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1 Title:

2 **Development of a Quantitative North and Central European Job Exposure Matrix**
3 **for Wood Dust**

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36

37 **ABSTRACT**

38 Wood dust is an established carcinogen also linked to several non-malignant respiratory
39 disorders. A major limitation in research on wood dust and its health effects is the lack of
40 (historical) quantitative estimates of occupational exposure for use in general population-
41 based case-control or cohort studies. The present study aimed to develop a multinational
42 quantitative Job Exposure Matrix (JEM) for wood dust exposure using exposure data
43 from several Northern and Central European countries. For this, an occupational exposure
44 database containing 12,653 personal wood dust measurements collected between 1978
45 and 2007 in Denmark, Finland, France, The Netherlands, Norway, and the United
46 Kingdom (UK) was established. Measurement data were adjusted for differences in
47 inhalable dust sampling efficiency resulting from the use of different dust samplers and
48 analysed using linear mixed effect regression with job codes (ISCO-88) and country
49 treated as random effects. Fixed effects were the year of measurement, the expert
50 assessment of exposure intensity (no, low and high exposure) for every ISCO-88 job code
51 from an existing wood dust JEM, and sampling duration. The results of the models
52 suggest that wood dust exposure has declined annually by approximately 8%. Substantial
53 differences in exposure levels between countries were observed with highest levels in the
54 UK and lowest in Denmark and Norway, albeit with similar job ranking across countries.
55 The jobs with the highest predicted exposure are floor layers and tile setters, wood-
56 products machine operators, and building construction labourers with geometric mean
57 levels for the year 1997 between 1.7 and 1.9 mg/m³. The predicted exposure estimates by
58 the model are comparable with results of wood dust measurement data reported in the
59 literature. The model predicted estimates for full-shift exposures were used to develop a
60 time-dependent quantitative JEM for exposure to wood dust that can be used to estimate
61 exposure for participants of general population studies in Northern European countries
62 on the health effects from occupational exposure to wood dust.

63

64

65

66

67 **INTRODUCTION**

68 Wood is abundantly used worldwide, and at least 2 million workers in the European
69 Union are employed in the wood manufacturing and furniture industries alone
70 (EUROSTAT, 2021). Wood dust originates from the processing and handling of wooden
71 materials. It comprises of a complex mixture of particulates of different chemical
72 composition, which depends on the type of wood being processed. More than 1000 wood
73 species are used for commercial purposes (IARC, 1995). The biologically active
74 substances in wood dust, often called “wood extractives”, are high and low molecular
75 weight organic and inorganic compounds with sensitizing and irritant properties.
76 Examples are terpenes and terpene derivatives like plicatic acid, abietic acid, phenolic
77 compounds, tannins, stilbenes, flavonoids, and glycosides (Woods and Calnan, 1976).
78 Specific sensitization with IgE binding to single proteins has been demonstrated for, e.g.,
79 Western red cedar (Chan-Yeung et al., 1973), pine wood (Skovsted et al., 2003), and
80 obeche wood (Kespohl et al., 2005). Wood dust may also include agents of microbial
81 origin such as endotoxins, glucans, and mycotoxins (Gioffrè et al., 2012).

82 It is well documented that occupational wood dust exposure can cause sinonasal cancer
83 and evidence also suggests a relationship between occupational wood dust exposure and
84 several cancers of the respiratory and digestive tract (IARC, 1995). Wood dust is one of
85 few carcinogens regulated with a binding EU occupational exposure limit (OEL) value,
86 which was recently set to 2 mg/m³ for inhalable hardwood dust ([https://eur-
87 lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32017L2398&from=EN](https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32017L2398&from=EN)). For
88 softwood dust, OELs remain variable by country ranging between 2 and 5 mg/m³
89 (<https://limitvalue.ifa.dguv.de/>). Besides cancer, exposure to wood dust can cause asthma
90 (Pérez-Ríos et al., 2010; Wiggans et al., 2016), respiratory symptoms, acute lung function
91 decline and rhino-conjunctivitis (Jacobsen et al., 2010, 2010) and is suspected to cause
92 chronic obstructive pulmonary disease (COPD) (Noertjojo et al., 1996; Glindmeyer et al.,
93 2008; Bolund et al., 2018) and interstitial lung disease (ILD) (Gustafson et al., 2007).

94 A major limitation in research on wood dust and its health effects is the lack of (historical)
95 quantitative estimates of wood dust in population-based case-control or cohort studies. In
96 order to explore rare diseases like ILD, severe COPD or histological sub types of cancer
97 large scale population-based studies are needed.

98 Levels of wood dust exposure vary by country, industrial sector and task/occupation
99 (Vinzents and Laursen, 1993; Kauppinen et al., 2006; Schlunssen et al., 2008), with high
100 exposures observed in industries like furniture manufacturing where sanding and other
101 manual wood processing tasks are frequently performed in close proximity to the
102 breathing zone. The variability in average exposure between workers can be large and is
103 generally equal in size to the day-to-day variability within workers for wood-related
104 industries (Scheeper et al., 1995; Vinzents et al., 2001). Furthermore, group-based
105 approaches based on task were previously shown to result in a reasonably high contrast
106 in exposure (Schlunssen et al., 2004). The use of a Job Exposure Matrix (JEM) for
107 assessing wood dust exposure is therefore appealing. Within the last decade a framework
108 for calibrating semi-quantitative expert based JEMs using measurement data has evolved,
109 and this approach has been used to develop a quantitative population-based JEM for
110 benzene (Friesen et al., 2012), population based JEMs for five carcinogens including
111 silica and asbestos (Peters et al., 2011; Peters et al., 2016), and more recently population
112 based JEMs for noise (Stokholm et al., 2020) and daytime light exposure (Vested et al.,
113 2019). A comparable approach was also used to develop a quantitative population-based
114 JEM specific for the Canadian population using expert assessments performed for the
115 semi-quantitative CANJEM general population JEM combined with almost 4,000
116 personal and 1,500 stationary samples from two provinces in Canada covering the period
117 1981-2003 (Sauvé et al., 2019).

