


Ecological and Convergent Validity of Experimentally and Dynamically Assessed Capacity for Social Contingency Detection Using the Perceptual Crossing Experiment in Adolescence

Assessment
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Abstract

The Perceptual Crossing Experiment (PCE) captures the capacity for social contingency detection using real-time social interaction dynamics but has not been externally validated. We tested ecological and convergent validity of the PCE in a sample of 208 adolescents from the general population, aged 11 to 19 years. We expected associations between PCE performance and (a) quantity and quality of social interaction in daily life, using Experience Sampling Methodology (ESM; ecological validity) and (b) self-reported social skills using a questionnaire (convergent validity). We also expected PCE performance to better explain variance in ESM social measures than self-reported social skills. Multilevel analyses showed that only self-reported social skills were positively associated with social experience of company in daily life. These initial results do not support ecological and convergent validity of the PCE. However, fueled by novel insights regarding the complexity of capturing social dynamics, we identified promising methodological advances for future validation efforts.

Keywords

dynamic systems theory, perceptual crossing experiment, self-report, experience sampling methodology, adolescence, social skills

The development of social skills is highly important in adolescence (Blakemore & Mills, 2014). This period marks increased interaction with peers, constituting novel social environments to which adolescents must adapt. A key aspect of successful interpersonal functioning, therefore, is the capacity to flexibly adapt to novel social roles and environments (Dahl et al., 2018), reflecting social dynamics. Given that the foundations of adult interpersonal functioning are laid during adolescence, altered social development in adolescence could have long-lasting consequences if left unaddressed (Gresham, 2016; Zampella et al., 2020). Impaired interpersonal functioning is a key component of many mental disorders with their onset in late adolescence, such as depression and psychosis (Kessler, 2007). An impaired capacity to detect and respond to social contingencies, resulting in the impaired capacity to adapt to changing social environments, could therefore be viewed as a transdiagnostic factor in a range of mental disorders, recently also referred to as disorders of social interaction (e.g., Leong & Schilbach, 2019).

To date, the dynamic nature of the capacity for social contingency detection has generally not been an integral

part of the assessment of impaired social capacity. The capacity to detect social stimuli and responding to those in real time requires two individuals. Arguably, therefore, the study of this capacity from an individual perspective rather than a dynamic perspective may account for the lack of robust associations between findings from laboratory experiments on social cognition and social interaction in the

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real world (Osborne-Crowley, 2020). If assessments of the capacity for social contingency detection are not associated with social behavior and experiences in daily life, this casts doubt upon the utility of these assessments for early detection and prevention of social impairments in adolescents. Therefore, including the real-life aspect of social interaction dynamics in the assessment of the capacity for social contingency detection could improve early detection of social alterations in adolescence.

Social behavior and experiences in daily life can be captured using Experience Sampling Methodology (ESM), which includes repeated, within-person assessments across fluctuating daily environments (Csikszentmihalyi & Larson, 2014; Myin-Germeys et al., 2018). Although ESM closely reflects individuals' real-world behavior and experiences in fluctuating contexts, two challenges arise when using ESM to inform early detection and prevention of altered social development. First, ESM captures individual reflections of the dynamic environments encountered during daily life, as opposed to social dynamics *per se* (e.g., Myin-Germeys, 2020). That is, in defining social interaction as the continuous adaptation to the other, the assessment of social dynamics requires real-time interaction. Although momentary, dyadic experience sampling is possible (Laurenceau & Bolger, 2012), ESM studies typically do not allow for the assessment of how social dynamics unfold in real time. Reporting about the interaction typically disrupts the social interaction at that moment and takes place seconds to hours after the interaction has been established, which rules out the assessment of social dynamics. Second, the replicability of ESM findings is arguably restricted due to the method's naturalistic nature. This diminishes comparability between individuals and, consequently, may hamper the identification of early social impairments at the group level. Despite these challenges, social interaction measures collected with ESM provide a reflection and granular assessment of social behavior and experience in daily life (Mote & Fulford, 2020; Myin-Germeys et al., 2018). Hence, if an assessment of the capacity for social contingency detection is associated with social behavior and experience captured with ESM, this assessment's ecological validity would be supported.

To include social dynamics in the assessment of the capacity for social contingency detection while maintaining experimental control, thereby contributing to replicability, Virtual Reality (VR) techniques reflecting a variation of interaction dynamics and graphical realism have shown promise for the study of social interaction (Pan & Hamilton, 2018). As capturing social interaction dynamics is highly time sensitive, and can easily break down due to small delays in responding in real time, VR techniques for studying minimal interactions have been designed (Auvray et al., 2009; Pan & Hamilton, 2018). The Perceptual Crossing Experiment (PCE; Auvray et al., 2009; Auvray & Rohde,

2012; Lenay & Stewart, 2012) is a type of minimalistic VR, which is high in interaction dynamics and low in graphical realism (Figure 2; Pan & Hamilton, 2018). The PCE allows pairs of participants to establish an interaction only relying on detecting and responding to each other's, hence social, stimuli. Humans are very sensitive to social cues. They continuously need to detect (moving) stimuli as being social to respond to those and establish an interaction by coordinating their behavior with their interaction partner. This phenomenon has previously been demonstrated in infants, using the double TV paradigm (Trevorthen & Aitken, 2001). Infants were shown a videoscreen, which either displayed their mother responding to them in real-time or a videotape of an earlier interaction. The infants became distressed if their interaction with the mother did not include a real-time response component (i.e., it was delayed). Similarly, the PCE examines how individuals detect the pattern of interaction as being social. The PCE examines the interaction between two individuals on a behavioral, sensorimotor level, in line with an embodied approach to cognition (Newen et al., 2018). Some scholars even suggest that this behavioral coordination to each other—based on social contingency detection—is a prerequisite for developing social cognition (De Jaegher et al., 2010).

In isolating this most basic component of social interaction (e.g., Trevorthen & Aitken, 2001), the PCE relies only on tactile, sensorimotor feedback. The focus on the tactile modality in the PCE, rather than verbal interaction, stems from the first developed modality for interaction in infants and may, therefore, provide the most simple, minimalistic form of interaction.

Specifically, the PCE requires pairs of participants to interact with each other in a one-dimensional virtual environment (i.e., they cannot see or hear each other), in which they are embodied as avatars. Participants are asked to establish an interaction with each other, relying only on a vibration on their hand, which occurs when the avatars cross each other (Auvray et al., 2009; Froese, Iizuka, & Ikegami, 2014). Within the virtual environment, there is also a nonresponsive and moving, and a nonresponsive static entity, providing the same tactile feedback as the avatar when crossed. The only way to detect the other (i.e., detecting social contingency) is through interacting, thus responding to the other using sensorimotor feedback (i.e., moving based on the vibrations). Participants engage in 1-minute rounds in which they are instructed to cooperate. They are not given any feedback on whether they are interacting with (i.e., crossing) their partner or with other entities, such that their interaction remains hidden (“implicit”) to them. After each round, participants are asked to report on their awareness of the interaction established during that round. Within the PCE assessment, we distinguish three components of the capacity for social contingency detection. After each round, we capture individuals' *awareness*

of their “implicit” social *behavior* (operationalized as *time spent together*), in addition to their explicit judgment of this behavior expressed by correctly detecting the other participant—*accuracy*—during the implicit interaction.¹ To date, however, the assessment of social dynamics to capture the capacity for social contingency detection using minimalistic VR is novel in adolescence.

