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Knockout of insulin degrading enzyme leads to mice testicular morphological changes and impaired sperm quality

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1 **Knockout of insulin degrading enzyme leads to mice testicular morphological**
2 **changes and impaired sperm quality**

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26 **Abstract**

27 Insulin degrading enzyme (IDE) is a zinc metalloprotease responsible for degrading
28 and inactivating several bioactive peptides, including insulin. Individuals without this
29 enzyme or with a loss-of-function mutation in the gene that codifies it, present
30 hyperinsulinemia. In addition, impairment of IDE-mediated insulin clearance is
31 associated with the development of metabolic diseases, namely prediabetes. Although
32 insulin regulates male fertility, the role of IDE on male reproductive function remains
33 unknown. We proposed to study the influence of IDE in the reproductive potential of
34 males. As insulin mediates key events for the normal occurrence of spermatogenesis,
35 we hypothesized that IDE functioning might be linked with sperm quality. We used
36 C57BL/6N mice that were divided in three groups according to its genotype: wild type
37 (WT), heterozygous and knockout (KO) male mice for *Ide*. Spermatozoa were collected
38 from the cauda of epididymis and sperm parameters were evaluated. Testicular tissue
39 morphology was assessed through hematoxylin and eosin stain. Mitochondrial complex
40 protein levels and lipid peroxidation were also evaluated in the testicular tissue. Our
41 results show that KO mice present a 50 % decrease in testes weight compared to WT
42 mice as well as a decrease in seminiferous tubules diameter. Moreover, KO mice
43 present impaired sperm quality, namely a decrease in both sperm viability and
44 morphology. These results provide evidence that IDE plays an important role in
45 determining the reproductive potential of males.

46 **Keywords:** insulin degrading enzyme; male fertility; spermatozoa; spermatogenesis;
47 testes

48 **Abbreviations**

49 IDE – insulin degrading enzyme

50 4-HNE – 4-hydroxy-2-nonenal

51 PVDF – polyvinylidene difluoride

52 OXPHOS – oxidative phosphorylation

53 WT – wild type

54 KO – knockout

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55 1. Introduction

56 Insulin degrading enzyme (IDE), also known as insulysin, is a thiol zinc-
57 metalloendopeptidase that may be found in the cytosol, peroxisomes, endosomes,
58 mitochondria and cell membrane (Leissring, Farris, Wu et al., 2004, Vekrellis, Ye, Qiu
59 et al., 2000). IDE is found in most organisms and is ubiquitously expressed
60 independently of the sensitivity of the cells to insulin (Pivovarova, Höhn, Grune et al.,
61 2016). Furthermore, its levels and conformation may be controlled by many signals,
62 including cellular stress, glucagon, and free fatty acids (Tundo, Sbardella, Ciaccio et
63 al., 2013, Wei, Ke, Zhao et al., 2014) supporting a multifunctional role of the protein
64 and showing that IDE is finely tuned depending on the state of the cell. In fact, IDE was
65 found to have a heat shock protein-like behavior and to interact with the ubiquitin-
66 proteasome system (Tundo, Sbardella, Ciaccio et al., 2013). Due to its configuration
67 that changes between active and inactive states IDE cleaves small peptides of
68 assorted sequence, namely amyloid β -protein (Farris, Mansourian, Chang et al., 2003,
69 Leissring and Selkoe, 2006) thus being associated to Alzheimer's disease. Moreover,
70 this metallopeptidase cleaves insulin, being considered the major intervenient in insulin
71 regulation. Actually, IDE has a crucial role in insulin metabolism and in inhibiting insulin
72 translocation and accumulation in the cell nucleus (Authier, Posner and Bergeron,
73 1996, Harada, Smith, Smith et al., 1993). Thus, loss-of-function mutations of IDE cause
74 hyperinsulinemia (Farris, Mansourian, Leissring et al., 2004), one of the main features
75 of prediabetes and type 2 diabetes *mellitus*. Inhibitors of IDE were already
76 hypothesized as possible treatment for those disorders (Costes and Butler, 2014) but
77 as IDE degrades other substrates besides insulin, this is a very complex topic.

