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Resources on Aging

Resource Directory

The National Institute on Aging (NIA) has published a *Resource* Directory for Older People, which lists 200 national organizations that offer health information, social services, consumer advice, legal aid, or other assistance for older persons and their families. The directory is available free of charge from the NIA Information Center/Directory, P.O. Box 8057, Gaithersburg, MD 20898-8057.

Aging Network

The "Aging Network" is a national network of agencies (private service providers along with governmental agencies) that has been a vital part of the improvement of services to the elderly in the United States since 1970. This "Aging Network" consists of the following units.

- •Administration on Aging (AoA): within the U.S. Department of Health and Human Services
- •Regional Offices—Administration on Aging: regional offices of the AoA are throughout the U.S.
- •State Agencies on Aging: every state has a unit or department on aging
- •Area Agencies on Aging (AAA): local communities (usually at a county level) have an AAA—a single agency that serves as the local coordinator for both state and federal programs

•Senior Centers: usually private nonprofit corporations in larger communities that offer recreational and educational programs for older people

•Local Service Providers: any local service provider that operates through governmental and private funding; the range of services can include family services, senior centers, the Foster Grandparent program, Talking Books, meals programs, employment services, transportation services, protective services, information and referral services, visitor programs, outreach services, telephone reassurance, homemaker services, and income counseling.

In addition, the National Institute on Aging within the National Institutes of Health, U.S. Department of Health and Human Services is a national-level resource whose focus is primarily on research and training.

Professional/Advocacy Associations

American Association of Retired Persons (AARP) 1909 K Street NW Washington, D.C. 20049

American Geriatric Society (AGS) 770 Lexington Ave., Suite 400 New York, NY 10021

American Psychological Association (Section on Aging) 1200 17th Street NW Washington, DC 20036

American Public Health Association (Section on Aging) 1015 15th Street NW Washington, DC 20005

American Society on Aging (ASA) 833 Market Street, Suite 512 San Francisco, CA 94103

American Sociological Association (Section on Aging) 1722 N Street NW Washington, DC 20036

Association for Adult Development and Aging 5999 Stevenson Ave. Alexandria, VA 22304 Association for Gerontology in Higher Education 600 Maryland Avenue, S.W. West Wing Suite 204 Washington, D.C., 20024

Center for Social Gerontology (formerly the International Association of Gerontology) 117 North First Street Suite 204 Ann Arbor, MI 48104

Gerontological Society of America (GSA) 1275 K Street, NW, Suite 350 Washington, DC 20005

Gray Panthers 1424 16th Street NW Suite 602 Washington, DC 20036

National Caucus and Center for the Black Aged 1424 K Street NW Suite 500 Washington, DC 20005

National Council on the Aging (NCOA) 600 Maryland Ave. SW West Wing, Suite 100 Washington, D.C. 20024

National Council of Senior Citizens (NCSC) 925 15th Street NW Washington, DC 20005

National Institute of Senior Centers (NISC) 600 Maryland Ave. SW West Wing, Suite 100 Washington, D.C. 20024

Educational Programs for Gerontology Specialists

The Association for Gerontology in Higher Education was founded in 1974 to advance gerontology as a field of study within institutions of higher learning. AGHE has recently completed standards and guidelines for gerontology programs and has compiled a national directory of educational programs in gerontology and geriatrics. The following publications are now available from AGHE (600 Maryland Ave SW, West Wing 204, Washington, D.C. 20024; 202-484-7505).

- National Directory of Educational Programs in Gerontology and Geriatrics: Members of the Association for Gerontology in Higher Education
- Standards and Guidelines for Gerontology Programs
- Nursing and Gerontology: Status Report
- Social Work and Gerontology: Status Report
- Brief Bibliographies (an annotated bibliography of education and training materials for gerontology)

The National Board for Certified Counselors, Inc. (NBCC) has implemented a certification process for professional counselors in the field of gerontology. The National Certified Gerontological Counselor Credential is a result of the joint efforts of the NBCC, the Association for Adult Development and Aging, and the Council for Accreditation for Counseling and Related Educational Programs. For further information, contact: NBCC, 5999 Stevenson Ave., Suite 402, Alexandria, VA 22304

The American Association of Retired Persons (AARP) maintains an audio-visual library, along with numerous other publications and resources that can be used for educational purposes. For information contact: AARP Program Resources, Dept. FC, 601 E Street, NW, Washington, DC 20049.

