



# The compressive response of additively-manufactured hollow truss lattices: an experimental investigation

Claudio Intrigila<sup>1</sup> · Nicola A. Nodargi<sup>1</sup> · Paolo Bisegna<sup>1</sup>

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## Abstract

The mechanical response of additively-manufactured hollow truss lattices is experimentally investigated under quasi-static compression testing. Exploiting the recent developments in the Fused Deposition Modelling (FDM) technique, two families of lattices have been fabricated, obtained as tessellation in space of octet-truss and diamond unit cells. Four specimens for each family of lattices have been designed with prescribed relative density, selecting different inner-to-outer radius ratios  $r/R$  of their hollow struts. Compression experiments prove that mechanical properties and failure mechanisms of hollow truss lattices are significantly dependent on the  $r/R$  ratio. In particular, a shift from quasi-brittle to ductile mechanical response at increasing  $r/R$  values has been revealed for the octet-truss lattice, leading to a stable collapse mechanism and increased energy absorption capacity. On the other hand, a more compliant behaviour has been observed in the diamond lattice response, with a monotonic improvement of mechanical properties as a function of the  $r/R$  ratio. Such results substantiate the potentialities of additively-manufactured hollow lattice structures as an attractive solution when lightweight, resistant and efficient energy absorption materials are required.

**Keywords** Hollow truss lattice · Additive manufacturing · Fused Deposition Modelling (FDM) · Energy absorption efficiency · Compressive loading

## 1 Introduction

In the last two decades, prompted by the rapid advances in Additive Manufacturing (AM) technologies, metamaterials or Micro-Architected Materials (MAMs) have attracted enormous interest for their multi-functional purposes and engineering applications [1–6], offering a potentially effective alternative to stochastic materials like foams or honeycomb structures. Among MAMs, periodic lattices are by far the most widespread [7]. They are characterised by a unit cell at the micro-scale, which is repeated along three orthogonal axes to form a periodic structure at the

macro-scale. The behaviour of periodic MAMs is strictly related to the design of their unit cell. Different types of unit cells have been studied in the literature, including open reticular structures (truss-lattice, e.g. [8]), continuous shell cells [9], minimal surface sheet structures [10], just to mention a few. Focusing on open-cell lattices, particular attention has been addressed to truss-lattices for their versatile properties, depending on the different topology of the unit cell [3, 11, 12].

The main characteristics that influence the mechanical properties of truss-lattices at the macro-scale include: (i) the unit cell topology, determined by the nodal connectivity of the struts; (ii) the unit cell morphology, characterised by shape and geometry of struts and nodes; (iii) the lattice structure morphology, defined by the spatial distribution and orientation of the unit cells; (iv) the lattice structure relative density; (v) the parent material mechanical properties.

According to the unit cell topology, and specifically to the nodal connectivity, truss-lattices are generally divided into two macro-categories [2]: *stretching-dominated*, whose behaviour is mainly governed by axial stresses, and *bending-dominated*, in which bending stresses are predominant. The

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✉ Claudio Intrigila  
intrigila@ing.uniroma2.it  
Nicola A. Nodargi  
nodargi@ing.uniroma2.it  
Paolo Bisegna  
bisegna@uniroma2.it

<sup>1</sup> Department of Civil Engineering and Computer Science, University of Rome Tor Vergata, Via del Politecnico 1, Rome 00133, Italy

former are characterised by a large overall structural load-bearing capacity, with high strength and stiffness-to-weight ratios. Accordingly, they find applications in the automotive, aerospace and construction industries and are employed as support structures in tissue engineering and bioprinting. Conversely, bending-dominated lattices have a more compliant behaviour, featuring a long stress plateau under compressive load and significant energy absorption capacity.

Among the different stretching-dominated truss-lattices, the octet-truss one, first proposed by Fuller [13], has been extensively studied both from a numerical and experimental point of view [12, 14–17]. Its unit cell comprises 12 nodal or vertex connections, forming a Face-Centred Cubic (FCC) configuration. Because its mechanical behaviour is governed by axial stresses [12], it offers high stiffness and strength per unit weight. Those remarkable mechanical properties have been shown for periodic octet-truss structures made by casting stainless steel and metal alloys at different scales [15, 17, 18] or fabricated from different elastomers and polymers [19, 20].

Many experimental and numerical investigations have also been dedicated to evaluating and modelling the effective mechanical properties of bending-dominated lattices or to exploiting them for achieving multi-functional structures (e.g. lattices suited for seismic isolation and impact protection [21–23] or with optimised piezoelectric properties [24, 25]). In such a context, a lattice of special interest is the diamond one, which traces the crystal lattice of carbon atoms of the allotropic form. Its cell is based on an FCC configuration and comprises tetrahedral-like subunits, each consisting of four struts that meet at each node, forming an angle of  $109.5^\circ$  [26]. Accordingly, the connectivity is equal to 4 at all nodes, i.e. it is the lowest possible for a spatial lattice structure. In recent years, diamond lattice properties have been widely investigated to design additively-manufactured implants and tissue engineering scaffolds [27–29]. By exploiting its porosity, the diamond lattice has been optimised to match the biomechanical requirements of strength, stiffness and bone ingrowth, leading to the appropriate level of tissue penetration for orthopaedic load-bearing implants [30–32].

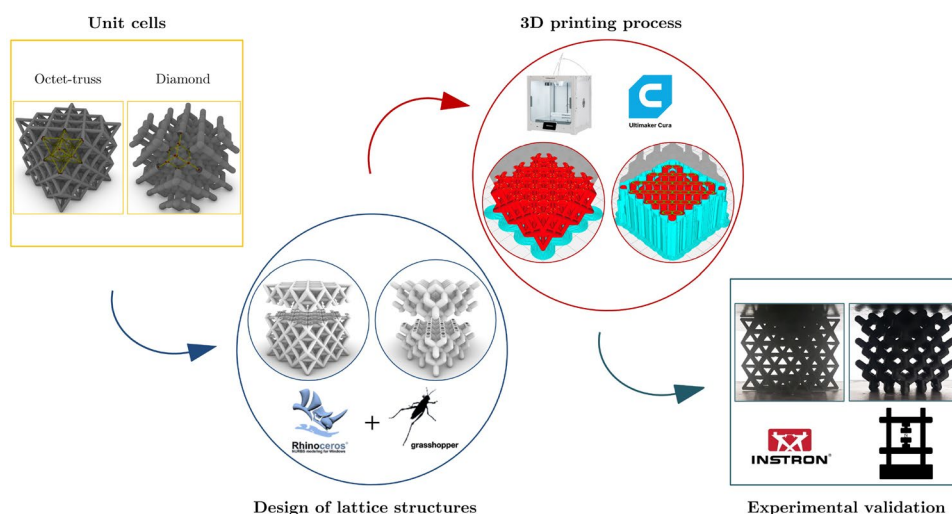
From a morphological optimisation perspective, a very promising and challenging research field, covering both stretching- and bending-dominated response, concerns lattices with hollow struts instead of solid ones [33, 34]. Specifically, the superior performance in terms of energy absorption of metallic hollow micro-lattice with respect to honeycombs has been shown in [35] for the same relative density and parent material. Experimental investigations on ceramic-based stretching-dominated [36] and bending-dominated [37] hollow nanolattices have revealed as it is possible to simultaneously design ultra-stiff, ultralight, energy-absorbing metamaterials, reversing