78 Insulin regulation is crucial for several essential cellular processes, namely glucose
79 uptake. Impairment of cell metabolism by insulin has a major impact in fertility,
80 particularly in the reproductive potential of males. Insulin dysregulation, as occurs in
81 prediabetes and other metabolic diseases, affects the nutritional support of

82 spermatogenesis by changing glucose transport, acetate and lactate production and
83 the expression of some metabolism-related genes in testicular cells (Alves, Socorro,
84 Silva et al., 2012). These effects have a negative impact in sperm production and
85 quality and are reported to be mainly mediated by Sertoli cells, the somatic testicular
86 cells responsible for give physical and nutritional support to developing germ cells
87 (Griswold, 1995). Data from several studies show that both prediabetes and diabetes
88 *mellitus* alter sperm quality. In fact, decreased sperm concentration, motility and normal
89 morphology (Amaral, Moreno, Santos et al., 2006, Schoeller, Albanna, Frolova et al.,
90 2012, Shrilatha and Muralidhara, 2007) and increased nuclear DNA damage (Mangoli,
91 Talebi, Anvari et al., 2013, Rama Raju, Jaya Prakash, Murali Krishna et al., 2012) have
92 been reported in diabetic individuals. Moreover, mitochondria was also reported to be
93 affected namely by an increase in mitochondrial DNA damage (Agbaje, Rogers,
94 McVicar et al., 2007) as well as altered sperm mitochondrial function (La Vignera,
95 Condorelli, Di Mauro et al., 2015). However, the exact mechanisms by which insulin
96 dysfunction mediates these effects remain largely unknown. Thus, it is imperative to
97 study the impact of primary hyperinsulinemia derived from insulin clearance on male
98 reproductive function. Herein, we hypothesized that IDE may be a key player in insulin
99 dysfunction-associated male infertility.

100

101 **2. Material and Methods**

102 *2.1. Chemicals*

103 Mammalian Protein Extraction Reagent and BCA Protein Assay Kit were purchased
104 from Thermo Scientific (Whalthan, MA, USA). Dried milk was purchased from Regilait
105 (Saint-Martin-Belle-Roche, France). ECFTM substrate was purchased from GE
106 Healthcare (Weßling, Germany). NZYColour Protein Marker II was purchased from
107 NZYTech (Lisbon, Portugal). Coverquick 2000 was purchased from VWR (Radnor, PA,

108 USA). Diff quick was purchased from Baxter Dale Diagnostics AG (Dubinger,
109 Switzerland). All other chemicals were purchased from Sigma–Aldrich (St. Louis, MO,
110 USA), unless stated otherwise.

111 2.2. *Animals*

112 C57BL6/N, full body *Idc* heterozygous mice were purchased from the European Mouse
113 Mutant Archive (EMMA) and provided by Wellcome Trust Sanger Institute (Cambridge,
114 United Kingdom). Heterozygous breeding generated the wild type (WT), heterozygous
115 (Het) and knockout (KO) animals used in the experiments. Animals were maintained on
116 a 12 h light/dark cycle with standard chow diet (Special Diets Services, United
117 Kingdom) and water *ad libitum* at Instituto Gulbenkian de Ciência (Oeiras, Portugal).
118 Mice were monitored weekly for body weight, blood glucose levels, as well as for
119 distress signals. All procedures followed ARRIVE guidelines and the Europeans laws
120 (Directive 2010/63/EU) that rule the use of animals in research.

121 2.3. *Tissue preparation*

122 Testes were weighed to determine gonadosomatic index (GSI = [testes weight/body
123 weight]×100). The right testis was placed in Davidson's modified fixative and then
124 dehydrated in a graded ethanol series, embedded in paraffin, cut into 4 µm sections,
125 mounted onto glass slides and stained with hematoxylin & eosin. The diameter of 25
126 round seminiferous tubules per animal was measured in Cell[^]B (Olympus, Japan).

127 2.4. *Evaluation of Sperm Parameters*

128 The cauda of the left epididymis of each mouse was minced to allow sperm dispersion
129 in Hank's balanced salt solution and sperm parameters were evaluated according to
130 World Health Organization indications (World Health Organization, 1999). To assess
131 sperm motility, a drop of 100 µL of the sperm suspension was placed in a prewarmed
132 (37°C) slide and covered with a cover slip. The percentage of motile sperm was
133 assessed under a light microscope (x100 magnification) in 10 random fields, and the

134 average was used as the final motility. Sperm concentration was evaluated with a
135 Neubauer chamber. Sperm viability was evaluated by the assessment of sperm
136 membrane integrity using an eosin/nigrosin staining. A total of 5 μ L of the sperm
137 suspension obtained as described above was mixed with 5 μ L of 0.5 % eosin/nigrosin
138 stain and placed on a prewarmed glass microscope slide. The number of viable and
139 nonviable spermatozoa was determined by counting a total of 100 spermatozoa per
140 slide in continuous random fields under a light microscope under \times 1000 magnification,
141 to determine the percentage of viable sperm (Rato, Alves, Dias et al., 2013). Viable
142 sperm remained white, whereas unviable sperm stained pink, due to increased
143 membrane permeability, which allowed the dye uptake. Sperm morphology was
144 assessed through Papanicolaou staining as described (World Health Organization,
145 1999).

