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Author Contributions

Conceived and designed the experiments: F.R., C.P. and R.C. Performed the experiments: F.R., R.M., A.S. and C.P. Analysed the data: F.R., E.F.S., C.P. and R.C. Contributed reagents/materials/analysis tools: E.F.S. and R.C. All authors wrote and reviewed the manuscript.

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1 Cost-efficiency improvement of bivalves shells preparation when tracing their
2 geographic origin through ICP-MS analysis of elemental fingerprints

3
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17
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19
20 **Abstract**

21 Developing methodologies employed to trace the geographic origin of seafood as
22 accurate and fast as possible can help to speed-up the delivery of results to legal
23 authorities, reduce associated costs and minimize environmental impacts (associated
24 with the residues generated). The present study evaluated if trace element fingerprints
25 (TEF) of a small homogenized subsample of Manila clams (*Ruditapes philippinarum*)
26 right valve yielded a representative elemental signature of the whole shell. Four
27 elemental ratios (Ba/Ca, Mg/Ca, Mn/Ca and Sr/Ca) commonly employed to trace the

28 geographic origin of bivalves were determined from subsamples of 0.2 and 3 g of the
29 homogenized right valve and the whole left valve (4 g). A Canonical Analysis of
30 Principal Coordinates developed for the subsamples of small portions (0.2 g) of the
31 homogenized right valve revealed an accuracy of 100%, that led to the correct
32 classification of the subsample of 3 g to their respective valve and that of 4 g to its
33 matching shell. Results achieved indicate that TEF of a small homogenized portion of a
34 bivalves valve is representative of the whole shell and can be employed to provide an
35 accurate, fast, reliable and environmentally safer method to trace its geographic origin.

36

37 **1. Introduction**

38 The production of bivalves plays a key role in global fisheries and aquaculture
39 worldwide, with commercial catches/production exceeding 33 million tons in 2017 and
40 yielding over 26 million euros (FAO, 2018). Due to market globalization and recurrent
41 alerts on food safety issues, a growing awareness of consumers on the need of seafood
42 traceability (i.e. the authenticity origin of species) is emerging (Leal, Pimentel, Ricardo,
43 Rosa, & Calado, 2015). The mislabeling of seafood geographic origin is particularly
44 relevant for bivalves due to their trophic ecology (Maloy, Culloty, & Slater, 2009).
45 Bivalves are recognized for their potential to accumulate pathogenic microorganisms
46 which represents a risk to human health when consumed raw or lightly cooked (Rippey,
47 1994). Thus, the determination of bivalves geographic origin is crucial for controlling
48 their quality and safeguarding the interest of consumers.

49 Although bivalve shells are primarily composed by calcium carbonate, other minor
50 elements are incorporated during their growth (Becker, Fodrie, McMillan, & Levin,
51 2004; Poulain et al., 2015), reflecting in large amount the surrounding environmental
52 information in their ecosystem of origin (Schöne & Gillikin, 2013; Thorrold, Zacherl, &

53 Levin, 2007; Wanamaker, Kreutz, Schöne, & Introne, 2011). This feature allows
54 researchers to use trace element fingerprints (TEF) present in bivalve shells as a proxy
55 to assess their geographic origin (Sorte, Etter, Spackman, Boyle, & Hannigan, 2013;
56 Honig, Etter, Pepperman, Morello, & Hannigan, 2020). Indeed, the use of TEF for
57 bivalve's traceability can be performed through inductively coupled plasma-mass
58 spectrometry (ICP-MS) considering the concentration of a wide range of
59 element/calcium ratios commonly recorded in bivalve shells (e.g. Ba, Cd, Cu, Cr, Mg,
60 Mn, Pb, Sr, U and Zn) (Bennion, et al., 2019; Ricardo, et al., 2015; Ricardo, Pimentel,
61 Génio, & Calado, 2017). The differences in trace element concentrations between
62 bivalve shells from different locations can at times be subtle and, as such, using a
63 technique as ICP-MS that allows a multi-element analysis is preferred.

