

Propositions

Retaining Nursing Students and Novice Nurses

The role of musculoskeletal symptoms and physical work factors

1. The support from colleagues, team and supervisors is indispensable to keep students and novice nurses motivated and committed to the profession. (this thesis)
2. Overweight nursing students are less able to do their job because they endure more physical health problems. (this thesis)
3. Better career prospects are needed to keep nurses in care. (this thesis)
4. Nursing schools and health care institutions that want to improve their performance in the physical health of nursing students have to prioritize to invest in proper training in lifting and transfer techniques with sufficient repetition. (this thesis)
5. To prevent nursing student dropout, it is essential to keep monitoring both their physical and mental wellbeing throughout nursing education. (this thesis)
6. The COVID-19 pandemic has made both nursing education and nursing work more demanding and we must ensure that this does not lead to more dropout.
7. Supporting nursing students in their resilience improves quality of care.
8. Increased workload in health care poses a threat to the successful conduct of research performed by nurses.
9. The bachelor student learns to do research so that he becomes a better professional, not because he has to become a researcher. (Daan Andriessen, 2016)
10. What is modeled for (student) nurses today, will shape future practice. (Christensen, 1999)
11. It always seems impossible until it's done. (Nelson Mandela)