146 *2.5. Protein extraction*

147 Total protein was extracted from testicular tissue using Mammalian Protein Extraction
148 Reagent (supplemented with 1 % protease inhibitor cocktail and 100 mM sodium
149 orthovanadate) following the manufacturer's instructions. Protein concentration was
150 determined by Pierce™ BCA Protein Assay Kit according to the manufacturer's
151 instructions.

152 *2.6. Evaluation of Lipid Peroxidation*

153 Lipid peroxidation was evaluated through the analysis of 4-hydroxy-2-nonenal (4-HNE)
154 protein adducts by Slot Blot technique using a Hybri-slot manifold system (Biometra,
155 Göttingen, Germany). The proteins (5 μ g) were transferred to previously activated
156 polyvinylidene difluoride (PVDF) membranes. The latter were then blocked for 90 min
157 with 5 % (w/v) non-fat milk and incubated overnight (4°C) with goat anti-4-HNE
158 (1:5000, AB5605, Merck Millipore, Temecula, USA). Afterwards, membranes were
159 incubated with rabbit anti-goat (1:5000, A4187, Sigma–Aldrich, St. Louis, MO, USA) for
160 90 min and then reacted with ECF™ and read using a Bio-Rad GelDoc XR (Bio-Rad,

161 Hemel Hempstead, UK). Densities from each band were quantified using the Quantity
162 One Software (Bio-Rad, Hemel Hempstead, UK).

163 *2.7. Evaluation of Protein Carbonylation and Nitration*

164 Carbonyl groups are produced on protein side chains when oxidized and thus, carbonyl
165 content is generally used as an indicator for protein oxidation. Protein nitration is a
166 marker of inflammation, cell damage, and nitric oxide production and can be evaluated
167 by measuring the resulting products, namely nitro-tyrosine. These parameters were
168 evaluated using slot-blot technique as explained above. The resulting membranes were
169 incubated overnight (4°C) with rabbit anti-DNP (1:5000, D9656, Sigma–Aldrich, St.
170 Louis, MO, USA) or rabbit anti-nitro-tyrosine (1:5000, 9691, Cell Signaling Technology,
171 Leiden, Netherlands).

172 *2.8. Western Blot*

173 Protein samples (75 µg) were mixed with sample buffer (1.5% Tris, 20% glycerol, 4.1%
174 SDS, 2% β-mercaptoethanol, 0.02% bromophenol blue, pH 6.8), sonicated for 10
175 minutes at 4°C and denatured for 15 minutes at 55°C . Proteins were fractionated in
176 15% polyacrylamide gels and electrophoresis was carried out for 85 min. The proteins
177 were transferred from gels to activated PVDF membranes in a Mini Trans-Blot® cell
178 (Bio-Rad, Hemel Hempstead, UK) and then blocked for 3 hours in a 5% non-fat milk
179 solution at room temperature. The membranes were then incubated overnight at 4°C
180 with MitoProfile® Total OXPHOS Antibody Cocktail (1:1000, MitoSciences, Oregon,
181 USA, MS604). Mouse anti-β-actin (1:5000, Thermo Scientific, Rockford, IL, USA, MA5-
182 15739) was used as protein loading control. The immune-reactive proteins were
183 detected with goat anti-mouse IgG-AP (1:5000, A3562). Membranes were reacted with
184 ECF™ and read with the Bio-Rad GelDoc XR (Bio-Rad, Hemel Hempstead, UK).
185 Quantity One Software (Bio-Rad, Hemel Hempstead, UK) was used to obtain band
186 densities, which were divided by the respective β-actin band density and then
187 normalized with the wild type group value.

188 2.9. Reverse-transcriptase quantitative polymerase chain reaction (RT-qPCR)

189 The total RNA (RNA_t) of the samples was extracted using the EZNA Total RNA Kit
190 (Omega Biotek, Norcross, USA) and its concentrations were determined by Nanodrop
191 2000 (ThermoFisher, Waltham, USA). RNA_t was then reversely transcribed to
192 complementary DNA (cDNA) as previously described (Rato et al., 2013).

193 qRT-PCR was used to analyze the mRNA expression levels of *Bax*, *Bcl2* and *Casp3*
194 was performed in a BioRad CFX96 system (Biorad, California, USA) using specific
195 primers (Table 1). Amplification conditions comprised an initial denaturation step of 5
196 min at 95°C, followed by 40 runs of a 3 steps cycle: a denaturation step of 30 s at 95°C;
197 an annealing step of 30 s with a specific temperature for each set of primers (Table 1);
198 and an extension step of 1 min at 72°C. The quantification cycle (C_q) was determined
199 through cycle threshold and fold variation of the expression levels was calculated
200 following Pfaffl's mathematical model (Pfaffl, 2001), using β -2-microglobulin and
201 glyceraldehyde 3-phosphate dehydrogenase as reference genes.

