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1 Measurement of impact pressure and bruising of apple fruit using pressure-sensitive film
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26 **Abstract**

27 Impact pressure and bruising of apple fruit were measured by means of a
28 pressure-sensitive film technique, in order to develop methods for assessing and
29 predicting bruising of apples resulting from impact loads during the course of transport
30 and handling. Results of impact tests with apples indicate that when the fruits are dropped
31 from different heights onto different impacting surfaces, the bruise area and volume could
32 be assessed and predicted by regression models based on the impact force obtained from
33 the pressure-sensitive film (F_{PSF}). The coefficients of determination (R^2) for bruise area
34 and bruise volume were found to be 0.91 and 0.95, respectively.

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36 **Keywords:** Apple; Bruising; Impact; Contact pressure; Pressure-sensitive film

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51 **1. Introduction**

52 The fruits may pass through several containers and modes of transport from the orchard
53 to the supermarket (Van Zeebroeck et al., 2007b). During their journey, the apples
54 experience a variety of loading schemes that may lead to damage and bruising, the two
55 main types are being static and dynamic loading (Lewis et al., 2008). During these
56 processes, bruising is a major source of postharvest mechanical damage (Knee and Miller,
57 2002), and results in problematic losses in fresh fruit; as high as 17% in Japan during
58 2004 (Usuda, 2006). Much research has been conducted on impact damage to apples
59 (Holt et al., 1981, 1985; Siyami et al., 1988; Sober et al., 1990; Chen and Yazdani, 1991;
60 Pang et al., 1992a, 1994, 1996; Studman et al., 1997; Bajema and Hyde, 1998; Menesatti
61 et al., 2002; Acıcan et al., 2007; Jarimopas et al., 2007), using a variety of techniques,
62 including instrumented spheres, artificial fruit, a tactile sensor, laser scanning, and
63 ultrasonic technique.

64 The most widely used is the instrumented sphere (IS) (Zapp et al., 1990; Tennes et al.,
65 1990; Pang et al., 1992b, 1994; García-Ramos et al., 2002, 2003, 2004a, 2004b, 2004c;
66 Desmet et al., 2004; Berardinelli et al., 2001, 2006). The change of acceleration and
67 velocity has to be interpreted in terms of damage done to real fruit (Studman, 2001).
68 Herold et al. (1996) developed an “artificial fruit” to detect damage sources for perishable
69 fruit and vegetables during practical harvesting and handling. This Pressure Measuring
70 Sphere (PMS) is capable of collecting all load events involving contact with its skin that
71 exceed a preset threshold. Herold et al. (2001) used a tactile sensor, Type Tekscan No.
72 5051, to study apple contact pressure distribution between apple fruits in contact with flat
73 and curved surfaces. Rabelo et al. (2001) measured the contact area of rubber spheres and
74 oranges compressed against rigid, flat plates laid in parallel, by using a measuring system
75 including a transducer board on which some micro-switches were disposed in linear,

76 radial directions, an interface device, and a microcomputer. Lewis et al. (2007) developed
77 analytical and numerical tools to predict bruise sizes for a given drop height against a
78 given counterface material by dynamic finite element (FE) modeling in which a laser scan
79 of an apple was created. Lewis et al. (2008) used a novel ultrasonic technique to study
80 apple contact areas and stresses under static loading; the results were then used to validate
81 the output from a finite element (FE) model of an apple.

82 Due to its ease of application, the pressure-sensitive film technique has been widely
83 used to study contact area and pressure in a wide range of fields (Liggins et al., 1995;
84 Harris et al., 1999; Zdero et al., 2001; Hoffmann et al., 2005; Bachus et al., 2006).
85 Pressure-sensitive film can be applied directly onto the impact object to assess the
86 interface force, pressure distribution, and contact area. It is non-invasive, and therefore
87 will not affect the contact and can be used to detect the static and dynamic loading during
88 the transport and handling of fruits.

89 The present study is initiated to use the non-invasive pressure-sensitive film technique
90 to measure the impact pressure and pressure distribution of apple fruit impact, as
91 experienced, for example, during the course of transport and handling. The nature of the
92 resulting bruising was also examined in order to develop a bruise-predicting model which
93 is based on the pressure data from the pressure-sensitive film.

94

95 **2. Materials and methods**

96 **2.1. Materials**

97 All the experiments were carried out with “sannfuji” cultivar apple fruits harvested at
98 November, 2007, from Yamagata Prefecture, Japan. They were selected for uniformity of
99 size, ground color and firmness, as well as freedom from defects and mechanical damage.
100 The average weight for the apples was 279.6 ± 9.8 g. The apple fruits were stored at 4°C in

101 air until tested at May, 2008. The tested apples can be considered as not turgid, and
102 therefore with low damage probability.

