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1 **Use of a Plasma Focus Device to study pulsed X-rays effects on Peripheral Blood**
2 **Lymphocytes: Analysis of Chromosome Aberrations**

3
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19 **ABSTRACT**

20 X-ray pulses (Full Width at Half Maximum ~ 90 ns, dose rate $\sim 10^7$ Gy \cdot sec $^{-1}$) were used
21 to irradiate a monolayer of peripheral blood mononucleated cells (PBMCs) using the PF-
22 2kJ kilojoule plasma focus device. Four different exposure conditions were evaluated
23 using 5, 10, 20, and 40 pulses, with the mean dose measured by TLD-100 being 0.12
24 ± 0.02 mGy, 0.14 ± 0.03 mGy, 0.22 ± 0.06 mGy, and 0.47 ± 0.09 mGy, respectively.
25 Cytogenetic analysis showed an increase in all types of chromosomal aberrations
26 following exposure to X-ray pulses.

27 The distribution of dicentrics and centric rings was overdispersed after 5, 10, 20 and 40
28 pulses. Additionally, after 20 and 40 pulses the presence of tricentric chromosomes is
29 detected. Chromosome aberration frequencies found in this study were always higher than
30 the estimated frequencies of chromosome aberrations using published dose effect curves
31 for conventional radiation sources. The overdispersion observed, the elevated Maximum
32 Relative Biological Effectiveness, RBEM, and the presence of tricentric chromosomes at
33 the relatively low doses of exposure (< 0.5 Gy) seems to indicate that low doses of pulsed
34 X-rays of low energy show similar biological effects as those observed for high-LET
35 radiation. X-rays pulses emitted by PF- 2kJ were found more efficient in inducing
36 chromosome aberrations, even more than α particles.

37

38

39 **Keywords:** Chromosome aberrations, pulsed X-rays, peripheral blood lymphocytes, low
40 dose, plasma focus device

41

42 **1. Introduction**

43
44 The development and use of pulsed radiation sources in different fields of science and
45 industry [1-2], make it necessary to know and characterize the effects of these radiations
46 on different types of matters. The evaluation of their biological effect is of relevance for
47 their possible applications in radiotherapy treatments, and for radiological protection
48 measures.

49 Several studies showed that the ultra-high dose-rate (UHDR) pulsed (Full Width at Half
50 Maximum, FWHM of tens of nanoseconds, $\sim 10^9 \text{ Gy}\cdot\text{s}^{-1}$) irradiations of high energies (\sim
51 MeV) effects on biological samples are not so different from continuous-conventional
52 (CONV) irradiation effects [3-5]. Recently, pulsed X-ray emitted from a kilojoule plasma
53 focus device, PF-2kJ (FWHM of about 90 ns, $10^7 \text{ Gy}\cdot\text{s}^{-1}$, low energy 8-10 keV), has been
54 applied to irradiate several cancer cell lines and the obtained results showed a higher cell
55 death in comparison to conventional X-ray source irradiation at the same doses [6]. In
56 other studies, using plasma focus devices, the higher effects of pulsed X-rays irradiation
57 on cancer cells have been reported [7-9]. The above mentioned research demand to
58 continue the study in order to understand the difference on the biological effect between
59 pulsed and conventional (continuous) radiation, analyzing different biological endpoints
60 (cell survival, mutations and chromosome aberrations) and/or cell lines (tumor cell, stem
61 cells, blood cells). To do so in the present work, a kilojoule plasma focus device, PF-2kJ,
62 was used to irradiate blood lymphocyte samples. The chromosome aberrations from
63 peripheral blood lymphocytes were analyzed, this cytogenetic biomarker is widely used
64 in radiobiology and radioprotection for conventional radiation sources. Since a plasma
65 focus device is used in the present work, in the following a brief of radiation emission
66 from plasma focus devices is presented.

67 Plasma focus devices produce pulsed plasma and radiation pulses using transient
68 electrical discharges. Various types of pulsed radiation are emitted from the plasma focus
69 devices (~10-100 ns); low (~ 5-15 keV) and high-energy (> hundreds of keV X-rays) [10-
70 15], neutrons (~ MeV) [11, 16-19], ions [11, 20-23], relativistic electrons [24], and ultra-
71 high frequency (UHF) electromagnetic radiation [25-27]. Various schemes have been
72 proposed to improve the performance of plasma focus devices concerning radiation
73 emission [28-30]. Different electrode geometries; oval-shaped anode, conical top anode,
74 and stepped anode have been tested and it was found that the conical top anode had a
75 better performance [29-30]. The present work uses a conical top anode to get the
76 maximum X-ray emission using hydrogen as the working gas that only produces X-rays.
77 Among other effects induced by ionizing radiation (IR), like X-rays, the double-strand
78 breaks in the DNA molecule are the most important. Consequences of these lesions are
79 mutations and chromosome aberrations due to unrepaired or misrepaired during the cellular
80 cycle division [31]. Dicentric chromosomes are formed by the misjoining of two broken
81 chromosomes that carry the centromeric region of each chromosome; the formation of
82 centric rings results from the erroneous joining of a chromosome that breaks into two
83 arms, joining itself. In either of these cases the remaining acentric chromosome fragments
84 also join, forming what is known as an acentric fragment [32]. These chromosome
85 aberrations (CA) are almost exclusively induced by IR [33]. The CA frequency is also
86 commonly used as a cytogenetic biomarker of dose exposure [34]. The analysis of this
87 biomarker in peripheral blood lymphocytes (PBL) is considered a robust and “gold
88 standard” biological dosimetry method and an important tool in the area of radiation
89 protection [35-36]. Dicentric chromosomes and centric rings are the most reliable and
90 repeatable method for comparing biological response for a wide range of doses and
91 qualities of ionizing radiation [37].

