# X-ray polarimetry and its application to strong-field QED

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# Abstract

Polarimetry is a highly sensitive method to quantify changes of the polarization state of light when passing through matter and is therefore widely applied in material science. The progress of synchrotron and X-Ray Free Electron Laser (XFEL) sources has led to significant developments of X-ray polarizers, opening perspectives for new applications of polarimetry to study source and beamline parameters as well as sample characteristics. X-ray polarimetry has shown to date a polarization purity of  $<1.4 \cdot 10^{-11}$ , enabling detection of very small signals from ultrafast phenomena. A prominent application is the detection of vacuum birefringence. Vacuum birefringence is predicted in Quantum Electrodynamics (QED) and expected to be probed by combining an XFEL with a petawatt-class optical laser. We review how source and optical elements affect X-ray polarimeters in general and what qualities are required for detection of vacuum birefringence.

Keywords: X-rays, polarizer, polarimetry, birefringence, QED

# 1. Introduction

Polarization is one of the fundamental characteristics of electromagnetic radiation<sup>[1]</sup>. Polarimetry, the quantitative determination of the polarization state, is a multifunctional and sensitive method to study light-matter interaction. In general, a polarimeter consists of two polarizers - called polarizer and analyzer - and their linear polarization transmission directions have an angle to each other, usually using orthogonal polarization settings, refer to Figure 1: A beam from the light source becomes linearly polarized by the polarizer. The linearly polarized light undergoes a change in polarization as it passes through the anisotropic sample. Only the beam component whose polarization meets the transmission direction of the analyzer can finally pass through the analyzer and can be detected by the detector. The physical properties of the sample can be obtained by detecting the change in polarization of the beam before and after it passes through the sample.



Figure 1: Basic scheme of polarimetry. Essential is the pair of polarizers with a different and variable orientation to each other to study the effect of a sample in between onto the polarization.

Polarimetry with high resolution, which breaks the limitations of low spatial resolution inherent in traditional measurement methods, is an emerging detection tool for atmospheric remote sensing, astronomy, biomedical diagnostics, and much more<sup>[2,3]</sup>. For instance, by combining with multispectral and multi-angle functionality, polarimetry allows for the analysis of aerosol's microphysical properties and chemical composition in atmospheric remote sensing<sup>[4,5]</sup>. In biomedical diagnostics, the degree of polarization depends on the properties of the biological tissues. Polarimetry is a diagnostic for tissue properties and provides a useful way for

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early cancer detection<sup>[6]</sup>.

At the beginning of the 20th century, Barkla<sup>[7–9]</sup> pointed out that X-rays are polarized. X-ray polarimetry has been developed gradually in many research fields because of the short wavelength and great penetration of X-rays<sup>[10,11]</sup>. For the detection of magnetic fields, polarized X-rays have the appropriate ability to explore the features of magnetic structures in structural magnetism and the X-ray polarization can discriminate chiral from helimagnetic structures<sup>[12–15]</sup>. In the measurement of X-ray optical activity, Siddons *et al.*<sup>[16]</sup> successfully observed the optical activity and obtained 2 mrad rotations in a chiral organometallic compound.

Moreover, polarimetry with high sensitivity can be applied to explore the nonlinear properties of vacuum. In the QED description of vacuum<sup>[17]</sup>, virtual particle-antiparticle pairs, called quantum fluctuations, are allowed for ultra-short times. In strong external electric or magnetic fields, these virtual particle pairs can be partially aligned, resulting in an optical property of vacuum.

In essence, fields **E** and **B** yield higher-order terms of the Lagrangian  $\mathcal{L}$  describing the wave propagation<sup>[18–21]</sup> where the first order correction reads (in natural units  $\hbar = c = 1$ ) as

$$\delta \mathcal{L} = \xi \left[ (\mathbf{E}^2 - \mathbf{B}^2)^2 + 7(\mathbf{E} \cdot \mathbf{B})^2 \right], \qquad (1)$$

where  $\xi$  is a normalization

$$\xi = \frac{2\alpha^2}{45m^4} \propto \frac{\alpha}{E_{\rm crit}^2} \tag{2}$$

with  $\alpha$  being the fine structure constant, m the particle's rest mass (those constituting the virtual pairs), and  $E_{\rm crit}^2$  the critical field of QED. Considering electrons and positrons as lightest and therefore most relevant species (due to  $\propto m^{-4}$ -scaling) for the quantum fluctuations, the critical field in SI units is

$$E_{\rm crit} \approx 1.3 \cdot 10^{18} \, {\rm V \, m^{-1}}$$
 (3a)

$$B_{\rm crit} = E_{\rm crit}/c \approx 4.4 \cdot 10^9 \,\mathrm{T} \tag{3b}$$

$$I_{\rm crit} \approx 4.4 \cdot 10^{29} \,\mathrm{W/cm^2} \tag{3c}$$

where *c* the vacuum speed of light. This relation shows the magnitudes the fields must have such that those effects occur. Nuclei of atoms provide very strong Coulomb fields and lead to specific QED corrections, referred to as Lamb shift, Anomalous magnetic moment and Delbrück scattering<sup>[22–28]</sup>.

More attractive to scientists is the case of controllable fields, i.e. laboratory vacuum and laboratory fields. The reason for the interest is the dependence on  $m^{-4}$ , such that hypothetical light particles would contribute significantly.

Considering two different origins of the fields, a strong background field and a weak probing field, the right part of Eq. (1) describes a correction  $\Delta n$  of the refractive index to the classical n = 1 for vacuum. Yet, depending on the relative k-vector and electric field orientation, there are *two components* for left- and right-handed circular polarization components of the probe field like

$$n_{\pm} = 1 + (11 \pm 3)\xi E_{\text{crit}}^2 \times \mathcal{A} \tag{4}$$

with  $\mathcal{A}$  being a measure of quadratic field strength normalized to the critical field, like  $(E/E_{\rm crit})^2$  or  $(B/B_{\rm crit})^2$  for static fields or  $I/I_{\rm crit}$  for a beam intensity I, see Sec. 3.

Hence, the difference of the phase velocities yields a birefringence of vacuum<sup>[17–19,29–36]</sup> whereas the difference from n = 1 yields a refraction in general. Furthermore, the external field, polarizing the vacuum, can be realized by static fields or by electromagnetic waves. The latter is considered photon-photon or light-by-light scattering<sup>[37,38]</sup> which would not happen in classical electrodynamics. A good overview of vacuum birefringence is given in the recent review article<sup>[39]</sup> and references therein.

So far, vacuum birefringence laboratory experiments employ linearly polarized optical laser beams in magnetic fields and are reported for PVLAS<sup>[40,41]</sup>, BMV<sup>[42]</sup> and Q&A<sup>[43,44]</sup>. Ejlli *et al.*<sup>[41]</sup> concluded the final limits on vacuum magnetic birefringence  $\Delta n$  and dichroism  $\Delta \kappa$  of the PVLAS-FE experiment at  $B = 2.5 \text{ T} \approx 5.7 \cdot 10^{-10} B_{\text{crit}}$  are

$$\Delta n = (12 \pm 17) \cdot 10^{-23}$$
 and  
 $\Delta \kappa = (10 \pm 28) \cdot 10^{-23}$ ,

respectively. The experiment is compatible with the absence of vacuum birefringence. Agil *et al.*<sup>[42]</sup> clarify that the limiting noise affecting the vacuum linear magnetic birefringence experiment is a birefringence one, and expect to get 100 times better results in polarimetry experiments by eliminating the limiting noise in BMV experiment.

The major challenge of vacuum birefringence experiments is the extremely small effect, where two laboratory quantities may leverage: A) the provision of sufficiently strong external fields by intense radiation and B) using a shorter probe wavelength. The former argument is pretty clear when considering Eq. (4) and A. The latter argument is derived from the phase shift being the observable for changes of the refractive index: for a birefringent medium of length  $\ell$ , the accumulated phase shift is  $\Delta \phi = 2\pi \cdot \Delta n \cdot \ell / \lambda$ , with  $\lambda$ being the wavelength of the probe beam passing through the birefringent vacuum.

For the above-mentioned studies, the effective path is generated by a Fabry-Perot-setup in meter-long magnetic fields, providing  $\ell \sim 10^6$  m while  $\lambda \sim 10^{-6}$  m, thus  $\ell/\lambda \sim 10^{12}$ . However,  $\mathcal{A} \sim (10^{-10})^2 = 10^{-20}$ . In contrast, schemes proposing an intense laser beam to generate the birefringence and an X-ray beam for probing

gain significantly by the field strength but loose in effective interaction length:  $\mathcal{A} = I/I_{\rm crit} \sim 10^{21}/10^{29} \sim 10^{-8} \gg 10^{-20}$  and  $\ell/\lambda \sim 10^{-6} \,\mathrm{m}/10^{-10} \,\mathrm{m} \sim 10^4 \ll 10^{12}$  can be estimated. Comparing the schemes, the latter promises a factor  $10^{-8}/10^{-20} \cdot 10^4/10^{12} \sim 10^4$  more phase shift than the current laboratory experiments.

This stimulated scientists to improve the performance of X-ray polarimetry. Here, we review the related studies. In this paper, the contents are as follows: we introduce X-ray polarimetry in Section 2. First of all, we discuss the polarization purity of X-rays and the influencing factors and limitations in Section 2.1, followed by details for high-quality X-ray polarizer in Section 2.2. In Section 3, we present the details of detecting vacuum birefringence, including experimental setups (Section 3.2) and general signal estimates (Section 3.3). We further discuss available facilities (Sec. 3.4) and related instrumentation (Sec. 3.4.4). Section 4 is a brief description of applications of X-ray polarimetry to nuclear resonant scattering, strong field physics and astrophysics.

## 2. X-ray polarimetry

The basic schematics shown in Figure 1 can be transferred to the X-ray domain, such that polarizing elements are required for the roles of polarizer and analyzer. Here we discuss the crucial components and potential accuracy of X-ray polarimetry. At first, we would like to introduce two methods to obtain polarized X-rays.



Figure 2: Basic diffraction geometry for anomalous transmission of X-rays (Borrmann effect). Taken from Cole *et al.*<sup>[45]</sup>.

The Borrmann effect, or anomalous transmission, was discovered by Borrmann<sup>[46]</sup> in 1941. The polarized X-rays are produced when X-rays pass through crystals because of the *different absorbance* of two orthogonal polarization planes<sup>[45,47]</sup>. The polarization state with the electric vector in the plane of incidence is preferentially absorbed, in comparison to the polarization state with the electric vector perpendicular to the plane of incidence. Here, the polarizers based on the Borrmann effect are applied to the investigation

of electric-magnetic properties of ferroelectric materials and optical properties in chiral compounds<sup>[16,48]</sup>. The drawbacks of this polarizer are low efficiency and a narrow angular acceptance<sup>[49]</sup>. In 1961, Cole<sup>[45]</sup> *et al.* constructed a polarizer-monochromator, where the polarizer is made from a single Germanium crystal slab with 1 mm thickness, and the diffracted beam based on Borrmann effect is polarized, as shown in Figure 2. The best intensity ratio of the two orthogonal polarization states based on Borrmann effect is less than  $1.5 \cdot 10^{-5}$  for a 2 mm thick Silicon crystal polarizer and 4 mm thick analyzer<sup>[48]</sup>.

Alternatively, polarized X-rays can be produced on perfect crystals with the Bragg diffraction at nearly 45° and thereby exploiting *Brewster's law*<sup>[10,50]</sup>. As shown in Figure 3, the Bragg diffraction happens near the crystal surface for low absorption. The polarization component parallel to the plane of diffraction ( $\parallel$  state or  $\pi$  or p-polarization state) disappears due to Brewster's law, but the vertical polarization component ( $\perp$  state or  $\sigma$  or s-polarization state) remains. In this way, linearly polarized X-rays are generated. Disadvantages are the requirement of exactly 45° Bragg angle and the limitation of wavelengths due to materials.