202 2.10. Statistical Analysis

203 The statistical significance among the experimental groups was assessed by one-way
204 ANOVA. All experimental data are shown as mean \pm SEM. Statistical analysis was
205 performed using GraphPad Prism 6 (GraphPad software, San Diego, CA, USA).
206 Possible outliers were removed using Grubbs' method, $\alpha=0.2$. $p<0.05$ was considered
207 significant.

208 3. Results

209 3.1. Effect of the absence of insulin degrading enzyme on testicular morphology

210 Testes weight was decreased in heterozygous mice (91.75 ± 9.38 mg) and further
211 decreased in the Knockout (KO) mice (59.75 ± 2.59 mg) when compared with the Wild
212 Type (WT) group (121.03 ± 1.47 mg; Figure 1A). Concomitantly, the GSI which is a
213 measure that links the body weight to the gonads weight was decreased in Het ($0.54 \pm$

214 0.04%) and *Ide* KO mice ($0.44 \pm 0.06\%$) when compared to WT ($0.73 \pm 0.03\%$; Fig.
215 1B). However, when observing the seminiferous tubules diameter, only *Ide* KO mice
216 presented a significant decrease ($185.56 \pm 4.71 \mu\text{m}$) when compared to the WT group
217 ($214.92 \pm 7.11 \mu\text{m}$; Figure 1C-D).

218 3.2. Insulin degrading enzyme and mice sperm morphology

219 As insulin regulation is crucial for spermatogenesis and IDE is the enzyme responsible
220 for insulin inactivation, we hypothesized that IDE could affect sperm quality. Our results
221 showed no differences in sperm motility (Figure 2A) and concentration (Figure 2B) of
222 neither heterozygous nor KO mice for *Ide*. However, *Ide* KO mice showed decreased
223 sperm viability ($43.17 \pm 2.18\%$) when compared to the WT ($55.00 \pm 2.74\%$; Fig. 2C).
224 Moreover, abnormal sperm morphology was increased in KO ($60.00 \pm 2.73\%$) when
225 compared to WT ($43.50 \pm 2.63\%$) and Het ($37.83 \pm 5.44\%$; Fig. 2D).

226 3.3. Oxidative stress markers in the testicular tissue of *Ide* KO mice

227 Oxidative stress is one of the major causes for decreased sperm quality. It damages
228 lipids and proteins compromising sperm quality. Thus, we evaluated lipid peroxidation,
229 protein nitration and carboxylation in testicular tissue of the different mice. When
230 observing both carbonyl groups and protein nitration levels in testicular tissue of *Ide* KO
231 and heterozygous mice, our results showed no significant differences when comparing
232 with the WT mice (Fig. 3A and B). However, there was an increase in testicular tissue
233 lipid peroxidation of *Ide* KO mice (1.29 ± 0.04 – fold variation to WT), when compared
234 to both, heterozygous (1.03 ± 0.01 – fold variation to WT) and WT mice (1.00 ± 0.02 ;
235 Fig. 3C). As one of the causes for lipid peroxidation is the impairment of oxidative
236 phosphorylation, we measured the levels of mitochondrial complexes (Fig. 3D) and a
237 decrease in complex IV in the testes of KO (0.54 ± 0.09 – fold variation to WT) when
238 compared to WT (1.00 ± 0.05) was found.

239 3.4. Apoptotic markers in the testicular tissue of *Ide* KO mice

240 Oxidative stress plays a key role in apoptosis thus we analyzed the expression of some
241 key players of this programmed cell death mechanism in the testicular tissue of mice.
242 There was an increase of *Bax* mRNA expression levels in the testicular tissue of *Ide*
243 KO mice (2.43 ± 0.44), when compared to both WT (0.57 ± 0.25) and Het (0.83 ± 0.47)
244 mice (Fig. 4A). However, when analyzing both *Bcl2* (Fig. 4B) and *Casp3* mRNA levels
245 (Fig. 4C), no significant differences were found between the different groups.

246 4. Discussion

247 The prevalence of prediabetes/diabetes in men in reproductive age has been
248 increasing (Chen, Magliano and Zimmet, 2012). Several reports discussed the impact
249 of prediabetes and diabetes *mellitus* in male fertility and concluded that dysregulated
250 insulin is a key factor for this connection (Alves, Martins, Cavaco et al., 2013, Alves et
251 al., 2012, Rato, Meneses, Silva et al., 2016). IDE is a metallopeptidase that degrades
252 and inactivates insulin and several other peptides, thus having a crucial role in insulin
253 clearance (Pivovarova, Bernigau, Bobbert et al., 2013). Although it is already known
254 that insulin dysregulation (hypo- and hyperinsulinemia), affects male reproductive
255 potential (Alves et al., 2012), the role of IDE on male reproductive tract remains
256 completely unknown. Our data shows that IDE affects testicular morphology. In fact,
257 heterozygous mice for *Ide* showed decreased testes weight, that was further noticed in
258 KO mice. Concomitantly, the gonadosomatic index was decreased in KO animals,
259 illustrating that *Ide* KO mice have testicular atrophy and morphological alterations when
260 compared to the testes of the WT group. However, only KO mice showed decreased
261 seminiferous tubules diameter. Testes' weight, along with seminiferous tubules
262 diameter, are largely dependent on the mass and quantity of the different sperm cells,
263 and are associated with compromised spermatogenesis (Rossi and Aeschlimann,
264 1982). Several studies revealed decreased testes weight and seminiferous tubules
265 diameter in animal models of diabetes *mellitus* (Cai, Chen, Evans et al., 2000, Frenkel,