92 The Relative Biological Effectiveness (RBE) is the ratio of the absorbed doses of two
93 types of radiation that produce the same specified effect, and the Maximum Relative
94 Biological Effectiveness (RBE_M) is the ratio of linear coefficients (α coefficient) of the
95 dose–response curves for the radiation of interest and a reference radiation [38]. The
96 RBE_M using chromosome aberrations as cytogenetic endpoint in PBL after IR exposure
97 has been studied for different radiation qualities [37, 39-41]. High linear energy-transfer
98 (high-LET) irradiations, such as neutrons and α -particles, have greater biological
99 effectiveness than low linear energy-transfer (low-LET), like X-rays or γ -rays. However,
100 low-energy X-rays are more biologically effective, per unit absorbed dose, than high-
101 energy X-rays or γ -rays due to the production of lower energy secondary electrons [37,
102 40, 42-43]. RBE_M values have not been reported for low-dose, ultra-high dose rate and
103 low-energy pulsed X-rays. Thus, in the present work a kilojoule plasma focus device, PF-
104 2kJ, is adapted as an ultra-high dose rate pulsed low-energy X-rays source (8-10 keV,
105 FWHM ~ 90 ns, 10^7 Gy \cdot s⁻¹), to evaluate the biological effectiveness using chromosome
106 aberrations as cytogenetic biomarker in peripheral blood lymphocytes (PBL).

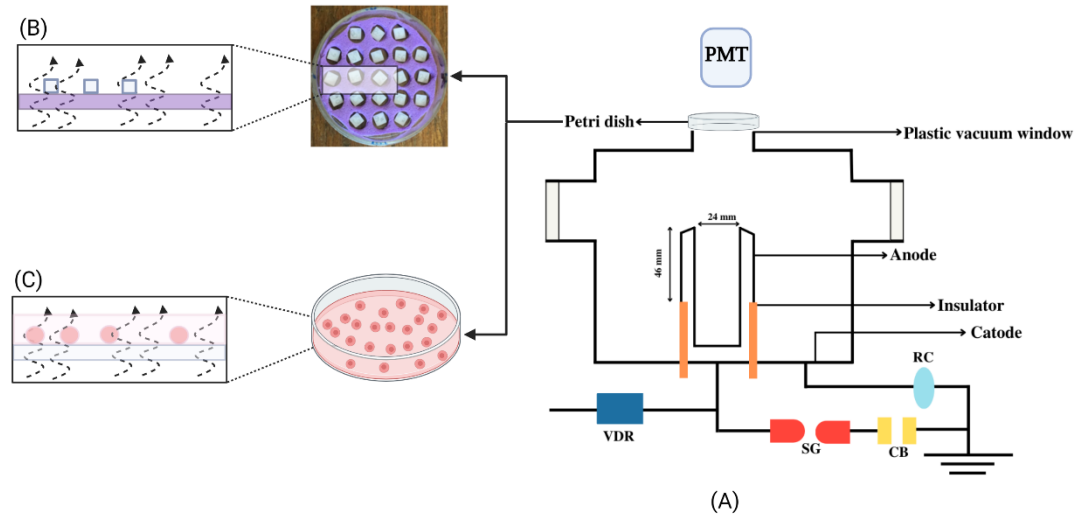
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108 **2. Methods**

109 **2.1. Experimental Setup.**

110 A schematic of the kilojoule plasma focus device, PF-2kJ [23], for dose measurement and
111 lymphocyte irradiation is shown in Figure 1. PF-2kJ (Figure 1-A) consists of a central
112 electrode, anode, partially covered by an alumina insulator. The conical anode top
113 geometry was proposed to have better pinching action in a PF device with ~ 2 kJ energy
114 [29], thus being used in the present work. Normally, the PF devices consist of a coaxial
115 electrode geometry in which cathode bars symmetrically surround the central anode,
116 unlike the present work. High X-ray emission is reported for the same device and others

117 without cathode bars [30,44]. The external diameter of the anode was ~ 24 mm and the
118 effective length was ~ 46 mm. Electrical parameter of the PF-2kJ can be found in Jain et
119 al. 2019 [23]. A photomultiplier tube, PMT, model Photonis XP2262B (Photonis Imaging
120 sensors, USA) in combination with the scintillator BC-408 (Saint Gobain, USA) was
121 mounted at a distance of ~ 82 cm in the axial direction to monitored the presence of X-
122 ray as reference tool. A lead piece was kept at the bottom of the anode to increase the X-
123 ray emission [7]. An array of 21 TLD-100 thermoluminescent dosimeters (RadPro,
124 Wermelskirchen, Germany) was arranged in a petri dish (Figure 1-B) and kept over the
125 plastic vacuum window at a distance of ~ 5.5 cm from the anode top. These dosimeters
126 show linearity in the energy range keV to MeV [45-47].
127 Plasma focus devices emit a large amount of X-ray in the low energy range [48]. The
128 estimated average X-ray energies (low-energy zone) emitted from the PF-2kJ are about
129 8-10 keV. Such estimations were based on the dosimetric measurements and HVL values
130 [49]. Because of this, a high-density plastic vacuum window was used so that maximum
131 X-ray transmission can take place [7].



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Figure 1. Experimental setup. (A) Schematic of the kilojoule plasma focus device, PF-2kJ, **PMT**: photomultiplier tube; **VDR**: resistive voltage divider, **SG**: Spark-Gap, **RC**: Rogowski coil, **CB**: capacitor bank (B) arrangement of TLD-100 dosimeters, and (C) arrangement for cell irradiation.