103 **2.2. Drop test**

104 Impact bruises were produced by dropping apples from a measured drop height on a
105 counterface surface. Three types of impact counterface material were used to
106 comparatively test the different apple bruises: double wall corrugated fiberboard, rubber,
107 and wood. In this study, drop heights were 5, 10, 15, 20, 30, 40, and 50 cm. Tests were
108 conducted at least three times for each height. Each fruit was caught after one bounce.
109 The pressure-sensitive film was placed on the impact counterface to indicate force and
110 pressure distribution.

111 **2.3. The pressure-sensitive film measurements**

112 Fuji film (Fuji Film Corporation, Japan) is currently supplied in six grades (minute,
113 ultra super low, super low, low, medium, and high), available to cover a wide range of
114 pressures from 0.05 MPa to 300 MPa. With the exception of high-grade film, this
115 material consists of two sheets (the A- and C-films), both having an active layer on one
116 surface; on the high-grade film, these layers are currently overlaid on a single sheet.

117 This study employed only the two-sheet film for ultra super low pressure, in which A
118 film is coated with a microencapsulated color forming material, and C film is coated with
119 a color developing material (Fig. 1). When used, the two films are placed with the coated
120 (rough and opaque) surfaces facing each other. When pressure is applied on the film,
121 microcapsules are broken, with distribution and “density” of magenta color varying with
122 true pressure distribution and magnitude. When microcapsules are broken, their material
123 is released and reacts with the color-developing material, thereby forming magenta color.
124 (Fuji Film Corporation, 2009)

125 Through Particle Size Control (PSC) technology, microcapsules are designed to react to

126 various degrees of pressures, releasing their color-forming material at a density that
127 corresponds to the specific level of applied pressure. A prescale pressure graph system
128 (FPD-9210, Fuji Film Corporation, Japan), composed of a scanner and a computer, was
129 used to evaluate multicolor presentation of results, resulting pressure and pressure
130 distribution, statistical data, and others. (Fuji Film Corporation, 2009)

131 **2.4. Bruise measurement**

132 Bruise was measured as the procedure introduced by Lewis et al. (2007). Apples were
133 left for 24 h after dropping, for full development of bruises. Bruise areas, BA , were then
134 determined by measuring the widths using a digital caliper (w_1 and w_2 , as shown in Fig. 2)
135 and assuming that the bruises were elliptical (Bollen et al, 1999):

$$136 \quad BA = \frac{\pi \cdot w_1 \cdot w_2}{4} \quad (1)$$

137 where, w_1 , bruise width along the major axis;

138 w_2 , bruise width along the minor axis.

139 Sections through bruised apples show that the bruise shape is approximately spherical
140 above and below a contact plane, shown on the bruise shape, Fig. 2 (Schoorl and Holt,
141 1980). It was observed that a section through the bruise appeared to have a circular or
142 elliptical profile. Therefore it was proposed that the bruise volume could be described as a
143 section of a sphere or ellipsoid. In this study, the volume was calculated for an elliptical
144 shape defined below the contact plane (point of maximum deflection of the apple during
145 impact) (Mohsenin, 1986; Bollen et al, 1999). Observation of bruise shapes suggests that
146 this is a reasonable approximation. Bruise volumes were then calculated using the
147 elliptical bruise thickness method (Mohsenin, 1986). This calculation method has been
148 compared with a range of others (Bollen et al, 1999). The bruise widths were measured by
149 using a digital caliper. Bruise depth was measured by using a digital caliper after the

150 bruised apple was cut perpendicular at the bruise width along the major axis. Bruise
151 volume, BV is given by:

$$152 \quad BV = \frac{\pi \cdot d}{24} (3w_1 \cdot w_2 + 4d^2) \quad (2)$$

153 where, w_1 and w_2 are bruise widths along the major and minor axes, respectively;
154 d , bruise depth.

155 **2.5 Statistical analysis**

156 Statistical tests were performed using the Origin software (OriginLab Corporation,
157 USA, version 6.1). Results were expressed as means \pm standard deviation (SD) for each
158 determination. Statistical analysis was done with one-way analysis of variance.
159 Differences at $p < 0.05$ were considered to be statistically significant.

160

161 **3. Results and discussion**

162 **3.1. Apple bruising**

163 Average apple bruise areas and volumes (calculated from Eqs. (1) and (2)) after impacts
164 against three counterface materials are shown in Fig. 3 and Fig. 4, respectively. The
165 smallest bruise area and volume were seen with double-wall corrugated fiberboard, and
166 the larger with rubber and wood. In the case of fruit dropping on the three impact surfaces,
167 the bruise area (Fig. 3) and bruise volume (Fig. 4) was increased with the drop height.
168 Changes of the bruise due to drop height were found significant different ($p < 0.05$) not
169 only between double-wall corrugated fiberboard counterface and rubber counterface, but
170 also between double-wall corrugated fiberboard counterface and wood counterface; it was
171 found no significant different ($p > 0.05$) between rubber counterface and wood counterface.
172 These data show that bruises differ for the different impact surfaces from the same drop
173 height, due to the different buffer capacities of the impact materials. These data indicate

174 the necessity to investigate the impact force or pressure between the apple and the impact
175 surface, in order to assess and predict the apple bruise.

