

1 **An umbrella review of systematic reviews on the impact of the COVID-19 pandemic on cancer**  
2 **prevention and management, and patient needs**

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23 **ABSTRACT**

24 The COVID-19 pandemic led to relocation and reconstruction of health care resources and systems,  
25 and to a decrease in healthcare utilization, and this may have affected the treatment, diagnosis,  
26 prognosis, and psychosocial well-being of patients with cancer. We aimed to summarize and quantify  
27 the evidence on the impact of the COVID-19 pandemic on the full spectrum of cancer care. An  
28 umbrella review was undertaken to summarize and quantify the findings from systematic reviews on  
29 impact of the COVID-19 pandemic on cancer treatment modification, delays, and cancellations;  
30 delays or cancellations in screening and diagnosis; psychosocial well-being, financial distress, and use  
31 of telemedicine as well as on other aspects of cancer care. PubMed and WHO COVID-19 Database  
32 was searched for relevant systematic reviews with or without meta-analysis published before  
33 November 29<sup>th</sup>, 2022. Abstract, full text screening and data extraction were performed by two  
34 independent reviewers. AMSTAR-2 was used for critical appraisal of included systematic reviews. 51  
35 systematic reviews evaluating different aspects of cancer care were included in our analysis. Most  
36 reviews were based on observational studies judged to be at medium and high risk of bias. Only 2 of  
37 the included reviews had high or moderate scores based on AMSTAR-2. Findings suggest treatment  
38 modifications in cancer care during the pandemic versus the pre-pandemic period were based on low  
39 level of evidence. Different degrees of delays and cancellations in cancer treatment, screening and  
40 diagnosis were observed, with low-and-middle income countries and countries that implemented  
41 lockdowns being disproportionately affected. A shift from in-person appointments to telemedicine use  
42 was observed, but utility of telemedicine, challenges in implementation and cost-effectiveness in  
43 different areas of cancer care were little explored. Evidence was consistent in suggesting psychosocial  
44 well-being (e.g., depression, anxiety, and social activities) of patients with cancer deteriorated, and  
45 cancer patients experienced financial distress, albeit results were in general not compared to pre-  
46 pandemic levels. Impact of cancer care disruption during the pandemic on cancer prognosis was little  
47 explored. In conclusion, Substantial but heterogenous impact of COVID-19 pandemic on cancer care  
48 has been observed. Evidence gaps exist on this topic, with mid- and long-term impact on cancer care  
49 being most uncertain.

## 50 INTRODUCTION

51 The coronavirus disease 2019 (COVID-19) pandemic and the mitigation measures that were  
52 undertaken posed major challenges to cancer care. The rapid spread of COVID-19 and early data  
53 showing patients with cancer were at increased risk of morbidity and mortality after Severe Acute  
54 Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection, prompted changes in healthcare  
55 delivery<sup>1</sup>. These changes included reduction of medical activities, reallocation of healthcare workers,  
56 shifting in-person appointments to remote consultations, and limiting access of patients to care  
57 facilities<sup>2</sup>.

58 Concerns have been raised that disruption of health care services might have had multidimensional  
59 impact in cancer care. Indeed, several studies have described delays and cancellation in treatment,  
60 screening, and diagnosis<sup>3-5</sup>. For example, two meta-analyses showed that during the pandemic there  
61 was a ~50% reduction in breast and cervical cancer screening, and that there was 18.7% reduction for  
62 all cancer treatments, with surgical treatment showing the highest reduction<sup>3,4</sup>. In addition, several  
63 studies have highlighted deterioration of psychological well-being of patients with cancer, and  
64 psychological, ethical, spiritual, and financial needs of patients with cancer were also affected<sup>6,7</sup>.  
65 While several systematic reviews have examined the impact of COVID-19 on cancer care, they  
66 evaluated different outcomes and periods of the pandemic, and thus the available review findings are  
67 rather fragmented<sup>3,4,8-14</sup>. A comprehensive review of impact of COVID-19 on several aspects of  
68 cancer would be essential to understand gaps and scale-up evidence-based interventions, including  
69 learning lessons for future pandemics. In addition, although systematic reviews are important for  
70 public health and policy decision-making during the pandemic, the level of methodological rigor they  
71 implemented is unclear.

72 In the current study we performed an umbrella review of systematic reviews to summarize the impact  
73 of COVID-19 on several aspects of cancer care, including treatment, diagnosis, financial,  
74 psychological and social dimensions. We assessed the amount and geographical breadth of the  
75 available evidence and methodological rigor of the primary studies included in each review (as  
76 assessed by the reviewers) and of the systematic reviews themselves; and summarized the conclusions  
77 from different reviews on COVID-19 impact.

78

## 79 RESULTS

80 Our search strategy identified 1172 citations. Based on title and abstract screening, we retrieved full  
81 texts of 96 articles for further screening. Of those, 45 articles did not meet our eligibility criteria, thus  
82 leaving 51 articles to be included in our final analysis. **Figure 1** summarizes our screening procedure.  
83 No additional study was found from screening of references of the included studies.

## 84 **Characteristics of the included systematic reviews**

85 Of the 51 included systematic reviews, 14 articles also included a quantitative analysis/meta-analysis  
86 with one being individual participant meta-analysis.<sup>2-47</sup> Other key characteristics of the 51 systematic  
87 reviews are shown in **Table 1** (more extensive details appear in **Supplementary File 1a and**  
88 **Supplementary File 2**). The median number of bibliographic databases/data sources that were  
89 searched was 3; the most searched databases were PubMed (n=35), Medline (n=25), Embase (n=22),  
90 Scopus (n=19), Web of Science (n=13) and The Cumulative Index to Nursing and Allied Health  
91 Literature- CINAHL database (n=10). One review searched for mobile applications using the iOS  
92 App Store and Android Google Play<sup>20</sup>. The median number of studies included in the systematic  
93 reviews was 31 (interquartile range, 15; 51). The type of study designs included across reviews  
94 varied, but most reviews included data from observational study designs of cross-sectional and  
95 retrospective nature. Twenty-one reviews focused/reported exclusively on studies that include pre-  
96 pandemic controls. Twenty reviews provided data only on site-specific cancers, while the rest for any  
97 cancer-site with or without data on site-specific cancers. Nineteen reviews assessed only one aspect of  
98 cancer care, while the rest examined two or more of our pre-defined outcomes. The date of last search  
99 varied from April 2020 to May 2022, with 16 reviews ending searches during 2020, 25 during 2021  
100 and 5 during 2022; 4 reviews did not provide information on date of last search.

101

## 102 **Geographical distribution**

103 Out of 51 reviews, 46 provided some information on geographical distribution of the included primary  
104 studies. Of those, most reviews provided data from different countries, while only two studies (3.9%)  
105 focused on data from India<sup>26</sup> and Italy<sup>32</sup> exclusively. Also the majority of the evidence was derived  
106 from high- and middle-income countries.

## 107 **Risk of bias of primary studies included in the systematic reviews and GRADE assessments**

108 Of the 51 reviews, 32 assessed risk of bias of the included studies (**Table 2** and details in  
109 **Supplementary File 1b**). Thirteen different risks of bias checklists were used, and the most common  
110 checklists used to assess methodological rigor were Newcastle-Ottawa Scale (NOS) (n=10) and  
111 Joanna Briggs Institute tools (n=7). Of the systematic reviews that assess methodological rigor of the  
112 individual studies, 8 concluded strong evidence, 19 mixed evidence, 3 weak evidence and 2 did not  
113 provide any results. Excluding the NOS assessments (since NOS has been criticized to not provide  
114 accurate assessment of methodological rigor<sup>48</sup>), the respective numbers were 3, 14, 3, and 2. Only two  
115 reviews used GRADE (Grading of Recommendations, Assessment, Development and Evaluations),  
116 concluding low to moderate certainty in the results.

## 117 **Methodological rigor of included systematic reviews**

118 **Table 3** shows the AMSTAR-2 evaluations for the included systematic reviews. Only two reviews  
119 scored moderate to high quality, while the rest were evaluated as low or critically low quality due to  
120 not meeting one or more of the seven domains considered critical. Most of the studies did not provide  
121 the list of excluded studies during the full text screening, and did not account for methodological rigor  
122 of included studies when interpreting/discussing the results of the reviews.

### 123 **Results and conclusions of systematic reviews and of meta-analyses**

124 The main results and conclusions of the eligible systematic reviews are presented in **Supplementary**  
125 **files 1c-1j** for various aspects of cancer care. **Table 4** lists the effect sizes and confidence intervals for  
126 the systematic reviews that used formal meta-analysis as well as heterogeneity metrics. **Figure 2**  
127 provides a summary of main findings of this umbrella review. Here, we present some key findings for  
128 each type of outcome:

#### 129 *Modification of treatment*

130 There were 15 reviews assessing modification of treatment<sup>5 9 10 15 16 18 23 28 31 34 37 49-52</sup>. Main findings for  
131 each individual review are outlined in **Supplementary File 1c and Table 4**. All reviews were  
132 consistent reporting changes in treatment, with downscaling treatments plans in patients with cancer  
133 being a significant intervention. Di Cosimo S et al. 2022 reported changes in treatment plans in 65%  
134 (95%CI, 53%-75%; I<sup>2</sup>, 98%) of centers<sup>31</sup>. Guidelines recommended use of non-surgical treatment over  
135 surgical treatments, as it was seen in head and neck cancer management. However, reviews suggested  
136 patients being assessed in a case-by-case basis and that individual factors should be considered for  
137 individualized treatment (**Supplementary File 1c**). Garg PK et al. 2020 found that available  
138 guidelines were based on low level of evidence and had significant discordance for the role and  
139 timing of surgery, especially in early tumors<sup>18</sup>.