137
138

139 *2.2. Isolation of Peripheral Blood Mononucleated Cells.*

140 Peripheral blood samples from a 50-years-old male with no ionizing radiation or
141 clastogenic exposure history were collected in heparinized tubes. Previous informed
142 consent was obtained. The same blood donor has been used in all irradiation conditions,
143 so that the influence of interindividual variations is eliminated.

144 Because of the attenuation of photon energies (8-10 keV) of this plasma focus device,
145 irradiation assays were performed using a monolayer of human peripheral lymphocytes.
146 For this, peripheral blood mononucleated cells (PBMCs) were separated using the density
147 gradient method by Histopaque® 1077 (Sigma-Aldrich Company Ltd., Gillingham,
148 United Kingdom). Three milliliters of heparinized blood were mixed 1:1 in RPMI-1640

149 (supplemented with L-glutamine and 25 mM HEPES; Gibco, Grand Island, New York,
150 USA), gently deposited onto 3 mL of Histopaque-1077 and centrifuged at 400 ×g for 30
151 min at room temperature. After aspirating the upper layer, the opaque interface containing
152 PBMCs was collected into a clean 15 mL conical tube (Corning Inc., New York, USA).
153 Cells were washed using 10 mL of RPMI-1640 medium, after centrifuging at 700 ×g for
154 15 min, the supernatant was discarded and cells were resuspended on 2 mL of RPMI-
155 1640. Using a dilution of 1:10 of this cell solution, concentration was calculated by
156 Neubauer chamber (Brand, Wertheim, Germany). PBMCs were diluted considering the
157 maximum cell concentration to achieve a monocellular layer of cells on a 35 mm Petri
158 dish that is $6.13 \cdot 10^6 \text{ cell} \cdot \text{mL}^{-1}$. In all irradiation conditions 2 mL of cell solution was
159 added to Petri dish.

160

161 **2.3. Irradiation Conditions**

162 Irradiation assays were done on 35 mm polystyrene Petri dishes, uncoated and tissue
163 culture treated (Nest, Jiangsu, China) (Figure 1-C). After the addition of the PBMCs
164 dilution, the dishes were left undisturbed for 30 min to allow sedimentation according to
165 the method of Virsik et al. [50]. The monolayers of cells settled on the bottom of the
166 dishes were exposed separately to 5, 10, 20, and 40 pulses of X-ray emitted from the PF-
167 2kJ device (FWHM ~ 90 ns, dose rate ~ $10^7 \text{ Gy} \cdot \text{s}^{-1}$), two independent experiments were
168 performed for each irradiation conditions. Additionally, an unirradiated monolayer
169 sample was prepared to evaluate the effect of sham irradiated conditions. An array of 21
170 TLD-100 dosimeters in the same type of Petri dish was positioned at the anode top, to
171 measure the doses under the same irradiation conditions.

172

173 **2.4. Lymphocyte Culture and Chromosome Analysis**

174 After irradiation, cells were collected in a 15 mL conical tube (Corning), washed with 2
175 mL of RPMI 1640 medium, and centrifuged 10 min to 700 \times g. The supernatant was
176 discarded and cells were resuspended on 0.5 mL of RPMI 1640 medium. The cells were
177 incubated at 37 °C for 2 h with 4 mL RPMI 1640 medium, supplemented with 18 % of
178 Fetal Bovine Serum (Gibco, Grand Island, New York, USA). To stimulate lymphocyte
179 growth Phytohemagglutinin M (Gibco, Grand Island, New York, USA) 1.8 % v/v was
180 added. Lymphocyte cultures were done in presence of 5-Bromo-2'-deoxyuridine (0.9 %
181 v/v) (Calbiochem, San Diego, California, USA). Since an increase in radiation dose can
182 delay the progression of the cell cycle [51-53], and in order to obtain a sufficient number
183 of cells for analysis, the length of culture were 48 h, 50h and 72h for 5-10, 20 and 40
184 pulses respectively. In all the cases, Colcemid (Gibco, Grand Island, New York, USA)
185 was added after 45 h of culture to obtain a final concentration of 0.1 $\mu\text{g}\cdot\text{mL}^{-1}$ of Colcemid.
186 All cultures were incubated at 37 °C. After incubation, cultures were centrifuged for 10
187 min 700 g and the supernatant was replaced by hypotonic solution (KCl 0.075 M, Gibco,
188 Grand Island, New York, USA) prewarmed at 37 °C. After 10 minutes of treatment with
189 the hypotonic solution at 37 °C cultures were centrifuged 5 min 700 \times g, and cells were
190 fixed with methanol and acetic acid (3:1). For the cytogenetic analysis 2 to 3 days old
191 slides were stained by the fluorescence plus Giemsa technique, using Hoechst 33258 stain
192 in pH 6.8 phosphate buffer.

193 Chromosome analysis was carried out exclusively on first division metaphases containing
194 46 centromeres. The dicentric chromosomes (dic), trivalent chromosomes (tric), and
195 centric rings (r) were only considered when their corresponding acentric fragment was
196 present. Acentric fragments not related to a multicentric or a ring chromosome were
197 recorded as extra acentric fragments (ace). For each irradiation condition, and following
198 international criteria in cytogenetics dosimetry [34], the number of metaphases analyzed

199 was approximately 500, or those needed to score 100 chromosome aberrations. All
200 metaphases with chromosome aberrations were analyzed independently by two scorers.
201 During the analysis, the mitotic index was also calculated [34].