266 Homonnai, Drasnin et al., 1978, Rossi and Aeschlimann, 1982). Our results suggest
267 that IDE is pivotal for a normal testicular weight and seminiferous tubule structure and
268 may be involved in the mechanisms by which prediabetic and diabetic individuals
269 present subfertility/infertility.

270 Reproductive dysfunction and abnormal sperm production is well documented in men
271 suffering with metabolic diseases, namely diabetes *mellitus*, and infertility/subfertility is
272 a common characteristic of men with diabetes (Rama Raju et al., 2012). It is known
273 that insulin dysregulation has a huge impact on spermatozoa, mainly due to studies
274 focused on insulin deprivation rather than hyperinsulinemia (Alves et al., 2012, Dias,
275 Rato, Martins et al., 2013). Moreover, studies on animal models of diabetes do not
276 distinguish between hyperglycemia and/or hyperinsulinemia. In fact, most studies are
277 focused on the effects of hyperglycemia rather than the effects of hyperinsulinemia
278 (Agbaje et al., 2007, Du Plessis, Cabler, McAlister et al., 2010). The KO mice for *Ide*
279 present hyperinsulinemia, which is an age-dependent feature of this model (Abdul-Hay,
280 Kang, McBride et al., 2011), and we observed defective sperm parameters that may be
281 a consequence of the detected defective testicular morphology. Although sperm
282 concentration and motility remained similar between the different groups, there were
283 differences in what concerns to sperm viability and morphology. Sperm viability was
284 decreased in KO mice for *Ide*. In addition, sperm morphology defects were also
285 increased in KO mice. Those defects were mostly detected in the head of sperm cells,
286 which normal morphology is very important for processes like its transport through
287 female reproductive tract, capacitation, or even sperm-oocyte fusion (Kot and Handel,
288 1987). Normal head morphology is associated with higher pregnancy rates and lower
289 miscarriage rates in cases of assisted reproductive techniques, namely
290 intracytoplasmic sperm injection (Bartoov, Berkovitz, Eltes et al., 2003, Berkovitz, Eltes,
291 Lederman et al., 2006). Our results point towards a role for IDE in sperm
292 differentiation/maturation. One main cause for abnormal sperm morphology is the

293 unbalance in oxidative status (Gomez, Irvine and Aitken, 1998, Hosseinzadeh Colagar,
294 Karimi and Jorsaraei, 2013). Oxidative stress is associated with augmented production
295 of reactive oxygen species that modify phospholipids and proteins leading to
296 peroxidation and oxidation of thiol groups (Aitken, Clarkson and Fishel, 1989,
297 Hosseinzadeh Colagar et al., 2013). Spermatozoa are particularly susceptible to
298 reactive oxygen species as they present a significant concentration of polyunsaturated
299 fatty acids (Koppers, De luliis, Finnie et al., 2008) and many possess sensitive double
300 bonds between carbon atoms that easily undergo non-enzymatic oxidation and
301 fragmentation. In fact, spermatozoa were already found to be affected by endocrine
302 disruptors that cause increased oxidative environment on testes, such as bisphenol A
303 (D'Cruz, Jubendradass, Jayakanthan et al., 2012). Our data shows an increase on
304 testicular tissue lipid peroxidation in *Ide* KO mice when compared to both WT and
305 heterozygous mice for *Ide* illustrating that the testes of these mice have a prooxidant
306 environment. These results illustrate that lack of *Ide* induces an unbalance in oxidative
307 status towards a pro-oxidant status. The major intracellular biological source of reactive
308 oxygen species is mitochondrial respiration (Aly, Domenech and Abdel-Naim, 2009).
309 We tested this hypothesis and our results show that the increase in lipid peroxidation
310 was not accompanied by dysfunction in total OXPHOS protein illustrating that the pro-
311 oxidant status may be caused by a decrease in antioxidant defenses mediated by lack
312 of IDE rather than an increase in mitochondrial dysfunction (Valko, Leibfritz, Moncol et
313 al., 2007). Apoptosis is associated with increased oxidative stress and may be
314 triggered by both internal or external signals. As one of the apoptotic mechanisms
315 converge on mitochondria, we analyzed some proteins associated with this process
316 (Hengartner, 2000), namely the proapoptotic factor Bax and the antiapoptotic Bcl-2.
317 *Bax* expression was increased in KO mice for *Ide* when compared to wildtype animals,
318 pointing towards a proapoptotic state in the testicular tissue of those mice. Having into
319 account that KO mice have increased insulin levels, these results point out that insulin

320 levels affect *Bax* levels which is supported by previous data that show a decrease in
321 *Bax* levels in cases of insulin deprivation in rat testicular cells (Dias et al., 2013).