The most frequently used measures of the capacity for social contingency detection, especially in adolescence, are self-reported social skills questionnaires (Gresham, 2016; Little et al., 2017). These are completed by adolescents themselves or by their caregivers or teachers, and usually include reflections on adolescents’ average social behavior in predefined situations. These questionnaires, however, frequently ignore variation across contexts and interaction partners. For example, asking how adolescents behave toward their classmates ignores variation (i.e., dynamics) between different classmates across different situations (Rose & Fischer, 2008), which again hampers the assessment of real-time social dynamics. The advantage of a questionnaire-based self-report is the comparability among individuals, as the items and predefined situations are the same for everyone. However, this limits the ecological validity of questionnaires for social functioning, as demonstrated by a study finding weak associations between the Social Functioning Scale (Birchwood et al., 1990) and the quality and quantity of real-world social interactions, using ESM (Schneider et al., 2017). Self-reports of social skills are also time dependent, show low agreement between different raters, and focus on the judgment of the behavior rather than the behavior itself (Gresham, 2016). However, they have also shown to relate to adjustment difficulties and learning achievements (Del Prette et al., 2012; Gresham, 2016), as well as psychopathological symptoms (Van der Ploeg & Scholte, 2013). In addition, despite their shortcomings, this type of questionnaire is frequently used and at least provides a good reflection of the average self-reported social skills level. Therefore, as a measure of social skills, an association between PCE capacity for social contingency detection and self-reported social skills would support the convergent validity of the PCE.

Previous small-scale studies in adults using the PCE have demonstrated that participants can adequately establish a social interaction within the minimalistic virtual environment. This was supported by the association between heightened awareness of the interaction and mutual correct detection of the other, compared with single detection of the other and no detected interaction (Froese, Iizuka, & Ikegami, 2014; Froese et al., 2020; Zapata-Fonseca et al., 2016). We replicated this proof-of-principle of the PCE in the first study in adolescents, demonstrating similar findings with a shortened paradigm (Hermans et al., 2020). We also provided evidence for the developmental course of the capacity

for social contingency detection throughout adolescence, as evidenced by late adolescents’ faster behavioral social coordination during the experiment, in addition to a higher average level of performance in this group compared with younger adolescents (Hermans et al., 2021). These findings provided the first evidence for the developmental course of the capacity for social contingency detection across adolescence. As these first PCE findings in adolescence and their similarity to adult findings may be interpreted as content validity of the PCE to capture the capacity for social contingency detection, the next validation steps involve associations with external measures of social skills and behaviors (Cronbach & Meehl, 1955).

Current Study

The current study will investigate the ecological and convergent validity of the PCE, contributing to the improved assessment of the capacity for social contingency detection in adolescence. In addition, we will study whether the PCE has higher ecological validity than a self-reported social skills questionnaire, as the former includes a dynamic component of interaction, while the latter does not. We will test associations between PCE capacity for social contingency detection (i.e., awareness, accuracy, and time spent together) and (a) social interaction (i.e., probability and experience of company) in daily life, assessed with ESM to evaluate ecological validity, and (b) self-reported social skills assessed with the Social Skills Questionnaire (Vragenlijst Psychosociale Vaardigheden [VPV]; Van der Ploeg & Scholte, 2013) to evaluate convergent validity. To test which measure of the capacity for social contingency detection is most strongly associated with daily life social interaction, (c) the association between self-reported social skills and social interaction in daily life will be studied, in addition to (d) comparing PCE capacity for social contingency detection and self-reported social skills as predictors with social interaction in daily life as outcome. We hypothesize the following:

Hypothesis 1 (H1): We expect positive associations between PCE capacity for social contingency detection and social interaction in daily life.

Hypothesis 2 (H2): We expect positive associations between PCE capacity for social contingency detection and self-reported social skills.

Hypothesis 3 (H3): We expect positive associations between self-reported social skills and social interaction in daily life.

Hypothesis 4 (H4): We expect a stronger association between PCE capacity for social contingency detection and social interaction in daily life compared with self-reported social skills and daily life.

Method

Sample and General Procedure

Participants were recruited in secondary schools, as part of the “SIGMA project”: a large, accelerated longitudinal study of adolescent well-being in the general population (for full details of the procedure and sample, see Kirtley et al., 2021, April 2). The sample was recruited in the first, third, and fifth year of secondary school, covering the age range between 11 and 19 years. We clustered adolescents per school year, reflecting their time and experience in secondary education and, therefore, reflecting developmental stages (e.g., Blakemore & Mills, 2014). These groups are hereafter referred to as early, mid, and late adolescence, respectively.²

Participation in the SIGMA study required a 100-minute classroom session including the completion of the PCE and the VPV (as part of a broader test battery), followed by six consecutive days during which participants completed brief questionnaires on a dedicated device (ESM). During classroom sessions where it was practically feasible, eight participants per classroom were randomly selected to perform the PCE. Random selection of participant numbers was done before the classroom session started, using a randomization website (random.org). After full participation, participants received a 10 Euro voucher for an online store. Ethical approval for the SIGMA study was obtained from the local Medical Ethics Committee (Ref: S6 1395). This study was post-registered (a form of pre-registration that occurs following data collection, but before conducting the analyses; Benning et al., 2019) on the Open Science Framework website (<https://osf.io/bxzpk>).

PCE

The procedure and full details of the PCE in adolescents have been fully described elsewhere (Hermans et al., 2020). In brief, participants were randomly assigned to pairs of players (i.e., dyads) and instructed to move their avatar, using a trackball with their dominant hand, through a shared, loop virtual one-dimensional space (Figure 1). Their collaborative task was to find each other in this space by interacting, using only tactile feedback they received as a vibration on their hand each time they crossed each other. They could not hear or see each other, or their avatar in virtual space, and hence could not communicate in any other way than moving the trackball back and forth, guided by the vibrations. The experiment consisted of six 1-minute rounds with random starting positions of both players’ avatars. Within the virtual environment, participants could encounter the other player’s avatar (responsive and moving), the other player’s shadow (nonresponsive and moving), and a static object (nonresponsive and not moving). Participants were instructed to click a button with their

other hand at the moment they were most confident that they were crossing the other, that is when they believed that the vibration was induced by the other player. To successfully identify the other from the moving shadow, the participant must interact with their partner, as the shadow is also moving but not responsive. Participants did not receive any feedback on their or their partner’s performance during or after the experiment.

