

2009

## Become the Change Newsletter for September 2009

Center for Nonviolence and Peace Studies

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THE  
UNIVERSITY  
OF RHODE ISLAND



## Center For Nonviolence & Peace Studies

*Become the Change*



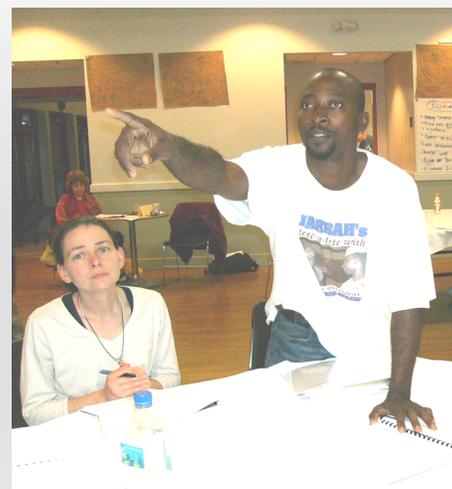
Summer Institute 2009  
Kingian Nonviolence Conflict Reconciliation  
Participants from US and around the world!



### *From the Director's Desk . . .*

Summer at the Center for Nonviolence and Peace Studies is the busiest time of the year and 2009 was no different. We hit the ground running this summer. But Center teamwork for Summer Institute actually began in January, with the fruits of our labor abundantly enjoyed during the month of July. We were blessed to have so many wonderful participants in attendance, coming from around the US and beyond! Their personal commitment, hard work, and blend of cultures, languages, ethnicities, generations, and beliefs merged rapidly to create an especially Beloved Community. So far, one of the greatest privileges for me directing the center has been to develop so many personal connections and special friendships with all of our summer institute participants. Each brought an amazing set of unique talents, abilities, and background experiences to share and enhance our intensive training program. Our global network of nonviolence trainers continues to grow and multiply each year. Thanks so much to our fantastic team of trainers, our helpful staff, and all our fantastic volunteers for an amazing two weeks of meaningful learning. We look forward to hearing from everyone as they return home and begin to put their nonviolence knowledge and skills into practice. As the URI fall semester begins we shift our focus to incoming and returning students and a full calendar of events and courses. Our library has acquired an amazing collection of DVD's for training so come by and check them out. We invite you all to keep in close contact with us on our Center Facebook, SKYPE, and email listserv.

### Glimpses from Summer Institute 2009 July 6<sup>th</sup> -17<sup>th</sup>, 2009



Liberian Joseph Jarbah, Children's Welfare International of Liberia, with Montessori teacher Amy Hughes of Connecticut.

Doc and Victoria plan for the August training at the CT Center



NONVIOLENCE IS A WAY OF LIFE  
FOR COURAGEOUS PEOPLE.

# Summer Institute 2009: Kingian Nonviolence



2009 Certified Nonviolence Trainers gather to celebrate!!!

**BEST part of the Summer Institute for me was:**

- “Being with such wonderful people.”
- “Being taught by and sitting with people like Dr. LaFayette and other elders in whom the movement lives, unfabricated and tested.”
- “To learn that nonviolence is a way of life that not only can be applied to the personal sphere, but to transform societies into beloved communities.”
- “Opportunity to learn and ‘relive’ this history.”
- “Listening to Doc’s stories and wisdom.”
- “The trainers’ willingness to learn from us and their loving personalities.”
- “Trainers’ patience and understanding.”
- “The effective presentation training with Abu - great!”



Level I Trainer Rich Tarlaian enjoys the Beloved Community with Peggy Dorvil, Laura Baracaldo, and Laura Cluff.

NONVIOLENCE CHOOSES LOVE INSTEAD OF HATE.

## Nonviolence Holds That Suffering Can Educate And Reform.

### Summer Institute 2009

By *Laura Baracaldo*  
*URI School of Education*

Kingian Nonviolence Conflict Reconciliation was the focus for training at the Center's annual Summer Institute 2009 held July 6-17, at the URI Multicultural Center. There were 42 participants with 12 states and 8 nations represented, creating a truly multicultural community. The Level I and Level II participants enrolled in this intensive two-week course will carry the principles and practices of Dr. Martin Luther King around the world as they begin to develop their own beloved communities. Nonviolence concepts and history formed the starting point and from there we delved deeper into Kingian philosophy, the "*mise en place*" of these principles, as they were illustrated in the Civil Rights Movements.