322 The emerging number of men in reproductive age with metabolic diseases, along with
323 an increasing incidence of metabolic disorders in children, adolescents and young
324 adults highlight the need for molecular studies linking these two conditions that must
325 unveil the mechanisms responsible for such connection. Spermatogenesis, the process
326 by which spermatozoa are formed, is a highly-regulated process with enormous
327 energetic needs being insulin a crucial player. In fact, while peripheral insulin levels
328 oscillate due to diet and even the circadian rhythm, testes provide a constitutive source
329 of insulin for spermatogenesis (Gomez, Ballester, Romero et al., 2009), in order to
330 minimize these fluctuations. Moreover, Sertoli cells secrete insulin to provide adequate
331 levels of this hormone to germ cells that do not have direct access to plasma insulin
332 due to the blood-testis barrier (Schoeller et al., 2012). Furthermore, the absence of
333 insulin shifts the glycolytic metabolism of Sertoli cells to Krebs cycle, which
334 compromises germ cell development (Alves et al., 2012, Rato et al., 2016). This work
335 illustrates that IDE acts on glucose metabolism beyond liver, in peripheral organs such
336 as testes. Notably, lack of this enzyme induces lower sperm quality with a lower
337 percentage of viable spermatozoa as well as more defective sperm cells. Besides the
338 relevance for the understanding of subfertility/infertility in men suffering with metabolic
339 diseases, we must highlight that most of infertility cases, about 60-75% in men, are
340 idiopathic, which means that the causes remain obscure. Our results show that when
341 IDE, which should be present and functional in all individuals, is lacking or with
342 heterozygous phenotype, fertility problems may arise in men.

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353 **Declarations of interest**

354 None

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495 York.

497 **Table 1. Primers used in this study.**

Gene	Primer sequence (5' - 3')	Annealing temperature (°C)	Amplicon size (bp)
<i>Bax</i>	Fwd: CTCAAGGCCCTGTGCACTAA Rvs: CAGCCACCCTGGTCTTGGAT	60	110
<i>Bcl2</i>	Fwd: GTGAACCTGGGGGAGGATTGT Rvs: CATGCTGGGGCCATATAGTTC	60	195
<i>Casp3</i>	Fwd: GAGCTTGGAACGGTACGCTAA Rvs: GAGTCCACTGACTTGCTCCC	59	118
<i>Gapdh</i>	Fwd: AAGAGGGATGCTGCCCTTAC Rvs: TACGGCCAAATCCGTTTACA	61	123
<i>β2M</i>	Fwd: GCTTCAGTCGTCAGCATGGC Rvs: GGATTTCAATGTGAGGCGGGT	57	187

498

499 **Figure Legends**

500 Figure 1 – Effect of insulin degrading enzyme on mice testicular morphology. The
501 figure shows data of testis weight (panel A), gonadosomatic index (panel B),
502 seminiferous tubules diameter (panel C) and representative images from seminiferous
503 tubules of wild type (WT) and knockout (KO) mice (panel D) for *Ide*. Results are
504 expressed as mean \pm SEM (n = 4 for each condition). Significantly different results are
505 indicated as: * – P < 0.05; ** – P < 0.01; **** – P < 0.0001.

506

507 Figure 2 - Effect of insulin degrading enzyme on mice sperm parameters. The figure
508 shows data of sperm motility (panel A), concentration (panel B), viability (panel C) and
509 morphology (panel D) from heterozygous (Het) or knockout (KO) mice for *Ide* and wild
510 type (WT) mice. Results are expressed as mean \pm SEM (n = 4 for each condition).
511 Significantly different results are indicated as: * – P < 0.05; ** – P < 0.01.