#### 140 *Delayed and/or cancelled treatment*

141 **Supplementary File 1d and Table 4** summarize the main findings from the 15 reviews<sup>2 4 5 13 14 19 25 29</sup>  
142 <sup>31 33 35 37 41 47 52</sup> that assessed and reported on treatment delays and cancellations of cancer treatment.  
143 Most reviews mentioned that cancellations of treatment were observed, although to what extent this  
144 happened was not consistently provided<sup>19 25 29 31 33 37 41</sup>. However, reviews reported that these  
145 reductions were more pronounced during a lockdown. In the meta-analysis by Teglia F et al., 2022, it  
146 was found an overall reduction of -18.7% (95% CI, -13.3 to -24.1) in the total number of cancer  
147 treatments administered during January-October 2020 compared to the previous periods, with surgical  
148 treatment having a larger decrease compared to medical treatment (-33.9% versus -12.6%); among  
149 cancers, the largest decrease was observed for skin cancer (-34.7% [95% CI, -22.5 to -46.8 ])<sup>4</sup>. This  
150 difference would depend on the period, with the review reporting a U-shape for the period January-  
151 October 2020. Lignou S et al. 2022<sup>35</sup> reported that between 18<sup>th</sup> to 31<sup>st</sup> of January 2021, pediatric and

152 noncancer surgical activities were occurring at less than a third of the rate of the previous year, while  
153 Di Cosimo SD et al. 2022<sup>31</sup> reported cancellation/delays of treatment in 58% (95%CI, 48%-67%; I<sup>2</sup>,  
154 98%) of centers. Majeed A et al., 2022<sup>14</sup> showed that shortage of treatment and delays and  
155 interruptions to cancer therapies in general were more common in low- and middle-income countries.

#### 156 *Delayed and/or cancelled screening*

157 The results of 11 reviews<sup>3 30 32-34 36 38 39 43 46 53</sup> reporting on cancer screening are summarized in  
158 **Supplementary File 1e** and **Table 4**. Of these, 5 included a meta-analysis. Overall, reviews showed  
159 a decline in screening rates across all cancer types, and that differences by demographic area and time  
160 periods were observed; for instance, countries that implemented lockdowns showed a higher decline  
161 in screening rates. Within colorectal and gastric cancers, most reviews reported a reduction of at least  
162 50% in number of endoscopies and gastroscopies compared to previous years. In the meta-analysis by  
163 Teglia F et al<sup>3</sup>, while colorectal screening on average was reduced by 44.9% (95% CI, -53.8% to -  
164 36.1%) during January-October 2020, a U-shape association was observed. Within women-specific  
165 cancers, the meta-analyses showed a decrease in breast and cervical cancers screening rates of at least  
166 40-50%.<sup>3</sup> A meta-analysis focused on cytopathology practice showed that on average there was a  
167 sample volume reduction of 45.3% (range, 0.1%-98.0%), although the results would depend on the  
168 tissue sampled<sup>46</sup>. Similar findings were reported by Alkatoul et al. 2021<sup>30</sup>.

#### 169 *Reduced cancer diagnosis*

170 Main findings of the 11 reviews<sup>5 14 30 32-35 37 39 46 51</sup> providing data on reduction in cancer diagnosis are  
171 provided in **Supplementary File 1f** and **Table 4**. Reviews were consistent in reporting decreased  
172 diagnosis of new cancer cases during the pandemic, although the reduction depended on the  
173 geographical area, the period being investigated and type of cancer. For example, there was a 73.4%  
174 decrease in cervical cancer diagnoses in Portugal during 2020, and in Italy, while there was up to 62%  
175 reduced diagnosis of colorectal cancer in 2020 compared to pre-pandemic years, the reduction was  
176 more pronounced in Northern Italy where strict lockdowns were implemented. Indeed, reviews  
177 showed that countries that implemented lockdowns measures showed the highest reduction in number  
178 of new cancer cases being diagnosed. Breast cancer diagnosis rates dropped by an estimate between  
179 18-29% between 2019 and 2021<sup>39</sup>.

#### 180 *Reduced uptake of HPV vaccination*

181 There was only one review to summarize data on HPV vaccination, showing up to 96% reduction in  
182 number of vaccine doses administered in March-May 2020 among adolescents and young girls aged  
183 9-26 years; the one- year period reduction reported was much smaller (13%)<sup>33</sup>.

#### 184 *Psychological needs/distress*

185 Thirteen reviews covered topics related to psychological needs and distress that patients with cancer  
186 experienced during the pandemic<sup>2 5-7 11 17 19 21 24 26 29 34 52</sup>; the findings are summarized in  
187 **Supplementary File 1f** and **Table 4**. Reviews reported that the pandemic negatively impacted the  
188 psychosocial and physical wellbeing of cancer survivors and patients with cancer experienced  
189 different levels of anxiety, depression, and insomnia. In a meta-analysis, Ayubi E et al. 2021 reported  
190 an overall prevalence of depression and anxiety of 37% (95%CI, 27-47, I<sup>2</sup>, 99.05) and 38% (95%CI,  
191 31-46%, I<sup>2</sup>, 99.08) in patients with cancer, respectively<sup>17</sup>. Similar findings were reported by Zhang et  
192 al. 2022<sup>6</sup>. Compared to controls, patients with cancer had higher anxiety level [standard mean  
193 difference (SMD 0.25 (95% CI, 0.08, 0.42)]<sup>17</sup>.

#### 194 *Telemedicine*

195 Telehealth was investigated and reported in 12 of the included reviews<sup>2 10 12 16 20 22 27 29 31 35 51 54</sup>; a  
196 summary of main findings is provided in **Supplementary File 1h**. Salehi F et al. 2022<sup>27</sup> reported that  
197 telemedicine use in breast cancer patients was the most common investigated in studies exploring  
198 cancer-specific use of telemedicine. Telemedicine was used for various reasons, with provision of  
199 virtual visit services and consultation being the most common<sup>27</sup>. One study explored various symptom  
200 tracking apps for patients with cancer, available in the mobile health market, and found that only a  
201 limited number of apps exist for cancer-specific symptom tracking (27%)<sup>20</sup>. In addition, of the 41  
202 apps found, only one was tested in a clinical trial for usability among patients with cancer<sup>20</sup>. While  
203 little research exists on how patients perceived telemedicine during the COVID-19 pandemic, early  
204 data showed that majority of patients found telemedicine service helpful and that obtaining a  
205 telemedicine service helped solve their health problem. Nevertheless, there were concerns that use of  
206 telehealth for people with cancer suggests a greater proportion of missed diagnoses<sup>35</sup>, and that  
207 telemedicine cannot be a substitute for face-to-face appointments<sup>22</sup>.

#### 208 *Financial distress and Social isolation*

209 Five reviews reported the economic impact of COVID-19 and social isolation of patients with cancer  
210 during the pandemic (**Supplementary File 1i**)<sup>2 7 11 19 52</sup>. While there is little research on this topic,  
211 overall, the reviews suggested financial distress with direct and indirect costs burden and social  
212 isolation being a common issue for patients with cancer. Reviews also were consistent in reporting  
213 social isolation and loneliness among patients with cancer. Several factors contributed to social  
214 isolation, including fear of infection, social distancing measures, not having visitors and lack of social  
215 interaction during treatment.

#### 216 *Tobacco use and cessation*

217 There was only one systematic review and meta-analysis to explore tobacco use and cessation during  
218 the pandemic<sup>42</sup>. Based on data from 31 studies, Sarich P et al. 2022 found that, compared to pre-

219 pandemic period, the proportion of people smoking during the pandemic was lower (pooled  
220 prevalence ratio of 0·87 (95%CI:0·79-0·97). In addition, there was similar proportions among  
221 smokers before pandemic who smoked more or smoked less during the pandemic, and on average 4%  
222 (95%CI: 1-9%) reported stopping smoking. 2% reported starting smoking during the pandemic. High  
223 heterogeneity was observed across the meta-analyses results.