The event, directed by Dr. Paul Bueno de Mesquita, Interim Director of the Center, offered an excellent and highly experienced team of senior trainers including Rich Tarlaian, Sharon Key, Victoria Christgau, Jonathan Lewis, Gail Faris, Abu Bakr, and Linda Palazzo. Charles Alphin paid us a surprise visit to help with Level II training. Handling all the nuts and bolts, keeping everything running smoothly so we all got picked up, had a place to sleep, and headed for home on time was the amazing Andrew McQuaide. As we progressed to our teaching practicum we benefitted from the instructional feedback of Kate LaFayette, Kay Johnson, Pam MacDonald, Marie Cobleigh, and Ron Millican. Working closely with this great team of trainers, staff, and volunteers in an atmosphere of diversity and multiculturalism, the participants -- coming from different professions and backgrounds -- joined together, shared, and successfully mastered the principles, steps, and methodology of nonviolence that has proven to be a "force more powerful" in overcoming violence throughout the past century.

The Nonviolence Summer Institute 2009 was also a great networking opportunity. Opportunities abounded throughout the duration of the two-week course to form lasting friendships and professional connections, during Bagelz breakfasts, lunch, between sessions, dinners, in the dorms, and at the beach! We heard firsthand about the *Gathering* from Jonathan, and about how to apply nonviolence in various settings from Linda, Robin, and Kay. We learned how to relax and find *Inner Peace* with Art Stein and Clare Sartori. At the wonderful multicultural nights we learned to sing songs from the Civil Rights Movement with Victoria, watch Capoeira dancers, and enjoy classical violin and flute music. And of course, Doc's marvelous storytelling was the high point of most evenings that we all looked forward to and enjoyed! Of course Pam kept us all nourished and Laura captured the action in photographs and videos to later share the memories.

Learning outcomes included developing collaboration skills, engaging with people from top down and bottom up; effectively communicating nonviolence ideas to an audience; reaching reconciliation when violence or conflict occurs. The real legacy of the Nonviolence Summer Institute came after the course finished. URI President Dooley and Provost DeHayes were on hand as students shared musical inspirations and gave their personal commitments to spread Kingian Nonviolence philosophy in their communities locally and around the world, before receiving their certification as trainers of Kingian Nonviolence!

*(Read more from Summer Institute participants on Pages 8 & 9)*

### Spreading Nonviolence to Palestine

*Before leaving for Palestine, Valerie Minerovic, Educator and Level I Certified Nonviolence Trainer (Summer Institute 09), shares her reflections and plans.*

**Inspiring!** That's all I really need to say to describe the URI Nonviolence Summer Institute experience!

Since the training in July, I've returned to song writing and have created a few sketches. Most importantly, I've gone straight to work on a nonviolent leadership training program to be conducted in Ramallah, West Bank from October 2 through 8. It is the hope of the *Love Thy Neighbor Foundation* and *NonViolence Youth*, sponsors of the event, that this training will broaden the network of Palestinian young adults eager to be nonviolent leaders in their communities. Throughout the week, participants will take part in activities to help them explore personal leadership philosophies, experience what it means to serve in a leadership role on teams and develop proposals to take action in their communities. We'll discover how persuasive speaking, creativity and stress management can help us as leaders. We'll examine what it means to be Palestinian, and we'll decide what kinds of leaders are best for Palestine now and in the future. All of these leadership activities will connect with the nonviolence philosophy previously learned by participants and facilitators through trainings at or affiliated with the URI Center for Nonviolence & Peace Studies. It's an exciting time to be living nonviolence. Thank you for the inspiration!

*Valerie Minerovic*

# Teaching and Learning Summer 2009

## Center Faculty Teach Record Number of Nonviolence Courses!!!



**PSY 479** – Peace Psychology\* (Online) - Collyer

**PSY 478** – Kingian Nonviolence (2 Week Intensive) – Bueno de Mesquita

**PSY 625** – Theory & Research in Nonviolence & Peace\* (Online) - Collyer

**HPR 319** – Mindfulness, Meditation, & Peace Building – Stein

**PSY 489** – Problems in Psychology (undergraduate independent study)

**PSY 692** – Readings in Psychology (graduate independent study credits)

\* *Next Fall PSY479 will be renumbered NVP 425 AND PSY625 will be renumbered NVP 500.*

**Peace Psychology (offered as PSY479) Collyer.** An introduction to peace psychology, a branch of psychology represented by Division 48 of the American Psychological Association (also called the Society for the Study of Peace, Conflict, and Violence). The course addresses direct and structural violence, as well as peacemaking and peacebuilding, from a psychological perspective. This summer, students from several majors in addition to Psychology worked on their online postings, term papers, and journal from many locations around the world.