the brittle nature of the parent material. Moreover, elastically isotropic hollow lattices have been numerically obtained in [38, 39], tailoring the ratio of the bending-to-axial stiffness of the constituent beams. In this context, Meza et al. [40] pointed out as the strength and stiffness parameter space of hollow lattices is highly complex and dependent upon an intricate combination of geometry and structural parameters, thus suggesting that the correlation between stretching- or bending-dominated behaviour and topology alone is insufficient. In particular, a systematic experimental investigation of the influence exerted by the inner-to-outer radius ratio of the hollow struts, which seems to be missing, might be helpful.

As a matter of fact, most of the aforementioned works are based on testing specimens manufactured, at different scales, via laser-based processes (e.g. Two-Photon Lithography (TPL), Selective Laser Melting (SLM), Stereolithography (SLA)) or via Multi Jet Fusion (MJF). Unfortunately, the precision and accuracy of those printing technologies come at the expense of their complexity and, ultimately, of their cost. Instead, very few experimental investigations have been conducted using Fused Deposition Modelling (FDM) technology, whose advantages are the simplicity of the printing process, the economical equipment and the wide availability of raw materials [41, 42]. Recent studies have highlighted the promising potential of this technology in the design and fabrication of complex geometries [43–45]. In particular, the mechanical behaviour of specific types of individual lattice structures with specific unit cell geometry for different relative density values has been investigated. However, further studies might be required to compare the mechanical response and energy absorption characteristics of 3D printed lattices of different types of unit cells made at fixed relative density [46, 47].

The present study aims to investigate the mechanical behaviour (i.e. stiffness, strength and energy absorption capacity) under a compressive load of octet-truss and diamond lattices manufactured via FDM. In particular, the lattices are designed as reticular structures composed of hollow cylindrical struts and nodes. Four different inner-to-outer radius ratios ( $r/R$ ) of struts, ranging from 0 (solid struts) to 0.7, are investigated at fixed relative density value  $\bar{\rho} = 0.25$ . The objectives of the research are: (i) to compare the different responses of hollow stretching- and bending-dominated lattice structures; (ii) to evaluate the influence of the  $r/R$  ratio on the main mechanical properties of those structures at a fixed relative density; (iii) to demonstrate that it is possible to obtain interesting mechanical properties using FDM-printed lattices, whereas almost all the experimental researches have been conducted on structures manufactured using TPL, SLM and SLA [17, 36–38, 40]. The workflow is summarised in Fig. 1.

**Fig. 1** Workflow illustrating the sequence of the different phases and the related tools: from the unit cells selection to the design and fabrication process, up to the experimental validation



The paper is organised as follows. The design parameters of hollow lattice structures are described in Section 2. The fabrication of the specimens and the characterisation of the parent material are reported in Section 3. Experimental results of the structures tested under quasi-static compressive loading are presented in Section 4. In particular, the response of octet-truss structures is analysed in Section 4.1, whereas the results on diamond structures are reported in Section 4.2. Finally, results are discussed in Section 5, and concluding remarks are outlined in Section 6.

## 2 Design of hollow lattice structures

The present study aims to investigate the compressive response of hollow lattice structures with octet-truss or diamond unit cells. The wireframe model of the unit cells was generated within a cube of edge length  $l$  equal to 16 mm. Then, a tessellation of the unit cell along  $x$ -,  $y$ - and  $z$ -axis was made to obtain a  $3 \times 3 \times 3$  lattice structure. Each strut was modelled as a straight and hollow circular cylinder. The ratio between the internal radius,  $r$ , and the external radius,  $R$ , of the struts is the main geometric parameter analysed in this study. In particular, its influence on the mechanical response of the lattice structures is evaluated under uniaxial compression test.

The structures were generated by the Boolean union of hollow cylinders capped with hollow spheres. For each family (octet-truss or diamond), four different  $r/R$  ratios were considered: 0 (solid struts), 0.40, 0.55 and 0.70. For each  $r/R$  ratio, internal and external radii were adjusted to ensure for each structure the same relative density,  $\bar{\rho} = 0.25$ , evaluated as the ratio between the specimen volume and the reference wireframe volume (i.e.  $48 \times 48 \times 48 \text{ mm}^3$ ). In Fig. 2 (left), the wireframe of the unit cells and the lattice structures generated by tessellation are depicted. Furthermore, the strut

cross sections and the values of the  $r/R$  ratio and wall thickness,  $t$ , are reported in Fig. 2 (right).

By comparing the two families of lattice structures, it can be observed that the area and length of individual struts of the diamond lattice are greater than those of the octet-truss lattice. That is due to the different topology of the two elementary cells and, in particular, to the noticeable difference in the nodal connectivity (equal to 4 for diamond lattices and 12 for octet-truss lattices). The parametric geometry of the structures was implemented through the Grasshopper object programming language, available as a plug-in of the CAD RhinoCeros 3D software.