64 Before performing ICP-MS analysis, trace elements must be made available for
65 detection by extracting them from bivalve shells using a digestion method. The basic
66 configuration for the ICP-MS analysis requires the introduction of the sample as a liquid
67 and, therefore, for solid matrices, an acid digestion procedure is necessary. The
68 selection of the acid digestion method is crucial in the elemental analysis, so it is
69 important that the dissolution of the matrices and of any remaining organic component
70 are complete, avoiding analytical interferences (Enamorado-Báez, Abril, & Gómez-
71 Guzmán, 2013). The most common reagent used to digest bivalve shells is HNO₃,
72 having already been successfully used in shells from multiple species, such as *Mytilus*
73 *edulis* (Bennion, et al., 2019) and *Cerastoderma edule* (Ricardo et al., 2015; Ricardo,
74 Pimentel, Génio, & Calado, 2017).

75 Previous studies have used TEF of whole valve (Ricardo, et al., 2015; Ricardo,
76 Pimentel, Génio, & Calado, 2017), or a small piece of the outer most part of the valve
77 (Bennion, et al., 2019; Morrison, Bennion, Gill, & Graham, 2019) to trace their

78 geographic origin and never tested the use of a small subsample of the whole
79 homogenized shell. The use of the whole bivalve valve is a time-consuming approach
80 and requires the use of higher volumes of nitric acid to perform a suitable digestion for
81 posterior ICP-MS analysis. The present study aimed to evaluate if TEF from a
82 subsample of the homogenized valve could be successfully used as a representative
83 proxy for the TEF of the whole shell of this commercially important bivalve. This cost-
84 efficiency optimization of TEF, as a tool for tracing the geographic origin of bivalves,
85 can be paramount to more readily deliver results to legal authorities fighting fraudulent
86 practices that mislabel the place of origin of seafood (particularly Manila clams) and
87 puts consumers health at risk. This optimization will also allow to reduce processing
88 costs associated with these methods and minimize environmental impacts associated
89 with the residues generated when digesting shells for ICP-MS analysis.

90

91 **2. Material and methods**

92 *2.1 Samples collection and ICP-MS analysis*

93 Fresh Manila clams *Ruditapes philippinarum* ($n=5$) were collected in the Tagus estuary
94 ($38^{\circ} 41.456' N$ $9^{\circ} 17.430' W$), the most important commercial fishing area for this
95 species in Portugal. All specimens were collected by hand-raking, stored in aseptic
96 plastic bags and kept refrigerated until being processed in the laboratory. Valves were
97 separated and all organic tissues were removed using ceramic coated blades and
98 tweezers. Valves were carefully washed with tap water and distilled water to remove
99 mud and any debris, air-dried and stored for further analysis.

100 In order to remove organic matter from the shell, prior to elemental analysis valves were
101 transferred to falcon centrifuge tubes (®VWR Metal-free Centrifuge Tubes) , and
102 soaked in high-purity H_2O_2 (30% w/v) (AnalaR NORMAPUR, VWR Scientific

103 Products) overnight (14–16 h) (Ricardo, et al., 2015). Five right valves were
104 individually homogenised using a mortar grinder (RM 200, Retsch, Hann, Germany),
105 that was carefully cleaned with silicate followed by alcohol (70%) between samples to
106 avoid cross-contamination. The following subsamples of each right valve were
107 weighed: five of 0.2 g and one of the remaining fraction for a total of 3 g (1 species X 5
108 right valves X 6 samples = 30 samples). Left valves (4 g) were not homogenized in
109 order to test in which way TEF response could be influenced by this procedure (1
110 species X 5 left valves = 5 samples) (Figure 1). The digestion of the 0.2 and 3 g
111 subsamples of the right valve, and of the whole left valve (4 g) was performed through
112 the addition of 1, 3 and 5 mL of high-purity concentrated HNO₃ (70% w/v). Average
113 times required to achieve a full digestion were as follows: 1 minute for a 0.2 g
114 subsample, 3 minutes for a 3 g subsample and overnight (14-16 h) for the whole valve
115 (Figure 1). After digestion, the resulting solution was diluted with Milli – Q (Millipore)
116 water to a final acid concentration of 1-2% HNO₃. Barium (Ba), calcium (Ca),
117 magnesium (Mg), manganese (Mn) and strontium (Sr) concentrations were analysed
118 using an Agilent 7700 ICP-MS equipped with an octopole reaction system (ORS)
119 collision/reaction cell technology to minimize spectral interferences using the operation
120 conditions summarized in Table 1. A rigorous quality control program was
121 implemented for the determination of elements, including method blanks, certified
122 reference materials, and replicate samples. The accuracy of the proposed method was
123 evaluated through the analysis of certified reference material BCS-CRM-513 (SGT
124 Limestone 1), with results being within certified values, ranging from 88 to 108 %.
125 Precision was estimated using the relative standard deviation (RSD) of five replicate
126 samples and was $\leq 10\%$ (Table S2). The detection limits (DL) were calculated as three
127 times the standard deviation of blanks (n=10), with results being summarized in Table