176 **3.2. The pressure-sensitive film measurements**

177 **3.2.1. Image of the pressure-sensitive film**

178 Fig. 5 shows examples of pressure-sensitive film used for apple impacts against wood
179 materials from various drop heights. The changes in pressured area and pressure due to
180 drop height are significant. As would be expected, pressured area increases with dropping
181 height. In Fig. 5, the pressured areas were 398, 513, 621, 700, 787, 884, 996 mm² for
182 apple impacts against wood materials from drop heights of 5, 10, 15, 20, 30, 40, and 50
183 cm, respectively. The contact pressure range is 0 to 0.6 MPa, and the maximum contact
184 pressure remains at a level of around 0.5-0.6 MPa.

185 The pressure-sensitive film scans show that the contact pressure is the smallest at the
186 edge; the highest is not at the center of the contact area, but at several positions in the
187 pressured part (as shown in Fig. 5). This data differ from those of previous investigations.
188 Ultrasonic scans show that the contact pressure is highest at the center of the contact area,
189 falling away towards the edge (Lewis et al. 2008). Measurements with a commercial
190 tactile sensing system carried out by Herold et al. (2001) showed that this is the case up to
191 a certain load, but above this load the greatest pressure is at the edge of the contact area.
192 The three techniques have obvious differences; the commercial tactile system is invasive
193 and could not be calibrated accurately; and the commercial tactile sensing system and the
194 ultrasonic scans both detected the static loads in the two studies mentioned above.

195 **3.2.2. Average pressure, pressured area, and distribution**

196 Fig. 6 shows the pressured area against drop height for impacts against the three
197 counterface materials. In the case of fruit dropping on the three impact surfaces, the
198 higher the drop height, the greater the pressured area observed on the pressure-sensitive

199 film. The biggest pressured area was found in the case of the fruit dropping on the rubber
200 impact surface, followed by wood and double-wall corrugated fiberboard.

201 In the case of fruit dropping on the three impact surfaces, good linear relationships were
202 found between pressured area and drop height. The coefficients of determination (R^2) for
203 the double wall corrugated fiberboard, rubber, and wood were 0.96, 0.97 and 0.95,
204 respectively. When all three types of surfaces were included, the relationship between the
205 pressure area and drop height was poorer than that of any single impact surface
206 ($R^2=0.90$).

207 Fig. 7 shows average pressure against drop height for impacts against the three
208 counterface materials. Compared to the pressured area results, the different results were
209 found in the average pressure. In the case of fruit dropping on the double-wall corrugated
210 fiberboard surfaces, the higher the drop height, the higher the average pressure observed
211 in the pressure-sensitive film. In the case of fruit dropping on the rubber and wood
212 surfaces, no significant changes of average pressure were found. The biggest average
213 pressure was found in the case of the fruit dropping on the wood impact surfaces,
214 followed by rubber and double-wall corrugated fiberboard.

215 Fig. 8 shows the pressured area distribution against pressure for impacts against the
216 three counterface materials. In the case of fruit dropping on the three impact surfaces, the
217 value of peak pressure observed was 0.5-0.6 MPa. This fits well with measurements of
218 “Golden Delicious” apple flesh failure stress recorded by Abbott and Lu (1996) of
219 0.40-0.51 MPa, as well as the peak pressure measurement by Lewis et al. (2008) of 0.5
220 MPa. The pressure distribution ranges observed most often for the double wall corrugated
221 fiberboard surface, rubber surface, and wood surface were 0.1-0.3, 0.2-0.4, and 0.2-0.4
222 MPa respectively. This indicates that the peak contact pressure may be not sufficient to
223 assess the apple bruise; average contact pressure may have great effect on the apple

224 bruise.

225 **3.3. Bruise prediction models using pressured area and average pressure**

226 As shows in Fig. 8, the maximum pressure scanned by the pressure-sensitive film did
227 not increase with the dropping height. This data is in accord with the previous
228 investigation by Lewis et al. (2008). Lewis et al. (2008) found that the maximum contact
229 pressure was not increasing with applied load by using ultrasonic technique. And it was
230 thought that the maximum value determined was that at which the apple flesh was
231 yielding. In this study, the value of peak pressure observed was 0.5-0.6 MPa by using
232 pressure-sensitive film technique. The pressure distribution ranges observed often for the
233 three impact surfaces were 0.1-0.4 MPa. When all three types of surfaces were included,
234 both the relationship between pressured area and drop height and the relationship
235 between average pressure and drop height were poorer than those of any single impact
236 surface. Therefore, we find that the apple bruise cannot be well assessed from only by the
237 pressured area and the average pressure.