#### 224 *Other aspects of cancer care*

225 Eighteen reviews<sup>8-10 13-16 23 25 26 31 35 40 44 45 47 51</sup> reported on mitigations strategies and cancer service  
226 restructuring, impact of measures on cancer prognosis, and on quality of recommendations provided  
227 during COVID-19 for cancer care; findings are summarized in **Supplementary File 1j**. In the meta-  
228 analysis by Di Cosimo S et al., routine use of PPE by patient and healthcare personnel was reported  
229 by 81% and 80% of centers, respectively; systematic SARS-CoV-2 screening by nasopharyngeal  
230 swabs was reported by only 41% of centers<sup>31</sup>. Five reviews also reported on potential impact of  
231 mitigation strategies on cancer outcomes/prognosis<sup>30 35 40 44 47</sup>. It was estimated that 59,204–63,229  
232 years of life lost might be attributable to delays in cancer diagnosis alone because of the first COVID-  
233 19 lockdown in the UK, albeit the findings were based on single study. Delayed cancer screening was  
234 estimated to cause globally the following additional numbers of cancer deaths secondary to breast,  
235 esophageal, lung, and colorectal cancer, respectively: 54,112–65,756, 31,556–32,644, 86,214–95,195,  
236 and 143,081–155,238<sup>30</sup>. Tang et al. 2022<sup>44</sup> de Bock et al. 2022<sup>47</sup> found no deterioration in the surgical  
237 outcomes of all types of cancer or colorectal cancer surgery: also no reduction in the quality of cancer  
238 removal was observed. Similar findings were also reported by Pararas N et al. 2022<sup>40</sup>, despite the  
239 number of patients presenting with metastases during the pandemic was significantly increased.  
240 Thomson JD et al. 2020<sup>45</sup>, by exploring recommendations for hypofractionated radiation therapy,  
241 found that in general the recommendations during the pandemic were based on lower quality of  
242 evidence than the highest quality routinely used dose fractionation schedules.

243

## 244 **DISCUSSION**

245 The current umbrella review summarized and appraised systematically the evidence on the extent to  
246 which several aspects of cancer care were disrupted during the COVID-19 pandemic. The summary  
247 message provided by 51 systematic reviews is that there have been modifications, delays and  
248 cancellation of treatment, delays and cancellation in cancer screening and diagnosis, and patients with  
249 cancer may have experienced additional psychological, social, and financial distress. Nevertheless,  
250 appraisal of the impact of COVID-19 on cancer care is mainly based on limited and low-quality  
251 evidence, and that data mainly derive from high-income countries, with little understanding of  
252 consequences of COVID-19 on cancer care in low- and- middle income countries. In addition, limited



253 evidence exists on whether disruptions in cancer care during the pandemic had adverse impact in  
254 prognosis of patients with cancer and mortality.

255

256 Several guidelines were provided for cancer care during the pandemic, including recommendations on  
257 mitigation strategies to prevent SARS-CoV-2 infection and cancer treatment modalities. Nevertheless,  
258 most recommendations were based on expert opinions, and little quantitative evidence was provided  
259 to support them. This aspect was highlighted also in the systematic review by Thomson JD et al.  
260 2020<sup>45</sup>. The authors explored recommendations for hypofractionated radiation therapy before and  
261 during pandemic and found that during the pandemic there was a significant shift from established  
262 higher-quality evidence to lower-quality evidence and expert opinions for the recommended  
263 hypofractionated radiation schedules. Similar findings were reported also by Garg PK et al. 2020<sup>18</sup>,  
264 suggesting not only guidelines were based on low level of evidence, but also there was significant  
265 discordance for the role and timing of surgery, especially in early tumors.

266

267 Specific recommendations established from the guidelines such as prioritization of high-grade  
268 malignancy, as well as other aspects such as lockdowns, social restrictions, restructure of cancer care  
269 with prioritization of high-risk malignancies and use of telemedicine, fear of infection, financial  
270 distress and shortage in medications could explain the delays and cancellation in cancer treatment,  
271 screening and diagnosis reported in several studies. For example, Lignou S et al. 202<sup>35</sup> raised concerns  
272 that use of telehealth for people with cancer suggests a greater proportion of missed diagnoses. Most  
273 of examined systematic reviews reported a substantial reduction in treatment, screening, and diagnosis  
274 of several cancers during the pandemic, which was more pronounced for countries that implemented a  
275 lockdown. In addition, differences were observed by geographical area, suggesting that the impact on  
276 cancer treatment, screening and diagnosis could depend on mitigation strategies countries  
277 implemented as well as on country-specific health care organization and resources. For example,  
278 shortage of treatment and delays and interruptions to cancer therapies in general were more  
279 pronounced in low- and middle-income countries<sup>14</sup>. The findings on disruption of cancer treatment,  
280 screening and diagnosis are in line with findings reported for other chronic diseases, such as  
281 cardiovascular disease<sup>55</sup>, suggesting the adverse impact might not be cancer specific. Future research  
282 should explore and compare how different chronic diseases were impacted.

283 Evidence is limited on evaluating how disruption of cancer care during COVID-19 affected prognosis  
284 of patients with cancer. Limited evidence showed that the number of patients presenting with  
285 metastases during the pandemic was significantly increased, and emergency presentations and  
286 palliative surgeries were more frequent during the pandemic<sup>40</sup>. No deterioration in the surgical  
287 outcomes of colorectal cancer surgery including mortality or reduction in the quality of cancer

288 removal was observed<sup>40 44</sup>. A study<sup>56</sup> in UK estimated that 59,204–63,229 years of life lost might be  
289 attributable to delays in cancer diagnosis alone because of the first COVID-19 lockdown, but  
290 estimates were based on modelling. Several studies<sup>57 58</sup> have shown a decline in elective cancer such  
291 as colorectal cancer, despite findings showing that gastrointestinal cancer surgery during pandemic is  
292 safe with appropriate isolation measures and no delays should be implemented for both early and  
293 advanced cancer<sup>59</sup>. A recent meta-analysis<sup>60</sup> showed that delaying colorectal cancer longer than 4  
294 weeks could be associated with poorer outcomes.

295

296 Several studies and systematic reviews thereof have investigated the impact of the pandemic on  
297 psychological wellbeing, financial distress, and social isolation of patients with cancer, as well as the  
298 role of telemedicine in cancer care. While studies suggested depression, anxiety, post traumatic  
299 disorder, insomnia and fear of cancer progression being highly reported by cancer patients with  
300 estimates reaching beyond 50%, high heterogeneity was observed, and in general systemic analysis  
301 comparing the findings with pre-pandemic period rates was lacking. The pandemic was reported to  
302 have financial burden on cancer patients with direct and indirect costs. Social isolation was  
303 commonly reported and mainly driven by fear of infection, social distancing measures and lack of  
304 social interaction during treatment. Nevertheless, there was limited effort to quantify social isolation  
305 and economic impact on cancer care. Telemedicine and remote consultations were sharply increased  
306 in use for different aspects of cancer care, including treatment, screening, and rehabilitation.  
307 However, evidence is limited in evaluating and quantifying the positive and negative impact, as well  
308 as cost-effectiveness of telemedicine. While limited evidence suggested telemedicine reduced costs of  
309 cancer care for both patients and health care provider, there were concerns especially from patients  
310 that telemedicine could not have similar benefits to on-site consultations.

311

312 Our study has certain limitations. Although our search was based on recent recommendations on  
313 optimal databases needed to be searched for umbrella reviews<sup>61</sup>, we cannot rule out missing some  
314 other relevant systematic reviews. Most systematic reviews included in this umbrella review were  
315 based on intermediate and high risk of bias studies, and the findings were mainly based on case-series,  
316 cross-sectional and retrospective observational study designs which are prone to residual confounding  
317 and poor in determining temporal associations. Prevalence and incidence estimates are also subject to  
318 selection biases. In some instances, data were derived from one study or from studies with small  
319 sample sizes and limited number of events, leading to large uncertainty. Many studies did not include  
320 any pre-pandemic controls. Furthermore, some of the evidence overlapped among the systematic  
321 reviews that were included in this umbrella review, but this allows comparing notes on results and  
322 conclusions for the overlapping efforts. Some systematic reviews were published early (in 2020), and

323 thus they had even more limited evidence and the impact of the disruptions may have differed across  
324 different pandemic waves. Most findings were derived from high-income and/or western countries,  
325 limiting the generalizability of the findings to low- and middle-income countries. Lastly, concrete  
326 conclusions on intermediate, and long-term impact remain unclear. Finally, the suboptimal  
327 methodological rigor of many included reviews is notable.

328 In summary, evidence shows a diverse and substantial impact of the COVID-19 pandemic on cancer  
329 care, including delays in treatment, screening and diagnosis. Also, patients with cancer had been  
330 affected psychologically, socially, and financially during the COVID-19 crisis. However, large  
331 uncertainty and gaps exist in the literature on this topic. Most of the evidence on the topic is derived  
332 mainly from high and middle-income countries, and low-quality studies, and thus, future high-quality  
333 studies with larger geographical capture and properly performed, rigorous systematic reviews with  
334 careful meta-analyses will continue to have value in this field.

## 335 **MATERIALS and METHODS**

336 We performed an umbrella review following the recent published guideline<sup>62</sup>, and for reporting we  
337 adhered to the Preferred Reporting Items for Overviews of Reviews- PRIOR checklist<sup>63</sup>  
338 (**Supplementary File 1k**). The protocol has been registered with the Open Science Framework  
339 (<https://osf.io/qjg xv>)

340

### 341 **Search Strategy**

342 Literature search was performed in PubMed and WHO COVID-19 Database using the search strategy  
343 in **Supplementary File 1l**. No language restriction was applied. We searched for studies published  
344 until November 3<sup>rd</sup>, 2022; an update of the search was performed until November 29<sup>th</sup>, 2022.  
345 References cited in the final included studies for analysis were further screened to identify other  
346 relevant publications.