The American Sociological Association, Teaching Resources Center has a collection of syllabi and materials for Teaching Sociology of Aging. Contact ASA, 1722 N Street NW, Washington, DC 20036; (202) 833-3410.

Funding Sources

The Foundation Center has published the National Guide to Funding in Aging. This book is designed for researchers in public policy and for fundraisers who want to prepare for increasing competition in the field. It provides an updated review of the agencies and organizations that award money to programs supporting the elderly. It includes agencies that have demonstrated a commitment to funding programs for the aged, including federal, state, voluntary, and other foundations. Contact: The Foundation Center, 79 Fifth Avenue, New York, NY 10003, or call 1-800-424-9836.

Funding in the area of aging has been fueled by governmental funding (e.g., the National Institute on Aging, Administration on Aging, State Units on Aging, and other governmental agencies such as the Department of Labor), along with private organizations, such as the American Association of Retired Persons (AARP Foundation and AARP Andrus Foundation). The Behavioral and Social Research program of the National Institute on Aging supports basic social and behavioral research, and research training on the aging process and the place of older people in society. The BSR program is administratively organized into three units: Adult Psychological Development, Social Science Research on Aging, and Demography and Population Epidemiology.

National Data Bases

National Archive of Computerized Data on Aging (NACDA)

NACDA is a project of the Inter-university Consortium for Political and Social Research (ICPSR). It is based at the University of Michigan in the Center for Political Studies of the Institute for Social Research, and it is funded by the National Institute on Aging, NACDA is directed by a committee of experts in the field of gerontology who, in turn, are guided by the recommendations of three subcommittees that assist in the prioritizing and acquisition of data in substantive areas. These subcommittees are: 1) Epidemiology of Chronic Diseases and Aging; 2) Demographic and Economic Data for Aging Research; and 3) Health Behaviors and Well-Being in the Elderly. For a catalogue of available data, resource guide, or data request, contact: NACDA project, P.O. Box 1248, Ann Arbor, MI 48106; (313) 763-5010.

National Government Statistical Compilations

Two governmental sources of statistical information most pertinent to the study of aging are available from: U.S. Department of Health and Human Services Social Security Administration Office of Research and Statistics Room 209 Van Ness Centre 4301 Connecticut Avenue, NW Washington, DC 20008 (202) 282-7138

U.S. Department of Commerce Bureau of Census Customer Services Washington, DC 20233 (301) 763-4100

Literature/Abstracts

Journals

Activities, Adaptation & Aging Aging Ageing and Society Behavior, Health, & Aging Clinical Gerontologist Educational Gerontology Experimental Aging Research Generations Gerontology & Geriatrics Education Geriatrics Home Health Care Services Quarterly International Journal of Aging and Human Development International Journal of Technology and Aging International Psychogeriatrics Journal of Aging and Health Journal of Aging & Social Policy Journal of Aging Studies Journal of the American Geriatrics Society Journal of Applied Gerontology Journal of Cross-Cultural Gerontology Journal of Elder Abuse & Neglect Journal of Geriatric Drug Therapy

Journal of Gerontological Aging Journal of Gerontological Social Work Journal of Gerontology Journal of Housing for the Elderly Journal of Long-term Care Administration Journal of Nutrition for the Elderly Journal of Nutrition Gerontology Journal of Religious Gerontology Journal of the American Geriatric Society Journal of Women & Aging Modern Maturity Physical & Occupational Therapy in Geriatrics Research on Aging The Gerontologist

Abstracting Services

Abstracts in Social Gerontology Aged Care and Services Review

Handbooks/Annual Reviews

Annual Review of Gerontology and Geriatrics, edited by M. P. Lawton, Springer Publishing Co.

Handbook of Aging and the Social Sciences, edited by R.H. Binstock and L.K. George, Academic Press

Handbook of the Psychology of Aging, edited by J.E. Birren and K.W. Schaie, Academic Press

Handbook of the Biology of Aging, edited by E.L. Scheider and J.W. Rowe, Academic Press

Annual Editions: Aging, edited by H. Cox, The Dushkin Publishing Group, Inc.

Newsletters

AARP Bulletin, a monthly publication of the American Association of Retired Persons

Aging Today, a bimonthly publication of the American Society on Aging The Brown University Long-Term Care Letter, a twice-a-month report from the Brown University Center for Gerontology and Health-Care Research