

25 wave propagation is very limited. This paper carries out analytical derivation and
26 numerical modelling to study the mechanism and performance of ternary LRC
27 structure under blast loading. The strain rate effect and material damage of the mortar
28 matrix are considered in numerical simulation. The influence of different material
29 inclusions (natural aggregates and lead), different elastic modulus and thickness of the
30 soft coating on the response of ternary LRC structure are studied. The results show
31 that the ternary LRC can effectively reduce the damage of ternary LRC structure
32 subjected to blast loading.

33 **Key words:** Ternary locally resonant concrete; Blast loading; Analytical prediction;
34 Numerical simulation

35 **1. Introduction**

36 Metamaterial is the general term of composite materials consisting of artificially
37 designed components and exhibiting physical properties that are not possessed by the
38 matrix materials. The idea of metamaterial was first introduced in the field of
39 electromagnetism, such as electromagnetic absorbers, which can stop the propagation
40 of electromagnetic waves in certain frequency regimes [1-3], namely band gaps.

41 Due to the mathematical analogy among acoustic wave, elastic wave and
42 electromagnetic wave, some researchers have attempted to find acoustic or elastic
43 metamaterials possessing similar properties [4-7]. These metamaterials are divided
44 into two categories: Bragg-type metamaterials and locally resonant metamaterials
45 (LRM). These two metamaterials provide band gaps based on different mechanisms.
46 For Bragg-type metamaterials, the interaction between artificial structures or the

47 periodicity of structures plays a dominant role. To generate band gaps in the low
48 frequency range, the internal artificial structures need to have spatial periodicity and
49 the size of artificial structures needs to be similar to the wavelength of the incoming
50 wave. However, since the wavelength of low-frequency waves in solids is generally
51 long (from a few decimeters to hundreds of meters), the use of Bragg-type
52 metamaterial alone to block low-frequency loads in civil engineering has certain
53 inherent restrictions [8]. In year 2000, the very first LRM was invented by Liu et al.
54 [9], who embedded lead spheres coated with silicone rubber into an epoxy matrix,
55 which overcame the limitation of Bragg-type metamaterials on the size of structures.
56 When an elastic wave passes through the material, the internal lead sphere resonates
57 at its natural frequency, storing energy applied to the material and producing band
58 gaps caused by resonance. With the same geometry, LRM exhibits band gaps in a
59 frequency range two orders of magnitude lower than Bragg-type metamaterial [10].

60 Following Liu's work [9], lots of other forms of LRM have been proposed. These
61 existing LRM can be further divided into two categories: the binary LRM and the
62 ternary LRM. The binary LRM is a kind of metamaterial made of hard matrix with
63 soft inclusions. For instance, Hsu and Wu [11] successfully made a kind of binary
64 LRM plate by putting periodic soft rubber fillers into epoxy matrix, and studied the
65 effect of binary LRM on the Lamb wave propagating in the plate. The ternary LRM
66 consists of heavy inclusions coated with soft coating and embedded into the hard
67 matrix. Li and Chen [12] developed a kind of ternary LRM by incorporating the lead
68 spheres coated with rubber into short fiber reinforced cementitious matrix.

69 At the present stage, this novel concept has attracted broad attentions from civil
70 engineering researchers for structural protection against dynamic loads, mainly
71 earthquakes. By using this material as the foundation of structure, the energy of
72 seismic waves can be reduced or obstructed [13-15]. Yan et al. [14] built a structure
73 with a scaled LRM periodic foundation to verify the effectiveness of the foundation
74 on mitigating the earthquake ground excitations to the building structures. Test results
75 indicated that LRM periodic foundation was a feasible approach to reduce structural
76 vibrations under seismic actions. Asiri and Alzahrani [15] used LRM to build some
77 one-dimensional layered periodic structures to reduce the response of platforms in
78 offshore structures.

79 In recent decades, the exposure of building structures to blast threats extends
80 beyond war zones. Civilian structures also face the increased safety risk due to the
81 rising number of accidental explosions and/or terrorist bombing attacks on important
82 governmental and civilian facilities. Blast loading is characterized with extremely
83 short duration, high frequency and high intensity, which results in different structural
84 responses as compared to those from static and less intense dynamic loads such as
85 earthquake, wave and wind loads [16]. Consequences of these extreme loading events
86 could be catastrophic, involving extensive casualties, significant damage to structures,
87 extraordinary economic loss and immeasurable social disruption. For structural and
88 personnel protection against explosive loads, the explosion hazards in protective
89 design are normally referred to the blast overpressure acting on the structures or
90 people. When a blast load acts on a concrete structure, it generates large stress waves

91 propagating in the structure. When the blast-induced compressive stress wave reaches
92 the back face of the structure, it reflects and the reflected stress wave induces tensile
93 stress on the back face of the structure, which may lead to severe spall damage of
94 concrete with flying fragments because of the brittleness and very low tensile strength
95 of concrete [17].

96 The current protective technology adopts obstacles, such as fence wall [18], solid
97 wall [19], and ring mesh with water fall [20], in front of structures to mitigate blast
98 loadings, or strengthen the concrete structure with FRP materials [21, 22], or
99 providing sacrificial layers for primary structure protections [23]. Pioneering studies
100 have also been conducted by some researchers to investigate the possibility of using
101 ternary LRM to effectively attenuate the stress waves caused by blast loading, and
102 hence mitigate the structural damage. Mitchell et al. [24-26] conducted numerical
103 studies to investigate the effectiveness of embedding lead spheres coated with soft
104 materials into mortar to make ternary locally resonant concrete (ternary LRC) for
105 mitigation of the blast loading effect, and found that the lead spheres can store part of
106 the energy applied by blast loading, reduce the stress carried by the mortar phase, and
107 hence greatly improve the ability of the mortar to resist blast loading. Tan et al. [27]
108 presented the ternary LRC for mitigating the impact and blast loading effects. In the
109 latter study, two kinds of heavy inclusion designs, namely single-layer heavy
110 inclusion and dual-layer heavy inclusion, were proposed. Results evidently
111 demonstrate that dual-layer heavy inclusion can more effectively attenuate blast-wave
112 than the single-layer heavy inclusion. All the above studies demonstrate the

113 effectiveness of LRC in mitigating stress wave propagation and its application
114 potentials for structural protections. However, the studies are very limited, especially
115 on the detailed examinations of the performances and mechanisms of ternary LRC
116 under blast loading. For possible practical applications, further studies are deemed
117 necessary. In addition, it should be noted that most of the previous researches on the
118 mechanical properties of ternary LRC are based on simple harmonic input [28, 29],
119 which are effectively used in examining the performance of ternary LRC structure
120 subjected to idealized wave forms and earthquake loading. The response of ternary
121 LRC structure under blast loading is limited to numerical simulations [24-26] or
122 experimental investigations [30]. There has no analytical derivation of the responses
123 of ternary LRC structures subjected to aperiodic wide band load such as blast loading
124 yet. Analytical solution of responses of ternary LRC structures subjected to blast loads
125 allows straightforward examinations of the performances and mechanisms of ternary
126 LRC designs, and is also handy for bench marking the solutions for verifying the
127 numerical model. In this study, both numerical simulations and analytical derivations
128 are carried out to investigate the performance of ternary LRC structures subjected to
129 blast loads.

130 On the other hand, large blast load generates nonlinear plastic waves and damages
131 to structures, the previous studies on the effectiveness of ternary LRC on stress wave
132 propagation usually assume idealized elastic wave propagations. The effectiveness of
133 ternary LRC on structure protection against blast and impact load needs be further
134 investigated by taking into consideration the plastic wave and structural damage

135 because structural damage and plastic deformation not only absorb a significant
136 amount of wave energy, but also changes mechanical properties of the structure and
137 hence the wave propagation characteristics.

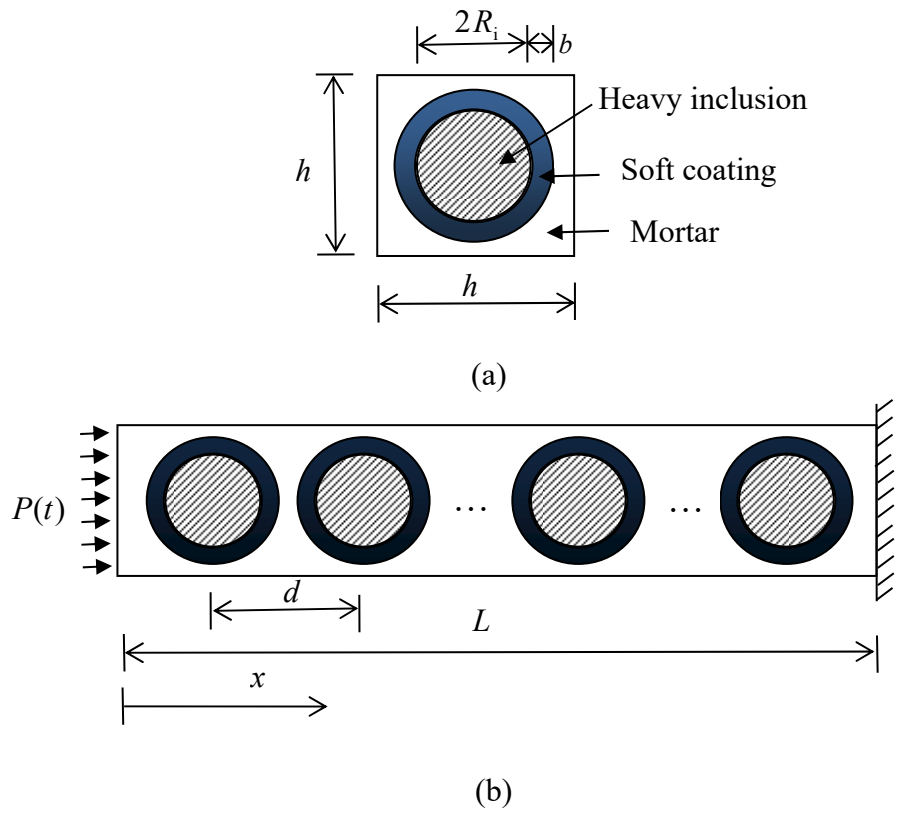
138 The present study conducts analytical derivations to predict the response of ternary
139 LRC structure first. By simplifying the ternary LRC structure model as a
140 mass-in-mass system [31], the dynamic response of ternary LRC structure under blast
141 loading is then analytically derived by using the structural dynamics theory of
142 multi-degree-of-freedom (MDOF) system [32]. To study the propagation of stress
143 wave and the destruction of the material in the ternary LRC structure under blast
144 loading, a finite element model of ternary LRC structure is built in LS-DYNA. The
145 results from analytical predictions and FE modelling of the ideal ternary LRC
146 structures are compared with each other first to verify the accuracy of the numerical
147 model. The verified numerical ternary LRC structure model is then extended to
148 include the strain rate effect and the material damage of mortar matrix under high
149 intensity blast loads. The effects of different core materials (i.e., natural aggregate and
150 lead), different thickness and elastic modulus of soft coating on the response of
151 ternary LRC structure are investigated. The coupled effect of material damage and
152 local resonating mechanism in reducing blast wave propagation in ternary LRC
153 structure is studied.