512

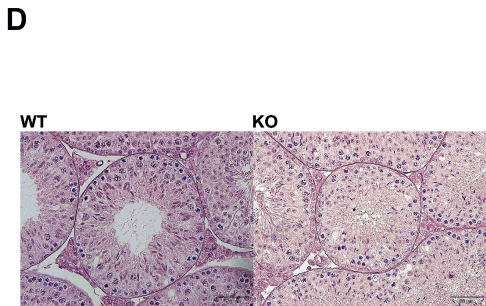
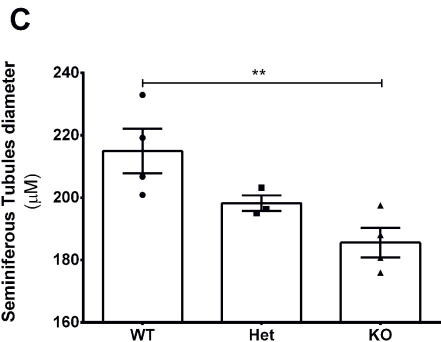
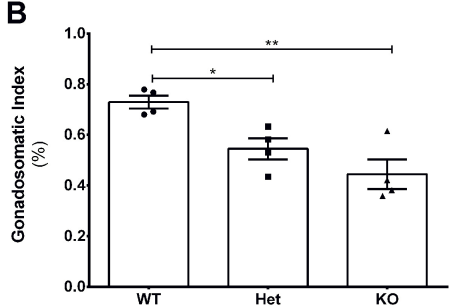
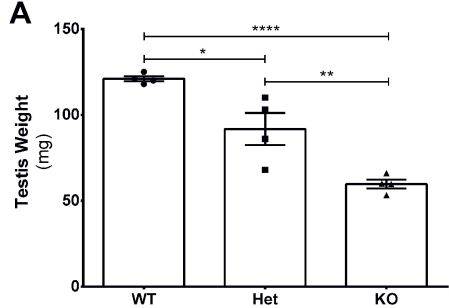
513 Figure 3 - Effect of insulin degrading enzyme on oxidative stress markers in testicular
514 tissue of mice. The figure shows data of protein nitration (panel A), carbonyl groups
515 levels (panel B), lipid peroxidation (panel C) and oxidative phosphorylation (OXPHOS)
516 protein levels (panel D) in testicular tissue from heterozygous (Het) or knockout (KO)
517 mice for *Ide* and wild type (WT) mice. Results are expressed as mean \pm SEM (n = 4 for
518 each condition). Significantly different results are indicated as: * – P < 0.05; ** – P <
519 0.01.

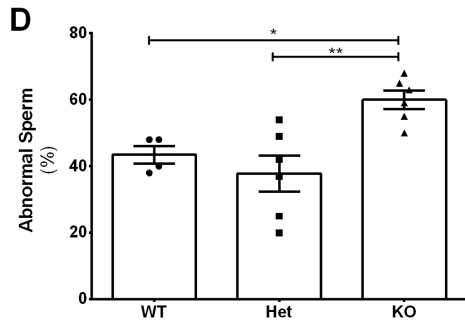
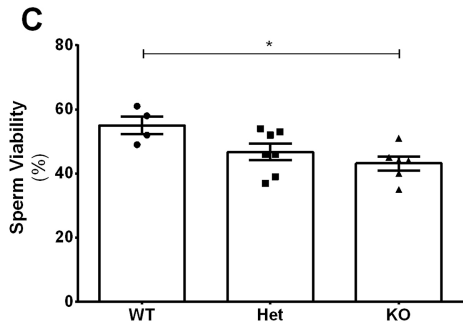
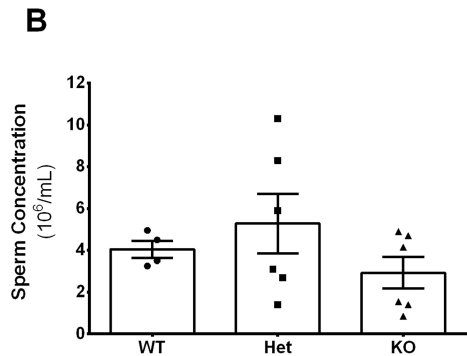
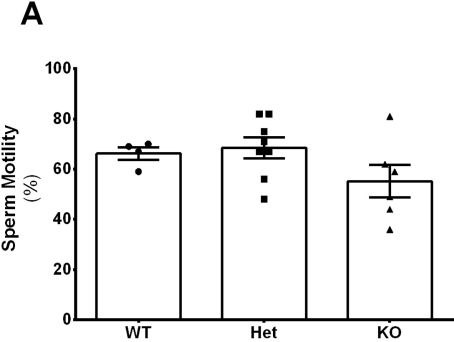
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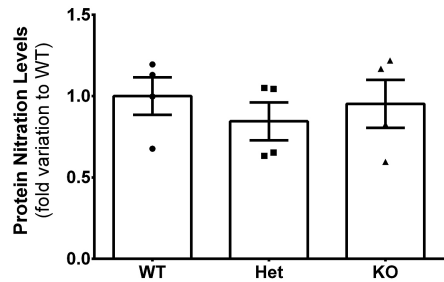
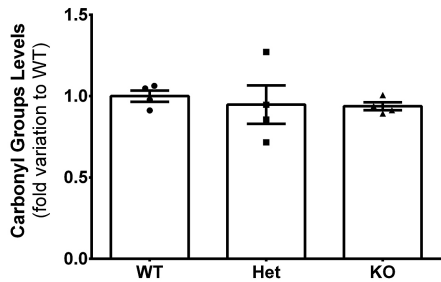
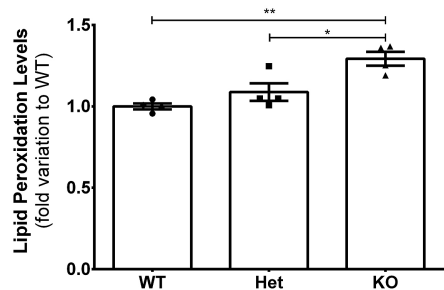
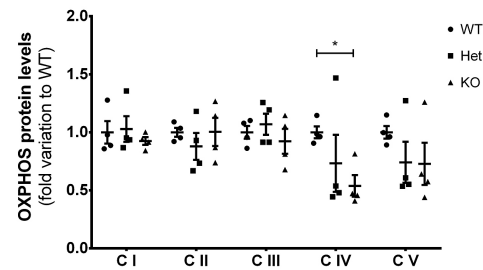
521 Figure 4 - Effect of insulin degrading enzyme on apoptotic markers in the testicular
522 tissue of mice. The figure shows data of Bax (panel A), Bcl2 (panel B) and Casp3
523 (panel C) mRNA expression levels in the testicular tissue from heterozygous (Het) or
524 knockout (KO) mice for *Ide* and wild type (WT) mice. Results are expressed as mean \pm