**Psychology of Nonviolence: Kingian Nonviolence Conflict Reconciliation (PSY478) Bueno de Mesquita.** Applications in psychology undergraduate level summer class. The course focused on the principles and methods of Dr. King's strategies of nonviolence as applied for social change and personal transformation. The curriculum mirrored the content and training objectives of the Center's annual summer institute training of trainers certification program and afforded students an opportunity to build their knowledge of nonviolence and skill in conflict reconciliation. The course will be offered again either in the spring semester and/or in the May summer session.

**Theory and Research on Nonviolence and Peace Studies (offered as PSY 692).** Graduate level course developed to be the cornerstone of the forthcoming Graduate Certificate Program in Nonviolence and Peace Studies. This summer's offering was a pilot run with a small number of students to help develop and improve the syllabus. The course is interdisciplinary, and is organized around 4 questions: (1) What do people mean by violence and nonviolence?; (2) What is known about the dynamics of conflict and the conditions for peace? ; (3) What are some examples of nonviolent problem solving in the real world?; and (4) What are some tasks for nonviolence and peace education?

**Meditation, Mindfulness and Nonviolent Peacebuilding: East and West Instructor (HPR319) Art Stein**

The course provides a broad introduction to the theory and practice of meditation, mindfulness, and other contemplative traditions from around the world. Special focus is given to exploring growth experientially in our understanding of nonviolence related to everyday living, and to developing useful nonviolent resources for peace building, both within oneself and in the global community

**This Fall . . .**

Professor Collyer will be teaching **HPR110, Psychology of Violence and Nonviolence**, which is the freshman social sciences seminar in the Honors Program. Enrollment in this course is limited because it is mostly reserved for freshman Honors students. However, all students who are interested in taking courses related to nonviolence should get in touch with the Center to learn about the undergraduate Minor in Nonviolence and Peace Studies. **PSY479 Peace Psychology** will be offered one more time under the course number PSY479 by Dr. Pam Zappardino, and in Spring 2010 this course will be renumbered as NVP/PSY 425.

## *Nonviolence Education and Youth Self-Esteem Study*

Senior Honors Project by Jenlyn Furey

Last spring, an exploratory study on nonviolence education and self-esteem was completed as a senior Honors project at URI. The study examined the self-esteem of 135 fifth grade students in a local school district. Eleven classes were surveyed from four elementary schools. One of the 11 classes received nonviolence education. The research examined whether or not nonviolence education impacted children's self-esteem.

Results indicated that fifth grade students in the South Kingstown School District had high levels of self-esteem. Based on the self-esteem measures that were employed, there were no differences among the classes. Nonviolence education did not seem to detract from or significantly contribute to overall self-esteem ratings. Girls in the nonviolence class did have significantly higher ratings for the statement "I can do anything if I put my mind to it". On an additional questionnaire completed by students in the nonviolence classroom, 88% of the children trained in Kingian nonviolence said they felt more confident in their ability to solve problems.

Although the results showed no significant differences in overall self esteem ratings between classes, there were some benefits from nonviolence education, in terms of self-confidence and problem solving. Future research should continue to examine nonviolence education in the school setting and could provide more insight into the impact of nonviolence education on social and interactional variables required for handling conflict and problem solving.

## *To Arm or Not to Arm Campus Police?*

Senior Research Project by Kelly Fadem

When the RI General Assembly reintroduced legislation regarding arming campus police officers at all RI public institutions of higher education, the Rhode Island Board of Governors' Higher Education's Campus Security Commission began an investigation to determine what changes have occurred since the postponement of the initial legislation. In an open forum, the Commission produced important statistics about crime and safety on college campuses, but they were unable to provide information about student opinions and attitudes. This prompted discussion and debate at URI, leading to collaborative research by the Student Nonviolence Involvement Committee and the Center. The study was designed to determine if students thought that arming campus police officers with weapons of deadly force would result in a safe campus.

A diverse sample of nearly 400 URI students was asked to rate their perceptions of campus safety in response to one of two campus scenarios describing either armed or unarmed campus police. The results indicated that regardless of whether or not campus officers were armed, the student perceptions of campus safety showed no significant difference, suggesting that arming campus police, to create a more secure campus, would not make students feel safer. Students also were asked about interactions with authority, the implementation of nonviolence intervention methods. Results indicated that students felt comfortable with abstract beliefs about authority but discomfort with personal interaction. This contrast was reflected in the overall indecision students showed toward arming campus officers. Students did present hopeful attitudes toward nonviolent intervention methods, but also expressed a slight reluctance to rely on nonviolence for security.