154 **2. Analytical method**

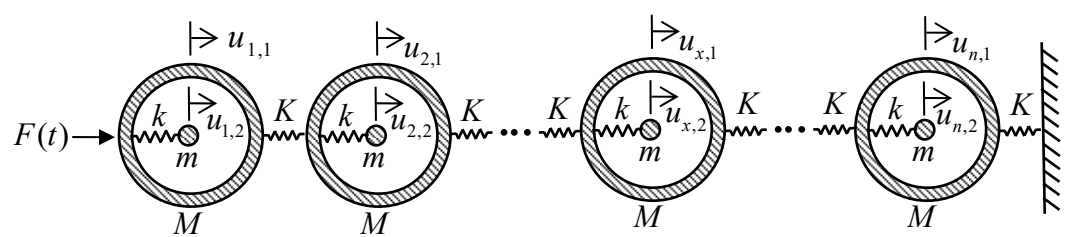
155 The typical ternary LRC structure considered in the present study comprises of
156 spherical lead core, soft coating and mortar matrix. The spherical heavy inclusions are

157 evenly distributed in the mortar matrix, as illustrated in Fig. 1. In the figure, $P(t)$
158 denotes the input blast overpressure history acting on the structure, d is the distance
159 between centers of two adjacent heavy inclusions, L is the total length of the ternary
160 LRC structure model under consideration, h is the width of cross section of the
161 ternary LRC structure model, R_i is the radius of heavy core and b is the thickness
162 of the soft coating. The load action is along the axial direction of the model. The
163 model is simplified as a one-dimensional wave propagation problem, represented by a
164 MDOF mass-in-mass lattice model, as shown in Fig. 2. In the figure, $F(t)$ denotes
165 the input blast force history ($F(t)=P(t)h^2$). The mortar matrix is represented by outer
166 unit cell with mass M and displacement $u_{x,1}(t)$. The heavy core is considered as
167 internal unit cell with mass m and displacement $u_{x,2}(t)$. The mass of the soft
168 coating is ignored in the derivation as it is small compared to that of matrix and heavy
169 core. The connections between outer and internal unit cells are simplified as springs
170 with stiffness k . The connections between outer unit cells are simplified as springs
171 with stiffness K . Three blast loads with the peak value of 5 MPa, 20 MPa and 40 MPa
172 are assumed in the present study (Fig. 3). The 5 MPa peak value is smaller than the
173 compressive strength of mortar, the responses of all materials hence are assumed
174 remaining in the elastic range. This blast loading is used to investigate the
175 performance and mechanism of ternary LRC in mitigating blast wave propagation.
176 The other two blast loads are used to investigate the coupled effect of material
177 damage and local resonating mechanism in mitigating blast waves in ternary LRC
178 structure in the subsequent numerical simulations. These blast loads resemble a

179 realistic air blast load, with negative phase ignored. The material parameters and the
 180 geometric parameters of the ternary LRC structure model are given in Table 1-Table 3.
 181 Without losing the generality, six lead inclusions regularly distributed in the mortar
 182 matrix are assumed.

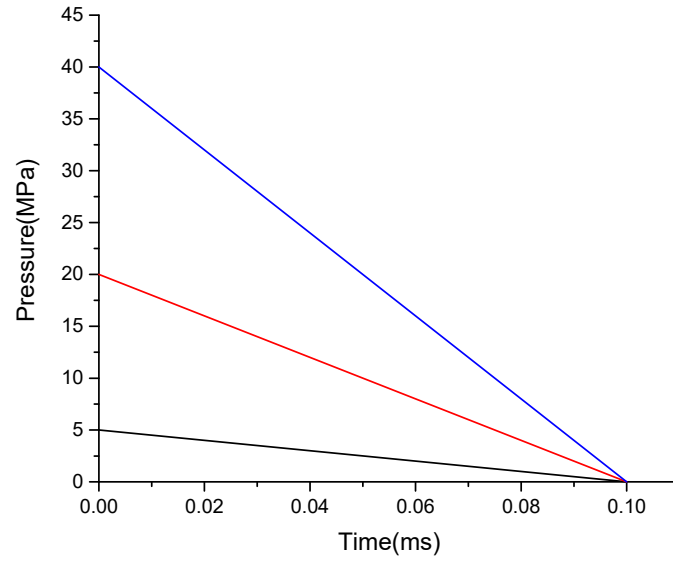


193 Fig. 1 Illustration of LRC structure model (a) Lateral view, (b) Cross section



196 Fig. 2 MDOF mass-in-mass lattice system

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Fig. 3 Blast loading time history

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Table 1 Material parameters of mortar [33]

Material	Density (kg/m ³)	Elastic modulus (MPa)	Compressive strength (MPa)	Poisson's ratio
Mortar	2100	3×10^4	34	0.2

200

201

Table 2 Material parameters of lead core and polyurethane coating [24]

Material	Density (kg/m ³)	Elastic modulus (MPa)	Poisson's ratio
Lead	11400	1.6×10^4	0.44
Polyurethane	900	1.47×10^2	0.42

202

203

Table 3 Geometric parameters of ternary LRC structure

L (m)	d (m)	h (m)	R_i (m)	b (m)
---------	---------	---------	-----------	---------

0.24

0.04

0.03

0.009

0.002

204 By considering the geometric parameters and material parameters of the ternary
 205 LRC structure model, the physical parameters of the mass-in-mass MDOF system in
 206 Fig. 2 can be calculated by the following formulae.

207 The mass of the lead core is

$$208 \quad m = \rho_i \frac{4}{3} \pi R_i^3 \quad (1)$$

209 where ρ_i is the density of the lead core.

210 The mass of the outer mortar can be calculated by

$$211 \quad M = \left[dh^2 - \frac{4}{3} \pi (R_i + b)^3 \right] \rho_m \quad (2)$$

212 where ρ_m is the density of mortar.

213 The stiffness of the spring connecting the mortar matrix and internal unit cell can be
 214 calculated by

$$215 \quad k = \frac{2E_c A_i}{b} \quad (3)$$

216 where E_c is the elastic modulus of soft coating, A_i is the cross-sectional area of
 217 the heavy inclusion [24].

218 The stiffness of the spring connecting the outer unit cells can be estimated by

$$219 \quad K = A_m \mu_m / d \quad (4)$$

220 where A_m is the cross-sectional area of the structure and $A_m = h^2$, μ_m is the Lamé
 221 constant of mortar and $\mu_m = \frac{E_m}{2(1+\nu_m)}$ [32].

222 2.1. Motion equation of ternary LRC simplified system under blast loading

223 To derive the analytical solution for studying the performance and mechanism of

253
$$h_{pj}(t) = \frac{1}{M_{pj}\omega_j} \sin \omega_j t, (j = 1, 2, \dots, n) \quad (14)$$

254 By reversing the principal coordinate, it can be obtained that

255
$$\mathbf{u}(t) = \int_0^t \mathbf{h}(\tau) \mathbf{F}(t - \tau) d\tau \quad (15)$$

256 The sum of kinetic energy and internal energy stored by the lead cores and the
257 polyurethane coatings is

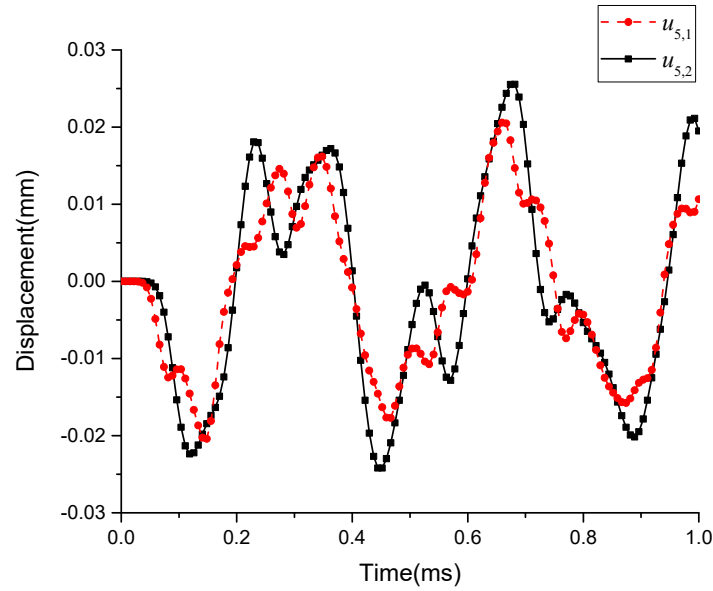
258
$$te_1(t) = \sum_{i=1}^n \left[m\dot{u}_{i2}^2 + k(u_{i,1} - u_{i,2})^2 \right] / 2 \quad (16)$$

259 The sum of kinetic energy and internal energy stored by the mortar matrix is

260
$$te_2(t) = \sum_{i=1}^{n-1} \left[M\dot{u}_{i1}^2 + K(u_{i,1} - u_{i+1,1})^2 \right] / 2 \quad (17)$$

261 Fig. 4 shows the displacement $u_{5,1}$ and $u_{5,2}$, i.e., the displacement response of the
262 fifth ternary LRC unit cell, obtained from the analytical solution. It can be seen from
263 the figure that due to the existence of the polyurethane coating, there is a relative
264 movement between the lead core and the mortar matrix. Fig. 5 shows the sum of
265 kinetic energy and internal energy stored by all the coated lead cores and mortar
266 matrix obtained from the analytical solution. As shown, the lead core and the
267 polyurethane coating store a large amount of energy applied to the structure by blast
268 loading. Due to the relative motion between the lead core and the mortar matrix, as
269 shown in Fig. 4, vibration of coated lead cores store a certain amount of energy. Since
270 the total energy in the structure is the same, when the energy stored by the lead core
271 and polyurethane coating increases to a peak value, the energy in the mortar matrix is
272 the minimum. The stress wave intensity in the mortar matrix is thus reduced. These

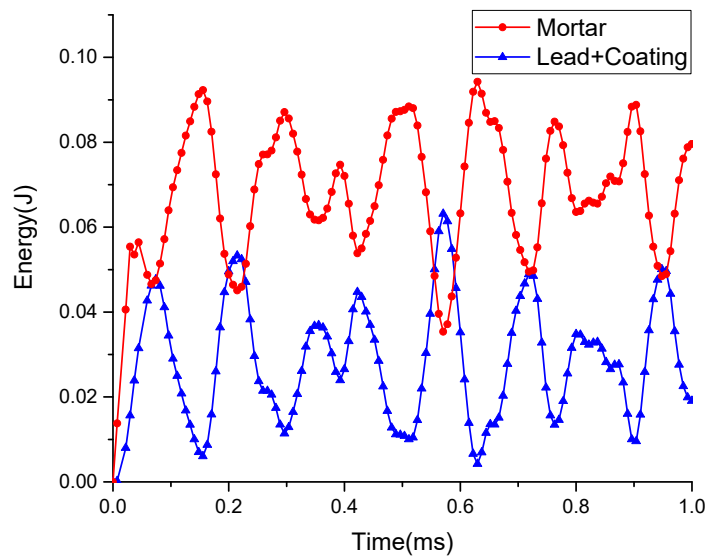
273 results explain the mechanism on how the ternary LRC mitigates the stress wave
274 propagation in the structure.



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Fig. 4 Displacement time history of $u_{5,1}$ and $u_{5,2}$



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Fig. 5 Energy stored by the coated lead cores and mortar matrix

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The above solutions can be easily extended to the cases with different numbers of

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coated inclusions and solved straightforwardly. They can be used to explain the

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mechanism on wave energy attenuation in the ternary LRC structures and quantify the

282 energy absorptions of the inclusions.

283 **3. Numerical approach**

284 The above analytical derivation and solution is valid for ideal conditions only, i.e.,
285 linear elastic material response and perfect locations of the infilled cells in cement
286 matrix. In practice, under large amplitude blast loadings, cement matrix is likely to
287 experience nonlinear inelastic responses and even suffer severe damages. Moreover,
288 when mixing concrete with the infilled cells, it is difficult to ensure the cells stay at
289 the designated locations. Deriving analytical solution that takes into consideration of
290 the material nonlinearity and damage during stress wave propagation in LRC structure
291 with randomly distributed cells is not straightforward. To overcome this limitation of
292 the analytical solution, a finite element model of ternary LRC structure is built in
293 LS-DYNA in this study for wider and more realistic simulations of the blast load
294 induced stress wave propagations in ternary LRC structures. The analytical solution is
295 used to verify the accuracy of the numerical model.