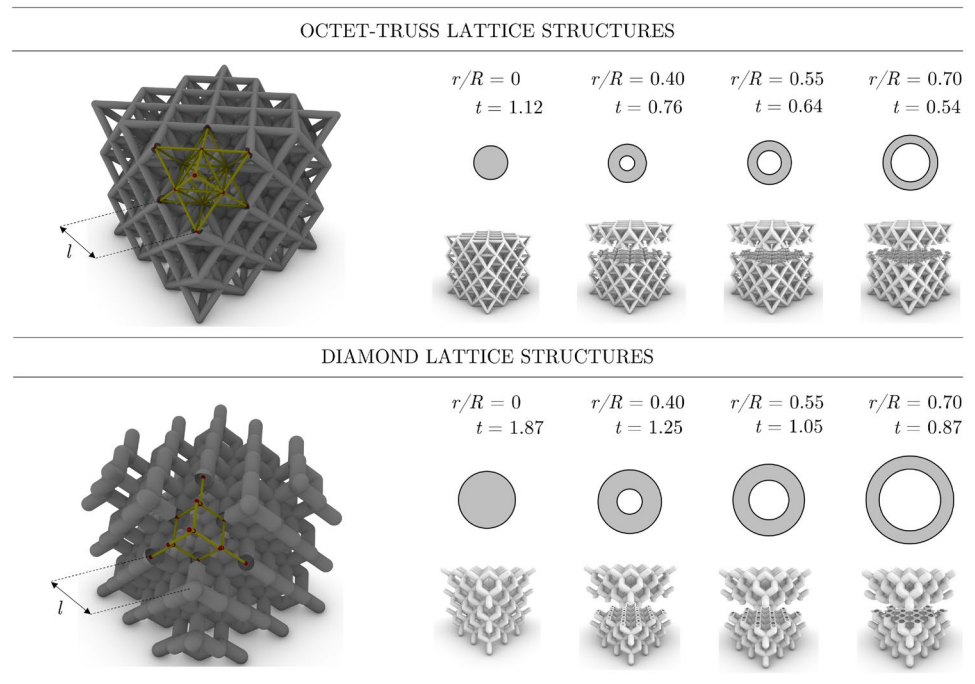
## 3 Materials and fabrication

The lattice samples were manufactured using the Ultimaker S5 desktop 3D printer (Ultimaker) through the FDM technology and the double extruder. The structural material used for printing was PLA Tough polylactic acid produced by Ultimaker. The PLA Tough filament guarantees greater workability compared to classic PLA, maintaining a strength similar to acrylonitrile-butadiene-styrene (ABS). Furthermore, PLA Tough is highly compatible with polyvinyl alcohol (PVA), a water-soluble material employed to build the supports. Starting from the STL file generated by the CAD model, the Ultimaker Cura software was used to manage and set the print configurations.

### 3.1 Parent material

With the aim to evaluate the mechanical characteristics of the parent material, five type IV tensile specimens were manufactured, as prescribed in the ASTM D638-14 [48]. Following those standards, the tensile tests were performed on the specimens using the INSTRON 4482 universal testing

**Fig. 2** Design of lattice structures: unit cells of octet-truss and diamond lattices with relative density  $\bar{\rho} = 0.25$ . For comparison, the four  $r/R$  ratios studied and the relevant thickness  $t$  (mm) of the hollow cylinders are reported



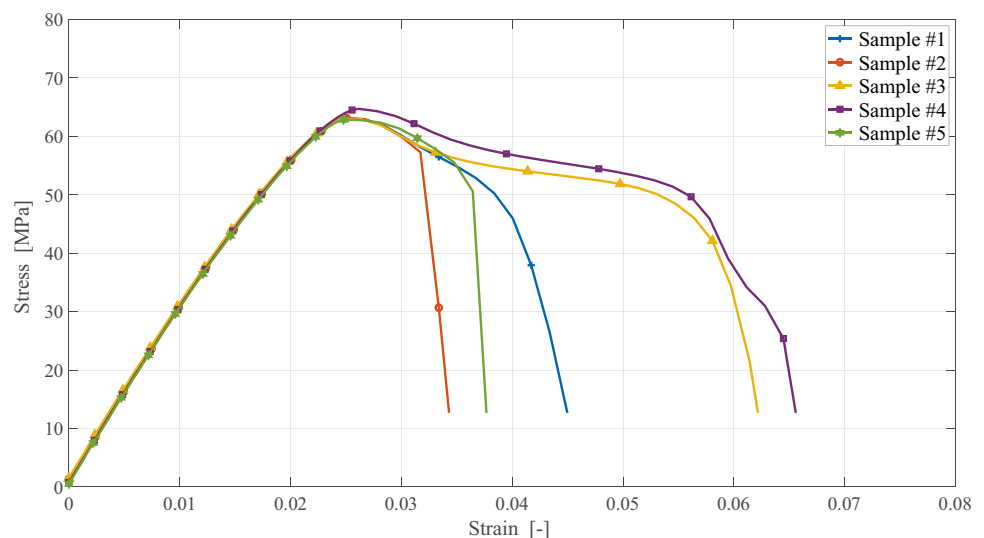
machine. A 10 kN load cell was used to record the forces. The tests were carried out under displacement control with a constant speed of the mobile crosshead set at 50 mm/min. An extensometer was applied to the specimen, ensuring accurate measurement of the gauge length deformations. The signals of the instruments were acquired at a sampling rate of 20 Hz, and the tests were recorded with a digital camera, with a sampling rate of 30 fps. In order to reduce the influence of the infill characteristics on the test results [49], a concentric pattern and an infill value equal to 99% were chosen. The tensile test set-up and the specimen dimensions are reported in Fig. S1 of the Supplementary Information (SI).

The resulting nominal stress–strain curves of the five specimens under uniaxial tensile loading are plotted in Fig. 3. The trend of the curves shows an essentially brittle behaviour of the parent material, with a sharp decrease in tension after the first stress peak. The mechanical properties derived from the tensile test are summarised in Table 1, showing high repeatability of the measurements.

### 3.2 Additive manufacturing

The lattice specimens were fabricated using PLA Tough, whose characteristics have been described in the previous section. For

**Fig. 3** Tensile stress–strain curves of PLA Tough material. The test speed was set at 50 mm/min, according to ASTM D638-14 [48]



**Table 1** Results of the tensile tests. The test speed was set at 50 mm/min to evaluate the stress peaks, according to ASTM D638-14 [48]. Conversely, the test speed was set at 1 mm/min to estimate Young's modulus, using a different set of specimens (see also Table S1 and S2 in the SI)

Specimen #	Tensile peak [MPa]	Strain at peak [%]	Young's modulus [MPa]
1	63.1	2.50	3137
2	63.1	2.50	3103
3	62.9	2.47	2994
4	64.7	2.61	3114
5	62.8	2.48	3001
Mean±std	63.3±0.8	2.51±0.06	3068±65

the reference volume considered, a support structure in PVA was required for diamond lattices, differently from octet-truss ones, due to the longer overhangs of the individual struts in the former than in the latter [50]. Once printed, the diamond specimens were immersed in water at ambient temperature for about 12 h to eliminate the support structure and then dried using a compressed air machine. In order to ensure the highest possible accuracy within the limits of FDM technology and the Ultimaker S5 desktop printer, the main printing parameters of the lattice specimens were set case by case, according to the different cross sections of their members (see Table S3 of the SI for more details). The same infill settings chosen for the tensile specimens were used for the fabrication process of the lattice structures. The extrusion of the layers was set at a temperature of 210°C, with a printing speed of 45 mm/s. All the fabricated specimens were measured and weighed, detecting an average