Three variables assess basic capacity for social contingency detection: awareness of the interaction (awareness), the proportion of correct clicks (accuracy), and time in seconds per round spent together with the other avatar (time spent together). We computed the PCE variables awareness, accuracy, and time spent together as aggregated scores per individual across six rounds. Details on the computation of PCE variables are provided elsewhere (Hermans et al., 2020).

Awareness. After each 1-minute round, participants rated three items on a 7-point Likert-type scale ranging from 1 “not at all” to 7 “very much”: “To what extent did you feel that the other could sense your presence?,” “To what extent did you feel you were doing something together?,” and “How confident were you that you clicked correctly?” The variable awareness was calculated as the mean of these three items as they loaded onto a single factor (Hermans et al., 2020). If participants did not click within a round, awareness was computed as the mean of the first two items only. Cronbach’s alpha of cases in which all three items were completed ranged from .85 to .91 across the six rounds. The correlation between items in which case two items were completed (i.e., no click) ranged from .61 to .95 across the six rounds. The exact values per round and missing values for the confidence item have been listed in Table S1A.

Accuracy. The proportion of correct clicks was computed as the number of correct clicks over six rounds, divided by the participant’s total number of clicks (maximum six).

Time Spent Together. The time per round that participants spent together with the other player was computed as seconds of the total minute during which participants were in close proximity of the other (same value for both participants within a dyad).

Familiarity With the Other. After the random assignment of dyads and before the experiment started, participants were asked to complete two items on familiarity with the other. These captured the frequency of contact with the partner within a dyad (“How often do you interact/engage with this classmate?”), rated from 1 “never” to 7 “every day for most of the day,” and the quality of contact with this partner (“How well do you get along with this

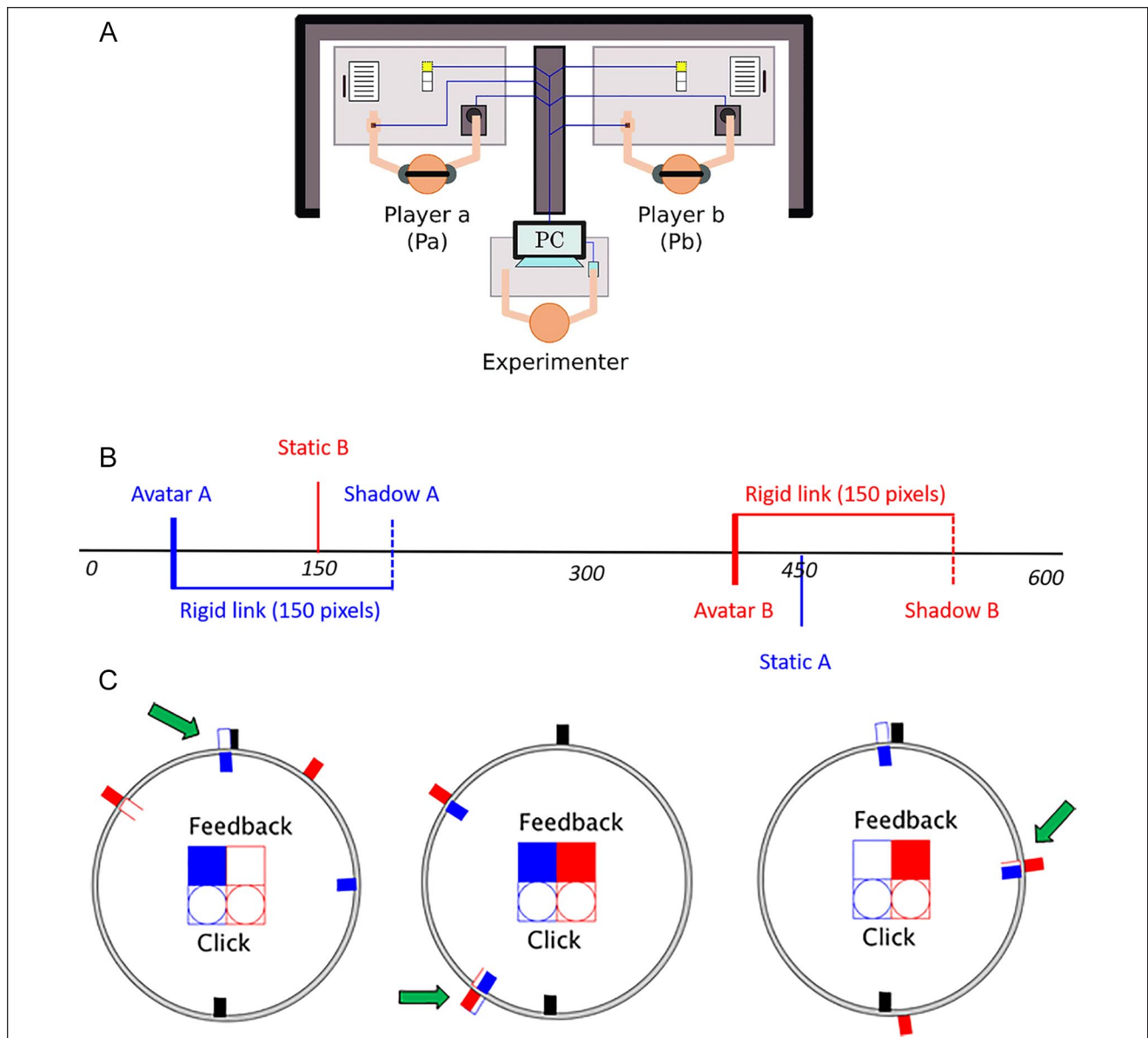


Figure 1. A: Set-Up PCE, Reproduced From Froese, Iizuka, and Ikegami (2014). B: The Virtual One-Dimensional Space With Locations of and Relations Between Entities (Invisible to Participants); Avatar A and B Representing Player A and B; Shadow A and B Representing the Shadow of Avatar A and B; and Each Player's Static Object. C: Loop One-Dimensional Virtual Space Showing Crossing With the Static Object, Crossing With the Other Avatar, Crossing With the Other Shadow, From Left to Right. The Colored Box in the Middle Shows the Vibration (Feedback) Perceived by Player A and B

classmate?"), rated from 1 "not well at all" to 7 "very well." Based on a significant and high correlation between these two items ($\rho = .72, p < .001$), the person-level mean was computed and used as a priori variable "familiarity" in the analyses to control for familiarity with the other player within a dyad (as preregistered). This addresses the potential variation explained by nestedness within class groups, as participants within the baseline session were part of different class groups within the same school.