296 *3.1. Mapping algorithm of finite element model*

297 To generate the finite element model of ternary LRC structure, the following steps
298 are applied:

- 299 1. Generate element meshes of the ternary LRC structure specimen;
- 300 2. Calculate the central coordinates of each element;
- 301 3. According to the geometric design of the model, change the properties of the
302 elements to establish the heavy core and the soft coating.

303 It should be noted that in the present study the locations of the infilled cells are still

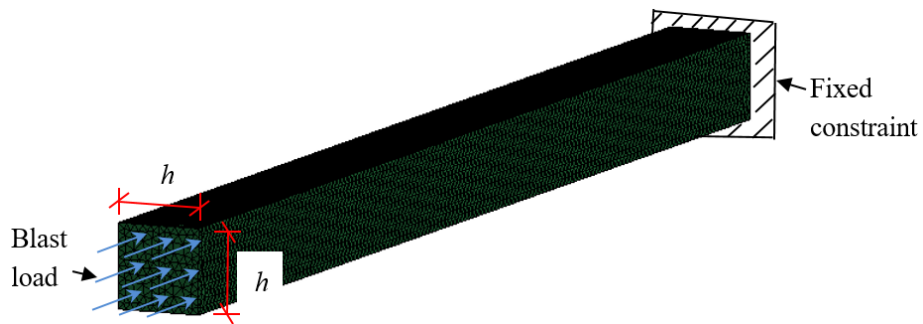
304 assumed at deterministic locations instead of randomly distributed. The influences of
305 randomly distributed infill cells on stopping the stress wave propagations will be
306 studied in the near future.

307 *3.2. Numerical model*

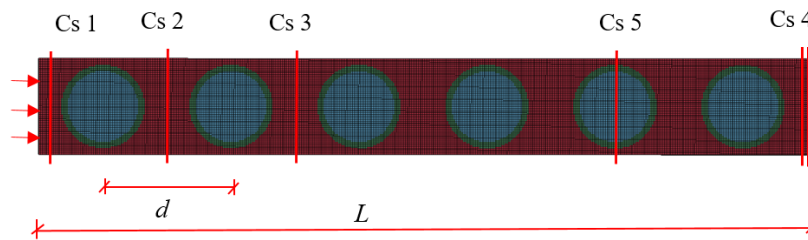
308 Fig. 6a and Fig. 6b show the numerical model and the finite element mesh of the
309 ternary LRC structure composed of six ternary LRC unit cells considered in the above
310 analytical derivation. For comparison, the numerical model of a similar structure
311 without lead inclusion, i.e., pure mortar only is also developed to calculate the stress
312 wave propagations. This model is developed by simply replacing the materials of core
313 and soft coating elements by mortar material. Four sections denoted as Cs1 - Cs4 as
314 illustrated in Fig. 6b are selected to record the wave intensities for examining the
315 effectiveness of wave attenuation in both ternary LRC structure model and pure
316 mortar structure model. A section denoted as Cs5 is selected to record the
317 displacement of lead core and mortar matrix. These five sections (Cs1-Cs5) are
318 located at 5 mm, 40 mm, 80 mm, 235 mm and 180 mm from the front face of the
319 model, respectively. Fig. 7 shows the unit cell of the ternary LRC. In the simulation,
320 the material properties of lead core and polyurethane coating are assumed as linear
321 elastic, while the plastic-damage model for concrete (Mat_72R3) in LS-DYNA is
322 adopted to model the mortar matrix. The material properties are the same as given
323 above in the analytical study.

324 In this study, an erosion criterion based on the maximum principal strain of 0.15 is
325 used for mortar matrix. The blast loading is applied onto the front face of the model as

326 in the above analytical derivation, as shown in Fig. 6a. The lead core, the
 327 polyurethane coating and the mortar are all modeled by solid hexahedron element
 328 (Solid 164). Fixed constraints are applied at the end of the model. The contacts
 329 between different materials are assumed as perfect bonding, as in the analytical
 330 derivation.



(a)



(b)

Fig. 6 (a) Considered numerical model, (b) Finite element mesh

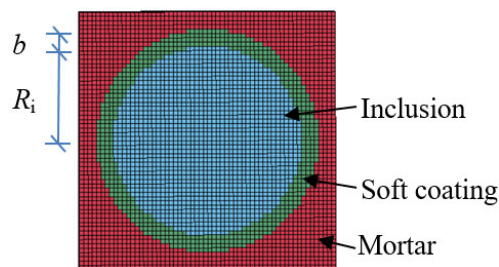


Fig. 7 Cross section of a unit cell of ternary LRC

3.3. Strain rate effect

The strain rate effect on the mortar strength is described by the dynamic increase factor (DIF). In the simulation, the compressive strength DIF for mortar matrix is

341 adopted from Hao et al. [34], which have the lateral inertia confinement effect
 342 removed as verified by the experimental data [35]. The tensile strength DIF used for
 343 mortar matrix is adopted from Malvar and Crawford [36] and given below.

344 For compressive strength DIF [34],

$$345 \quad \text{CDIF}=0.0419(\log\dot{\epsilon}_d)+1.2165, \quad \dot{\epsilon}_d < 30\text{s}^{-1} \quad (18)$$

$$346 \quad \text{CDIF}=0.8988(\log\dot{\epsilon}_d)^2-2.8255(\log\dot{\epsilon}_d)+3.4907, \quad 30\text{s}^{-1} \leq \dot{\epsilon}_d \leq 1000\text{s}^{-1} \quad (19)$$

347 For tensile strength DIF [36],

$$348 \quad \text{TDIF}=(\dot{\epsilon}_d/\dot{\epsilon}_{ts})^\delta, \quad \dot{\epsilon}_d \leq 1\text{s}^{-1} \quad (20)$$

$$349 \quad \text{TDIF}=\beta(\dot{\epsilon}_d/\dot{\epsilon}_{ts})^{1/3}, \quad \dot{\epsilon}_d > 1\text{s}^{-1} \quad (21)$$

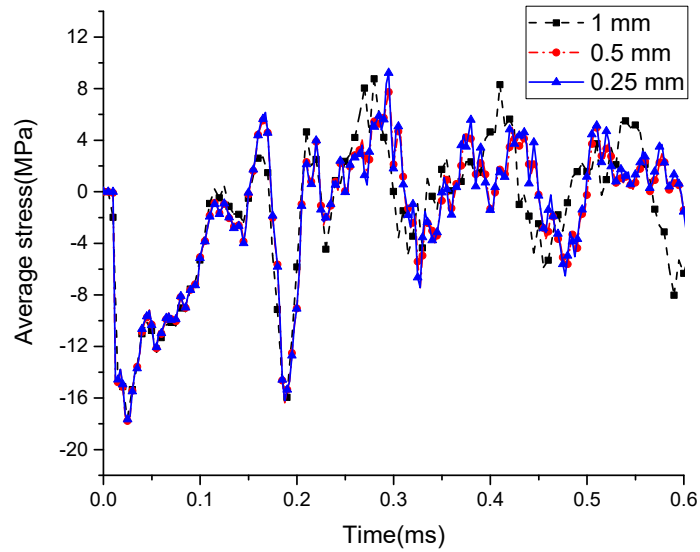
350 where $\delta=1/(1+8f_{cs}/f_{c0})$, $\log \beta=6\delta-2$, $f_{c0}=1\times 10^7 \text{ Pa}$, $\dot{\epsilon}_{ts}=10^{-6} \text{ s}^{-1}$ is the static
 351 strain rate, f_{cs} is the static compressive strength.

352 3.4. Mesh size sensitivity analysis

353 In the finite element analysis, the mesh size affects computational time and accuracy.
 354 To optimize the effects of these two factors, a mesh sensitivity test is carried out for
 355 the ternary LRC structure model. Three mesh sizes, namely, 0.25 mm, 0.5 mm and 1.0
 356 mm, are considered. The blast loading with the peak value of 20 MPa is used in the
 357 mesh size sensitivity analysis. Fig. 8 illustrates the average stress time history on
 358 section Cs2 in the ternary LRC structure model corresponding to different mesh sizes.
 359 It can be seen that 0.5 mm mesh size yields almost the same prediction as that with
 360 the mesh size of 0.25 mm whereas the simulations with the larger element size of 1.0
 361 mm give different predictions. Considering the accuracy and the efficiency for
 362 simulation, the finite element model with the mesh size of 0.5 mm is used in this

363 study.

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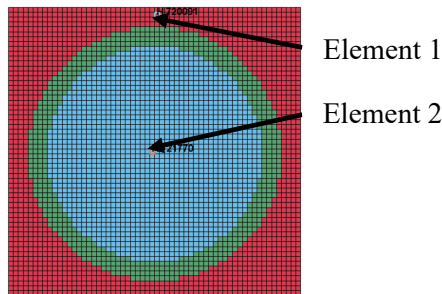


365 Fig. 8 Influence of mesh size on the average stress time history of section Cs2 in
366 ternary LRC structure model

367 *3.5. Response of ternary LRC structure under blast loading*

368 To verify the numerical model, the ternary LRC structure subjected to 5.0 MPa blast
369 load is simulated as per the analytical study. The numerical simulation results are
370 compared with the results from the analytical solutions. Two elements in section Cs5
371 as shown in Fig. 9 are selected for comparison, where element 1 and element 2 is
372 mortar element and lead element, respectively.

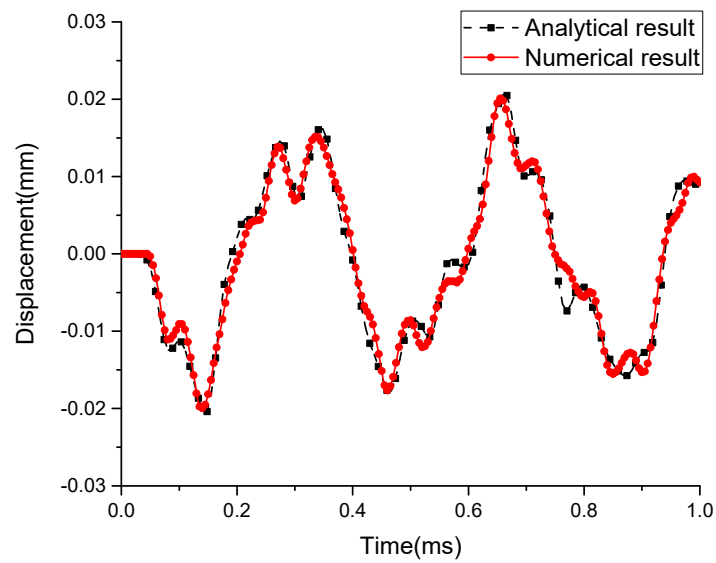
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374 Fig. 9 Location of element 1 and element 2 in section Cs5

375 Fig. 10 shows the displacements of element 1 and element 2 in ternary LRC

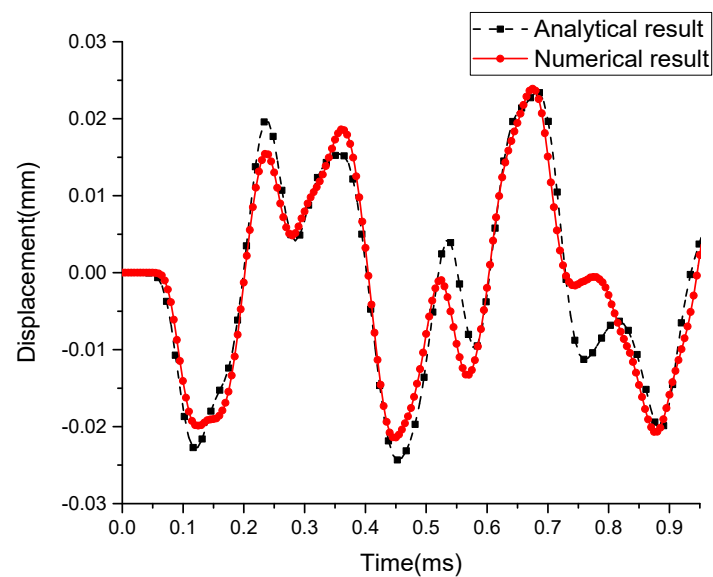
376 structure obtained from analytical solution and numerical simulation. Fig. 11
377 compares the sum of kinetic energy and internal energy stored by all the lead cores
378 and polyurethane coatings obtained from analytical solution and numerical simulation.
379 It can be seen that the displacement time history and total energy time history
380 obtained from the two methods agree very well, which proves the accuracy of
381 numerical simulation.