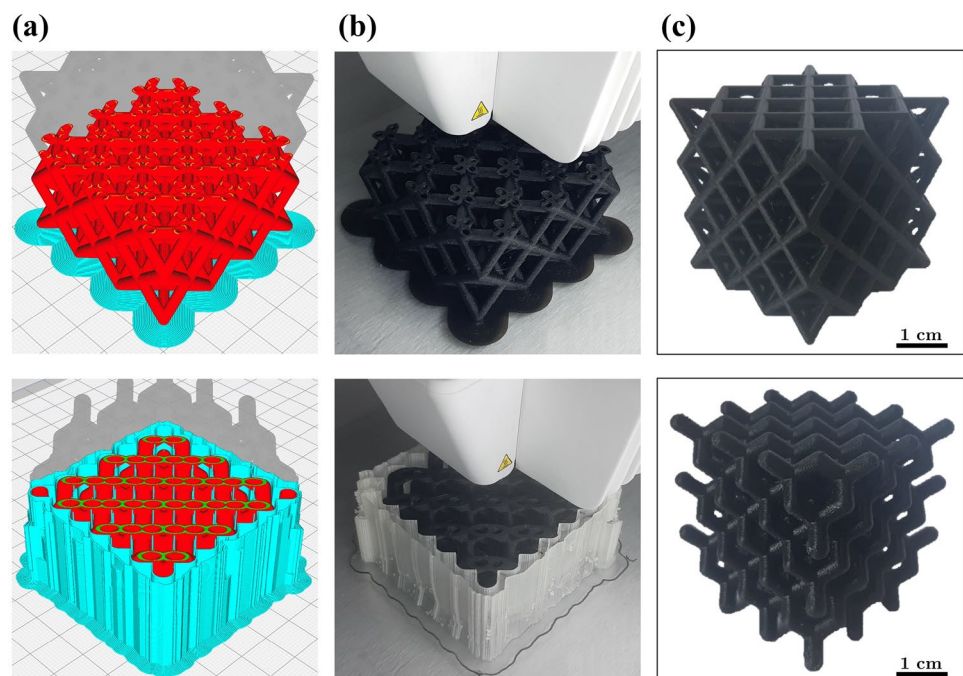
weight of about 33.5 g as calculated in the design phase. The average duration for the manufacture was about 15 h for octet-truss lattices and 20 h for diamond lattices due to the presence of the supports. The fabrication procedure of both octet-truss and diamond lattice structures is summarized in Fig. 4.

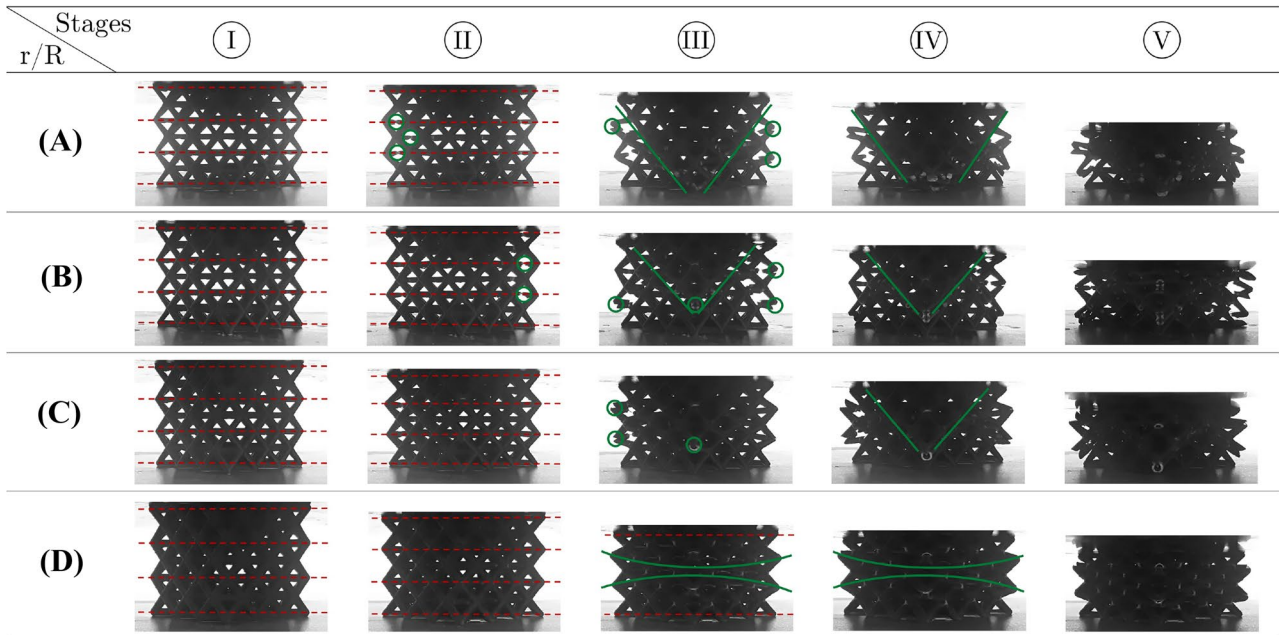
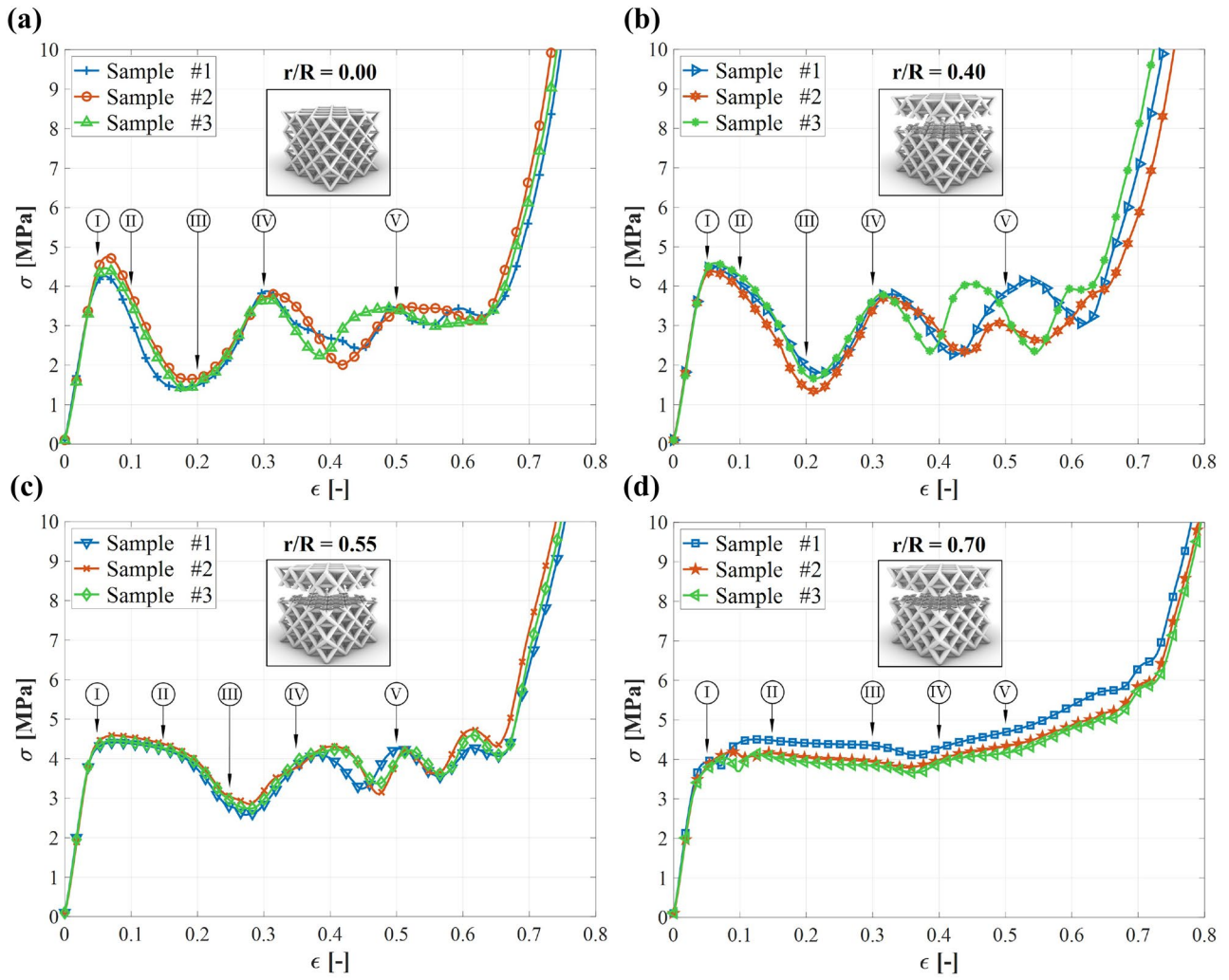
## 4 Experimental results