Psychosocial Skills Questionnaire

The Psychosocial Skills Questionnaire (VPV; Van der Ploeg & Scholte, 2013) consisted of 36 statements reflecting self-reported inter- and intrapersonal skills. The response scale for each statement ranged from 1 "completely disagree" to 5 "completely agree." The interpersonal subscale includes subscales of relational skills (e.g., "Actively contact peers") and affective skills (e.g., "Take others' feelings into account"). The intrapersonal score consists of the subscales

of self-guidance (e.g., “Always complete [home]work entirely”) and self-awareness (e.g., “Be open to criticism and comments”). VPV total score was computed as the sum score of 36 items per individual. The internal consistency of the total score of social skills (sum score of all items) has been reported as Cronbach’s alpha = .93 (Van der Ploeg & Scholte, 2013). The item “I never let a difference of opinion get easily out of hand” was reworded to “I let a difference of opinion get easily out of hand,” based on reported difficulty with the double negative in this statement. The questionnaire has shown good reliability and sufficient construct validity (Van der Ploeg & Scholte, 2013). The internal consistency for VPV total score in our sample was Cronbach’s alpha = .89, and only this score was used in the current study, referred to as self-reported social skills.

ESM

We collected repeated self-reports in daily life using a mobile application (mobileQ; Meers et al., 2020) on a dedicated device loaned to the participants (Motorola Moto E4 Android smartphone). This device notified participants 10 times per day for six consecutive days to complete 3-minute brief questionnaires with maximum of 47 items (questionnaires hereafter referred to as beeps). A semi-random time sampling scheme was used in which notifications occurred at random time points within 90-minute intervals, with at least 15 minutes between consecutive notifications. The sampling took place between 8:30 a.m. and 10:30 p.m. More details of the ESM procedure are described in the SIGMA study protocol (Kirtley et al., In preparation). ESM self-reported questionnaires included a range of items, all publicly available via the ESM Item Repository (www.esmitemrepository.com; Kirtley et al., 2019). For the current study, only ESM items on social company and experiences of company were used: hereafter referred to as company and social experience.

Company. Participants indicated whether they were alone or in company at the moment of the beep. They could select multiple responses to specify their company, such as “parents” and “friends.” For the current study, the variable “company” was used as a binary variable indicating whether participants indicated being in company or alone at the moment of the beep.

Social Experience. If participants were in company, they completed follow-up items regarding their experiences of this company. The variable “social experience”³ comprised the mean of three items: “I feel at ease in this company,” “I feel appreciated in this company,” and “I belong [in this company].” The within- and between-person reliability of these items was good, with a Cronbach’s alpha of social experience of .90 and .95, respectively.

Statistical Analysis

We performed statistical analyses using STATA 14.2 (StataCorp., 2015). ESM data have a hierarchical structure. These data were analyzed using multilevel mixed-effects regression models, assuming a three-level structure (repeated beeps nested within individuals within schools). For each analysis, age group (three levels: early, mid, and late adolescence) and familiarity with the other player were added as covariates. Analyses including PCE performance have been separately conducted for each of the three PCE variables (awareness, accuracy, and time spent together) as we aim to test associations with daily life for each conceptually different element of the PCE. For testing the association between independent variable X and dependent variable Y , the model for the i -th participant, in the j -th school at time t is the following: $Y_{tij} = \gamma_{0ij} + b1 \times \text{Age}_i + b2 \times \text{VPV}_i + b3 \times \text{Age} \times \text{VPV}_i + b4 \times \text{Familiarity}_i + e_{tij}$ (Level 1); $\gamma_{0ij} = b00i + v_{ij}$ (Level 2); $b00j = b000 + u_j$ (Level 3).⁴ We report the results both uncorrected and corrected for multiple comparisons using the Bonferroni correction: $\alpha = .05/3$ (for the three separate PCE variables) = .017. For each association, a random intercept was allowed for school, accounting for potential differences between schools. For the analyses with PCE variables as the outcome, this was extended with a random intercept for dyad nested within school, and for the analyses with ESM variables as the outcome; this was extended with a random intercept for individual nested within school. In the tables, the p values that are significant after Bonferroni correction are highlighted in bold and the p values that would be significant without Bonferroni correction are highlighted in italics.

Primary Analyses. To test the association between PCE capacity for social contingency detection and social interaction in daily life (H1), we performed separate analyses with PCE variables awareness, accuracy, and time spent together as independent variables and ESM variables company (logistic) and social experience (linear) as dependent variables. To test the association between PCE capacity for social contingency detection and VPV self-reported social skills (H2), we performed separate multilevel linear mixed-effect regression analyses with PCE awareness, accuracy, and time spent together as independent variables and VPV self-reported social skills as the dependent variable. To test the association between self-reported social skills and social interaction in daily life (H3),⁵ we used self-reported social skills as the independent variable and company (logistic) and social experience (linear) as dependent variables. Finally, to compare VPV self-reported social skills and PCE capacity for social contingency detection in explaining variance in social interaction in daily life (H4), we added VPV self-reported social skills to each of the PCE variables in the

same model as independent variables and company and social experience separately as dependent variables, resulting in six analyses. We standardized the regression coefficients of the independent variables if applicable. This was computed by the following formula for standardizing coefficients in mixed model effects: $\text{beta_standardized} = (\text{beta_non-standardized} \times \text{SD}(\text{predictor})) / \text{SD}(\text{outcome})$ (Hox et al., 2010).

Exploratory Analyses. We conducted two exploratory analyses to improve our understanding of the results. These were not preregistered and were therefore added to the transparent changes document (https://osf.io/nhs6d/?view_only=4f7ea37b3cf648bdb7da48b1ce29dbb5). First, to test whether the associations differed across age groups, we added the interaction between age group and the independent variable after each analysis. We used the “margins” command to obtain the interaction coefficients for each age group. Second, to test whether interacting with company in daily life provided different findings compared with just being in company without interacting, we repeated the analyses with ESM social interaction as the outcome (company and social experience) including only the beeps in which participants reported to be interacting with their company. If participants were with others, they also rated the extent to which they interacted with their company (“We are doing something together”), on a scale from 1 “not at all” to 7 “very much.” An interaction score of at least 2 indicated at least some level of interaction, and this was used to include the beeps at moments when participants were interacting with their company. The absence of interaction (interaction score of 1) could, for instance, be reported when participants were reading in the same room with others.

Sample Size Rationale. As the PCE was included as part of a larger study (Kirtley et al., in preparation), we maximized the number of participants as far as this was practically feasible. While a power calculation was conducted for the larger study, we did not conduct a separate power analysis for the PCE sample. We were unable to perform a post hoc sensitivity power analysis as there were no sufficiently powered or comparable previous studies available from which to draw parameter estimates (Anderson et al., 2017). Given the nature of PCE and ESM data—within-person repeated measures—the current sample size exceeds the typical average sample size in similar designs (e.g., intensive longitudinal studies; Lafit et al., 2021).

Results

Sample and Data Characteristics

The initial sample consisted of 208 participants who completed the PCE, including 80 early adolescents, 48 mid

adolescents, and 80 late adolescents. For three participants, “awareness” data were missing, so the final sample of participants who completed the PCE comprised 205 adolescents. For 42 participants, no complete VPV data were available. According to the VPV manual (Van der Ploeg & Scholte, 2013), the total score can only be calculated if all items are completed, as this comprises the sum score of all 36 items. We report on a sample size of 166 for testing H2 and H4, excluding these participants.⁶ For the analyses using only company and social experience in interaction, 13.9% of the entire number of completed beeps were excluded as these reflected company without interaction. For three participants, there were missing data on demographics and the PCE awareness variable. For 23 participants, no ESM data were available. We report on a sample size of 185 for testing H1. The sample size for testing H3 included 150 participants who completed all three measures. Table 1 shows demographics and other sample details. Late adolescents completed fewer daily questionnaires compared with both younger age groups. As part of the reporting guidelines we followed for ESM research reporting in adolescence (van Roekel et al., 2019), we have added information on valid beeps per age group (Table 1).