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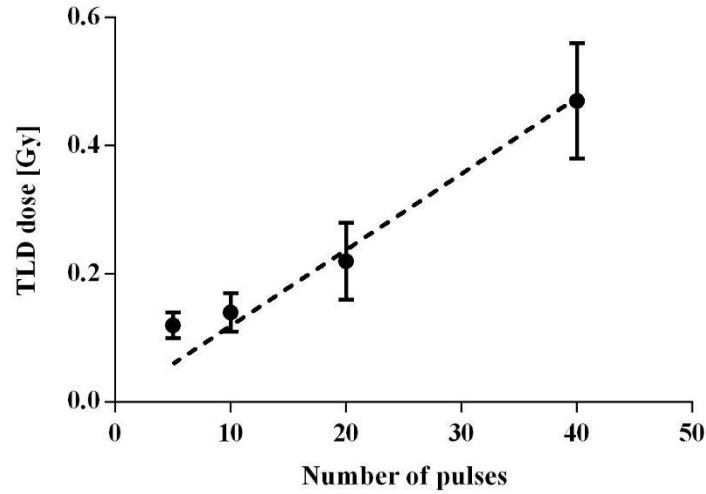
203 **2.4. Statistical Analysis**

204 To check if the distribution of chromosome aberrations after each irradiation condition
205 followed a Poisson distribution, the dispersion index, variance/mean, and the normalized
206 unit of this index, the U-test, were used [54]. Differences among irradiation conditions
207 were evaluated by a one-way ANOVA test. Ordinary least squares method was used to
208 calculate the linear regression between the dose and the frequency of chromosome
209 aberrations.

210

211 **3. Results**

212 The average dose (\pm SD) of TLD measurements at 5, 10, 20 and 40 pulses are 0.12 (\pm 0.02)
213 Gy, 0.14 (\pm 0.03) Gy, 0.22 (\pm 0.06) Gy and 0.47 (\pm 0.09) Gy respectively. From 5 to 10
214 pulses there was a slight non-significant increase in the mean dose, but from 10 to 40
215 pulses there was a linear increase in the mean dose (Figure 2). The slope of the linear
216 regression indicates a mean of 12 mGy per pulse.



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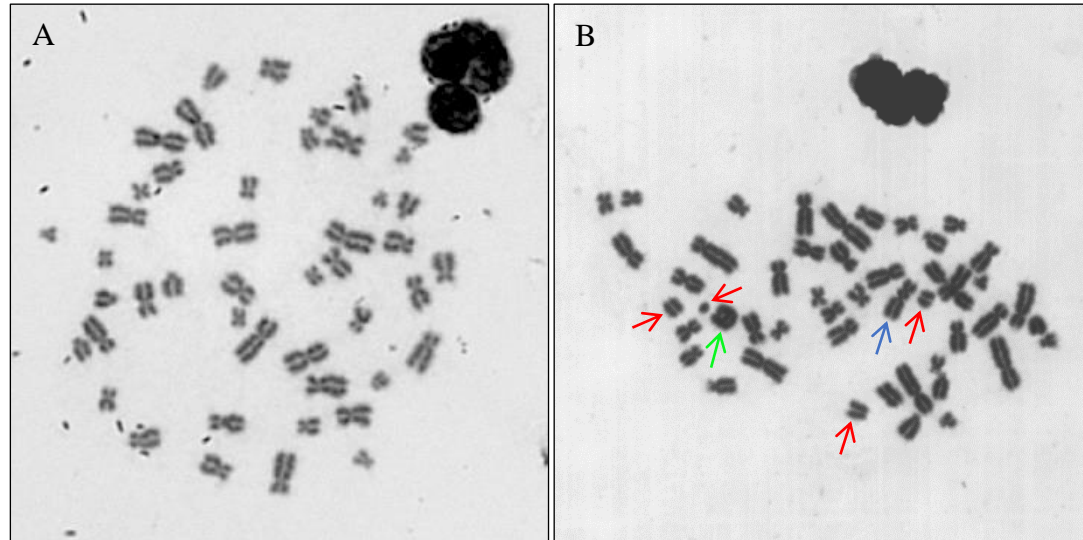
218 **Figure 2.** Mean dose measurement using TLD-100 in four irradiation conditions (5, 10,
219 20, and 40 pulses), bars represent standard deviation and broken lines represent linear fit.

220

221 Figure 3 shows microphotographs of representative metaphase for different X-rays pulsed
222 conditions. Cytogenetic results are summarized in Table I. Eight out of 10 total irradiated
223 samples could be analyzed to achieve ~ 500 cells or 100 dicentrics plus rings (40 pulses
224 irradiation condition), and only in two cases, the number of cells analyzed was between
225 400 and 450 (at 5 and 20 pulses). The mitotic index was always higher than 2.5 %, which
226 is considered a reference value in radiation cytogenetics [34]. In this work, the mitotic
227 index seems not to be influenced by the number of X-rays pulses. One-way analysis of
228 variance (ANOVA) is used to determine statistical significance differences between the
229 chromosomal aberrations scoring on different exposure conditions, for dicentrics and
230 extra acentric fragments, there was a clear increase as the number of pulses increased ($p <$
231 0.0001 in both cases). Significant differences were also observed for tricentric
232 chromosomes obtained after 20 and 40 X-rays pulses ($p < 0.0001$), and centric rings
233 obtained for 5, 20, and 40 X-rays pulses ($p < 0.0002$). The frequency of centric rings show
234 a tendency to increase with the number of pulses. When total chromosome aberrations

235 were considered, there was a clear increase ($p < 0.001$). When the replicas were
 236 compared, similar frequencies of CA were observed. These results show the irradiation
 237 methodology and experimental setup of PF2kJ are robust.

238



239 **Figure 3.** Metaphase observed after 0 pulses (A), and after exposure to 10 X-rays pulses
 240 (B). In B, the metaphase has one dicentric chromosome (blue arrow), one centric ring
 241 (green arrow), and four acentric fragments (red arrow).