Figure 3: Geometry of the Bragg diffraction at 45 degrees. Unpolarized radiation is polarized because the  $\pi$ -component, being in the plane of incidence, is not allowed for reflection (Brewster's law). Taken from Muleri *et al.* <sup>[50]</sup>.

# 2.1. Polarization purity

Here we discuss the generation of pure linear polarization states of X-rays based on Bragg diffraction at perfect crystals<sup>[51–54]</sup>. The polarization purity  $\mathcal{P}$  is defined as the intensity ratio of the (suppressed) polarization  $\pi$ -component to  $\sigma$ -component, as shown in Figure 3, and then integrated over angle  $\theta$  and wavelength  $\lambda$  ranges<sup>[52,54]</sup>:

$$\mathcal{P} = \frac{\int \int I_{\pi}(\lambda,\theta) \,\mathrm{d}\lambda \,\mathrm{d}\theta}{\int \int I_{\sigma}(\lambda,\theta) \,\mathrm{d}\lambda \,\mathrm{d}\theta}$$
(5)

Obviously  $0 < \mathcal{P} \leq 1$ , and a high degree of linear polarization means  $\mathcal{P} \ll 1$ . Thus  $\mathcal{P}$  is a measure of relative impurity. On the other hand, for a perfectly polarized source with N photons and a polarization-independent transmission

T of the polarizer, NTP photons are transmitted in a crossed polarizer setting.

The intensity ratio of the polarization components  $\sigma$  to  $\pi$  is related with the integrated reflectivity of two polarization states,  $R_{\sigma}$  and  $R_{\pi}$ , over angle as

$$\frac{I_{\pi}}{I_{\sigma}} = \frac{\int R_{\pi}(\theta) \, \mathrm{d}\theta}{\int R_{\sigma}(\theta) \, \mathrm{d}\theta} \,. \tag{6}$$

In the following we discuss the requirements and limitations of extreme high purities  $\mathcal{P} \ll 1$ .

2.1.1. Beam divergence As very simple geometric effect, a beam divergence leads to a deviation from exactly  $45^{\circ}$  Bragg angle for some parts of a beam, impinging on a perfect crystal, and thus a minor contribution into the  $\pi$ -polarized component<sup>[52]</sup>. Assuming the X-ray beam is a Gaussian beam, the relationship between the divergence and the polarization purity is<sup>[52,55]</sup>

$$\mathcal{P}_{\text{Divergence}}^{\text{Limit}} = \sigma_{\text{H}}^2 + \sigma_{\text{V}}^2 \tag{7}$$

with  $\sigma_V$  and  $\sigma_H$  being the divergence in the vertical and horizontal direction, respectively.

| $\sigma_H$           | $\mathcal{P}_{\mathrm{exp}}$   | $\mathcal{P}_{	ext{Divergence}}^{	ext{Limit}}$ |
|----------------------|--------------------------------|--|
| $17\mu \mathrm{rad}$ | $(3.3 \pm 0.7) \cdot 10^{-10}$ | $3.2 \cdot 10^{-10}$                           |
| $14\mu rad$          | $(2.2 \pm 0.9) \cdot 10^{-10}$ | $2.3 \cdot 10^{-10}$                           |
| $8.4\mu\mathrm{rad}$ | $(1.4 \pm 0.5) \cdot 10^{-10}$ | $1.1\cdot10^{-10}$                             |

Table 1: Taken from Bernhardt *et al.*<sup>[55]</sup>: Comparison of measured purity  $\mathcal{P}_{exp}$  against the calculated limit  $\mathcal{P}_{Divergence}^{Limit}$  given by the beam divergence  $\sigma_H$  for  $\sigma_V = 6.1 \,\mu \text{rad}$ .

In 2020, Bernhardt et al.<sup>[55]</sup> experimentally verified Schulze's<sup>[52]</sup> theoretical analysis by studying the effect of beam horizontal divergence on X-ray polarization purity at beamline ID18 of the European Synchrotron Radiation Facility (ESRF). The comparison of the X-ray polarization purity between the fitted data ( $\mathcal{P}_{exp}$ ) and the calculated data ( $\mathcal{P}_{\text{Divergence}}^{\text{Limit}}$ , using Eq. (7) ) is presented in Table 1. The polarization purity from the fitted data points and the calculated limit match very well for all three horizontal beam divergences. When the horizontal divergence of X-ray was reduced from  $17 \,\mu \text{rad}$  to  $8.4 \,\mu \text{rad}$  by a slit with variable gap and a V-shaped channel-cut (VCC), the X-ray polarization purity decreased to  $1.4 \cdot 10^{-10}$  [55]. In addition, this paper and others<sup>[19,56]</sup> mention that  $1 \mu rad$  divergence is available for the XFEL. Therefore, the X-ray polarization purity is limited to the order of  $10^{-12}$ .

2.1.2. *Crystal quality* Crystal quality affects the polarization purity in two ways. First, for similar geometric reasons as the divergence, all parts of a (perfectly parallel) beam of finite size must experience the same  $45^{\circ}$  incidence angle to allow for same polarization suppression<sup>[54]</sup>. Secondly, imperfect crystals have varying lattice constants which affect the reflectivity curves and thus the spectral/angular acceptance and integrated reflectivity. Thus, the properties of the crystal material must be taken into account to avoid the depolarization of X-rays.

Researchers<sup>[53,55]</sup> used artificial diamonds containing a mass of crystalline defects produced by chemical vapor deposition (CVD) as a polarizer in X-ray polarimetry. Contrary to expectations and the prediction of Hart and Rodriguez<sup>[54]</sup>, imperfections of artificial diamonds have no observable influence on the polarization purity of X-ray but lead to low peak reflectivity and low transmittance of polarizers<sup>[55]</sup>. Furthermore, polarimetry at photon energies above 10 keV can benefit from imperfections because of the higher integrated reflectivity. For low photon energies, the nearly perfect crystals with high reflectivity are essential for the expected highly linearly polarized X-ray<sup>[55]</sup>.

2.1.3. Detour reflections (Umweganregungen) Another limitation of the polarization purity are detour reflections (Umweganregung)<sup>[57]</sup>. Those are the result of consecutive Bragg diffractions on different lattice planes and therefore different Bragg angles, yielding in sequence the same beam reflection angle as the primary reflection. This is similar to a cat's-eye retro-reflector, where the rays bounce of several surfaces, in contrast to a mirror where only one reflection occurs. In fact, the detours are only possible in 3D crystals due to the abundance of lattice planes in directions off the main reflection.

As result, every partial Bragg diffraction does not happen with  $45^{\circ}$  Bragg angle such that the Brewster condition is not fulfilled, and no strong ratios of  $R_{\pi}$  :  $R_{\sigma}$  are yielded, even in sequence. Yet, the overall intensity can be relatively weak compared to the beam from the  $45^{\circ}$  (main) Bragg diffraction. Still, these unpolarized contributions yield a limit for the polarization purity.

The Ewald sphere is a geometric construction to determine the diffraction direction of crystal, and diffraction will occur only for reciprocal lattice points that lie on the surface of the Ewald sphere. The consecutive reflections case happens at nearby lattice planes in 3D crystals if there are more than two reciprocal lattice points which lie on the Ewald sphere. Under some azimuth angles, the incident beam excites not only the required intended reflection with  $45^{\circ}$  Bragg angle but also secondary reflections – not with  $45^{\circ}$  Bragg angle. As a result, the latter reflections will cause the depolarization of X-rays when the secondary, detoured reflections exit into the same exit direction of the principal reflection<sup>[51,53,57]</sup>, and the polarization purity is suppressed. Marx et al.<sup>[51]</sup> displayed the reflection system for a silicon crystal and an X-ray energy of 12.914 keV in Figure 4. The radius of the Ewald sphere is  $1/\lambda$ , where  $\lambda$  is the wavelength of the

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Figure 4: Kossel pattern of silicon at 12.914 keV. The bold black circle represents the exploited Si (800) reflection used for suppression of the component. All other possible reflections are depicted by thin colored circles. The vectors  $\vec{S}_0$  and  $\vec{S}_h$  describe the direction of the incident and diffracted wave respectively. In order to avoid degradation of the polarization purity due to multiple-beam cases, the azimuth has to be chosen such that the "distance" to the closest undesired reflections is as large as possible. Taken from Marx *et al.*<sup>[51]</sup>.

incident beam. The intersections of the color lines are the multi-beam cases. The effect of multi-beam situations can be reduced by optimizing the crystal azimuth to avoid the excitation of secondary reflections<sup>[53]</sup>. In addition, using lower photon energies reduces the size of the Ewald sphere and therefore reduces the number of potential detour cases.

2.1.4. Material dependence It is obvious from the previous sections that the material has a strong influence, mainly to provide crystals of highest quality, cf. Sec. 2.1.2. At present, Si  $(Z = 14)^{[51,58-60]}$  and diamond  $(Z = 6)^{[53,55]}$  are widely available. Ge  $(Z = 32)^{[61]}$  exhibits a reflection for Cu X-ray tubes but is abandoned gradually. Silicon crystals with perfect crystal structure, few impurities and a very mature preparation technology are adopted widely as polarizer.

For silicon and diamond, Bernhardt *et al.*<sup>[53]</sup> compare the reflectivity of those two materials of the Bragg reflection at  $45^{\circ}$  angle as illustrated in Figure 5. The solid line and dashed line are the reflectivity curves of diamond and silicon, respectively. The curve for diamond is higher but narrower than that for silicon. That is a quite general behaviour<sup>[62]</sup> and the reason lies mainly in the number of electrons per atom, *Z*. Silicon has more electrons, thus scatters more intensity per lattice plane, and less lattice planes are needed for Bragg reflection. That explains the wider spectral/angular width of



Figure 5: Reflectivity of X-rays for the  $\sigma$ -polarization in 45° symmetric Bragg scattering geometry as a function of the angle of incidence, according to dynamical theory calculations. Solid line: the (400) Bragg reflection in diamond for 9.831 keV. Dashed line: the (400) Bragg reflection in Silicon for 6.457 keV, as used by Marx *et al.*<sup>[51]</sup>. Taken from Bernhardt *et al.*<sup>[53]</sup>. Note that  $1'' \approx 5 \mu$ rad.

the curve. On the other hand, the absorption per atom of silicon is higher, thus the peak reflectivity is not as high as for diamond. The photon energy  $E_{ph}$  also plays a role here, as diamond has a smaller unit cell and thus the wavelength for the same (400) reflection is shorter. With higher photon energy, absorption reduces and penetration increases, hence this also contributes to the narrower and higher curve of diamond.

For applications, however, the integrated reflectivity can be of interest, e.g. if the beam has a finite spectral bandwidth or divergence. The integrated reflectivity of diamond is much smaller than that of Silicon. For example, a later work by Bernhardt *et al.*<sup>[55]</sup> used diamonds with plenty crystalline defects and showed a peak reflectivity of only 50 %-60 % while the rocking curve broadened by a factor  $\sim 2$ .