118 The current study aimed to develop a North and Central European quantitative JEM for
119 wood dust to be used in large multinational general population-based studies. For this,
120 more than 12,000 personal measurements from six Northern and Central European
121 countries covering the period between 1978 and 2007 were used and combined with a
122 recently updated expert assessed JEM (Le Moual et al., 2018) for, among others, wood
123 dust. A second objective of the study was to model long term temporal trends in personal
124 exposure to wood dust.

125

126 **METHODS**

127 **Database establishment**

128 An initial exposure database comprising 35,201 personal and stationary measurements
129 from Denmark, France, Finland, Norway, the Netherlands, Germany and the United

130 Kingdom (UK) was elaborated. Measurement results from previously performed research
131 and/or already established data information sources were compiled including:

- 132 • the German (n=20,828), French COLCHIC database (n=7,881) (Mater et al.,
133 2022), and Finnish (n=1,230) part of the WOODEX database on occupational
134 wood dust exposure and health effects within EU countries between 1987 and
135 2002, comprising a total of 29,939 measurements (Kauppinen et al., 2006);
- 136 • the Danish Wood Study performed among furniture workers between 1997 and
137 2004 including 3,572 measurements (Schlunssen et al., 2008);
- 138 • a Dutch exposure study of 343 measurements among workers in joineries and
139 furniture factories collected within the years 1992-1993 (Scheeper et al., 1995);
- 140 • an exposure survey of 41 measurements among Norwegian cabinet workers
141 performed in 1978 as part of a response from the “Yrkeshygienisk Institute” to
142 health complaints from related workers (Johnsen and Pedersen, 1978);
- 143 • a series of exposure surveys comprising of 635 personal measurements in the UK
144 wood industry performed by the Institute of Occupational Medicine (IOM) and
145 the Health and Safety Executive (HSE) between 1985 and 2005 (Black et al.,
146 2007; Galea et al., 2009).
- 147 • an exposure survey of 399 personal measurements in the wood and furniture
148 industries performed from the Danish Working Environment Authority
149 (Arbejdstilsynet) in 1988 (Arbejdstilsynet, 1989);
- 150 • 272 measurements from the exposure databases covering the period following the
151 year 2002 of the Finnish Institute of Occupational Health (FIOH) (Kauppinen,
152 2001).

153

154 All measurements were assigned job and industry codes based on the provided process
155 and/or job descriptions. For industries, codes were assigned according to the Danish
156 adaptation of the Statistical Classification of Economic Activities in the European
157 Community (NACE rev 2) (StatisticsDenmark, 2015). For job titles, codes were allocated
158 (1-4 digits depending on the accuracy of the job description) according to the
159 ‘International Classification of Occupations (ISCO), 1988 edition (ILO, 1990). Coding
160 and data management were performed at an individual data-source level. Data were
161 collated into a common database together with auxiliary information including data

162 source, country, and measurement attributes such as type of measurement, year, duration,
163 sampling fraction and sampling device, and when available task involved, measurement
164 reason and measurement strategy.

165

166 **Data curation and management**

167 Following collation, the database contents were restricted to those measurements that
168 were addressing exposure to wood dust, personal measurements, had adequate
169 information on sampling devices used, could represent full-shifts, were collected using
170 adequate methodology (e.g., not with gas probes, silica gel tubes or being personal
171 measures collected with high volume dust sampling devices) and could be ISCO-88
172 coded.

173 This led to exclusion of measurements that:

- 174 • were not personal (n=9,255)
- 175 • were not wood dust measurements i.e. were either collected through improper
176 methods (n=57) or did not involve exposure to wood dust (e.g. performed during
177 work related to manufacturing and extraction of plastics, welding etc; n=793)
- 178 • were missing contextual information regarding the sampling device used, year and
179 type of measurement (i.e. personal or stationary) (n=511)
- 180 • did not include sufficient descriptions to be assigned with a job-code (n=3,509)
- 181 • had a sampling time >600 minutes (n=14) or <60 minutes (n=290) (Peters et al.,
182 2011) and
- 183 • were from the German part of the WOODEX database (n = 8,119). The German
184 data comprised measurements obtained from workplaces with expected high
185 wood dust concentrations under an intervention study design – i.e. high
186 concentrations of measured wood dust triggered improvements of installation of
187 exhaust ventilation with measurements before and after intervention.
188 Furthermore, the vast majority were short-term measurements (mean (SD)
189 sampling time of 123 (38) minutes).

190

191 These exclusions resulted in 12,653 personal measurements from Denmark, Finland,
192 Norway, the Netherlands, France and the UK remaining available for modelling of the
193 exposure (Table 1).

194 All measurements that were provided represented concentrations measured during the original
195 sampling time and were not standardised for the duration of sampling involved (i.e. calculating
196 time-weighted averages) for the purpose of the analyses. Measurement data were adjusted for
197 differences in inhalable dust sampling efficiency resulting from the use of different dust
198 samplers. Correction factors were extracted from previous field studies comparing sampling
199 efficiency of different samplers used for sampling of wood dusts, with the IOM inhalable dust
200 sampler as reference (see supplementary material, Table S1). Adjustment factors were applied
201 using the median values estimated for each of the included samplers.

