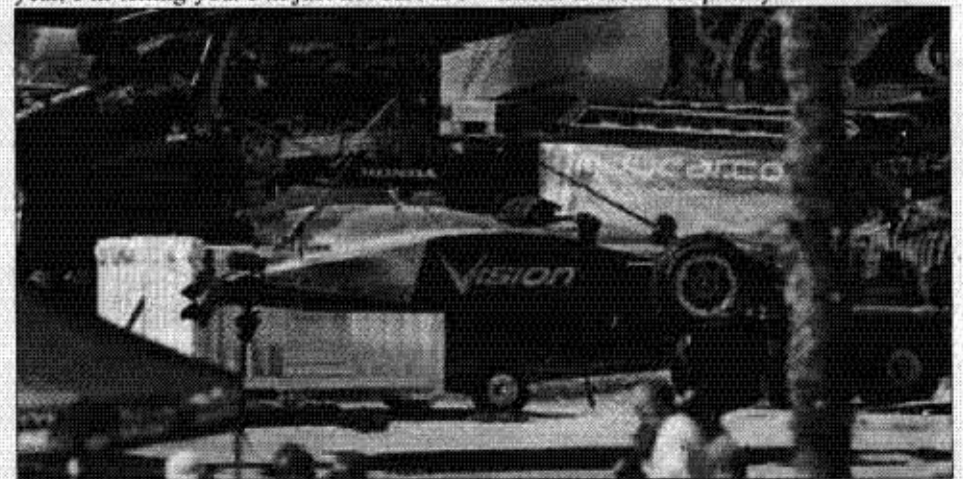
I went to the website and found out that, as of press time, the team is 6-9. It's not that I don't believe that they've won six games, but it seems like every time I hear a score, it's a loss. Derek Carlson is a great coach and the team looks good on paper. I just keep getting the feeling that they're better than they play and would win more games with a little focus.

2. Does anybody care about the NBA anymore?

I can't remember the last time I had a serious conversation with anyone about pro basketball. I can't remember the last time I looked forward to watching an NBA game. What happened to this league and why hasn't LeBron James fixed it yet?

1. What are those Lacrosse kids doing at Duke?

This might be the most disappointing story of the year. Accusations of rape, a reputable program under siege and a president under fire. The details are just coming out, but it's a sad week in Durham, North Carolina that can't be made better with the successes of the basketball program. For the sake of sport, let's hope this matter is resolved quickly.



Paul Dana's crash in the Indy Racing League was a shockwave felt through a sport just recently gaining notoriety in the sports world.

Women's lacrosse beginning to shine



Christopher Parish

Sophomore goaltender Mallory Schnare stops shots at Wednesday's practice. Below, coach Emily Kiablick talks to her team about Thursday's opponent, Rhode Island College.



Christopher Parish

Christopher Parish
Sports Editor

Last year, the women's lacrosse team won three games. The year before, in their inaugural season, they won only two.

And this season, just six games into their 2006 campaign, the team has equaled their best win total. With a 3-3 record, 1-1 in the Commonwealth Coast Conference, head coach Emily Kiablick appears to have molded the beginnings of a winning franchise.

"(Tuesday's victory) was a huge step for us," Kiablick said. "We've improved a lot from last year. Curry is a strong conference team."

In the 7-5 victory over Curry College, who entered the game at 4-1 with their lone loss in league play, freshman midfielder Jackie Criss scored four goals including the game-winner. Freshman Libby Stout added two goals, as did senior Caitlin Courtney, and sophomore Mallory Schnare made 17 saves. The influx of freshmen and sophomores who are contributing en masse for the team shows that the team's future seems bright.

"This is the best recruiting class I've ever had," Kiablick said. "Then again, it's also only the second recruiting class I've ever had."

Kiablick, who is also the women's soccer coach, says that the dividends have paid off.

"I've put a lot of time into recruiting this year. I spent every weekend recruiting for both soccer and lacrosse this past summer. This school is easy to attract students to."

"Last year's players have improved drastically ... now, any game we play is attainable for us to win."

Among those top teams are Endicott and Gordon Colleges. Endicott and the Hawks played last week and lost by one goal, in a game that Kiablick said was a stark contrast from years' past.

"In our first year, they beat us by 21 goals," she said. "It really set us back, but it made the program stronger. This time around, we lost 6-5, and it was a heart-breaking loss but we showed that we can play with them."

"We should have beaten Endicott!"

Courtney said.

"It's a huge feat for us to almost have got them, especially when they beat us by 21 goals two years ago. Almost isn't good enough for our team though, and next time we will get them."

With the win at Curry, the Hawks won as many games that the team won last year (in the 2005 season, all three wins came in the final stretch of the season). But Courtney, one of three captains on this year's team, was hardly surprised the wins came so early.