There is also a material dependence of detour reflections. Tischler *et al.*<sup>[63]</sup> provide that the resulting contribution of all reflections is dependent on the amplitude for each detour:

$$E_{\text{mult}} = \sum_{i=1}^{N} E_i.$$
 (8)

Based on Eq. 8, they calculated the *N*-beam integrated intensities for the (622) reflection of Germanium (Ge) and Silicon (Si). The ratio of intensities is very close to the ratio of atomic numbers to forth power<sup>[51,55,58,59]</sup>:

$$\left(\frac{E_{\text{mult}}^{\text{Ge}}}{E_{\text{mult}}^{\text{Si}}}\right)^2 = \left(\frac{0.038}{0.0075}\right)^2 \simeq 25.7 \approx \left(\frac{Z_{\text{Ge}}}{Z_{\text{Si}}}\right)^4 = \left(\frac{32}{14}\right) \simeq 27.3 \; .$$

Consequently, polarizers made by material with low Z value are favorable to further mitigate the impact of detour reflections, apart from chosing a good azimuth angle.

## 2.2. Channel-cut precision X-ray polarizers

The significant optical element in X-ray polarimetry for high polarization purity is the polarizer. In 1978 and 1979, Hart *et al.*<sup>[11,54]</sup> established an X-ray polarimetry with twofold Bragg-reflecting channel-cut germanium (Ge) crystals and pointed out that the polarization with multiple Bragg reflections has been demonstrated for any X-ray wavelength by using offset grooved crystals. Figure 6 displays a channelcut polarizer with 4 reflections at  $45^{\circ}$  Bragg angle.



Figure 6: Schematics of a channel-cut polarizer with  $2 \times 2$  reflections. Thin lines indicate the lattice planes for the  $45^{\circ}$  Bragg reflection, which are parallel to the surface in this case.

As can be seen in Figure 6, it consists of two opposing Bragg crystals for  $45^{\circ}$  Bragg angle. For simplicity and convenience, the two surfaces are made from a single crystal with a groove or channel cut into it. Thereby, the two surfaces have naturally parallel lattice planes. With appropriate geometry, an even number of reflections can be obtained, maintaining the beam direction while improving the purity (see below Sec. 2.2.1). The resulting parallel offset of the beam is a minor problem. The main advantage is the inherent parallelism of both (opposing) lattice planes, such that the Bragg angle is to be aligned only once for all occurring reflections.

One method to machine grooves is lapping by low-damage blades of a crystal saw. Alternatively, etching technologies are also excellent to have near-perfect inner channel surfaces to avoid distortions of the X-ray wavefront<sup>[58,59]</sup>. Channel-cut crystals have extensive use<sup>[51–54,64]</sup>. As early as 1965, Bonse and Hart<sup>[64]</sup> pointed that the pairs of perfect crystals

with groove cut (Figure 6) obviously reduced the tails caused by the multiple reflections. In 1978, Hart<sup>[11]</sup> constructed an X-ray polarimeter with two-fold Bragg-reflecting channelcut germanium crystals to generate elliptically polarized Xrays. They used a mixture of nitric acid and hydrofluoric acid to polish the channel-cut crystals and eliminate the strains introduced in the cutting process. For channel-cut crystals designs, Marx-Glowna *et al.*<sup>[60]</sup> pointed out that the calculation of the beam path of Compton scattered photons and the orientation of crystal should be considered, which effects on the polarization purity of X-ray.

2.2.1. Consecutive reflections It is well known that a polarized light beam can be produced by several transmissions through a number of glass plates, even though each plate is only a partial polarizer. Similarly, channel-cut crystals improve the polarization purity<sup>[54,65]</sup> since they stack a number of reflections into a single optical element.

Regarding multiple successive Bragg reflections between the walls of channel-cut in an ideal crystal to increase the polarization purity of X-rays, the ratio of intensities of two polarization states for X-rays polarized by m consecutive Bragg reflections is given by<sup>[66]</sup>

$$\frac{I_{\pi}}{I_{\sigma}} = \frac{\int R_{\pi}^{m}(\theta) \, d\theta}{\int R_{\sigma}^{m}(\theta) \, d\theta} \tag{9}$$

with the notations of Eq. (6). Hart<sup>[54]</sup> calculated the ratio of  $I_{\pi}$  :  $I_{\sigma}$  for multiple Bragg reflections in a grooved Ge polarizer using two-beam dynamical theory, shown in Figure 7. The polarization purity decreases as the number of multiple Bragg reflections increases. In 1965, Bonse and Hart<sup>[64]</sup> analyzed that multiple Bragg reflections between the walls of a channel-cut perfect crystal do not narrow the reflection curves considerably.



Figure 7: Polarization ratios for m-fold multiple-Braggreflection polarizers using the Ge (440) Bragg reflection. Taken from Hart *et al.*<sup>[54]</sup>.

Recently, high polarization purity of X-rays was achieved

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by multiple reflections. In 2011, Marx *et al.*<sup>[58]</sup> reported that the highest purity of polarization of X-rays reaches to  $1.5 \cdot 10^{-9}$  based on m = 4 reflections at Si (400) channelcut crystals at 6 keV X-ray energy. Two years later<sup>[51]</sup>, they obtained  $2.4 \cdot 10^{-10}$  polarization purity of the X-ray using m = 6 reflections. Here, the energy of X-ray is 6 keV and the polarizer is Si (400) channel-cut crystals, same as before.

2.2.2. Asymmetric cuts The channel-cut crystals enhance the polarization purity of X-rays. However, the angular and spectral acceptance of channel-cut crystals tend to restrict the throughput of X-rays. To increase the acceptance of channelcut crystals while maintaining the polarization filtering, researchers<sup>[66–68]</sup> came up with asymmetrically cut crystals with an asymmetry angle  $\alpha_c$  between the lattice planes and the surface. To quantify the asymmetry, the asymmetry parameter *b* for a Bragg diffraction is defined<sup>[68]</sup> by

$$b = \frac{\sin(\theta_{\rm B} + \alpha_c)}{\sin(\theta_{\rm B} - \alpha_c)} \,. \tag{10}$$

Note that the asymmetry angle  $\alpha_c$  is negative if the incidence angle relative to the crystal surface is smaller than exit angle, as for the first reflection shown in Fig. 8.



Figure 8: The geometry for an asymmetrically cut channelcut crystal with a Bragg angle near  $45^{\circ}$ . The lattice planes, indicated like in Fig. 6, are oriented  $45^{\circ}$  to the beam, yet the crystal surface is slanted. The asymmetry angle  $\alpha_c$  is the angle between surface and lattice planes. It is negative for the case shown at the first surface where the incident beam is shallow and leaves with larger diameter.

The angular acceptance of the crystal varies with asymmetry angle as

$$(\Delta\theta)_{\rm asymm} = \sqrt{b} \cdot (\Delta\theta)_{\rm symm} \tag{11}$$

with  $(\Delta \theta)_{\text{symm}}$  being the usual acceptance from a symmetric reflection.

Figure 9 displays the effects of asymmetry angle on angular acceptance and polarization suppression<sup>[67]</sup>. The angular acceptance increases while the polarization suppression factor decreases when the asymmetry angle approaches 45°. However, a larger asymmetry angle requires larger crystals due to beam footprint, imposing practical issues.



Figure 9: The effect of an asymmetric cutting angle on both the angular acceptance and the resulting polarization suppression for a Silicon (840) channel-cut crystal. Taken from Toellner *et al.*<sup>[67]</sup>.

An overview of calculated polarization purities of X-rays for different asymmetry angles  $\alpha_c$  and number of channelcut reflections m is listed in Table 2 with the explanation of each parameter by annotations. For a same number of reflections, the polarization purity at an asymmetry angle of  $-28^{\circ}$  is better than that of at an asymmetry angle of  $-43^{\circ}$ . In the paper, Marx-Glowna<sup>[68]</sup> chooses  $-28^{\circ}$  asymmetry angle and four reflections because of the practical limitation of crystal size and preparation (high-quality surface), and obtained experimentally  $(2.2\pm2.0)\cdot10^{-9}$  polarization purity finally.

| $\alpha_c$ | n | $D_{-}$     | $S_+$ | $I/I_0$ | ${\mathcal P}$      |
|------------|---|-------------|-------|---------|---------------------|
| [°]        |   | $[\mu rad]$ | [mm]  |         |                     |
| 0          | 1 | 1.9         | 2.5   | 0.95    | $1.1 \cdot 10^{-4}$ |
| 0          | 2 | 1.9         | 2.5   | 0.90    | $1.6 \cdot 10^{-7}$ |
| 0          | 4 | 1.9         | 2.5   | 0.81    | $5.4\cdot10^{-13}$  |
| -28        | 1 | 3.4         | 8.1   | 0.93    | $9.2 \cdot 10^{-5}$ |
| -28        | 2 | 3.4         | 8.1   | 0.87    | $1.1\cdot 10^{-7}$  |
| -28        | 4 | 3.4         | 8.1   | 0.76    | $2.5\cdot10^{-13}$  |
| -43        | 1 | 9.9         | 68.1  | 0.83    | $4.5\cdot10^{-5}$   |
| -43        | 2 | 9.9         | 68.1  | 0.68    | $1.1\cdot 10^{-8}$  |

Table 2: Taken from Marx-Glowna *et al.*<sup>[68]</sup>: Calculated polarization purity  $\mathcal{P}$  for asymmetry angle  $\alpha_c$  and number of reflections n.  $D_-$  is the accepted beam divergence,  $S_+$  the beam footprint on the crystal surface and  $I/I_0$  the peak reflectivity.

2.2.3. *Quasi-Channel-cuts* It may be necessary to realize the two opposing surfaces by two separate crystals. This is called quasi-channel-cut. It may help to tune the Bragg

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|  | 2011 [58]           | 2013 <sup>[51]</sup> | 2015 <sup>[60]</sup> | 2016 <sup>[53]</sup> | 2020 <sup>[55]</sup> | 2021 [68]          | 2022 [59]          | 2022 <sup>[72]</sup> |
|--|---------------------|----------------------|----------------------|----------------------|----------------------|--------------------|--------------------|----------------------|
| Facility                                       | ESRF                | ESRF                 | Petra III            | ESRF                 | ESRF                 | Petra III          | Eu. XFEL           | Petra III            |
| Beamline                                       | ID06                | ID06                 | P01                  | ID06                 | ID18                 | P01                | HED                | P01                  |
| $E_{ph}$ [keV]                                 | 6.457               | 6.457                | 12.914               | 9.839                | 9.83                 | 14.41              | 6.457              | 12.914               |
| Material                                       | Silicon             | Silicon              | Silicon              | Diamond              | Diamond              | Silicon            | Silicon            | Silicon              |
| Reflection                                     | (400)               | (400)                | (800)                | (400)                | (400)                | (840)              | (400)              | (800)                |
| m  | 4                   | 6                    | 6                    | 2                    | 4                    | 4                  | 6                  | 4                    |
| $\alpha_c$                                     | 0                   | 0                    | 0                    | 0                    | 0                    | $-28^{\circ}$      | 0                  | 0                    |
| $\sigma_H$ [µrad]                              | -                   | 10.3                 | -                    | 10                   | 8.4                  | -                  | 0.273              | 18.8                 |
| $\sigma_V$ [µrad]                              | -                   | 2.9                  | -                    | -                    | 6.1                  | -                  | $\approx 0$        | 25.9                 |
| $\mathcal{P}$                                  | $1.5 \cdot 10^{-9}$ | $2.3 \cdot 10^{-10}$ | $2 \cdot 10^{-9}$    | $8.9 \cdot 10^{-10}$ | $1.1 \cdot 10^{-10}$ | $2.2\cdot 10^{-9}$ | $8 \cdot 10^{-11}$ | $1.4 \cdot 10^{-11}$ |
| $\mathcal{P}_{	ext{Divergence}}^{	ext{Limit}}$ | -                   | $1.2\cdot10^{-10}$   | -                    | $1.0\cdot10^{-10}$   | $1.1\cdot10^{-10}$   | -                  | $7.5\cdot10^{-14}$ | $< 10^{-9}$          |

Table 3: Timeline of precision X-ray polarimetry. m denotes the number of reflections per channel-cut crystal,  $\sigma_H$  and  $\sigma_V$  the beam divergence, and  $\mathcal{P}$  the obtained polarization purity.  $\mathcal{P}_{\text{Divergence}}^{\text{Limit}}$  is calculated from the divergence according to Eq. (7). For the current record<sup>[72]</sup>, the nominal instrument's beam divergence was reduced by slits at the polarimeter.

reflections separately by an angle offset<sup>[54]</sup> since the reflectivity curves for both polarizations  $R_{\sigma}$  and  $R_{\pi}$  can have different widths and positions in angle.