In this section, experimental results are reported, aimed at assessing the compressive response of hollow lattice structures.

The mechanical properties studied in the response of the lattice structures were strength, stiffness and absorbed energy. The strength was evaluated as the first peak stress following the elastic phase. Young's modulus was obtained as the slope of the stress–strain curve in the linear elastic region. The energy absorbed per unit volume was derived as the area subtended by the stress–strain curve from zero to the onset of the densification strain. Different methods have been proposed in the literature to identify the starting point of densification. Unfortunately, each of them presents uncertainties and is closely related to the trend of the stress–strain curve [46]. In principle, the densification strain is the strain at which the tangent modulus of the stress–strain curve of the structure approaches the elastic modulus of the parent material [51]. At densification, the relative density is almost zero, and the initial geometry of the lattice structure is no longer recognisable. In this paper, two measures of the absorbed energy were considered, using two deformation limits: (i) the Energy Absorption (EA), evaluated in the deformation range proposed in [46], which here results in 0–0.7; and (ii) the Specific

**Fig. 4** Fabrication of designed lattice structures: (a) preview of Cura slicing software; (b) implementation phase using the Ultimaker S5 printer; (c) printed specimens before the compression test





**Fig. 5** Uniaxial compressive response of octet-truss lattice specimens: in the upper part, panels (a)–(d) show stress–strain curves for  $r/R$  values ranging from 0 to 0.70. In the lower part, a table is reported showing the deformed configurations (A)–(D), respectively, relevant to the stress–strain curves (a)–(d), at deformation stages denoted by (I)–(V) (see also Video S1 in the SI)

Energy Absorption (SEA) defined as the ratio between the absorbed energy, calculated in the deformation range 0–0.5, and the weight of the structure, as proposed in [19].

All compression tests were performed in accordance with the standard testing method ASTM D1621-16 [52]. The tests were conducted using the INSTRON 4482 machine, equipped with a 10 kN load cell. Experimental signals were acquired at 20 Hz. The specimens were located between two steel plates, one fixed to the base of the machine and the other fixed to the crosshead. The loading speed rate was set as the 10% of the specimen height (in mm) per minute, resulting in a nominal strain rate of 0.00167 /s. Compression tests were stopped when the deformation reached the limit of 90%. This value was chosen to ensure that the densification phase was reached, remaining within the maximum capacity of the load cell. In order to eliminate the influence of the printing direction on the test results, all the specimens were positioned as fabricated and loaded along the printing direction. Three specimens were tested for each  $r/R$  ratio considered in order to evaluate the repeatability of the tests and to perform a statistical analysis of the results. A total of 24 specimens were fabricated and tested.

The tests on the octet-truss lattice are reported and analysed in Section 4.1. Then, the results of diamond lattice structures are presented and discussed in Section 4.2.