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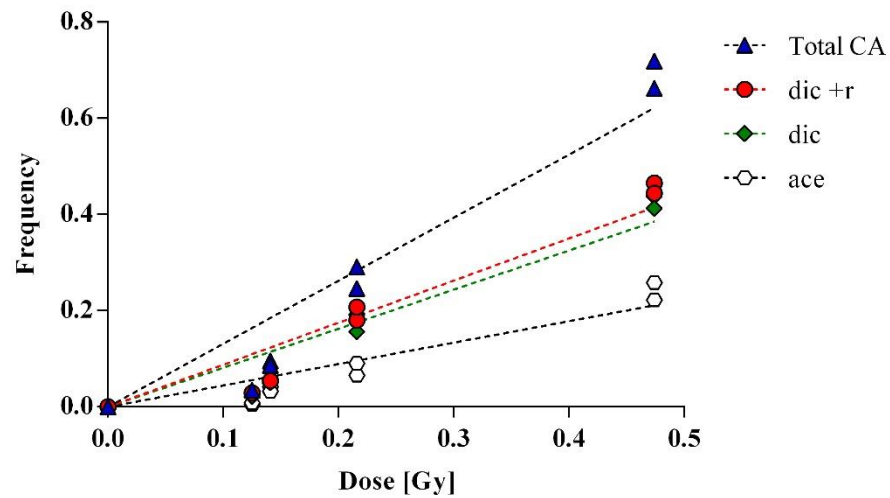
244 **Table I** Cytogenetic results obtained from lymphocytes irradiated with X-rays pulses.

# pulses	MI	cells scored	dic	tric	r	ace	Total CA
0	10.6	500	0	0	0	0	0
0	10	500	0	0	0	0	0
5	6.3	411	9	0	3	2	14
5	5.4	500	12	0	2	4	18

10	10.7	500	27	0	0	21	48
10	9.5	500	25	0	2	16	43
20	8.2	500	78	0	12	33	123
20	5.1	433	77	3	7	39	126
40	10.2	217	93	1	6	56	156
40	8.2	225	91	1	7	50	149

245 **MI**: mitotic index; **dic**: dicentric chromosome; **tric**: trivalent chromosome; **r**: ring; **ace**:
 246 acentric fragment; **CA**: chromosome aberrations
 247

248 Figure 4 shows the frequencies of different chromosome aberrations, calculated from the
 249 data in Table I, considering trivalent as two dicentric. As can be seen, for all types of
 250 CA there is a clear increase with dose. The linear coefficients (α) were $1.298 (\pm 0.153)$,
 251 $0.861 (\pm 0.106)$, $0.802 (\pm 0.094)$, and $0.443 (\pm 0.062)$ for Total CA, dic+r, dic, and ace
 252 respectively.



253

254 **Figure 4.** Dose dependence of chromosome aberrations in PBMCs irradiated by X-rays
 255 from PF-2kJ. Blue triangles represent the frequency of total chromosome aberrations
 256 (total CA); the red circles are dicentric plus rings (dic+r); green diamond are dicentric
 257 (dic); and white hexagon are acentric fragments (ace). Broken lines represent linear fit.

258

259 The chromosome aberrations frequency was calculated as the ratio of dicentric plus rings
 260 and the total cells scored, Table II shows these results and dicentric plus ring cell
 261 distribution. After uniform exposure to low-LET radiation, dicentric cell distribution
 262 follows a Poisson distribution where the ratio between the variance and the mean, the
 263 dispersion index (DI) tends to 1, the DI is higher than 1 in all cases, indicating a tendency
 264 to show overdispersed values. This overdispersion was significant (U-test > 1.96) in one
 265 replica of each irradiation condition.

266

267 **Table II.** Intercellular distribution of dicentric chromosomes plus centric rings after X-
 268 rays pulses irradiation.

# pulses	cells scored	dic+r scored	dic+r distribution within cells					DI	U test
			0	1	2	3	4		

0	500	0	0	0	0	0	0	0	-	-
0	500	0	0	0	0	0	0	0	-	-
5	411	12	401	8	2	0	0	0	1.31	4.6
5	500	14	487	12	1	0	0	0	1.12	1.92
10	500	27	474	25	1	0	0	0	1.02	0.36
10	500	27	476	21	3	0	0	0	1.17	2.75
20	500	90	418	75	6	1	0	0	1.02	0.35
20	433	90	361	55	16	1	0	0	1.22	3.21
40	217	101	147	46	22	2	0	1	1.30	3.09
40	225	100	151	51	20	3	0	0	1.14	1.50

269 **dic+r**: dicentrics plus rings; **DI**: Dispersion index (σ^2/y); **U test**: normalized unit of
 270 dispersion index, values >1.96 indicated overdispersion.

271 4. Discussion

272 The dicentric chromosomes and centric rings are two different kinds of unstable
 273 chromosome aberrations, they are specific to ionizing radiation with a clear dependence
 274 on dose, dose-rate and radiation quality. To the best of our knowledge, this work is the
 275 first study where cytogenetic biomarkers are analyzed in order to evaluate the biological
 276 effect of X-rays pulses at low doses (<0.5 Gy), ultra-high dose rate (107 Gy·s⁻¹) and low
 277 energies (8-10 keV).

278 A monolayer of peripheral mononucleated cells (PBMCs) settled on the bottom of a Petri
 279 dish was used, in order to avoid a depth dose gradient in the irradiated sample due to the
 280 strong attenuation of such low photon energies. Additionally, the irradiation of
 281 unstimulated lymphocytes allows us to have all cells in the same phase of the cell cycle,

282 in this case in the G_0 quiescent stage. According to the irradiation conditions presented in
283 [50, 55-58], to evaluate the induction of chromosome aberrations by conventional X-rays
284 of low energies, some important factors have to be taking into account: i) a monolayer of
285 cells, ii) cellular cycle control and iii) temperature control on irradiation assays. In the
286 present study, petri dishes were kept at 37 °C before and just after irradiation, and
287 although irradiations were not performed at 37 °C, they were above 17 °C as it is
288 suggested by Gumrich et al. [59].