202

203 Previous research has demonstrated that for measurements below the limit of quantification
204 (LOQ), imputation methods are generally preferable to substitution (Hewett and Ganser, 2007;
205 Flynn, 2010; Ogden, 2010). For results that were below the LOQ a single imputation method
206 was used, based on a maximum likelihood estimation method (Lubin et al., 2004), to impute a
207 quantitative exposure level. To account for variations in LOQ levels resulting from differences
208 in sampling durations and sampler heads, the imputations were performed based on the mass
209 of dust collected on the filter (mg). Where no mass for measurements below LOQs was
210 available (1.2%), a LOQ comparable to the lowest realistic measured value within the
211 corresponding source dataset was used. Samples stated as <LOQ with a reported sampled mass
212 of dust exceeding 0.2 mg (n=51) were considered as unrealistic and excluded from further
213 analysis. Measurements with unknown sampling duration were assigned the median value (in
214 minutes) of their origin country (i.e. 295, 282, and 252 for Denmark, Finland, and UK,
215 respectively).

216

217 **Statistical modelling of trends in exposure to wood dust**

218 All statistical analyses were performed on log-transformed exposure concentrations using
219 Statistical Analysis Software v.9.4 (SAS institute, Cary, North Carolina, USA). Log-
220 transformation was decided on after a visual inspection of the distribution of the available wood
221 dust exposure data. This showed that the distribution of the data was very similar to a lognormal
222 distribution. Modelling of the exposure was performed with linear mixed effect regression
223 using the MIXED procedure. Assigned ISCO-88 codes and country were treated as random
224 effects. Measurement year, measurement duration (in minutes), sampling strategy and/or
225 reason for sampling, and the exposure ratings for wood dust from the recently developed expert
226 assessed OAsJEM (Occupational Asthma JEM) (Le Moual et al., 2018) were considered fixed
227 effects. Inclusion of the OAsJEM exposure intensity ratings (no, low or high exposure) allowed

228 for extrapolation of the exposure estimates to occupations/job titles where measurements were
229 not available within the database, as well as to overwrite model results for job titles with
230 measurements which are believed to be unexposed (e.g. chief executives, managers, teachers
231 and mechanics) (Peters et al., 2011). The year, ISCO-88 code and country were all parameters
232 of the Wood Dust JEM to be established whereas sampling strategy and duration of sampling
233 were included to address potential confounding in time trends and exposure estimates. Since
234 individual measurements were corrected for the presence of systematic variations due to
235 sampler efficiencies (Table S1) neither sampling device nor dust fraction were included in the
236 models. Sampling device was strongly correlated with country ($r=-0.9$; $p<0.001$) and thereby
237 not included in the model building process.

238

239 A forward model build approach was followed with measurement year (reference year 1997)
240 *a priori* included in the models. Variables were then included sequentially based on
241 improvement of the model fit by means of Akaike Information Criterion (AIC) values. At the
242 final model building stage, the OAsJEM exposure intensity ratings (3 levels: no exposure, low
243 exposure, high exposure) were included to allow assignment of exposure levels to exposed
244 ISCO-88 codes not covered by our database. Country effects were modelled as a categorical
245 variable with five categories: Scandinavia (Denmark and Norway), France, Finland, the
246 Netherlands, and the UK. Danish and Norwegian data were grouped together to accommodate
247 the small number of Norwegian measurements available which though provided important
248 information regarding the exposure levels in time period prior to 1980's. To account for the
249 hierarchical structure of the ISCO-88 classification system and to assign exposure levels to
250 minor-occupational groups the final established models were re-fitted using only the first 3
251 digits of the ISCO-88 job code. A uniform covariance structure was assumed between job codes
252 and a Restricted Maximum Likelihood estimation method was used to estimate variance
253 components. Model adequacy was evaluated through influence and residual diagnostics.

254 The structure of the final established model was as follows:

255

$$256 \quad \ln(Y) = \beta_0 + \beta_y * Year + \beta_t * Duration + \beta_j * JEM-score + X_I * ISCO + X_c * Country + \varepsilon$$

257

258 Where: $\ln(Y)$ = the natural log transformed wood dust concentration, β_0 = the intercept,
259 $\beta_y * Year$ = the effect of the measurement year (in years with 1997 as a reference), $\beta_t * Duration$
260 = the effect of the sampling duration (in minutes), $\beta_j * JEM-score$ = the effect for the OAsJEM

261 exposure intensity rating (categorical variable with 3 levels), X_I*ISCO = the random effect for
262 job-title (1-31 ISCO-88 unit group codes), $X_c*Country$ = the random effect for country
263 (categorical variable with 5 levels), and ε = the residual.

264
265 The robustness of the derived estimates by the models were examined in a series of sensitivity
266 analyses involving repeating the models after: a) removing the exposure ratings of the OAsJEM
267 from the fixed effects, b) excluding all measurement results above 50 mg/m³, and c) excluding
268 all measurements with a sampling time <240 minutes.

269
270 **Establishment of the JEM**

271 The derived model results were used to predict 8-hr time-weighted average (TWA) wood dust
272 exposure for all ISCO-88 codes and the JEM was elaborated in a stepwise process as follows:

- 273 1) For low (e.g. roofers) or high exposed (e.g. cabinet makers) ISCO codes by the
274 OAsJEM with more than five measurements in the database, estimates by year and
275 country were obtained directly using the model based on sampling with the IOM
276 sampler and a duration of 480 minutes.
- 277 2) For low or high exposed ISCO codes by the OAsJEM with less than five measurements
278 in the database (e.g. musical instrument makers) the level of exposure was estimated
279 using the predicted levels by year and country for the exposure rating of the OAsJEM,
280 i.e. the country and year specific mean level for low or high exposure depending on the
281 job title in question.
- 282 3) For non-exposed ISCO codes by the OAsJEM model predictions were overruled and
283 exposure estimates were set to 0 mg/m³ across all time periods and countries.

284
285 The approach for assigning exposure estimates was identical for both job codes at the minor
286 unit (3-digits) and unit (4-digit) level. Exceptionally, for “Forestry workers and loggers” (ISCO
287 code 6141) for which no measurements were available, an exposure level equivalent to the one
288 predicted for “Forestry Labourers” (ISCO code 9212) was assigned, based on the similarity of
289 the activities performed by the two groups.