238 Fig. 9 and 10 show the bruise area-the impact force obtained from the
239 pressure-sensitive film (F_{PSF}), along with bruise volume- the impact force obtained from
240 the pressure-sensitive film (F_{PSF}) relationship for apple impacts against different
241 materials (only for the bruised apple). Table 1 shows the bruise- the impact force obtained
242 from the pressure-sensitive film (F_{PSF}) relationship fitted by linear regression equations in
243 the case of fruit dropping on the three impact surfaces, and all three types of surface were
244 included. The impact force obtained from the pressure-sensitive film (F_{PSF}) was
245 calculated by the following equation:

$$246 \quad F_{PSF} = A \times P \quad (3)$$

247 where F_{PSF} is the impact force obtained from the pressure-sensitive film (N); A is the
248 pressured area (mm^2); P is the average pressure (MPa).

249 A good linear relationship was obtained not only between the bruise area and product of
250 the pressured area and the average pressure, but also between the bruise volume and
251 product of the pressured area and the average pressure. The coefficients of determination
252 (R^2) for bruise area and bruise volume were 0.91 and 0.95, respectively.

253 In this study, it was only wanted to demonstrate the feasibility of assessing and
254 predicting apple bruise by means of the pressure-sensitive film technique. Therefore, only
255 the quantitative bruise estimation was discussed; and the relationship between the bruise
256 probability and the parameters obtained from the pressure-sensitive film should be further
257 studied, because the probability of damage is also another important factor for evaluating
258 the fruit damage (Garcia-Ramos et al., 2002).

259 The bruise prediction models may be applied by either impact energy (Studman et al.,
260 1997; Lewis et al. 2007; Jarimopas et al., 2007) or peak contact force (Chen and Yazdani,
261 1991; Bajema and Hyde, 1998; Van Zeebroeck et al., 2007a; Lewis et al. 2008). The
262 bruise prediction model including the impact energy demands a lot of experimental work.
263 However, the peak contact force is most likely influenced by the fruit factors themselves
264 (temperature, radius of curvature, ripeness, etc.). In order to precisely assess and predict
265 the apple bruise due to the impact, the whole force data must be measured exactly. In this
266 study, the results indicate that assessing the apple bruise from the pressured area, peak
267 pressure, or average pressure is not appropriate; however, the apple bruise area and
268 volume can be assessed very well by the impact force obtained from the
269 pressure-sensitive film (F_{PSF}). Therefore, the impact force obtained from the
270 pressure-sensitive film (F_{PSF}) can clearly be used as an index to assess the apple bruise
271 due to impact loads.

272

273 **4. Conclusion**

274 In general, we have demonstrated the feasibility of assessing and predicting apple
275 bruise by means of the pressure-sensitive film technique. Only the quantitative bruise
276 estimation was discussed by using the pressure-sensitive film technique; Significant
277 differences were observed in the images of pressure-sensitive film for which the apples
278 impact against three conterface materials, including double wall corrugated fiberboard,
279 rubber, and wood. These results showed that assessing and predicting the apple bruise
280 from only one of the total pressured area, the average pressure, and the peak pressure is
281 not appropriate. They also indicate that the impact force obtained from the
282 pressure-sensitive film (F_{PSF}) can be used to assess and predict the apple bruise; the
283 coefficients of determination (R^2) for bruise area and bruise volume were 0.91 and 0.95,
284 respectively. Future studies will focus on the relationship between the bruise probability
285 and the parameters obtained from the pressure-sensitive film, and assessing methods for
286 the small apple damage by using the pressure-sensitive film technique. Apple bruise
287 assessment and prediction during actual transport and handling, by means of the
288 pressure-sensitive film technique should be also further studied.

289

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423 **Figure captions**

424 Fig. 1. Coloring mechanism of the pressure-sensitive film (Fuji Film Corporation, 2009).

425 Fig. 2. Elliptical bruise thickness method for bruise determination (Bollen et al, 1999). w_1
426 and w_2 represent bruise widths along the major and minor axes, respectively; d , bruise
427 depth.

428 Fig. 3. Relationship between bruise areas and drop heights for apple impacts against
429 different counterface.

430 Fig.4. Relationship between bruise volume and drop heights for apple impacts against
431 different counterface.

432 Fig.5. Examples of the pressure-sensitive film used for apple impacts against wood
433 materials from drop heights of 5 cm (a), 10 cm (b), 15 cm (c), 20 cm (d), 30 cm (e), 40 cm
434 (f), and 50 cm (g).

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436 different counterface.