Furthermore, not all materials can be grown as large bulk as is done for silicon. For example, diamond is quite attractive because of its high thermal conductivity and low absorption in the X-ray region<sup>[55]</sup>, but it is very challenging produce at large sizes and to obtain high-quality diamond with few dislocations and stacking faults. A reflectivity as high as 99 % of hard X-rays from nearly defect-free diamond crystals at near-normal incidence is reported<sup>[69]</sup>. Nevertheless, low crystal quality and complicated production processes constrain the development of diamond in polarizers. Polarization purities of  $8.9 \cdot 10^{-10}$ <sup>[53]</sup> and  $3 \cdot 10^{-10}$ <sup>[55]</sup> are reported for using artificial diamond crystals manufactured by chemical vapor deposition (CVD).

Technically, the setup is challenging to provide sufficient angular stability of both surfaces.

2.2.4. Temporal effects Another feature, relevant for applications at XFELs in particular, is the inherent pulse stretching effect for Bragg crystals<sup>[70,71]</sup>. Due to the scattering at the lattice planes happening over many lattice planes (leading to the finite spectral bandwidth), a short X-ray pulse will become temporally stretched. The ray will enter the crystal a certain depth where it is effectively diffracted out, being the Bragg-case extinction depth *e*. For a symmetric reflection, the projection of penetration will add to the pulse envelope<sup>[71]</sup> as

$$\Delta \tau = 2e \sin \theta_{\rm B}/c \,. \tag{12}$$

This effect increases obviously with the Bragg angle, the number of consecutive reflections, as well as photon energy and material. The latter dependency is not straightforward. Higher photon energy usually leads to deeper penetration, but higher Z of the material leads to stronger diffraction per

lattice plane and hence reduced penetration.

#### 2.3. Interim summary

In this chapter, we elaborated on the factors influencing the polarization purity of X-rays in X-ray polarimetry. For high polarization purity of X-rays, the requirements on the polarizer are four-fold: channel-cut crystal, made of highquality material, multiple Bragg reflections m = 4, m = 6or more, and avoiding detour reflections by azimuth angle tuning and material with low Z.

For applications, not only purity  $\mathcal{P}$  but also the integrated transmission T may play a role. This can fall back to the choice of m, to considering an appropriate asymmetry angle  $\alpha_c$  of the channel-cut or even to a different material due to the Z dependence.

In 2022, Schulze *et al.*<sup>[59]</sup> reported an unprecedented purity of linear polarization of X-rays at the High Energy Density (HED) instrument of the European XFEL of  $\mathcal{P} =$  $8 \cdot 10^{-11}$ , provided by silicon channel-cuts. They calculated the theoretical limitation of polarization purity is  $7 \cdot 10^{-14}$ by Eq. (7) with the horizontal divergence of 0.27  $\mu$ rad and a negligible vertical divergence. This emphasizes the importance of XFELs for further polarizer developments since only XFELs can provide those low divergence beams.

On the contrary, the polarization purity could not be determined better due to limited photon flux and integration time, since the XFEL was operated in SASE mode with large spectral bandwidth, not matched with the polarizers acceptance. Thus the polarization-independent transmission T was low, leading to  $NT\mathcal{P}$  photons arriving per pulse at the detector, being at the noise limit. Asymmetric channel-cuts may help for improving T thanks to Eq. 11 (cf. Fig. 9). However, the gain in spectral/angular acceptance is not very high. For  $\alpha_c = -43^\circ$ , i.e.  $2^\circ$  incidence onto the surface, the acceptance has increased by a factor  $\sim$ 5 while the beam footprint has increased by a factor  $\sim$ 27, requiring much

larger channel-cut crystals.

## 3. X-ray polarimetry and vacuum birefringence

Many studies and concepts have been published for strongfield QED in general<sup>[39,73]</sup> and polarization effects in particular. Borysov et al.<sup>[74]</sup> proposed an indirect way to measure vacuum birefringence via experiments on the photonpolarized nonlinear Breit-Wheeler (NBW) process. Xie<sup>[75]</sup> reviewed the research progress of the pair production from vacuum in ultra-strong laser fields and investigated the effects of electric field polarizations on the number density of pair production. Koga<sup>[76]</sup> presented the ultrahigh electric field generated by the interaction of micro-bubbles with ultra-intense laser pulses, which can be used to measure the vacuum polarization via the bending of gamma rays traversing the imploded micro-bubble. Brezin and Itzykson<sup>[29]</sup> suggested to use a laser beam and X-rays to study the small magnitude of effects predicted by quantum electrodynamics. Correspondingly, X-ray polarimetry with excellent performance is proposed in detecting the vacuum birefringence phenomenon.

Currently, thanks to the development of ultra-intense optical lasers and XFELs, researchers<sup>[18–20,30,33,35,36,77,78]</sup> proposed to probe characteristics of the QED vacuum. Here, the highly purified linearly polarized XFEL interacts with an intense optical laser in vacuum. The XFEL will change its polarization state from linearly polarized to ellipticallypolarized. This state can be detected via "flipped photons" behind a polarizer which is crossed to the original linear polarization and thereby prove the vacuum birefringence.

## 3.1. Vacuum birefringence in the universe

Before going into details for laboratory studies, intense astrophysical magnetic fields are ideal to explore vacuum birefringence by X-ray polarimetry. Taverna et al. [79] calculated the polarization properties of X-ray radiation escaping from a magnetar magnetosphere via Monte Carlo code. By these simulations, they proved that polarimetric measurements are sufficiently sensitive to reveal QED effects due to vacuum polarization, and that X-ray polarimetry is an adequate tool to probe the ultra-strong magnetic fields in magnetars. In 2017, astronomers<sup>[80]</sup> experimentally proved the predictions of QED vacuum polarization effects via optical polarimetry measurement of isolated neutron stars. They measured the optical polarization degree to be  $16.43 \pm 5.26$ % and the polarization position angle is  $145.39^{\circ} \pm 9.44^{\circ}$ , and claimed that was strong evidence for supporting the presence of the QED vacuum polarization effects. Because those values are too high to be reproduced by models that neglect the QED vacuum polarization effects. However, Capparelli et al.<sup>[81]</sup> challenged this claim and compared the experimental data and theoretical calculations. They concluded that the polarization signal in paper<sup>[80]</sup> was only

a  $3\sigma$  effect. They estimated the probability ratio of the polarization degree in both hypotheses with and without the birefringence effect, and concluded that a convincing proof of QED birefringence requires a degree of linear polarization exceeding 30 %. In 2018, Caiazzo and Heyl<sup>[82]</sup> found that X-rays from the accretion disks of black holes have changed their polarization state as the photons travel through the magnetosphere and attributed to the vacuum becoming birefringence angle  $\beta = (0.35 \pm 0.14)^{\circ}$  (68%*C.L.*) corresponding to the statistical significance of 2.4 $\sigma$ , and reduced the systematic uncertainty by a factor of 2.

Though cosmic birefringence has been detected, its interpretation requires further models and assumptions but still can be controversial. This provides a solid case to study vacuum birefringence under controlled conditions in laboratories.

#### 3.2. Concepts for vacuum birefringence laboratory studies

Studies which were conducted with static magnetic fields and optical lasers were already introduced in Sec. 1. Those could not identify vacuum birefringence due to insufficient sensitivity. As astrophysical phenomena indicate vacuum birefringence but cannot be controlled, numerous conceptions and schemes of vacuum birefringence detection are published. Some of them, based on X-ray polarimetry, are presented in the following.

3.2.1. PW lasers and XFELs In 2006, Heinzl et al. <sup>[20]</sup> considered a petawatt laser system with 140 fs pulse duration, 150 J pulse energy and  $10^{22}$  W/cm<sup>2</sup> intensity in focal region to induce the vacuum birefringence. The schematic diagram of the experimental setup is depicted in Figure 10. The high-power optical laser pulse is focused by an off-axis parabolic mirror (OAP), and the linearly polarized X-ray laser pulse collides with the optical laser pulse at interaction area. Then, a small ellipticity of the X-ray pulse caused by vacuum birefringence will be detected. The whole process happens in vacuum chamber.

Schlenvoigt *et al.*<sup>[19]</sup> proposed an experimental scheme (Figure 11) based on European XFEL and high energy density (HED) instrument in conjunction with the Relavitistic Laser at Xfel (ReLaX) laser system being developed by the Helmholtz International Beamline for Extreme Fields (HIBEF). In this figure, the main part is the setup for vacuum birefringence detection. The PW laser is also focused by OAP into interaction area. The propagation of XFEL is worth introducing in detail. Well-collimated XFEL is measured by an intensity monitor (IM) to record the number of X-ray photons. Then, the XFEL becomes a linearly polarized beam with  $\mathcal{P} \sim 10^{-11}$  polarization purity after polarizer (Pol). The first compound refractive lenses (CRLs) are used to focus XFEL to the interaction



Figure 10: Proposed experimental setup for the demonstration of vacuum birefringence: A high-intensity laser pulse is focused by an F/2.5 off-axis parabolic mirror. A hole is drilled into the parabolic mirror in alignment with the z-axis (axes as indicated) in such a way that an X-ray pulse can propagate along the -axis through the focal region of the high-intensity laser pulse. Using a polarizer-analyzer pair the ellipticity of the X-ray pulse may be detected. Shown in grey: Extension of the setup for the generation of counter propagating laser pulses and a high-intensity standing wave which may be used for pair creation. Taken from Heinzl *et al.*<sup>[20]</sup>

point to overlap with the PW laser focus. The second CRLs are for re-collimation of the X-rays. The analyzer (Ana) is same as Pol in material and geometry but crossed to Pol and only allows photons of flipped polarization to pass, which will be detected by detector (Det). Comparing the photon numbers of initial XFEL pulse and polarization-flipped, vacuum birefringence can be detected.

Moreover, the authors have studied the effect of plasma from residual gas particles on the signal of vacuum birefringence and proposed the method of vacuum cleaning. They plan to introduce another laser called cleaning laser to ionize the gas particles in yellow, named cleaned volume, illustrated in the circle at the bottom left of Figure 11. The cleaned volume is much larger than interaction volume in pink. A static electric field is applied to remove charged particles from the cleaned volume. At the same time, the surrounding gas will repopulate the volume by diffusion, which can be mitigated by correct timing of the cleaning laser pulse. The bottom right is the fundamental idea of probing QED vacuum birefringence by combining XFEL and PW laser.

Subsequently, Shen *et al.*<sup>[35,77]</sup> presented the experimental design revolving around a 100 PW laser and a 12.914 keV XFEL beam with the station of extreme light at SHINE facility. According to the parameters of the 100 PW laser and adopting the analysis of Schlenvoigt *et al.*<sup>[19]</sup>, the ellipticity is about  $2 \cdot 10^{-10}$  and about 170 photons with flipped polarization should be produced by vacuum birefringence if the total photon number at the interaction would be  $10^{12}$ .