### 347 **Screening, Study selection and Eligibility criteria**

348 Retrieved items were first screened based on the title and abstract and potentially eligible references  
349 were then screened in full text. Screening was performed by two reviewers and in case of  
350 discrepancies, a final decision to include or exclude was settled with discussion. We included studies  
351 if they fulfilled all the following criteria: (i) were systematic reviews with or without meta-analysis  
352 or individual participant meta-analysis; (ii) included individuals diagnosed with any type of cancer  
353 and at any cancer stages (early to advanced), or individuals targeted for cancer screening; (iii)  
354 assessed the impact of the COVID-19 pandemic, and thus had data collected during the pandemic  
355 period (2020-2022) (the included studies may nevertheless have used also control pre-pandemic

356 periods in order to assess the magnitude of change during the pandemic); and assessed any of the  
357 following outcomes: delay/cancellation of treatment (overall, and per specific treatment);  
358 modification of treatment (overall, and per specific treatment); delayed/cancelled screening (overall  
359 and per specific type of screening); reduced diagnoses (overall and per specific diagnosis);  
360 psychological needs; ethical needs; social needs; financial burden and distress; social impact/  
361 isolation; psychological distress; use of telehealth/virtual visits and other aspects of cancer care such  
362 as impact of the COVID-19 pandemic on prognosis. In addition, irrespective of including patients  
363 with cancer, we included reviews that looked at impact of COVID-19 on uptake of HPV vaccination  
364 and tobacco use and cessation.

### 365 **Data extraction and Critical appraisal**

366 The data extraction was performed by one of the authors and the extracted data were further checked  
367 by two other authors; differences were settled by discussion. In case an eligible article included data  
368 from several diseases, when feasible, we extracted information only on cancer-related outcomes of  
369 our interest. First, we extracted general information from the eligible reviews, including information  
370 on authors, year of publication, type of studies considered (design), number of eligible studies,  
371 COVID-19 period covered (until when), whether it has considered studies with pre-pandemic controls  
372 (yes exclusively/yes for some/not at all), the outcomes examined and for which cancers each outcome  
373 was examined, and methods of analysis and heterogeneity (if provided). To provide the geographical  
374 breadth of the evidence, we extracted information on location(s) of the individual studies included in  
375 the eligible reviews; for example, retrieving information on countries and areas or whether the studies  
376 were done in multiple countries. Concerning the methodological rigor, for each systematic review we  
377 extracted information on whether the authors used any previously validated tool or any other set of  
378 extracted items to assess the methodological rigor of the included studies. If yes, we recorded the tool  
379 used and the main conclusions of the assessment were grouped in the broad categories: most studies  
380 were weak in methodological rigor, most studies were strong in methodological rigor, or mixed/  
381 intermediate pattern between the other two categories. Two reviewers assessed methodological rigor  
382 of the included systematic reviews using the AMSTAR-2 tool<sup>64</sup>; any discrepancies were settled with  
383 the help of a third reviewer. AMSTAR-2 is based on a 16 item or domain checklist, with seven of  
384 these items considered critical for the overall validity of a review. The domains considered critical  
385 are: (i) protocol registration before starting the review; (ii) adequate and comprehensive search of the  
386 literature; (iii) providing justification for the exclusion of individual studies; (iv) risk of bias  
387 assessment of the studies included in the review; (v) use of appropriate statistical methods in  
388 performing a meta-analysis; (vi) accounting for risk of bias when interpreting the results; (vii) and  
389 evaluation of the presence and impact of publication bias. Last, based on abstract and full text reading,  
390 we extracted information on main conclusions derived from each of the included reviews. When the

391 review included several disease areas, we extracted information on main findings of the included  
392 individual studies within the review that were relevant to cancer.

### 393 **Statistical analysis**

394 Due to high heterogeneity in the designs, study questions, outcomes, and metrics, a descriptive  
395 analysis was performed. We calculated the proportion of reviews that provided information on single  
396 countries and multiple countries. Median and interquartile range were calculated for some of the  
397 characteristics of the eligible reviews (e.g., number of databases searched). Separate tables were  
398 created for the methodological appraisal of the systematic reviews, the methodological appraisal of  
399 the studies in each systematic review, for the characteristics and subject matter information of each  
400 systematic review, and for the final conclusions of each systematic review. In addition, we created a  
401 separate table for reviews that implemented meta-analysis, providing the summary estimates, 95%  
402 confidence intervals and heterogeneity estimates. Limitations and areas of limited evidence were  
403 noted.

404

### 405 **Acknowledgement**

406 We would like to thank Beatrice Minder for helping with search strategy and Dr. Erand Llanaj  
407 (Department of Molecular Epidemiology, German Institute of Human Nutrition Potsdam-Rehbruecke,  
408 Nuthetal, Germany) for designing and illustrating the graphical abstract.

409 **Availability of data and materials:** All relevant data are included in the manuscript and  
410 supplemental material.

411 **Competing interests:** TM has found Epistudia, an online platform on evidence synthesis. All other  
412 authors have no disclosures to report.

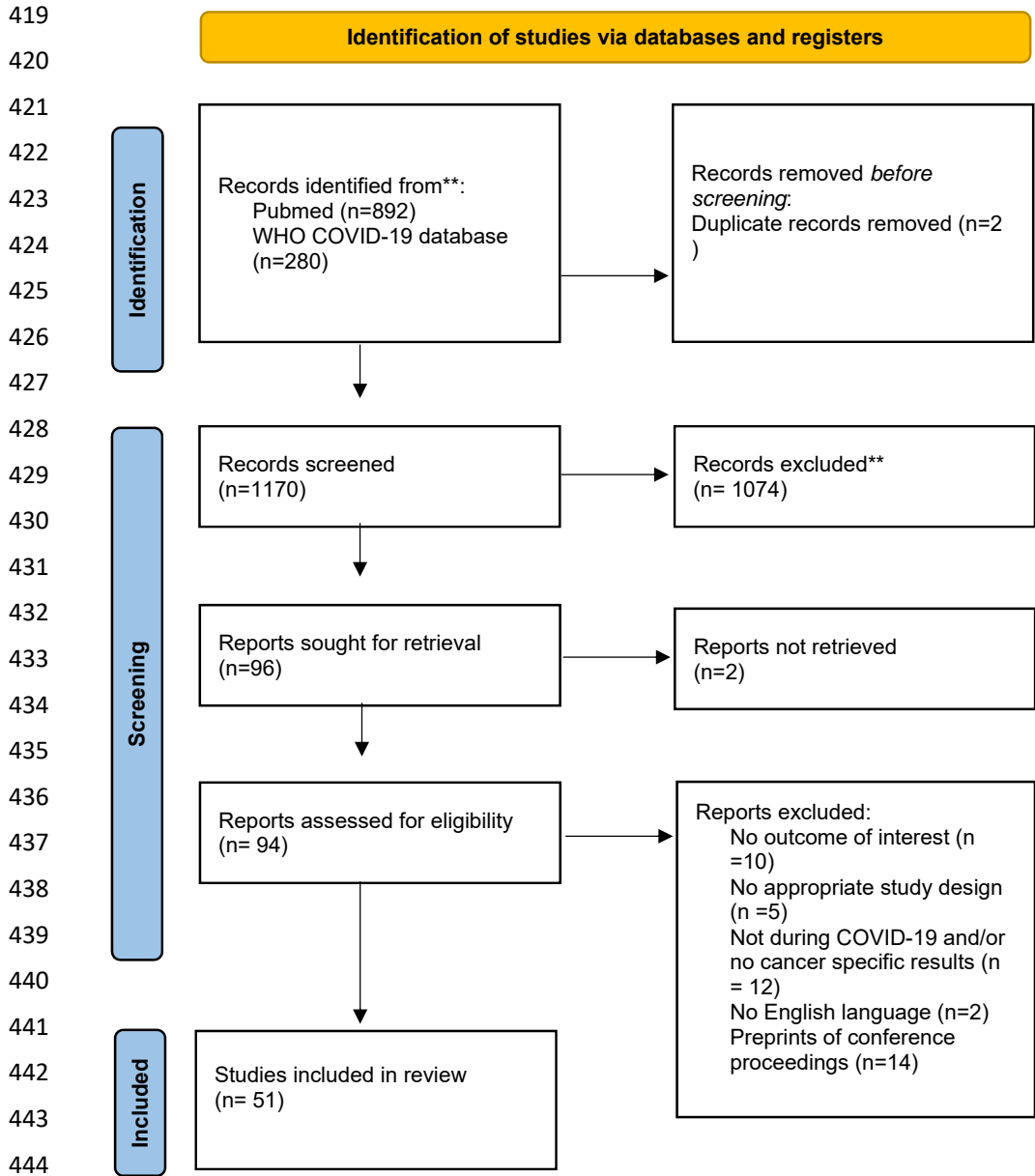
413 **Funding:** No funding was provided for this project

414 **Supplementary Files 1a-1L:** Table characteristics, main findings, PRISMA and search strategy