437 Fig. 7. Relationship between average pressure and drop heights for apple impacts against
438 different counterface.

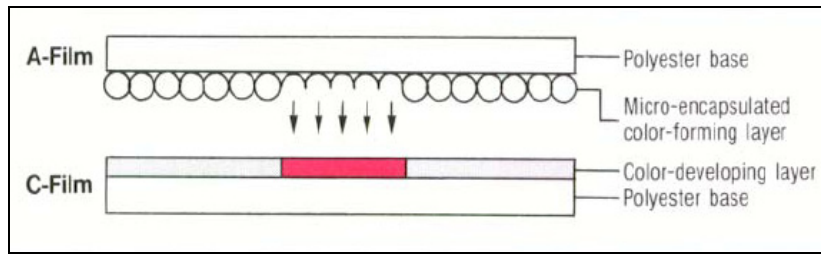
439 Fig. 8. Pressured area distribution on contact plates of different materials, (a) Double wall
440 corrugated fiberboard; (b) Rubber; (c) Wood.

441 Fig. 9. Bruise area- F_{PSF} relationship for apple impacts against different materials.
442 (P_{PSF} , the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

443 Fig.10. Bruise volume- F_{PSF} relationship for apple impacts against different materials.
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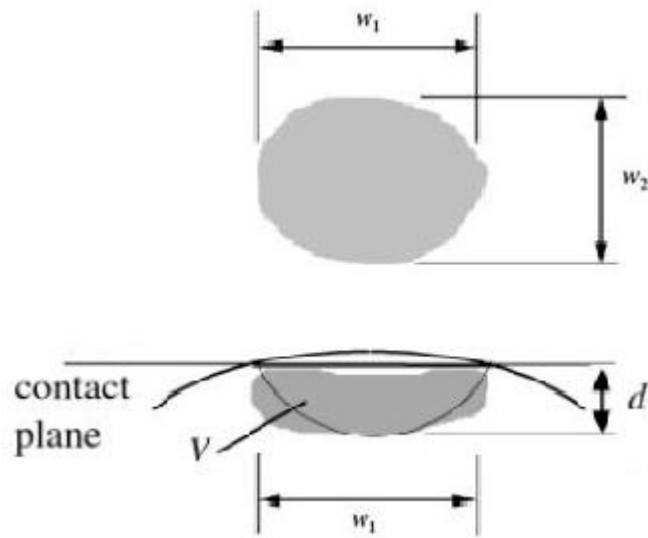
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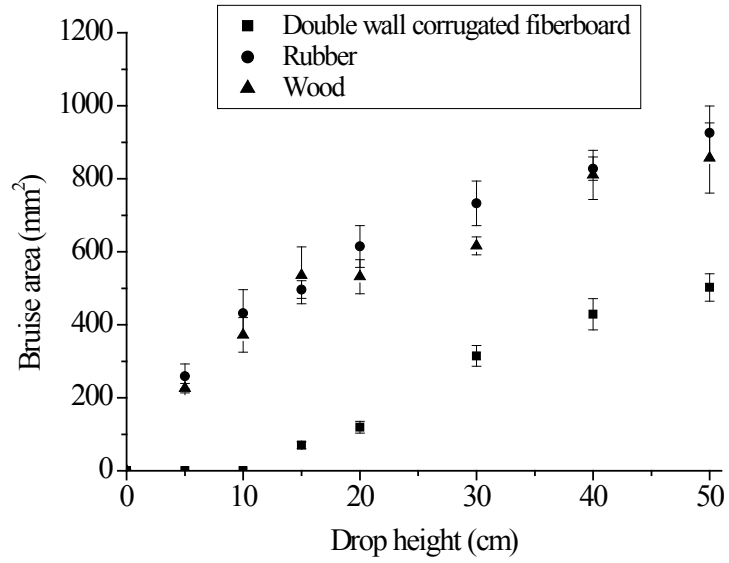
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488 Fig. 3. Relationship between bruise areas and drop heights for apple impacts against
 489 different counterface.

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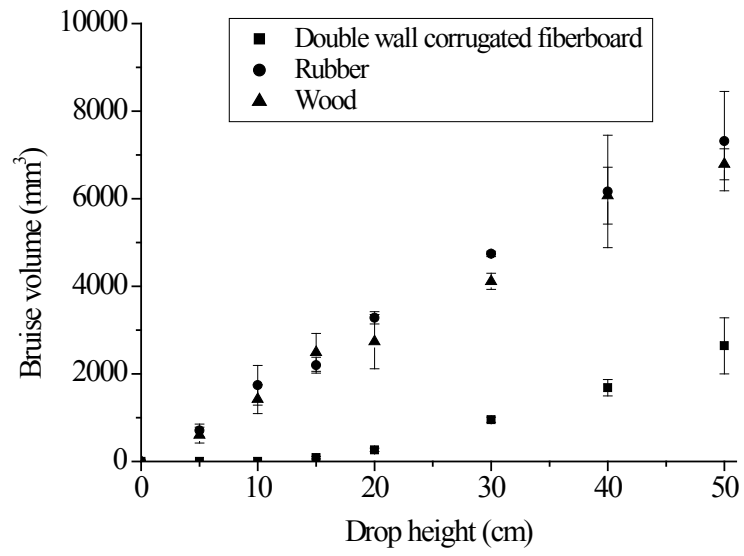
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504 Fig.4. Relationship between bruise volume and drop heights for apple impacts against

505 different counterface.

