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# Do adolescents receive youth-friendly, person-centered contraceptive care at safety-net clinics in the U.S. South?: An examination of youths' perspectives

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Youth-friendly, person-centered contraceptive care in safety-net clinics in the South

Kristen Surles, MPH 04/2023

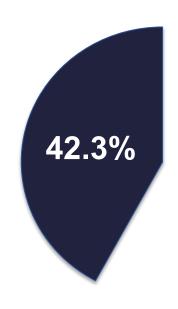


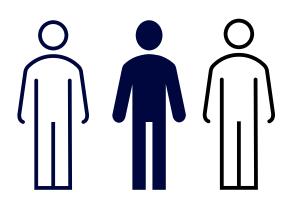
## **Presentation Outline**

- 1 Introduction
- 2 Methods
- 3 Results
- 4 Discussion
- 5 Recommendations
- 6 Conclusion

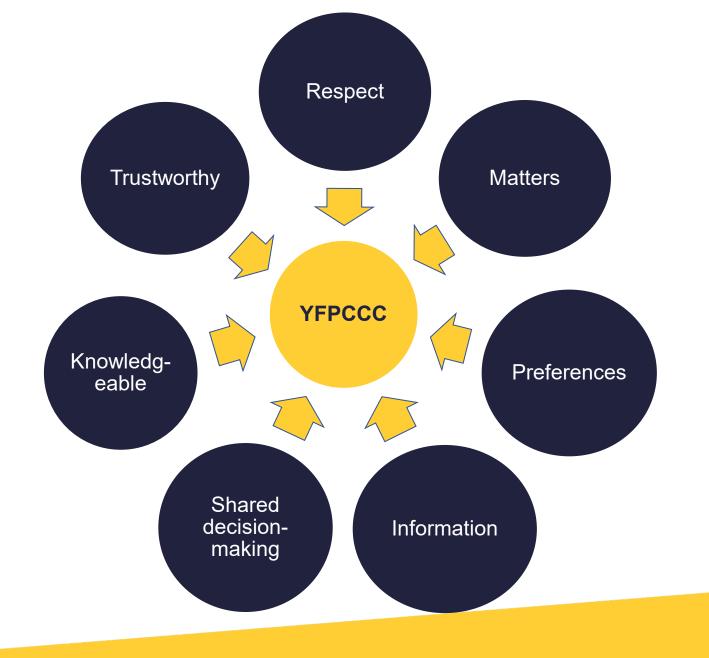


# Introduction









# Youth-friendly, Person-centered Contraceptive Care



# Gap in Knowledge

 Little is known about Southern youths' perspectives of YFPCCC

 Aim: Explore youths' perspectives of care received at safety-net clinics





## Data Source

#### **Data Source**

- Choose Well's Post-Counseling Survey
  - FQHCs and HDs in AL and SC
  - Youth ages 16-24

#### **Survey Items**

- Information, mattered, preference, and respect (PCCC scale)
- Knowledge and trust (YF characteristics)



# Analysis

#### Descriptive

#### Bivariable

#### Logistic Regression

- Created new variables:
  - PCCC
  - YF

- Chi-square tests:
  - PCCC
  - YF

- Controlled for:
  - Clinic type
  - State
  - Age
  - Race/Ethnicity
  - Insurance



# Descriptive Results

#### Characteristics of FQHC and HD in AL and SC in the 2018-2022 Post-Counseling Survey.

	N (n. 1000)	_ ,
Characteristic	(N=1052)	Percent
State		
AL	513	48.8
SC	539	51.2
Rurality		
Urban	667	83.8
Rural	129	16.2
Clinic Type		
HD	835	79.4
FQHC	217	20.6
Age		
16-17	150	14.3
18-19	268	25.5
20-24	634	60.3
Race		
Non-Hispanic White	404	38.6
Non-Hispanic Black	547	52.2
Hispanic and Other	96	9.2
Health insurance		
No	219	22.7
Yes	746	77.3
Person-centered counseling characteristics	576	56.0
Youth-friendly provider characteristics	733	71

# **Bivariable Results**

Characteristics of FQHCs and HDs in	AL and SC by if youth received person- Survey (2018-2022).	centered contraceptive care	in the Post-Counseling
Characteristics	No n=453 (%)	Yes n=576 (%)	p-value
State	11-400 (70)	11–370 (70)	ρ-value
AL	242 (53.4)	261 (45.3)	0.01
SC	211 (46.6)	315 (54.7)	
State			
AL	362 (79.9)	461 (80.0)	0.961
SC	91 (20.1)	115 (20.0)	
Age			
16-17	74 (16.3)	75 (13.0)	0.048
18-19	126 (27.8)	136 (23.6)	
20-24	253 (55.9)	365 (63.4)	
Race			
Non-Hispanic White	145 (32.1)	255 (44.6)	<0.0001
Non-Hispanic Black	271 (60.0)	262 (45.8)	
Hispanic and Other	36 (8.0)	55 (9.6)	
Health insurance			
No	103 (25.5)	111 (20.6)	0.075
Yes	301 (74.5)	428 (79.4)	

# Logistic Regression

Adjusted odds ratios for person-centered counseling and youth-friendly provider characteristics in 2018-2022 Post-Counseling Survey.

	Person-centered counseling	Youth-friendly provider characteristics
Characteristics	aOR (95% CI)	aOR (95% CI)
Clinic Type		
HD	Ref	Ref
FQHC	0.77 (0.55, 1.08)	0.74 (0.52, 1.07)
State		
AL	Ref	Ref
SC	1.48 (1.13, 1.96)	1.27 (0.94, 1.72)
Age		
16-17	0.66 (0.45, 0.98)	0.61 (0.40, 0.93)
18-19	0.75 (0.55, 1.02)	0.74 (0.53, 1.03)
20-24	Ref	Ref
Race		
Non-Hispanic White	Ref	Ref
Non-Hispanic Black	0.53 (0.4, 0.7)	0.56 (0.41, 0.77)
Hispanic and Other	0.89 (0.54, 1.47)	1.04 (0.59, 1.84)
Health insurance		
No	Ref	Ref
Yes	1.47 (1.07, 2.02)	1.4 (1.0, 1.96)

## Discussion

- 56% of youth felt their care was person-centered
- Minor youth and non-Hispanic Black youth were less likely to feel their care was YFPCCC
- Results are consistent with previous studies



## Conclusion

- Youth in the South vary in their perspectives of their care
- Improving provider training may improve quality of care
- Improving quality of care improves youth health, method use and continuation, and may decrease teen birth rate



## Recommendations

- Annual provider training
  - PCCC
  - Youth-friendly





## Limitations and Future Research

#### **Limitations**

- Sample size
- Generalizability
- Likert scale recoding

#### **Future Research**

- Key informant interviews with youth
- Impact of YFPCCC on method use and continuation in this population