415 **Supplementary File 2:** Bibliographic databases used from each review (see excel file)

416

417 **Figure 1.** Flowchart of Identification, Screening, Eligibility, Inclusion, and Exclusion of Retrieved  
 418 Studies\*

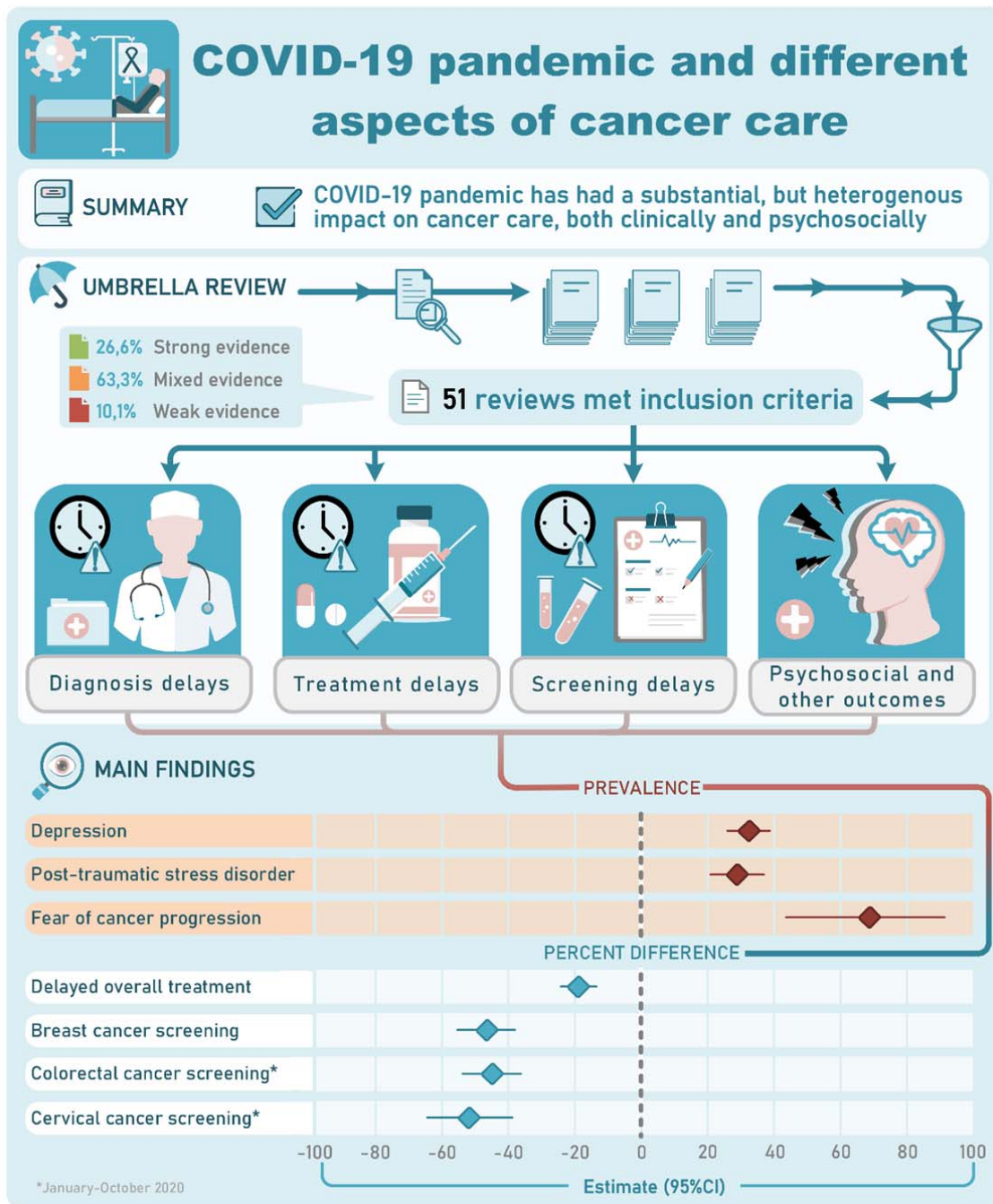


445 \*In the search, we did not include any language restriction filter. However, during full text screening  
 446 we included only studies that were in English.

447 \*\*WHO COVID-19 database does not allow to specify the search by both date and month, and the  
 448 search for this specific database is up to end-December 2022. Any full text (n=0) that was eligible and  
 449 published after November 29<sup>th</sup>, 2022, was excluded.

450

451 Figure 2. Visual summary



452  
453

454

455 **Table 1.** Characteristics of included systematic reviews

456

Author, year of publication	Meta-analysis	Number of included studies	Countries*	Pre-pandemic controls	Cancer types	Aspects assessed	Last search
Adham, 2022 <sup>15</sup>	No	5	Globally	No	H&N	MT, O	15-Jul-20
Alkatoul, 2021 <sup>30</sup>	No	16	Multiple countries, including US, TW, BE, NL, JP, IT, UK, AS, CA	Yes	ALL	DCS, RD	28-Dec-20
Alom, 2021 <sup>16</sup>	No	72	Multiple counties	No	All	MT, TL, O	1-Sep-20
Ayubi, 2021 <sup>17</sup>	Yes	34	Multiple counties	No	All	PSND, O	3-Jan-21
Azad. 2021 <sup>50</sup>	No	51	Multiple counties	No	Glioma	MT	End of 2020
Beterra et al. 2022	No	8	NP	No	ALL	TL	01-Apr-2021
Crosby, 2022 <sup>49</sup>	No	45	NP	No/NS	H&N	MT	08-Apr-2020
De Bock et al. 2022 <sup>47</sup>	Yes	24	Multiple counties	Yes	ALL, BC	Delayed and/or cancelled treatment Other aspects	21-Mar-2021
Dhada, 2021 <sup>2</sup>	No	19	Multiple counties, including IT, US, UK, NL	No	ALL	DCT, DCS, PSND, TL, FBD, SIA	1-Dec-20
Di Cosimo, 2022 <sup>31</sup>	Yes	56	Multiple counties	Yes	ALL	MT, DCT, TL, O	11-Dec-20
Donkor, 2021 <sup>8</sup>	No	11	Multiple counties, including CN, IR, BR, ZA	No	ALL	O	3-Aug-20
Fancellu, 2022 <sup>32</sup>	No	7	IT	Yes	CRC	DCS, RD	31-Jan-22



Ferrar, 2022 <sup>33</sup>	No		33 Multiple counties	Yes	CV	DCT, DCS, RD, RHPV	8-Feb-22
Gadsden, 2022 <sup>13</sup>	No		17 Multiple counties, including IN, SL, BA	Yes	ALL	DCT, O	15-Dec-21
Garg, 2020 <sup>18</sup>	No		212 Multiple counties	No	ALL	MT	2-May-20
Gascon, 2020 <sup>9</sup>	No		23 Multiple counties	No	H&N	MT, O	1-May-20
Hesary, 2022 <sup>34</sup>	No		22 Multiple counties, including IT, UK, PG, NL, CN, IN, JP, TU, IR, SN	Yes	GA	MT, DCS, RD, PSND	31-Dec-21
Hojaij, 2020 <sup>10</sup>	No		35 Multiple counties	No	H&N,OTO	MT, TL, O	31-Dec-20
Jammu, 2021 <sup>19</sup>	No		19 Multiple counties	No	ALL	DCT, PSND, FBD	27-Aug-20
Kirby, 2022 <sup>7</sup>	No		56 Multiple counties	No	ALL	PSND, FBD, SIA	31-Mar-21
Legge, 2022 <sup>11</sup>	No		18 Multiple counties	No	ALL	PSND, FBD, SIA	25-May-22
Lignou, 2022 <sup>35</sup>	No		32 Multiple counties	Yes	PC	DCT, RD, TL	1-Aug-21
Lu, 2021 <sup>20</sup>	No	41**	NP	No	ALL	TL	1-May-20
Majeed, 2021 <sup>14</sup>	No		60 Multiple counties	Yes, but NS	PC	DCT, RD, TL	3-Nov-21
Mayo, 2021 <sup>36</sup>	Yes		13 Multiple counties, including IT, AU, TW, US, FR, NL	Yes	ALL	DCT, DCS	10-Feb-21
Mazidimoradi, 2021 <sup>37</sup>	No		43 Multiple counties	Yes	CRC	MT, DCT, RD	1-Jun-21
Mazidimoradi, 2022 <sup>38</sup>	No		25 Multiple counties	Yes	CRC	DCS	1-Jun-21
Moemenimovahed, 2021 <sup>21</sup>	No		55 Multiple counties	No	ALL	PSND	30-Jun-21
Mostafaei, 2022 <sup>22</sup>	No		22 Multiple counties	No	ALL	TL	1-Jun-21