#### 4.1 Octet-truss lattice structures

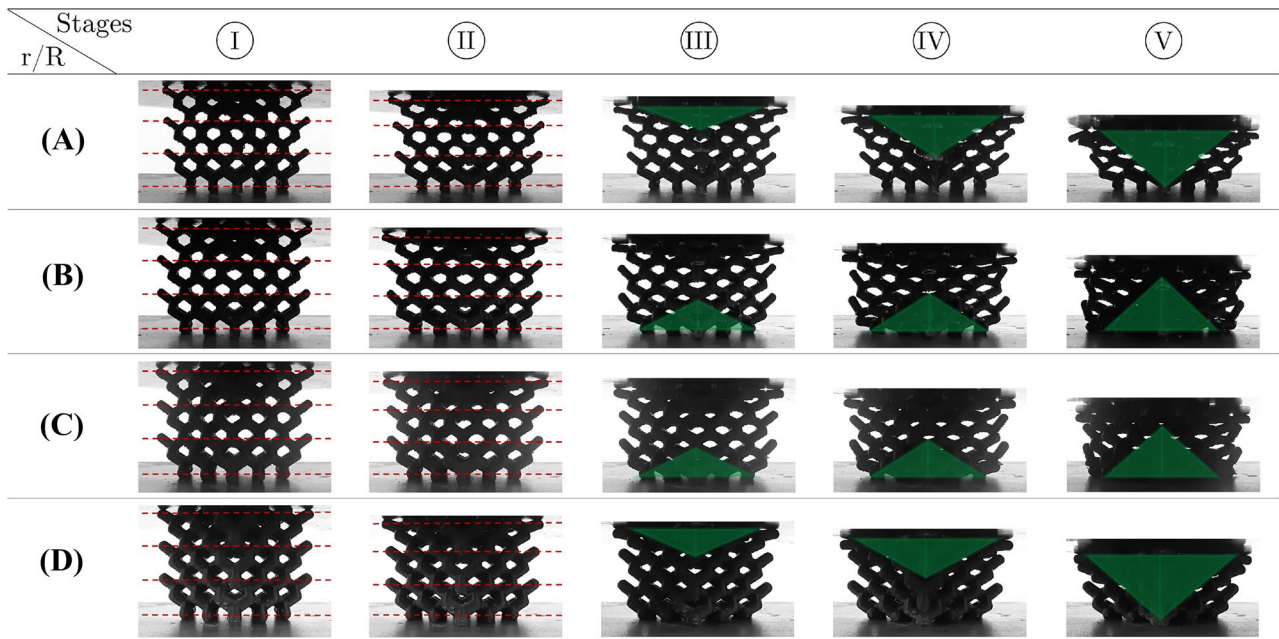
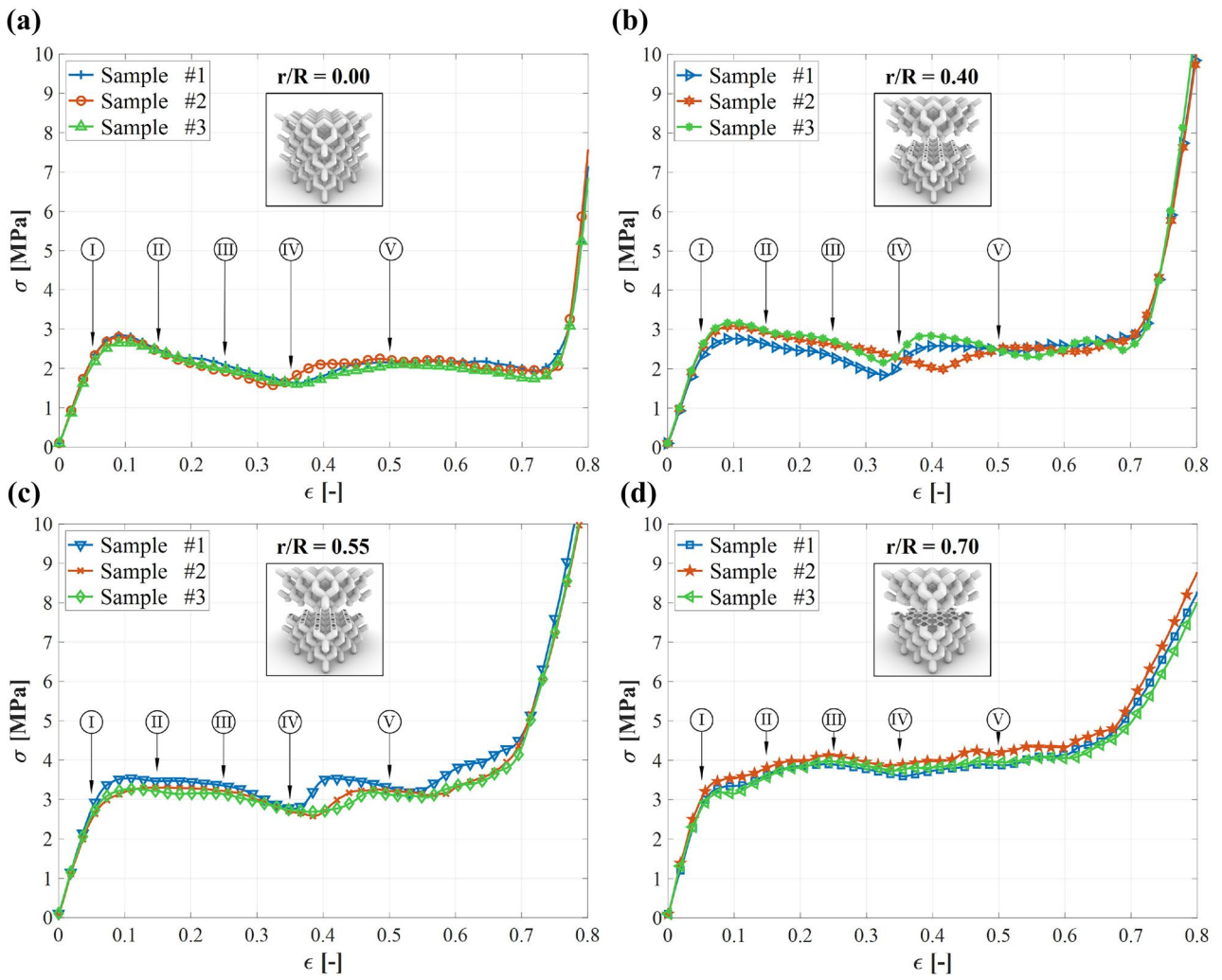
Figure 5(a)–(d) depicts the nominal stress–strain curves of the octet-truss lattice specimens tested under quasi-static compressive loading. It is observed that all curves can be divided into three regions: (i) an elastic phase up to the first peak value, (ii) a widespread inelastic phase, and then (iii) a densification phase, accompanied by a sharp growth of the stress.

As a general remark, the stress–strain curves show a significant change in the structural behaviour of the octet-truss specimens as the  $r/R$  ratio increases. In fact, for low values of  $r/R$ , the lattice exhibits a quasi-brittle mechanical response with a significant stress drop after the elastic phase and a pronounced oscillation of the stress curve. Conversely, in the case  $r/R = 0.70$ , the curves show a ductile behaviour with a wide stress plateau branch before the densification occurs. An intermediate behaviour is exhibited by the specimens with  $r/R = 0.55$ . Such results allow one to drive the following considerations.

In the inelastic phase, the stress–strain curves relevant to different  $r/R$  values are characterized by distinct behaviours strictly connected to the different deformation modes, as depicted in Fig. 5(A)–(D). In particular, the initial inelastic behaviour of the solid octet-truss lattice (i.e.  $r/R = 0$ ) is mainly stretching-dominated. First, the maximum tensile strain is reached at the middle of the external struts of the specimen central zone, as shown in the deformation stage (II) of Fig. 5(A). As the deformation increases, tensile fractures occur in those struts, thereby producing the onset of bending actions on the external nodes and leading to the opening of the same (stage (III)). These fractures cause a sharp stress reduction and strain localization in two shear bands, highlighted by solid green lines in Fig. 5(A). Then, the central zone between the two bands is progressively crushed, and the relevant struts are packed together, with a corresponding increase in stiffness and strength up to the second stress peak (stage (IV)). Finally, shallow oscillations in stress–strain curves due to localized settlements occur before the densification point is reached, resulting in a sudden stress rise.

In the case  $r/R = 0.40$ , a structural behaviour very similar to that pertaining to solid struts is observed in terms of both stress–strain response and failure mode. Nevertheless, in this case, a less steep stress drop after the first peak can be observed. Consequently, a slight improvement in the energy absorption efficiency of the lattice is observed.