290
291 **RESULTS**

292 Table 1 summarises the attributes of the final dataset comprising of 12,653 personal wood dust
293 measurements. The included measurements were collected between 1978 and 2007, had an
294 average sampling time of 4.4 hours and were mostly (88%) from France and Denmark (Figure

295 1). Overall, measurements for 31 job-codes at the ISCO-88 unit group level (4-digit) belonging
296 to 23 job-codes at the ISCO-88 minor group level (3 digit) were included within the established
297 exposure database, covering 15 of the 18 job-codes considered as exposed in the OAsJEM.
298 Most of the included measurements (72.1%) were collected from jobs classified as highly
299 exposed by the OAsJEM such as “wood treaters, cabinet-makers and related trades workers”
300 (ISCO-88 code: 7420), “wood-processing-plant operators” (ISCO-88 code: 8141), and “wood-
301 products machine operators” (ISCO-88 code: 8240) (Figure 2).

302
303 Table 2 provides information on the estimated annual trends and model fit for the various stages
304 in the model development, together with the estimated variance components. When only year
305 was included in the model there appeared to be a downward trend in the exposure levels by
306 almost 9% per year. After adjustment for country and sampling durations, the estimated annual
307 trends in exposure reduced to 7.8% ($p < .0001$). Inclusion of the expert-based exposure intensity
308 ratings from the AOsJEM neither improved the fit of the model nor changed the estimated
309 trends in exposure. The final model explained approximately 22.5% of the total variance in
310 the exposure data and reduced the within country variance by 40%, the between job (ISCO-
311 code) variance by 59%, and the residual variance by 15%.

312
313 The parameter estimates for the fixed effects of the final model are shown in Table 3. Besides
314 year, measured concentrations also declined with increased sampling duration by 0.02% per
315 minute of sampling. The results showed considerable differences in exposure between
316 countries with Scandinavian measurements being on average 2-3 times lower compared to
317 those measurements collected in other countries. Exposures were highest in the UK and on
318 average these were 20% higher than in France. There was no statistical difference in levels of
319 exposure between jobs classified as no, low or high exposure by the AOsJEM intensity ratings.

320
321 Table 4 summarises the predicted levels of wood dust exposure in 1997 based on sampling
322 with the IOM sampler for a duration of a complete working shift (i.e. 480 min) for the five
323 highest and five lowest exposed job titles. The corresponding predicted levels for the AOsJEM
324 intensity ratings for the same year and duration were 0, 0.69 and 0.66 mg/m^3 of wood dust for
325 the no, low and high exposure rating, respectively. The values assigned to the JEM for the year
326 1997 for all exposed ISCO-88 codes are provided in the online supplement. The highest
327 exposure levels predicted by the model were for floor layers and tile setters (GM 1.92 mg/m^3),
328 wood-product machine operators (GM 1.78 mg/m^3), and labourers in construction (GM 1.80

329 mg/m³). Predictions were lowest for the job titles of wood-processing- and handicraft workers
330 in wood, textile, leather and related materials (GM 1.04 mg/m³) followed by wood-processing-
331 plant operators (GM 1.04 mg/m³) and wood-processing plant operators (GM 1.10 mg/m³).

332

333 Sensitivity analysis by removing the exposure ratings of the OAsJEM from the fixed effects,
334 excluding all measured exposure concentrations above 50 mg/m³ or with a sampling time <240
335 minutes did not systematically change the results. The predicted values by the final elaborated
336 models in the main analysis and the predicted values from each of the sensitivity analysis
337 described were nearly identical (not shown).

338

339 **DISCUSSION**

340 The present paper summarises the development of a quantitative North and Central European
341 JEM for assessing wood dust exposure in a general population. This was achieved using
342 empirical statistical modelling of a large exposure database established for the purpose. Data
343 included more than 12,000 cross-industry measurements collected through personal monitoring
344 of wood workers mostly working between the period 1987 and 2007 in six European countries.
345 Potential determinants that could influence exposure estimates including the year of sampling,
346 sampling duration, efficiency of the sampling device used, and sampling strategy, were taken
347 into account in an approach comparable to the one previously established within the
348 SYNERGY project (Peters et al., 2011). The developed JEM built on a yearly time scale can
349 be used to, retrospectively, estimate exposure within national and multinational general
350 population studies investigating health risks from occupational exposure to wood dusts.

351

352 Our modelling results suggest that personal exposures to wood dust have declined annually by
353 almost 8% in the period for which data were available; resulting in an 11-fold reduction in
354 personal exposure to wood dust over the three decades covered by the database. This reduction,
355 likely a result of changes in processes including improvements in technology and legislation,
356 is in concordance with the literature. Coble et al. (2001) analysed trends from compliance
357 measurement data collected in US pulp and paper manufacturing facilities and reported an
358 annual decline of 6% between 1979 and 1997. Teschke et al. (1999) reported “total” wood dust
359 exposure among US workplaces to decrease by a factor 30 in a 20-year period from 4.59 mg/m³
360 in 1979 to 0.14 mg/m³ in 1997. Similar findings were reported for UK workplaces for the
361 period between 1976-1983 (Jones and Smith, 1986). Annual declines in the latter two studies

362 were estimated to be in the range of 10% to 11% per annum (Creely et al., 2007). In more
363 recent analysis, Galea et al., (2009) used more than 1400 measurements (partly overlapping
364 with the present study) to demonstrate an average annual decline of 8.1% in UK workplaces
365 between 1985 and 2005.