Moujaess, 2020 <sup>23</sup>	No	88	Multiple counties	No	ALL	DCT, O	15-Apr-20
Muls, 2022 <sup>24</sup>	No	51	Multiple counties	No	ALL	PSND	1-Oct-21
Murphy A, 2022 <sup>12</sup>	No	37	Multiple counties	No	ALL	TL	31-Mar-21
Ng, 2022 <sup>39</sup>	Yes	31	Multiple counties	Yes	BC	DCS, RD	1-Oct-20
Nikolopoulos, 2022 <sup>5</sup>	No	15	Multiple counties	Yes, but NS	GC	MT, DCT, RD, PSND	10-Feb-21
Pacheco, 2021 <sup>25</sup>	No	9	Multiple counties, including US, IT, CN, SP, UK, IR	No	ALL	DCT, O	NP
Pararas, 2022 <sup>40</sup>	Yes	10	Multiple counties	Yes	CRC	O	NP
Pascual et al. 2021 <sup>51</sup>	No	12	Multiple counties from Low- and Middle-income countries	Yes, but NS	Surgical Neuro-Oncology	MD, RD, TL, O	01-Sep-2021
Piras et al. 2022 <sup>52</sup>	No	281	Multiple counties	No	ALL	MT, DCT, SIA, PSND	31-Dec-2021
Riera, 2021 <sup>41</sup>	No	62	Multiple counties	Yes	ALL	DCT	NP
Rohilla, 2021 <sup>26</sup>	No	6	IN	No	ALL	PSND, O	3-Feb-21
Salehi, 2022 <sup>27</sup>	No	16	Multiple counties	No	ALL	TL	1-Apr-21
Sarich, 2021 <sup>42</sup>	Yes	44	Multiple counties	Yes	NA	RF	5-Nov-20
Sasidharanpillai, 2022 <sup>43</sup>	Yes	7	Multiple counties, including SL, IT, CA, SC, BE, US	Yes	CV	DCT, RD	1-Sep-21
Sun P, 2021 <sup>28</sup>	No	6	IT, AM, UK	No	BC	MT	1-Feb-21
Tang, 2022 <sup>44</sup>	Yes	14	TU, CN, UK, IT, DN, AS, AU	Yes	CRC	O	12-Jan-22
Teglia, 2022 <sup>3</sup>	Yes	39	Multiple counties	Yes	BC, CRC, CV	DCT, RD	12-Dec-21
Teglia, 2022 <sup>4</sup>	Yes	47	Multiple counties	Yes	ALL	DCT	12-Dec-21

Thomson, 2020 <sup>45</sup>	Yes	54	NP	Yes	ALL	O	1-Jun-21
Vigliar, 2020 <sup>46</sup>	Yes	41***	Multiple counties	Yes	ALL	DCS, RD	30-Apr-20
Zapala, 2022 <sup>29</sup>	No	160	NP	No	ALL	DCT, PSND, TL	NP
Zhang, 2022 <sup>6</sup>	Yes	40	Multiple counties	No	ALL	PSND	31-Jan-22

457

458 AM, America; BC, AS, Austria; AU, Australia; BA, Bangladesh; BC, breast cancer; BE, Belgium; BR, Brazil; CA, Canada; China; CRC, colorectal cancer; CV,  
459 cervical cancer; DN, Denmark; FR, France; GA, gastric cancer; GC, gynecological cancer; H&N, head and neck cancer; IN, India; IR, Iran; IT, Italy; JP, Japan;  
460 NA, not applicable; NL, Netherlands; NP, not provided; OTO, otorhinolaryngology cancer; PC, pediatric cancer; PG, Portugal; SC, Scotland; SL, Slovenia or Sri  
461 Lanka; SN, Singapore; SP, Spain; TU, Turkey; TW, Taiwan; UK, United Kingdom; United States; ZA, Zambia;

462 MT, modification of treatment; DCT, delayed and/or cancelled treatment; DCS, delayed and cancelled screening; RD, reduced diagnosis; RHPV, reduced  
463 uptake of HPV vaccination; TL, telemedicine; PSND, psychological needs/distress; FBD, Financial burden/ distress; SIA, social isolation; O, other aspects

464 \*Multiple countries refer to inclusion of studies for final analysis that used data from more than one country. If complete information on location from all  
465 primary studies were provided, then specific countries were listed.

466 \*\*apps; \*\*\*respondents

467

468 **Table 2:** Methodological rigor of included reviews

<b>Author</b>	<b>Checklist use</b>	<b>Methodological rigor conclusion category</b>	<b>GRADE</b>
Adham M et al. 2022	CEBM	Not provided	Not provided
Alkatoul et al. 2021	NOS	Strong evidence	Not provided
Alom S et al. 2021	NHLBI, NIH	Not provided	Not provided
Ayubi E et al. 2021	Not applied	Not provided	Not provided
Azad MA et al. 2021	Not applied	Not provided	Not provided
Beterra GMF et al. 2022	Not applied	Not provided	Not provided
Cosimo SD et al. 2022	CLARITY	Mixed/Intermediate	Not provided
Crosby DL et al. 2022	Not applied	Not provided	Not provided
De Bock E et al. 2022	ROBINS-I	Strong evidence	Not provided
Dhada S et al. 2021	CASP, NHLBI, NIH	Mixed/Intermediate	Not provided
Donkor et al.	JBI	Weak	Not provided
Fancellu A et al	Not applied	Not provided	Not provided
Ferrar P et al. 2022	NOS	Strong evidence	Not provided
Gadsden T et al. 2022	JBI, ROBINS-I	Mixed/Intermediate	Not provided
Garg PK et al. 2020	Not applied	Not provided	Not provided
Gascon L et al. 2020	Agree II	Mixed/Intermediate	Not provided
Hesary FB et al. 2022	NOS	Mixed/Intermediate	Not provided
Hojaij FC et al.2020	Not applied	Not provided	Not provided
Jammu As et al	Not applied	Not provided	Not provided
Kirby A et al. 2022	JBI, CHEC	Mixed/Intermediate	Not provided
Legge H et al. 2022	MMAT	Strong evidence	Not provided
Lignou S et al. 2022	Not applied	Not provided	Not provided
Lu DJ et al. 2021	MARS	Mixed/Intermediate	Not provided
Majeed A et al. 2021	Not applied	Not provided	Low to moderate certainty
Mayo M et al. 2021	NOS	Mixed/Intermediate	Moderate to high

Mazidimoradi A et al.2021	NOS	Mixed/Intermediate	Not provided
Mazidimoradi A et al.2022	NOS	Strong evidence	Not provided
Moemenimovahed Z et al. 2021	Not applied	Not provided	Not provided
Mostafaei A et al. 2022	JBI	Mixed/Intermediate	Not provided
Moujaess E et al. 2020	Not applied	Not provided	Not provided
Muls A et al. 2022	MMAT	Mixed/Intermediate	Not provided
Murphy A et al. 2022	JBI, CHEC	Mixed/Intermediate	Not provided
Ng JS et al. 2022	NOS	Mixed/Intermediate	Not provided
Nikolopoulos M et al. 2022	NOS	Mixed/Intermediate	Not provided
Pacheco RF et al. 2021	JBI, ROBINS-I	Weak	Not provided
Pararas N et al. 2022	NOS	Strong evidence	Not provided
Pascual JSG et al. 2021	Not applied	Not provided	Not provided
Piras A et al. 2022	Not applied	Not provided	Not provided
Riera R et al. 2021	ROBINS-I	Mixed/Intermediate	Not provided
Rohilla KK et al. 2021	Not applied	Not provided	Not provided
Salehi F et al. 2022	Not applied	Not provided	Not provided
Sarich P et al. 2021	ROBINS-I	Weak evidence	Not provided
Sasidharanpillai S et al. 2022	NHLBI, NIH	Strong evidence	Not provided
Sun P et al. 2021	Not applied	Not provided	Not provided
Tang G et al. 2022	NOS	Strong evidence	Not provided
Teglia F et al. 2022	CASP	Mixed/Intermediate	Not provided
Teglia F et al. 2022	CASP	Mixed/Intermediate	Not provided
Thomson JD et al. 2020	ASTRO	Mixed/Intermediate	Not provided
Vigliar E et al. 2020	Not applicable	Not provided	Not provided
Zapala J et al. 2022	Not applied	Not provided	Not provided
Zhang L et al. 2022	JBI	Mixed/Intermediate	Not provided

469 CEBM, Critical appraisal tool of qualitative studies from Centre of Evidence-based Medicine (CEBM), University of Oxford; ASTRO, The American Society  
470 of Radiation Oncology; CASP, <https://casp-uk.net/casp-tools-checklists/>; CHEC, Consensus on Health Economic Criteria: CLARITY, “Risk of bias

471 instrument for cross-sectional surveys of attitudes and practices” from the CLARITY Group at McMaster University”; JBI, Joanna Briggs Institute; MARS,  
472 Mobile Apps Rating Scale; MMAT, Mixed Methods Appraisal Tool; NHLBI, NHI, National Institute of Health Checklist; NOS, Newcastle-Ottawa Quality  
473 Assessment; RBC, Risk of Bias Checklist for Prevalence Studies by Hoy Damian et al. 2012

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475

476 **Table 3.** Methodological assessment of the included reviews- AMSTAR 2 evaluation (16 questions)\*