**2009 Gandhi-King  
Conference on Peacemaking  
October 23-25 • Memphis, TN**

<http://www.gandhikingconference.org/GKC09Brochure.pdf>



## Nonviolence Seeks To Win Friendship And Understanding.

# URI Student Nonviolence Involvement Committee!!!

Are you a URI student interested in promoting social justice and nonviolence awareness on campus?

Come join us on this peaceful path.

Our S.N.I.C. office is located 005 Davis Hall

To learn more or to become a member contact via email:

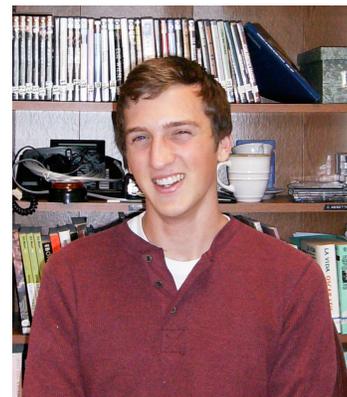
[rhodypeacetrain@gmail.com](mailto:rhodypeacetrain@gmail.com)

### Meet SNIC Officers for 2009 – 2010:

**Michaela Cashman** *President & Programming*

**David Nelson** *Vice President & Membership*

**Kate Moreau** *Treasurer*



**NONVIOLENCE DOES FIRST NIGHT!** On the evening of September 6<sup>th</sup>, the Student Nonviolence Involvement Committee had its first promotional event by hosting a table at URI's Freshman First Night. Michaela and David were given the chance to talk with this year's incoming freshmen about our goals for this semester, and received contact information from over 80 interested students who wanted to get on board the URI peace train! From the Center, Paul and Level I trainer Laura Baracaldo joined us to greet new students and helped spread the word. New Center bookmarks and Peace Dove logo buttons were distributed.

### Mark Your Calendars!!!

September 29-October 5, 2009 – Diversity Week

Programs sponsored by the Center for Nonviolence & Peace Studies and the Student Nonviolent Involvement Committee:

“War Child” Tuesday, Sept. 29, 2pm - 3:45pm at the MCC computer classroom (RM 005)

“Working with Future Generations for a Nonviolent Global Community” with Jonathan Lewis of *The Gathering*, on Wednesday, Sept. 30, from 11am - 11:50am Memorial Union Atrium II

Peace and Harmony Meditation Hour, Friday, Oct. 2, MCC Forum, 12noon – 12:50pm

Music for Social Justice, Protest, and Diversity, Friday, Oct. 2, MCC Forum, 2pm – 2:50pm

Conversation Hour and Reception with Professor Michael Nagler, Peace & Conflict Studies Program, UC, Berkley Monday, Oct. 5, 4:30pm – 7pm Women's Center, 22 Upper College Road

# Nonviolence Seeks To Defeat Injustice Not People.

## Prison Report

### Work The Plan And The Plan Works

What did Dr. King say? Keep moving.... That is what we are doing in our resolving conflicts nonviolently class at the ACI. I am teaching them to work the plan! The plan is to get out and stay out of the ACI...keep moving ...moving on out. Your plan must be your goal. Included in that goal is what do they need to fix? What is preventing them from achieving their goal? Again, I remind them, "obstacles are what you see when you take your eyes off your goal!"

Anger is one of their biggest obstacles. I point out if you learn to control yourself you can control your anger. One of the things making them so angry is their feeling of disrespect. They feel like dirt. It causes them to feel a different kind of pain that eats at them, making them want to redistribute their pain. Again, i point out, "you cannot control other peoples actions, but you can make the decision how you respond to those actions." when you can control your anger and your response you are exemplifying the principles of nonviolence.

When you talk about conflict and you tell them every conflict has a history it gets them thinking. In this present class one of the inmates shared if he had controlled his reaction to his wife's request for him to stand with her on the subway he would not be in the ACI today. His actions brought on by the baggage he was carrying within led to his first arrest. He now realizes violence is about his past. Nonviolence is about his future. So he will continue to work the plan! We laugh when we hear that there is strength in numbers. It is no joke that they are striving to be number 1... nonviolence is a way of life for courageous people. This is how they will, "Stride Toward Freedom" keep moving...and working the plan ... by being the man... they plan to be.