There are further works presenting estimates for laser-XFEL studies, concentrating more on modelling and refined



Figure 11: Schematic views of the experimental set-up. Top: a several meter long parts of the X-ray beamline centered around the interaction point with the optical components inside a vacuum chamber. Left: Zoom into a cm sized neighborhood of the focus where the cleaning electrodes will be placed. Bottom left: another zoom into the cleaned region. The focus of the cleaning laser is about 10  $\mu m$ wide. However, only a fraction (pink) of the cleaned region will be employed as the interaction region, where the PW optical laser (~  $2 \,\mu m$ ) and the XFEL beam (~  $0.5 \,\mu m$ ) are focused and superimposed. Bottom right: fundamental idea of probing QED vacuum birefringence caused by an intense optical laser with the XFEL beam. Beams are counterpropagating with their foci overlapping in space and time. To maximize the effect, the polarization directions must differ by  $45^{\circ}$ . A slight ellipticity in the polarization of the out-going probe pulse will occur. Taken from Schlenvoigt *et al*.<sup>[19]</sup>.

beam geometries<sup>[33,84]</sup>. They also consider 30 J 30 fs 1 PW laser systems in conjunction with  $10^{12}$  probe photons. Recently, Mosman and Karbstein<sup>[85]</sup> discussed in detail that modelling for ReLaX and European XFEL like Schlenvoigt *et al.*<sup>[19]</sup> did. However, they used more realistic laser and XFEL parameters, e.g. accelerator setpoint and bunch charge dependency on the number of probe photons, yielding  $N \sim$  $10^{11}$ . This number is valid for SASE mode of European XFEL, the spectral matching aspect was published later<sup>[59]</sup> which effectively reduces the available number of photons. They also discussed XFEL pulse lengthening for channelcut polarizers, cf. Sec. 2.2.4. Effectively, the polarizer before the interaction will stretch the X-ray pulses to about  $\sim 100$  fs. This can help for experiments to reduce the temporal jitter effect.

*3.2.2. XFEL only* The common method of detecting vacuum birefringence is combining the XFEL with a PW-class optical laser. A novel way to detect vacuum birefringence by the collision of two consecutive XFEL pulses under a finite angle has been put forward by Karbstein *et al.* <sup>[86]</sup>. This idea

takes the scaling of background field intensity (cf. Sec. 3.3) with wavelength,  $I_{\rm BG} \propto \lambda^{-2}$ , into account and complements it with the higher repetition rate of XFELs compared to PW-class optical lasers.

Recently, the pulse duration of an XFEL was measured directly<sup>[87]</sup> to about  $\sim 10$  fs. This experiments demonstrates that the nonlinear regime of optics may be accessed in the X-ray domain, i.e. sufficiently high photon densities can be produced. With a typical pulse energy of 1 mJ and the aforementioned pulse duration, the XFEL pulse power is about 100 GW. With  $\lambda \sim 0.1 \,\mathrm{nm}$  and further typical beam and focusing parameters ( $F_{\#} \sim 100$ ), spot sizes below 100 nm are reasonable<sup>[88,89]</sup>, thus focus areas of  $\sim$  $10^{-10} \,\mathrm{cm}^2$ . As result, intensities of  $I_{\mathrm{BG}} \sim 10^{20} \,\mathrm{W/cm^2}$  can be obtained with XFEL pulses for the background field. That is  $\sim 10\%$  of optical laser peak intensities. Despite that the ellipticity - being the photon polarization flip probability scales as  $\delta^2 \propto (I_{\rm BG})^2$ , the number of flipped photons per unit time (e.g. operating hour) scales with the repetition rate, being easily  $10^2 \dots 10^4$ Hz and 1 MHz in future facilities, cf. Table 5. As consequence, the number of flipped photons per unit time can compete with or even exceed the numbers of XFEL-laser combined schemes. Technically, a PW-class laser installation alongside an XFEL is not necessary, but an even more complex X-ray beam path must be realized.



Figure 12: Illustration of the experimental setup utilizing compound refractive lenses (CRLs) to focus and re-collimate the XFEL beam. Reflections at diamond crystals change the propagation direction, and a pair of diamond quasichannel-cuts serve as polarizer and analyzer, respectively. The original XFEL beam is focused with a CRL to constitute the pump field; the beam focus defines the interaction point. Subsequently, it is defocused with a CRL and by reflection at two diamond crystals directed back to the interaction point under an angle of . Before reaching the interaction point, it is polarized with a diamond polarizer and the resulting probe beam focused to the interaction point with a CRL. Finally, it is defocused with another CRL, analyzed with a diamond analyzer and the signal registered with a CCD. Taken from Karbstein *et al.*<sup>[86]</sup>.

From the installation diagram (Figure 12) we can see, the XFEL beam is focused twice to the interaction region from different directions. This employs the pulse train, such that pulse n is the probe for pulse n + 1. Along with the beam path, a first set of CRLs generates the pump pulse (b = 2), where no high polarization purity is required. Further downstream follows a CRL to recollimate the beam for a delay path, matching the pulse repetition time. Then the XFEL passes through the polarizer made by a channelcut diamond to become the probe pulse (b = 1). They also mentioned the losses and the pulse deformations of XFEL pulse caused by optical elements. In the meantime, each XFEL pulse train should be controlled well to achieve the best possible spatio-temporal overlap of the focused pump and probe beams. Furthermore, each optical element must be of sufficient perfection, for example, the high reflectivity of diamond crystals, and the high perfect focus of CRLs.

Apart from X-ray polarimetry, scientists presented a different approach for measuring vacuum birefringence using multi-MeV to GeV photons<sup>[37,90]</sup>. King et al.<sup>[37]</sup> did the analytical calculations and numerical simulations for the measurement of vacuum birefrigence by multi-MeV photons, instead of x-ray or optical photons. Nakamiya et al.<sup>[90]</sup> proposed to combine a 10 PW laser system with a 1 GeV gamma-ray photon source to probe the vacuum birefringence effect and designed the  $\gamma$ -ray polarimeter to measure the polarization flip of the probe  $\gamma$ -rays. They derived theoretically the phase retardation of GeV probe photons via pairwise topology of the Bethe-Heitler process in a polarimeter, and concluded it would be possible to observe the vacuum birefringence effect with the accuracy of 4.7 % for the averaged phase retardation  $\langle G \rangle$  of 0.72 if  $10^4$  conversion pairs are available.

## 3.3. Estimated ellipticity

Referring to previous contents, the highly linearly polarized XFEL changes its polarization state to elliptically polarized when it propagates through vacuum which is polarized by focusing a light beam as background field. That is slightly different from the quasi-constant fields employed in studies with optical laser polarimetry, cf. Sec. 1. The calculations lead to similar expressions, such that a difference of refractive index, Eq. (4), leads to a phase shift of two circular polarization components of the linearly polarized XFEL as

$$\Delta \phi = 2\pi \frac{\ell}{\lambda} \Delta n = \frac{4\pi \alpha}{15} \frac{\ell}{\lambda} \frac{I_{\rm BG}}{I_{\rm crit}}$$
(13)

where  $\alpha$  is again the fine structure constant,  $I_{\rm crit} \approx 4.4 \cdot 10^{29} \, {\rm W/cm^2}$  the critical intensity derived from Eq. (3),  $\lambda$  the wavelength of the radiation experiencing the vacuum bire-fringence (here XFEL),  $I_{\rm BG}$  the intensity of the background field and  $\ell$  the interaction length. The ellipticity of the XFEL, probing the vacuum birefringence, is

$$\delta^2 = (0.5\Delta\phi)^2. \tag{14}$$

It must be noted that this effect is maximized if a) the

background field is counterpropagating to the probing pulse and b) the background field polarization is  $45^{\circ}$  to the probe field polarisation<sup>[20,35]</sup>.

Heinzl *et al.*<sup>[20]</sup> considered for a Gaussian optical laser beam as background field to set  $\ell = z_{\text{Rayleigh, BG}}$ . That would be correct if the background field would have no time dependence during the interaction. However, they consider the case of a pulsed laser, either in a counter-propagating way or as standing wave (grey part in Fig. 10. That leads in both variants to a time-dependence, such that the time dependence of the probe must be considered.

Schlenvoigt *et al.*<sup>[19]</sup> refined the analytical framework of Heinzl by taking their result as differential phase shift and integrated analytically for counter-propagating Gaussian beams with Gaussian pulse shapes, and accounted for temporal and spatial offsets, enabling an analysis for jittering conditions. This approach showed that  $\ell$  can be determined by the geometric pulse length  $c \cdot \tau_{BG}$ , but does not yield analytical expressions. In comparison to Heinzl *et al.*, assuming here 2 times higher laser intensity, Schlenvoigt *et al.* estimate a factor 10 less ellipticity due to their more accurate modelling. Mosman *et al.* referred to the same facility but with again reduced laser pulse energy and thus reduced peak intensity (1/3 of Schlenvoigt *et al.*) and found a reasonably well down-scaled ellipticity of  $3.5 \cdot 10^{-13}$ .

In view of considerably differing estimates due to many influencing factors, we only provide scalings<sup>[19,85]</sup> with the relevant quantities. First we address the background field intensity:

$$I_{\rm BG} \propto P_{\rm BG} \propto E_{\rm BG} \cdot (\tau_{\rm BG})^{-1} \tag{15a}$$

$$I_{\rm BG} \propto (w_{\rm BG})^{-2} \propto (\lambda_{\rm BG})^{-2} \cdot (F_{\#})^{-2}$$
 (15b)

where  $P_{BG}$ ,  $E_{BG}$  and  $\tau_{BG}$  denote the pulse power, pulse energy and pulse duration, respectively, and  $\lambda_{BG}$ ,  $w_{BG}$  and  $F_{\#}$  the wavelength, focus waist and focussing F-number (ratio of focal length to effective beam diameter), respectively. In the next step, the ellipticity scales as

$$\delta^2 \propto (I_{\rm BG})^2 \tag{16a}$$

$$\delta^2 \propto \lambda^{-2} \tag{16b}$$

with  $\lambda$  again the wavelength of the probing X-ray beam, not the driving optical laser. This again shows the importance of short probe wavelengths and high intensities. However, it must be kept in mind that there can be couplings to  $\ell$  or other parameters, depending on the scheme. E.g. a shorter background pulse duration increase the intensity but reduces the the interaction length  $\ell$ , such that the effect can be quite weak.

The previous equations can be combined and yield, em-

ploying for clarity  $\hbar \omega_{\text{probe}}$  instead of  $\lambda$ ,

$$\delta^2 \propto \frac{E_{\rm BG}^2 (\hbar \omega_{\rm probe})^2}{\tau_{\rm BG}^2 \lambda_{\rm BG}^4 F_{\pm}^4} \,. \tag{17}$$

| Reference                   | Laser power      | Intensity         | Ellipticity        |
|-----------------------------|------------------|-------------------|--------------------|
|                             |                  | $\mathrm{W/cm^2}$ |                    |
| Heinzl <sup>[20]</sup>      | $1\mathrm{PW}$   | $1 \cdot 10^{22}$ | $5 \cdot 10^{-11}$ |
| Schlenvoigt <sup>[19]</sup> | $1\mathrm{PW}$   | $2\cdot 10^{22}$  | $4 \cdot 10^{-12}$ |
| Shen <sup>[35]</sup>        | $100\mathrm{PW}$ | $2\cdot 10^{23}$  | $2 \cdot 10^{-10}$ |
| Mosman <sup>[85]</sup>      | $0.3\mathrm{PW}$ | $2 \cdot 10^{21}$ | $4 \cdot 10^{-13}$ |

Table 4: Comparison of laser parameters and expected ellipticity (for 13 keV photon energy) of proposed experiments. Note that Heinzl *et al.*<sup>[20]</sup> did not compute effects of pulse duration and beam shapes, leading to a relatively large ellipticity.