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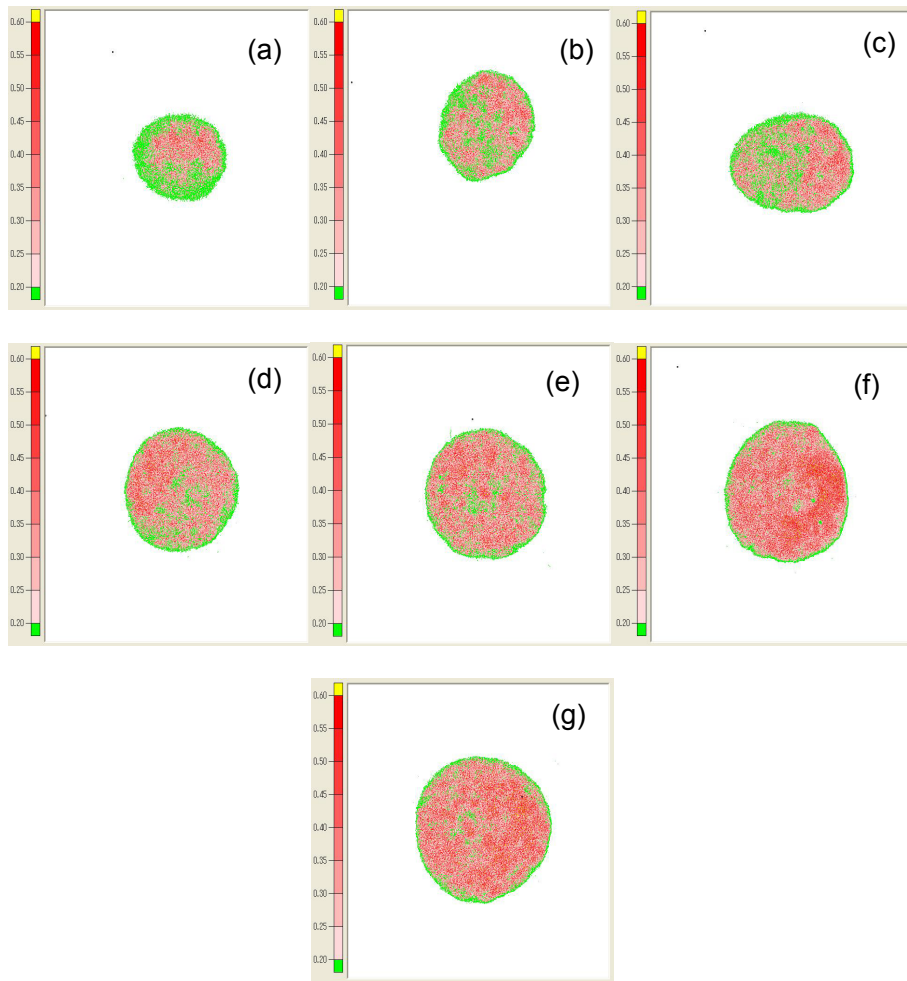
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Pressure (MPa)



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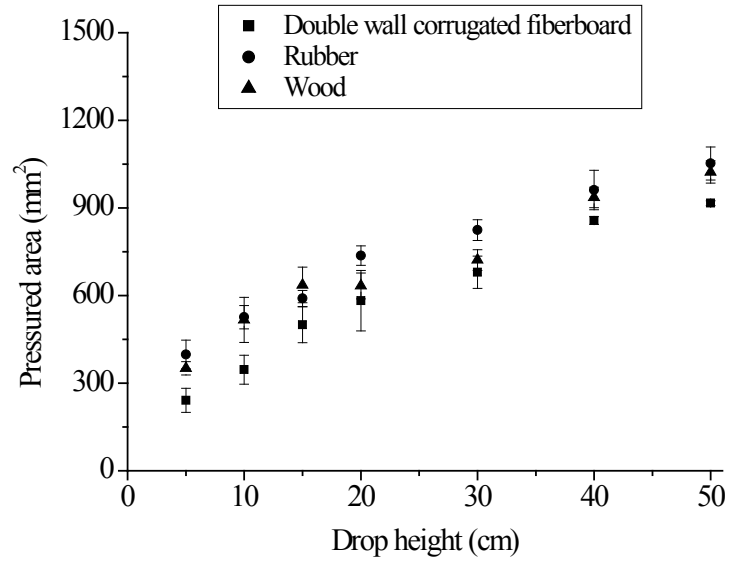
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 533 different counterface.