Findings Primary Analyses

H1: Association Between PCE Social Capacity and Social Interaction in Daily Life (ESM). The associations between PCE capacity for social contingency detection (awareness, accuracy, time spent together) and social interaction (company and social experience) in daily life are shown in Table 2.

We found no statistically significant association between PCE awareness, accuracy, and time spent together and being in company in daily life. In all three analyses, there was a significant association between age group and being in company, such that, on average and compared with early adolescents, older adolescents were less likely to report being in company in daily life.

We found no statistically significant association between PCE accuracy/time spent together and social experience in daily life. In these two separate analyses, there was a significant association between the mid-adolescent age group and social experience in daily life, such that, on average and compared with early adolescents, this age group reported a lower social experience of company in daily life. There was a statistically significant, positive association between PCE awareness and social experience in daily life, such that the higher the reported awareness of PCE interaction, the higher the quality of the interaction reported in daily life. These effects fell short of significance after Bonferroni correction ($\alpha = .05/3 = .017$).

H2: Association Between PCE Social Capacity and Self-Reported Social Skills (VPV). We found no statistically significant

Table 1. Sample Characteristics of the Total Number of Participants Who Completed the PCE; Aggregated Mean Scores and Standard Deviations for VPV, ESM, and PCE Variables.

	Total sample N = 208 ^a	Early adolescence ^b —Year 1 n = 79	Mid adolescence ^b —Year 3 n = 46	Late adolescence ^b —Year 5 n = 80
Age (years)	14.4 (2.02)	12.2 (0.55)	14.6 (0.80)	16.5 (2.02)
Range	11–19	11–14	13–17	16–19
Gender				
male/female in %	40/60	44/56	26/74	45/55
VPV (N = 166)	134.0 (14.3)	138.0 (12.6)	131.3 (18.6)	130.6 (11.3)
Range	86–167	106–167	86–162	101–160
ESM (N = 185) ^c				
Company in %	84.7	90.9	80.3	79.0
Social experience	5.8 (1.5)	6.0 (1.5)	5.7 (1.5)	5.7 (1.4)
PCE (N = 208) ^a				
Awareness (N = 205)	3.7 (1.2)	4.0 (1.2)	3.6 (1.0)	3.4 (1.3)
Accuracy	0.4 (0.3)	0.3 (0.3)	0.4 (0.2)	0.5 (0.3)
Time spent together	20.0 (0.3)	18.5 (0.2)	19.5 (0.5)	22.0 (0.4)
Number valid beeps	30.6 (11.4)	31.8 (11.1)	31.4 (10.3)	27.9 (12.5)

Note. VPV = vragenlijst psychosociale vaardigheden; ESM = experience sampling methodology; PCE = perceptual crossing experiment.

^aMissing data on demographics and awareness (PCE) for $n = 3$. Awareness: mean score of 2 or 3 items, rated on 7-point Likert-type scale. Accuracy: proportion correct clicks out of total number of clicks. Time spent together: back-transformed in seconds of total round (60 seconds). ^bThe minimum and maximum age per age group overlaps across age groups as these are based on school year (1, 3, 5) within secondary education. ^cPercentage in company versus alone was computed across all beeps.

Table 2. Relationship Between PCE Variables and Daily Life Social Interaction (ESM).

	ESM					
	Company			Social experience		
	B (SE)	95% CI	<i>p</i>	B (SE)	95% CI	<i>p</i>
PCE awareness	0.08 (0.08)	[-0.09, 0.24]	.359	0.14 (0.06)	[0.01, 0.26]	.029
Year (age group)						
5 vs. 1	-0.92 (0.28)	[-1.47, -0.37]	.001	-0.34 (0.19)	[-0.72, 0.03]	.071
5 vs. 1	-0.97 (0.29)	[-1.54, -0.40]	.001	-0.09 (0.17)	[-0.44, 0.25]	.586
5 vs. 3	-0.05 (0.26)	[-0.56, 0.46]	.851	0.25 (0.20)	[-0.14, 0.64]	.214
Familiarity	-0.01 (0.06)	[-0.13, 0.11]	.849	0.03 (0.05)	[-0.06, 0.12]	.536
PCE accuracy	0.31 (0.36)	[-0.40, 1.01]	.397	-0.10 (0.28)	[-0.64, 0.45]	.728
Year (age group)						
5 vs. 1	-0.95 (0.29)	[-1.51, -0.39]	.001	-0.38 (0.19)	[-0.75, -0.00]	.048
5 vs. 1	-1.07 (0.31)	[-1.68, -0.46]	.001	-0.17 (0.18)	[-0.52, 0.17]	.328
5 vs. 3	-0.12 (0.27)	[-0.64, 0.41]	.665	0.21 (0.20)	[-0.20, 0.61]	.314
Familiarity	-0.00 (0.06)	[-0.12, 0.11]	.937	0.04 (0.05)	[-0.05, 0.13]	.388
PCE time spent together	0.01 (0.02)	[-0.03, 0.04]	.655	0.01 (0.01)	[-0.02, 0.03]	.547
Year (age group)						
5 vs. 1	-0.94 (0.28)	[-1.49, -0.38]	.001	-0.39 (0.19)	[-0.77, -0.02]	.040
5 vs. 1	-1.03 (0.30)	[-1.62, -0.44]	.001	-0.22 (0.18)	[-0.58, 0.13]	.213
5 vs. 3	-0.09 (0.27)	[-0.62, 0.43]	.731	0.17 (0.20)	[-0.23, 0.57]	.403
Familiarity	-0.00 (0.06)	[-0.12, 0.11]	.960	0.04 (0.05)	[-0.05, 0.13]	.378

Note. The p values that are significant after Bonferroni correction are highlighted in bold, and the p values that would be significant without Bonferroni correction are highlighted in italics. PCE = perceptual crossing experiment; ESM = experience sampling methodology; B = unstandardized coefficient; SE = standard error; CI = confidence interval.

Table 3. Relationship Between PCE Variables and Self-Reported Social Skills (VPV).