Conversely, for higher  $r/R$  values, the inelastic structural behaviour gradually shifts towards a bending-dominated deformation, with plastic hinges at the nodes. Two main factors influence the mechanical response of these lattices: (i) hollow nodes in thin-walled beams become highly compliant in bending (as observed for hollow-beam nanolattices [40]); (ii) due to the increase in the size of the nodes, the free length of the struts is reduced. Consequently, the plastic hinges at neighbouring nodes interact with each other, leading to a diffuse zone of plastic deformation along the struts. A similar effect was found in the computational analyses of the high-relative-density octet-truss lattices with solid cylindrical struts in [17]. Regarding the deformation process of the specimens with  $r/R = 0.70$ , no local failure can be noticed in the struts, thus preventing the formation of shear bands (see (II) of Fig. 5(D)). Accordingly, the deformation is almost uniformly distributed over the entire specimen, with a slight concentration towards the nodes in the specimen centre. Furthermore, the frictional contact at upper and lower faces of the specimens induces an arch effect, as depicted with solid green lines in the deformation stage (III). As a result, this change in the deformation mode entails a smooth trend in the stress–strain curves, with a slight strain hardening before densification is reached at a strain value of about 0.7.





**Fig. 6** Uniaxial compressive response of diamond lattice specimens: in the upper part, panels (a)–(d) show the stress–strain curves for  $r/R$  values ranging from 0 to 0.70. In the lower part, a table is reported showing the deformed configurations (A)–(D), respectively, relevant to the stress–strain curves (a)–(d), at deformation stages therein denoted by (I)–(V). The progressive deformation mode is highlighted with a transparent green hatch (see also Fig. S2 and Video S2 in the SI)

An intermediate behaviour between the previously described ones is observed in the inelastic response of the specimens with  $r/R = 0.55$ . In particular, the trend of the stress–strain curves approaches the ductile behaviour shown in the case  $r/R = 0.70$  but exhibits slight oscillation due to local fractures of the external struts that characterize the response of specimens with lower values of  $r/R$ . A video clip of the compression test of this type of lattice structure is available in the SI, Video S1.

## 4.2 Diamond lattice structures

The nominal stress–strain curves of the diamond lattice specimens, as obtained by the static compression experiments, are illustrated in Fig. 6(a)–(d). Similarly to the curves pertaining to the octet-truss lattices, also the response of the diamond lattice specimens can be divided into three regions: (i) elastic, (ii) inelastic, and (iii) densification.

As a first remark, a similar trend of the stress–strain curves for the different  $r/R$  ratios can be observed. However, differently from the octet lattice family, even in the case of solid struts, the response of the diamond lattice specimens shows an almost ductile behaviour, characterized by the lack of localized brittle phenomena as the tensile fracture of struts. In particular, increasing the imposed vertical displacement, the specimens exhibit a smooth deformation behaviour governed by internal bending actions. In Fig. 6, the main deformation stages (A)–(D) are depicted, relevant to stress–strain curves (a)–(d), respectively. The cell rows in the specimens are denoted with red dotted lines.

For all  $r/R$  ratios, after the elastic limit, the onset of the inelastic phase is characterized by the bending of the unconfined external struts in contact with the upper and lower steel plates. For a better understanding of the progressive deformation mode of diamond lattices, it is noticed that the diamond unit cell presents an isometry generated by reflection in the horizontal middle plane combined with a rotation of  $90^\circ$  about the  $z$ -axis. In particular, this property springs from the four tetrahedral-like subunits constituting the diamond unit cell. Therefore, the bottom face of the specimens in the views of Fig. 6(A)–(D) is indistinguishable from the top face in a view rotated by  $90^\circ$  around  $z$ -axis. The increasing deformation implies a progressive crushing in the specimens, starting from the upper or lower boundaries and then spreading towards the specimen centre. The volume of lattice affected by this plastic

deformation presents a rhombic pyramid shape, denoted with a transparent green hatch in Fig. 6(A)–(D) (see also Fig. S2 and Video S2 in the SI). The upward and downward orientation of this pyramid is determined by whether the deformation develops from the lower or upper face of the specimen. This is due to slight pre-existing imperfections inherent to the manufacturing process or micro-cracks generated in the first compression phase, which break the theoretical symmetry of the structure.

For low values of the  $r/R$  ratio, the first branch of the inelastic response of the specimens exhibits a slight softening behaviour until a strain of about 0.35, corresponding to the deformation stage (V) in Fig. 6(A)–(B). Subsequently, an almost perfectly plastic trend of the stress–strain curves is observed until reaching the densification phase, characterized by an abrupt stress increase. On the other hand, for the case  $r/R = 0.70$ , the diamond lattices show a small hardening behaviour with a trend very close to that observed in the octets with the same  $r/R$  ratio.