Fraternally In Peace,  
Sgt. Linda A. Palazzo



## Sharon Nordmeyer Key Shares Palestinian Training Experiences



This past March one of our Center trainers, Sharon Key, traveled to Palestine and the West Bank to join Summer Institute Level I alumni, Mona Zu-Hairi and Mohammad Mashour in training twenty-five Palestinian youth. They commuted each day from Ramallah to Qalquiya, a town in the northern part of the country and therefore Sharon experienced many checkpoint inspections, viewed settlements and the affects of the wall upon the daily lives of Palestinians. She was also taken to Hebron and the outlying villages. She returned with uplifting stories and many photos of her experiences. Since then she has been busy to sharing her knowledge with several church groups and organizations. This summer Sharon gave a slide presentation to URI students completing PSY478 and to local residents of the Peacedale House in Wakefield, before leading Level II with Doc during the Summer Institute. This October and November she will speak at the Providence Presbyterian Church, the Kingston Congregational Church and the Newman Congregational Church in East Providence... Good News.... Through Sharon's efforts the Providence Presbyterian Church will give its Annual Peacemaking Offering to support scholarships for the 2010 Summer Institute. Many thanks to the church and pastors Chris Foster and David Watermulder for their leadership and generosity.



*Nonviolence Believes That The Universe Is On The Side Of Justice*

## Pilgrimage to Nonviolence –Summer Institute 2009 Reflections

### ***A LIBERIAN PERSPECTIVE***

*Before completing Level I Nonviolence training at URI in July, former Liberian refugee Joseph Jarbah found his way to the United States with his wife and 4 children. Living in Seattle, WA, he founded Children's Welfare International to assist orphaned and needy children in Liberia.*



Over the last fourteen years, Liberians have known little but warfare. Conflict and civil war have devastated the country and taken an enormous toll on the lives of its citizens, especially children. Thousands of children have been victims of killings, rape and sexual assault, abduction, torture, forced labor and displacement at the hands of the warring factions. Children who fought

with the warring parties are among the most affected by the war. Not only did they witness numerous human rights violations, they were additionally forced to commit abuses themselves.

As one who had experienced these situations, I have established my nonprofit organization, the "Children's Welfare International" in order to the children and families of Liberia recover from the suffering brought upon by the civil war. In so doing, I realized that without tackling the root causes of the conflict in Liberia, the efforts of my organization will be impaired.

Henceforth, I was searching for a way to find a means of incorporating peace and conflicts resolution into my program and fortunately, I did receive a scholarship to the Summer Institute from the Center for Nonviolence at URI and the generosity of Fr. Joseph Creedon and the Christ the King Catholic Parish in Kingston. My experiences from this nonviolence train have helped me understand the momentum of nonviolence philosophy. With the knowledge acquired from this training my organization is now position to collaborate with other international organizations like the Center for Nonviolence and peace studies at URI and local organizations in Liberia which share the same goals and values to establish centers in various counties through which the nonviolent processes will be used to resolve conflicts and build a beloved community through out Liberia.

***-Joseph Jarbah***

### ***A COLOMBIAN PERSPECTIVE***

*After studying political science in Colombia and France, Laura Baracaldo worked as systems policy analyst for her government. Following the Summer Institute she began her graduate studies with the URI School of Education.*



To build global peace is my purpose in life. Since I was a girl I imagined a world where human beings live in a developed society where peace, freedom and equality are the principles that fond that society. At the university, Rousseau, Locke, Montesquieu inspired me to think about it but I did not only wanted

to think in a philosophical way about the best form of government and the ideal society. I wanted to find a way to put in practice my ideal society. I am from Colombia and there I worked as an advisor for the Ministry of Defense in my country and I saw the impact of the armed conflict in Colombia and overseas. I wanted to see a real change, not only in terms of reducing the conflict but a change that will position our country as one of the most peaceful, developed and stables countries in the world.

When I came to the Summer Institute I had two choices, go back to Colombia and continue working as an adviser in public policy or stay in the US and do everything to get the tools and the preparation necessary to pursue my purpose in life. When I arrived to URI and I read the slogan, "Think Big, We do" I knew I was in the right place. At the beginning of the training all the attendees were asked to briefly describe their expectations and goals for the training. I wrote: "I want to decide what to do next with my life." Then I committed my life to do whatever was possible to apply Nonviolence as a way of life. One month later I was admitted and enrolled into a graduate degree program in the School of Education at URI, where I can continue to study nonviolence education. And now I have an assistantship working with an amazing violence prevention team of psychology students in Central Falls Schools, where I will be organizing bilingual parent training and outreach programs.