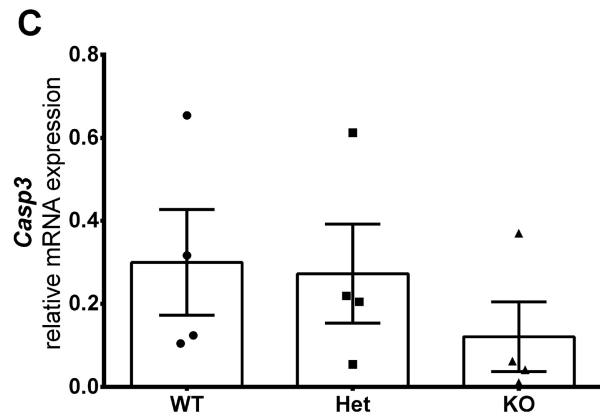
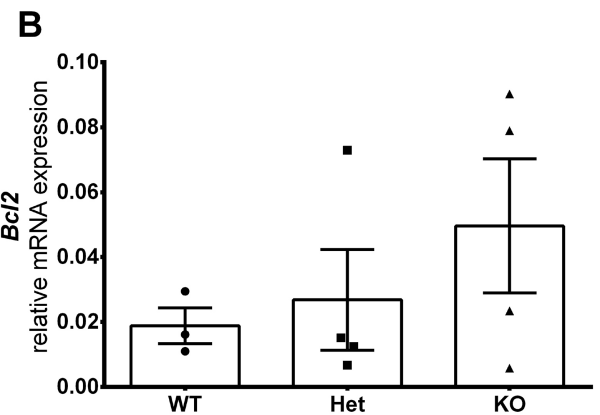
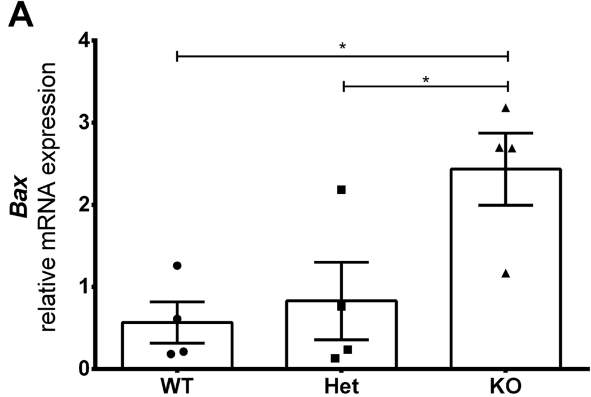
525 SEM (n = 4 for each condition). Significantly different results are indicated as: * – P <
526 0.05.

ACCEPTED MANUSCRIPT





A**B****C****D**



Highlights

- Insulin-degrading enzyme (IDE) is the major responsible for insulin metabolism
- IDE malfunction leads to hyperinsulinemia, a feature of prediabetes
- Absence of IDE affects testicular morphology and seminiferous tubules diameter
- IDE absence decreases sperm viability and morphology
- Absence of IDE leads to increased lipid peroxidation in testicular tissue