289 Previous studies have shown that higher doses of radiation result in an increased
290 frequency of chromosome aberrations and a delay in cell cycle [51-53]. Consequently,
291 the length of lymphocyte culture was set between 48-72 hours, depending on the number
292 of pulses. All mitotic indexes were above 5 %, indicating that culture results were
293 satisfactory. Because the cytogenetic analysis was restricted to first division metaphase,
294 underestimation due to the analysis of second or third division metaphases was avoided.

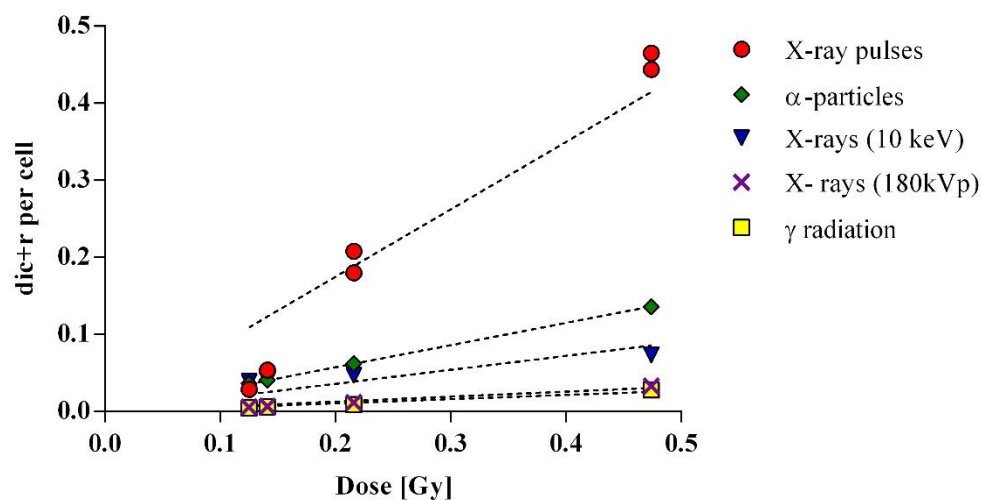
295 Radiation exposures at ultra-high dose rates (10^6 - 10^7 Gy·s⁻¹, UHDRs) have been shown
296 to manifest differential radiobiological responses, and induced less damage, compared to
297 conventional (CONV) dose rates (0.001-0.4 Gy·s⁻¹) [5]. The increase in radical–radical
298 recombination and oxygen depletion are the main hypotheses to explain a reduced yield
299 of biological lesions at ultra-high dose rates [60]. Previous cytogenetic studies using
300 UHDR have shown a decrease in the induction of chromosome aberrations when the
301 number of pulses or the dose rate increased [61-63]. It should be noted that these earlier
302 studies were performed in a higher energy range (in the order of MeV) and at higher
303 radiation doses (2-8 Gy). In contrast, in the present study, we observed an increase in
304 chromosome aberrations with the number of pulses. Our results seem to suggest that at
305 low doses and for low-energy X-rays delivered at UHDR, there is a major biological
306 effectiveness in producing DNA damage. Acharya et al. [63] observed an increase of

307 micronuclei yield when doses were delivered by multiple pulses compared with those
308 delivered by single pulse, especially at higher doses of 50 and 25 ns pulses. This seems
309 to indicate that for fractionation strategy short time of X-rays pulses (90 ns) which are
310 obtained from PF-2kJ, could be an important parameter on chromosome aberrations
311 induction.

312 Four reference dose-effect curves were applied to estimate the chromosome aberration
313 frequency expected at the physical doses reported in the present work (TLD-100): a α -
314 particle curve of ^{241}Am 2.7 MeV, $0.1 \text{ Gy} \cdot \text{min}^{-1}$ [55]; two X-rays curves, one of 180 kVp,
315 $0.27 \text{ Gy} \cdot \text{min}^{-1}$ [64], and another of 10 keV, $0.5 \text{ Gy} \cdot \text{min}^{-1}$ [42]; and one γ radiation curve
316 of ^{60}Co , mean energy 1.25 MeV, $1.2\text{-}1.1 \text{ Gy} \cdot \text{min}^{-1}$ [65]. The frequencies values estimated
317 are shown in Figure 5, and compared with the frequency of dicentrics plus rings observed
318 in the present study. As it can be seen, the observed frequencies are higher than all the
319 frequencies that were estimated for the above indicated curves.

320

321



322

323 **Figure 5.** Comparison of dicentric plus rings (dic+r) frequency observed in the present
324 study (red circles), and frequencies calculated using previously published curves for α -

325 particles (green diamonds [55]), X-rays (blue invert triangle for 10 KeV [42]; and purple
326 cross for 180 kVp [64]), and γ radiation (yellow squares [65]). Broken lines represent
327 linear fit.

328

329 A weighted least-squares approximation was used to fit the data for each reference
330 radiation quality. Considering irradiation conditions were performed at low doses values
331 (< 0.5 Gy), and in order to compare the biological effect of X-rays pulses with
332 conventional ionizing radiations sources, RBE_M was determined as the ratio α coefficient
333 from linear fitting of the result reported in the present work, and α coefficient from linear
334 fitting for reference radiations quality (α particles, X-rays and γ radiation). RBE_M values
335 are shown in Table III, these results indicate that the photon energy of pulsed X-rays
336 emitted by PF-2kJ is more effective compared even with high LET radiation.