***-Laura Baracaldo***

## Pilgrimage to Nonviolence –Summer Institute 2009 Reflections (cont.)

### Bringing Nonviolence to Somalia

*After completing Level I training this summer at URI, Hassen Meder returned to Somaliland with the tools of nonviolence.*



I come from a region, known as the Horn of Africa, where Conflict is prevalent, and where young people who have suffered the most from violence, have become disempowered the most. So after attending the Kingian Nonviolence Conflict Reconciliation Training at URI my attitude changed

dramatically. I learned that nonviolence, rather than violence is a different and better way to solve problems and bring about change.

The warm reception, hospitality and knowledge acquired during our two-week stay at URI remains fresh and always in my mind, for which I remain forever grateful. The Multi Cultural Center was really a place for a “multi” cultural gathering to study nonviolence. I must say the experience I had received the Center for Nonviolence and Peace Studies is so beneficial and memorable.

The knowledge and the skills acquired from this course helped me organize and conduct a nonviolence training course for 30 youth from Somaliland civil society organizations, media and the universities. Currently there are disputes in Somaliland between the political parties, the government, the house of elders, the parliament, and the electoral commission concerning delays in our presidential election. We had protests and riots. Two people were killed and ten were wounded. The opposition parties are urging the people to take power and calling for rallies. Since people are unfamiliar with the nonviolence principles and methods, their protests erupt into violence causing police to start shooting people. My nonviolence training prepared me to educate these youth groups at the right time. The training materials provided by the center helped me carry out this training. The materials provided by the center helped me carry out this training successfully. Much more training is still needed with members of the political parties, the civil society, the media, and other groups.

I am now in the process of establishing a Center for Nonviolence in Somaliland. This idea would never have come to my mind if I had not received the scholarship from the URI Center, and support from Fr. Joseph Creedon and Christ the King Parish, which enabled me to attend the Summer Institute, where Dr. Lafayette, Paul and the CNPS trainers inspired me. I am thankful to all my fellow course participants. I learned so much from each of them. I now use the Kingian philosophy and principles of nonviolence as I seek support for establishing a nonviolence training center in my country.

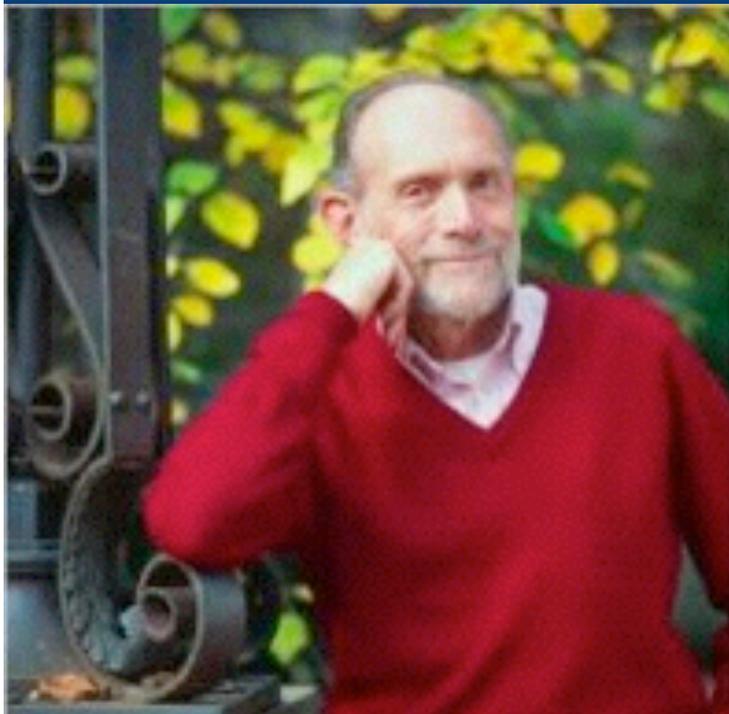
Rhode Island is a place where I felt at home. The words *Think Big* and *Think Peace* will always be in my mind. I hope I will get an opportunity to study at URI again.