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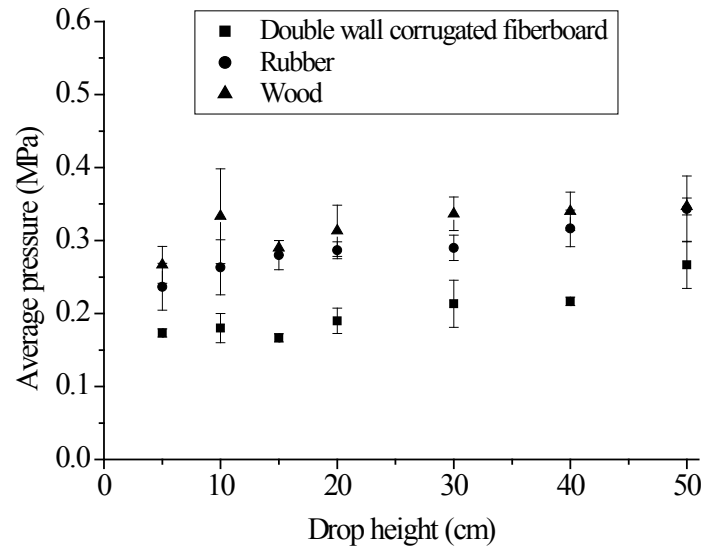
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548 Fig. 7. Relationship between average pressure and drop heights for apple impacts against

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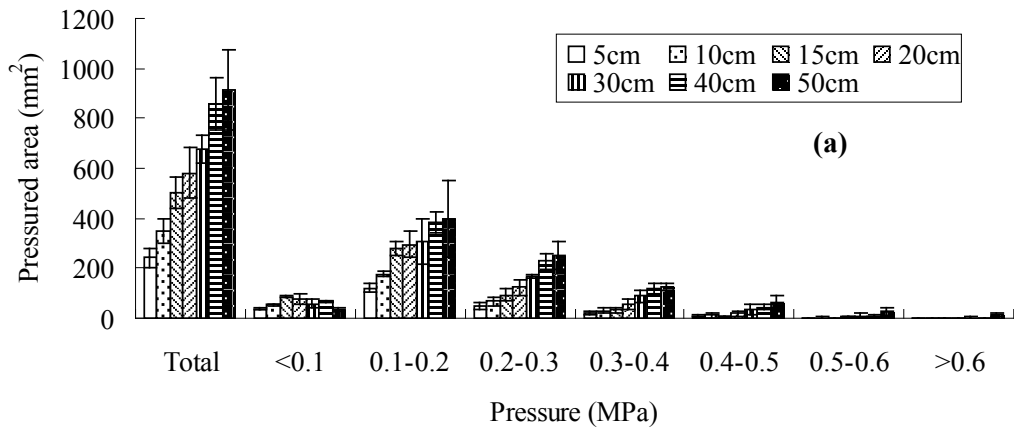
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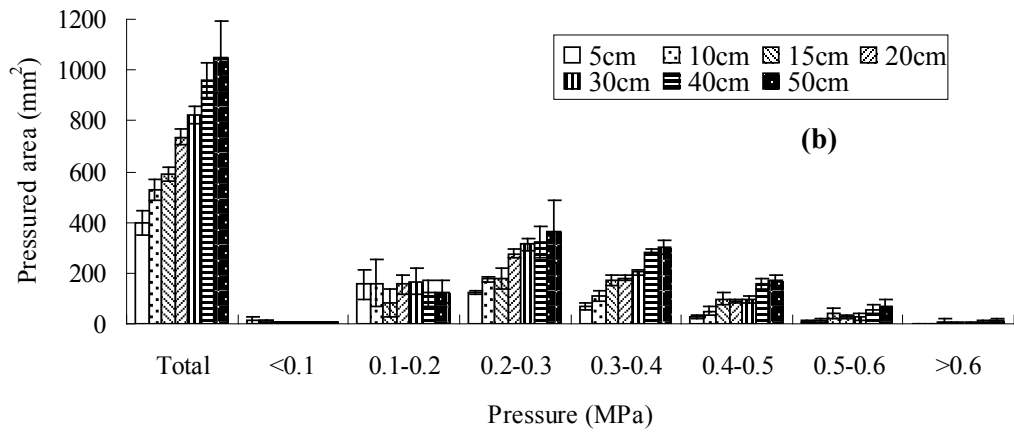
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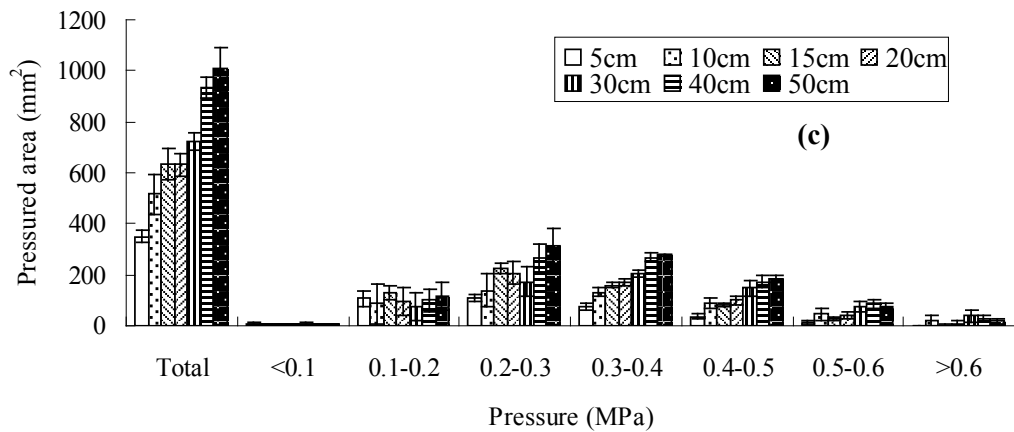
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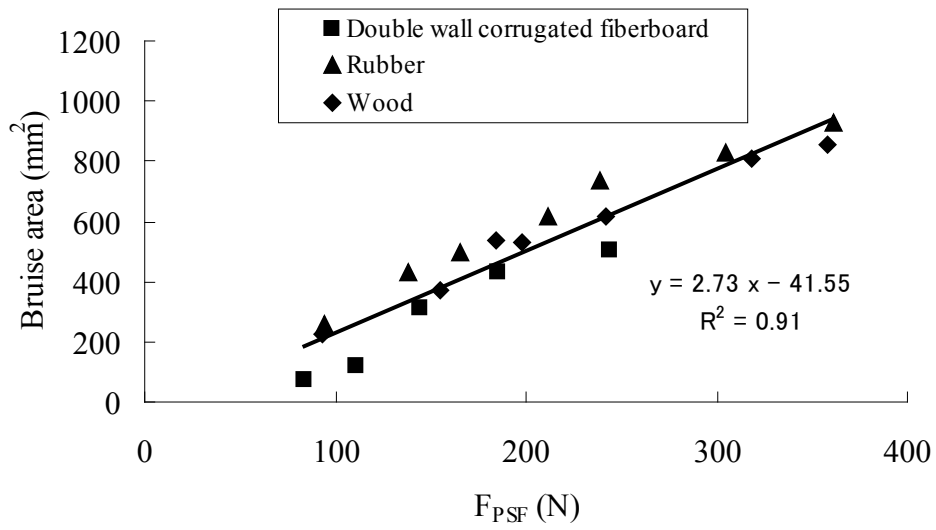