	VPV		
	B (SE)	95% CI	p
PCE awareness	1.75 (0.85)	[0.08, 3.42]	.040
Year (age group)			
2 vs. 1	-9.46 (3.46)	[-16.24, -2.68]	.006
5 vs. 1	-6.36 (3.11)	[-12.46, -0.26]	.041
5 vs. 3	3.10 (2.99)	[-2.76, 8.96]	.299
Familiarity	0.24 (0.68)	[-1.10, 1.57]	.729
PCE accuracy	-2.28 (3.75)	[-9.63, 5.08]	.544
Year (age group)			
2 vs. 1	-10.29 (3.53)	[-17.21, -3.37]	.004
5 vs. 1	-7.07 (3.19)	[-13.33, -0.81]	.027
5 vs. 3	3.22 (3.08)	[-2.81, 9.26]	.295
Familiarity	0.46 (0.69)	[-0.89, 1.81]	.504
PCE time spent together	0.13 (0.18)	[-0.23, 0.49]	.487
Year (age group)			
2 vs. 1	-10.03 (3.45)	[-16.80, -3.27]	.004
5 vs. 1	-7.67 (3.10)	[-13.75, -1.59]	.013
5 vs. 3	2.36 (3.03)	[-3.57, 8.30]	.435
Familiarity	0.37 (0.68)	[-0.97, 1.70]	.589

Note. The *p* values that are significant after Bonferroni correction are highlighted in bold, and the *p* values that would be significant without Bonferroni correction are highlighted in italics. PCE = perceptual crossing experiment; VPV = vragenlijst psychosociale vaardigheden; B = unstandardized coefficient; SE = standard error; CI = confidence interval.

association between both PCE accuracy and PCE time spent together and self-reported social skills (Table 3). PCE awareness was statistically significant and positively associated with self-reported skills, such that the higher the reported awareness of the PCE interaction, the higher the self-reported social skills. This effect fell short of significance after Bonferroni correction ($\alpha = .05/3 = .017$). The late- and mid-adolescent age groups also reported, on average, lower social skills compared with the youngest group.

H3: Association Between Self-Reported Social Skills (VPV) and Social Interaction in Daily Life (ESM). We found no statistically significant association between self-reported social skills and being in company in daily life. There was a significant association between age group and being in company, such that, on average, older adolescents were less likely to report being in company in daily life. There was a statistically significant, positive association between self-reported social skills and social experience in daily life, such that the higher the social skills score, the higher the reported social experiences in daily life (Table 4). Bonferroni correction was not applicable here.

H4: Comparison PCE Social Capacity and Self-Reported Social Skills (VPV). To compare PCE capacity for social contingency detection and self-reported social skills (VPV) in the association with social interaction in daily life, VPV score

was added to each of the three separately tested associations of PCE variables (awareness, accuracy, time spent together) with daily life social interaction, resulting in six tested associations (Table 5). The association between self-reported social skills and social experience in daily life remained when adjusted for PCE variables, also after Bonferroni correction ($\alpha = .05/6 = .008$).

Exploratory Findings

Interaction With Age Group. A significant interaction effect was found for the late adolescent group in the association between PCE awareness and social experience in daily life, such that this group showed a stronger increase of social experience in daily life compared with the other age groups. Significant interaction effects were also found for each age group in the association between self-reported social skills and social experience in daily life. That is, the mid-adolescent age group showed a stronger increase of social experience in daily life compared with the other age groups. The results of all tested interactions are presented in Supplemental Material C.

Repeated Analyses Including Only Moments of Interaction With the Company in Daily Life. In 83.6% of the ESM prompts when participants indicated being in company, they also indicated they were interacting with this company, based on

Table 4. Relationship Between Self-Reported Social Skills (VPV) and Daily Life Social Interaction (ESM).

	ESM					
	Company			Social experience		
	B (SE)	95% CI	<i>p</i>	B (SE)	95% CI	<i>p</i>
VPV	0.01 (0.01)	[-0.00, 0.02]	.207	0.03 (0.01)	[0.02, 0.04]	<.001
Year (age group)						
3 vs. 1	-0.93 (0.25)	[-1.41, -0.44]	<.001	-0.03 (0.19)	[-0.41, 0.34]	.859
5 vs. 1	-1.04 (0.23)	[-1.49, -0.59]	<.001	0.15 (0.17)	[-0.19, 0.49]	.380
5 vs. 3	-0.11 (0.24)	[-0.57, 0.35]	.641	0.19 (0.19)	[-0.19, 0.56]	.329
Familiarity	-0.02 (0.06)	[-0.14, 0.09]	.693	0.02 (0.05)	[-0.07, 0.11]	.708

Note. The *p* values that are significant after Bonferroni correction are highlighted in bold. VPV = vragenlijst psychosociale vaardigheden; ESM = experience sampling methodology; B = unstandardized coefficient; SE = standard error; CI = confidence interval.

Table 5. Comparison Between PCE Capacity for Social Contingency Detection and Self-Reported Social Skills (VPV) in the Association With Social Interaction in Daily Life.

	ESM					
	Company			Social experience		
	B (SE)	95% CI	<i>p</i>	B (SE)	95% CI	<i>p</i>
PCE awareness	0.12 (0.08)	[-0.04, 0.29]	.137	0.10 (0.06)	[-0.02, 0.22]	.114
VPV	0.01 (0.01)	[-0.01, 0.02]	.366	0.03 (0.01)	[0.02, 0.04]	<.001
PCE accuracy	0.18 (0.35)	[-0.50, 0.87]	.600	-0.18 (0.27)	[-0.71, 0.36]	.514
VPV	0.01 (0.01)	[-0.00, 0.02]	.194	0.03 (0.01)	[0.02, 0.04]	<.001
PCE time spent together	0.00 (0.02)	[-0.03, 0.04]	.867	-0.00 (0.01)	[-0.03, 0.02]	.791
VPV	0.01 (0.01)	[-0.00, 0.02]	.212	0.03 (0.01)	[0.02, 0.04]	<.001

Note. The *p* values that are significant after Bonferroni correction are highlighted in bold. PCE = perceptual crossing experiment; VPV = vragenlijst psychosociale vaardigheden; ESM = experience sampling methodology; B = unstandardized coefficient; SE = standard error; CI = confidence interval.

a score of at least 2 on the item “We are interacting.” When only including these moments in the analyses, overall, the confidence intervals around the regression coefficients became smaller. In particular, the differences between mid-adolescents and early adolescents became significant in the association with social experience in daily life. The results of these analyses are presented in Supplemental Material C.

Discussion

Within the scope of the current investigation, our findings did not provide evidence to support ecological and convergent validity for the PCE’s measure of the capacity for social contingency detection. While the associations between PCE awareness and social experience in daily life, and between PCE awareness and self-reported social skills (VPV) were in the expected (i.e., positive) direction, these were nonsignificant. In addition, no statistically significant associations were found between both PCE accuracy and PCE time spent together and social interaction in daily life.

Similarly, no associations were found between PCE accuracy and PCE time spent together and self-reported social skills. We found a positive association between self-reported social skills (VPV) and social experience in daily life. This robust association between self-reported social skills (VPV) and social experience in daily life did not change when adjusted for the variance explained by PCE awareness. We discuss the findings in more detail below, and consider their implications for further investigations of the PCE’s validity.