*Hassen Abdi Meder  
Hargeisa, Somaliland*

**Volunteering at the Summer Institute** was a very valuable experience for me for many reasons, but mainly because I am a survivor of abuse and have experienced violence in all its forms. How very comforting it was to be in a room full of caring, loving individuals that want to change the world for the better. The overall energy from the trainers, staff, volunteers and Doc was extremely positive. After listening to Doc’s stories and relating his experiences to some of my own, I have realized that it just takes one determined and committed person to make change happen. Such people serve as a model for others. They raise questions that get others thinking about things in a different way. They create change and generate the positive energy needed to move others in the same direction. Fear of the unknown can sometimes lead to barriers and cause conflicts. But getting to know both sides of a conflict helps you find more possibilities for changing others viewpoints and clearing up misunderstandings. I am better having met so many wonderful people from all over the U.S., as well as the world. I believe that including nonviolence education and problem solving might be how we can develop a better education system and improve our children’s understanding of others and ability to build a more peaceful world. Now I have a clear goal. I want to be certified in nonviolence training so I can spread this knowledge and understanding as well.

Thanks for the peaceful experience,  
**LLD**

## Nonviolence & Peace Scholar Visits URI



### Michael Nagler

**Speaks at URI Honors Colloquium and visits the Center for Nonviolence and Peace Studies**

**"What Would Gandhi Globalize?  
India's Greatest Gift to the 21<sup>st</sup> Century"**

Tuesday, October 6, 7:30 p.m.,  
Chafee Auditorium, Kingston

**"Passage Meditation"**

Wednesday, October 7, 10am-11am  
URI Honors Program Auditorium  
3rd floor, Lippitt Hall

Dr. Michael Nagler has devoted his life to exploring nonviolence as an alternative to war. Professor Emeritus of Languages at the University of California, Berkeley, and founder and former chairperson of the University's Peace and Conflict Studies program, Nagler is one of the world's most widely respected peace scholars and activists.

Nagler is the author of several books, including *America Without Violence* (Island Press) and *The Upanishads* (Nilgiri Press). In praise of Nagler's most recent book, *Is There No Other Way: The Search for a Nonviolent Future* (Berkeley Hills Books), which received an American Book Award in 2002, author Bill McKibben notes: "Nonviolence often seems the tactic of the naïve idealist. As

Michael Nagler shows, it may really be the strategy of the shrewd and practical among us, who have to figure out some better way than the carnage of the last century for dealing with our problems. This is a vital book for us as individuals, as communities and nations, maybe even as a species." Dr. Nagler is on the editorial board of *The Acorn: Journal of the Gandhi-King Society*.

Michael Nagler recently is the founder of the Metta {Lovingkindness} Center for Nonviolence. He has been teaching various subjects at the university level for the past forty years, including ancient Greek, comparative literature, religious studies, and peace studies. He continues to teach highly popular courses on nonviolence and meditation at U.C. Berkeley. He is proficient in ancient Greek, Latin and Sanskrit, and speaks French, German, Spanish and Italian. Dr. Nagler received his MA and PhD in Comparative Literature at U.C. Berkeley. He makes his home in Petaluma, California.

### Selected Books

*Is There No Other Way: The Search for a Nonviolent Future* (Inner Ocean Publishing, 2001)

*America Without Violence: Why Violence Persists and How You Can Stop It* (Island Press, 1982)

*The Upanishads* with Eknath Easwaran (Nilgiri Press, 1987)

### Selected Articles

"The Time for Nonviolence Has Come" *YES!* (Summer 2003, 38-40)

"Building a New Force" *YES!* (Fall, 2002, 49-51); reprinted in C. McConnell and S. van Gelder, Eds. (2003) *Making Peace: Healing a Violent World*

"Out of Darkness, a Strange Hope" *Tikkun* (January/February, 2002, 23-26)

# EVENTS

## Nonviolent Living by Charles E. Collyer

Professor of Psychology and Co-Convenor of the Center for Nonviolence and Peace Studies at the University of Rhode Island; and Co-Founder of The Ira and Mary Zepp Center for Nonviolence & Peace Education, a Program of Common Ground on the Hill, Westminster, MD

Invited talk at the Greater Baltimore Temple on the occasion of Mahatma Gandhi's 140th birthday celebration, October 2, 2009  
*(Copies of the full text available from the URI Center)*

## HISTORICAL AND EDUCATIONAL CIVIL RIGHTS TOUR

**January 7, 2010 – January 10, 2010**

**ATLANTA, GA; MONTGOMERY, AL; ALBANY, GA; CHARLESTON, SC; AND JOHN'S ISLAND, CHARLESTON, SC**

**COURSE OFFERED BY DR. BERNARD LAFAYETTE, JR., DISTINGUISHED SENIOR SCHOLAR-IN-RESIDENCE, CANDLER SCHOOL OF THEOLOGY, EMORY UNIVERSITY, ATLANTA, GA**

AND

**THE IRA AND MARY ZEPP CENTER FOR NONVIOLENCE AND PEACE EDUCATION, WESTMINSTER, MD  
DR. CHARLIE COLLYER AND DR. PAM ZAPPARDINO, CO-DIRECTORS**



Martin L. King, Jr. with Bernard LaFayette, Jr.