337 **Table III.** Linear regression fit coefficient, and the biological relative effectiveness
338 (RBE_M) for each type of radiation (α -particles, X-rays, γ -rays).

Radiation	α	RBE_M
Present data	0.875 ± 0.079	-
α -particles[55]	0.288 ± 0.001	3.0
X-rays 10 keV[42]	0.181 ± 0.028	4.8
X-rays[64]	0.065 ± 0.004	13.5
γ -rays[65]	0.054 ± 0.004	16.2

339 α : linear coefficient; RBE_M : relative biological effectiveness.

340

341 In this study, the results show effects as those that are expected after high LET radiation
342 exposures, indicating a different behavior of pulses radiation compared to conventional
343 radiation. The intercellular distribution of dic+r showed a significant overdispersion at 5,
344 10, 20, and 40 pulses, where the u-test were 4.6, 2.75, 3.21, and 3.09 respectively. Since
345 it is well known that for low-LET radiation dicentric and dicentric plus ring cell
346 distribution agrees with the Poisson distribution, where the variance is equal to the mean.
347 In the present study the overdispersion (variance > media) observed was unexpected. For
348 these chromosome type aberrations overdispersion is expected after non-homogeneous
349 exposure to low-LET radiation, or after high-LET radiation exposure. However, in this
350 work we observed tricentric chromosomes, these multicentric configurations are rarely
351 observed after low doses of low-LET exposure, and common after irradiations to low
352 doses of high-LET [66-67].

353 Our results suggest that the pulsed X-rays of low-energy in low-dose range, with ultra-
354 high dose rate interact distinctively with the DNA. Considering PF-2kJ has these
355 characteristics it is necessary to gain a better understanding of mechanisms underlying
356 the DNA damage induced by X-rays pulses such as by analyzing the formation of
357 complex chromosome aberrations using fluorescence in situ hybridization (FISH)
358 techniques, or evaluating the repair kinetics of the double strain break by analyzing the γ -
359 H2AX foci [68]. The incorporation of others cytogenetic biomarkers could contribute to
360 the characterization, since they allow direct evidence of the effects of radiations in
361 biological systems.

362

363 **5. Conclusions**

364 In the present study our results evidence a different radiobiological response of PBMCs
365 to pulsed irradiation. The presence of tricentrics and the overdispersion observed at low

366 doses, ultra-high dose rate and low energies of X-rays emitted by a PF-2kJ, suggest that
367 the biological effect of X-rays pulses seems to be like high LET. The RBEM analysis
368 confirms this observation, where the pulses emitted by PF-2kJ are more effective inducing
369 CA compared even with high LET radiation.