382

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(a)



384

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(b)

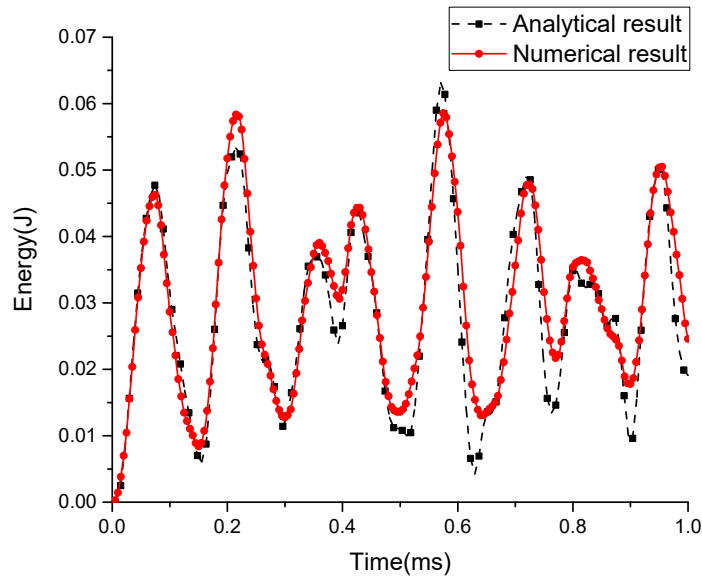
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Fig. 10 Comparison of displacement time history of element 1 and element 2

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(a) Element 1, (b) Element 2

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Fig. 11 Comparison of energy time history stored by all the coated lead cores

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Fig. 12a and Fig. 12b show the average stress over the sections Cs1 - Cs4 of pure

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mortar structure and ternary LRC structure, respectively. Fig. 13a - Fig. 13g show the

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stress contours along the pure mortar structure and ternary LRC structure at different

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time instants. As shown in Fig. 13a of the stress contour of pure mortar structure at $t =$

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3.748×10^{-2} ms, the compressive stress wave generated by blast loading has not

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reached the fixed end yet, and the compressive stress wave propagation in the pure

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mortar structure remains almost unchanged but with a time lag only at different

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sections, as shown in Fig. 12a of the stress wave at sections Cs1 to Cs3. Fig. 12b

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shows the wave forms at the same sections in ternary LRC structure. The

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corresponding stress contour at $t = 3.748 \times 10^{-2}$ ms is shown in Fig. 13b. As shown, the

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presence of the coated lead cores in ternary LRC structure effectively attenuates the

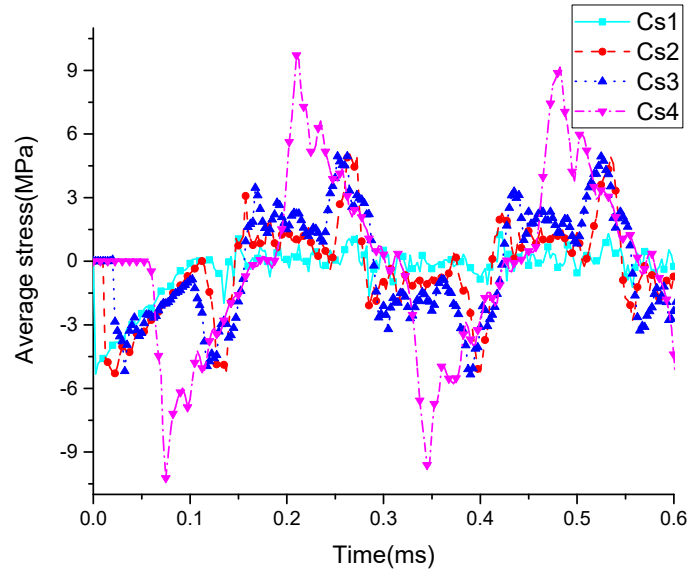
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stress in the structure as compared with those shown in Fig. 12a and Fig. 13a. This is

402 because of the stress wave reflection at the interface between the polyurethane coating
403 and the mortar matrix due to the impedance mismatch, as well as the energy storage
404 of lead cores owing to their vibration. With the increase of the number of lead cores
405 passed by stress wave, the peak value of the stress wave is further reduced as shown
406 in Fig. 12b and Fig. 13b. As shown, when the stress wave passes through two lead
407 cores, its peak at section Cs3 is reduced by 30% as compared to the peak value of
408 stress at section Cs1. As shown in Fig. 12a and Fig. 12b, the amplitudes of stress wave
409 in both the pure mortar and ternary LRC structures at section Cs4 are higher. This is
410 because of the wave reflection as section Cs4 is very close to the fixed end of the
411 considered structural model as shown in Fig. 6b. Fig. 13c shows the stress contour of
412 pure mortar structure model. As shown when the compressive stress wave is reflected
413 at the fixed end ($t = 7.5 \times 10^{-2}$ ms), the reflected stress wave is still compressive stress
414 wave because of the fixed end condition. When the incident compressive stress wave
415 and the reflected compressive stress wave superimpose at the fixed end, the peak
416 value of the stress wave in pure mortar structure becomes twice the peak value of the
417 incident stress wave as shown in Fig. 12a. Similarly, Fig. 13d shows the stress contour
418 of ternary LRC structure model when the stress wave is reflected from the fixed end
419 the first time. Due to the energy storage effect of the coated lead cores, the incident
420 compressive wave is smaller as compared to that in the pure mortar structure, as a
421 result the peak value of the compressive stress generated by the superposition of
422 incident and reflected stress wave is reduced by 45% by comparing the first peak
423 value at section Cs4 in Fig. 12a and Fig. 12b. The presence of coated lead cores also

424 obstructs the propagation of stress waves in the mortar matrix, leading to a delayed
425 arrival of the stress wave to section Cs4. A detailed examination of the results shown
426 in Fig. 12 indicates that in the ternary LRC structure, the first arrival time of stress
427 wave to section Cs4 is 2.5×10^{-3} ms delayed than that in the pure mortar structure. Fig.
428 13e and Fig. 13f show the stress contours of pure mortar and ternary LRC structure
429 when the reflected compressive stress wave from the fixed end reaches the loading
430 application surface. After being reflected from the free surface, the stress wave
431 becomes a tensile wave, and the peak value of the tensile stress is reduced by 71% by
432 comparing the first tensile peak at section Cs1 in Fig. 12a and Fig. 12b, indicating a
433 significant reduction in stress wave amplitude of the ternary LRC structure. As shown
434 in Fig. 12b, the stress wave in ternary LRC structure is less harmonic than that in
435 mortar structure as shown in Fig. 12a. For example, a prominent compressive stress
436 peak appears at section Cs4 in the ternary LRC structure model at $t = 0.147$ ms, which,
437 however, does not exist in the pure mortar structure. These additional stress wave
438 peaks or small oscillations in ternary LRC structure are caused by the vibrations of
439 lead cores. The secondary compressive wave generated by the lead core vibration
440 superimposes with the reflected compressive wave by the fixed end, resulting in a
441 prominent second compressive stress peak at Cs4.

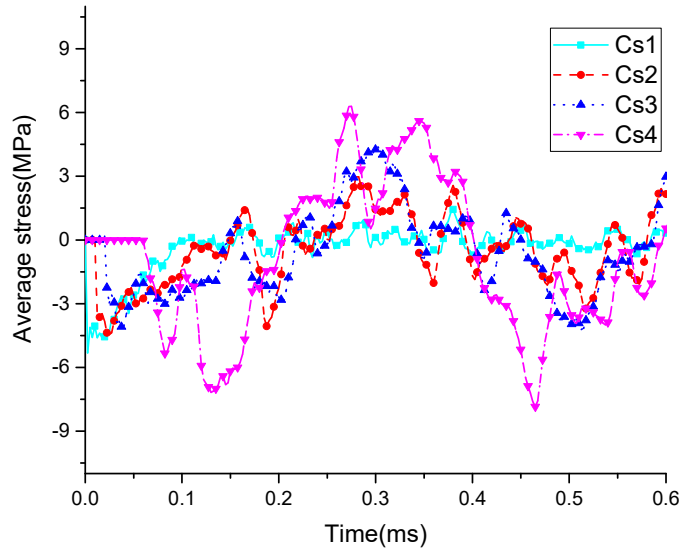
442



443

(a)

444



445

(b)

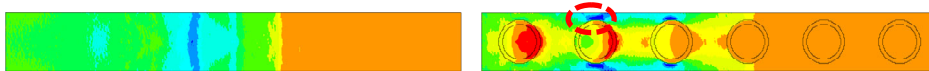
446

Fig. 12 Average stress at four cross-sections (a) Pure mortar structure model, (b)

447

Ternary LRC structure model

448

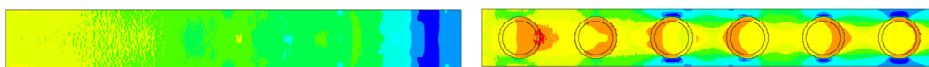


449

(a)

(b)

450



451

(c)

(d)

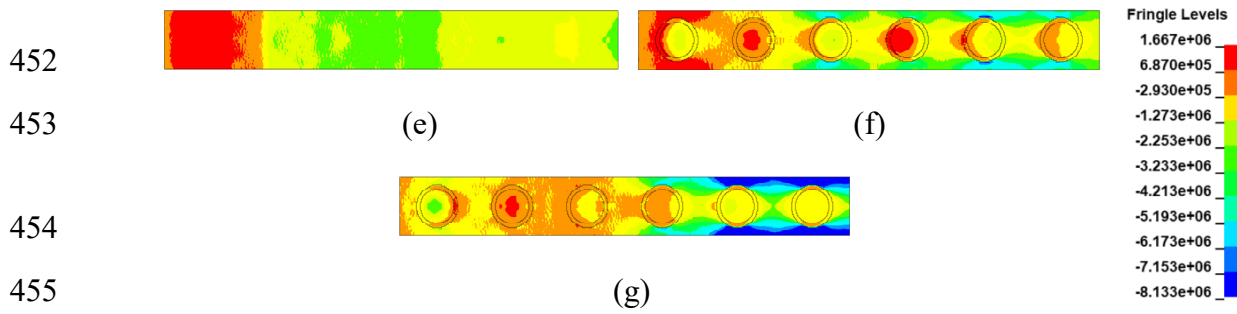
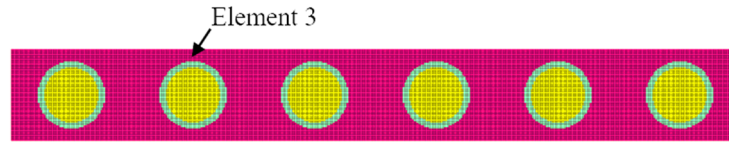


Fig. 13 Stress contour

- (a) Pure mortar, $t = 3.748 \times 10^{-2}$ ms, (b) Ternary LRC, $t = 3.748 \times 10^{-2}$ ms,
(c) Pure mortar, $t = 7.5 \times 10^{-2}$ ms, (d) Ternary LRC, $t = 7.75 \times 10^{-2}$ ms,
(e) Pure mortar, $t = 0.15$ ms, (f) Ternary LRC, $t = 0.16$ ms,
(g) Ternary LRC, $t = 0.147$ ms

The above results demonstrate that the lead cores in mortar matrix can mitigate stress wave propagation in ternary LRC structure. However, it should be noted that the above results are average stress over cross section of the structure. Lead cores in mortar matrix may cause stress concentration at the interfaces between mortar and soft polyurethane coating. To demonstrate this, the stress of element 3 as shown in Fig. 14, which is a mortar element at the interface with the polyurethane coating, is extracted and shown in Fig. 15. As shown, due to the change of material properties in the ternary LRC structure, the local stress concentration in the mortar matrix leads to the local stress value to be three times of the average stress at Cs1. This increase in stress amplitude in ternary LRC structure, which has not been discussed in open literature yet, needs be carefully evaluated when designing the ternary LRC structure as it may lead to localized damage to mortar matrix although the overall stress wave amplitude is reduced.