128 S2. In order to evaluate the cost-efficiency based on the volume of HNO₃ consumed and
129 disposed and the time needed for the digestion process, two different scenarios were set
130 up: 1) a set of 30 samples and, 2) mimicking a real traceability study scenario to
131 pinpoint the geographic origin of seafood as described in project TraSeafood
132 (<https://www.rjcalado.com/traseafood>) for Manila clams (*R. philippinarum*), where 30
133 specimens were collected per sampling area in each location, over ten different
134 locations (2 areas X 10 locations X 30 specimens = 600 samples).

135

136 *2.2 Data and statistical analysis*

137 Prior to all statistical analysis, Ba, Mg, Mn and Sr concentrations determined for *R.*
138 *philippinarum* valves were converted to element/Ca ratios (mmol/mol) in order to
139 minimize total mass effects (Thorrold, Jones, Swart, & Targett, 1998). A Canonical
140 Analysis of Principal Coordinates (CAP) is a constrained ordination tool that was
141 performed to visualize inter-individual spatial differences in TEF among different
142 procedures and to evaluate the classification accuracy (leave-one-out diagnostic) of
143 matching each individual subsample with its original shell (Anderson & Willis, 2003).
144 Based on a calibration dataset, the CAP permit to built a reference model that could be
145 used to classify new samples. This classification is based on the resemblances between
146 the new samples and the groups used to built the reference model (Anderson &
147 Robinson 2003). Briefly, a CAP predictive model was built using 25 samples (5
148 samples of 0.2 g from each right valve) as a calibration set, being evaluated with cross-
149 validation (leave-one-out) method (Anderson, Gorley, & Clarke, 2008). The
150 representativeness of the small portion was evaluated by classification of each
151 individual sample on this model (3 g subsample from the right valve and the whole left

152 valve (4 g)). All statistical analyses were performed using Primer v7 with add-on
153 PERMANOVA+ (Clarke & Gorley, 2015).

154

155

156 3. Results and discussion

157 Trace element fingerprints (TEF) from the right valve sub-sets and the left valve of five
158 shells of *Ruditapes philippinarum* are shown in Table S1 (see supplementary
159 information). The most abundant elements considered in the present work and recorded
160 in right valve sub-sets and the left valve were Sr and Mg, contrarily to Ba and Mn, with
161 their concentration ranging between 1.38-1.52 and 0.57-0.87 mmol/mol, respectively.

162 In line with the high concentrations of Sr, followed by Mg, Mn and Ba in the TEF of *R.*
163 *philippinarum* shells, previous studies targeting other bivalve species have already
164 reported similar patterns, such as on the common cockle *Cerastoderma edule* (Ricardo,
165 et al., 2015; Ricardo, et al., 2017), in New Zealand cockle *Austrovenus stutchburyi*
166 (Norrie, Dunphy, Baker, & Lundquist, 2016) and blue mussel *Mytilus edulis* (Sorte,
167 Etter, Spackman, Boyle, & Hannigan, 2013). At present, most studies available on the
168 TEF of bivalve shells are focused on the analysis of the whole valve and not in
169 subsamples of one single valve (Bellotto & Miekeley, 2007; Phung, et al., 2013;
170 Ricardo, Pimentel, Génio, & Calado, 2017).

171 The first two canonical discriminant functions of CAP model explained 91.68% of TEF
172 variation in the data set (CAP 1: 55.63%, CAP 2 36.05%; Figure 2), with results
173 revealing an overall accuracy of 100% for the smaller subsamples (0.2 g) of the
174 homogenized right valve (Figure 2 and Table 2). The classification using the remaining
175 homogenized right valves (3 g) and the entire left valves (4 g) to the respective shells
176 was assigned with a success of 100% (Figure 2 and Table 2). These findings suggest

177 that TEF of only 0.2 g subsamples of right valves are highly representative of the TEF
178 of entire shells and, therefore, any significant shift in the composition of the whole shell
179 will be reproduced in these subsamples.