The Absence of an Association Between PCE Social Capacity and Social Interaction in Daily Life

We expected better PCE performance—reflecting better capacity for social contingency detection—to relate to increased social behavior, as well as a better experience of company in the real world, across different social contexts. However, we did not find evidence to support our hypothesis,

which may indicate that what we measure in the PCE does not relate to daily life social interaction. Yet, previous studies demonstrated a heightened awareness during the PCE that was uniquely associated with reciprocity as opposed to non-reciprocity, in both adults and adolescents (e.g., Froese, Iizuka, & Ikegami, 2014; Froese et al., 2020; Hermans et al., 2020). We argue that the complete absence of a link between PCE performance and daily life social interaction is unlikely, as the PCE in these studies has been shown to capture reciprocity, which is fundamental to social interaction. We describe two potential methodological explanations for not finding an association between PCE performance and daily life social interaction.

First, while the translation of experimentally assessed capacity for social contingency detection did not translate to daily life social interaction, this may be a function of the way in which we measured social interaction, that is, the specific ESM items we used to operationalize “daily-life social interaction.” As the PCE was primarily designed to study the relationship between sensorimotor interaction and social awareness (Auvray et al., 2009), finding no association between PCE performance and social behavior in daily life may not be entirely unexpected. In particular, adolescents may not always be able to choose when they want company or not (R. Achterhof, Kirtley, et al., 2020). Instead, PCE performance could be more directly associated with the level of subjective social *experience* in daily life, as opposed to the amount of social *behavior*. That is, adolescents who are more sensitive to the responsive presence of others, even under the minimal conditions of the PCE, could be expected to score higher on social skills, and rate social experience in daily life more highly. Indeed, although not statistically significant following Bonferroni correction, the direction of our results was consistent with this idea. An additional consideration is that the ESM social experience variable we used was averaged within and across individuals. A variable capturing within-person variability across moments may have been more appropriate to test associations with a dynamic adaptability score obtained by the PCE.

Second, our findings suggest that the PCE uniquely captures the capacity for social contingency detection within a specific PCE interaction, which only results from real-time interaction itself. This is essentially what dynamic systems theory would predict: that the simultaneous, responsive behavior of two individuals with the same goal results in a better coordination than what would be expected from the mere sum of isolated behavior (Froese & Gallagher, 2012; Froese, Iizuka, & Ikegami, 2013; Thelen & Smith, 2006). Indeed, recent simulation studies have demonstrated that coordination of movement (reciprocity) resulted in enhanced complexity that could be reached neither by studying independent, isolated behaviors nor in studying communication with a nonresponsive social stimulus

(Candadai et al., 2019; Froese et al., 2020). Therefore, another plausible interpretation for the absence of an association between PCE performance and daily life social interaction is that the PCE performance only reflects the specific interaction measured within that specific dyad. Consequently, the capacity for social contingency detection as manifested within this specific interaction would not necessarily relate to the capacity for social contingency detection as manifested within different dyads in the real world. If this interpretation of the findings is true, it may be argued that the PCE in the current setup did not measure what we set out to measure, as we aimed to capture a context-independent capacity to flexibly adapt to changing social situations.

If each captured interaction is dependent on the specific context and dyad, the next question is how to establish ecological validity of the PCE. Averaging PCE performance within one individual in interaction with more than one other individual, that is, testing multiple dyads, could elucidate the extent to which the capacity for social contingency detection captured with the PCE is context-dependent, which will inform future use of the PCE. Examples of future setups include participants interacting with a computer with varying levels of adaptation to the participant, or participants switching dyads in a prolonged experiment. Both could result in an adaptability score within the PCE, which may be closer to what we ultimately aim for: predicting social adaptability to fluctuating social environments throughout the day, using an individual adaptability score. Therefore, we would expect this average adaptability score to be associated with daily life social interaction, or with individual variability of social behavior and experience in daily life.

Higher Self-Reported Social Skills Are Associated With a Better Social Experience in Daily Life

Self-reports of better social skills were robustly associated with better social experiences in daily life, although these were not associated with social behavior in daily life. Social behavior itself may be less affected by social skills than the experience of social interactions, at least in the general population. In particular, adolescents typically spend the majority of their time in structured situations such as school (R. Achterhof, Kirtley, et al., 2020), giving them less freedom to choose whether they want to be with others. This decreases with older age when adolescents become increasingly independent from their caregivers and peers (Lee et al., 2018), in addition to experiencing being alone as more positive than younger adolescents (Vanhalst et al., 2013; Wang et al., 2013). This would be in line with the negative effect of age we found on the average number of reports in company. The association we found between self-reported social skills and social experience in daily life

indicates that individuals with higher self-reported social skills experience social interaction more positively and potentially as more rewarding compared with individuals with lower self-reported social skills. This is an interesting avenue for future work, especially given that social reward and motivation deficits are characteristic of psychopathologies with a strong social component, such as autism spectrum disorder (Bottini, 2018) and psychosis (Frost & Strauss, 2016). For instance, early detection and prevention of social impairments could focus on improving social experience in daily life.

Notably, as we found variation in self-reported social skills to relate to differences in social experience of interactions in daily life, we could similarly expect self-reported social skills to relate to awareness of the interaction within the PCE. That is, awareness of the PCE interaction reflects the experience of social responsiveness. Indeed, we found an association between PCE awareness and social experience in daily life in the unadjusted analyses, but this was no longer significant following the application of the highly conservative Bonferroni correction (Streiner & Norman, 2011). The limited information provided by PCE performance based on the interaction with only one other individual may explain this. However, this needs further scrutiny, especially given that the novelty of our research (in adolescence) precludes us from comparing effect sizes with previous studies. Nevertheless, testing the interaction across multiple dyads could be a future avenue to investigate awareness of interaction across different social interactions. The use of dyadic analysis to maximize the information obtained from these dyads may even further advance future validation efforts of the PCE, and these have been implemented in a recent adult PCE study (Froese et al., 2020).

Limitations and Future Considerations

Our findings show that the PCE requires future research to further explore its experimental value in social interaction research. In particular, averaging PCE scores across multiple dyads may be a starting point for future research. This recommendation could benefit from a laboratory environment (as opposed to the current school setting), in which other factors potentially impacting PCE performance, such as noise, can be minimized. Taking a measure of the capacity for social contingency detection back to the lab seems counter-intuitive, given our aim to improve the ecological validity of these measures. However, laboratory testing of real-time social interaction within dyads may focus on what is fundamentally underlying social interaction, while still addressing the dynamic and continuous coordination among individuals. More controlled testing would also allow further refinement of the PCE variables.

Furthermore, the PCE is assessing dynamic interactions between two individuals. Still, we use this task to draw

inferences about the *individual* capacity for social contingency detection. However, the task performance is obviously influenced by the capacity of the other individual as well. Interacting with someone who is performing more poorly may influence the overall dynamic interaction in a negative way, while interacting with someone who is particularly good at the task, may improve the overall dynamic interaction substantially. One way of improving this would be to allow the individuals to participate in multiple dyads and calculate the average performance of the individual over these different dyads.