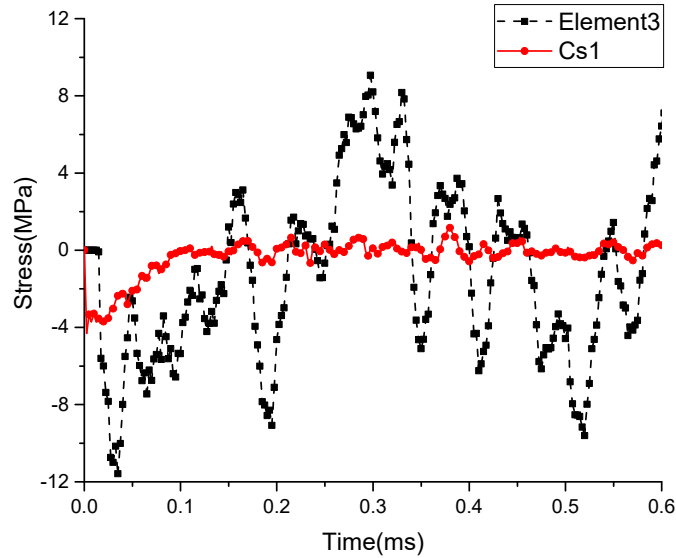
474



475

Fig. 14 Location of element 3

476



477

Fig. 15 Stress time history of element 3 and average stress of Cs1

478

3.6. Parametric investigations

479

In this section, parametric study is carried out to investigate the influences of various parameters on the effectiveness of ternary LRC structure in mitigating wave propagations. The considered parameters include the material of heavy core, the stiffness and thickness of soft coating.

482

483

To study the influence of core material on the response of the ternary LRC structure under blast loading, the responses of ternary LRC structure composed of natural aggregate cores and lead cores are compared. The size of natural aggregate core is the same as that of the lead core. The 5 MPa peak value blast loading is used in the simulation, i.e., the material nonlinearity is not considered. The material parameters of natural aggregate used in the simulation are given in Table 4. In the simulations, all

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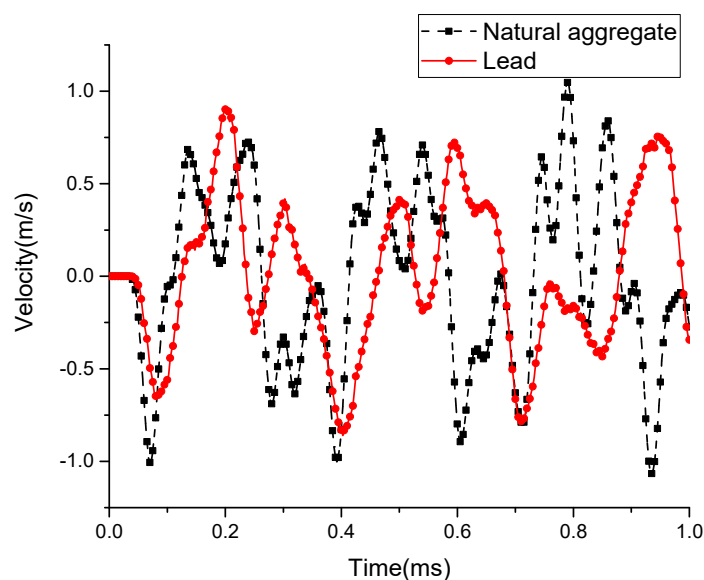
489 the parameters are kept the same as those in the above, the only variation is the heavy
 490 core inclusion.

491 Table 5 Material parameters of natural aggregate

Material	Density (kg/m ³)	Elastic modulus (MPa)	Poisson's ratio
Natural aggregate	2750	6×10 ⁴	0.25

492 Fig. 16 compares the velocity of element 2 as shown in Fig. 9 at section Cs5 when
 493 core material is natural aggregate and lead, respectively. As shown in Fig. 16, since
 494 the polyurethane coating limits the movement of the core, the peak velocity of the
 495 natural aggregate core is only slightly higher than that of the lead core under the same
 496 loading. Because the density of natural aggregate is smaller than that of lead, the
 497 natural aggregate core therefore also vibrates faster with a higher frequency than the
 498 lead core.

499



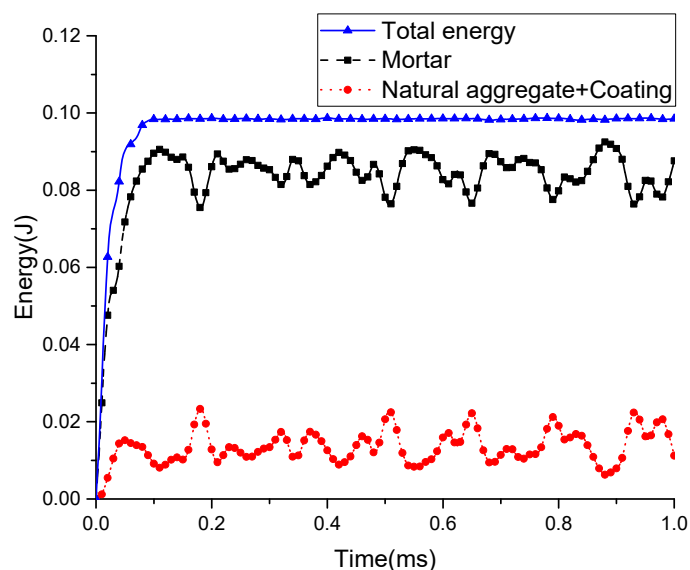
500

Fig. 16 Velocity time history of element 2

501

Fig. 17 shows the energy distributions of natural aggregate cores and mortar matrix

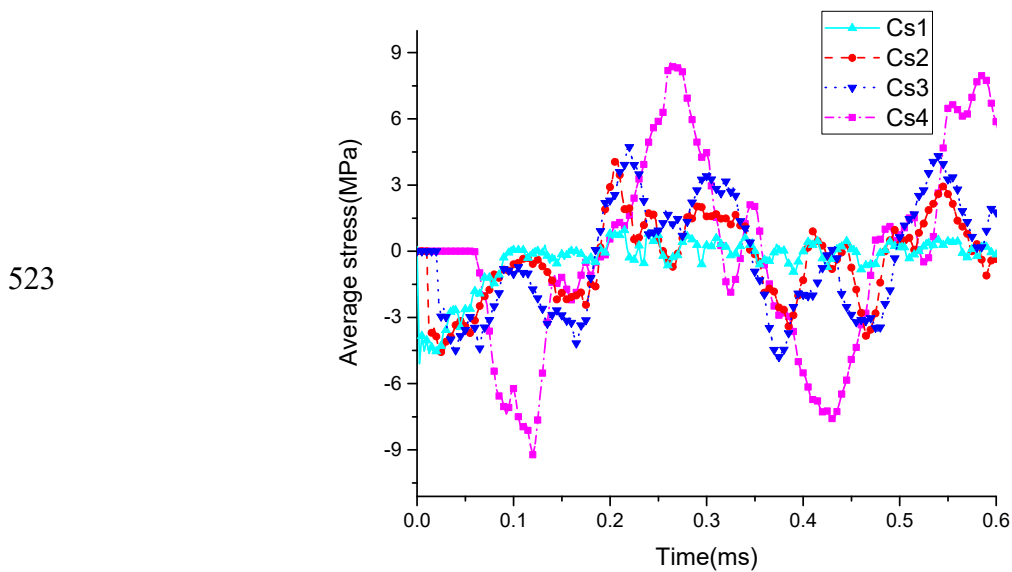
502 in ternary LRC structure model. The energy in this figure is the sum of kinetic energy
 503 and internal energy for each component. Since the mass of the lead core is larger than
 504 that of the natural aggregate and the two cores have similar velocity under the 5 MPa
 505 blast loading, the lead cores can store more energy than natural aggregates by
 506 comparing with that shown in Fig. 5, which can therefore reduce more energy in the
 507 mortar matrix and better mitigate wave propagation in the structure.



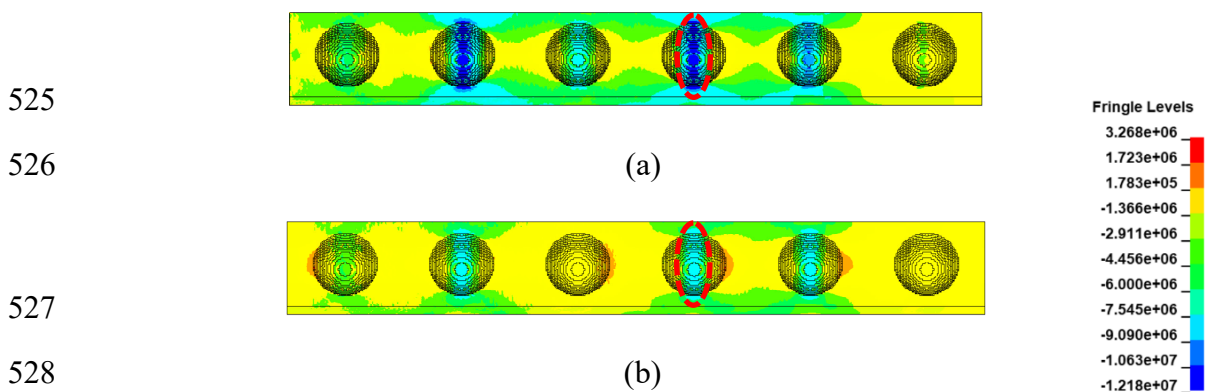
509 Fig. 17 Energy distribution of ternary LRC structure with natural aggregate core

510 Fig. 18 shows the average stress in the four designated sections in ternary LRC
 511 structure model with natural aggregate cores. Compared with Fig. 12b, it is obvious
 512 that lead core is more effective in mitigating stress wave propagation since lead core
 513 can store more energy through its vibrations. When the stress wave passes through
 514 two natural aggregate cores, the peak stress of section Cs3 is reduced by 11.8% as
 515 compared to that of section Cs1, where this value is 30% when lead core is used. Fig.
 516 19a and Fig. 19b show the mortar stress contours of ternary LRC structure model with
 517 natural aggregate cores and lead cores at $t = 6.24 \times 10^{-2}$ ms, respectively. As shown, the

518 change of core material results in a change in the stress distribution of the mortar
 519 matrix. The lead core can better reduce the stress in the mortar matrix as compared to
 520 natural aggregate core, especially in the middle of the cores (as circled by red dotted
 521 line). Therefore, for ternary LRC structure, heavier core is better because it is more
 522 effective in reducing the wave propagations.