180 TEF of biogenic carbonates have been successfully used as “natural tags” to
181 discriminate the geographic origin of bivalves (Norrie, Dunphy, Baker, & Lundquist,
182 2016; Ricardo, et al., 2015; Ricardo, Pimentel, Génio, & Calado, 2017; Sorte, Etter,
183 Spackman, Boyle, & Hannigan, 2013). Indeed, the ratios monitored in the present study
184 (Mg/Ca, Mn/Ca, Sr/Ca and Ba/Ca) have been reported to display significant variations
185 in bivalve shells, likely as a consequence of shifting environmental conditions (Poulain,
186 et al., 2015; Thébault, et al., 2009; Zhao, Schöne, & Mertz-Kraus, 2017). However,
187 Ricardo et al. (2015) showed that TEF can be successfully employed to discriminate the
188 geographic origin of *Cerastoderma edule* at a high spatial resolution using whole
189 valves. Moreover, Bennion et al. (2019) and Morrison et al. (2019), used smaller pieces
190 of shells to discriminate specimens from geographically close populations (6-220 km).
191 Nonetheless, the methodology used in these two studies is not easy to replicate and
192 safeguard that identical subsamples of each shell can indeed be retrieved, as replicates.
193 Cutting exact subsamples of the outer most annuli along the whole shell of a bivalve
194 using a ceramic blade is prone to error, as what looks to the naked eye as distinct annuli
195 in the shell are indeed a multitude of annuli. It is likely that accuracy to perform this
196 task may likely only be possible through the use of a laser cutter coupled to a scanning
197 electron microscope (SEM). The present study advances the state of the art by
198 evaluating the use of a much smaller subsample (0.2 g) of the whole valve to achieve
199 the same goal.

200 The costs associated with each procedure tested in the present work (sub-samples of 0.2
201 and 3 g, as well as the whole valve (4 g)) are shown in Table 3, mimicking a realistic

202 sampling scenario as described on TraSeafood research project (referred above).
203 Optimizing ICP-MS analysis by reducing the amount of valve used to produce the
204 homogenate reduces the amount of nitric acid, as well as time, used for digestion.
205 Consequently, the environmental impact related to the use of acids and associated waste
206 disposal is also optimized. The costs associated with using 0.2 or 4 g samples ranged
207 from € 12.60 to € 60.75 for 30 samples, which is of little relevance when compared with
208 the processing of 600 samples. In this case, the costs associated with the different
209 approaches differ significantly, ranging from € 245.40 to € 1215.00 for a sample of 0.2
210 or 4 g, respectively. The same trend is recorded for nitric acid consumption, as it ranges
211 from 30 to 150 mL when processing 30 samples of 0.2 or 4 g, respectively. These
212 figures are even more contrasting if one considers the digestion of 600 samples of 0.2 or
213 4 g, as it requires 600 and 3000 mL of nitric acid, respectively. It is worth highlighting
214 that if one considers bivalves of considerable larger sizes, such as the Pacific oyster
215 (*Crassostrea gigas*), the Mediterranean mussel (*Mytilus galloprovincialis*) or the great
216 scallop (*Pecten maximus*) with commercial sizes ranging from 100 to 400 mm, the
217 consumption of nitric acid to digest a whole valve is significantly higher. Thus, as the
218 present study revealed, the TEF of only a smaller subsample (0.2 g) of the valve can be
219 used as a proxy of the fingerprint present in the whole shell, making this approach
220 cheaper, faster and as reliable.

221

222 **4. Conclusions**

223 The present study confirms that TEF of a small portion of a single valve can be used as
224 a reliable proxy of their whole shell. In spite of the small number of samples employed,
225 this new approach can play a key role in reducing the time required to process samples
226 and deliver results to legal authorities. Moreover, the consumption of nitric acid

227 employed is significantly reduced, improving the sustainability of this practice. Future
228 studies should try to apply these methodologies to the shells of other bivalve species,
229 namely those that display larger commercial sizes, as well as ascertain their suitability
230 to differentiate them if they are sourced from different of geographic locations. Also, try
231 to optimize the use of hydrogen peroxide employed to eliminate the organic matter
232 associated with bivalve shells prior to their digestion. Overall, it is likely that there is
233 still room to optimize associated costs with the processing of large numbers of samples
234 of bivalve shells for ICP-MS analysis to determine their TEF and verify the claims
235 associated with their geographic origin.