"We have worked really hard," she said. "This is something that has been coming to the program for a long time."

"We've always had the work ethic," Kiablick said. "Now we have the skill to meet our expectations."

Courtney, a captain, says that Kiablick is one of the biggest reasons for the program's rapid success.

"She expects so much from us," Courtney said. "She is an amazing player herself; our team really respects her and what she has to say. While her expectations are hard, they are totally realistic; always pushing us to a higher level that we all knew we could reach."

The wins aren't just coming from within the conference, however. The team's successes against SUNY-Potsdam and Emerson College, the close game against Utica in overtime and a strong showing against RPI proved that the Hawks are no longer a struggling team but the makings of a rapidly-improving team.

"We have patience on offense that we lacked last year," Courtney said. "Our defense works as a unit really well. The more they are playing together, the more they are trusting each other. Mal (Schnare) is in the net; she is vocal and our team really believes in her; she gets our team going. Our speed is tremendous on the whole field, rather than just the midfield. Speed in women's lacrosse is something that is hard to defend against."

Courtney, along with fellow captains Megan Ficociello and Elena Kostka, have been the guiding light for this group of savvy young players, even despite Kostka's recent injury.

"They've become better lacrosse players," Kiablick said. "But they've become a lot more competitive."

Hogan's Heroes: Goodbye to a legend

Shaun Hogan
Herald Staff

When NFL place-kicker Adam Vinatieri signed with the Colts for a reported \$2.5 million a year for three years, it left me thinking.

That is a heck of a lot of money for a kicker.

Does this reflect a new trend in the NFL? Traditionally, quarterbacks have been the highest paid while kickers have hovered near the bottom of the income bracket, even those of Vinatieri's stature. It seems as if the general consensus in the NFL has been that kickers are not vital to the team and are in essence replaceable.

However, the key role that Vinatieri has played in every one of the Pat's Super Bowl victories shows that this notion is

incorrect.

I do not think that Patriots would have won any super bowls without Vinatieri. Sure, Tom Brady may have made all the right calls and thrown the necessary passes, but when it came down to winning or losing in the fourth quarter it was Vinatieri that made the kicks that either won or lost the game.

When Vinatieri's contract with the Patriots was up this year, he knew what he was worth; he knew full well that he was the most valuable free agent in the market.

Apparently, the Patriots front office still believes in the notion that a kicker cannot earn almost as much as he thought he deserved. This may quite possibly prove to be one of the greatest errors made by any NFL team in the off-season,

because Paul Edinger, the most likely replacement, is not Adam Vinatieri.

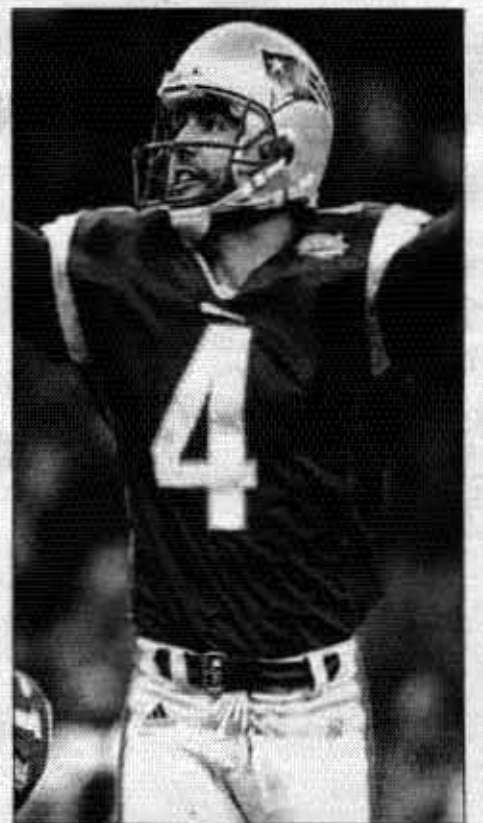
When it comes down it, the Colts were the team that thought outside of the box and offered Vinatieri the money he deserved.

The Colts realized the importance of kicking when Mike Vanderjagt missed a 46-yard field goal (by 15 yards I might add) which could have sent the divisional playoff game with Pittsburgh into overtime.

If he had made it, the Colts had a real chance of making it to the Super Bowl.

To put it simply, the Colts realize how vital a kicker is to the team and they have handed out the largest salary any kicker has ever had. It is something that the Patriots failed to realize, an error that will most likely affect them greatly next season.

What this whole Vinatieri fiasco shows is that kickers are indeed not dispensable members of a team; they are indeed vital to a team's success. The incredibly high salary the Colts handed over to Vinatieri shows that the teams that realize this and the ones that get the good kickers will succeed in the future.



www.boston.com

Adam Vinatieri - the hero of two Patriots Super Bowls - has joined the enemy Colts.