Another step toward validation of the PCE includes testing associations with social skills as assessed by external raters, such as parents or teachers. This would also address the potential impact of response styles, such that the correlation between different self-report measures is related to common method effects (Paulhus, 1991). Another important future validation step is testing associations between PCE performance and other tasks that aim to measure real-time social interaction. In particular, tasks with a focus on another modality than touch, such as the visual modality in studies on dyadic gaze behavior (Hessels, 2020), are interesting in this respect. Investigating other modalities than verbal interaction in social interaction research may even elucidate ways to capture interaction below the level of explicit awareness.

Our study operationalized “social experience” as a sum score of the variables, “I feel at ease in this company,” “I feel appreciated in this company,” and “I belong (in this company).” However, this does not exhaustively capture all aspects of daily life social experience. Future research may benefit from investigating other relevant aspects of social experience, for example, social acceptance or (friendship) closeness (Pouwels et al., 2021).

In addition, ESM compliance varied substantially, and unlike previous ESM studies in adults (e.g., Palmier-Claus et al., 2011), we did not exclude participants if their compliance rate was lower than one third of beeps to avoid potentially biasing our inferences (Jacobson, 2020). Although our sample’s average compliance rate was higher than the average compliance in the entire SIGMA study sample (51% vs. 41%, based on participants who completed at least one beep), it still reflects the lower end of the range of compliance rates reported by other ESM studies in adolescents (van Roekel et al., 2019). Our adolescent population spent a significant amount of time at school (43% in the entire sample; Kirtley et al., 2019), which is also the moment that notifications are generally experienced as least inconvenient by adolescents (van Roekel et al., 2019). However, in contrast to findings by Van Roekel et al. (2019), we found that late adolescents completed significantly fewer beeps than the younger age groups. It may be the case that adolescents completed fewer beeps when they were in the company of others compared with when they were alone. This would

have resulted in limited variability in the social behavior and experience variables, which could impact the strength of associations and introduce bias. Therefore, this limitation should be considered in the interpretation of results and, if possible, prevented in future research.

Finally, the absence of a separate power analysis for the current study's sample—due to no available previous parameter estimates—can be regarded as a limitation and should be considered when interpreting the findings. Future PCE studies could use the current study's estimates to conduct *a priori* power analyses. Similarly, future PCE studies should attempt to replicate the psychometric properties of the novel scales used in the current study. Following Flake et al. (2017), the use of Cronbach's alpha to test the reliability of items, and the use of short scales to capture our constructs may be considered methodologically suboptimal. However, our current measures were grounded in previous PCE research and the computation of our variables has been preregistered. Therefore, we argue that the current study's purpose to evaluate the PCE's validity with regard to external measures, including previously used short scales, is valid at this stage.

Conclusion

The current study is the first in which the capacity for social contingency detection, as captured with the PCE, has been studied in relation to other external measures of social skills and behaviors. No significant associations were found between PCE performance and (a) the probability and experience of being in company during daily life, and (b) self-reported social skills. Within the scope of these specific associations, therefore, we did not find evidence supporting ecological and convergent validity of the PCE. Although our results were in the expected direction, we only found a positive association between self-reported social skills and social experience of interactions in daily life. Yet, our findings have also uncovered novel hypotheses for future work in social interaction research, particularly regarding testing multiple dyads to obtain a social adaptability score that may be predictive of daily life social interaction.

Given the importance of early detection of social impairments and the quickly changing social environments to which adolescents must adapt (Dahl et al., 2018), we continue to encourage future work to include social dynamics as opposed to individualistic methods of the capacity for social contingency detection. The PCE is the first experimental task used in adolescents in which the crucial interactive element to simulate real social interaction has been addressed from an interactionist point of view (Schilbach, 2016). As the complexity of capturing social dynamics should not be underestimated (Fried & Robinaugh, 2020),

we argue that future work to improve the PCE setup and investigate the validity of the experiment is worthwhile.

Author Note

The experimental data used for the current manuscript have previously been used for two other studies (Hermans et al., 2020, 2021). Descriptive data on the SIGMA project, where the current study's sample is part of, are published in a (Dutch) national report (Kirtley et al., 2019), available via www.sigma-leuven.be. This manuscript has been published as a preprint on PsyArXiv, available via <https://psyarxiv.com/jrzbw/>.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Data Availability Statement

The data sets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request. The data are not publicly available due to privacy or ethical restrictions. Experience Sampling Methodology (ESM) items are publicly available in the ESM Item Repository (Kirtley et al., 2019). The study was preregistered at the website of the Open Science Framework, available via <https://osf.io/bxzkp>. Discrepancies between the preregistration and the final report are detailed in a transparent changes document. This document and the STATA code used for the analyses are available via the OSF website: https://osf.io/nhs6d/?view_only=4f7ea37b3cf648bdb7da48b1ce29dbb5. This study has been submitted as a preprint on PsyArXiv, available via <https://psyarxiv.com/jrzbw/>.

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Methodological Disclosure

We report how we determined our sample size, all data exclusions, all manipulations, and all measures in the study.

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Supplemental Material

Supplemental material for this article is available online.

Notes

1. Although these components resemble the sensory, cognitive-interpretative, and motoric aspects of reciprocal behavior in the terminology, we adopted from Constantino et al. (2000), and we emphasize the dynamic interplay of these components during interaction (in line with dynamic systems theory), instead of the isolated expression of each component in a certain order (in line with traditional cognitivist theories), as also set out by Froese and Gallagher (2012).
2. The education system in Flanders allows for adolescents to redo a year in school. With age groups based on school year, this results in heterogeneous age groups, which show some overlap (Table 1).
3. The term “social experience” has been adopted from previous Experience Sampling Methodology (ESM) papers, distinguishing between social experiences and social behavior (Achterhof, Kirtley, et al., 2021, May 21; Achterhof, Kirtley, et al., 2020; Achterhof, Kirtley, et al., 2021; Achterhof, Myin-Germeys, et al., 2021, June 14; Achterhof, Kirtley, et al., 2020). Social experience captures a broad range of variables tapping into different experiential aspects of the social encounter, including social comfort and social acceptance.
4. γ_{0ij} represents the mean of individual i on school j , and the error e_{tij} represents the deviation from the participant's outcome on school j at time t . The participant's mean level as denoted by b_{00i} and 0_{ji} is the deviation of the day mean level for this participant from their mean level. b_{000} denotes the grand mean of the outcome for the population, and u_j represents the deviation of the mean level for the participants in school j from the population mean. In this model, the Level 1 errors are normally distributed. The random effects v_{ij} and u_j are normally distributed.
5. In error, this hypothesis was not preregistered. As this analysis was a prerequisite for testing H4, we have still included it here in the primary analysis section. Although, we recognize that, its non-preregistration means it is not strictly confirmatory.
6. In Supplemental Material B, the results are presented including 18 participants with 1, 2, or 3 missing items on the VPV for whom data were imputed (using the average person VPV score), in addition to a sensitivity analysis.

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