236

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335

336 **Figure Captions**

337 **Figure 1.** Outline of experimental design and the protocols used for acid digestion.

338

339 **Figure 2.** Canonical Analysis of Principal Coordinates (CAP) based on Trace element
 340 fingerprints (TEF) from *Ruditapes philippinarum* shells.

341

342 **Table 1.** Operating conditions of the Agilent 7700 ICP-MS.

RF power	1550 W
Plasma gas flow rate	Ar 15 L min ⁻¹
Auxiliary gas flow rate	Ar 0.9 L min ⁻¹
Carrier gas flow rate	Ar 1.05 L min ⁻¹
Sample depth	10.0 mm
Interface	Pt sampler cone, Ni skimmer cone
CeO ⁺ /Ce ⁺	1.0%

Collision gas/flow rate	He 2.8 mL min ⁻¹
Octopole bias	-18 V
Octopole RF	200 V
Energy Discrimination	5.0 V
Internal standards	⁷² Ge, ¹⁰³ Rh, ¹⁹² Tb

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343 **Table 2.** Classification success (by shell; S1-S5) of canonical analysis of principal coordinates (CAP) for *Ruditapes philippinarum* subsamples
 344 based on trace element fingerprints and classification success from remaining subsamples of right valves (3 g) (R1-R5) and whole left valves (4
 345 g) (L1-L5) homogenates.

Original shell	Predicted shell					total per shell	% correct shell	% Classification					
	S1	S2	S3	S4	S5			R1 and L1	R2 and L2	R3 and L3	R4 and L4	R5 and L5	
S1	5					5	100	100					
S2		5				5	100		100				
S3			5			5	100			100			
S4				5		5	100				100		
S5					5	5	100						100