Table 4 summarizes the ellipticity values for the different XFEL-PW proposals discussed in Sec. 3.2.1. Please note that Heinzl *et al.*<sup>[20]</sup> did employ a rough estimate for beam shapes and interaction length, leading to relatively large estimated ellipticity for a 1 PW laser.

#### 3.4. Readiness review

Regarding the detection of such ellipticity, a polarimeter with crossed polarizations would be realized. The ellipticity is effectively the probability that a probe beam photon flips its polarization state. Therefore, referring back to Sec. 2.1 and considering N photons being emitted at the source and passing through an arrangement with polarization-independent transmission T,  $\sim NT\delta^2$  flipped photons would arrive at a detector, whereas  $\sim NT\mathcal{P}$  photons would be not flipped but still transmitted towards the detector, being a background<sup>[19]</sup>. Thus there are 3 challenges for detection:

- large number of photons per pulse N,
- high overall transmission T,
- ellipticity  $\delta^2$  competitive with or exceeding purity  $\mathcal{P}$ .

In addition, such detection would require integration of photons to achieve a certain confidence limit, probably by a number of repetitions m. It was shown<sup>[19]</sup> that

$$m^{-1} \propto N \cdot T \times \frac{\delta^2}{\mathcal{P}}.$$
 (18)

The integration time can be reduced by N, T and  $\delta^2/\mathcal{P}$  equally. In the following we will address these points.

*3.4.1. XFEL facilities* XFELs are indispensable sources for structural analysis and contributed to the development of ultra-fast processes. XFEL facilities blossom all over the

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| Facility      | soft/hard | Beam energy               | Photon energy               | Repetition rate                   |
|---------------|-----------|---------------------------|-----------------------------|-----------------------------------|
| FLASH         | soft      | $0.351.25\mathrm{GeV}$    | $14-620 \mathrm{keV}$       | $4 \mathrm{kHz} - 1 \mathrm{MHz}$ |
| LCLS          | both      | $2.516.9\mathrm{GeV}$     | $0.2828.8\mathrm{keV}$      | $120\mathrm{Hz}$                  |
| SACLA         | hard      | $5.1 - 8.5 \mathrm{GeV}$  | $4-20 \mathrm{keV}$         | $60\mathrm{Hz}$                   |
| FERMI         | soft      | $11.5\mathrm{GeV}$        | $20310\mathrm{eV}$          | $50\mathrm{Hz}$                   |
| PAL-XFEL      | both      | 3.5  10  GeV              | $0.28-20\mathrm{keV}$       | $60\mathrm{Hz}$                   |
| SwissFEL      | soft      | $2.1$ – $5.8\mathrm{GeV}$ | $250 - 1,240  \mathrm{keV}$ | $100\mathrm{Hz}$                  |
| European XFEL | both      | $8.517.5\mathrm{GeV}$     | $0.24-25\mathrm{keV}$       | $27\mathrm{kHz}$                  |
| SXFEL         | soft      | $11.6\mathrm{GeV}$        | 124 - 1,000  eV             | $50\mathrm{Hz}$                   |
| LCLS-II (HE)  | both      | $415\mathrm{GeV}$         | $0.2-25\mathrm{keV}$        | $120\mathrm{Hz}, 1\mathrm{MHz}$   |
| SHINE         | both      | $8{ m GeV}$               | $0.4-25\mathrm{keV}$        | $1\mathrm{MHz}$                   |
|               |           |                           |                             |                                   |

Table 5: Overview of XFEL facilities. Bold facility names indicate facilities with an ultra-intense laser in operation. Italic are planned facilities. Adapted from Huang *et al.*<sup>[91]</sup>.

world<sup>[91]</sup>. In Europe, Deutsches Elektronen-Synchrotron (DESY)<sup>[92,93]</sup>, one of accelerator centers, contains three large accelerators: PETRA III, FLASH and European XFEL. FLASH supplies soft X-rays and PETRA III and EuXFEL supply hard X-rays. Italian Elettra Sincrotrone Trieste<sup>[94]</sup> has two advanced light sources: Elettra and FERMI. The third-generation synchrotron radiation facility Elettra produces synchrotron radiation in wavelength range from infrared to hard X-rays, while FERMI is a seeded free electron laser working in ultraviolet and soft X-ray range. Swiss-FEL<sup>[95,96]</sup> is Switzerland's X-ray free-electron laser with hard X-ray FEL with 0.1 nm wavelength and 20 fs pulse duration at Paul Scherrer Institute (PSI).

In the USA, the Linac Coherent Light Source (LCLS)<sup>[97,98]</sup> at SLAC achieved first lasing and FEL saturation at 0.15 nm in 2009. Its upgrade LCLS-II<sup>[99]</sup> is designed to produce high-energy X-rays covering the energy range from 200 eV to 1.5 keV for soft X-rays and from 1 keV to 5 keV for hard X-rays. A further upgrade<sup>[100]</sup> from 4 GeV to 8 GeV beam energy will extend the photon energy range to at least 12.8 keV.

In Asia, the first FEL facility was SPring-8 Ångström Compact Free-Electron Laser (SACLA)<sup>[101]</sup> in Japan, with a peak X-ray laser power of 1 GW and wavelengths of 0.1 nm. It has matured to multi-beamline, soft and hard X-ray operation<sup>[102,103]</sup> and extreme intensities<sup>[87]</sup>. The Pohang Accelerator Laboratory X-ray Free Electron Laser (PAL-XFEL)<sup>[76]</sup> produces wavelengths of 0.1 nm and 1 nm for hard and soft X-rays, respectively. In China are two facilities<sup>[104,105]</sup>: the Soft X-ray Free Electron Laser (SXFEL) performs the shortest wavelength of 2 nm, and the Shanghai Hard X-ray Free Electron Laser (SHINE) with 0.05 nm wavelength is being constructed. All those facilities with brilliant X-rays enable scientists in gaining insights into the properties, ultrafast processes and the essences of matter.

We are not discussing synchrotron sources for two reasons. They are currently limited in beam divergence and thus in polarization purity. Furthermore, their pulses are much longer than the background field pulses and contain far fewer photons than XFEL pulses.

In the context of X-ray polarimetry of vacuum birefringence, it must be noted that probe beam photon numbers are often over-estimated in experiment proposals. Typical XFEL pulse energies are of the order of 1 mJ which yields at 12 keV about  $10^{11}$  photons<sup>[19]</sup>. In addition, the usual spectral bandwidth of XFELs is of the order to 1 % in SASE mode. With self-seeding schemes<sup>[106–108]</sup>, a reduction to  $10^{-4}$  is possible at the cost of reduced pulse energy. This sets requirements on the spectral/angular acceptance of crystal optics like channel-cut crystal polarizers, in particular the widths of Bragg reflectivity curves like shown in Fig. 5.

A relative spectral width of  $10^{-4}$  at  $\theta_B = 45^{\circ}$ , matching the self-seeding bandwidth, requires a reflectivity curve width of  $10^{-4}$  rad = 20". Thus the dashed curve in Fig. 5, having a width of  $\approx 6$ ", would have a spectral transmission of  $\sim 0.3$  for self-seeded FEL pulses. Using an asymmetric cut, see Sec. 2.2.2, can increase the reflectivity curve width. As an example, in order to widen the curve by the required factor  $\sim 3$ , an asymmetry angle  $\alpha_c \sim -40^{\circ}$  would be necessary. That would increase the beam footprint on the channel-cut crystal surface by  $\sim 10$ .

For higher photon energies, e.g. the solid curve in Fig. 5 for  $E_{ph} \sim 10 \,\mathrm{keV}$ , the reflectivity curves become narrower due to deeper penetration. As consequence, improving the bandwidth by the asymmetry angle  $\alpha_c$  becomes increasingly impractical.

3.4.2. *PW-class laser facilities* Ultra-intense pulsed lasers are known to produce the highest light intensities on earth and are thus favorable tools to generate the background field in their focus, polarizing the vacuum helped by a counter-propagating probe light. Table 4 already provided estimated ellipticities for relevant peak intensities. Those intensities are in reach of currently available laser technology. Recently, laser scientists at the Center for Relativistic Laser Science (CoReLS) in Korea reported a peak laser intensity exceeding  $10^{23}$  W/cm<sup>2</sup>[109], generated from a 4 PW laser pulse.

Ultra-intense laser systems are nowadays commercially

available and are widely employed. They are in general based on the chirped pulse amplification scheme (CPA)<sup>[110]</sup> and exhibit pulse durations of ~10 fs – ~1 ps, typical wavelengths are 800 nm or 1.05  $\mu$ m. An overview can be found at "The International Committee on Ultra-High Intensity Lasers" (ICUIL)<sup>[111]</sup>, where they provide an interactive map<sup>[112]</sup>.

PW-class lasers are currently the top class of existing facilities, but several dozens are already too many to list them all. Here we concentrate on facilities and projects significantly exceeding 1 PW.

The Extreme Light Infrastructure (ELI)<sup>[113–116]</sup> is an advanced laser-based research infrastructure with multi-sites. One of the sites is Extreme Light Infrastructure Nuclear Physics (ELI-NP), which succeeded in delivering the 10 PW @ 1 shot per minute in 2019.

In UK, Central Laser Facility (CLF)<sup>[117,118]</sup>, part of the Rutherford Appleton Laboratory, is dedicated to high-energy laser systems. There are five laser facilities: ULTRA, Artemis, OCTOPUS, Gemini and Vulcan. Here, Gemini is a dual beam laser system with  $2 \times 15$  J, 30 fs laser pulses. Vulcan has two kinds of laser modes. In its long pulse mode, the laser energy is up to 2.6 kJ with nanosecond pulse duration. In short pulse mode, it is up to 1 PW peak power with 500 fs pulse duration and the focal intensity is about  $10^{21}$  W/cm<sup>2</sup>. Recently, they are going to increase the peak power from 1 PW (500 J in 500 fs) to 20 PW (400 J in 20 fs). It will be a unique beamline to examine matter under extreme conditions.

In France, the Apollon laser system is a multi-beam, multipetawatt facilities to generate 10 PW pulses of 150 J energy and 15 fs (FWHM) duration at a repetition rate of 1 shot per minute. And the first available laser beam delivered ontarget pulses of 10 J average energy, 24 fs duration and 1 PW nominal power in  $2021^{[119]}$ .

The Institute of Applied Physics of the Russian Academy of Sciences established a large infrastructure project, the Exawatt Center for Extreme Light Studies (XCELS)<sup>[120-122]</sup>. The aim of the project is to build high power lasers with 200 PW power, 25 fs pulse duration by assembling 12 identical laser channels with 15 PW power for each. The intensity in the focus is expected to be  $\sim 10^{25}$  W/cm<sup>2</sup>. That provides an opportunity to peer into the fundamental processes and unknown phenomena of high-energy physics.

Furthermore, the project of Shanghai HIgh repetition rate XFEL aNd Extreme light facility (SHINE) was proceeded<sup>[123]</sup> in Shanghai, China. In future, the Station of Extreme Light (SEL) of SHINE will provide more brilliant laser system with 100 PW and the expected focused laser intensity is  $2 \cdot 10^{23}$  W/cm<sup>2 [124]</sup>. That is the basis for the proposed experiments<sup>[35,77]</sup> at SHINE.

In view of vacuum birefringence, the gain of ellipticitiy  $\delta^2$  with laser peak intensity is obviously quite strong,  $\delta^2 \propto (I_{\rm BG})^2$ , see Eq. (16a). This is in particular important for the

trade-off of ellipticity against the purity  $\mathcal{P}$ . Table 4 shows that an intensity of  $I_{\text{BG}} \sim 2 \cdot 10^{23} \,\text{W/cm}^2$  can yield an ellipticity  $\delta^2 \sim 2 \cdot 10^{-10}$ , exceeding the best purities so far measured,  $\mathcal{P} \sim 10^{-11}$ , cf. Tab. 3. That way, the signal would always exceed the background from the finite extinction. In addition it should be noted that such intensity was already demonstrated with a 4 PW laser system<sup>[109]</sup>.