370

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372

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377

378 **Disclosure statement**

379 No conflict of interest was reported by the authors.

380 **References**

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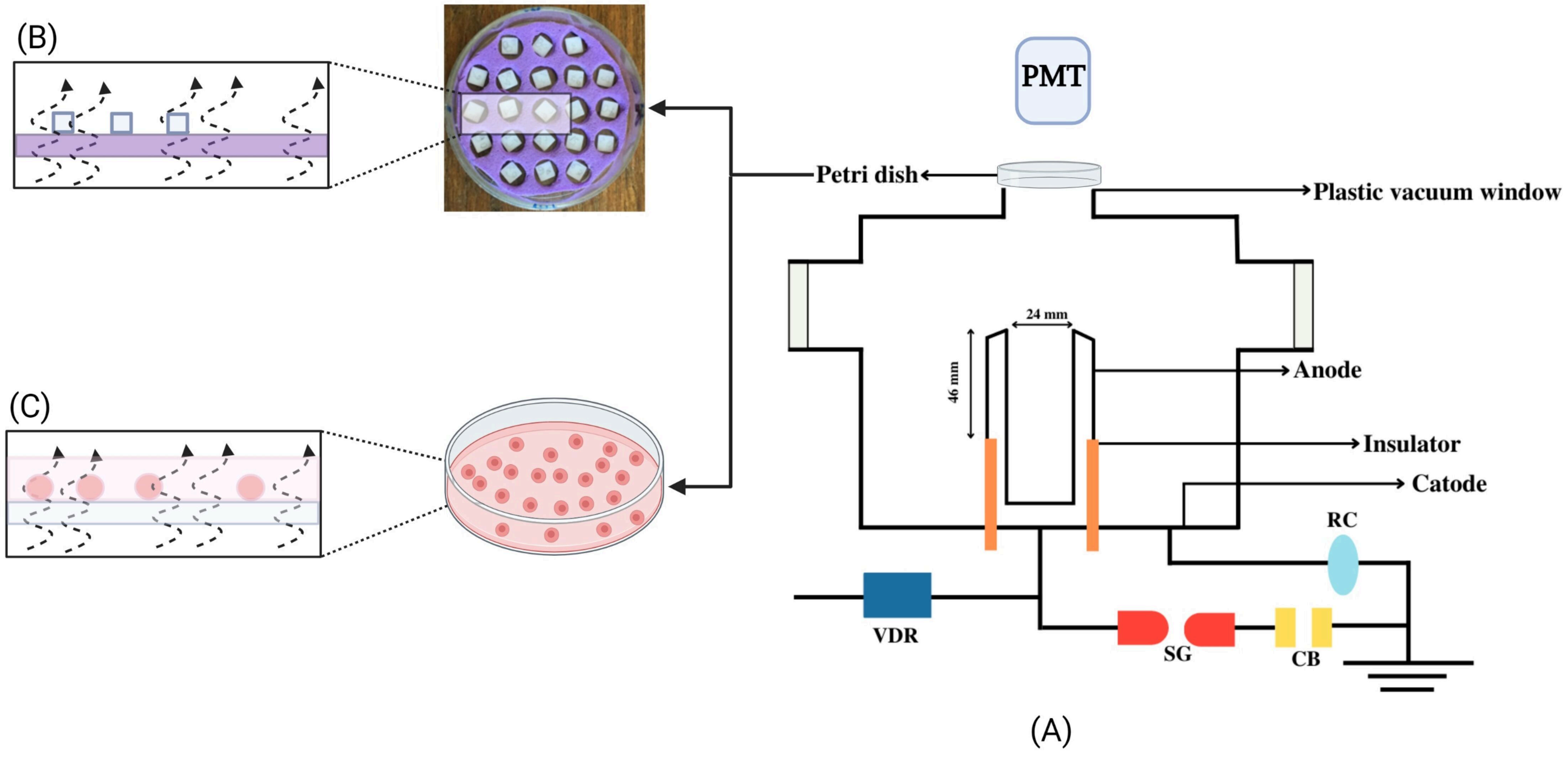
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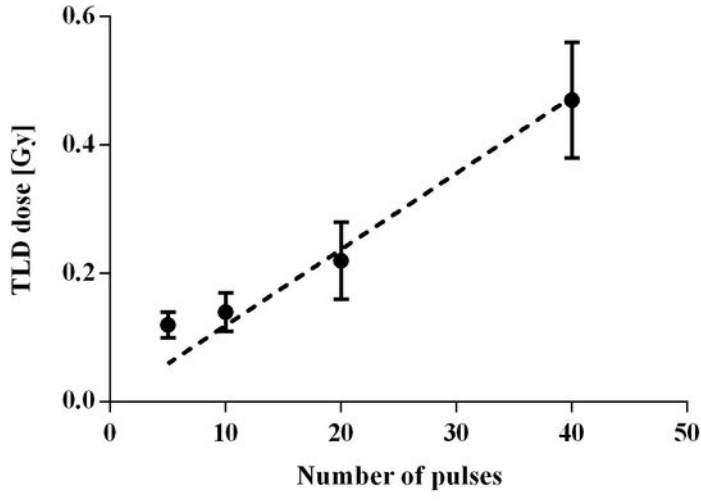
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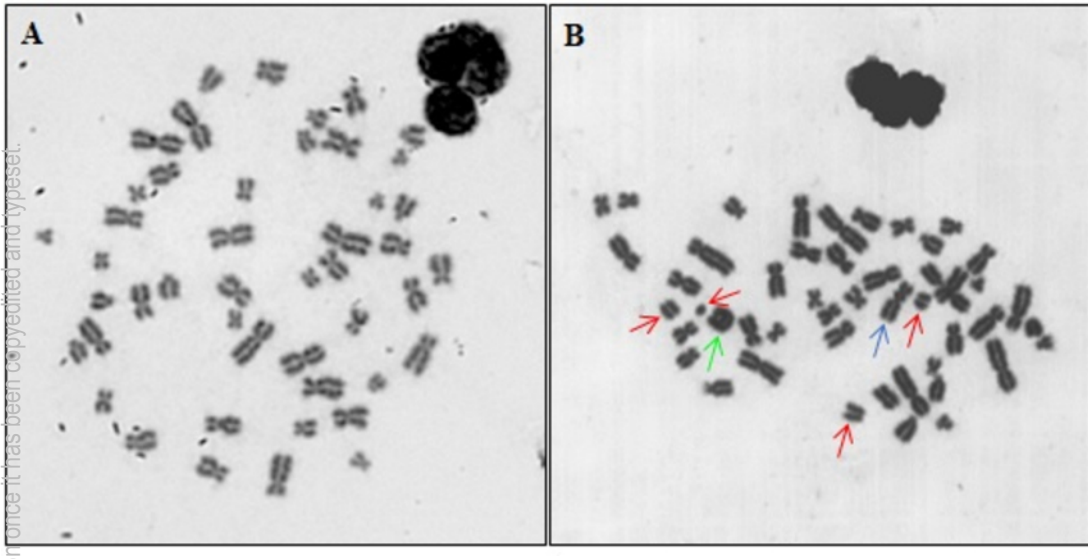
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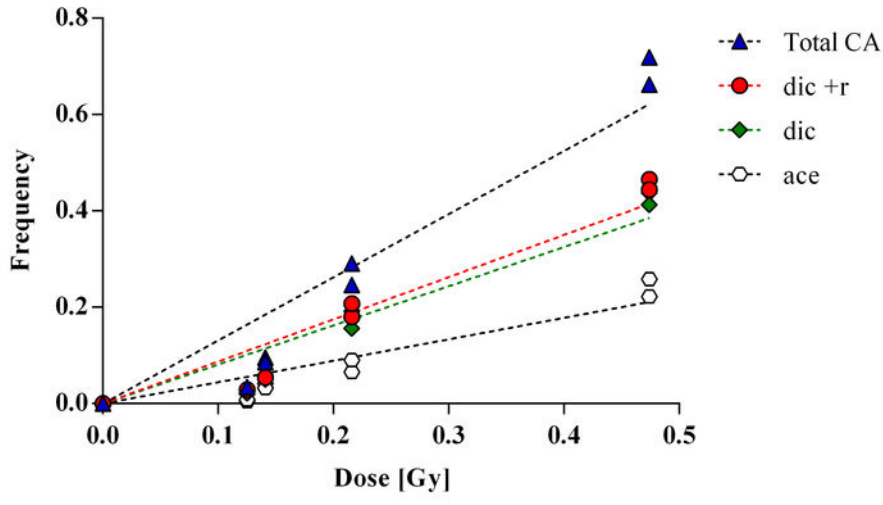
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