366
367 Our model suggests that floor layers and tile setters are the highest exposed group of workers
368 to wood dust with an estimated GM level of exposure for the reference year (1997) of 1.9
369 mg/m³, reducing to a GM level of 1.0 mg/m³ for the year 2005. This is in line with the results
370 of Scarselli et al. (2008) who, based on 56 measurements collected between 1996 and 2006,
371 reported a GM exposure level for floor layers and tile settlers of 1.1 mg/m³. It is worth noting
372 that so far only few measurements, other than those included in the current database, have been
373 reported for this occupational group in the literature.

374
375 Wood-product machine operators and wood treaters, cabinet workers and related trades were
376 estimated by our JEM to be exposed to GM levels of 1.8 and 1.7 mg/m³ in the year 1997. These
377 are jobs that cover a wide range of tasks including sanding, planning, sawing, and cutting, and
378 occur in various sectors such as the furniture industry and sawmills. Kalliny et al. (2008), in a
379 survey among 10 wood US processing plants performed between 1999 and 2004, reported a
380 GM for inhalable dust of 2.4 mg/m³ for sanding operations in both the furniture (620
381 measurements) and wood processing (374 measurements) sectors. For sawing the
382 corresponding GMs for the furniture and wood processing industries were 1.7 mg/m³ and 1.5
383 mg/m³ of inhalable dust based on 195 and 407 measurements, respectively. Other studies have
384 reported high levels of personal exposure to wood dust during such activities. Gioffrè et al.
385 (2012) in a study involving personal monitoring performed during the late 2010's in four
386 carpentries of Southern Italy, reported the exposure levels of inhalable wood dust among
387 workers in sanding stations to average between 1.75 and 11.28 mg/m³. Similarly, Teschke et
388 al. (1999) analysed more than 1,600 measurements of wood dust from the US OSHA's
389 Integrated Management Information System collected in the period between 1979 and 1997.
390 Levels of exposure among sanders in wood cabinet and furniture manufacturing found to
391 average (GM) between 3.96 and 5.83 mg/m³ (Teschke et al., 1999).

392
393 We found high exposure levels also for building construction labourers and roofers, with a GM
394 for the reference year of 1.8 mg/m³. Few measurements apart from those included in our
395 database are available for construction workers, but the presence of high levels of exposure in

396 construction is generally supported by more recent measurements performed among carpenters
397 on UK building sites (Stacey et al., 2019). It is important to note that workers in construction
398 sites, including carpenters and labourers, are unlikely to be exposed to dust that is solely
399 composed of wood. The previously mentioned study by Stacey et al reported that the median
400 proportion of minerals in the mass of 29 personal inhalable dust samples collected from
401 carpenters, shop fitters and plumber's was 30% (range: 0% to 62%) (Stacey et al., 2019).

402

403 Forestry labourers and wood-processing and papermaking-plant operators were, according to
404 our model, among the lowest exposed with GM levels between 1.3 and 1 mg/m³, respectively,
405 for the reference year which correspond to levels well below 1 mg/m³ for the year 2000. These
406 findings agree with those from the US wood processing industry where measurements among
407 debarkers collected between 1999 and 2004 averaged (GM) at 1.1 mg/m³ (Kalliny et al., 2008).
408 Forestry and sawmill workers are suggested to have mean exposures well below 1 mg/m³ as
409 reported across several different country settings (Douwes et al., 2000; Friesen et al., 2006;
410 Straumfors et al., 2018). Similarly, a GM of 0.3 mg/m³ was reported for Swedish pulp- and
411 paper mill workers in the period between 2007 and 2009 (Westberg et al., 2016).

412

413 Our model results suggest considerable differences in exposure between countries with the
414 highest exposures being observed among UK workers. Such differences have previously been
415 reported for other agents (de Vocht et al., 2006; Liu et al., 2011; Peters et al., 2011) and could
416 reflect several reasons including differences in regulation (i.e. OEL values) over time,
417 differences in sampling strategies and/or actual large variations in production and working
418 practices between workers. Their presence implies future efforts to apply our Wood Dust JEM
419 to other populations not represented in the underlying database should be done cautiously and
420 after careful review of the working production and process similarities and differences across
421 the countries involved. Comparisons between our JEM with other JEMs that include estimates
422 of wood dust exposure are challenging due to methodological differences in the developments
423 of these JEMs. The Finnish job-exposure matrix (FINJEM) estimates that for cabinet makers,
424 joiners and floor layers the wood dust exposure is between 0.5 and 1.0 mg/m³ (Siew et al.,
425 2012), which is much lower than estimates based on our empirical models (Table 4). In
426 contrast, for the same period woodworking machine operators are estimated by FINJEM to be
427 exposed at levels of wood dust averaging 2.5 mg/m³ which is much closer to our estimates.

428

429 In a more recent and comparable effort, Sauvé et al. (2019) developed a quantitative JEM based
430 on Bayesian modelling approaches and 5,170 personal and stationary wood dust measurements
431 collected from Canadian workplaces between 1981 and 2003 across 31 occupations rated as
432 exposed by CANJEM. Although very specific to the Canadian working population and coded
433 according to the Canadian National Occupation Classification for Statistics this JEM, like ours,
434 highlights cabinet makers, woodworking machine operators, and floor covering installers as
435 being among the highest exposed occupations with their estimated levels of exposure for the
436 reference year (i.e. 1989) being close to or above 1.5 mg/m³. Our across country estimates for
437 the corresponding jobs of cabinet makers, wood-product machine operators and floor layers
438 were somewhat higher at 2.5, 3.5 and 3.7 mg/m³ of wood dust, respectively.