524 Fig. 18 Average stress in four different cross-sections

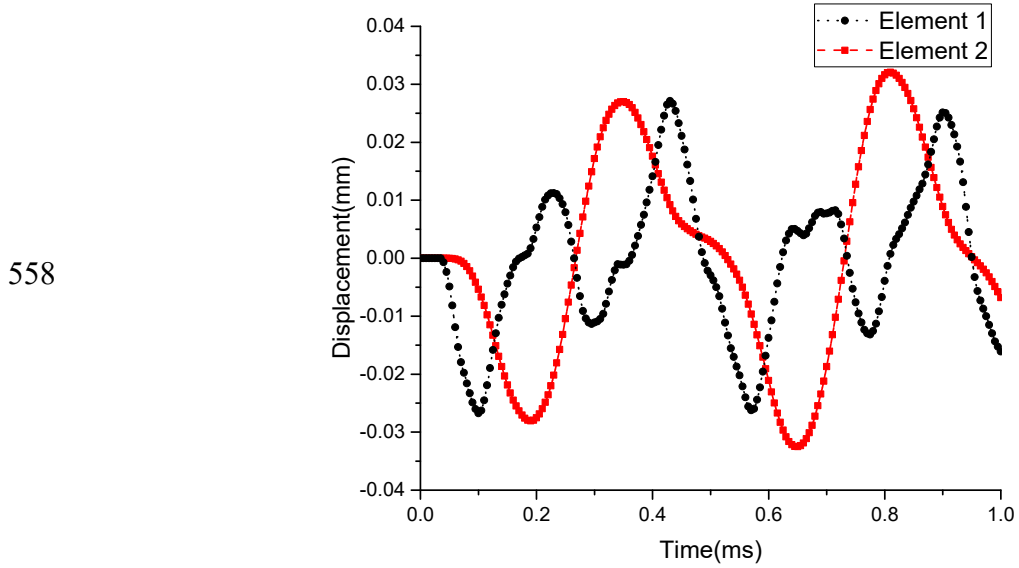


529 Fig. 19 Cross-section stress contour of the ternary LRC structure with different core
 530 materials at $t = 6.24 \times 10^{-2}$ ms (a) Natural aggregate core, (b) Lead core

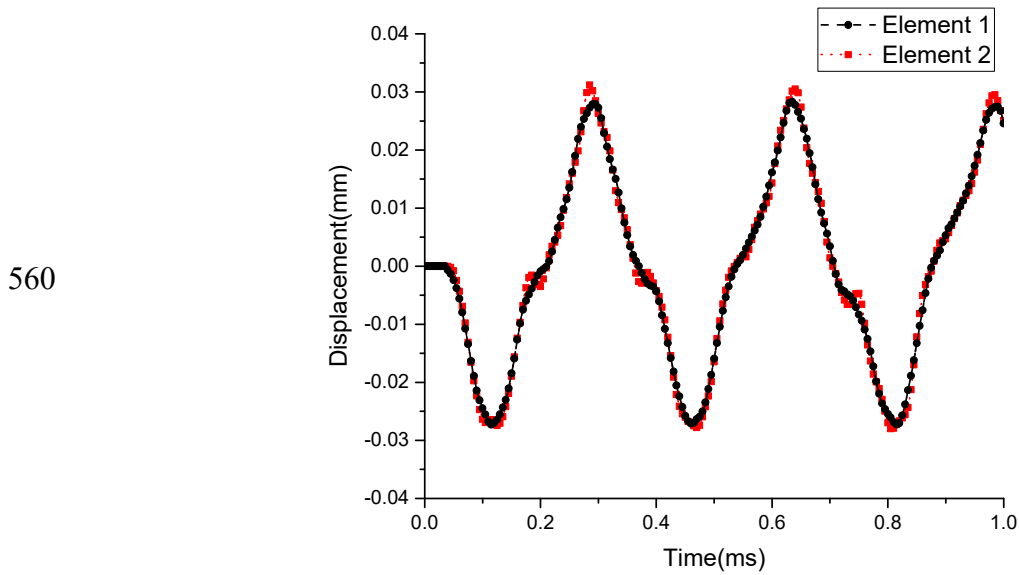
531 To study the influences of the soft coating stiffness on the performance of ternary
 532 LRC structure in mitigating wave propagation, soft coating with three different

533 modulus values, i.e., $E_c = 14.7$ MPa, $E_c = 1.47 \times 10^2$ MPa and $E_c = 1.47 \times 10^3$ MPa,
534 representing very soft, medium and hard coating materials are considered. In the
535 simulations, only the coating modulus is changed while all the other parameters of
536 ternary LRC structure are the same as defined above. Fig. 20a and Fig. 20b show the
537 displacement time histories of element 1 and element 2 when the elastic modulus of
538 polyurethane coating is different. The role of the polyurethane coating in the ternary
539 LRC is to provide space for the lead core to vibrate. By comparing those in Fig. 4, Fig.
540 20a and Fig. 20b, it is found that the lower the elastic modulus of the polyurethane
541 coating is, the larger the relative displacement between the lead core and the mortar
542 matrix would be. Fig. 21 shows the energy time history of mortar matrix in ternary
543 LRC structure with different elastic modulus of polyurethane coating. The energy in
544 this figure is the sum of kinetic energy and internal energy stored by mortar matrix.
545 As shown, although the relative displacement between heavy core and mortar is the
546 largest when E_c is 14.7 MPa, the mortar matrix has the smallest energy when E_c is
547 1.47×10^2 MPa, implying the energy stored in heavy core is the largest. This is because
548 when the coating is very soft, i.e., E_c is 14.7 MPa, the energy transferred to the heavy
549 core is small although heavy core relative displacement to the mortar matrix is large
550 but it vibrates slower with lower frequency and velocity as compared to the case when
551 E_c is 1.47×10^2 MPa. On the other hand, when the heavy core is very stiff, i.e., E_c is
552 1.47×10^3 MPa in the considered examples in the present study, the heavy core can
553 hardly vibrate by itself and the relative displacement between the core and mortar
554 matrix is very small, hence the stored energy by the heavy core is also small.

555 Therefore, to achieve the best performance of ternary LRC structure in mitigating
556 wave propagation, proper analysis is needed to determine the best coating materials
557 with suitable modulus.



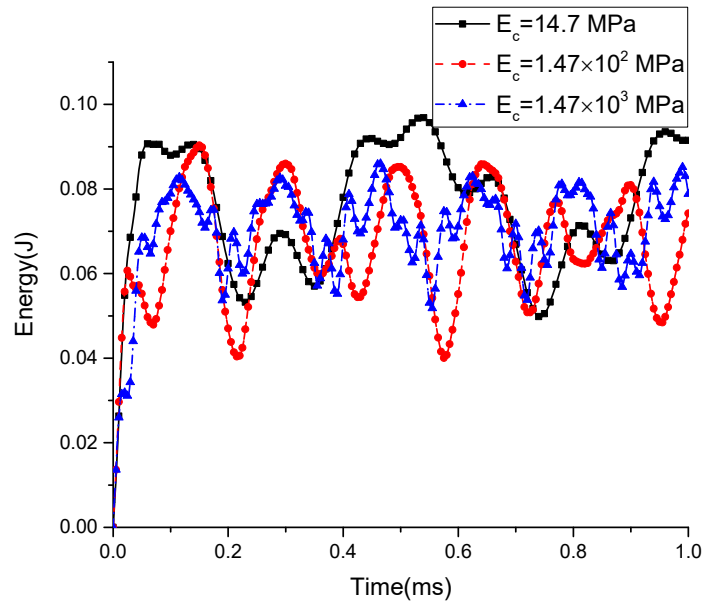
559 (a)



561 (b)

562 Fig. 20 Displacement time histories of the two elements at section Cs5

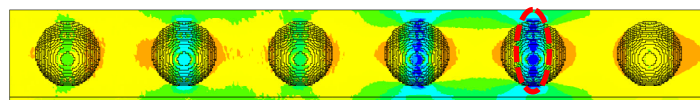
563 (a) $E_c = 14.7$ MPa, (b) $E_c = 1.47 \times 10^3$ MPa



564

565 Fig. 21 Energy stored by mortar matrix corresponding to different coating E_c

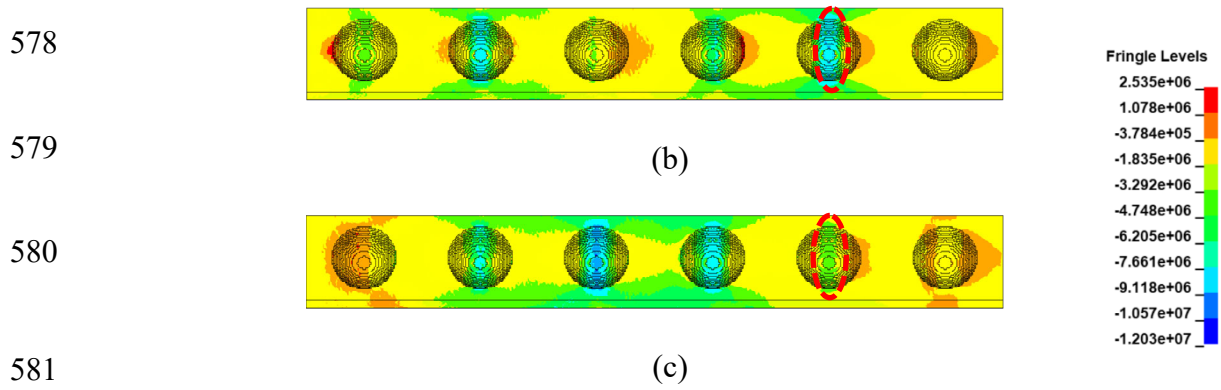
566 Fig. 22 shows the stress contours of mortar matrix with the coatings of different
 567 elastic modulus at $t = 6.5 \times 10^{-2}$ ms. As shown, the lower the elastic modulus of the
 568 coating is, the more obvious the stress concentration in the mortar matrix around the
 569 coated lead cores with larger compressive stress would be, as indicated by red dotted
 570 line. When E_c is 1.47×10^3 MPa, the coated lead core has better resistance to
 571 deformation and the stress concentration is less prominent, its energy storage ability is
 572 lower, therefore is less effective in mitigating stress wave propagation. These results
 573 indicate again that proper analysis is needed to determine the coating stiffness to
 574 achieve the best balance between wave mitigation and less stress concentration to
 575 minimize the localized damage in ternary LRC structure.