*3.4.3. Combined facilities* For the purpose of vacuum birefringence experiments where the background field is generated by an ultra-intense laser and X-ray polarimetry is employed for detection, it is mandatory to combine XFELs with such lasers. In most cases, XFEL facilities host several beamlines and/or several instruments per beamline. Thanks to the wide range of applications and thus an existing market, it is relatively straightforward to equip an XFEL instrument with an ultra-intense laser. Even for systems below the PW level are enough use cases to use XFELs as probe in lasermatter interactions.

Referring to Tab. 5, there are 3 out of 4 existing hard X-ray facilities equipped with an ultra-intense laser. We can exclude soft X-ray FELs since a key for detection is a short probe wavelength. The facilities and instruments are: MEC at LCLS/SLAC, SACLA EH6 and HED/HIBEF at European XFEL. Their respective parameters<sup>[35,91,98,111,125–127]</sup> are listed in Table 6.

The Matter in Extreme Conditions (MEC) instrument is the facility at LCLS to produce extreme matter states with an intense laser radiation where LCLS provides complete imaging and optical diagnostics methods. Nagler *et al.*<sup>[125]</sup> presented an overview of the beamline, the capabilities of the instrumentation and highlights of experiments. Glenzer *et al.*<sup>[130]</sup> summarized the first experiment of lasercompressed solids and with the measurements of highly accurate X-ray diffraction and X-ray Thomson scattering on the MEC instrument at LCLS. Fletcher *et al.*<sup>[131]</sup> investigated bremsstrahlung from relativistic electrons generated by the interaction of a high-intensity femtosecond laser with solid µm-thick aluminum and polypropylene targets, and measured the energy spectrum and temperature of hot electrons via the differential X-ray energy filtering.

Similar to the LCLS, the SACLA XFEL facility opened after completion of the commissioning<sup>[127,132]</sup>. This experimental platform is equipped with two beams of 800 nm wavelength, 1 Hz repetition rate, 12.5 J maximum energy of in a 25 fs pulse duration and a 500 TW peak power after pulse compression. Yabuuchi *et al.*<sup>[127]</sup> characterized the light source performance during the commissioning of the experimental platform and confirmed the XFEL and the high-intensity laser can operate normally with dedicated diagnostics.

In Europe, the High Energy Density (HED) scientific instrument at the European XFEL is a unique platform for experiments at extreme conditions of pressure, temperature, X-ray polarimetry

| Facility      | Endstation               | $E_{\rm BG}$              | $	au_{\mathrm{BG}}$ | $P_{\rm BG}$               | $I_{\mathrm{BG}}$            |
|---------------|--------------------------|---------------------------|---------------------|----------------------------|------------------------------|
| LCLS          | MEC <sup>[125]</sup>     | 1 J                       | $40\mathrm{fs}$     | $25\mathrm{TW}$            | $\leq 10^{20}  {\rm W/cm^2}$ |
| LCLS-II(-HE)  | $MEC-U^{[126]}$          | $150\mathrm{J}$           | $150\mathrm{fs}$    | $1\mathrm{PW}$             | $> 10^{21}  {\rm W/cm^2}$    |
| European XFEL | HED <sup>[128,129]</sup> | $10\mathrm{J}$            | $30\mathrm{fs}$     | $300\mathrm{TW}$           | $\le 10^{22}  {\rm W/cm^2}$  |
| SACLA         | EH6 <sup>[127]</sup>     | $2{\times}12.5\mathrm{J}$ | $30\mathrm{fs}$     | $2 \times 500 \mathrm{TW}$ | $\leq 10^{21}  {\rm W/cm^2}$ |
| SHINE         | SEL <sup>[35]</sup>      | 1500 J                    | $15\mathrm{fs}$     | $100 \ \mathrm{PW}$        | $> 10^{23}  {\rm W/cm^2}$    |

Table 6: Overview of facilities combining XFEL beams with PW-class lasers. Planned facilities are printed italic. Please note that there is no common factorial relation between laser power and peak intensity. Focussing F-numbers very among the facilities, adapted to their overall mission. Furthermore, beam quality can reduce the encircled energy in the focal spot and therefore reduce the peak intensity<sup>[127]</sup>. Provided laser pulse wavefront control for the final focussing and reasonably tight focussing,  $10^{22}$  W/cm<sup>2</sup> per 1 PW is realistic.

or electromagnetic field<sup>[128,133]</sup>. Zastrau *et al.*<sup>[128]</sup> presented the scientific scope, technical infrastructure, diagnostics and experimental platforms. The HED scientific instrument supports a variety of X-ray methods, including Xray polarimetry. The Helmholtz International Beamline for Extreme Fields (HIBEF) user consortium (UC) contributes the high-intensity and high-energy laser systems<sup>[129][134]</sup> and their operation for users.

Another combined XFEL – laser facility will be the station of extreme light (SEL) at SHINE, which is designed to achieve laser intensities sufficient to explore the vacuum birefringence effect by colliding a XFEL<sup>[35][135]</sup>.

In view of vacuum birefringence, currently operating facilities provide laser intensities of  $10^{19}-10^{21}$  W/cm<sup>2</sup>[<sup>125,127,129]</sup>. Thus ellipticities should be expected to ~ $10^{-14}$ , much smaller than the currently best polarization purities. Reasons for those comparably low intensities can be a) operating at lower energy and power levels due to longer lifetime and cost efficiency, b) not too tight focussing for target debris managements (for laser-matter interactions) and c) wavefront distortions, re-distributing energy out of the focus peak into a halo.

Those restrictions can be lifted for experiments dedicated to vacuum birefringence, e.g. providing a dedicated focussing element. We repeat here that a peak intensity of  $\sim 10^{23}$  W/cm<sup>2</sup> was already demonstrated with a 4 PW laser system<sup>[109]</sup>. That said, the laser at the HED instrument of European XFEL could reach with slightly more energy (12.5 J) and shorter pulse duration (25 fs) a peak power of 400 TW and thus  $\sim 10^{22}$  W/cm<sup>2</sup> peak intensity, resulting in an ellipticity of  $6 \cdot 10^{-12}$  instead of  $4 \cdot 10^{-13}$  as estimated by Mosman *et al.*<sup>[85]</sup>.

*3.4.4.* X-ray optics Besides precision X-ray polarizers, compound refractive lenses (CRLs) are indispensable optical elements in the vacuum birefringence experimental setup with two purposes. Primarily, the XFEL beam must be focused into the interaction volume with the tightly focused PW laser. That is the purpose of the first CRL. On the other hand, the polarizers require a low divergence to provide a high extinction ratio. Therefore, the first CRLs must be



Figure 13: Sketch of the experimental setup investigating CRL material properties. The multilayer mirrors collimate the X-rays from the rotating anode X-ray source. The combination of the polarizer, analyzer, and CCD camera allows for polarization sensitive imaging. Taken from Grabiger *et al.*<sup>[61]</sup>.

located after the polarizer. In addition, XFEL must be recollimated by the second CRL, after the interaction but before the analyzer. In essence, two sets of CRLs are already inside the polarimeter setup. Therefore, the effects of the CRL material on the polarization must be studied and a suitable material must be found. Grabiger *et al.*<sup>[61]</sup> studied how the lens material itself influences the X-ray polarization. The setup is shown in Figure 13<sup>[61]</sup>.

They analyzed three different grades of beryllium samples: high purity (PF-60), optical grade (O-30-H), and ultra-high purity grade (IF-1) beryllium. The results in the upper part of Table 7 clearly show that the Beryllium samples greatly affect polarization purity. In this regard, the explanation given by the authors is the polycrystalline state of beryllium and they suggested two better options to focus X-rays. One alternative way is to employ reflective optical components, such as Kirkpatrick–Baez mirrors. Another option is to manufacture X-ray lenses from either single-crystal material like diamond, or from materials with an amorphous structure such as glassy carbon and polymers.

Those materials were studied later by the same group<sup>[72]</sup>. They used now a synchrotron source for better sensitivity and investigated the impact of CRLs of different materials on the polarization purity, mimicking the general scheme of focussing and recollimation, proposed for vacuum birefringence X-ray polarimetry experiments<sup>[19,33,35,84,86]</sup>. However, they employed rather long focal lengths of ~6 m. For shorter focal lengths, more CRL material would be exposed to the beam and probably deteriorating the purity stronger than

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currently measured. The results are listed in the lower part of Table 7. CRLs were fabricated out of Be, SU-8 photo-polymer, diamond and glassy carbon. From all those materials, the CRLs fabricated from SU-8, did show the least depolarization of X-rays.

| Sample        | Thickness ( $\mu$ m) | Polarization purity            |
|---------------|----------------------|--------------------------------|
| No sample     | -                    | $8 \cdot 10^{-8}$              |
| Be PF-60      | 500                  | $9 \cdot 10^{-6}$              |
| Be IF-1       | 500                  | $6 \cdot 10^{-6}$              |
| Ве О-30-Н     | 700                  | $4 \cdot 10^{-6}$              |
| CRL Material  | Transmission         | Polarization purity            |
| No lenses     | -                    | $(1.4 \pm 0.9) \cdot 10^{-11}$ |
| Be O-30-H     | 0.93                 | $(6.9 \pm 0.2) \cdot 10^{-9}$  |
| SU-8          | 0.64                 | $(3.3 \pm 1.5) \cdot 10^{-11}$ |
| Diamond       | 0.82                 | $(3.1 \pm 0.7) \cdot 10^{-10}$ |
| Glassy carbon | 0.63                 | $(1.9\pm 0.1)\cdot 10^{-9}$    |

Table 7: Deterioration of polarization purity by CRL materials. Upper part for flat Be samples at  $\sim 8 \text{ keV}$ ; lower part for CRLs telescopes with  $2 \times \sim 6 \text{ m}$  focal length at  $\sim 13 \text{ keV}$ . Data taken from Grabiger *et al.* and Marx-Glowna *et al.*<sup>[61,72]</sup>.

It should be noted that data for Be cannot be easily compared across both parts of Table 7. The effective thickness of the Be CRLs is not provided, and both experiments employed different photon energies.

In regard of X-ray polarimetry for vacuum birefringence, the results show another limit. Even though the deteriorated purity  $(3.3 \pm 1.5) \cdot 10^{-11}$  is close to the instrument purity  $(1.4\pm0.9)\cdot10^{-11}$ , the deterioration was measurable. Without speculating about scalings, a birefringence experiment using CRLs as currently known would have a limit of at least the measured level of  $\mathcal{P} \sim 10^{-11}$ . Hence, the prospects for lowering the background signal  $NT\mathcal{P}$  by better X-ray optics are dismal.

#### 3.5. Interim summary

An attractive application of X-ray polarimetry is to detect the vacuum birefringence phenomenon. There is one widely recognized method, combining PW optical lasers with XFELs. Alternatively two XFEL pulses, out of a pulse train or by a split-and-delay setup, are proposed. Such scheme appears currently more demanding in terms of X-ray beam path setup.

So far, X-ray polarizer technology has made tremendous progress, cf. Tab. 3. Material dependencies, beam dependencies (divergence, Eq. (7)) and sophisticated alignment protocols (detour avoidance by azimuth alignment) are understood and have become practice. Despite that the transition from synchrotrons to XFELs for polarizer characterization allows for better purity due to the divergence dependence, the spectral width of XFELs is not matching that of polarizers, leading to low throughput. That limits the polarimeter in terms of photon flux: Only very few photons arrive at the detector<sup>[59]</sup>. This can be optimized by spectral tailoring of the FEL process as well as increasing the acceptance of channel-cut crystals by using asymmetric cuts and appropriate polarizer material choice.