Authors, year of publication	q1	q2	q3	q4	q5	q6	q7	q8	q9**	q10	q11	q12	q13	q14	q15	q16	Overall Assessment
Adham M et al. 2022	n	n	n	py	n	n	n	n	y	n	na	na	na	n	na	n	Critical low
Alkatouli et al. 2021	n	py	y	py	n	n	n	py	y	n	na	na	n	n	na	y	Critical Low
Alom S et al., 2021	n	n	n	py	n	y	n	py	y	n	na	na	y	n	na	y	Critical Low
Ayubi E et al. 2021	y	n	n	py	n	n	n	y	n	n	y	n	n	n	y	y	Critical low
Azad MA et al., 2021	n	n	n	py	y	y	n	y	py	n	y	n	n	n	y	y	Critical low
Beterra GMF et al., 2021	y	n	n	n	n	n	n	y	n	n	na	na	n	n	na	y	Critical low
Crosby DL et al., 2020	n	n	n	n	n	n	n	n	n	n	na	na	na	n	na	y	Critical low
de Bock E et al., 2022	y	n	y	py	y	y	n	y	y	n	y	n	n	y	n	y	Critical low
Dhada S et al. 2021	n	py	n	py	n	n	n	y	y	n	na	na	n	n	na	y	Critical Low
Di Cosimo et al. 2022	n	n	n	py	y	n	n	y	y	n	y	y	y	y	y	y	Critical low
Donkor et al. 2021	n	n	n	py	y	y	n	y	y	n	na	na	na	n	na	y	Critical low
Fancellu A et al. 2022	y	n	n	n	n	n	n	n	n	n	na	na	n	n	n	n	Critical low
Ferrara P et al. 2022	n	py	n	py	y	y	n	n	y	n	na	na	y	n	na	y	Low
Gadsden T et al. 2022	y	py	n	py	y	n	n	y	y	n	na	na	y	n	na	y	Low
Garg PK et al. 2020	n	n	n	py	y	y	n	n	n	n	na	na	n	y	na	y	Critical low
Gascon L et al. 2020	y	y	n	y	y	y	n	na	y	y	na	na	na	n	na	y	Low
Hesary FB et al. 2022	n	py	n	py	n	n	n	n	y	n	na	na	n	n	na	y	Critical Low
Hojaj FC et al. 2020	n	n	n	n	n	n	n	n	n	n	na	na	na	n	na	y	Critical low

Jammu AS et al. 2021	n	n	n	py	y	y	n	n	n	n	na	na	n	n	na	y	Critical low
Kirby A et al. 2022	y	py	n	y	n	y	n	py	y	n	na	na	n	n	na	y	Critical Low
Legge H et al. 2022	y	py	y	py	y	y	n	y	y	n	na	na	n	n	na	y	Critical Low
Lignou S et al. 2022	y	n	n	n	y	y	n	y	n	n	na	na	n	n	na	y	Critical low
Lu DJ et al. 2021	y	n	na	py	n	n	n	y	na	n	na	na	na	n	na	y	Critical Low
Majeed A et al. 2022	n	y	n	py	n	y	n	n	py	n	na	na	n	n	na	y	Critical Low
Mayo M et al. 2021	n	y	n	py	y	y	n	n	py	n	n	y	y	n	n	y	Critical low
Mazidimoradi A et al. 2022	n	py	n	py	n	n	n	py	y	n	na	na	n	n	na	y	Critical Low
Mazidimoradi A et al.2021	n	py	n	py	n	n	n	y	y	n	na	na	n	n	na	y	Critical Low
Momenimovahed Z et al. 2021	n	n	n	py	n	n	n	n	n	n	na	na	n	n	na	y	Critical low
Mostafaei A et al. 2022	n	py	n	n	n	n	y	py	y	n	na	na	n	n	na	y	Critical low
Muls A et al. 2022	y	py	y	py	n	y	n	y	y	n	na	na	n	n	na	y	Critical Low
Murphy A et al. 2022	n	n	n	y	n	n	n	y	y	n	na	na	n	n	na	y	Critical low
Ng JS et al. 2022	n	py	n	py	n	n	n	py	y	n	y	n	y	y	y	y	Low
Nikolopoulos M et al. 2022	n	py	n	py	n	n	n	n	y	n	na	na	n	n	na	y	Critical Low
Pacheco RF et al. 2021	y	y	y	py	y	y	y	py	y	y	na	na	y	n	na	y	High quality
Pararas N et al. 2022	n	y	n	y	y	n	n	n	y	n	n	n	n	y	y	y	Critical low
Pascual JSG et al., 2022	y	n	y	py	y	y	n	y	n	n	na	na	n	y	na	n	Critical low
Piras A et al., 2025	n	n	n	py	n	n	n	py	n	n	na	na	n	n	na	y	Critical low
Riera R et al. 2021	n	py	y	py	y	y	y	y	y	y	na	na	n	y	na	y	Moderate quality



Rohilla KK et al. 2021	n	n	n	py	n	y	n	n	n	n	na	na	n	n	na	y	Critical low
Salehi F et al. 2022	n	n	n	py	y	n	n	n	n	n	na	na	n	n	na	y	Critical low
Sarich P et al. 2022	y	y	y	py	y	y	n	y	y	n	y	y	n	y	n	y	Critical low
Sasidharanpillai et al. 2022	n	py	n	py	n	n	n	y	y	n	y	y	y	y	y	y	Low
Sun P et al. 2021	n	n	n	py	n	n	n	n	n	n	na	na	na	n	na	n	Critical low
Tang G et al. 2022	y	n	n	n	n	n	n	n	y	py	n	n	n	y	n	y	Critical low
Teglia F et al. 2022	y	py	y	py	y	y	n	n	y	n	n	n	n	n	y	y	Critical low
Teglia F et al. 2022	y	py	y	py	y	y	n	py	y	n	n	n	n	y	n	y	Critical low
Thomson JD et al. 2020	n	n	n	n	n	n	n	n	y	n	y	n	n	n	na	y	Critical low
Vigliar E et al., 2020**	na	na	na	na	na	na	na	na	na	na	na	na	na	na	na	na	NA
Zapala J et al. 2022	n	n	n	n	n	n	n	n	n	n	na	na	n	n	na	y	Critical low
Zhang L et al. 2022	y	y	y	py	n	y	n	py	y	n	y	y	y	y	y	y	Low

477 n, no; NA, not applicable; py, partially yes; y, yes

478 \*The review scored yes if study used a checklist to evaluate methodological rigor, and partial yes if only GRADE assessment was provided without applying  
479 a checklist for assessing methodological rigor. \*Individual participant meta-analysis and thus not applicable the AMSTAR evaluation

480 AMSTAR-2 overall assessment rating: high—the review provides an accurate and comprehensive summary of the results of the available studies that  
481 addresses the question of interest; moderate—the review has more than one weakness, but no critical flaws. It may provide an accurate summary of the results  
482 of the available studies; low—the review has a critical flaw and may not provide an accurate and comprehensive summary of the available studies that address  
483 the question of interest; or critically low—the review has more than one critical flaw and should not be relied on to provide an accurate and comprehensive  
484 summary of the available studies

485 Q1; Did the research questions and inclusion criteria for the review include the components of PICO?

486 Q2; Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report  
487 justify any significant deviations from the protocol?

- 488 Q3; Did the review authors explain their selection of the study designs for inclusion in the review?
- 489 Q4; Did the review authors use a comprehensive literature search strategy?
- 490 Q5; Did the review authors perform study selection in duplicate?
- 491 Q6; Did the review authors perform data extraction in duplicate?
- 492 Q7; Did the review authors provide a list of excluded studies and justify the exclusions?
- 493 Q8; Did the review authors describe the included studies in adequate detail?
- 494 Q9; Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?
- 495 Q10; Did the review authors report on the sources of funding for the studies included in the review?
- 496 Q11; If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?
- 497 Q12; If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or  
498 other evidence synthesis?
- 499 Q13; Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?
- 500 Q14; Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?
- 501 Q15; If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its  
502 likely impact on the results of the review?
- 503 Q16; Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

Author	No. of studies	Outcome	Estimate	LCI	UCI	I <sup>2</sup>	P-heterogeneity	Metric
Ayubi et al. 2021	15	Depression	0.37	0.27	0.47	99	<0.001	Prev*
	17	Anxiety	0.38	0.31	0.46	99	<0.001	Prev*
	4	Anxiety	0.25	0.08	0.42	68	0.02	SMD*
Zhang et al.2022	28	Depression	0.325	0.263	0.392	99	<0.001	Prev*
	34	Anxiety	0.313	0.254	0.375	99	<0.001	Prev*
	8	PTSD	0.288	0.207	0.368	99	<0.001	Prev*
	5	Distress	0.539	0.469	0.609	67	0.016	Prev*
	5	Insomnia	0.232	0.171	0.293	91	<0.001	Prev*
	3	Fear of cancer progression	0.674	0.437	0.91	93	<0.001	Prev*
Cosimo et al. 2022	28	Cancellation/delay of treatment	0.58	0.48	0.67	98	<0.01	Prop* <sup>a</sup>
	14	Modification of treatment	0.65	0.53	0.75	98	<0.01	Prop* <sup>a</sup>
	10	Delay of clinic visits	0.75	0.49	0.95	99	<0.01	Prop* <sup>a</sup>
	14	Reduction in activity	0.58	0.47	0.68	93	<0.01	Prop* <sup>a</sup>
	25	Use of remote consultation	0.72	0.59	0.84	99	<0.01	Prop* <sup>a</sup>
	7	Routine use of PPE (patients)	0.81	0.75	0.95	96	<0.01	Prop* <sup>a</sup>
	16	Routine use of PPE (workers)	0.8	0.61	0.94	99	<0.01	Prop* <sup>a</sup>