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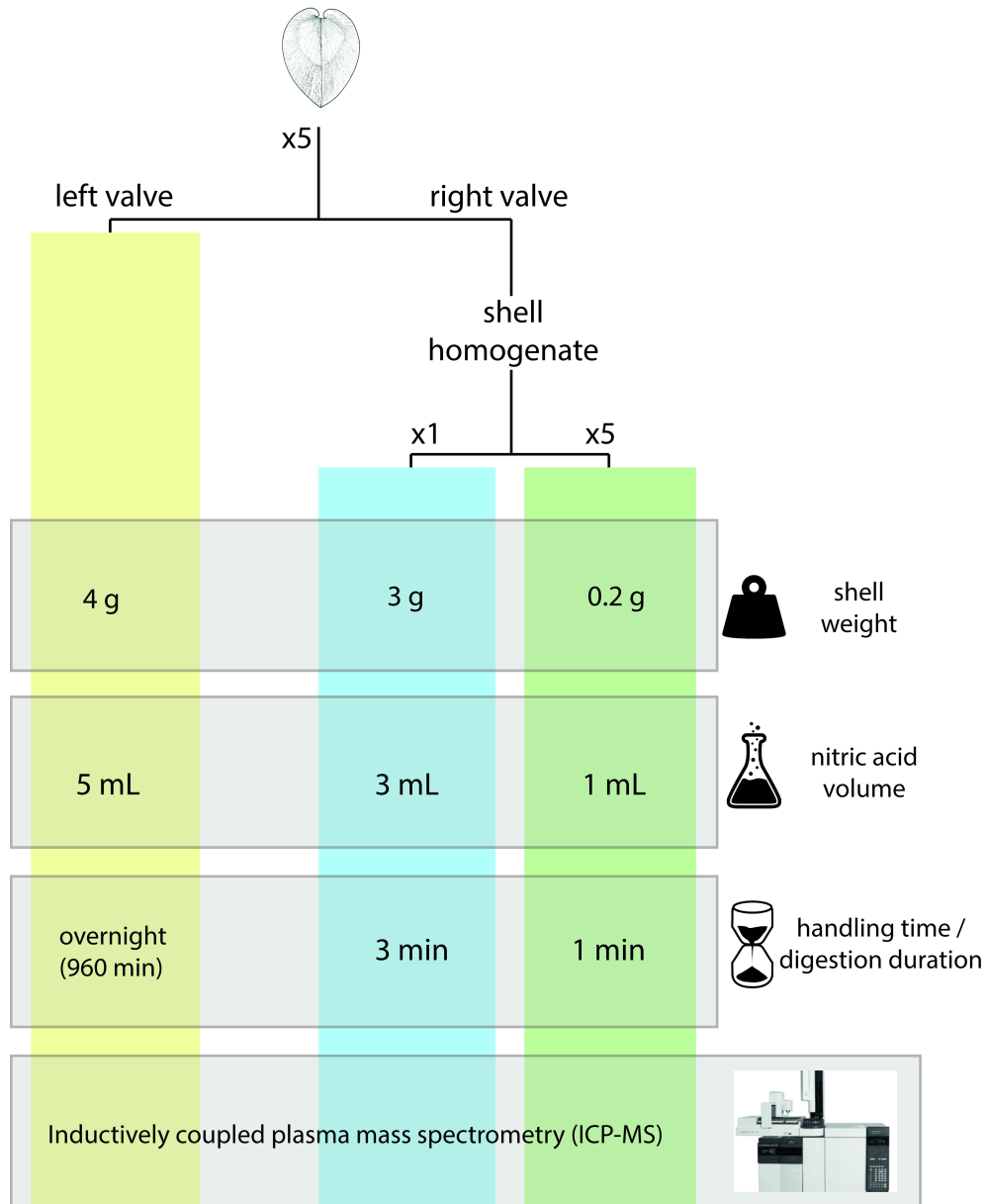
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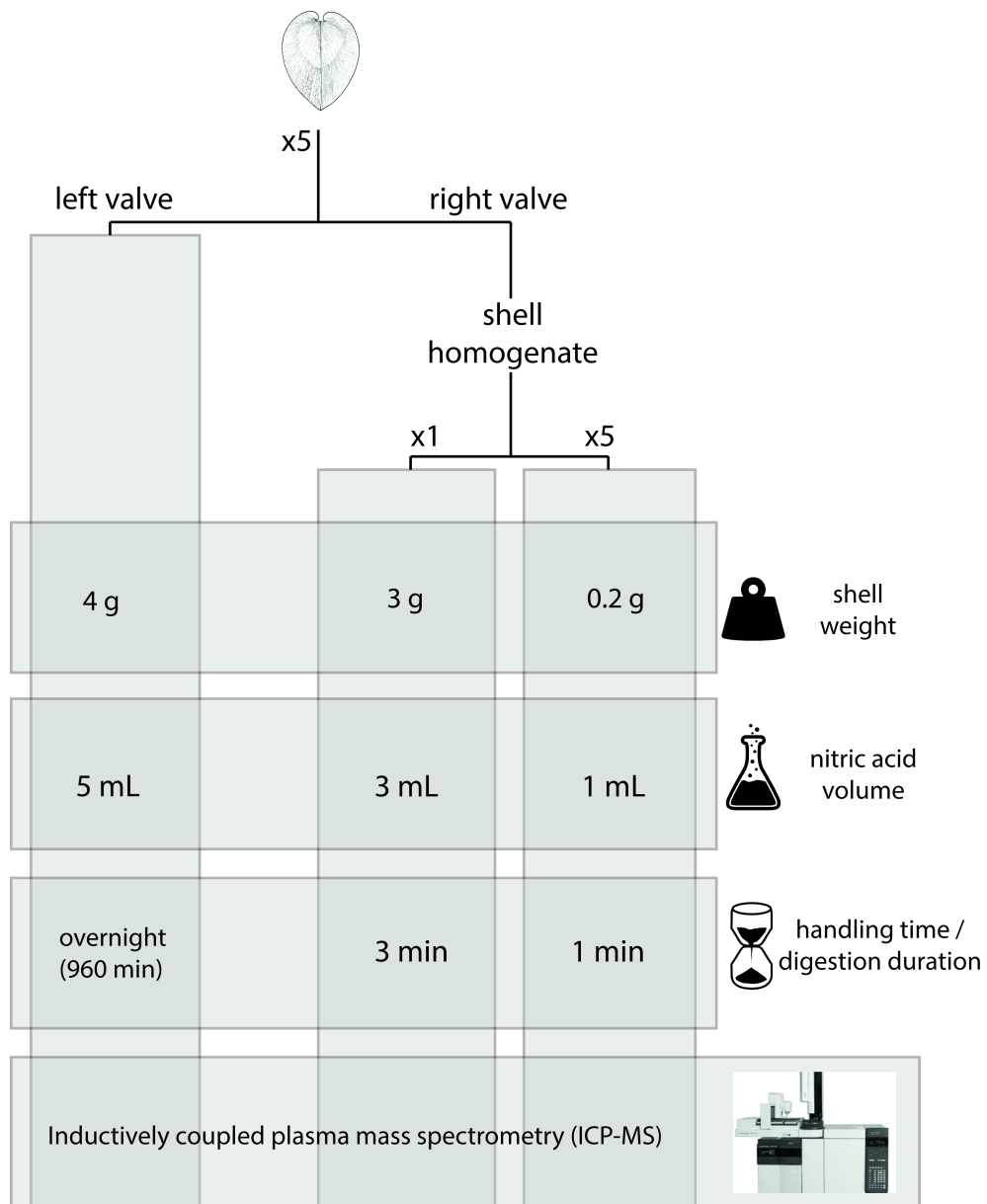
350 **Table 3.** Estimated costs (consumables and services) for processing 30 and 600 samples. Note: costs associated with manpower (ICP-MS and
 351 laboratory technician time) were considered to be the same for all biomasses.