That optimization of integrated transmission is mandatory for X-ray polarimetry of vacuum birefringence in order to provide a high signal photon number  $NT\delta^2$  per pulse. Since both the spectral bandwidth of a reflection as well as the temporal pulse stretching depend the effective penetration depth, appropriate material selection (high Z) could optimize both effects simultaneously. This is in contradiction to high peak reflectivity and the avoidance of detour reflections which limit the polarization purity  $\mathcal{P}$ , where it was found that their contribution in the overall reflected beam grows strongly with Z.

It was further recognized that CRL lens material might affect the polarization purity as CRLs are foreseen in most schemes for vacuum birefringence. The first investigation of traditional CRL lens material<sup>[61]</sup> was an important step towards applications of polarimetry, and has shown the need for further investigations and improvements of purity. A follow-up study, employing actual CRL telescopes (as often proposed for vacuum birefringence studies) but fabricated from unconventional materials, showed<sup>[72]</sup> that those materials have much reduced impact on the purity.

As this impact is probably limiting the purity  $\mathcal{P}$ , the ratio of signal to background,  $\delta^2/\mathcal{P}$ , must be improved by increasing the ellipticity  $\delta^2$ . This is possible due to the strong scaling with laser peak intensity,  $\delta^2 \propto I_{BG}^2$ , cf. Eq. (16a). Thereby also the absolute signal photon number  $NT\delta^2$  increases, reducing the number of required laser pulses.

In summary, measurements of vacuum birefringence in laboratory conditions from ultra-intense lasers by X-ray polarimetry are still pending and need proper preparation in regard of source photon count, beam divergence, spectral transmission, polarizer reflectivity, CRL transmission and depolarization, polarizer extinction, and detector efficiency.

# 4. Further applications of X-ray polarimetry

Apart from probing vacuum birefringence, X-ray polarimetry is applied to other scientific cases: nuclear resonant scattering experiments<sup>[68,136–138]</sup>, measuring the magnetic fields inside solid density plasmas via Faraday rotation<sup>[139–141]</sup> and applications to astrophysics<sup>[34,82,142,143]</sup>. Now, we present those applications of X-ray polarimetry.

#### 4.1. Nuclear resonant scattering

Nuclear resonant scattering is a technique for measuring the structural dynamics, magnetic and electronic properties of condensed matter. Compared to usual radioactive sources, synchrotron radiation sources open new perspectives for



Figure 14: Schematic setup for nuclear resonant scattering with the polarization filtering method. The incoming radiation from the left is polarized by the first channelcut crystal. Subsequently, the beam impinges on the magnetically anisotropic sample under investigation. The green arrow indicates the direction of the external magnetic field that induces optical activity via X-ray magnetic linear dichroism. The analyzer crystal in the crossed setting transmits only the photons which have undergone nuclear resonant  $\sigma$ - to  $\pi$ -scattering. Taken from Marx-Glowna *et al.*<sup>[68]</sup>.

nuclear resonant scattering in the field of materials science<sup>[67,68,144]</sup>. Polarimetry with perfect crystals is adequate for preventing the non-resonant scattering called polarization filtering in nuclear resonant scattering experiments<sup>[67,68,145]</sup>. The elementary idea is to separate non-resonant scattering from a large background of resonantly scattered X-rays. The schematic setup is displayed in Figure 14<sup>[68]</sup>. The polarizer and analyzer are Silicon (840) channel-cut crystals with two asymmetric reflections and are in the crossed position. Linearly polarized radiation will switch its polarization to mix polarization states when it is scattered by a medium placed in a magnetic field upon nuclear resonant reflection.  $\pi$ -components can pass through but  $\sigma$ -components are strongly suppressed by the analyzer in crossed position. Thereby, the pump photons can be sufficiently suppressed while the relatively weak signal can be detected.

## 4.2. Detection of magnetic fields

In 1990, Siddons *et al.*<sup>[16]</sup> observed the rotation of the polarization plane of a synchrotron X-ray beam in cobalt alloys by X-ray polarimetry, thereby detecting the optical Faraday effect in the X-ray domain. They also demonstrated the optical activity near the K-edge of cobalt in a chiral organometallic compound.

Faraday rotation is also a widely used diagnostic of plasmas<sup>[146,147]</sup>, usually employing visible lasers in low-density plasmas, e.g. magnetic confinement fusion plasmas<sup>[148]</sup>. With XFELs, this method can be transferred to solid-density plasmas. This is of great interest for plasmas driven by ultrashort und ultra-intense lasers to probe the self-generated magnetic fields<sup>[139]</sup>. The fields reach kilo- to megateslalevel (MT) field strength and originate from fast electron transport, balancing return currents and their respective resistivity inside the solid target<sup>[141]</sup>. Researchers<sup>[139–141]</sup> have proposed a method of examining the magnetic fields of the laser-irradiated plasma by X-ray polarimetry via Faraday rotation using XFELs.

Figure 15 depicts the experimental setup<sup>[140]</sup>. The optical ultra-short relativistic laser pulse is deployed to generate extreme multi-megagauss (MG) magnetic fields in a solid-density target. The XFEL acts as a probe to detect those laser-driven magnetic fields. The probe XFEL beam is perfectly horizontally polarized, and then the orientation of the polarization plane is rotated by the magnetic field component. The total rotation angle of the exiting XFEL beam is<sup>[139,140]</sup>:

$$\phi_{\rm rot} = \frac{e_0}{2 \, c \, m_{\rm e}} \int \frac{n_{\rm e}(\mathbf{r})}{n_{\rm c}} \, \mathbf{B}(\mathbf{r}) \cdot \frac{\mathbf{k}}{|\mathbf{k}|} \, \mathrm{d}s \tag{19}$$

with  $e_0$  the electron's charge, c the speed of light,  $m_e$  the electron's rest mass and  $\int ds$  the integral along the probe beam path.  $n_e$  is the electron density and **k** is the wave vector of the probe. The critical density  $n_c$  is defined by

$$n_{\rm c} = \frac{\varepsilon_0 \, m_{\rm e} \, \omega^2}{e_0^2} = \frac{\varepsilon_0 \, m_{\rm e} \, 4\pi^2 \, c^2}{e_0^2 \, \lambda^2} \,, \tag{20}$$

being the highest electron density in which a wave with wavelength  $\lambda = 2\pi/|\mathbf{k}|$  can propagate.

From equations (19) and (20) we can see that the rotation angle is proportional to the wavelength of the probe beam. A beam with a long wavelength can obtain a large rotation angle but will have poor penetration depth in solid density plasma. However, even though the wavelength of XFEL is short, the XFEL is able to penetrate solid density plasmas of up to several tens of micrometer thicknesses because of the high attenuation length. Therefore, it is advantageous to select the XFEL beam as the probe pulse. The studies proposing this scheme<sup>[139,141]</sup> estimate that the polarization of an XFEL with 6.457 keV photon energy will be rotated about  $\pm 300 \,\mu\text{rad}$ . The two signs arise from the symmetry to the electron current axis where fields are parallel or anti-parallel to the probe beam direction. An order of  $10^{-4}$  rad does not require utmost polarization purity, in contrast to vacuum birefringence. Nevertheless, for an imaging application, overall transmission is important due to beam size magnification.

## 4.3. Astrophysics

X-ray polarimetry is an appealing tool to investigate geometric information, emission mechanisms and the structure of the magnetic fields in and around objects in the universe, such as supermassive black holes and neutron stars<sup>[34,82,142,143,149]</sup>. In astrophysics, the formation and subsequent evolution of the population of black holes is fascinating and can be determined by the mass and angular momentum given by X-ray polarimetry<sup>[142]</sup>. In 1976,



Figure 15: An illustrated experimental setup of strong magnetic field generation by interaction of an ultra-short relativistic optical laser pulse with solid matter, probed by an XFEL via Faraday rotation. Taken from Huang *et al.*<sup>[140]</sup>.

Weisskopf et al.<sup>[149]</sup> measured the linear polarization of the X-ray flux from the Crab Nebula by the graphite crystal Xray polarimeters aboard the OSO-8 satellite, as illustrated in Figure 16<sup>[149]</sup>. For reducing the background signal from cosmic rays, the parabolic surface is used to focus the diffracted X-rays. Caiazzo et al. [82] presents that vacuum birefringence affects changes of the X-ray polarization of stellar-mass and supermassive black holes. The model with QED not only can probe the spin and the magnetic field strength close to the innermost stable orbit of blackhole accretion disks but also provides a validity check for theories of astrophysical accretion. For accretion-powered pulsars with known energy of cyclotron-resonant scattering features<sup>[150]</sup>, X-ray polarimetry is suited to obtain informations of the geometry of the accretion column and magnetic field strength. Besides, X-ray polarimetry has the potential to discover the mechanisms of astrophysical particle acceleration, like supernova remnants (SNRs), pulsar wind nebulae (PWNe), pulsars, and black hole jets<sup>[143]</sup>. Heyl and Caiazzo<sup>[34]</sup> applied the equation of the polarization evolution to determine the atmosphere composition and the surface gravity of an X-ray pulsar. Furthermore, the radius of the star can be inferred from the photon energy at the polarization direction flips. Therefore, X-ray polarimetry is a powerful tool to study neutron stars and black holes. Its high sensitivity and resolution are promising to unravel crucial information of physical processes and structure of astronomical objects.



Figure 16: Exploded view of the OSO-8 polarimeter assemblies. The crystal reflector employs  $\sim 45^{\circ}$  Bragg angle and is thereby polarization-filtering. Taken from Novik *et al.*<sup>[151]</sup>.

## 5. Conclusions

This paper reviews the status of X-ray polarimetry and mainly its application on detecting vacuum birefringence. First, the main details of the factors affecting the polarization purity of X-rays were analyzed for 45° Bragg reflectors, employing Brewster's law for suppression of a linear component in the plane of incidence. Crystal quality, beam quality and material dependencies were presented and detailed for channel-cut crystal polarizers. An unprecedented polarization purity of  $1.4 \cdot 10^{-11}$  was measured so far<sup>[72]</sup> at a synchrotron thanks to the average high flux, such that divergence reduction still allowed for precise measurements. A measurement at an XFEL yielded  $8 \cdot 10^{-11}$  [59]. There, the divergence would have allowed for  $10^{-14}$ , yet the setup was not as optimized as at the synchrotron, and the effectice flux was insufficient for precise characterization. However, the record at the synchrotron is limited by the divergence, and substantial future improvements are subject to XFELs.

This high level of polarization purity provides an opportunity to explore the nonlinear property of vacuum, like vacuum birefringence. An all-optical laboratory scheme allows for precise measurements of QED nonlinearities in particular in the low-energy but strong-field limit, sensitive to new physics and particles beyond the standard model<sup>[21,38]</sup>. For this application, we summarized for various proposals the signal dependence on ultra-intense laser sources which offer

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extremely intense external fields to polarize the vacuum. We presented the scientific facilities of optical PW lasers and XFELs in the world. We assessed their status regarding proposed experimental schemes and added aspects beyond the sole polarization purity  $\mathcal{P}$  and ellipticity  $\delta^2$ , relevant in the entirety of the proposed schemes. What is more, the X-ray polarimetry has a wide range of applications in nuclear resonant scattering experiments and measuring the magnetic fields inside solid density plasmas, even astrophysics. In brief, the X-ray polarimetry is an extraordinary method and it provides scientists with the possibility to explore the unknown.

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