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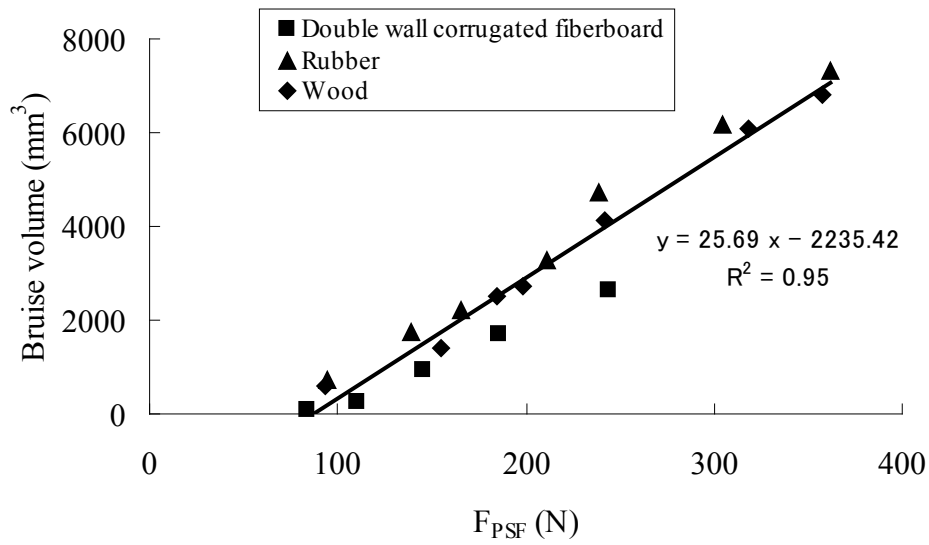
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582 Fig.10. Bruise volume- F_{PSF} relationship for apple impacts against different materials.

583 (P_{PSF} , the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

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Table 1. Bruise-relationship fitted by linear regression

Counterface material	Equation of relationship			
	Regression Equation	R ²	Regression Equation	R ²
Double wall corrugated fiberboard	BA=2.87×P×A-154.78	0.93	BV=16.55×P×A-1420.85	0.99
Rubber on concrete floor	BA=2.40×P×A+32.78	0.97	BV=25.73×P×A-1829.11	0.99
Wood on concrete floor	BA=2.46×P×A+79.66	0.97	BV=24.92×P×A-2055.68	0.99
Total	BA=2.73×P×A-41.55	0.91	BV=25.69×P×A-2235.42	0.95

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BA, bruise area (mm²); BV, bruise volume (mm³); P, average pressure (MPa); A, pressured area (mm²).

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