576

577

(a)

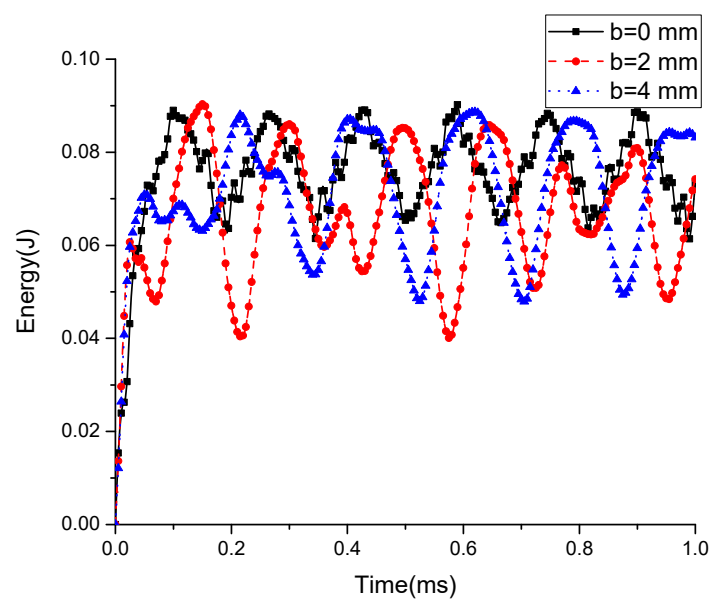


582 Fig. 22 Stress contour of mortar matrix with different E_c at $t = 6.5 \times 10^{-2}$ ms

583 (a) $E_c = 14.7$ MPa, (b) $E_c = 1.47 \times 10^2$ MPa, (c) $E_c = 1.47 \times 10^3$ MPa

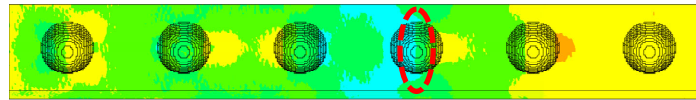
584 To investigate the influence of coating thickness on the effectiveness of ternary
 585 LRC structure in mitigating wave propagation, three coating thicknesses, namely $b =$
 586 0 mm, i.e., no coating, $b = 2$ mm and $b = 4$ mm, are considered. In the simulations, all
 587 the ternary LRC structure parameters, except the coating thickness, are kept the same
 588 as defined above. Fig. 23 shows the energy time history of mortar matrix in ternary
 589 LRC structure model under different polyurethane coating thicknesses. The energy in
 590 this figure is the sum of kinetic energy and internal energy stored by mortar matrix.
 591 Fig. 24 shows the stress contour of ternary LRC structure at $t = 5.72 \times 10^{-2}$ ms. When
 592 the lead core in the mortar matrix is not coated, the lead core can store parts of the
 593 energy applied by the blast loading. As shown, the energy in the mortar matrix varies
 594 between 0.0615 J and 0.0902 J. Polyurethane coating outside the lead core effectively
 595 increases the ability of the core to store energy, thereby reducing the energy and the
 596 stress in the mortar matrix. When $b = 2$ mm and $b = 4$ mm, the minimum energy in
 597 the mortar matrix is reduced by 34.8% and 22% as compared to that when $b = 0$ mm,
 598 respectively. As can be noted, among the three considered cases, when $b = 2$ mm, the

599 ternary LRC structure performs the best in reducing wave propagation. When $b = 4$
600 mm, the performance of the structure is not as good as compared to the case when $b =$
601 2 mm. This is again because the coating layer becomes too soft when $b = 4$ mm,
602 which reduces the wave energy being transferred to the heavy core owing to the
603 filtering effect and also makes the heavy core vibrate at smaller velocity, thus the
604 energy stored by the heavy core is less compared to the case when $b = 2$ mm. The
605 addition of the polyurethane coating also causes significant stress concentration (Red
606 dotted line) at the interface between the mortar matrix and the polyurethane coating,
607 as shown in Fig. 24, which may lead to localized damage to the ternary LRC structure.
608 These results, together with those presented above, indicate that coating layer
609 thickness and stiffness need be properly determined to achieve the best performing
610 ternary LRC structure in mitigating wave propagation and stress concentration at the
611 interface between mortar matrix and heavy core inclusion.



613 Fig. 23 Energy stored by mortar in LRC with different soft coating thickness

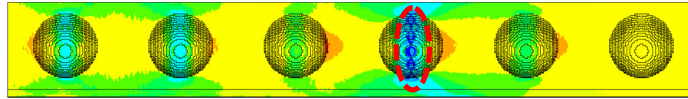
614



615

(a)

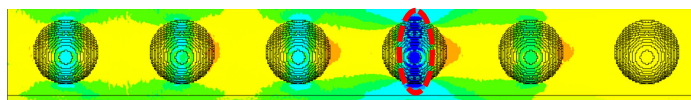
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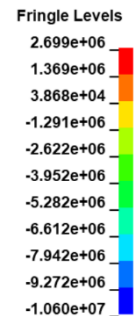
(b)

618



619

(c)



620

Fig. 24 Stress contour of mortar matrix with respect to different coating thickness at

621

$t = 5.72 \times 10^{-2}$ ms (a) $b = 0$ mm, (b) $b = 2$ mm, (c) $b = 4$ mm

622

3.7. Coupled effect of material damage and mechanism of ternary LRC

623

To investigate the coupled effect of material damage and local resonating

624

mechanism of ternary LRC on mitigating blast waves in concrete, the blast loading of

625

20 MPa and 40MPa amplitude are considered. The material parameters and the

626

geometric parameters of the ternary LRC structure model are the same as given in

627

Table 1-Table 3.

628

Fig. 25a and Fig. 25b show the average stress over the sections Cs1 - Cs4 of pure

629

mortar structure and ternary LRC structure under the blast loading of 20 MPa

630

amplitude, respectively. As shown, the largest compressive and tensile stress occurs at

631

the fixed end, i.e., near Cs4, owing to the wave reflection. Due to the energy storage

632

of the coated lead cores, the first peak compressive stress at the section Cs4 in the

633

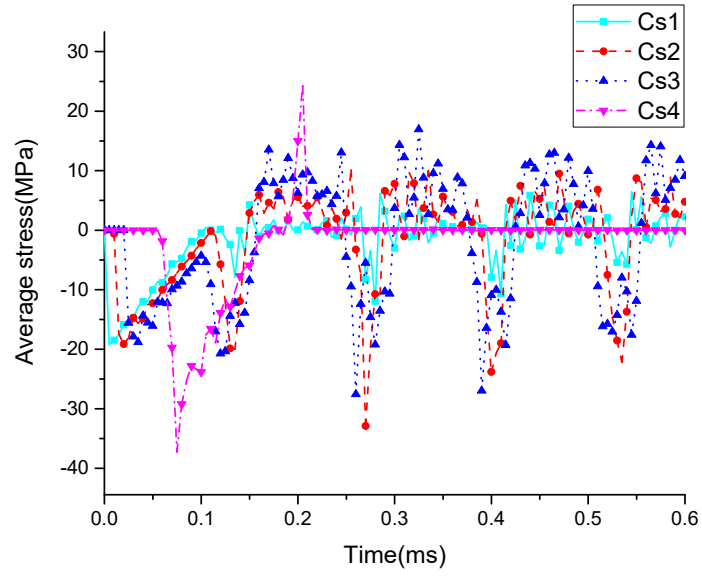
ternary LRC structure is reduced by 53.9% as compared to that of the pure mortar

634

structure. Because of the reduction in stress wave amplitude, complete failure of

635 ternary LRC structure at the fixed end does not occur. The stress wave therefore
636 continues to propagate back and forth in the structure until gradually damps out as
637 shown in Fig. 25b. The section Cs4 in pure mortar structure is not damaged by the
638 first reflected compressive stress from the fixed end, however, is damaged by the
639 reflected tensile stress, which leads to the quick drop of the stress in the section to
640 zero as shown in Fig. 25a. The tensile stress is generated by the reflection at the free
641 end and propagates in the structure, which is intensified by the reflection from the
642 fixed end and caused the damage at the section Cs4. Fig. 26a shows the stress contour
643 of pure mortar structure before it is damaged at $t = 0.2$ ms. As shown, the fixed end
644 subjects to tensile stress reflected from the free end. The tensile stress wave increases
645 owing to the reflection from the fixed end, leads to the failure at the fixed end of the
646 pure mortar structure at $t = 0.21$ ms as shown in Fig. 26b. It should be noted that
647 although the tensile stress amplitude in other sections exceeds the static tensile
648 strength of the mortar material, failure only occurs at the fixed end because the strain
649 rate effect on mortar material strength is considered in the simulation, which enhanced
650 the mortar tensile strength. After the tensile damage at the fixed end, the stress in
651 section Cs4 becomes zero, and the damaged section becomes a free end because of the
652 erosion of the damaged material in simulation. The subsequent tensile stress wave
653 becomes a compressive stress wave owing to the free end reflection as shown in Fig.
654 26b.

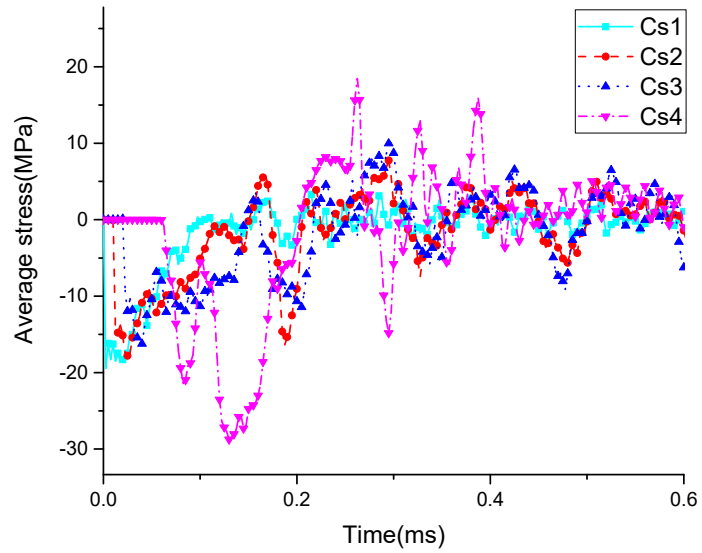
655



656

(a)

657



658

(b)

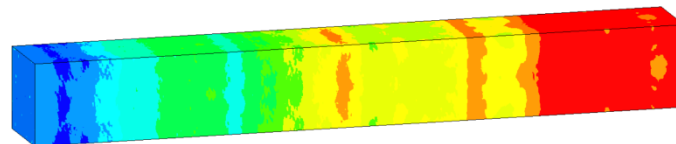
659

Fig. 25 Average stress in the four sections under blast loading of 20 MPa amplitude

660

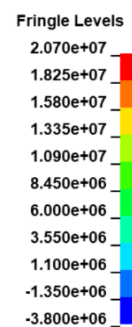
(a) Pure mortar structure, (b) Ternary LRC structure

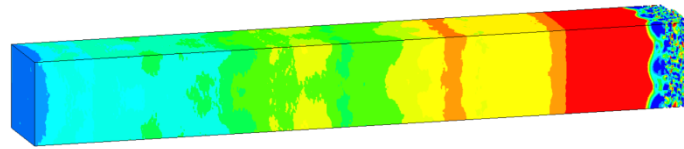
661



662

(a)

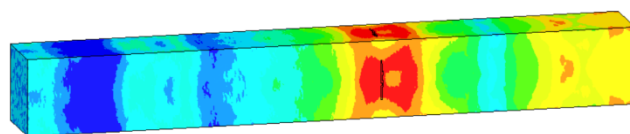




(b)

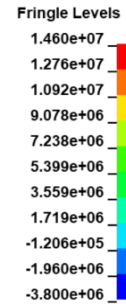
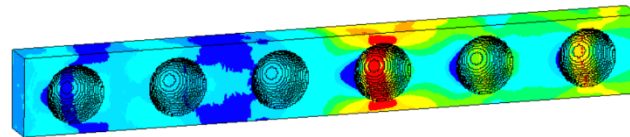
Fig. 26 Failure pattern of pure mortar structure (a) $t = 0.2$ ms, (b) $t = 0.21$ ms

Fig. 27a shows the failure pattern of ternary LRC structure at $t = 0.239$ ms under the blast loading of 20 MPa amplitude. Fig. 27b shows the stress contour of the mid-section of the structure at $t = 0.237$ ms before the structure is damaged. As shown, at $t = 0.237$ ms, the area near the fourth heavy core inclusion in the present considered model experiences large tensile stress. This tensile stress causes damage to the mortar material, but does not damage the core inclusion. The tensile stress continues to propagate in the structure. Fig. 29 shows the displacements of a mortar element 4 and a lead element 5 (location defined in Fig. 28), located at the section of the fourth heavy core where mortar failure happens as indicated in Fig. 27a. As shown, the moving direction of the two elements at $t = 0.237$ ms is opposite to the initial direction, i.e., positive displacement vs negative displacement, and the displacement of the lead element is larger than that of the mortar element. The mortar matrix experiences significant tensile stress owing to stress concentration at the mortar-inclusion interface, which leads to tensile failure of mortar material. Although the mortar matrix in the ternary LRC structure breaks in the middle of the model, the stress wave is still transmitted by the coated lead core.