- ❑ The Rosa Parks Museum; Dexter Avenue Baptist Church; Civil Rights Memorial, Montgomery, AL
- ❑ Albany Civil Rights Movement Museum, Albany, GA
- ❑ The King Center, Dr. and Mrs. King's Crypt; Dr. King's Birth Home; Ebenezer Baptist Church, Atlanta, GA
- ❑ Historian Dr. Bernard LaFayette, Jr. with focus on the church, women and labor unions.

For Info contact [WWW.DDKTOUR.com](http://WWW.DDKTOUR.com) or 410.258.9834

## International Day of Peace – Sept. 21, 2009



Center shows up for peace - Mila Tsikhotskiy of *International Peace Initiative* lights candles for vigil with *SNIC* members.

## The Beloved Community is the Framework for the Future.

### PLEASE CONTACT US:

Center for Nonviolence  
& Peace Studies

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### Update from Connecticut Center

We are making great strides. CTCN has been invited to bring Kingian Nonviolence training to several locations this year.

The following reflects our progress. •Touchstone- Home for adjudicated girls - 13 weeks  
•Jack Jackter - 75 fifth grade students were trained over 10 weeks •Your Place Youth Center- New Haven - 5 weeks •Northwestern Community College – three 2-hour sessions  
•University of Hartford- Be the Change- Youth Nonviolence Academy •University of Hartford- Summer Nonviolence Certification Program.

**Fall 2009:** Victoria will lead an inter-district program with Waterbury and Winsted through ASAP arts organization- these students will perform at the 19<sup>th</sup> annual MLK Commemoration event. This summer Victoria has been involved with the Pastoral Care Crisis Strategic Meeting in Hartford. The team has invited CTCN to all meetings and has undertaken a 4-point strategic plan to address the rise in youth violence devastating the city. The point CTCN is addressing is the need for ongoing Nonviolence training to create a long-term plan to change the culture of violence into a culture of Peace. CTCN met with Congressman John Larson's office and his team is very interested in our pitch to create a Kingian Nonviolence Center in the City of Hartford. Our friend, Provost Lynn Pasquarella, now at the University of Hartford is working with us for this exciting collaboration.

It's great to share our extraordinary developments with you. Please consider coming to our Level I trainers review that Richard Tarlaian and I are hosting at the University of Hartford Thursday September 24<sup>th</sup> at 6:00PM, call CTCN (860) 567-3441 for details.

The time is NOW, as Martin Luther King, Jr. stated at his last speech, "It is no longer a choice between violence and nonviolence in this world; the question is nonviolence or nonexistence. That is where we are today."

Just Peace,  
Victoria Christgau, Executive Director

<http://www.ctnonviolence.org/>

### *IN MEMORIAM* -- Ira Gilbert Zepp, Jr.

By Charles Collyer, PhD

Ira Zepp passed away peacefully on August 1 at his home. Ira was an early student of Martin Luther King's philosophy, and his doctoral dissertation was an analysis of the Pilgrimage to Nonviolence, one of the King readings that underlies our nonviolence training curriculum. He was a staunch and rigorous defender of Dr. King against academic critics of King's positions and scholarship. Ira authored 12 books, including *The Social Vision of Martin Luther King Jr.* (based on his dissertation), *Search for the Beloved Community* (with Kenneth Smith, one of Dr. King's professors), and *Nonviolence: Origins and Outcomes* (with Charles Collyer of URI). Ira taught Philosophy and Religious Studies for many years at McDaniel College (formerly Western Maryland College), and was a beloved member of his community in Carroll County, Maryland. He gave a practical vision of ethics and peaceful living to everyone he met, and was a good friend to our Center at URI. His work continues through the Ira and Mary Zepp Center for Nonviolence and Peace Education (P.O. Box 552, Westminster MD 21158), and its parent organization, Common Ground on the Hill.