	18	Routine screening SARA-CoV-2 swab	0.41	0.3	0.53	96	<0.01	Prop* <sup>a</sup>
	5	≥T2 stage during the COVID-19 pandemic compared to the pre-pandemic control group	1.00	0.72	1.38	58	0.05	OR**
	4	≥T3 stage during the COVID-19 pandemic compared to the pre-pandemic control group	0.95	0.69	1.32	39	0.18	OR**
De Beck et al. 2022	5	≥N1 stage during the COVID-19 pandemic compared to the pre-pandemic control group	1.55	0.87	2.74	3	0.39	OR**
Mayo et al. 2021	6	Screening breast cancer	0.63	0.53	0.77	10 0	<0.001	IRR**
	5	Screening conlonc cancer	0.11	0.05	0.24	10 0	<0.001	IRR**
	3	Screening cervical cancer	0.1	0.04	0.24	10 0	<0.001	IRR**
Ng et al. 2022	3	Screening breast cancer rigistry-based study	0.59	0.46	0.7	10 0	<0.001	RR**
	10	Screening breast cancer non rigistry-based study	0.47	0.38	0.58	10 0	<0.001	RR**
	4	Diagnosis breast cancer registry-based study	0.82	0.63	1.06	99	<0.001	RR**
	18	Diagnosis breast cancer non-registry-based study	0.71	0.63	0.8	92	<0.001	RR**
Praras et al. 2022	5	Tis-T1 stage	1.14	0.87	1.48	41	0.15	OR**
	5	T2 stage	0.91	0.78	1.06	0	0.6	OR**
	5	T3 stage	1.18	0.82	1.7	88	<0.001	OR**
	6	T4 stage	1.19	0.79	1.8	80	<0.001	OR**
	6	N+ stage	1	0.89	1.11	0	0.54	OR**
	6	M+ stage	1.65	1.02	2.67	91	<0.001	OR**
	7	Right-sided tumors	0.88	0.51	1.52	99	<0.001	OR**
	7	Left-sided tumors	0.91	0.56	1.5	96	<0.001	OR**

	8	Rectal tumors	0.93	0.63	1.37	95	<0.001	OR**	
	3	Emergency presentations	1.74	1.07	2.84	95	<0.001	OR**	
	3	Complicated tumor	1.72	0.78	3.78	82	0.004	OR**	
	3	Neoadjuvant therapy	1.22	1.09	1.37	0	0.4	OR**	
	4	Palliative internt surgery	1.95	1.13	3.36	54	0.09	OR**	
	6	Minimally invasive surgery	0.68	0.37	1.24	98	<0.001	OR**	
	5	Stoma formation	0.91	0.51	1.62	94	<0.001	OR**	
	2	Morbidity	0.92	0.55	1.55	25	0.25	OR**	
	3	Leng of hospital stay	0.51	-0.93	1.94	79	0.008	WMD**	
	3	Lymph node harvest	1.57	-1.99	5.13	64	0.06	WMD**	
Sarich et al. 2022	12	Smoking prevalence	0.87	0.79	0.97	99	<0.001	PR**	
	17	Among smokers, smoking less prevalence	0.21	0.14	0.3	99	<0.001	Prev*	
	22	Among smokers, smoking more	0.27	0.22	0.32	98	<0.001	Prev*	
	17	Among smokers, smoking unchanged	0.5	0.41	0.58	99	<0.001	Prev*	
	6	Among smokers, quit smoking	0.04	0.01	0.09	95	<0.001	Prev*	
	4	Among non-smokers, started smoking	0.02	0.01	0.03	92	<0.001	Prev*	
Sasidharanpillai et al. 2022	7	Women screened before the COVID-19 pandemic	0.0979	0.06	0.13	10	<0.001	Prop	
	7	Women screened during the COVID-19 pandemic	0.0424	0.02	0.05	10	<0.001	Prop	
Tang et al. 2022	10	Postoperative morbidity	0.9	0.8	1.01	26	0.22	OR**	
	8	Postoperative mortality	1.27	0.92	1.75	0	0.57	OR**	
	4	Converion rate	1.07	0.75	1.52	31	0.23	OR**	
	5	Incidence of anastomotic leakage	0.71	0.07	19.2	2	0	0.74	OR**

	2	Intensive care unit demand rate	0.73	0.29	1.85	0		0.5	OR**
	4	R1 resections rate	0.46	0.11	1.9	0		0.48	OR**
	5	Mean lymph node yield	0.16	-2.26	2.59	54		0.07	MD**
	7	Length of hospital stay	-0.05	-2.28	2.19	98	<0.001		MD**
Teglia et al. 2022	21	Breast cancer screening January-October 2020	0.467	0.37 8	0.37 8	N P	NP		PRED **
	21	Breast cancer screening April 2020	0.74	0.56 7	0.91 8	N P	NP		PRED **
	21	Breast cancer screening June-October 2020	0.13	-0.07	0.33	N P	NP		PRED **
	22	Colorectal cancer screening January-October 2020	0.449	0.36 1	0.53 8	N P	NP		PRED **
	21	Colonoscopy screening January-October 2020	0.525	0.38 8	0.66 3	N P	NP		PRED **
	21	Fecal occult blood test or fecal immunochemical test January-October 2020	0.378	0.25 8	0.49 9	N P	NP		PRED **
	21	Colorectal cancer screening April 2020	0.693	0.36 9		N P	NP		PRED **
	21	Colorectal cancer screening June-October 2020	0.234	0.02 4	0.44 4	N P	NP		PRED **
	11	Cervical cancer screening January-October 2020	0.518	0.38 9	0.64 7	N P	NP		PRED **
	21	Cervical cancer screening March 2020	0.788	0.58 3	0.99 3	N P	NP		PRED **
									PRED **
Teglia et al. 2022	NP	Overall treatment January-October 2020	0.187	0.13 3	0.24 1	N P	NP		PRED **
	NP	Overall treatment January-February 2020	0.027	0.04 5	0.1	N P	NP		PRED **
	NP	Overall treatment March 2020	0.156	0.07 6	0.23 7	N P	NP		PRED **

	NP	Overall treatment April 2020	0.283	0.19 4	0.37 2	N P	NP	PRED **
	NP	Overall treatment May 2020	0.262	0.17 6	0.04 1	N P	NP	PRED **
	NP	Overall treatment June-October 2020	0.16	0.04 1	0.27 9	N P	NP	PRED **
	NP	Overall surgical treatment January-October 2020	0.339	0.27 9	0.39 9	N P	NP	PRED **
	NP	Overall surgical treatment January-February 2020	0.072	- 0.09 3	0.23 8	N P	NP	PRED **
	NP	Overall surgical treatment March 2020	0.307	0.21 9	0.39 6	N P	NP	PRED **
	NP	Overall surgical treatment April 2020	0.342	0.23 9	0.44 5	N P	NP	PRED **
	NP	Overall surgical treatment May 2020	0.416	0.31 8	0.51 4	N P	NP	PRED **
	NP	Overall surgical treatment June-October 2020	0.351	0.18 6	0.51 6	N P	NP	PRED **
	NP	Overall medical treatment January-October 2020	0.126	0.04 8	0.20 4	N P	NP	PRED **
	NP	Overall medical treatment January-February 2020	0.015	- 0.05 5	0.08 4	N P	NP	PRED **
	NP	Overall medical treatment March 2020	0.116	- 0.01 2	0.23 3	N P	NP	PRED **
	NP	Overall medical treatment April 2020	0.248	0.09	0.40 7	N P	NP	PRED **
	NP	Overall medical treatment May 2020	0.196	0.08 5	0.30 6	N P	NP	PRED **
	NP	Overall medical treatment June-October 2020	0.079	- 0.07 8	0.23 6	N P	NP	PRED **

									PRED**
Vigliar et al. 2020	41	Cytological samples over 4 weeks of the COVID-19 pandemic	0.453	0.00 1	0.98	P	N	NP	PRED**
	41	Ratio of exfoliative to fine needle aspiration samples	0.89	0.74	1.08	95		<0.01	OR**
	27	Malignant diagnosis	0.0556	0.03 77	0.07	35	81	<0.01	RD**

506 LCI, lower confidence interval; IRR, incidence rate ratio; MD, mean difference; OR, odds ratio; PRED, percent reduction; PR, prevalence ratio; Prev,  
507 prevalence: Prop, proportion; RD, risk difference; RR, rate ratio; PPE, personal protective equipment; NP, not provided; UCI, upper confidence interval;  
508 SMD, standardized mean difference; WMD, weighted mean difference  
509 <sup>a</sup>, surveyed centers/operators; \*, estimates are during pandemic; \*\*. estimates are pandemic vs. pre-pandemic

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