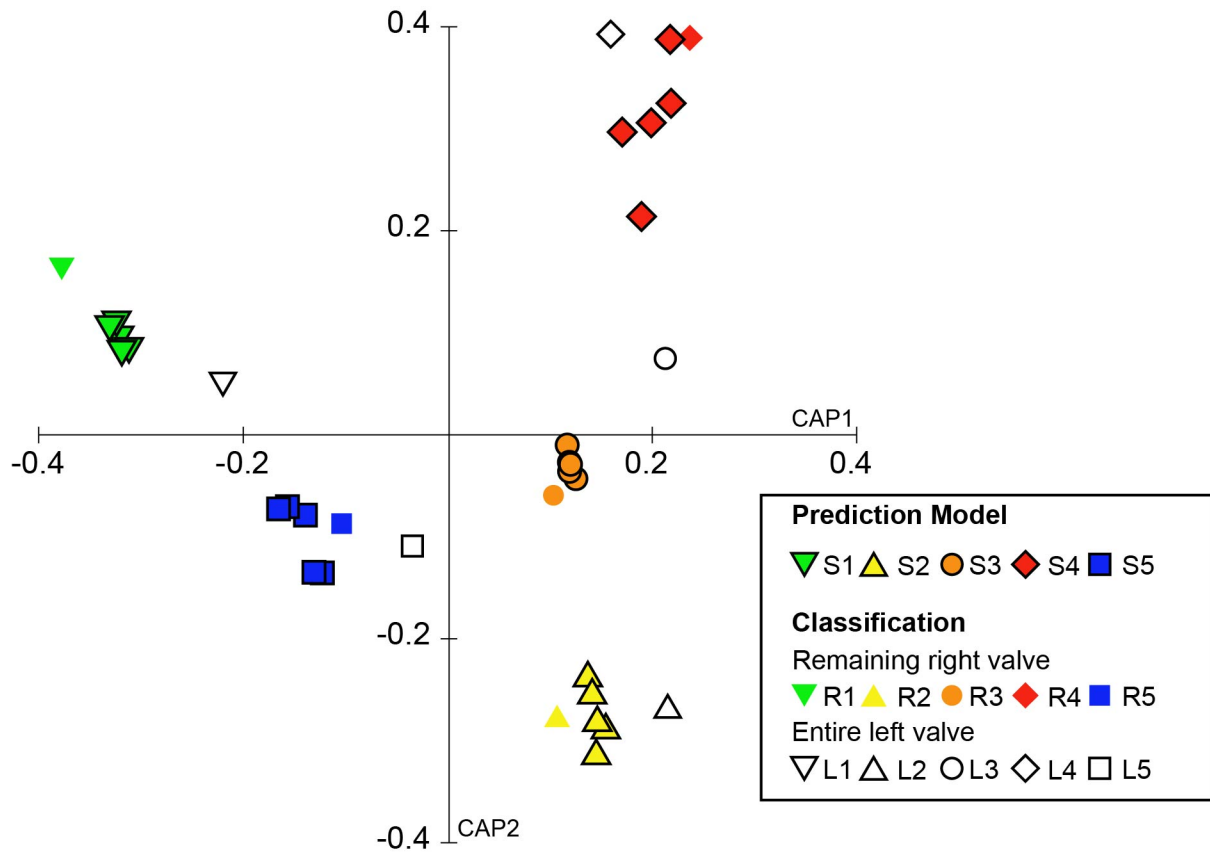
Consumables and services									
Biomass (g)	Nitric acid (mL/sample)	Digestion (minutes)	Nitric acid/sample (€/mL)	Nitric acid disposal/sample (€/mL)	Total cost (€)		Total nitric acid (mL)		
					30 samples	600 samples	30 samples	600 samples	
0.2	1	1	0.390	0.019	12.60	245.40	30	600	
3	3	3	1.170	0.057	36.81	736.20	90	1800	
4	5	960	1.930	0.095	60.75	1215.00	150	3000	