439
440 Our models explained more than 55% of the variance between occupations and more than 22%
441 of the total variance in exposure. This is in line and even better than seen in earlier modelling
442 efforts for development of quantitative JEMs for agents such as noise (Stokholm et al., 2020),
443 asbestos, nickel, and respirable crystalline silica (Peters et al., 2011; Peters et al., 2016). Yet,
444 most of the variance in exposure within our dataset was allocated in the residual and within
445 countries components. The residual variance component includes differences in exposure
446 between companies, between-workers within a job in a company, and day-to-day variability in
447 exposure concentrations. To reduce the residual variance detailed information on individual
448 companies, workers and on related exposure affecting factors (e.g. ventilation, process, etc)
449 will be needed. Country differences could reflect variations in production, risk reduction
450 measures and working practices. This kind of data was not available within our database, which
451 mostly comprised data collected and curated as part of WOODEX (Kauppinen et al., 2006).

452
453 The exclusive use of personal measurements and the substantial number of measurements
454 underlying our modelling process form major strengths of our JEM. Similarly, the
455 multinational nature of our database and, our consequent ability to provide estimates for five
456 different countries/regions covering North and Central Europe, further increase the potential
457 applicability of our JEM in epidemiological studies either examining or adjusting exposure
458 response relationships for the effects of exposure to wood dust. However, it has to be mentioned
459 that most of the measurements included in the JEM originated from two Countries, Denmark
460 and France, but with a similar job ranking across measurements from all countries. Limitations
461 of our work include the lack of detailed contextual information for the measurement data
462 concerning the type of wood dust involved in the measurements and factors that may affect

463 exposure in the workplace including between workers performing the job (e.g. use of control
464 measures such as local exhaust ventilation). Detailed contextual data, if available, could have
465 further improved the performance of our model, potentially even explaining some of the
466 observed between country differences; however, such information is seldom, if ever, available
467 within general population epidemiological studies for which exposure is mainly established
468 based on job histories. Health effects resulting from wood dust exposure are known to be
469 dependent on the type of wood dust involved (e.g. hardwood, softwood, bark etc) which differs
470 both between within industries and/or jobs (e.g. furniture making entails use of different types
471 of wood over time with solid timber used in early periods substituted later by reconstituted
472 wood such as chipboard). Such differences are important to be considered when interpreting
473 the exposure estimates of our JEM as well as results from any exposure-response analyses
474 using the JEM estimates.

475 In addition, to account for differences in concentrations caused by different sampling heads
476 with different sampling performances and to smoothen the interpretation of time trends amid
477 evident dependencies in the use of sampling devices across time and countries (not shown), we
478 adjusted our measurement results using published wood dust specific correction factors. The
479 variability in these extracted correction factors is generally large and may be affected by
480 particle distribution and concentration (Tatum et al., 2001; Harper and Muller, 2002). For
481 example, differences in distance of the measurement to the source of exposure can result in
482 larger particles settling at greater distances from the source which also may lead to lower
483 exposure levels (Kromhout et al., 2005). Unfortunately, no information related to distance from
484 the source were available in our database.

485 Similarly, our measurement database does not include measurements for all the exposed job
486 titles in OAsJEM for the complete period covered the database. In fact, coverage of
487 measurements for job titles differed also between countries. Yet, we had measurements for
488 more than 80% of the exposed job codes within OAsJEM, which is in line with previous JEMs
489 using comparable approaches (Peters et al., 2011). Perhaps unexpectedly, average exposure
490 levels were somewhat higher among expert assessed low exposure jobs compared to high
491 exposed jobs, though this did not reach significance (Table 3). Similar results have also been
492 reported in the analyses carried out for development of the SYNERGY (Peters et al., 2016) and
493 Canadian Wood (Sauvé et al., 2019) JEMs. A possible explanation could be that measurements
494 for the highly exposed jobs were more likely to be performed during fairly representative
495 conditions. In contrast, for low exposed jobs the measurements are more likely to have been

496 carried out during specific and relatively infrequent activities involving the use or processing
497 of wood (Peters et al., 2016; Sauvé et al., 2019). However, high and low exposed jobs were
498 both shown to have higher mean levels of exposure to wood dust compared to the non-exposed
499 jobs. Validation exercises of the OAsJEM for wood, or any other agent, are yet to be performed;
500 however, wood dust is relatively easy to link to specific jobs. In an earlier study comparing
501 the performance of two general population JEMs across 25 different exposures, the congruence
502 between the JEMs was highest for wood dust (Kromhout et al., 1992). Excluding the OAsJEM
503 exposure ratings from the modelling process had negligible effect on the model predicted
504 values. The exposure ratings were kept in the final models so that the model could be used to
505 provide exposure estimates for jobs with few or no measurement (Ramachandran, 2001).

506

507 **CONCLUSIONS**

508 Based on more than 12,500 historical personal measurements from six European countries,
509 albeit mostly from Denmark and France, and an empirical modelling approach we developed
510 a quantitative JEM for wood dust exposure that can be used to assign wood dust exposure to
511 population-based studies with information on specific occupations for the period between 1978
512 and 2007. The derived exposure estimates are plausible and comparable with the wood dust
513 levels reported in the literature for the corresponding jobs and period of time. However, large
514 differences in exposure between countries were observed, which could reflect differences in
515 production, risk reduction measures and working practices. Average exposure levels have
516 declined by almost 8% per year within the period with available measurement data resulting in
517 an 11-fold reduction over the three decades covered. The established JEM can be used to
518 provide wood dust exposure estimates for national and multinational general population case-
519 control and cohort studies in the northern and central European countries covered by the JEM.
520 For other countries, the JEM should only be used with caution. It is anticipated that its
521 quantitative nature and geographical coverage will enhance the ability of such studies in Europe
522 to evaluate existing exposure-response relationships between exposure to wood dust and
523 related health effects.

524

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532

533 **Data availability statement**

534 The data underlying this article were provided by Aarhus University, Utrecht University, the
535 Finnish Institute of Occupational Health (FIOH), the Health and Safety Laboratory (HSL), of
536 the Health and Safety Executive (HSE), the Institute of Occupational Medicine (IOM) and the
537 INRS by permission. Data can be shared on request to the corresponding author with
538 permission of the above original data holders.