683

(a)



684

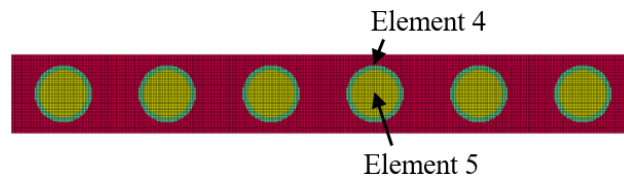
685

(b)

686

Fig. 27 Failure pattern of ternary LRC structure (a) $t = 0.239$ ms, (b) $t = 0.237$ ms

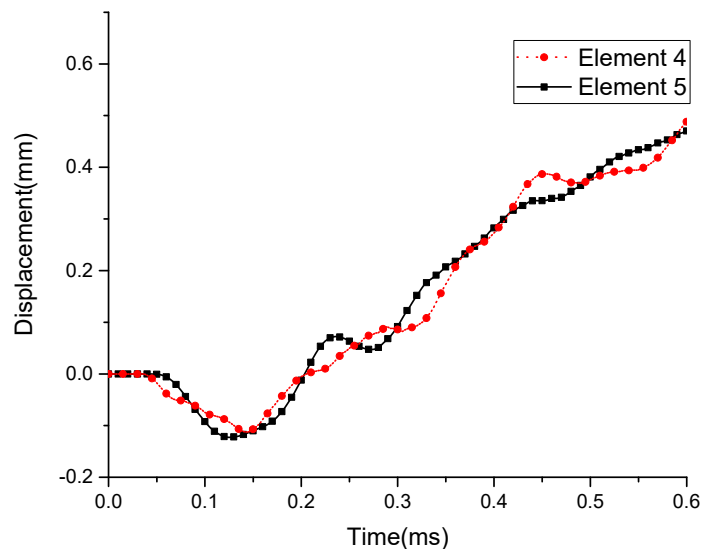
687



688

Fig. 28 Location of element 4 and element 5

689



690

Fig. 29 Displacement time histories of element 4 and element 5

691

Fig. 30a and Fig. 30b show the average stress of the sections Cs1 - Cs4 of pure

692

mortar structure and ternary LRC structure under the blast loading of 40 MPa

693

amplitude, respectively. As shown in Fig. 30a, the compressive stress of Cs4 in pure

694

mortar structure is doubled when the stress wave reaches the fixed end at the first time.

695

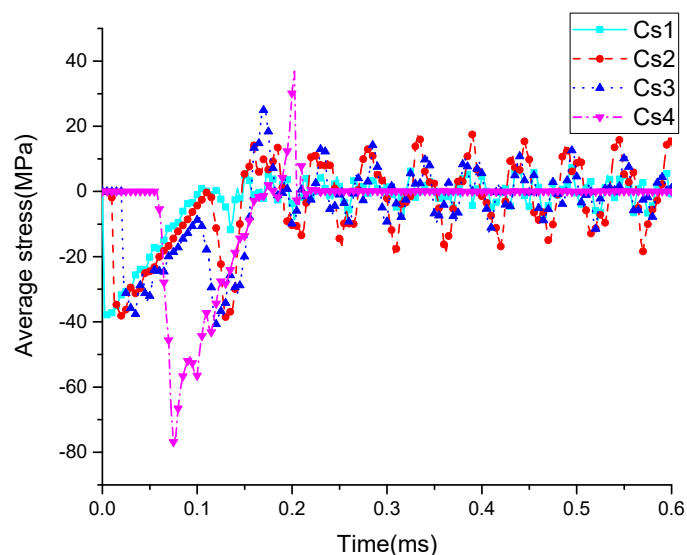
Because the strain rate effect on mortar material strength is considered in the

696

simulation, no compressive failure occurs at the fixed end although the compressive

697 stress is substantially larger than the static strength of considered mortar material. The
698 reflected compressive stress wave continues to propagate back and becomes tensile
699 stress wave when reflected by the free surface on the loading end. Due to the low
700 tensile strength of mortar, the pure mortar structure is broken at $t = 0.182$ ms as shown
701 in Fig. 30a at a section close to Cs3. As can be noticed in Fig. 30a, the reflected
702 tensile stress from the free surface in mortar structure increases with wave
703 propagation instead of attenuates. This interesting phenomenon has been observed in
704 many previous concrete spalling tests with Split Hopkinson Pressure Bar [33, 37]. In
705 spalling tests, due to the wave superposition of the original compressive wave and the
706 reflected tensile wave, the net tensile wave leads to spalling of the specimen at a
707 certain distance from the free surface, where the net tensile stress exceeds the critical
708 failure stress of the specimen. The location of tensile failure section depends on the
709 tensile stress amplitude, dynamic tensile strength of the specimen, and the wave
710 length of stress wave. The first tensile failure of the mortar structure model in this
711 study locates at a section of 0.095 m from the free surface as shown in Fig. 31a. After
712 the broken up of the specimen, stress wave continues propagating in both parts of the
713 broken segments. Tensile failure also occurs at the fixed end near Cs4, which is not
714 shown here. As shown in Fig. 30a, after the structure broken into two pieces, the stress
715 wave at sections Cs1-Cs3 oscillates faster and becomes more harmonic. This is
716 because the broken segment is shorter than the original structure model, and both ends
717 of the broken segments are now free and therefore stress wave changes direction due
718 to the free surface reflection. Fig. 31b and Fig. 31c show the failure pattern of the

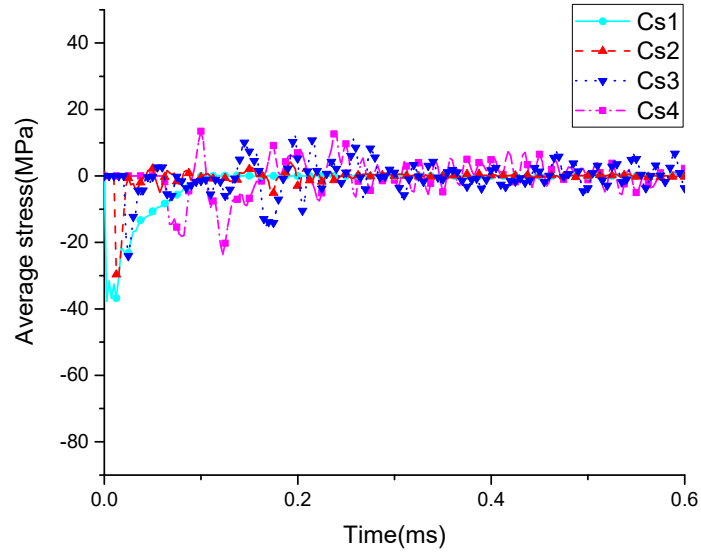
719 ternary LRC structure at $t = 2.24 \times 10^{-2}$ ms. As shown, compressive damage occurs at
720 the interface between the mortar matrix and the polyurethane coating owing to stress
721 concentration. The damage at the loading end substantially reduces stress wave energy,
722 which causes the stress of the subsequent sections to be greatly attenuated. For
723 example, the first compressive stress peaks of Cs3 and Cs4 are reduced by 44.3% and
724 78.3%, respectively, as compared to the 30% and 45% reduction at the same sections
725 shown in Fig. 12b when no material damage is considered and the wave attenuation is
726 caused only by ternary mechanism. These results indicate that localized damage near
727 the heavy cores could absorb significant amount of wave energy and localize the
728 structural damage, which could be a merit for using metamaterial to make protective
729 structures. Together with the wave mitigation mechanism of the ternary LRC structure,
730 the localized damage could be beneficial for structure protection if the structure is
731 properly designed and damage is properly controlled.



732

733

(a)



734

735

(b)

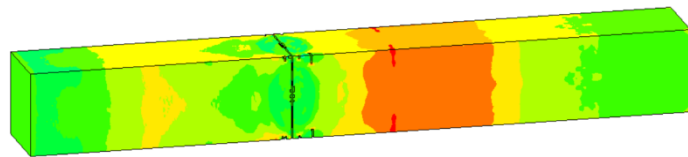
736

Fig. 30 Average stress in four cross sections under blast loading of 40 MPa

737

amplitude (a) Pure mortar structure, (b) Ternary LRC structure

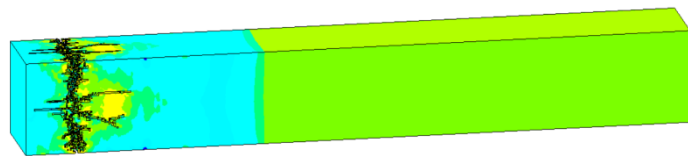
738



739

740

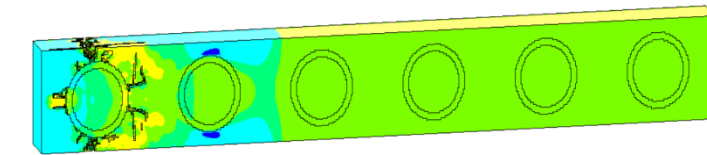
(a)



741

742

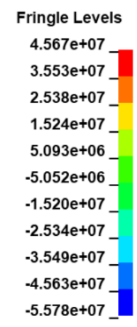
(b)



743

744

(c)



745

Fig. 31 Failure pattern and stress contour of pure mortar structure and ternary LRC

746

structure (a) Pure mortar structure, $t = 0.182$ ms, (b) Ternary LRC structure, $t =$

747 2.24×10^{-2} ms, (c) Cross-section of ternary LRC structure

748 **4. Conclusions**

749 In the present study, the performance of ternary LRC structure comprising spherical
750 lead inclusion and soft coating in mortar matrix subjected to blast loads is studied.
751 Both analytical derivation and numerical modelling are carried out to study the
752 mechanism and performance of ternary LRC in mitigating blast loading induced stress
753 wave propagation in the structure. The results show that ternary LRC structure can
754 mitigate stress wave propagation because of the relative movement between heavy
755 inclusion and mortar matrix, and vibration of heavy inclusions. The heavier is the
756 inclusion, the more effective is the structure in reducing the stress wave propagation
757 because the vibration of heavy inclusion stores more wave energy. The soft coating
758 provides space for the vibration of the heavy inclusion, but very soft coating layer
759 prevents wave energy being transmitted to the heavy core inclusion, therefore could
760 be less effective in mitigation of stress wave propagation. Existence of soft coating
761 and heavy core in mortar matrix also causes stress concentration at the interface,
762 which may lead to localized damage. The material damage, together with the local
763 resonating mechanism of ternary LRC, however, makes the structure more effective in
764 mitigating blast-induced stress waves because the localized damage can absorb a
765 significant amount of energy. Therefore proper analysis is needed to find the best
766 possible designs of heavy inclusion and soft coating in mortar matrix to achieve the
767 most effective ternary LRC structure for structural protection.

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