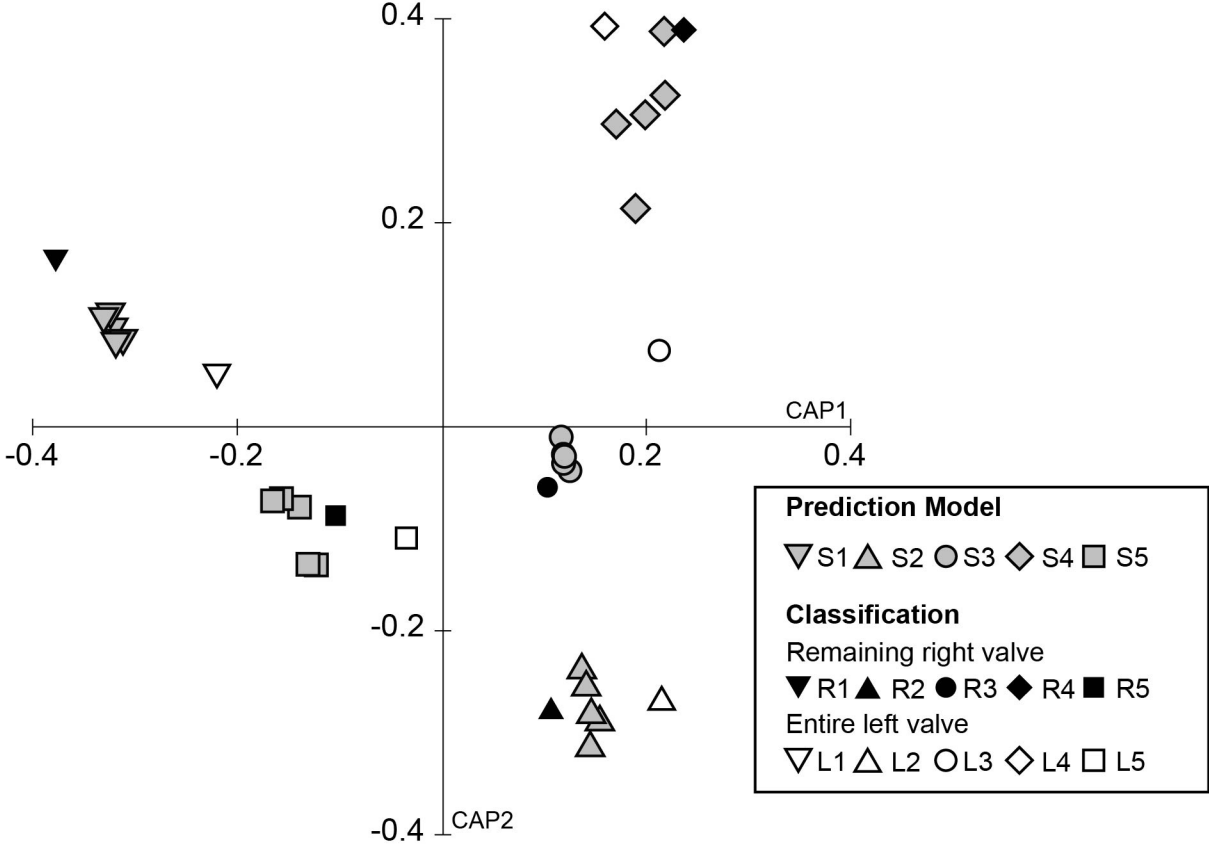
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Conflict of Interest Form

Competing interests: The authors declare no conflict of Interest.

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