## 5 Discussion

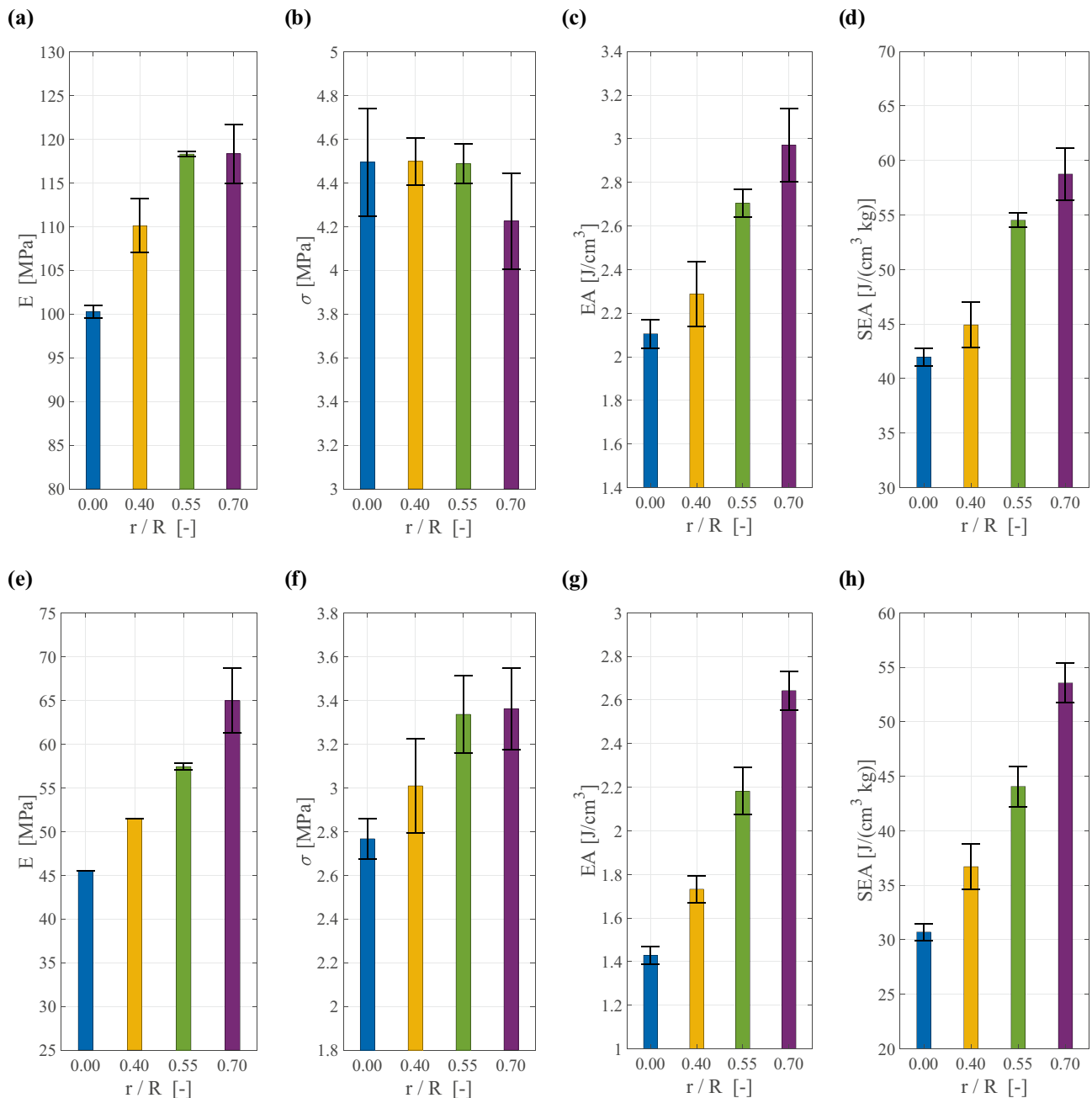
In this section, the main mechanical properties of the tested lattice specimens are analysed and discussed in terms of strength, stiffness and energy absorption. The properties of the octet-truss lattice specimens, evaluated from stress–strain curves of Fig. 5, are reported in the bar plots of Fig. 7(a)–(d). In the elastic phase, increasing the  $r/R$  ratio produces an increment of Young's modulus, as found in [38], mainly due to the increasing second moment of inertia of the individual struts. The relevant values of Young's modulus are between 100 and 120 MPa. On the other hand, the stress peaks are comparable between the different octet-truss lattices with a value close to 4.5 MPa. Slightly lower values are obtained in the case  $r/R = 0.70$ , possibly due to pronounced plastic deformations at the nodes. The observed change in the trend of the stress–strain curves, analysed in Section 4.1, is reflected in the different absorbed energy values. In fact, the energy absorption capacity rises remarkably as the  $r/R$  ratio increases. In particular, from  $r/R = 0.40$  to 0.55, an increase of about 20% can be noticed, both in terms of EA and SEA.

The mechanical properties of the diamond lattice structures are summarised in the bar plots of Fig. 7(e)–(h). The significant monotonic increase in all mechanical quantities at increasing the  $r/R$  ratio is pointed out. As expected, the bending-dominated behaviour of diamond specimens implies lower values of strength and stiffness in comparison with octet-truss ones of equal relative density. In particular, it should be noted that these differences gradually decrease as the  $r/R$  ratio increases, highlighting a more significant effect of the increase in the  $r/R$  ratio in the bending-dominated structures than in the stretching-dominated ones. Concerning the energy absorption values, the diamond specimens show

high capacity, almost comparable to that of the octet-truss lattices, especially in the case  $r/R = 0.70$ .

As concluding remarks, the presented experimental results highlight how by tuning the ratio between the internal and external radius of the hollow struts, it is possible to obtain an overall ductile behaviour of both stretching- and bending-dominated lattice structures, even starting from an

almost brittle parent material (analogous results have been derived for nanolattices in [36]). That implies a substantial improvement in the energy absorption capacity of the lattice structures, which could be exploited in designing protective devices such as explosion shielding or impact absorbers [53]. Moreover, by increasing the area moment of inertia of their struts, hollow truss lattices also increase



**Fig. 7** Comparison of the mechanical properties obtained by compression tests in terms of Young's modulus, peak stress, energy absorption and specific energy absorption. The results pertaining to the octet-truss lattice structures, evaluated from stress–strain curves

of Fig. 5, are reported in panels (a)–(d), respectively. The results relevant to diamond structures, derived by stress–strain curves of Fig. 6, are reported in panels (e)–(h)

their resistance to Euler buckling, sometimes detected as the main failure mode in solid truss lattices [19, 20, 43]. That could be beneficial in many industrial applications where lightweight but resistant materials are required. Finally, the experimental campaign shows reasonable repeatability of the measurements in terms of both stress–strain curves and statistical results, denoting the high efficiency of the FDM printing technology in manufacturing lattice structures with complex morphology.

## 6 Conclusions

In this paper, an experimental investigation of the compressive response of hollow truss lattice structures has been presented. Two types of lattices have been fabricated, starting from the unit cell of octet-truss and diamond. Thanks to advances in FDM techniques, it has been shown how the design and manufacture of light architectures with increasingly complex morphology and high mechanical efficiency have become possible using a cheap and widely available technology. The mechanical behaviour of the 3D printed lattice structures under quasi-static compression has been investigated, focusing on the failure mechanisms and main mechanical properties such as strength, stiffness and absorbed energy. It has been experimentally observed that the increase in the ratio between the internal and external struts radius leads to a significant improvement of the mechanical properties of both stretching- and bending-dominated lattices. On the one hand, a remarkable change in the inelastic structural behaviour has been detected in the octet-truss lattices, shifting from a quasi-brittle mechanical response (characterized by initial tensile fractures of the struts) towards a bending-dominated deformation (with plastic hinges at nodes). On the other hand, a compliant behaviour has been pointed out in the diamond lattice response, with a monotonic increase in all mechanical quantities as a function of the  $r/R$  ratio, especially for stiffness values. In general, the results collected in this work highlight how hollow lattice structures could be an optimal solution where lightweight, resistant and efficient energy absorption materials are required. Future investigations will explore the influence of relative density, number of unit cells, loading velocity and direction on the mechanical response of hollow truss lattices.

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**Availability of data and materials** The datasets generated and/or analysed during the current study are available from the corresponding author on reasonable request.

**Code availability** Not applicable.

## Declarations

**Ethics approval** Not applicable.

**Consent to participate** Not applicable.

**Consent for publication** Not applicable.

**Conflict of interest** The authors declare no competing interests.

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