539

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Table 1. Basic characteristics of wood dust measurements included in the final dataset

Covariates		Dust measurements, n (%)
<i>General characteristics</i>		
Type of measurements	Personal	12,653 (100)
Reason for sampling	Survey	4,734 (37.4)
	Inspection/compliance	160 (1.3)
	Unknown	7,759 (61.3)
Sampling strategy	Representative	12,471 (98.6)
	Not representative	182 (1.4)
OAs-JEM score	No exposure	735 (5.8)
	Low exposure	2,800 (22.1)
	High exposure	9,118 (72.1)
Year of measurement	Year, mean (SD)	1997 (4.7)
Country	Denmark	3,719 (29.4)
	Norway	39 (0.3)
	The Netherlands	342 (2.7)
	Finland	642 (5.1)
	UK	499 (3.9)
	France	7,412 (58.6)
<i>Measurement characteristics</i>		
Sampling duration	Minutes, mean (SD)	265.9 (108.8)
Type of sampler	Closed-faced cassette	7752 (61.3)
	Open faced cassette	129 (1.0)
	7-hole sampler	136 (1.1)
	IOM sampler	4636 (36.6)
Measurements <LOD		403 (3.2)

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715 **Table 2.** Results from linear mixed effect regression describing estimated temporal trends in wood dust exposure in the database. Results are
 716 based on 12,653 personal wood dust measurement collected between 1978 and 2007.

Model	β Year (ref 1997)	e	p-value	Annual trend (%)	AIC	BIC	b _{country} σ^2	b _{isco} σ^2	res σ^2
Wood dust									
Naïve					38630.9	38635.2	0.301	0.109	1.232
+ year*	-0.094	0.002	<.0001	-9.0	36931.2	36934.1	0.278	0.054	1.078
+ year, sampling duration	-0.081	0.002	<.0001	-7.8	36600.3	36599.1	0.182	0.040	1.048
+ year, sampling duration, AOsJEM score	-0.081	0.002	<.0001	-7.8	36604.8	36603.6	0.182	0.045	1.048

717 β =regression coefficient for log-transformed exposure data; e =standard error; p =p-value; annual trend=% of change in exposure per year
 718 estimated as $100*(\exp(\beta)-1)$; AIC= Akaike Information Criterion; BIC= Bayesian Information Criterion; b_{country} σ^2 = between country variance;
 719 b_{isco} σ^2 = between job variance; res σ^2 = residual variance. Naïve estimates are derived from a model with random effects (ISCO-88 codes and
 720 country) but without fixed effects. *=reference is year 1997.

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729 **Table 3.** Linear mixed effect results describing the relationships between log-transformed
 730 wood dust levels and fixed effects. Results are based in 12,653 measurements collected
 731 between 1978 and 2007.

Parameter	β	e	p-value	GMR	95% CI
<i>Fixed effects</i>					
Intercept	1.294	0.218	<0.001	4.35	3.57-5.31
Year (ref 1997)	-0.081	0.002	<0.001	0.92	0.92-0.93
Sampling duration, min	-0.002	0.0001	<0.001	0.89*	0.88-0.90*
OAsJEM score					
No exposure	-0.033	0.133	0.8	0.97	0.75-1.26
Low exposure	0.037	0.134	0.8	1.04	0.80-1.35
High exposure	Ref			Ref	
<i>Random effects</i>					
Country#					
DK+NO	-0.733	0.1925	<0.001	0.48	0.33-0.70
NL	0.0488	0.1980	0.8	1.05	0.71-1.54
FI	0.1445	0.1949	0.5	1.16	0.79-1.69
UK	0.3623	0.1954	0.06	1.43	0.98-2.11
FR	0.1771	0.1922	0.3	1.19	0.82-1.74
Between-country variance (naïve estimate)	0.182 (0.301)	0.13	0.08		
Between-ISCO variance (naïve estimate)	0.045 (0.109)	0.019	<0.01		
Residual variance (naïve estimate [^])	1.04 (1.09)	0.013	<0.0001		
<i>% of explained variance by the model</i>					
Between-Country variance	39.4				
Between-ISCO variance	58.6				
Residual variance	14.9				
Total variance	22.3				

732 β =beta for log-transformed exposure levels, e=standard error, GMR=Geometric mean ratio;
 733 95% CI=confidence intervals for the estimated GMR, ISCO = International Standard
 734 Classification of Occupations 1988 edition (ISCO-88)
 735 *For an increase of 60 minutes in sampling time
 736 [^]naïve estimates are derived from a model without fixed factors
 737 #Entered as a random effect in the models, BLUP estimates shown
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744 **Table 4.** Predicted levels of wood dust exposure for the reference year (1997) for the 5
 745 highest and lowest exposed job-codes

ISCO - 88 code	ISCO-88 standard description	Wood dust GM level (mg/m ³)	
		Non-country specific estimate	Range of country- specific estimates
Highest exposed codes			
7132	Floor layers and tile setters	1.92	0.92-2.76
9313	Building construction labourers	1.80	0.86-2.58
8240	Wood-products machine operators	1.78	0.76-2.21
7131	Roofers	1.77	0.85-2.54
7420	Wood treaters, cabinet- makers and related trades workers	1.65	0.82-2.38
Lowest exposed codes			
9212	Forestry labourers	1.30	0.62-1.87
7423	Woodworking machine setters and setter-operators	1.19	0.55-1.66
8141	Wood-processing-plant operators	1.10	0.53-1.57
7330	Handicraft workers in wood, textile, leather and related materials	1.04	0.52-1.45
8140	Wood-processing- and papermaking-plant operators	1.04	0.52-1.45

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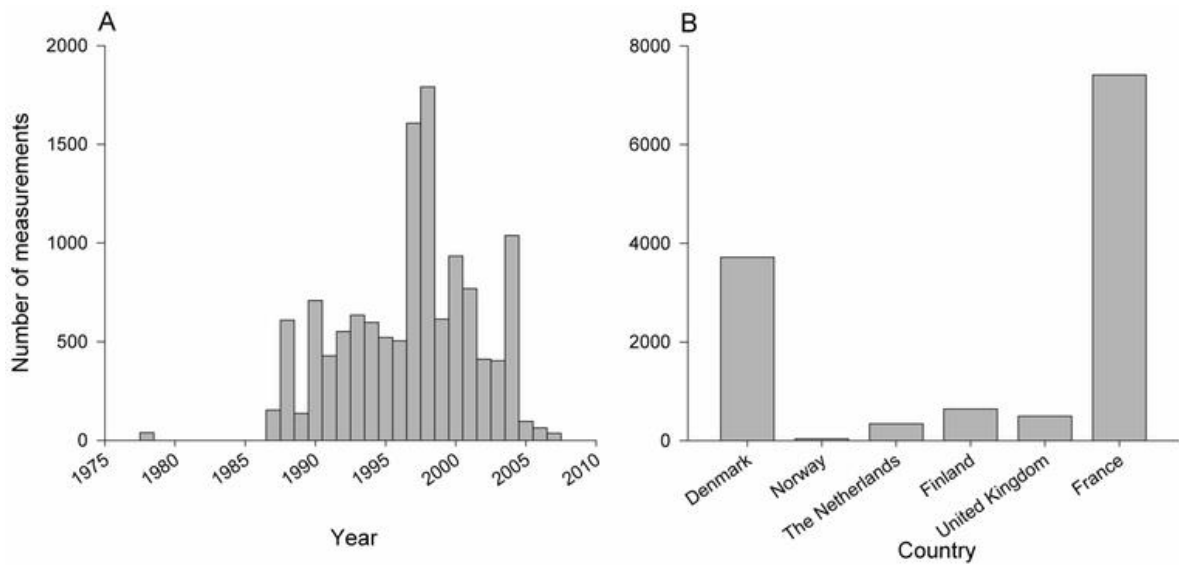
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757 **Figure 1.** Distribution of measurements in the database across years (A) and countries (B).

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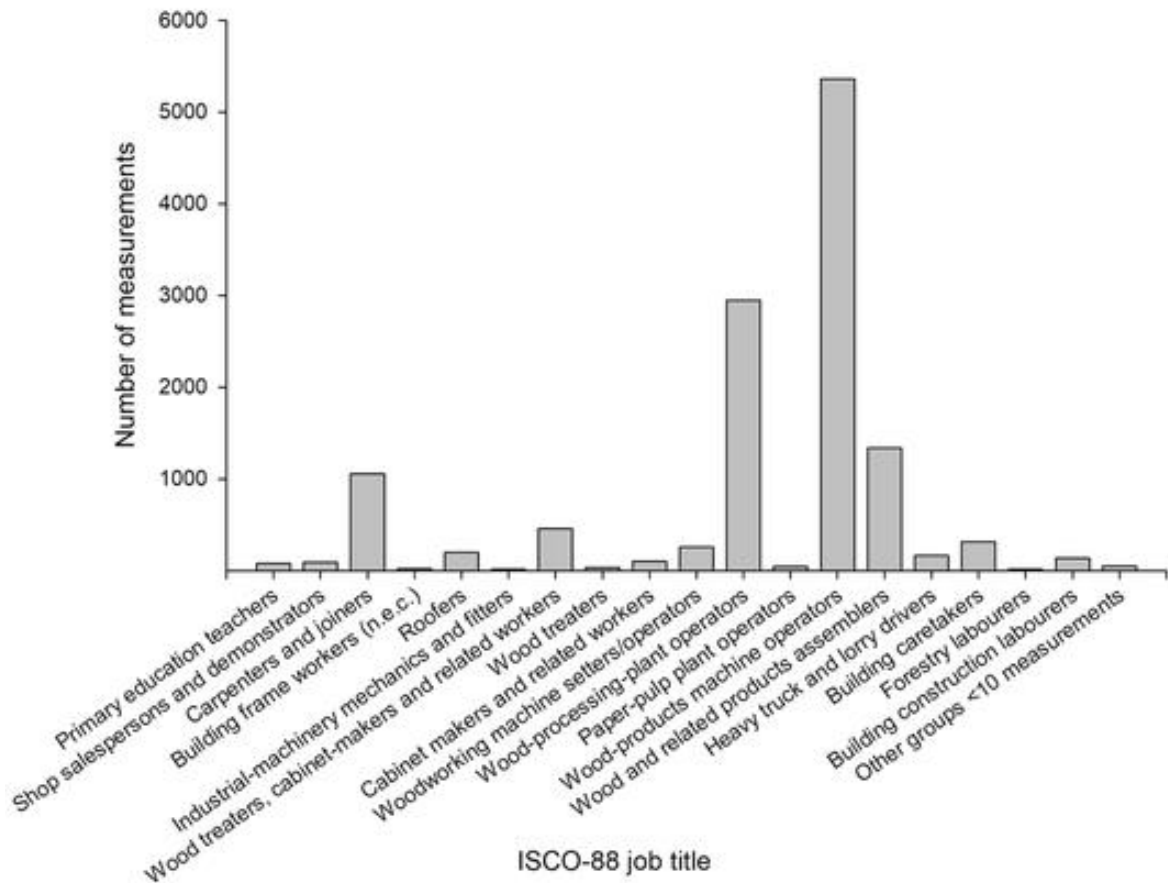
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775 **Figure 2.** Distribution of measurements in the database across job-titles as defined by the
 776 International Classification of Occupations (ISCO), 1988 edition.

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